

#### **MOLMI'S QUARTERLY IN-HOUSE MAGAZINE FOR SEAFARERS AND MOLMI STAFF**



















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### **MANAGING DIRECTOR'S DESK**



TOGETHER WE RISE – HONOURING PROGRESS AND PEOPLE MR. SATISH KUMAR SINGH MANAGING DIRECTOR MOLMI

Dear Members of the MOLMI Family,

As we navigate through another eventful quarter of 2025, it gives me immense pride to reflect on the spirit that continues to define MOL Maritime (India) our unity, professionalism, and the quiet strength of every individual who contributes to our collective journey.

This quarter was marked by several inspiring moments that brought our team closer together. The Chennai Seminar 2025 became a memorable platform for learning, interaction, and mutual growth where shore teams, visiting delegates, and seafarers shared valuable perspectives on safety, technology, and leadership. It reaffirmed that our progress rests not only on systems and standards, but on people who believe in the MOL spirit.

We also had the privilege of recognizing our Loyalty Awardees, whose long years of dedication reflect the stability and trust that define MOLMI's foundation. Each of them is a reminder that loyalty, consistency, and quiet excellence form the backbone of our success.

A proud milestone was achieved with the delivery of RURI Courage, the latest addition to our growing fleet of advanced vessels. This marks yet another step in our commitment to sustainable and future-ready operations. Equally heartening has been the arrival of new employees and consultants across departments — each bringing fresh ideas, experience, and enthusiasm to strengthen our journey forward.

At the same time, our Independence Day glass painting and Navratri celebrations beautifully reflected the cultural harmony and creativity that make MOLMI unique. These occasions remind us that professionalism and joy can coexist, and that the workplace becomes truly alive when we celebrate together as one family.

This edition also features an insightful article on Seafarer Welfare and Family Support (SWFS), a subject that sits at the very heart of who we are. Our success at sea is built on the well-being and happiness of our seafarers and their families ashore.

Among the quarter's proudest moments was the courageous rescue operation by the vessel "Energy Universe", whose crew acted with exemplary presence of mind and compassion. Their actions once again underline the enduring spirit of humanity that defines every MOL mariner.

Together, these stories of achievement, compassion, creativity, and commitment paint the true picture of MOLMI today. A place where excellence meets empathy, and where progress is not measured only in numbers, but in the strength of our people and values.

As we look ahead to our 30th anniversary year, let us carry this momentum forward mentoring, innovating, and upholding the trust placed in us by the MOL Group worldwide. Let every act, big or small, add to the legacy we are shaping together.

Fair winds and following seas,

Satish Kumar Singh Managing Director MOL Maritime (India) Pvt. Ltd.

### **CONTENTS**

- O. Managing Director's Desk
- 1. Ship Managers Seminar Chennai 2025
- 2. Loyalty Awards
- 3. Newborns
- 4. Achievements
- 5. Independence Day Celebrations
- 6. Navratri Celebrations
- 7. Delegate Visits to MOLMI
- 8. Contributions
- 9. Birthday Celebrations
- 10. Brain Teaser
- 11. MOL Promotions & New Joinees
- 12. From The HR Desk
- 13. Medifacts
- 14. New Delivery Of Vessel
- 15. Seafarer Statistics
- 16. MOLTC
- 17. Training Planner

### MOL Maritime (India) Pvt. Ltd.

### **EDITORIAL TEAM**

Capt. Albe Zachariah Ms. Akshaya Krishna

### Present in this volume of Hello MOLMI



Page no.: 6



Page no.: 15



Page no.: 4

Find the earlier volumes of Hello MOLMI on our website: molmi.info



# O1 SHIP MANAGERS SEMINAR CHENNAI 2025







# MOL Maritime (India) Pyt. Ltd. DRY MOL Ship Manager's Seminar Chennai 25

Delegates at DRY Ship Managers Seminar

#### DRY SHIP MANAGERS SEMINAR 2025 CHENNAI

The DRY Ship Managers Seminar 2025 was held at The Leela Palace in Chennai on 18th September 2025. The event was graced by MOL Delegates and Management Staff from around the globe. The event began with an introduction of guests and invocation by Capt. Umakant Garg, Sr. Superintendent – DRY Vessels, MOLMI. Mr. Yasuo Hashiguchi, MOLSHIP (T) – President gave the opening remarks to the audience. The presentation titled Learning from Various Navigational Incidents was held by Capt. Pramod Kumar, MOLSHIP(S) – Marine. After a break and photo session Capt. Kohei Utsunomiya, MOLSHIP (T) – SOD guided the ones present on Alcohol Policy Violation Cases and New Guideline followed by Reminder of Crew Related Issues by Capt. Subrajit Barua, MOLSHIP(S) – MPD. After lunch, Capt. Takeshi Yokoyama, MOLSHIP (T) – MPD spoke regarding Manning Matter. While Mr. Pradeep Karkada Ganesh, MOLSHIP(S) – SMD held a talk on Maintenance of Ageing Vessels, Mr. Uday Kumar, MOLAO – SGSVG addressed Good Engineering Practices. After a short coffee break, MOL: Navigating the Digital Horizon (Introduction of M.O.R.S.E web Platform) was discussed by Mr. Gilfourtson Singson, MOLSHIP (T) – SMD. Before proceeding with the Q&A, Dr. Jacob Mathew from Seabird shined light on Life Style Management. Concluding the Seminar, we had Mr. Masakazu Kobayashi, MOLSHIP(S) – MD with the Closing Remarks and Vote of Thanks by Capt. Umakant Garg.



Capt. Umakant Garg - Sr. Sl, MOLMI Mumbai



Capt. Dipankar Basu, DGM MOLMI Kolkata & Capt. Albe Zachariah, GM MOLMI



DRY Group Photo, MOL Ship Managers Seminar Chennai 2025



Capt. Ajay Dhiman, Manager LNG Operations, MOLMI Mumbai



Delegates at LNG Ship Managers Seminar

#### LNG SHIP MANAGERS SEMINAR 2025 CHENNAI

The LNG Ship Managers Seminar 2025 was held at The Leela Palace in Chennai on 18th September 2025. The Invocation & Introduction of Guests as carried out by Capt. Ajay W. Dhiman, Manager MOLMI followed by an Opening Remark by Captain Shinsuke Ogura General Manager Ship Management Strategy and Supervising Div. (Energy) MOL. A speech was made by ASYAD Chief Operating Officer Capt Franck Kayesr, Oman Ship Management Company. Ms. Egle Zalpyte Assistant Manager – Seafarer Division MOL Global Ship Management Pte. Ltd. presented on D&A / Your Policy – Your Responsibility and an informative dialogue by Mr. Hiroyuki Nagano General Manager, Crewing Team Ship Management Strategy & Supervising Div. (Energy) MOL on Work / Rest Hours at Sea. Before a coffee break and photo session Ms. Junko Sugimoto General Manager, Fleet & Service Strategy Team LNG & Ethane Unit 1, MOL, spoke on MOL's LNG Strategy and Challenges in the Global Market. Dr. Jacob Mathew from Seabird informed seafarers about Life Style Management followed by Mr. Ravinder Jaswal Technical Superintendent LNG MOL Global Ship Management Pte. Ltd. speaking on the Incident Report. Subsequent to this, Mr Vineet Bhalla Fleet Manager MOL Global Ship Management Pte. Ltd gave an Overview of merger of London Fleet Teams under MOLGSM.

