

## Great summers start here!

### Table of Contents

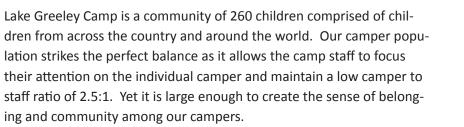
Introduction	1
Camp Sessions	2
Food Service	2
Medical Care	3
Daily Program	4
Facilities	5
Aquatics	e
Creative Arts	7
Athletics	8
Performing Arts	ę
Adventure	1(
Equestrian	11
Circus Arts	12
Evening Program	13
Special Events & Off-Camp Trips	14

Lake Greeley Camp is an overnight summer camp for boys and girls between the ages of 6 and 15. It is located in the easternmost reaches of Pennsylvania's Pocono Mountains among majestic pine trees, blue skies, and rolling hills.

The camp offers a broad selection of over 60 daily activities through a choice-based program that encourage campers to broaden their experiences, challenge themselves, and discover unknown talents. It further stimu-

lates campers to take initiative, develop decision-making skills, and exercise their independence. Our technology-free policy eliminates unnecessary distractions and provides the opportunity to notice the natural beauty that surrounds them, to improve their social skills, and build meaningful relationships that will continue well beyond their summer experience. A talented and dedicated staff provides the guidance and structure that creates an environment where campers can play, laugh, have fun, and be who they are.





Since 1959, Lake Greeley Camp has been owned and operated by the Buynak family. For more than 40 years, Mike and Arline Buynak directed the camp and dedicated their lives to cultivating a nurturing environment that embraces all children and providing the opportunities that will enrich their lives. Today, under the guidance of Mike and Arline's son, Matthew, and his wife, Rosemary, continue the philosophy of the camp and the traditions that were created by his parents. From the raising of the American flag in the morning to the conclusion of the evening activity, they are active participants in the daily operation of the camp.



With its origins dating back to the early 1900's, Lake Greeley Camp has continued to adapt to the changing needs and expectations of our children and parents. While the activities and facilities on our 250-acre campus have changed over time, Lake Greeley Camp has remained constant to its commitment of creating a community where all children feel at home and providing each camper with the opportunity to grow emotionally, creatively, athletically, and socially.

#### Sessions

Full Summer Session Six Week Sessions Half Summer Sessions Quarter Sessions Voyager Sessions (7-day session for first-time Lake Greeley campers)

Lake Greeley Camp offers a variety of sessions that give our camp families the flexibility they need to accommodate their busy summer schedule. While the majority of campers typically attend one of our half summer (27/28 days) sessions, feel free to choose the session that fits your summer schedule best.

The daily activities we offer do not change with the camp sessions, however, each session does offer its own unique schedule of evening activities, special events, and off-camp trips.



#### **Camper Cabins**

Our camper cabins are comfortable and modern, yet maintain a rustic camp charm that helps create the environment where friendships develop. Each cabin has an attached bathroom that include individual showers, toilets, and sinks. In addition, ample electrical outlets, storage space for each camper, smoke detectors, fire extinguishers, and plentiful windows with screens allows the sun to shine through as well as the occasional breeze of fresh Pennsylvania air.

Campers are assigned cabin based upon their age and grade level.



#### **Medical Care**

Providing for the health and well-being of our campers is our utmost priority. Comprised of three registered nurses, Lake Greeley Camp's medical staff provides 24-hour medical care. Whether it is dispensing medication or just the right amount of TLC (tender loving care), the medical staff is attentive to each camper's needs.

If during a child's stay a doctor's visit is required, campers are transported by camp staff to a local doctor's office.



#### **Food Service**

Lake Greeley Camp's food service starts with a healthy balanced menu that is also child friendly. Meal time is a great time to review the activities of the day, therefore, campers and counselors sit together as a cabin for each meal. Food is served buffet style and alternatives to the main entree are available at each meal. A fully-stocked salad bar is offered at each lunch and dinner and a wide selection of fresh fruit and breads are available daily at all three meals.

Typically you do not hear camp food described as tasty, yummy, or delicious, but that's how our campers rated the food in this year's camper survey. Be sure to bring your appetite, we love when campers go back for seconds.

Vegetarian options are prepared and the food options of campers with dietary restrictions due to allergies are managed by the Food Service Manger, Head Chef, and the camper's Division Director. Although rigid dietary laws are not observed, we maintain a kosher style menu. We serve neither pork nor shelled seafood products.

