

CITY of LAWNDALE

www.lawndalecity.org | (310) 973-3270 | 14700 Burin Avenue, Lawndale CA 90260

Lawndale Community Center Hours:

Monday through Thursday, 7:00 am to 8:00 pm; Fridays, 7:00 am to 3:00 pm Saturdays, Sundays and City-observed holidays, Closed until Further Notice

Register for classes beginning Monday, June 17, 2024.

See page 2 for registration details.



Hogan Park



Hopper Park



Rudolph Park



Lawndale Community Center

LAWNDALE COMMUNITY CENTER HOLIDAY CLOSURES:

Registration Information

Registrations for both 2024 Summer Recreation and Senior Fitness classes will begin Monday, June 17, 2024 at 7:30 am. Registrations are accepted using one of the two following methods:

Note: Senior Programs are available for registration on a walk-in basis only.

- 1) Walk-in basis at Lawndale Community Center: Monday through Thursday, 7:00 am to 1:00 pm and 2:00 pm to 7:30 pm. Acceptable forms of payment include the following: credit/debit card, cashier's check, money order and personal checks. Cashier's check, money order or personal check must be payable to the "City of Lawndale" at the time of registration for the exact amount. Personal identification required for personal checks.
- 2) 24/7 Online Basis: Visit https://www.lawndalecity.org/cms/One.aspx?portalld=16676137&pageId=17108212, or scan
 QR code to view classes being offered by clicking on the Class Recreation Brochure link.

Registration Details: For online registrations, first time visitors will be required to setup up an Active Net account. Return visitors may register online using existing username and password. Preenrollment is strongly recommended, space may not be available for drop-ins on first date of class. All classes and activities are open to Lawndale residents, and non-residents.



SOO BAHK DO / LITTLE DRAGONS

Instructor: Joshua Duncan (Duncan's Soo Bahk Do LLC)

Act.#	Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
5377	Little Dragons A	July 1 - Aug 26	Mondays	5:00 - 5:4 <mark>0 pm</mark>	5-12y 11m	\$55+	CCMER	DSBD, LLC
5378	Little Dragons B	July 3 - Aug 28	Wednesdays	5:00 - 5:40 pm	5-12y 11m	\$55 ⁺	CCMER	DSBD, LLC
5389	Soo Bahk Do, Korean Karate	July 1 - Aug 28	Mon&Wed	6:00 - 7:00 pm	12-adult	\$85+	CCMER	DSBD, LLC
5388	Soo Bahk Do, Korean Karate INVITE	July 1 - Aug 28	Mon&Wed	6:00 - 7:00 pm	7-13	\$85 ⁺	CCMER	DSBD, LLC

^{*}No Class Dates: 7/4, 8/12, and 8/14

^{+\$35} plus tax for uniforms ordered from instructor. Optional testing every other session for \$15 (Little Dragons) \$25 (Soo Bahk Do). Optional Federation Membership for \$89 (Soo Bahk Do, Korean Karate). See instructor for details.

Students in "INVITE" class must have approval of Master Duncan via confidential registration code.



DANCE CLASSES

Instructor: SoCa Arts

Act.#	Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
5387	Princess Ballet	July 11 - Aug 29	Thursdays	4:00 - 4:45 pm	3-6	\$109	CCDR	SoCaArts
5386	Pop Star Hip Hop Mini's	July 11 - Aug 29	Thursdays	4:55 - 5:40 pm	3-6	\$109	CCDR	SoCaArts
5371	All In One Dance	July 11 - Aug 29	Thurs <mark>da</mark> ys	5:50 - 6:35 pm	5-9	\$109	CCDR	SoCaArts
5376	К-Рор	July 11 - Aug 29	Thursdays	6:45 - 7:30 pm	6-11	\$109	CCDR	SoCaArts

Note 1: \$5 craft fee per session due 1st day class to instructor (Princess Ballet only)

Note 2: Contact info@socaarts.com where to purchase dance attire.

Note 3: Parents are asked to remain on site but outside dance room during class.

