

A Quarterly Guide to Parks and Recreation • Fairfax County Park Authority

Summer 2024

# Parktakes



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The Fairfax County Park Authority is a nationally recognized park system encompassing more than 500 full-time employees, 2,500 seasonal employees and thousands of interns and volunteers. For more information, scan the QR code or visit [www.fairfaxcounty.gov/parks/joinfcpa](http://www.fairfaxcounty.gov/parks/joinfcpa)



## VOLUNTEER

Use your talents, energy and time to connect. With your help, we can do more! Far more than just doing a good deed, volunteering is a way to develop skills, learn about career options, make professional contacts, socialize and have an impact on your community.

### **VOLUNTEER OPPORTUNITIES AVAILABLE AT:**

- Rec Centers
- Golf Courses
- Community Parks
- Nature and Historic sites
- Special Events (Earth Day, Watershed Clean-ups, National Public Lands Day)
- Farmers Markets



## INTERN

The Fairfax County Park Authority Internship program increases community engagement in park, recreation, natural, cultural, historical and business operations. It also provides an additional pathway for potential employees interested in seasonal, part-time or full-time positions with the Park Authority. The program includes both paid and unpaid internship opportunities.

### **INTERNSHIP OPPORTUNITIES AVAILABLE FOR:**

- University/College
- Trade/Vocational Institutions and Programs
- Independent Study



## WORK

Fairfax County offers great benefits from healthcare to financial readiness for county employees. FCPA also offers benefits specific to its staff.

### **EMPLOYMENT OPPORTUNITIES INCLUDE:**

- Full-Time/Merit Positions
- Part-time and Seasonal Positions
- Open Hires

Fairfax County is an Equal Opportunity Employer and a proud Virginia Values Veterans (V3)-certified organization.

**\$500 BONUS FOR  
SUMMER EMPLOYEES!\***

*\*Terms, conditions, and applicable tax apply.*



# PARKSIDE

**Josh Coleman**  
Park Services Division Director



The Park Authority is gearing up for another exciting summer in 2024! As a lifelong resident of Fairfax County, I've had the opportunity to experience all the Park Authority has to offer – first as an active participant and now as a parent of two energetic kids who love our parks, playgrounds, swim lessons, carousels, train rides, sports classes and more! I could keep going, but you get the idea...

In addition to running around our parks with my family, I get the privilege of seeing an amazing park staff work hard to organize, plan and prepare for a fun-filled summer, overseeing unique recreation facilities and offering diverse programming including thousands of camps, classes, summer concerts and events. The effort and dedication to bring an incredible summer lineup of activities spans the entire agency – everyone from the programming staff to operations crews – ensuring parks and activities are ready to go!

If you're looking for something to do, let me suggest two of our family favorites. The Water Mine at Lake Fairfax Park is a family water park offering hours of fun with more than an acre of water slides, flumes, sprays, showers and an incredible water playground. Our Special Harbor Spray Park at Franconia Park is a fully accessible sprayground that has tons of amazing features for kids and families all with a Chesapeake-Bay theme. Special Sensory Hours will return this summer for both locations, offering a sensory friendly time every week.

Looking for other activities? I'm sure Parktakes Magazine and our website can help guide you to find something. There are thousands of exciting activities spread across Park Authority locations this summer. We invite you to come out to our parks this summer and take it all in – I'm confident you can find something for everyone in your family to enjoy!



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**Cover:** Brian Cunningham Project performs at the Summer Entertainment Series at the Mosaic District on a beautiful summer evening. Photo by Don Sweeney





# FAIRFAX COUNTY PARK AUTHORITY Summer Entertainment Series

## RETURNS THIS SUMMER!



Fairfax County Park Authority's Summer Entertainment Series returns for an exciting 2024 season! The series offers a variety of free performances throughout the county including children's shows, renowned musical groups from classical to bluegrass, outdoor movies in Chantilly and a series of dance and music from around the world at Ossian Hall Park.

Now in its 35<sup>th</sup> year, the Summer Entertainment Series has evolved from just three parks to 18 locations. The series originally started with Arts in the Parks, the children's entertainment series in 1989 and expanded to concerts at Mason District Park amphitheater in partnership with the Friends of Mason District Park.

After the success of these series, the Park Authority pursued the idea that residents could walk to the park, meet their neighbors and form a sense of belonging and togetherness through watching live performances. In 1994 at the request of the Braddock District Supervisor, performances were expanded with Braddock Nights at Lake Accotink Park. The series has been so successful and the performances so well received that the concert series has continued to grow throughout the county.



Sousan Frankeberger has been planning, organizing, managing the entertainment series from the very beginning:

"Last summer, more than 37,000 people attended 189 concerts across the county. They let music lift their spirits, raise their hopes, awaken their memories, forge friendship between cultures and kindle a sense of belonging. For me it has been an incredible journey and a total joy to coordinate these concerts where young and old get together to appreciate live performances at a park setting."

Not only does the series provide entertainment, but it also plays an important role in exposing children to live entertainment, and in many cases, for their first time. Seeing performances in a comfortable setting, like a park, encourages

children to have a life-long love of the performing arts. The Arts in the Parks performances

vary from week to week and venue to venue to include puppet shows, musical acts, magic shows and comedy.

This year's lineup promises to delight audiences, with something for everyone to enjoy. The series has garnered an exceptional reputation and so attracts top talent from around the region.

Bring a picnic and, depending on the venue, a lawn chair, to enjoy an evening out with friends and neighbors. Some locations offer refreshments for sale, so please check the website. The series runs from June 1 to August 31.

The Summer Entertainment Series performances are made possible thanks to the Fairfax County Park Authority, Board of Supervisors and Fairfax County Park Foundation. The many generous donations from individuals, businesses and corporations to the Fairfax County Park Foundation funds the artists' performances. Through the efforts of volunteers and many individuals, the series continues to thrive and provide free entertainment to the community.

Performances and movies are held outdoors and may be canceled in the event of inclement weather. Please call 703-324-SHOW (7469) before leaving home for inclement weather updates. Cancellations are recorded one-hour before showtime.



To find out details about each series, please turn to the events section or visit  
2 [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance) starting May 1.



Fairfax County Park Foundation





## Celebrate *Juneteenth* in the Parks

The Park Authority is committed to sharing stories, artifacts and archives to recognize the contributions, struggle and history of African-Americans in Fairfax County and our parks. Commemorate Juneteenth with programs, tours and blogs offered by the Park Authority.

The history of Juneteenth dates back to June 19, 1865 when the last of the enslaved living in Galveston, Texas were told the Emancipation Proclamation had been signed by President Abraham Lincoln, that the Civil War had ended and all black people were now free from the bondage of slavery. This day, known as Juneteenth, symbolizes liberation and resilience following 246 years

of enslavement. The holiday serves as a testament to African American history and culture and inspires continuous self-development. The Park Authority invites members of the community to celebrate and join in a variety of activities on and around Juneteenth.

Frying Pan Farm Park is hosting a program called Exploring our Historic Meeting House and Grounds on Saturday, June 15 from 11 a.m. to 2 p.m. Participants will delve into the history of the Frying Pan Baptist Meeting House, where African American congregants fought for freedoms and formed a vibrant post-emancipation community. Guided tours of the church and surrounding grounds will shed light on the resilience and triumphs of African American individuals and families.

At nearby Sully Historic Site, join the festivities at the Juneteenth Celebration on Wednesday, June 19 from 10 a.m. to 4 p.m. The celebration features a commemoration of emancipation with storytelling, family activities, food and tours.

Discover a collection of captivating blogs and stories from historic sites within Fairfax County Parks where visitors can delve into the rich history and significance of Juneteenth. Learn about Ginny, an enslaved woman at Walney Farm, explore how hundreds of enslaved African Americans living in Fairfax County were emancipated before Juneteenth and how the enslaved people of Green Spring Farm became free. Read the poignant narratives of emancipation and the legacy of Juneteenth through the lens of the historic sites of Fairfax County Parks.

Through celebrating Juneteenth in Fairfax County Parks, individuals honor the past, celebrate progress and foster a more inclusive future. Come together with the community to commemorate this pivotal moment in American history and embrace the spirit of unity and resilience that defines Juneteenth.

For more information about Juneteenth in the parks, turn to pg. 64 or visit [www.fairfaxcounty.gov/parks/topics/juneteenth](http://www.fairfaxcounty.gov/parks/topics/juneteenth).





# FAMILY SKATE AND DANCE NIGHT ROLLS INTO ITS ONE-YEAR ANNIVERSARY

Once a month the Franconia Rec Center transforms their gym into a festively decorated roller-skating rink complete with a DJ. People of all ages gather to enjoy an all-around good time for anyone who wants to skate and dance. Skaters bring their own quad or inline skates and join others using scooters, strollers and wheelchairs to take a spin around the floor.

The monthly events were created by Terrence Shepherd, opening manager at Franconia Rec Center, in response to the needs of the public that has brought the community together... on wheels! Shepherd wanted to bring roller skating to the Rec Center because it has been missing from the Franconia community for years. Skate and Dance Night was created to provide safe, family fun for all people inside and outside of the community. He hopes to bring people of all cultures together at these events and use them to introduce families to Franconia Rec Center's memberships, preschool, programs, pool and other amenities.

The ongoing monthly Family Skate and Dance Night series continues to grow and expand. These events have boasted exciting and unique themes such as an ugly holiday sweater party, Valentine's Disco and Star Wars themes. Events have even incorporated partners such as a Glow Party event held in collaboration with Fairfax Neighborhood and Community Services' Therapeutic Recreation Services. Food offerings have expanded from chips and drinks to now include pizza, popcorn, cookies and ice cream for purchase. They also feature donation collections as well as prizes and giveaways for attendees.

Upcoming events are 6 p.m. to 9 p.m. and include a Glow Party on Saturday, April 20 held in partnership with Fairfax County Therapeutic Recreation Services. Come decked out in the galaxy's finest Star Wars outfit for Star Wars Night on Saturday, May 4. Mark one year of skating and dancing fun at the Skate and Dance Night One Year Anniversary Party on Saturday, May 18. In June, come out to the Juneteenth Celebration on Saturday, June 15. Wear red, black, green and yellow to celebrate freedom, resilience and the perseverance and spirit of Black people in this nation.

Book the gym and host your own private skate night party. Call 703-922-9841 to inquire. To purchase tickets and get more information, please visit [www.fairfaxcounty.gov/parks/reccenter/franconia/](http://www.fairfaxcounty.gov/parks/reccenter/franconia/).





# SUMMER '24 CALENDAR

*Classes, Events,  
Programs and  
Registration Dates*

## Saturday, April 20

Earth Day Celebration	Sully Historic Site	pg. 80
Family Skate and Dance Nights	Franconia Rec Center	pg. 43

## Tuesday, April 23

Summer Registration Begins		pg. 118
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## Sunday, April 28

Anglers with Autism	Lake Fairfax	pg. 39
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## Saturday, May 4

Spring Farm Day	Frying Pan Farm Park	Online
Family Skate and Dance Nights	Franconia Rec Center	pg. 43

## Sunday, May 5

Culmore Day	Woodrow Wilson Library	pg. 120
Mill in Motion	Colvin Run Mill	pg. 89

## Monday, May 6

Summer Walk-in Registration Starts		pg. 118
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## Saturday, May 11

Two Person Best Ball	Oakmont Golf Center	pg. 84
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## Saturday, May 18

Spring Two Person Team Challenge	Burke Lake Golf Center	pg. 84
Spring Garden Day	Green Spring Gardens	pg. 78
Family Skate and Dance Nights	Franconia Rec Center	pg. 43

## Sunday, May 19

Spring Scramble Tournament	Pinecrest Golf Course	pg. 84
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## Wednesday, May 22

Rec Center Open House	FCCA Rec Centers	pg. 116
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## Saturday, May 25

The Water Mine Opens	The Water Mine Lake Fairfax	pg. 120
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## Saturday, June 1

Fairfax Poet Laureate-Pride Month Poetry Wksp.	Green Spring Gardens	pg. 79
Pond Fest	Hidden Pond Nature Center	pg. 98

## Saturday, June 15

Exploring Our Historic Meeting House & Grounds	Frying Pan Farm Park	pg. 64
Family Skate and Dance Nights	Franconia Rec Center	pg. 43

## Sunday, June 16

Sully Annual Car Show	Sully Historic Site	pg. 64
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## Wednesday, June 19

Juneteenth Celebration	Sully Historic Site	pg. 64
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## Thursday, June 20

Concert in the Garden	Green Spring Gardens	pg. 79
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## Friday, June 21

Summer Solstice Campfire	Hidden Oaks Nature Center	pg. 101
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## Saturday, June 29

Fireworks, Food and Family Fun!	Lake Fairfax Park	pg. 66
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## Friday, July 5

Dairy Days - Ice Cream and Butter Making	Sully Historic Site	pg. 89
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## Sunday, July 28

Stolen History - Lecture and Tea	Green Spring Gardens	pg. 90
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## Thursday-Sunday, August 1-4

4-H Fair and Carnival	Frying Pan Farm Park	pg. 67
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## Saturday, August 17

Annual Begonia Show	Green Spring Gardens	pg. 79
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## Saturday, September 7

Dog Daze at the Water Mine	The Water Mine Lake Fairfax	pg. 107
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## A New Program for **JUNIOR GOLFERS** at **BURKE LAKE GOLF CENTER**

A new, innovative program called the Orange Tee Club has launched at Burke Lake Golf Center that is redefining junior golf, making it more accessible and enjoyable for families. With the creation of the Orange Tee Club, junior golfers ages 5 to 12 and their families can play golf in a relaxed, family friendly environment.

This pioneering program is designed to enhance and encourage a stress-free golf experience for young enthusiasts. Burke Lake Golf Center will reserve select tee times on Saturday afternoons from 4 p.m. to 5 p.m. and select

times on Fridays and Sundays. Not only will families be grouped together, but the program's innovative approach includes positioning the orange tees strategically closer to the greens, ensuring a more manageable course for junior players. This initiative not only enhances the overall golfing experience but also promotes a sense of community among participants.

The Orange Tee Club will open on Saturday, May 25. To participate in the program and book an orange tee time, please call the pro shop at Burke Lake Golf Center directly. There is no added cost for this program. Participants will also be eligible for special promotions that include Orange Tee merchandise and food and beverage discounts.

For more information, please visit [www.fairfaxcounty.gov/parks/golf/junior](http://www.fairfaxcounty.gov/parks/golf/junior) or call the pro shop at 703-323-1641.

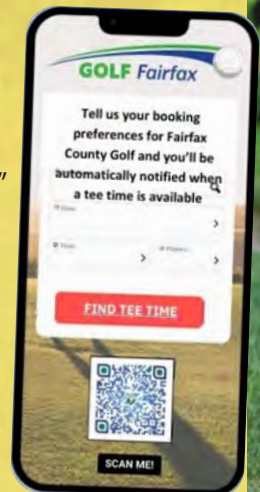
## Spend More Time Swinging and Less Time Searching for a Tee Time

Golf Fairfax's new virtual tee time waitlist and assistant, powered by Noteefy, takes the hassle out of finding a tee time. This innovative system sends real-time notifications when your preferred tee time becomes available, seamlessly integrating with the tee sheet. No more endless refreshing or calling the pro shop to see if there has been a cancellation, the app does the work for you. The program is easy to use and there is no extra cost to create an account.

"We get it — finding the perfect tee time can be a headache," said Ryan Carmen, Golf Fairfax's Division Director. "Our new system ensures you're the first to know when a spot opens up, making your golfing experience smoother and more enjoyable."

Players can personalize and customize their settings for any Golf Fairfax course, specifying days, times, and group size preferences. Notifications include a direct link to book, ensuring a fair, first-come, first-served process.

Sign-up is quick, taking less than 30 seconds. For more information or to sign up for the new Virtual Tee Time Waitlist and Assistant, please visit [www.fairfaxcounty.gov/parks/golf/teetimes/tee-time-assistant](http://www.fairfaxcounty.gov/parks/golf/teetimes/tee-time-assistant).

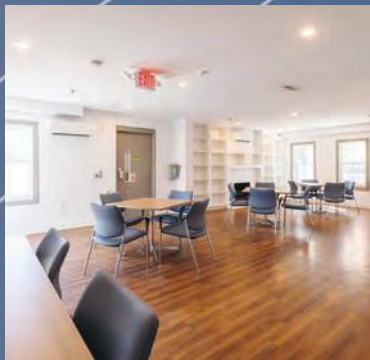




# THE ELLMORE FARMHOUSE Begins a New Chapter in their *HISTORY*



For more the 130 years, the Ellmore Farmhouse has been a fixture at Frying Pan Farm in Herndon. Sitting along West Ox Road, the Ellmore house was built in 1891 by the Ellmore family who occupied the house and operated Frying Pan Farm as a dairy farm for over 50 years. In 1984, Chantilly Bible Church acquired the property to use for offices. The church renovated the house, adding two large additions to the rear. Through the years, a full length front covered porch was removed and replaced with a front entry vestibule. In 2001, the Fairfax County Park Authority purchased the house to return it as a part of Frying Pan Farm Park. After researching historical photos, the front porch was restored based on the photos found showing how the house originally looked.



In 2021 the house was leased through the Resident Curator Program. The Resident Curator Program (RCP) is a program designed to preserve and protect historical properties on Park Authority land by offering long-term leases to qualified tenants who agree to rehabilitate and maintain the structures in accordance with established preservation standards. A curator can be a private citizen, a nonprofit entity; or a for-profit entity. In the case of the Ellmore House, the challenge was that the structure required significant improvements and because of its location in a busy, public park, it was not appropriate for residential use.

The curator chosen was ServiceSource, a 501(c)(3) nonprofit organization whose mission is to facilitate services, resources and partnerships to support people with disabilities and their families, caregivers and community members, in order to build more inclusive communities.

Renovating the Ellmore House was a million-dollar project. ServiceSource worked with Pizzano Contractors, going above and beyond what was required in the 30-year lease agreement. The improvements included structural upgrades to address termite damage, window supports, roof beams, an improved sump pump system, HVAC upgrades, and installing a full sprinkler system, all while making the building ADA compliant and honoring the historic elements of the house.

Renovation work was completed in the Fall of 2023. ServiceSource has begun operating its Long-Term Community Integration Services (LTCIS) program. This program operating out of the Ellmore House will offer up to 15 adults with disabilities employment through an onsite café and handcrafts specialty store. Participants will also support activities within Frying Pan Farm Park.

"This project showcases the breadth and variety of what an RCP can offer. Typically one may think of residential curatorship – a curator rehabilitating a property and using it as primary residence. However, other models are available through the program and can be very successful for nonprofit organizations", says Stephanie Langton, Resident Curator Program Manager at the Fairfax County Park Authority.

Several properties will be available soon to apply to curate through the Resident Curator Program. For more information about the Ellmore House and the Resident Curator Program, visit [www.fairfaxcounty.gov/parks/rcp](http://www.fairfaxcounty.gov/parks/rcp).







## *Patriot Park North is a “Field of Dreams”*

In the 1989 iconic baseball movie “Field of Dreams,” character Ray Kinsella, played by Kevin Costner, stood in an Iowa cornfield hearing the ghost of baseball repeat “If you build it, they will come.” Over the years Fairfax County has heard those whispers.

With the help of local sports leaders Gary Flather, CEO of Southwestern Youth Association (SYA), and Rob Hahne, Executive Director of Northern Virginia Travel Baseball League (NVTBL), the Park Authority opened Patriot Park North (PPN) in 2023. The state-of-the-art diamond sports complex in the heart of Fairfax County provides local baseball and softball leagues with the ability to play and practice on six synthetic fields. PPN not only promotes sport tourism attracting teams from across the nation and internationally, but it also provides an economic benefit to the county. In its first year of operation, the complex hosted over twenty tournaments attracting nearly a quarter of million visitors, with an average of 10,000 spectators per tournament. Other events held at the complex include the the Major League Baseball (MLB) Home Run Derby X – a special event with Major League Baseball, SYA Opening Ceremonies, a college baseball game, adult baseball playoff games and even an international rental by the Academy Baseball Canada.

With support from Visit Fairfax and Fairfax County Park Foundation, PPN is poised to achieve even greater success in 2024. The season began in mid-March and runs through early November. The 2024 schedule is bustling with more than 30 tournaments taking place throughout the season. To learn more about Patriot Park North, please visit [www.fairfaxcounty.gov/parks/patriot-park-north](http://www.fairfaxcounty.gov/parks/patriot-park-north).



FCPF  
Fairfax County Park Foundation



## **Cub Run Opens New Drop-In Childcare Room**

Parents have a new option for childcare when heading to the Cub Run Rec Center. In January 2024, a drop-in childcare center opened inside the Rec Center (located behind the fitness center). For just \$3 per child and \$1.50 for each additional child for up to two hours, adults can drop off their children, ages 6 months to 10 years, so they can participate stress free in classes or workout in the exercise room, swim laps in the indoor pool or relax in the spa.

The Drop-In Childcare Room has engaging features and enriching activities for young children. The room’s design features calming blue colors, toddler-sized pencils (wall corner cushions) and “floating white clouds” (hanging ceiling panels). In the room children can play with toys and games, work on crafts and enjoy reading or other age-appropriate activities. The open playroom features a separate area for infants and toddlers who are not walking. Staff watching children are First Aid and CPR certified and the services adhere to Virginia Department of Social Services child-to-staff ratio standards. Those using Cub Run Rec Center can use the drop-in childcare services on a first-come, first-served basis. Parents must remain inside the Rec Center while using the services and are given a pager in case they need to be reached.

Fairfax County Park Authority welcomes members of the public to stop by Cub Run Rec Center in Chantilly to start using the drop-in childcare services today. To learn more about the childcare center, please visit [www.fairfaxcounty.gov/parks/reccenter/cub-run/childcare](http://www.fairfaxcounty.gov/parks/reccenter/cub-run/childcare). Oakmont Rec Center also offers drop-in childcare services. To learn more about Oakmont’s childcare center, please visit [www.fairfaxcounty.gov/parks/reccenter/oak-marr/childcare](http://www.fairfaxcounty.gov/parks/reccenter/oak-marr/childcare).





# Enjoy Amusements and Rides in Your Backyard at Frying Pan Farm Park's 4-H Fair & Carnival



Mark your calendars now for an unforgettable day of fun with the whole family at the 4-H Fair and Carnival. Good old-fashioned fun meets the charm of the farm for four action-packed days from August 1 to 4.

Check out captivating livestock displays and 4-H exhibits, indulge in mouthwatering fair food and showcase your own creations at the fair. Experience the thrill of carnival rides, games and entertaining live performances. Be a part of the big truck night adventure and get up-close with adorable farm animals.

Fairfax County's Annual 4-H Fair and Carnival is provided each year through a partnership between the Fairfax County Park Authority, the Department of Neighborhood and Community Services, the Fairfax County Office of Virginia Cooperative Extension, the Fairfax County Park Foundation and the Friends of Frying Pan Farm Park.

For more information about the fair, carnival rides and ticket information, visit [www.fairfaxcounty.gov/parks/frying-pan-park/4-h-fair](http://www.fairfaxcounty.gov/parks/frying-pan-park/4-h-fair).



HIDDEN  
GEM



## HOGGE PARK



The Fairfax County Park Authority has a new park in Falls Church – “a hidden gem”. The Boyd A. and Charlotte M. Hogge Park, is a 6.1-acre site that was purchased by the Park Authority from Charlotte M. Hogge in 2006. In 2010, the Park Authority initiated a master planning process, which involved extensive community input, to define the future vision for the site.

During the process, the community expressed a strong desire to maintain the open character of the site without formal athletic fields; a strong interest in community gardens; and support for less-intensive recreational facilities. And so, because of the community's desires, the park opened in May and includes a picnic pavilion, open play area, playground, pickleball and basketball courts, accessible community gardens with raised beds and trails.

“I can think of no better occasion that more purely demonstrates what the Park Authority is all about – place-making,” said Ron Kendall, Mason District's representative on the Fairfax County Park Authority Board. “We create places where individuals can take a break from the demands of ever-increasingly stressful lives, where families can have enriching experiences playing and spending time together, and where communities can gather and strengthen the neighborly bonds of fellowship and goodwill. In that light, Hogge Park is another gem in the Mason District.”



Boyd A. and Charlotte M. Hogge Park is located at 3139 Glen Carlyn Road, in Falls Church. For more information, please visit [www.fairfaxcounty.gov/parks/picnics/hogge](http://www.fairfaxcounty.gov/parks/picnics/hogge).



# Celebrate National Pollinator Week

Celebrate National Pollinator Week from June 17 to 23, honoring the essential role pollinators like bees and butterflies have in fertilizing plants to ensure food security. Managed by Pollinator Partnership, the week fosters awareness through diverse activities, from planting for pollinators to online workshops.

Under the theme "Vision 2040: Thriving ecosystems, economies, and agriculture," Pollinator Week 2024 urges reflection on nature's interconnectedness, inspiring sustainable practices to support pollinator populations. The Fairfax County Park Authority actively preserves and manages natural habitats across its parks, covering about 18,000 acres of forest habitat.

Engage the family with hands-on activities highlighting pollination's importance and the significance of native plants in supporting pollinator populations, including efforts to conserve the monarch butterfly. Explore the nocturnal world of moths, vital yet threatened pollinators, and celebrate the resilience and beauty of hummingbirds, cherished for their migratory journeys and pollination efforts.

Visit [www.fairfaxcounty.gov/parks/topics/pollinators](http://www.fairfaxcounty.gov/parks/topics/pollinators) to learn more about National Pollinator Week and how you can contribute to pollinator conservation.



## Fairfax County Park Authority Board Members

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Timothy B. Hackman.....Treasurer, Dranesville  
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Faisal Khan.....Member-at-Large  
Ronald Kendall.....Mason  
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Michael Thompson, Jr.....Springfield  
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## Fairfax County Park Authority Leadership

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Sara Baldwin.....Deputy Director/COO  
Aimee L. Vosper.....Deputy Director/CBD

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Don Sweeney, Shirl Walley.....Photography  
John Rodgers.....Graphic Design  
Freeport Press.....Printing

## Fairfax County Board of Supervisors

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James R. Walkinshaw.....Braddock  
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Walter L. Alcorn.....Hunter Mill  
Andres F. Jimenez.....Mason  
Daniel G. Storck.....Mt. Vernon  
Dalia A. Palchik.....Providence  
Pat Herry.....Springfield  
Kathy L. Smith.....Sully

The Fall issue of Parktakes  
will be available in mid-July.  
Registration will begin on August 9.

Park Authority Board meetings are open to the public.

For more information about dates and times, visit [www.fairfaxcounty.gov/parks/board](http://www.fairfaxcounty.gov/parks/board).

## About Parktakes

**Advertising:** Paid advertising included in Parktakes does not imply endorsement of the advertised goods, products or services by the Fairfax County Park Authority. To place an ad in Parktakes, contact Cindy Fortuno at [cindy.fortuno@fairfaxcounty.gov](mailto:cindy.fortuno@fairfaxcounty.gov).

**Publication and Subscriptions:** Free subscriptions are available for both printed and electronic formats through our registration office 703-222-4664 or by signing up online: [www.fairfaxcounty.gov/parks/ptsubs.htm](http://www.fairfaxcounty.gov/parks/ptsubs.htm). Parktakes copies are also

available at all staffed park locations, county libraries and government centers.

**Postage:** Periodicals postage paid at Fairfax, Va. (USPS 010-296). POSTMASTER: Send address changes to FCPA/Parktakes, P.O. Box 4606, Fairfax, Va. 22038-4606.

**Photos:** The FCPA reserves the right to photograph and videotape all its activities, events, classes, programs and facilities for promotional purposes. Vehicle safety audio/video systems may record program

A Quarterly Magazine  
Summer 2024 • Vol. 39/No. 3

participants when they are being transported in Park Authority vehicles.



Fairfax County's programs, services and facilities are available to all citizens regardless of race, color, national origin, sex, age or disability. To request reasonable accommodations under the ADA, call 703-324-8563 or TTY Va. Relay 711.





# VOLUNTEER & DONOR PROFILE

## Nodal Exchange



The Fairfax County Park Authority (FCPA) and the Fairfax County Park Foundation are grateful to Nodal Exchange employees for their monetary donation to help parks and volunteer time spent removing invasive plants from Nottoway Park in Vienna.

Approximately 75 Nodal team members learned how invasive species reduce native plant and wildlife habitat, threatening parks with trees, understory and other environmental losses. They also heard about the impact of increased heat and drought conditions on the Nottoway forests. Volunteers removed invasive Japanese stilt grass and oriental bittersweet vines to create space for native plants.

Volunteers honed their building skills while constructing six large, tall wire enclosures for plant communities. The Invasive Management Area (IMA) team reused fencing removed from an earlier Department of Public Works and Environmental Services stormwater rehabilitation project at the park. Instead of using individual plant housings, this new strategy offers better protection for young native species from wildlife damage. Nodal volunteers learned proper techniques for transplanting tree and shrub seedlings and other site-specific native plants selected by Earth Sangha and IMA staff for the workday.

Volunteers left Nottoway that day knowing that their efforts would help protect trees and enhance the natural environment of the park. FCPA staff are grateful for the contributions of the Nodal Exchange volunteers.

Volunteers are critical in helping the FCPA manage invasive species. Donations support the IMA program (purchase of tools and supplies) and future volunteer activities. Donations further protect parks by providing contractor support where volunteers may not be able to work. Groups and individuals may contribute directly to the IMA Program through the Fairfax County Park Foundation. Interested groups may reach out to the IMA Program to request volunteer opportunities.



**> nodal**




**Visit [www.fairfaxparkfoundation.org](http://www.fairfaxparkfoundation.org) to find out how you can make a difference to your parks!**





# PARKS at a Glance

For more information, visit [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks)

	Phone Number	Accessible Playground	Agriculture Field/Kitchen Garden	Basketball Courts (Indoors)	Basketball Courts (Outdoors)	Birthday Parties	Boating/Boat Rentals	Campgrounds	Carousel	Catering	Childcare Center	Demonstration Gardens	Disc Golf	Equestrian Facilities	Family Water Park	Farm	Fishing	Fitness Center	Fitness Trails	Food Service/Concession	Golf-Driving Cages/Indoor Range	Golf-Driving Range	Golf Lessons	Golf-Number of Holes	Golf-Par	Golf-Adapted Power Carts	Golf-Power Carts	Golf Pro Shop	
Rec Centers																													
Audrey Moore	703-321-7081			●	●	●												●											
Cub Run	703-817-9407					●					●							●											
George Washington	703-780-8894					●												●											
Franconia	703-922-9841			●	●	●			●									●											
Oakmont (formerly Oak Marr)	703-281-6501					●					●							●											
Providence	703-698-1351				●	●												●											
South Run	703-866-0566				●	●												●											
Spring Hill	703-827-0989			●		●												●											
Golf Courses																													
Burke Lake	703-323-1641																			●		●	●	18	54	●		●	
Greendale	703-971-6170																			●			●	18	70	●	●	●	
Jefferson	703-573-0443																			●				9	35	●	●	●	
Laurel Hill	703-493-8849									●										●		●	●	18	71	●	●	●	
Oakmont (formerly Oak Marr)	703-255-5390																					●	●	9	27	●		●	
Pinecrest	703-941-1061																			●	●	●	●	9	35	●	●	●	
Twin Lakes	703-631-9099									●										●		●	●	36	71	●	●	●	
Major Parks																													
Burke Lake	703-323-6600					●	●	●	●				●				●		●	●									
Clemyjontri	703-388-2807	●							●																				
Jefferson District	703-573-0444				●	●														●									
Lake Accotink	703-569-3464				●	●	●		●								●			●									
Lake Fairfax	703-471-5414					●	●	●							●		●			●									
Laurel Hill	703-437-9101												●																
M. L. King Jr.	703-324-8732																												
Mason District	703-324-8700				●															●									
Nottoway	703-324-8700				●														●										
Nature and Historic Sites																													
Colvin Run Mill	703-759-2771											●																	
Ellanor C. Lawrence	703-631-0013		●			●						●					●												
Frying Pan Farm	703-437-9101		●			●			●			●		●		●													
Green Spring Gardens	703-642-5173		●			●						●																	
Hidden Oaks	703-941-1065				●							●																	
Hidden Pond	703-451-9588				●							●																	
Huntley Meadows	703-768-2525				●																								
Riverbend	703-759-9018				●	●											●												
Sully Historic Site	703-437-1794				●							●																	
Turner Farm/ Observatory	703-759-9018													●															





Golf-Pull Carts	Gymnasium	Historic Gardens	Horticulture Library	Ice Cream Parlor	Indoor Pools	Indoor Turf Field	Indoor Walking Track	Interpretive Programs	Mini Golf	Mini-Train	Museum	Nature Center	Nature Trails	Orienteering	Pickleball Courts	Picnic Area	Playground	Pottery Lab	Racquet & Wallyball Courts	Reservable Shelter/Picnic	Room/Banquet Rentals	Sales and Gifts	Sauna	Scout/School Programs	Skate Park	Spa	Tennis Courts	Viewing Tower	Visitor Center	Volleyball	Water Playground	Wetlands Boardwalk



# PARK LOCATIONS

For a complete list of locations and addresses, scan the QR code or visit [www.fairfaxcounty.gov/parks/locator](http://www.fairfaxcounty.gov/parks/locator)





## Rec Centers

- 1 **Audrey Moore Rec Center**  
8100 Braddock Road  
Annandale 22003 • 703-321-7081
- 2 **Cub Run Rec Center**  
4630 Stonecroft Blvd.  
Chantilly 20151 • 703-817-9407
- 3 **George Washington Rec Center**  
8426 Old Mt. Vernon Road  
Alexandria 22309 • 703-780-8894
- 4 **Franconia Park & Rec Center**  
6601 Telegraph Road  
Franconia 22310 • 703-922-9841
- 5 **Mt. Vernon Rec Center**  
(Closed for Renovations until 2025)
- 6 **Oakmont Rec Center**  
(formerly Oak Marr Rec Center)  
3200 Jermantown Road  
Oakton 22124 • 703-281-6501
- 7 **Providence Rec Center**  
7525 Marc Drive  
Falls Church 22042 • 703-698-1351
- 8 **Spring Hill Rec Center**  
1239 Spring Hill Road  
McLean 22102 • 703-827-0989
- 9 **South Run Rec Center**  
7550 Reservation Drive  
Springfield 22153 • 703-866-0566

## Major Parks

- 10 **Braddock Park**  
13241 Braddock Road  
Clifton 20124 • 703-324-8702
- 11 **Burke Lake Park**  
7315 Ox Road  
Fairfax Station 22039 • 703-323-6600
- 12 **Clemyjontri Park**  
6317 Georgetown Pike  
McLean 22101 • 703-388-2807
- 13 **Frying Pan Farm Park**  
2709 West Ox Road  
Herndon 20171 • 703-437-9101
- 14 **Jefferson District Park**  
7900 Lee Highway  
Falls Church 22042 • 703-573-0443
- 15 **Lake Accotink Park**  
7500 Accotink Park Road  
Springfield 22150 • 703-569-3464
- 16 **Lake Fairfax Park**  
1400 Lake Fairfax Drive  
Reston 20190 • 703-471-5414
- 17 **Central Green**  
8780 Lorton Road  
Lorton 22079 • 703-437-9101

## Major Parks

- 18 **Martin Luther King, Jr. Park**  
8115 Fordson Road  
Alexandria 22306 • 703-324-8732
- 19 **Mason District Park**  
6621 Columbia Pike  
Annandale 22003 • 703-941-1730
- 20 **Turner Farm Park**  
925 Springvale Road  
Great Falls 22066 • 703-324-8702
- 21 **Wakefield Park**  
8100 Braddock Road  
Annandale 22003 • 703-321-7081
- 22 **Water Mine Family Swimmin' Hole**  
1400 Lake Fairfax Drive  
Reston 20190 • 703-471-5414

## Nature Centers

- 23 **Ellanor C. Lawrence Park**  
5040 Walney Road  
Chantilly 20151 • 703-631-0013
- 24 **Green Spring Gardens**  
4603 Green Spring Road  
Alexandria 22312 • 703-642-5173
- 25 **Hidden Oaks Nature Center**  
7701 Royce St.  
Annandale 22003 • 703-941-1065
- 26 **Hidden Pond Nature Center**  
8511 Greeley Blvd.  
Springfield 22152 • 703-451-9588
- 27 **Huntley Meadows Park**  
3701 Lockheed Blvd.  
Alexandria 22306 • 703-768-2525
- 28 **Riverbend Park**  
8700 Potomac Hills St.  
Great Falls 22066 • 703-759-9018

## Historic Sites

- 29 **Cabell's Mill**  
5235 Walney Road  
Centreville 20151 • 703-827-0609
- 30 **Clark House**  
6332 Barcroft Mews Drive  
Falls Church 22041 • 703-827-0609
- 31 **Colvin Run Mill**  
10017 Colvin Run Road  
Great Falls 22066 • 703-759-2771
- 32 **Dranesville Tavern**  
11919 Leesburg Pike  
Dranesville 20170 • 703-827-0609
- 33 **Great Falls Grange and Forestville Schoolhouse**  
9818 Georgetown Pike  
Great Falls 22066 • 703-827-0609

## Historic Sites

- 34 **Nottoway Park & Hunter House**  
9537 Courthouse Road  
Vienna 22181 • 703-827-0609
- 35 **Stone Mansion & Stoneybrooke Park**  
3900 Stoneybrooke Drive  
Alexandria 22306 • 703-827-0609
- 36 **Sully Historic Site**  
3650 Historic Sully Way  
Chantilly 20151 • 703-437-1794

## Golf Courses

- 37 **Burke Lake Golf Center**  
6915 Ox Road  
Fairfax Station 22039 • 703-323-1641
- 38 **Greendale Golf Course**  
6700 Telegraph Road  
Alexandria 22310 • 703-971-6170
- 39 **Jefferson District Golf Course**  
7900 Lee Highway  
Falls Church 22042 • 703-573-0443
- 40 **Laurel Hill Golf Club**  
8701 Laurel Crest Drive  
Lorton 22079 • 703-493-8849
- 41 **Oakmont Golf Center**  
(formerly Oak Marr Golf Complex)  
3136 Jermantown Road  
Oakton 22124 • 703-255-5390
- 42 **Pinecrest Golf Course**  
6600 Little River Turnpike  
Alexandria 22312 • 703-941-1061
- 43 **Twin Lakes Golf Course**  
6201 Union Mill Road  
Clifton 20124 • 703-631-9372
- 44 **FPCA Headquarters**  
12055 Government Center Parkway,  
Suite 927, Fairfax 22035 • 703-324-8700

Visit [www.fairfaxcounty.gov/parks/locator](http://www.fairfaxcounty.gov/parks/locator) for more park locations and directions.



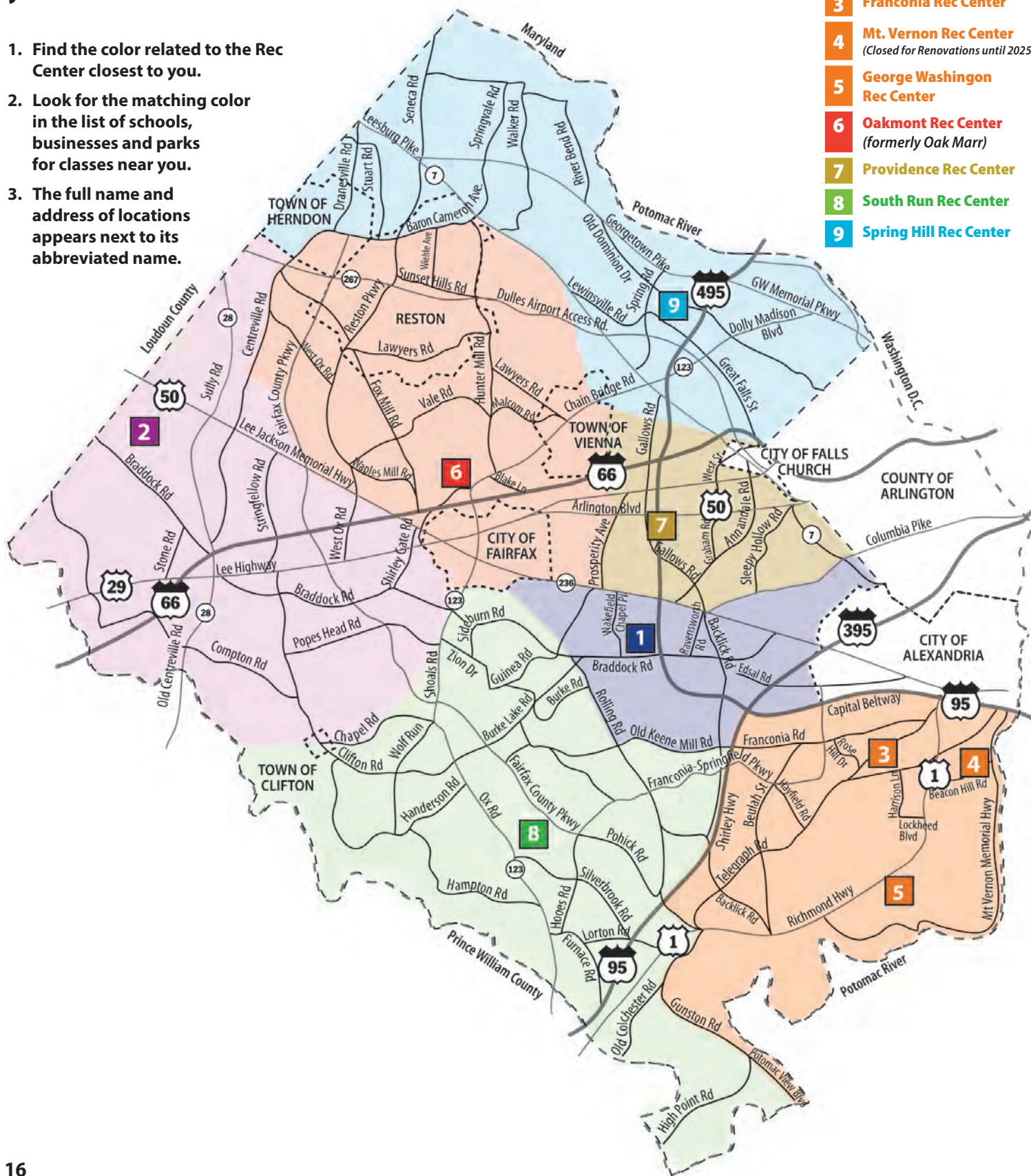


# LOCATION ABBREVIATION GUIDE

Looking for conveniently located Park Authority classes in your Rec Center service area?

1. Find the color related to the Rec Center closest to you.
2. Look for the matching color in the list of schools, businesses and parks for classes near you.
3. The full name and address of locations appears next to its abbreviated name.

- 1** Audrey Moore Rec Center
- 2** Cub Run Rec Center
- 3** Franconia Rec Center
- 4** Mt. Vernon Rec Center  
(Closed for Renovations until 2025)
- 5** George Washington Rec Center
- 6** Oakmont Rec Center  
(formerly Oak Marr)
- 7** Providence Rec Center
- 8** South Run Rec Center
- 9** Spring Hill Rec Center





Abbrv	Name	Address	City, Zip
<b>1: Audrey Moore/Wakefield</b>			
AnnandalePk	Annandale Park	4030 Hummer Rd	Annandale 22003
AnnandaleTerr ES	Annandale Terrace Elementary	7604 Herald St	Annandale 22003
BrenMarPk ES	Bren Mar Park Elementary	6344 Beryl Rd	Alexandria 22312
Camelot ES	Camelot Elementary	8100 Guinevere Dr	Annandale 22003
CntrbryWdsEs	Canterbury Woods Elementary	4910 Willet Drive	Annandale 22003
CrestwoodES	Crestwood Elementary	6910 Hanover Avenue	Springfield 22150
Frost MS	Frost Middle School	4101 Pickett Road	Fairfax 22032
GrnSprGardn	Green Spring Gardens Park	4603 Green Spring Rd	Alexandria 22312
Hidden Oaks	Hidden Oaks Nature Center	7701 Royce St	Annandale 22003
Irving MS	Irving Middle School	8100 Old Keene Mill Rd	Springfield 22152
Keene MI ES	Keene Mill Elementary	6310 Bardu Ave	Springfield 22152
LkAccotinkPk	Lake Accotink Park	7500 Accotink Park Dr	Springfield 22151
Lynbrook ES	Lynbrook Elementary	5801 Backlick Rd	Springfield 22150
Olde Crk ES	Olde Creek Elementary	9524 Old Creek Rd	Fairfax 22032
Pinecrest GC	Pinecrest Golf Course	6600 Little River Tnpk	Alexandria 22312
Poe MS	Poe Middle School	7000 Cindy Lane	Annandale 22003
RavensworthES	Ravensworth Elementary	5411 Nutting Drive	Springfield 22151
Wkfld/Moore	Wakefield RECenter	8100 Braddock Rd	Annandale 22003
Woodson HS	Woodson High School	9525 Main St	Fairfax 22031

<b>2: Cub Run</b>			
ArrowbrookPk	Arrowbrook Park	2351 Field Point Rd	Herndon 20170
Cub Run ES	Cub Run Elementary	5301 Sully Station Dr	Centreville 20120
CubRunREC	Cub Run Rec Center	4630 Stonecroft Blvd.	Chantilly 20151
DeerPark ES	Deer Park Elementary	15109 Carlbern Drive	Centreville 20120
ECLawrencePk	Ellanor C. Lawrence Park	5040 Walney Rd	Chantilly 20151
Fairfax Fencers	Fairfax Fencers	4433 Brookfield Corporate Dr	Chantilly 20151
Floris ES	Floris Elementary School	2708 Centreville Rd	Herndon 20171
Frying Pan Pk	Frying Pan Park	2709 West Ox Rd	Herndon 20171
GreenbrW ES	Greenbriar West Elementary	13300 Poplar Tree Rd	Fairfax 22033
Patriot Park North	Patriot Park North	5425 Willow Springs School Rd	Fairfax 22030
Stone MS	Stone Middle School	5500 Sully Park Dr	Centreville 20120
SullyCommCtr	Sully Community Center	13808 Wall Rd	Herndon 20171
Sully	Sully Historic Site	3650 Historic Sully Way	Chantilly 20151
TwnLk Golf	Twin Lakes Golf Course	6201 Union Mill Rd	Clifton 20124
Westfield HS	Westfield High School	4700 Stonecroft Blvd	Chantilly 20151

<b>3-5: Franconia /Mt. Vernon /GW</b>			
Belle Vw ES	Belle View Elementary	6701 Fort Hunt Rd	Alexandria 22307
Bucknell ES	Bucknell Elementary	6925 University Dr	Alexandria 22307
FranconiaREC	Franconia Rec Center	6601 Telegraph Rd	Franconia 22310
GWREC	George Washington Rec Center	8426 Old Mount Vernon Rd	Alexandria 22309
Greendale Golf Co	Greendale Golf Course	6700 Telegraph Rd	Alexandria 22310
Groveton ES	Groveton Elementary	6900 Harrison Ln	Alexandria 22306
Hayfield ES	Hayfield Elementary	7622 Telegraph Rd	Alexandria 22315
HistHuntley	Historic Huntley	6918 Harrison Ln	Alexandria 22306
HuntMdws	Huntley Meadows Park	3701 Lockheed Blvd	Alexandria 22306
Lane ES	Lane Elementary	7137 Beulah St	Alexandria 22315
Mt Eagle ES	Mount Eagle Elementary	6116 N Kings Hwy	Alexandria 22303
MtVernWds ES	Mt Vernon Woods Elementary	4015 Fielding St	Alexandria 22309
Rose HI ES	Rose Hill Elementary	6301 Rose Hill Dr	Alexandria 22310
Stone Mansion	Stone Mansion	3900 Stoneybrooke Dr	Alexandria 22306
Waynewood ES	Waynewood Elementary	1205 Waynewood Blvd	Alexandria 22308
Woodlawn ES	Woodlawn Elementary	8505 Highland Ln	Alexandria 22039
WoodleyHillsES	Woodley Hills Elementary	8718 Old Mount Vernon Road	Alexandria 22309

<b>6: Oakmont (formerly Oak Marr)</b>			
Cunn Pk ES	Cunningham Park Elementary	1001 Park Street	Vienna 2210
FfxIceArena	Fairfax Ice Arena	3779 Pickett Rd	Fairfax 22030
Flint HI ES	Flint Hill Elementary	2444 Flint Hill Rd	Vienna 22181
Hunter House	Hunter House	9537 Courthouse Rd	Vienna 22181
LkFairfax Pk	Lake Fairfax Park	1400 Lake Fairfax Dr	Reston 20190
LdbExFrOKs	Lead by Example TKD	11226 Waples Mill Rd	Fairfax 22033
Navy ES	Navy Elementary	3500 West Ox Road	Fairfax 22033
NottowayPk	Nottoway Park	9601 Courthouse Rd	Vienna 22181
Oakmont Golf Ctr	Oakmont Golf Center	3200 Jermantown Rd	Oakton 22124
Oakmont REC	Oakmont Rec Center	3200 Jermantown Rd	Oakton 22124
Oakton ES	Oakton Elementary	3000 Chain Bridge Rd	Oakton 22124
Waples MI ES	Waples Mill Elementary	11509 Waples Mill Rd	Oakton 22124

Abbrv	Name	Address	City, Zip
<b>7: Providence</b>			
Acton Academy	Acton Academy	513 W Broad Street #110c	Falls Church 22046
Clark House	Clark House	6338 Barcroft Mews Dr	Alexandria 22312
Jackson MS	Jackson Middle School	3020 Gallows Rd	Falls Church 22042
Jefferson Golf	Jefferson Golf Course	7900 Lee Hwy	Falls Church 22042
JRheeFlsCh	Jhoon Rhee Falls Church	1136 West Broad St	Falls Church 22046
MasonDistPk	Mason District Park	6621 Columbia Pike	Annandale, 22003
NOVA Fencers	No. VA Fencers Club	3431-E Carlin Springs Rd	Falls Church 22041
Pine Spring ES	Pine Spring Elementary	7607 Willow Lane	Falls Church 22042
ProvREC	Providence Rec Center	7525 Marc Dr	Falls Church 22042
RndtreePk	Roundtree Park	3411 Casilear Rd	Falls Church 22042
Shrevewd ES	Shrevewood Elementary	7525 Shreve Rd	Falls Church 22043
Stenwood ES	Stenwood Elementary	2620 Gallows Road	Vienna 22180
Woodbrn ES	Woodburn Elementary	3401 Hemlock Dr	Falls Church 22042

<b>8: South Run</b>			
BlkBTffx	Black Belt Academy Fairfax	10635 Braddock Rd	Fairfax 22032
BurkeLakeGolf	Burke Lake Golf	6915 Ox Rd	Fairfax Station 22039
Burke Lake Pk	Burke Lake Park	7315 Ox Rd	Fairfax Station 22039
Card Fst ES	Cardinal Forest Elementary	8600 Forrester Blvd	Springfield 22152
Garfield ES	Garfield Elementary	7101 Old Keene Mill Rd	Springfield 22150
Gunston ES	Gunston Elementary	10100 Gunston Rd	Lorton 22079
Hidden Pond	Hidden Pond Nature Center	8511 Greeley Blvd	Springfield 22152
Huntsman Lk	Huntsman Lake	9150 Dorothy Ln	Springfield 22153
Lk Mercer Pk	Lake Mercer Park	9500 Silverbrook Rd	Fairfax Station 22039
Laurel Hill GC	Laurel Hill Golf Course	8701 Laurel Crest Dr	Lorton 22079
LaurelHillPk	Laurel Hill Park	8400 Lorton Rd	Lorton 22079
Lorton Stn ES	Lorton Station Elementary	9298 Lewis Chapel Rd	Lorton 22079
NewingtnFrst ES	Newington Forest Elementary	8001 Newington Forest Ave	Springfield 22153
OrngHunt ES	Orange Hunt Elementary	6820 Sydenstricker Rd	Springfield 22152
RollngVly ES	Rolling Valley Elementary	6703 Barnack Dr	Springfield 22152
RollVallyW Pk	Rolling Valley West Park	6512 Sydenstricker Rad	Burke 22015
RoyalLakePk	Royal Lake Park	5344 Gainsborough Dr	Fairfax, 22032
Sangster ES	Sangster Elementary	7420 Reservation Dr	Springfield 22153
Saratoga ES	Saratoga Elementary	8111 Northumberland Rd	Springfield 22153
SoCounty MS	South County Middle School	8700 Laurel Crest Drive	Lorton 22079
SoRunREC	South Run Rec Center	7550 Reservation Dr	Springfield 22153
TerraCentreES	Terra Centre Elementary	6000 Burke Centre Parkway	Burke 22015
WstSprngfld ES	West Springfield ES	6802 Deland Dr	Springfield 22152

<b>9: Spring Hill</b>			
B2R McLean	Bach to Rock McLean	6649A Old Dominion Drive	McLean 22101
ChurchillRd ES	Churchill Road Elementary	7100 Churchill Rd	McLean 22101
Clemjyontri	Clemjyontri Park	6317 Georgetown Pike	McLean 22101
ColvinRun ES	Colvin Run Elementary	1400 Trap Rd	Vienna 22182
ColvinRunMill	Colvin Run Mill	10017 Colvin Run Rd	Great Falls 22066
Cooper MS	Cooper Middle School	977 Balls Hill Road	McLean 22101
Dransvil Trvn	Dranesville Tavern	11919 Leesburg Pk	Herndon 20171
FreedomH ES	Freedom Hill Elementary	1945 Lord Fairfax Rd	Vienna 22182
GrtFlsGrange	Great Falls Grange	9818 Georgetown Pk	Great Falls 22066
Lewinsville House	Lewinsville House	1659 Chain Bridge Rd	McLean 22101
Lewinsville PK	Lewinsville Park	1659 Chain Bridge Road	McLean 22101
McLeanCntrlPk	McLean Central Park	1468 Dolley Madison Blvd	McLean 22102
RiverbendPk	Riverbend Park	8700 Potomac Hills St	Great Falls 22066
ScottsRnNat	Scotts Run Nature Preserve	7400 Georgetown Pk	McLean 22102
SpringHI ES	Spring Hill Elementary	8201 Lewinsville Rd	McLean 22102
SpHillREC	Spring Hill Rec Center	1239 Spring Hill Rd	McLean 22102
TurnerFarmPk	Turner Farm Park	925 Springvale Rd	Great Falls 22066



For a complete list of locations and addresses, scan the QR code or visit [www.fairfaxcounty.gov/parktates](http://www.fairfaxcounty.gov/parktates)



## Adapted Recreation Programs

Scan the QR code to go directly to the Parktakes Online Adapted Recreation Programs page.



### ADA/Inclusion Support



In keeping with the Americans with Disabilities Act (ADA), Fairfax County is committed to giving all residents equal access to recreational opportunities. Park Authority activities, programs, camps and classes are inclusive, and reasonable accommodations are available for people with disabilities. ADA accommodations include sign interpreters, assistive listening devices, program modifications and inclusion support. To request accommodations, or for more information about adapted program opportunities, call 703-324-8727. The Park Authority makes every attempt to provide accommodations; however, fulfillment of requests received with less than 10 days notice cannot be guaranteed.

### Facility Accessibility

The Fairfax County Park Authority offers parks and facilities that are accessible to all Fairfax County residents. For information on accessible features or issues associated with usage, call 703-324-8727 or visit [www.fairfaxcounty.gov/parks/ada-inclusion](http://www.fairfaxcounty.gov/parks/ada-inclusion).

### Follow guidelines when registering

We suggest if it has been a month or longer since a student has participated in a swimming lesson, that they repeat the previous course completed. If you have any questions about which class is right for you or your child, please contact the Adapted Program Specialist at 703-324-8565. For safety reasons and to ensure customers get the maximum aquatic program benefits, the Park Authority reserves the right to remove students from an inappropriate class and either issue a refund or place them, when possible, in a class that better matches their ability.

### Practice and Repetition are keys to success

Each student progresses at a different speed in learning aquatic skills. Students often repeat a level several times before developing the endurance and skill proficiency necessary for advancement. Repeating a level does not constitute failure; it is to be expected. Mastering skills takes time, practice, and patience.



Slides • Bubblers • Sprays • Lazy River • Open year-round  
[www.fairfaxcounty.gov/parks/recenter/cubrun](http://www.fairfaxcounty.gov/parks/recenter/cubrun)



### Adapted Aquatics

#### Adapted Swimming-Preschoolers

**(3-5 yrs.)** Through play and individual attention, preschoolers and their parents work on adjusting to a new environment. Focus is on entry and exit skills, water safety, blowing bubbles and arm and leg propulsion on the front and back. Parent participation is required.

4AF 8--30 minute lessons--\$127						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Sa	9:20am	COA.SM03	6/15	4AF	
SoRunREC	Sa	11:45am	COA.6EXN	6/15	4AF	
SoRunREC	Su	12:15pm	COA.XHN5	6/16	4AF	

#### Adapted Swimming 1

**(6-12 yrs.)** This is a learn-to-swim class designed for students with disabilities. Students engage in activities to overcome fear and gain basic swimming and water safety skills. Skills include entering and exiting the water safely, blowing bubbles, floating and the introduction of arm and leg action with assistance. Parent/caregiver participation may be required.

4AE	7--30 minute lessons--\$111				
4AF	8--30 minute lessons--\$127				
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	10am	E4B.WX6E	6/15	4AF
ProvREC	Su	11am	E4B.NF4G	6/23	4AE
SoRunREC	Sa	9:05am	E4B.6RFP	6/15	4AF
SoRunREC	Su	12:55pm	E4B.M4CJ	6/16	4AF

#### Adapted Swimming 2

**(6-12 yrs.)** Prerequisite: Swimming 1 or equivalent skill proficiency. This is a learn-to-swim class designed for students with disabilities. Students should be comfortable entering the water on their own, blowing bubbles, and using their arms and legs to swim with assistance. Skills include floating on both front and back, gliding and swimming without assistance. Parent/caregiver participation may be required.

4AE	7--30 minute lessons--\$111				
4AF	8--30 minute lessons--\$127				
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	10:20am	6D7.96ZK	6/15	4AF
ProvREC	Su	11:35am	6D7.7STA	6/23	4AE
SoRunREC	Sa	9:45am	6D7.YGTA	6/15	4AF
SoRunREC	Su	1:35pm	6D7.AMK5	6/16	4AF

### Adapted Swimming 3

**(6-12 yrs.)** Prerequisite: Swimming 2 or equivalent skill proficiency. This is a learn-to-swim class designed for students with disabilities. Students should be able to swim at least two body lengths without assistance. Skills include treading water, retrieving objects and swimming on both front and back without assistance. Parent/caregiver participation may be required.

<b>4AE</b>	<b>7--30 minute lessons--\$111</b>				
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>				
<b>Location</b>	<b>Day</b>	<b>Time</b>	<b>Code</b>	<b>Begin</b>	<b>\$</b>
OakmontREC	Sa	11:20am	422.NSK6	6/15	4AF
SoRunREC	Sa	10:25am	422.HQSU	6/15	4AF

### Learn to Swim Teens/Adults w/Disabilities

**(13-Adult)** Classes take place in depths of less than five feet. Skills include entering and exiting water, floating, gliding on front and back, breathing techniques, and using arms and legs to perform front crawl and elementary backstroke. Parent/caregiver participation may be required.

4AF 8--30 minute lessons--\$127					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	12pm	03B.IK2E	6/15	4AF
SoRunREC	Sa	11:05am	03B.RBBP	6/15	4AF

### Adapted Intro to Basic Strokes

**(8-Adult)** Prerequisite: Students must be able to swim a minimum of 15 yards independently. This class is designed to prepare students with disabilities for more advanced competitive swimming and focuses on the basic steps and progressions of the four competitive strokes: front crawl, back crawl, breaststroke and butterfly.

<b>4AO</b>	<b>7--45 minute lessons--\$112</b>				
<b>4AP</b>	<b>8--45 minute lessons--\$130</b>				
<b>Location</b>	<b>Day</b>	<b>Time</b>	<b>Code</b>	<b>Begin</b>	<b>\$</b>
CubRunREC	Sa	2pm	E06.IG7Q	6/15	4AP
OakmontREC	Sa	12:40pm	E06.3LC5	6/15	4AP
ProvREC	Su	12:15pm	E06.BJXL	6/23	4AO

### Swim Team Training/Intermediate Swimmers w/Disabilities

**(8-Adult)** Prerequisite: Swimmers must be able to swim 25 yards on their front and back. Prior competitive experience is not necessary. This is competitive training for swimmers who may want to participate in Special Olympics. Swimmers are coached in freestyle, backstroke, breaststroke and butterfly.

4AZ 8--55 minute lessons--\$135					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	3pm	C26.X7M8	6/15	4AZ
OakmontREC	Su	2pm	C26.GVGO	6/16	4AZ

### Swim Team Training/Advanced Swimmers w/Disabilities

**(8-Adult)** Prerequisite: Swimmers must be able to swim 25 yards in the front and back while circle swimming with other swimmers. This is competitive training for swimmers who may want to participate in Special Olympics. Swimmers are coached in freestyle, backstroke, breaststroke and butterfly.

4AZ		8--55 minute lessons--\$135			
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	4pm	B1D.KOV8	6/15	4AZ
Franconia Rec	W	7pm	B1D.SZP9	6/12	4AZ
OakmontREC	Su	1pm	B1D.NQMK	6/16	4AZ
OakmontREC	Su	3pm	B1D.9Z2A	6/16	4AZ



### Aqua Fitness-Individuals w/Physical Disabilities

**(13-Adult)** Students with physical disabilities (cerebral palsy, spinal cord injury, MS, etc.) work at their individual ability levels as they pursue their personal fitness goals. Shallow water exercises and swim program improve body awareness and increase range of motion, flexibility and muscle tone. Wheelchair users welcome. Caretaker/family member participation may be required.

4AP 8--45 minute lessons--\$130						
Location	Day	Time	Code	Begin	\$	
SpHillREC	Su	3:30pm	460.IHA0	6/9	4AP	
SpHillREC	Su	4:15pm	460.GSNY	6/9	4AP	
SpHillREC	Su	5pm	460.UU2V	6/9	4AP	
Wkfld/Moore	F	11am	460.5FLM	6/14	4AP	

### Adapted Sports & Fitness

#### Adapted Fitness Training

**(13-Adult)** Designed for students who have mild intellectual disabilities who can participate in a class with a 4:1 ratio. Learn fitness and wellness skills in a fun and social environment. Class may include weight room exercises, team games, yoga, swimming, outdoor activities and nutrition instruction. Students must be able to ambulate independently.

4AX 6--55 minute lessons--\$102						
Location	Day	Time	Code	Begin	\$	
OakmontREC	T	5pm	76F.09XK	7/9	4AX	

#### Adapted Walking Soccer

**(6-12 yrs.)** This slow-paced Sanowar Fitness class is designed for individuals with intellectual disabilities. Class aims to increase cardiovascular health and develop balance, agility and coordination while learning developmental soccer skills.

CSVA 6--55 minute lessons--\$114						
Location	Day	Time	Code	Begin	\$	
Olde Crk ES	Sa	9am	6C3.WTBJ	6/23	DAVA	
Olde Crk ES	Sa	10am	6C3.RKXO	6/23	DAVA	

#### Adapted Tae Kwon Do I

Class is designed for students with disabilities on the high-functioning end of the autism spectrum. Students learn basic kicking, punching, blocking and sparring skills and forms as they improve confidence and flexibility. Martial arts uniforms are required. Extra fee for belt testing.

DMVB 8--45 minute lessons--\$121						
Location	Day	Time	Code	Begin	\$	
(5-10 yrs.						
LdbyExFrOks	Sa	3:30pm	A12.D94P	6/15	DMVB	
(10-17 yrs.)						
LdbyExFrOks	Sa	4:15pm	EEC.XOSG	6/15	DMVB	
(16-Adult)						
LdbyExFrOks	W	7:45pm	456.JHT5	6/19	DMVB	

#### Adapted Yoga

**(13-Adult)** This class for individuals with intellectual disabilities focuses on basic yoga positions to improve strength, balance and flexibility and introduces breathing techniques for physical and mental relaxation. Please bring a mat. Parent/caregiver participation may be required.

3EB 8--55 minute lessons--\$105						
3EL 8--45 minute lessons--\$104						
Location	Day	Time	Code	Begin	\$	
SoRunREC	Th	6:10pm	DOE.WRH9	7/11	3EL	
SpHillREC	F	5:15pm	DOE.44LC	7/12	3EB	

### Adapted Other Opportunities

#### Adapted Dance Flow

**(13-Adult)** This class for individuals with intellectual disabilities stimulates body awareness in a fun, creative way. Various dance styles, from hip-hop to line dancing, cultivate fine and gross motor skills, encourage attention, cooperation and self-expression in a safe, structured environment.

3EB 8--55 minute lessons--\$105						
Location	Day	Time	Code	Begin	\$	
SpHillREC	F	4:15pm	522.KUT8	7/12	3EB	

### Adapted Park Explorers

**(6-11 yrs.)** See the best that our park has to offer with topics that fit your interests. Explore different features of the park with hands-on science and nature activities tailored to young people with disabilities. A different topic each month. Parents must be accessible during the program but are not required to register.

4B4 1--1 hour program--\$11						
Location	Day	Time	Code	Begin	\$	
HiddenOaks	Sa	10am	206.NQ7A	6/8	4B4	
ECLawrencePk	Sa	6pm	206.OSY9	7/20	4B4	

## FCCA Adapted Swim Teams

Swimming is a highly popular sport that is enjoyed by millions of people worldwide. It is not only a fun recreational activity but also serves as a crucial life skill that promotes water safety. Additionally, swimming is an excellent way to participate in sports and competitions and offers numerous health benefits. For individuals with intellectual and developmental disabilities, swimming can be a particularly beneficial activity for improving physical health, socialization opportunities, and personal growth.

The Park Authority offers Adapted Swim Teams at five of our Rec Centers: Audrey Moore, Cub Run, Franconia, Oakmont, and Spring Hill. The swim season runs from January to June, during which each team participates in three to four swim meets annually. These teams are designed to cater to individuals with varying abilities ranging from short sprints to longer events that incorporate freestyle, backstroke, breaststroke, and butterfly techniques. The teams are also focused on developing social skills and confidence in athletes. Swimmers are coached in freestyle, backstroke, breaststroke, and butterfly, and must be able to swim 25 yards while circle swimming with others.

The Adapted Swim Teams program provides an excellent opportunity for athletes to engage in recreational activities and competitive swimming in a supportive environment. Swimmers are able to connect with others who share their passion for swimming and to learn from experienced coaches. To learn more about the Swim Team Program or other opportunities, please visit [www.fairfaxcounty.gov/parks/adapted-programs](http://www.fairfaxcounty.gov/parks/adapted-programs).





Aquatics

Scan the QR code to go directly to the Parktakes Online Aquatics page.



Fairfax County Park Authority aquatic facilities offer something for all ages and levels of swimming ability. Monthly calendars listing pool hours are available at the Park Authority's Rec Centers and online at [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks).

Follow guidelines when registering

We suggest if it has been a month or longer since a student has participated in a swimming lesson, that they repeat the previous course completed. If you have any questions about which class is right for you or your child, please contact the aquatic staff at your favorite Rec Center. For safety reasons and to ensure customers get the maximum aquatic program benefits, the Park Authority reserves the right to remove students from an inappropriate class and either issue a refund or place them, when possible, in a class that better matches their ability.

Practice and Repetition are keys to success

Each student progresses at a different speed in learning aquatic skills. Students often repeat a level several times before developing the endurance and skill proficiency necessary for advancement. Repeating a level does not constitute failure; it is to be expected. Mastering skills takes time, practice and patience.

Combining course levels

When enrollment is low, course levels may be combined to avoid class cancellations.

Pool Health Information

For more information about practicing healthy swim habits, please visit: [www.fairfaxcounty.gov/parks/rules/pool/pool-health](http://www.fairfaxcounty.gov/parks/rules/pool/pool-health)

One on One Swim Lessons

**(3-Adult)** Children must leave parent willingly, be comfortable in the water, and be able to follow simple directions. Private swim lessons are a great way to improve swimming skills and water safety techniques of any level. With one-on-one swim lessons, an instructor can spend more time helping overcome obstacles which may require more time or dedication than a standard swim lesson. Lessons are also available for adult swimmers. Senior discount does not apply to these lessons. See website for details and times.



Swim Classes for Children

Baby & Me Swim

**(6 mos.-18 mos.)** Register your baby for this class designed for babies and their parent(s), or other favorite adult who want to learn water adjustment and aquatic skills together in a fun environment. Learn how to enter and exit the water in a safe manner, feel comfortable in the water and explore submerging to the mouth, nose and eyes. Explore buoyancy on front and back, change body position and learn safety information. Two adults may participate with each child. Babies must wear tight-fitting swim diaper and plastic pants under bathing suit.