Succeeding lunch, Mr Ivan Ip – General Manager – Seafarer Division Ms. Daph Low – Assist. Manager – Seafarer Division MOL Global Ship Management Pte. Ltd held a workshop on "Work & Rest Hours for Seafarer Safety & Well-being". And while Mr. Yuta Nakamura Assistant Manager, LNG Business Development Team (B) LNG & Ethane Unit 2, MOL spoke on MOL LNG Carrier for Middle East Charterers, Capt. Amit Kumar Marine Superintendent MOL Global Ship Management Pte. Ltd talked on 2 topics namely GPS Sppofing In Navigation and LNG Cargo Operation and contingency. After a short break, Mr Sumit Prasad HSEQ Manager MOL LNG Transport Co., Ltd. gave a brief on Safety, Health and Compliance: Points of Concern and Mr. JunJi Tani General Manager/ Seafarer Division MOL LNG Transport Co., Ltd. had a 20 minute session on CBT & RANKSTEP. Importance of Record Keeping and Pre Incident Observation was well spoken about by Mr Daisuke Fujitsuka DPA/ Marine Manager MOL LNG Transport Co., Ltd. was presented by Capt Mishra Gaurav General Manager HSE / DPA/ACSO MOL Global Ship Management Pte. Ltd. Concluding the Seminar, a Q&A session was hosted followed by Vote of thanks by Capt Franck Kayesr, Oman Ship Management Company; Mr Chikara Shimokawa, MOL Global Ship Management Pte. Ltd. and Mr. Takeshi Tsunashima, MOL LNG Transport Co. Ltd.. This was wrapped up with a feedback session that was looked into by Capt. Ajay W. Dhiman.



### SIGHTSEEING FOR SEAFARERS FAMILY CHENNAI

While the seafarers were part of their respective pool Seminars, their families went for a sightseeing tour to Mahabalipuram organized by MOL. They had photoshoots near Krishna's Butterball, also known as Vaan Irai Kal which is a gigantic balancing rock, a granite boulder resting on a short incline in the historical coastal resort town of Mamallapuram in Tamil Nadu state, India. A bus was arranged, and amenities were provided for this trip to ensure everyone enjoyed themselves and there were places where souvenirs including traditional attires could be purchased as memoirs.





Seafarers family group photo

Seafarers family group photo

### MOL FAMILY DINNER & COCKTAIL PARTY CHENNAI

After Following the DRY and LNG Ship Managers Seminar 2025 during the day, MOL Management organized a Family Dinner and Cocktail for the MOL Delegates, Seafarers and their families. The event included energetic and trendy dance performances, entertainment gigs including a bubble show from a professional and a dance floor for everyone to enjoy the night with their groovy moves! Some games like shoot the balloon among others were also kept for cadets, seafarers and management staff to play. To conclude the event on a happy and fulfilling note, the cocktails were already going round the room in order, and the feast was all set and ready to be devoured!



Dance performance at MOL Family Dinner



Shoot the balloon game played by Cadets



Seafarers grooving on the dance floor



MOLMI Chennai staff group photo



#### **MUMBAI**



#### MASTER CAPT. IYER KUMAR NARAYANA MUMBAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Mr. Satish Kumar Singh, Managing Director MOLMI on 18th July 2025 at MOLMI Mumbai office. Thank you for being part of our fleet since 2008 and wishing you many more voyages with us!



### CHIEF OFFICER MR. GAURAV SATISH SAMA MUMBAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 2nd September 2025 at MOLMI Mumbai office. Thank you for being part of our fleet since 2010 and wishing you many more voyages with us!



### CHIEF OFFICER MR. DION MICHAEL MENEZES MUMBAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 2nd September 2025 at MOLMI Mumbai office. Thank you for being part of our fleet since 2011 and wishing you many more voyages with us!



### GAS ENGINEER MR. MOKAM SINGH GURU CHARAN SINGH KINOT MUMBAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 2nd September 2025 at MOLMI Mumbai office. Thank you for being part of our fleet since 2014 and wishing you many more voyages with us!

#### **KOLKATA**



### CHIEF OFFICER MR. DEBASIS SAHA KOLKATA

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Capt. Dipankar Basu, Deputy General manager – Operations & Trainer MOLMI Kolkata on 26th August 2025 at MOLMI Kolkata office. Thank you for being part of our fleet since 2011 and wishing you many more voyages with us!



### CHIEF OFFICER MR. BISWAJIT SHAW KOLKATA

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Capt. Dipankar Basu, Deputy General manager – Operations & Trainer MOLMI Kolkata on 26th August 2025 at MOLMI Kolkata office. Thank you for being part of our fleet since 2011 and wishing you many more voyages with us!



### CHIEF OFFICER MR. UMESH KUMAR KOLKATA

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 1st September 2025 at MOLMI Kolkata office. Thank you for being part of our fleet since 2012 and wishing you many more voyages with us!



#### CHIEF ENGINEER MR. PARTHA RAY KOLKATA

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 1st September 2025 at MOLMI Kolkata office. Thank you for being part of our fleet since 2013 and wishing you many more voyages with us!



#### 1ST ASST. ENGINEER MR. PANKAJ BANIK KOLKATA

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 1st September 2025 at MOLMI Kolkata office. Thank you for being part of our fleet since 2014 and wishing you many more voyages with us!

#### **CHENNAI**



### CHIEF OFFICER MR. RAJESH NAIR REGHURAMAN NAIR CHENNAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Capt. Apurva Prasad, Deputy General manager – Operations & Trainer MOLMI Chennai on 11th July 2025 at MOLMI Chennai office. Thank you for being part of our fleet since 2009 and wishing you many more voyages with us!



### 1ST ASST. ENGINEER MR. LOGANATHAN NALLALAGHU CHENNAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Capt. Apurva Prasad, Deputy General manager – Operations & Trainer MOLMI Chennai on 7th August 2025 at MOLMI Kolkata office. Thank you for being part of our fleet since 2007 and wishing you many more voyages with us!



#### 1ST ASST. ENGINEER MR. MUTHUKUMARAN KIRUBAHARAN CHENNAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 3rd September 2025 at MOLMI Chennai office. Thank you for being part of our fleet since 2008 and wishing you many more voyages with us!



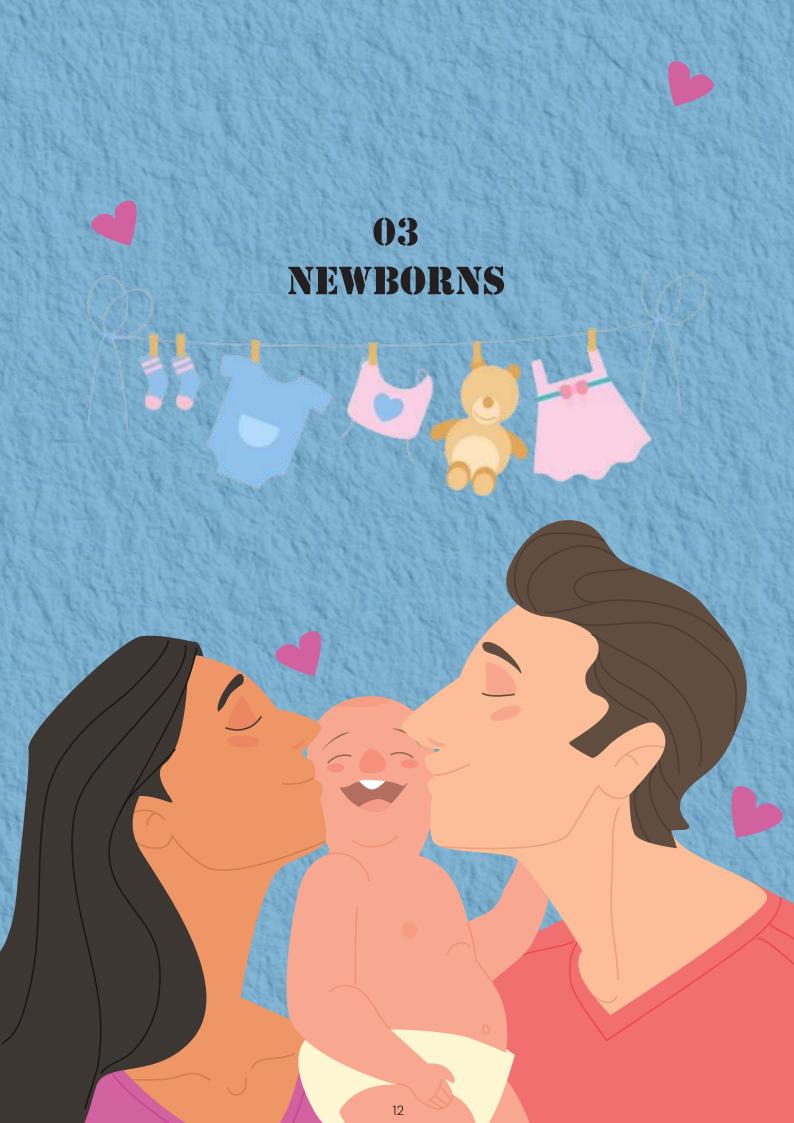
### 1ST ASST. ENGINEER MR. ROGEESWARAN VISWANATHAN CHENNAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Sr. Managing Executive Officer Captain Mitsuhisa Tanimoto, Mitsui O.S.K. Lines, Ltd. on 3rd September 2025 at MOLMI Chennai office. Thank you for being part of our fleet since 2011 and wishing you many more voyages with us!



