

Loving life with little ones

about toddler

Oxfordshire

FREE

Jul - Sep 2025

Summer
Events and
Days Out

6 HUMAN
NEEDS

And how to meet
them as a parent

BOREDOM
BUSTER CRAFT

WIN
A FAMILY
HOLIDAY
WORTH UP TO
£400!

Everything Bump, Baby & Toddler Near You

Covering Oxford, Banbury, Bicester, Witney, Abingdon,
Wallingford, Didcot, Thame, Henley and surrounding villages



COVER PHOTO BY

SKILLS TO LAST A LIFETIME

Give your family essential skills and confidence in and around water. Save a spot with Swimbies for babies and toddlers, Better Swim School for kids or swimming lessons for adults.



Swimming Lessons with Better



BETTER

WELCOME

SUMMER EDITION!



Hello and welcome to this sun-soaked issue, we've got a wealth of goodies to keep you and your little ones engaged and entertained. This will be the first issue Emily and I will deliver for **Toddle About Magazine** to the **Oxfordshire region**.

We are here to help our advertisers and their businesses thrive, from intimate networking sessions to hosting local businesses on our new **TodTalk Podcast**, we are more than in print advertising, we are supporting the small businesses to engage with more local families.

So what can you expect from this issue. Looking for fun, seasonal activities? Why not create a **DIY boredom buster Jar** with your little one (p.11)? Or soak up some much needed summer sun at any of our recommended summer events (p.8).

Though the real pièce de résistance is our **Daily Activity Planner** – a day-by-day breakdown of groups and classes for your little ones from p.26. Keep boredom at bay and join the fun!

Help us plant a forest!

As part of our commitment to the environment, **we plant a tree for every new subscriber who signs up to Toddle About**. Help us make a difference for the planet while discovering all the joy this season brings.

See our growing forest at www.ecologi.com/toddleabout

Subscribe FOR FREE today at
toddle.fun/FreeForever

Subscriptions have changed, for the better!

This magazine is now **FREE Forever**, no longer will you need to pay £2 every 3 months. Plus, you still get all the other **VIP perks** including exclusive reviews and freebies.

We can't wait for everything this quarter has in store!

Bill & Emily

Loving life with little ones!

PS. Have you used the Toddle About website yet? Simply pop in your postcode, and you will be shown all the different things on offer for little ones near you. Head there now: www.toddleabout.co.uk

MEET THE TEAM



Bill & Emily - Owner/Editors



Tim & Ruth - Franchisors

Call us on 07359162124 or
email: bill@toddleabout.co.uk

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[@toddleaboutOxfordshire](https://www.instagram.com/toddleaboutOxfordshire)



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Thank you to Oxfordshire based photographer **Willow and Pea** for this gorgeous cover photo. Find out more at:

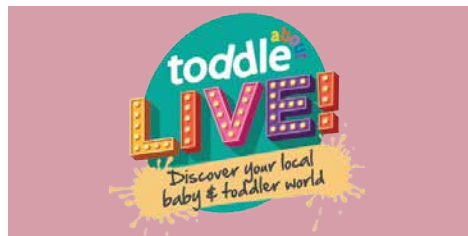
www.willowandpea.co.uk



9,000 copies of Toddle About are distributed every quarter around Oxfordshire including Oxford, Banbury, Bicester, Witney, Carterton, Abingdon, Wallingford, Didcot, Thame, Henley-On-Thames, and surrounding area.

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Toddle About Oxfordshire, 19 Herriard Way, Tadley Hampshire RG26 3UG. Call us on 07359 162 124.



The Ultimate Family Fun Day

Toddle About LIVE! is a must-visit family event, bringing together everything from pregnancy to preschool and beyond in one action-packed day. Expect live expert talks, hands-on demos, and interactive sessions for little ones to explore music, movement and play. Browse a showcase of top parenting brands, enjoy face painting and soft play, and connect with others on the same journey. The first 300 families will receive an exclusive goody bag filled with samples and treats.

Find out more at [toddle.fun/live](https://www.toddle.fun/live) See P.9



Ditch The Screens and Get Cycling!

Looking for a screen-free way to entertain your family this summer? Cycle Sprog is the UK's trusted guide for parents wanting to cycle with babies, toddlers and young children. Whether you're carrying a baby, choosing a first balance bike, or helping your child learn to pedal, Cycle Sprog have got the expert advice and honest reviews to help you make the best choices for every stage.

Visit www.cyclesprog.co.uk to discover how two wheels can unlock a summer of fresh air, freedom, and fun. See P.19



Summer Adventures with Winnie-the-Pooh

This summer, enjoy a charming production which brings to life the eternal values of friendship and kindness for audiences young and old. Winnie-the-Pooh's Songbook brings exciting adventures for the whole family to enjoy. Experience a child-like timelessness through this endearing tale, within the perfect summer setting of the Waterperry Amphitheatre. Performances run on 9th, 10th, 16th and 17th August 2025, starting at 1pm and finishing around 1:40pm.

Book now at www.waterperryoperafestival.co.uk See P.15

Funding Support for Families

Your Co-op Little Pioneers is helping families navigate childcare funding changes with ease. From September 2025, eligible working parents will receive 30 hours of funded childcare weekly for children from 9 months up to school age—doubling the current offer for many. Flexible options are available across all 45 nurseries, including spreading hours year-round. Their short explainer videos make it easy to understand your entitlements.

Visit www.littlepioneers.coop to watch the videos and book a nursery visit See P.44



Rugbytots: Play with Purpose

Rugbytots offers fun, structured play sessions that take children on an exciting journey of sporting imagination. Led by energetic, supportive coaches, little ones learn to catch, pass, kick, and run with the ball, while developing teamwork skills. Activities use colours, shapes, numbers, and animals to make learning age-appropriate and engaging. Grownups are involved too, enhancing the experience and fostering family bonding.

To find a class near you, visit www.rugbytots.co.uk/ Class/Find See P.28,32 & 42





A Glamorous Oxford Gala Night

Dust off your gowns and tuxedos for a sparkling evening of entertainment on Saturday 13th September 2025, at Leonardo Royal Hotel Oxford. Guests will enjoy a drinks reception, three-course meal with wine, live and silent auctions, raffle, and close-up magic. A photographer will capture the night, which ends with live music to dance the night away. All while raising money for a fantastic charity that support sick newborns and their parents.

For tickets and more information, visit www.ssnap.org.uk/events/charity-dinner See P.18



Your New Favourite Podcast

Toddle About has launched Tod Talks—think Ted Talks for brilliant businesses supporting families with children aged 0–5. Hosted by Bill Clapson, each episode features expert guests from the parenting and early years world, offering practical tips, inspiration and real-life insights. Whether you're navigating parenthood or working in the sector, Tod Talks brings you stories that matter.

Available on Apple Podcasts, Spotify and You Tube. Search Tod Talks from Toddle About. See P.23



Intergenerational Fun For All

Following success across the UK, the Debutots intergenerational project has now come to Oxford; bringing care home residents and young children together through imaginative play, storytelling and shared connection. The project aims to foster empathy, reduce isolation and create meaningful experiences across generations. Debutots is currently inviting applications from care homes as well as local childminders and nurseries who would like to take part. For more information or to get involved in this unique opportunity to build bridges through stories, contact martine@debutots.co.uk. See P.34



Fun on The Farm

Enjoy Rugrats & Rascals sessions, held term-time weekdays at Roves Farm. Join in with sensory play, interactive games & Stories, music, bubbles & lots of fun for you and your little ones! Sessions are followed by themed Discovery Play and animal activities, which are all included with your ticket/membership. Rugrats (0-18m) is every Wednesday & Friday at 10am. Rascals (18m+) takes place at 10.30am and 1pm daily.

Follow @rovesfarm on FB & Instagram to keep up with all the happenings at Roves or visit www.rovesfarm.co.uk See P.11



Trusted Childcare, Tailored to You

Finding the right nanny matters. That's why this family-friendly agency offers bespoke recruitment to match you with honest, trustworthy, like-minded nannies who truly suit your needs. With over 10 years' experience as a nanny, the founder understands what works best for each family—offering advice that's practical, personal and rooted in real experience.

Have questions? Just ask. Get the support you need to find your perfect childcare solution. Visit thenannynetwork.co.uk See P.21



TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Spring Toddle Models competition!

Congratulations to little Henry who won a Personalised Water and Sand Play Table from **My 1st Years**, worth £150!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Henry, 10 months old



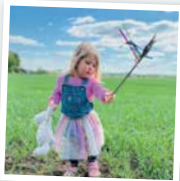
Find out more at
www.my1styears.com



Elijah, 4 years



Isabella & Mason, 4 & 2 years



Phoebe, 2 years 9 months



Miles, 15 months



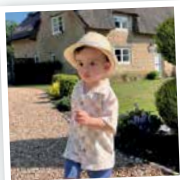
Jasmine & Grace, 6 & 9 years



Lily-Rose, 3 years



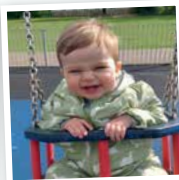
Zena & Remy, 19 months & 4 years



Jesse, 20 months



Maria, 1 year 8 months



Jude, 15 months



Aurora, 2 years



Florence & Oscar, 5 & 2.5 years



Arlo, 1 year 11 months



Freya, 1 year 4 months



Lola, 2 years



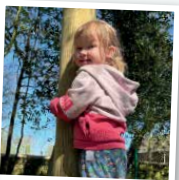
Oscar, 20 months



Theo, 5 years



Enola & Tilly, 2 & 0 years



Amber, 2 years 8 months



Savannah, 4 years



Ralph, 4 years 11 months



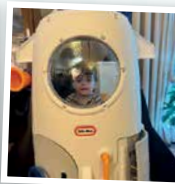
Vedant, 4 years



Aoife, 2.5 years



Irah & Albie, 4 & 2 years



Luca, 2 years



Margot, 2 years 2 months



Phoebe, 25 months



Harley & Cohen, 8 & 3 years



Annie, 3 years



Daisy, 1 year 5 months



Jude, 3 years



Ethan, 1 year 4 months



Fulke, 25 months



Kai, 11 months



Winona & Wesley, 4 & 2 years

COMPETITION

**TODDLE
MODELS**



WIN A BANWOOD ECO SCOOTER AND HELMET, WORTH £118

THE PRIZE: A Banwood Eco Scooter & Helmet

The original luxury outdoor children's lifestyle brand Banwood has launched a new Eco Collection featuring a **3-wheel Banwood scooter and helmet** for children aged 3+, in a new, earthy colour palette and at a lower price point than its classic collections.

The Eco collection is made from **100% post-consumer recycled plastic**, repurposed from discarded bottles, bags, cups and fishing nets, sourced through certified waste disposal partners

Find out more at
www.banwood.co.uk.

BANWOOD

T&Cs apply - all online at www.toddle.fun/toddlemodels. The winners will be chosen at random.

HOW TO ENTER:

Send us a photo of your little one enjoying some summer-time fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by **Sun 28th Sept 2025**.

**WORTH
£118**



ENTER AT:
www.toddle.fun/toddlemodels



Summer Fun

SUMMER FAMILY EVENTS IN OXFORDSHIRE FOR LITTLE ONES

**JUL -
AUG 6**

COTSWOLD LAVENDER

Hill Barn Farm, Broadway. 10am - 5pm

Enjoy a day out at our stunning lavender farm! Stroll through 20 acres of vibrant lavender, explore wildflower meadows and woodland trails, and visit the Distillery. Bring a picnic, snap the perfect selfie, and browse the Lavender Cabin for gifts. A truly relaxing, scenic escape in the heart of the Cotswolds.

Hill Barn Farm, Snowhill, Broadway, Worcestershire WR12 7JY

www.cotswoldlavender.co.uk/pages/lavender-fields-meadows

Adults £7.75, Children £3.50, Under 5s free

**AUG
20-23**

TEDDY BEARS' PICNICS

Sutton Courtenay 9:30am-11:30am,
(and also 1-3pm Sat)

If you go down to the woods today, you're sure of a fun surprise! Take your Teddy to meet their wild friends and join the nature play and exploration, crafts, stories and more on the beautiful summer nature reserve. Suitable for 18 months to 4 years.

Sutton Courtenay Environmental Education Centre,
Sutton Courtenay Road, Didcot OX14 4TE

www.bbowl.org.uk/events

£10 per child



**AUG
30-31**

BRICK ADVENTURES

Didcot Railway Centre. 8:30am - 5pm

Brick Adventures returns to Didcot Railway Centre for an epic family day out! Enjoy incredible Brick displays, live builds, and the Block Party Robot League—all alongside unlimited train rides, historic locomotives, and fascinating railway heritage. Two events for one ticket, set across 24 acres of fun. All aboard!

Station Road, Didcot, Oxfordshire OX11 7NJ

didcotrailwaycentre.org.uk/product.php/1213/brick-adventures-at-didcot-railway-centre

From £11, Under 3s free

**AUG
1-3**

SPOT'S BIRTHDAY PARTY

The Mill Arts Centre. Various times

Join Spot the Dog for a joyful, interactive birthday show perfect for ages 2+! With catchy songs, dancing, Makaton signing, and party games, it's a magical theatre experience for little ones. Every ticket includes a party hat and Meet and Greet with Spot after the show. Let's celebrate!