Princess Ballet

Twirl into Princess Ballet! Dancers learn beginning ballet and gross motor skills in an encouraging environment for the budding ballerina. Class also includes short storytimes and a craft. Leotard, tights, and ballet shoes required. \$5 craft fee due first day. Last day performance for family. Info: www.socaarts.com.

Pop Star Hip Hop Mini's

Dance like your favorite pop star! Children will learn hip hop and jazz technique and choreography to their favorite pop hits. Class promotes confidence, musicality, and stage presence. All movement and songs are age-appropriate. Athletic attire and sneakers required. Last day performance for family. Info: www.socaarts.com.





All In One Dance

Perfect for those wanting to try multiple dance styles! Children will learn beginning ballet, jazz, and hip hop in an encouraging environment. Class promotes balance, coordination, rhythm, and listening skills. Leotard, tights or leggings, and ballet or jazz shoes required. Last day performance for family. Info: www.socaarts.com.

K-Pop

Grab your glitter microphone! This specialized class teaches popular K-pop choreography from iconic boy groups, girl groups, and soloists. Suitable for beginners with a focus on stage performance skills. Athletic attire and sneakers required. Last day performance for family. Info: www.socaarts.com.

CULTURAL DANCE CLASSES

Instructor: Chapala Dance Academy, LLC (CDA)

Act.#	Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
5381	Mexican Folkloric Intro to Dance, Session I	July 9 - July 30	Tuesdays	4:00 - 5:00 pm	3-12	\$35 ⁺	CCDR	CDA
5384	Mexican Folkloric Invitation only, Session I	July 8 - July 31	Mon&Wed	4:00 - 5:00 pm	6-17	\$65 ⁺	CCDR	CDA
5379	Mexican Folkloric for Beginners, Session I	July 8 - July 31	Mon&Wed	5:00 - 6:00 pm	3-12	\$65 ⁺	CCDR	CDA
5382	Mexican Folkloric for Intermediate, Session I	July 8 - July 31	Mon&Wed	6:00 - 7:00 pm	6-17	\$65 ⁺	CCDR	CDA
5390	Mexican Folkloric Introduction to Dance, Session II	Aug 6 - Aug 27	Tuesdays	4:00 - 5:00 pm	3-12	\$35 ⁺	CCDR	CDA
5385	Mexican Folkloric Invitation only, Session II	Aug 5 - Aug 28	Mon&Wed	4:00 - 5:00 pm	6-17	\$65 ⁺	CCDR	CDA
5380	Mexican Folkloric for Beginners, Session II	Aug 5 - Aug <mark>28</mark>	Mon&Wed	5:00 - 6:00 pm	3-12	\$65 ⁺	CCDR	CDA
5383	Mexican Folkloric for Intermediate, Session II	Aug 5 - Aug 28	Mon&Wed	6:00 - 7:00 pm	6-17	\$65 ⁺	CCDR	CDA

^{+\$10} for uniform shirt from instructor is optional. Other fees for costumes and shoes are at parents' expense-registration for all classes is strongly recommended. Space may or may not be available on the first day of class.

GYMNASTICS CLASSES

Instructor: Just Dance Company, LLC (JDC)

Act.#	Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
5372	Gym Babies	July 9 - September 3	Tuesdays	4:30 - 5:30 pm	1-3	\$110	CCMER	JDC, LLC
5375	Gym Kids Beginners	July 9 - September 3	Tuesdays	5:30 - 6:30 pm	4-7	\$110	CCMER	JDC, LLC
5373	Gym Juniors Beginners	July 9 - September 3	Tuesdays	6:30 - 7:30 pm	8-14	\$110	CCMER	JDC, LLC
5374	Gym Kids Advance	July 11 - September 5	Thursdays	4:30 - 5:30 pm	4-7	\$110	CCMER	JDC, LLC
5391	Kids Paint Party	July 17	Wednesday	4:00 - 7:00 pm	4-15	\$30	CCMR	JDC, LLC

Note 1: Advance classes have to be approved by teacher (Ms. J) and receive a form to move to advance classes.