### 2ND OFFICER MR. HARI RAMACHANDRAN CHENNAI

was presented with the MOL Loyalty award certificate and watch for completing more than 10 years of sailing with MOLMI. The award was presented by Capt. Apurva Prasad, Deputy General manager – Operations & Trainer MOLMI Chennai on 22nd September 2025 at MOLMI Chennai office. Thank you for being part of our fleet since 2008 and wishing you many more voyages with us!



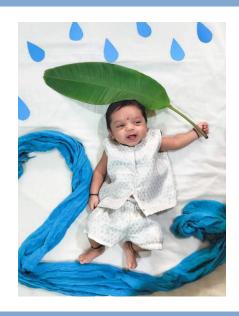


**JEEYANSH** 

A hearty congratulations to 2AE Bhavik Bhimji Panjari and family on welcoming their baby boy on 21st April 2025. As you enter this new chapter of life, may your home be filled with laughter and your hearts be filled with love.

#### ANJANEYA SIDDHESH GURAV

A hearty congratulations to 20 Siddhesh Rajendra Gurav and family on welcoming their baby boy Anjaneya Siddhesh Gurav on 29th April 2025. As you enter this new chapter of life, may your home be filled with laughter and your hearts be filled with love.





#### KRITARTH YADAV

A hearty congratulations to 2AEN Navin Kumar and family on welcoming their baby boy Kritarth Yadav on 22nd July 2025. As you enter this new chapter of life, may your home be filled with laughter and your hearts be filled with love.

### 04 ACHIEVEMENTS









### **RESCUE OPERATION ENERGY UNIVERSE LNG CARRIER**

On 23rd June 2025, MOLMI's LNG DFDE vessel carrier ENERGY UNIVERSE, managed by MOL LNG Transport Co., Ltd., received a request from the Boston Rescue Coordination Centre to engage in a rescue operation for a distressed Yachtsman, Mr David Andrew Neil Hogarth, a 80 year old British national. The Master and crew succeeded in rescuing the occupant in the North Atlantic Ocean.

MOLMI seafarers and crew who were part of this rescue operations are -

MSTR Capt. Amit Pathak

Mr. Ahmad Shuha Bin Abu Samah CE CE Mr. Ariff Effendy Bin Muslim 1AE Mr. Diwakar Prabakaran ETO Mr. Brijesh Kumar Singh

2COOK-Mr. Rasikkumar Jekishanbhai Tandel

These courageous actions not only set an exemplary standard for seafarers worldwide, but also uplift the morale of all seafarers. In recognition of their outstanding efforts, the Head of the Safe Operation Headquarters of Mitsui O.S.K. Lines, Ltd. commended the Masters and crews of both vessels.

### **MANAGER - LNG OPERATIONS CAPTAIN AJAY DHIMAN**

MUMBAI

MOLMI is ecstatic in this win of Capt. Ajay to not just win one but three







### REGIONAL MANAGER MOLMI DELHI CAPTAIN ANIL RAJAIN

DELHI

Mariner's Premier League 2024, Singapore edition was organized in Singapore from 15th to 17th Aug' 25 where over 50 teams comprising seafarers/ maritime office staff participated from all over Asia (Singapore, Hongkong, India).

MOLMI has always encouraged and extended support to passions and achievements of our Management and staff, one of whom is Capt. Anil Kumar Rajain (Regional Manager, MOLMI Delhi) who participated in the tournament on behalf of AMES (Adrie Marine team, Delhi) which eventually reached the Quarter final and ended up amongst the top 8 teams in the highly competitive tournament.

Mr. Sandip Patil, member of 1983 Cricket world cup winning squad, was the chief guest of MPL-2025. It is quite an achievement to juggle between work and passion and Capt. Anil has been wonderfully doing so since a long time, congratulations and wishing the best for many more matches to come your way!



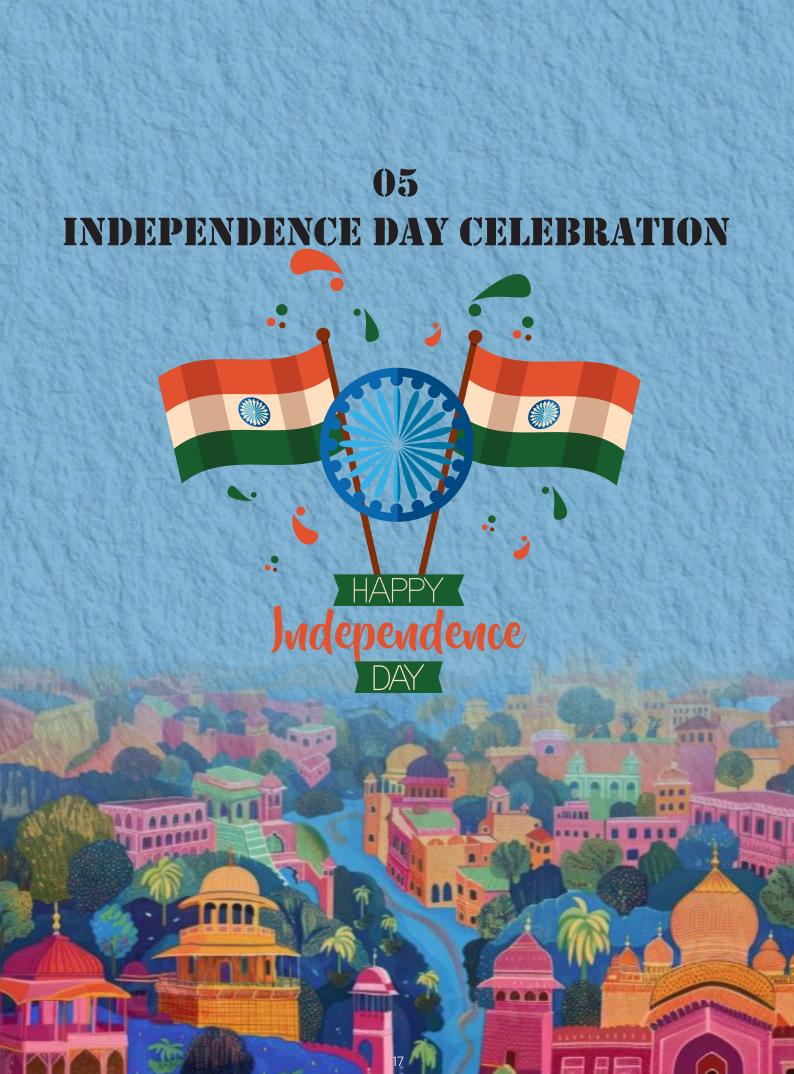
### MASTER CAPT. CLIFFORD D MELLO MUMBAI

Was presented the Ernest Shackleton Award and plaque in MOL Global Ship Management Pte. Ltd. (Europe office) on 24th June 2025 by Mr. Jun Kanda – ex-Managing Director, MOL Global Ship Management Pte. Ltd.. Our sincere congratulations to you on being recognized and presented this honorable award by MOL group.

### CHIEF ENGINEER MR. RAMKUMAR MOHAN CHENNAI

Was presented the Ernest Shackleton Award and plaque in MOLMI Chennai office on 12th September 2025 by Capt. Apurva Prasad, Deputy General Manager - Operations & Trainer MOLMI Chennai. Our sincere congratulations to you on being recognized and presented this honorable award by MOL group.