The Mill Arts Centre Trust, Spiceball Park Road,
Banbury, Oxfordshire OX16 5QE

www.themillartscentre.co.uk/shows/spots-birthday-party/

Tickets £16 or £14.50 when booking 4+ tickets

**AUG
22**

REYNARD THE FOX

Swalcliffe Barn, Banbury. 10am -
12:30pm

Fabularium presents Reynard the Fox in this thrilling outdoor theatre adventure at Swalcliffe Barn! Packed with storytelling, puppetry, live music, and animal mask making, this family-friendly show brings woodland mischief to life. Fun for all ages—don't miss the chance to uncover if Reynard's wit can save his tail!

Shipston Road, Swalcliffe, Banbury OX15 5DRU

www.oxfordshire.gov.uk/events/children-and-family-event-oxfordshire-museum/fabularium-swalcliffe-barn

Adults £10, Children £15, Under 2s free

**SEP
20-21**

MEET PAW PATROL

Roves Farm. 9am - 5pm

Head to the farm for a fun-filled day out with a special meet and greet with Ryder, Chase, and Marshall from PAW Patrol! Enjoy all the usual farm favourites too—including the outdoor adventure park, indoor play barn, and the chance to meet and feed the animals. Perfect family fun!

Sevenhampton, Swindon SN6 7QG

rovesfarm.co.uk/whats-on/paw-patrol-meet-greet

From £7.50

THE ULTIMATE DISCOVERY & PLAY DAY



for Bump-5s!

FREE
EVENT!

toddle^{ab}
LIVE!

Hampshire & West Berks

Coming to Basingstoke on
Sat 13th Sept 2025
10am - 3pm

- **Family Fun!**

Bouncy castles, face painting & delicious food

- **Interactive Taster Sessions**

Try out the best activities for little ones

- **Live Talks & Expert Demos**

Practical parenting insights from the pros

- **Provider Showcase**

Discover local baby & toddler businesses



**BOOK
NOW!**

The first 300 families get a special
goody bag filled with treats!

Register for **FREE** at www.toddle.fun/LIVE



SCUTTLE TO THE SEA

THIS CHEEKY CRAB NEEDS YOUR HELP TO WIGGLE THROUGH THE WINDING MAZE AND GET BACK TO HIS UNDERWATER HOME. WATCH OUT FOR BEACH BUCKETS AND SPADES!



CHEEKY CHARLIE HUNT!



WE'VE HIDDEN CHARLIE, TODDLE ABOUT'S CHEEKY MASCOT, THROUGHOUT THE MAGAZINE
CAN YOU COUNT HOW MANY TIMES HE APPEARS?

PLAYDAY PUZZLE



SPOT THE DIFFERENCE THERE ARE 10 TO FIND!



ANSWERS ON P.42

BOREDOM BUSTERS JAR

Add loads of fun ideas to a Boredom Busters Jar so when kids get bored, you can simply tell them to pick an idea! It's a fun way to give kids something to do and an easy way to access those fun ideas you can never come up with a moment's notice.

WHAT YOU WILL NEED:

- 1 mason jar
- Boredom Busters printable: www.toddle.club/jar
- Scissors
- Double-sided tape

INSTRUCTIONS:

1. Print out boredom busters and jar label.
2. Write any boredom busters you want on the blank sheets.
3. Cut out the boredom busters and jar label.
4. Tape the label to your jar and fill jar with boredom busters (folded).

TIPS & NOTES:

- Include not so fun options as well to keep kids from constantly saying I'm bored and just wanting to go through all the options in the jar.
- Make a rule that they do whatever it is they pull out, unless there is a very good reason why they can't (e.g., it's pouring with rain or snowing).
- Write specific boredom busters rather than generic ones so that kids know exactly what to do. E.g. Putting in "write a story about dinosaurs" rather than "write a story".



SCAN ME

Craft courtesy of **Britni Vigil**, creator of www.playpartyplan.com, a website dedicated to making life more fun by offering one-stop resources for parties, games, easy recipes, & kid activities! Facebook and Instagram – @PlayPartyPlan

FAMILY CAMPING WEEKENDS

18 - 20 July | 15 - 17 Aug.

Inclusive weekend access, BBQ, mini-disco, entertainment, animal activities, indoor play & more! For more details and availability please visit our website.

SUMMER HOLIDAY FUN ON THE FARM

25 July - 31 August

Enjoy meeting a variety of animals, hand feeding, animal racing, wash the tractor, brush the animals, guinea pig fishing, walk-in animal paddocks, activity trail & lots more!

MEET THE

TRANSFORMERS

30th & 31st August

MEET THE

PAW PATROL

20 & 21 Sept.

BOOK ONLINE TO SAVE

ROVESFARM.CO.UK

SEVENHAMPTON SHINDON | SN6 7QG

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HOW TO PASS ON THE RIGHT MONEY HABITS



CELEBRATING UK SAVINGS WEEK: 22 - 28 SEPT 2025

Many of the habits we form as adults begin in childhood, learned from the grown-ups in our lives.

One of the most valuable habits a parent or carer can nurture is a good savings routine. Helping children understand the value of money and encouraging regular saving can build financial independence and support their wellbeing for years to come.

Fortunately, there are lots of fun, engaging ways to start.

START AS EARLY AS POSSIBLE

With toddlers, it can be as simple as using a moneybox and setting a daily routine - perhaps adding a few coins each night before bed. Make it fun by using the coins to play shop, helping them learn the value of money and distinguish between needs and wants.

As they grow, introduce savings goals - perhaps a toy they really want. Start with something achievable and build towards longer-term goals. This teaches patience and the idea that, in a world of instant gratification, some things are worth waiting for.

INSPIRE THEM TO SAVE

For older children, giving regular pocket money and encouraging them to save a portion can reinforce good habits. A clear savings goal helps maintain motivation. You might also explore extra ways to grow their pot - such as small payments for chores or choosing a cheaper snack, with the savings added to their fund.

Incentives can work well. Offering small rewards for hitting milestones or saving consistently can keep

them engaged. You could even offer to match what they save to encourage them to set aside more of their own money.

Once saving becomes a habit, consider opening a savings account. Involve your child in choosing one - perhaps at a local building society - and talk through the benefits, such as interest rates and how savings grow over time. Encourage them to check their balance regularly and take pride in their progress.

REMEMBER THE REWARD

To embed the habit for life, don't focus solely on the act of saving - highlight the reward. Help them imagine achieving their goal. They could draw a picture of themselves with the item they're saving for or write a short story about what they'll do with it.

LEAD BY EXAMPLE

Once they've grasped the basics, talk to your children about how you manage your own savings and budget. Explain the importance of setting money aside - not just for fun things like holidays, but also for unexpected costs such as a car repair.

Discuss the difference between needs and wants: you need to pay for electricity, but you may also want to save for a new jumper. You could even involve them in family budgeting by setting a small allowance to plan a meal or a day out.

However you go about it, UK Savings Week is a great time to begin. You could be giving your child a gift that lasts a lifetime.



UK Savings Week is an initiative from the Building Societies Association (BSA), designed to help people build better saving habits. Visit www.uksavingsweek.co.uk for tips, tools, and ideas to support your family's savings journey.

PIZZA PINWHEELS

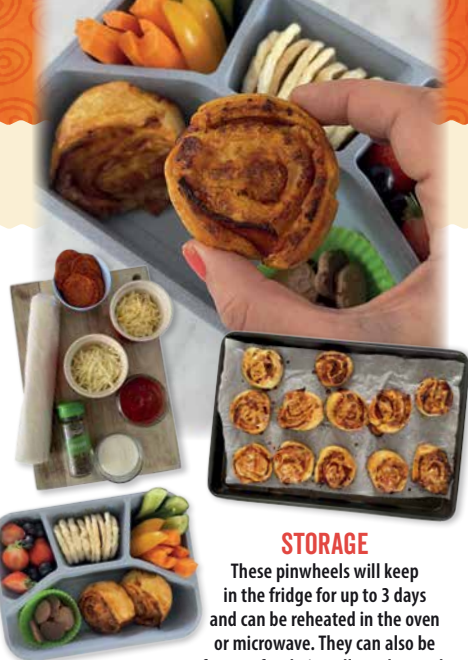
Pastry pinwheels are easy to make, really tasty and a great alternative to sandwiches. Perfect for packed lunches and picnics - and they're freezable too!

INGREDIENTS

- 1 roll puff pastry (approx 320g)
- 75g passata
- 1/2 tsp oregano
- 50g pepperoni
- 50g grated cheddar cheese
- 50g grated mozzarella
- 1 tbsp milk

COOKING INSTRUCTIONS

1. Preheat the oven to 200c and line a baking sheet with parchment paper.
2. Roll out the pastry and spread the passata on top.
3. Sprinkle on the oregano and add the pepperoni, cheddar and mozzarella.
4. Starting with the long end of the pastry, roll the pastry up tightly then cut into 12 rounds.
5. Place on the baking tray and brush the tops and edges with the milk.
6. Bake in the oven for 18 minutes.
7. Allow to cool for a couple of minutes so that the pastry becomes more firm.



STORAGE

These pinwheels will keep in the fridge for up to 3 days and can be reheated in the oven or microwave. They can also be frozen after being allowed to cool.

Recipe courtesy of **Ciara Attwell**, founder of **My Fussy Eater**. You can find more family-friendly recipes like this in the **My Fussy Eater** app — packed with meal plans, shopping lists and inspiration to make feeding your family easier than ever.

THE SLEEP NANNY

Melanie Hastings

With over 17 years of experience working as a Norland Nanny, I've supported families worldwide, supporting children from newborns to the age of 10. I understand the importance of good sleep for everyone in the family. As a mum myself, I know the challenges you face, and I'm passionate about helping you create the sleep routine that works for your family.

Baby and Child Sleep Consultant

What I Offer:

- 1:1 Sleep Consultations: Tailored support for children of all ages, focusing on your family's unique sleep needs
- Sleep Workshops: Interactive sessions designed to provide you with the tools and knowledge to support your child's sleep journey
- Free Resources: Access my free sleep quiz, downloadable sleep needs chart, and more!



CONTACT ME FOR A
FREE 30 MINUTE
CONSULTATION

www.melaniehastings.sleepnanny.co.uk
hello@melaniehastings.sleepnanny.co.uk

@sleepnannymelaniehastings
07812186550

For a restful night's sleep, trust a Norland Nanny who cares.



Sibford School Early Years provides a perfect entry into school life.



Visit sibfordschool.co.uk/events to book your place.

Follow us for daily updates!



FAB & FUNKY PRODUCTS

THE LATEST AND FUNKIEST PRODUCTS FOR YOU & YOUR LITTLE ONES



BIBS BABY FOOD FEEDER, £12.95

Designed with weaning in mind, the BIBS Baby Food Feeder helps babies safely explore new flavours and textures. Its soft silicone nipple gently dispenses small bites, encouraging self-feeding. A built-in compartment stores an extra portion, while a spare nipple ensures parents are always prepared for mess-free, on-the-go feeding.

Available now at www.bibsworld.com



MIDI PICK PLATE, £10.99

The Midi Pick Plate is a bright, five-compartment plate designed to make mealtimes easier for parents and more enjoyable for fussy eaters. It encourages balanced meals and gives children choice and control over their food. Ideal for one child's main meal or sharing snacks among up to three children.

www.pickplates.com



POTETTE FOLD 'N' GO POTTY, FROM £9.99

The Potette Fold 'N' Go Potty is a lightweight, space-saving solution for potty training on the move. It pops up quickly for instant use, making it ideal for travel, festivals and family days out. Compact enough for a changing bag or car, it's a practical essential for parents on the go.

www.cheekyrascals.co.uk



INFANTINO MY 1ST TUMBLER, £12.99

Infantino's My 1st Tumbler is a baby-friendly, leak-proof silicone cup made for little hands learning to drink independently. Designed to fit most cup holders and strollers, it's ideal for mess-free hydration on the go. Available in five stylish colours, it makes sipping simple - whether at home or out and about.

www.amazon.co.uk



YOTO MINI PLAYER, £59.99

The Yoto Mini is a screen-free audio player made for children. Compact and easy to use, it plays stories, music, podcasts and more via physical cards. Perfect for travel and quiet time, it encourages imagination without screens. Just pop in a Yoto card and kids can listen independently, with hours of content and no ads.

Learn more at www.yotoplay.com.

WIN THIS!

Scan to find out more and enter:



A FAMILY TICKET TO THIS YEAR'S BIG FEASTIVAL!



Big Festival



Competition closes midnight on Thursday 31st July 2025. T&C's apply, see toddle.club/bigfestival for details.

SUMMER ORIENTEERING TRAIL

ALICE IN WONDERLAND

12TH JULY - 1ST SEPT
10AM - 5:30PM, DAILY

Put on your maddest laughing hat and follow the clues and compass directions to find the **9 hidden Alice in Wonderland** characters, who are ready to be discovered by intrepid young adventurers throughout the gardens.

£5.00*
per child, inc prize & compass
*children must be accompanied by an adult, for whom the garden entrance fee also applies.

ALSO THIS SUMMER IN OUR AMPHITHEATRE:

- ALICE THROUGH THE LOOKING GLASS - 19th July, 5-7pm
- TREASURE ISLAND - 20th July, 4-5pm
- WATERPERRY OPERA FESTIVAL: WINNIE-THE-POOH'S SONGBOOK - 9th, 10th, 16th & 17th August, 1-1:40pm
- CINDERELLA - 23rd August 5-6pm

 **Waterperry**
Gardens

Waterperry Gardens
Waterperry, Near Wheatley,
Oxfordshire OX33 1JZ
www.waterperrygardens.co.uk
01844 339254



MEETING THE SIX HUMAN NEEDS AS A PARENT

by Nikki, The Scottish Soul Sister

Whether you're an expecting parent, a birth mother, a father, a foster parent, an adoptive parent, a step-parent—or simply a tired parent... being a mum or a dad is an exciting part of this crazy ride we call life!