4AB	4--30 minute lessons--\$64
4AC	5--30 minute lessons--\$79
4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	665.DXYJ	6/22	4AE
CubRunREC	Sa	10:10am	665.AY8J	6/22	4AE
CubRunREC	Su	9am	665.GRXW	6/23	4AE
CubRunREC	Su	10:10am	665.JDC1	6/23	4AE
Franconia Rec	Sa	9:35am	665.HUW3	6/22	4AE
Franconia Rec	Su	9:35am	665.7FYR	7/14	4AC
GWREC	Sa	9am	665.RRTL	6/22	4AE
GWREC	Sa	10:10am	665.9MUH	6/22	4AE
OakmontREC	M/W	5:30pm	665.8NSI	6/17	4AC
OakmontREC	M-Th	9:30am	665.W03Q	6/17	4AE
OakmontREC	M-Th	10:45am	665.04DK	6/17	4AE
OakmontREC	T/Th	6:05pm	665.ATS2	6/18	4AC
OakmontREC	F	10:10am	665.XPDU	6/21	4AF
OakmontREC	F	11:30am	665.2DL0	6/21	4AF
OakmontREC	Sa	8am	665.VYVY	6/22	4AE
OakmontREC	Sa	9:45am	665.CXK8	6/22	4AE

OakmontREC	Sa	11:40am	665.TTLF	6/22	4AE
OakmontREC	Su	9:35am	665.TCRD	6/23	4AE
OakmontREC	Su	11:30am	665.GR60	6/23	4AE
OakmontREC	M-Th	9am	665.1RNL	7/1	4AE
OakmontREC	M-Th	10:45am	665.44DK	7/1	4AE
OakmontREC	M/W	5:30pm	665.ZLSW	7/8	4AD
OakmontREC	T/Th	6:05pm	665.6BV1	7/9	4AD
OakmontREC	M-Th	9am	665.V2HV	7/15	4AF
OakmontREC	M-Th	10:45am	665.F8DZ	7/15	4AF
OakmontREC	M/W	5:30pm	665.5IBU	7/29	4AD
OakmontREC	M-Th	9am	665.M12G	7/29	4AF
OakmontREC	M-Th	10:45am	665.TP24	7/29	4AF
OakmontREC	T/Th	6:05pm	665.686I	7/30	4AD
OakmontREC	M-Th	9am	665.AH2E	8/12	4AB
OakmontREC	M-Th	10:45am	665.HQD5	8/12	4AB
ProvREC	Sa	8:15am	665.ZJ55	6/22	4AE
ProvREC	Su	9am	665.QEZW	6/23	4AE
SoRunREC	M-Th	10:25am	665.TMEE	6/17	4AE
SoRunREC	Sa	10:25am	665.PBTB	6/22	4AF
SoRunREC	Su	9:35am	665.ZBR2	6/23	4AF
SoRunREC	M-Th	10:25am	665.REU1	7/1	4AE
SoRunREC	M-Th	10:25am	665.SQ06	7/15	4AF
SoRunREC	M-Th	10:25am	665.H18X	7/29	4AF
SpHillREC	M-Th	10:15am	665.9XYB	6/17	4AE
SpHillREC	Th	5:45pm	665.DURO	6/20	4AE
SpHillREC	F	10:05am	665.9VJS	6/21	4AF
SpHillREC	Sa	9:50am	665.QRP7	6/22	4AE
SpHillREC	Su	10:10am	665.PXX5	6/23	4AE
SpHillREC	M-Th	10:15am	665.TPRP	7/8	4AF
SpHillREC	M-Th	10:50am	665.0RQW	7/22	4AF
Wkfld/Moore	Sa	10:20am	665.0X98	6/22	4AE
Wkfld/Moore	Sa	11:25am	665.UEHF	6/22	4AE

Toddler & Me Swim

**(19 mos.-2 yrs.)** Register your toddler for this class designed for children and their parent(s) or other favorite adult(s) who want to learn water adjustment,



basic swimming and safety skills in a fun environment. Up to two adults may participate with each child. Children not toilet trained must wear tight-fitting swim diapers and plastic pants under their bathing suit.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>
<b>4AH</b>	<b>10--30 minute lessons--\$158</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:35am	FAB.625V	6/22	4AE
CubRunREC	Sa	10:10am	FAB.VDSX	6/22	4AE
CubRunREC	Sa	10:45am	FAB.UZ8M	6/22	4AE
CubRunREC	Sa	11:20am	FAB.CDHJ	6/22	4AE
CubRunREC	Su	9:35am	FAB.0M9W	6/23	4AE
CubRunREC	Su	10:10am	FAB.6JNV	6/23	4AE
CubRunREC	Su	10:45am	FAB.P9JF	6/23	4AE
CubRunREC	Su	11:20am	FAB.CY3Z	6/23	4AE
Franconia Rec	Sa	10:10am	FAB.DAXH	6/22	4AE
Franconia Rec	Sa	11:20am	FAB.T5SK	6/22	4AE
Franconia Rec	Su	10:10am	FAB.S5SG	7/14	4AC
Franconia Rec	Su	11:20am	FAB.ZUVR	7/14	4AC
GWREC	Sa	9:35am	FAB.492R	6/22	4AE
GWREC	Sa	10:50am	FAB.LM79	6/22	4AE
OakmontREC	M-Th	9:35am	FAB.7PGO	6/17	4AE
OakmontREC	F	10:55am	FAB.XOB4	6/21	4AF
OakmontREC	Sa	8:35am	FAB.JX78	6/22	4AE
OakmontREC	Sa	10:30am	FAB.5G46	6/22	4AE
OakmontREC	Sa	12:15pm	FAB.1D2P	6/22	4AE
OakmontREC	Su	10:10am	FAB.JROE	6/23	4AE
OakmontREC	Su	12:40pm	FAB.C63Y	6/23	4AE
OakmontREC	Su	12:40pm	FAB.L55R	6/23	4AE
OakmontREC	M-Th	9:35am	FAB.X535	7/1	4AE
OakmontREC	M-Th	9:35am	FAB.SXK6	7/15	4AF
OakmontREC	M-Th	9:35am	FAB.H9TQ	7/29	4AF
OakmontREC	M-Th	9:35am	FAB.TTBM	8/12	4AB
ProvREC	Sa	8:50am	FAB.UNEG	6/22	4AE
ProvREC	Su	9:35am	FAB.5BXY	6/23	4AE
SoRunREC	M/W	6:35pm	FAB.T7B7	6/17	4AE
SoRunREC	M-Th	9am	FAB.19E9	6/17	4AE
SoRunREC	M-Th	11:35am	FAB.A69M	6/17	4AE
SoRunREC	Sa	9am	FAB.V9ZX	6/22	4AF
SoRunREC	Sa	11:35am	FAB.9TEI	6/22	4AF
SoRunREC	Su	10:10am	FAB.FWE8	6/23	4AF
SoRunREC	M-Th	9am	FAB.D539	7/1	4AE
SoRunREC	M-Th	11:35am	FAB.8EJY	7/1	4AE
SoRunREC	M/W	6:35pm	FAB.PA8S	7/15	4AH
SoRunREC	M-Th	9am	FAB.DVHU	7/15	4AF
SoRunREC	M-Th	11:35am	FAB.WQF7	7/15	4AF
SoRunREC	M-Th	9am	FAB.JSMJ	7/29	4AF
SoRunREC	M-Th	11:35am	FAB.AMP5	7/29	4AF
SpHillREC	M-Th	10:15am	FAB.1QU6	6/17	4AE
SpHillREC	F	10:05am	FAB.J55K	6/21	4AF
SpHillREC	Sa	10:15am	FAB.SUTZ	6/22	4AE
SpHillREC	Sa	11:35am	FAB.GB07	6/22	4AE
SpHillREC	Su	9:35am	FAB.DGCB	6/23	4AE
SpHillREC	Su	10:45am	FAB.81MP	6/23	4AE
SpHillREC	W	6pm	FAB.3M7W	6/26	4AF
SpHillREC	M-Th	10:15am	FAB.74J7	7/8	4AF
SpHillREC	M-Th	10:50am	FAB.HU1G	7/22	4AF
SpHillREC	M-Th	10:15am	FAB.U2BX	8/5	4AF
Wkfld/Moore	Sa	9:35am	FAB.0LB5	6/22	4AE
Wkfld/Moore	Sa	10:50am	FAB.GOGO	6/22	4AE
Wkfld/Moore	Sa	12pm	FAB.DSCO	6/22	4AE
Wkfld/Moore	M-Th	10:25am	FAB.6HST	7/1	4AE


## Preschooler and Me Swim

(3-5 yrs.) Register your preschooler for this class designed for children and their parents(s) or other favorite adult(s) who want to learn water adjustment, basic swimming and safety skills in a fun environment.

Up to two adults may participate with each child. Children not toilet trained must wear tight-fitting swim diapers and plastic pants. This class is designed especially for children who have limited group social experience and are reluctant to leave their parents. All teaching is done through the adult. Skills: Same as Pee Wee Paddler I.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AD</b>	<b>6--30 minute lessons--\$96</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:45am	D6F.8VTC	6/22	4AE
CubRunREC	Su	10:45am	D6F.P2KJ	6/23	4AE
Franconia Rec	Sa	10:45am	D6F.QGH9	6/22	4AE
Franconia Rec	Su	10:45am	D6F.48A6	7/14	4AC
GWREC	Sa	11:25am	D6F.2KPJ	6/22	4AE
OakmontREC	M-Th	10:10am	D6F.A8DY	6/17	4AE
OakmontREC	T/Th	6:05pm	D6F.FHPA	6/18	4AC
OakmontREC	F	9:35am	D6F.BIBI	6/21	4AF
OakmontREC	Sa	9:10am	D6F.N99M	6/22	4AE
OakmontREC	Sa	11:05am	D6F.LM1M	6/22	4AE
OakmontREC	Sa	12:50pm	D6F.YZPP	6/22	4AE
OakmontREC	Su	9am	D6F.639Y	6/23	4AE
OakmontREC	Su	12:05pm	D6F.OA7L	6/23	4AE
OakmontREC	M-Th	10:10am	D6F.ZI25	7/1	4AE
OakmontREC	T/Th	6:05pm	D6F.IK6T	7/9	4AD
OakmontREC	M-Th	10:10am	D6F.YIZU	7/15	4AF
OakmontREC	M-Th	10:10am	D6F.UVUQ	7/29	4AF
OakmontREC	T/Th	6:05pm	D6F.XF2Z	7/30	4AD
OakmontREC	M-Th	10:10am	D6F.GM7E	8/12	4AB
ProvREC	Sa	9:25am	D6F.EG7G	6/22	4AE
ProvREC	Su	10:10am	D6F.UCWX	6/23	4AE
SoRunREC	M-Th	11:25am	D6F.H5CB	6/17	4AE
SoRunREC	Sa	11:35am	D6F.M898	6/22	4AF
SoRunREC	Su	9am	D6F.25HK	6/23	4AF
SoRunREC	M-Th	11:25am	D6F.ISD5	7/1	4AE
SoRunREC	M-Th	11:25am	D6F.VG0Q	7/15	4AF
SoRunREC	M-Th	11:25am	D6F.9YQ1	7/29	4AF
SpHillREC	Sa	11am	D6F.VC0G	6/22	4AE
SpHillREC	Su	11:20am	D6F.LQV5	6/23	4AE
SpHillREC	W	6:35pm	D6F.HGZK	6/26	4AF
SpHillREC	M-Th	11:25am	D6F.O66W	8/5	4AF
Wkfld/Moore	M-Th	10:25am	D6F.IUXS	6/17	4AE
Wkfld/Moore	Sa	9am	D6F.HL6Q	6/22	4AE
Wkfld/Moore	Sa	12:35pm	D6F.IR6J	6/22	4AE
Wkfld/Moore	M-Th	10:25am	D6F.DFUJ	7/15	4AF




**THE 4 S'S OF WATER SAFETY**

**SUPERVISION** Children should be directly supervised by an adult, even in the presence lifeguards. Non swimmers should be within reach of the supervising adult at all times.

**SECURE** Secure your private pool with a locking fence.

**SWIM** Learn how to swim well. The Park Authority offers a wide variety of swimming and water safety classes.

**SAFE** Swim in safe areas only. Ideally, swim only in places supervised by a lifeguard.



## Pee Wee Paddler I

(3-5 yrs.) Prerequisite: Child must leave parent willingly, be comfortable in the water, follow directions and function well in a group. When possible, children are grouped by ability. Class emphasizes helping children gain basic aquatic skills including entering and exiting the water safely, blowing bubbles with mouth and nose submerged, submerging under water. With assistance students learn to float and glide on front and back, rolling from front to back and back to front, swimming using arms and legs on front and back at least two body lengths. For safety reasons, flotation devices may be used. Flotation devices are used for all Pee Wee I classes at Audrey Moore and Franconia Rec Centers.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AD</b>	<b>6--30 minute lessons--\$96</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>
<b>4AG</b>	<b>9--30 minute lessons--\$141</b>
<b>4AH</b>	<b>10--30 minute lessons--\$158</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5pm	4EC.0GH7	6/17	4AE
CubRunREC	M-F	9:20am	4EC.J7JT	6/17	4AF
CubRunREC	Sa	9am	4EC.FY6X	6/22	4AE
CubRunREC	Sa	9:35am	4EC.8R2F	6/22	4AE
CubRunREC	Sa	10:10am	4EC.7NPZ	6/22	4AE
CubRunREC	Sa	11:20am	4EC.U7Q2	6/22	4AE
CubRunREC	Su	9am	4EC.NP2L	6/23	4AE
CubRunREC	Su	9:35am	4EC.TARV	6/23	4AE
CubRunREC	Su	10:10am	4EC.PL5R	6/23	4AE
CubRunREC	Su	11:20am	4EC.87TT	6/23	4AE
CubRunREC	M-F	9:20am	4EC.YQ4C	7/1	4AF
CubRunREC	M/W	5pm	4EC.RZT9	7/15	4AF
CubRunREC	M-Th	9:20am	4EC.7T3G	7/15	4AF
CubRunREC	M-Th	9:20am	4EC.K6AQ	7/29	4AE
Franconia Rec	M/W	5:30pm	4EC.CCXX	6/17	4AF
Franconia Rec	M/W	6:05pm	4EC.YWC6	6/17	4AF
Franconia Rec	M-Th	9:30am	4EC.S9X0	6/17	4AF
Franconia Rec	T	5:30pm	4EC.NOL1	6/18	4AF
Franconia Rec	T	6:05pm	4EC.BC19	6/18	4AF
Franconia Rec	Th	5:30pm	4EC.LLGT	6/20	4AE
Franconia Rec	F	5pm	4EC.D6OK	6/21	4AE
Franconia Rec	F	5:35pm	4EC.SVTL	6/21	4AE
Franconia Rec	Sa	9am	4EC.MNCW	6/22	4AE
Franconia Rec	Sa	9:35am	4EC.4JQN	6/22	4AE
Franconia Rec	Sa	11:55am	4EC.5SXS	6/22	4AE
Franconia Rec	Su	9am	4EC.N4JO	7/14	4AC
Franconia Rec	Su	10:10am	4EC.E6BL	7/14	4AC
Franconia Rec	Su	12:30pm	4EC.ZVQT	7/14	4AC
Franconia Rec	M-Th	9:30am	4EC.YFJ3	7/1	4AE
Franconia Rec	M/W	5:30pm	4EC.M08L	7/15	4AF
Franconia Rec	M/W	6:05pm	4EC.JH7Q	7/15	4AF
Franconia Rec	M-Th	9:30am	4EC.YJPL	7/15	4AF
Franconia Rec	M-Th	9:30am	4EC.5L7M	7/29	4AF
Franconia Rec	M-Th	11:15am	4EC.WSR4	7/29	4AF
GWREC	M	5pm	4EC.QAPE	6/17	4AF
GWREC	T/Th	9am	4EC.54GN	6/18	4AB
GWREC	Sa	9:40am	4EC.V2RH	6/22	4AE
GWREC	Sa	10:50am	4EC.W2KG	6/22	4AE
GWREC	Su	9:35am	4EC.UQK5	6/23	4AE
GWREC	Su	10:50am	4EC.Q3DH	6/23	4AE
GWREC	T/Th	9am	4EC.XY9P	7/9	4AB
GWREC	T/Th	9am	4EC.A9Q6	8/6	4AB
OakmontREC	M/W	5:30pm	4EC.KTV9	6/17	4AC
OakmontREC	M-Th	9am	4EC.QW0E	6/17	4AE
OakmontREC	T/Th	5:30pm	4EC.QG8A	6/18	4AC
OakmontREC	F	9:35am	4EC.HD8E	6/21	4AF
OakmontREC	Sa	8am	4EC.XVQH	6/22	4AE
OakmontREC	Sa	9:10am	4EC.QA5R	6/22	4AE
OakmontREC	Sa	11:40am	4EC.IGIY	6/22	4AE



# Aquatics

OakmontREC	Sa	12:50pm	4EC.EARX	6/22	4AE	Wkfld/Moore	M-Th	10:25am	4EC.XJCO	6/17	4AE
OakmontREC	Su	9am	4EC.9T84	6/23	4AE	Wkfld/Moore	T/Th	5:30pm	4EC.3XMG	6/18	4AE
OakmontREC	Su	12:05pm	4EC.ASSV	6/23	4AE	Wkfld/Moore	T/Th	6:05pm	4EC.YE07	6/18	4AE
OakmontREC	M-Th	9am	4EC.ZMKS	7/1	4AE	Wkfld/Moore	F	5:30pm	4EC.J21R	6/21	4AE
OakmontREC	M/W	5:30pm	4EC.52KH	7/8	4AD	Wkfld/Moore	F	6:05pm	4EC.S3TW	6/21	4AE
OakmontREC	T/Th	5:30pm	4EC.ZAX2	7/9	4AD	Wkfld/Moore	Sa	9am	4EC.WMMH	6/22	4AE
OakmontREC	M-Th	9am	4EC.INYO	7/15	4AF	Wkfld/Moore	Sa	10:25am	4EC.UVBN	6/22	4AE
OakmontREC	M/W	5:30pm	4EC.FSMT	7/29	4AD	Wkfld/Moore	Sa	12:35pm	4EC.VVYN	6/22	4AE
OakmontREC	M-Th	9am	4EC.XEQL	7/29	4AF	Wkfld/Moore	M-Th	9:50am	4EC.13HD	7/1	4AE
OakmontREC	T/Th	5:30pm	4EC.178Z	7/30	4AD	Wkfld/Moore	M-Th	10:25am	4EC.74EP	7/1	4AE
OakmontREC	M-Th	9am	4EC.W7G2	8/12	4AB	Wkfld/Moore	Su	9am	4EC.QDLC	7/14	4AC
ProvREC	M	5:45pm	4EC.9M45	6/17	4AF	Wkfld/Moore	Su	10:25am	4EC.OUXZ	7/14	4AC
ProvREC	Sa	8:50am	4EC.1Y67	6/22	4AE	Wkfld/Moore	Su	12:35pm	4EC.46G5	7/14	4AC
ProvREC	Sa	9:25am	4EC.45RB	6/22	4AE	Wkfld/Moore	M/W	5:30pm	4EC.ZTZE	7/15	4AF
ProvREC	Sa	12:15pm	4EC.YKWH	6/22	4AE	Wkfld/Moore	M/W	6:05pm	4EC.79WG	7/15	4AF
ProvREC	Su	9am	4EC.PJ53	6/23	4AE	Wkfld/Moore	M-Th	9:50am	4EC.JD0X	7/15	4AF
ProvREC	Su	10:10am	4EC.RFN3	6/23	4AE	Wkfld/Moore	M-Th	10:25am	4EC.58BY	7/15	4AF
ProvREC	Su	12:25pm	4EC.BREE	6/23	4AE	Wkfld/Moore	T/Th	5:30pm	4EC.9WYM	7/16	4AF
SoRunREC	M/W	6pm	4EC.257Z	6/17	4AE	Wkfld/Moore	T/Th	6:05pm	4EC.MMAM	7/16	4AF
SoRunREC	M/W	6:35pm	4EC.40Q3	6/17	4AE	Wkfld/Moore	M-Th	9:50am	4EC.8R7T	7/29	4AF
SoRunREC	M-Th	9am	4EC.PGZQ	6/17	4AE	Wkfld/Moore	M-Th	10:25am	4EC.7PTP	7/29	4AF
SoRunREC	M-Th	9:35am	4EC.KG7N	6/17	4AE						
SoRunREC	M-Th	11:30am	4EC.YNUN	6/17	4AE						
SoRunREC	T/Th	6pm	4EC.5GXX	6/18	4AE						
SoRunREC	T/Th	7:25pm	4EC.8WD8	6/18	4AE						
SoRunREC	Sa	9am	4EC.40NI	6/22	4AF						
SoRunREC	Sa	9:35am	4EC.WPJU	6/22	4AF						
SoRunREC	Sa	11:30am	4EC.S2EG	6/22	4AF						
SoRunREC	Su	9am	4EC.FTZR	6/23	4AF						
SoRunREC	Su	10:10am	4EC.F9XR	6/23	4AF						
SoRunREC	Su	10:40am	4EC.UPCY	6/23	4AF						
SoRunREC	Su	11:20am	4EC.OSFJ	6/23	4AF						
SoRunREC	M-Th	9am	4EC.TKAV	7/1	4AE						
SoRunREC	M-Th	9:35am	4EC.8KBX	7/1	4AE						
SoRunREC	M-Th	11:30am	4EC.S16B	7/1	4AE						
SoRunREC	M/W	6pm	4EC.Z70C	7/15	4AH						
SoRunREC	M/W	6:35pm	4EC.TU9J	7/15	4AH						
SoRunREC	M-Th	9am	4EC.TJ0G	7/15	4AF						
SoRunREC	M-Th	9:35am	4EC.E0I5	7/15	4AF						
SoRunREC	M-Th	11:30am	4EC.Z047	7/15	4AF						
SoRunREC	T/Th	6pm	4EC.2UQJ	7/16	4AH						
SoRunREC	T/Th	7:25pm	4EC.OHQP	7/16	4AH						
SoRunREC	M-Th	9am	4EC.D06G	7/29	4AF						
SoRunREC	M-Th	9:35am	4EC.WCUB	7/29	4AF						
SoRunREC	M-Th	11:30am	4EC.N4MW	7/29	4AF						
SphillREC	M	4pm	4EC.FRUD	6/17	4AG						
SphillREC	M	5:45pm	4EC.QCS3	6/17	4AG						
SphillREC	M-Th	8:30am	4EC.RODU	6/17	4AE						
SphillREC	M-Th	11:25am	4EC.N3K6	6/17	4AE						
SphillREC	T	4pm	4EC.FVOA	6/18	4AG						
SphillREC	T	5:35pm	4EC.LOMT	6/18	4AG						
SphillREC	Th	4pm	4EC.808K	6/20	4AF						
SphillREC	F	3:55pm	4EC.A54H	6/21	4AE						
SphillREC	F	5:05pm	4EC.3FYE	6/21	4AE						
SphillREC	F	9:30am	4EC.MGEB	6/21	4AF						
SphillREC	Sa	9am	4EC.CEBO	6/22	4AE						
SphillREC	Sa	9:35am	4EC.6POM	6/22	4AE						
SphillREC	Sa	10:45am	4EC.GTSK	6/22	4AE						
SphillREC	Sa	11:20am	4EC.P6ZQ	6/22	4AE						
SphillREC	Sa	12:30pm	4EC.EYAO	6/22	4AE						
SphillREC	Su	9am	4EC.VYUN	6/23	4AE						
SphillREC	Su	9:35am	4EC.66I3	6/23	4AE						
SphillREC	Su	10:45am	4EC.A5RI	6/23	4AE						
SphillREC	Su	11:20am	4EC.4UHP	6/23	4AE						
SphillREC	Su	11:55am	4EC.R6CI	6/23	4AE						
SphillREC	W	5:10pm	4EC.OAUS	6/26	4AF						
SphillREC	M-Th	8:30am	4EC.20JH	7/8	4AF						
SphillREC	M-Th	10:50am	4EC.WTVP	7/8	4AF						
SphillREC	M-Th	9:40am	4EC.2IBK	7/22	4AF						
SphillREC	M-Th	9:40am	4EC.3CHW	8/5	4AF						
Wkfld/Moore	M/W	5:30pm	4EC.LPMK	6/17	4AE						
Wkfld/Moore	M/W	6:05pm	4EC.6W4R	6/17	4AE						
Wkfld/Moore	M-Th	9:50am	4EC.4TK1	6/17	4AE						

## Pee Wee Paddler II

**(3-5 yrs.)** Prerequisites: Pee Wee Paddler I or equivalent skill proficiency. Class emphasizes helping children increase independence in their skill performance while continuing to increase comfort in the water. Skills include bobbing, floating and gliding on front and back with and without assistance, swimming on front and back at least three body lengths with and without assistance. Flotation devices may be used.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AD</b>	<b>6--30 minute lessons--\$96</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>
<b>4AG</b>	<b>9--30 minute lessons--\$141</b>
<b>4AH</b>	<b>10--30 minute lessons--\$158</b>
<b>4ANC</b>	<b>5--30 minute lessons--\$123</b>
<b>4ANE</b>	<b>7--30 minute lessons--\$172</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5:35pm	7D6.50N2	6/17	4AE
CubRunREC	M-F	9:55am	7D6.LYC6	6/17	4AF
CubRunREC	T/Th	6:45pm	7D6.37ML	6/18	4AE
CubRunREC	Sa	9am	7D6.Y3A3	6/22	4AE
CubRunREC	Sa	9:35am	7D6.QRLJ	6/22	4AE
CubRunREC	Sa	10:45am	7D6.EJW8	6/22	4AE
CubRunREC	Sa	11:20am	7D6.Q35A	6/22	4AE
CubRunREC	Su	9am	7D6.1CWG	6/23	4AE
CubRunREC	Su	9:35am	7D6.NA2L	6/23	4AE
CubRunREC	Su	10:45am	7D6.MYYN	6/23	4AE
CubRunREC	Su	11:20am	7D6.63WP	6/23	4AE
CubRunREC	M-F	9:55am	7D6.8K1P	7/1	4AF
CubRunREC	M/W	5:35pm	7D6.AA23	7/15	4AF
CubRunREC	M/W	6:10pm	7D6.BYR2	7/15	4AF
CubRunREC	M-Th	9:55am	7D6.P7XD	7/15	4AF
CubRunREC	T/Th	6:45pm	7D6.9717	7/16	4AF
CubRunREC	M-Th	9:55am	7D6.7TSV	7/29	4AF
Franconia Rec	M/W	5:30pm	7D6.V4AW	6/17	4AF
Franconia Rec	M/W	6:05pm	7D6.JAHJ	6/17	4AF
Franconia Rec	M-Th	10:05am	7D6.8AHV	6/17	4AF
Franconia Rec	T	5:30pm	7D6.ECBL	6/18	4AF
Franconia Rec	T	6:05pm	7D6.OJJ2	6/18	4AF
Franconia Rec	Th	5:30pm	7D6.H7NL	6/20	4AE
Franconia Rec	F	5pm	7D6.FX0J	6/21	4AE
Franconia Rec	Sa	9am	7D6.0DSQ	6/22	4AE
Franconia Rec	Sa	9:35am	7D6.VFD8	6/22	4AE
Franconia Rec	Sa	12:30pm	7D6.YSEE	6/22	4AE
Franconia Rec	Su	9am	7D6.P2N4	7/14	4AC
Franconia Rec	Su	10:45am	7D6.ZEES	7/14	4AC
Franconia Rec	Su	11:55am	7D6.H379	7/14	4AC
Franconia Rec	M-Th	10:05am	7D6.83M3	7/1	4AE

Franconia Rec	M/W	5:30pm	7D6.RIK2	7/15	4AF
Franconia Rec	M/W	6:05pm	7D6.W41C	7/15	4AF
Franconia Rec	M-Th	10:05am	7D6.55WH	7/15	4AF
Franconia Rec	M-Th	10:05am	7D6.SUHN	7/29	4AF
GWREC	M	5:35pm	7D6.R8RY	6/17	4AF
GWREC	T	5pm	7D6.7VDW	6/18	4AF
GWREC	T/Th	9:35am	7D6.LBND	6/18	4AB
GWREC	Sa	9:05am	7D6.5VYZ	6/22	4AE
GWREC	Sa	10:15am	7D6.AMS9	6/22	4AE
GWREC	Su	9am	7D6.2BAE	6/23	4AE
GWREC	Su	10:10am	7D6.37WK	6/23	4AE
GWREC	T/Th	9:35am	7D6.U5Q3	7/9	4AB
GWREC	T/Th	9:35am	7D6.C5GT	8/6	4AB
OakmontREC	M/W	5:30pm	7D6.2COR	6/17	4AC
OakmontREC	M-Th	9am	7D6.6WY8	6/17	4AE
OakmontREC	T/Th	5:30pm	7D6.KGT3	6/18	4AC
OakmontREC	F	9:35am	7D6.1KLD	6/21	4AF
OakmontREC	Sa	8am	7D6.ON50	6/22	4AE
OakmontREC	Sa	9:10am	7D6.NPNC	6/22	4AE
OakmontREC	Sa	11:40am	7D6.JR0I	6/22	4AE
OakmontREC	Sa	12:50pm	7D6.DQX0	6/22	4AE
OakmontREC	Su	9am	7D6.J27N	6/23	4AE
OakmontREC	Su	12:05pm	7D6.0Q20	6/23	4AE
OakmontREC	M-Th	9am	7D6.ZV93	7/1	4AE
OakmontREC	M/W	5:30pm	7D6.2LGY	7/8	4AD
OakmontREC	T/Th	5:30pm	7D6.D4UW	7/9	4AD
OakmontREC	M-Th	9am	7D6.WJID	7/15	4AF
OakmontREC	M/W	5:30pm	7D6.EIDB	7/29	4AD
OakmontREC	M-Th	9am	7D6.RXFM	7/29	4AF
OakmontREC	T/Th	5:30pm	7D6.ECEO	7/30	4AD
OakmontREC	M-Th	9am	7D6.7GMH	8/12	4AB
ProvREC	M	5:45pm	7D6.WHAM	6/17	4AF
ProvREC	M-F	9:30am	7D6.WUKR	6/17	4AG
ProvREC	W	6pm	7D6.GNPM	6/19	4AF
ProvREC	Sa	8:15am	7D6.DXIS	6/22	4AE

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- **Pee Wee Paddler** (3-7 years)
- **Swimming for Children** (6-12 years)
- **Stroke Mechanics** (6-18 years)



[www.fairfaxcounty.gov/parks/reccenter/swimming](http://www.fairfaxcounty.gov/parks/reccenter/swimming)





ProvREC	Sa	8:50am	7D6.4ST8	6/22	4AE	SpHillREC	Su	12:30pm	7D6.D7QD	6/23	4AE
ProvREC	Su	9:35am	7D6.HQ54	6/23	4AE	SpHillREC	W	4pm	7D6.85NV	6/26	4AF
ProvREC	Su	12:25pm	7D6.6FVG	6/23	4AE	SpHillREC	W	6:20pm	7D6.NZ85	6/26	4AF
ProvREC	M-F	9:30am	7D6.JHTQ	7/15	4AH	SpHillREC	M-Th	9:40am	7D6.SC8L	7/8	4AF
SoRunREC	M/W	6pm	7D6.X66L	6/17	4AE	SpHillREC	M-Th	10:15am	7D6.HBSN	7/22	4AF
SoRunREC	M/W	6:50pm	7D6.OZAU	6/17	4AE	SpHillREC	M-Th	8:30am	7D6.KN80	8/5	4AF
SoRunREC	M-Th	9am	7D6.W52F	6/17	4AE	Wkfld/Moore	M-Th	9:50am	7D6.R2U0	6/17	4AE
SoRunREC	M-Th	9:35am	7D6.TAXI	6/17	4AE	Wkfld/Moore	Sa	9am	7D6.9Z5X	6/22	4AE
SoRunREC	M-Th	10:10am	7D6.H3A4	6/17	4AE	Wkfld/Moore	Sa	10:25am	7D6.QTXT	6/22	4AE
SoRunREC	T/Th	6pm	7D6.JZU0	6/18	4AE	Wkfld/Moore	Sa	10:25am	7D6.3R45	7/14	4AC
SoRunREC	T/Th	6:35pm	7D6.WXLD	6/18	4AE	Wkfld/Moore	Sa	10:25am	7D6.9KC9	7/14	4AC
SoRunREC	Sa	9am	7D6.H5KQ	6/22	4AF	Wkfld/Moore	Sa	9am	591.WCR8	6/22	4ANE
SoRunREC	Sa	9:35am	7D6.CPLO	6/22	4AF	Wkfld/Moore	Sa	9am	591.X1HA	7/14	4ANC
SoRunREC	Sa	10:10am	7D6.8IOR	6/22	4AF						
SoRunREC	Su	9am	7D6.NLF5	6/23	4AF						
SoRunREC	Su	9:35am	7D6.DUHT	6/23	4AF						
SoRunREC	Su	10:45am	7D6.JDU0	6/23	4AF						
SoRunREC	M-Th	9am	7D6.WMRV	7/1	4AE						
SoRunREC	M-Th	9:35am	7D6.P941	7/1	4AE						
SoRunREC	M-Th	10:10am	7D6.H9VR	7/1	4AE						
SoRunREC	M/W	6pm	7D6.KVEI	7/15	4AH						
SoRunREC	M/W	6:50pm	7D6.RTDG	7/15	4AH						
SoRunREC	M-Th	9am	7D6.ZDBA	7/15	4AF						
SoRunREC	M-Th	9:35am	7D6.EJ74	7/15	4AF						
SoRunREC	M-Th	10:10am	7D6.HATO	7/15	4AF						
SoRunREC	T/Th	6pm	7D6.YRR6	7/16	4AH						
SoRunREC	T/Th	6:35pm	7D6.7BH2	7/16	4AH						
SoRunREC	M-Th	9am	7D6.BMVK	7/29	4AF						
SoRunREC	M-Th	9:35am	7D6.3IYD	7/29	4AF						
SoRunREC	M-Th	10:10am	7D6.29YY	7/29	4AF						
SpHillREC	M	4:35pm	7D6.OZWN	6/17	4AG						
SpHillREC	M-Th	9:05am	7D6.EUVJ	6/17	4AE						
SpHillREC	T	6:10pm	7D6.5HWJ	6/18	4AG						
SpHillREC	Th	4:35pm	7D6.R5PR	6/20	4AF						
SpHillREC	F	4:30pm	7D6.XFR5	6/21	4AE						
SpHillREC	F	10:40am	7D6.9QC4	6/21	4AF						
SpHillREC	Sa	9:35am	7D6.EYK	6/22	4AE						
SpHillREC	Sa	10:10am	7D6.M1P0	6/22	4AE						
SpHillREC	Sa	11:20am	7D6.R1NA	6/22	4AE						
SpHillREC	Sa	11:55am	7D6.LGSD	6/22	4AE						
SpHillREC	Su	9am	7D6.MC31	6/23	4AE						
SpHillREC	Su	9:35am	7D6.DTCJ	6/23	4AE						
SpHillREC	Su	10:10am	7D6.73VF	6/23	4AE						
SpHillREC	Su	11:20am	7D6.K9HE	6/23	4AE						

## Pee Wee Paddler III

**(4-6 yrs.)** Prerequisites: Pee Wee II or equivalent skill proficiency. Class emphasizes helping children gain basic swimming propulsive skills and increase endurance and distance without assistance or using flotation devices. Skills include jumping in chest deep water, submerging and holding breath five seconds, bobbing, treading water, swimming front crawl 10 yards, and on back five yards.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AD</b>	<b>6--30 minute lessons--\$96</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>
<b>4AG</b>	<b>9--30 minute lessons--\$141</b>
<b>4AH</b>	<b>10--30 minute lessons--\$158</b>
<b>4ANC</b>	<b>5--30 minute lessons--\$123</b>
<b>4ANE</b>	<b>7--30 minute lessons--\$172</b>
<b>4ANG</b>	<b>9--30 minute lessons--\$222</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5pm	E4E.77QD	6/17	4AE
CubRunREC	M/W	6:10pm	E4E.S01D	6/17	4AE
CubRunREC	M-F	10:30am	E4E.3J4Q	6/17	4AF
CubRunREC	T/Th	6:10pm	E4E.S7X2	6/18	4AE
CubRunREC	Sa	9am	E4E.PWOY	6/22	4AE
CubRunREC	Sa	9:35am	E4E.M1T3	6/22	4AE
CubRunREC	Sa	10:10am	E4E.VXWI	6/22	4AE
CubRunREC	Sa	10:45am	E4E.YPVV	6/22	4AE
CubRunREC	Sa	11:20am	E4E.FQ72	6/22	4AE

CubRunREC	Su	9am	E4E.BMAC	6/23	4AE
CubRunREC	Su	9:35am	E4E.SP6Z	6/23	4AE
CubRunREC	Su	10:10am	E4E.7NTG	6/23	4AE
CubRunREC	Su	10:45am	E4E.1742	6/23	4AE
CubRunREC	Su	11:20am	E4E.LPPR	6/23	4AE
CubRunREC	M-F	10:30am	E4E.YG9A	7/15	4AF
CubRunREC	M/W	5pm	E4E.VYWZ	7/15	4AF
CubRunREC	M/W	6:10pm	E4E.PHEV	7/15	4AF
CubRunREC	M-Th	10:30am	E4E.JYH2	7/15	4AF
CubRunREC	T/Th	6:10pm	E4E.60BE	7/16	4AF
CubRunREC	M-Th	10:30am	E4E.NXVN	7/29	4AF
Franconia Rec	M/W	5:30pm	E4E.ZHQ6	6/17	4AF
Franconia Rec	M/W	6:05pm	E4E.WCJW	6/17	4AF
Franconia Rec	M-Th	10:40am	E4E.B3NR	6/17	4AF
Franconia Rec	T	5:30pm	E4E.21GE	6/18	4AF
Franconia Rec	Th	6:05pm	E4E.5G4S	6/20	4AE
Franconia Rec	F	5:35pm	E4E.OYMG	6/21	4AE
Franconia Rec	Sa	9am	E4E.D3EA	6/22	4AE
Franconia Rec	Sa	10:10am	E4E.OPCY	6/22	4AE
Franconia Rec	Sa	12:25pm	E4E.RYQ3	6/22	4AE
Franconia Rec	Su	9:35am	E4E.3A4W	7/14	4AC
Franconia Rec	Su	12:30pm	E4E.XGEK	7/14	4AC
Franconia Rec	M-Th	10:40am	E4E.OVZ6	7/1	4AE
Franconia Rec	M/W	5:30pm	E4E.ZAIL	7/15	4AF
Franconia Rec	M-Th	10:40am	E4E.ZU75	7/15	4AF
Franconia Rec	M-Th	10:40am	E4E.NHNY	7/29	4AF
GWREC	M	6:10pm	E4E.V573	6/17	4AF
GWREC	T	5:35pm	E4E.P5LR	6/18	4AF
GWREC	T/Th	10:10am	E4E.66FC	6/18	4AB
GWREC	Sa	9:55am	E4E.6YDZ	6/22	4AE
GWREC	Sa	12pm	E4E.6R8Y	6/22	4AE
GWREC	Su	9:55am	E4E.PTB6	6/23	4AE
GWREC	Su	11:25am	E4E.KSKH	6/23	4AE
GWREC	T/Th	10:10am	E4E.R3J8	7/9	4AB
GWREC	T/Th	10:10am	E4E.6LXF	8/6	4AB
OakmontREC	M/W	5:30pm	E4E.WKUF	6/17	4AC
OakmontREC	M-Th	9am	E4E.6VS4	6/17	4AE
OakmontREC	T/Th	5:30pm	E4E.H3N4	6/18	4AC
OakmontREC	F	9:35am	E4E.DZEL	6/21	4AF
OakmontREC	Sa	8am	E4E.5REK	6/22	4AE
OakmontREC	Sa	9:10am	E4E.GVFX	6/22	4AE
OakmontREC	Sa	11:40am	E4E.E2VW	6/22	4AE
OakmontREC	Sa	12:50pm	E4E.4BA8	6/22	4AE
OakmontREC	Su	9:35am	E4E.RCZL	6/23	4AE
OakmontREC	Su	11:30am	E4E.8T9C	6/23	4AE
OakmontREC	M-Th	9am	E4E.ATKI	7/1	4AE
OakmontREC	M/W	5:30pm	E4E.WSCW	7/8	4AD
OakmontREC	T/Th	5:30pm	E4E.XF1E	7/9	4AD
OakmontREC	M-Th	9am	E4E.CEIC	7/15	4AF
OakmontREC	M/W	5:30pm	E4E.079X	7/29	4AD
OakmontREC	M-Th	9am	E4E.XL2W	7/29	4AF
OakmontREC	T/Th	5:30pm	E4E.UXIL	7/30	4AD
OakmontREC	M-Th	9am	E4E.051N	8/12	4AB
ProvREC	M-F	9:30am	E4E.K4B3	6/17	4AG
ProvREC	T	6pm	E4E.JBG1	6/18	4AF
ProvREC	W	6pm	E4E.J36S	6/19	4AF
ProvREC	Sa	9:25am	E4E.3ECT	6/22	4AE
ProvREC	Sa	11:40am	E4E.XBOP	6/22	4AE
ProvREC	Su	9:35am	E4E.GW0X	6/23	4AE
ProvREC	Su	10:10am	E4E.49GY	6/23	4AE

**Cub Run Rec Center INDOOR POOL PLAYGROUND**

Slides • Bubblers • Sprays • Lazy River • Open year-round

[www.fairfaxcounty.gov/parks/reccenter/cubrun](http://www.fairfaxcounty.gov/parks/reccenter/cubrun)



# Aquatics

ProvREC	M-F	9:30am	E4E.YQDO	7/15	4AH
SoRunREC	M/W	7:25pm	E4E.68XD	6/17	4AE
SoRunREC	M-Th	9am	E4E.7LH5	6/17	4AE
SoRunREC	M-Th	11:10am	E4E.3W68	6/17	4AE
SoRunREC	T/Th	6:50pm	E4E.7PBQ	6/18	4AE
SoRunREC	T/Th	7:10pm	E4E.Z98P	6/18	4AE
SoRunREC	Sa	9am	E4E.EAXF	6/22	4AF
SoRunREC	Sa	11am	E4E.GD7B	6/22	4AF
SoRunREC	Su	9:35am	E4E.EYXE	6/23	4AF
SoRunREC	Su	11am	E4E.P0J8	6/23	4AF
SoRunREC	M-Th	9am	E4E.O6XZ	7/1	4AE
SoRunREC	M-Th	11:10am	E4E.P2J1	7/1	4AE
SoRunREC	M/W	7:25pm	E4E.MUQC	7/15	4AH
SoRunREC	M-Th	9am	E4E.8GPH	7/15	4AF
SoRunREC	M-Th	11:10am	E4E.ERY5	7/15	4AF
SoRunREC	T/Th	6:50pm	E4E.1Z1K	7/16	4AH
SoRunREC	T/Th	7:10pm	E4E.0X0Z	7/16	4AH
SoRunREC	M-Th	9am	E4E.78MH	7/29	4AF
SoRunREC	M-Th	11:10am	E4E.KGJR	7/29	4AF
SpHillREC	M	5:10pm	E4E.RDVQ	6/17	4AG
SpHillREC	M-Th	9:40am	E4E.7Q6M	6/17	4AE
SpHillREC	T	6:45pm	E4E.0KOD	6/18	4AG
SpHillREC	Th	7:15pm	E4E.GN7I	6/20	4AF
SpHillREC	F	5pm	E4E.VF12	6/21	4AE
SpHillREC	Sa	9am	E4E.5J52	6/22	4AE
SpHillREC	Sa	11:55am	E4E.3EVH	6/22	4AE
SpHillREC	Sa	12:30pm	E4E.WB63	6/22	4AE
SpHillREC	Su	10:10am	E4E.IR8Q	6/23	4AE
SpHillREC	Su	10:45am	E4E.HTQD	6/23	4AE
SpHillREC	Su	11:55am	E4E.W53G	6/23	4AE
SpHillREC	W	4:35pm	E4E.HDYD	6/26	4AF
SpHillREC	M-Th	9:05am	E4E.2Z7F	7/8	4AF
SpHillREC	M-Th	9:05am	E4E.LPZQ	7/22	4AF
SpHillREC	M-Th	10:10am	E4E.3CDL	8/5	4AF
Wkfld/Moore	F	5:30pm	E4E.VH7V	6/21	4AE
Wkfld/Moore	F	6:05pm	E4E.KJZM	6/21	4AE
Wkfld/Moore	Sa	9am	E4E.HRDY	6/22	4AE
Wkfld/Moore	Sa	10:25am	E4E.Z9JK	6/22	4AE
Wkfld/Moore	Su	9am	E4E.JWTU	7/14	4AC
Wkfld/Moore	Su	10:25am	E4E.RK8G	7/14	4AC
SpHillREC	M	4:15pm	667.B6WF	6/17	4ANG
Wkfld/Moore	Sa	12:25pm	667.9QF9	6/22	4ANE
Wkfld/Moore	Su	12:25pm	667.YE6V	7/14	4ANC

## Pee Wee Paddler IV

**(4-6 yrs.)** Prerequisite: Pee Wee Paddler III or equivalent skill proficiency. Class emphasizes helping students continue to improve their endurance and water treading skills, front crawl and back strokes. Skills include swimming front crawl 15 yards, elementary backstroke and back crawl five yards, diving (sitting and kneeling) from side of pool in deep water and treading water for 20 seconds.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AD</b>	<b>6--30 minute lessons--\$96</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>
<b>4AG</b>	<b>9--30 minute lessons--\$141</b>
<b>4AH</b>	<b>10--30 minute lessons--\$158</b>
<b>4ANC</b>	<b>5--30 minute lessons--\$123</b>
<b>4AND</b>	<b>6--30 minute lessons--\$148</b>
<b>4ANE</b>	<b>7--30 minute lessons--\$172</b>
<b>4ANF</b>	<b>8--30 minute lessons--\$196</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5:35pm	198.MG2R	6/17	4AE
CubRunREC	M-F	10:10am	198.MN8W	6/17	4AF
CubRunREC	T/Th	6:45pm	198.VKG4	6/18	4AE
CubRunREC	Sa	9:35am	198.2MBL	6/22	4AE
CubRunREC	Su	9:35am	198.8QKI	6/23	4AE
CubRunREC	M-F	10:10am	198.9PZN	7/1	4AF
CubRunREC	M/W	5:35pm	198.HT3C	7/15	4AF



CubRunREC	M-Th	10:10am	198.3G5G	7/15	4AF
CubRunREC	T/Th	6:45pm	198.XE36	7/16	4AF
CubRunREC	M-Th	10:10am	198.6TQD	7/29	4AF
Franconia Rec	M/W	6:40pm	198.LWUB	6/17	4AF
Franconia Rec	M-Th	11:15am	198.3L1Y	6/17	4AF
Franconia Rec	T	6:05pm	198.Z25E	6/18	4AF
Franconia Rec	Th	6:05pm	198.KMVI	6/20	4AE
Franconia Rec	Sa	10:10am	198.PEBC	6/22	4AE
Franconia Rec	Su	11:20am	198.4Z0Q	7/14	4AC
Franconia Rec	M-Th	11:15am	198.2GMK	7/1	4AE
Franconia Rec	M/W	6:05pm	198.5J43	7/15	4AF
GWREC	M-Th	11:35am	198.UD6H	6/17	4AE
GWREC	T	6:10pm	198.NCZF	6/18	4AF
GWREC	Sa	10:30am	198.JXLM	6/22	4AE
GWREC	Sa	12:05pm	198.WLVT	6/22	4AE
GWREC	M-Th	11:35am	198.BUJB	7/15	4AF
GWREC	M-Th	11:35am	198.5PLW	7/29	4AF
OakmontREC	M/W	6:05pm	198.PLZI	6/17	4AC
OakmontREC	M-Th	9:15am	198.134L	6/17	4AE
OakmontREC	Sa	8:35am	198.W210	6/22	4AE
OakmontREC	Sa	12:15pm	198.QAVY	6/22	4AE
OakmontREC	Su	9:35am	198.55PC	6/23	4AE
OakmontREC	Su	11:30am	198.1VKJ	6/23	4AE
OakmontREC	M-Th	9:15am	198.5MZO	7/1	4AE
OakmontREC	M/W	6:05pm	198.8JAR	7/8	4AD
OakmontREC	M-Th	9:15am	198.3VCE	7/15	4AF
OakmontREC	M/W	6:05pm	198.RIYM	7/29	4AD
OakmontREC	M-Th	9:15am	198.DF2D	7/29	4AF
OakmontREC	M-Th	9:15am	198.9ABM	8/12	4AB
ProvREC	T	6pm	198.IYTS	6/18	4AF
ProvREC	Sa	8:15am	198.5DRI	6/22	4AE
ProvREC	Sa	12:15pm	198.4ETB	6/22	4AE
ProvREC	Su	9am	198.X3X9	6/23	4AE
ProvREC	M-F	9:30am	198.HU09	7/1	4AF
ProvREC	M-F	9:30am	198.1UTM	7/29	4AH
SoRunREC	M-Th	11:45am	198.KZX4	6/17	4AE
SoRunREC	Sa	11:35am	198.HGWD	6/22	4AF
SoRunREC	Su	11:45am	198.DAAU	6/23	4AF
SoRunREC	M-Th	11:45am	198.ABOU	7/1	4AE
SoRunREC	M-Th	11:45am	198.JUFP	7/15	4AF
SoRunREC	M-Th	11:45am	198.XLUX	7/29	4AF
SpHillREC	M	4:50pm	198.9Y4W	6/17	4AG
SpHillREC	M-Th	10:50am	198.4XD9	6/17	4AE
SpHillREC	T	5pm	198.500L	6/18	4AG
SpHillREC	Th	5:10pm	198.9UUN	6/20	4AF
SpHillREC	Sa	10:30am	198.4900	6/22	4AE
SpHillREC	Su	9am	198.8URD	6/23	4AE
SpHillREC	Su	12:10pm	198.EMR1	6/23	4AE
SpHillREC	W	7:20pm	198.VKZA	6/26	4AF
SpHillREC	M-Th	11:25am	198.5782	7/22	4AF

SpHillREC	M-Th	9:05am	198.0AQY	8/5	4AF
Wkfld/Moore	T/Th	5:30pm	198.JFYG	6/18	4AE
Wkfld/Moore	F	5:30pm	198.3L82	6/21	4AE
Wkfld/Moore	T/Th	5:30pm	198.N5MG	7/18	4AF
OakmontREC	T/Th	5:30pm	9DB.BRPC	6/18	4ANC
OakmontREC	F	10:10am	9DB.XFVP	6/21	4ANF
OakmontREC	Su	10:55am	9DB.BZX8	6/23	4ANE
OakmontREC	T/Th	5:30pm	9DB.MKJV	7/9	4AND
OakmontREC	T/Th	5:30pm	9DB.WM6X	7/30	4AND
SpHillREC	W	7:10pm	9DB.PXHV	6/26	4ANF
SpHillREC	M-Th	8:30am	9DB.722S	7/22	4ANF
Wkfld/Moore	M/W	6:05pm	9DB.DETS	6/17	4ANE
Wkfld/Moore	Sa	9am	9DB.NUSD	6/22	4ANE
Wkfld/Moore	Sa	12:15pm	9DB.EOTP	6/22	4ANE
Wkfld/Moore	Su	9am	9DB.V9IE	7/14	4ANC
Wkfld/Moore	Su	12:25pm	9DB.S25G	7/14	4ANC
Wkfld/Moore	M/W	6:05pm	9DB.FWHL	7/15	4ANF

## Pee Wee Paddler V

**(4-6 yrs.)** Prerequisite: Pee Wee Paddler IV or equivalent skill proficiency. Class emphasizes helping students improve their swimming stroke mechanics and increase endurance. Skills include swimming front crawl and elementary backstroke 25 yards, back crawl 15 yards, breaststroke 10 yards, standing dives in deep water and treading water for 20 seconds.

<b>4AB</b>	<b>4--30 minute lessons--\$64</b>
<b>4AC</b>	<b>5--30 minute lessons--\$79</b>
<b>4AD</b>	<b>6--30 minute lessons--\$96</b>
<b>4AE</b>	<b>7--30 minute lessons--\$111</b>
<b>4AF</b>	<b>8--30 minute lessons--\$127</b>
<b>4AG</b>	<b>9--30 minute lessons--\$141</b>
<b>4AH</b>	<b>10--30 minute lessons--\$158</b>
<b>4ANC</b>	<b>5--30 minute lessons--\$123</b>
<b>4AND</b>	<b>6--30 minute lessons--\$148</b>
<b>4ANE</b>	<b>7--30 minute lessons--\$172</b>
<b>4ANF</b>	<b>8--30 minute lessons--\$196</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	6:10pm	631.XWGC	6/18	4AE
CubRunREC	Sa	9am	631.W3Y5	6/22	4AE
CubRunREC	Sa	9am	631.Y2A4	6/22	4AE
CubRunREC	Su	9am	631.RPXB	6/23	4AE
CubRunREC	T/Th	6:10pm	631.MDED	7/16	4AE
Franconia Rec	T	6:40pm	631.NU8N	6/18	4AF
Franconia Rec	Sa	12:25pm	631.2KXB	6/22	4AE
Franconia Rec	Su	11:55am	631.4JUD	7/14	4AC
Franconia Rec	M/W	6:40pm	631.A59D	7/15	4AF
Franconia Rec	M-Th	11:15am	631.U3HD	7/15	4AF
GWREC	Sa	10:55am	631.Q3PR	6/22	4AE
OakmontREC	M/W	6:05pm	631.IUVH	6/17	4AC
OakmontREC	M-Th	9:35am	631.OZ3B	6/17	4AE



OakmontREC	Sa	8:35am	631.FIY6	6/22	4AE
OakmontREC	Sa	9:45am	631.JVT1	6/22	4AE
OakmontREC	Sa	12:15pm	631.K08Q	6/22	4AE
OakmontREC	Su	10:10am	631.CUVB	6/23	4AE
OakmontREC	Su	12:40pm	631.HHJ0	6/23	4AE
OakmontREC	M-Th	9:35am	631.00HS	7/1	4AE
OakmontREC	M/W	6:05pm	631.B5W6	7/8	4AD
OakmontREC	M-Th	9:35pm	631.0TCH	7/15	4AF
OakmontREC	M/W	6:05pm	631.HBNV	7/29	4AD
OakmontREC	M-Th	9:35pm	631.Y9MZ	7/29	4AF
OakmontREC	M-Th	9:35pm	631.PSIC	8/12	4AB
ProvREC	Sa	11:40am	631.7D9J	6/22	4AE
ProvREC	Su	12:25pm	631.1RR5	6/23	4AE
ProvREC	M-F	9:30am	631.AJAX	7/1	4AF
ProvREC	M-F	9:30am	631.PD1K	7/29	4AH
SphillREC	M	7:20pm	631.ZQPB	6/17	4AG
SphillREC	Sa	10:10am	631.9VLF	6/22	4AE
SphillREC	Su	9:35am	631.FC1V	6/23	4AE
SphillREC	Su	12:30pm	631.AVOZ	6/23	4AE
SphillREC	W	5:45pm	631.BFOA	6/26	4AF
SphillREC	M-Th	5:45pm	631.SU2H	7/8	4AF
Wkfld/Moore	Sa	12pm	631.NGGR	6/22	4AE
Wkfld/Moore	Su	12pm	631.SJQT	7/14	4AC
OakmontREC	T/Th	5:30pm	166.75S4	6/18	4ANC
OakmontREC	F	10:10am	166.MSS7	6/21	4ANF
OakmontREC	Sa	10:30am	166.AQKB	6/22	4ANE
OakmontREC	Su	10:55am	166.XEIN	6/23	4ANE
OakmontREC	T/Th	5:30pm	166.2JXF	7/9	4AND
OakmontREC	T/Th	5:30pm	166.PPJP	7/30	4AND
SphillREC	F	7:55pm	166.NF8Y	6/21	4ANE
Wkfld/Moore	T/Th	5:30pm	166.25SR	6/17	4ANE
Wkfld/Moore	M/W	5:30pm	166.UTRZ	7/15	4ANF

## Pee Wee Paddler VI

(4-7 yrs.) Prerequisite: Pee Wee Paddler V or equivalent skill proficiency. Class emphasizes improving swimming stroke proficiency and endurance. Skills include swimming front crawl, back crawl, elementary backstroke and breaststroke 25 yards, butterfly stroke 10 yards, and treading water for 30 seconds.

4AB	4--30 minute lessons--\$64
4AC	5--30 minute lessons--\$79
4AD	6--30 minute lessons--\$96
4AE	7--30 minute lessons--\$111
4AF	8--30 minute lessons--\$127
4AG	9--30 minute lessons--\$141
4ANC	5--30 minute lessons--\$123
4AND	6--30 minute lessons--\$148
4ANF	8--30 minute lessons--\$196

Location	Day	Time	Code	Begin	\$
GWREC	Sa	11:30am	FC3.8JBP	6/22	4AE
OakmontREC	M/W	6:05pm	FC3.1J1L	6/17	4AC
OakmontREC	M-Th	9:35am	FC3.CYO4	6/17	4AE
OakmontREC	Sa	8:35am	FC3.PZ4B	6/22	4AE
OakmontREC	Sa	12:15pm	FC3.A65C	6/22	4AE
OakmontREC	Sa	12:35pm	FC3.LT70	6/22	4AE
OakmontREC	Su	10:10am	FC3.3UWE	6/23	4AE
OakmontREC	Su	12:40pm	FC3.XRNJ	6/23	4AE
OakmontREC	M-Th	9:35am	FC3.MRTX	7/1	4AE
OakmontREC	M/W	6:05pm	FC3.5PVK	7/8	4AD
OakmontREC	M-Th	9:35am	FC3.EI7G	7/15	4AF
OakmontREC	M/W	6:05pm	FC3.FXV1	7/29	4AD
OakmontREC	M-Th	9:35am	FC3.TYLP	7/29	4AF
OakmontREC	M-Th	9:35am	FC3.OTOU	8/12	4AB
SphillREC	T	7:20pm	FC3.00IP	6/18	4AG
SphillREC	F	7:20pm	FC3.C2WK	6/21	4AE
SphillREC	Sa	12:30pm	FC3.KTMB	6/22	4AE
SphillREC	Su	9am	FC3.9SEX	6/23	4AE
SphillREC	Su	12:30pm	FC3.KDUJ	6/23	4AE
OakmontREC	T/Th	5:30pm	F47.GWZZ	6/18	4ANC
OakmontREC	F	10:10am	F47.MDCC	6/21	4ANF
OakmontREC	Sa	11:05am	F47.MDY9	6/22	4ANE
OakmontREC	Su	10:55am	F47.08QM	6/23	4ANE
OakmontREC	T/Th	5:30pm	F47.16D7	7/9	4AND
OakmontREC	T/Th	5:30pm	F47.11IK	7/30	4AND

## Swimming I for Children

(6-12 yrs.) Prerequisite: Children must be able to function in a group setting. Class emphasizes helping participants gain basic swimming and water safety skills and overcome fear of water. Skills include entering and exiting water safely, blowing bubbles through mouth and nose. With assistance students learn to float on front and back, glide on front and back, roll over from front to back and back to front and swim at least two body lengths on front and back using arms and legs.

4AL	4--45 minute lessons--\$66
4AM	5--45 minute lessons--\$81
4AN	6--45 minute lessons--\$96
4AO	7--45 minute lessons--\$112
4AP	8--45 minute lessons--\$130
4AQ	9--45 minute lessons--\$147
4AR	10--45 minute lessons--\$162
4APE	7--45 minute lessons--\$189
4APC	8--45 minute lessons--\$222

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	6:45pm	48D.P23N	6/17	4AO
CubRunREC	M-F	8:30am	48D.X84E	6/17	4AP
CubRunREC	T/Th	5:20pm	48D.SXX3	6/18	4AO
CubRunREC	Sa	9am	48D.RJCU	6/22	4AO
CubRunREC	Sa	9:50am	48D.C9MC	6/22	4AO
CubRunREC	Su	9am	48D.QZ56	6/23	4AO
CubRunREC	Su	9:50am	48D.8YGI	6/23	4AO
CubRunREC	Su	10:40am	48D.EDAH	6/23	4AO
CubRunREC	M-F	8:30am	48D.GKUF	7/1	4AP
CubRunREC	M/W	6:45pm	48D.3NE8	7/15	4AP
CubRunREC	M-Th	8:30am	48D.Q8QR	7/15	4AP
CubRunREC	T/Th	5:20pm	48D.22EU	7/16	4AP
CubRunREC	M-Th	8:30am	48D.PGPX	7/29	4AP
Franconia Rec	M/W	6:40pm	48D.E4KB	6/17	4AP
Franconia Rec	M-Th	9:30am	48D.BED2	6/17	4AP
Franconia Rec	M-Th	11:10am	48D.VP30	6/17	4AP
Franconia Rec	T	6:40pm	48D.LXLI	6/18	4AP
Franconia Rec	Th	6:40pm	48D.H806	6/20	4AO
Franconia Rec	F	6:10pm	48D.XXN9	6/21	4AO

Franconia Rec	Sa	10:45am	48D.7CXF	6/22	4AO
Franconia Rec	Sa	11:35am	48D.JJLA	6/22	4AO
Franconia Rec	Su	11:40am	48D.T7A0	7/14	4AM
Franconia Rec	M-Th	9:30am	48D.U9UP	7/1	4AO
Franconia Rec	M-Th	11:10am	48D.UUIZ	7/1	4AO
Franconia Rec	M/W	6:40pm	48D.1SH7	7/15	4AP
Franconia Rec	M-Th	9:30am	48D.1P8K	7/15	4AP
Franconia Rec	M-Th	11:10am	48D.TFLB	7/15	4AP
Franconia Rec	M-Th	9:30am	48D.SOM6	7/29	4AP
GWREC	M-Th	5pm	48D.9PYW	6/17	4AO
GWREC	M-Th	10:45am	48D.LBJ7	6/17	4AO
GWREC	Sa	11:30am	48D.K3L6	6/22	4AO
GWREC	Su	10:30am	48D.3J62	6/23	4AO
GWREC	M-Th	5pm	48D.KPYR	7/15	4AP
GWREC	M-Th	10:45am	48D.H3X3	7/15	4AP
GWREC	M-Th	5pm	48D.U6MW	7/29	4AP
GWREC	M-Th	10:45am	48D.RLHD	7/29	4AP
OakmontREC	M/W	6:05pm	48D.P26R	6/17	4AM
OakmontREC	M/W	6:50pm	48D.BACE	6/17	4AM
OakmontREC	M-Th	10:10am	48D.5WM0	6/17	4AO
OakmontREC	T/Th	6:05pm	48D.TCOC	6/18	4AM
OakmontREC	Sa	8:05am	48D.414M	6/22	4AO
OakmontREC	Sa	9:45am	48D.WTIX	6/22	4AO
OakmontREC	Su	9am	48D.8FV2	6/23	4AO
OakmontREC	Su	10:50am	48D.8FR2	6/23	4AO
OakmontREC	M-Th	10:10am	48D.GT8Z	7/1	4AO
OakmontREC	M/W	6:05pm	48D.XVYM	7/8	4AN
OakmontREC	M/W	6:50pm	48D.WSPH	7/8	4AN
OakmontREC	T/Th	6:05pm	48D.SUN3	7/9	4AN
OakmontREC	M-Th	10:10am	48D.9MGI	7/15	4AP
OakmontREC	M/W	6:05pm	48D.J4HV	7/29	4AN
OakmontREC	M/W	6:50pm	48D.YR9H	7/29	4AN
OakmontREC	M-Th	10:10am	48D.APCP	7/29	4AP
OakmontREC	T/Th	6:05pm	48D.WRHC	7/30	4AN
OakmontREC	M-Th	10:10am	48D.CFG0	8/12	4AL
ProvREC	M	6:20pm	48D.MQOB	6/17	4AP
ProvREC	M-F	10:05am	48D.S1ZB	6/17	4AQ
ProvREC	W	6pm	48D.B605	6/19	4AP
ProvREC	Th	6pm	48D.890J	6/20	4AO
ProvREC	Sa	10am	48D.FPHU	6/22	4AO
ProvREC	Sa	10:50am	48D.HDUW	6/22	4AO
ProvREC	Su	10:45am	48D.YZPY	6/23	4AO





# Aquatics

ProvREC	Su	11:35am	48D.KNWO	6/23	4AO
ProvREC	M-F	10:05am	48D.WJZ8	7/15	4AR
SoRunREC	M/W	6pm	48D.OKYU	6/17	4AO
SoRunREC	M-Th	9am	48D.7ZAW	6/17	4AO
SoRunREC	M-Th	10:40am	48D.AKBJ	6/17	4AO
SoRunREC	T/Th	6pm	48D.GFCE	6/18	4AO
SoRunREC	Sa	9am	48D.297C	6/22	4AP
SoRunREC	Sa	10:40am	48D.YWHX	6/22	4AP
SoRunREC	Su	10:10am	48D.QWZ6	6/23	4AP
SoRunREC	M-Th	9am	48D.8IRE	7/1	4AO
SoRunREC	M-Th	10:40am	48D.SCVH	7/1	4AO
SoRunREC	M/W	6pm	48D.WNTJ	7/15	4AR
SoRunREC	M-Th	9am	48D.10JU	7/15	4AP
SoRunREC	M-Th	10:40am	48D.M7IP	7/15	4AP
SoRunREC	T/Th	6pm	48D.ZHLO	7/16	4AR
SoRunREC	M-Th	9am	48D.QXNQ	7/29	4AP
SoRunREC	M-Th	10:40am	48D.GV20	7/29	4AP
SpHillREC	M-Th	8:30am	48D.ERUM	6/17	4AO
SpHillREC	T	4:10pm	48D.H3E0	6/18	4AQ
SpHillREC	F	4:10pm	48D.DUR8	6/21	4AO
SpHillREC	Sa	9am	48D.FLZ1	6/22	4AO
SpHillREC	Sa	12:10pm	48D.MC1K	6/22	4AO
SpHillREC	Su	10:40am	48D.BS10	6/23	4AO
SpHillREC	W	5:40pm	48D.4JZQ	6/26	4AP
SpHillREC	M-Th	8:30am	48D.ZVHW	7/8	4AP
SpHillREC	M-Th	9:20am	48D.7L6Q	7/22	4AP
Wkfld/Moore	M/W	6:40pm	48D.XC2G	6/17	4AO
Wkfld/Moore	T/Th	6:40pm	48D.CBBY	6/18	4AO
Wkfld/Moore	F	6:40pm	48D.M1UK	6/21	4AO
Wkfld/Moore	M/W	6:40pm	48D.OR5H	7/15	4AP
Wkfld/Moore	T/Th	6:40pm	48D.W84L	7/16	4AP
OakmontREC	F	10:55am	E21.7NE6	6/21	4APE
OakmontREC	Sa	8:55am	E21.RLQ1	6/22	4APE
OakmontREC	Su	9:50am	E21.GCL5	6/23	4APE
Wkfld/Moore	Sa	9:35am	E21.RHUM	6/22	4APC
Wkfld/Moore	Su	9:35am	E21.CCEO	7/14	4APE

## Swimming II for Children

(6-12 yrs.) Prerequisite: Swimming I or equivalent skill proficiency. Class emphasizes increasing confidence and ability to perform skills with and without assistance or use of flotation devices. Skills include: jumping in chest deep water, blowing bubbles with face submerged under water, floating on front and back, gliding on front and back at least two body lengths, rolling over from front to back and back to front, swimming on front and back at least three body lengths using arms and legs and treading water.

4AL	4--45 minute lessons--\$66
4AM	5--45 minute lessons--\$81
4AN	6--45 minute lessons--\$96
4AO	7--45 minute lessons--\$112
4AP	8--45 minute lessons--\$130
4AQ	9--45 minute lessons--\$147
4AR	10--45 minute lessons--\$162
4APC	5--45 minute lessons--\$132
4APD	6--45 minute lessons--\$161
4APF	8--45 minute lessons--\$211

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	7:35pm	F13.6M2Z	6/17	4AO
CubRunREC	M-F	8:30am	F13.TV2L	6/17	4AP
CubRunREC	T/Th	4:30pm	F13.GLTN	6/18	4AO
CubRunREC	Sa	9am	F13.VV2B	6/22	4AO
CubRunREC	Sa	10:40am	F13.UFCE	6/22	4AO
CubRunREC	Sa	11:30am	F13.J9KE	6/22	4AO
CubRunREC	Su	9am	F13.SGPM	6/23	4AO
CubRunREC	Su	10:40am	F13.YW2U	6/23	4AO
CubRunREC	Su	11:30am	F13.STVL	6/23	4AO
CubRunREC	M-F	8:30am	F13.WRS2	7/1	4AP
CubRunREC	M/W	7:35pm	F13.XH8	7/15	4AP
CubRunREC	M-Th	8:30am	F13.9HWG	7/15	4AP
CubRunREC	T/Th	4:30pm	F13.4VUQ	7/16	4AP
CubRunREC	M-Th	8:30am	F13.758C	7/29	4AP
Franconia Rec	M/W	6:40pm	F13.OANS	6/17	4AP



Franconia Rec	M-Th	10:20am	F13.HI8B	6/17	4AP
Franconia Rec	T	6:40pm	F13.73BF	6/18	4AP
Franconia Rec	Th	6:40pm	F13.RS1G	6/20	4AO
Franconia Rec	F	6:10pm	F13.WY4S	6/21	4AO
Franconia Rec	Sa	10:45am	F13.1RPM	6/22	4AO
Franconia Rec	Sa	11:40am	F13.YQNM	6/22	4AO
Franconia Rec	Su	10:50am	F13.D6YX	7/14	4AM
Franconia Rec	M-Th	10:20am	F13.Z9MD	7/1	4AO
Franconia Rec	M/W	6:40pm	F13.LM00	7/15	4AP
Franconia Rec	M-Th	10:20am	F13.85G4	7/15	4AO
Franconia Rec	M-Th	10:20am	F13.1LUS	7/29	4AO
GWREC	M-Th	5:50pm	F13.PV5X	6/17	4AO
GWREC	M	6:50pm	F13.2BV9	6/17	4AP
GWREC	M-Th	9:50am	F13.GPYE	6/17	4AO
GWREC	Sa	9:05am	F13.V7XS	6/22	4AO
GWREC	Su	9:05am	F13.E5E4	6/23	4AO
GWREC	Su	11:25am	F13.ZTDH	6/23	4AO
GWREC	M-Th	5:50pm	F13.3ZK8	7/15	4AP
GWREC	M-Th	9:50am	F13.G5Y3	7/15	4AP
GWREC	M-Th	9:50am	F13.VDCW	7/29	4AP
OakmontREC	M/W	6:05pm	F13.PDGT	6/17	4AM
OakmontREC	M/W	6:50pm	F13.9S15	6/17	4AM
OakmontREC	M-Th	10:10am	F13.J8GR	6/17	4AO
OakmontREC	T/Th	6:05am	F13.4GDW	6/18	4AM
OakmontREC	Sa	8:05am	F13.NWX5	6/22	4AO
OakmontREC	Sa	8:55am	F13.1N13	6/22	4AO
OakmontREC	Sa	9:45am	F13.P70B	6/22	4AO
OakmontREC	Su	9am	F13.UK2D	6/23	4AO
OakmontREC	Su	9:50am	F13.NUJZ	6/23	4AO
OakmontREC	Su	10:50am	F13.LJG0	6/23	4AO
OakmontREC	M-Th	10:10am	F13.JPG8	7/1	4AO
OakmontREC	M/W	6:05pm	F13.204J	7/8	4AN
OakmontREC	M/W	6:50pm	F13.GMHI	7/8	4AN
OakmontREC	T/Th	6:05pm	F13.I55I	7/9	4AN
OakmontREC	M-Th	10:10am	F13.UW2R	7/15	4AP
OakmontREC	M/W	6:05pm	F13.IP1K	7/29	4AN
OakmontREC	M/W	6:50pm	F13.RJQF	7/29	4AN
OakmontREC	M-Th	10:10am	F13.6H99	7/29	4AP
OakmontREC	T/Th	6:05pm	F13.MP2K	7/30	4AN
OakmontREC	M-Th	10:10am	F13.0WPC	8/12	4AL
ProvREC	M	7:10pm	F13.YKSZ	6/17	4AP
ProvREC	M-F	10:55am	F13.QU12	6/17	4AQ
ProvREC	T	6:35pm	F13.RS53	6/18	4AP
ProvREC	W	6:50pm	F13.26RA	6/19	4AP
ProvREC	Th	6:50pm	F13.3RV5	6/20	4AO
ProvREC	Sa	10am	F13.7UW0	6/22	4AO
ProvREC	Sa	10:50am	F13.AKE7	6/22	4AO
ProvREC	Su	10:45am	F13.RWGT	6/23	4AO
ProvREC	Su	11:35am	F13.3GGC	6/23	4AO
ProvREC	M-F	10:05am	F13.X1V5	7/1	4AP
ProvREC	M-F	10:55am	F13.4MOB	7/15	4AR
ProvREC	M-F	10:05am	F13.R54X	7/29	4AR
SoRunREC	M/W	7:10pm	F13.1YQY	6/17	4AO
SoRunREC	M-Th	9:50am	F13.ZDSV	6/17	4AO
SoRunREC	M-Th	10:35am	F13.20SJ	6/17	4AO
SoRunREC	T/Th	6:35pm	F13.5E33	6/18	4AO
SoRunREC	T/Th	7:05pm	F13.10TA	6/18	4AO
SoRunREC	Sa	9:40am	F13.7ED4	6/22	4AP
SoRunREC	Sa	10:10am	F13.ADXG	6/22	4AP
SoRunREC	Su	9am	F13.HM1B	6/23	4AP
SoRunREC	M-Th	9:50am	F13.BXY5	7/1	4AO
SoRunREC	M-Th	9:50am	F13.G28D	7/1	4AO
SoRunREC	M-Th	10:35am	F13.0SHM	7/1	4AO
SoRunREC	M-Th	10:35am	F13.YK6W	7/1	4AO
SoRunREC	M/W	7:10pm	F13.EAUR	7/15	4AR
SoRunREC	M-Th	9:50am	F13.77SJ	7/15	4AP
SoRunREC	M-Th	10:35am	F13.WRLI	7/15	4AP
SoRunREC	T/Th	6:35pm	F13.6K8K	7/16	4AR
SoRunREC	T/Th	7:05pm	F13.E3DW	7/16	4AR
SoRunREC	M-Th	9:50am	F13.JD7D	7/29	4AP
SoRunREC	M-Th	10:35am	F13.5LZ0	7/29	4AP
SpHillREC	M	6:30pm	F13.I2AT	6/17	4AQ
SpHillREC	M-Th	9:20am	F13.N009	6/17	4AO
SpHillREC	Th	6:25pm	F13.BUZY	6/20	4AP
SpHillREC	F	5:40pm	F13.T4XA	6/21	4AO
SpHillREC	Sa	9:50am	F13.17EU	6/22	4AO
SpHillREC	Su	9:50am	F13.2EKZ	6/23	4AO
SpHillREC	W	4:50pm	F13.00JW	6/26	4AP
SpHillREC	M-Th	9:20am	F13.AAP8	7/8	4AP
SpHillREC	M-Th	8:30am	F13.VLNI	7/22	4AP
SpHillREC	M-Th	10:10am	F13.MEDS	7/22	4AP
Wkfld/Moore	T/Th	6:40pm	F13.1AUU	6/18	4AO
Wkfld/Moore	F	6:40pm	F13.6DOI	6/21	4AO
Wkfld/Moore	Sa	9:35am	F13.LWRI	6/22	4AO



Wkfld/Moore	Sa	11:10am	F13.EQTL	6/22	4AO
Wkfld/Moore	Su	3:55pm	F13.651B	7/14	4AM
Wkfld/Moore	Su	9:35am	F13.NYRA	7/14	4AM
Wkfld/Moore	Su	11:10am	F13.MWXC	7/14	4AM
Wkfld/Moore	T/Th	6:40pm	F13.W68M	7/16	4AP
OakmontREC	T/Th	6:50pm	B5F.GC5V	6/18	4APC
OakmontREC	Sa	10:55am	B5F.A00J	6/22	4APF
OakmontREC	Su	11:40am	B5F.R04P	6/23	4APF
Wkfld/Moore	Sa	9:35am	B5F.FATW	6/22	4APE
Wkfld/Moore	Su	9:35am	B5F.41QA	7/14	4APC

## Swimming III for Children

**(6-12 yrs.)** Prerequisite: Swimming II or equivalent skill proficiency. Class emphasizes increasing endurance and independent swimming skills performance. Without assistance or flotation devices, students safely enter, exit, swim and tread water in deep water, tread water 15 seconds, push off in a streamlined position on front and back then flutter kick at least four body lengths. Skills also include rotary breathing, swimming front crawl, elementary backstroke and back crawl at least 15 yards.