#### **GLASS PAINTING 1ST PRIZE**





1ST PLACE MS. PRITI SAWANT MS. AKSHAYA KRISHNA MS. SONAL BHATKAR

secured 1st place in Independence day Glass Painting competition with their illustration of Mother India and a tribute to the 3 forces namely Army, Navy and Defense.

#### **GLASS PAINTING 2ND PRIZE**





2ND PLACE MS. SNEHA MS. RUHEE MS. SMIRTHI

our MOLMI Mumbai Interns, won the 2nd place in Independence day Glass Painting competition with their drawing of the India Gate and an abstract of the Air force.

#### **GLASS PAINTING 3RD PRIZE**





3RD PLACE MR. RUSHIKESH KHOPATKAR MS. PRADNYA MORE MS. ALISHA DESHMUKH

were presented with the 3rd place award for their hearty illustration of a kid with the flag and their caption 'Celebrating Freedom, Embracing Unity!'.

**GLASS PAINTING 4TH PRIZE** 





4TH PLACE MS. PRATIKSHA NAYAK MR. PRADEEP UPADHYAY

won the 4th place in the competition with their painting of an abstract depicting the Army and their effort in protecting our Nation. The title 'Amar Jawan' portrays their importance and sacrifice for us.

### 06 NAVRATRI CELEBRATIONS



Ms. Sujata Ghaloth - Best dressed

Ms. Pratima Diyali - Event organiser



Mr. Mudeshar Pathan - Best dancer

### GARBA CELEBRATION MOLMI MUMBAI

With the spirit of Navratri buzzing around India, MOLMI Management had organized a Garba-Dandiya evening filled with music, dance, and a delightful high tea on 26 September 2025 at Senate Hall, Goldfinch Hotel Andheri for MOLMI staff. The participants at the event came in traditional Garba attire for the celebration. By 3:30 pm, people began with enjoyment by joining in and performing the Garba dance. With claps, laughter and continuous change of moves and steps, the Garba circle got bigger and the cheer louder. Gradually the circle went from Garba to Dandiya with the sticks clinking with each other to a chaos filled movements around the room, everyone trying to move to the rhythm.

Before concluding, Mr. Satish Kumar Singh, Managing Director MOLMI spoke a few words about the spirit of MOLMI staff during the celebrations and handed the prizes.

Ms. Sujata Ghaloth, Sr. Executive - Accounts, MOLMI Mumbai received the prize for best dressed.

Ms. Pratima Diyali, Asst. Manager - Training, MOLMI Mumbai received a token of appreciation for organizing the Garba celebrations event.

Mr. Mudheshar Pathan, Jr. Office Assistant, MOLMI Mumbai was awarded best dancer consecutively for the past 3 years.



MOLMI staff during garba



Group photo from Garba celebrations

# O7 DELEGATE VISITS TO MUMBAI





Delegates with MOLMI staff



Delegates at Training Room LNG at MOLMI Mumbai



TAKEZAKI, Hiromichi and YAMASHITA, Goro delivering a speech

TAKEZAKI, Hiromichi Managing Executive Officer, Mitsui O.S.K. Lines, Ltd. and YAMASHITA, Goro Associate Executive Officer, Mitsui O.S.K. Lines, Ltd. graced MOLMI Management and Staff with their presence in MOLMI Mumbai office on 9th August 2025. Both of the delegates delivered speeches for MOLMI staff and proceeded to check out our in-office Training room, recently installed with the K-SIM, a cutting-edge Simulation System by Kongsberg, to support the expanding MOL LNG fleet.



Ms. Shraddha Pednekar felicitating Dr. Mary Dcruz



Dr. Mary Dcruz receiving a token of appreciation

In recognition of MOLMI's efforts to promote the wellbeing of its management and staff, MOLMI Mumbai attended an engaging session led by Dr. Mary Dcruz, MBBS, M.D. (MED), FICP PGPDML (Post Graduate Diploma in Public Health & Medical Law) PGDCED (Post Graduate Diploma in Clinical Endocrinology & Diabetes) on 25th August 2025. The session began with Ms. Shraddha Pednekar, Sr, Executive –HR felicitating our speaker along with an introduction of Dr. Mary by Mr. Satish Kumar Singh.

Dr. Mary commenced with an informative presentation focusing on the meaning of the terms and stating the underlying causes of diabetes, stress, and hypertension as well as preventative and safety measures to support physical activity and overall health. She helped notice the do's and don't's that one should focus on to prevent and avoid being a victim to these lifestyle diseases that have become quite common. The presentation ended with a Q&A session and a one-on-one opportunity with Dr. Mary for the MOLMI Mumbai staff to share something personal. It was an informative, eye-opening session for all of the management and staff to begin looking after oneself and the ones we care about!



Ms. Shraddha Pednekar welcoming Captain Mitsuhisa Tanimoto



Mr. Satish Kumar Singh introducing the delegates



Delegates delivering their speeches



Ms. Arnaaz Deboo felicitating Capt. Animesh Hore

MOLMI Management and Staff were pleased to welcome Captain Mitsuhisa Tanimoto, Senior Managing Executive Officer, Mitsui O.S.K. Lines, Ltd. and Captain Animesh Hore, General Manager Global Maritime Resources Div., Mitsui O.S.K. Lines, Ltd. on 2nd September 2025, both the delegates are also MOLMI Directors. They visited the MOLMI offices in Kolkata on September 1st and Chennai on September 3rd, respectively. In MOLMI Mumbai office, Captain Tanimoto was felicitated by Ms. Shraddha Pednekar and Captain Animesh Hore was given a bouquet by Ms. Arnaaz Deboo followed by short speeches by both the delegates. Four Lady cadets from Tolani Institute were also present along with us on this occassion.



Cadets at MOLMI Mumbai office

MOLMI Training had the Annual DNV ST 029 Audit held by Mr. Vishal Varma in MOLMI Mumbai office on 8th September 2025. Capt. Abhijit Banerjee, Deputy General Manager – Training and Mr. Nilesh Shinde, Sr. Superintendent – Training were part of the Audit.



MOLMI Training department with Mr. Vishal Varma



Delegates at MOLMI Mumbai office



Delegates with Mr. Satish Kumar Singh at MOLMI Mumbai office



Delegates at MOLMI Mumbai office

On 17th September 2025, MOLMI Mumbai office welcomed Captain Masao Sasaki, Executive Officer - Deputy Chief Safety & Quality Officer, Deputy Director General, Headquarters of Safety Operations

Mr. Chikara Shimokawa, President & CEO, MOL Global Ship Management Pte. Ltd.

Captain Shinsuke Ogura, General Manager - Ship Management Strategy and Supervising Division (Energy) Mr. Kazuo Inoue, Project Manager - Marine Safety Division

Mr. Masahiro Ishibashi, Lead Staff - Ship Management Strategy and Supervising Division (Dry Cargo).

MOLMI Mumbai had the Recruitment & Placement Service License Annual Audit carried out Capt. Shailesh Karmarkar, IRS on 29th September 2025.

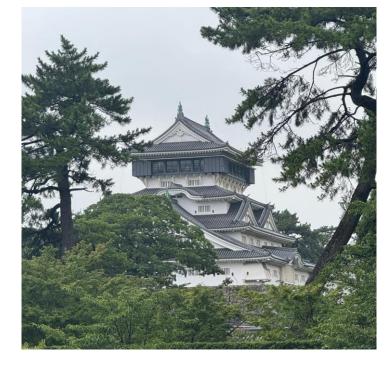


Capt. Shailesh Kamarkar during MOLMI Mumbai audit

### 08 CONTRIBUTIONS







SR. MANAGER – SAFETY ASSURANCE UNIT MR. SANDEEP KAK MOLMI MUMBAI

#### A reminder of the fragile turns of fate... and the urgent need for peace.

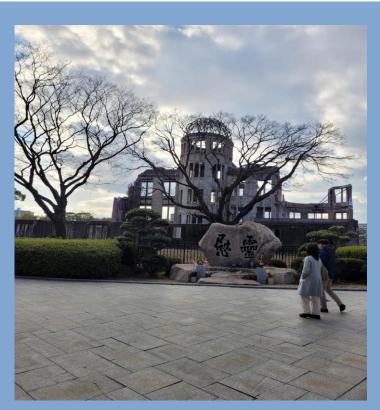
On O7th August 2025, during my morning jog — a ritual I've followed almost every time I've visited this city — I found myself once again at Kokura Castle (the castle has a modern significance as the city of Kokura was the original primary target for the atomic bomb dropped on Nagasaki, and the castle stands as a symbol of resilience and history in the area). But this time the feeling was different. By coincidence, this visit fell in the very week marking the 80th anniversary of Hiroshima and Nagasaki atomic bombing. That made the moment feel especially profound, because Kokura itself holds a unique place in that history which many may not know.