It can be hard to articulate the emotions that come with looking after this wee person - or wee people, if you have multiple kids - and it can certainly feel like a rollercoaster!

I know, I'm on the parenting train too. My son was born in 2017 and I still find myself in awe of how much love I feel for this little dude (which, at times, has him squirming away from me as I try to snuggle him and sniff his wee head like I did when he was a baby). But let's be honest: navigating this role - whilst amazing - can bring a fair bit of overwhelm, right?

Expectations we place on ourselves as parents (alongside the expectations we place on others and the roles they play) can really impact the dynamics within your household. It's common to lose focus on your own needs as you immerse yourself in caring for your little one(s). And let's not even get started on the endless ways you can compare yourself with others online! It can all feel pretty overwhelming, can't it?

So, what can you do about it?

Don't worry - I've got you. No sugar-coating, no scaremongering! Just some tried-and-tested tips and tools to accompany you on your parenting rollercoaster ride.

All of these are based on the brilliant concept that we each have Six Human Needs: **Certainty, Variety, Significance, Love and Connection, Growth, and Contribution.**

Understanding these needs can help you build a foundation that supports your wellbeing - and your family's. It can bring more clarity, organisation, and joy into your everyday life. And let's face it, we could all do with more of that... am I right?

So here we go... ready?

1. Certainty

Get organised. As a family, create a weekly schedule to manage the day-to-day tasks. Discuss who does what, and consider whether external resources (like a cleaner or meal delivery service) could lighten the load for a while.

Create meal plans or order some if feasible - freeing up the brain space normally taken up by the eternal question: *'What's for dinner?'* Arrggghhh!

Establishing supportive habits and routines helps meet the need for Certainty. But remember: these routines need to be **baggy enough to live in!** I go for an 80/20 approach - otherwise, you risk getting stuck trying to maintain an unrealistic standard. You need wiggle room, OK?

2. Variety

Parenting - especially in the early days - can feel a bit isolating. You might also be navigating big life changes, such as no longer working or shifting routines.

Now that you're here reading this, take it as an invitation to explore new routines or meet new people. Try attending local groups, classes or community events. Make a list of things you'd like to do, places to visit, food to try.

Beware the pressure to 'bounce back' to your pre-baby life. Instead, welcome the idea of evolving.

3. Significance

If you're no longer working or engaging in your old routines, you might start to feel less significant. Friends and family may now focus more on the cutie-patootie you've introduced into their lives - and less on you.

Keep communication open with your loved ones to ensure you feel seen and heard. If this feels tough, consider reaching out to a coach, therapist or counsellor for a safe space to share how you're feeling. (In my humble opinion, we should normalise having these people in our lives - just like we do hairdressers, doctors and dentists.)

4. Love and Connection

We often hear about the importance of 'date night' to maintain connection with your partner. While that's valuable, I want to emphasise the importance of also loving and connecting with **yourself**.

Engage in a little personal development. Make sure your days include things that energise you, bring you joy, or offer a sense of calm. That way, you'll have the capacity to share yourself with others more meaningfully.

This goes for dads too! For all you couples: remember, it's not a competition over who's more tired or doing more. Those sneaky little narratives can creep in. You're a **team**. Keep talking!

5. Growth

As you busy yourself caring for your wee gang member(s), don't forget to stimulate your own mind.

Parenting is emotionally, mentally, and physically demanding - but not often academically (unless you're helping with homework... and can I just say, **who** decided to change how we do maths?!).

It's easy to neglect your own intellectual growth. Make time to read, study, listen to podcasts, or enjoy music you love. Even 10 minutes a day counts. Use that grey matter!

6. Contribution

This one? You've already nailed it. You're raising the next generation, for crying out loud! Contributing to humanity? **Tick**.

But if you feel this need still isn't being met, why not volunteer, donate to a worthy cause, or share a skill with someone? (If you're a whizz on social media, for instance, give a mate some tips for their small business.)

So, my lovely new friend, I hope this helps you understand that - just like a jigsaw - it takes many small pieces to create a full and beautiful picture.

There are countless ways to navigate feelings of overwhelm, but the Six Human Needs framework is a brilliant place to start.

This isn't about removing the challenges. It's about having a toolkit to rely on when the challenges start kicking your butt!

Be kind to yourself. Never feel like you must resist the emotions that come with being human - never mind being a parent! We're often bombarded with messages like '*just think positively*' or '*be grateful for what you have*', but these can diminish what our emotions are really telling us.

Instead of fearing them, get curious. You might just discover that a particular need isn't being met - and a little attention in the right place could make a world of difference.

Here for you,
Nikki x



Nikki is a Scottish lassie married to an American guy, with a Montenegrin rescue dog and a wee boy with a huge personality. Nikki's journey to becoming a coach, speaker and course creator has been a rollercoaster of highs and lows: relocations, postpartum depression, running her own businesses, and navigating the challenges of a transient lifestyle. Becoming a mum was Nikki's catalyst for change—and it's now her passion and purpose to share what she's learned with others. www.thescottishsoulister.com



INTRODUCING our Charity Partner!

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SSNAP

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Supporting sick newborn and their parents

We are thrilled to announce our new partnership with **SSNAP** (Support for the Sick Newborn And their Parents), a charity that supports sick and premature babies and their families at the John Radcliffe Hospital. As part of **Toddle About's** ongoing journey in **Oxfordshire**, we'll be fundraising and raising awareness of the amazing work they do through our social media, podcast, and print.

Our community-focused approach will bring attention to the vital work **SSNAP** does, and we're excited to be hands-on in supporting this important cause. We invite you to follow along and get involved as we work together to make a difference for these families in need.

SSNAP's mission is to help parents and families navigate the emotional, physical, and financial challenges of having a sick or premature baby.

In the UK, **1 in 10 babies** require some form of specialist care at birth. For these families, the experience can feel overwhelming. Rather than spending those early days bonding with their newborn, they may find themselves in a sterile environment, surrounded by incubators, wires, and medical equipment, as their baby undergoes tests and treatments.

This is where **SSNAP** steps in to provide support, both for the babies who need medical attention and for the families who need emotional and practical assistance. Not only does this have a huge impact in those early days and months, but creates an ongoing community where parents can continue to be involved with this amazing charity for years to come.

We were fortunate to be invited to **SSNAP's** Summer Garden Party, where we got to experience firsthand the amazing work they do. Families supported by **SSNAP** came together to enjoy fun games, face painting, and all the joys of a summer celebration. **Toddle About** was there to add to the fun, offering free games and colouring for the kids, as well as copies of the magazine for the grown-ups.

We're excited about this collaboration and are already seeing how **Toddle About Oxfordshire** is sharing the love and spreading the word about **SSNAP's** incredible work. It's an honour to support their journey, and we're committed to amplifying their efforts. Watch this space as we continue raising awareness and generating support for **SSNAP**.

Here's to a bright future filled with hope, kindness, and collective action! We can't wait to see the impact we'll make together.

Picture -SSNAP Garden party 2025



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PAYING ATTENTION

WHY DO YOUNG CHILDREN FIND IT SO HARD?

By Dr. Gemma Goldenberg

Does your child seem to ignore you even when they're looking right at you? Do they flit from toy to toy without settling? Maybe they concentrate on a TV show but can't sit still at nursery? If so, you're not alone. Many young children struggle with attention - but understanding why can help us support them more effectively.

ATTENTION CAPTURE VS. ATTENTION CONTROL

We can think of attention as having two modes: attention *capture* and attention *control*.

Attention *capture* happens automatically - when something is bright, loud, or moving, it grabs our focus without effort. This is a survival mechanism. As early humans, anything that moved or made noise nearby might have been prey - or a predator. So our brains evolved to notice these things instantly. Even very young children are skilled at attention capture, which is why they're drawn to colour, movement and sound.

Attention *control*, on the other hand, is the ability to focus deliberately and ignore distractions - like reading a book on a noisy train. It's like controlling a spotlight, and it's a far harder skill to master. The brain networks responsible for attention control don't fully mature until our mid-20s. For young children, these systems are still developing, making it biologically difficult to sustain focus or filter out background noise.

PRACTICAL STRATEGIES TO SUPPORT YOUR CHILD'S ATTENTION

Once we understand that young children aren't choosing to be distracted - it's just their stage of development - it becomes easier to support them without frustration.



Dr Gemma Goldenberg is a psychologist and researcher at the Institute for the Science of Early Years and Youth. This article is based on her book *Take Action on Distraction* written with Professor Sam Wass. Visit www.bloomsbury.com.

1. MINIMISE DISTRACTIONS

Reduce competing distractions when you want your child to focus:

- Turn off the TV/radio or move to a quieter space.
- Move closer and make eye contact.
- Speak clearly and use expressive tones to help their brain tune in.

Young children struggle to pick out one voice in a noisy environment - this skill doesn't fully develop until around age 12. So when your child seems not to listen while others are talking, it's not rudeness - it's a normal brain response.

2. USE REPETITION AND PREDICTABILITY

The brain thrives on repetition and routine. These build neural pathways and help children focus.

Children's brains constantly predict what might happen next and these predictions help them pay attention to information when it arrives. Try:

- **Pre-warning:** "I'm about to tell you something..."
- **Signposting:** "Listen for the 'beep beep' in this song."
- **Prompting:** "What do we do after we brush our teeth?"
- **Repeating familiar stories, songs, and activities:** Your child is still learning from them every time.
- **Using your child's name before an instruction:** "Anna, please put your shoes on now" gives the brain time to tune in to the instruction.

Understanding the difference between attention capture and control allows us to create environments that support focus and align with children's natural development.



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Introducing...

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your new favourite

podcast for parents

tod talks

With Bill Clapson



Get ready to discover your new go-to podcast! **Tod Talks** is here to shine a light on the amazing journey of parenting children aged 0-5, bringing you insights, inspiration, and practical tips in a fun and engaging way. Think Ted Talks, but for the world of babies and toddlers.

Hosted by Bill Clapson, the familiar voice behind Toddle About magazine, **Tod Talks** is designed especially for you. Each episode introduces a new guest from the world of parenting and early years, sharing their expertise and stories.

This podcast is all about making your parenting journey a little easier and a lot more fun! You'll get the chance to:

Discover Local Gems - Learn about fantastic local businesses and services that are specifically designed to support families with young children. It's a great way to connect with resources right in your community.

Gain Practical Tips - Hear from experts and fellow parents, picking up valuable advice and insights on topics relevant to the 0-5 age group.

Explore New Ideas - Dive into diverse topics related to early years parenting, keeping you informed and inspired.

Bill brings a unique and authentic perspective to every conversation. His passion for connecting families with local support networks truly shines through, making **Tod Talks** a natural extension of Toddle About's commitment to our community.

We're incredibly proud to be collaborating with the talented team at **Creative Content Studio**, who have helped us bring **Tod Talks** to life. Their support in developing and producing the podcast has been invaluable, and we're grateful for their creative expertise behind the scenes.

Tod Talks is available on Apple podcasts, Spotify and Youtube, so you can easily tune in wherever and whenever suits you best. Join the conversation, gain valuable insights, and become part of a growing network dedicated to nurturing the next generation. We can't wait for you to listen!



To find out more, or to get involved in a future episode of our *Tod Talks* podcast, email todtalks@toddleabout.co.uk

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For more info, email: vicky@ssnap.org.uk

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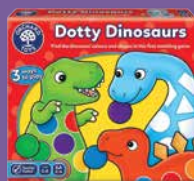
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VIP CLUB READER REVIEW:

ORCHARD TOYS DOTTY DINOSAURS



Written by Paula Mourelle, Toddle About Subscriber

Dotty Dinosaurs is a fun and educational game for ages 3–6, helping young children learn colours and shapes. With 2 games in 1, it's quick to play and perfect for family fun. £12 from www.orchardtoys.com

Dotty Dinosaurs is a bright, cheerful board game perfect for little ones aged 3 and up. It's easy to pick up, packed with learning, and - best of all - loads of fun for the whole family.

The game includes four adorable dinosaur boards, colourful dots and shapes, and two chunky dice (one for colours, one for shapes). Up to four can play, making it ideal for playdates or family game nights.

There are three ways to play, suited to different ages and abilities. Younger children can roll the colour die and match a dot; the shape mode is slightly trickier

where you use the shape die to find a matching shape in your dinosaur's colour. For more of a challenge, use both dice and match colour and shape.

It's a brilliant way to help kids learn colours and shapes, while also practising turn-taking, listening, and fine motor skills. It's very hands-on and visual.

Best of all, it never feels like learning. Your little one will be too busy choosing a dinosaur and rolling the dice to notice how much they're picking up along the way. It's a hit in our house - and one of those games my son asks to play again and again.

Review has been edited.



Paula and her son were given this product **as a freebie** for writing this review.