Fun is also an important ingredient in our meals. Themed meals or meal-time events such as Polka Dog Lunch, Counselor Karaoke, British Lunch, and Bingomania transform meals into a celebration and brings a party atmosphere to our Dining Hall and truly makes meals fun.

#### Staff

At times, we tend to boast about our extensive list of facilities, but our most important and valuable resource is our staff. Comprised of college students, educators, and coaches from across the United States as well as around



the world, the Lake Greeley Camp staff have been chosen for their enthusiasm, dedication, expertise, and their genuine love for children. Our counselors provide a dual role in addition to being the cabin counselor, they are also coaches at the activities that we offer.

In addition to our counselors, our senior staff comprised mainly of child care professionals direct our daily activities and supervise our counselors ensuring our campers receive the best of care and individual attention. These staff members perpetuate the nurturing, supporting environment that provide campers with the confidence to try new activities, develop new skills, and expand their horizons.

Lake Greeley Camp is an accredited member of the American Camp Association.



## **Daily Program**

With over 60 activities, the daily program at Lake Greeley Camp offers a variety of activities that accommodate the differing interests of our campers. From athletics to performing arts, aquatics to adventure, there is an activity for everyone.

For campers who are entering the 5th grade or older, Lake Greeley Camp's daily program is a 100% free choice, elective program. Each morning, campers choose their activities. During the selection process Lake Greeley Camp's program staff guides campers, when needed, in planning their activity schedule. Campers make their activity choices based upon their individual interest, current weather conditions, as well as attending an activity with friends. Campers, however, are encouraged to vary their choice of activities and always try something new. Because of the elective program, we can offer a much larger selection of activities, camp-wide popularity is not needed for all of these activities. We, therefore, are able to address the interest of a smaller population of campers.

Attendance is required and is monitored throughout the day by our attendance staff utilizing rosters at all activities.

#### **Junior Campers**

Junior campers, children entering the 4th grade and younger, participate in a cabin-structured format. In this type of program, campers follow a daily program schedule traveling to activity sites as a cabin group under the supervision of one or more counselors. During the course of a week nearly all of the activities that Lake Greeley Camp offers will appear in this cabin schedule. These schedules are designed specifically for the age and gender of the campers in those cabins and are occasionally modified during the summer to better accommodate the interests of these campers.

#### **Daily Time Schedule**

7:30 am	Wake up
8:00 am	Flagpole
8:30 am	Breakfast
9:15 am	Activity Selection
9:45 am	Cabin Clean-up
10:15 am	First Activity Period
11:10 am	Second Activity Period
12:15 pm	Lunch
1:00 pm	Rest Hour
2:00 pm	Third Activity Period
3:00 pm	Fourth Activity Period
4:00 pm	Fifth Activity Period
5:00 pm	Sixth Activity Period
6:00 pm	Mail Call
6:15 pm	Dinner
7:30 pm	Flagpole
7:45 pm	Evening Activity

## **Facilities**

Supporting the more than 60 daily activities we offer, Lake Greeley Camp has assembled a comprehensive collection of facilities. Each year, these facilities are subjected to a rigorous inspection and maintenance schedule to ensure their readiness for the summer season. In response to the perpetually changing interests of our camper population, our facilities change too; new facilities are added, existing facilities are modified, and sometimes replaced to accommodate these changes. Our facilities include:

- 250-acre campus
- 70-acre spring fed lake
- 3 indoor recreation centers (perfect when there's inclement weather)
- 25-meter L-shaped swimming pool
- 15,000 sq. ft. multi-purpose gymnasium with stage
- dance studio
- 2 speedboats for water skiing, tubing, and wakeboarding on Lake Wallenpaupack
- 24 ft. pontoon boat
- 5 hard-surface tennis courts
- Dining Hall with complete food preparation facilities
- 3 soccer fields (2 lit for night use)
- 2 baseball/softball fields
- 2 outdoor basketball courts
- WLGC, camp radio station
- archery range
- riflery range
- 40 ft. climbing tower with a low and high ropes course
- 24 ft. climbing wall
- 50 ft. bouldering wall
- 2 zip lines 175 ft. & 300 ft. long
- 12,000 sq. ft. skate park
- 5 miles of mountain biking and hiking trails
- The Wigwam Creative Arts Center
- pottery & ceramics studio
- photography darkroom

- Performing Arts Amphitheater
- music room
- video production lab
- 2 paintball fields
- beach volleyball court
- ATV riding track
- Equestrian Center:
  2 riding rings and miles of trails
- weight training room
- badminton courts
- woodworking shop
- canteen and game room
- flying trapeze
- aerial silks
- golf cages
- Goody Hall Gymnastics Center
- bungee trampoline
- and there's more to come...