On 6th August 1945, Hiroshima was struck by the world's first atomic bomb. Three days later, Kokura was actually the intended target for the second. On 9 August, however, poor visibility over Kokura forced the bomber to divert to Nagasaki. The castle, the city, and its people were spared but over 70,000 residents of Nagasaki lost their lives. This city's history is a reminder of how chance can shape destiny and why peace must never be left to chance. Looking at these pictures now, I can only hope the world will one day truly embrace peace.

#### SR. MANAGER – SAFETY ASSURANCE UNIT MR. SANDEEP KAK MOLMI MUMBAI

#### Standing still as time passes by...

The A-Bomb Dome, also known as Genbaku Dome, is the skeletal remnants of the Hiroshima Prefectural Industria Promotional Hall, which was the only structure near the hypocenter to survive the atomic attack on August 6, 1945 Thanks to the efforts of numerous individuals, including people from the city of Hiroshima, this ruin has been kept in the same condition as it was just after the explosion. It serves as a reminder of both the promise for enduring world peace and the immense destructive power that humanity is capable of creating.



### 09 BIRTHDAY CELEBRATIONS





JULY (L to R): Mr. Swapnil Ghadge, Capt. Ajay Dhiman, Ms. Pooja Popale, Ms. Akshaya Krishna & Mr. Swapnil Tirloskar

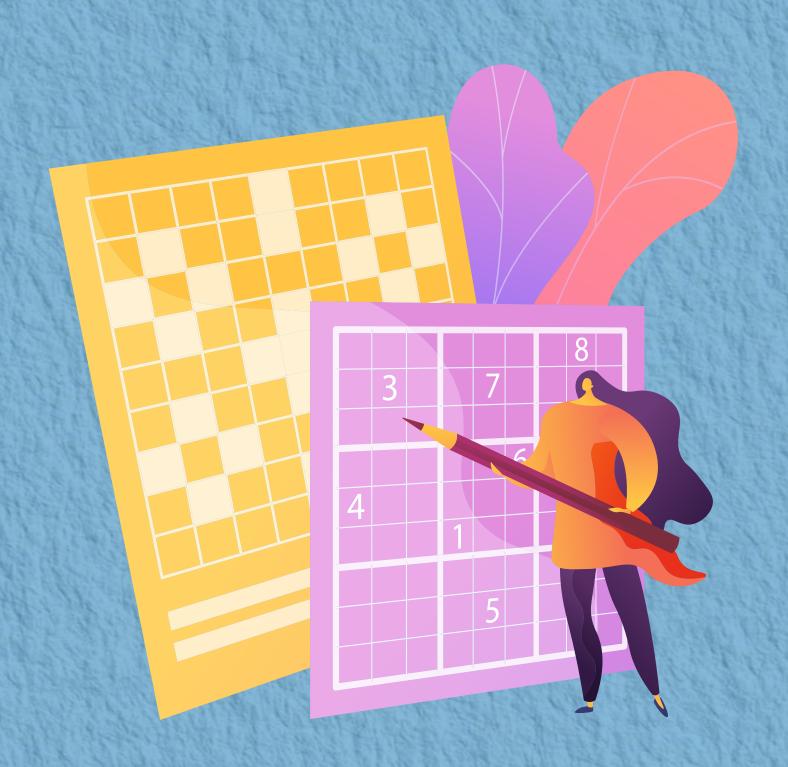


**AUGUST** (L to R): Mr. Javid Kadir, Ms. Alisha Deshmukh, Ms. Aparna Joshi, Ms. Anjali Jaiswar, Ms. Sneha Shetty, Ms. Sujata Ghaloth, Mr. Travis Baptista & Capt. Mandar Malwee



SEPTEMBER (L to R): Ms. Jyoti Jadhav, Ms. Shraddha Shingre & Mr. Ravindra Sharma

### 10 BRAIN TEASER



### SUDOKU#3

Fill the boxes so that every row across, every column down and every 3 by 3 box contains the numbers 1 to 9.

4		6				5	9
				4	2		
	7						
		5	9	1		6 9	
	1	3			8	9	4
			2				1
5		8					
				3			8
	4			6	1		

Once completed, kindly share the answers to seafarer.hr@molgroup.com

Winners of Sudoku #2

MR. SUBHASH CHORGE

Asst. Manager - Operations, MOLMI Mumbai

MR. VINAY KUMAR

2nd Asst. Engineer, MOLMI Delhi

## 11 MOLMI PROMOTIONS & NEW JOINEES



### PROMOTED: MANAGEMENT STAFF

### **MUMBAI**



CAPT. AJAY DHIMAN MANAGER - LNG **OPERATIONS** 01.04.2025



**OPERATIONS** 01.04.2025



CAPT. UMAKANT GARG CAPT. ABHIJIT BANERJEE SR. SUPERINTENDENT - DRY DEPUTY GENERAL MANAGER - TRAINING 01.04.2025



**CAPT. TAPAN PANDA** SR. MANAGER - TRAINING 01.04.2025



MR. NILESH SHINDE SR. SUPERINTENDENT -**TRAINING** 01.04.2025



MS. RASHMI GANDHI **DEPUTY GENERAL** MANAGER -FINANCE & **CORPORATE AFFAIRS** 01.04.2025



**CAPT. AJAY KUMAR** SR. MANAGER - SAFETY **ASSURANCE UNIT** 01.04.2025

#### **KOLKATA**



**CAPT. DIPANKAR BASU DEPUTY GENERAL MANAGER - OPERATIONS & TRAINER** 01.04.2025

### **CHENNAI**



**CAPT. APURVA PRASAD DEPUTY GENERAL MANAGER - OPERATIONS & TRAINER** 01.04.2025

### PROMOTED: NON - MANAGEMENT STAFF

### **MUMBAI**



MR. VIRAF RANDERIA
DEPUTY MANAGER OPERATIONS
01.04.2025



MR. SUBHASH CHORGE ASST. MANAGER -OPERATIONS 01.04.2025



MS. PRIYA PARAB JR. ASST. MANAGER -DOCUMENTATION 01.04.2025



MS. PRIYANKA CHIKE FLEET PERSONNEL OFFICER - OPERATIONS 01.04.2025



MR. OMKAR ILAKE JR. FLEET PERSONNEL OFFICER - OPERATIONS 01.04.2025



MR. SANKET KADAM JR. FLEET PERSONNEL OFFICER - OPERATIONS 01.04.2025

### **CHENNAI**



MR. NAVIN KUMAR DURAI JR. FLEET PERSONNEL OFFICER - OPERATIONS 01.04.2025



MR. V SATHISH KUMAR EXECUTIVE - OPERATIONS 01.04.2025

### **PROMOTED: NON - MANAGEMENT STAFF**

**DELHI** 



MR. SALIL KUMAR SR. EXECUTIVE -ACCOUNTS 01.04.2025

**KOLKATA** 



MR. PUSPIT CHAKRABORTY SR. FLEET PERSONNEL OFFICER - OPERATIONS 01.04.2025

### NEW JOINEE: MANAGEMENT STAFF MUMBAI



CAPT. VIVEK V. NAIR
SUPERINTENDENT TRAINING
01.07.2025



MR. ADITYA KUMAR SUPERINTENDENT -TRAINING 15.07.2025

### **NEW JOINEE: CONSULTANT**

MUMBAI



CAPT. SANDEEP KAUL SHIP INSPECTOR - SAFETY ASSURANCE UNIT 09.09.2025



MR. G. SUDHEER KUMAR SHIP INSPECTOR - SAFETY ASSURANCE UNIT 09.09.2025

### 12 FROM THE HR DESK



# WELFARE SCHEMES FOR INDIAN SEAFARERS UNDER SWFS -AS PER DGS CIRCULAR 39 OF 2025

MS. ARNAAZ DEBOO MARINE HR MOLMI MUMBAI arnaaz.deboo@molgroup.com

The welfare of Indian seafarers has been an area of growing focus within the maritime sector. The Directorate General of

administering welfare funds and schemes for Indian seafarers and their dependants.