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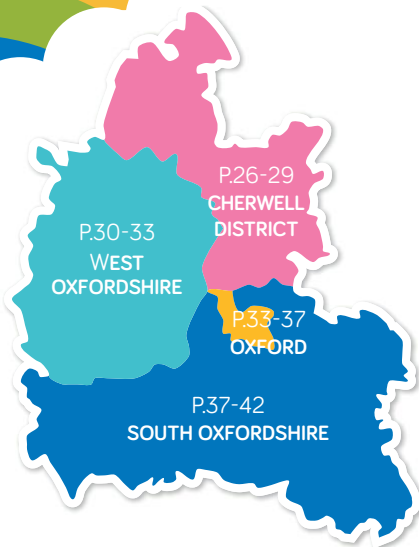
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CHERWELL DISTRICT AREA



MONDAY

MUSIC & SIGNING

Sing and Sign Banbury, Bicester, Brackley & Buckingham

Banbury - Hanwell Fields Community Centre, Rotary Way, Banbury, OX16 1ER. 07771550335. www.singandsign.co.uk.

- Stage 2: 9:30 - 10:15. **Ages:** 1 yrs 2 mths - 2 yrs 6 mths.
- Stage 1: 10:30 - 11:15 & 11:30 - 12:15.

Ages: 6 mths - 1 yrs 2 mths.

- **Babes:** 12:30 - 13:15. **Ages:** 0 - 6 mths.

Cost: £8 (*must book*). **Dates:** 7 Jul.

DANCE & DRAMA

Mini Professionals Dance Academy

MPDA Studios, 12 Banbury Road, Kidlington, OX5 2BT. 01865 664950. www.mpdance.co.uk.

- **SOFT PLAY:** 9:00 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £6 (*drop in*). **Dates:** 7 Jul.

- **SOFT PLAY- Coffee mornings:** 9:00 - 13:00.

Ages: 0 - 4 yrs. **Cost:** £6 (*must book*).

Dates: 7 Jul, 4 Aug, 1 Sep & 6 Oct.

- **Baby Massage:** 13:45 - 14:30. **Ages:** 6 - 11 mths.

Cost: £13.50 (*must book*). **Dates:** 7 Jul - 21 Jul.

- **MPDA Summer Camps:** 9:30 - 12:30.

Ages: 3 - 7 yrs. **Dates:** 4-8 Aug & 18 - 22 Aug

PHYSICAL FUN

Tumble Tots North Cotswolds

Banbury Rugby Club, Bodicote Park, Oxford Road, Banbury OX15 4AF. 07305097029. www.tumbletots.com.

- 2-3 Years: 11:15 - 12:00.

Dates: 7 Jul - 14 Jul & 8 Sep - 20 Oct.

- 6 months to walking: 12:45 - 13:30.

- 3 Years to School Age: 13:45 - 14:30.

Cost: £8.75 (*must book*). **Dates:** 7 Jul - 14 Jul.

TUESDAY

PARENTS & TOTS

Banbury Library

Banbury Library, Marlborough Road, Banbury, OX16 5DB. 01295 262282. www.oxfordshire.gov.uk.

- **Rhymetime:** 10:00 - 10:30.

Ages: 0 - 3 yrs. **Cost:** Free (*drop in*). **Dates:** 8 Jul - 21 Oct.

Ma Mites Mums & Tots Group

Middleton Cheney Village Hall, Main Road, Middleton Cheney, Banbury, OX17 2LT. **Times:** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £2 (*drop in*). **Dates:** 8 Jul - 22 Jul & 2 Sep - 21 Oct.

Tackley Baby and Toddler Group

Tackley Village Hall, Medcroft Rd, Tackley, Kidlington, OX5 3AH. 07840 701934. www.tackleyvillage.co.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £2 (*must book*). **Dates:** 8 Jul - 21 Oct.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

The Sunshine Centre

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ.
01295 276769.

• **Well Baby Drop in Clinic:** 12:30 - 14:30. **Ages:** 0 - 8 yrs.

Cost: Free (drop in). **Dates:** 8 Jul - 22 Jul.

• **Sensory Baby:** 13:30 - 14:30. **Ages:** 0 - 1 yrs.

Cost: £2 (must book). **Dates:** 8 Jul - 15 Jul.

MUSIC & SIGNING

Sing and Sign Banbury, Bicester, Brackley & Buckingham

Bicester Methodist Church Hall, Bell Lane, Bicester, OX26 6JQ.
07771550335. www.singandsign.co.uk.

• **Sing and Sign Stage 2:** 9:30 - 10:15. **Ages:** 1 yrs 2m - 2.5 yrs.

• **Sing and Sign Stage 1:** 10:30 - 11:15 & 11:30 - 12:15.

Ages: 6 mths - 1 yrs 2m.

• **Sing and Sign Babes:** 12:30 - 13:15. **Ages:** 0 - 6 mths.

Cost: £8 (must book). **Dates:** 8 Jul.

DANCE & DRAMA

Mini Professionals Dance Academy

MPDA Studios, 12 Banbury Road, Kidlington, OX5 2BT.
01865 664950. www.mpdance.co.uk.

• **Baby Ballet:** 9:30 - 10:00 & 10:00 - 10:30. **Ages:** 2 - 4 yrs.

Cost: £7.50 (must book). **Dates:** 8 Jul - 22 Jul.

PHYSICAL FUN

Tumble Tots North Cotswolds

Banbury Rugby Club, Bodicote Park, Oxford Road, Banbury
OX15 4AF. 07305097029. www.tumbletots.com.

• **3 Years to School Age:** 12:30 - 13:15.

• **6 months to walking:** 13:35 - 14:20.

Cost: £8.50 (must book).

Dates: 9 Sep - 21 Oct.

• **Walking to 2 Years:** 10:15 - 11:00.

Cost: £8.75 (must book). **Dates:** 8 Jul - 15 Jul & 9 Sep - 21 Oct.

WEDNESDAY

PARENTS & TOTS

Middleton Cheney Library

Middleton Cheney Library, Main Road, Middleton Cheney,
Banbury, OX17 2PD. 0300 126 1000.
www.northamptonshire.gov.uk.

• **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (must book). **Dates:** 9 Jul - 23 Jul & 3 Sep - 22 Oct.

Raise Workshops

Raise Workshops, Wigginton Village Hall, School Lane,
Wigginton, OX15 4JX. 07525360021. raiseworkshops.co.uk.

• **Play Sessions:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £10 (drop in). **Dates:** 9 Jul - 20 Aug & 9 Jul - 24 Sep.



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MUSIC & SIGNING

Sing and Sign Banbury, Bicester, Brackley & Buckingham

Whitelands Farm Sport Ground (The Kitchen & Bar),
Whitelands Way, Bicester, OX26 1AJ. 07771550335.
www.singandsign.co.uk.

• **Stage 2:** 9:30 - 10:15. **Ages:** 1 yr 2 m - 2 yrs 6 m.

• **Stage 1:** 10:30 - 11:15 & 11:30 - 12:15. **Ages:** 6m-1 yr 2m.

• **Babes:** 12:30 - 13:15. **Ages:** 0 - 6 m.

Cost: £8 (must book). **Dates:** 9 Jul.

Sing and Sign Oxford

Kidlington Baptist Church, High Street, Kidlington, OX5 2DS.
07795 005832. www.singandsign.co.uk.

• **Sing and Sign Stage 1 in Kidlington:** 10:45 - 11:30.

Ages: 6 mths - 14 mths. **Cost:** £8 (must book).

• **Sing and Sign Babes in Kidlington:** 11:45 - 12:25.

Ages: 1 - 6 mths. **Cost:** £7 (must book).

• **Sing and Sign Stage 2 in Kidlington:** 9:45 - 10:30.

Ages: 1 yrs 1 mths - 1 yrs 9 mths. **Cost:** £8 (must book).

Dates: 9 Jul - 24 Sep.

Monkey Music Banbury and Bicester

West Bicester Community Centre, Shakespeare Drive,
Bicester, OX26 2GJ. 01865 428420. www.monkeymusic.co.uk.

• **Rock 'n' Roll:** 11:00 - 11:30. **Ages:** 3 mths - 1 yrs.

• **Heigh-Ho:** 11:45 - 12:15. **Ages:** 1 - 2 yrs.

Cost: £9.25 (must book). **Dates:** 9 Jul - 16 Jul.



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DANCE & DRAMA

Mini Professionals Dance Academy

MPDA Studios, 12 Banbury Road, Kidlington, OX5 2BT.
01865 664950. www.mpdance.co.uk.

- **Curious Crawlers:** 9:15 - 10:00. **Ages:** 7 mths - 1 yrs.
- **Mini Movers:** 10:15 - 11:00. **Ages:** 1 - 2 yrs.

Cost: £9.50 (*must book*). **Dates:** 9 Jul - 23 Jul.

Perform Workshops LTD

West Bicester Community Centre, Bowmont Square,
Shakespeare Dr., OX26 2GJ. 020 7255 9120. perform.org.uk.

- **Perform Bicester:** 16:00 - 17:00. **Ages:** 4 - 12 yrs.
- **Cost:** Free (*must book*). **Dates:** 9 Jul - 23 Jul.

PHYSICAL FUN

Ride On Time

Ride On Time Yarnton, The Paddocks, Yarnton, OX5 1TE.
07789 887636. www.rideontimehire.com.

Times: 10:00 - 11:00. **Ages:** 1 - 5 yrs. **Cost:** £7 (*must book*).
Dates: 16 Jul, 13 Aug, 17 Sep & 15 Oct.

Tumble Tots North Cotswolds

Bletchington Village Hall, White Marsh Way, Bletchington,
Kidlington, OX5 3FD. 07305097029. www.tumbletots.com.

- **Tumble Tots**
Times: 10:00 - 10:45. **Ages:** 1 yrs - 2 yrs 3 mths.
 - Times:** 11:00 - 11:45. **Ages:** 2 - 3 yrs.
 - **Tumble Tots for 3 years to school age:** 12:00 - 12:45.
Ages: 3 yrs - 4 yrs 11 mths.
 - **6 months to walking (Bletchington):** 13:15 - 14:00.
- Cost:** £8.75 (*must book*). **Dates:** 9 Jul & 10 Sep - 22 Oct.

THURSDAY

PARENTS & TOTS

Raise Workshops

Wigginton Village Hall, School Lane, Wigginton, OX15 4JX.
07525360021. raiseworkshops.co.uk.

- **Play Sessions:** 10:00 - 11:30 & 15:00 - 16:30.
Ages: 0 - 5 yrs. **Cost:** £10 (*drop in*).
- **Baby Massage:** 12:30 - 13:45.

Ages: 0 - 8 mths. **Cost:** £10 (*must book*).
Dates: 10 Jul - 25 Sep.

The Sunshine Centre

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ.
01295 276769.

- **Stay & Play:** 10:00 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £2 (*must book*). **Dates:** 10 Jul - 17 Jul.

MUSIC & SIGNING

BilinguaSing Stratford upon Avon, Banbury and Rugby

Longford Park Community Centre, Hobby Road, Banbury,
OX15 4GJ. 07746145299. www.bilinguasing.com.

- **We Sing French:** 14:00 - 14:45. **Ages:** 0 - 4 yrs.

Cost: £8 (*must book*). **Dates:** 10 Jul - 17 Jul & 11 Sep - 23 Oct.

DANCE & DRAMA

Mini Professionals Dance Academy

MPDA Studios, 12 Banbury Road, Kidlington, OX5 2BT.
01865 664950. www.mpdance.co.uk.

- **Baby Ballet:** 9:30 - 10:00. **Ages:** 2 - 4 yrs.

Cost: £7.50 (*must book*). **Dates:** 10 Jul - 17 Jul.

- **Mini Movers:** 10:45 - 11:30. **Ages:** 1 - 2 yrs.

Cost: £9.50 (*must book*). **Dates:** 10 Jul - 24 Jul.

- **Baby Gymnastics:** 15:00-15:30 & 15:30-16:00. **Ages:** 2-4yrs.

Cost: £6.50 (*must book*). **Dates:** 10 Jul - 24 Jul.

FRIDAY

PARENTS & TOTS

Deddington Playgroup

Windmill Community Centre, Hempton Road, OX15 0QH.

Times: 9:45 - 11:45. **Ages:** Pregnancy - 4 yrs. **Cost:** £3.50
(*drop in*). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

Lincroft Meadow Care Home

The Moors, Kidlington, OX5 2AA. 01865 950 500.
www.porthaven.co.uk.

- **Little Ones at Lincroft:** 10:30 - 12:00. **Ages:** 0 - 5 yrs.

Cost: Free (*must book*). **Dates:** 11 Jul, 8 Aug, 12 Sep & 10 Oct.

Raise Workshops

Wigginton Village Hall, School Lane, Wigginton, OX15 4JX.
07525360021. raiseworkshops.co.uk.

- **Play Sessions:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £10 (*drop in*). **Dates:** 11 Jul - 26 Sep.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.

- **Parent and Baby Yoga:** 14:36 - 15:36.

Ages: 1 mths - 1 yrs.

- **Tune Tots 0-18m:** 14:40 - 15:40. **Ages:** 0 - 1.5 yrs

- **Treble Makers (18m+):** 14:43 - 15:43. **Ages:** 1.5 - 4 yrs.

Dates: 11 Jul - 18 Jul. **Cost:** Free (*must book*).

PHYSICAL FUN

Ride On Time

Ride On Time Bicester, Chesterton Community Centre,
Chesterton, Bicester, OX26 1BJ. 07789 887636.
www.rideontimehire.com.

Times: 10:00 - 11:00. **Ages:** 1 - 5 yrs. **Cost:** £6.25 (*must book*).
Dates: 11 Jul, 8 Aug, 19 Sep, 3 Oct & 17 Oct.