Note 2: Material Fee: T-shirts \$10. Cash only paid to instructor.

Note 3: Paint Party is an instructional fun painting class that includes: canvas, painting supplies, painted aprons to take home, and ice cream.





GAME ROOM FOR TEENS AND ADULTS DROP-IN PROGRAM

Activities include ping pong, fooseball, checkers, chess, Xbox, and hang-out time. Teens interested in bringing their own Xbox games must have them approved by staff before use.

Act.#	Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
	Open Game Room	July 2 - August 30	Tuesdays, Wednesdays & Fridays	10:00 am - 12:00 pm	Seniors	\$0	CCMR1	Staff
	Open Game Room	July 11 - August 29	Thursdays	1:00 - 3:00 pm	Teens	\$0	CCMR1	Staff

CLASS LOCATIONS LEGEND: Lawndale Community Center and Other Locations

Acronym	Room Name	Floor	Address
CCDR	Community Center Dance Room	Second	14700 Burin Avenue, Lawndale, CA 90260
CCCL	Community Center Computer Lab	Second	14700 Burin Avenue, Lawndale, CA 90260
CCMR	Community Center Meeting Room	Second	14700 Burin Avenue, Lawndale, CA 90260
CCMER	Community Center Main Event Room, Full Room	Third	14700 Burin Avenue, Lawndale, CA 90260

SENIOR FITNESS CLASSES

Instructor: Amalea Joy Fisher, LLC (AJF)

Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
Yoga Fusion	July 1 - September 16	Mondays	9:00 - 9:45 am	55+	\$0	CCMR2	AJF, LLC
Yoga Fusion	July 3 - September 18	Wednesdays	9:00 - 9:45 am	55+	\$0	CCMR2	AJF, LLC
Mindful Movement, Chair Exercise	July 11 - September 19	Thurs <mark>da</mark> ys	9:00 - 9:45 am	55+	\$0	CCMR2	AJF, LLC

No class dates: July 24 - August 5, September 2

Instructor: Opus Venture, LLC (OV)

Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
Zumba Gold	July 2 - September 17	Tuesdays	8:30 - 9:15 am	55+	\$0	CCMER	OV, LLC
Zumba Gold	July 5 - September 20	Fridays	9:45 - 10:30 am	55+	\$0	CCDR	OV, LLC

^{*}Silver Sneakers Members Welcome! Come Check out the Fitness Center and Classes for Seniors. Silver Sneakers Classic allows students to move through exercises designed to increase muscular strength, range of motion and activities for daily living. Silver Sneakers Classic is an exercise class which combines cardio and strength to improve cardio-respiratory fitness for the students. Students also focus on improving reaction training and coordination.

WELLNESS FOR SENIORS

Instructor: Harlika O" Balles

Class Name	Dates	Day	Time	Ages	Fee	Location	Instructor
Wellness for Seniors	July 1 - August 26	Mondays	10:30 - 11:30 am	55+	\$0	CCMR	Harlika
Wellness for Seniors	July 11 - August 29	Thursdays	10:30 - 11:30 am	55+	\$0	CCMR	Harlika

Physical Exercises based on senior's capabilities, mostly chair exercises. Tips on senior safety. Discussions about specific food groups that are better for seniors' overall health. Breathing exercises and healthy tips for senior well-being.







SENIOR PROGRAMS (No Registration Required)

Class Name	Dates	Day	Time	Ages	Fee	Location
Bingo Enjoy a spirited round of bingo after lunch.	July 19, August 16	Fridays	1:00 - 2:00 pm	55+	\$0	CCMER
Art & Craft Class Enjoy making a fun and easy arts and crafts project after lunch.	July 11, August 8	Thursdays	1:00 - 2:00 pm	55+	\$0	CCMER
Mahjong Come and learn how to play Mahjong with a group of other senior beginners.	July 9, August 16	Tuesdays	1:00 - 2:30 pm	55+	\$0	CCMER
Knitting with Friends Come and enjoy knitting for beginners to advanced.	July 18, August 15	Thursdays	1:00 - 2:30 pm	55+	\$0	CCMER

MENTAL WELLNESS SERIES FOR OLDER ADULTS

Class Name	Dates	Day	Time	Ages	Fee	Location
Health, Wellness, and Wholeness	July 1	Monday	10:45 - 11:45 am	55+	\$0	CCMER
Hoarding	August 5	Monday	10:45 - 11:45 am	55+	\$0	CCMER

Senior Services and Assistance Programs

The following senior services and assistance programs are free to the community and in some cases are available to Lawndale residents only.