The purpose of this circular is to inform Indian seafarers and their families about the various financial assistance

#### **OVERVIEW OF THE WELFARE SCHEMES:**

The circular lists several named schemes. The following are some programs and what they cover:

#### Survivor Benefit Scheme -

#### Invalidity Benefit Scheme -

(IBS)

### Family Benefit Welfare Scheme -(FBWS)

# Maternity Benefit Scheme -

(MBS)

## Old Age Benefit Welfare Scheme -

(OABS)

## Death on Board Benefit Scheme -

(DBBS)

Support in cases where a seafarer dies or is presumed dead while on board a vessel or missing at sea.

#### Ex-Gratia Support Benefit Scheme -

(ESBS)

#### Award to Meritorious Child of Seafarers -

(AMCS)

Recognises children of Indian seafarers who obtain first rank in full university or post-graduate degree courses (non-

The circular provides financial assistance details, eligibility criteria and time limits for each scheme. For comprehensive information regarding eligibility, required documentation, and claim procedures, please refer to the DGS Circular No. 39 of 2025 – "Welfare Schemes Administered by the SWFS for Indian Seafarers as given below –



In conclusion, these schemes reaffirm the Directorate General of Shipping's commitment to the welfare of Indian seafarers and their families.

#### Source:

Directorate General of Shipping – DGS Circular No. 39 of 2025.

# 13 HEALTHCARE POINTERS



Disclaimer: Please consult your doctor before following the pointers

# THE NEW AGE OF IMMUNITY — BEYOND VITAMIN C IMMUNITY IS MORE THAN JUST A VITAMIN

Vitamin C has long been the go to nutrient for immunity, but modern science shows that immune health is far more complex. It's influenced by micronutrients, gut health, sleep, stress, and lifestyle. In India, where urbanisation, pollution, and dietary changes are reshaping how we live, understanding these factors is more important than ever.

### Why Boosting Immunity Isn't a One-Step Fix:

- The immune system includes physical barriers like skin, innate immunity, adaptive immunity (antibodies), and immune memory (from past infections or vaccines). No single nutrient can boost all of these at once.
- Over-relying on superfoods or megadose of Vitamin C can be misleading. Supplements help only when there's a deficiency, and not as a magic bullet.

#### Myths

- Just take Vitamin C and you won't get sick.
- Supplements are better than food.
- You can boost immunity overnight with supplements.

#### **Facts**

- Vitamin C helps, but mega-doses don't guarantee immunity. A balanced diet and lifestyle matter more.
- Whole foods offer fibre, antioxidants, and bioactive compounds that supplements can't replicate.
- Immune strength builds over time with consistent habits—not quick fixes.

COMPONENT	ROLE IN IMMUNITY	INDIAN CONTEXT
Micronutrients (Vitamins D, A, E; Zinc, Selenium, Iron)	Support immune cell development, antioxidant defence, and inflammation control.	Despite abundant sunlight, Vitamin D deficiency is widespread in India due to indoor lifestyles and skin pigmentation. Iron and zinc deficiencies are also common.
Diet Diversity	A varied diet supports the gut microbiome and provides a full range of nutrients.	Urban diets are often high in carbs and processed foods, but low in fibre and variety.
Gut Health	70% of immune cells are influenced by the gut. A healthy microbiome helps regulate inflammation and fight pathogens.	Low fibre intake, antibiotic overuse, and lack of fermented foods affect gut health.
Sleep	Sleep helps form immune memory and regulate cytokines. Poor sleep increases infection risk.	Many Indians sleep less than 6 hours due to stress, screens, and irregular schedules.
Stress Management	Chronic stress raises cortisol, which suppresses immune function.	Urban stressors—commutes, work pressure, financial strain—are common. Mental health awareness is growing but still limited.
Physical Activity	Moderate exercise improves immune surveillance and reduces inflammation.	Sedentary lifestyles and pollution limit outdoor activity in many cities.

#### Practical, Indian-Friendly Tips

- 1. Morning Sunlight: 15–30 mins before 11 a.m. helps with Vitamin D synthesis.
- 2. Traditional Foods: Amla, guava, leafy greens, fermented foods like idli/dosa batter.
- 3. Balanced Plates: Half veggies/fruits, quarter protein, quarter whole grains.
- 4. Sleep Hygiene: 7–8 hours, regular sleep-wake cycles, screen-free bedtime.
- 5. Stress Relief: Meditation, hobbies, nature time, social support.

#### Why This Matters Today in India

- Indoor lifestyles and air pollution reduce sun exposure and activity.
- Dietary shifts toward processed foods are increasing nutrient deficiencies.
- Post-COVID, immune resilience is more important than ever.
- Rising non-communicable diseases like diabetes and obesity weaken immunity.

Immunity isn't about shortcuts; it's about sustainable habits. Vitamin C is just one piece of the puzzle. By focusing on diverse nutrition, rest, movement, and mental well-being, we can build a stronger, more resilient immune system naturally.

# 14 2025 NEW VESSEL DELIVERY



### **VESSEL DELIVERY & TAKEOVER SINCE JAN 2025**

VESSEL NAME	TYPE OF VESSEL	DATE OF DELIVERY OR TAKEOVER		
CIELO ACE	PCC - DUEL FUEL	28 JANUARY 2025		
TOURMALINE ACE	PCC - DUEL FUEL	14 MARCH 2025		
GREEN SACHI	VLGC	8 APRIL 2025		
RURIOCEAN	VLOC - DUEL FUEL	16 APRIL 2025		
GREEN SHAKTI	VLGC	7 MAY 2025		
RURI CARE	VLOC - DUEL FUEL	10 JUNE 2025		

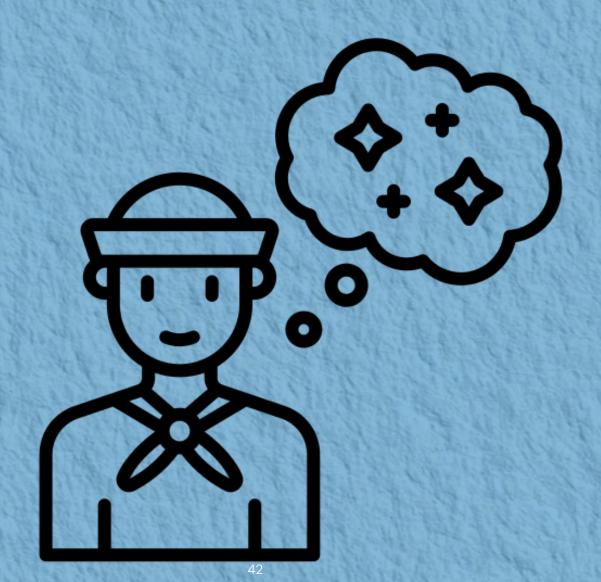


# RURI COURAGE MOLMI

MOLMI is rapidly expanding seafarers placement on the ships, one vessel at a time! The 5th IGF Dual Fuel vessel, also the 3rd IGF Dual Fuel BULK Vessel 'RURI COURAGE' was added in MOLMI Manning Fleet, which was delivered on 19th August 2025. This vessel is fully manned by MOLMI Seafarers, consisting of 8 Officers and 13 Ratings.