<b>4AL</b>	<b>4--45 minute lessons--\$66</b>
<b>4AM</b>	<b>5--45 minute lessons--\$81</b>
<b>4AN</b>	<b>6--45 minute lessons--\$96</b>
<b>4AO</b>	<b>7--45 minute lessons--\$112</b>
<b>4AP</b>	<b>8--45 minute lessons--\$130</b>
<b>4AQ</b>	<b>9--45 minute lessons--\$147</b>
<b>4AR</b>	<b>10--45 minute lessons--\$162</b>
<b>4AQC</b>	<b>5--45 minute lessons--\$135</b>
<b>4AQD</b>	<b>6--45 minute lessons--\$161</b>
<b>4AQE</b>	<b>7--45 minute lessons--\$189</b>
<b>4AQF</b>	<b>8--45 minute lessons--\$216</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	6:45pm	7EO.TD72	6/17	4AO
CubRunREC	M-F	9:20am	7EO.WJD6	6/17	4AP
CubRunREC	T/Th	4:30pm	7EO.8LBD	6/18	4AO
CubRunREC	Sa	9:50am	7EO.HVWJ	6/22	4AO
CubRunREC	Sa	10:10am	7EO.MCQY	6/22	4AO
CubRunREC	Sa	11am	7EO.PSNJ	6/22	4AO
CubRunREC	Su	9:50am	7EO.Z2Y2	6/23	4AO
CubRunREC	Su	10:10am	7EO.JYLB	6/23	4AO
CubRunREC	Su	11:30am	7EO.SVUC	6/23	4AO
CubRunREC	M-F	9:20am	7EO.FK47	7/1	4AP
CubRunREC	M/W	6:45pm	7EO.TJ22	7/15	4AP
CubRunREC	M-Th	9:20am	7EO.S4MP	7/15	4AP
CubRunREC	T/Th	4:30pm	7EO.S6IG	7/16	4AP
CubRunREC	M-Th	9:20am	7EO.Y9N6	7/29	4AP
Franconia Rec	M/W	7:30pm	7EO.CQHV	6/17	4AP
Franconia Rec	M-Th	9:30am	7EO.CWIG	6/17	4AP
Franconia Rec	T	7:30pm	7EO.21BY	6/18	4AP
Franconia Rec	Th	7:30pm	7EO.93ES	6/20	4AO
Franconia Rec	F	7pm	7EO.A1Z0	6/21	4AO
Franconia Rec	Sa	10am	7EO.UFVG	6/22	4AO
Franconia Rec	M-Th	9:30am	7EO.SQ9P	7/1	4AO
Franconia Rec	Su	10am	7EO.XP4M	7/14	4AM
Franconia Rec	M/W	7:30pm	7EO.W5LX	7/15	4AP
Franconia Rec	M-Th	9:30am	7EO.Q023	7/15	4AP
Franconia Rec	M-Th	11:10am	7EO.T3AA	7/29	4AP
GWREC	M-Th	6:45pm	7EO.3BSJ	6/17	4AO
GWREC	M-Th	9am	7EO.73B6	6/17	4AO
GWREC	T	6:50pm	7EO.SHHH	6/18	4AP
GWREC	Sa	11:10am	7EO.SNGT	6/22	4AO
GWREC	M-Th	6:45pm	7EO.EMXM	7/15	4AP
GWREC	M-Th	9am	7EO.LHVZ	7/15	4AP
GWREC	M-Th	5:50pm	7EO.UDXA	7/29	4AP
GWREC	M-Th	9am	7EO.CENE	7/29	4AP
OakmontREC	M/W	7:05pm	7EO.K02B	6/17	4AM
OakmontREC	M-Th	11am	7EO.S97S	6/17	4AO
OakmontREC	T/Th	7:05pm	7EO.KWAD	6/18	4AM
OakmontREC	Sa	8:55am	7EO.A4C7	6/22	4AO
OakmontREC	Sa	9:45am	7EO.E8IR	6/22	4AO

OakmontREC	Sa	10:45am	7EO.TRTQ	6/22	4AO
OakmontREC	Sa	11:45am	7EO.IX2Z	6/22	4AO
OakmontREC	Su	11:40am	7EO.6NTQ	6/23	4AO
OakmontREC	Su	12:30pm	7EO.FN8J	6/23	4AO
OakmontREC	M-Th	11am	7EO.FG1B	7/1	4AO
OakmontREC	M/W	7:05pm	7EO.99LI	7/8	4AN
OakmontREC	T/Th	7:05pm	7EO.ONZW	7/9	4AN
OakmontREC	M-Th	11am	7EO.9VQH	7/15	4AP
OakmontREC	M/W	7:05pm	7EO.03WK	7/29	4AN
OakmontREC	M-Th	11am	7EO.NQUU	7/29	4AP
OakmontREC	T/Th	7:05pm	7EO.CKK7	7/30	4AN
OakmontREC	M-Th	11am	7EO.GEYO	8/12	4AL
ProvREC	M	6:20pm	7EO.1VKA	6/17	4AP
ProvREC	M-F	10:05am	7EO.GOWY	6/17	4AQ
ProvREC	T	7:25pm	7EO.SNOU	6/18	4AP
ProvREC	Th	7:40pm	7EO.24Z0	6/20	4AO
ProvREC	Sa	10am	7EO.BBWT	6/22	4AO
ProvREC	Sa	10:50am	7EO.CRKK	6/22	4AO
ProvREC	Su	10:45am	7EO.09IY	6/23	4AO
ProvREC	Su	11:35am	7EO.ESZP	6/23	4AO
ProvREC	M-F	10:55am	7EO.YLD4	7/1	4AP
ProvREC	M-F	10:05am	7EO.7SDH	7/15	4AR
ProvREC	M-F	10:55am	7EO.G3KK	7/29	4AR
SoRunREC	M/W	7:10pm	7EO.PQR1	6/17	4AO
SoRunREC	M-Th	9:35am	7EO.60K3	6/17	4AO
SoRunREC	M-Th	11am	7EO.GQKM	6/17	4AO
SoRunREC	T/Th	6:15pm	7EO.M3B9	6/18	4AO
SoRunREC	T/Th	7:45pm	7EO.HGRL	6/18	4AO
SoRunREC	Sa	9:35am	7EO.VHAD	6/22	4AP
SoRunREC	Sa	11am	7EO.92K4	6/22	4AP
SoRunREC	Su	11:35am	7EO.85C8	6/23	4AP
SoRunREC	M-Th	9:35am	7EO.FLCL	7/1	4AO
SoRunREC	M-Th	9:35am	7EO.WG3F	7/1	4AO
SoRunREC	M-Th	11am	7EO.IOK2	7/1	4AO
SoRunREC	M/W	7:10pm	7EO.KPFI	7/15	4AR

SoRunREC	M-Th	9:35am	7EO.BM9M	7/15	4AP
SoRunREC	M-Th	11am	7EO.QTOH	7/15	4AP
SoRunREC	T/Th	6:15pm	7EO.Z1AV	7/16	4AR
SoRunREC	T/Th	7:45pm	7EO.2J0R	7/16	4AR
SoRunREC	M-Th	9:35am	7EO.RD1J	7/29	4AP
SoRunREC	M-Th	11am	7EO.2ZSF	7/29	4AP
SpHillREC	M-Th	10:10am	7EO.N2Z3	6/17	4AO
SpHillREC	T	4:35pm	7EO.96C8	6/18	4AQ
SpHillREC	F	6:30pm	7EO.JAOY	6/21	4AO
SpHillREC	Sa	9am	7EO.8W3X	6/22	4AO
SpHillREC	Sa	10:40am	7EO.HPY3	6/22	4AO
SpHillREC	Su	9am	7EO.N072	6/23	4AO
SpHillREC	Su	11:30am	7EO.QZAZ	6/23	4AO
SpHillREC	W	4pm	7EO.TIYJ	6/26	4AP
SpHillREC	M-Th	10:10am	7EO.9GJ7	7/8	4AP
SpHillREC	M-Th	8:30am	7EO.U18I	7/22	4AP
SpHillREC	M-Th	9:20am	7EO.V3XT	8/5	4AP
Wkfld/Moore	Sa	9:35am	7EO.000E	6/22	4AO
Wkfld/Moore	Sa	11:10am	7EO.CVQM	6/22	4AO
OakmontREC	T/Th	6:50pm	COC.E77T	6/18	4AQC
OakmontREC	F	11:45am	COC.M30X	6/21	4AQF
OakmontREC	Sa	8:05am	COC.S729	6/22	4AQF
OakmontREC	Su	9am	COC.R90A	6/23	4AQF
OakmontREC	T/Th	6:50pm	COC.MI35	7/9	4AQD
OakmontREC	T/Th	6:50pm	COC.WTQV	7/30	4AQD
Wkfld/Moore	M/W	6:40pm	COC.EKON	6/17	4AQE
Wkfld/Moore	Sa	10:25am	COC.D95M	6/22	4AQE
Wkfld/Moore	Su	10:25am	COC.UULQ	7/14	4AQC
Wkfld/Moore	M/W	6:40pm	COC.OSBQ	7/15	4AQF

## Swimming IV for Children

Prerequisite: Swimming III or equivalent skill proficiency. Class emphasizes improving confidence, skill proficiency, distance and endurance. Skills include diving progression from side in deep water, swimming under water three body lengths, swimming front crawl, elementary backstroke, back crawl and breaststroke 25 yards, lap swimming techniques and safety and treading water for 30 seconds.

<b>4AL</b>	<b>4--45 minute lessons--\$66</b>
<b>4AM</b>	<b>5--45 minute lessons--\$81</b>
<b>4AN</b>	<b>6--45 minute lessons--\$96</b>
<b>4AO</b>	<b>7--45 minute lessons--\$112</b>
<b>4AP</b>	<b>8--45 minute lessons--\$130</b>
<b>4AQ</b>	<b>9--45 minute lessons--\$147</b>
<b>4AR</b>	<b>10--45 minute lessons--\$162</b>
<b>4AQC</b>	<b>5--45 minute lessons--\$135</b>
<b>4AQE</b>	<b>7--45 minute lessons--\$189</b>
<b>4AQF</b>	<b>8--45 minute lessons--\$216</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	7:35pm	A7C.SGUZ	6/17	4AO
CubRunREC	M-F	8:30am	A7C.6ZAU	6/17	4AP
CubRunREC	T/Th	5:20pm	A7C.TT0G	6/18	4AO
CubRunREC	Sa	9am	A7C.LPEH	6/22	4AO
CubRunREC	Sa	11:50am	A7C.AS2D	6/22	4AO
CubRunREC	Su	11am	A7C.Z2AB	6/23	4AO
CubRunREC	Su	11:50am	A7C.SMTZ	6/23	4AO
CubRunREC	M-F	8:30am	A7C.HBU6	7/1	4AP
CubRunREC	M/W	7:35pm	A7C.GXZY	7/15	4AP
CubRunREC	M-Th	8:30am	A7C.AWK3	7/15	4AP
CubRunREC	T/Th	5:20pm	A7C.HJD7	7/16	4AP
CubRunREC	M-Th	8:30am	A7C.7C7F	7/29	4AP
Franconia Rec	M/W	7:30pm	A7C.R51A	6/17	4AP
Franconia Rec	M-Th	10:20am	A7C.94AX	6/17	4AP
Franconia Rec	T	7:30pm	A7C.MZ5B	6/18	4AP
Franconia Rec	F	7pm	A7C.CZ2B	6/21	4AO
Franconia Rec	Sa	11:55am	A7C.Z16Y	6/22	4AO
Franconia Rec	M-Th	10:20am	A7C.7KB2	7/1	4AO
Franconia Rec	Su	12:30pm	A7C.ONEN	7/14	4AM
Franconia Rec	M/W	7:30pm	A7C.CWV2	7/15	4AP
Franconia Rec	M-Th	10:20am	A7C.700Q	7/15	4AP
Franconia Rec	M-Th	9:30am	A7C.9X7V	7/29	4AP
GWREC	Sa	10am	A7C.TNL4	6/22	4AO



**Gold Rush Season Passes go on sale April 1**



**Buy your passes online at [www.fairfaxcounty.gov/parks/watermine](http://www.fairfaxcounty.gov/parks/watermine) or call 703-246-5929.**



**The Water Mine at Lake Fairfax Park**  
1400 Lake Fairfax Dr.  
Reston, VA 20190



# Aquatics

GWREC	M-Th	6:45pm	A7C.L2TQ	7/29	4AP
OakmontREC	M/W	7:05pm	A7C.XOAT	6/17	4AM
OakmontREC	M-Th	11am	A7C.FGAU	6/17	4AO
OakmontREC	T/Th	7:05pm	A7C.QASM	6/18	4AM
OakmontREC	Sa	9:45am	A7C.P3HW	6/22	4AO
OakmontREC	Sa	10:45am	A7C.K8R7	6/22	4AO
OakmontREC	Sa	11:45am	A7C.B2Z4	6/22	4AO
OakmontREC	Su	9:50am	A7C.4FMT	6/23	4AO
OakmontREC	Su	11:40am	A7C.PPA2	6/23	4AO
OakmontREC	M-Th	11am	A7C.OVME	7/1	4AO
OakmontREC	M/W	7:05pm	A7C.V9QA	7/8	4AN
OakmontREC	T/Th	7:05pm	A7C.BPJX	7/9	4AN
OakmontREC	M-Th	11am	A7C.PT9J	7/15	4AP
OakmontREC	M/W	7:05pm	A7C.L5B9	7/29	4AN
OakmontREC	M-Th	11am	A7C.SXSN	7/29	4AP
OakmontREC	T/Th	7:05pm	A7C.2C3K	7/30	4AN
OakmontREC	M-Th	11am	A7C.40SL	8/12	4AL
ProvREC	M	7:10pm	A7C.UCUU	6/17	4AP
ProvREC	M-F	10:55am	A7C.4FF2	6/17	4AQ
ProvREC	T	7:25pm	A7C.GCIV	6/18	4AP
ProvREC	Sa	10am	A7C.57A1	6/22	4AO
ProvREC	Su	9am	A7C.I8OK	6/23	4AO
ProvREC	Su	11:50am	A7C.HIIV	6/23	4AO
ProvREC	M-F	10:05am	A7C.JTIO	7/1	4AP
ProvREC	M-F	10:55am	A7C.8IST	7/15	4AR
ProvREC	M-F	10:05am	A7C.953X	7/29	4AR
SoRunREC	M/W	8pm	A7C.9CBQ	6/17	4AO
SoRunREC	M-Th	10:45am	A7C.KXMC	6/17	4AO
SoRunREC	T/Th	7:25pm	A7C.M7AZ	6/18	4AO
SoRunREC	Sa	10:45am	A7C.RH9F	6/22	4AP
SoRunREC	Su	9:50am	A7C.A684	6/23	4AP
SoRunREC	Su	11:15am	A7C.HF4N	6/23	4AP
SoRunREC	M-Th	10:45am	A7C.KQOV	7/1	4AO
SoRunREC	M/W	8pm	A7C.8E5F	7/15	4AR
SoRunREC	M-Th	10:45am	A7C.OMFU	7/15	4AP
SoRunREC	T/Th	7:25pm	A7C.9B4Q	7/16	4AR
SoRunREC	M-Th	10:45am	A7C.E6C3	7/29	4AP
SpHillREC	M-Th	11am	A7C.GV09	6/17	4AO

SpHillREC	Th	4:40pm	A7C.KT1V	6/20	4AP
SpHillREC	F	5:35pm	A7C.53ZH	6/21	4AO
SpHillREC	Sa	9:10am	A7C.K2L6	6/22	4AO
SpHillREC	Su	9:10am	A7C.N3R5	6/23	4AO
SpHillREC	W	6:30pm	A7C.4FML	6/26	4AP
SpHillREC	M-Th	11am	A7C.RXMC	7/8	4AP
SpHillREC	M-Th	11am	A7C.QPG6	7/22	4AP
SpHillREC	M-Th	10:10am	A7C.X533	8/5	4AP
OakmontREC	Sa	12:45pm	D76.3KK5	6/22	4AO
OakmontREC	Su	10:50am	D76.EN7M	6/23	4AQE
Wkfld/Moore	Sa	10:25am	D76.NK18	6/22	4AQE
Wkfld/Moore	Su	10:25am	D76.2MXJ	7/14	4AQE

## Swimming V for Children

(6-12 yrs.) Prerequisite: Swimming IV or equivalent skill proficiency. Class emphasizes increasing endurance and swimming stroke proficiency. Skills include treading water one minute, swimming front crawl, back crawl and breaststroke 50 yards, elementary backstroke 25 yards, open turns, circle swimming in lap lane, bi-lateral breathing for front crawl, butterfly arms and legs, breaststroke pull out and standard sculling 30 seconds.

4AAB	10--55 minute lessons--\$170
4AV	4--55 minute lessons--\$67
4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135
4ARC	5--55 minute lessons--\$135
4ARE	7--55 minute lessons--\$189
4ARF	8--55 minute lessons--\$216

Location	Day	Time	Code	Begin	\$
CubRunREC	M-F	8:30am	D55.M87U	6/17	4AZ
CubRunREC	T/Th	7:20pm	D55.GASE	6/18	4AY
CubRunREC	Sa	9:50am	D55.G6SD	6/22	4AY

CubRunREC	Su	9:50am	D55.JW23	6/23	4AY
CubRunREC	M-F	8:30am	D55.2ZOL	7/1	4AZ
CubRunREC	M-Th	8:30am	D55.3RX7	7/15	4AZ
CubRunREC	T/Th	7:20pm	D55.C2PI	7/16	4AZ
CubRunREC	M-Th	8:30am	D55.6Y77	7/29	4AZ
Franconia Rec	M-Th	11:10am	D55.ZNOH	6/17	4AZ
Franconia Rec	Sa	11:55am	D55.0300	6/22	4AY
Franconia Rec	Su	11:55am	D55.B88Y	7/14	4AW
Franconia Rec	M-Th	11:10am	D55.8RFA	7/15	4AZ
GWREC	Sa	9am	D55.BIKL	6/22	4AY
OakmontREC	M/W	7:55pm	D55.80VB	6/17	4AW
OakmontREC	M-Th	10:10am	D55.F46I	6/17	4AY
OakmontREC	T/Th	7:55pm	D55.6I3Q	6/18	4AW
OakmontREC	Sa	10:45am	D55.83EP	6/22	4AY
OakmontREC	Sa	12:35pm	D55.0GLK	6/22	4AY
OakmontREC	Su	8am	D55.95GY	6/23	4AY
OakmontREC	M-Th	10:10am	D55.QFA7	7/1	4AY
OakmontREC	M/W	7:55pm	D55.3R1A	7/8	4AX
OakmontREC	T/Th	7:55pm	D55.U79E	7/9	4AX
OakmontREC	M-Th	10:10am	D55.QBN8	7/15	4AZ
OakmontREC	M/W	7:55pm	D55.N6HK	7/29	4AX
OakmontREC	M-Th	10:10am	D55.GHXN	7/29	4AZ
OakmontREC	T/Th	7:55pm	D55.TL49	7/30	4AX
OakmontREC	M-Th	10:10am	D55.JM23	8/12	4AV
ProvREC	W	7:10pm	D55.N1KO	6/19	4AZ
ProvREC	Sa	10:50am	D55.QCEN	6/22	4AY
ProvREC	Su	9:50am	D55.K7C1	6/23	4AY
ProvREC	M-F	10:55am	D55.9T8W	7/1	4AZ
ProvREC	M-F	10:55am	D55.563N	7/29	4AAB
SoRunREC	M/W	8pm	D55.SD9P	6/17	4AY
SoRunREC	M-Th	10:10am	D55.MQOW	6/17	4AY
SoRunREC	T/Th	7:55pm	D55.22CT	6/18	4AY
SoRunREC	Sa	10:35am	D55.JVM5	6/22	4AZ
SoRunREC	M-Th	10:10am	D55.8KBC	7/1	4AY
SoRunREC	M/W	8pm	D55.N53C	7/15	4AAB
SoRunREC	T/Th	7:55pm	D55.6IUT	7/16	4AAB
SoRunREC	M-Th	10:10am	D55.9AG4	7/29	4AZ
SpHillREC	Th	6pm	D55.22NG	6/20	4AZ
SpHillREC	F	6:25pm	D55.ZNTS	6/21	4AY
SpHillREC	Sa	10am	D55.Z1DC	6/22	4AY
SpHillREC	Su	10am	D55.RV5N	6/23	4AY
SpHillREC	W	6pm	D55.JIKR	6/26	4AZ
SpHillREC	M-Th	11:50am	D55.0300	7/22	4AZ
SpHillREC	M-Th	11am	D55.8QYP	8/5	4AZ
OakmontREC	F	10:55am	HQJ.CCSA	6/21	4ARF
OakmontREC	Sa	9:45am	HQJ.G77D	6/22	4ARE
OakmontREC	Sa	11:45am	HQJ.0USE	6/22	4ARE
OakmontREC	Su	12:30pm	HQJ.TM7A	6/23	4ARE
Wkfld/Moore	Sa	11:25am	HQJ.3919	6/22	4ARE
Wkfld/Moore	Su	11:25am	HQJ.3NJT	7/14	4ARC

## Swimming VI for Children

(6-12 yrs.) Prerequisite: Swimming VI or equivalent skill proficiency. Class continues to refine swim strokes and increasing endurance. Skills include swimming front crawl, back crawl and breaststroke 100 yards, sidestroke and butterfly 25 yards, an introduction in individual medley (IM), treading water for two minutes and flip turns.

4AV	4--55 minute lessons--\$67
4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	M-F	9:30am	DF4.VGVV	6/17	4AZ
CubRunREC	Sa	10:50am	DF4.RUSK	6/22	4AY
CubRunREC	Su	10:50am	DF4.YIAQ	6/23	4AY
CubRunREC	M-F	9:30am	DF4.27AL	7/1	4AZ
CubRunREC	M-Th	9:30am	DF4.7LTT	7/15	4AZ
CubRunREC	M-Th	9:30am	DF4.WYAY	7/29	4AZ
Franconia Rec	M-Th	11:10am	DF4.XMRC	7/1	4AY



## WANT TO DO MORE WITH SWIMMING?

# JOIN

the Fairfax County Park Authority  
**SUMMER SWIM LEAGUE!**

*Held at*



FAIRFAX COUNTY PARK AUTHORITY

## Rec Centers

**Open to Ages 6-14**

**BUILD SKILLS ON ONE OF OUR SUMMER SWIM TEAMS!**

**Swimmers must be able to continuously swim 25 yards on front and back in deep water without stopping.**

**PRACTICE DATES**  
MONDAYS, TUESDAYS AND THURSDAYS • May 28-July 29  
*Times vary by site, check online for schedules*

**SWIM MEETS**  
FRIDAYS • June 21-July 26 • 6-8 p.m.\*  
*\*No Swim Meet on Friday, July 5*

**Deadline to Register: June 9**

**Register Online Today!**

For more information and to register visit:  
[www.fairfaxcounty.gov/parks/reccenter/swimming](http://www.fairfaxcounty.gov/parks/reccenter/swimming)





Franconia Rec	Su	10:55am	DF4.3AIM	7/14	4AW
OakmontREC	M/W	7:55pm	DF4.7MY2	6/17	4AW
OakmontREC	M-Th	11:10am	DF4.1LT5	6/17	4AY
OakmontREC	T/Th	7:55pm	DF4.MM5U	6/18	4AW
OakmontREC	F	11:55am	DF4.98AZ	6/21	4AZ
OakmontREC	Sa	10:45am	DF4.EB8P	6/22	4AY
OakmontREC	Sa	12:35pm	DF4.U96G	6/22	4AY
OakmontREC	Su	8am	DF4.NRBE	6/23	4AY
OakmontREC	Su	12:30pm	DF4.J9VA	6/23	4AY
OakmontREC	M-Th	11:10am	DF4.ZDXJ	7/1	4AY
OakmontREC	M/W	7:55pm	DF4.EAJE	7/8	4AX
OakmontREC	T/Th	7:55pm	DF4.WW4A	7/9	4AX
OakmontREC	M-Th	11:10am	DF4.SB3Q	7/15	4AZ
OakmontREC	M/W	7:55pm	DF4.68W4	7/29	4AX
OakmontREC	M-Th	11:10am	DF4.K7GX	7/29	4AZ
OakmontREC	T/Th	7:55pm	DF4.R9ED	7/30	4AX
OakmontREC	M-Th	11:10am	DF4.9338	8/12	4AV
ProvREC	Sa	11:50am	DF4.38BR	6/22	4AY
ProvREC	Su	10:50am	DF4.WB8L	6/23	4AY
SoRunREC	M-Th	9:35am	DF4.TDYS	6/17	4AY
SoRunREC	Sa	9:35am	DF4.LRUH	6/22	4AZ
SoRunREC	Su	10am	DF4.RKIH	6/23	4AZ
SoRunREC	M-Th	9:35am	DF4.MTBS	7/1	4AY
SoRunREC	M-Th	9:35am	DF4.LO03	7/15	4AZ
SoRunREC	M-Th	9:35am	DF4.406H	7/29	4AZ
SpHillREC	Th	7pm	DF4.FZG4	6/20	4AZ
SpHillREC	F	7:25pm	DF4.SWE2	6/21	4AY
SpHillREC	Sa	11am	DF4.VDSP	6/22	4AY
SpHillREC	Su	11am	DF4.SMSS	6/23	4AY
SpHillREC	W	7pm	DF4.183H	6/26	4AZ
SpHillREC	M-Th	12pm	DF4.ZZ55	8/5	4AZ

## Swim Classes for Teens & Adults

### Swimming I - Teens & Adults

**(13-Adult)** Class emphasizes helping students gain basic swimming and safety skills and overcome fear of water. Skills include entering and exiting water, floating on front and back, gliding on front and back, breathing techniques, rolling from front to back and back to front, swimming at least two body lengths on front and back using arms and legs.

4AAA	9--55 minute lessons--\$152
4AAB	10--55 minute lessons--\$170
4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	7D5.J4QH	6/23	4AY
Franconia Rec	M/W	7:20pm	7D5.7FXH	6/17	4AZ

Franconia Rec	Th	7:30pm	7D5.U3VA	6/20	4AY
Franconia Rec	Sa	9am	7D5.R5ZM	6/22	4AY
Franconia Rec	M/W	7:20pm	7D5.TW9Y	7/15	4AZ
GWREC	Sa	12:05pm	7D5.UTTM	6/22	4AY
OakmontREC	M/W	7:40pm	7D5.00WQ	6/17	4AW
OakmontREC	Su	8:55am	7D5.VRWK	6/23	4AY
OakmontREC	M/W	7:40pm	7D5.7P31	7/8	4AX
OakmontREC	M/W	7:40pm	7D5.HYOV	7/29	4AX
ProvREC	M	8pm	7D5.H0ST	6/17	4AZ
ProvREC	Sa	11:40am	7D5.MFUQ	6/22	4AY
SoRunREC	M/W	8pm	7D5.DIEJ	6/17	4AY
SoRunREC	M/W	8pm	7D5.N7RR	7/15	4AAB
SpHillREC	T	7:55pm	7D5.5GUY	6/18	4AAA
SpHillREC	Sa	11:30am	7D5.SKHM	6/22	4AY
SpHillREC	Su	11:55am	7D5.3IIX	6/23	4AY
Wkfld/Moore	M/W	7:40pm	7D5.8256	6/17	4AY
Wkfld/Moore	Su	3pm	7D5.AX4A	7/14	4AY

### Swimming II - Teens & Adults

**(13-Adult)** Prerequisite: Swimming I or skill proficiency to blow bubbles with face submerged at least three seconds, float on front and back at least three seconds, swim on front and back using arms and legs at least two body lengths. Class emphasizes performing skills without support or flotation devices. Skills include floating on front and back, swimming on front and back at least three body lengths and rolling over from front to back and back to front. Treading water is introduced.

4AAB	10--55 minute lessons--\$170
4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	75A.KYZU	6/23	4AY
Franconia Rec	T	7:20pm	75A.CZ0Q	6/18	4AZ
Franconia Rec	Sa	10:55am	75A.3DL5	6/22	4AY
OakmontREC	M/W	7:40pm	75A.GND9	6/17	4AW
OakmontREC	Su	8am	75A.JB32	6/23	4AY
OakmontREC	Su	9am	75A.2N17	6/23	4AY
OakmontREC	M/W	7:40pm	75A.N79D	7/8	4AX
OakmontREC	M/W	7:40pm	75A.OSD3	7/29	4AX
ProvREC	T	7:25pm	75A.4MBQ	6/18	4AZ
SoRunREC	T/Th	8pm	75A.OJN3	6/18	4AY
SoRunREC	T/Th	8pm	75A.TIB5	7/16	4AAB
SpHillREC	Th	7:50pm	75A.2IBM	6/20	4AY
SpHillREC	Sa	11:30am	75A.Q0NC	6/22	4AY
SpHillREC	Su	11:55am	75A.3Y34	6/23	4AY
Wkfld/Moore	Su	4pm	75A.QATT	7/14	4AY
Wkfld/Moore	M/W	7:40pm	75A.6PYJ	7/15	4AZ

### Swimming III - Teens & Adults

**(13-Adult)** Prerequisite: Swimming II or skill proficiency to swim unassisted on front and back at least three body lengths using arms and legs, and to submerge face in water for at least three seconds. Class emphasizes increasing endurance and independent swimming skills. Skills include rotary breathing, entering deep water safely, treading water 15 seconds, and swimming front crawl and elementary backstroke 15 yards, and swimming back crawl five yards without assistance or support.

4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	346.VHK6	6/23	4AY
Franconia Rec	Su	9am	346.VX8F	7/14	4AW
OakmontREC	T/Th	7:40pm	346.02CE	6/18	4AW
OakmontREC	Su	8am	346.DZJT	6/23	4AY
OakmontREC	Su	10am	346.HNEX	6/23	4AY
OakmontREC	T/Th	7:40pm	346.6HI2	7/9	4AX
OakmontREC	T/Th	7:40pm	346.05SR	7/30	4AX
ProvREC	W	7:40pm	346.U8F6	6/19	4AZ
SpHillREC	Sa	12pm	346.IZNL	6/22	4AY
Wkfld/Moore	T/Th	7:30pm	346.L8NF	6/18	4AY
Wkfld/Moore	Su	5:05pm	346.14M3	7/14	4AY

### Swimming IV - Teens & Adults

**(13-Adult)** Prerequisite: Swimming III or skill proficiency to safely enter deep water, rotary breathing, treading water 15 seconds, swimming front crawl and elementary backstroke 15 yards. Class emphasizes developing confidence, improving skill proficiency and increasing distance and endurance. Skills include diving from side in deep water, swimming under water, treading water 30 seconds; and swimming front crawl and elementary backstroke 25 yards; and back crawl and breaststroke 15 yards.

4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
OakmontREC	T/Th	7:40pm	915.GCDQ	6/18	4AW
OakmontREC	Su	8am	915.DMJ6	6/23	4AY
OakmontREC	Su	11:10am	915.T0JK	6/23	4AY
OakmontREC	T/Th	7:40pm	915.ZHX2	7/9	4AX
OakmontREC	T/Th	7:40pm	915.ZJT2	7/30	4AX
SpHillREC	W	6:55pm	915.1RLU	6/26	4AZ
Wkfld/Moore	T/Th	7:30pm	915.RVA8	7/16	4AZ

### Swimming V - Teens & Adults

**(13-Adult)** Prerequisite: Swimming IV or skill proficiency to enter deep water safely, tread water 30 seconds, and swim front crawl, elementary backstroke and back crawl at least 25 yards; and breaststroke 15 yards. Class emphasizes helping students to increase endurance and skill proficiency for treading water one minute; and swimming front crawl, back crawl, elementary backstroke and breaststroke 50 yards. Butterfly and open turns are introduced.

4AZ	8--55 minute lessons--\$135
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Location	Day	Time	Code	Begin	\$
OakmontREC	Su	8am	7CA.IBX0	6/23	4AY
OakmontREC	Su	12:10pm	7CA.6TGL	6/23	4AY



## Advanced Swimming

### Stroke Mechanics

**(13-Adult)** Prerequisite: Ability to tread water for one minute; continuously swim 50 yards. combined stroke using freestyle, backstroke and breaststroke. Student must have a competitive style swim suit (one piece) and goggles. Students with long hair may be required to use a swim cap. Class emphasizes improving swimming strokes and turn efficiency for fitness, competition, and/or triathlon competition. Participants improve breathing techniques and stroke mechanics for freestyle, backstroke, breaststroke, and turns. Butterfly is introduced.

<b>4AHI</b>	<b>7--55 minute lessons--\$120</b>
<b>4AHJ</b>	<b>8--55 minute lessons--\$138</b>
<b>4AHP</b>	<b>5--55 minute lessons--\$85</b>

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M/W	7:30pm	BEE.R8UL	6/17	4AHI
Wkfld/Moore	Sa	12pm	BEE.U4LK	6/22	4AHI
Wkfld/Moore	Su	12pm	BEE.FZDT	7/14	4AHP
Wkfld/Moore	M/W	7:30pm	BEE.7FSV	7/15	4AHJ

### Stroke Mechanics I

**(6-12 yrs.)** Prerequisite: Swimming 6 skill level; ability to tread water for one minute; continuously swim 50 yards freestyle, backstroke and breaststroke, and 15 yards butterfly. Student must wear a one-piece competitive-style swim suit and goggles. Students with long hair may be required to wear a swim cap. Class emphasizes refining freestyle, backstroke and breaststroke skills. Swimming drills are introduced, and lane etiquette is practiced.

<b>4AHA</b>	<b>4--45 minute lessons--\$67</b>
<b>4AHB</b>	<b>6--45 minute lessons--\$97</b>
<b>4AHC</b>	<b>7--45 minute lessons--\$114</b>
<b>4AHD</b>	<b>8--45 minute lessons--\$132</b>
<b>4AHE</b>	<b>9--45 minute lessons--\$149</b>
<b>4AHQ</b>	<b>5--45 minute lessons--\$83</b>
<b>4AHN</b>	<b>10--45 minute lessons--\$167</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M-F	9:20am	2C5.8Q27	6/17	4AHD
CubRunREC	Sa	9am	2C5.3MTR	6/22	4AHC
CubRunREC	Su	9am	2C5.POHY	6/23	4AHC
CubRunREC	M-F	9:20am	2C5.6J7U	7/1	4AHD
CubRunREC	M-Th	9:20am	2C5.WJBZ	7/15	4AHD
CubRunREC	M-Th	9:20am	2C5.CPP7	7/29	4AHD
Franconia Rec	Sa	9am	2C5.PGEL	6/22	4AHC
Franconia Rec	Su	9am	2C5.GJNW	7/14	4AHQ
Franconia Rec	M-Th	10:20am	2C5.JSCR	7/29	4AHD
OakmontREC	M-Th	9am	2C5.WE5J	6/17	4AHC
OakmontREC	T/Th	5:50pm	2C5.2W31	6/18	4AHQ
OakmontREC	F	9:55am	2C5.SFZN	6/21	4AHD
OakmontREC	Sa	9am	2C5.KZL1	6/22	4AHC
OakmontREC	Su	9am	2C5.FWUY	6/23	4AHD
OakmontREC	M-Th	9am	2C5.79PQ	7/1	4AHC
OakmontREC	T/Th	5:50pm	2C5.RP9A	7/9	4AHC
OakmontREC	M-Th	9am	2C5.2EYF	7/15	4AHD
OakmontREC	M-Th	9am	2C5.YTKO	7/29	4AHD
OakmontREC	T/Th	5:50pm	2C5.KWOA	7/30	4AHC
OakmontREC	M-Th	9am	2C5.NWIL	8/12	4AHA
ProvREC	Th	6pm	2C5.VVOG	6/20	4AHC
ProvREC	Sa	9am	2C5.GM24	6/22	4AHC
ProvREC	Su	9am	2C5.14YW	6/23	4AHC
SoRunREC	T/Th	8:15pm	2C5.455U	6/18	4AHC
SoRunREC	Su	11am	2C5.VMFU	6/23	4AHD
SoRunREC	T/Th	8:15pm	2C5.DOCR	7/16	4AHN
SpHillIREC	M	6pm	2C5.3X66	6/17	4AHE
SpHillIREC	Sa	9:10am	2C5.K8YM	6/22	4AHC
Wkfld/Moore	Su	9am	2C5.XFCI	7/14	4AHQ



### Stroke Mechanics II

**(6-14 yrs.)** Prerequisite: Must have completed Stroke Mechanics I and be able to tread water for one minute and to swim freestyle, breaststroke, backstroke, and butterfly using proper techniques and timing, continuously swim 100 yards freestyle and backstroke, 50 yards breaststroke, and 25 yards butterfly. Student must wear a one-piece, competitive-style swim suit and goggles. Students with long hair are required to wear a swim cap. Class emphasizes refining and improving freestyle, backstroke and breaststroke skills focusing on USA Swimming standards. Interval training, relays, starts, turns and finishes are introduced.

<b>4AHG</b>	<b>4--55 minute lessons--\$68</b>
<b>4AHH</b>	<b>6--55 minute lessons--\$103</b>
<b>4AHI</b>	<b>7--55 minute lessons--\$120</b>
<b>4AHJ</b>	<b>8--55 minute lessons--\$138</b>
<b>4AHK</b>	<b>9--55 minute lessons--\$154</b>
<b>4AHP</b>	<b>5--55 minute lessons--\$85</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	M-F	10:10am	6D4.S81R	6/17	4AHJ
CubRunREC	Sa	9:50am	6D4.8XNU	6/22	4AHI
CubRunREC	Su	9:50am	6D4.G63Z	6/23	4AHI
CubRunREC	M-F	10:10am	6D4.JQR8	7/1	4AHJ
CubRunREC	M-Th	10:10am	6D4.7CWW	7/15	4AHJ
CubRunREC	M-Th	10:10am	6D4.TC5F	7/29	4AHJ
Franconia Rec	Sa	9:50am	6D4.D4GC	6/22	4AHI
Franconia Rec	Su	9:50am	6D4.X8KC	7/14	4AHI
Franconia Rec	M-Th	11:10am	6D4.M3N3	7/29	4AHJ
OakmontREC	M-Th	9:50am	6D4.FON0	6/17	4AHI
OakmontREC	T/Th	6:40pm	6D4.SY9R	6/18	4AHP
OakmontREC	F	10:55am	6D4.2JD5	6/21	4AHJ
OakmontREC	Sa	9:50am	6D4.YX31	6/22	4AHI
OakmontREC	Su	9:50am	6D4.AVWS	6/23	4AHI
OakmontREC	M-Th	9:50am	6D4.ERW0	7/1	4AHI
OakmontREC	T/Th	6:40pm	6D4.Y957	7/9	4AHH
OakmontREC	M-Th	9:50am	6D4.SZ47	7/15	4AHJ
OakmontREC	M-Th	9:50am	6D4.SOVG	7/29	4AHJ

OakmontREC	T/Th	6:40pm	6D4.I98M	7/30	4AHH
OakmontREC	M-Th	9:50am	6D4.L7DG	8/12	4AHG
ProvREC	Th	5:50pm	6D4.D7WM	6/20	4AHI
ProvREC	Sa	10am	6D4.JMMZ	6/22	4AHI
ProvREC	Su	9:50am	6D4.165J	6/23	4AHI
SoRunREC	Su	10:45am	6D4.JZUM	6/23	4AHJ
SpHillIREC	M	7pm	6D4.TUSF	6/17	4AHH
SpHillIREC	Sa	10am	6D4.8D5F	6/22	4AHI
Wkfld/Moore	Su	9:50am	6D4.AJIX	7/14	4AHP

### Stroke Mechanics III

**(9-15 yrs.)** Prerequisite: Experienced swimmers who have completed Stroke Mechanics II, can tread water for one minute and swim continuously at least 150 yards freestyle, 100 yards backstroke, 50 yards breaststroke, and 25 yards butterfly. Students must wear a one-piece, competitive-style swim suit and goggles. Students with long hair are required to wear a swim cap. Class emphasizes increasing swimming endurance and distances through interval training and pace clock use and further refines swim strokes, starts and turns. Individual Medley (IM) is introduced and practiced.

<b>4AHG</b>	<b>4--55 minute lessons--\$68</b>
<b>4AHH</b>	<b>6--55 minute lessons--\$103</b>
<b>4AHI</b>	<b>7--55 minute lessons--\$120</b>
<b>4AHJ</b>	<b>8--55 minute lessons--\$138</b>
<b>4AHK</b>	<b>9--55 minute lessons--\$154</b>
<b>4AHP</b>	<b>5--55 minute lessons--\$85</b>

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:50am	E57.6M03	6/22	4AHI
CubRunREC	Su	10:50am	E57.RTPV	6/23	4AHI
Franconia Rec	Sa	10:55am	E57.PDDD	6/22	4AHI
OakmontREC	M/W	5:30pm	E57.EB0N	6/17	4AHP
OakmontREC	M-Th	10:50am	E57.D730	6/17	4AHI
OakmontREC	F	11:55am	E57.ANZF	6/21	4AHJ
OakmontREC	Sa	10am	E57.OZLU	6/22	4AHI
OakmontREC	Su	10am	E57.38NN	6/23	4AHI
OakmontREC	M-Th	10:50am	E57.B7IR	7/1	4AHI



OakmontREC	M/W	5:30pm	E57.Q0IE	7/8	4AHH
OakmontREC	M-Th	10:50am	E57.QM23	7/15	4AHJ
OakmontREC	M/W	5:30pm	E57.GK25	7/29	4AHH
OakmontREC	M-Th	10:50am	E57.S5TW	7/29	4AHJ
OakmontREC	M-Th	10:50am	E57.G1DG	8/12	4AHG
ProvREC	Th	7:50pm	E57.X4HU	6/20	4AHI
ProvREC	Sa	11am	E57.G1D4	6/22	4AHI
ProvREC	Su	10:50am	E57.VCOH	6/23	4AHI
SoRunREC	Su	9am	E57.GAMX	6/23	4AHJ
SpHillREC	T	6pm	E57.ZPQS	6/18	4AHK
SpHillREC	Sa	11am	E57.64CN	6/22	4AHI

## Stroke Mechanics IV

**(11-18 yrs.)** Prerequisite: Must have a high endurance level to swim an intense workout each class and be able to tread water for one minute, swim continuously 200 yards each freestyle and backstroke, 100 yards breaststroke, 50 yards butterfly, and 100 yards IM. Students must wear a one-piece, competitive-style swim suit and goggles. Students with long hair must wear a swim cap. Class emphasizes high-intensity interval workout and refines freestyle, backstroke, breaststroke, butterfly, starts, turns and finishes.

4AHH	6--55 minute lessons--\$103
4AHI	7--55 minute lessons--\$120
4AHJ	8--55 minute lessons--\$138
4AHK	9--55 minute lessons--\$154
4AHP	5--55 minute lessons--\$85

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11:50am	2F3.2HSY	6/22	4AHI
CubRunREC	Su	11:50am	2F3.LRGJ	6/23	4AHI
OakmontREC	M/W	6:30pm	2F3.KZK2	6/17	4AHP
OakmontREC	Sa	11:10am	2F3.S1S8	6/22	4AHI
OakmontREC	Su	10am	2F3.5M5U	6/23	4AHI
OakmontREC	M/W	6:30pm	2F3.HXDK	7/8	4AHH
Wkfld/Moore	Su	11am	2F3.JA9V	7/14	4AHP

OakmontREC	M/W	6:30pm	2F3.UYST	7/29	4AHH
ProvREC	Sa	12pm	2F3.04KT	6/22	4AHI
ProvREC	Su	11:50am	2F3.D7UH	6/23	4AHI
SpHillREC	T	7pm	2F3.XNNW	6/18	4AHK
SpHillREC	Sa	12pm	2F3.ZTMT	6/22	4AHI

## Lap Swim

**(13-Adult)** This class focuses on increasing your physical endurance and swim distance. Workouts are designed to meet class abilities and to improve overall physical fitness through lap swimming. Students are also taught to design a personal workout and to use the pace clock.

4AV	4--55 minute lessons--\$67
4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	9am	41A.YV2X	6/23	4AY
OakmontREC	M-Th	10am	41A.1T2G	6/17	4AY
OakmontREC	T/Th	7:50pm	41A.6WXV	6/18	4AW
OakmontREC	F	8:55am	41A.S2XB	6/21	4AZ
OakmontREC	Sa	8am	41A.13R5	6/22	4AY
OakmontREC	Su	8am	41A.0GAF	6/23	4AY
OakmontREC	M-Th	10am	41A.0M75	7/1	4AY
OakmontREC	T/Th	7:50pm	41A.AZ8Z	7/9	4AX
OakmontREC	M-Th	10am	41A.RWK3	7/15	4AZ
OakmontREC	M-Th	10am	41A.1QME	7/29	4AZ
OakmontREC	T/Th	7:50pm	41A.86JZ	7/30	4AX
OakmontREC	M-Th	10am	41A.H1UH	8/12	4AV
SpHillREC	Su	12pm	41A.FU4E	6/23	4AY
SpHillREC	W	7:55pm	41A.G2ED	6/26	4AZ
Wkfld/Moore	M/W	6:30pm	41A.4PWP	6/17	4AY
Wkfld/Moore	Sa	10am	41A.PEDS	6/22	4AY
Wkfld/Moore	M/W	6:30pm	41A.V3KJ	7/15	4AZ

## Lap Swim Lite

**(13-Adult)** Prerequisite: Ability to swim at least 25 yards on front and back. This is the perfect class for people who want to start swimming laps or for those who have not been a lap swimmer for an extended time. Learn techniques needed to swim laps, improve swimming skills and proficiency, increase your confidence, endurance and distance swimming.

4AV	4--55 minute lessons--\$67
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
OakmontREC	M-Th	11:30am	C96.QC13	6/17	4AY
OakmontREC	Sa	12:10pm	C96.EZLA	6/22	4AY
OakmontREC	Su	12:10pm	C96.LLUH	6/23	4AY
OakmontREC	M-Th	11am	C96.DZS9	7/1	4AY
OakmontREC	M-Th	11am	C96.0TMS	7/15	4AZ
OakmontREC	M-Th	11am	C96.5QAW	7/29	4AZ
OakmontREC	M-Th	11am	C96.M4ZR	8/12	4AV
Wkfld/Moore	T/Th	5:30pm	C96.RZK8	6/18	4AY
Wkfld/Moore	Sa	11am	C96.AXCW	6/22	4AY
Wkfld/Moore	T/Th	5:30pm	C96.Q480	7/16	4AZ

## Advanced Lap Swim

**(13-Adult)** The ultimate swimming workout that helps students refine strokes to increase efficiency, endurance and swim distance. Students are taught how to adjust their personal workout to keep interest and to make it more challenging.

4AV	4--55 minute lessons--\$67
4AW	5--55 minute lessons--\$84
4AX	6--55 minute lessons--\$102
4AY	7--55 minute lessons--\$118
4AZ	8--55 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
OakmontREC	M/W	7:40pm	85E.VKMN	6/17	4AW
OakmontREC	M-Th	9:55am	85E.Q4FX	6/17	4AY
OakmontREC	Sa	9am	85E.PUBZ	6/22	4AY
OakmontREC	Su	9am	85E.LC3P	6/23	4AY
OakmontREC	M-Th	9:55am	85E.39N0	7/1	4AY
OakmontREC	M/W	7:40pm	85E.2E7V	7/8	4AX
OakmontREC	M-Th	9:55am	85E.19JT	7/15	4AZ
OakmontREC	M/W	7:40pm	85E.G11J	7/29	4AX
OakmontREC	M-Th	9:55am	85E.NWLC	7/29	4AZ
OakmontREC	M-Th	9:55am	85E.GW2V	8/12	4AV
Wkfld/Moore	Sa	9am	85E.X08L	6/22	4AY

## Swim Clinics

### Butterfly & Breaststroke Clinic I

**(6-14 yrs.)** Prerequisite: Ability to demonstrate arm and leg actions for both breaststroke and butterfly for six yards. Class emphasizes developing arm and leg actions for these strokes while coordinating timing and breathing. Starts and turns are introduced.

4AHI	7--55 minute lessons--\$120
4AY	7--55 minute lessons--\$118

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	11am	8DD.2A3S	6/22	4AY
OakmontREC	Su	11am	8DD.64J8	6/23	4AHI

### Butterfly & Breaststroke Clinic II

**(7-18 yrs.)** Prerequisite: Ability to swim 15 yards of butterfly and breaststroke with breathing technique. Clinic emphasizes refining butterfly and breaststroke to increase efficiency and swimming distances. Starts and turns for these strokes are reviewed.

4AY	7--55 minute lessons--\$118
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Location	Day	Time	Code	Begin	\$
SpHillREC	Su	10:10am	2D5.CC6X	6/23	4AY

# Dog Daze

at The Water Mine

Saturday, Sept. 7, 2024

9 a.m. – 1 p.m.

The Water Mine goes to the dogs with a season-ending event to benefit your parks through the Fairfax County Park Foundation.

- Dogs-only Swimming
- Canine Resource Fair
- Family Fun
- \$15 per dog

Visit [www.fairfaxcounty.gov/parks/dogs](http://www.fairfaxcounty.gov/parks/dogs)

The Water Mine at Lake Fairfax Park  
1400 Lake Fairfax Drive, Reston



# Aquatics

## Freestyle & Backstroke Clinic I

(6-14 yrs.) Prerequisite: Ability to swim freestyle and backstroke 15 yards using arm and leg action. Class emphasizes developing backstroke elements using arm and leg actions while implementing breathing techniques. Starts and turns are introduced.

**4AY 7--55 minute lessons--\$118**

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	12pm	9D9.6HBB	6/22	4AY
OakmontREC	Su	12pm	9D9.4VLU	6/23	4AY

## Freestyle & Backstroke Clinic II

(7-18 yrs.) Prerequisite: Ability to swim 25 yds. freestyle with side breathing and backstroke. Clinic emphasizes refining freestyle and backstrokes using drills to increase stroke proficiency. Starts and turns for these strokes are also reviewed.

**4AY 7--55 minute lessons--\$118**

Location	Day	Time	Code	Begin	\$
SpHillREC	Su	11:10am	40A.06QX	6/23	4AY

## Swim Team Prep

(6-12 yrs.) Get the competitive edge and prepare for swim team season with this swimming skill tune up. This class helps swimmers who have swim-team experience and want to get their competitive skills and swimming strokes ready for the next swim team season.

**4AH 7--55 minute lessons--\$120**

**4AY 7--55 minute lessons--\$118**

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	8am	E8D.7DZE	6/22	4AY
OakmontREC	Su	8am	E8D.56CI	6/23	4AH

## Summer Swim League

(6-14 yrs.) Want to do more with swimming? Join a team at your Rec Center. On our developmental swim team, swimmers will be able to practice and improve the four competitive strokes and enjoy some friendly competition. All swimmers must be able to swim 25 yards on front and back in deep water (up to 14 feet deep), continuously without stopping. Participants will enjoy the challenge of racing and participating in social events with teammates. Registration fee includes: 23 practices, five Friday evening swim meets, team swim cap and t-shirt, and an end of season party.

**4ASV 18--55 minute lessons--\$310**

Location	Day	Time	Code	Begin	\$
SpHillREC	M/T/Th	5:30pm	DBE.MUQE	6/17	4ASV
Wkfld/Moore	M/T/Th	5:30pm	DBE.6SCG	6/17	4ASV



## Aquatic Fitness

### Options for aquatic exercisers:

#### Drop-In (or pay as you go)

- Best for the customer with a busy schedule or who wishes to try a new program.
- Daily drop-in rate to attend aquatic exercise classes, space permitting.

#### Aqua Exercise Flex Pass

- Allows entry into any Park Authority water exercise class, space permitting.
- Valid for four months from date of purchase, Aqua Exercise Flex Passes are sold at all Rec Centers and at [www.fairfaxcounty.gov/parks/passesonline.htm](http://www.fairfaxcounty.gov/parks/passesonline.htm) in increments of 10, 20 or 30 visits.
- Pricing based on the per-class fee for coded classes. Senior pass rates are available. Early registration discounts and scholarships are not available for the Aqua Exercise Flex Pass.

#### Register for coded class listed in Parktakes

Registration guarantees a space in the class. Your class registration entitles you to only the class you registered for. Missed classes cannot be made up.

## Aerobic Water Exercise

(13-Adult) This shallow-water class provides cardiovascular workout and increases muscle tone, strength and endurance.

**4AB2 19--55 minute lessons--\$273**

**4AB9 7--55 minute lessons--\$101**

**4ABE 15--55 minute lessons--\$215**

**4ABF 22--55 minute lessons--\$316**

**4ABI 25--55 minute lessons--\$359**

**4ABJ 29--55 minute lessons--\$417**

**4ABU 9--55 minute lessons--\$129**

**4ABW 17--55 minute lessons--\$244**

**4ABZ 8--55 minute lessons--\$114**

Location	Day	Time	Code	Begin	\$
CubRunREC	W	10am	3AD.PUHS	6/26	4AB9
GWREC	M/W/F	8:30am	3AD.IMPJ	6/17	4ABF
GWREC	T/Th	5:05pm	3AD.2H97	6/18	4ABE
OakmontREC	T	8am	3AD.QG4R	6/18	4ABU
OakmontREC	T	10am	3AD.UKVV	6/18	4ABU
OakmontREC	W	8am	3AD.QGGC	6/19	4ABU
OakmontREC	W	9am	3AD.L7TP	6/19	4ABU
OakmontREC	Th	10am	3AD.MFHC	6/20	4ABZ
OakmontREC	F	9am	3AD.D986	6/21	4ABZ
OakmontREC	Su	4pm	3AD.MRT9	6/23	4AB9
ProvREC	M/W/F	7:30am	3AD.OFBO	6/17	4ABJ
ProvREC	M/W/F	10:30am	3AD.MQJH	6/17	4ABJ
ProvREC	T/Th	8:30am	3AD.OET9	6/18	4AB2
ProvREC	T/Th	9:30am	3AD.TUK1	6/18	4AB2
ProvREC	Su	9am	3AD.QAYU	6/23	4ABZ
SoRunREC	M/W/F	9am	3AD.8PEY	6/17	4ABI
SoRunREC	T/Th	9am	3AD.2787	6/18	4ABW
SpHillREC	M/W/F	8:30am	3AD.5V01	6/17	4ABF
Wkfld/Moore	M/W/F	9am	3AD.WDSD	6/17	4ABF
Wkfld/Moore	T/Th	9:05am	3AD.JTNV	6/18	4ABE

## Advanced Water Aerobics

(13-Adult) This high-energy, cardio-intensive class uses water resistance to give you maximum fitness benefits. This program is for the experienced water aerobics student who wants a more intense workout and for anyone who wants to cross-train or enhance overall fitness.

**4ABE 15--55 minute lessons--\$215**

**4ABF 22--55 minute lessons--\$316**

**4ABZ 8--55 minute lessons--\$114**

Location	Day	Time	Code	Begin	\$
Franconia Rec	T/Th	7:35pm	40C.W1JY	6/18	4ABE
OakmontREC	F	11am	40C.DWNJ	6/21	4ABZ
SpHillREC	M/W/F	7:30am	40C.CEK7	6/17	4ABF
SpHillREC	T	10am	40C.BMJM	6/18	4ABZ

Buy the pass that gets you into aquatic fitness

# Aqua Exercise Flex Pass

Purchase the 30-visit pass for the best rate!

- Aqua Flex passes provide drop-in entry into any aquatics exercise class\*
- More than 150 classes to choose from
- Classes offered at ALL Rec Centers

\*Entry into classes is space permitting.



Learn more and purchase passes today at [www.fairfaxcounty.gov/parks/recenter/swimming](http://www.fairfaxcounty.gov/parks/recenter/swimming)





## Aqua Fit and Tone

**(13-Adult)** This low-impact and low-intensity workout is taught in shallow water. You increase muscular endurance while you tone muscles and improve flexibility.

**4ABW 17--55 minute lessons--\$244**

Location	Day	Time	Code	Begin	\$
Franconia Rec	M/W	8am	AA8.FIKK	6/17	4ABW

## Aqua Get Fit

**(13-Adult)** This class focuses on building strength, balance, and endurance using the water's buoyancy and support. Designed for those new to water exercise or those looking for a new fitness opportunity, this fun-filled class focuses on using aqua fitness to progress individual health goals.

**4AB9 7--55 minute lessons--\$101**  
**4ABE 15--55 minute lessons--\$215**

Location	Day	Time	Code	Begin	\$
Franconia Rec	T/Th	6:35pm	2A9.8J7K	6/18	4ABE
Franconia Rec	F	8:30am	2A9.06HN	6/21	4AB9

## Arthritis Water Exercise

**(13-Adult)** Shallow-water exercises using water's buoyancy and resistance helps improve your overall range of motion, joint mobility and muscle strength. While this class is designed for students with arthritis, it is open to those who have other physical limitations.

**4AB2 19--55 minute lessons--\$273**  
**4ABE 15--55 minute lessons--\$215**  
**4ABF 22--55 minute lessons--\$316**  
**4ABI 25--55 minute lessons--\$359**  
**4ABU 9--55 minute lessons--\$129**  
**4ABW 17--55 minute lessons--\$244**  
**4ABZ 8--55 minute lessons--\$114**

Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	9am	9E8.XVA4	6/18	4ABE
Franconia Rec	M/W	9:05am	9E8.3ZRK	6/17	4ABW
GWREC	M/W/F	11:30am	9E8.3EVQ	6/17	4ABF
GWREC	T/Th	8am	9E8.2JLT	6/18	4ABE
GWREC	T/Th	9am	9E8.56UC	6/18	4ABE
OakmontREC	T	11am	9E8.LP54	6/18	4ABU
OakmontREC	Th	11am	9E8.IS95	6/20	4ABZ

ProvREC	T/Th	11:30am	9E8.WC78	6/18	4AB2
SoRunREC	M/W/F	10am	9E8.ZDFQ	6/17	4ABI
SoRunREC	T/Th	10am	9E8.EN20	6/18	4ABW
SoRunREC	T/Th	11am	9E8.R67H	6/18	4ABW
SpHillREC	M/W/F	10:40am	9E8.1K1C	6/17	4ABF
Wkfld/Moore	T/Th	11:05am	9E8.DFYH	6/18	4ABE

## Deep Water Exercise

**(13-Adult)** Prerequisite: Students must be able to swim 25 yards continuously. Take the plunge for a no-impact workout. You use a variety of deep water exercises and running techniques to get the maximum benefit from water's natural resistance.

**4AB0 5--55 minute lessons--\$71**  
**4AB2 19--55 minute lessons--\$273**  
**4AB9 7--55 minute lessons--\$101**  
**4ABE 15--55 minute lessons--\$215**  
**4ABF 22--55 minute lessons--\$316**  
**4ABH 26--55 minute lessons--\$373**  
**4ABI 25--55 minute lessons--\$359**  
**4ABW 17--55 minute lessons--\$244**  
**4ABZ 8--55 minute lessons--\$114**

Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	10am	B8B.74G2	6/18	4ABE
Franconia Rec	Sa	10am	B8B.TW19	6/22	4AB9
Franconia Rec	Su	3pm	B8B.K8EL	7/14	4AB0
GWREC	M/W/F	7:30am	B8B.TU3E	6/17	4ABF
GWREC	M/W/F	9:30am	B8B.GCEA	6/17	4ABF
GWREC	M/W/F	10:30am	B8B.D3LH	6/17	4ABF
OakmontREC	M/W/F	5pm	B8B.7HWS	6/17	4ABH
OakmontREC	T/Th	9am	B8B.KARE	6/18	4ABW
OakmontREC	Su	5pm	B8B.UYX7	6/23	4AB9
ProvREC	M/W/F	8:30am	B8B.5EP0	6/17	4ABJ
ProvREC	M/W/F	11:30am	B8B.Y0JK	6/17	4ABJ
ProvREC	T/Th	5:50pm	B8B.CN8T	6/18	4AB2
ProvREC	T/Th	6:50pm	B8B.PC85	6/18	4AB2
SoRunREC	M/W/F	8am	B8B.E1A3	6/17	4ABI
SoRunREC	T/Th	8am	B8B.22M9	6/18	4ABW
SpHillREC	M/W/F	9:40am	B8B.OHZV	6/17	4ABF
SpHillREC	T	9am	B8B.TD1J	6/18	4ABZ
Wkfld/Moore	Su	11am	B8B.9HGS	6/23	4AB0
Wkfld/Moore	M/W	11am	B8B.B7WR	6/17	4ABE
Wkfld/Moore	T/Th	8am	B8B.CRN7	6/18	4ABE

## ABCs of Deep Water Training

**(13-Adult)** Deep water Aquatic Boot Camp (ABC) is a fast-paced, deep-water workout that targets cardio and core. Build strength, agility and balance while maximizing deep-water resistance by using aqua equipment. This high-intensity class uses a variety of equipment to target all muscle groups and combines short bursts using different movements as well as longer durations to build endurance. Prerequisite: can swim 25 yards continuously and confidently without stopping and can tread water for one minute without flotation assistance.

**4ABH 26--55 minute lessons--\$273**

Location	Day	Time	Code	Begin	\$
OakmontREC	M/W/F	10:10am	4A8.0QTN	6/17	4ABH

## Advanced Deep Water Exercise

**(13-Adult)** Prerequisite: Students must be able to swim 25 yards continuously. An excellent full-body workout that is more intense than the Deep Water Exercise class. This class is for the experienced deep water exerciser looking for a more challenging workout.

**4AB9 7--55 minute lessons--\$101**  
**4ABE 15--55 minute lessons--\$215**  
**4ABH 26--55 minute lessons--\$373**

Location	Day	Time	Code	Begin	\$
Franconia Rec	T/Th	8am	B79.7VGH	6/18	4ABE
Franconia Rec	Sa	3pm	B79.9G9Q	6/22	4AB9
OakmontREC	M/W/F	8:10am	B79.3T52	6/17	4ABH

## Hydro Pilates

**(13-Adult)** Experience the water's natural support and resistance while you increase your body's range of motion and challenge and strengthen core stability and control. Build abdominal and back strength, flexibility and muscle tone while maintaining core stabilization, posture alignment and balance.

**4ABW 17--55 minute lessons--\$244**

Location	Day	Time	Code	Begin	\$
SoRunREC	T/Th	12pm	7F0.I018	6/18	4ABW

## Power Finning

**(13-Adult)** Prerequisite: Students must be able to swim 25 yds. continuously. Treat yourself to this unique workout designed to enhance cardiovascular fitness while strengthening and toning muscles. Students need to provide their own fins for a challenging workout utilizing fins, kickboards and float belts. Class is held in the deep end of the pool.

**4AB9 7--55 minute lessons--\$101**  
**4ABW 17--55 minute lessons--\$244**

Location	Day	Time	Code	Begin	\$
Franconia Rec	M/W	7:35pm	83P.0BA0	6/17	4ABW
Franconia Rec	Sa	9am	83P.9GCH	6/22	4AB9
GWREC	Th	10am	83P.LAFS	6/20	4AB9







## S'WET Aqua Fitness

**(13-Adult)** Come S'WET with us in the pool. Structured Water Exercise Training is designed to incorporate unique blocks, each with a specific purpose, focused on high intensity interval training, strength, advanced cardio and plyometric training.

<b>4AB0</b>	<b>5--55 minute lessons--\$71</b>
<b>4AB9</b>	<b>7--55 minute lessons--\$101</b>
<b>4ABW</b>	<b>17--55 minute lessons--\$244</b>

Location	Day	Time	Code	Begin	\$
Franconia Rec	M/W	6:45am	GS8.1FRQ	6/17	4ABW
Franconia Rec	Th	9:05am	GS8.GINO	6/20	4AB9
Franconia Rec	F	6:45am	GS8.HB70	6/21	4AB9
Franconia Rec	Sa	2pm	GS8.GB9E	6/22	4AB9
Franconia Rec	Su	2pm	GS8.FK3F	7/14	4AB0

## Water Walking

**(13-Adult)** This class is designed to improve muscle tone and aerobic fitness. Ideal for those who want the effects of walking without adding stress to muscles and joints. Instructors guide participants in different types of walking in water to benefit the whole body.

<b>4AB9</b>	<b>7--55 minute lessons--\$101</b>
<b>4ABF</b>	<b>22--55 minute lessons--\$316</b>

Location	Day	Time	Code	Begin	\$
Franconia Rec	F	9:05am	7B5.SVGM	6/21	4AB9
Wkfld/Moore	M/W/F	10am	7B5.H9KU	6/17	4ABF

## Specialty Classes

### Springboard Diving-Beginning

**(6-Adult)** Prerequisite: Must be able to swim at least 25 yards. Class emphasizes an introduction to the four main dive components: approach, takeoff, flight and

entry. Students are also introduced to forward and back dives.

<b>4AW</b>	<b>5--55 minute lessons--\$84</b>
<b>4AY</b>	<b>7--55 minute lessons--\$118</b>

Location	Day	Time	Code	Begin	\$
ProvREC	Sa	1:05pm	5B5.ITKI	6/22	4AY
Wkfld/Moore	Sa	1pm	5B5.RHOJ	6/22	4AY
Wkfld/Moore	Su	10am	5B5.JJN0	7/14	4AW

### Springboard Diving-Intermediate

**(6-Adult)** Prerequisite: Must be able to swim at least 25 yards and have completed, or have skill level for Springboard Diving-Beginner. Class emphasizes developing the four main dive components: approach, takeoff, flight and entry and the four basic diving positions: layout, pike, tuck and free.

<b>4AW</b>	<b>5--55 minute lessons--\$84</b>
<b>4AY</b>	<b>7--55 minute lessons--\$118</b>

Location	Day	Time	Code	Begin	\$
ProvREC	Sa	2:05pm	8A5.5T4B	6/22	4AY
Wkfld/Moore	Sa	2pm	8A5.2ETS	6/22	4AY
Wkfld/Moore	Su	9am	8A5.ZWH2	7/14	4AW

### Springboard Diving-Advanced

**(6-Adult)** Prerequisite: Must be able to swim at least 25 yards, and have completed or have skill level for Springboard Diving-Intermediate. Class emphasizes refining and improving the four main dive components: approach, takeoff, flight and entry, and the four basic dive positions: layout, pike, tuck and free. More advanced dives and flips are also introduced.

<b>4AY</b>	<b>7--55 minute lessons--\$118</b>
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	3pm	535.QI8I	6/22	4AY

# Now Hiring and Training LIFEGUARDS



- No prior training or experience required.
- Training provided after employment offer.
- Positions available at all Rec Centers and the Water Mine.

[www.fairfaxcounty.gov/parks/reccenter/jobs](http://www.fairfaxcounty.gov/parks/reccenter/jobs)





## Attractions

Scan the QR code to go directly to the Parktikes Online Attractions page.



### Clemyjontri Park



**6317 Georgetown Pike  
McLean, Va. 22101  
703-388-2807  
[www.fairfaxcounty.gov/parks/clemyjontri](http://www.fairfaxcounty.gov/parks/clemyjontri)**

- Fully accessible play-ground
- Two-acres
- Track rides
- Balance beams
- Swings
- Maze
- Carousel recessed to ground level
- Picnic pavilion with tables that accommodate wheelchairs
- Trackless train for children and adults

#### Hours

The park is open year-round from 7 a.m. to dusk. The carousel operates daily Memorial Day – Labor Day, 9:30 a.m.-1 p.m. Mon.- Fri.; 9:30 a.m.-6 p.m. weekends. Open weekends only in September and October, 9:30 a.m.-6 p.m.

The picnic pavilion may be reserved for a fee; additional picnic tables are available on a first-come, first-served basis.

### Birthday Party Packages

What better place to celebrate than in your favorite park? With an array of birthday party options and star attractions, there's a party style to suit every child. For party particulars, check the listings at [www.fairfaxcounty.gov/parks/parties](http://www.fairfaxcounty.gov/parks/parties) or call the sites directly.

Audrey Moore Rec Center	703-321-7081
Burke Lake Park	703-323-6600
Cub Run Rec Center	703-817-9407
Ellanor C Lawrence Park	703-631-0013
Franconia Rec Center	703-922-9841
Frying Pan Park	703-437-9101
Green Spring Gardens	703-642-5173
George Washington Rec Center	703-780-8894
Hidden Oaks Nature Center	703-941-1065
Hidden Pond Nature Center	703-451-9588
Huntley Meadows Park	703-768-2525
Jefferson District Park and Golf Course	703-573-0443
Lake Accotink Park	703-569-0285
Lake Fairfax Park	703-471-5414
Oakmont Rec Center	703-281-6501
Pinecrest Golf Course	703--941-1061
Providence Rec Center	703-698-1351
Riverbend Nature Center	703-759-9018
South Run Rec Center	703-866-0566
Spring Hill Rec Center	703-827-0989
Sully Historic Site	703-437-1794



### The Water Mine at Lake Fairfax Park

**1400 Lake Fairfax Drive, Reston  
703-471-5415**

**[www.fairfaxcounty.gov/parks/watermine](http://www.fairfaxcounty.gov/parks/watermine)**

Follow in the footsteps of Miner Pete for a day of family fun that's cool and wet! The Water Mine captures the excitement of the Old West's Gold Rush with attractions and thrills for the whole family. Features include:

- Three-3-story water slides
  - Interactive water playground
  - Big Pete and Little Pete water slides
  - Activity pool with floatable rafts
  - Spraypad for tots
  - Tubing on the Rattlesnake River
  - Concessions available, picnics allowed
  - No glass, alcohol or personal grills allowed
- Located in Lake Fairfax Park in Reston, the Water Mine is open through Labor Day. For admission rates and hours of operation, visit the website or call the park. Group rates available.