SENIOR CONGREGATE MEAL PROGRAM

Enjoy a delicious hot meal that includes the five primary food groups plus dessert provided by friendly Lawndale Community Services Department staff and volunteers. This program is intended to provide hot and nutritious meals for individuals seeking social interaction in a safe, clean and relaxed environment. This program is funded by Los Angeles County and operated by the Community Services Department in conjunction with the City of Gardena. The program is available to Lawndale residents and those from surrounding communities. Free transportation to and from the lunch program is available by calling the transit hotline at (310) 973-3287 and leaving a voice mail message no less than 48 hours in advance of desired transportation date. Transportation is for Lawndale residents only. For more information about the senior congregate meal program, please contact Claudia Lopez at (310) 973-3284, or via email at cmedina@lawndalecity.org.

Program	Dates	Day	Time	Ages	Fee	Location
Senior Congregate Meal Program*	Ongoing**	Monday - Friday	11:30 am - 12:30 pm	60 years and above***	\$0 ***	CCMER

^{*}Program participants must fill out a universal intake form to join the program and order a meal no less than 24 hours in advance by calling the Community Services Department meal reservation hotline at (310) 973-3278, or email cmedina@lawndalecity.org.

^{****}Suggested donation amount for seniors above 60 years of age is \$3.75.





MEALS ON WHEELS PROGRAM

Get a hot delicious and nutritious meal delivered to your doorstep each weekday. This program is operated in conjunction with the Salvation Army, Redondo Beach and is intended for homebound individuals residing in Lawndale. Senior and homebound Lawndale residents must complete a telephone interview to get qualified for participation. For more information about this program, please contact Diane Vick, Transit Operator, at (310) 973-3247, or via email at dvick@lawndalecity.org.

Program	Dates	Day	Time	Ages	Fee	Location
Lawndale Meals on Wheels*	Ongoing**	Monday - Friday	Mid-morning [#]	60 years and above	\$5.50	Resident Address ⁺

^{*}Participants must complete a positive telephone interview to verify age and homebound status.

^{**}Program will not operate on the following City-observed holidays: Wednesday, June 19 - Juneteenth and Thursday, July 4 - Independence Day

^{***}Non-seniors, or those below 60 years of age may participate at a cost of \$5 per meal per day.

^{**}Program will not operate on the following City-observed holidays: Wednesday, June 19 - Juneteenth and Thursday, July 4 - Independence Day. However, two meals will be delivered on the last delivery day prior to any City-observed holiday.

[#]Meals are generally delivered between 10:00 am to 11:00 am.

⁺Meals can only be delivered to a geographically based Lawndale address. Unincorporated County of Los Angeles, or El Camino Village residents do not quality.

Lawndale Special Transit Program

(Lawndale Residents Only*)

The Lawndale special transit is a free door-to-door transportation program available to Lawndale residents no fewer than 60 years of age for the following purposes:

- 1) round trip transportation to the congregate meal program;
- 2) round trip transportation to medical and dental facilities (after an appointment is made); and
- 3) round trip transportation for grocery shopping, banking, post office, hair salon and hair cutting establishments. All within the program's designated boundaries.

Transportation requests must be made no fewer than 48 hours in advance by calling the transportation hotline voice mail system at (310) 973-3287.

Transportation to and from medical facilities for appointments already made takes priority over other transportation requests. Medical transportation boundaries are as follows: Imperial Highway (north), Torrance Boulevard (south), Western Avenue (west) and Sepulveda Boulevard (east). Rides are generally round trip; however, passengers may request a one-way ride if return trip is arranged ahead of time with a third party.