EARLY YEARS AGES 0-4

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SATURDAY

DANCE & DRAMA

Mini Professionals Dance Academy

MPDA Studios, 12 Banbury Road, Kidlington, OX5 2BT.
01865 664950. www.mpdance.co.uk.

- Baby Musical Theatre: 10:30 - 11:00. Ages: 2 - 4 yrs.
- Baby Ballet: 11:15 - 11:45. Ages: 2 - 4 yrs.

Cost: £7.50 (must book). **Dates:** 12 Jul - 19 Jul.

PHYSICAL FUN

Rugbytots Banbury, Towcester & Northampton

Hill View Primary School, Hill View Crescent, Banbury, OX16 1DN. 0345 313 0286. www.rugbytots.co.uk.

- Rugbytots - Ages 2-3.5: 8:30 - 9:00 & 9:55 - 10:25.
- Rugbytots - Ages 3.5-5: 9:05 - 9:50 & 10:30 - 11:15.

Cost: £7.50 (must book). **Dates:** 12 Jul - 19 Jul.

SUNDAY

DANCE & DRAMA

Mini Professionals Dance Academy

MPDA Studios, 12 Banbury Road, Kidlington, OX5 2BT.
01865 664950. www.mpdance.co.uk.

- Baby Musical Theatre: 10:45 - 11:15. Ages: 2 - 4 yrs. **Cost:** £7.50 (must book).
- Mini Movers: 10:00 - 10:45. Ages: 1 - 2 yrs. **Cost:** £9.50 (must book).

Dates: 13 Jul - 20 Jul.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Kingsmere Community Centre., Pioneer Way, Kingsmere, Bicester, OX26 1BF. 07741476678. www.rugbytots.co.uk.

- Kingsmere Community Centre: 9:50 - 10:35 & 10:40 - 11:25. Ages: 2 - 7 yrs.

Cost: £8.25 (must book). **Dates:** 13 Jul - 20 Jul.

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WEST OXFORDSHIRE

MONDAY**PARENTS & TOTS****Carterton Family Centre**

The Allandale, 8 Burford Road, Carterton, OX18 3AA.
07880702068. www.cartertonfamilycentre.com.

- **Creative Play:** 11:00 - 12:00. **Ages:** 0 - 5 yrs.
- **Monday drop in:** 11:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £2 (drop in). **Dates:** 7 Jul - 28 Jul.

DANCE & DRAMA**Drama Tots Banbury and Stratford**

Shotteswell Village Hall, Coronation Lane,
Shotteswell, Banbury, OX17 1JF. 07359252403.
dramatotsbanburystratford.classforkids.io.

- **Drama Tots Banbury and Stratford - All Stars (Shotteswell Village Hall):** 10:30 - 11:15. **Ages:** 1.5 - 5 yrs.

Cost: £8 (must book). **Dates:** 7 Jul - 14 Jul & 8 Sep - 20 Oct.

PHYSICAL FUN**Tumble Tots North Cotswolds**

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE.
07305097029. www.tumbletots.com.

• **Tumble Tots**

Times: 9:45 - 10:30. **Ages:** 1 yrs 3 mths - 2 yrs.

Times: 10:45 - 11:30. **Ages:** 2 - 3 yrs.

Times: 11:45 - 12:30. **Ages:** 6 mths - 1.5 yrs.

Times: 13:00 - 13:45. **Ages:** 3 - 4 yrs.

Cost: £8.75 (must book). **Dates:** 7 Jul - 14 Jul & 8 Sep - 20 Oct.

HEALTH & WELLNESS**She's Active**

Fairford Palmer Hall, London Road, Fairford, GL7 4AQ.
07834188672. www.shes-active.co.uk.

- **Active Mum and Baby/Toddler:** 9:30 - 10:15.

Ages: 1 mths-5 yrs. **Cost:** £6.50 (drop in). **Dates:** 7 Jul-20 Oct.

TUESDAY**PARENTS & TOTS****Carterton Family Centre**

The Allandale, 8 Burford Road, Carterton, OX18 3AA.
07880702068. www.cartertonfamilycentre.com.

- **Baby Movers:** 13:00 - 14:00.

Ages: 0 - 1 yrs. **Cost:** £2 (drop in). **Dates:** 8 Jul - 29 Jul.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House,
Woodstock, OX20 1SN. 07759140531. oxfordshire.gov.uk.

- **Woodstock Library Storytime:** 15:30 - 16:00.

Ages: 0 - 10 yrs. **Cost:** Free (must book). **Dates:** 8 Jul - 21 Oct.

MUSIC & SINGING**Carterton Library Rhymetime**

Carterton Library, 6 Alvescot Road, Carterton, OX18 3JH.
01865 815 125. www.oxfordshire.gov.uk.

Times: 10:30 - 11:00. **Ages:** 0 - 4 yrs.

- **Carterton Library Stay and Play:** 15:30 - 16:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 8 Jul - 22 Jul & 2 Sep - 21 Oct.

CREATIVE**Witney Grandparent and Toddlers Group**

Witney Methodist Church, 40 High Street, Witney,
OX28 6HG. 07305 791654. www.highestmethodists.co.uk.

- **Grandparents and Toddlers:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1 (must book). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

HEALTH & WELLNESS**She's Active**

Ceewood Hall, Fettiplace Road, Witney, OX28 5AR.
07834188672. www.shes-active.co.uk.

- **Active Mum and Baby/Toddler:** 9:45 - 10:30.

Ages: 1 m - 5 yrs. **Cost:** £6.50 (drop in). **Dates:** 8 Jul - 21 Oct.

PREGNANCY**Birth Baby Balance**

Witney, The Yoga Room, Bridge Street Mill, Witney,
OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

- **Walking and Talking Coffee Group:** 13:00 - 14:30.

Ages: Bump - 5 yrs. **Cost:** £4 (drop in). **Dates:** 8 Jul-19 Aug.

MUSIC & SINGING**Monkey Music Banbury and Bicester**

Burwell Hall, 357 Thorney Leys, Witney, OX28 5NP.
01865 428420. www.monkeymusic.co.uk.

- **Heigh-Ho:** 10:00 - 10:30. **Ages:** 1 - 2 yrs.

- **Rock'n'Roll:** 11:30 - 12:00. **Ages:** 3 mths - 1 yrs.

- **Jiggety-Jig:** 10:45 - 11:15. **Ages:** 2 - 4 yrs.

Cost: £9.25 (must book). **Dates:** 9 Jul.

**Are you running classes or events?**

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WEDNESDAY

PARENTS & TOTS

Bladon Baby and Toddler Group

Church Room (Nxt to Bladon Church), Church Street, Bladon, OX20 1RS. 01993 812651.

Times: 9:45 - 11:30. **Ages:** 0 - 3 yrs. **Cost:** £1 (drop in).

Dates: 9 Jul - 23 Jul & 3 Sep - 22 Oct.

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA. 07880702068. www.cartertonfamilycentre.com.

• **Wednesday drop in:** 9:00 - 12:00.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in).

• **Wednesday Lunch Club:** 12:00 - 12:45.

Cost: Free (drop in).

• **Rhyme time:** 12:45 - 13:45.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in).

Dates: 9 Jul - 30 Jul.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN. 07759140531. oxfordshire.gov.uk.

• **Rhymetime:** 12:00 - 12:30.

Ages: 0 - 5 yrs. **Cost:** Free (must book). **Dates:** 9 Jul - 22 Oct.

DANCE & DRAMA

Drama Tots Banbury and Stratford

Mollington Village Hall, Chestnut Road, Mollington, Banbury, OX17 1BG. 07359252403. dramatotsbanburystratford.classforkids.io.

• **Drama Tots - All Stars:** 9:30 - 10:10.

Ages: 1.5-5 yrs. **Cost:** £8 (must book). **Dates:** 10 Sep - 22 Oct.

HEALTH & WELLNESS

She's Active

Warwick Hall, Church Lane, Burford, OX18 4RY. 07834188672. www.shes-active.co.uk.

• **Active Antenatal Fitness:** 18:15 - 19:05.

Antenatal circuits suitable from 14 weeks

Ages: Pregnancy. **Cost:** £7.50 (drop in).

• **Active Ladies Only Circuits:** 19:15 - 20:00.

Ladies Only Evening Circuits **Cost:** £6.50 (drop in).

Dates: 9 Jul - 22 Oct.

PREGNANCY

Birth Baby Balance

Witney, The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

• **Comprehensive Antenatal (Pregnancy) Course:** 19:00 - 21:30. Six week evening antenatal course in Witney

Ages: Pregnancy. **Cost:** £54.17 (must book). **Dates:** 9 Jul - 23 Jul & 13 Aug - 17 Sep.

THURSDAY

PARENTS & TOTS

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA. 07880702068. www.cartertonfamilycentre.com.

• **Thursday drop in:** 9:30 - 12:30.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in).

• **Thursday Lunch Club:** 11:30 - 12:30 & 12:00 - 12:45.

Cost: Free (drop in).

• **Storytime:** 12:45 - 13:45.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in).

Dates: 10 Jul - 31 Jul.

MUSIC & SIGNING

Sing and Sign Oxford

Witney: High Street Methodist Church, High Street, Witney, OX28 6HG. 07795 005832. www.singandsign.co.uk.

• **Sing and Sign Stage 2:** 10:45 - 11:30.

Ages: 1 yrs 1 mths - 1 yrs 9 mths.

• **Sing and Sign Stage 1:** 10:45 - 11:30.

Ages: 6 mths - 1 yrs 2 mths.

• **Sing and Sign Babes:** 11:45 - 12:25.

Ages: 1 - 6 mths. **Cost:** £7 (must book).

Cost: £8 (must book). **Dates:** 10 Jul - 25 Sep.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Carterton Community Centre, Marigold Square, Shilton Park, Carterton, OX18 1AX. 07717 757007. www.babysensory.com.

• **7-13 months:** 9:30-0:30

• **0-6 months:** 11:00 - 12:00 & 12:30 - 13:30.

• **Birth - 13 months:** 12:30 - 13:30 & 14:00 - 15:00.

Cost: £9 (must book).

Dates: 10 Jul - 17 Jul.

CREATIVE

Ride on Time West Oxfordshire & Cotswolds

Lechlade Memorial Hall Pavilion, Oak Street, Lechlade, GL7 3AY. 07917703468. www.rideontimehire.com.

• **Ride on Time Lechlade:** 10:30 - 11:30. **Ages:** 1 - 5 yrs.

Cost: £4.50 (must book). **Dates:** 31 Jul.

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DANCE & DRAMA

Drama Tots Banbury and Stratford

Mollington Village Hall, Chestnut Road, Mollington, Banbury, OX17 1BG. 07359252403.

dramatotsbanburystratford.classforkids.io.

• **Drama Tots - All Stars:** 9:30 - 10:10. **Ages:** 1.5 yrs - 5 yrs.

Cost: £8 (must book). **Dates:** 10 Jul - 17 Jul.

HEALTH & WELLNESS

She's Active

Upper Rissington Village Hall, Wellington Road, GL54 2QW. 07834188672. www.shes-active.co.uk.

• **Active Mum and Baby/Toddler:** 13:00 - 13:45.

Ages: 1 - 5 mths. **Cost:** £6.50 (drop in). **Dates:** 10 Jul - 23 Oct.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

• **Baby Massage:** 11:30 - 13:00 & 13:30 - 15:00.

Ages: 2 - 6 mths. **Cost:** £15 (must book).

• **Empowered Birth Course:** 19:00 - 21:30.

Ages: Pregnancy. **Cost:** £52 (must book).

Dates: 14 Aug - 18 Sep.

FRIDAY

PARENTS & TOTS

Busy Bees Baby & Toddler Group

Eynsham Baptist Church Hall, Lombard Street, Eynsham, Witney, OX29 4HT.

Times: 9:30 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £3 (drop in). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA. 07880702068. www.cartertonfamilycentre.com.

• **Bump to babies:** 9:30 - 11:30.

Ages: Bump - 6 mths. **Cost:** £2 (drop in). **Dates:** 11-25 Jul.

Minster Lovell Baby and Toddler Group

The Village Hall, Brize Norton Road, Minster Lovell, Witney, OX29 0SP. 07917 768122.

Times: 10:00 - 11:30. **Ages:** Pregnancy - 4 yrs. **Cost:** £2.50 (drop in). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

Stonesfield Baby & Toddler Group

Stonesfield Village Hall, Field Close, Stonesfield, OX29 8EF. 01993898212.

Times: 10:00 - 11:30. **Ages:** Pregnancy - 5 yrs. **Cost:** £3 (drop in). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

Woodstock Library

Woodstock Library, The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN. 07759140531. www.oxfordshire.gov.uk.

• **Woodstock Library Friday Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 11 Jul - 24 Oct.

MUSIC & SIGNING

Sing and Sign Oxford

Witney: High Street Methodist Church, High Street, Witney, OX28 6HG. 07795 005832. www.singandsign.co.uk.

• **Sing and Sign Stage 2:** 10:00 - 10:45.

Ages: 1 yrs 1 mths - 1 yrs 9 mths.

• **Sing and Sign Stage 1:** 11:00 - 11:45.

Ages: 6 mths - 1 yrs 2 mths.

Cost: £8 (must book). **Dates:** 11 Jul - 26 Sep.

SENSORY & DEVELOPMENT

Glo-Babies

Banbury Museum, Spiceball Park Road, Banbury, OX16 2PQ. 07956355729. www.glo-group.co.uk.