### Creek Adventure Wagon Rides at Ellanor C. Lawrence Park

Register for summer adventure, ECL style, with a wagon ride and splash in the stream to keep your summer cool!

**Sat. June 15, Fri. July 12 and Sun. Aug. 11**  
Choose between 6-7 p.m. or 7:30-8:30 p.m. • \$10

### Frying Pan Farm Park Wagon Rides

Nothing says fun on the farm like a good old fashion wagon ride!

Secure your reservation for a 30-minute ride while touring the farm.

**Choose times between**

**Mondays-Thursdays • 10:15 a.m.-1:15 p.m.**

**Fridays-Sundays • 10:15 a.m.-2:45 p.m.**

**\$5 for riders ages 2 and up**

*Please note tickets for Saturday and Sunday are on-site only.*



**Visit [www.fairfaxcounty.gov/parks/event-highlights](http://www.fairfaxcounty.gov/parks/event-highlights) to secure your seat today.**



### More Family Fun

The Park Authority offers attractions for every age, including carousels, wagon and miniature train rides, an ice cream parlor and boating opportunities. For pricing, hours of operation and other details, call the parks listed below.

<b>Burke Lake</b> 703-323-6600	Boat rentals, carousel, mini golf, miniature train rides, ice cream parlor
<b>Frying Pan Farm Park</b> 703-437-9101	Farm animals, carousel, wagon rides, Country Store
<b>Lake Accotink</b> 703-569-3464	Boat & kayak rentals, carousel, mini golf, bike rentals, free fishing pole rentals
<b>Lake Fairfax</b> 703-471-5414	Boat & kayak rentals, free fishing pole rentals
<b>Riverbend</b> 703-759-9018	Boat & kayak rentals, free fishing pole rentals



# Attractions and Amusements



## Bike Rentals offered at Accotink Marina

Bike the trails at Lake Accotink Park — even if you didn't bring a bike! Through a partnership with Trails for Youth, Lake Accotink Park rents out bikes for older kids and adults. Each bike rents for \$10 per hour. Fee drops to \$5 per hour for each additional bike rented during the same time period. Helmets provided. Photo ID required for rental. For hours of operation, call 703-569-3464.



Mini-golf is the cross-generational game perfect for kids, parents and grandparents. Visit the sites listed below for a swing at great family fun. For additional mini-golf park attractions, fees and hours of operation, visit [www.fairfaxcounty.gov/parks/minigolf](http://www.fairfaxcounty.gov/parks/minigolf).

### Burke Lake Park

7315 Ox Road, Fairfax Station  
703-323-6600

### Oakmont Rec Center

3200 Jermantown Road, Oakton  
703-281-6501

### Jefferson Falls in Jefferson District Park

7900 Lee Highway, Falls Church  
703-573-0444

### Lucky Duck in Lake Accotink Park

*It is right by the carousel for added fun!*  
7500 Accotink Park Road, Springfield  
703-569-0285

## Cub Run for Water Fun Year Round



Slides, a "river" current and other fun features turn the indoor leisure pool at Cub Run Rec Center into a water playground. Here the temperature is tropical for 12 months of the year, and parents never have to worry about kids getting sunburned! Rec Center admission includes the leisure pool.

For more information and hours, visit [www.fairfaxcounty.gov/parks/reccenter/cub-run/leisure-pool](http://www.fairfaxcounty.gov/parks/reccenter/cub-run/leisure-pool) or call 703-817-9407.



## Celebrate your Birthday in the Parks!

### Swing into Fun with Mini Golf

Burke Lake • Jefferson • Lake Accotink • Oakmont

### Splash Around Year Round

Your Local Rec Center Pools & Party Rooms

### Ride a Carousel, Train, Tourboat

Burke Lake • Clemjontri • Lake Accotink  
Lake Fairfax • Frying Pan Farm Park

### Bounce Around a Soft Playroom

Franconia Rec Center

For information, call the individual sites.  
Attractions varies by site.



## Park Trails

If you live in Fairfax County, there's a good chance there's a nature trail close to your backyard. Let the Park Authority's Trail Buddy mapping tool be your guide. Visit [www.fairfaxcounty.gov/parks/trails](http://www.fairfaxcounty.gov/parks/trails).

## The Cross County Trail

Extending from Lorton in the south to Great Falls in the north, the 40-mile Gerry Connolly Cross County Trail runs through the heart of Fairfax County. The trail offers recreation, exercise, opportunities for contact with nature and history, and the "green" option of walking or biking instead of driving to work, to shopping centers or to Metro stations.

For GCCCT maps, visit [www.fairfaxcounty.gov/parks/trails/cross-county-trail](http://www.fairfaxcounty.gov/parks/trails/cross-county-trail).

## Come to the Parks for Picnics



Chances are there's a picnic-perfect park in your neighborhood. Sites offer exciting features for your next outdoor event. Attractions may include pedal boats, a carousel, an ice cream parlor, miniature golf, tennis, basketball, athletic fields, train rides, volleyball and nature trails. For information about our reservable areas, fees, amenities, availability and booking, visit [www.fairfaxcounty.gov/parks/picnics](http://www.fairfaxcounty.gov/parks/picnics). For help planning your event, email [FCPApicnics@fairfaxcounty.gov](mailto:FCPApicnics@fairfaxcounty.gov) or call 703-324-8732.



# F.C.P.A. CAMP GUIDE

## REFUNDS/TRANSFERS FOR CAMPS AND WORKSHOPS

- Camp cancellations may be done online through your house account. All cancellations/transfers/refunds/credits require 14 days advance notice of the camp you are cancelling. There is a \$25 cancellation fee applied to all refunds.
- If you cancel your camp within 13 days of the start of camp, you will NOT receive money back, but the system will allow you to drop out.
- Transfers may not be done online. If you wish to transfer from one camp to another, you can avoid the cancellation fee by contacting the registration desk at 703-222-4664 to process the change. Transfers require 14 days advance notice for the camp from which you are withdrawing. Transfers cannot be done within 13 days of the start of a camp.
- You can request a refund or transfer 14 days in advance by emailing us at [camps@fairfaxcounty.gov](mailto:camps@fairfaxcounty.gov).
- There are no refunds or credits for missed days due to work or vacation schedules, sick days or other non-emergency reasons.
- Within 14 days of the start of a camp session, refunds are only approved for medical emergencies with a doctor's note if it is received before the camp ends.
- If a medical emergency occurs during camp, a doctor's note is required within 24 hours for a pro-rated refund. Requests received after the camp session ends will not be granted.

Scan the QR code to go directly to the Parktakes Online Camps page.



## Did You Know

- Some camps are licensed by the Va. Dept. of Social Services. These camps require additional paperwork such as an immunization record and proof of child's identity. Download the camp forms packet at [www.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/camps) to determine if your child's camp is licensed.
- Non-Fairfax County residents are welcome to join our camps. There is a \$15 out-of-county fee.
- To provide several options for our customers, camp length and times vary. Be sure to check number of days and hours for each camp.
- On rainy days or when substantial rain is expected, some outdoor camps may be canceled for the day. On code red days, campers will engage in outdoor activities during the day while taking in plenty of water and several shaded breaks. Many of our camps are held outdoors. Please check with the site for more information.
- Many of our camps will email participants a few days prior to the start date about what campers should bring. Most half-day camps will ask campers to bring a snack and drink. Full-day campers will need a snack, drink and lunch. If your child's camp includes swim time, also bring a swimsuit and towel. ALL campers should wear weather-appropriate, comfortable play clothes and have sunscreen applied before leaving home.
- To expedite the check-in process, make copies of your child's forms for each camp/each week. Forms are not transferred from one camp to another and can be downloaded at [www.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/camps)
- If your child needs to have medication administered during camp, please complete the Medication Authorization Form at [www.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/camps).
- If swimming is a part of your child's camp, substitute activities will occur when Rec Center pools are closed for maintenance and/or cleaning. Contact the site directly for details.
- Several camps require signed waivers for participation. If you want to request review of the waivers prior to registering, email us at [camps@fairfaxcounty.gov](mailto:camps@fairfaxcounty.gov).
- Host-a-Coach Program: we are always looking for families who would like to host an international soccer coach for a week during the summer. In turn for hosting, families earn a free week of Challenger International Soccer Camp. For application and details, visit [www.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/camps).
- It is important to register early! Camps that do not meet minimum requirements for enrollment may be canceled. This decision is made two weeks in advance. Camps may be added after Parktakes was printed. Check camp website for most current listings.

## Extended Care Information (NEW)

**8-9 a.m. \$40/week**  
**4-5 p.m. \$40/week**

*Dates and locations vary, see website for the most up-to-date details! [www.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/camps)*  
Extended care provides one hour of additional care in the morning and/or afternoon for campers at their specific camp location. **Only campers who are already enrolled in full-day camps can attend extended care.** Camps ending before 4 p.m. are not eligible for extended care. Campers choose from supervised activities including board games, cards, drawing, coloring and age-appropriate movies. Registration for extended care is weekly, **be sure to register for two weeks if your child is in a two-week camp.**

\*Advance registration is required as space is limited\* online at [www.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/camps) or by phone 703-222-4664.

**Refunds/Transfers:** Extended Care refunds are given in full if requested prior to the camp week. No refunds are given once the week begins.

**Late Fee:** \$1 will be charged for each minute after 5 p.m. that parents are late picking up their camper.



**Before You Arrive at Camp, Download Your Camp Forms at [www.fairfaxcounty.gov/Parks/Camps](http://www.fairfaxcounty.gov/Parks/Camps)**





## SUMMER CAMPS

### Variety Day Camps

#### Kiddie Camp

**(3-5 yrs.)** Preschoolers love the variety of fun in this action-packed camp. Activities include music, movement, arts and crafts, outdoor games, water play and a special event. Campers must be potty-trained, able to separate with ease and be three years old by the first day of camp. Bring a snack, lunch and drink. This is a licensed program. Bring immunization record and proof of child's identity. No camp June 5 and July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Franconia REC	9am-1pm	E8A.6D50	6/4-6/7	\$190
Franconia REC	9am-1pm	E8A.018Y	6/10-6/14	\$239
StoneMansion	9am-1pm	E8A.NEBC	6/10-6/14	\$239
StoneMansion	9am-1pm	E8A.AE8F	6/24-6/28	\$239
StoneMansion	9am-1pm	E8A.D7VM	7/1-7/3	\$145
StoneMansion	9am-1pm	E8A.DJDU	7/8-7/12	\$239
StoneMansion	9am-1pm	E8A.I2SG	7/22-7/26	\$239
StoneMansion	9am-1pm	E8A.61WT	7/29-8/2	\$239

#### Summer ROCS and Junior ROCS

This summer really R.O.C.S. (Rec Centers Offer Cool Stuff)! Campers will enjoy swimming, arts and crafts, outdoor activities, cooperative games and exciting themes. Some camps offer special event days depending on the week. Bring a lunch, drink, swimsuit/towel. No camp July 4-5.

Location	Time	Code	Dates	\$
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#### Junior ROCS (5 yrs. 3 mos.- 7 yrs.)

CubRun REC	9am-4pm	CEC.ENVO	7/1-7/3	\$175
CubRun REC	9am-4pm	CEC.RP03	7/22-7/26	\$285
CubRun REC	9am-4pm	CEC.C3PP	7/29-8/2	\$285
Franconia REC	9am-4pm	CEC.REOB	7/1-7/3	\$175

#### Junior ROCS (5 yrs. 3 mos. - 8 yrs.)

Wkfld/Moore	9am-4pm	TNF.46SI	7/1-7/3	\$175
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#### Summer ROCS (8-12 yrs.)

CubRun REC	9am-4pm	BA1.GKYD	7/1-7/3	\$175
Franconia REC	9am-4pm	BA1.QUOE	6/24-6/28	\$285
Franconia REC	9am-4pm	BA1.9VTZ	7/1-7/3	\$175
Franconia REC	9am-4pm	BA1.BCFY	7/15-7/19	\$285
Franconia REC	9am-4pm	BA1.RM7D	7/22-7/26	\$285
Franconia REC	9am-4pm	BA1.A523	7/29-8/2	\$285
Franconia REC	9am-4pm	BA1.HYKJ	8/5-8/9	\$285
Oakmont REC	9am-4pm	BA1.IE3M	7/1-7/3	\$175

### Adventure and Excursion Camps

#### Travel Mountain Biking Camp

**(9-14 yrs.)** Join Baroody Outside for an exhilarating week-long experience for young riders eager to master the art of mountain biking. From foundational skills to tackling intermediate challenges, campers will receive comprehensive instruction on steering, shifting, hill climbing and descending, obstacle negotiation, trail etiquette, bike maintenance and safety. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Lake Fairfax	8:30am-4:30pm	ECO.GF8Z	6/10-6/14	\$605
Lake Fairfax	8:30am-4:30pm	ECO.C20B	7/8-7/12	\$605
Lake Fairfax	8:30am-4:30pm	ECO.ZLJH	7/22-7/26	\$605



### Aquatic, Boating and Fishing Camps

#### Aqua Adventures

**(7-12 yrs.)** A great camp for high-level swimmers. Activities include water safety, swim clinics, water relays and water sports like volleyball and basketball. Campers also enjoy out-of-pool games/activities. Prerequisite: child must be able to swim 25 yards unassisted, pass a swim test, be comfortable in deep water and tread water for two minutes. Bring at least two swimsuits, two-three towels, snacks, lunch and water bottle. No camp July 4-5.

Location	Time	Code	Dates	\$
CubRun REC	9am-4pm	SEF.G1NT	6/24-6/28	\$329
CubRun REC	9am-4pm	SEF.OTFO	7/1-7/3	\$199
CubRun REC	9am-4pm	SEF.5FAC	7/8-7/12	\$329
CubRun REC	9am-4pm	SEF.4Y2Q	7/15-7/19	\$329
CubRun REC	9am-4pm	SEF.GVJ7	7/22-7/26	\$329
GW REC	9am-4pm	SEF.NHKP	7/8-7/12	\$329
GW REC	9am-4pm	SEF.53HM	7/15-7/19	\$329

#### Junior Lifeguard Camp

**(11-14 yrs.)** Learn skills and techniques used by lifeguards to help you prepare for future certification. (FCPA lifeguards receive formal training at age 15). Campers are introduced to CPR, first aid and rescue techniques. Participants must be able to swim 100 yards and tread water for one minute.

Location	Time	Code	Dates	\$
Oakmont REC	9am-4pm	F44.JWAH	7/8-7/12	\$285
Oakmont REC	9am-4pm	F44.2KHx	7/15-7/19	\$285
Oakmont REC	9am-4pm	F44.P1B2	7/29-8/2	\$285
SpHill REC	9am-4pm	F44.3CJR	7/29-8/2	\$285

### Art and Craft-Related Camps

**NEW! Abrakadoodle Artsy City Builders (6-12 yrs.)** Design a city including skyscrapers, bridges, community pools, houses, bistros, airports and even museums. Create a garden, paint your own urban skyline inspired by Van Gogh and use art skills to turn STEAM concepts into 3D masterpieces. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	NWL.Y279	7/8-7/12	\$359
Stenwood ES	9am-4pm	NWL.S4NH	7/1-7/3	\$215

#### Abrakadoodle Kids on Canvas

**(6-12 yrs.)** Create beautiful paintings and learn about international artists. Explore fantastical landscapes, circular drip paintings, mosaic vases, and portraits.

Location	Time	Code	Dates	\$
PineSpring ES	9am-4pm	41B.AGDN	6/24-6/28	\$359
Crestwood ES	9am-4pm	41B.OCM5	6/24-6/28	\$359

#### NEW! Abrakadoodle Smart Art

**(6-12 yrs.)** Science, technology, and engineering blend seamlessly with art projects. Students explore Math concepts such as geometry, fractions, and size. Kids will have loads of fun engaging in various SMART art concepts to explore!

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	L5W.IPUT	7/22-7/26	\$359
Saratoga ES	9am-4pm	L5W.X71R	7/29-8/2	\$359
Crestwood ES	9am-4pm	L5W.6Z2B	7/22-7/26	\$359

#### NEW! Beading Camp

**(6-14 yrs.)** Join Green Tea Ideas to make necklaces, wristbands, earrings and a wearable jewelry set for holidays. Rec Center camps may include an afternoon swim break. Supply fee of \$10 is due on the first day. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	3D4.P00X	6/24-6/28	\$339
Saratoga ES	9am-4pm	3D4.U9X6	7/1-7/3	\$205
SpringHill ES	9am-4pm	3D4.C8J8	7/22-7/26	\$339

#### NEW! Kidcreate Studios Pet Shop

**(5-12 yrs.)** Campers will create pets galore and then get to make some awesome pet accessories for their new four-legged friends. Work with clay, paint and draw too. Bring a nut free snack and drink each day. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
HunterHouse	1pm-4pm	QWZ.KQOG	6/10-6/14	\$255

#### NEW! Kidcreate Studios Frosty Fun in Summer

**(5-12 yrs.)** Whip up a flurry of projects that include snow globes and designing winter wonderland scenes. With a variety of materials at your disposal and guidance from Kidcreate instructors, you'll be amazed at what you can create. No camp July 4-5.

Location	Time	Code	Dates	\$
Crestwood ES	1pm-4pm	67P.HGNV	7/1-7/3	\$155
SoRun REC	1pm-4pm	67P.UME3	7/1-7/3	\$155

#### NEW! Kidcreate Studios Mega Mess Making

**(5-12 yrs.)** Create 3D masterpieces using the mega-cool, mega-messy technique of papier mâché with Kidcreate. Learn the process of creating your own papier mâché as you sculpt 3D bugs, delicate bowls, and beautiful bird nests.

Location	Time	Code	Dates	\$
Prov REC	9am-12pm	6Z3.NTU0	6/24-6/28	\$255
Navy ES	9am-12pm	6Z3.RRJV	6/24-6/28	\$255



**NEW! Kidcreate Studios Modern Masters**

**(5-12 yrs.)** Explore the wild and colorful world of modern art through the eyes of contemporary masters like Andy Warhol, Jean-Michel Basquiat and Frida Kahlo. Artists will explore new techniques while creating their own master-inspired artwork. From sculpting to painting to collage, this camp has all the classic techniques, but with the fun and funky twist that modern art allows. Pack a nut free snack and drink each day.

Location	Time	Code	Dates	\$
ProvREC	1pm-4pm	4WL.9WSD	6/24-6/28	\$255
Navy ES	1pm-4pm	4WL.4SSM	6/24-6/28	\$255

**NEW! Kidcreate Studios Pink, Blue & Cute as Can Be**

**(5-12 yrs.)** Come create all things pink, blue, purple and as cute as can be like cupcakes piled high with colorful frosting, a basket full of lovely lavender or a butterfly surrounded by fuchsia flowers. Paint, draw and sculpt your way through every shade of pink and blue. Other color options will be available. Pack a nut free snack and drink each day.

Location	Time	Code	Dates	\$
CrestwoodES	1pm-4pm	ZAQ.C4VF	7/15-7/19	\$255

**NEW! Kidcreate Studios Summer Bash**

**(5-12 yrs.)** Let's celebrate all things summer as we sculpt summery treats and create tropical works of art. Camp the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
HunterHouse	9am-12pm	13J.VOLJ	6/10-6/14	\$255

**NEW! Mudskippers Fine Art Mediums****Exploration**

**(5-12 yrs.)** Enjoy a week of creative fun and explore different fine art mediums! Each day will focus on a new fine art medium: pottery, painting, printmaking, sculpture and mixed media. Learn how real artists create their portfolios with this diverse array of mediums and find your new favorite form of art. No camp July 4-5.

Location	Time	Code	Dates	\$
PineSpringES	9am-4pm	EEM.GVZG	7/1-7/3	\$249
FlintHill ES	9am-4pm	EEM.5POI	7/8-7/12	\$419
HunterHouse	9am-4pm	EEM.B65P	7/8-7/12	\$419
PineSpring ES	9am-4pm	EEM.YGNX	7/15-7/19	\$419
PineSpring ES	9am-4pm	EEM.4Z4I	7/29-8/2	\$419
RavensworthES	9am-4pm	EEM.2TCF	7/8-7/12	\$419
SaratogaES	9am-4pm	EEM.L41N	6/24-6/28	\$419

**NEW! Mudskippers Pottery Party**

**(5-12 yrs.)** Celebrate all kinds of pottery while you learn the foundations of hand-built pottery with pinch pots, coil pots and slabs using stoneware clay and paint some ready-made bisqueware. Keep your imagination busy from start to finish with modeling clay creations, drawing and games. \*Pottery must be fired in kiln and will be returned to the camper two weeks after camp ends. Campers will hand build pieces; pottery wheels are not used.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	7KX.9HBL	6/24-6/28	\$419
RavensworthES	9am-4pm	7KX.H13D	6/24-6/28	\$419
Saratoga ES	9am-4pm	7KX.1MUM	6/24-6/28	\$419

**Photo Explorers Camp**

**(8-13 yrs.)** Learn new skills while exploring your own creative talent. Topics include focusing and motion techniques, separating subjects from backgrounds, using creative modes, exposure and some basic editing. Campers do one major project and many smaller activities during the week to learn and practice skills. Bring a digital photo device/camera, snack, lunch, drink and swimsuit/towel for daily swim break. No camp July 4-5.

Location	Time	Code	Dates	\$
Oakmont REC	9am-4pm	A67.OCCI	7/1-7/3	\$209

**Sew & Swim Camp**

**(8-12 yrs.)** Boys and girls will learn sewing basics including measuring, hand and machine techniques, maintenance and machine operation. Create a custom towel wrap or a waterproof swim bag. Bring a lunch, drink and swimsuit/towel (Wednesday and Friday) for afternoon swim break. A supply fee of \$35 is due on the first day for materials.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	BC6.3A78	6/24-6/28	\$429

**Sewing: Donut & Cookie Pillow Sewing Camp**

**(8-12 yrs.)** Boys and girls will learn basic hand and machine techniques, measuring, using patterns, fabric structure, maintenance and sewing machine operation. Design and decorate your favorite donut or cookie out of fleece to make a fun pillow. A supply fee of \$35 is due on the first day for materials. No camp July 4-5.

Location	Time	Code	Dates	\$
OrangeHunt	9am-4pm	GGE.VURA	7/1-7/3	\$259
WdleyHillsES	9am-4pm	GGE.Q1N0	7/29-8/2	\$429

**Sewing: Fashion Design w/AI Camp**

**(8-12 yrs.)** Boys and girls discover how fashion design works and how clothing lines are created using AI technology. Learn fashion sketching plus basic hand and machine techniques to create an outfit and accessories for an 18" boy or girl doll or stuffed animal. Repeat campers can create a unique tote bag. A supply fee of \$35 is due on the first day for materials. No camp June 19 or July 4-5.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	059.EOFM	6/24-6/28	\$429
Franconia REC	9am-4pm	059.Z1XU	6/17-6/21	\$345
OrangeHuntES	9am-4pm	059.WNFQ	7/29-8/2	\$429
WaynewoodES	9am-4pm	059.1FC7	7/1-7/3	\$259

## Adapted Programs for ALL ABILITIES

Explore these upcoming adapted programs:

**Adapted Park Explorers**  
Saturday, April 13 • 10-11 a.m.  
*Riverbend Park*

**Saturday, May 11 • 10-11 a.m.**  
*Woodlands Stewardship Education Center  
at Ellanor C. Lawrence Park*

**Saturday, June 8 • 10-11 a.m.**  
*Hidden Oaks Nature Center*

**Saturday, July 20 • 6-7 p.m.**  
*Woodlands Stewardship Education Center  
at Ellanor C. Lawrence Park*

**Anglers with Autism**  
Sunday, April 28 • 1-4 p.m.  
*Lake Fairfax*

**Adapted Summer ACE Camp**  
June 24-28 and July 29-August 2  
1-4 p.m.  
*Ravensworth Elementary School*

**Adapted Summer JR ACE Camp**  
June 24-28 and July 29-August 2  
9 a.m.-Noon  
*Ravensworth Elementary School*

[www.fairfaxcounty.gov/parks/accessible](http://www.fairfaxcounty.gov/parks/accessible)

Stay tuned for details about Sensory Friendly days and times at The Water Mine and Our Special Harbor this summer. Visit the Fairfax County Park Authority (FCPA) Sensory Tent Experience at events like Earth Day Fairfax 2024 on April 20 at Sully Historic Site.



## Equestrian and Farm-Related Camps

### Adventures on the Farm

**(6-10 yrs.)** Discover what life is like on the farm. Campers will visit the farm, go on nature hikes, play games and make a tie-dye creation. Campers must have completed Kindergarten. For specific camp questions, call Katydid Camp 703-689-3104. No camp July 4-5.

Location	Time	Code	Dates	\$
Frying Pan	9am-4pm	10W.QPVK	6/10-6/14	\$339
Frying Pan	9am-4pm	10W.UMKY	7/1-7/3	\$205
Frying Pan	9am-4pm	10W.JPY9	7/8-7/12	\$339
Frying Pan	9am-4pm	10W.IZPJ	7/15-7/19	\$339
Frying Pan	9am-4pm	10W.4LWQ	7/22-7/26	\$339
Frying Pan	9am-4pm	10W.OLBE	7/29-8/2	\$339

### All About Animals

**(4-6 yrs.)** Learn fun facts about farm and forest animals. Create daily animal crafts, visit the farm animals, plus songs and games. Bring a lunch, snack, and water bottle daily. Children must be potty-trained. For questions, please call 703-689-3104. No camp June 19 and July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Frying Pan	8:30am-12:30pm	500.AGCH	6/3-6/7	\$245
Frying Pan	8:30am-12:30pm	500.W8JM	6/10-6/14	\$245
Frying Pan	8:30am-12:30pm	500.AK9Y	6/17-6/21	\$199
Frying Pan	8:30am-12:30pm	500.XHRN	6/24-6/28	\$245
Frying Pan	8:30am-12:30pm	500.PXP8	7/1-7/3	\$149
Frying Pan	8:30am-12:30pm	500.WU3W	7/8-7/12	\$245
Frying Pan	8:30am-12:30pm	500.TV90	7/15-7/19	\$245
Frying Pan	8:30am-12:30pm	500.3CV6	7/22-7/26	\$245
Frying Pan	8:30am-12:30pm	500.JV7N	7/29-8/2	\$245
Frying Pan	8:30am-12:30pm	500.E35B	8/5-8/9	\$245



## Nature-Based Camps

### Animals: Zoology Fun for Kids

**(5-8 yrs.)** Explore the woods, creeks and ponds as we look for all sorts of critters. Learn about the animal life science of frogs, toads, birds, mammals, snakes, turtles, fish and insects through hikes, projects and games.

Location	Time	Code	Dates	\$
HiddnOksNC	1:30pm-4:30pm	E0J.Y865	6/3-6/7	\$225

### NEW! Cuddly Critters Camp

**(5-9 yrs.)** Pack up your favorite stuffed cuddly critter (stuffed animal) and get ready to learn about how different animals live, how they play and how we can help them. Enjoy fun activities, crafts and games. No camp July 4-5.

Location	Time	Code	Dates	\$
CubRun REC	9am-12pm	S73.DG8T	7/1-7/3	\$139
CubRun REC	9am-12pm	S73.F1TA	7/22-7/26	\$229

### Dinosaur Days Camp

Explore the dinosaur world as campers become junior paleontologists. Naturalists lead discovery of the latest in dinosaur knowledge through crafts, games and fossils. Campers in the 4-hr and 7-hr camps should bring lunch. No camp July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
(4-6 yrs.)				
CubRun	9am-12pm	ACF.BV68	6/24-6/28	\$229
CubRun	9am-12pm	ACF.1WVF	7/8-7/12	\$229
CubRun	9am-12pm	ACF.YNNC	8/5-8/9	\$229
ECLawrencePk	9am-12pm	ACF.1JRK	6/10-6/14	\$229
LewinsvilleHse	9:30am-1:30pm	ACF.HY96	6/24-6/28	\$245

Location	Time	Code	Dates	\$
(6-11 yrs.)				
ECLawrencePk	9am-4pm	82H.13FV	7/1-7/3	\$209

### Forces of Nature

**(6-9 yrs.)** Plants, animals and sun, all are forces in nature. Through experiments, campers will learn how weather impacts the earth, the role of plants play as a natural force and what animals change to their environment.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-4pm	557.SRC4	7/8-7/12	\$349

### Lakeside Nature Discovery Camp

**(6-10 yrs.)** Campers enjoy guided nature hikes, crafts, fishing and boat rides (boats vary depending on availability and may include kayak, rowboat, tour boat). Shaded trails and lakefronts are perfect settings for exploring creatures and plants that live in our streams, lakes and forests. Meet at the large shelter by the marina. Camps run rain or shine. Contact the park for details on extreme weather days. No camp July 4-5.

Location	Time	Code	Dates	\$
LakeAccotinkPk	9am-4pm	4B3.BED8	7/1-7/3	\$179

### Lakeside Scientist Camp

**(9-13 yrs.)** Campers will learn how to use scientific equipment such as dip nets and microscopes. Spend time boating and hiking around the lake learning facts about native species and why they are so vital to the lake's health. Bring a bag lunch, snack and water bottle. Camps run rain or shine. Contact the park for details on extreme weather days.

Location	Time	Code	Dates	\$
BurkelPk	9am-4pm	FC4.5KCF	7/8-7/12	\$295
BurkelPk	9am-4pm	FC4.ONDA	7/15-7/19	\$295

## NEW! Makers Camp – Naturally

**(8-12 yrs.)** In this camp, where science, engineering, art and innovation come together, let your imaginations soar. Each day campers will be given a question or challenge for inspiration, and they will design, experiment, build, and test their original creations using materials found in nature or recycled household items. Ingenuity, resourcefulness, and flexibility are encouraged.

Location	Time	Code	Dates	\$
HiddnOksNC	9am-12pm	THP.69NA	6/24-6/28	\$229

### Nature Fun Camp

**(6-9 yrs.)** Campers will learn about various aspects of nature through hands-on activities such as hikes, arts and crafts and games. Bring a lunch, drink, swimsuit/towel for daily swim. No camp July 4-5.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	L56.PRKQ	7/1-7/3	\$175
Wkfld/Moore	9am-4pm	L56.9X5X	7/29-8/2	\$285

### Nature Quest Jr.

**(4-6 yrs.)** From field to stream and everything in between, children will learn about many of our local animal species up close and in the field. Learn what animals do to survive and thrive, what they eat, where they live and about animal populations big and small.

Location	Time	Code	Dates	\$
CubRun REC	9am-12pm	D7G.FR57	7/15-7/19	\$229
CubRun REC	9am-12pm	D7G.Y4ZN	7/29-8/2	\$229

### NEW! Nature Tales

**(4-6 yrs.)** Come enjoy silly and educational stories we link to the nature found in our backyards. Activities include stories about nature, outdoor explorations in the woods and trails, games and art projects that complement our discoveries. Children must be potty trained. No camp July 4-5.

Location	Time	Code	Dates	\$
CubRun REC	9am-1pm	Q0D.9J5E	7/1-7/3	\$145

### Reptile Rangers Camp

Learn about the cool characteristics of creatures such as snakes, turtles, frogs and other cold-blooded animals. Activities include hikes to the wetland, arts and crafts, games, animal encounters and hands-on activities. Camp the week of June 10 is for non-FCPS participants.

Location	Time	Code	Dates	\$
(4-8 yrs.)				
HiddnOksNC	1:30-4:30pm	FU1.R1JF	6/10-6/14	\$229

### Wetlanders Camp

Discover water dynamics and how the living and non-living interact in wetland habitats. Using science tools, experiments and games, find the answer to why water habitats are so important and what makes each kind of wetland unique. Camp for 12-15 yrs. will include a kayak trip and an off-site visit to a local wetlands.

Location	Time	Code	Dates	\$
(8-12 yrs.)				
RiverbendPk	9am-4pm	M93.K9EV	7/15-7/19	\$349
(12-15 yrs.)				
RiverbendPk	9am-4pm	4HE.1IA5	8/5-8/9	\$349



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## Performing Arts Camps

### ACTION! Pop Star Spotlight

**(7-14 yrs.)** In this one-week camp by Moonlit Wings Productions, young performers channel their favorite pop stars like Taylor Swift, Katy Perry and the Jonas Brothers. Take center stage singing and dancing to your favorite radio hits and acting in original scenes/skits. Young performers enjoy improvisation games, character creation and a talent show. Family/friends enjoy a mini performance on Friday.

Location	Time	Code	Dates	\$
Poe MS	9am-4pm	ESL.XCOS	7/22-7/26	\$335
Cooper MS	9am-4pm	ESL.OQ4Z	7/29-8/2	\$335

### NEW! Applause! The Jungle Book

**(7-14 yrs.)** In this two-week camp by Moonlit Wings Productions, young performers put on a play with music inspired by Rudyard Kipling's "The Jungle Book". Camp includes daily surprises, improv games and behind-the-scenes activities. Family and friends are invited to a performance on the final day.

Location	Time	Code	Dates	\$
Stone MS	9am-4pm	N46.8NSD	7/15-7/26	\$615
SoCountyMS	9am-4pm	N46.C40T	6/24-7/3	\$495

**PARKS ARE  
IN YOUR  
NATURE**

Visit a Nature  
Center and  
explore the  
wild side of  
Fairfax.



### Applause! Movie Musicals

**(7-14 yrs.)** In this Moonlit Wings Productions' two-week camp, young performers bring Hollywood favorites from the screen to the stage. Create original scenes and songs inspired by hits like Wonka, Hamilton and The Little Mermaid. Dive into hilarious scenes, learn jokes and jam to musical numbers. Young performers shine through improvisation games, character creation, and a talent show. Family/friends enjoy a mini performance on the last day.

Location	Time	Code	Dates	\$
Poe MS	9am-4pm	IQF.FR76	6/24-7/3	\$495
SoCountyMS	9am-4pm	IQF.U000	7/22-8/2	\$615
Cooper MS	9am-4pm	IQF.DQPQ	7/8-7/19	\$615

### NEW! Applause! Pitch Perfection

**(7-14 yrs.)** In this two-week camp by Moonlit Wings Productions, young performers star in original scenes and songs inspired by the 'Pitch Perfect' films. The Barnyard Bella's, Beat Bosses, and Medley Masters compete in a talent show. Camp includes daily surprises, improv games and behind-the-scenes activities. Family and friends are invited to a performance on the final day.

Location	Time	Code	Dates	\$
Poe MS	9am-4pm	PWB.CQ6K	7/8-7/19	\$615
Frost MS	9am-4pm	PWB.VS90	7/22-8/2	\$615
Cooper MS	9am-4pm	PWB.RPSK	6/24-7/3	\$495

### B2R Beat Making Camp

**(8-15 yrs.)** Discover the world of DJing and music production. Learn how to make your own beats and craft songs through loop, beats and samples on the popular music production program, BandLab.

Location	Time	Code	Dates	\$
B2R McLean	12:30-4pm	OS2.SFU5	7/22-7/26	\$299
B2R McLean	12:30-4pm	OS2.E1E3	8/12-8/16	\$299

### NEW! B2R DJ Camp

**(10-15 yrs.)** Beat Refinery DJ Camp offers a crash course to the world of DJing. Led by pro DJs, students learn the fundamentals of mixing, scratching, and beat matching. Students explore Serato DJ Pro and Ableton Live, two of the industry's most popular programs for DJs and producers.

Location	Time	Code	Dates	\$
B2R McLean	12:30pm-4pm	FWF.6DJL	7/8-7/12	\$299
B2R McLean	12:30pm-4pm	FWF.14CV	8/5-8/9	\$299

### B2R Glee Camp

**(7-15 yrs.)** Build your performance skills and learn how to sing as part of a larger group. Receive coaching from trained vocalists to learn, record and perform popular songs. Make the most of your singing voice while learning to care for your vocal cords, control volume and pitch and refine techniques like melody and harmony.

Location	Time	Code	Dates	\$
B2R McLean	9am-12:30pm	AH7.SQ8D	6/24-6/28	\$249
B2R McLean	9am-12:30pm	AH7.UFJ1	7/8-7/12	\$249
B2R McLean	9am-12:30pm	AH7.813C	7/15-7/19	\$249
B2R McLean	9am-12:30pm	AH7.AX5A	7/22-7/26	\$249
B2R McLean	9am-12:30pm	AH7.EZQV	7/29-8/2	\$249
B2R McLean	9am-12:30pm	AH7.N49B	8/5-8/9	\$249
B2R McLean	9am-12:30pm	AH7.G7KS	8/12-8/16	\$249

### B2R Rock Band Camp

**(7-15 yrs.)** Practice and perform as part of a real rock band on the instrument of your choice. Bands receive coaching from professional musicians to learn, record, and perform at least two songs by the end of the week. Depending on the skill level of the students, bands are encouraged to write their own songs or pick from our 400+ popular arrangements. No music experience required.

Location	Time	Code	Dates	\$
B2R McLean	9am-4pm	D91.Z6VW	6/24-6/28	\$399
B2R McLean	9am-12:30pm	D91.SRUT	6/24-6/28	\$249
B2R McLean	9am-4pm	D91.N0PP	7/8-7/12	\$399
B2R McLean	9am-12:30pm	D91.UQD6	7/8-7/12	\$249
B2R McLean	9am-4pm	D91.XQBD	7/15-7/19	\$399
B2R McLean	9am-12:30pm	D91.P78W	7/15-7/19	\$249
B2R McLean	9am-4pm	D91.8C60	7/22-7/26	\$399
B2R McLean	9am-12:30pm	D91.9HEP	7/22-7/26	\$249
B2R McLean	9am-4pm	D91.SDSG	7/29-8/2	\$399
B2R McLean	9am-12:30pm	D91.80SN	7/29-8/2	\$249
B2R McLean	9am-12:30pm	D91.DYNO	8/5-8/9	\$249
B2R McLean	9am-12:30pm	D91.9V0Q	8/12-8/16	\$249

### B2R Rock City World Tour

**(4-7 yrs.)** Learn core musical concepts, like loud and soft, fast and slow, and high and low notes through fun, movement-based activities. Children receive hands-on experience with a variety of instruments while learning fundamental skills to prepare them for future music lessons.

Location	Time	Code	Dates	\$
B2R McLean	9:30am-12:30pm	FTU.TY3B	6/24-6/28	\$199
B2R McLean	9:30am-12:30pm	FTU.AW6U	7/8-7/12	\$199
B2R McLean	9:30am-12:30pm	FTU.IMWR	7/15-7/19	\$199
B2R McLean	9:30am-12:30pm	FTU.YE33	7/22-7/26	\$199
B2R McLean	9:30am-12:30pm	FTU.CN01	7/29-8/2	\$199

### NEW! Ballet Dance Camp

**(6-12 yrs.)** Envision ballet dance camp is for campers who would like to learn or continue learning ballet. Campers will do arts and crafts, play games, meet new friends, and learn ballet. At the end of the week campers will put on a dance performance.

Location	Time	Code	Dates	\$
SaratogaES	9am-4pm	QU5.PFOU	6/24-6/28	\$255



**Ballet & Butterflies Dance Camp**

**(4-6 yrs.)** Start the foundation of dance with ballet. Envision Dance campers learn ballet and creative movement techniques through fun learning games and arts and crafts activities. We'll also learn the cycle of butterflies during story time and dancing. Campers will put on a performance at the end of the week. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
SpHill REC	9am-12pm	AXI.44XR	6/10-6/14	\$159

**Ballet: Princess Ballet Camp**

**(4-6 yrs.)** Start the foundation of dance with Envision Dance's ballet camp. Campers learn ballet and creative movement through fun learning activities. We'll dance to our favorite princess songs, enjoy making crafts and learn about princesses through story time. Campers will put on a performance at the end of the week. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Franconia REC	1pm-4pm	UZY.TM9A	7/22-7/26	\$159
Oakmont REC	1pm-4pm	UZY.IGKD	7/22-7/26	\$159
SpHill REC	1pm-4pm	UZY.RITR	6/10-6/14	\$159

**NEW! Baroody Dance Camp**

**(6-12 yrs.)** Campers are going to love this full day dance camp where instructors will be teaching choreography and movement using some of the most popular songs out today. Arts and crafts will also be incorporated as campers decorate props and shirts. After a week of hard work, campers will show off their new dance moves on the final day of camp. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerParkES	9am-4pm	RDY.S53A	7/1-7/3	\$175
OrangeHuntES	9am-4pm	RDY.TZ50	7/29-8/2	\$285
Prov REC	9am-4pm	RDY.T6TI	7/15-7/19	\$285

**Camp Stomp: Rhythm & Drums**

**(6-12 yrs.)** Take a room full of creative kids, add rhythm sticks and household items and watch the magic begin. In this high-energy music camp, children experience rhythm and movement in the style of the hit Broadway musical Stomp! Campers will create music under the direction of professional educators. The week culminates with a performance for family/friends.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	B7C.FUMT	6/24-6/28	\$325
TerraCentreES	9am-4pm	B7C.EODA	7/22-7/26	\$325

**Dance: Magical Villains Dance Camp**

**(6-9 yrs.)** Get ready to groove with your favorite characters and all their hit songs in this Art in Motion camp. Learn funky dance moves, make adorable crafts and dress up as our favorite villains such as Maleficent, the Evil Queen, Aurora and Belle. The week ends with a spectacular camper showcase on Friday.

Location	Time	Code	Dates	\$
CntrbryWdsES	1pm-4pm	85Y.G2ES	7/15-7/19	\$209

**Dance: Magical World of Dance**

**(3-6 yrs.)** Join Art in Motion for a magical week of dance and fun with your favorite characters from around the world. Twirl with Elsa and Anna in Arendale, dance under the sea with Ariel and Sebastian, or take a "ride" on a magic carpet with Aladdin and Jasmine.

Location	Time	Code	Dates	\$
SaratogaES	9:30am-12:30pm	7RI.TIVN	7/22-7/26	\$209
DeerPark ES	1pm-4pm	7RI.L93F	6/24-6/28	\$209
DeerPark ES	9:30am-12:30pm	7RI.L9PS	7/29-8/2	\$209
DeerPark ES	1pm-4pm	7RI.MPD3	7/29-8/2	\$209

**NEW! Dance: Shake it Off Dance Camp**

**(6-9 yrs.)** Join Art in Motion to dance the week away with a whole week dedicated to America's favorite popstar. Campers will learn dances and will create Taylor-inspired crafts. We will end the week with an energy-filled performance.

Location	Time	Code	Dates	\$
SaratogaES	1pm-4pm	Y0I.919R	7/8-7/12	\$209
SaratogaES	1pm-4pm	Y0I.1A7Q	7/22-7/26	\$209

**Envision Dance Camp**

**(6-12 yrs.)** Learn many styles including ballet, jazz and hop-hop. A great way to discover many dance styles in one week. Learn dance terminology, positions and choreography. Campers will also enjoy games and crafts and will put on a performance at the end of the week.

Location	Time	Code	Dates	\$
TerraCentreES	9am-4pm	9J7.VIMY	7/8-7/12	\$255

**Hip Hop, Pop & Lock with JST**

**(6-12 yrs.)** Learn the most popular street dance styles through high energy games and movement techniques. Campers will love busting out their moves at the end of camp dance battle.

Location	Time	Code	Dates	\$
Saratoga ES	9am-4pm	B77.LFV	7/29-8/2	\$295

**Pop Star Dance Camp**

**(6-12 yrs.)** Campers will dance to the hottest and latest music and dance styles in this Envision Dance camp as well as playing games and going arts and crafts. Dance performance at the end of the week for family and friends.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	DYC.D3DG	7/8-7/12	\$255
SaratogaES	9am-4pm	DYC.BTST	7/15-7/19	\$255

**Tumbling & Cheer**

**(5 1/2-11 yrs.)** Campers flip for this fun Metro Movement camp taught by former NFL, NBA, collegiate and other trained cheerleaders and gymnasts. Enjoy tumbling, cheers, stunt skills, games and more in this action-packed camp. Bring lunch, snack, drink. A signed participation release form is due on the first day. No camp July 4-5.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	C1C.AD34	7/15-7/19	\$319
WdleyHillsES	9am-4pm	C1C.RQ81	6/24-6/28	\$319
Frying Pan	9am-4pm	C1C.SKBL	7/1-7/3	\$190
SpringHill ES	9am-4pm	C1C.UN9L	7/1-7/3	\$190

**Tumbling & Dance Trends Camp**

**(5 1/2-11 yrs.)** Learn the most popular dances trending on social media such as Tik Tok while also developing tumbling skills. Campers will learn from Metro Movement's current and former NFL, NBA, collegiate and other trained dancers. Rec Center camps include an afternoon swim break. A signed participation release is due on the first day.

Location	Time	Code	Dates	\$
Oakton ES	9am-4pm	A8T.D68V	6/24-6/28	\$319
Prov REC	9am-4pm	A8T.BP10	7/22-7/26	\$319

**Ultimate Circus & Magic Camp**

**(6-12 yrs.)** This Spirit Pros camp combines the best of circus arts which includes magic, juggling, balloon and sculpting. Try your hand at popular circus stunts using a variety of apparatus. Learn magic tricks to stump your friends, how to juggle different objects and create fascinating balloon sculptures. Rec Center campers should bring swimsuit/towel for afternoon

swim time. A signed participation release is due on the first day. No camp July 4-5.

Location	Time	Code	Dates	\$
Flinthill ES	9am-4pm	8T9.NJLC	7/22-7/26	\$335
Wkfld/Moore	9am-4pm	8T9.RRF8	6/24-6/28	\$335
SaratogaES	9am-4pm	8T9.UVNM	7/1-7/3	\$269

**Ultimate Music Experience**

**(5-12 yrs.)** Learn Now Music introduces campers to a variety of musical instruments and concepts through musical games, crafts, musical listening excerpts and related projects. Campers are issued an instrument to borrow for at-home exploration that will be returned at the end of camp (rental agreement required). Instruments differ between morning and afternoon sessions (a.m. session is piano and drum; p.m. session is violin and guitar). Campers in both sessions are supervised during a lunch break. No camp July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
HunterHouse	9am-1pm	F4P.ZLKW	8/12-8/16	\$269
HunterHouse	1pm-5pm	F4P.O4AT	8/12-8/16	\$269
OrangeHuntES	9am-1pm	F4P.ZXY1	7/1-7/3	\$159
OrangeHuntES	1pm-5pm	F4P.A8LF	7/1-7/3	\$159
OrangeHuntES	9am-1pm	F4P.JY3H	7/15-7/19	\$269
OrangeHuntES	1pm-5pm	F4P.ZWP8	7/15-7/19	\$269
Navy ES	9am-1pm	F4P.COYC	7/1-7/3	\$159
Navy ES	1pm-5pm	F4P.YRM2	7/1-7/3	\$159
Navy ES	9am-1pm	F4P.LCN2	7/29-8/2	\$269
Navy ES	1pm-5pm	F4P.H016	7/29-8/2	\$269
Oakton ES	9am-5pm	F4P.J59H	7/8-7/12	\$529
Oakton ES	9am-5pm	F4P.LB48	7/15-7/19	\$529
Oakton ES	9am-5pm	F4P.J9U1	7/22-7/26	\$529
PineSpring ES	9am-5pm	F4P.UWKC	7/1-7/3	\$319
Prov REC	9am-1pm	F4P.KD1R	7/1-7/3	\$159
Prov REC	1pm-5pm	F4P.WMNC	7/1-7/3	\$159
Prov REC	9am-1pm	F4P.6YBC	7/15-7/19	\$269
Prov REC	1pm-5pm	F4P.P93C	7/15-7/19	\$269
TerraCentreES	9am-1pm	F4P.N8B5	6/24-6/28	\$269
TerraCentreES	1pm-5pm	F4P.PDFE	6/24-6/28	\$269
SaratogaES	9am-1pm	F4P.AFOA	7/29-8/2	\$269
SaratogaES	1pm-5pm	F4P.CK5L	7/29-8/2	\$269
SpHill REC	9am-1pm	F4P.7005	6/10-6/14	\$269
SpHill REC	1pm-5pm	F4P.32B1	6/10-6/14	\$269
SpHill REC	9am-1pm	F4P.OMOL	7/8-7/12	\$269
SpHill REC	1pm-5pm	F4P.OSUC	7/8-7/12	\$269
SpHill REC	1pm-5pm	F4P.9N7A	8/5-8/9	\$269
StenwoodES	9am-5pm	F4P.T11A	7/1-7/3	\$319
StenwoodES	9am-5pm	F4P.Q4PZ	7/29-8/2	\$529
CrestwoodES	9am-1pm	F4P.43JK	7/22-7/26	\$159
CrestwoodES	1pm-5pm	F4P.QA2U	7/22-7/26	\$159

**Science, Technology, Engineering & Math (STEM) Camps****Adventures in STEM with LEGOs®**

Power up your engineering skills with Play-Well TEKologies. Apply real-world concepts in physics, engineering and architecture through engineer-designed projects using tens of thousands of LEGOs. Adventurers will design interesting objects like tug-boats, space shuttles and the Eiffel Tower. Explorers will design tow trucks, motorized bowlers, and battle tanks. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	9am-12pm	MY1.A09X	7/1-7/3	\$139
Navy ES	9am-12pm	MY1.B93Y	7/1-7/3	\$139
CrestwoodES	9am-12pm	MY1.KTJK	7/1-7/3	\$139

**(5-7 yrs.) Adventurers**



**NEW! AI: ChatGPT & Solving Digital****Mysteries**

**(9-13 yrs.)** Unlock the secrets of Artificial Intelligence (AI) while embarking on thrilling adventures as young detectives with SteamKidz! This camp is a captivating blend of two exciting worlds: ChatGPT/AI exploration and the art of solving mysteries. Perfect for beginners, this course will inspire young minds and foster critical thinking, problem-solving, and creativity. No camp July 4-5.

Location	Time	Code	Dates	\$
Flinthill ES	9am-4pm	CSB.ES2H	7/1-7/3	\$239
WdleyHillsES	9am-4pm	CSB.YMM3	7/15-7/19	\$399
Prov REC	9am-4pm	CSB.G004	7/8-7/12	\$399
SaratogaES	9am-4pm	CSB.NTTM	7/29-8/2	\$399
Stenwood ES	9am-4pm	CSB.W0H2	7/22-7/26	\$399
WaynewoodES	9am-4pm	CSB.6552	6/24-6/28	\$399

**NEW! Animation & Action Stop Motion Flix**

**(7-13 yrs.)** In the mornings, create up to four new stop motion movies using a different medium each day. Animate cars, film with green screen, and create a 2D Mario movie. In the afternoons, use stop motion tricks to create fires, explosions, and floods as your characters battle it out or work together to save the day in this action-packed stop motion class.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	Y29.ADFL	7/8-7/12	\$479
RavensworthES	9am-4pm	Y29.ODEZ	6/24-6/28	\$479
SaratogaES	9am-4pm	Y29.D2C7	7/22-7/26	\$479

**NEW! Baroody Slime Time**

**(5-12 yrs.)** This slime camp is designed to see just how many kinds of slime we can create. We'll discuss what an activator is and why no slime is complete without it and how different ingredients will change the outcome, texture and use of slime.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	RCT.I8Z1	6/24-6/28	\$329

**NEW! Bash 'Em Bots with LEGO Materials**

**(7-12 yrs.)** Put your creativity and problem solving into action with Play-Well to design and build your custom LEGO® bot. Mix and match chassis designs and combine them with tools like drills, hammers, and battering rams. Apply real-world engineering and physics concepts to help you bash and crash your way to victory. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	1pm-4pm	ZLO.OCRQ	7/1-7/3	\$139
OrangeHuntES	1pm-4pm	ZLO.Q39R	7/29-8/2	\$229

**NEW! Bulls & Bears**

**(10-13 yrs.)** Learn investing fundamentals and how you can start investing at a young age with SPARK Business Academy. Build your own \$100,000 stock portfolio and trade stocks like Apple, Nike or Amazon with an investing simulation tool. This hands-on experience empowers campers with the tools and mindset to face future investment decisions with confidence to buy low, sell high!

Location	Time	Code	Dates	\$
Oakton ES	9am-4pm	QGT.S7B0	7/29-8/2	\$389
WaynewoodES	9am-4pm	QGT.K0Q3	7/29-8/2	\$389

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PARKS/CAMPFORMS**

**Chemistry in the Kitchen**

**(5-8 yrs.)** Explore chemistry in the kitchen with The Science Seed, like the difference between baking soda and baking powder, and the role yeast plays in pizza dough. The day is rounded out by outdoor recess, story time tied to the day's science, free reading, exploration and a daily journal entry.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	SBV.U5I8	7/29-8/2	\$379
SpringHill ES	9am-4pm	SBV.X3JG	7/8-7/12	\$379

**Cosmetic Chemist**

**(6-10 yrs.)** Join SciGenius as we make various cosmetic products such as bath bombs, lip balms, perfume and many more products. An excellent opportunity to show how cosmetic chemists make a difference in the STEAM field.

Location	Time	Code	Dates	\$
Saratoga ES	9am-4pm	4TO.1EK8	6/24-6/28	\$415

**Dinosaurs & Ancient Worlds: Underground Explorers**

**(6-10 yrs.)** Dig up dinosaurs and the ancient past in this Mad Science Camp! Use evidence to solve real-life mysteries and learn about archaeology and the techniques scientists use to excavate fossils and long-lost cities. Study bone fragments, pottery shards, and amber deposits to understand what they can tell us about history. Includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world! No camp July 4-5.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	81B.H5CZ	7/8-7/12	\$405
Navy ES	9am-4pm	81B.SJGN	7/1-7/3	\$245
PineSpring ES	9am-4pm	81B.88VS	7/1-7/3	\$245
Stenwood ES	9am-4pm	81B.IU3J	7/15-7/19	\$405

**Doctors & Vets Camp**

**(6-10 yrs.)** Learn how to be a doctor or veterinarian by taking apart a model of the brain and studying the systems of the body with SteamKidz Lab. Discover how reflexes work and other body functions that doctors need to know. During vet camp, we'll explore animals' senses, make a first aid kit for pets and meet some animals. Bring a snack, lunch and drink.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	38D.U955	7/8-7/12	\$399
RavensworthES	9am-4pm	38D.7TAJ	7/22-7/26	\$399

**Electric Circuitry with SciGenius**

**(8-12 yrs.)** Our world is filled with devices that use electricity. Discover how electricity works from concept to design and function. Gain an understanding of electric currents and magnetic forces through interesting projects.

Location	Time	Code	Dates	\$
SpringHill ES	9am-4pm	BUL.74PH	7/15-7/19	\$415

**Engineering Design Process**

Learn what engineers do and the process used to create functional products. If you enjoy brainstorming, problem-solving or just have an interest in engineering, this Youth Technology Network half-day camp is for you.

Location	Time	Code	Dates	\$
Franconia REC	9am-12pm	RP7.SZT0	6/24-6/28	\$279
TerraCentreES	9am-12pm	RP7.9YD8	7/8-7/12	\$279
TerraCentreES	1pm-4pm	GTT.1BNK	7/8-7/12	\$279

**Eureka! Inventors Camp**

**(6-10 yrs.)** Each day campers will overcome a series of challenges using basic materials, simple machines, tips from world famous inventors, and the most important thing of all – your mind. Campers will create catapults and forts, construct working light sticks to take home, and assemble a set of circuits with batteries and light bulbs.

Location	Time	Code	Dates	\$
Flinthill ES	9am-4pm	FPN.QAJA	6/24-6/28	\$405
CntrbryWdsES	9am-4pm	FPN.ZRJ7	7/29-8/2	\$405
PineSpring ES	9am-4pm	FPN.DRZ4	7/29-8/2	\$405
RavensworthES	9am-4pm	FPN.XOGU	7/8-7/12	\$405

**Fantastic Fossils & Where they Came From**

**(5-8 yrs.)** Explore the world of fossils and geology with The Science Seed. Erupt your own volcano, create and excavate a dino dig, explore real fossils, and make a cast of a real fossil. Round out the day with an outside break, a science-related story time and a daily journal entry.

Location	Time	Code	Dates	\$
Saratoga ES	9am-4pm	1Y6.D4D2	6/24-6/28	\$379
PineSpring ES	9am-4pm	1Y6.3YHS	7/22-7/26	\$379
SpringHill ES	9am-4pm	1Y6.3FRU	7/29-8/2	\$379

**Humans Inside & Out**

**(5-8 yrs.)** Learn all about humans with The Science Seed staff. Discuss how we fit into the animal kingdom, our homes and habitats, where our ancestors come from, explore our senses, skin, eyes and body systems. We'll expand on the topics with projects and activities. The day is rounded out by outdoor recess, story time tied to the day's science, free reading, exploration, and a daily journal entry.

Location	Time	Code	Dates	\$
CrestwoodES	9am-4pm	2HK.EH16	7/8-7/12	\$379

# Family Skate & Dance Night



**Enjoy the holidays with family and friends  
at Family Skate and Dance Night!**

- Monthly events
- Fun themes
- Festive decorations
- Special snacks and treats
- All-around good time skating or dancing on the floor!

Learn more and register at  
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### NEW! iCode 2D & 3D Digital Design

**(6-10 yrs.)** Campers will learn to express themselves using the digital tools of the art industry, creating various pieces and getting group feedback. Areas of exploration include photo manipulation, digital painting, 3D sculpting, and programming art. Campers will create an art gallery style presentation.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	HEL.68AN	7/29-8/2	\$365

### NEW! iCode Digital Fashionista

**(10-14 yrs.)** Fashion design is a form of art dedicated to the creation of clothing and other lifestyle accessories. Campers are challenged with creating art pieces using technology. Some projects include LED earrings, light-up bracelets, and light up clothing using the Arduino microcontroller.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	ML4.LF5K	7/15-7/19	\$365

### NEW! iCode Drone Programming with Python 3

**(10-14 yrs.)** Focused on data analysis and quick decision-making, campers will learn to maneuver through drone obstacle courses using the Python 3 programming language. Campers will code solutions to the limitations of their environments and toolsets. With a solid foundation in Python 3, campers will be able to plot their course, code, and take off!

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	2EM.7QU2	6/24-6/28	\$365

### NEW! iCode Engineering Journey Through Space

**(6-10 yrs.)** By looking out into space, scientists and engineers have been able to answer fundamental questions that have roots here on Earth. Campers will gain problem-solving skills with many hands-on activities such as simulating galaxy formation with slime, building their own Mars rover, or 3D design a new type of spacecraft. No camp July 4-5.

Location	Time	Code	Dates	\$
RavensworthES	9am-4pm	FIX.DTVO	7/1-7/3	\$219

### NEW! iCode Game Builder:

#### Creating with Construct 3

**(6-10 yrs.)** In this introductory camp, campers will get a behind-the-scenes experience, learning the art and science of game development. With hands-on projects, campers will be exposed to digital tools used for game creation such as Construct 3. By the end of the week, campers will really see that making games is more fun than playing them! No camp July 4-5.

Location	Time	Code	Dates	\$
SaratogaES	9am-4pm	4GJ.ZG10	7/1-7/3	\$219

### NEW! Ingenious Innovators

**(6-10 yrs.)** Meet some of the most famous inventions and inventors from the past and present. Harness the power of the engineering design process to design and build prototypes using the same tools, skills and thinking methods employed by famous innovators. Create catapults and forts, construct working light sticks and a suspension bridge from recycle materials in this Sci Genius camp.

Location	Time	Code	Dates	\$
CrestwoodES	9am-4pm	S9H.7YJJ	7/29-8/2	\$415

### Introduction to Cybersecurity

Learn skills needed to operate safely in the world-wide web of cyberspace such as cyber safety, cyber hygiene, and cyber etiquette in this Youth Technology Network half-day camp. No camp July 4-5.

Location	Time	Code	Dates	\$
(8-11 yrs.) Wkfld/Moore	9am-12pm	OMU.LIBG	7/1-7/3	\$169
(12-15 yrs.) Wkfld/Moore	1pm-4pm	KBL.U7XR	7/1-7/3	\$169

### NEW! Introduction to Drones

**(12-15 yrs.)** Discover how to build and operate a small drone with Youth Technology Network! Learn recreational and professional uses for drones and how to operate them safely and responsibly. This activity is best for participants with no drone experience. All materials and equipment provided.

Location	Time	Code	Dates	\$
Franconia REC	1pm-4pm	0BU.H4US	6/24-6/28	\$259
Wkfld/Moore	9am-12pm	0BU.GY14	8/5-8/9	\$259
Wkfld/Moore	1pm-4pm	0BU.O1IK	8/5-8/9	\$259

### NEW! Intermediate 3D Modeling & Printing

**(12-15 yrs.)** Use computer aided design software, 2D and 3D modeling processes, design thinking method, and 3D printing to produce a digital object in this Black Rocket Camp. Participants must have experience using 3D modeling applications such as Tinkercad. All materials and equipment provided.

Location	Time	Code	Dates	\$
Franconia REC	1pm-4pm	YBO.600I	7/15-7/19	\$229
SpHill REC	1pm-4pm	YBO.0TSR	7/22-7/26	\$229

### LEGO® Astronaut & Dinosaur Camp

**(6-10 yrs.)** Explore the solar system in our astronaut training academy with SteamKidz Lab. Use LEGOs to create space gadgets. Learn about constellations, rockets, and planetary geology. In the afternoon, put on your paleontologist hat and enter a time machine back to a lost island of dinosaurs. Study dinosaur bones, hunt for fossils, and create fossil models. Bring a snack, lunch and drink. No camp July 4-5.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	F26.NH5S	7/1-7/3	\$239
Oakton ES	9am-4pm	F26.BUD8	7/1-7/3	\$239
PineSpring ES	9am-4pm	F26.BPM6	7/22-7/26	\$399
Stenwood ES	9am-4pm	F26.0TQ8	7/1-7/3	\$239

### NEW! LEGO Engineering Design Challenge

**(7-12 yrs.)** Play-Well instructors will introduce mechanisms to get your gears turning; then, it's your job to take it to the next level! Go head-to-head or work towards a new personal best as we apply real-world concepts to LEGO® challenges!

Location	Time	Code	Dates	\$
OrangeHuntES	1pm-4pm	1EZ.1PSY	7/8-7/12	\$229

### NEW! Level Up Gaming with LEGO Materials

**(7-12 yrs.)** Join our "offline" video game experience where we give the controllers a rest and put your building skills to the test as we bring your favorite characters from the virtual world to the real world. Using LEGO®, we will build worlds for Mario to jump through, mechanisms to make Sonic spin and take down Robotnik, as well as your own custom Smash Bros. arenas to battle in. Under the guidance of a Play-Well instructor, you will gear up to take down the final boss.

Location	Time	Code	Dates	\$
Flinthill ES	1pm-4pm	UEM.7DLQ	7/15-7/19	\$229
Stenwood ES	1pm-4pm	UEM.SIKO	7/29-8/2	\$229

### NEW! Little Inventors

**(6-9 yrs.)** Get your creative juices flowing in this project-based program, where you will identify the need for an invention, think on your feet, and create structures and solutions. Campers will join SPARK Business Academy to learn about famous inventors and how recent innovations improve our lives.

Location	Time	Code	Dates	\$
Navy ES	9am-4pm	LSS.VE09	7/8-7/12	\$389





**NEW! Live Action & LEGO Flix**

**(7-13 yrs.)** Discover your filmmaking talents with IncrediFlix! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, and act. Then, bring LEGOs to life working in groups to create a stop-motion movie with voice-overs.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	ZMR.JU1G	7/29-8/2	\$479
RavensworthES	9am-4pm	ZMR.B7LF	7/22-7/26	\$479
TerraCentreES	9am-4pm	ZMR.NTBO	6/24-6/28	\$479
SpringHill ES	9am-4pm	ZMR.FIOC	7/8-7/12	\$479

**Magic & Spy Camp**

**(6-10 yrs.)** SteamKidz Lab introduces campers to the science behind magic and how to be the best spy. Spend mornings making vanishing illusions and performing color-changing tricks. Through magic, explore chemistry, optics, physics, engineering, and life sciences. In the afternoon you'll enter the spy training program and solve mysteries using handwriting analyses, secret codes, and special gadgets. Experiment with cool tools like periscopes. Bring a snack, lunch and drink. No camp July 4-5.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	433.FSA6	7/29-8/2	\$399
Navy ES	9am-4pm	433.PMOH	7/1-7/3	\$239
PineSpring ES	9am-4pm	433.9UC5	7/15-7/19	\$399
StenwoodES	9am-4pm	433.Y8LA	6/24-6/28	\$399
StenwoodES	9am-4pm	433.GYTK	7/22-7/26	\$399
CrestwoodES	9am-4pm	433.6PQP	7/29-8/2	\$399

**THE WATER MINE**

Gold Rush Season Passes go on sale April 1

Buy your passes online at [www.fairfaxcounty.gov/parks/watermine](http://www.fairfaxcounty.gov/parks/watermine) or call 703-246-5929.

**The Water Mine**  
at Lake Fairfax Park  
1400 Lake Fairfax Dr.  
Reston, VA 20190

**May the Force Be with You**

**(5-8 yrs.)** Explore how things move and learn about sinking, floating, flight and balance with the Science Seed. We'll also experiment with gravity, magnets, friction and simple machines. Campers will also enjoy outdoor recess, story time tied to the day's science, free reading, exploration and a daily journal entry.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	3KH.EWA2	6/24-6/28	\$379
WdleyHillsES	9am-4pm	3KH.9TR9	7/22-7/26	\$379

**NEW! Minecraft Designers & Cyber Spies**

**(8-14 yrs.)** Learn with Black Rocket how to create a custom map, design structures, build with Redstone and Command blocks, and create custom textures to import at home or share with friends. Imagine you are all that stands between a group of international hackers launching cyber attacks and world peace. Through a series of challenges, students will learn to apply tools used by professional digital forensics teams to crack codes and use encryption. No camp July 4-5.

Location	Time	Code	Dates	\$
Prov REC	9am-4pm	Q8U.DFEZ	7/1-7/3	\$289
RavensworthES	9am-4pm	Q8U.9NDH	7/15-7/19	\$479

**Minecraft Engineering with LEGO**

Venture into the world of Minecraft in our unique LEGO® experience. Build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Explore the endless possibilities of LEGO® with a trained Play-Well instructor.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-12pm	7YV.2PPY	7/8-7/12	\$229
StenwoodES	9am-12pm	7YV.4XVU	7/22-7/26	\$229
Westfld HS	9am-12pm	7YV.3051	7/15-7/19	\$229
StenwoodES	1pm-4pm	8ZB.6SIX	7/22-7/26	\$229

**NEW! Minecraft Modders & Pokemon 3D Masters**

**(8-14 yrs.)** Customize your own Minecraft world and mod the classic game in this Black Rocket camp. Create a wide variety of new elements, gameplay mechanics, and world generating mods to change the way you play Minecraft. Then, use your Pokemon imagination and bring your ideas to life. Begin by creating your own digital Pokemon-style custom playing card game. Progress onto designing action figures, jewelry, and toys in professional-level modeling software. No camp July 4-5.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	QU8.X58T	7/22-7/26	\$479
Oakmont REC	9am-4pm	QU8.3203	7/15-7/19	\$479
PineSpring ES	9am-4pm	QU8.YQ0A	6/24-6/28	\$479
Prov REC	9am-4pm	QU8.KF1K	7/15-7/19	\$479
SpHill REC	9am-4pm	QU8.IQ16	7/1-7/3	\$289

**NASA: Academy of Future Space Explorers**

**(6-10 yrs.)** Blast off with a camp designed and created specifically by NASA engineers! Join Mad Science and train to become a future space explorer and get set on a trajectory from our Earth's atmosphere to the outer reaches of our solar system. This hands-on program will bring campers closer to the stars, planets and comets. Learn about living in space, getting away from gravity, look for space phenomena, and participate in a rocket launch.

Location	Time	Code	Dates	\$
CrestwoodES	9am-4pm	ODA.3QEM	7/8-7/12	\$405

**NEW! Pokemon Engineering with LEGO®**

**(5-7 yrs.)** With the Pokémon Championship approach, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!!

Location	Time	Code	Dates	\$
StenwoodES	9am-12pm	LLB.LKYH	7/8-7/12	\$229

**ROBLOXCoders & YouTube Content****Creators**

**(8-14 yrs.)** Join Black Rocket instructors to discover the Lua coding language and learn to use Roblox's Studio software to reimagine ROBLOX with your own custom code. Next, explore the variety of content and personalities that exist on YouTube and how to find your own niche. Learn the Dos and Don'ts of the platform and how to practice good digital citizenship. Develop your on-camera presence, your own channel branding, and professional editing skills. Take home a plan for launching your own channel with the content created in class!

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	S29.LEJZ	6/24-6/28	\$479
Prov REC	9am-4pm	S29.039L	7/22-7/26	\$479

**Science Games & Survivor Camp**

**(6-10 yrs.)** It's nonstop action in this SteamKidz camp packed with races, games, and surviving on a desert island! Play Earthquake and Floor is Lava. Build and race paper airplanes. Stretch slime to the finish line. Use earth, wind, fire and water to survive on a desert island and build gadgets, explore volcanoes, create a water filter and track and identify animals. Bring a snack, lunch and drink.