5

## **Aquatics**

Aquatics is much more than swimming. It also includes sailing, water skiing, water pilates, kayaking, pool parties, and even building sand castles on the beach. While there are many activities to choose from, swim instruction is the foundation of the aquatics program. Utilizing a variety of creative teaching methods, it is taught through a progression of levels in an environment that encourages the swimmer to advance. Campers progress at their own pace and as their proficiency improves, they develop into a more confident swimmer comfortable in the wa-



ter with a better understanding of basic water safety. All swim instruction lessons are conducted in the pool. The 25-meter, "L" shaped, inground pool provides ample space for lessons as well as for the water fitness program. Water provides the natural resistance for these cardiovascular activities. When the music starts, it becomes more fun than fitness and the laughter can be heard throughout camp.

Evening pool parties, intercamp swim meets, and, of course, jumping into the pool each morning as a member of the Polar Bear Club, the pool is a hub of activity throughout the entire day. In addition, SCUBA clinics are conducted in the pool periodically throughout the summer. Led by Professional Associa-

tion of Diving Instructors certified instructors, these clinics introduce campers to scuba diving, they learn about and use basic scuba equipment, and actaully take their first breath underwater. An additional registration fee is required.

Stretching over 70 acres, Greeley Lake is the site of our lake activites. With over 60 watercrafts from canoes to paddleboats, kayaks to windsurfers, there are many boating opportunities from which to choose and when the wind is right, Greeley Lake is great for sailing and windsurfing. The sand on the beach is soft and pefect for building sand castles, the 25 ft. water trampoline and inflatable rock n' slide create a virtual floating playground, not to mention, the fishing is pretty good too! Both on-water and on-shore instruction is provided for the safe and proper operation of each type of watercraft. All campers are required to wear a personal flotation devices when using any boat, or on an inflatable apparatus.

All pool and lake activities are supervised by the Aquatics Director. All lifeguards and water safety instructors are certified by the American Red Cross or comparable international organization.

Water skiing, wakeboarding, and tubing take place on nearby Lake Wallenpaupack. Following American Water Ski Association guidelines, certified instructors provide offer in-water instruction from beginner through advanced while maintaining a fun learning environment. All activities on Lake Wallenpaupack use camp equipment, staff, and follow the same safety procedures enforced at camp. An additional registration fee is required.



## **Creative Arts**

Imagine, become inspired, and create.

Draw and explore form, shape, design, color mixing, and media including charcoal, chalk pastels, tempera paint, and watercolor. Investigate hand-building with clay or throwing clay on the pottery wheels in our pottery studio. Watch as photographs develop in the darkroom of our Photo Lab. Make collages, masks, or mobiles. Tie dye a t-shirt. Create a keepsake to take home.

Throughout our Creative Arts Program, campers are encouraged to explore their individual creativity. Open studio sessions provide campers with an assortment of projects from which they learn new techniques and discover the dynamic process of artistic expression.

Our staff of instructors allow the campers to discover talents, explore self expression, and provide instruction and guidance. There are projects galore and the fun is boundless.

The Creative Arts program include the following activities:

- Pottery
- Ceramics
- Clay & Plaster
- General Crafts
- Collage
- Scrapbooking
- Basket Weaving
- Paper and Fabric Arts
- Candle Making
- Painting oil, acrylic, and watercolor
- Jewelry Making
- Beading
- Drawing
- Paper Mache
- Sketching
- Photography
- Video Production
- Newspaper
- Woodworking





## **Athletics**

Designed to meet the needs and ability of every camper, Lake Greeley Camp promotes the development of athletic skills, sportsmanship, leadership, teamwork, and self-confidence. Athletics include the following activities:

- softball
- baseball
- tennis
- gymnnastics
- beach volleyball
- soccer
- lacrosse
- field hockey
- badminton
- flag football
- basketball
- rugby
- golf

Our experienced coaching staff comprised of high school/ college coaches, as well as college athletes, offer a helping hand to give campers the confidence needed to enjoy and succeed in all sports.