For more information about this program, please contact Reshonda Rhyne, Transit Operator, at (310) 973-3287, or via email at reverage@lawndalecity.org.

Program	Dates	Day	Time	Ages	Fee	Location
Lawndale Special Transit	Ongoing	Monday - Friday	7:30 am - 3:00 pm	60 years and above	\$0	Resid <mark>ent</mark> Address

^{*}Only Residents within the geographical boundaries of Lawndale qualify.



LAWNDALE BEAT NOW ACCEPTING TAP

Skip the Change and Pay the Easy Way. Get TAP Today!
Visit www.lawndalecity.org for Lawndale Beat Route Schedules
Visit www.taptogo.net To Get Your Card Today!





OTHER Lawndale Community Center Recreation Facilities:

15-STATION FITNESS ROOM

Facility	Dates	Day	Time	Ages	Fee	Location
Fitness Room*	Ongoing	Monday – Thursday Fridays	8:00 am - 7:00 pm 8:00 am - 2:30 pm	18 years and above**	\$0	Third Floor

^{*}Registration required. See reception office for details. Please bring a towel and wipe down equipment after each use. No food, or drinks allowed. Exception: bottled water.

FITNESS ROOM ORIENTATION

Facility	Dates	Day	Time	Ages	Fee	Location
Fitness Room*	July 9	Tuesday	11:00 - 11:30 am	18 years and above	\$0	Third Floor
	August 13		6:00 - 6:30 pm			

^{*}The orientation will cover the proper use of strength training and cardio equipment, general principles of exercise, safety, policies and procedures for the Fitness Center, other available services, and offers a chance to meet the staff. To schedule your orientation, please call 310-973-3277 or email Darrion Spratley at dspratley@lawndalecity.org.

9-STATION COMPUTER LAB

Facility	Dates	Day	Time	Ages	Fee	Location
Computer Room [*]	Ongoing	Monday – Thursday	8:00 am - 7:00 pm	18 years and above**	\$0	Second Floor
		Fridays	8:00 am - 3:00 pm			

^{*}Registration required. See reception office for details.

^{**}Users will be required to obtain login credentials prior to using a computer station.



Searching for more Details?

Visit the City's website at www.lawndalecity.org for more information, or call the Community Center Reception Desk at (310) 973-3288, or email Jason Minter, Director of Community Services, at jminter@lawndalecity.org, Darrion Spratley, Community Services Coordinator, at dspratley@lawndalecity.org or Cynthia Rodriguez, Administrative Assistant II, at crodriguez@lawndalecity.org.

^{**}No children allowed in the fitness room. The maxim<mark>um number of ind</mark>ividuals in the room at one time is eight (8).

Lawndale City Hall

14717 Burin Avenue | (310) 973-3200 | Hours: Monday - Thursday, 7 am to 6 pm

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Lawndale Civic Center Plaza

Intersection of Lawndale Way and Burin Avenue

Harold E. Hofmann Community Center

14700 Burin Avenue | (310) 973-3270

Hours: Monday - Thursday, 7 am to 8 pm; Friday, 7 am to 3 pm; Closed on Saturdays, Sundays & City-observed holidays.

Sheriff's Service Center

15331 Prairie Avenue | (310) 219-2750 (Use 911 for emergency purposes)

Sheriff's Department / South LA Station

1310 W. Imperial Hwy., Los Angeles, CA 90044 | (323) 820-6700 (Use 911 for emergency purposes)

Lawndale Fire Station #21

4312 W. 147th Street | (310) 679-1131 or (310) 676-4606

(Use 911 for emergency purposes)

Los Angeles County Help Line

Telephone Number 2-1-1



14615 Burin Avenue | (310) 676-0177

Hours: Tuesday, Wednesday & Thursday, 10 am to 8 pm

Friday & Saturday, 10 am to 6 pm. Closed Sundays, Mondays & County Holidays.