Location	Time	Code	Dates	\$
RavensworthES	9am-4pm	J1M.JYNQ	7/15-7/19	\$399
PineSpring ES	9am-4pm	J1M.6D8F	7/22-7/26	\$399
PineSpring ES	9am-4pm	J1M.DSY3	7/29-8/2	\$399
SaratogaES	9am-4pm	J1M.CJUT	7/8-7/12	\$399
SpringHill ES	9am-4pm	J1M.RLLO	6/24-6/28	\$399
StenwoodES	9am-4pm	J1M.VJ4E	6/24-6/28	\$399

**Science in Motion**

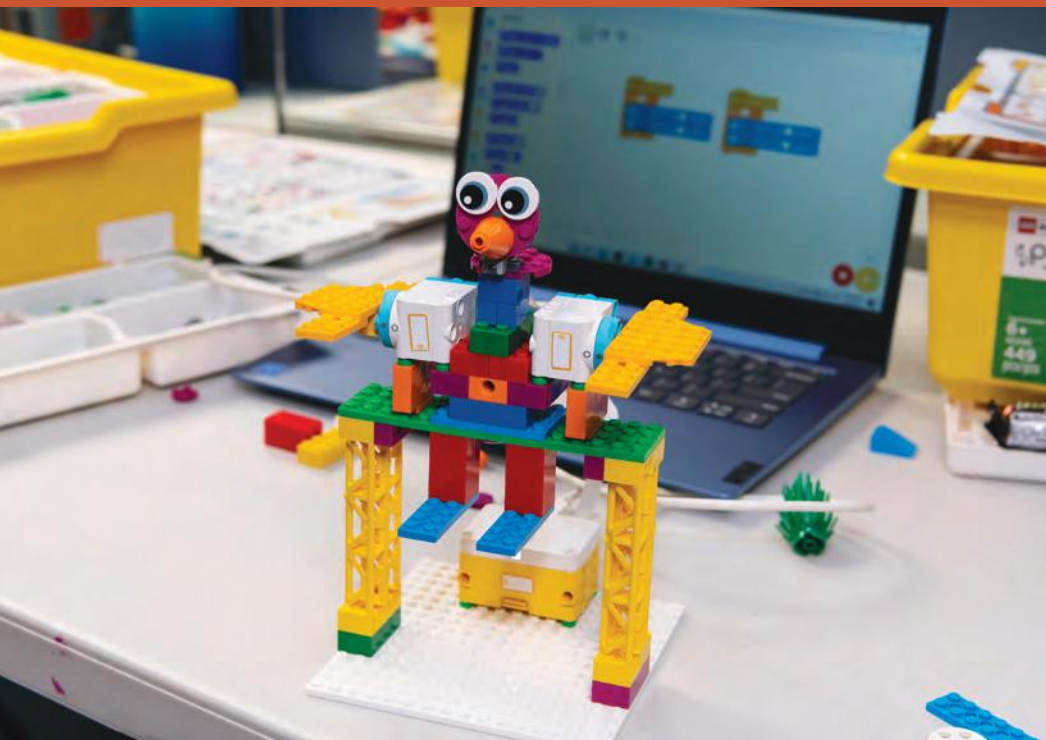
**(6-10 yrs.)** Discover how things move in this Mad Science Camp. Each day, learn about a different realm of the scientific world. Become a zoologist and study the lives of birds, step into the shoes of an engineer to learn all about structures and simple machines, then put on your lab coat and be a chemist for the day. Campers make and bring home animal houses, challenging puzzles and chemistry-based creations. No camp July 4-5.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	3C1.V8IF	7/1-7/3	\$245
Navy ES	9am-4pm	3C1.CB2Y	6/24-6/28	\$405

**Celebrate your Birthday in the Parks!**

[www.fairfaxcounty.gov/parks/parties](http://www.fairfaxcounty.gov/parks/parties)





### Secret Agent Lab

**(6-10 yrs.)** Uncover the science involved in evidence gathering, analysis and fingerprinting detection. Train your recall and observation skills and learn how to use spy equipment. Use science to help solve a crime in this hands-on Mad Science Camp. Each day campers get a new set of tools to continue sleuthing at home. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	LDQ.BRSJ	7/15-7/19	\$405
TerraCentreES	9am-4pm	LDQ.UZ37	7/1-7/3	\$245

### Slimes and Concoctions

**(6-10 yrs.)** Explore chemistry with slime-making and potion-concocting. In the morning, investigate magnetism and diffusion plus test crazy, sticky, foamy, sparkly, fluorescing and otherwise unidentifiable slimes. In the afternoon, make wild and wacky concoctions like exploding lava, grow crystals, and a lava lamp. Through SteamKidz Lab hands-on investigation, discover chemical and physical changes, reactions, and neutralization. Bring a snack, lunch and drink.

Location	Time	Code	Dates	\$
PineSpring ES	9am-4pm	945.9FIQ	7/8-7/12	\$399
PineSpring ES	9am-4pm	945.RTK9	7/15-7/19	\$399
SaratogaES	9am-4pm	945.TKKW	7/22-7/26	\$399
CrestwoodES	9am-4pm	945.TOFF	7/22-7/26	\$399

### NEW! Snapology Amusement Park Engineering

**(7-14 yrs.)** Campers will explore the world of transportation with LEGO to build models of their favorite forms of transportation as they learn about energy, wheels and axles and air resistance. They will also learn about the history and modern use of these vehicles and apply this knowledge to their builds. No camp July 4-5.

Location	Time	Code	Dates	\$
ActonAcademy	1pm-4pm	S2C.46UR	7/1-7/3	\$99
ActonAcademy	9am-12pm	S2C.9LTE	7/29-8/2	\$165
CntrbryWdsES	1pm-4pm	S2C.9CCY	6/24-6/28	\$165
FlinthillES	9am-12pm	S2C.7403	7/22-7/26	\$165

### NEW! Snapology Combat Robots

**(7-14 yrs.)** Campers will discover basic strategies for building sturdy structures and then apply that knowledge to build a robot for friendly competition. No camp June 19.

Location	Time	Code	Dates	\$
ActonAcademy	1pm-4pm	INI.H9T3	6/17-6/21	\$135
ActonAcademy	9am-12pm	INI.4Z6L	7/15-7/19	\$165
ActonAcademy	1pm-4pm	INI.X7MU	8/12-8/16	\$165
OrangeHuntES	1pm-4pm	INI.XYJS	7/8-7/12	\$165

### NEW! Snapology Planes, Trains, Automobiles

**(7-14 yrs.)** Campers will explore the world of transportation with LEGO to build models of their favorite forms of transportation as they learn about energy, wheels and axles and air resistance. They will also learn about the history and modern use of these vehicles and apply this knowledge to their builds.

Location	Time	Code	Dates	\$
ActonAcademy	1pm-4pm	PX1.6MSX	6/24-6/28	\$165
ActonAcademy	9am-12pm	PX1.59VH	7/22-7/26	\$165
SaratogaES	9am-12pm	PX1.EDIG	7/15-7/19	\$165

### NEW! Snapology Robotics

**(7-14 yrs.)** Campers will explore the basics of robotics while digging into their favorite themes. While working with a partner, campers will be challenged to understand how to effectively utilize a sensor, how different mechanical components can alter the power and speed of their machine, and how programming is a challenging but rewarding skill that they can master with just a little practice. No camp June 19 and July 4-5.

Location	Time	Code	Dates	\$
(Space War)				
ActonAcademy	9am-12pm	6YS.D7GJ	6/17-6/21	\$135
ActonAcademy	1pm-4pm	6YS.ZVXE	7/15-7/19	\$165
ActonAcademy	9am-12pm	6YS.QENW	8/12-8/16	\$165
OrangeHuntES	9am-12pm	6YS.WUDH	7/8-7/12	\$165
(Attack Bot)				
ActonAcademy	9am-12pm	CXC.DG5Z	6/24-6/28	\$165
ActonAcademy	1pm-4pm	CXC.2S9J	7/22-7/26	\$165
SaratogaES	1pm-4pm	CXC.AQX2	7/15-7/19	\$165

### (Creature Creator)

ActonAcademy	9am-12pm	8RA.FOAV	7/1-7/3	\$99
ActonAcademy	1pm-4pm	8RA.6DLW	7/29-8/2	\$165
CntrbryWdsES	9am-12pm	8RA.8C8F	6/24-6/28	\$165
FlinthillES	1pm-4pm	8RA.JBKF	7/22-7/26	\$165

### NEW! Snapology Robot Olympics

**(7-14 yrs.)** Campers build and program robots to compete in sports themed challenges. Learn both mechanical and computer programming concepts and create robots that run races and play hockey. Campers will work in groups, using LEGO® Spike Prime technology, to complete challenges. No camp July 4-5.

Location	Time	Code	Dates	\$
ActonAcademy	9am-12pm	UJD.OMM6	7/8-7/12	\$165
ActonAcademy	1pm-4pm	UJD.WDHR	8/5-8/9	\$165
TerraCentreES	1pm-4pm	UJD.CW2U	7/29-8/2	\$165
SpringHillES	9am-12pm	UJD.XCAG	7/1-7/3	\$99

### NEW! Snapology STEAM Survivor

**(7-14 yrs.)** Campers will be given daily challenges to design functional solutions with their teammate using LEGO® Bricks! They will earn Survivor Bucks when they perform well and be able to use those survivor bucks to purchase supplies or prizes throughout the camp. No camp July 4-5.

Location	Time	Code	Dates	\$
ActonAcademy	1pm-4pm	DJY.89KN	7/8-7/12	\$165
ActonAcademy	9am-12pm	DJY.WR5B	8/5-8/9	\$165
TerraCentreES	9am-12pm	DJY.HZDL	7/29-8/2	\$165
SpringHillES	1pm-4pm	DJY.9BVO	7/1-7/3	\$99

### NEW! Special Effects Movie & Minecraft vs. ROBLOXFlix

**(7-13 yrs.)** The special effects in this IncrediFlix camp will blow your mind. In groups, you'll get to direct, act, and even choose special effects to incorporate into your movies. Then, make a Minecraft, ROBLOX or mashup Movie! Work in groups to create a stop-motion movie full of games or challenges for your character to overcome.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	DUX.IZZM	7/22-7/26	\$479
OrangeHuntES	9am-4pm	DUX.26E5	7/8-7/12	\$479
SaratogaES	9am-4pm	DUX.833T	7/15-7/19	\$479
SpringHill ES	9am-4pm	DUX.ZKMF	6/24-6/28	\$479

### STEM exCEL Bitcoin STEM

**(6-12 yrs.)** Campers are introduced to programming basics like functions and variables. Develop a 3D model base on Mars with shops and businesses to simulate a Bitcoin economy with wallet software, nodes and mining hardware. Receive a 3D printed memento for your first transaction. No camp July 4-5.

Location	Time	Code	Dates	\$
SpHill REC	9am-4pm	HHW.OBER	7/1-7/3	\$239

### STEM exCEL Gamer Adventures

**(6-12 yrs.)** Learn the fundamentals of programming, art and level design to create a video game from the ground up. Using a game engine with integrated art software and an easy-to-use events system, campers have the freedom to create a product that is truly their own. Learn about the history of video games by playing classic ones to see the advancement of technology. Campers leave with a digital copy of their work.

Location	Time	Code	Dates	\$
Flinthill ES	9am-4pm	004.9Y7C	7/29-8/2	\$399
DeerPark ES	9am-4pm	004.1V19	6/24-6/28	\$399
Flinthill ES	9am-4pm	004.XBKY	7/8-7/12	\$399
CntrbryWdsES	9am-4pm	004.RMEX	7/22-7/26	\$399
PineSpring ES	9am-4pm	004.0844	7/8-7/12	\$399
Prov REC	9am-4pm	004.BPWG	7/29-8/2	\$399
SaratogaES	9am-4pm	004.MQUO	7/8-7/12	\$399



### STEM exCEL Minecraft & Computer Science Camp

**(6-12 yrs.)** Campers will use programming fundamentals to design and implement large-scale Minecraft modifications. Hands-on activities will take place at the beginning of camp that introduce vital concepts then use the easy drag-and-drop interface to create programs, solve problems and design games. Next, campers will learn functions, variables and conditionals. No camp July 4-5.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	A65.ZVU7	7/29-8/2	\$399
Oakmont REC	9am-4pm	A65.G1Y1	7/1-7/3	\$239
Stenwood ES	9am-4pm	A65.3DAF	7/8-7/12	\$399
Westfld HS	9am-4pm	A65.Q5MT	7/8-7/12	\$399

### STEM exCEL ROBLOX & Computer Science Camp

**(6-12 yrs.)** Program and develop games using character development, powerups and traps in a ROBLOXadventure. Teams will compete honing strategies while learning from each other. Learn functions, variables and conditionals through hands-on activities that help reinforce vital concepts. Use our easy drag-and-drop interface to put your new knowledge into play, to create programs and solve problems.

Location	Time	Code	Dates	\$
Flinthill ES	9am-4pm	KSJ.06BP	7/22-7/26	\$399
SpringHill ES	9am-4pm	KSJ.Q5HG	7/29-8/2	\$399

### STEM exCEL Robotics & Redstone

**(6-12 yrs.)** Learn how to design, build and program LEGO Mindstorms EV3 robots. Apply engineering concepts and advanced sensor programming skills to perfect design and solve a variety of challenges. Use Minecraft's Redstone material to explore the fundamentals of electronics and circuitry. Learn functions, variables and conditionals by using Redstone blocks to build constructs in your Minecraft world.

Location	Time	Code	Dates	\$
StenwoodES	9am-4pm	048.JWNZ	7/1-7/3	\$239
Navy ES	9am-4pm	048.3QW6	6/24-6/28	\$399
Navy ES	9am-4pm	048.BVZJ	7/29-8/2	\$399
Prov REC	9am-4pm	048.NP19	6/24-6/28	\$399
Wkfld/Moore	9am-4pm	048.KX52	7/15-7/19	\$399

### NEW! STEM exCEL Style Tech Camp

**(6-12 yrs.)** Join us for an immersive experience where you can design and showcase your own fashion line of athletic shoes, fashion design, sports logos, etc., using digital art software. Learn how to create your brand, illustrate a clothing collection, and explore the evolution of fashion. Take home digital copies of your work. Bring a snack, lunch and drink.

Location	Time	Code	Dates	\$
SoRun REC	9am-4pm	ID0.QGG1	7/15-7/19	\$399
CrestwoodES	9am-4pm	ID0.V70A	7/15-7/19	\$399

### NEW! STEM Exploration with LEGO®

**(7-12 yrs.)** Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. No camp June 19 and July 4-5.

Location	Time	Code	Dates	\$
Frying Pan	1pm-4pm	BOS.VN82	6/17-6/21	\$185
SpHill REC	1pm-4pm	BOS.XKKB	6/24-6/28	\$229
Westfld HS	1pm-4pm	BOS.87NT	7/15-7/19	\$229
CrestwoodES	1pm-4pm	BOS.T56E	7/1-7/3	\$139

### STEM & Minecraft with LEGO® Materials

**(5-10 yrs.)** Build projects inspired by cool machines while applying real-world concepts in physics, engineering and architecture. Venture into the world of Minecraft with a unique LEGO experience with Play-Well instructors. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources and battle to stop the Ender Dragon from ending the world.

Location	Time	Code	Dates	\$
PineSpringES	9am-4pm	ZRL.2005	7/8-7/12	\$329

### Stemtree: Robo & Science Fun

**(6-12 yrs.)** Apply basic science, engineering, model construction, computer programming and problem-solving skills to explore STEM concepts. Hands-on activities reinforce scientific literacy and learning through fun. No camp July 4-5.

Location	Time	Code	Dates	\$
ECLawrencePk	9am-4pm	915.FEH3	7/1-7/3	\$239
CntrbryWdsES	9am-4pm	915.HNHF	7/15-7/19	\$399
PineSpring ES	9am-4pm	915.403I	7/1-7/3	\$239

### NEW! Stemtree: Science & Coding Fun

**(6-12 yrs.)** Campers will learn the concepts of computer programming in a fun and interactive way while developing their basic reasoning and problem-solving skills. Campers will create and develop computer programs and combine multimedia elements to create and share their own interactive stories, animations, games, music, and art.

Location	Time	Code	Dates	\$
PineSpring ES	9am-4pm	Q7I.9KZV	7/29-8/2	\$399

### NEW! Video Games Unplugged with LEGO

**(5-7 yrs.)** Level up your LEGO® Engineering skills in this video game-inspired experience with Play-Well instructors. Using LEGO®, learn Link's signature moves to defeat enemies, build mechanisms to make sonic spin and take out Robotnik, and build go-karts to challenge Mario and friends in a race for the Mushroom Cup. All the fun of a video game adventure without the screen!

Location	Time	Code	Dates	\$
Flinthill ES	9am-12pm	CYT.IKZP	7/15-7/19	\$229
OrangeHuntES	9am-12pm	CYT.Y161	7/29-8/2	\$229
SpHill REC	9am-12pm	CYT.3BCO	6/24-6/28	\$229
StenwoodES	9am-12pm	CYT.MGDA	7/29-8/2	\$229

### NEW! 3D Science Exploration

**(12-15 yrs.)** Use the zSpace® AR/VR system to be immersed in a 3D exploration of earth and space science, life science, physical science, geography, and social sciences in this Youth Technology Network camp. All materials and equipment provided.

Location	Time	Code	Dates	\$
OrangeHuntES	1pm-4pm	YCD.CCGZ	7/29-8/2	\$279

### NEW! Wizarding World of Engineering w/LEGO

**(7-12 yrs.)** Master the magic of Harry Potter using LEGO® in this Play-Well camp! Visit Diagon Alley, play a game of Quidditch, and duel the evil Lord Voldemort. Hone your magical skills while learning about advanced STEM concepts.

Location	Time	Code	Dates	\$
Stenwood ES	1pm-4pm	2G4.IU1U	7/8-7/12	\$229
CntrbryWdsES	1pm-4pm	2G4.W629	7/29-8/2	\$229

### Specialty Camps

#### NEW! Aspiring Fashionistas

**(10-13 yrs.)** Join SPARK Business Academy to gain knowledge of the fashion industry and develop skills in fashion design, marketing, journalism and branding. Campers develop sketching skills, explore popular brands and trends, design various articles of clothing, define their own brand and explore careers in fashion.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	3FS.NCPL	8/12-8/16	\$389

#### NEW! Build Her Business

**(7-12 yrs.)** She can be a GIRL BOSS by learning to make, map out, market, manage and monetize a real product with SheEO Academy! Every girl goes home with a product, a plan and a reusable bag after a powerful week of enrichment. Visit sheeoacademy.com to view the agenda and complete her waiver. No camp June 19.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	QMS.GPG8	7/8-7/12	\$359
WdleyHillsES	9am-4pm	QMS.U25P	7/15-7/19	\$359
Frying Pan	9am-4pm	QMS.7N1F	7/15-7/19	\$359
OrangeHuntES	9am-4pm	QMS.G4L6	6/24-6/28	\$359
OrangeHuntES	9am-4pm	QMS.RIY0	7/8-7/12	\$359
Oakton ES	9am-4pm	QMS.2U9B	6/24-6/28	\$359
Oakton ES	9am-4pm	QMS.TM16	7/22-7/26	\$359
SpHill REC	9am-4pm	QMS.DRLC	6/17-6/21	\$289
SpHill REC	9am-4pm	QMS.HCJQ	7/15-7/19	\$359
Stenwood ES	9am-4pm	QMS.YHLI	7/22-7/26	\$359
WaynewoodES	9am-4pm	QMS.DAUC	7/29-8/2	\$359

#### Camp Bloom & Grow

**(3-5 yrs.)** Little campers love KinderJam's interactive playtime that promotes social development, fosters self-expression and reinforces foundational early academic skills making for a smooth transition into school. Campers must be potty trained. No camp June 19 and July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
SpHill REC	9am-12pm	IN1.V5ZA	6/10-6/14	\$249
SpHill REC	9am-12pm	IN1.B1ZP	6/17-6/21	\$199
SpHill REC	9am-12pm	IN1.GTBA	6/24-6/28	\$249
SpHill REC	9am-12pm	IN1.HUBI	7/1-7/3	\$149
SpHill REC	9am-12pm	IN1.6U4R	7/15-7/19	\$249
SpHill REC	9am-12pm	IN1.7CIG	7/22-7/26	\$249

#### Camp Movin' N Groovin'

**(5-8 yrs.)** Celebrate childhood with KinderJam's exciting activities and loads of summer memory making fun! Make new friends while engaging in inclusive games, creative crafts and outdoor play. Bring a lunch and water bottle. Rec Center locations may have an afternoon swim break; bring swimsuit/towel.

Location	Time	Code	Dates	\$
Navy ES	9am-4pm	E2A.TZSM	7/22-7/26	\$329
RavenswthES	9am-4pm	E2A.5R9L	7/8-7/12	\$329

#### NEW! CEOs Camp

How cool would it be for you to be the boss at Apple or Nike for a day? SPARK Business Academy campers act as CEOs for leading companies and collaborate to make strategic recommendations to address real business issues. Case studies include popular companies and examine the role of female and minority CEOs. Campers enhance their problem-solving skills, develop business savvy and cultivate a strategic mindset as future leaders.

Location	Time	Code	Dates	\$
(10-13 yrs.) Junior				
RavensworthES	9am-4pm	FLE.YLI9	6/24-6/28	\$389
(14-17 yrs.) Teen				
SpHill REC	9am-4pm	HSG.RL01	7/8-7/12	\$389





### Chess Camp

Magnus Chess Academy has taught this great strategy game to more than 100,000 children including national champions. A great camp for advanced players to sharpen their skills or beginners who want to learn the game. Activities include learning the rules, openings, tactics, strategy, endgames, playing games and outdoor breaks. Bring a snack, a drink and lunch. Campers will receive a t-shirt and chess set on Friday. No camp June 19 and July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
<b>(6-13 yrs.)</b>				
CubRunREC	9am-4pm	FFZ.0RIC	8/12-8/16	\$399
DeerPark ES	9am-4pm	FFZ.KLNK	7/1-7/3	\$239
DeerPark ES	9am-4pm	FFZ.OPRY	7/29-8/2	\$399
Frying Pan	9am-4pm	FFZ.WD81	6/10-6/14	\$399
HunterHouse	9am-4pm	FFZ.JCQN	6/17-6/21	\$319
Navy ES	9am-4pm	FFZ.T2PQ	7/8-7/12	\$399
Navy ES	9am-4pm	FFZ.4MHC	7/15-7/19	\$399
Oakton ES	9am-4pm	FFZ.70XS	7/1-7/3	\$239
TerraCentreES	9am-4pm	FFZ.C4J3	7/1-7/3	\$239
TerraCentreES	9am-4pm	FFZ.HX4T	7/22-7/26	\$399
SoRunREC	9am-4pm	FFZ.STFQ	6/24-6/28	\$399
StenwoodES	9am-4pm	FFZ.VTQ0	6/24-6/28	\$399
StenwoodES	9am-4pm	FFZ.133T	7/15-7/19	\$399
RavenswthES	9am-4pm	FFZ.KZOT	7/29-8/2	\$399
SpHill REC	9am-4pm	FFZ.R9CP	6/10-6/14	\$399
SpHill REC	9am-4pm	FFZ.J2N6	6/24-6/28	\$399
SpHill REC	9am-4pm	FFZ.AYT4	8/12-8/16	\$399
WaynewoodES	9am-4pm	FFZ.3THN	7/8-7/12	\$399
WaynewoodES	9am-4pm	FFZ.TEQX	7/15-7/19	\$399
CrestwoodES	9am-4pm	FFZ.LZF7	7/15-7/19	\$399
<b>(13-17 yrs.)</b>				
SoRun REC	9am-4pm	FPJ.88AS	7/29-8/2	\$399

### Cooking & Crafts Camp

**(8-12 yrs.)** Creatively experience history through simple recipes, crafts, and games. Hand crank home-made ice cream, churn your own delicious butter and cook over a fire. Learn how to make candles and play historical games.

Location	Time	Code	Dates	\$
ColvinRun	9am-4pm	KX9.7TTA	7/8-7/12	\$415

### Cooking Around the World

**(5-9 yrs.)** Join Tiny Chefs in creating cuisines from around the world. Enjoy making fabulous flavors of Italian, Indian, Vietnamese, Mexican and French foods and learn cooking techniques and ingredients that make them unique. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	4VS.7MT6	6/24-6/28	\$425
PineSpring ES	9am-4pm	4VS.BR23	6/24-6/28	\$425

### Chopped!

**(10-14 yrs.)** This camp combines recipes for every meal of the day with the challenge of secret ingredients. Tiny Chef's staff provide recipes for breakfast, lunch and dinner. Campers will be surprised with secret ingredients that they will have fun incorporating. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	YZS.NY3R	7/8-7/12	\$425

### Cooking: Cupcake Wars

**(5-9 yrs.)** Join Tiny Chefs to discover how the pros create/ cupcake masterpieces. Learn skills such as measuring, mixing, baking and frosting. The week culminates with a "Best Cupcake" baking competition. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	H91.GFLV	7/8-7/12	\$425
CrestwoodES	9am-4pm	H91.HIBH	7/8-7/12	\$425

### Cooking: Cupcake Wars 2.0

**(10-14 yrs.)** Older chefs will enjoy new recipes and competitions. Campers will create recipes that double as breakfast foods, drinks and savory cupcakes while learning precise decorating techniques. This Tiny Chefs Camp includes the campers forming groups for a fun competition. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	K52.52Y0	7/22-7/26	\$425

### Girl Empowerment Camp

**(12-14 yrs.)** Girls will enjoy exploring different topics such as self-confidence, leadership and character development. Art projects, team-building activities and cooperative games provide opportunities for self-expression. Camp includes an afternoon swim break.

Location	Time	Code	Dates	\$
Oakmont REC	9am-4pm	Z1B.AVZ0	7/15-7/19	\$305



### NEW! Little Shoppers

**(6-9 yrs.)** In this practical program, campers become savvy shoppers through games and hands-on projects with SPARK Business Academy. Campers analyze marketing power, put their cashier math skills to the test, and engage in dynamic marketplaces taking turns as buyers and sellers.

Location	Time	Code	Dates	\$
Navy ES	9am-4pm	KQQ.EDT0	7/29-8/2	\$389
SpringHill ES	9am-4pm	KQQ.JOLU	7/29-8/2	\$389

### Master Chef

**(10-14 yrs.)** Campers' creativity is sparked by creating tasty and interesting recipes for every meal of the day. Tiny Chef's staff teach the basic skills of cooking and baking then arm our master chefs with challenging techniques as the week progresses. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	6PV.4NR1	7/15-7/19	\$425

### NEW! My First Food Truck (SPARK business academy)

**(10-13 yrs.)** In this SPARK Business Academy camp: select a food theme, choose an ideal location, identify target customers, design appealing menus, and form a comprehensive business plan covering strategy, marketing, operations and finance, including capital-raising needs. Note: no food is handled at camp.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	HZY.YTRH	7/15-7/19	\$389

### NEW! My First Lemonade Stand (SPARK business academy)

**(6-9 yrs.)** Campers become "lemonade entrepreneurs" and learn how to make yummy lemonade and earn money selling it with SPARK Business Academy. Design marketing flyers, estimate profits and experiment with recipes. Campers launch the lemonade stand on Friday to raise money for a charity they select!

Location	Time	Code	Dates	\$
Navy ES	9am-4pm	CVR.1DIO	6/24-6/28	\$389

### NEW! My First Passport (SPARK business academy)

**(6-9 yrs.)** Develop a global mindset and build international awareness in this SPARK Business Academy camp. Explore cultural differences across countries, geography games, famous landmarks, world currencies, current global events and the role of international institutions like the UN. Campers role-play as diplomats and come up with solutions to key global problems like hunger, poverty and pollution.

Location	Time	Code	Dates	\$
Navy ES	9am-4pm	PXE.EFXD	7/15-7/19	\$389
SpringHill ES	9am-4pm	PXE.024L	7/15-7/19	\$389

### NEW! My First Piggy Bank

**(6-9 yrs.)** This innovative program from SPARK Business Academy provides a solid foundation on financial literacy for kids in a fun setting. Games and hands-on activities help campers internalize key concepts in an engaging and supportive environment fostering teamwork. Campers use their arts and crafts skills to make their own piggy bank.

Location	Time	Code	Dates	\$
Frying Pan	9am-4pm	C2T.CD4T	7/22-7/26	\$389
Navy ES	9am-4pm	C2T.Z070	7/22-7/26	\$389
SpHill REC	9am-4pm	C2T.RE2P	7/22-7/26	\$389



**Nailed It! The Art of Cupcakes**

**(6-10 yrs.)** If your little baker has taken our Cupcake Wars' camp, then NAILED IT is the next camp for them! We will be decorating cupcakes into unique and artful creations all week long! Animal face cupcakes, floral cupcakes, and hamburger cupcakes are all on the menu this week. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
PineSpringES	9am-4pm	00E.LDID	7/22-7/26	\$425
CntrbryWdsES	9am-4pm	00E.OU7V	7/22-7/26	\$425

**NEW! Read All About It**

**(10-13 yrs.)** Campers collaborate in teams as intrepid reporters who write stories and create a digital newspaper of their own. Interview other campers, write about local news, author op-ed pieces and manage the production of a cohesive digital publication. A compelling camp for aspiring school newspaper editors, this SPARK Business Academy camp strengthens campers' writing proficiency and time-management skills in a fun environment that fosters creativity and self-confidence.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	1L.R2TZ	7/22-7/26	\$389

**Restaurant Creation**

**(5-9 yrs.)** A great camp for those who want to own their own restaurant! Tiny Chef's staff teach campers how to create multiple courses and design a restaurant according to their selected menu. Nut-free company; may contain other allergens; cannot sub out ingredients. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	BCE.TCWO	7/1-7/3	\$255
Prov REC	9am-4pm	BCE.U1S7	7/1-7/3	\$255

**NEW! Teen Consultants**

**(14-17 yrs.)** Join SPARK Business Academy to collaborate in small teams and make practical recommendations for real business issues faced by popular companies, including Apple, Coca-Cola and Disney. Create and deliver impactful client-ready presentations while learning about careers in consulting and virtually interacting with guest speakers from the consulting world.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	ELQ.QORB	7/22-7/26	\$389

**The Great Food Truck Race**

**(5-9 yrs.)** Each day campers in this Tiny Chef's camp will produce a different food item or course and build a creative food truck around it. They'll work on an idea for their very own food truck, expanding on the types of foods that their restaurant on wheels would serve based on the experiences they have had in camp. Students will be introduced to a variety of cuisines, cooking skills and presentations throughout the week. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
Deer Park ES	9am-4pm	E4P.KVV7	7/29-8/2	\$425
CntrbryWdsES	9am-4pm	E4P.CUJJ	7/29-8/2	\$425

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**Ultimate Games & Teambuilding Camp**

**(6-12 yrs.)** Spirit Pros brings you creative games, team-building challenges and cooperative activities. Roll in our giant Zorb ball, launch water balloons with our super bungee cord, learn to use juggling sticks, make home-made ice cream with special soccer balls and play a variety of fun games. A signed participation release is due on the first day. No camp July 4-5.

Location	Time	Code	Dates	\$
TerraCentreES	9am-4pm	J14.EUQM	7/1-7/3	\$205
Flint Hill ES	9am-4pm	J14.EOWY	7/29-8/2	\$335

**NEW! Ultimate Gymnastics, Cheer and Dance**

**(6-12 yrs.)** Three camps in one with Spirit Pros: gymnastics skills and equipment, cheer elements and routine, dance skills and combinations. Camp agenda developed by a nationally ranked gymnast, pro football captain cheerleader, and a national dance champion.

Location	Time	Code	Dates	\$
SaratogaES	9am-4pm	UTM.YMDU	7/8-7/12	\$335
SpringHill ES	9am-4pm	UTM.RE7S	7/15-7/19	\$335

**NEW! Young Debaters**

**(10-13 yrs.)** Learn the art of persuasion and select debate topics you find interesting in this SPARK Business Academy camp. In a public forum format, campers work in groups and practice their debating skills in a supportive environment: developing arguments, issuing rebuttals, providing examples, rebuilding their case and summarizing points of view. Campers learn to think on their feet and enhance their public-speaking skills, gaining self-confidence in the process.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	ZUT.FY28	7/8-7/12	\$389

**Sports Camps****Agility & Strength Training**

**(10-14 yrs.)** Young athletes improve strength training using resistance and body weight while learning nutrition basics. This Sanowar Fitness camp is a great outdoor camp for enhancing speed and agility in a safe and fun environment. Campers should bring lunch for a short break.

Location	Time	Code	Dates	\$
Navy ES	9am-1pm	9SM.XOII	7/8-7/12	\$159
SaratogaES	9am-1pm	9SM.DQZS	7/1-7/3	\$99
Wkfld/Moore	9am-1pm	9SM.PI40	7/15-7/19	\$159
Wkfld/Moore	9am-1pm	9SM.Z7R0	7/29-8/2	\$159

**Afternoon All Sports Camp**

**(7-12yrs.)** Join Alpha Sports for an afternoon filled with sports, games & more. Coaches teach the fundamentals of a variety of sports, all while having fun. Bring a lunch or snack, a water bottle & be ready to play soccer, wiffleball, pickleball & more. Camps at Rec Center may include afternoon swim break. No camp July 4-5.

Location	Time	Code	Dates	\$
CrstwoodES	1pm-3pm	4AJ.AUIG	6/24-6/28	\$115
Poe MS	1pm-4pm	4AJ.32MB	7/22-7/26	\$169
SoRun REC	12pm-4pm	4AJ.SWXY	7/1-7/3	\$135

**All Sports Camp with Alpha Sports**

**(7-11 yrs.)** Learn the fundamentals of multiple sports including football, volleyball, soccer, baseball, track and lacrosse. Campers are grouped by age and enjoy participating in scrimmages and tournaments. No camp on July 4-5.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	9UO.QDHP	7/8-7/12	\$285
OrangeHuntES	9am-4pm	9UO.D8GQ	6/24-6/28	\$285
OrangeHuntES	9am-4pm	9UO.MCTR	7/1-7/3	\$175
OrangeHuntES	9am-4pm	9UO.S1YA	7/8-7/12	\$285
OrangeHuntES	9am-4pm	9UO.X6BL	7/15-7/19	\$285
CntrbryWdsES	9am-4pm	9UO.IZT3	6/24-6/28	\$285
Oakton ES	9am-4pm	9UO.BPMA	7/8-7/12	\$285
Oakton ES	9am-4pm	9UO.6HJV	7/15-7/19	\$285
PineSpringES	9am-4pm	9UO.X6RQ	7/22-7/26	\$285
WaynewdES	9am-4pm	9UO.GLUU	7/15-7/19	\$285
CrestwoodES	9am-4pm	9UO.SY7V	7/8-7/12	\$285

**Archery Camp at Bull Run**

**(9-15 yrs.)** Develop archery skills shooting Olympic-style (recurve) bows in this indoor 3-day camp. Learn patience, focus and attention to detail through focused instruction. Other archery-related activities provide a broader introduction and fun. Equipment is provided. No camp July 4-5.

Location	Time	Code	Dates	\$
BullRunPk	9am-12pm	228.OS03	7/1-7/3	\$119
BullRunPk	9am-12pm	228.SDUN	7/8-7/10	\$199
BullRunPk	9am-12pm	228.BCYW	7/15-7/17	\$199
BullRunPk	9am-12pm	228.70X6	7/22-7/24	\$199
BullRunPk	9am-12pm	228.JR7T	7/29-7/31	\$199

**NEW! Baroody Basketball Camp**

**(6-12 yrs.)** Coaches will help children of any skill level improve their shooting, ball handling, defense and rebounding while having fun in a lightly competitive environment. Players will work together and compete while they have fun playing in basketball related games like Knockout, Dribble Wars, and Sharks and Minnows. Campers will also play in half-court and full-court games. No camp July 4-5.

Location	Time	Code	Dates	\$
CntrbryWdsES	9am-4pm	LD5.TQ95	7/1-7/3	\$175
RavensworthES	9am-4pm	LD5.DI3K	7/29-8/2	\$285

**Baroody Kiddie Sports Camp**

**(3-5 yrs.)** Young campers are introduced to sports skills through fun games that enhance running, throwing, catching and teamwork. Other activities are included plus time for a lunch break. Pack a water bottle and bag lunch. Campers must be potty-trained and 3 years old by the first day of camp.

Location	Time	Code	Dates	\$
Saratoga ES	9am-1pm	UWX.DAHN	6/24-6/28	\$249
Saratoga ES	9am-1pm	UWX.LX7S	7/22-7/26	\$249

**NEW! Baroody Sports and PE Games**

Play some of the best sports and PE games ever invented. We will choose from knockout, extreme kickball, handball, capture the flag, modified dodgeball, ultimate frisbee, floor hockey and soccer. Our goal is to motivate each player to compete with high effort and a positive attitude towards self and others. Camps the week of June 10 for non-FCPS participants. No Camp July 4-5.

Location	Time	Code	Dates	\$
Poe MS	9am-4pm	TDE.FMD0	7/29-8/2	\$285
Navy ES	9am-4pm	TDE.RMR3	7/1-7/3	\$175
Navy ES	9am-4pm	TDE.S2S4	7/29-8/2	\$285
PineSpring ES	9am-4pm	TDE.9XMM	7/1-7/3	\$175
RavensworthES	9am-4pm	TDE.P9IN	6/24-6/28	\$285
<b>(6-14 yrs.)</b>				
SoRun REC	9am-4pm	NZL.WNRO	6/10-6/14	\$285



**NEW! Baroody Soccer**

**(6-12 yrs.)** This program will consist of fun games using soccer skills which will lead up to playing small-sided soccer. As the days progress, games will progress, involving different moves, dribbling, ball control, passing, and shooting. Games will require individual 1 on 1 skills with some requiring team participation. No camp June 19 or July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-4pm	WNQ.OPYO	6/10-6/14	\$285
Lake Fairfax	9am-4pm	WNQ.PVQN	6/17-6/21	\$229
Lake Fairfax	9am-4pm	WNQ.7706	6/24-6/28	\$285
Lake Fairfax	9am-4pm	WNQ.JKF7	7/1-7/3	\$175
Lake Fairfax	9am-4pm	WNQ.KAHT	7/8-7/12	\$285
Lake Fairfax	9am-4pm	WNQ.KQNE	7/29-8/2	\$285
Lake Fairfax	9am-4pm	WNQ.XUIY	8/5-8/9	\$285
Lake Fairfax	9am-4pm	WNQ.26P6	8/12-8/16	\$285

**NEW! Baroody Ultimate Frisbee**

**(7-14 yrs.)** Begin with games and skill building to help campers hone skills in throwing, catching, and running, then end the day with full games. Players will learn that ultimate is a game where kids referee themselves. They will share strategies, learn how to make their own calls fairly, and work with teammates to make the most out of every play. This camp is open to players of all different skill levels. No camp June 19 and July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-12pm	2XD.CD9U	6/10-6/14	\$179
Lake Fairfax	9am-12pm	2XD.KWNE	6/17-6/21	\$145
Lake Fairfax	9am-12pm	2XD.EXV2	6/24-6/28	\$179
Lake Fairfax	9am-12pm	2XD.E7YW	7/1-7/3	\$109
Lake Fairfax	9am-12pm	2XD.SE00	7/8-7/12	\$179
Lake Fairfax	9am-12pm	2XD.ZMDQ	7/15-7/19	\$179
Lake Fairfax	9am-12pm	2XD.7VUZ	7/29-8/2	\$179
Lake Fairfax	9am-12pm	2XD.S0I8	8/5-8/9	\$179
Lake Fairfax	9am-12pm	2XD.02KI	8/12-8/16	\$179
Wkfld/Moore	9am-12pm	2XD.Y5JF	7/1-7/3	\$109

**Baroody Volleyball Camp**

**(6-12 yrs.)** Join us for one of the fastest growing sports in the area. We'll work on the fundamentals through games and drills that build strength and confidence. Our goal is for campers to have constant engagement, whether they are a beginner or more experienced player. No camps July 4-5.

Location	Time	Code	Dates	\$
DeerPark ES	9am-12pm	MOW.ABGS	7/8-7/12	\$179
DeerPark ES	1pm-4pm	MOW.DO63	7/8-7/12	\$179
WdleyHillsES	9am-12pm	MOW.OJJE	7/1-7/3	\$109
SpHill REC	1pm-4pm	MOW.J496	6/24-6/28	\$179
Wkfld/Moore	9am-12pm	MOW.SBKM	8/12-8/16	\$179
Wkfld/Moore	1pm-4pm	MOW.A037	8/12-8/16	\$179

**Baseball Camp with US9**

**(7-12 yrs.)** US9 Baseball offers an instructional baseball camp designed to teach both fundamentals and advanced skills in a fun atmosphere. In addition to daily scrimmage games and trivia contests, all campers receive instruction on pitching, hitting, baserunning, fielding, game situations, rules and sportsmanship. Camps ending at 4 p.m. include a swim break. No camp June 19.

Location	Time	Code	Dates	\$
PatriotParkN	9am-2pm	OWK.T7KQ	6/17-6/21	\$215
PatriotParkN	9am-2pm	OWK.ZZ19	6/24-6/28	\$245
SoRun REC	9am-4pm	OWK.TLKC	6/24-6/28	\$285
SoRun REC	9am-4pm	OWK.RX5K	7/8-7/12	\$285
SoRun REC	9am-4pm	OWK.VQZ9	7/15-7/19	\$285
SoRun REC	9am-4pm	OWK.EGZM	7/29-8/2	\$285
SoRun REC	9am-4pm	OWK.B5E0	8/12-8/16	\$285
SpHill REC	9am-4pm	OWK.CCVY	7/8-7/12	\$285
SpHill REC	9am-4pm	OWK.NSBA	7/15-7/19	\$285
SpHill REC	9am-4pm	OWK.QG2N	7/22-7/26	\$285
SpHill REC	9am-4pm	OWK.99HO	7/29-8/2	\$285
SpHill REC	9am-4pm	OWK.911Q	8/12-8/16	\$285
SullyHighlands	9am-2pm	OWK.7FRZ	7/8-7/12	\$209
SullyHighlands	9am-2pm	OWK.MPMG	7/22-7/26	\$209
SullyHighlands	9am-2pm	OWK.2X7E	8/5-8/9	\$209
Wkfld/Moore	9am-4pm	OWK.VKOF	6/17-6/21	\$229
Wkfld/Moore	9am-4pm	OWK.8YUR	6/24-6/28	\$285
Wkfld/Moore	9am-4pm	OWK.RBBZ	7/8-7/12	\$285
Wkfld/Moore	9am-4pm	OWK.DJBU	7/22-7/26	\$285
Wkfld/Moore	9am-4pm	OWK.9RQ7	8/5-8/9	\$285

**Baseball-Softball Beginners US9 Camp**

**(5-6 yrs.)** US9 Baseball-Softball offers a beginner's half-day camp designed to teach the basics of playing baseball and softball. Campers are introduced to the basics of throwing, catching, fielding, hitting and baserunning. Camp consists of attention-grabbing, short sessions of skill related activities using batting drills, safety balls, bean bags and targets. No camp June 19.

Location	Time	Code	Dates	\$
PatriotParkN	9am-12pm	NFR.OL3N	6/17-6/21	\$140
PatriotParkN	9am-12pm	NFR.K2XN	6/24-6/28	\$175
SoRun REC	9am-12pm	NFR.KOL9	6/24-6/28	\$175
SoRun REC	9am-12pm	NFR.Y451	7/8-7/12	\$175
SoRun REC	9am-12pm	NFR.02Y6	7/15-7/19	\$175
SoRun REC	9am-12pm	NFR.H3NO	7/29-8/2	\$175
SoRun REC	9am-12pm	NFR.39JG	8/12-8/16	\$175
SullyHighlands	9am-12pm	NFR.ELEZ	7/8-7/12	\$175
SullyHighlands	9am-12pm	NFR.IOR2	7/22-7/26	\$175
SullyHighlands	9am-12pm	NFR.HGHZ	8/5-8/9	\$175
Wkfld/Moore	9am-12pm	NFR.QHXO	6/17-6/21	\$140
Wkfld/Moore	9am-12pm	NFR.CD7V	6/24-6/28	\$175
Wkfld/Moore	9am-12pm	NFR.9QJZ	7/8-7/12	\$175
Wkfld/Moore	9am-12pm	NFR.M4WG	7/22-7/26	\$175
Wkfld/Moore	9am-12pm	NFR.4NXR	8/5-8/9	\$175

**Baseball & Flag Football Camp**

**(6-12 yrs.)** This unique SMUV camp focuses on fundamentals with drills and contests in two popular sports-baseball and flag football. Campers will enjoy game play daily. Rec Center camp includes an afternoon swim break.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	O4O.W3D5	7/22-7/26	\$295
SpHill REC	9am-4pm	O4O.EG50	6/24-6/28	\$295
CrestwoodES	9am-4pm	O4O.ZYKG	7/29-8/2	\$295

**Baseball & Games Camp**

**(6-12 yrs.)** This unique SMUV camp focuses on baseball and a variety of different field activities. Campers are introduced to sports including capture the flag, kickball and many other fun field activities. Rec Center camp includes an afternoon swim break. No camp July 4-5.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	ADC.4F45	7/1-7/3	\$179
Wkfld/Moore	9am-4pm	ADC.GQ6G	7/15-7/19	\$295
Wkfld/Moore	9am-4pm	ADC.1YRW	7/29-8/2	\$295
Wkfld/Moore	9am-4pm	ADC.U0SM	8/12-8/16	\$295

**NEW! Basketball Camp with Alpha Sports**

**(8-12 yrs.)** Focus on basic fundamentals - dribbling, passing, shooting and defense, which are all the skills needed to be a well-rounded basketball player. Camp is designed for beginner or intermediate basketball players. Camp is held outdoors unless there is inclement weather. Players should wear appropriate footwear and bring a snack, lunch and water bottle. No camp July 4-5.

Location	Time	Code	Dates	\$
SoRun REC	9am-12pm	24L.GFM0	6/24-6/28	\$169
SoRun REC	9am-12pm	24L.62G7	7/1-7/3	\$109

**Basketball & Sports Camp**

**(6-12 yrs.)** Join One on One Basketball for a unique camp where the focus is basketball and other team sports each day. Campers play soccer, kickball, hand ball and capture the flag. Camp will be held outdoors as much as possible. Rec Center camp locations include an afternoon swim break. No camp July 4-5. Camps the week of June 10 are for non-FCPS students.

Location	Time	Code	Dates	\$
FlinthillIES	9am-4pm	LOI.YPMV	7/15-7/19	\$315
PineSpringES	9am-4pm	LOI.M5NB	7/8-7/12	\$315
PineSpringES	9am-4pm	LOI.15GN	7/29-8/2	\$315
RavensworthES	9am-4pm	LOI.B281	7/22-7/26	\$315
SpHill REC	9am-4pm	LOI.TP6Y	6/10-6/14	\$315
SpringHill ES	9am-4pm	LOI.8VSN	7/8-7/12	\$315
StenwoodES	9am-4pm	LOI.L0X5	7/1-7/3	\$189
CrestwoodES	9am-4pm	LOI.R2G6	6/24-6/28	\$315

**Basketball Summer Hoops Camp**

**(6-12 yrs.)** One on One has been running camps for over 25 years and this fun program features real-game action! Campers of all skill levels will participate in drills and contests before daily game play. Participants are divided by age and ability. The week concludes with Championship Friday. No camp July 4-5.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	TTW.V1RI	7/29-8/2	\$315
StenwoodES	9am-4pm	TTW.EMJK	6/24-6/28	\$315
SullyCommCtr	9am-4pm	TTW.KNOR	7/1-7/3	\$189

**DOWNLOAD CAMP FORMS AT:**

**WWW.FAIRFAXCOUNTY.GOV/  
PARKS/CAMPFORMS**







### NEW! Beginning Athletes with JST

**(6-12 yrs.)** Your camper can't decide which sport to play in the new school year? JST's new Beginning Athletes Camp gives your young athlete a chance to try out a different sport every day: basketball, flag football, soccer, baseball and tennis!

Location	Time	Code	Dates	\$
TerraCentreES	9am-4pm	EKR.W13X	7/8-7/12	\$295
TerraCentreES	9am-4pm	EKR.PPXJ	7/22-7/26	\$295

### NEW! Brazilian Soccer

Learn from Brazilian coaches, boost soccer skills, immerse in culture, make new friends, and get a personalized evaluation card by the end of camp. No camp June 19.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-12pm	DGG.NA9E	7/22-7/26	\$169
SoRun REC	9am-12pm	DGG.3CQ0	6/24-6/28	\$169
SpringHill ES	9am-12pm	DGG.C7AS	7/22-7/26	\$169

### (8-14 yrs.)

SoRun REC	9am-4pm	QOL.3EX9	6/17-6/21	\$185
Lake Fairfax	9am-4pm	QOL.C23C	7/15-7/19	\$229
Oakmont REC	9am-4pm	QOL.JFEL	7/8-7/12	\$229
Wkfld/Moore	9am-4pm	QOL.EHAL	7/22-7/26	\$229
Wkfld/Moore	9am-4pm	QOL.LEWV	7/29-8/2	\$229

### Challenger Core Soccer Camp

**(6-12 yrs.)** Challenger Sports has taken their popular British Soccer and TetraBrazil programs and integrated them into this unique international soccer experience. This camp highlights the global nature of the sport and provides young players with a variety of coaching styles, practices and influences that help them develop well-rounded skills. The best coaching methodologies and practices from many countries have been woven together for a multi-faceted experience. Camp is mainly outdoors, rain or

shine. Everyone receives a ball and shirt. Campers should bring cleats. Rec Center camps also include an afternoon swim break. Host a coach and get your child's camp for free (see website for details). No camp June 19 and July 4-5. Camps the week of June 10 is for non-FCPS students.

Location	Time	Code	Dates	\$
PineSpring ES	9am-4pm	VE4.8MEZ	6/24-6/28	\$305
FlintHill ES	9am-4pm	VE4.TOCH	6/24-6/28	\$305
RavensworthES	9am-4pm	VE4.PF4E	7/22-7/26	\$305
Franconia REC	9am-4pm	VE4.XR76	6/10-6/14	\$305
Franconia REC	9am-4pm	VE4.W51S	6/17-6/21	\$245
Franconia REC	9am-4pm	VE4.FXYX	7/1-7/3	\$185
Franconia REC	9am-4pm	VE4.A5Z0	7/29-8/2	\$305
Franconia REC	9am-4pm	VE4.FXAA	8/5-8/9	\$305
Franconia REC	9am-4pm	VE4.YB1I	8/12-8/16	\$305
Oakmont REC	9am-4pm	VE4.1GVE	6/10-6/14	\$305
Oakmont REC	9am-4pm	VE4.GZHX	7/1-7/3	\$185
Oakmont REC	9am-4pm	VE4.LXQJ	7/15-7/19	\$305
SoRun REC	9am-4pm	VE4.Z1ZR	6/17-6/21	\$245
SoRun REC	9am-4pm	VE4.OE9M	8/5-8/9	\$305
SoRun REC	9am-4pm	VE4.USYE	8/12-8/16	\$305
SpHill REC	9am-4pm	VE4.AEN7	6/10-6/14	\$305
SpHill REC	9am-4pm	VE4.TNH	7/1-7/3	\$185
SpHill REC	9am-4pm	VE4.PMYA	7/15-7/19	\$305
SpHill REC	9am-4pm	VE4.U917	7/29-8/2	\$305
SpHill REC	9am-4pm	VE4.EJPI	8/12-8/16	\$305
Stenwood ES	9am-4pm	VE4.372A	7/8-7/12	\$305
Stenwood ES	9am-4pm	VE4.3Q8C	7/22-7/26	\$305
WaynewdES	9am-4pm	VE4.Z5D2	7/8-7/12	\$305
WaynewdES	9am-4pm	VE4.8MI4	7/29-8/2	\$305
CrestwoodES	9am-4pm	VE4.RE1M	7/15-7/19	\$305
CrestwoodES	9am-4pm	VE4.3BVC	7/22-7/26	\$305
Wkfld/Moore	9am-4pm	VE4.2IKP	7/8-7/12	\$305
Wkfld/Moore	9am-4pm	VE4.MCIL	8/5-8/9	\$305
Wkfld/Moore	9am-4pm	VE4.DQLC	8/12-8/16	\$305

### NEW! Challenger Creative Skills Camp

**(6-13 yrs.)** Creative Skills offers a wide variety of fun and games, with soccer at its core, through its innovative and exciting camp concept using inflatable fields. Campers will learn advanced street skills from international expert coaches, make great friends and take home lasting memories.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	CVZ.9TZH	6/24-6/28	\$305
SoRun REC	9am-4pm	CVZ.E1ND	7/8-7/12	\$305
Franconia REC	9am-4pm	CVZ.3XRB	7/22-7/26	\$305
SpHill REC	9am-4pm	CVZ.Z47Z	8/5-8/9	\$305

### Coach Rich Basketball Camp

**(6-14 yrs.)** Coach Rich Sandler and his staff have instilled sound fundamentals and a love of the game for more than 20 years. Boys and girls of all skill levels will benefit from outstanding area coaches and college level players through teaching stations and full-court competition. Bring a swimsuit/towel for an afternoon swim break. No camp June 19 and July 4-5.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	033.YS64	7/1-7/3	\$179

### Dual Sports Camps

**(6-14 yrs.)** This unique One on One camp focuses on two sports each day to improve camper's skills. Work on fundamentals with drills and contests before playing regular games. Camp will be held outdoors as much as possible. Rec Center campers should bring a swimsuit/towel for afternoon swim time if pool is available. No camp July 4-5.

Location	Time	Code	Dates	\$
<b>*Flag Football &amp; Basketball</b>				
Navy ES	9am-4pm	B19.XWWI	6/24-6/28	\$315
PineSpring ES	9am-4pm	B19.BQHA	7/15-7/19	\$315
Wkfld/Moore	9am-4pm	B19.6CPU	7/1-7/3	\$190

### \*Flag Football & Soccer

SpringHill ES	9am-4pm	IOV.MQJ2	7/29-8/2	\$315
CntrbryWdsES	9am-4pm	IOV.ENY8	7/8-7/12	\$315

### eSports & More

**(6-12 yrs.)** This unique One on One camp combines physical activity with the most popular eSports games. Develop on-court skills and play various games. Emphasis is on teamwork and sportsmanship. Spend time in our eSports lab working on gaming technique and strategy using NBA2K, Madden, FIFA, NHL, Gran Turismo and MLB The Show. Skills are put to the test with Championship Friday. No camp July 4-5.

Location	Time	Code	Dates	\$
DeerParkES	9am-4pm	4K9.1PH1	7/22-7/26	\$315
Navy ES	9am-4pm	4K9.IOSU	7/15-7/19	\$315
RavensowrthES	9am-4pm	4K9.V6QA	7/1-7/3	\$189
SpringHill ES	9am-4pm	4K9.XB7W	6/24-6/28	\$315
StenwoodES	9am-4pm	4K9.EHP4	7/29-8/2	\$315
Poe MS	9am-4pm	4K9.M2PH	7/1-7/3	\$189

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**Fencing Camp w/Fairfax Fencers**

(7-17 yrs.) In this action-packed camp, build new friendships while learning skills, etiquette and fencing safety of all three Olympics fencing disciplines (foil, epee and saber). Show off your skills at the end-of-the-week camp tournament. Located in Chantilly. Contact Fairfax Fencers about before and after care. No camp June 19 and July 4-5.

Location	Time	Code	Dates	\$
Fxencers	9am-4pm	5DE.9GAB	6/17-6/21	\$310
Fxencers	9am-4pm	5DE.2M3J	6/24-6/28	\$385
Fxencers	9am-4pm	5DE.WOS2	7/1-7/3	\$230
Fxencers	9am-4pm	5DE.16KK	7/8-7/12	\$385
Fxencers	9am-4pm	5DE.F9H7	7/15-7/19	\$385
Fxencers	9am-4pm	5DE.HN8G	7/22-7/26	\$385
Fxencers	9am-4pm	5DE.U9EJ	7/29-8/2	\$385
Fxencers	9am-4pm	5DE.J2QV	8/12-8/16	\$385
Fxencers	9am-4pm	5DE.YH3I	8/19-8/23	\$385

**Flag Football & Swim Camp**

(6-12 yrs.) SMUV coaches help campers, of any level, develop and enhance football skills such as passing, catching, route running, offense/defensive positions and strategies. Enjoy a swim break each afternoon. Bring a snack, lunch, water bottle and swimsuit/towel. No camp June 19.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	VN3.XOOT	6/17-6/21	\$239

**NEW! Games & Swim Camp**

(6-12 yrs.) A unique camp where participants focus on a variety of different field activities each day with SMUV including capture the flag, kickball and soccer. Bring swimsuit and towel daily for afternoon swim if available. No camp July 4-5.

Location	Time	Code	Dates	\$
SpringHill REC	9am-4pm	MF3.ZZB5	7/1-7/3	\$179

**NEW! Hoops Basketball with JST**

(6-12 yrs.) Players learn the fundamentals of dribbling, passing, shooting and defense. Develop a love for the sport as camp includes confidence-building drills and scrimmages incorporating skills learned. Activities include hot-seat, ultimate knockout and relays.

Location	Time	Code	Dates	\$
DeerPark ES	9am-4pm	C8A.Y1AS	7/15-7/19	\$295
TerraCentreES	9am-4pm	C8A.HESR	6/24-6/28	\$295
TerraCentreES	9am-4pm	C8A.NN59	7/29-8/2	\$295

**Hoops & More with JST**

(6-12 yrs.) Develop a love for two ultimate sports! Players will learn the fundamental skills of each sport and build confidence through drills and scrimmages incorporating offensive/defensive strategies. This JST camp includes other fun activities like ultimate knockout, capture the football, and a combine course. No camp July 4-5.

Location	Time	Code	Dates	\$
*Basketball & Flag Football				
CrestwoodES	9am-4pm	OE3.GIXN	7/1-7/3	\$179

**Golf Camp**

Enhance golf skills and learn putting, chipping, irons and woods play, course etiquette and best safety practices. Learn from one of our certified golf instructors and use your newly acquired skills on the course at the end of the week. Campers should bring a golf glove and clubs if available (not required). All campers will receive a certificate and golf fun pack on Friday. Campers in morning and afternoon sessions will have



a supervised hour lunch break. No camp June 19 and July 4-5.

Location	Time	Code	Dates	\$
<b>(9-14 yrs.) Junior</b>				
PinecrstGolf	9am-12pm	1CT.VGHM	6/17-6/21	\$215
PinecrstGolf	1pm-4pm	1CT.R09I	6/17-6/21	\$215
PinecrstGolf	9am-12pm	1CT.TPHY	6/24-6/28	\$265
PinecrstGolf	1pm-4pm	1CT.NZIX	6/24-6/28	\$265
PinecrstGolf	9am-12pm	1CT.CWD7	7/1-7/3	\$159
PinecrstGolf	1pm-4pm	1CT.B35Q	7/1-7/3	\$159
PinecrstGolf	9am-12pm	1CT.07A6	7/15-7/19	\$265
PinecrstGolf	1pm-4pm	1CT.OTPU	7/15-7/19	\$265
PinecrstGolf	9am-12pm	1CT.36J5	7/22-7/26	\$265
PinecrstGolf	1pm-4pm	1CT.RYWH	7/22-7/26	\$265
PinecrstGolf	9am-12pm	1CT.GHVK	7/29-8/2	\$265
PinecrstGolf	1pm-4pm	1CT.J1E1	7/29-8/2	\$265
PinecrstGolf	9am-12pm	1CT.2J9L	8/5-8/9	\$265
PinecrstGolf	1pm-4pm	1CT.NWSM	8/5-8/9	\$265
PinecrstGolf	9am-12pm	1CT.OLXE	8/12-8/16	\$265
PinecrstGolf	1pm-4pm	1CT.3UMR	8/12-8/16	\$265

**Hammer LAX Boys Camp**

(7-13 yrs.) Boys learn the fundamentals of lacrosse including stick skills, dodging, shooting and game simulation. Camp includes a week with top players/coaches and a one-day clinic with a former pro-lax player. Rec Center camps include an afternoon swim break. Campers should bring a lacrosse stick, helmet, arm/shoulder pads, gloves and mouth guard. A signed participation release form is due on the first day.

Location	Time	Code	Dates	\$
FlintHill ES	9am-4pm	E53.LCKG	7/8-7/12	\$229
Oakmont REC	9am-4pm	E53.MZXX	7/22-7/26	\$299
SoRun REC	9am-4pm	E53.ONRC	6/24-6/28	\$299
Wkfld/Moore	9am-4pm	E53.YYCM	7/15-7/19	\$299

**Hammer LAX Girls Camp**

(7-13 yrs.) Girls learn the fundamentals of lacrosse including stick skills, dodging, shooting and game simulation. Rec Center camps include an afternoon swim break. Campers should bring a lacrosse stick, goggles and mouth guard. A signed participation release form is due on the first day.

Location	Time	Code	Dates	\$
FlintHill ES	9am-4pm	3V0.8I2C	7/8-7/12	\$229
Oakmont REC	9am-4pm	3V0.HXHX	7/22-7/26	\$299
SoRun REC	9am-4pm	3V0.3WCY	6/24-6/28	\$299
Wkfld/Moore	9am-4pm	3V0.TWB6	7/15-7/19	\$299

**Baroody Pickleball Camp**

(7-12 yrs.) Pickleball is a fun, fast-paced paddle sport that combines tennis, table tennis and badminton. Learn the rules of pickleball and practice basic skills through games. Campers will work as a team while competing in fun tournament style matches.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-12pm	HLU.HQGE	7/22-7/26	\$179

**NEW! Ping Pong Panda**

(6-14 yrs.) A comprehensive program from Green Tea Ideas introducing the sport of table tennis to campers through a progressive range of fun and innovative lessons and activities. Bring lunch, snack and water bottle. Supply fee of \$10 is due on the first day. No camp July 4-5.

Location	Time	Code	Dates	\$
Saratoga ES	9am-4pm	75B.YLLR	7/1-7/3	\$175
SpringHill ES	9am-4pm	75B.1MVG	7/29-8/2	\$289

**NEW! Shoot & Spike Camp with****Alpha Sports**

(8-12 yrs.) Learn the foundations and fundamentals of two sports in one week. Campers will learn volleyball and basketball skills and participate in scrimmages, contests and small tournaments to round out the fun. This is an indoor & outdoor camp.

Location	Time	Code	Dates	\$
Poe MS	9am-1pm	EMY.WD4F	7/22-7/26	\$225

**SMUV: Soccer & Games Camp**

(6-12 yrs.) A unique camp focusing on soccer and a variety of different field activities each day. Campers will build soccer skills while participating in other games including capture the flag, kickball, flag tag, and other field activities.

Location	Time	Code	Dates	\$
WdleyHillsES	9am-4pm	WB3.P2UF	7/15-7/19	\$295
Navy ES	9am-4pm	WB3.MGJM	7/22-7/26	\$295

**Softball Camp with US9**

(7-13 yrs.) US9 Softball offers an instructional softball camp designed to teach both fundamentals and advanced skills in a fun atmosphere. In addition to daily scrimmage games and trivia contests, all campers receive instruction on pitching, hitting, baserunning, fielding, game situations, rules and sportsmanship. Groups and teams will be created by age and/or prior experience with a goal to build camper confidence. No camp June 19.

Location	Time	Code	Dates	\$
PatriotParkN	9am-2pm	W33.42LY	6/17-6/21	\$219
PatriotParkN	9am-2pm	W33.5AHS	6/24-6/28	\$245
Wkfld/Moore	9am-4pm	W33.KLUU	6/17-6/21	\$229
Wkfld/Moore	9am-4pm	W33.5X8A	6/24-6/28	\$285
Wkfld/Moore	9am-4pm	W33.JT16	7/8-7/12	\$285
Wkfld/Moore	9am-4pm	W33.A6BK	7/22-7/26	\$285
Wkfld/Moore	9am-4pm	W33.L8T4	8/5-8/9	\$285



## Sports Zone

Get in the zone with action-packed weeks of sports, games, skill development and events. Specific sport activities vary depending on the site's facilities. Sessions include time outdoors and some non-sports activities. Bring lunch and drink. No camp July 4-5.

Location	Time	Code	Dates	\$
<b>Junior Sports Zone (5yrs3mos-7yrs.)</b>				
Oakton ES	9am-4pm	812.Y7SX	7/1-7/3	\$175

## Tennis

**(6-12 yrs.)** Morning outdoor tennis instruction through fun drills and games that enhance coordination and improve skills. No camp July 4-5.

Location	Time	Code	Dates	\$
Nottoway Pk	9am-12pm	B55.0B4K	7/1-7/3	\$115
Nottoway Pk	9am-12pm	B55.XH8K	7/8-7/12	\$189
Nottoway Pk	9am-12pm	B55.5C2F	7/15-7/19	\$189
Nottoway Pk	9am-12pm	B55.A6VN	7/22-7/26	\$189
Nottoway Pk	9am-12pm	B55.Q6XK	7/29-8/2	\$189

## Tennis & More with JST

**(6-12 yrs.)** Join JST Athletics for morning outdoor tennis instruction through fun drills and games that help improve skills. Beat the heat with an afternoon swim break. Bring a tennis racket, one can of tennis balls and swimsuit/towel. No camp June 19.

Location	Time	Code	Dates	\$
Westfld HS	9am-4pm	TT4.YL99	6/17-6/21	\$239
Westfld HS	9am-4pm	TT4.6LI4	6/24-6/28	\$295

## Tennis Camp

**(6-13 yrs.)** Develop fundamental tennis skills through fun and challenging age-appropriate activities. Bring tennis racket, a snack and water bottle.

Location	Time	Code	Dates	\$
Franconia REC	9am-12:30pm	847.JMY8	7/22-7/26	\$229
Franconia REC	9am-12:30pm	847.SV2Q	7/29-8/2	\$229

## Total Sports Camp

**(6-13 yrs.)** Play a variety of sports such as basketball, flag football, soccer and track in this fast-paced, high-energy camp. Appropriate for boys and girls of all skill/experience levels. Camp includes a daily swim break. No camp July 4-5. Camp the week of 6/10 for non-FCPS students.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	1E1.EUSY	6/10-6/14	\$299
Franconia REC	9am-4pm	1E1.ABKK	7/1-7/3	\$179

## NEW! Volleyball Camp with Alpha Sports

**(8-12 yrs.)** Get ready to learn to Pass, Set, & Hit at Volleyball Camp with Alpha Sports. Learn the fundamentals of volleyball and participate in contests, scrimmages, and games.

Location	Time	Code	Dates	\$
WSpfldES	9am-1pm	1RG.J2TF	6/24-6/28	\$225



[www.fairfaxcounty.gov/parks/volunteer](http://www.fairfaxcounty.gov/parks/volunteer)

## Virtual Camps

### 3D Game Design with Unity

**Virtual Camp.** With Unity, an industry-grade design software, aspiring game designers will learn level editing, 3D modeling, impactful gameplay creation, as well as how to utilize scripts and variables. Projects will be available on Black Rocket's protected website. Compatible with MAC and Windows OS only and requires a 64-bit operating system.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	6BP.840T	7/15-7/19	\$179
Virtual FCPA	1pm-3:30pm	6BP.E0MU	8/5-8/9	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	YKG.E0MU	6/17-6/21	\$179

### NEW! A.I. Adventures – Intro to Machine Learning

**Virtual Camp.** Explore the world of artificial intelligence to design fully interactive games and experiences using cutting-edge technology. Combine artificial intelligence with coding to create an unforgettable learning adventure. Construct machine learning models that use image and text recognition within block-based coding software to build a portfolio of projects. Projects will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	DRV.8JRI	6/24-6/28	\$179
Virtual FCPA	9:30am-12pm	DRV.T7UA	7/22-7/26	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	9:30am-12pm	QV4.7IUN	6/24-6/28	\$179
Virtual FCPA	1pm-3:30pm	QV4.T8LW	7/22-7/26	\$179

### Beats and Jams: Digital Music Creators

**Virtual Camp.** Begin your rise to the top of the charts with digital music production. Just like today's top artists, you can design your own beats or remix a mashup of your favorite songs to become a digital composer and sound engineer. Learn to produce digital music, record sound, make sound effects and mix tracks. Created soundtracks will be available on Black Rocket's password protected website. Compatible with MAC, Windows and Chrome OS. No camp July 4. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	CXC.THU0	6/10-6/14	\$179
Virtual FCPA	9:30am-12pm	CXC.DYL7	7/1-7/5	\$145
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	WQK.6YM4	7/1-7/5	\$145

### Code Breakers Virtual Camp

**Virtual Camp.** Calling all future coders, programmers and designers! Learn the basics of coding languages like HTML, JavaScript and CSS through a series of web projects and design challenges. Projects will be available on Black Rocket's protected website. Compatible with MAC, Windows and Chrome OS. On-line camp.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	7SL.UKIH	8/19-8/23	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	9:30am-12pm	OGO.TN6G	6/24-6/28	\$179
Virtual FCPA	1pm-3:30pm	OGO.S88A	7/29-8/2	\$179

## NEW! JavaScript Developer Jam

**Virtual Camp.** Learn programming tools so powerful they seem like magic! Explore an array of core programming concepts with JavaScript by experimenting in a series of digital challenges. Program your first animated memes, then tackle more advanced skills such as interactive 3D experiences and game creation. Projects will be available Black Rocket's password protected website.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	X2H.UYQZ	7/15-7/19	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	9:30am-12pm	TLX.KYAL	8/5-8/9	\$179

## Make Your First Video Game

**Virtual Camp.** This one-of-a-kind class gives you the keys to designing your first 2D platformer game. Explore conceptualization, level design, graphics, sounds, and simple coding. No prior experience is necessary, just a desire to have fun! Student projects will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	RT9.01Q8	7/8-7/12	\$179
Virtual FCPA	1pm-3:30pm	RT9.IZJO	7/29-8/2	\$179
Virtual FCPA	9:30am-12pm	RT9.HD4R	8/19-8/23	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	9:30-12pm	P8Q.QMZV	6/24-6/28	\$179
Virtual FCPA	1pm-3:30pm	P8Q.15NP	8/19-8/23	\$179

## Minecraft Modders Virtual Camp

**Virtual Camp.** Learn scripting and logic statements as you design your first mods and customize your own Minecraft world. Create a wide variety of new elements and gameplay mechanics. Projects will be available on Black Rocket's protected website. Requires Java version of Minecraft. This online camp compatible with MAC and Windows OS only. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	9:30am-12pm	ASN.6ZNO	7/22-7/26	\$179
Virtual FCPA	1pm-3:30pm	ASN.RY3W	8/12-8/16	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	YST.B1ES	6/10-6/14	\$179

## NEW! Minecraft Redstone Engineers Virtual Camp

**Virtual Camp.** Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer. Expand your Redstone knowledge by constructing your own carnival with a variety of mini-games, roller coasters, and attractions powered by Redstone. Learn how to use Command and Structure blocks to incorporate them into your builds. Activate your skills and take your Minecraft structures to the next level! Requires Java version of Minecraft. This online camp compatible with MAC and Windows OS only.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	9:30am-12pm	HFF.XKHF	7/8-7/12	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	OVR.NYF9	7/8-7/12	\$179

### NEW! Pokemon Masters: Designers & 3D Makers Unite

**Virtual Camp.** Use your Pokemon imagination and bring your ideas to life. Create your own digital Pokemon-style custom-playing card game. Progress onto designing action figures, jewelry, and toys in professional-level modeling software. Learn how to prepare a model for 3D printing and create a design portfolio to showcase your work! No prior experience is necessary and 3D designs will be available Black Rocket's password protected website.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	9:30am-12pm	2VN.JXTA	8/12-8/16	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	JU1.E5J1	8/12-8/16	\$179

### Python Programmers Virtual Camp

**Virtual Camp.** Learn the world's fastest-growing programming language favored by Google, NASA, YouTube, and the CIA. Discover how to code with Python to create engaging apps and games. Each lesson takes you step-by-step on a programming path that will let you challenge friends with fun content. This online camp is compatible with MAC, Windows and Chrome OS. No camp July 4.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	VKC.DC9A	7/1-7/5	\$145
<b>(11-14 yrs.)</b>				
Virtual FCPA	9:30am-12pm	73P.C71P	7/22-7/26	\$179
Virtual FCPA	1pm-3:30pm	73P.OKSB	8/12-8/16	\$179

### NEW ROBLOX Coders Virtual Camp

**Virtual Camp.** Discover the Lua coding language while designing experiences in ROBLOX®. This class combines game design concepts, coding, and fun! New developers will learn to use Roblox's Studio software to reimagine the popular game genres with your own custom code. Student-created games will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	9:30am-12pm	1CJ.VN68	8/5-8/9	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	4NS.WLAW	7/15-7/19	\$179
Virtual FCPA	1pm-3:30pm	4SN.32GY	8/5-8/9	\$179

### ROBLOX Makers Virtual Camp

**Virtual Camp.** Unlock the power of ROBLOX Studio, the world creation tool used by real-world developers. Build 3D models and create an adventure in your ROBLOX world. Design characters that are brought to life with unique animations. Projects will be available on Black Rocket's protected website. This online camp is compatible with MAC and Windows OS only.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	L7T.1KYM	7/8-7/12	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	SHA.LBE1	8/19-8/23	\$179



### NEW! Video Game Animation Virtual Camp

**Virtual Camp.** Create sophisticated sprite animations using simple-to-learn techniques that you can use in any 2D editor. Squash, stretch, and shade your creations to make your characters pop! Students do not need any prior experience in game design, animation, or sketching. Student-created games will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	W8Z.BN80	6/17-6/21	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	9:30am-12pm	DK3.QMNB	6/17-6/21	\$179
Virtual FCPA	1pm-3:30pm	DK3.PFXF	7/15-7/19	\$179

### You Tube Content Creators

**Virtual Camp.** Explore the variety of content and personalities that exist on YouTube and discover how to find your own niche. Learn the do's and don'ts of the platform and practice good digital citizenship. Develop your on-camera presence with your own channel branding and professional editing skills. Take home a plan for launching your own channel with the content created in camp. Projects will be available on Black Rocket's protected website. This online camp requires a webcam and is compatible with MAC and Windows OS only.