Instruction on proper technique, as well as team and individual game strategies, help to improve each camper's skills, ability level, and understanding of each sport. In addition, campers receive instruction that progresses with the camper's skill development on an individual and group basis. Throughout the summer, different elements of each sport are covered. At all skill levels, our coaching concentrates on sportsmanship, teamwork, effort, and improvement.

#### **Intercamp Games**

For those campers who desire a little more competition can choose to participate in a variety of intracamp tournaments, such as 3-on-3 basketball, flag football, triathlon, etc., or be part of an intercamp team. Teams representing Lake Greeley Camp participate in games against other summer camps. These teams have team practices, host tournaments, and travel to other summer camps. While these games are more competitive, they are designed to promote good sportsmanship, camp spirit, fair play, and teamwork.

8

## **Performing Arts**

Developing the artist within our campers is the primary goal of our Performing Arts program. Individually or in a group setting, campers learn the essential principles, or refine existing skills under the watchful guidance of experienced instructors and talented performers. Through the Performing Arts Program, campers are encouraged to discover the value of acting, dance, and music as forms of creative expression.

Theatre/Drama
Guitar
Keyboard
Percussions
Singing
Dance
Radio Broadcasting

Whether it be a musical or play, stage performances by our campers generate excitement and are much anticipated evening activities. For many campers they are the culmination of the theatre program. However, commitment to a stage performance is not a requirement to participate in the drama program. On a daily basis, campers are exposed to modern acting techniques in addition to techniques rooted in time-honored theatrical traditions.

Lake Greeley Camp's music program takes the difficulty out of learning to play. Personalized lessons in keyboards, guitar, bass, and percussion are available. Lessons guide campers through the basics, while more advanced musicians receive lessons geared specifically to their needs and goals. For our budding pop stars, singing lessons are also part of the music program. After a proper warm-up, our voice coaches then move on to vocal techniques and exercises used to strengthen the vocal chords. A variety of styles are offered.



In the dance studio, jazz, tap, hip-hop, modern, step, and folk are among the styles of dance from which campers may choose. All levels of dancers, from the enthusiasts to dancer with years of experience, are welcome. Guided by a staff of performers, campers progress at their own pace. Dance recitals scheduled at the conclusion of each half session provide the campers with the opportunity to perform.



WLGC provides hands-on experience in creating and performing an actual radio program. The activity focuses on the performance experience of an on-air host at a music radio station. Campers will develop a personal on-air style by performing radio programs, integrating music into shows and preparing material for program breaks.

## Adventure

There is no denying the exhilaration of reaching the flag atop the climbing tower, balancing on the high ropes course at a height of forty feet, and achieving your goal.

Challenge yourself. That is the motto of our Adventure Program, and for those adventurous campers we do just that. The centerpiece of Lake Greeley Camp's Adventure Program is our climbing center that includes a 40 ft. climbing tower, 24 ft. rock wall, a 50 ft. long bouldering wall, a high and low ropes course, and two zip lines.

In addition to the climbing center, there is adventure happening all around camp. Additional adventure activities include:

- Skate Park
- Paintball
- Canoe Trips
- Orienteering
- White Water Rafting Trips
- Mountain Biking
- Bungee Trampoline
- Fishing
- Quad Riding
- Hiking
- Overnight Camping



All of the adventure activities occur in a controlled and supportive environment. Campers are instructed in safety procedures and the proper use of equipment prior to participating in the activity.

Whether it be on the ground, in the water, on wheels, or high in the sky, each camper selects their personal level of challenge. Qualified instruc-



tors work with campers to achieve these goals and then go beyond them. Working individually or in teams, the adventure activities provide campers with unique opportunities for growth in leadership, cooperation, and trust.



## Equestrian

The Equestrian Program has been a part of Lake Greeley Camp since it was founded. Skill development, the relationship between horse and rider, and the ability to take proper care of the horse are the foundation of the program. Whether you have yet to be on a horse or you already have the passion for riding, riders of all abilities are welcome. Experienced coaches conduct lessons matched to each rider's ability and a noncompetitive, relaxed environment creates an atmosphere where campers advance at their own pace. Following the standards of the United States Equestrian Federation, emphasis is placed on safety, skill development, and fun.