# 15 SEAFARER STATISTICS



# SEAFARERS PROMOTION ON BOARD 1 JULY 2025 - 30 SEPTEMBER 2025

NAME	PROMOTED POSITION			
MOLGSM				
PRADHAN TAPAS KUMAR	CHIEF OFFICER			
PARDEEP SINGH	ADDL CHIEF OFFICER			
PANDEY GAURAV	ADDL CHIEF OFFICER			
DIGHE CHETAN DINKAR	2ND OFFICER			
MAHARANA JAYAKRISHNA	2ND OFFICER			
MITTAL SHUBHAM	TRAINEE 2ND OFFICER			
VITEKAR PRANAV SHIRISH	3RD OFFICER			
LO BISHWAJIT	3RD OFFICER			
AVVADUKKAM MANA ARJUN	3RD OFFICER			
MISHRA ANIKET	3RD OFFICER			
SOOD ADITYA	3RD OFFICER			
MIRKUTE OMKAR SAMIR	APPRENTICE OFFICER			
GREWAL GURMANBIR SINGH	1ST ASST ENGINEER			
PATHAK DIVYANSH	ADDL 1ST ASST ENGINEER			
SARASWAT SANCHIT	2ND ASST ENGINEER			
ANANAD MUKUL	2ND ASST ENGINEER			
LOHANI YASH	2ND ASST ENGINEER			
MALCOLM SAVIO	2ND ASST ENGINEER			
RAY SUDEEP	3RD ASST ENGINEER			
PARASHAR ANIKET	3RD ASST ENGINEER			
DE BHASKAR	3RD ASST ENGINEER			
GARCIA GAITAN EDUARDO ALEXIS	3RD ASST ENGINEER			
TAMMINAINA YAGNESH	3RD ASST ENGINEER			
GADDAM SUDHAKAR ROHIT	3RD ASST ENGINEER			
SHUKLA AMAN	3RD ASST ENGINEER			
TRIPATHI RAMAKANT	BOSUN			
MONDAL SURANJIT	ABLE BODY SEAMAN			
KANHANGAD MADAM VISHNU MANOJ	ABLE BODY SEAMAN			
YADAV PRIYANSHU RAMPRATAP	ORDINARY SEAMAN			
JAYA PRAKASH HARIKRISHNAN	ORDINARY SEAMAN			
SHEETAL SINGH	ORDINARY SEAMAN			
KOTWADKAR ADNAN SHAKIL	WIPER			

NAME	PROMOTED POSITION		
ROBERT THOMMAI NISHANTH ABIYOOTH	SECOND COOK		
GUNTU APPANNA	SECOND COOK		
MOLI(SM)	•		
SINGH SAGAR	3RD OFFICER		
JAIN AARTI	3RD OFFICER		
SOOD AKSHAY DEEPAK	GAS ENGINEER		
ANSARI AARIF LALLU	ABLE BODY SEAMAN		
MOLLNGJ			
PRABAKARAN DIWAKAR	TRAINEE CHIEF ENGINEER		
DESHWAL PARTEEK	APPRENTICE ENGINEER		
MOLSHIPJ			
SHAIKH SHOEB FARID	CHIEF ENGINEER		
GAWAD GANESH JAGDISH	BOSUN		
VENKATESAN SEENUHARAN	ABLE BODY SEAMAN		
MANGELA RONAKKUMAR KAMLESHBHAI	ORDINARY SEAMAN		
MOLSHIPS			
VERMA AMAR PREM PRAKASH	MASTER		
SHANMUGAKANI KARUPPASAMY	CHIEF OFFICER		
SHEKHAR HIMANSHU	CHIEF OFFICER		
ANILKUMAR ADARSH	CHIEF OFFICER		
BANSAL NITISH	2ND OFFICER		
GAURAV PRITESH PRASHANT	3RD OFFICER		
VAYNE CHEENAN SHINIL	3RD OFFICER		
GUSAIN GAURAV	3RD OFFICER		
ANTONY PITCHAI DAJON	3RD OFFICER		
NAIR ANURAG	APPRENTICE OFFICER		
RAWAT RAHUL SINGH	APPRENTICE OFFICER		
ZENGAR SANDESH HARISHCHANDRA	APPRENTICE OFFICER		
KABAKA NANDEESH	APPRENTICE OFFICER		
PATIL SANDEEP MANOHAR	CHIEF ENGINEER		
KUMAR NIRAJ	1ST ASST ENGINEER		
SWAMINATHAN HARISH KUMAR	1ST ASST ENGINEER		
SINGH SHIVENDRA VIKRAM	1ST ASST ENGINEER		

NAME	PROMOTED POSITION			
KUMAR RAJ	1ST ASST ENGINEER			
MULLA SALMAN DILAWAR	1ST ASST ENGINEER			
GAWAS AKSHAY DURGARAM	2ND ASST ENGINEER			
SINHA KARTIK	2ND ASST ENGINEER			
HAQUE ASHIF UL	2ND ASST ENGINEER			
SINGH AVINASH	2ND ASST ENGINEER			
MUKHERJEE ABIR	3RD ASST ENGINEER			
TIWARI NEERAJ	ORDINARY SEAMAN			
PANDEY HITESH SANJAY	ORDINARY SEAMAN			
JANGLE PRAVIN PANDURANG	OILER			
TANDEL MEHULKUMAR HASMUKHBHAI	OILER			
PATEL MEET SATISHBHAI	WIPER			
OSMC				
ROMMEL RAJIV	CHIEF OFFICER			
SHARMA RAMESH	CHIEF OFFICER			
KUTTIKKADAN RAJAN FELEX	CHIEF OFFICER			
BHAU PRASHANT SINGH	2ND OFFICER			
KADIAN PUNEET KUMAR	ADDL 1ST ASST ENGINEER			
KAR SUCHAYAN	2ND ASST ENGINEER			
KHILE AMIT ABASAHEB	3RD ASST ENGINEER			
KUMAR NIKHIL	3RD ASST ENGINEER			

# SEAFARERS NEW JOINEES 1 JULY 2025 - 30 SEPTEMBER 2025

NAME	POSITION			
MOLGSM				
SINGH RAJ KUMAR	MASTER			
ANAND AMAN	CHIEF OFFICER			
BHATT VIVEK	CHIEF OFFICER			
PHILLIP CHACKO MALIAMAU	CHIEF OFFICER			
KASHYAP ABHINAV	2ND OFFICER			
KUMAR SHASHI RANJAN	3RD OFFICER			
SHASHIKANT	3RD OFFICER			
PRABHASH KUMAR	CHIEF ENGINEER			
TARIYAL AKHILESH SINGH	1ST ASST ENGINEER			
PANNEKKATMANA SANJEEV HARISHANKAR	1ST ASST ENGINEER			
MOHD AMSYARI BIN MOHD YUSOF	ADDL 1ST ASST ENGINEER			
RAYBARDHAN ARJUN	ADDL 1ST ASST ENGINEER			
SHEKHAR SHASHANK	2ND ASST ENGINEER			
KUMAR KESHAV	APPRENTICE ENGINEER			
TIWARI RAJESH KUMAR	ELECTRO TECHNICAL OFFICER			
JOSEPH BENHAR CHARLES BRONSON	ELECTRO TECHNICAL OFFICER			
HOTTA AJIT KUMAR	ELECTRO TECHNICAL OFFICER			
NAKKA RAMESH BHASKAR	ELECTRO TECHNICAL OFFICER			
BRITTO SAHAYA CLYTON	ABLE BODY SEAMAN			
CHAMPAYIL KOPPAT AJITH	ABLE BODY SEAMAN			
KUMAIN MUKESH CHAND	ABLE BODY SEAMAN			
SINGH VINIT	ABLE BODY SEAMAN			
ARUN	ORDINARY SEAMAN			
CHAUHAN RAJIV	OILER #1			
MISHRA VIKAS KUMAR	WIPER			
FERNANDES RADLEY	SECOND COOK			
MOHD IRFAN	MESSMAN			
GLEATUS PRAKASH DAYONI	MESSMAN			
PHALKE TUSHAR SOPAN	MESSMAN			
BARIYA DIVESH SUKUR	MESSMAN			
MAJI SANATAN	MESSMAN			