Location	Time	Code	Dates	\$
<b>(8-11 yrs.)</b>				
Virtual FCPA	9:30am-12pm	NSJ.SMNX	7/29-8/2	\$179
<b>(11-14 yrs.)</b>				
Virtual FCPA	1pm-3:30pm	M8J.Z12U	7/8-7/12	\$179
Virtual FCPA	1pm-3:30pm	M8J.PFNK	7/29-8/2	\$179

### Virtual Chess Camp

**(6-13 yrs.)** This Magnus Chess online camp features a mix of live lessons, practice games, puzzles and tournaments. Campers are divided by skill so that everyone gets useful lessons and fair games. Everything is online, so there's no need for a physical board. No camp June 19 and July 4-5. Camps the week of June 10 for non-FCPS participants.

Location	Time	Code	Dates	\$
Virtual FCPA	9:30-12pm	AEL.K3GZ	6/10-6/14	\$169
Virtual FCPA	9:30-12pm	AEL.BR06	6/17-6/21	\$135
Virtual FCPA	9:30-12pm	AEL.QJ5J	6/24-6/28	\$169
Virtual FCPA	9:30-12pm	AEL.1JAJ	7/1-7/3	\$109
Virtual FCPA	9:30-12pm	AEL.4ZB0	7/8-7/12	\$169
Virtual FCPA	9:30-12pm	AEL.RQ8B	7/15-7/19	\$169
Virtual FCPA	9:30-12pm	AEL.CJ7K	7/22-7/26	\$169
Virtual FCPA	9:30-12pm	AEL.614C	7/29-8/2	\$169
Virtual FCPA	9:30-12pm	AEL.LN5W	8/5-8/9	\$169
Virtual FCPA	9:30-12pm	AEL.4XPX	8/12-8/16	\$169

### Adapted Camps

#### Adapted: Summer ACE & Jr. ACE

Ready to have an ACE (Adapted Camp Excitement) summer. Campers will enjoy indoor and outdoor games, arts and crafts, fitness and sports activities, cooperative games, and exciting themes. Bring a snack and drink. This camp is designed for kids with disabilities who can participate in a 4:1 ratio and must be able to maintain personal care.

Location	Time	Code	Dates	\$
<b>(6-9 yrs.) Jr ACE</b>				
RavensworthES	9am-12pm	2VE.9PD9	6/24-6/28	\$229
RavensworthES	9am-12pm	2VE.6WXQ	7/29-8/2	\$229
<b>(10-13 yrs.)</b>				
RavensworthES	1pm-4pm	V9E.4SW2	6/24-6/28	\$229
RavensworthES	1pm-4pm	V9E.YQ2Y	7/29-8/2	\$229

### NEW! Adapted Animal and Fishing Explorers

**(10-15 yrs.)** Campers will actively engage with nature by observing, catching, photographing, and releasing small critters that live in the water and woods. All gear and equipment will be provided. Fish & Explore will transport campers offsite to hike trails, wade in streams, and walk pond and lake shores to find native wildlife. This camp is designed for high-functioning children with disabilities who can participate in a 4:1 ratio, can be successfully transported to offsite locations, and can maintain personal care. Campers should wear closed-toed shoes and dress to get wet and dirty. Pack a water bottle, lunch and towel. A signed waiver form is required.

Location	Time	Code	Dates	\$
Wkfld/Moore	8:30am-4:30pm	MT0.KE87	6/24-6/28	\$475

### Adult Summer Camps

#### NEW! Adult Pickleball Camp

**(Adults)** Come and learn the exciting game of Pickleball. Pickleball is a fun, fast-paced paddle sport that combines tennis, table tennis and badminton. Join us to learn the rules of the game, the basics and practice skills. Campers will work together as a team while competing in fun, lightly competitive tournament style matches.

Location	Time	Code	Dates	\$
AnnandalePk	9am-12pm	8L7.H997	6/24-6/28	\$149
AnnandalePk	9am-12pm	8L7.IWXC	7/22-7/26	\$149
AnnandalePk	9am-12pm	8L7.M62H	7/29-8/2	\$149

#### NEW! Adult Potomac Adventures

**(Adults)** Come join our experienced instructors and immerse yourselves in the great outdoors with our all-adult 3-day adventure camp. Experience rock climbing, kayaking, hiking, and white-water rafting down the Potomac Gorge. Prior experience is not required. Bring snack, lunch, and a water bottle. No camp July 4-5.

Location	Time	Code	Dates	\$
RiverbendPk	10am-2pm	4LW.SI2C	7/1-7/3	\$350

#### NEW! Art in Nature

**(Adults.)** Immerse yourself in the outdoors while honing your artistic skills and developing a personal relationship with the natural world. Kayak the Potomac, hike along our many trails, and practice your scientific illustration skills. Explore art mediums such as sketching, watercolor, acrylic and collage. Participants will enjoy an offsite trip to a nearby museum and sculpture park. Prior art experience is NOT required; beginners welcome! Bring snack, lunch, and a water bottle. No camp July 4-5.

Location	Time	Code	Dates	\$
RiverbendPk	10am-2pm	L9J.5HEB	7/1-7/3	\$225

#### NEW! Women in the Woods

**(Adults)** Discover your inner outdoorswoman at Riverbend Park. Immerse yourself in the wilderness with our all-adult 3-day adventure camp! Learn about influential women trailblazers of the past and leave with important life skills and knowledge to survive and protect the outdoors. Activities include rock climbing along the Potomac, paddling, fire building, outdoor cooking, archery and foraging. Bring snack, lunch and a water bottle. No camp July 4-5.

Location	Time	Code	Dates	\$
RiverbendPk	10am-2pm	XIL.X4GN	7/1-7/3	\$299





# SIZZLING SUMMER Family Fun!

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### Burke Lake Park

Boat rentals, carousel, mini golf, mini train rides, ice cream parlor

### Lake Accotink Park

Boat and kayak rentals, carousel, mini golf, bike rentals, free fishing pole rentals

### Lake Fairfax Park

Boat and kayak rentals, free fishing pole rentals

### Franconia Park and Rec Center

Carousel rides, splash pad

### Frying Pan Farm Park

Farm animals, carousel, wagon rides, Country Store

### Riverbend Park

Canoe and kayak rentals, free fishing pole rentals



Find a park near you!

[www.fairfaxcounty.gov/parks/locator](http://www.fairfaxcounty.gov/parks/locator)

**WORKHOUSE**  
ARTS CENTER

## ART & THEATER SUMMER CAMPS!



**June 17 - August 12**  
**Weekly Sessions, Ages 5-18**

**Art Track:** Let your child's creativity shine as they delve into a kaleidoscope of visual arts.

**Theater Track:** Let your child's inner actor, director, and playwright soar at the Workhouse Theater.

[workhousearts.org/camps](http://workhousearts.org/camps)

# Every Body Golf School

2024 Spring and Summer Junior Golf Camps

Offered at Oakmont Golf Center

Certified instruction for boys and girls, ages 8-17 • Cost: \$289

### 5 Day Summer Junior Golf Camp

10-1 Student to pro ratio

In this camp, students will develop the skills of putting, chipping, sand shots, and full swings with both woods and irons. Rules and etiquette will also be taught. Weather permitting, students will test their skills on Oak Marr's par 3 Golf Course. Loaner clubs will be available for students who do not own a set.

- Spring Break Camp: March 25- March 29, 9am- 12:30pm
- June 17-21 ● June 24- June 28 ● July 8- 12 ● July 22- July 26
- 8am- 11:30am
- July 29- August 2 ● August 5- August 9 ● August 12- August 16
- 8 AM-11:30 AM OR 12:30 PM to 4 PM

Participants will receive:

- Daily snacks
- Diploma
- Gift pack

### 5 Day Players Camp

6-1 Student to pro ratio

This camp is intended to prepare campers for junior competitions and school teams. Emphasis will be on strategies for scoring and course management. There will be work on full swing, short game, rules and scoring. This is an excellent camp for those wishing to improve an already experienced game or to prepare to play at the high school level.

● 12:30 PM- 4 PM

June 17- June 21 ● June 24- June 28 ● July 8- July 12 ● July 22- July 26



Sign up online at [www.everybodygolf.com](http://www.everybodygolf.com) Our camps fill up quickly • Enrollment is limited



# It's Camp Time

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- ★ Led by STEM experts & educators
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## Lead By Example Tae Kwon Do

Best Camp in The Northern Virginia Area

### JOIN US FOR SUMMER CAMP

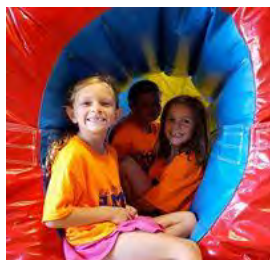
Our Camp Includes fun excursions and a life changing Tae Kwon Do Class



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**703-956-6077**



#### SOUTH RUN/SPRINGFIELD

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Springfield, VA 22153

**703-440-1100**

#### FAIR OAKS/FAIRFAX/OAKTON

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## Children's Corner

Scan the QR code to go directly to the Parktakes Online Children's Corner page.



Our specialized programs introduce babies and preschoolers to creative concepts and fun activities designed to promote coordination and social skill development. Classes and programs for preschoolers and older children also are listed in Nature, History and Gardening and other Parktakes sections. Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.



### Kids Play for Preschoolers

**(3-5 yrs.)** Registration for our popular preschool is ongoing. This licensed program, which runs September – June, includes a theme-based curriculum packed with fun, engaging and educational activities. Children must be potty trained and of the appropriate age by Sept. 30. For more details, please call Franconia or Spring Hill Rec Centers.

#### Locations:

**Franconia Rec Center 703-922-9841**  
**Spring Hill Rec Center 703-827-0989**

### Preschool on the Farm

**(3, 4, 5 yrs.)** Learning is done through play at this popular preschool, held in the schoolhouse on the farm. Children will visit the farm animals, take nature walks, make crafts, sing songs and play games. Social, emotional, and verbal skills are developed to prepare students for kindergarten. Children must be potty trained. This program is administered by Katydid, Inc. and licensed by the Virginia Department of Education. Physical exam and immunization record are required. The preschool follows Fairfax County Public Schools holiday and inclement weather schedule. Classes begin after Labor Day. Students are accepted all year on a space-available basis. Visits can be scheduled by phone: 703-689-3104 or e-mail: info@kattydidkids.com. For more information, visit www.kattydidkids.com.

**9-11:45 a.m. MW, TR, TRF, MTWF**  
**12:30-3:15 p.m. TRF, TWR, MTWRF**

### Tot Instructors Wanted

Teach what you love! Instructors are needed for story time, music, arts and crafts, sports, gymnastics and tumbling. Weekday/weekend classes, flexible schedule. Contact your local Rec Center or email instructors@fairfaxcounty.gov for an application.



### Art & Variety Classes

#### ABCs and 1-2-3s

**(2-3 yrs.)** Learning can be fun when teaching children their letters and numbers through hands-on crafts. Kids learn how to associate a sound with each letter and number from the craft they make in class. Parent must attend class with the 2- to 3-year-old age group. Additional supply fee payable to instructor.

4TF	4--45 minute lessons--\$51				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	11am	378.BMIF	6/16	4TF

#### Abrakadoodle Mini Doodlers

**(3-6 yrs.)** Ignite your child's imagination using real artists' materials, including watercolors, tempera paints, oil pastels, and creative tools. Carefully designed lessons help children develop skills while enhancing creativity. A \$30-\$40 materials fee is due at first class (checks payable to Abrakadoodle).

BTVW	6--45 minute lessons--\$131				
DTVW	8--45 minute lessons--\$161				
Location	Day	Time	Code	Begin	\$
Oakton ES	W	11:15am	498.97ZQ	6/26	BTVW
Oakton ES	W	2pm	498.YISY	6/26	BTVW
SoRunREC	Sa	12pm	498.73ZT	6/29	DTVW
SpHillREC	T	6:15pm	498.61MN	7/2	DTVW
SpHillREC	Sa	1:30pm	498.E129	7/13	BTVW

#### Abrakadoodle Twoosy Doodlers

**(20-36 mos.)** Little ones experiment with painting, gluing, sticking, printing and creating while developing fine-motor, language and self-help skills. This Abrakadoodle class, for toddlers and their parents, inspires creativity while emphasizing an I-can-do-it spirit! A \$30-\$40 materials fee is due at first class (checks payable to Abrakadoodle).

BTVW	6--45 minute lessons--\$131				
DTVW	8--45 minute lessons--\$161				
Location	Day	Time	Code	Begin	\$
Oakton ES	M	10:15am	F2D.SR8B	6/24	BTVW
Oakton ES	W	10:15am	F2D.JGCO	6/26	BTVW
Rvnswrth ES	Th	10am	F2D.4CLM	6/20	BTVW
Rvnswrth ES	Th	11am	F2D.AN14	6/20	BTVW
SoRunREC	Sa	11am	F2D.SU9A	6/29	DTVW
SpHillREC	Sa	2:30pm	F2D.U4QG	7/13	BTVW

### Animal Antics

**(2-5 yrs.)** Children enhance fine and gross motor skills in this class featuring a different animal each week. Activities include animal crafts, animal songs, animal stories and acting like an animal.

4TC	8--45 minute lessons--\$97				
Location	Day	Time	Code	Begin	\$
Oakton ES	T	4:45pm	0F1.Z7IY	6/25	4TC

### Developing DaVincis

**(3-5 yrs.)** Develop the DaVinci in your child. Children explore arts, music, science and inventing. Additional supply fee payable to instructor at first class.

4TC	8--45 minute lessons--\$97				
Location	Day	Time	Code	Begin	\$
OakmontREC	T	5:45pm	BA3.MA6A	6/25	4TC

### Preschool Picassos

**(2-5 yrs.)** Children delight in exploring their artistic abilities through projects that build self-confidence and encourage self-expression. Class projects and art media progress with age. Additional art supply fee payable to instructor at first class.

4TF	4--45 minute lessons--\$51				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	10am	0A7.GGQO	6/16	4TF

### Preschool Prep

**(2-3 yrs.)** Get ready for preschool by working on socialization and fine and gross motor skills. Concepts such as sharing, taking turns, following directions, colors and counting are introduced through a variety of music, instruments, play equipment, dancing, singing and stories. Adult participation is required.

3TE	6--45 minute lessons--\$70				
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11am	2BC.RK7Z	6/22	3TE
Oakton ES	Th	9am	2BC.GOT7	6/20	3TE
Oakton ES	Th	10am	2BC.6K1Y	6/20	3TE

### Cooking Classes

#### Magic Kitchen

**(4-6 yrs.)** Children create colorful treats while learning basic baking skills. Additional supply fee payable to the instructor at first class.

4TC	8--45 minute lessons--\$97				
Location	Day	Time	Code	Begin	\$
Oakton ES	Th	12pm	1D4.Q646	6/20	4TC

### Dance Classes

#### Baby Ballerinas

**(2-4 yrs.)** This too-cute class for the youngest pink ballerinas stretches their minds and feet. Adult must participate with child.

3TE	6--45 minute lessons--\$70				
CTVX	6--45 minute lessons--\$84				
DTVW	8--45 minute lessons--\$140				
Location	Day	Time	Code	Begin	\$
FranconiaREC	Su	9:30am	YDT.E8FW	6/30	DTVW
OakmontREC	Sa	9:15am	YDT.HT51	6/29	CTVX
OakmontREC	Sa	10:10am	YDT.RQBU	6/29	CTVX
OakmontREC	Su	9am	YDT.TE5A	6/30	CTVX
Belle Vw ES	Sa	9:30am	B1C.VJ7E	6/22	3TE
Belle Vw ES	Sa	11:30am	B1C.H33T	6/22	3TE

## Ballet & Acro

(4-5 yrs.) Children will learn basic tumbling and acro movement as well as ballet movements, terminology and flexibility.

CTVX 6--45 minute lessons--\$84					
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	11:45am	I75.T3M6	6/30	CTVX

## Ballet & Tap

Introduction to basic ballet and tap steps and movements. This is not a parent/child class.

CTVF 6--45 minute lessons--\$105					
CTVX 6--45 minute lessons--\$84					
DTVF 8--45 minute lessons--\$140					

Location	Day	Time	Code	Begin	\$
(2-3 yrs.)					
CubRunREC	Su	12:15pm	5F8.VHYO	6/30	CTVF
SoRunREC	Sa	12pm	5F8.3F2D	7/13	CTVX
SoRunREC	Su	9am	5F8.57YO	7/14	CTVX
SphillREC	Su	9am	5F8.85PY	6/30	DTVF
(3-5 yrs.)					
CubRunREC	Su	2pm	AD3.VW53	6/30	CTVX
OakmontREC	Su	10am	AD3.PNHG	6/30	CTVX
OakmontREC	Su	10:50am	AD3.I9EO	6/30	CTVX
SoRunREC	T	5:30pm	AD3.YMHL	7/09	CTVX
SphillREC	Su	9:50am	AD3.Q5WN	6/30	DTVF
Wkfld/Moore	Sa	9am	AD3.99GR	6/29	CTVX
(4-5 yrs.)					
ProvREC	Sa	9am	6C5.TP1Y	6/29	CTVX
SoRunREC	Sa	11am	6C5.YBSA	7/13	CTVX

## Combo Ballet & Hip Hop

(3-5 yrs.) Students learn the basic fundamentals of ballet and hip-hop as well as coordination, flexibility, and dance terminology.

CTVF 6--45 minute lessons--\$105					
CTVX 6--45 minute lessons--\$84					
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	1:10pm	CMH.5AM4	6/30	CTVF
OakmontREC	Su	10:55am	CMH.Y4MO	6/30	CTVX
ProvREC	Th	5:30pm	CMH.FU70	6/27	CTVX
ProvREC	Su	9:50am	CMH.H4RQ	6/30	CTVX
SoRunREC	Th	5:30pm	CMH.RFF9	7/11	CTVX
SoRunREC	Sa	10am	CMH.NH9N	7/13	CTVX
SoRunREC	Su	11am	CMH.WZ4	7/14	CTVX
Wkfld/Moore	Su	9:50am	CMH.I1SY	6/30	CTVX

## Hip Hop for Tots

(3-5 yrs.) Tots are introduced to basic hip hop steps and combinations. Class focuses on creativity, coordination, flexibility and fun. All moves are set to age-appropriate music.

CTVX 6--45 minute lessons--\$84					
DTVF 8--45 minute lessons--\$140					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	11am	370.QCE1	6/29	CTVX
SphillREC	Su	10:40am	370.N5VQ	6/30	DTVF
Wkfld/Moore	F	6pm	370.JOVE	6/28	CTVX



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FCPF

## Intro to Ballet

(3-5 yrs.) Students are introduced to the basic movement elements to build a foundation for progression in ballet. Classes ignite students' imagination through creative games and stories while focusing on muscle development, coordination, music and fun.

3TE 6--45 minute lessons--\$70					
CTVX 6--45 minute lessons--\$84					
Location	Day	Time	Code	Begin	\$
Belle Vw ES	Sa	10:30am	B1.LJA9	6/22	3TE
ProvREC	Sa	9:50am	PMD.950N	6/29	CTVX
ProvREC	Su	9am	PMD.793Z	6/30	CTVX
Wkfld/Moore	Su	9am	PMD.95HM	6/30	CTVX

## Drama & Music Classes

### Let's Make Music

(2-5 yrs.) Discover the joy of family music. Mixed-age grouping encourages children to interact together in positive playful ways. Come sing, dance, play instruments and meet other families with young children. This is a parent-child interactive course.

3TE 6--45 minute lessons--\$70					
4TC 8--45 minute lessons--\$97					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	12pm	962.8ER3	6/22	3TE
Oakton ES	Th	11am	962.VG7J	6/20	4TC

## Martial Arts Classes

### Little Ninjas

Kids develop gross motor skills and build self-confidence, attention span and listening skills in a fun learning environment. Martial arts uniforms are required. Extra fee for belt testing.

3TE 6--45 minute lessons--\$70					
4TC 8--45 minute lessons--\$97					
CTVB 8--30 minute lessons--\$92					
DMVE 10--30 minute lessons--\$107					
DMVF 10--45 minute lessons--\$108					

Location	Day	Time	Code	Begin	\$
(3 yrs.)					
LdbvExFr0ks	Sa	11am	943.YDMA	6/15	DMVE
(3-5 yrs.)					
BlkBltFFX	M	5pm	1B7.0VJ1	6/17	DMVE
BlkBltFFX	T	5pm	1B7.KBXI	6/18	DMVE
BlkBltFFX	W	5pm	1B7.VNCM	6/19	DMVE
BlkBltFFX	Th	5pm	1B7.GB1A	6/20	DMVE
(4-6 yrs.)					
CubRunREC	Su	10:15am	TSJ.731X	6/23	4TC
OakmontREC	Sa	3pm	TSJ.S05N	7/13	3TE
SoRunREC	Sa	11:15am	415.Q4R8	6/29	CTVB
LdbvExFr0ks	T	6pm	415.W4BZ	6/18	DMVF
LdbvExFr0ks	W	4:30pm	415.REEI	6/19	DMVF
LdbvExFr0ks	Th	6pm	415.Z14H	6/20	DMVF
LdbvExFr0ks	F	4:30pm	415.67VW	6/21	DMVF
LdbvExFr0ks	Sa	11:30am	415.SM2S	6/15	DMVF

### Little Ninjas II

(4-6 yrs.) Prerequisite: Little Ninjas I or equivalent. Uniforms are required.

3TE 6--45 minute lessons--\$70					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	4pm	4AF.SHWU	7/13	3TE

## Movement Classes

### Blast Off for Babies

(18-24 mos.) Fun is guaranteed when you and your tiny tot blast off in our play environment. Children love the games, songs and fingerplays. A great way to introduce youngsters to interactive play. Adults must attend class. Socks required for everyone.

3TE 6--45 minute lessons--\$70					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	15am	ABC.K85G	6/22	3TE

### Funfit Tots

A high-energy, adult/child activity class that includes songs, stories, parachutes, games, balls, and music. Develop coordination, muscle tone, balance, socialization and language skills. It is recommended that your child be walking. Adult participation is required.

CTVF 6--45 minute lessons--\$105					
Location	Day	Time	Code	Begin	\$
(11 mos.-4 yrs.)					
SphillREC	Su	9am	61F.4WAH	7/14	CTVF
(1-2 yrs.)					
SphillREC	Su	10am	D21.JMOM	7/14	CTVF
(2-3 yrs.)					
SphillREC	Su	11am	504.Z61V	7/14	CTVF

### The Tot Spot

(2-5 yrs.) This fun Baroody Camps program fuses two things children love most, music and movement, in a variety of activities to make use of their imagination. Tots venture into a world of games and sound while participating in fan favorite activities such as parachute games, dancing and obstacle courses. Kids will have a blast developing their basic motor and social skills with peers throughout.

CTVF 6--45 minute lessons--\$105					
DTVF 8--45 minute lessons--\$140					
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	12pm	U04.2ENA	6/30	CTVF
ProvREC	Sa	9am	U04.3YBZ	6/29	CTVF
ProvREC	Sa	10am	U04.6TFO	6/29	CTVF
Wkfld/Moore	Sa	9am	U04.HK2D	6/29	DTVF

## Science & Nature Classes

### Bug Walks & Critter Talks

(3-5 yrs.) Preschoolers and their adult explore the outdoors in search of nature's fascinating creatures. Through forest, stream and meadow walks, live animals, nature talks, stories and arts and crafts families develop a better understanding of and appreciation for the natural world.

4TD 5--45 minute lessons--\$65					
Location	Day	Time	Code	Begin	\$
HiddenOaks	F	10am	774.Y9CF	7/19	4TD
HiddenOaks	T	10am	774.K30G	7/23	4TD

### Dinosaurs Galore

(3-7 yrs.) Follow a naturalist as you and your child dig into dinosaurs and explore this prehistoric world. Children make a fossil to take home and dig for buried dinosaur bones. Reservations required.

R17C 1--1 hour program--\$7					
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	10:30am	871.22K7	6/29	R17C
OakmontREC	Sa	10:30am	871.NGIL	8/3	R17C



## Sports & Fitness Classes

### Beginning Athletes in Team Sports

**(4-5 yrs.)** This high-energy class introduces kids to a variety of sports including soccer, basketball and flag football, and an assortment of other activities. Kids have fun learning new sports while emphasizing teamwork.

CTVF	6--45 minute lessons--\$105
CTVJ	6--55 minute lessons--\$118
DTVF	8--45 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
Flint HL ES	Su	9:15am	FC7.JQDC	6/16	CTVF
Olde Crk ES	Sa	9am	FC7.E2HP	6/22	CTVJ
SoRunREC	W	5:30pm	FC7.02FU	7/3	DTVF
SoRunREC	W	11am	FC7.4W9I	7/3	DTVF
Sully CommCtr	F	6pm	FC7.95X0	6/21	DTVF

### Basketball

Children learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Adult participation required. Classes held at schools may be indoors.

4SM	8--55 minute lessons--\$125
CTVF	6--45 minute lessons--\$105
DTVF	8--45 minute lessons--\$140
DTVR	8--45 minute lessons--\$112

Location	Day	Time	Code	Begin	\$
<b>(4-5 yrs. with parent)</b>					
Oakton ES	Sa	9:15am	176.MBT1	6/22	CTVF
Wkfld/Moore	Sa	10am	176.YTTL	6/29	4SM
<b>(4-6 yrs. child only)</b>					
Flint HL ES	Su	11:10am	EFA.N54T	6/16	CTVF
Orng Hnt ES	Sa	9am	EFA.9A2A	7/13	CTVF
SpHillREC	Th	5pm	EFA.L4B5	6/27	DTVR
SpHillREC	Su	9am	EFA.ORTL	6/30	DTVR
SpHillREC	T	5pm	EFA.4KU3	7/2	DTVR
Wkfld/Moore	M	5:30pm	EFA.FVPH	7/1	DTVF

### Soccer I

Kids kick into action in this class emphasizing coordination through skill development and teamwork. Athletic shoes required. Bring a ball. ProvRec and classes held in the schools may be held indoors using soft soccer balls.

4SM	8--55 minute lessons--\$125
CTVF	6--45 minute lessons--\$105
DTVF	8--45 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
<b>(3 yrs.)</b>					
ProvREC	Su	9am	SFC.4Q8L	6/30	CTVF
SoRunREC	Su	9am	SFC.CAUQ	6/30	DTVF
SoRunREC	M	9:30am	SFC.H2UP	7/1	DTVF
SoRunREC	W	10am	SFC.F3VP	7/3	DTVF
<b>(4-5 yrs.)</b>					
ProvREC	Su	10am	39V.VQHB	6/30	CTVF
SoRunREC	Sa	9am	39V.5PQM	6/29	DTVF
SoRunREC	Su	10am	39V.RLL9	6/30	DTVF
SoRunREC	M	6pm	39V.F337	7/1	DTVF
SoRunREC	M	10:30am	39V.MKSF	7/1	DTVF
SoRunREC	T	5:30pm	39V.8IKM	7/2	DTVF
SpHillREC	Sa	9am	39V.BDWQ	6/29	4SM
SpHillREC	Sa	10am	39V.ZY34	6/29	4SM
SpHillREC	Su	9am	39V.JI2V	6/30	4SM
SpHillREC	Su	10am	39V.VQS5	6/30	4SM
Sully CommCtr	Th	6pm	39V.9QHY	6/20	DTVF

**MORE CLASSES ONLINE:**  
[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)



### Challenger TinyTykes Soccer-Lions

**(3-4 yrs.)** In these "Lions" classes, soccer is used to help develop balance, agility, coordination, color recognition and numerical learning. Children will increase confidence and social skills in a fun and relaxed environment. Focus is on the core technical foundations, receiving the ball, passing, and dribbling. Technical areas are also integrated such as differing foot surfaces for kicking, team play, shooting and throwing/catching.

**BSVC 5--55 minute lessons--\$87**

Location	Day	Time	Code	Begin	\$
OakmontREC	M-F	8am	38C.7Y70	6/17	BSVC
OakmontREC	M-F	8am	38C.BXGV	7/15	BSVC
OakmontREC	M-F	8am	38C.1ZIL	7/29	BSVC
SoRunREC	M-F	8am	38C.GW9K	6/17	BSVC
SoRunREC	M-F	8am	38C.ZBVI	7/15	BSVC
SoRunREC	M-F	8am	38C.MXVL	8/5	BSVC

## Tumbling & Gymnastics Classes

### Gymnastics for Preschoolers

An exciting challenge for children interested in gymnastics that incorporates creative movement, listening skills, fun gross motor development and introduces youngsters floor exercises, balance beam moves and more. Equipment varies at each site.

4TD	5--45 minute lessons--\$65
4TF	4--45 minute lessons--\$51
CTVF	6--45 minute lessons--\$105

Location	Day	Time	Code	Begin	\$
<b>(3-4 yrs.)</b>					
CubRunREC	M	5:30pm	2B8.FLYQ	6/24	4TF
CubRunREC	T	5:30pm	2B8.OSJR	6/18	4TD
OakmontREC	Sa	9:55am	BW0.7TJN	6/29	CTVF
<b>(3-5 yrs.)</b>					
OakmontREC	Sa	11:45am	UR8.WORT	6/29	CTVF
<b>(4-5 yrs.)</b>					
CubRunREC	T	6:20pm	094.0GQZ	6/18	4TD
CubRunREC	Th	6:40pm	094.BBH2	6/20	4TF
OakmontREC	Sa	10:50am	M3Q.6A4F	6/29	CTVF

### Gymnastics with Parent

**(18 mos.-3 yrs.)** An adult must participate with the child for this fun-filled class for children interested in gymnastics that incorporates creative movement, listening skills, fun gross motor development and introduces youngsters floor exercises, balance beam moves and more. Equipment varies at each site.

**CTVF 6--45 minute lessons--\$105**

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	9am	IBA.303J	6/29	CTVF

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## Dance

Scan the QR code to go directly to the Parktakes Online Dance page.



- All dance instructors have different teaching styles.
- Ballet classes require ballet attire (leotard, tights and appropriate shoes).
- For other classes, be sure to wear comfortable clothing. Any clothing requirements will be discussed at the first class.
- Check the listings for information on couples-only classes.
- Instructional aids, publications and tapes may be available for optional purchase in some classes.
- Some classes may have supply fees so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

## Wake Up &amp; Dance

**(13-Adult)** Start your day off with dance! course covers stretching, movement exercises and different styles of dance.

**3PA 8--55 minute lessons--\$105**

Location	Day	Time	Code	Begin	\$
Franconia Rec	W	6:30am	ZIH.SJEE	6/26	3PA

## Ballet &amp; Stretch

**(13-Adult)** For students who have danced before or those who wish to learn. This class is a unique combination of ballet fundamentals and stretching.

**2PA 6--55 minute lessons--\$80**

Location	Day	Time	Code	Begin	\$
Bucknell ES	Th	8pm	61A.7UE5	6/20	2PA

## Ballet I

Basic ballet fundamentals help develop self-confidence, posture and body awareness. It is recommended that students purchase shoes, leotard and tights after first session.

**2PA 6--55 minute lessons--\$80**

**3PA 8--55 minute lessons--\$105**

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
<b>(5-7 yrs.)</b>					
Belle Vw ES	Sa	12:30pm	55F.EZ2D	6/22	2PA
CubRunREC	Su	2:55pm	2BE.GDTD	6/30	BPVF
OakmontREC	Su	9am	2BE.ZMGB	6/30	BPVF
ProvREC	Th	6:30pm	2BE.FK1E	6/27	BPVF
ProvREC	Sa	10:45am	2BE.VLUR	6/29	BPVF
SoRunREC	Su	10am	2BE.SW7E	7/14	BPVF
Wkfld/Moore	Sa	9:55am	2BE.91R3	6/29	BPVF
Wkfld/Moore	T	4:30pm	2BE.LP1I	7/2	BPVF
<b>(8-12 yrs.)</b>					
OakmontREC	Su	12:45pm	VWV.Q0YA	6/30	BPVF
ProvREC	W	7pm	VWV.ZON2	7/10	BPVF
Wkfld/Moore	F	7:55pm	VWV.YI29	6/28	BPVF
<b>(13-Adult)</b>					
Wkfld/Moore	T	8pm	63B.R5CD	7/2	3PA



## Ballet &amp; Jazz

**(6-12 yrs.)** Introduction to basic steps and movements for ballet and jazz.

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
SoRunREC	Th	6:30pm	224.9Q4D	7/11	BPVF

## Jazz I

**(5-7 yrs.)** Introduction to basic moves, turns, combinations to music and visual expression of music.

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	5pm	AB9.BQFU	7/10	BPVF

## Street Jazz

**(13-Adult)** Street Jazz combines jazz, hip hop and funk. Students learn a new, upbeat choreo each week set to pop music influenced by jazz technique and street dance grooves.

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	7pm	5MC.G1LK	7/10	BPVF

## Combo Dance &amp; Tap

Students are introduced to dance forms such as ballet, jazz and tap.

**2PA 6--55 minute lessons--\$80**

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
<b>(5-8 yrs.)</b>					
OakmontREC	Su	9:50am	3A9.USQI	6/30	BPVF
SoRunREC	T	6:30pm	3A9.MSRR	7/9	BPVF
SoRunREC	Sa	1pm	3A9.TMP5	7/13	BPVF
SoRunREC	Su	12pm	3A9.565R	7/14	BPVF
<b>(6-12 yrs.)</b>					
Bucknell ES	Th	6pm	3EE.EF14	6/20	2PA
<b>(8-12 yrs.)</b>					
Wkfld/Moore	W	6pm	764.J90J	7/10	BPVF

## Combo Ballet &amp; Hip Hop

**(5-8 yrs.)** Students learn the basic fundamentals of ballet and hip-hop as well as coordination, flexibility, and dance terminology.

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	12pm	NFK.VN56	6/29	BPVF
ProvREC	Su	10:45am	NFK.F64U	6/30	BPVF
Wkfld/Moore	F	6:55pm	NFK.GGKM	6/28	BPVF
Wkfld/Moore	Su	10:45am	NFK.HRKI	6/30	BPVF

## Hip Hop I

Get into the beat with the latest street dances. These routines are great for exercise, coordination, balance and flexibility.

**2PA 6--55 minute lessons--\$80**

**BPVF 6--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
<b>(5-7 yrs.)</b>					
OakmontREC	Su	11:45am	209.8Q5G	6/30	BPVF
ProvREC	Sa	11:45am	209.2P10	6/29	BPVF
ProvREC	Su	11:45am	209.EQYI	6/30	BPVF
Wkfld/Moore	Sa	11am	209.HP3B	6/29	BPVF
Wkfld/Moore	Su	11:45am	209.LEJO	6/30	BPVF
<b>(8-13 yrs.)</b>					
OakmontREC	Su	12:50pm	085.5I7V	6/30	BPVF
Wkfld/Moore	Sa	12pm	085.NXAY	6/29	BPVF
<b>(8-17 yrs.)</b>					
Bucknell ES	Th	7pm	B4A.D9Q4	6/20	2PA
<b>(13-Adult)</b>					
OakmontREC	Sa	1:15pm	5CF.AH4C	6/29	BPVF

## Ballroom Dancing I

**(13-Adult)** This class introduces you to traditional American ballroom dance basics. Learn proper dance position and how to lead and follow. Dances include foxtrot, waltz, rumba and cha-cha. Each student must register.

**2PA 6--55 minute lessons--\$80**

**3PA 8--55 minute lessons--\$105**

Location	Day	Time	Code	Begin	\$
<b>Singles &amp; Couples</b>					
OakmontREC	Su	1pm	162.ECHO	6/30	2PA
Wkfld/Moore	T	6:30pm	162.D41Z	7/2	3PA
ProvREC	M	7:30pm	162.NXES	6/17	3PA
<b>Couples only</b>					
SpHillREC	Su	3pm	A6D.746K	6/30	3PA

## Ballroom Dancing II Singles &amp; Couples

**(13-Adult)** Prerequisite: Ballroom I or equivalent. Each student must register.

**3PA 8--55 minute lessons--\$105**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	7:30pm	956.QD4L	7/2	3PA

## Line Dancing I

**(13-Adult)** This fun and exciting class combines low, moderate and high energy dance routines from different decades. No experience or partner necessary.

**3PA 8--55 minute lessons--\$105**

**DPVN 8--55 minute lessons--\$145**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6:30pm	7D2.NX6T	6/27	3PA
Wkfld/Moore	M	6:30pm	7D2.4I4G	7/1	3PA
SpHillREC	F	5pm	W7D.BLHO	6/28	DPVN
SpHillREC	T	11am	W7D.LDWH	7/2	DPVN

**MORE CLASSES ONLINE:**  
[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)



**Line Dancing I**

**(13-Adult)** Prerequisite: Level I. Take your line dance skills up a notch with fun dances from many decades that include more complex choreography. Building on the skills learned in Level I, this class will improve agility, reaction time, and balance. No partner is necessary.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
<b>DPVN</b>	<b>8--55 minute lessons--\$145</b>

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	7:30pm	6L5.HGQ3	6/27	3PA
Wkfld/Moore	M	7:30pm	6L5.9DME	7/1	3PA
SpHillREC	F	6pm	924.H7SN	6/28	DPVN

**Swing Dance I**

**(13-Adult)** Learn basic swing and jitterbug steps. Each student must register.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	4pm	35B.8XB2	6/29	3PA

**West Coast Swing**

**(13-Adult)** Danced to slower blues music, this slotted dance allows for more freedom and playfulness while dancing with your partner, especially for the women who do expressive swivel walks and hip swings. Singles are welcome, partners are recommended.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
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Location	Day	Time	Code	Begin	\$
OakmontREC	Su	4pm	FEF.VLLT	6/30	2PA

**West Coast Swing II**

**(13-Adult)** Prerequisite: West Coast Swing I. Singles are welcome, partners are recommended. Each student must register.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
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Location	Day	Time	Code	Begin	\$
OakmontREC	Su	3pm	MD6.3JSK	6/30	2PA

**Social & Night Life Dancing (Partners)**

**(16-Adult)** Learn basic dance steps to help you survive social events. Each student must register.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	5pm	FF3.1K94	6/29	3PA

**Social Dance-Basic Survival I**

**(13-Adult)** Designed with the non-dancer in mind. Learn waltz, rumba, foxtrot, tango, swing, cha-cha and merengue basics. Partners encouraged, singles welcome. Each student must register.

<b>CPCC</b>	<b>6--1 hour 25 minute lessons--\$107</b>
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Location	Day	Time	Code	Begin	\$
RollValy ES	Th	8:30pm	6D1.UP8M	6/20	CPCC
Woodson HS	T	7pm	6D1.NZ2D	6/18	CPCC

**Social Dance-Basic Survival II**

**(13-Adult)** Prerequisite: Social Dance Basic Survival I, Ballroom I or equivalent. Continue expanding skills learned in level I. Partners encouraged, singles welcome. Each student must register.

<b>CPCC</b>	<b>6--1 hour 25 minute lessons--\$107</b>
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Location	Day	Time	Code	Begin	\$
Woodson HS	T	8:30pm	7A3.08JU	6/18	CPCC

**Beyond Basic Survival-Couples**

**(13-Adult)** For those who have completed Social Dance/Basic Survival II, Ballroom Dance II or equivalent. This class introduces additional advanced-level patterns in all dances plus additional dances. Each student must register.

<b>CPCC</b>	<b>6--1 hour 25 minute lessons--\$107</b>
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Location	Day	Time	Code	Begin	\$
RollValy ES	Th	7pm	50D.XIFA	6/20	CPCC

**Country & Western Dancing I**

**(13-Adult)** Learn the latest in basic country dancing in this fun, relaxed setting. Singles and couples welcome.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	7:30pm	706.6FOJ	6/28	3PA

**Country & Western Line Dancing****Beginning I**

**(13-Adult)** A variety of country and western line dances. Singles and couples welcome.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
<b>4PA</b>	<b>10--55 minute lessons--\$133</b>

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	4pm	607.3LI0	6/29	3PA
Frying Pan ParkW		6pm	607.3PRW	6/12	4PA
OakmontREC	Su	3pm	607.3C36	6/30	2PA

**Country & Western Line Dancing****Beginning II**

**(13-Adult)** Prerequisite: Country & Western Line Dancing Beginning I or equivalent.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
<b>4PA</b>	<b>10--55 minute lessons--\$133</b>

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	5pm	C8C.MT9P	6/29	3PA
Frying Pan ParkW		7pm	C8C.866P	6/12	4PA
OakmontREC	Su	4pm	C8C.OXQ5	6/30	2PA

**Country & Western Line Dancing****Intermediate I**

**(13-Adult)** Prerequisite: Country & Western Line Dancing Beginning II or equivalent.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
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Location	Day	Time	Code	Begin	\$
OakmontREC	Su	5pm	742.34GC	6/30	2PA



*Celebrate your Special Day*  
at Laurel Hill Golf Club or Twin Lakes Golf Course clubhouse.

Visit [www.fairfaxcounty.gov/parks/golf](http://www.fairfaxcounty.gov/parks/golf)

**Country & Western Line Dancing****Intermediate II**

**(13-Adult)** Prerequisite: Country & Western Line Dancing Intermediate I or equivalent.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
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Location	Day	Time	Code	Begin	\$
OakmontREC	Su	6pm	81E.5FHZ	6/30	2PA

**Bachata**

**(13-Adult)** Learn this popular, Dominican Republic dance that combines movements and turn patterns with some of the most exciting Argentine tango, cha-cha and salsa elements.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
ProvREC	M	6:30pm	872.B04T	6/17	3PA

**Latin Dancing I**

**(13-Adult)** Learn the basic figures and turns from the three most popular dances at salsa clubs - salsa, merengue, and bachata. Also learn how to distinguish each dance's music and how to put a little bit of style into your dancing. For singles or couples, each student must register.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
SpHillREC	Su	2pm	7BF.QNVN	6/30	3PA
Wkfld/Moore	F	6:30pm	7BF.EZK2	6/28	3PA
OakmontREC	Su	2pm	4AD.ZI37	6/30	2PA

**Salsa I Singles & Couples**

**(13-Adult)** Learn salsa basics and dance to current Latin hits. Each student must register.

<b>2PA</b>	<b>6--55 minute lessons--\$80</b>
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Location	Day	Time	Code	Begin	\$
OakmontREC	Su	5pm	375.OSVI	6/30	2PA

**Belly Dance I**

**(13-Adult)** Join the fun and get in shape while learning the magic and mystery of the oldest dance form.

<b>BPVF</b>	<b>6--55 minute lessons--\$102</b>
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Location	Day	Time	Code	Begin	\$
ProvREC	W	6pm	Y21.DPAU	7/10	BPVF
Wkfld/Moore	T	5:30pm	Y21.XL3C	7/2	BPVF

**Hula Dance-Beginning**

**(13-Adult)** Learn basic hula foot and hand motions and incorporate them into dances. Students should wear loose-fitting skirts.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
SpHillREC	Su	2pm	DA9.YVYC	6/30	3PA

**Hula Dance-Intermediate**

**(13-Adult)** Prerequisite: Hula I or equivalent. Wear loose-fitting skirts.

<b>3PA</b>	<b>8--55 minute lessons--\$105</b>
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Location	Day	Time	Code	Begin	\$
SpHillREC	Su	3pm	FAF.E68N	6/30	3PA



Fan us on Instagram  
[www.instagram.com/fairfaxparks/](https://www.instagram.com/fairfaxparks/)

## Equestrian and Farm

### FCPA Equestrian Facilities

#### Frying Pan Farm Park



2709 West Ox Road, Herndon

[www.fairfaxcounty.gov/parks/frying-pan-park](http://www.fairfaxcounty.gov/parks/frying-pan-park)

703-437-9101

- Indoor and outdoor riding arenas
  - Jump equipment
  - Dressage ring
  - Cross-country course
  - Brand-new sound system
  - Horse shows
  - State-of-the-art barns with stalls for 150 horses.
- Due to the heavy use of indoor riding arena, please call for availability and cost. Frying Pan Farm Park does not have horses for rent. For show schedules, entry forms and rental details: [www.fairfaxcounty.gov/parks/frying-pan-park/equestrian](http://www.fairfaxcounty.gov/parks/frying-pan-park/equestrian)

#### Laurel Hill Equestrian Center



9500 Furnace Road, Lorton

- Large, multi-purpose outdoor arena with all-weather footing
- Stadium jumps and dressage markers
- Trails for horse and bicycle riding
- Available dawn to dusk
- Private lessons, horse schooling and riding practice allowed
- Reservations are not required
- Use of the equestrian center is free of charge
- There are currently no horses for rent on the property

Scan the QR code to go directly to the Parktakes Online Equestrian & Farm page.



#### Turner Farm Park

925 Springvale Road, Great Falls

703-437-8261

- Former dairy farm
- Almost 40 acres of open fields enclosed by perimeter fencing
- Open for general riding
- Novice-level, cross-country course
- Water, ditch and bank complexes
- Round pen
- Large multi-purpose outdoor arena
- All-weather footing
- Stadium jumps
- Dressage markers
- Reservations are not required
- Use of the equestrian center is free of charge
- Available dawn to dusk
- May be reserved for shows or events
- There are currently no horses for rent on the property

### Equestrian Programs and Classes

Please note that if you are unable to attend class, you must notify the stable at least one day in advance.

Please check with the stable; a make-up fee may be charged. For safety reasons, students must wear riding helmets and hard-soled shoes with a heel, not athletic shoes. Student must not exceed 200 lbs.

#### Frying Pan Farm Park

All classes at Frying Pan Farm Park are taught by Spirit Open Equestrian Program, Inc. ([www.spiritequestrian.org](http://www.spiritequestrian.org)) and offer a safe and fun equestrian program for people of all ages and abilities. Classes are held outdoors and indoors depending on facility availability. All riders should arrive 15 minutes prior to class, wear long pants, shoes or boots with heels and dress for the weather. Helmets are mandatory, you may bring your own or one will be provided. All participants must fill out paperwork prior to the first class. Download forms at [www.fairfaxcounty.gov/parks/frying-pan-park/equestrian](http://www.fairfaxcounty.gov/parks/frying-pan-park/equestrian) and <https://spiritequestrian.org/documents>. Classes will be conducted with current, appropriate health and safety precautions.



#### English Style Riding Lessons

##### Horseback Riding-Beginner

(8-14 yrs.) For the student who has never taken lessons and wants to learn the basics. Student weight must not exceed 200 lbs.

CHAF 6--45 minute lessons--\$599

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Begin	\$
Frying Pan Pk	M	6pm	15F.VGYG	6/3	CHAF
Frying Pan Pk	M	7pm	15F.SQPF	6/3	CHAF
Frying Pan Pk	T	6pm	15F.7CHX	6/4	CHAF
Frying Pan Pk	T	7pm	15F.TP03	6/4	CHAF
Frying Pan Pk	Th	6pm	15F.46SN	6/6	CHAF
Frying Pan Pk	Th	7pm	15F.D77G	6/6	CHAF
Frying Pan Pk	M	6pm	15F.7800	8/5	CHAH
Frying Pan Pk	M	7pm	15F.KYC5	8/5	CHAH
Frying Pan Pk	T	6pm	15F.R3Z4	8/6	CHAH
Frying Pan Pk	T	7pm	15F.6FOI	8/6	CHAH
Frying Pan Pk	Th	6pm	15F.YR6E	8/8	CHAH
Frying Pan Pk	Th	7pm	15F.E0GN	8/8	CHAH

##### Horseback Riding Advanced Beginner

(8-14 yrs.) Prerequisite: Students must have taken Horseback Riding Beginning for three consecutive sessions. Riders will build on skills learned in level I. Student weight must not exceed 200 lbs.

CHAF 6--45 minute lessons--\$599

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Begin	\$
Frying Pan Pk	W	6pm	GR4.MAT1	6/5	CHAF
Frying Pan Pk	W	7pm	GR4.FOAN	6/5	CHAF
Frying Pan Pk	W	6pm	GR4.U4DU	8/7	CHAH
Frying Pan Pk	W	7pm	GR4.YEFE	8/7	CHAH

##### Therapeutic Horseback Riding

(4-Adult) Class is open to new and returning students and is for riders with developmental, emotional, neurological and physical disabilities. Therapeutic riding contributes positively each rider's well-being, teaching safe and effective horsemanship in a group setting. Each lesson is tailored to the rider's abilities and focuses on development of balance, gross and fine motor skills, confidence and communication. Student weight must not exceed 200 lbs. A medical form is required by SPIRIT for participation.

CHAF 6--45 minute lessons--\$599

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Begin	\$
Frying Pan Pk	M	6pm	1F7.V0FL	6/3	CHAF
Frying Pan Pk	T	6pm	1F7.J5IY	6/4	CHAF
Frying Pan Pk	W	6pm	1F7.YKC7	6/5	CHAF
Frying Pan Pk	Th	6pm	1F7.TI0S	6/6	CHAF
Frying Pan Pk	M	6pm	1F7.8V52	8/5	CHAH
Frying Pan Pk	T	6pm	1F7.WMWU	8/6	CHAH
Frying Pan Pk	W	6pm	1F7.IIXS	8/7	CHAH
Frying Pan Pk	Th	6pm	1F7.YZC5	8/8	CHAH

**REGISTER ONLINE**  
[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)



## Therapeutic Horseback Riding II

**(4-Adult)** Prerequisite: Students must have taken Therapeutic Horseback Riding I for three consecutive sessions. Advancement is based on the rider's abilities, needs and personal progress. Each lesson is tailored to the rider's abilities. Student weight must not exceed 200 lbs. A medical form is required by Spirit for participation.

**CHAF 6--45 minute lessons--\$599**

**CHAH 4--45 minute lessons--\$399**

Location	Day	Time	Code	Begin	\$
Frying Pan Pk	M	7pm	JJJ.99RV	6/3	CHAF
Frying Pan Pk	T	7pm	JJJ.7V17	6/4	CHAF
Frying Pan Pk	W	7pm	JJJ.QTAW	6/5	CHAF
Frying Pan Pk	Th	7pm	JJJ.D22T	6/6	CHAF
Frying Pan Pk	M	7pm	JJJ.M0S6	8/5	CHAH
Frying Pan Pk	T	7pm	JJJ.VQKQ	8/6	CHAH
Frying Pan Pk	W	7pm	JJJ.GCEC	8/7	CHAH
Frying Pan Pk	Th	7pm	JJJ.568B	8/8	CHAH

## Kidwell Farm at

## Frying Pan Farm Park

2709 West Ox Road, Herndon

703-437-9101

[www.fairfaxcounty.gov/parks/fryingpanpark](http://www.fairfaxcounty.gov/parks/fryingpanpark)

## Down on the Farm

Meet draft horses, chickens, peacocks, rabbits, sheep, goats, cows and pigs at Kidwell farm, Frying Pan Farm Park's 1930s era working farm. Pet the friendly farm animals, take a wagon ride or watch the farm hands at work. At the Kidwell Farm House, you can take a tour to see how farm families lived in the 1930s. Kidwell Farm is open daily from 9 a.m. to 5 p.m. More information about the park's historic schoolhouse, blacksmith shop and meeting house is available on the web. Groups are welcome, and school programs are available by appointment. Call for tour information.

## The Country Store

703-435-3710

Located in the former Vocational Agriculture Shop (c.1920), the Frying Pan Country Store is a one-stop shop with something for everyone - books of all kinds, toys, snacks and drinks, decorative items for the home and unique gifts.

## Hours:

Monday-Thursday 10 a.m.-2 p.m.  
Friday-Sunday 10 a.m.-4:30 p.m.



## Child and Parent Programs

### Little Hands on the Farm

Join us to learn about a different element of farm life each week. Children will get to spend time with a different farm animal each session. Other activities can include, story time, creating crafts and introductory level farm chores. One adult must attend with each child.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
<b>(2-3 yrs.)</b>					
Frying Pan Pk	T	9:30pm	58A.AJ8U	6/11	\$10/child
Frying Pan Pk	T	9:30am	58A.ACBZ	7/2	\$10/child
Frying Pan Pk	T	9:30am	58A.F19D	7/23	\$10/child
Frying Pan Pk	T	9:30am	58A.8TNJ	8/27	\$10/child
<b>(3-5 yrs.)</b>					
Frying Pan Pk	T	11am	100.01KW	6/11	\$10/child
Frying Pan Pk	T	11am	100.LBUJ	7/2	\$10/child
Frying Pan Pk	T	11am	100.89L5	7/23	\$10/child
Frying Pan Pk	T	11am	100.FDXL	8/27	\$10/child

## Children's Programs

### Farm Skills - Dairy

**(7-14 yrs.)** Come learn about dairy cows on one of the last working dairy farms in Fairfax County. See our cows get milked, feed our cows and dive into the history of dairy farming and what it takes to get milk to make your favorite dairy products.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	3:45pm	V35.2091	7/6	\$10/child

### Farm Skills - Animal Caretaker

**(7-14 yrs.)** Our farmers make taking care of the animals look easy. Here is your chance for a behind the scenes farm tour to see all the hard work that goes into raising our farm animals. Participants tour our feed room, visit our animal areas, meet farm

animals and learn the different management practices that we use to keep the animals happy and healthy. One adult must attend with a registered child in this program.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	3:45pm	E4D.4D16	8/17	\$10/child

### Farm Skills - Our Working Horses

**(7-14 yrs.)** Join us to learn more about and meet our resident draft horse at Frying Pan. Participants will learn about the care and feeding of the horses, what makes this breed uniquely qualified to perform heavy tasks and explore their living space in the barn and fields.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	3:45pm	ELL.DXW9	8/31	\$10/child

## Family/All Ages

### Evening Farm Tour - Beatrix Potter Night

**(4-Adult)** Come learn about this famous children's author, farmer and conservationist. Hear some Beatrix Potter tales, have a trivia game and share a snack in honor of her July birthday. We will meet some of the critters that inspired her stories and then walk through the farm and talk about her lasting contribution to land preservation. Learn a little of Frying Pan Park's preservation history too, as we bid the animals good night. All participants must be registered in the program.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	7pm	UAD.T18A	7/27	\$10/ea.





## Events

Scan the QR code to go directly to the Parktakes Online Events page.



### Sully Annual Car Show

**(All Ages)** Bring Dad out this Father's Day, June 16, to see over 200 antique cars on display. Classic cars will be judged, and trophies awarded. Included in the show will be restoration displays, cars for sale, tours of the first floor of the historic house, music, food, a children's tent and a flea market. Pre-registration will be available online for \$12 until June 14. Walk-ins are also accepted the day of at \$15.

1--full day event

Location	Day	Time	Code	Date	\$
Sully	Su	10am	0D0.54SE	6/16	\$12/ea.

# Juneteenth

celebrate freedom



**Juneteenth-Exploring our Historic Meetinghouse & Grounds**  
**Saturday, June 15 • 11 a.m.-2 p.m.**  
**Free tour**  
**Registration Recommended**  
**(All Ages)** As we celebrate Juneteenth, join us to explore the history of the free and enslaved African American members of the Frying Pan Baptist Meeting House. Ongoing tours will take you through the church, the surrounding grounds and will talk about the former location of the Lee house, home of an African American family who lived on the property and worshipped at the church after the Civil War.

**Juneteenth Celebration**  
**Wednesday, June 19 • 10 a.m.-4 p.m.**  
**Free event**  
**Sully Historic Site**  
**Registration Recommended**  
**(All Ages)** Join in a commemoration of emancipation at this special event that will feature storytelling, family activities, food and tours.



[www.fairfaxcounty.gov/parks/topics/juneteenth](http://www.fairfaxcounty.gov/parks/topics/juneteenth)

## Experience the New Woodlands Stewardship Education Center and Explore Family Fun at Ellanor C. Lawrence Park



### OPEN HOUSE

Sunday, April 28 • 1-4 p.m.

- Fun activities to engage with nature
- Hands-on exploration of the stewardship center
- Learn about and celebrate the use of reclaimed construction materials and sustainable energy and water sources
- Musical performance by Marsha from Marsha and the Positrons



For more information visit:

[www.fairfaxcounty.gov/parks/eclawrence/woodlands-stewardship-education-center](http://www.fairfaxcounty.gov/parks/eclawrence/woodlands-stewardship-education-center)

*This project was made possible thanks in part to numerous donations contributed through the Fairfax County Park Foundation.*



## PARK N' BARK

Saturday, May 11 • 1-4 p.m.

- Family fun and four-legged friends
- Fundraising event for the Ellanor C. Lawrence Park Friends
- Food and beer for purchase
- Dog-themed vendors
- Live music
- There will also be dogs for adoption!

For more information visit  
[www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence)

**Ellanor C. Lawrence Park, Walney Visitor Center**  
**5040 Walney Road, Chantilly**



# Summer Event Guide

Splash in to fun with events, programs, golf tournaments and campfires for all ages!

Saturday, April 20		
Earth Day Celebration	Sully Historic Site	pg. 80
Family Skate and Dance Nights	Franconia Rec Center	pg. 43
Sunday, April 28		
Anglers with Autism	Lake Fairfax	p. 39
Saturday, May 4		
Spring Farm Day	Frying Pan Farm Park	Online
Family Skate and Dance Nights	Franconia Rec Center	pg. 43
Sunday, May 5		
Culmore Day	Woodrow Wilson Library	pg. 120
Mill in Motion	Colvin Run Mill	pg. 89
Saturday, May 11		
Two Person Best Ball	Oakmont Golf Center	pg. 84
Saturday, May 18		
Spring Two Person Team Challenge	Burke Lake Golf Center	pg. 84
Spring Garden Day	Green Spring Gardens	pg. 78
Family Skate and Dance Nights	Franconia Rec Center	pg. 43
Sunday, May 19		
Spring Scramble Tournament	Pinecrest Golf Course	pg. 84
Wednesday, May 22		
Rec Center Open House	FCPA Rec Centers	pg. 116
Saturday, May 25		
The Water Mine Opens	The Water Mine Lake Fairfax	pg. 120
Saturday, June 1		
Fairfax Poet Laureate-Pride Month Poetry Workshop	Green Spring Gardens	pg. 79
Pond Fest	Hidden Pond Nature Center	pg. 98
Saturday, June 15		
Exploring Our Historic Meeting House & Grounds	Frying Pan Farm Park	pg. 64
Family Skate and Dance Nights	Franconia Rec Center	pg. 43
Sunday, June 16		
Sully Annual Car Show	Sully Historic Site	pg. 64
Wednesday, June 19		
Juneteenth Celebration	Sully Historic Site	pg. 64
Thursday, June 20		
Concert in the Garden	Green Spring Gardens	pg. 79
Friday, June 21		
Summer Solstice Campfire	Hidden Oaks Nature Center	pg. 101
Saturday, June 29		
Fireworks, Food and Family Fun!	Lake Fairfax Park	pg. 66
Friday, July 5		
Dairy Days - Ice Cream and Butter Making	Sully Historic Site	pg. 89
Sunday, July 28		
Stolen History - Lecture and Tea	Green Spring Gardens	pg. 90
Thursday-Sunday, August 1-4		
4 H Fair and Carnival	Frying Pan Farm Park	pg. 67
Saturday, August 17		
Annual Begonia Show	Green Spring Gardens	pg. 79
Saturday, September 7		
Dog Daze at the Water Mine	The Water Mine Lake Fairfax	pg. 107



## The Wonder Wagon is Rolling!

Join the mobile nature center in a free exploration of nature at a park near you!

- Fun, guided activities like catching bugs, observing birds and exploring plants and animals
- Find the beauty of nature in all environments

To see where we are rolling to next with our calendar of events at [www.fairfaxcounty.gov/parks/wonder-wagon](http://www.fairfaxcounty.gov/parks/wonder-wagon)



The Wonder Wagon is made possible by The Community Foundation for Northern Virginia support, the National Park Service and donations from organizations and individuals to the Fairfax County Park Foundation.





## FIREWORKS, FOOD AND FAMILY FUN!

**Saturday, June 29, 2024**

**Noon - 10 p.m.**

**Fireworks at 9:15 p.m.**

*Park closes to new arrivals at 8:45 p.m.*

*Don't get stuck in line!*

*Beat the last minute rush and come early.*

**Lake Fairfax Park**

**Event admission is free**

**Parking is \$15 per vehicle in advance**

**and \$20 at the gate**

**(bikes and pedestrians are free)**

**Online ticketing ends at midnight (11:59 p.m.) on June 27.**

**Food Trucks**

**Water Mine Water Park**

**11 a.m.-6 p.m.**

*Come early as Water Mine reaches capacity early.*



### LAKE FAIRFAX PARK

1400 Lake Fairfax Dr. Reston (near the Water Mine)

For event information, visit [www.fairfaxcounty.gov/parks/lake-fairfax](http://www.fairfaxcounty.gov/parks/lake-fairfax)



The Fairfax County Park Authority has a variety of beautiful outdoor facilities available for your next event! For information about our reservable areas, fees, amenities, availability and booking, visit [www.fairfaxcounty.gov/parks/picnics](http://www.fairfaxcounty.gov/parks/picnics)

For help planning your event, email [FCPApicnics@fairfaxcounty.gov](mailto:FCPApicnics@fairfaxcounty.gov) or call 703-324-8732.



Ice cream enthusiasts of all ages can rejoice that July is National Ice Cream Month, but there's no sweeter way to celebrate than in the park! Whether in a cone, a cup or sandwiched between cookies, the Fairfax County Park Authority offers a variety of ways to embrace one of life's simple, chilly pleasures.

- Visit the Burke Lake Ice Cream Parlor
- Savor the flavor with park programs
- Dairy Days-create ice cream and butter
- Enjoy a Garden Tour coupled with ice cream
- Cool down with frozen treat at the golf courses

**ENJOY NATIONAL ICE CREAM MONTH WITH TWO SCOOPS AT THE PARK!**



Get the inside scoop by visiting [www.fairfaxcounty.gov/parks/event-highlights](http://www.fairfaxcounty.gov/parks/event-highlights)



# Frying Pan Farm Park

August 1-4, 2024

## FAIRFAX COUNTY 4-H FAIR & CARNIVAL

- Old-Fashioned Family Fun
- Carnival Games & Rides
- Tractor Demos
- 4-H Exhibits & Shows
- Fair Food
- Live Entertainment
- Visit Farm Animals

**Big Truck  
Night**  
Friday August 2  
5-7 p.m.

*\$10 Parking Fee Friday night  
starting at 4 p.m. through Sunday*

**Tickets and information:**  
[www.fairfaxcounty.gov/parks/4H-Fair](http://www.fairfaxcounty.gov/parks/4H-Fair)



For Inclusion and ADA Support, call 703-324-8563. TTY Va. Relay 711



## SIZZLING SUMMER Family Fun!

### in Fairfax County Parks

You don't have to travel too far for family adventure. Take a family boating excursion, savor ice cream, visit real farm animals, hop on a wagon ride or take a spin on a carousel. Adventure awaits in your neighborhood park!

#### Burke Lake Park

Boat rentals, carousel, mini golf, mini train rides, ice cream parlor

#### Lake Accotink Park

Boat and kayak rentals, carousel, mini golf, bike rentals, free fishing pole rentals

#### Lake Fairfax Park

Boat and kayak rentals, free fishing pole rentals

#### Franconia Park and Rec Center

Carousel rides, splash pad

#### Frying Pan Farm Park

Farm animals, carousel, wagon rides, Country Store

#### Riverbend Park

Canoe and kayak rentals, free fishing pole rentals



**Find a park near you!**

[www.fairfaxcounty.gov/parks/locator](http://www.fairfaxcounty.gov/parks/locator)



**FREE!**



*Live performances  
June 1 thru August 31, 2024!*

# FAIRFAX COUNTY PARK AUTHORITY Summer Entertainment Series 2024

## ARTS in the PARKS A Free Children's Entertainment Series

Saturdays, June 15-August 17 • 10 a.m.  
Burke Lake, Ellanor C. Lawrence Amphitheater  
Mason District Park Amphitheater, Wakefield Park  
Saturdays, June 15-August 17 • 6 p.m. • Mosaic District  
Wednesdays, June 19-August 14 • 10 a.m. • Frying Pan Farm Park  
Saturdays, August 3-24 • 7 p.m. • Sully Historic Site

## Braddock Nights

Fridays, July 5-August 16 • 7:30 p.m.  
Lake Accotink Park, Royal Lake Park

## Evenings on the Ellipse

Thursdays, July 11-August 15 • 5:30 p.m.  
Fairfax County Government Center

## Franconia Nights

Wednesdays, July 3-August 21 • 7:30 p.m.  
Franconia Park District Park

## HUNTER MILL MELODIES

Thursdays, July 11-August 15 • 7:30 p.m.  
Frying Pan Farm Park

**For a schedule of performances, visit [www.fairfaxcounty.gov/parks/performances](http://www.fairfaxcounty.gov/parks/performances)**

The Summer Entertainment Series performances are possible thanks to the Fairfax County Park Authority, Board of Supervisors, volunteers and the many individuals, businesses and corporations who sponsored the series through the Fairfax County Park Foundation.

Performances are held outdoors, bring lawn chairs. In case of inclement weather call the concert hotline at 703-324-7469 before leaving home. Cancellations are posted one hour prior to the show time.



123 Andrés  
(6/19 – Frying Pan Farm Park)



Ballet Folklórico Boliviano Nuestras Raíces  
(7/13 - Ossian Hall Park)



Bela Dona Band  
(7/27 – Workhouse Art Center)





The United States Navy Band Commodores  
(7/26 – Mason District Park)



Pablo Perez El Alcalde de La Salsa  
(7/31 – Franconia District Park)



Bill Kirchen  
(8/2 – Royal Lake Park)

## MOUNT VERNON NIGHTS

Fridays, June 7-August 30 • 7:30 p.m. • Grist Mill Park  
Saturdays, June 1-August 24 • 7:30 p.m.  
Workhouse Arts Center

## Music at Arrowbrook Centre Park



Saturdays, July 13-August 31 • 7:30 p.m.  
Arrowbrook Centre Park

## Providence Presents



Thursdays, July 11-August 15 • 7:30 p.m.  
Nottoway Park  
Saturdays, June 15-August 17 • 6 p.m.  
Mosaic Live! at Mosaic District

## Spotlight by Starlight

Wednesdays, Fridays and Sundays  
June 14-August 18 • 7:30 p.m. • Mason District Park  
Saturdays, June 15-August 17 • 7:30 p.m.  
Ossian Hall Park

## Springfield Nights



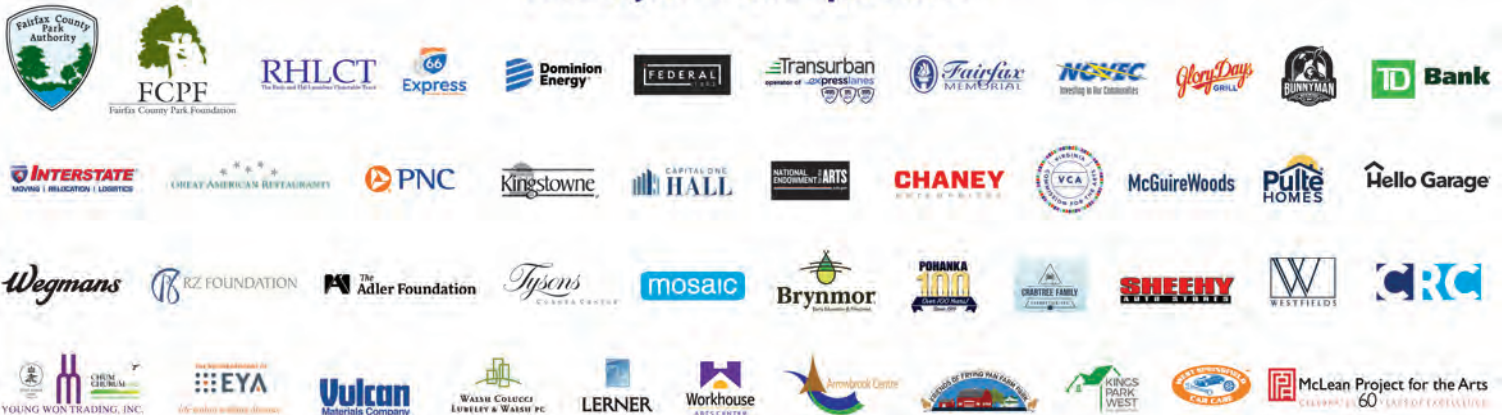
Wednesdays, June 26-August 21 • 7 p.m.  
Burke Lake Park

## Starlight Cinema



Fridays, August 3, 10, 17 and 24  
Gates open - 6 p.m. • Children's show - 7 p.m.  
Family Movie starts at dark • Sully Historic Site

## Thank you to our sponsors!



Anonymous Donors • Canterbury Woods Civic Association • Family & Friends of Bob Lydick • Hilltop Sand and Gravel • Supporters of Mason District Park



## Exercise and Physical Fitness

Scan the QR code to go directly to the Parktakes Online Exercise and Physical Fitness page.



Our Fitness and Wellness team is dedicated to putting fun in fitness. Whether you pay the daily Rec Center admission fee or purchase a longer-term pass, your admission entitles you to the variety and convenience of more than 300 drop-in classes a week. Rec Centers also offer specialty classes for an additional registration fee.

### Rec Center Membership Pass

- No initiation fee. Convenient pass options available. Visit <http://go.usa.gov/5TK> for a list of rates.
- More than 300 drop-in fitness classes per week. Visit <http://go.usa.gov/52S> to see the list.
- Access to all Rec Center fitness centers fully equipped with Cybex strength equipment and a variety of cardiovascular machines.
- Pass privileges also include use of pools and admission to selected special events.
- Visit [www.fairfaxcounty.gov/parks/passes](http://www.fairfaxcounty.gov/parks/passes) for more information.

### Personal Training

Our trainers' expert guidance and education can remove obstacles and help you reach your potential by:

- Using the latest training techniques to overcome plateaus and jumpstart your workout.
- Providing accountability and motivating you on the fast track to your desired results.
- Helping with a specific illness, injury or conditions.
- Providing sports-specific training to improve your performance.

Invest in your future fitness and enjoy the healthy payoff of working with one of our dedicated trainers. Small-group and private lessons in Pilates/reformer, yoga, TRX suspension training, and sports-specific conditioning available. For more information, visit <http://go.usa.gov/5Tg> or call your local Rec Center.

## Group Muscular Strength and Conditioning

### Body Sculpting

**(13-Adult)** A lighter total body workout open to all levels of participants, this class focuses on general muscle conditioning.

4EA		5--55 minute lessons--\$67			
Location	Day	Time	Code	Begin	\$
OakmontREC	Th	8am	8B3.EJY6	7/11	4EA

### BODYPUMP

**(13-Adult)** BODYPUMP is the original barbell class that strengthens your entire body. Challenge all of your major muscle groups by using the best weight-room exercises like squats, presses, lifts and curls. Senior discount does not apply to these lessons.