Lessons in both English and Western styles of riding are offered.

Conveniently located on the camp's upper campus, our facilities feature two riding rings, miles of trails, and a 24-stall barn.

For campers who desire the thrill of competition, horse shows both in camp and out are routinely scheduled. There is much more to the Equestrian Program than lessons in the ring. Trail rides, gymkhana games, and horseback overnights that include an extended trail ride and camp out with the horses broaden the Equestrian Program, enhance the camper's riding experience, and as it should be, is a lot of fun.

Riding is the part of horsemanship that we all enjoy; however, a true horse enthusiast needs to know how to properly care for a horse's nutritional and physical needs. Through the Stable Management activity, campers learn how to groom and properly tack a horse, clean the equipment, feed a horse, and organize the barn.

Ride as much as you want, all of the activities associated with the Equestrian Program are included in the regular camp tuition.

## **Circus Arts**

Standing on the platform atop the trapeze, you grab the bar, lean forward, and prepare to leap. It is a breathtaking experience.

While it is hard to argue that the trapeze rig is the most noticeable element of the Lake Greeley's Circus Arts program, aerial arts is only a part of what the program includes. Under the direction of skilled performers and circus instructors, Lake Greeley Camp's Circus Arts program concentrate upon building a strong foundation of skills while also developing strength and flexibility. Beginning with the fundamentals, campers graduate to more specialized skills. Through individualized instruction, campers develop their skill at their own pace in a safe, controlled environment.

The program focuses on five disciplines of circus arts:

**Acrobatics** - The art of contortion requires strength, agility, coordination, and balance. Acrobatic demonstrations include tumbling, hand balancing, and human pyramids.

Aerial - From the trapeze, equipped with harnesses and safety lines, campers learn aerial techniques and build a repertoire of tricks. Using aerial silks that hang from the ceiling campers climb, twist, spin, drop, and contort themselves.

**Clowning** - We all share a need to laugh. Clowning is a physical form of comedy that includes colorful and eccentric costumes, exaggerated makeup, and hilarious antics.

#### Balance - Skillfully walking on a

tight rope or slack line is the most recognizable of this discipline. Other examples include unicycles, stilts, and rollerboards.

**Juggling** - There are many styles of juggling that involve different props and skills. We use balls, clubs, and rings. Other forms of juggling include plate spinning, and hula hooping.

Circus Arts performances are routinely scheduled. These performances provide campers with the opportunity to display the skills they have learned and to experience the thrill and excitement of performing in front of a live audience.







## **Evening Activities**

The excitement doesn't end when the sun goes does. A varied schedule of evening activities have campers dancing, performing on stage, solving puzzles, and always on their feet cheering. With a different activity each evening, the fun and excitement never stops. Our evening activities have included in the past:

**Halloween Social Atlantic City Night Rat Race Scavenger Hunt Hawaiian Pool Party** Lip Sync Battle **Sing-Along Campfire CSI - Camp Scene Investigation Xtreme Dodgeball Greeley Idol Counselor Hunt Cali Beach Party The Amazing Race Game Show Night Dutch Auction** Cajun Scramble and much more!





# Special Events, Themed Meals & Off-Camp Trips

Greater diversity is introduced into our daily program by the way of our special events and trips. These events and excursions are scheduled regularly throughout the summer and provide even more opportunity for fun for our campers. When you put it all together, you'll agree that there is a lot happening at Lake Greeley Camp. Here is a sample of some of the special events and trips we run:

**Camp Carnival Medieval Festival Dorney Park & Wildwater Kingdom Camper/Counselor Day Boy Band Dinner College Day Promised Land State Park 3-Day Trips: Boston** Niagara Falls/Canada Washington, D.C./Virginia **Camp Olympics British Lunch Pirate Day Childs Falls Excursions** Harry Potter Day **Cabin Overnights** Back to the Future! Scranton/Wilkes Barre RailRiders Baseball Games and many more!









#### **Contact Information**

**Winter Office** (September 1st- June 12th): P.O. Box 219 Moscow, Pennsylvania 18444 570-842-3739 570-842-0410 - fax

#### Summer Camp (June 13th - August 31st):

222 Greeley Lake Road Greeley, PA 18424 570-685-7196 570-685-2660- fax

info@lakegreeley.com www.lakegreeley.com