• **Glo-Babies Banbury:** 10:15 - 10:55.

Ages: 0 - 3 yrs. **Cost:** £6 (must book). **Dates:** 11 Jul - 18 Jul.

CREATIVE

Ride on Time West Oxfordshire &

Cotswolds

Carterton Community Centre, Marigold Square, Carterton, OX18 1AX. 07917703468. www.rideontimehire.com.

• **Ride on Time Carterton:** 10:00 - 11:00. **Ages:** 1 - 5 yrs.

Cost: £7 (must book). **Dates:** 11 Jul, 13 Aug, 17 Sep & 15 Oct.

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE. 07917703468. www.rideontimehire.com.

• **Ride on Time Witney:** 10:00 - 11:00. **Ages:** 1 - 5 yrs.

Cost: £7.00 (must book). **Dates:** 18 Jul, 1 Aug, 15 Aug, 29 Aug, 12 Sep, 10 Oct & 24 Oct.

PHYSICAL FUN

Tumble Tots North Cotswolds

Burwell Hall, Thorney Leys, Witney, OX28 5NP. 07305097029. www.tumbletots.com.

• **Tumble Tots**

Times: 9:45 - 10:30. **Ages:** 14 m-2 yrs. **Dates:** 12 Sep-24 Oct.

Times: 9:45 - 10:30. **Ages:** 3 - 5 yrs. **Dates:** 11 Jul.

Times: 10:45 - 11:30. **Ages:** 2 - 3 yrs. **Dates:** 12 Sep - 24 Oct.

Times: 11:45 - 12:30. **Ages:** 3 - 5 yrs. **Dates:** 12 Sep - 24 Oct.

Times: 11:45 - 12:30. **Ages:** 1 yrs 3 mths - 2 yrs. **Dates:** 11 Jul.

Cost: £8.75 (must book).

PREGNANCY

Birth Baby Balance

Witney, The Yoga Room, Bridge Street Mill, Witney,
OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

• **Bumps and Babies coffee group:** 10:30 - 12:00.

Ages: Pregnancy - 1 yrs. **Cost:** £3 (drop in). **Dates:** 11 Jul - 29 Aug.

SATURDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Marlbrough School Woodstock, Shipton Road, Woodstock,
OX20 1LP. 07741476678. www.rugbytots.co.uk.

• **Marlbrough School Woodstock:** 9:15 - 10:00 & 10:05 - 10:50.

Ages: 2 - 7 yrs. **Cost:** £8.25 (must book). **Dates:** 12 Jul - 19 Jul.

SUNDAY

CREATIVE

Ride on Time West Oxfordshire & Cotswolds

Milton under Wychwood Village Hall, Shipton Road,
Milton under Wychwood, OX7 6JW. 07917703468.
www.rideonvertime.com.

• **Ride on Time Milton-Under-Wychwood:** 10:30 - 11:30.

Ages: 1 - 5 yrs. **Cost:** £2.50 (must book). **Dates:** 20 Jul.

PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Cokethorpe School, Cokethorpe School, Witney, OX29 7PU.
07900986137. www.rugbytots.co.uk.

• **Rugbytots 2 - 3.5 years:** 8:50 - 9:20 & 9:30 - 10:00.

• **Rugbytots 3.5 - 5 years:** 10:10 - 10:55.

Cost: £9 (must book). **Dates:** 13 Jul - 20 Jul.



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OXFORD CITY AREA



MONDAY

PARENTS & TOTS

Donnington Doorstep Family Centre

Donnington Doorstep, Townsend Square, Oxford, OX4 4BB.
01865 727721. www.donnington-doorstep.org.uk.

• **Family Drop In:** 9:30 - 14:30.

Family Drop In session

Ages: 0 - 5 yrs. **Cost:** £1 (drop in). **Dates:** 7 Jul - 29 Sep.

Oxford County Library

Oxford County Library, Queen Street, Oxford, OX1 1DJ.
01865 815509. www.oxfordshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 7 Jul - 20 Oct.

SENSORY & DEVELOPMENT

Baby College Oxford

The Old Schoolhouse, Magdalen Road Church, Hertford
Street, Oxford, OX4 3AJ. 01865421879.

www.babycollege.co.uk.

• **Junior Class:** 9:45 - 10:30. **Ages:** 1.5 yrs - 3 yrs.

• **Toddler Class:** 10:45 - 11:30. **Ages:** 9 mths - 1.5 yrs.

• **Infant Class:** 11:45 - 12:30. **Ages:** 0 - 9 mths.

Cost: £9 (must book). **Dates:** 7 Jul - 14 Jul.

• **Baby Massage Course:** 13:00 - 14:00.

Ages: 0 - 6 mths. **Cost:** £12 (must book). **Dates:** 7 Jul - 21 Jul.



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TUESDAY

PARENTS & TOTS

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB. 01865 727721.

www.donnington-doorstep.org.uk.

- **Family Drop In:** 9:30 - 14:30.

Family Drop In session

Ages: 0 - 5 yrs. **Cost:** £1 (drop in). **Dates:** 8 Jul - 7 Oct.

St Michael's Baby & Toddler Group

St Michael & All Angels Church, Lonsdale Road, Summertown, Oxford, OX2 7ES.

www.stmichaels-summertown.org.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 8 Jul - 21 Oct.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

- **Sunflowers Baby and Toddler Drop-in:** 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** £2 (drop in). **Dates:** 8 Jul - 22 Jul & 2 Sep - 21 Oct.

Sunnymead Minnows

Cuttislowe Community Centre, 31 Wren Road, Cuttislowe, Oxford, OX2 7SX. 07725 804458.

- **Rhyme Time:** 9:15 - 10:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 8 Jul - 29 Jul.

Tea, Cake and Play

Oxford Friends Meeting House, 43 St Giles', Oxford, OX1 3LW. 01865 557373. oxfordquakers.org.

- **Stay and Play session:** 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 8 Jul - 15 Jul.

West Oxford Baby & Toddler Group

West Oxford Community Centre, Botley Road, Oxford, OX2 0BT. www.woca.org.uk.

- **West Oxford Baby & Toddler Group:** 9:30 - 11:00.

Ages: 1 mths - 5 yrs. **Cost:** £2 (drop in).

Dates: 8 Jul - 22 Jul & 2 Sep - 21 Oct.

MUSIC & SIGNING

Sing and Sign Oxford

North Oxford Association, Diamond Place, Summertown, Oxford, OX2 7DP. 07795 005832. www.singandsign.co.uk.

- **Sing and Sign Stage 2 in Summertown:** 9:45 - 10:30.

Ages: 1 yrs 1 mths - 1 yrs 9 mths.

- **Sing and Sign Stage 1 in Summertown:** 10:45 - 11:30.

Ages: 6 mths - 1 yrs 2 mths.

Cost: £8 (must book).

- **Sing and Sign Babes in Summertown:** 11:45 - 12:25.

Ages: 1 - 6 mths. **Cost:** £7 (must book).

Dates: 8 Jul & 8 Jul - 30 Sep.



HEALTH & WELLNESS

Jeneration Fitness

All Saints Church House, 39 New High Street, Headington, Oxford, OX3 7AL. 07779809299. www.jenerationfitness.co.uk.

- Tuesday HIIT Class: 9:15 - 10:00.
- Tuesday Back to Fit Classes: 10:15 - 11:00.

Cost: Free (*must book*). **Dates:** 8 Jul - 21 Oct.

OTHER

Oxford Playhouse

Oxford Playhouse, 11-12 Beaumont St, Oxford, OX1 2LW. 01865 305305. www.oxfordplayhouse.com.

- **Dinosaur World Live:** 14:00 - 14:50.

Cost: £18 (*must book*). **Dates:** 5 Aug.

WEDNESDAY

PARENTS & TOTS

Cowley Library

Cowley Library, Temple Road, Cowley, Oxford, OX4 2EZ. 01865 770403. www.oxfordshire.gov.uk.

- **Rhymetime & Playtime:** 10:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 9 Jul - 3 Sep.

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB. 01865 727721. www.donnington-doorstep.org.uk.

- **Family Drop In:** 9:30 - 14:30.

Ages: 0 - 5 yrs. **Cost:** £1 (*drop in*). **Dates:** 9 Jul - 8 Oct.

Little SSNAPlings (SSNAP)

St Anthony of Padua Church, 115 Headington Way, Headington, OX3 7SS. 07352983202. www.ssnap.org.uk.

- **Baby Yoga (Headington):** 10:00 - 12:00.

Ages: 0 - 1.5 yrs. **Cost:** Free (*must book*). **Dates:** 9 Jul.

Oxford County Library

Queen Street, Oxford, OX1 1DJ. 01865 815509. www.oxfordshire.gov.uk.

- **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 9 Jul - 22 Oct.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

Times: 10:30 - 14:00. **Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 9 Jul - 23 Jul & 3 Sep - 22 Oct.

St. Ebbe's Church

St Ebbe's Church, Penny Farthing Place, Oxford, OX1 1QF. stebbes.org.

- **The Ark (Wednesdays 10-11:30am, term time only):** 10:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £1 (*must book*). **Dates:** 9 Jul - 16 Jul & 10 Sep.

Fun development classes
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contact Kate on 07779 240211
Book online at www.babycollege.co.uk

Sunnymead Minnows

Cutteslowe Community Centre, 31 Wren Road, Cutteslowe, Oxford, OX2 7SX. 07725 804458.

- **The Baby Hub:** 10:00 - 11:30. **Ages:** Pregnancy - 1 yrs.

Cost: Free (*drop in*). **Dates:** 9 Jul - 30 Jul.

MUSIC & SIGNING

Music with Natalia

Evangelische Kirche, 15A Lathbury Road, Oxford, OX2 7AT. 07933196458.

- **How to make music at home (babies):** 10:20 - 11:00.

Ages: 0 - 1 yrs 8 mths.

- **How to make music at home (toddlers):** 11:20 - 12:00.

Ages: 1.5 yrs - 3 yrs 6 mths.

- **Musical Waiting. Sessions for pregnant women:** 12:20 - 13:10.

Cost: £10 (*drop in*). **Dates:** 9 Jul - 16 Jul.

SENSORY & DEVELOPMENT

Baby College Oxford

North Oxford Association Summertown, Diamond Place, Summertown, Oxford, OX2 7DP. 01865421879.

www.babycollege.co.uk.

- **Junior Class:** 9:45 - 10:30. **Ages:** 1.5 yrs - 3 yrs.

- **Toddler Class:** 10:45 - 11:30. **Ages:** 9 mths - 1.5 yrs.

- **Infant Class:** 11:45 - 12:30. **Ages:** 0 - 9 mths.

Cost: £9 (*must book*). **Dates:** 9 Jul.

DANCE & DRAMA

Perform Workshops LTD

West Oxford Community Centre, Botley Road, Oxford, OX2 0BT. 020 7255 9120. www.perform.org.uk.

- **Perform Oxford:** 16:00 - 17:00.

Ages: 4 - 12 yrs. **Cost:** Free (*must book*). **Dates:** 9 Jul - 23 Jul.

Are you running classes or events?

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OTHER

Oxford Playhouse

Oxford Playhouse, 11-12 Beaumont St, Oxford, OX1 2LW.
01865 305305. www.oxfordplayhouse.com.

- Dinosaur World Live: 11:00 - 11:50 & 14:00 - 14:50.

Cost: £18 (must book). **Dates:** 6 Aug.

THURSDAY

PARENTS & TOTS

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street,
Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

Times: 10:30 - 14:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 10 Jul - 17 Jul & 4 Sep - 23 Oct.

St Clements Church Baby and Toddler Group

St Clement's Centre, Cross Street, Oxford, OX4 1DA.
01865 246674. www.stclements.org.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £1 (drop in). **Dates:**
10 Jul - 17 Jul & 4 Sep - 23 Oct.

Sunnymead Minnows

Cotteslowe Community Centre, 31 Wren Road, Cotteslowe,
Oxford, OX2 7SX. 07725 804458.

- **Stay and Play:** 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 10 Jul - 31 Jul.

MUSIC & SINGING

Family Choir Club

The Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.
07540113340. www.familychoirclub.co.uk.

- **Mums & Dads Choir:** 13:30 - 14:30.

Ages: Pregnancy - 2 yrs 6 mths. **Cost:** £8 (must book).

- **Tots Choir:** 15:00 - 15:45.

Ages: 1.5 yrs - 5 yrs. **Cost:** £7.80 (must book).

Dates: 10 Jul - 17 Jul & 7 Aug - 23 Oct.

SENSORY & DEVELOPMENT

Baby College Oxford

All Saints Church House Headington, 39-41 New High Street,
Headington (Thurs), Oxford, OX3 7AL. 01865421879.
www.babycollege.co.uk.

- **Junior Class:** 9:45 - 10:30. **Ages:** 1.5 yrs - 3 yrs.

- **Toddler Class:** 10:45 - 11:30. **Ages:** 9 mths - 1.5 yrs.

- **Infant Class:** 11:45 - 12:30. **Ages:** 0 - 9 mths.

Cost: £9 (must book). **Dates:** 10 Jul.

HEALTH & WELLNESS

Jeneration Fitness

All Saints Church House, 39 New High Street, Headington,
Oxford, OX3 7AL. 07779809299.

www.jenerationfitness.co.uk.

- **Tuesday Back to Fit Classes:** 10:15 - 11:00.

Cost: Free (must book). **Dates:** 10 Jul - 23 Oct.