3ECA		8--55 minute lessons--\$119			
Location	Day	Time	Code	Begin	\$
ProvREC	M	6pm	A90.D1ZX	7/8	3ECA
ProvREC	W	6pm	A90.U4MZ	7/10	3ECA
SoRunREC	M	7pm	A90.1CXM	7/8	3ECA
SoRunREC	W	7pm	A90.CEPL	7/10	3ECA
SoRunREC	Sa	8am	A90.UAIO	7/13	3ECA



### Fitness for Women

**(16-Adult)** This specialized program delivers a female-friendly fitness makeover.

3ED		8--55 minute lessons--\$109			
Location	Day	Time	Code	Begin	\$
SpHillREC	Su	5pm	41C.XHCD	7/14	3ED

### Fitness for Seniors

**(60 yrs.+)** Class is designed to help students build greater strength, flexibility and cardiovascular endurance by using weights, bands and low-to moderate-intensity aerobics.

3EC		16--55 minute lessons--\$209			
3EB		8--55 minute lessons--\$104			
4EA		5--55 minute lessons--\$67			
Location	Day	Time	Code	Begin	\$
CubRunREC	T	8am	1A0.KVYR	7/9	3EB
CubRunREC	T	12pm	1A0.AY60	7/9	3EB
OakmontREC	T	8am	1A0.YDHJ	7/9	4EA
OakmontREC	F	8am	1A0.BZOA	7/12	4EA
ProvREC	T/Th	8:30am	1A0.NQ1Y	7/9	3EC
SpHillREC	T	12pm	1A0.BBNC	7/9	3EB
SpHillREC	F	11am	1A0.2SHZ	7/12	3EB

### Kettlebell Training

**(16-Adult)** Kettlebell training is an excellent way to burn fat while building strength and power with just the right amount of controlled, explosive movement. Learn how to safely execute kettlebell technique and how to make appropriate modifications that work every major muscle group.

3ED		8--55 minute lessons--\$109			
Location	Day	Time	Code	Begin	\$
SpHillREC	T	7pm	81F.7BBG	7/9	3ED

### Total Body Conditioning

**(60 yrs.+)** For students who want to add variety to their exercise program. Improve agility, balance and

coordination, while increasing muscular endurance and strength.

4EA		5--55 minute lessons--\$67			
Location	Day	Time	Code	Begin	\$
OakmontREC	M	12pm	FOC.G9E4	7/8	4EA
OakmontREC	Th	10:30am	FOC.UYEU	7/11	4EA

### TRX Suspension Training

**(13-Adult)** TRX suspension training uses individual body weight, gravity and suspension tools in an exciting way to get a whole new workout. Senior discount does not apply to these lessons.

3ECA		8--55 minute lessons--\$119			
Location	Day	Time	Code	Begin	\$
SoRunREC	Th	7pm	35C.2B6N	7/11	3ECA
SpHillREC	Su	3:30pm	35C.Y7AM	7/14	3ECA
Wkfld/Moore	T	9am	35C.TJFJ	7/9	3ECA
Wkfld/Moore	W	7pm	35C.92W9	7/10	3ECA
Wkfld/Moore	Th	7pm	35C.2WSC	7/11	3ECA

### Weight Training

These classes are a great introduction to weight-training and combine educational topics (from safety, tips, and techniques to muscle groups and workout planning) with hands-on practice to learn proper form. Exercises and equipment covered will vary by location, with modifications for a variety of abilities.

3EX		8--55 minute lessons--\$132			
Location	Day	Time	Code	Begin	\$
<b>(Co-ed 16-Adult)</b>					
SoRunREC	Sa	3pm	BB2.657U	7/13	3EX
SoRunREC	Th	6:30pm	BB2.HUVA	7/11	3EX
<b>(Ladies only 16-Adult)</b>					
SoRunREC	Su	9am	9EA.CHK4	7/14	3EX
SpHillREC	F	12pm	9EA.P6EV	7/12	3EX
<b>(Co-ed 60 yrs.+)</b>					
SoRunREC	W	5pm	503.IMOQ	7/10	3EX
SpHillREC	Th	12pm	503.6SJA	7/11	3EX



**Weight Training for Teens**

**(12-15 yrs.)** Learn proper equipment use, techniques and safety along with stretching, strength and endurance exercises. Students who complete a final test are issued a weight room pass (to be used with admission) that entitles them to use the weight room without adult supervision.

3EW	4--55 minute lessons--\$66				
4EW	5--55 minute lessons--\$85				
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10am	E8B.POV3	7/13	4EW
OakmontREC	Th	5pm	E8B.OJT6	7/11	4EW
OakmontREC	Th	5pm	E8B.POYJ	7/11	4EW
ProvREC	W	3:30pm	E8B.DLWV	7/17	4EW
SoRunREC	Sa	4pm	E8B.RE4H	7/13	4EW
SoRunREC	Su	10am	E8B.G49A	7/14	4EW
SpHillREC	M-F	4pm	E8B.QW7F	7/8	4EW
SpHillREC	Su	5pm	E8B.DDCD	7/14	3EW
SpHillREC	W	4pm	E8B.JHKB	08/7	3EW
SpHillREC	Su	5pm	E8B.3Q3Q	08/11	3EW

**Free Weight Training**

**(16-Adult)** Learn proper techniques, safety and stretches to give you a great workout using free weights. This class focuses the upper body.

4EW	5--55 minute lessons--\$85				
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	5pm	52C.04UD	7/13	4EW

**Pickleball Conditioning**

**(60 yrs.+)** Improve your game and learn how to reduce the risk of injuries related to this popular sport. Exercises presented will help improve your agility, balance, strength, coordination, and range of motion.

3ED	8--55 minute lessons--\$109				
Location	Day	Time	Code	Begin	\$
SpHillREC	W	1pm	FJE.U3UZ	7/10	3ED

**Group Aerobic Exercise****Barre Workout**

**(13-Adult)** This class incorporates ballet exercises, barres and light weights to help you tone and define your muscles. Learn the secrets of dancers for a totally toned body. Barre techniques class highly recommended prior to this program. Socks required.

3EB	8--55 minute lessons--\$104				
4EA	5--55 minute lessons--\$67				
Location	Day	Time	Code	Begin	\$
OakmontREC	M	7am	3BF.Q2AR	7/8	4EA
SoRunREC	W	9:30am	3BF.O66G	7/10	3EB
SoRunREC	Sa	8am	3BF.RPFR	7/13	3EB
SpHillREC	Sa	10am	3BF.G2TL	7/13	3EB

**Body Combat**

**(13-Adult)** This is a high-energy, martial arts-inspired, non-contact workout. Punch, kick and strike your way to fitness! Please bring a water bottle and towel to class.

3EB	8--55 minute lessons--\$104				
Location	Day	Time	Code	Begin	\$
SoRunREC	Th	5pm	45Q.5HGZ	7/11	3EB
SoRunREC	Th	6:30pm	45Q.8SZD	7/11	3EB



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**fairfaxparks**



# Improving Health and Wellness One Personal Training Session at a Time

Personal training makes a real difference, leading to better balance and endurance, increasing energy and strength and improving flexibility and agility. Personal trainers provide expert recommendations on a routine that will meet your fitness goals while keeping in mind your physical background and where you are in your health and wellness journey.

"If someone is motivated to participate in training and willing to make the financial investment, many positive benefits will result," says Daniel, a 6-year participant in personal training at Providence Rec Center. The program allows people to take advantage of a trainer's expertise, to develop a more systematic approach to their fitness routine and to increase the scope of their physical training. Through the program, Daniel can focus on different muscle groups and build in some physical therapy exercises.

"If you need one-on-one attention and want to improve your workout, personal training is the answer," says Min, who has had a personal trainer for about a year. Working with a trainer has helped her push herself.

Ann has been working with a personal trainer since 2018 and has seen great improvements in her strength, balance and range of motion. Fairfax County Park Authority trainers have helped Ann "achieve much more than I would on my own," she says. This includes a thorough understanding of the purpose of specific pieces of equipment and "their proper use," she says.

Fay has used a personal trainer for more than 20 years, starting after her doctor recommended it as a way to improve bone density. "The benefits over the short and long term are incalculable," she says. Fay has seen an increase in her energy, been able to maintain her bone density, started practicing healthier habits and felt an overall sense of well-being since beginning to work with personal trainers.

To learn more about personal training or to sign up, visit [www.fairfaxcounty.gov/parks/reccenter/personal-training](http://www.fairfaxcounty.gov/parks/reccenter/personal-training).



# Exercise and Physical Fitness

## Cardio Kickboxing

**(13-Adult)** This high-energy cardio class tones your entire body plus teaches you self-defense tactics. No contact required.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
ProvREC	T	6:30pm	7C5.EN2V	7/9	3EB
ProvREC	Th	6:30pm	7C5.JS02	7/11	3EB

## Crew

**(13-Adult)** This class offers a non-impact, cardiovascular workout that strengthens the upper and lower body while burning a significant amount of calories. Rowers are provided.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
CubRunREC	W	9am	022.XJ7P	7/10	3EB
CubRunREC	W	11am	022.OWEB	7/10	3EB

## Cycle Spin

**(13-Adult)** Ride your way to a stronger, leaner body. This group exercise program using stationary spin bike for a great cardio workout. Please bring a water bottle and towel to class.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
ProvREC	M	6pm	EJ.J.FPPY	7/8	3EB
SoRunREC	T	6pm	EJ.J.A9RZ	7/9	3EB
SoRunREC	W	6:05pm	EJ.J.YFQ9	7/10	3EB
SoRunREC	Th	7pm	EJ.J.MP06	7/11	3EB
SoRunREC	Sa	9am	EJ.J.KZ35	7/13	3EB
SoRunREC	Su	3:45pm	EJ.J.QCVG	7/14	3EB

## Zumba

**(13-Adult)** Dance themes combined with dynamic music turn fitness into a party! Maximize caloric output and tone your body using easy-to-follow dance steps. All levels welcome.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
SoRunREC	M	8pm	69F.XZA1	7/8	3EB
SoRunREC	W	8pm	69F.2ARA	7/10	3EB
SoRunREC	Sa	9am	69F.1HT2	7/13	3EB
Wkfld/Moore	F	9am	69F.44CN	7/12	3EB

## Zumba Gold

**(60 yrs.+)** Class features the same great Latin music and dance styles as Zumba but at a slower pace. This is a safe, easy way to do a great total body workout.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
ProvREC	M	10:30am	8F6.6FHQ	7/8	3EB
ProvREC	W	10:30am	8F6.9D0D	7/10	3EB
ProvREC	F	11am	8F6.AM8Q	7/12	3EB
SpHillREC	Th	10am	8F6.L4X6	7/11	3EB
Wkfld/Moore	Th	9am	8F6.ZVVO	7/11	3EB

## Alternative Exercise

### Baby & Me Yoga

**(Adults)** This class is designed for caregivers and babies ages 6 weeks through crawling. Classes provide the opportunity to practice yoga with your baby and build community while doing poses that allow you to connect to your breath, body, and little one.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
CubRunREC	W	11am	BC3.LORM	7/10	3EB

## Balance and Beyond

**(55 yrs.+)** Certified balance and mobility specialists help you enhance mobility, strength and flexibility. Advanced techniques from the FallProof fall prevention program are incorporated to improve wellness.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
SpHillREC	M	11am	FDD.ULSP	7/8	3EB

## Chair Yoga

**(13-Adult)** This gentle yoga class is for those who are unable to get up and down off the floor or who want the extra support of a chair. Students coordinate breath with movement and perform stretches, relaxation techniques and meditation/concentration exercises while using a chair for support.

3EB 4EA 8--55 minute lessons--\$104 5--55 minute lessons--\$67					
Location	Day	Time	Code	Begin	\$
OakmontREC	Th	1pm	ED6.WRPR	7/11	4EA
SoRunREC	T	3:05pm	ED6.270E	7/9	3EB
SoRunREC	Th	11:15am	ED6.B6UC	7/11	3EB
Wkfld/Moore	M	1pm	ED6.1XL9	7/8	3EB
Wkfld/Moore	T	9:15am	ED6.NNTP	7/9	3EB

## Gentle Yoga

**(13-Adult)** Gentle stretches, yoga postures and breathing techniques increase flexibility and strength for those desiring a slower pace. This gentle practice may be suitable for individuals returning from illness or injury or those with physical challenges.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
CubRunREC	W	9am	21C.IPFY	7/10	3EB
ProvREC	T	5:30pm	21C.11TP	7/9	3EB
SoRunREC	T	2pm	21C.1WNX	7/9	3EB
SoRunREC	Th	10am	21C.6YYR	7/11	3EB
Wkfld/Moore	T	6pm	21C.48K2	7/9	3EB
Wkfld/Moore	T	10:30am	21C.G1NB	7/9	3EB
Wkfld/Moore	F	11am	21C.ZW2C	7/12	3EB

## Hatha Yoga I

**(13-Adult)** Learn basic yoga postures as you gain more strength and flexibility while using different breathing techniques. This class is designed to help improve your posture and bring you relaxation. Please bring a mat and towel to class.

3EB 4EA 4EH 8--55 minute lessons--\$104 5--55 minute lessons--\$67 5--1 hour 55 minute lessons--\$130					
Location	Day	Time	Code	Begin	\$
Franconia Rec	M	6pm	C21.SEM0	7/8	3EB
Franconia Rec	F	10:30am	C21.8VGN	7/12	3EB
Franconia Rec	Su	10:30am	C21.LGBF	7/14	3EB
OakmontREC	M	9:30am	C21.IEOK	7/8	4EA
OakmontREC	T	6pm	C21.XRE7	7/9	4EH
OakmontREC	Th	10:15am	C21.AT1F	7/11	4EH
OakmontREC	Su	10:30am	C21.5EMU	7/14	4EH
ProvREC	Th	5:30pm	C21.45KM	7/11	3EB
SoRunREC	T	8pm	C21.KS2X	7/9	3EB
SoRunREC	T	9am	C21.00GJ	7/9	3EB
SoRunREC	W	7pm	C21.08U4	7/10	3EB
SoRunREC	W	10:30am	C21.A15M	7/10	3EB
SoRunREC	Su	5pm	C21.8RY0	7/14	3EB
Wkfld/Moore	T	12pm	C21.FYKX	7/9	3EB
Wkfld/Moore	W	7pm	C21.WCDS	7/10	3EB



On Sale May 1-31, 2024

## Enjoy 15% Off Annual Memberships

- Access to all Rec Centers
- Track
- Virtual and Drop-In Fitness Classes
- Pools, Spas and Saunas
- Basketball and Racquetball Courts
- Strength Equipment, Cardio Equipment and Free Weights
- Fitness Center Orientations
- Drop-In Pickleball

Amenities vary by location.



FAIRFAX COUNTY PARK AUTHORITY  
**REC CENTERS**

A wealth of recreational opportunities await you!



Available at all Park Authority Rec Centers and online at [www.fairfaxcounty.gov/parks/passes](http://www.fairfaxcounty.gov/parks/passes)

AUDREY MOORE, Annandale • CUB RUN, Chantilly • GEORGE WASHINGTON, Alexandria • FRANCONIA, Franconia  
OAKMONT, Oakton • PROVIDENCE, Falls Church • SOUTH RUN, Springfield • SPRING HILL, McLean



## Hatha Yoga II

**(13-Adult)** Prerequisite: Hatha Yoga I or equivalent. Please bring a mat and towel to class.

3EB 8--55 minute lessons--\$104						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Th	7pm	19F.7QLB	7/11	3EB	
Wkfld/Moore	Th	7pm	19F.3PTP	7/11	3EB	

## Hatha Combo

**(13-Adult)** Focus on basic yoga postures in this multi-level class. Practice includes varying levels with modifications to postures based on student experience. Please bring a mat and towel to class.

3EE 8--1 hour 25 minute lessons--\$156						
Location	Day	Time	Code	Begin	\$	
Frying Pan Pk	M	7pm	F3F.JW6C	7/8	3EE	

## Gentle Pilates

**(13-Adult)** Loosen the joints and spine and create new movement opportunities gently in a class designed to support special needs and abilities of the practitioner. Use basic Pilates principles, working from the inside out and integrating mind, breath and body to leave this class renewed and reinvigorated.

4EA 5--55 minute lessons--\$67						
Location	Day	Time	Code	Begin	\$	
OakmontREC	W	3:30pm	F82.Q9VZ	7/10	4EA	
OakmontREC	F	7am	F82.FBOD	7/12	4EA	

## Pilates

**(13-Adult)** Practice classical exercise sequences based on Pilates method. Focus on core control, alignment and breathing to properly execute exercises that strengthen and lengthen the body.

3EB 8--55 minute lessons--\$104						
3EJ 4--55 minute lessons--\$53						
4EA 5--55 minute lessons--\$67						

Location	Day	Time	Code	Begin	\$	
CubRunREC	W	5pm	16E.IBIS	7/10	3EB	
CubRunREC	Sa	8am	16E.T16Q	7/13	3EB	
Franconia Rec	W	5:30pm	16E.X5XS	7/10	3EJ	
Franconia Rec	W	5:30pm	16E.GWZU	08/7	3EJ	
OakmontREC	W	9am	16E.OFGJ	7/10	4EA	
SoRunREC	Th	6pm	16E.2YLK	7/11	3EB	
SoRunREC	F	7pm	16E.PUDI	7/12	3EB	
SoRunREC	Su	5pm	16E.TBDQ	7/14	3EB	
SpHillREC	T	10am	16E.9YLC	7/9	3EB	
SpHillREC	Th	10am	16E.PYZS	7/11	3EB	

## Gentle Pilates Allegro Reformer

**(13-Adult)** Pilates lessons on a special apparatus that provides various resistance levels within a full range of motion. These gentle lessons help loosen the joints and spine and create new movement opportunities, balance, and flexibility in a class designed to support the special needs and abilities of the practitioner. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$172						
Location	Day	Time	Code	Begin	\$	
SpHillREC	F	11am	78C.L362	7/12	3EAA	
SpHillREC	F	12pm	78C.4SFT	7/12	3EAA	
SpHillREC	Sa	11am	78C.CUVZ	7/13	3EAA	

## Pilates Allegro Reformer Lessons

**(13-Adult)** Pilates lessons on a special apparatus that provides various levels of resistance within the full range of motion. Private lessons stretch and strengthen your entire body and help you develop body muscle balance, flexibility, agility and bone density. Intro to Pilates Mat recommended. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$172						
3EAB 4--55 minute lessons--\$85						
Location	Day	Time	Code	Begin	\$	
CubRunREC	M	6pm	08E.IYCO	7/8	3EAA	
CubRunREC	M	9:45am	08E.TDHS	7/8	3EAA	
CubRunREC	T	5:45pm	08E.F1I8	7/9	3EAA	
CubRunREC	T	9am	08E.G78N	7/9	3EAA	
CubRunREC	T	10am	08E.4R2E	7/9	3EAA	
CubRunREC	T	11am	08E.YUOC	7/9	3EAA	
CubRunREC	W	10am	08E.XBME	7/10	3EAA	
CubRunREC	Su	9:30am	08E.TDYG	7/14	3EAA	
CubRunREC	Su	10:45am	08E.A002	7/14	3EAA	
Franconia Rec	M	6:30pm	08E.LY2X	7/8	3EAB	
Franconia Rec	M	7:30pm	08E.0EBA	7/8	3EAB	
Franconia Rec	W	6:30am	08E.0LLH	7/10	3EAB	
Franconia Rec	W	10am	08E.L19R	7/10	3EAB	
Franconia Rec	Su	5:30pm	08E.S41Z	7/14	3EAB	
ProvREC	M	10:30am	08E.3UBH	7/8	3EAB	
ProvREC	T	6pm	08E.5HEK	7/9	3EAA	
ProvREC	T	10:30am	08E.EP6R	7/9	3EAA	
ProvREC	Th	10:30am	08E.T029	7/11	3EAA	
ProvREC	Th	11:30am	08E.KLFC	7/11	3EAA	
ProvREC	Su	9am	08E.QJFU	7/14	3EAA	
SoRunREC	M	5pm	08E.4I98	7/8	3EAA	
SoRunREC	M	6pm	08E.XAD1	7/8	3EAA	
SoRunREC	W	11:30am	08E.1T5W	7/10	3EAA	
SoRunREC	W	12:30pm	08E.W0VV	7/10	3EAA	
SpHillREC	W	6pm	08E.BYAJ	7/10	3EAA	
SpHillREC	W	7pm	08E.CCG3	7/10	3EAA	
SpHillREC	Th	6pm	08E.EYZC	7/11	3EAA	
SpHillREC	Sa	9am	08E.DHXX	7/13	3EAA	

## Pilates Allegro Reformer Lessons II

**(13-Adult)** Pilates lessons on a special apparatus that provides a workout with complex exercise variations and longer sets. The movements develop coordination, strength and flexibility while the concentration required improves the mind-and-body connection. Prerequisite: Pilates Allegro Reformer I. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$172						
3EAB 4--55 minute lessons--\$85						
Location	Day	Time	Code	Begin	\$	
CubRunREC	T	7pm	5B6.37IU	7/9	3EAA	
CubRunREC	T	7pm	5B6.MWV0	7/9	3EAA	
CubRunREC	Th	5:45pm	5B6.JBRE	7/11	3EAA	
Franconia Rec	T	5:30pm	5B6.R0EF	7/9	3EAA	
Franconia Rec	W	7:30am	5B6.SZFB	7/10	3EAB	
ProvREC	T	5pm	5B6.V042	7/9	3EAA	
SpHillREC	M	6:30pm	5B6.453C	7/8	3EAA	
SpHillREC	T	8am	5B6.6FF9	7/9	3EAA	
SpHillREC	T	9am	5B6.8CSE	7/9	3EAA	
SpHillREC	W	8am	5B6.88ZK	7/10	3EAA	
SpHillREC	W	9am	5B6.JZHB	7/10	3EAA	
SpHillREC	W	10am	5B6.TZNF	7/10	3EAA	
SpHillREC	F	10am	5B6.MY6V	7/12	3EAA	

## Pilates Allegro Reformer & Tower

**(13-Adult)** Prerequisite: Pilates Allegro Reformer I or Pilates Mat. This full-body workout uses Allegro Reformers and Towers, mat work and props. Lessons enhance core strength, flexibility, neuromuscular coordination and balance. Improve body awareness

as you learn the essentials of working on the towers. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$172						
Location	Day	Time	Code	Begin	\$	
SpHillREC	Th	7pm	A40.A5TJ	7/11	3EAA	
SpHillREC	Sa	10am	A40.BYEV	7/13	3EAA	

## Pilates Allegro Reformer Jumpboard

**(13-Adult)** This exciting express format adds aerobic elements to your Pilates reformer program through the use of a jumpboard attachment. Participants will also perform a variety of additional strength and stability exercises. Students should be able to do level 2 class work.

3EAC 8--30 minute lessons--\$85						
Location	Day	Time	Code	Begin	\$	
SpHillREC	W	11am	719.UT9Z	7/10	3EAC	

## Mat Fusion

**(13-Adult)** Looking for a safe and effective way to improve flexibility, endurance and muscle tone? Mat fusion encompasses the Eastern philosophy of yoga, the holistic approach of Pilates and the application of floor-based exercise techniques.

3EB 8--55 minute lessons--\$104						
Location	Day	Time	Code	Begin	\$	
SoRunREC	T	7pm	34B.WDEG	7/9	3EB	

## Prenatal Yoga

**(Adults)** Designed for the pregnant body, mind, and soul. Students learn modified postures for comfort and stability as well as tools to use throughout pregnancy and labor such as appropriate breathing techniques and meditations.

3EB 8--55 minute lessons--\$104						
Location	Day	Time	Code	Begin	\$	
CubRunREC	W	10am	ZIF.3VDT	7/10	3EB	

## Tai Chi I

**(13-Adult)** Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress.

3EB 8--55 minute lessons--\$104						
3EE 8--1 hour 25 minute lessons--\$156						
4EA 5--55 minute lessons--\$67						
4EB 11--55 minute lessons--\$144						

Location	Day	Time	Code	Begin	\$	
CubRunREC	T	4:30pm	ED9.G7S7	7/9	3EE	
Frying Pan Pk	Th	8pm	ED9.1592	6/6	3EB	
GrnSprGardn	M	11am	ED9.R5IK	6/3	4EB	
OakmontREC	M	4:30pm	ED9.CHWB	7/8	4EA	
ProvREC	M	1pm	ED9.FJD5	7/8	3EB	
SpHillREC	M	7pm	ED9.3M4R	7/8	3EB	
SpHillREC	Sa	9am	ED9.H3VW	7/13	3EB	

## Tai Chi II

**(13-Adult)** Tai Chi I strongly recommended.

3EB 8--55 minute lessons--\$104						
4EA 5--55 minute lessons--\$67						
4EB 11--55 minute lessons--\$144						

Location	Day	Time	Code	Begin	\$	
CubRunREC	T	7pm	630.208I	7/9	3EB	
Franconia Rec	Th	6pm	630.1W5Q	7/11	3EB	
GrnSprGardn	M	12:15pm	630.3HC6	6/3	4EB	
OakmontREC	M	5:30pm	630.T4D3	7/8	4EA	
ProvREC	M	2pm	630.HU51	7/8	3EB	
SpHillREC	M	7pm	630.RSHG	7/8	3EB	
SpHillREC	Sa	10am	630.DGNH	7/13	3EB	

**MORE CLASSES ONLINE:**  
[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)

# Exercise and Physical Fitness

## Tai Chi III

(13-Adult) Tai Chi II strongly recommended.

3EB	8--55 minute lessons--\$104
4EA	5--55 minute lessons--\$67
4EB	11--55 minute lessons--\$144

Location	Day	Time	Code	Begin	\$
CubRunREC	T	6pm	156.7WK3	7/9	3EB
Franconia Rec	Th	7pm	156.94FZ	7/11	3EB
GrnSprGardn	M	1:30pm	156.DWW2	6/3	4EB
OakmontREC	M	3:15pm	156.PHS8	7/8	4EA

## Tai Chi w/Props I

(13-Adult) Prerequisite: Tai Chi II or equivalent. For the continuing tai chi practitioner interested in learning the tai chi fan. Equipment is available for purchase from instructor or bring your own with instructor permission.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
SpHillREC	W	7pm	CF1.PVHG	7/10	3EB

## Tai Chi Yang Style

(13-Adult) Learn six choreographed forms of Tai Chi consisting of 108 postures that are often described as "moving meditation." Traditional martial arts warm-up exercises are included in all classes. Please bring a water bottle, mat and towel to class.

3EB		8--55 minute lessons--\$104			
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	7pm	LLG.A4MG	7/10	3EB
Wkfld/Moore	Su	9:30am	LLG.S170	7/14	3EB
Wkfld/Moore	Su	10:30am	LLG.GWKQ	7/14	3EB

## Vinyasa Yoga

(13-Adult) This active, flowing yoga style incorporates breath-synchronized movements, allowing poses to flow from one to another. Class helps develop strength, flexibility and body and breath awareness while leaving the body energized and the mind at peace.

<b>3EB</b>	<b>8--55 minute lessons--\$104</b>				
<b>4EH</b>	<b>5--1 hour 55 minute lessons--\$130</b>				
<b>Location</b>	<b>Day</b>	<b>Time</b>	<b>Code</b>	<b>Begin</b>	<b>\$</b>
CubRunREC	M	7pm	308.3LHO	7/8	3EB
CubRunREC	Su	10am	308.WG7X	7/14	3EB
OakmontREC	M	6:30pm	308.H1I9	7/8	4EH

## Yin Yoga

(13-Adult) Yin Yoga incorporates seated and supine postures that are held for longer periods (1-5 minutes each), targeting connective tissues, joints, and fascial networks. In this relaxing class, you will stretch all major muscle groups to help improve flexibility, regain range of motion, reduce pain, and prevent injuries. It will also help calm the mind, reduce stress, activate the parasympathetic nervous system and improve concentration. Bring a mat and a towel to class.

3EE 8--1 hour 25 minute lessons--\$156					
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	6pm	KXS.EF5K	7/11	3EE



## Yoga & Bonfire Evening at Lake Accotink

(13-Adult) Looking for renewal, peace, inspiration, transformation, and / or something a little different, then bring your yoga mat to Lake Accotink for an evening sunset, star gazing and a bonfire. The evening's practice will focus on Hatha techniques to stretch, build core strength, and stability to the mind and body. This practice is for all levels of yogis - new or advanced. Please bring a mat, towel, and water. If the evening is cool, please bring a wrap or sweater as we will practice outside near the lake.

3EYZ		1--2 hour session--\$26			
Location	Day	Time	Code	Begin	\$
LkAccontPk	F	7:30pm	DRC.EW3T	6/21	3EYZ
LkAccontPk	Su	6:30pm	DRC.OUB0	7/21	3EYZ
LkAccontPk	Su	6pm	DRC.79MW	08/25	3EYZ

## Yoga for Gardeners

(Adults) This class features a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. Class held indoors.

4EB 11--55 minute lessons--\$144					
Location	Day	Time	Code	Begin	\$
GrnSprGardn	M	9:30am	6E6.N7VC	6/3	4EB

## Yoga for Golfers

(13-Adult) Classes focus improving flexibility, swing rotation, posture awareness and balance. Your stamina improves and risk of injury decreases.

4EA 5--55 minute lessons--\$67					
Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	8am	835.18AP	7/13	4EA

## Yoga for Stress Management

(13-Adult) The stress of everyday life can create body tension and stiffness and can also affect mood and energy level. This class combines yoga postures and stretching with breathing and relaxing meditations restoring positive energy and renewing an overall sense of wellness.

3EE 8--1 hour 25 minute lessons--\$156					
Location	Day	Time	Code	Begin	\$
SpHillREC	Su	5pm	D01.7692	7/14	3EE

## Yoga Groove

(13-Adult) Chill out vinyasa style in this upbeat class that fuses classic yoga poses and flows with popular music. Movement, music and breath are used to open the body's energy centers so energy can flow freely through the body. No previous yoga or dance experience needed.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	7pm	49D.SYQJ	7/8	3EB

## Outdoor Classes

### Outdoor Running for Fitness

(13-Adult) Master the basics of running to reduce your chances for injury. This class builds confidence, improves your form and increases your fitness. Beginners welcome! Class takes place outdoors.

3ED 8--55 minute lessons--\$109					
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	8:30am	EC2.BU6S	7/13	3ED

## Virtual Classes

### Virtual Chair Yoga

(13-Adult) This gentle yoga class is for those who are unable to get up and down off the floor or who want the extra support of a chair. Students coordinate breath with movement and perform stretches, relaxation techniques and meditation/concentration exercises while using a chair for support. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
Virtual FCPA	T	3:05pm	I1Y.OYFI	7/9	3EB
Virtual FCPA	Th	10am	I1Y.K3XJ	7/11	3EB
Virtual FCPA	Th	11:15am	I1Y.BLR3	7/11	3EB

### Virtual Meditation

(13-Adult) Focus and calm your mind with breathing exercises that release tension. Centered mindfulness relaxes the physical body for overall wellbeing, concentration and positive energy. This meditation class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
Virtual FCPA	T	8:30pm	GM8.0L6Z	7/9	3EB
Virtual FCPA	Th	2:50pm	GM8.M5UJ	7/11	3EB

### Virtual Pilates

(13-Adult) Practice classical exercise sequences based on Pilates method. Focus on core control, alignment and breathing to properly execute exercises that strengthen and lengthen the body. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

4EF 10--55 minute lessons--\$124					
Location	Day	Time	Code	Begin	\$
Virtual FCPA	T/Th	8:30am	IS8.RX1U	7/9	4EF

### Virtual Tai Chi I

(13-Adult) Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
Virtual FCPA	M	1:15pm	XF2.DJIM	7/8	3EB

### Virtual Tai Chi II

(13-Adult) Build on the movements learned in Tai Chi I for a longer sequence of movement patterns for better flexibility and balance. Tai Chi I recommended. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

3EB 8--55 minute lessons--\$104					
Location	Day	Time	Code	Begin	\$
Virtual FCPA	M	12pm	MXS.G8XM	7/8	3EB



## Fine Arts and Crafts

Scan the QR code to go directly to the Parktates Online Fine Arts page.



Some classes may have supply fees so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

### Discover Drawing I

This course teaches fundamental drawing skills through various techniques and projects. Students need to bring an 11"x14" sketch pad and two drawing pencils (HB & 6B). Supply fee payable to instructor at first class.

DFBE	6--1 hour 25 minute lessons--\$121
3FB	8--1 hour 25 minute lessons--\$150

Location	Day	Time	Code	Begin	\$
<b>(6-12 yrs.)</b>					
Wkfld/Moore	F	5pm	D6A.DYEY	6/28	3FB
Wkfld/Moore	F	7pm	D6A.Q3V7	6/28	3FB
<b>(13-Adult)</b>					
Woodson HS	T	7pm	B34.J1GP	6/25	DFBE

### Young Rembrandts Drawing

**(6-12 yrs.)** In this Young Rembrandts class, students learn drawing skills and art appreciation through progressive, open-ended activities. Lesson plans use stepwise instruction to inspire students' independent drawings, including seasonal, realistic and abstract images. Any supply fee payable to instructor at first class.

CFVC 6--55 minute lessons--\$122					
Location	Day	Time	Code	Begin	\$
Oakton ES	Sa	10am	D54.M54Q	6/22	CFVC
SphillIREC	Sa	9:30am	D54.F53K	6/22	CFVC

### Drawing Beetles & Bugs


**(16-Adult)** Beetles and bugs are everywhere from logs, to forests, gardens and even in the water. Learn some natural history, anatomy and tips for drawing the Coleoptera and Hemiptera families. We will draw from the center's preserved insect collection as well as from photos and field guides. Your choice of watercolors or colored pencil.

DFAH 1--2 hour lesson--\$21					
Location	Day	Time	Code	Begin	\$
HiddenOaks	Sa	9:30am	EFI.HH8I	8/03	DFAH

### Drawing Skies with Oil Pastels

**(16-Adult)** Learn about cloud types, formations, colors and how they relate to weather systems. Then practice oil pastel techniques on various colors of textured papers. Finally, draw your own dramatic sky from one of our photos or one of your own. All materials included.

DFAH 1--2 hour lesson--\$21					
Location	Day	Time	Code	Begin	\$
HiddenOaks	Sa	9:30am	YOW.YHY7	7/13	DFAH

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www.instagram.com/fairfaxparks/



### Drawing Workshop- Wildflower Illustration

**(16-Adult)** Use your basic drawing or painting skills to illustrate wildflowers. Artist and instructor Caroline Hottenstein shows you how to use pen and ink, watercolor, graphite, and colored pencils to capture and highlight details. Previous drawing experience encouraged.

DFAK 1--6 hour lesson--\$107					
Location	Day	Time	Code	Begin	\$
GrnSprGardn	Sa	9:30am	NW0.DUTB	6/22	DFAK

### Animation Drawing

**(16-Adult)** Learn how to make your characters move and come to life. Students make a story board presenting the idea. Your figures are brought to life using different drawing styles. Any supply fee payable to instructor at the first class.

DFBE 6--1 hour 25 minute lessons--\$121					
Location	Day	Time	Code	Begin	
Woodson HS	Th	7pm	YYQ.8SV9	6/20	DFBE

### Creating Comics

Students learn about various aspects of drawing and creating comics, such as emotive faces, anatomy, character development, and important elements in sequential story-telling in this Baroody Camps class geared towards those interested in creating their own personal comic books. Not just limited to the super-hero genre, this program developed and taught by pro comic book creator Arsia Rozegar (credits include Marvel's Iron Man, The Incredible Hulk, X-Men, and more) delves into the hands-on fun of creating sequential art. Any supply fee payable at first class.

CFVW 6--55 minute lessons--\$134					
Location	Day	Time	Code	Begin	
(6-12 yrs.)					
Olde Crk ES	Sa	9:30am	7KT.XCOC	6/22	CFVW
Woodson HS	T	6:30pm	7KT.BUJC	6/25	CFVW
(13-Adult)					
Olde Crk ES	Sa	10:30am	LEH.V6J3	6/22	CFVW
Woodson HS	T	7:30pm	LEH.JIPR	6/25	CFVW Art

### Above and Beyond

**(6-12 yrs.)** This mixed-media class offers a variety of fun projects including drawing and painting. Supply fee payable to instructor at first class.

3FA	8--55 minute lessons--\$101				
DFBE	6--1 hour 25 minute lessons--\$121				
Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	2pm	EB5.05NH	6/29	DFBE
Wkfld/Moore	M	5:30pm	EB5.PIKQ	7/01	3FA

### Abakadoodle Kids on Canvas

**(6-12 yrs.)** Children will learn to paint as they imagine a fantastic world inspired by nature. Learn about shapes, how to create 3D buildings and how to explore maps, and how to mix colors.

DFVW 8--55 minute lessons--\$173					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	5pm	ZBL.B565	6/27	DFVW

### Landscape Painting with Pastels

**(13-Adult)** Learn the basis of creating landscapes using this unique medium. This class will introduce color blending, texture, harmony and balance techniques. Supply fee of \$30 is payable at the first class.

DFBE 6--1 hour 25 minute lessons--\$121					
Location	Day	Time	Code	Begin	\$
OakmontREC	T	5pm	9RN.PB08	7/02	DFBE

### Watercolor Painting II

**(Adults)** Prerequisite: Watercolor Painting I or equivalent. Continue sharpening basic skills and techniques. Develop brush styles and individual approaches to projects and exercises. Students need to bring supplies to class.

DFBE 6--1 hour 25 minute lessons--\$121					
Location	Day	Time	Code	Begin	\$
Rvnswrth ES	M	2:30pm	9E5.EDTC	6/24	DFBE
Rvnswrth ES	M	10am	9E5.5NHE	6/24	DFBE

## Verses in Bloom

Hosted by ArtsFairfax and the Fairfax Poet Laureate



### Poetry Beneath the Stars Turner Farm Park

Saturday, May 4 • 7:30-8:30 p.m.  
Hear prose presented by featured local authors.

Saturday, August 17 • 7:30 p.m.  
Write a poem while gazing at the night sky to see if you can find a shooting star.

Both events are free, but registration is required. [www.fairfaxcounty.gov/parks/event-highlights](http://www.fairfaxcounty.gov/parks/event-highlights)



## Fine Arts and Crafts

### Watercolor Painting III

**(Adults)** Prerequisite: Watercolor Painting II. Students need to bring supplies to class.

DFBE	6--1 hour 25 minute lessons--\$121				
Location	Day	Time	Code	Begin	\$
Rvnswrth ES	M	12:30pm	151.8RRT	6/24	DFBE

### Workshop – Hand-Bound Watercolor Journal

**(Adults)** Make a hand-bound journal by sewing signatures together filled with watercolor paper and various types of paper. Then create a unique cover and add other special touches to some inside pages. Your journal will be a unique treasure ready to be filled with drawings, paintings or writing. It will be special, but it is made to be used often.

DFAK	1--6 hour minute lesson--\$107				
Location	Day	Time	Code	Begin	\$
GrnSprGardn	Sa	9:30am	Y15.FG4S	8/24	DFAK

### Watercolor Workshop - Orchids

**(16-Adult)** Some subjects just scream to be painted in watercolors and orchids are one of those subjects. Taught by botanical artist Dawn Flores, plan and execute an orchid-inspired painting. Information on orchid anatomy, lessons on color, and a variety of watercolor techniques and transfer practices are presented. Orchid owners may bring in their own specimen or work from photographs provided by the instructor. This class is appropriate for any skill level. A supply list will be emailed before class. Bring a lunch.

DFAK	1--6 hour lesson--\$107				
Location	Day	Time	Code	Begin	\$
GrnSprGardn	Sa	10am	893.9A9I	7/13	DFAK

### Watercolor Workshop- Monet & Waterlilies

**(16-Adult)** Monet made a huge contribution to the world of art with his monumental waterlily paintings. Artist and instructor Dawn Flores will inspire you with Monet's use of color, horizon lines, reflections and water surface. Working directly from photographs, you will create your own expressions in watercolor while learning a variety of painting techniques, including special effects such as glazing, dry-brush, wet on wet, washes and more. A supply list will be emailed before class. Bring a lunch.

DFAK	1--6 hour lesson--\$107				
Location	Day	Time	Code	Begin	\$
GrnSprGardn	Sa	10am	SF5.KTU1	6/08	DFAK

### Art Workshop: Make a Hand-Bound Watercolor Journal

**(16-Adult)** Learn how to make a hand bound journal by sewing signatures together filled with watercolor paper and various types of paper. You will create a unique cover and add other special touches to some inside pages. Your journal will be a unique treasure ready to be filled with drawings, paintings or writing. It will be special but it is made to be used often.

DFAK	1--6 hour minute lesson--\$107				
Location	Day	Time	Code	Begin	\$
GrnSprGardn	Sa	9:30am	Y15.FG4S	8/24	DFAK



### Fun with Acrylics

**(13-Adult)** Class introduces you to acrylics in a fun and pressure-free way. Learn to make simple paintings using acrylic paints on canvas as you explore color, texture, composition and design. Supply fee of \$30 payable to instructor at first class.

DFBE	6--1 hour 25 minute lessons--\$121				
Location	Day	Time	Code	Begin	\$
Irving MS	T	12:30pm	4VW.M8PA	6/18	DFBE
OakmontREC	Sa	4:30pm	4VW.5Z39	6/29	DFBE
Olde Crk ES	Th	6:30pm	4VW.9JY2	6/20	DFBE

### Clay Makers

**(6-12 yrs.)** Lean the magic of clay by creating jewelry for mom, animals in the wild, a garden of flowers and bugs, keychain emojis or new additions to an old mug. The possibilities are endless in this Baroody Camps program. Students will use their clay craft tool kit to tackle projects to see how creative they can be. Materials are included in the price of the class.

CFVC	6--55 minute lessons--\$122				
Location	Day	Time	Code	Begin	\$
Olde Crk ES	Sa	12pm	0AQ.GTLQ	6/22	CFVC
Sangster ES	W	5:30pm	0AQ.ULHQ	6/26	CFVC

### Abakadoodle Sculpt It

**(6-12 yrs.)** Learn to sculpt using a variety of modeling compounds and papers along with other items such as wire, wood, clay, aluminum, plastic, string in this Abakadoodle class. We'll mold, bend, twist, and stretch while we design each three-dimensional creation. Learn about a variety of amazing artists while creating eight 3D artworks that are dynamic, creative and fun.

DFVW	8--55 minute lessons--\$173				
Location	Day	Time	Code	Begin	\$
SoRunREC	Th	7pm	EH9.D54G	6/27	DFVW

### Pottery for Children

Introduction to clay and the pottery-making process using hand-building methods. Make pinch pots and learn coiling, slab work techniques, painting, glazing and firing.

CFP3	8--1 hour 25 minute lessons--\$170				
Location	Day	Time	Code	Begin	\$
<b>(6-9 yrs.)</b>					
Wkfld/Moore	Sa	9am	Q7L.DRAP	6/29	CFP3
<b>(9-12 yrs.)</b>					
Wkfld/Moore	Sa	10:45am	AZ5.01VM	6/29	CFP3
Wkfld/Moore	M	4pm	AZ5.5VN2	7/01	CFP3

### Pottery for Teens

**(13-17 yrs.)** Create beautiful pots and clay forms using simple tools and the pottery wheel. Explore hand building with the three most common forms of creating hand-built pots: pinch pot, coiling, and slab techniques. Then paint, glaze and kiln fire your pieces. Bring hand tools to the first class meeting or purchase a set during class.

CFP1	8--1 hour 55 minute lessons--\$226				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	12:45pm	D8C.CKOW	6/29	CFP1

### Pottery I

**(16-Adult)** Introduction to the potter's wheel with emphasis on clay preparation, centering, firing and glazing. Attendance at first class is essential. Class fee includes 25 lbs. of clay and three hours of lab time. Bring hand tools to the first class meeting or purchase a set during class.

CFP2	8--2 hour 55 minute lessons--\$306				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	1pm	A6F.AZ1X	6/27	CFP2
Wkfld/Moore	Th	9am	A6F.UFN8	6/27	CFP2
Wkfld/Moore	Su	3pm	A6F.1M33	6/30	CFP2
Wkfld/Moore	M	1pm	A6F.TQ3Y	7/01	CFP2
Wkfld/Moore	M	6pm	A6F.QLTH	7/01	CFP2
Wkfld/Moore	T	1pm	A6F.WVU7	7/02	CFP2



## Pottery II

**(16-Adult)** Prerequisite: Pottery I. Refine and develop your clay preparation, throwing, trimming and glazing skills. Attendance at first class is essential. Class fee includes 25 lbs. of clay and three hours of lab time. Bring hand tools to the first class meeting or purchase a set during class.

CFP2 8--2 hour 55 minute lessons--\$306						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	3pm	54E.AAC7	6/29	CFP2	
Wkfld/Moore	T	6pm	54E.UOBM	7/02	CFP2	
Wkfld/Moore	W	6pm	54E.2LXT	7/03	CFP2	
Wkfld/Moore	W	9am	54E.DIB2	7/03	CFP2	

## Pottery - Handbuilding

**(16-Adult)** Introduction to intermediate instruction using pinch, slab and coil methods to create either functional or abstract pieces. Glazing and techniques for textures and other decorations are included. Class fee includes 25 lbs. of clay and three hours of lab time.

CFP2 8--2 hour 55 minute lessons--\$306						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Th	6pm	BE7.9SOK	6/27	CFP2	
Wkfld/Moore	T	9am	BE7.FWCT	7/02	CFP2	

## Digital Photography

**(13-Adult)** There's more to photography than just using the automatic setting. Topics include your camera's controls, resolution, flash, composition, stop motion and close ups. Course includes weekly assignments with reviews. Software and printing are also covered. Any supply fee is payable to instructor at first class.

3FC 8--1 hour 55 minute lessons--\$200						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Th	9:30am	F54.EBIS	6/27	3FC	
Wkfld/Moore	W	7pm	F54.E4WB	7/03	3FC	

## Cell Phone Photography

**(13-Adult)** Smartphones have tremendous power to take great photos if you know what you are doing. In this class, we will explore the wonders and push the limits of cell phone photography. We will cover how to create photos with depth, stop and capture motion, editing and how to take good photos in low light.

DFBE 6--1 hour 25 minute lessons--\$121						
Location	Day	Time	Code	Begin	\$	
Frying Pan Park	W	6:30pm	ZEC.2XDL	6/12	DFBE	

## Photographing Local History

**(16-Adult)** Prerequisite: Digital Photography I or equivalent experience. Architectural, close-up, color and black and white techniques are the main topics covered in class and applied on field trips to local historical sites. Control of DOF, shutter manipulation, and use of flash will also be covered. Bring your camera to the first class. Supply fee payable to instructor at first class. Class itinerary will be provided before first class.

4FF 5--1 hour 55 minute lessons--\$125						
Location	Day	Time	Code	Begin	\$	
Orgn Hnt ES	Su	10am	66A.VRMM	6/23	4FF	

## Photography: Get Off Auto & Intro to Lighting

**(10-Adult)** Picking up your camera and exploring new photographic opportunities will motivate and inspire you to grow as a photographer. This work-

shop will take you safely and directly to shooting portraits, basics of posing, manipulating available light (including natural light). This simplistic workflow and knowledge of your camera will give you the confidence and motivation to explore new horizons and capture beautiful memories. The course will also touch on some principles of landscape and macro photography.

CFEB 1--4 hour lesson--\$63						
Location	Day	Time	Code	Begin	\$	
SpHillREC	F	9am	PWF.T033	6/28	CFEB	
SpHillREC	F	9am	PWF.W7X1	7/19	CFEB	
SpHillREC	F	9am	PWF.BFV2	8/02	CFEB	

## Paper Quilling Greeting Cards

**(8-Adult)** Create beautiful greeting cards using paper quilling techniques. Quilling, also known as filigree, is the art of coiling strips of paper rolls and then shaping them into beautiful works of art. Supply fee payable to instructor at first class.

DFAR 1--3 hour lesson--\$41						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Sa	2pm	Q6P.TSNB	6/29	DFAR	

## Origami Workshop

**(Adults)** Origami can help reduce stress, improve hand-eye coordination, boost creativity, and enhance patience and persistence by learning how to fold paper into beautiful art pieces. This workshop will introduce students to the basics of origami. Students will create simple origami art pieces to bring home.

DFAA 1--1 hour 30 minute lesson--\$49						
Location	Day	Time	Code	Begin	\$	
CubRunREC	M	6pm	P1L.OZ8VB	6/24	DFAA	
CubRunREC	M	6pm	P1L.MEUM	7/15	DFAA	
CubRunREC	M	6pm	P1L.SVCW	8/12	DFAA	

## Intro to Flower Arrangements

**(Adults)** Create beautiful floral arrangements with live flowers in this hands-on workshop. Floral arrangements are a simple and effective way to add drama to table decorations and create bright, festive and fresh room décor. Supply fee of \$20 payable at class.

DFAA 1--1 hour 30 minute lesson--\$49						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Th	6pm	1ZV.OSIU	7/18	DFAA	
CubRunREC	Th	6pm	1ZV.NAKI	8/8	DFAA	

## Floral Design Workshop - Summer Garden Design

**(16-Adult)** Create an eye-catching summer vase arrangement with Green Spring horticulturist Parker Jennings. Using florals from the garden, mix balance, scale, proportion and contrast to create a summer design. Please register for the program and \$45 supply fee.

RG39 1--1 hour 30 minute lesson--\$44						
Location	Day	Time	Code	Begin	\$	
GrnSprGardn	Sa	10:30am	GUS.PZTD	6/15	RG39	

## Knitting

**(13-Adult)** Master knitting basics. Students learn knitting techniques and terminology and how to choose materials.

4FG 5--1 hour 25 minute lessons--\$93						
Location	Day	Time	Code	Begin	\$	
CubRunREC	F	11:30am	8AD.L040	7/19	4FG	

## Knitting II

**(13-Adult)** Prerequisite: Knitting I.

4FG 5--1 hour 25 minute lessons--\$93						
Location	Day	Time	Code	Begin	\$	
CubRunREC	F	10am	FD8.8FE3	7/19	4FG	





## Gardening

Scan the QR code to go directly to the Parktakes Online Gardening page.



### Green Spring Gardens



4603 Green Spring Road, Alexandria  
703-642-5173

[www.fairfaxcounty.gov/parks/green-spring](http://www.fairfaxcounty.gov/parks/green-spring)

Visit Green Spring Gardens for ideas and inspiration for gardening. Gardens feature trees, shrubs, vines, perennials, annuals, bulbs and vegetables that grow well in our region.

- Themed gardens
- Private garden tours
- Art exhibits
- Nature walks
- Horticulture Center
- Glasshouse
- Library
- Plant Shop
- Event rental space
- Gift Shop

To book a private garden tour, call 703-941-7987. Cost is \$12 per person for a group of two to 19; \$10 per person for a group of 20 or more.

Visit the garden Gate Plant Shop (opening in April) and choose from a nice selection of shrubs, perennials, and ornamental grasses (many of which are native to our region). Mid to late Spring we also offer annuals and tender perennials that provide highlights to containers and garden beds. Friends of Green Spring (FROGS) receive 10% off in the plant shop. For more information, call Green Spring Gardens at 703-642-5173.

#### Hours and Admission:

**Horticulture Center** open Monday-Saturday, 9 a.m.-4:30 p.m. and Sunday, 12-4:30 p.m.

**Garden Gate Plant Shop** open Monday-Saturday, 9:30 a.m.-3:30 p.m. and Sunday, 12:30-3:30 p.m. (Starting on April 13)

**Gift Shop** open Monday-Saturday, 9 a.m.-4 p.m. and Sunday, 12-4 p.m.

**Park grounds open dawn to dusk daily**



### VOLUNTEERS NEEDED!



The Invasive Management Area (IMA) Volunteer Program is a community-based project designed to reduce invasive plants on our parklands.

To learn more visit  
[www.fairfaxcounty.gov/parks/invasive-management-area](http://www.fairfaxcounty.gov/parks/invasive-management-area)



## Events



### Pride Month Poetry

**(4-Adult)** Hosted by ArtsFairfax and the Fairfax Poet Laureate, come celebrate "Poetry in the Parks" and Pride Month at Green Spring Gardens. This Pride Month Poetry Reading features poetry from some of the region's most prominent LGBTQ+ poets including Gowri Koneswaran and Danielle Badra. Registration for this program is required.

#### 1--1 hour 30 minute free event

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	1pm	TGZ.JGPY	6/1	FREE

### Concert in the Garden

**Thursday, June 20 • 6 p.m.-8 p.m.**

#### Free concert

**(All Ages)** Every summer, the Friends of Green Spring (FROGS) extend a special welcome to families in the community by hosting a free concert in the garden. Bring your lawn chairs or blankets, pack a picnic dinner to enjoy on the lawn and kick back to hear lively music. Bring the children at 5:30 p.m. to enjoy fun activities and have their picture taken with Ribbit the frog.

## Spring GARDEN DAY

### The Big Plant Sale

Green Spring Gardens

**Saturday, May 18, 2024 • 9 a.m. - 3 p.m.**

Annuals • Bake Sale • Perennials • Shrubs • Trees

Gardening tips and more from dozens of local vendors and master gardeners

**Green Spring Gardens**

4603 Green Spring Rd, Alexandria

Visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more information



**Annual Begonia Show and Sale****Saturday, August 17 • 9 a.m.-4:30 p.m.****Sunday, August 18 • 12 p.m.-3:30 p.m.****Free**

**(All Ages)** Feast your eyes on this show sponsored by the Potomac branch of the American Begonia Society. Be tempted with splashes of color and shapes for homes, terrariums and greenhouses that last long after frosts have put our outdoor gardens to bed. The sale offers a wide variety of begonias, including tropical and subtropical species.

**Family/All Ages**

All attendees, including parents, must be registered for the program.

**Family Fun - Native Bee Hotel**

**(4-Adult)** Learn about our native bees and why they are so important before going on a walk through the gardens to see them in action. See how many different bee species you can find at Green Spring Gardens. Make your very own bee hotel to take home to your garden that will attract native solitary bees, which are small and gentle bees that rarely sting.

**1--1 hour program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	1pm	Y6J.IRMX	6/1	\$10/ea.

**Family Fun - Tree Trails**

**(4-Adult)** See how many different bee species you can find at Green Spring Gardens. Discover the many roles trees play in the ecosystem as you learn how to tell trees apart.

**1--1 hour program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	7S6.MY9Z	7/27	\$8/ea.

**Family Fun - Aquatic Adventures**

**(4-Adult)** Our aquatic ecosystems are bursting with activity in the summertime. Come learn all about the amazing animals that live there such as turtles, tadpoles, fish and dragonflies. You are sure to see some spectacular creatures as we study their habitats and activities. Binoculars and magnifying glasses will be provided. Wear old shoes that can get wet and muddy as we will be walking in the stream and around the pond.

**1--1 hour program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	GJN.02RX	8/17	\$8/ea.

**Garden Talks****Garden Talk - Alternatives for Invasive Plants**

**(Adults)** Give bullying plants an inch and they'll take over your yard. Fairfax County has an ordinance against bamboo. Come listen to Extension Master Gardeners give you alternatives to grow instead. You'll be amazed at the choices you have.

**1--1 hour program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	E8L.MUAX	6/8	\$12/ea.

**Adult Programs****Forest Bathing Walk in the Gardens**

**(Adults)** Join Ana Ka'ahanui, co-founder of local nonprofit Capital Nature for a slow, meditative walk around the gardens. Contemplative, but more active than meditation, this forest bathing walk will help reduce blood pressure, boost immunity, and enhance mood and creativity. Decompress and feel a deeper connection with the natural world. Bring something to sit on the ground, which may be damp, and a water bottle. Dress for the weather.

**1--2 hour program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	Z0Y.25S8	7/20	\$35/ea.

**Growing Low - Designing with Groundcover Plants**

**(Adults)** Groundcovers can be a great accent in the garden with many flowering and evergreen options for sun or shade. Join us for a short lecture on how to use groundcovers to solve design challenges, followed by a walk around the grounds to view some of our gardeners' favorites. Dress for the weather.

**1--1 hour 30 minute program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	PKS.5QUM	6/22	\$19/ea.

**More Native Plants Saturday**

**(Adults)** Enjoy a walk to look at the variety of colors and forms of beloved flowering native plants. Native herbaceous perennials, trees, shrubs, and vines that grow well in local gardens are also ecologically valuable. Visit the Virginia Native Plant Garden, the Wildlife Garden, and the Rain Garden/ Bioretention Area in the Entrance Garden with Brenda Skarphol, curatorial horticulturist at Green Spring Gardens. Be an eco-friendly gardener and work with nature. Dress for the weather.

**1--1 hour 30 minute program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	1ZS.6V8P	7/20	\$19/ea.



*Have gardening questions?*  
Volunteers from the Green Spring  
Extension Master Gardeners  
are here to help!

Visit the Master Gardener Help Desk  
at Green Spring Gardens

**Every Saturday**  
from April through October  
from 9:30 a.m. - 12:30 p.m.

Bring specimens of your diseased plants, insects  
or plants in plastic bags that need identification.



For more information, visit  
[www.fairfaxcounty.gov/parks/green-spring/extension-master-gardeners/outreach](http://www.fairfaxcounty.gov/parks/green-spring/extension-master-gardeners/outreach)

## SOW YOUR SUMMER MEMORIES

at Green Spring Gardens

Escape into a  
summer sanctuary at  
Green Spring Gardens and  
let the beauty of nature  
create lasting memories  
this summer.

**EVENTS**

**Concert in the Garden**  
Thursday, June 20 • 6 - 8 p.m.

**Annual Begonia Show**  
Saturday, August 17 • 9 a.m. - 4:30 p.m.  
Sunday, August 18 • noon - 3:30 p.m.

**Fairfax Poet Laureate -  
Pride Month Poetry Workshop**  
Saturday, June 1 • 1-2:30 p.m.



Visit [www.fairfaxcounty.gov/parks/green-spring](http://www.fairfaxcounty.gov/parks/green-spring)  
for more information.





## EARTH DAY FAIRFAX 2024

**Saturday, April 20 • 10 a.m.-4 p.m.**

Discover how you can help improve the health of Earth through fun, hands-on activities and games!

Enjoy:

- Outdoor Discovery Activities
- Interactive Nature Exhibits
- Furry Farm Friends
- Food Trucks
- Earth Friendly Vendors
- Craft Beer Garden
- Obstacle Course
- Local Bands and Live Entertainment
- FREE Giveaways
- Sully Historic House Tours

**FREE Admission  
Parking \$10 per car**

**Sully Historic Site • 3650 Historic Sully Way, Chantilly**  
[www.fairfaxcounty.gov/parks/topics/earth-day](http://www.fairfaxcounty.gov/parks/topics/earth-day)




## WATCH THE GREEN GROW in your COMMUNITY!



watch the green grow

**Join the green movement with the Fairfax County Park Authority's Watch the Green Grow Program!**

- Request Watch the Green Grow staff to come out to your community including homeowners' associations, public schools and the general public
- Dive into conservation efforts in your neighborhood and schools
- Report your green actions on the WTGG map



**For more information visit**  
[www.fairfaxcounty.gov/parks/nature-history/watch-green-grow](http://www.fairfaxcounty.gov/parks/nature-history/watch-green-grow)




## Unlock Your Green Thumb with Free Gardening Clinics by the Fairfax County Master Gardeners

**Saturday Mornings • 9-11:30 a.m.**  
April 13 • May 11 • June 8  
July 13 • Aug. 10 • Sept. 14

- Open to all
- Increase your gardening knowledge
- Free analysis of plant and pest problems
- Soil testing kits available
- Share successes and challenges
- Learn about the Fairfax County Garden Plot Rental Program

**2024 Locations**

<b>Pine Ridge Park</b> 3401 Woodburn Road Annandale, Va.	<b>Nottoway Park</b> 9537 Courthouse Road Vienna, Va.
<b>Baron Cameron Park</b> 11300 Baron Cameron Ave. Reston, Va.	<b>Grist Mill Park</b> 4320 Mt. Vernon Mem. Hwy. Alexandria, Va.
<b>Lewinsville Park</b> 1659 Chain Bridge Road McLean, Va.	<b>Grove Point Park</b> 6432 Bowie Drive Springfield, Va.
<b>George Mason Park</b> 9700 Braddock Road Fairfax, Va.	<b>Hogge Park</b> 3139 Glen Carlyn Road Falls Church, Va.

Visit [www.fairfaxcounty.gov/parks/green-spring/plots](http://www.fairfaxcounty.gov/parks/green-spring/plots)






## 2024 SCHEDULE

*Buy Fresh,  
Buy Local.*

### WEDNESDAYS

**McCutcheon/Mt. Vernon  
Sherwood Library**  
**April 17-December 18 • 8 a.m.-Noon**  
2501 Sherwood Hall Lane, Alexandria  
SNAP accepted, bonus dollar program!

**Oakmont Rec Center**  
**May 1-November 6 • 8 a.m.-Noon**  
3200 Jermantown Road, Oakton

**Wakefield • Wakefield Park**  
**May 1-October 30 • 2 - 6 p.m.**  
8100 Braddock Road, Annandale  
SNAP accepted, bonus dollar program!

### THURSDAYS

**Annandale • Mason District Park**  
**May 2-November 14 • 8 a.m.-Noon**  
6621 Columbia Pike, Annandale  
SNAP accepted, bonus dollar program!

**Herndon**  
**May 2-November 7 • 8 a.m.-Noon**  
700 Block of Lynn St., Herndon

### FRIDAYS

**McLean • Lewinsville Park**  
**May 3-November 15 • 8 a.m.-Noon**  
1659 Chain Bridge Road, McLean  
Closed May 17

**Kingstowne**  
**May 3-October 25 • 3 - 7 p.m.**  
5870 Kingstowne Towne Center, Alexandria

### SATURDAYS

**Burke • VRE Parking Lot**  
**April 20-December 21 • 8 a.m.-Noon**  
5671 Roberts Parkway, Burke

**Reston • Lake Anne Village Center**  
**April 27-December 7 • 8 a.m.-Noon**  
1609-A Washington Plaza, Reston  
SNAP accepted, bonus dollar program!

### SUNDAYS

**Lorton • VRE Parking Lot**  
**May 5-November 10 • 8 a.m.-Noon**  
8990 Lorton Station Boulevard, Lorton  
SNAP accepted, bonus dollar program!

**For information and directions, visit**  
[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)  
or call 703-642-0128





## Golf

Scan the QR code to go directly to the Parktakes Online Golf page.



**Burke Lake Golf Center**  
**6915 Ox Road**  
**Fairfax Station, Va. 22039**  
**703-323-1641**  
<https://bit.ly/fcpa-blgc>

- 18-hole, par-3 course, 2,843 yards.
- Putting green and chipping area.
- Burke Lake Golf Academy group and private lessons: 703-324-9719.
- Short game holes from 90-200 yards.
- Clubhouse offers food service, clubs and golf supplies.
- Pull carts and clubs are available for rent.
- Two-level driving range with 64 hitting stations; 24 are heated and covered.



**Greendale Golf Course**  
**6700 Telegraph Road**  
**Alexandria, Va. 22310**  
**703-971-3788**  
<https://bit.ly/greendalegc>

- 18-hole regulation, par-70 course, 6,237 yards.
- Bermuda grass fairways and several water hazards.
- Practice putting green.
- Clubhouse offers food service and golf supplies.
- Power carts, golf clubs and pull carts are available for rent.
- Private golf lessons and outing packages are available.



**Jefferson District Golf Course**  
**7900 Route 29**  
**Falls Church, Va. 22042**  
**703-573-0444**  
<https://bit.ly/jeffersongc>

- 9-hole, par-35 executive course, 2,415 yards.
- Practice putting green and chipping area.
- Great walking course for all ages.
- Clubhouse offers food service and golf supplies.
- Pull carts and power carts are available for rent.
- Additional features: 18-hole miniature golf course, lighted basketball and tennis courts.



**Laurel Hill Golf Club**  
**8701 Laurel Crest Drive**  
**Lorton, Va. 22079**  
**703-493-8849**  
<https://bit.ly/laurelhillgc>

- 18-hole, par-71 championship course, 7,102-yards.
- 30-station driving range.
- Putting green, chipping area and practice bunkers.
- Power carts and golf clubs are available for rent.
- Clubhouse offers food service, event catering and golf supplies.
- Eisman Golf Academy offers private and group lessons: 703-919-3056.
- Lessons for ages 7-18 through The First Tee: 202-479-2588.



**Oakmont Golf Center**  
**3136 Jermantown Road**  
**Oakton, Va. 22124**  
**703-255-5390**  
<https://bit.ly/oakmontgc>

- 9-hole, par-3 course, 1,456-yards.
- Large practice area for chipping, putting and sand shots.
- Lighted, 78-station driving range with sand bunker and grass tees.
- Covered and heated driving range stations allow for practice in all weather conditions.
- Everybody Golf School offers private and group lessons: 703-255-5396.
- Additional instruction for ages 7-18 through The First Tee: 202-479-2588.



**Pinecrest Golf Course**  
**6600 Little River Turnpike**  
**Alexandria, Va. 22312**  
**703-941-1061**  
<https://bit.ly/pinecrestgc>

- 9-hole, par-35 executive course, 2,462 yards.
- Putting green and 10-outdoor practice nets.
- Indoor practice bays and TrackMan 4 golf simulator.
- Clubhouse offers food service and golf supplies.
- Pinecrest Golf Academy offers private and group lessons: 703-941-1061.
- Golf clubs, pull carts and power carts are available for rent.



**Twin Lakes Golf Course**  
**6201 Union Mill Road**  
**Clifton, Va. 20124**  
**703-631-9099**  
<https://bit.ly/twin-lakes-gc>

- Two courses; two golf experiences; one location.
- The Oaks Course, 18-hole, par-71, 6,715 yards.
  - The Lakes Course, 18-hole, par-72, 6,695 yards.
  - Putting green, chipping area and driving range.
  - Clubhouse offers food service, special event catering, clubs and golf accessories.
  - Eisman Golf Academy offers private and group lessons: 703-919-3056.



**Golfers, please note:**

Cart rental and greens fees vary by site. Call the course of your choice for information. Metal golf spikes are prohibited at all Fairfax County Park Authority golf courses. Senior and Junior rate availability varies by course.

**Junior Golf Fairfax**

Golf Fairfax is committed to encouraging juniors, ages 5-17\*, to learn, practice, play and enjoy the game. Golf is an excellent family sport that promotes good manners, builds friendships and can be enjoyed for a lifetime. Members receive discounted greens fees and range balls at all courses. Classes, camps and lessons are also available. To learn more, call the course of your choice.

\*Minimum age for course play at Greendale, Laurel Hill and Twin Lakes is 6.

**USGA handicap service offered**

Handicap services are provided at Greendale, Jefferson, Pinecrest, Twin Lakes, Burke Lake, Oakmont and Laurel Hill golf courses. The handicap system allows you to enter your own scores and get an updated handicap, which you receive twice monthly. The Handicap Index is computed under the USGA Handicap System. By enrolling, you are eligible to participate in Virginia State Golf Association events. Handicap services are available year-round. Contact any Park Authority golf course for more information.

**MORE CLASSES ONLINE:**  
[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)

Work on every part of your golf game while enjoying great food and beverage specials at one of Golf Fairfax's award-winning ranges!

**BURKE LAKE GOLF CENTER - BUCKETS AND BEER**

Small bucket + 16 oz. canned beer = \$12

**OAKMONT GOLF CENTER - FREE SMALL RANGE BUCKET**

with the purchase of a pizza • 11 a.m. - 3 p.m.

**TWIN LAKES GOLF COURSE - BUCKETS AND BEER**

Small bucket + One Beer/Wine/Seltzer = \$10 or

Large bucket + One Beer/Wine/Seltzer = \$15

\*Range specials may not be used with current range passes or combined with any other offers. Purchase in Pro Shop.

For more information visit:  
[www.fairfaxcounty.gov/parks/golf/practice](http://www.fairfaxcounty.gov/parks/golf/practice)

**Golf Classes****Get Golf Ready Parent/Child I**

**(7-17 yrs.)** This course covers grip, posture, ball position, alignment, chipping, putting and full-swing fundamentals. Course orientation, etiquette, rules and basic understanding of equipment are also covered. Classes at Pinecrest are held indoors during inclement weather. Parent participates in class with registered child.

**4GG 5--55 minute lessons--\$193**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Su	12pm	A60.824D	6/23	4GG
Burke Lake GC	Th	5pm	A60.TMP6	6/27	4GG
Pinecrest GC	Sa	1pm	A60.P221	7/13	4GG
Pinecrest GC	Sa	4pm	A60.H26F	7/13	4GG

**Get Golf Ready Parent/Child II**

**(7-17 yrs.)** Prerequisite: Get Golf Ready Parent/Child I. Class is for those who want to further their golf skills through more advanced instruction while still emphasizing the basics. Range balls are included in the class fee, and loaner clubs are available.

**4GG 5--55 minute lessons--\$193**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Su	1pm	BB7.AXEG	6/23	4GG
Burke Lake GC	Th	6pm	BB7.J8SX	6/27	4GG

**Starting New at Golf (SNAG)**

**(5-7 yrs.)** Course covers basic golf elements in a modified form for kids. Children have fun using larger and more colorful clubs to increase confidence and coordination. All equipment is provided. Athletic shoes are recommended. Classes at Pinecrest are held indoors.

**4GB 5--55 minute lessons--\$152**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	9am	C5A.WNRL	6/22	4GB
Burke Lake GC	Sa	10am	C5A.EX42	6/22	4GB
Pinecrest GC	Sa	3pm	C5A.ZLHE	7/13	4GB
Pinecrest GC	Su	1pm	C5A.QQX7	7/14	4GB
Pinecrest GC	Su	4pm	C5A.8ZGP	7/14	4GB

**SNAG II**

**(5-7 yrs.)** Prerequisite: SNAG I. Students review and expand upon fundamentals learned in SNAG I using additional training aids to reinforce proper technique. All equipment is provided and athletic shoes are recommended.

**4GB 5--55 minute lessons--\$152**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	1pm	D71.ENZB	6/22	4GB
Burke Lake GC	Sa	11am	D71.XMY3	6/22	4GB
Pinecrest GC	Sa	2pm	D71.JBE0	7/13	4GB
Pinecrest GC	Su	2pm	D71.T6TJ	7/14	4GB
Pinecrest GC	Su	3pm	D71.EWAW	7/14	4GB

**SNAG III**

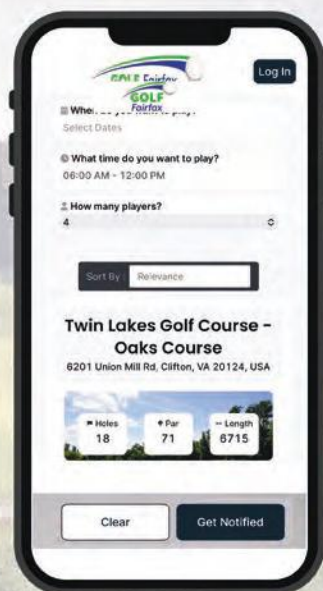
**(5-7 yrs.)** Prerequisite: SNAG II. Students apply skills learned in SNAG II while playing simulated golf holes. Lessons focus on proper club selection, swing dynamics, scoring and course etiquette. All equipment is provided and athletic shoes are recommended.

**4GB 5--55 minute lessons--\$152**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	2pm	19C.E2CF	6/22	4GB

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### Junior Get Golf Ready I

(7-12 yrs.) This PGA-developed class introduces students to golf in a fun and friendly environment. Class focuses on fundamentals and step-by-step drills. Topics include grip, stance, target and balance. Range balls are included in the class fee and loaner clubs are available.