Planning & Building

14717 Burin Avenue | (310) 973-3230

Building Permits: (310) 973-3230 | Hours: Monday - Thursday, 7 am to 6 pm Building Inspector: (310) 973-3237 | Hours: Monday - Thursday, 7 am to 8:30 am Inspection Hours: Monday - Thursday, 9 am to 12 pm

Public Works Department

4722 Manhattan Beach Blvd. | (310) 973-3260 Hours: Monday - Thursday, 7 am to 6 pm

Municipal Services Department

14616 Grevillea Avenue

General Info: (310) 973-3220; Parking Info: (310) 973-3223

Office Hours: Monday - Thursday, 7 am to 6 pm Patrol Hours: Monday - Sunday, 7 am to 6 pm Telephone Service: Monday - Sunday, 7 am to 6 pm

Lawndale Historical Society Museum Closed until further notice.

14616 Grevillea Avenue | (310) 973-3205

Hours: Wednesdays, 1 to 4 pm and first Saturday of the month by request only.

Jane Addams Park

15114 Firmona Avenue | (310) 970-2188 | Hours: Monday - Sunday, 10 am to 8 pm

Bollinger Gym Closed until further notice.

4040 W. 154th Street | (310) 973-3274

William Green Park

4558 W. 168th Street | (310) 371-5273 | Hours: Monday - Sunday, 10 am to 8 pm

Rogers-Anderson Park

4161 W. Manhattan Beach Boulevard | (310) 970-2189

Hours: Monday - Sunday, 10 am to 8 pm*

Hogan Park

4045 W. 167th Street | (310) 214-0512 | Hours: Monday - Sunday, 10 am to 8 pm*

Hopper Park

4418 W. 162nd Street | Hours: Monday - Sunday, 10 am to 8 pm*

Rudolph Park

14725 Larch Avenue | Hours: Monday - Sunday, 10 am to 8 pm*

Dan McKenzie Community Garden

4324 W. 160th Street (Must be a registered gardener to enter.)

Hours: Monday - Sunday, Dawn to Dusk

Los Angeles County Alondra Regional Park

3850 W. Manhattan Beach Boulevard | (310) 217-8366

*Closes at 8 pm or Dusk, whichever is earlier.

Check website for current parks hours.

COUNCIL AND CITY CLERK:

Robert Pullen-Miles (310) 973-3214 Mayor Mayor Pro Tem **Bernadette Suarez** (424) 236-2644 Councilmember (310) 973-3217 Pat Kearney Councilmember Sirley Cuevas (310) 973-3218 Councilmember Rhonda Hofmann Gorman (310) 973-3216 City Clerk Erica Harbison (310) 973-3212 City Manager Sean M. Moore (310) 973-3202

WWW.LAWNDALECITY.ORG

City Hall	(310) 973-3200
Animal Control Services	(310) 973-3220
Building Inspections	(310) 973-3230
Business License	(310) 973-3246
Lawndale City TV	(310) 973-3259
Chamber of Commerce	(310) 679-3306
Code Enforcement	(310) 973-3220
Community Development/Planning	(310) 973-3230
Community Services	(310) 973-3270
Emergency Preparedness	(310) 973-3220
Employment Opportunities/Job Hotline (310) 973-3200 X 3209
Fire Department	(310) 679-1131
Graffiti Removal Hotline	(310) <mark>973-32</mark> 64
Lawndale Little League	(310) 4 <mark>89-226</mark> 6
Library	(310) 6 <mark>76-017</mark> 7
Neighborhood Watch (Sheriff's Department)	(310) 219-2750
Personnel	(310) 973-3201
Post Office	(310) 679-9804
Railroad Information (Public Utilities Commission)	(213) 576-7000
Senior Services	(310) 973-3284
Sheriff's Department	(310) 219-2750
Shopping Cart Retrieval Hotline	(310) 973- <mark>3299</mark>
South Bay Center for Dispute Resolution	(310) 376-7007
Trash Pickup and Street Matters	(310) 973-3260