Bury Knowle Park, 178 London Road, Headington, Oxford,
OX3 9ED. 07779809299. www.jenerationfitness.co.uk.

- **Thursday HIIT outdoors:** 9:15 - 10:00.

Cost: Free (must book). **Dates:** 10 Jul - 23 Oct.

OTHER

Oxford Playhouse

Oxford Playhouse, 11-12 Beaumont St, Oxford, OX1 2LW.
01865 305305. www.oxfordplayhouse.com.

- Dinosaur World Live: 11:00 - 11:50 & 14:00 - 14:50.

Cost: £18 (must book). **Dates:** 7 Aug.

FRIDAY

PARENTS & TOTS

Cowley Library

Cowley Library, Temple Road, Cowley, Oxford, OX4 2EZ.
01865 770403. www.oxfordshire.gov.uk.

- **Rhymetime & Playtime:** 10:00 - 10:30.

Ages: 0 - 4 yrs. **Cost:** Free (must book). **Dates:** 11 Jul - 5 Sep.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

Oxford County Library

Oxford County Library, Queen Street, Oxford, OX1 1DJ.
01865 815509. www.oxfordshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 11 Jul - 24 Oct.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

Times: 10:30 - 14:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 11 Jul - 18 Jul & 5 Sep - 24 Oct.

Sunnymead Minnows

Cuttesslowe Pavilion, Cuttesslowe Park, Oxford, OX2 8E5.
07725 804458.

• **Messy Minnows:** 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 11 Jul - 25 Jul.

SATURDAY

PARENTS & TOTS

Oxford County Library

Oxford County Library, Queen Street, Oxford, OX1 1DJ.
01865 815509. www.oxfordshire.gov.uk.

• **Storytime:** 14:30 - 15:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 12 Jul - 25 Oct.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

• **1st Saturday:** 10:00 - 12:00.

Enjoy toys, a bouncy castle, toast and drinks

Ages: 0 - 4 yrs. **Cost:** £2 (drop in). **Dates:** 6 Sep & 4 Oct.



SOUTH OXFORDSHIRE AREA

MONDAY

PARENTS & TOTS

Abbey Toddlers

Abbey Baptist Church, Checker Walk, Abingdon, OX14 3JB.
01235 797948. www.abbey-baptist-church.org.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 7 Jul - 21 Jul & 1 Sep - 20 Oct.

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ. 01235 526691.
abingdoncarousel.org.uk.

• **Babies (Non Movers):** 9:30 - 11:00. Stay and play session

Ages: 0 - 9 mths. **Cost:** £2 (drop in). **Dates:** 7 Jul - 28 Jul.

Chinnor Library

Station Road, Chinnor, OX39 4PU. 01844 351721.

• **Rhyme Time:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (drop in). **Dates:** 7 Jul, 4 Aug, 1 Sep & 6 Oct.

MUSIC & SIGNING

Music with Natalia

The Community Works, 21 Park End Str., Oxford, OX1 1HU.
07933196458.

• **Family music story:** 11:00 - 12:00.

Ages: 3 - 11 yrs. **Cost:** £10 (drop in). **Dates:** 12 Jul - 19 Jul.

DANCE & DRAMA

Debutots Oxford and Surroundings

Cherwell Drama Studio, The Cherwell School, Marston Ferry Road, Oxford, OX2 7EE. 01235 251510. debutots.co.uk.

• **Family Story Play:** 10:00 - 10:50.

Ages: 1 - 7 yrs. **Cost:** Free (must book). **Dates:** 12 Jul.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Wheatley Primary School, Littleworth Road, Wheatley, Oxford, OX33 1NN. 07741476678. www.rugbytots.co.uk.

• **Rugbytots Wheatley Primary School:** 9:00 - 9:30, 9:40 - 10:25 & 10:35 - 11:20.

Ages: 2 - 7 yrs. **Cost:** £8.25 (must book).

Dates: 12 Jul - 19 Jul.

OTHER

Oxford Playhouse

Oxford Playhouse, 11-12 Beaumont St, Oxford, OX1 2LW.
01865 305305. www.oxfordplayhouse.com.

• The Gingerbread Man: 11:00 - 12:00 & 14:00 - 15:00.

Cost: £19 (must book). **Dates:** 2 Aug.

• The Koala Who Could : 13:30 - 14:20 & 16:00 - 16:50.

Cost: £18 (must book). **Dates:** 9 Aug.

First Steps Chalgrove and Watlington

Family Hub

First Steps Chalgrove Family Hub, High Street, Chalgrove, OX44 7ST. 01865 400234. www.firststepshub.org.uk.

• **Messy Mondays:** 9:30 - 11:30.

Ages: 0 - 5 yrs. **Cost:** £2 (must book). **Dates:** 7 Jul - 28 Jul.

Henley Library

Henley Library, Ravenscroft Road, Henley-on-Thames, RG9 2DH. 01865 815278. www.oxfordshire.gov.uk.

• **Rhymetime:** 9:30 - 10:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 7 Jul - 20 Oct.

St Helen's Baby and Toddler Group

St Helen's Church Centre, off West St Helen's St, Abingdon, OX14 5BS. 01235 521039.

Times: 9:30 - 10:45. **Ages:** 0 - 4 yrs. **Cost:** £1 (must book).

Dates: 7 Jul - 21 Jul, 4 Aug & 1 Sep - 20 Oct.

Thame Library

3 North Street, OX9 3BH. 01844 212288. oxfordshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (*must book*). **Dates:** 7 Jul - 20 Oct.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944 or lin@theberincentre.co.uk.

• **Bumps and Babies** **Ages:** Pregnancy - 1 yrs.

Times: 13:15 - 14:45. **Dates:** 21 Jul - 13 Oct.

• **Stay and Play:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Dates: 21 Jul - 13 Oct & 21 Jul - 13 Oct. **Cost:** Free (*drop in*).

MUSIC & SIGNING

Abingdon Music Centre

Music Building, Larkmead School, Faringdon Road, Abingdon, OX14 1RF. 07934 364940. www.abingdonmusic.org.uk.

• **Mini Music Makers:** 9:30 - 10:00. **Ages:** 3 - 5 yrs.

• **Mini Music Makers:** 10:15 - 10:45. **Ages:** 2 - 3 yrs.

Cost: £5.85 (*must book*). **Dates:** 7 Jul - 14 Jul.

Sing and Sign Oxford

Littlemore Village Hall, Railway Lane, Littlemore, OX4 4QB. 07795 005832. www.singandsign.co.uk.

• **Sing and Sign Stage 2 in Littlemore:** 9:45 - 10:30.

Ages: 1 yrs 1 mths - 1 yrs 9 mths. **Dates:** 7 Jul - 29 Sep.

• **Sing and Sign Stage 1 in Littlemore**

Times: 9:45 - 10:30, & 12:15 - 13:00. **Ages:** 6 mths - 14 mths.

Dates: 7 Jul - 29 Sep. **Cost:** £8 (*must book*).

DANCE & DRAMA

Mini Professionals Dance Academy

MPDA ABINGDON, Northcourt Centre, Northcourt Rd, Abingdon, OX14 1NS. 01865 664950. www.mpdance.co.uk.

• **Baby Ballet:** 15:30 - 16:00.

Ages: 2 - 3 yrs. **Cost:** £7.50 (*must book*). **Dates:** 7 Jul - 21 Jul.

PHYSICAL FUN

PhyzKidz Oxfordshire

Steventon Village Hall, The Green, Steventon, Abingdon, OX13 6RR. 07709 168 740. phyzkidz.com.

• **PhyzKidz Totz** (18 months to 2.5 Years): 10:00 - 10:45.

• **PhyzKidz Pre-Schoolerz** (2.5 Years to 5 Years): 11:00 - 11:45.

Cost: £9.50 (*must book*). **Dates:** 7 Jul - 21 Jul.

TUESDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ. 01235 526691. abingdoncarousel.org.uk.

• **Stay and Play sessions (term time only):** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £2 (*drop in*).

• **Family Links Parenting Puzzle Workshop:** 9:30 - 11:30.

Cost: Free (*must book*). **Dates:** 8 Jul - 29 Jul.

First Steps Chalgrove and Watlington

Family Hub

First Steps Watlington Family Hub, Love Lane, Watlington, OX49 5RB. 01865 400234. www.firststepshub.org.uk.

• **Tea & Tinies:** 10:00 - 11:30.

Book via Messenger or email info@firststepshub.org.uk

Ages: 0 - 1 yrs. **Cost:** £2 (*drop in*). **Dates:** 8 Jul - 29 Jul.

Jigsaw Toddler Group

St Mary's Church, Church Rd, Thame, OX9 3AJ.

www.gracechurchthame.co.uk. **Times:** 9:30 - 11:00.

Cost: £2 (*drop in*). **Dates:** 8 Jul & 16 Sep - 21 Oct.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX331NW. 01865 236700. www.mapletree.org.uk.

• **Mums Café - Tuesdays 2-3pm:** 14:00 - 15:00.

Ages: Pregnancy. **Cost:** £3 (*drop in*). **Dates:** 8 Jul - 5 Aug.

MUSIC & SIGNING

Abingdon Music Centre

Christ Church, Abingdon, Northcourt Road, Abingdon, OX14 1PL. 07934 364940. www.abingdonmusic.org.uk.

• **Mini Music Makers**

Times: 9:30 - 10:00. **Ages:** 1 mths - 5 yrs.

Times: 10:10 - 10:40. **Ages:** 2 mths - 1 yrs.

Cost: £6.35 (*drop in*). **Dates:** 8 Jul - 15 Jul.

Family Choir Club

Northcourt Centre, Northcourt Road, Abingdon, OX14 1NS. 07540113340. www.familychoirclub.co.uk.

• **Mums & Dads Choir:** 13:30 - 14:30.

Ages: Pregnancy - 2 yrs 6 mths. **Dates:** 8 Jul - 22 Jul & 5 Aug - 21 Oct.

• **Tots Choir:** 15:00 - 15:45.

Ages: 1.5 yrs - 5 yrs. **Dates:** 5 Aug - 21 Oct.

Cost: £8 (*must book*).

SENSORY & DEVELOPMENT

Baby College Oxford

Sprouts PlayBarn Millets Farm Centre, Kingston Rd, Frilford, Abingdon, OX13 5HB. 01865421879. www.babycollege.co.uk.

• **Junior Class, Sprouts Playbarn Millets Farm:** 9:30 - 10:15.

Ages: 1.5 yrs - 3 yrs.

• **Toddler Class, Sprouts Playbarn Millets Farm:** 10:30 - 11:15. **Ages:** 9 mths - 1.5 yrs.

• **Infant Class, Sprouts PlayBarn Millets farm:** 11:30 - 12:15.

Ages: 0 - 9 mths.

Cost: £9 (*must book*). **Dates:** 8 Jul - 15 Jul.

• **Baby Massage Sprouts PlayBarn Millets farm:** 13:45 - 14:45.

Ages: 0 - 6 mths. **Cost:** £12 (*must book*). **Dates:** 8 Jul - 22 Jul.

PHYSICAL FUN

PhyzKidz Oxfordshire

Wootton & Dry Sandford Community Centre, Lamborough Hill, Wootton, OX13 6DA. 07709 168 740. phyzkidz.com.

• **PhyzKidz Mixed** (18 Months to 5 Years): 10:00 - 10:45.

Ages: 1.5 yrs - 5 yrs. **Cost:** £9.50 (*must book*). **Dates:** 8 Jul - 22 Jul.

WEDNESDAY

PARENTS & TOTS

Abingdon Library

Abingdon Library, The Charter, Abingdon, OX14 3LY.
01865815005. www.oxfordshire.gov.uk.

• **Rhymetime:** 9:30 - 10:00 & 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 9 Jul - 22 Oct.

First Steps Chalgrove and Watlington

Family Hub

First Steps Watlington Family Hub, Love Lane, Watlington,
OX49 5RB. 01865 400234. www.firststepshub.org.uk.

• **Wacky Wednesday:** 10:00 - 11:30.

Play Days Toddler Group is for families in the area.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in). **Dates:** 9 Jul - 30 Jul.

St John's Toddlers

Grove Parish Church, Main Street, Grove, Wantage,
OX12 7LQ. 01235 771479. www.groveparishchurch.org.uk.

Times: 9:15 - 11:15. **Ages:** 0 - 3 yrs. **Cost:** £3 (drop in). **Dates:** 9 Jul - 23 Jul & 3 Sep - 22 Oct.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 0BS.
www.didcotbaptist.org.uk.

• **Toddler Group:** 9:30 - 11:15.

Ages: 1 - 3 yrs. **Cost:** £2.50 (drop in).

• **Baby Group:** 13:00 - 14:30.

Ages: 0 - 2 yrs. **Cost:** £2.50 (must book).

Dates: 9 Jul - 23 Jul & 3 Sep - 22 Oct.

Willow Village

Hadland Road Community Centre, Hadland Road,
Abingdon, OX14 3YH.

Times: 10:00 - 12:00. **Ages:** Pregnancy - 5 yrs. **Cost:** £2 (drop in). **Dates:** 9 Jul - 22 Oct & 9 Jul - 22 Oct.

SENSORY & DEVELOPMENT

Baby College Oxford

District Community Centre, Gentian Mews, Didcot,
OX11 6GR. 01865421879. www.babycollege.co.uk.