NAME	POSITION	
MOLI(SI	1)	
BASHA ZAHIR HUSAIN AMEER HUSAIN	MASTER	
RANJAN PUNEET	MASTER	
REGHU KUMARI CHIRAN	CHIEF OFFICER	
RAJPUROHIT PREETAM	4TH MATE	
KUMARI NAMITA	4TH MATE	
GANISETTY KALYAN VENKATA MADHU KIRAN	1ST ASST ENGINEER	
MITTAL PARUL	GAS ENGINEER	
MANCHEKAR MAYURESH PRAKASH	2ND ASST ENGINEER	
PRABAKARAN VASANTH	ASST ENGINEER(ENG. CADET)	
MUREEDUGOTHI MUJAHID	ABLE BODY SEAMAN	
KUMAR NITESH	ABLE BODY SEAMAN	
ANSARI REHAN	DECK TRAINEE	
TANDEL JAIMISKUMAR PRAVINBHAI	DECK TRAINEE	
TANDEL AYUSHKUMAR SHASHIKANTBHAI	DECK TRAINEE	
CHAUHAN DILIP	FITTER	
KIZHAKKE KOOLOTH DEEPAK	OILER	
PADAMADAN VAIGUES KEVIN	MASTER	
BHOMBAL SAEEM SIRAJ	TRAINEE CHIEF OFFICER	
BEDEKAR PRASAD MAHESH	2ND OFFICER	
SHARMA GAUTAM	4TH MATE	
ALBERT ANDREW ROSHAN	DECK CADET (OFF)	
ANAND PUSHPAK KUMAR	CHIEF ENGINEER	
DHAKER GHANSHYAM	CHIEF ENGINEER	
CHOUDHARY MURARI KUMAR	1ST ASST ENGINEER	
GODI VINAYAK ERANNA	ASST ENGINEER(ENG. CADET)	
SINGH MONU	ABLE BODY SEAMAN	
KOYITHATTIL JIJIN	ABLE BODY SEAMAN	
RAI INDRESH	ORDINARY SEAMAN	
rajat	ORDINARY SEAMAN	
PRASHAR AMAN	ORDINARY SEAMAN	
MOHAMMAD TANWEER ALAM	FITTER	
BIND MULAYAM SINGH	OILER	

NAME	POSITION	NAME
FRANKLIN THOMSON	OILER	RAWAT SIE
YADAV SHAURABH	OILER	KAZI RIYAJ
VILLARVATTATH SURESH ANURAG	OILER	YADAV JAT
SAMANTA AMIYA	CHIEF COOK	DAMODAR
МС	DLLNGJ	NEELAPU I
HARINDER PAL SINGH	MASTER	THOMMAI
MOI	LNGSM	KOMARA N
MUHAMAD SYAMIL BIN ABDUL LATIFF	ADDL 1ST ASST ENGINEER	GOKUL AR
KUMAR VINEET	2ND ASST ENGINEER	MOHD ABI
MUHAMMAD ZULHILMI BIN FAUZI	ELECTRO TECHNICAL OFFICER	VANIYAN S
MALIEYEKKAL BENNY JOSE	ELECTRO TECHNICAL OFFICER	
VASUPALLI THRIVEEN	ABLE BODY SEAMAN	
TYAGI VISHAL	ABLE BODY SEAMAN	
JEDHE OMKAR SUNIL	ABLE BODY SEAMAN	
МО	LSHIPJ	
MAJGAONKAR SAUD ABDULLAH	ABLE BODY SEAMAN	
TANDEL TILAK DINESHBHAI	DECK TRAINEE	
YADAV DIVYANSHU	DECK TRAINEE	
LARAIB MOHD	ENGINE TRAINEE	
MO	LSHIPS	
PATEL DINESH VENARAM	3RD OFFICER	
BHARDWAJ YASH	3RD OFFICER	
JADHAV AKSHAY VIJAY	2ND ASST ENGINEER	
LAMANI LAKSHAMAPPA	JUNIOR ELECTRO TECHNICAL OFFICER	
RASHAM SINGH	ABLE BODY SEAMAN	
SALARIA THAKUR VINAYPARTAP SINGH	DECK TRAINEE	
KOMARA KURMARAO	OILER#1	
RADHAKRISHNAN NEERAJ	CHIEF COOK	
C	SMC	
YADAV VAIBHAV	3RD OFFICER	
KUMAR SHUBHAM	3RD OFFICER	
KUMAR ANIL	1ST ASST ENGINEER	
IYER AKSHAY SUBRAMANIAM	ADDL 1ST ASST ENGINEER	

 _		
N	IAME	POSITION
R	AWAT SIDDHARTH	APPRENTICE ENGINEER
K	AZI RIYAJ MAHAMAD ALLI	BOSUN
Υ	ADAV JATA SHANKAR	ABLE BODY SEAMAN
	DAMODARAN DASHIL	ABLE BODY SEAMAN
N	IEELAPU RAMU	ORDINARY SEAMAN
T	HOMMAI SANCHORIS VALERIAN ROBINSTON	OILER#1
K	OMARA NAVEEN	OILER#1
0	GOKUL ARUWATI PERIYAD	OILER
M	10HD ABRAR	MESSMAN
V	'ANIYAN SWAROOP	MESSMAN

# MOL TRAINING CENTRE - MOLTC

MOL Training Centre (MOLTC), located at the heart of Mumbai, where training is given priority and candidates are inspired to learn. Both our training centres are situated in Andheri east within 2 km and are located very close to the Domestic and International airports. For more information, you can refer to the Training Planner below and contact

# molmi.training@molgroup.com



Kongsberg Full Mission LNG Simulator



Kongsberg Full Mission LNG Simulator Participant Station

# TRAINING PLANNER

This is a tentative schedule. Kindly contact Training Department (<u>molmi.training@molgroup.com</u>) at Mumbai for latest updates.

Sr. No.	Course Code	Course Name	Mode	Nov-25	Dec-25
SIMU	LATOR BASE	COURSE			
1	LNG STD MNG	LNG Carrier Standard Course - Management level	Online/ Offline	17-21	15-19
2	LNG STD OPR	LNG Carrier Standard Course - Operational Level	Online/ Offline	25-29	25-29
3	CCR - RM	LNG CARGO CONTROL ROOM RESOURCE MANAGEMENT	Online/ Offline	17-19	02-04
4	BRM	Bridge Resource Management	Offline	03-07 & '10-14 & '24-28	02-06 & '08-12 & 15-19
5	ERM	ENGINE ROOM RESOURCE MANAGEMENT	Offline	10-14 & '24-28	08-12 & 15-19
6	LICOS	LNG Standard Operation (Management)	Online		15-19
7	PEK	Practical Electrical Knowledge	Offline	24-27	
8	ESDC	Electrical Skill Development course (ESDC)	Offline	04-08	02-06
9	MOL-SEC	MOL Standard Electric Course	Offline	24-28	25-29
VESS	SEL SPECIFIC	COURSES			
1	CCHA	ADVANCE CONTAINER CARGO HANDLING COURSE	Online		08-09
2	PCC Fam	PCC Familiarisation	Online	17-18	22
3	PCC ADV (VER 2014)	PCC Advanced (Version 2014)	Online	03-06 & 17-19	10-12 & 22-24
4	PCC - R	PCC Advance - Refresher	Online	17	22
5	BULKA	Bulk Carrier Advance	Online		15-17
6	LNG FAM	LNG Tanker Fam for Deck / Engine / Catering	Online	24	
7	LNGPRS	Partial Relique Course(PRS)	Online	03-04 & 25-26	22
8	DFGC	DF-Generator Course	Online	27	01-03 & 23-24
9	LPGA	LPG Advance	Online		01-03 & '08-10
10	LPGB	LPG Basic	Online		08-10
CLAS	SSROOM BASE	D COURSES - DECK & ENGINE			
1	NCIC	New Comer Induction Programme for Cadets & Officers & Ratings - Course	Online/ Offline	17-19	01-03 & 23-26
2	SIRE	SIRE (SHIP INSPECTION REPORT) TRAINING	Online	20-21	09-10 & 23-24
3	SSOC	Shipboard Safety Officer	Online	11	01 & 09 & 23
4	RMII	Risk Management and Incident Investigation	Online	03-04 & 12-13	02-03 & '10-11 & 24-26
5	LMC	Leadership and Management Course	Online		04-05
6	ME-ENG	ME COURSE FOR MAN B & W ENGINE	Online	17-18	