• **Junior Class, District Community Centre Didcot:** 9:45 - 10:30. **Ages:** 1.5 yrs - 3 yrs. **Dates:** 9 Jul - 16 Jul.

• **Toddler Class Didcot District Community Centre:** 10:45 - 11:30. **Ages:** 9 mths - 1.5 yrs.

• **Infant Class, Didcot District Community Centre:** 11:45 - 12:30. **Ages:** 0 - 9 mths. **Dates:** 9 Jul.

Cost: £9 (must book).

• **Baby Massage Didcot District Community Centre:** 13:00 - 14:00.

Ages: 0 - 6 mths. **Cost:** £12 (must book). **Dates:** 9 Jul - 23 Jul.

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www.babycollege.co.uk

CONTACT Vicky to join the fun: vicky@babycollege.co.uk or 07720 441672



MUSIC & SIGNING

Berinsfield Library

Berinsfield Library, Green Furlong, Berinsfield, OX10 7NR.
01865 340771. www.oxfordshire.gov.uk.

• **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 9 Jul - 23 Jul & 3 Sep - 22 Oct.

CREATIVE

Sutton Courtenay Environmental

Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon,
OX14 4TE. 01235862024. www.bbowl.org.uk.

• **Nature Tots at Sutton Courtenay:** 9:30 - 11:00.

Ages: 1.5-4 yrs. **Cost:** £8 (must book). **Dates:** 16 Jul & 10 Sep.

• **Family Trail: Mad About Minibeast - Sutton Courtenay:** 10:00 - 14:00. **Ages:** 4 - 11 yrs.

Cost: £7 (must book). **Dates:** 6 Aug - 7 Aug, 18 Aug & 27 Aug.

• **Teddy Bears' Picnic for Toddlers (Aug 2025):** 9:30 - 11:30.
Ages: 1.5 - 4 yrs. **Cost:** £10 (must book). **Dates:** 20 Aug.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

PHYSICAL FUN

PhyzKidz Oxfordshire

GWP Southern Community Centre, Sorrel Crescent, Didcot, OX11 6HQ. 07709 168 740. physkizd.com.

- **PhyzKidz Mixed (18 Months to 5 Years):** 10:00 - 10:45.

Cost: £9.50 (*must book*). **Dates:** 9 Jul - 16 Jul.

THURSDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Abingdon Carousel Family Centre, Caldecott Chase, Abingdon, OX14 5GZ. 01235 526691.

abingdoncarousel.org.uk.

- **Stay and Play sessions (term time only):** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 10 Jul - 31 Jul.

Brightwell Toddlers

The Stewart Village Hall, West End, Brightwell-Cum-Sotwell, OX10 0RT.

Times: 9:15 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £2.50 (*drop in*).

Dates: 10 Jul - 17 Jul & 4 Sep - 23 Oct.

Buckland Baby & Toddler Group

Buckland Memorial Hall, Orchard Road, Buckland, Faringdon, SN7 8QT. 07496 134139.

- **Buckland Baby & Toddler Group:** 9:30 - 11:00.

Cost: Free (*drop in*). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

First Steps Chalgrove and Watlington

Family Hub

First Steps Chalgrove Family Hub, High Street, Chalgrove, OX44 7ST. 01865 400234. www.firststepshub.org.uk.

- **Tuneful Thursday with Mr Chamberlain:** 9:30 - 11:30.

Ages: 0 - 5 yrs. **Cost:** £2 (*must book*). **Dates:** 10 Jul - 31 Jul.

Oakley Baby and Toddler Group

Oakley Village Hall, Oxford Road, Oakley, HP18 9RD.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £2 (*drop in*).

Dates: 10 Jul - 17 Jul & 4 Sep - 23 Oct.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 0BS. www.didcotbaptist.org.uk.

- **Toddler Group:** 9:30 - 11:15. **Ages:** 1 - 3 yrs.

Cost: £2.50 (*drop in*). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944 or lin@theberincentre.co.uk. theberincentre.co.uk.

- **Themed Thursday**

Times: 10:00 - 11:00.

Dates: 24 Jul - 16 Oct. **Ages:** 0 - 5 yrs. **Cost:** Free (*must book*).

- **Stay and Play Thursday pm**

Times: 13:15 - 14:45.

Ages: 0 - 5 yrs. **Cost:** Free (*must book*). **Dates:** 24 Jul - 16 Oct.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX331NW. 01865 236700. www.mapletree.org.uk.

- **Little Explorers - 9:30-11:30:** **Ages:** 0-5 yrs.

Cost: £3 (*drop in*). **Dates:** 10 Jul-23 Oct.

MUSIC & SIGNING

Family Choir Club

Ladygrove Community Centre, Tamar Way, Didcot, OX11 7UQ. 07540113340. www.familychoirclub.co.uk.

- **Tots Choir:** 9:30 - 10:15.

Ages: 1.5 yrs - 5 yrs. **Cost:** £7.80 (*must book*).

- **Mums & Dads Choir:** 10:45 - 11:45.

Ages: Pregnancy - 2 yrs. **Cost:** £8 (*must book*).

Dates: 10 Jul - 17 Jul & 7 Aug - 23 Oct.

CREATIVE

Sutton Courtenay Environmental

Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbowl.org.uk.

- **Nature Tots at Sutton Courtenay:** 9:30 - 11:00.

Ages: 1.5 - 4 yrs. **Cost:** £8 (*must book*). **Dates:** 17 Jul & 11 Sep.

- **Teddy Bears' Picnic for Toddlers (Aug 2025):** 9:30 - 11:30.

Ages: 1.5 - 4 yrs. **Cost:** £10 (*must book*). **Dates:** 21 Aug.

DANCE & DRAMA

Perform Workshops LTD

The Northcote Centre, Northcote Road, Abingdon, OX14 1NS. 020 7255 9120. www.perform.org.uk.

- **Perform Abingdon:** 16:00 - 17:00.

Ages: 4- 12 yrs. **Cost:** Free (*must book*). **Dates:** 10 Jul - 24 Jul.

FRIDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ. 01235 526691. abingdoncarousel.org.uk.

- **Stay and Play sessions (term time only):** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 11 Jul - 25 Jul.

Didcot Library

Didcot Library, 197 Broadway, Didcot, OX11 8RU. 01235 813103. www.oxfordshire.gov.uk.

- **Rhymetime:** 9:30 - 10:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*). **Dates:** 5 Sep, 19 Sep, 3 Oct & 17 Oct.

Our Lady & St Edmund's Baby & Toddler

Group

St. Edmund's Parish Centre, 1 Oxford Road, Abingdon, OX14 3PL. 07717 059411.

Times: 9:30 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £1 (*drop in*). **Dates:**

11 Jul - 18 Jul & 5 Sep - 24 Oct.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

Thame Library

Thame Library, 3 North Street, Thame, OX9 3BH.
01844 212288. www.oxfordshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (*must book*). **Dates:** 11 Jul - 24 Oct.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford,
OX33 1NW. 01865 236700. www.mapletree.org.uk.

• **Play and Learn:** 10:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** £3 (*drop in*). **Dates:** 11 Jul - 18 Jul.

MUSIC & SIGNING

Abingdon Music Centre

Music Building, Larkmead School, Faringdon Road,
OX14 1RF. 07934 364940. www.abingdonmusic.org.uk.

• **Mini Music Makers:** 9:15 - 9:45. **Ages:** 4 mths - 4 yrs.

• **Mini Music Makers:** 10:00 - 10:30. **Ages:** 3 - 4 yrs.

Cost: £5.85 (*must book*). **Dates:** 11 Jul - 18 Jul.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Grove Village Hall, Main Street, Grove, Wantage, OX12 7JY.
07717 757007. www.babysensory.com.

• **Birth - 6 months:** 11:00 - 12:00.

• **Birth - 13 months:** 12:30 - 13:30. & 14:00 - 15:00

Cost: £9 (*must book*). **Dates:** 11 Jul - 18 Jul.

CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon,
OX14 4TE. 01235862024. www.bbowl.org.uk.

• **Nature Tots at Sutton Courtenay:** 9:30 - 11:00.

Ages: 1.5 - 4 yrs. **Cost:** £8 (*must book*). **Dates:** 18 Jul & 12 Sep.

• **Teddy Bears' Picnic for Toddlers (Aug 2025):** 9:30 - 11:30.

Ages: 1.5 - 4 yrs. **Cost:** £10 (*must book*). **Dates:** 22 Aug.

DANCE & DRAMA

Perform Workshops LTD

Didcot Methodist Church Hall, Mereend Road, Didcot,
OX11 8RQ. 020 7255 9120. www.perform.org.uk.

• **Perform Didcot:** 16:00 - 17:00. **Ages:** 4 - 12 yrs.

Cost: Free (*must book*). **Dates:** 11 Jul - 25 Jul.

PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Wallingford Sports Park, Hithercross Road, Wallingford,
OX10 9RB. 07900986137. www.rugbytots.co.uk.

• **Rugbytots 2 - 3.5 years:** 9:30 - 10:00.

• **Rugbytots 3.5 - 5 years Fridays:** 10:10 - 10:55.

Cost: £9 (*must book*). **Dates:** 11 Jul - 18 Jul.

SATURDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ. 01235 526691.
abingdoncarousel.org.uk.

• **S-Club:** 9:30 - 11:45. Stay and play for families.

Ages: 0 - 10 yrs. **Cost:** £2 (*drop in*). **Dates:** 12 Jul - 26 Jul.

Abingdon Library

The Charter, Abingdon, OX14 3LY. 01865815005.
www.oxfordshire.gov.uk.

• **Story Time:** 14:30 - 15:00.

Ages: 3 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 12 Jul - 25 Oct.

CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon,
OX14 4TE. 01235862024. www.bbowl.org.uk.

• **Nature Tots at Sutton Courtenay:** 9:30 - 11:00 & 13:00 - 14:30. **Ages:** 1.5 - 4 yrs.

Cost: £8 (*must book*). **Dates:** 19 Jul & 13 Sep.

• **Family Pond Dipping Workshop:** 10:00 - 11:30 & 13:00 - 14:30. **Ages:** 4 - 11 yrs.

Cost: £10 (*must book*). **Dates:** 26 Jul.

• **Big Family Day Out - Sutton Courtenay:** 10:00 - 16:00.

Cost: £8 (*must book*). **Dates:** 2 Aug.

• **Teddy Bears' Picnic for Toddlers (Aug 2025):** 9:30 - 11:30 & 13:00 - 15:00. **Ages:** 1.5 yrs - 4 yrs.

Cost: £10 (*must book*). **Dates:** 23 Aug.

DANCE & DRAMA

Perform Workshops LTD

The Northcot Centre, Northcot Road, Abingdon,
OX14 1NS. 020 7255 9120. www.perform.org.uk.

• **Perform Abingdon:** 9:30 - 11:00. **Ages:** 4 - 12 yrs.

Dates: 12 Jul - 19 Jul.

Benson Community Hall, China Piece, Wallingford, OX10 6FY.
020 7255 9120. www.perform.org.uk.

• **Perform Wallingford:** 14:15 - 15:45. **Ages:** 7 - 12 yrs.

Dates: 12 Jul - 19 Jul.



Are you running classes or events?

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PHYSICAL FUN

PhyzKidz Oxfordshire

The Manor Prep School, Faringdon Road, Shippon, Abingdon, OX13 6LN. 07709 168 740. phyzkidz.com.

- PhyzKidz Totz (18 months to 2.5 Years): 9:30 - 10:15.
- PhyzKidz Pre-Schoolerz (2.5 Years to 5 Years): 10:30-11:15.

Cost: £9.50 (must book). **Dates:** 12 Jul - 19 Jul.

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School Sundays, Towersey Road, Thame, OX9 3NW. 07741476678. www.rugbytots.co.uk.

- Rugbytots Lord Williams School Sundays: 8:10 - 8:40, 8:45 - 9:30, 9:35 - 10:05, 10:15 - 11:00, 11:05 - 11:35, 11:45 - 12:30 & 12:35 - 13:20. **Ages:** 2 - 7 yrs.

Cost: £8.25 (must book). **Dates:** 12 Jul - 19 Jul.

Rugbytots - South & West Oxfordshire

Moulsford Preparatory School, Moulsford on Thames, Wallingford, OX10 9HR. 07900986137. www.rugbytots.co.uk.

- Rugbytots 2 - 3.5 years Saturdays: 8:40 - 9:10 & 10:05 - 10:35.

Cost: £9 (must book). **Dates:** 12 Jul - 19 Jul.

St Birinus School, Mereland Road, Didcot, OX11 8AZ. 07900986137. www.rugbytots.co.uk.

- Rugbytots 3.5 - 5 years Saturdays: 9:15 - 10:00 & 10:40 - 11:25.

Cost: £9 (must book). **Dates:** 12 Jul - 19 Jul.

Moulsford Preparatory School, Moulsford on Thames, Wallingford, OX10 9HR. 07900986137. www.rugbytots.co.uk.

- Rugbytots 5-7 years Saturdays: 10:40 - 11:25.

Cost: £9 (must book). **Dates:** 12 Jul - 19 Jul.

SUNDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School Sundays, Towersey Road, Thame, OX9 3NW. 07741476678. www.rugbytots.co.uk.

- Rugbytots Lord Williams School Sundays: 8:10 - 8:40, 8:45 - 9:30 & 9:35 - 10:20. **Ages:** 2 - 7 yrs.

Cost: £8.25 (must book). **Dates:** 13 Jul - 20 Jul.



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Answers PLAYDAY PUZZLE



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