4GC 4--55 minute lessons--\$128

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	2pm	8C0.YWDZ	6/22	4GC
Burke Lake GC	Su	2pm	8C0.PTX6	6/23	4GC
Pinecrest GC	Sa	2pm	8C0.JQFL	7/13	4GC
Pinecrest GC	Su	12pm	8C0.FMCV	7/14	4GC

### Junior Get Golf Ready II

(7-12 yrs.) Group lessons covering additional rules, course etiquette, club grip, putting, stance and golf swing. Range balls are included in the class fee and loaner clubs are available.

4GB 5--55 minute lessons--\$152  
4GC 4--55 minute lessons--\$128

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	3pm	265.83VX	6/22	4GB
Burke Lake GC	Su	3pm	265.SGWQ	6/23	4GB
Pinecrest GC	Sa	12pm	265.NEAM	7/13	4GC
Pinecrest GC	Su	11am	265.2Q7R	7/14	4GC

### Get Golf Ready

(13-Adult) This PGA-developed class introduces game fundamentals to new golfers. Grip, stance, set up and ball position are taught for putting, chipping and iron play along with hitting tee shots with hybrids and woods. A basic knowledge of golf equipment is included. Range balls are included, and loaner clubs are available. Final class may be held on the golf course.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	10am	AEE.2H60	6/22	4GB
Burke Lake GC	Sa	11am	AEE.3WFL	6/22	4GB
Burke Lake GC	Su	10am	AEE.4M7V	6/23	4GB
Burke Lake GC	W	5pm	AEE.PJRP	6/26	4GB
Pinecrest GC	Su	10am	AEE.0HYK	7/14	4GB

### (Ladies only)

Burke Lake GC	T	10am	219.F6SV	6/25	4GB
Burke Lake GC	W	10am	219.76CZ	6/26	4GB
Pinecrest GC	Su	9am	219.7RSW	7/14	4GB

### Get Golf Ready II

(13-Adult) Prerequisite: Get Golf Ready I. This course covers advanced topics for beginning golfers. Aim and alignment are introduced to putting, chipping and iron shots, and hybrids and woods are hit without a tee. Range balls are included in the class fee, and loaner clubs are available. The final class may be held on the golf course.

4GB 5--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	1pm	F2A.RS9D	6/22	4GB
Burke Lake GC	Sa	12pm	F2A.9F3B	6/22	4GB
Burke Lake GC	Su	11am	F2A.CCCK	6/23	4GB
Burke Lake GC	W	6pm	F2A.898Q	6/26	4GB
Pinecrest GC	Sa	10am	F2A.7NV7	7/13	4GB

### (Ladies only)

Burke Lake GC	T	11am	46F.EU8V	6/25	4GB
Burke Lake GC	W	11am	46F.9B9L	6/26	4GB
Pinecrest GC	Sa	11am	46F.F93N	7/13	4GB



**Golf Skills & Drills**

**(13-Adult)** This class uses golf-specific drills and exercises to help the golfer who wants a better game to build power and focus on the four most common faults that potentially affect your swing. This class is taught by a Titleist Performance Institute Certified Instructor.

**4GB 5--55 minute lessons--\$152**

Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	9am	PMN.PSDO	7/13	4GB

**Golf-Recovery/Trouble Shots**

**(13-Adult)** Prerequisite: Beginner Golf Ready or equivalent. Lessons focus on proper setup, club selection and recovering from trouble situations in addition to course management. Burke Lake uses uneven ramps on its heated, covered driving range to simulate course conditions.

**4GC 4--55 minute lessons--\$128**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	M	6pm	A6E.Z74M	6/24	4GC

**Golf-Wedge & Short Irons**

**(13-Adult)** Course focuses on improving shots that will lower your score such as pitch shots, flop shots, 60 yards and in, as well as the distances for each shot type. Range balls are included in the class fee and loaner clubs are available.

**4GC 4--55 minute lessons--\$128**

Location	Day	Time	Code	Begin	\$
Burke Lake GC	M	5pm	D23.S4ZW	6/24	4GC

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- Works at all Golf Fairfax ranges, Oakmont, Burke Lake and Twin Lakes ranges

For more information visit [www.fairfaxcounty.gov/parks/golf/practice](http://www.fairfaxcounty.gov/parks/golf/practice)

**Tournaments****Two Person Best Ball (Shotgun Start)**

**Saturday, May 11 • 8 a.m.**

**Oakmont Golf Center**

**(12-Adult)**

- Teams of two compete in a 9-hole, best ball, stroke play, also known as better ball or four ball
- Each participant plays their own ball from the tee shot through putting out, and the team records the lowest score between the teammates as their team score
- Prizes awarded for first, second, third and closest to the pin
- \$60 per team
- Limited to the first 18 teams
- Rain date: May 18

Fee due at time of registration, to register visit [www.fairfaxcounty.gov/parks/golf/oakmont](http://www.fairfaxcounty.gov/parks/golf/oakmont) or call 703- 255-5390

**Spring Two-Person Team Challenge**

**(Tee Time Start)**

**Saturday, May 18 • 8 a.m.**

**Burke Lake Golf Center**

**(12-Adult)**

- Teams of two compete in an 18-hole best ball, scramble tournament format, recording one team score
- Prizes awarded for first, second and third and closest to the pin
- \$90 per team, includes complimentary range balls, push cart, greens fees and lunch

Fee due at time of registration. To register visit [www.fairfaxcounty.gov/parks/golf/blgc](http://www.fairfaxcounty.gov/parks/golf/blgc) or call 703-323-1641

**Spring Scramble (Tee Time Start)**

**Sunday, May 19, 9 a.m.**

**Pinecrest Golf Course**

**(7-Adult)**

- Teams of two players compete in a 9-hole scramble format
- Three divisions: adults 18 and up, adult/junior 7-12 and adult/junior 13-17. Seniors age 65 and older play senior tees
- Prizes for first, second and third place in all divisions
- Closest to the pin contest
- \$110 per team, lunch and carts included
- Limited to first 24 teams
- Rain date: May 26

Fee due at time of registration, to register visit [www.fairfaxcounty.gov/parks/golf/pinecrest](http://www.fairfaxcounty.gov/parks/golf/pinecrest) or call 703- 941-1061

**Two-Person Scramble (Shotgun Start)**

**Saturday, June 8, 8 a.m.**

**Oakmont Golf Center**

**(12-Adult)**

- Teams of two compete in a 9-hole, scramble format (captain's choice)
- Prizes awarded for first, second, third and closest to the pin
- \$60 per team
- Limited to the first 18 teams
- Rain date: June 15

Fee due at time of registration, to register visit [www.fairfaxcounty.gov/parks/golf/oakmont](http://www.fairfaxcounty.gov/parks/golf/oakmont) or call 703- 255-5390

**Summer Scramble**

**Saturday, June 15, 10 a.m.**

**Jefferson Golf Course**

**(Adults)**

- Teams of two compete in a 9-hole, scramble format (captain's choice)
- Prizes awarded
- \$80 per team
- Rain date: June 22

Fee due at time of registration, to register call 703-573-0444



### Father's Day Golf Tournament – Parent Child Family Challenge (Tee Time Start)

Saturday, June 15 • 11 a.m.

Burke Lake Golf Center  
(7-Adult)

- Teams of two players compete in an 18-hole best-ball scramble format
- Three divisions: father/junior 7-12, father/junior 13-17, father/adult partner
- Prizes for first place teams in all three divisions and closest to the pin
- Best Dressed Golfer (team) award
- \$90 per team includes lunch, complimentary range balls and push cart
- Limited to first 36 teams
- No rain date

Fee due at time of registration. To register visit [www.fairfaxcounty.gov/parks/golf/blgc](http://www.fairfaxcounty.gov/parks/golf/blgc) or call 703-323-1641

### Red, White and Blue Tournament (Tee Time Start)

Saturday, July 6 • 8 a.m.

Burke Lake Golf Center  
(7-Adult)

- Teams of two players compete in an 18-hole scramble format, using alternating red, white and blue tees
- Prizes for first, second and third place teams and closest to the pin
- Best Dressed Golfer (team) award
- Cost: \$90 per team, includes lunch, complimentary range balls and push cart
- Limited to the first 36 teams
- No rain date

Fee due at time of registration. To register visit [www.fairfaxcounty.gov/parks/golf/blgc](http://www.fairfaxcounty.gov/parks/golf/blgc) or call 703-323-1641



### Red, White & Blue Tournament (Tee Time Start)

Sunday, July 7 • 8 a.m.

Pinecrest Golf Course  
(7-Adult)

- Join us in celebrating the USA with a fun team event with a twist!
- Two players per team play a 9-hole scramble, playing from different tees on every hole
- Three Divisions: adults 18 and up, adult/junior 7-12 and adult/junior 13-17
- Prizes for first, second and third place in all divisions and closest to the pin
- Lunch and prizes following the tournament
- \$110 per team, lunch and carts included
- Limited to first 24 teams

Fee due at time of registration, to register visit [www.fairfaxcounty.gov/parks/golf/pinecrest](http://www.fairfaxcounty.gov/parks/golf/pinecrest) or call 703- 941-1061

### Junior Club Championship

Saturday, July 13 • 10 a.m.

Oakmont Golf Center  
(7-17 yrs.)

- Participants compete in a 9-hole stroke play tournament
- Two age divisions: 12 and under and 13-17
- Prizes awarded for first, second and closest to the pin in each division
- Low overall score will be the Junior Club Champion
- Tee times will be assigned two days before the event
- \$30 per player
- Rain date: July 20

Fee due at time of registration, to register visit [www.fairfaxcounty.gov/parks/golf/oakmont](http://www.fairfaxcounty.gov/parks/golf/oakmont) or call 703- 255-5390

### Modified Stableford

Saturday, July 13 • 10 a.m.

Jefferson Golf Course  
(Adults)

- Participants compete in 9-hole stroke play tournament
- Modified Stableford scoring system. This system awards points for good scores (double eagles, eagles and birdies). Deducts points for poor scores (bogeys and double bogeys)
- The golfer with the most points wins
- \$40 per player
- Rain date: July 20

Fee due at time of registration, to register call 703- 573-0444

Join us for  
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**Fairfax**  
**league play**



## Adult Leagues

Connect, compete and socialize

**April-October**

**Burke Lake, Greendale,  
Jefferson, Oakmont,  
Pinecrest, Twin Lakes**

### Leagues

- Women's
- Men's
- Senior
- Co-Ed
- Social and Beginner

For more information or to join visit  
[www.fairfaxcounty.gov/parks/golf/leagues](http://www.fairfaxcounty.gov/parks/golf/leagues)



# Junior Golf

**Introduce your teen or child to golf!**

- ▶ 35% off Greens Fees at all courses\*
- ▶ Burke Lake and Oakmont - Buy any sized bucket and get one small bucket free, one per day.
- ▶ Classes and Camps for kids (5-8 yrs.) and juniors (7-17 yrs.)
- ▶ Clubs not required

\*Course availability varies.

For more info visit

[www.fairfaxcounty.gov/parks/golf/junior](http://www.fairfaxcounty.gov/parks/golf/junior)





## Junior Club Championship

### (Tee Time Start)

Sunday, August 4 • 8 a.m.

Pinecrest Golf Course

(7-17 yrs.)

- Junior golfers compete in a 9-hole individual stroke play tournament
- Three age divisions: 7-10, 11-13 and 14-17
- Prizes for first, second and third place in each division and closest to the pin
- Lunch and prizes following tournament
- \$45 per player, lunch and push carts included
- Limited to first 48 athletes
- Rain date: August 11

Fee due at time of registration, to register visit [www.fairfaxcounty.gov/parks/golf/pinecrest](http://www.fairfaxcounty.gov/parks/golf/pinecrest) or call 703-941-1061

## Junior Club Championship

### (Tee Time Start)

Saturday, August 10 • 8 a.m.

Burke Lake Golf Center

(7-17 yrs.)

- Junior golfers compete in an 18-hole stroke play tournament
- Multiple flights based on age: ages 10-11, 12-13, 14-15, 16-17
- Parents are welcome to walk with or caddy for their junior golfer
- Prizes for the champion of each flight and closest to the pin contest
- Cost: \$45 per player, includes lunch, complimentary range balls and pushcart.
- Rain date August 17

Fee due at time of registration. To register visit [www.fairfaxcounty.gov/parks/golf/blgc](http://www.fairfaxcounty.gov/parks/golf/blgc) or call 703-323-1641

## Club Championship

Saturday, August 17, 8 a.m.

Jefferson Golf Course

(Adults)

- Participants compete in an 18-hole stroke play tournament
- Players are placed into flights based on their first 9-hole score
- \$55 per player
- Rain date: August 24

Fee due at time of registration, to register call 703-573-0444

## Celebrate your Special Day

at Laurel Hill Golf Club or Twin Lakes Golf Course clubhouse.



Visit [www.fairfaxcounty.gov/parks/golf/parties](http://www.fairfaxcounty.gov/parks/golf/parties)

## Life-changing opportunities through golf!



### Juniors-Play a Round for \$5

**Where:** Burke Lake (Nine or 18 holes) or Oakmont (Nine holes)

**Who:** Youth on Course members, ages 6-18

**When:** Monday-Thursday after 12 p.m. or Friday-Sunday after 2 p.m.

Learn more and become a member at [www.fairfaxcounty.gov/parks/golf/junior](http://www.fairfaxcounty.gov/parks/golf/junior)

In partnership with Youth on Course and the Virginia State Golf Association.



## PRIVATE GOLF INSTRUCTION

### LEARN FROM THE PROS!

- Private and Semi-Private Lessons
- Top-rated instructors and facilities
- PGA, LPGA & USGTF pros
- On-course Packages



For all options visit [www.fairfaxcounty.gov/parks/golf/instruction](http://www.fairfaxcounty.gov/parks/golf/instruction)







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# Every Body Golf School

Teaching the game of a lifetime

Head Golf Professionals: Noel Jablonski, LPGA • George Danielson, PGA  
3136 Jermentown Road • Oakton, VA 22124



## Lesson Information

- **Lessons taught** by the area's most experienced team of PGA, LPGA, and USGTF professionals year round
- **Gift Certificates** are available for purchase at [everybodygolf.com](http://everybodygolf.com)
- **Club fitting** available for Callaway and PXG
- **Loaner clubs** available upon request.
- **Lessons conducted in Sheltered and heated practice bays.**

### Intermediate Golf For Adults

This four week class features an intermediate level review of fundamentals, and most typical golf shots. Prerequisite: Beginning Golf 2 or equivalent experience. Four- 50 minute lessons on four consecutive weeks. Fee: \$125, plus range balls.

Day	Time	Start Date
Sunday	12:05pm	June 23 OR Aug 4

### Short Game Intensive

Students will work on all areas of the short game including putting, chipping and sand shots. Two 100-minute sessions. Fee: \$125, Practice balls provided

Day	Time	Start Date
Saturday	10:05am	June 15
Saturday	12:05pm	Aug 18

## Oakmont 2024 Summer Schedule

### Beginning Golf 1 For Adults

Students learn the basic skills needed to play golf. Grip, stance, full swing, putting, chipping, and pitching are taught, as well as etiquette and rules. Six 50-minute sessions on six consecutive weeks. Fee: \$140 plus range balls.

Day	Time	Start Date
Saturday	9:05am	June 15
Saturday	10:05am	June 15 (Ladies Only)
Monday	7:05pm	June 17
Tuesday	10:05am	June 18 (Ladies Only)
Sunday	1:05pm	July 14

### Accelerated Beginning Golf 1 For Adults

Students learn the basic skills needed to play golf. Grip, stance, full swing, putting, chipping, and pitching are taught, as well as etiquette and rules. Six 50-minute sessions TWICE A WEEK ON THREE CONSECUTIVE WEEKS. Fee: \$140 plus range balls.

Day	Time	Start Date
Tues- Thurs	7:05pm	June 4 OR July 9 OR Aug 6
Sat- Sun	11:05am	June 8 OR Aug 10

### Beginning Golf 2 For Adults

This class reviews golf fundamentals: grip, stance, and swing. This class also reviews various shots: fairway clubs, tee shots, and short game. PREREQUISITE: Beginning Golf 1 or equivalent experience. Fee: \$140 plus range balls.

Day	Time	Start Date
Wednesday	7:05pm	June 5
Saturday	2:05pm	June 15
Tuesday	11:05am	June 18 (Ladies Only)

### Adult/Junior Beginning Golf

This class covers all the basic skills of golf including grip, stance, full swing, chipping, and putting. Rules and etiquette are also taught. A great course for any beginning adults and juniors. AGES 8 and UP. Six-50 minute lessons on 6 consecutive weeks. Class is limited to 10 students. Fee: \$140 plus range balls.

Day	Time	Start Date
Saturday	4:05pm	June 15
Sunday	4:05pm	June 16

### SNAG (Starting New at Golf)

Every Body Golf School offers a child-friendly, safe, and easy method to teach basic golf skills to youngsters who have not had prior golf experience. The SNAG COACHING SYSTEM uses task-focused instruction to improve the motor skills required to play golf. Students use specifically designed equipment that will make the transition to traditional golf equipment faster and easier. Let us help your future player get on the right track! Limited to 6 students. We provide all equipment. Four 45-minute sessions. Fee: \$90

Day	Time	Start Date
Saturday	3:05pm	July 13 OR Aug 24
Saturday	4:05pm	July 13 OR Aug 24
Sunday	3:05pm	July 14 OR Aug 25
Sunday	4:05pm	July 14 OR Aug 25

### Beginning Junior Golf

Limited to 10 students, this class is designed to help junior golfers learn the basics of the game including rules and etiquette, the short game and full swing. Four 50-minute sessions on four consecutive weeks. Fee: \$95, includes range balls.

Day	Time	Start Date
Saturday	12:05pm	June 22 OR Aug 3
Saturday	3:05pm	June 22 OR Aug 3
Sunday	3:05pm	June 23 OR Aug 4

### Beginning Teen Golf

Limited to 10 students, this class is designed to help teen golfers ages 13-17, learn the basics of the game including rules and etiquette, the short game, and the full swing. Four 50-minute lessons on four consecutive weeks. Fee: \$95 includes range balls

Day	Time	Start Date
Sunday	2:05pm	June 23 OR Aug 4

### Intermediate Junior Golf

This four-week class is designed for the young golfer who has taken our basic junior program. This class will be limited to 8 students to allow the instructor to work more closely with each child on specific, individual needs. Four 50-minute sessions on four consecutive weeks. Fee: \$110 includes range balls.

Day	Time	Start Date
Saturday	1:05pm	June 22 OR Aug 3

- Two easy ways to register: Online at [www.everybodygolf.com](http://www.everybodygolf.com) or by phone at 703-255-5396.



## History

Scan the QR code to go directly to the Parktakes Online History page.



### Colvin Run Mill Historic Site

10017 Colvin Run Road • Great Falls  
703-759-2771

[www.fairfaxcounty.gov/parks/colvinrunmill](http://www.fairfaxcounty.gov/parks/colvinrunmill)

Now a beautiful, wooded park, Colvin Run Mill Historic Site preserves and interprets Fairfax County's agricultural and industrial history. The buildings here were the center of the Colvin Run community throughout the 19th and early 20th centuries. The water-powered Colvin Run Mill was essential to the local farming community and the Colvin Run General Store was where people shopped, gathered, and conducted business.

- Take a self-guided walk and see the Colvin Run Mill's exterior, including the 20-foot waterwheel
- Join a docent-guided Mill Tour to explore this still-operational example of early American mass production
- Visit the 200-year-old Miller's House and replanted gardens to experience 1800s home life
- Shop in the c. 1910 Colvin Run General Store, where you can see exhibits, purchase CRM-ground grains and other gift items
- Recreational and educational activities for all ages
- Thematic tours, classes, camps, school programs and special events
- On the National Register of Historic Places and the Virginia Landmark Register

#### Hours and Admission

**General Store** open Thursday-Sunday,  
11 a.m.-4 p.m.

**Miller's House** open most Saturdays-Sundays,  
11 a.m.-4 p.m.



### Ellanor C. Lawrence Park and Walney Visitor Center

5040 Walney Road • Chantilly  
703-631-0013

[www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence)

The Walney Visitor Center features natural and cultural exhibits and a hands-on area to introduce the public to the past farmland and present parkland.

- Historic structures and foundations: dairy foundation, spring house, icehouse foundation and smokehouse
- Gardens
- Kid-friendly red wagon sandboxes

#### Hours and Admission

**Visitor Center** open Monday, Wednesday-Friday, 9 a.m.-5 p.m. and Saturday-Sunday 12 p.m.-5 p.m. (closed Tuesdays). Programs meet at the Walney Visitor Center unless otherwise noted. Various themed tours are available for \$10 per person. For more information, call 703-631-0013. Grounds open dawn to dusk.



### Historic Green Spring

4603 Green Spring Road • Alexandria  
703-941-7987

[www.fairfaxcounty.gov/parks/green-spring/historic-house](http://www.fairfaxcounty.gov/parks/green-spring/historic-house)

Families occupied the 1784 Historic House until the mid-20th century when Green Spring became a public park. Features include:

- Historic House and garden
- Lectures
- English tea programs
- Tasting parties
- Workshops
- Changing art exhibits
- Historic photo exhibit and informational videos
- On the National Register of Historic Places
- Listed on the Virginia Landmarks Register
- Tea-themed items for purchase

#### Hours and Admission

**Historic House** is open Wednesday-Sunday,  
Noon-4:30 p.m. Grounds open dawn to dusk daily.



### Historic Huntley

6918 Harrison Lane • Alexandria  
703-768-2525

[www.fairfaxcounty.gov/parks/historic-huntley](http://www.fairfaxcounty.gov/parks/historic-huntley)

The Huntley Villa, built circa 1825 and connected to the Mason family, is listed on the National Register of Historic Places and the Virginia Landmark's Register. Historic Huntley is a three-acre park containing the Federal style villa, a brick privy, an icehouse, root cellar, an additional residence and cultural landscape features. The grounds at Historic Huntley are open dawn to dusk from March through November.

### Huntley Meadows Park

3701 Lockheed Blvd. • Alexandria  
703-768-2525

[www.fairfaxcounty.gov/parks/huntley-meadows](http://www.fairfaxcounty.gov/parks/huntley-meadows)



### Sully Historic Site

3650 Historic Sully Way • Chantilly  
703-437-1794

[www.fairfaxcounty.gov/parks/sully](http://www.fairfaxcounty.gov/parks/sully)

The 1794 home of Northern Virginia's first congressman, Richard Bland Lee, combines aspects of Georgian and Federal architecture. Guided tours highlight the early 19th century Lee family, the enslaved community, and other families who lived here before it became a park in 1959. Features include:

- Historic house
- Original outbuildings
- Slave quarter cabin
- Heirloom garden
- Squirrel's Nest gift shop
- Accredited by the American Alliance of Museums
- On the National Register of Historic Places
- Listed on the Virginia Civil Wars Trail
- Part of the Underground Railroad Network to Freedom

#### Hours and Admission

**Gift shop** Open Saturday-Sunday, 11 a.m.-4 p.m.



**Family All/Ages****Father's Day Mill in Motion**

**(All Ages)** Bring dad or grandad out to see and hear 19th century technology at work. The miller will be grinding, conditions permitting. Please call the site to confirm. Free admission for fathers and grandfathers.

**1--3 hour program**

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	12pm	XK0.MXOW	6/16	\$10/ea.

**Paths of Freedom Seekers**

**(8-Adult)** Listen to stories of African Americans who were forced to live and work on this farm. Reflect on stories of resistance and survival. Learn how enslaved communities and freedom seekers have forged a path of resiliency throughout American history.

**1--1 hour program**

Location	Day	Time	Code	Date	\$
ECLawrncePk	W	10am	QYM.5Y9B	6/19	\$8/ea.

**Dairy Days - Ice Cream Making & Butter**

**(5-Adult)** Churn butter, crank ice cream, milk a fake cow, play 18th century games and experience the products of an historic dairy. Children must be accompanied by an adult.

**1--45 minute program**

Location	Day	Time	Code	Date	\$
Sully	F	11am	851.2L32	7/5	\$8/ea.
Sully	F	1pm	851.BAK4	7/5	\$8/ea.
Sully	Sa	11am	851.LFHK	7/13	\$8/ea.
Sully	Sa	1pm	851.V3W7	7/13	\$8/ea.
Sully	F	11am	851.LY3U	7/19	\$8/ea.
Sully	F	1pm	851.ER7V	7/19	\$8/ea.

**Mill in Motion**

**(All Ages)** We're running the mill like it's 1811 when the mill was first operating. Come see one of the country's remaining examples of early American mass production. Learn why Oliver Evans' plans for an automated mill received one of the first US patents and revolutionized food production in the young country. After you explore the mill, visit the 19th century Miller's House exhibit and stop in the Colvin Run General Store to purchase grain ground at the mill.

**1--3 hour program**

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	12pm	9NY.7UGG	6/2	\$10/ea.

**Making Ice & Ice Cream at Walney**

**(4-Adult)** Crank ice cream as you discover how ice was harvested and stored in this 19th century farm. Try using ice tongs. Children must be accompanied registered adult.

**1--1 hour program**

Location	Day	Time	Code	Date	\$
ECLawrncePk	Sa	2pm	AC3.PBXU	7/20	\$9/ea.

**Peaches and Cream**

**(6-Adult)** Get a taste of summer with hearth-cooked peach pie! Back in the 18th century, Sully Historic Site had more than 1,200 peach trees. Although the orchard is gone, you can still explore the history of Sully's peaches and all their uses as you cook peach pie using dried peaches, following our historic recipe, outside over a fire. Make sure to have it a la mode with our hand-churned peach ice cream.

**1--2 hour program**

Location	Day	Time	Code	Date	\$
Sully	Sa	10am	271.Z207	8/24	\$15/ea.
Sully	Sa	1pm	271.CWMA	8/24	\$15/ea.

**Adult Programs****Garden Tour and Ice Cream**

**(Adults)** Tour the vibrant summer gardens with a Green Spring Master Gardener docent. Finish at the Historic House lawn to enjoy delicious ices, served with toppings and garnishes.

**1--1 hour 30 minute program**

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	17Q.QAT3	6/15	\$15/ea.
GrnSprGardn	Sa	10:30am	17Q.PM9S	7/20	\$15/ea.

**Historic Green Spring Tea Programs**

A traditional British afternoon tea served in the Historic House follows each tea program. Full tea includes finger sandwiches, pastries and scone with cream and jam. Programs are by reservation only. Call 703- 941-7987, TTY 703-324-3988.

**Feel the Burn**

**Sunday, June 9 • 1-3 p.m.**

**\$40 (lecture + tea); \$18 (lecture only)**

**(Adults)** Explore changing attitudes towards physical fitness throughout history and discover fitness fads and fashions from the past. From the beneficial to the bizarre, changing workout trends have hooked generations of exercisers seeking the body beautiful.

**Summer Garden Tour & Tea**

**Thursdays, June 13, July 18, August 15 • 1-3 p.m.**

**\$40 (tour + tea)**

**(Adults)** Take a tour of the vibrant summer demonstration gardens with an Extension Master Gardener docent. Find inspiration in our horticulturists' plant choices and garden bed designs. Hear about our 18th century origins and our mission today, then step inside for afternoon tea. Garden tours run rain or shine.

**Liberty Tea Party Quiz**

**Saturday, June 29 • 1-3 p.m.**

**\$40**

**(Adults)** The Fourth of July brings out fireworks, apple pie and patriotism. Toast the country's independence at the tea table and test your knowledge with our quiz which reveals little-known details behind our nation's early history, notable figures, symbols and events.



## Exploring our Historic Meeting House and Grounds

**Frying Pan Park**

**Saturday, June 15 • 11 a.m.-2 p.m.**

**Free Event**

**Registration Recommended**

## Juneteenth Celebration

**Sully Historic Site**

**Wednesday, June 19 • 10 a.m.-4 p.m.**

**Free Event**

**Registration Recommended**

**(All Ages)**



[www.fairfaxcounty.gov/parks/topics/juneteenth](http://www.fairfaxcounty.gov/parks/topics/juneteenth)



# History

## US vs UK: Who Does Tea Better?

Sunday, July 14

1-3 p.m.

**\$40 (lecture + tea); \$18 (lecture only)**

(Adults) Teatime preferences and etiquette are quite different in these two nations divided by a common beverage. Discover tea's riveting history on both sides of the "pond" and differences between the two tea cultures that may surprise you. Consider the provocative question of who does it better.

## Stolen History

Sunday, July 28

1-3 p.m.

**\$40 (lecture + tea); \$18 (lecture only)**

(Adults) Throughout history, artifacts have been plundered from their countries of origin. Hear about cultural treasures stolen by souvenir-takers, relic smugglers and antiquities traffickers, past and present. Consider the significance of looted artifacts, whether they have been preserved or purloined and the arguments for giving them back.

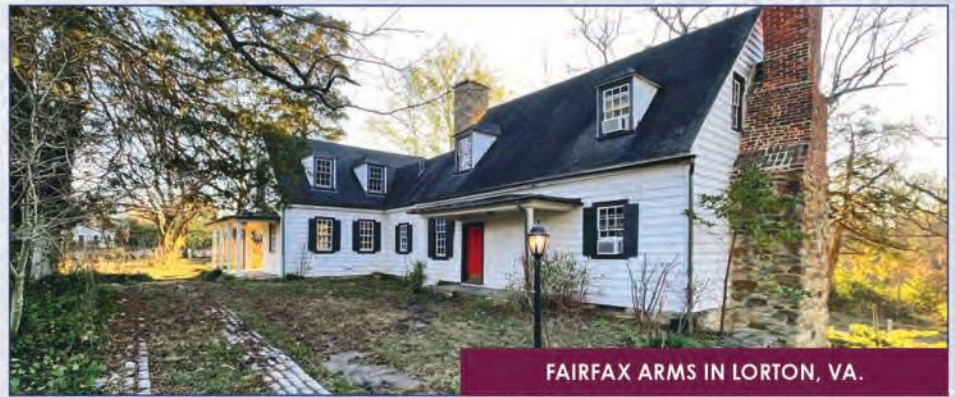
## Handy History

Sunday, August 11

1-3 p.m.

**\$40 (lecture + tea); \$18 (lecture only)**

(Adults) Lefthander's Day is on August 13. Discover what we know about our "handedness" and explore lefthanded myths and surprising facts. Hear about historical persecution of lefties and supposed "sinister" associations. Celebrate famous lefties who succeeded in a right-handed world.



FAIRFAX ARMS IN LORTON, VA.

## BE A PRESERVATION HERO

HISTORY ★ PRESERVATION PARTNERSHIPS

For more information visit

[www.fairfaxcounty.gov/parks/rcp](http://www.fairfaxcounty.gov/parks/rcp)

call 703-324-8700 or email

[Parkmail@fairfaxcounty.gov](mailto:Parkmail@fairfaxcounty.gov).

Help Fairfax County preserve our tangible past by partnering with us to care for our historic resources.

The Resident Curator Program is designed to preserve historic properties by offering long-term leases to qualified tenants who agree to rehabilitate and maintain these historic resources. In return, curators pay no rent as long as they continue to meet the terms of their contract.



## Tours

### Colvin Run Mill Tour

Saturdays & Sundays, June-August

11 a.m., 12 p.m., 1 p.m. & 2 p.m.

**\$10 per person, \$8 Seniors/Students/Children (5-15 yrs.)**

1-hour tour, Reservations Recommended

(All Ages) Enjoy a tour of historic Colvin Run Mill built c.1811. The mill is a tribute to industrial and mechanical innovation, and to the working people who made it happen. You will learn the importance of the mill to the multifaceted, surrounding community. Explore why our operational, water-powered gristmill is a prime example of how people, technology, and society rely upon each other for survival and success. You will see how the miller continues to make flour and cornmeal today. The tour covers the main grinding floor and the basement, including the gear pit. This tour is ADA compliant. Private tours available upon request. Please contact the site for details. Grain products ground at the mill are available for purchase in our General Store year round! Individual tour tickets available at Parktakes online.

### Historic Huntley House Tour

Saturdays, June-August, 10:30 a.m. & 12 p.m.

**\$10 per adult, \$8 Seniors/Students/Children (5-15 yrs.)**

1-hour tour, Reservations Recommended

(All Ages) Discover a Historic Huntley and the many vistas, voices, and stories which reflect the American quest for freedom. The tour includes the unfurnished late Federal style 1825 villa, farm out-buildings, stories from the Huntley community, and an unparalleled view of the Hybla Valley. The short walk to the villa

proceeds up a steep hill, an ADA compliant cart is available on request (please contact us in advance). Private tours are available upon request. Please contact the site for details. Individual tickets available at Parktakes online.

### Sully Historic House Tour

Saturday and Sunday, June-August

11 a.m., 1 p.m. & 3 p.m.

**\$10 per adult, \$8 Seniors/Students/Children (5-15 yrs.)**

45-minute tour, Reservations Recommended

(All Ages) Enjoy a tour of the 1794 dwelling, built for Richard Bland Lee, Northern Virginia's first Congressman. The story includes his family, political career and the life of the enslaved community that supported Sully. Accredited by the American Alliance of Museums, Sully is on the National Register of Historic Places and is part of the National Park Service Underground Railroad Network to Freedom. Private tours available upon request. Please contact the site for details. Individual tickets available at Parktakes online.

### Colvin Run Before & After the 13th Amendment

Saturday, June 15 and

Wednesday, June 19 • 1 p.m.

**\$12 per adult, \$10 Seniors/Students/Children (5-15 yrs.)**

1-hour tour, Reservations Recommended

(12-Adult) Come learn how enslaved and free African Americans helped build and maintain the mill and the Colvin Run community. Discover how, after slavery was outlawed, African Americans developed more connections to the community and created spaces of their own.

49<sup>TH</sup> ANNUAL

SULLY ANTIQUE CAR SHOW

**SUNDAY, JUNE 16 • 10 A.M. - 3 P.M.**

**Sully Historic Site, Chantilly**

**ADVANCED TICKETING ONLINE:**

**\$12 Adult • \$10 Senior • \$8 Children (ages 5-15)**

**DAY-OF GATE PRICING:**

**\$15 Adult • \$12 Senior • \$10 Children (ages 5-15)**

**MORE THAN 350 ANTIQUE CARS TO BE JUDGED & TROPHIES AWARDED**

- CAR CORRAL
- LIVE MUSIC
- FOOD VENDORS
- PARADE OF 100 YEAR OLD CARS
- HOUSE TOURS (OF FIRST FLOOR ONLY)
- ANTIQUE CRAFT & FLEA MARKET

703-437-1794

[WWW.FAIRFAXCOUNTY.GOV/PARKS/SULLY-HISTORIC-SITE](http://WWW.FAIRFAXCOUNTY.GOV/PARKS/SULLY-HISTORIC-SITE)



## Ice Skating

Scan the QR code to go directly to the Parktakes Online Ice Skating page.



## Skating Tots

## Snowplow Sam 1

(4-6 yrs.) This class helps students develop preliminary coordination and strength necessary for ice skating. Students must be able to work in a group setting without direct parental supervision and be able to listen to and follow instructions. Skating skills include falling safely, marching in place, marching forward, marching then gliding on two feet, dipping in place and other skills geared towards balance, movement and coordination. Helmets are required.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	6:40pm	8A6.TQJC	6/17	DIAA
FfxIceArena	T	6:40pm	8A6.Q4EZ	6/18	DIAA
FfxIceArena	T	12:30pm	8A6.IGIR	6/18	DIAA
FfxIceArena	Th	6:40pm	8A6.AFT4	6/20	DIAA
FfxIceArena	Th	12:30pm	8A6.P086	6/20	DIAA
FfxIceArena	Sa	10:05am	8A6.10GS	6/22	DIAA

## Tot 1

(4-6 yrs.) For children who have not had organized skating instruction. Students work on standing and falling properly, getting up properly and marching in a standing position.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	6:40pm	9B3.FWDO	6/17	DIAA
FfxIceArena	T	6:40pm	9B3.75XR	6/18	DIAA
FfxIceArena	T	12:30pm	9B3.TGI7	6/18	DIAA
FfxIceArena	Th	6:40pm	9B3.K3S5	6/20	DIAA
FfxIceArena	Th	12:30pm	9B3.DHDD	6/20	DIAA
FfxIceArena	Sa	10:05am	9B3.OYNU	6/22	DIAA



Buy your passes online at [www.fairfaxcounty.gov/parks/watermine](http://www.fairfaxcounty.gov/parks/watermine) or call 703-246-5929.



The Water Mine  
at Lake Fairfax Park  
1400 Lake Fairfax Dr., Reston



## Beginning Skating-Youth

## Basic 1

(7-13 yrs.) For students who have never skated before, this class helps students develop preliminary coordination and strength necessary for ice skating. Students learn basic elements which provide a solid foundation for more advanced skills. Skating skills include falling safely, sitting on ice and standing up, marching in place, marching forward across the ice, marching then gliding on two feet, forward two-foot glide, dipping in place, forward swizzles, backward wiggles, beginning snowplow stop on two feet or one foot and other skills geared towards balance, movement and coordination. Helmets are required.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	7:15pm	7AC.95IA	6/17	DIAA
FfxIceArena	T	7:15pm	7AC.N055	6/18	DIAA
FfxIceArena	T	12:30pm	7AC.KZAO	6/18	DIAA
FfxIceArena	Th	7:15pm	7AC.4PWK	6/20	DIAA
FfxIceArena	Th	12:30pm	7AC.0TKZ	6/20	DIAA
FfxIceArena	Sa	10:40am	7AC.9UKP	6/22	DIAA

## Pre-Alpha

(7-13 yrs.) For those who have not had organized skating instruction. Students work on standing and falling properly, getting up properly and marching in a standing position.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	M	7:15pm	E65.UQOK	6/17	DIAA
FfxIceArena	T	7:15pm	E65.Q2W2	6/18	DIAA
FfxIceArena	T	12:30pm	E65.NAJC	6/18	DIAA
FfxIceArena	Th	7:15pm	E65.QPG3	6/20	DIAA
FfxIceArena	Th	12:30pm	E65.VLHT	6/20	DIAA
FfxIceArena	Sa	10:40am	E65.MCBC	6/22	DIAA

## Beginning Skating-Teens/Adults

## Adult 1

(14-Adult) For students with some skating ability who have had no organized skating instruction. This class by Fairfax Ice Arena helps students develop preliminary coordination and strength necessary for ice skating. Students learn basic skills such as falling and recovery, forward marching, forward two-foot glide, forward swizzles, one forward swizzle/one backward swizzle, dip and other skills geared toward balance, movement and coordination.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	T	7:50pm	GCH.J1XL	6/18	DIAA
FfxIceArena	Th	7:50pm	GCH.AV0M	6/20	DIAA
FfxIceArena	Sa	11:15am	GCH.7HEZ	6/22	DIAA

## Pre-Alpha

(14-Adult) For those who have not had organized skating instruction. Students work on gliding, forward and backward swizzles, backward wiggles and one-foot glides.

DIAA 7--30 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
FfxIceArena	T	7:50pm	C52.JSJS	6/18	DIAA
FfxIceArena	Th	7:50pm	C52.5C6C	6/20	DIAA
FfxIceArena	Sa	11:15am	C52.Z7QL	6/22	DIAA





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*Fairfax County Park Authority offers numerous spaces to rent for a fun, memorable event!*

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[www.fairfaxcounty.gov/parks/parties](http://www.fairfaxcounty.gov/parks/parties)

- Athletic fields and courts
- Pools
- Ice Arena
- Indoor spaces (rooms, class spaces, auditoriums, library, atriums, etc.)
- Golf Ranges
- Mini Golf
- Golf Banquet Halls
- Historic properties
- Nature centers
- Picnic areas, shelters, canopies, amphitheater
- Campsites
- Showmobile
- Water Mine



## 2 FOR 1 ICE SKATING DISCOUNTS

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with purchase of Public Ice Skating admission of equal or greater value.  
Open 7 Days A Week

Fairfax Ice Arena  
3779 Pickett Road • Fairfax, 22031 • 703-323-1132  
With this coupon only. Not valid with any other offers.  
Offer expires 08/31/24. PT

## LESSON COUPON

### SAVE \$10<sup>00</sup>

Register at Fairfax Ice Arena  
or Register online at  
[www.fairfaxicearena.com](http://www.fairfaxicearena.com)

Use Promo Code: **PARKTAKES**

Fairfax Ice Arena  
3779 Pickett Road • Fairfax, 22031 • 703-323-1132  
With this coupon only. Not valid with any other offers.  
Offer expires 08/31/24. PT

## WAYS TO REGISTER FOR LESSONS & PARTIES

- In-person at Fairfax Ice Arena
- Online—[fairfaxicearena.com](http://fairfaxicearena.com)
- Over the phone call 703-323-1132

# Ice Skating Lessons

## Beginner & Novice Classes

Lessons for Tots 3–6 yrs., Children 7–12 yrs.,  
Teens & Adults

7-Week Program including:

- ★ Seven 30-minute lessons
  - ★ Seven practice sessions
  - ★ FREE skate rental
- Only \$170\***

## Intermediate & Advanced Classes

(Gamma thru All Freestyle Levels)

10 Weeks of Skating Lessons

**Only \$240\***

**Call Our Lesson Office Today!**  
**Register for Summer Camps Now!**

\* Weekend classes slightly higher

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**703-323-1132 • [www.fairfaxicearena.com](http://www.fairfaxicearena.com)**



PLEASE SCAN



## Martial Arts

Scan the QR code to go directly to the Parktakes Online Martial Arts page.



For yoga, meditation, Pilates, Qigong and Tai Chi classes, see the alternative exercise listings in the Exercise and Fitness section.

### For martial arts classes:

- Testing, conducted on and off site for an additional fee, may be required to advance to the next martial arts level. Testing dates are announced at the start of class.
- Uniforms are required for classes at all locations. Uniforms may be purchased through any source and may be available from the instructor for a separate fee. Since specific uniforms may be mandatory for testing/advancement in certain classes, it is recommended that you check with the instructor before buying.
- Separate fees may be charged for tournaments, protective gear and belts, if required for advancement.

### Aikido & Self Defense Beginning

Japanese concept of circular motion to neutralize an attacker's power by moving with it. Defense against grabbing, choking and striking attacks are covered. Emphasis is on techniques that are effective without causing serious or permanent injury to the attacker.

3MB	8--1 hour 25 minute lessons--\$151
3MG	8--1 hour 55 minute lessons--\$201

Location	Day	Time	Code	Begin	\$
(10-17 yrs.)					
SphillREC	Su	2:30pm	OKJ.081V	6/30	3MB
(13-Adult)					
SoRunREC	Sa	4pm	78D.2KBU	6/29	3MG

### Aikido & Self-Defense Intermediate

(13-Adult) Prerequisite: Aikido and Self-Defense Beginning or permission of instructor.

3MB	8--1 hour 25 minute lessons--\$151
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Location	Day	Time	Code	Begin	\$
SphillREC	Su	4pm	CF6.F5VN	6/30	3MB

### Aikido & Self-Defense Advanced

(13-Adult) Prerequisite: Aikido and Self-Defense Intermediate or permission of instructor.

3MB	8--1 hour 25 minute lessons--\$151
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Location	Day	Time	Code	Begin	\$
SphillREC	Su	5:30pm	AQ6.XXDA	6/30	3MB

### Japanese Swordsmanship

(13-Adult) Students learn the ancient samurai sword arts stances, postures and movements, including iaijutsu sword-drawing and cutting techniques and paired-student kenjutsu exercises. Equipment is provided for beginning students.

3MA	8--55 minute lessons--\$102
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Su	6pm	90A.5LCR	6/30	3MA
Wkfld/Moore	W	7pm	90A.7U91	7/03	3MA



### Jodo-Japanese Staff

(13-Adult) Class focuses on the Japanese marital art of jodo, uses a 50-inch hardwood staff and is based on the Shindo Muso Ryu martial tradition. Class covers basic jodo techniques as well as a series of interactive drills and kata that comprise the art. All levels welcome and all equipment provided.

3MA	8--55 minute lessons--\$102
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Location	Day	Time	Code	Begin	\$
CubRunREC	Th	7pm	60E.4PIH	6/20	3MA

### Judo

(13-Adult) Learn the most efficient use of mental and physical energy for defense through judo techniques including throwing, choking, holding and joint locking.

3MA	8--55 minute lessons--\$102
-----	-----------------------------

3MB	8--1 hour 25 minute lessons--\$151
-----	------------------------------------

Location	Day	Time	Code	Begin	\$
ProvREC	Su	5pm	5F3.HAYI	6/30	3MA
SphillREC	Th	5pm	5F3.3U4N	6/27	3MB
SphillREC	Su	12:30pm	5F3.6QON	6/30	3MB

### Jujitsu-All Levels

(13-Adult) Self-defense typified by grab escapes, throwing and submission holds.

3MB	8--1 hour 25 minute lessons--\$151
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Location	Day	Time	Code	Begin	\$
ProvREC	Su	3:30pm	E32.3T4K	6/30	3MB

### Jung Su Beginning

Martial art that combines tang soo do, jujitsu and kickboxing. Learn a wide range of skills that cover blocking, striking, kicking, grappling, sparring, weapons defense and traditional armed fighting.

3MA	8--55 minute lessons--\$102
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4MA	10--55 minute lessons--\$126
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Location	Day	Time	Code	Begin	\$
(6-Adult)					
CubRunREC	Sa	11am	28A.00WZ	6/15	4MA
(8-12 yrs.)					
Wkfld/Moore	Sa	10am	BWE.51BL	6/29	3MA

Wkfld/Moore	M	6pm	BWE.FX46	7/1	3MA
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### (13-Adult)

Wkfld/Moore	M	7pm	11F.U5LR	7/1	3MA
Wkfld/Moore	W	6pm	11F.RP53	7/3	3MA

### Jung Su Advanced

Prerequisite: Jung Su Beginning or equivalent.

3MB	8--1 hour 25 minute lessons--\$151
4MB	10--1 hour 25 minute lessons--\$189

Location	Day	Time	Code	Begin	\$
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### (6-Adult)

CubRunREC	Sa	11am	563.HX00	6/15	4MB
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### (8-Adult)

Wkfld/Moore	Sa	11am	3BJ.D8NG	6/29	3MB
Wkfld/Moore	W	7pm	3BJ.9VHQ	7/3	3MB

### Karate I

Designed to help you learn self-defense, gain confidence, and build leadership and independence.

3MA	8--55 minute lessons--\$102
CMCA	6--55 minute lessons--\$74
DMVF	10--45 minute lessons--\$111

Location	Day	Time	Code	Begin	\$
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### (6-12 yrs.)

OakmontREC	Su	3pm	27A.6NOB	6/30	CMCA
BIKBltFFX	M	5:30pm	4XF.HXH4	6/17	DMVF
BIKBltFFX	T	5:30pm	4XF.9GPL	6/18	DMVF
BIKBltFFX	W	5:30pm	4XF.4KSC	6/19	DMVF
BIKBltFFX	Th	5:30pm	4XF.JV7T	6/20	DMVF
BIKBltFFX	F	4:45pm	4XF.VOQC	6/21	DMVF

### (13-Adult)

Floris ES	Th	7pm	996.EEPH	6/20	CMCA
ProvREC	Su	1pm	996.S4L9	6/30	3MA
ProvREC	T	7pm	996.F6TE	7/2	3MA
BIKBltFFX	T	7:45pm	LYL.ASBD	6/18	DMVF
BIKBltFFX	Th	7:45pm	LYL.8R5N	6/20	DMVF

### Karate II

(6-Adult) Prerequisite: Karate I or equivalent.

3MA	8--55 minute lessons--\$102
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Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11am	964.LXR7	6/29	3MA
ProvREC	Su	2pm	964.RTQ2	6/30	3MA



# Martial Arts

## Karate for Families

**(6-Adult)** This class gives family members an opportunity to participate together. Students learn self-defense, gain confidence and build leadership and independence. Each student must register individually.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10am	D2F.Q2B5	6/29	3MA
Franconia Rec	Sa	12:30pm	D2F.FVT4	6/29	3MA
Frying Pan Park Th		7pm	D2F.DWWR	6/06	3MA
ProvREC	Su	12pm	D2F.NY8Y	6/30	3MA

## Okinawan Goju Ryu Karate

**(13-Adult)** Class focuses on teaching proper goju ryu technique with applications rather than extensive physical training. Kihon (basics), kata (forms) and bunkai (applications) are covered. Sparring is introduced as an option for interested students.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	11am	8E5.YDKD	6/23	3MA

## Okinawan Kenpo Karate

**(13-Adult)** Students learn traditional methods and develop connections to the Okinawan Masters of kenpo while gaining increased confidence, sense of community and knowledge of practical self-defense techniques. No prior experience is necessary.

3MB 8--1 hour 25 minute lessons--\$151					
Location	Day	Time	Code	Begin	\$
Sully Comm. Cntr.	Su	11am	5XR.JJ4V	6/23	3MB

## Shotokan Japanese Karate

**(6-Adult)** Learn self-defense through techniques such as blocking, punching, striking and kicking in combination with other related movements.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	8am	31A.23X2	6/29	3MA
SpHillREC	Sa	10am	31A.6ZOG	6/29	3MA
SpHillREC	M	7pm	31A.IWWC	7/1	3MA
SpHillREC	W	6pm	31A.OLF1	7/3	3MA

## Shotokan Japanese Karate II

**(6-Adult)** Shotokan Japanese Karate I strongly recommended.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	8am	454.B8SP	6/29	3MA
SpHillREC	Sa	9am	454.YHNH	6/29	3MA
SpHillREC	M	7pm	454.MRON	7/1	3MA
SpHillREC	T	7pm	454.PP4Q	7/2	3MA
SpHillREC	W	7pm	454.QSBK	7/3	3MA

## Shotokan Japanese Karate III

**(6-Adult)** Shotokan Japanese Karate II strongly recommended.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	8am	3E5.GORE	6/29	3MA
SpHillREC	Sa	9am	3E5.FAEC	6/29	3MA
SpHillREC	M	7pm	3E5.Y9XX	7/1	3MA
SpHillREC	T	7pm	3E5.H7IF	7/2	3MA
SpHillREC	W	7pm	3E5.LHWD	7/3	3MA

## Traditional Karate Uechi-Ryu

Success by complete discipline, physical defense, high personal standards, respect for others, positive attitude, confidence, leadership and control.

3MA 8--55 minute lessons--\$102					
4MA 10--55 minute lessons--\$126					
CMCA 6--55 minute lessons--\$74					
Location	Day	Time	Code	Begin	\$
<b>(6-Adult)</b>					
OakmontREC	Sa	5pm	9CF.VG62	7/13	CMCA
OakmontREC	Su	4pm	9CF.07LK	6/30	CMCA
SoRunREC	Sa	10:15am	9CF.PJ6V	6/29	3MA
<b>(13-Adult)</b>					
CubRunREC	Th	7pm	889.FT96	6/20	4MA
Waynewd ES	M	7:30pm	889.STTO	6/24	CMCA
Waynewd ES	W	7:30pm	889.HZWT	6/26	CMCA

## Kendo

**(13-Adult)** Traditional art of Japanese fencing using a bamboo sword-shinai. Supply fee of \$35 for classes at Franconia Rec Center.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
Franconia Rec	F	7pm	48C.X3FJ	6/28	3MA

## Kung Fu

**(6-Adult)** This traditional northern-style utilizes the empty hand, kicking and weapons training of Chinese Martial Arts. Additional fee for class t-shirt and pants.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	7pm	9DF.G93U	6/27	3MA
SpHillREC	Sa	10am	9DF.C77T	6/29	3MA
SpHillREC	T	7pm	9DF.MRZK	7/2	3MA

## Kung Fu II

**(6-Adult)** Prerequisite: Kung Fu I. This traditional northern-style utilizes the empty hand, kicking and weapons training of Chinese Martial Arts. For beginners to intermediate levels of white to green sash. Additional fee for class t-shirt and pants.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	7pm	CA6.UL3V	6/27	3MA
SpHillREC	Sa	9am	CA6.1D9Q	6/29	3MA

## Kung Fu III

**(6-Adult)** Prerequisite: Kung Fu II. For intermediate and advanced green to black sash students with continued training on long fist and short hand and northern kicks, as well as weapons training in staff, broadsword, straight sword and spear. Sparring and light contact drills offered as preparation for tournament competition.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	8am	9TG.WQLH	6/29	3MA

## Kung Fu MMA

**(13-Adult)** This class focuses on challenging conditioning and skills in the standing and ground arena. Tactics include versatility in punching and kicking and counters as well as options in common clinch and ground positions. Some personal safety equipment required.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	8pm	8K6.64ZI	6/27	3MA

## Indonesian Kung Fu

**(13-Adult)** Unique combination of Chinese gungfu and Indonesian pentjak silat offers a modern hybrid of the fighting arts. Training includes single- and multiple-attacker exercises, forms, solo drills, weapons and body conditioning.

3MB 8--1 hour 25 minute lessons--\$151					
4MB 10--1 hour 25 minute lessons--\$189					
Location	Day	Time	Code	Begin	\$
FranconiaREC	Sa	11am	6B2.5F2V	6/22	4MB
SoRunREC	Th	7pm	6B2.VDM9	6/27	3MB

## Kushin Itto-Ryu

**(Adults)** Kushin Itto-Ryu is a martial arts system that starts with aikijujutsu and then advances to uses of wooden bokken and other types of wooden practice weapons. Students will need to purchase a gi, bokken and hakama (for advanced practice).

3MB 8--1 hour 25 minute lessons--\$151					
Location	Day	Time	Code	Begin	\$
CubRunREC	T	6:30pm	MLJ.NNDY	6/25	3MB

## Tae Kwon Do I

Korean martial art that teaches traditional self-defense techniques including kicking, punching, blocking, sparring and forms through individual and partner training. These classes are taught by our private vendor partners.

3MA 8--55 minute lessons--\$102					
4MA 10--55 minute lessons--\$126					
CMVF 8--45 minute lessons--\$89					
DMVF 10--45 minute lessons--\$111					
Location	Day	Time	Code	Begin	\$
<b>(6-12 yrs.)</b>					
BIKBlTFFX	M	5:30pm	6MJ.UPWD	6/17	DMVF
BIKBlTFFX	T	5:30pm	6MJ.4IE0	6/18	DMVF
BIKBlTFFX	W	5:30pm	6MJ.57EM	6/19	DMVF
BIKBlTFFX	Th	5:30pm	6MJ.GDND	6/20	DMVF
BIKBlTFFX	F	4:45pm	6MJ.PHKG	6/21	DMVF
JRheeFlsCh	T	5:30pm	6MJ.381W	6/18	CMVF
JRheeFlsCh	W	6pm	6MJ.K706	6/19	CMVF
JRheeFlsCh	F	5:30pm	6MJ.99LY	6/21	CMVF
LdbyExFrOks	T	4:30pm	6MJ.CX2Q	6/18	DMVF
LdbyExFrOks	W	6pm	6MJ.CL1E	6/19	DMVF
LdbyExFrOks	Th	4:30pm	6MJ.9XRG	6/10	DMVF
LdbyExFrOks	F	5:15pm	6MJ.QBIO	6/21	DMVF
SoRunREC	Sa	12pm	6MJ.AXRH	6/29	CMVF
<b>(6-Adult)</b>					
CubRunREC	Su	11am	31F.IUAZ	6/23	3MA
CubRunREC	W	7:15pm	31F.YM21	6/26	4MA
Frying Pan Park Th		6pm	31F.NZRB	6/06	3MA
LdbyExFrOks	Sa	12:15pm	BAZ.ZCZV	6/15	DMVF
OakmontREC	T	7pm	31F.MKVD	6/25	3MA
<b>(13-Adult)</b>					
BIKBlTFFX	T	7:45pm	FM7.YPHB	6/18	DMVF
BIKBlTFFX	Th	7:45pm	FM7.RHBY	6/20	DMVF
LdbyExFrOks	W	6:45pm	FM7.RUA5	6/19	DMVF
LdbyExFrOks	F	6:45pm	FM7.Y46B	6/21	DMVF

## Tae Kwon Do II

**(6-Adult)** Prerequisite: Tae Kwon Do I or equivalent.

3MA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	12pm	2B9.G28S	6/23	3MA



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**fairfaxparks**





### Martial Arts for Seniors

(55 yrs.+ ) Basic martial arts techniques are introduced in this non-contact class. Movements are designed to help improve balance and strength.

**DMVD 8--55 minute lessons--\$130**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6:30pm	2IF.JLC3	6/27	DMVD

### Shoshinkan Martial Arts

(13-Adult) Learn principles, techniques and self-defense applications of traditional Karate, Kobudo (weapons) and Jujitsu.

**3MB 8--1 hour 25 minute lessons--\$151**

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6:30pm	ESD.IS8I	6/27	3MB
Wkfld/Moore	Su	4:30pm	ESD.4QZR	6/30	3MB

### Self-Defense for Women

(13-Adult) Learn proper use of strategy and tactics to defend yourself against attack. Course covers physical and psychological training, environmental awareness, verbal strategies, use of weapons and empty-handed defense.

**CMVA 6--55 minute lessons--\$96**

**DMVD 8--55 minute lessons--\$130**

Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	4pm	UBC.QJEM	6/29	CMVA
Wkfld/Moore	Th	7:30pm	UBC.K8M4	6/27	DMVD

**REGISTER ONLINE**

[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)

**On Sale May 1-31, 2024**



Enjoy **15% Off** Annual Memberships

- Access to all Rec Centers
- Track
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- Pools, Spas and Saunas
- Basketball and Racquetball Courts
- Strength Equipment, Cardio Equipment and Free Weights
- Fitness Center Orientations
- Drop-In Pickleball

Amenities vary by location.



FAIRFAX COUNTY PARK AUTHORITY  
**Rec CENTERS**

A wealth of recreational opportunities await you!



Available at all Park Authority Rec Centers and online at [www.fairfaxcounty.gov/parks/passes](http://www.fairfaxcounty.gov/parks/passes)

AUDREY MOORE, Annandale • CUB RUN, Chantilly • GEORGE WASHINGTON, Alexandria • FRANCONIA, Franconia  
OAKMONT, Oakton • PROVIDENCE, Falls Church • SOUTH RUN, Springfield • SPRING HILL, McLean

**2024 SCHEDULE**  
*Buy Fresh, Buy Local.*

**WEDNESDAYS**

**McCutcheon/Mt.Vernon Sherwood Library**  
April 17-December 18 • 8 a.m.-Noon  
2501 Sherwood Hall Lane, Alexandria  
SNAP accepted, bonus dollar program!

**Oakmont Rec Center**  
May 1-November 6 • 8 a.m.-Noon  
3200 Jermantown Road, Oakton

**Wakefield • Wakefield Park**  
May 1-October 30 • 2 - 6 p.m.  
8100 Braddock Road, Annandale  
SNAP accepted, bonus dollar program!

**THURSDAYS**

**Annandale • Mason District Park**  
May 2-November 14 • 8 a.m.-Noon  
6621 Columbia Pike, Annandale  
SNAP accepted, bonus dollar program!

**Herndon**  
May 2-November 7 • 8 a.m.-Noon  
700 Block of Lynn St., Herndon

**FRIDAYS**

**McLean • Lewinsville Park**  
May 3-November 15 • 8 a.m.-Noon  
1659 Chain Bridge Road, McLean  
Closed May 17

**Kingstowne**  
May 3-October 25 • 3 - 7 p.m.  
5870 Kingstowne Towne Center, Alexandria

**SATURDAYS**

**Burke • VRE Parking Lot**  
April 20-December 21 • 8 a.m.-Noon  
5671 Roberts Parkway, Burke

**Reston • Lake Anne Village Center**  
April 27-December 7 • 8 a.m.-Noon  
1609-A Washington Plaza, Reston  
SNAP accepted, bonus dollar program!

**SUNDAYS**

**Lorton • VRE Parking Lot**  
May 5-November 10 • 8 a.m.-Noon  
8990 Lorton Station Boulevard, Lorton  
SNAP accepted, bonus dollar program!

For information and directions, visit  
[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)  
or call 703-642-0128



## Nature

Scan the QR code to go directly to the Parktakes Online Nature page.



All park and nature center hours are located online by visiting [www.fairfaxcounty.gov/parks/holiday-hours](http://www.fairfaxcounty.gov/parks/holiday-hours). Park grounds are open dawn till dusk daily.

### Burke Lake Park



7315 Ox Rd. • Fairfax Station  
703-323-6600

[www.fairfaxcounty.gov/parks/burkelake](http://www.fairfaxcounty.gov/parks/burkelake)  
Park grounds are open dawn till dusk daily.

### Cub Run Rec Center



4630 Stonecroft Blvd. • Chantilly  
703-817-7081

[www.fairfaxcounty.gov/parks/reccenter/cub-run](http://www.fairfaxcounty.gov/parks/reccenter/cub-run)

### Ellanor C. Lawrence Park and Walney Visitor Center



5040 Walney Rd. • Chantilly  
703-631-0013

[www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence)  
The Walney Visitor Center features live animals, natural and cultural exhibits and a hands-on area for young visitors highlighting the past farmland and present parkland. Features include:

- Historic structures and foundations: dairy foundation, Spring house, Icehouse foundation and Smokehouse
- Gardens
- Meadow
- Woodland trails
- Kid-friendly red wagon sandboxes

### Hidden Oaks Nature Center



7701 Royce Street • Annandale  
703-941-1065

[www.fairfaxcounty.gov/parks/hiddenoaks](http://www.fairfaxcounty.gov/parks/hiddenoaks)  
Located in Annandale District Park, the Hidden Oaks Nature Center is nestled among woodland trails and creeks with a pond, gardens and a butterfly-themed playground nearby. Center features include:

- Nature Playce outdoor exploration center
  - Self-guided interpretive trail
  - Live animal displays
  - Interactive urban woodlands exhibit
  - Meeting rooms reservable for private functions
- Visit the Winged Wonders wall to compare your "wingspan" to that of wild animals and take a photo next to the woodland wildlife tree sculpture.

### Hidden Pond Nature Center



8511 Greeley Blvd. • Springfield  
703-451-9588

[www.fairfaxcounty.gov/parks/hiddenpond](http://www.fairfaxcounty.gov/parks/hiddenpond)  
Beautiful scenery, extensive woodland trails and abundant wildlife supported by Pohick Creek surround Hidden Pond Nature Center. Features include:

- Nature center exhibits
- Nature trail
- Pond
- Tot playground
- Picnic shelter

### Huntley Meadows Park and Visitor Center



3701 Lockheed Blvd. • Alexandria  
703-768-2525

[www.fairfaxcounty.gov/parks/huntley-meadows](http://www.fairfaxcounty.gov/parks/huntley-meadows)  
One of the Park Authority's largest parks (1,500 acres), Huntley Meadows offers some of the best wildlife watching around! Features include:

- Wetland boardwalk
- Interpretive trail
- Observation platforms
- Visitor Center
- Forests, meadows, streams and ponds
- Auditorium
- Exhibits

### Lake Accotink Park



7500 Accotink Park Rd. • Springfield  
703-569-0285

[www.fairfaxcounty.gov/parks/accotink](http://www.fairfaxcounty.gov/parks/accotink)

### Lake Fairfax Park



1400 Lake Fairfax Drive Reston  
703-471-5415

[www.fairfaxcounty.gov/parks/lakefairfax](http://www.fairfaxcounty.gov/parks/lakefairfax)  
Lake Fairfax Park has 476 acres of parkland. Features include:

- Campgrounds
- Skate park
- Pump track
- Hiking and biking trails
- Athletic fields

### Riverbend Park



8700 Potomac Hills St. • Great Falls  
703-759-9018

[www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend)  
Fairfax County Park Authority's only riverfront park has 418 acres of forest, meadows and ponds. Nature highlights include:

- Extraordinary river views
- Spectacular wildflowers and birds
- 10+ miles of trails
- Potomac Heritage Trail
- Canoe and single/tandem kayak rentals available
- Fishing
- Visitor Center with snack bar, gift shop and exhibits

### Woodlands Stewardship Education Center



5301 Walney Rd. • Chantilly  
[www.fairfaxcounty.gov/parks/eclawrence/woodlands-stewardship-education-center](http://www.fairfaxcounty.gov/parks/eclawrence/woodlands-stewardship-education-center)

The Woodlands Stewardship Education Center is a gateway to nature and stewardship. Features include:

- LOOP- Learning Observational Outdoor Pod self-guided exploratory learning space
- Access to Big Rocky Run Trail
- Meadow and Walney pond
- Larger than life size eastern box turtle sculpture



## Child and Parent Programs

**Child must be accompanied by an adult for all child and parent programs.**

### Nature Tots

**(1-3 yrs.)** Explore nature through sight, sound, smell and touch. Programs include indoor and outdoor activities. Topics vary by season.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawrencePk	W	9:45am	388.DJJT	6/5	\$10/child
ECLawrencePk	W	11am	388.ZZBR	6/5	\$10/child

### Animal Dads

**(2-6 yrs.)** Pretend to be a penguin, wolf and beaver dad as you learn about these doting fathers. Meet live animals and make a craft for your favorite father/grandfather.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	AA5.K2T8	6/16	\$10/child

### Little Gardeners

**(2-6 yrs.)** Explore the ever-changing landscape of the garden. Each week, participants will explore and discover the changes in the garden. This program will feature seasonal activities that can include planting seeds, pollinators, harvesting vegetables, digging in the soil, and exploring plant parts.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawrencePk	M	10am	ZF6.PYFR	6/17	\$10/child
ECLawrencePk	M	10am	ZF6.DVC5	7/15	\$10/child



### Toddler Take Over

**(1-4 yrs.)** Get moving with your toddler as we explore the park using our senses. Each month we will make, taste, dance, walk, sing and tell stories. Different topics and activities every session.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawrencePk	W	10am	754.V9ZW	7/3	\$10/child
ECLawrencePk	W	10am	754.KS60	8/7	\$10/child

### Water Critters

**(4-8 yrs.)** Explore the wet world at the nature center with a visit to our creek and pond. Meet a live turtle and toad. Wear close-toed shoes that can get wet.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	10am	779.ZZTG	7/7	\$10/child

### Toddler Time - Terrific Turtles

**(2-4 yrs.)** Meet one of our turtles and explore nature through indoor and outdoor activities including a craft.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	9:30am	995.TJEC	7/14	\$10/child
HiddenOaks	Su	11am	995.FCLW	7/14	\$10/child

### Animals Underground

**(2-5 yrs.)** Dig down deep and investigate who lives in the dark, damp world under the forest floor as we learn about moles, earthworms, termites and the many other creatures of the soil.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	4pm	213.GPY1	7/28	\$10/child

### Animal Sounds

**(3-6 yrs.)** Discover if frogs really say "ribbit" and birds call "tweet". Learn the real sounds of local species and see how good you are at recognizing animal calls.

#### 1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	4pm	SIL.YUH4	8/10	\$10/child

## SHOW FAIRFAX COUNTY PARKS LOVE DURING YOUR NEXT PARK OUTING

Now that the warm weather is here, the parks are bustling with nature lovers and those seeking adventure or to relax. In order to ensure that the parks are preserved and protected for the future, we are seeking the public's help.

Everyone plays a role and has a responsibility to ensure our parks remain clean and beautiful. If residents follow a couple of guidelines, everyone can do their part to protect our county's treasured sites. The most important thing to keep in mind is to be respectful to the parks and other visitors. Planning ahead by getting to know the park and visiting when it's not crowded makes for a more pleasant experience. Information about each park, hours of operation and park features can be found at [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks). Please follow park regulations, including staying on designated trails and campsites and not walking on vegetation. Using designated trash cans when available or taking trash out of the parks helps keep parks clean and beautiful. Respect cultural and natural heritage by leaving artifacts, plants and rocks untouched and observing wildlife from a distance. Please remember to secure your food and do not feed wildlife. Dogs should be kept on a leash. Use designated campfire and grill areas and keep fires small and fully extinguish them for everyone's safety. Keep group gatherings small to minimize noise. Parks are meant to be shared, so be respectful and yield on trails.

By following these tips, we can ensure parks remain vibrant and welcoming for all to enjoy. For more information visit [www.fairfaxcounty.gov/parks/rules](http://www.fairfaxcounty.gov/parks/rules).





## Animal Crackers and Me

**(3-8 yrs.)** Learn about animal adaptations while you munch on cookies and lemonade. Enjoy a story, craft and trail activity along a short hike.

### 1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	BDF.BFØY	8/18	\$10/child
HiddenOaks	Su	2:30pm	BDF.IØIN	8/18	\$10/child

## Children's Programs

### Birding Buddies

**(3-12 yrs.)** Walk alongside a naturalist and a group of youth birders as you learn new tricks to identify the birds around you. Develop new skills such as using binoculars, identifying birds with a field guide, and writing down observations in your own birding journal. Journals will be provided, but participants are welcome to bring their own if they prefer.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	HNX.5ALW	6/29	\$8/child

## Family/All Ages

**Children must be accompanied by an adult also registered in the program.**

## Frogs, Toads and Salamanders at the Lake

**(3-Adult)** Explore the lake for signs of frogs, toads, and salamanders. Hike the trail and make a craft. Program is outdoors.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	10am	466.K35Y	6/1	\$8/ea.
LkFairfaxPk	Su	11am	466.14AO	6/2	\$8/ea.

## Animal Habitat Hunt & Explore

**(3-Adult)** Join a guided hike starting at the woodland wildlife tree sculpture to find where animals live in the woodland. Meet live animals and find out how the forest is a habitat for many creatures.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	11am	TUD.6NEJ	6/1	\$8/ea.

## Bug Bingo

**(3-Adult)** Hike with a naturalist to learn about different insects' behavior and habitats. Explore the park to fill out bingo sheets to better appreciate the tiny workers around us.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	1pm	3XZ.ØVNH	6/1	\$8/ea.
LkFairfaxPk	Sa	11am	3XZ.6ØYH	8/10	\$8/ea.

## Pond Fest

**(3-Adult)** Bring the whole family to explore the Pohick Stream Valley. The evening includes a twilight pond and stream study, a swamp walk, fishing and campfire.

### 1--2 hour program

Location	Day	Time	Code	Date	\$
HiddenPond	Sa	6pm	3DF.SAVD	6/1	\$12/ea.

## Firefly Walk

**(5-Adult)** Join us on a magical evening walk in the park to learn about and see the different colors and signal patterns of this fascinating insect.

### 1--1 hour program--\$8 1--2 hour program--\$10

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	8:30pm	4F1.BCFZ	6/1	\$8/ea.
HuntMdws	F	8pm	4F1.ZSIL	6/28	\$10/ea.
BurkeLakePk	F	8:30pm	4F1.8382	6/28	\$8/ea.
HuntMdws	Sa	8pm	4F1.887H	6/29	\$10/ea.
HuntMdws	F	8pm	4F1.DDCY	7/5	\$10/ea.
HuntMdws	Sa	8pm	4F1.KFCT	7/6	\$10/ea.

## Beginning Birdwatching

**(4-Adult)** Learn identification tips by sight and sound and how to make your yard more attractive to native species. Students can borrow binoculars for the class for a view of outdoor bird feeding stations.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
LkAccontkPk	Su	7:30am	MY4.A686	6/2	\$8/ea.
LkAccontkPk	Su	7:30am	MY4.RQ2R	7/7	\$8/ea.
HiddenOaks	Sa	8am	MY4.6Ø7Y	7/20	\$8/ea.
BurkeLakePk	Su	8am	MY4.4772	7/28	\$8/ea.
LkAccontkPk	Su	7:30am	MY4.GXD7	8/18	\$8/ea.

## Lake Life

**(2-Adult)** Meet a naturalist and explore the lake. Bring old shoes that can get wet and muddy. Join us as we search for tadpoles and dragonfly nymphs to catch and release.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	ARL.FEWG	6/2	\$8/ea.
BurkeLakePk	Sa	10am	ARL.C3VY	7/13	\$8/ea.
BurkeLakePk	Su	10am	ARL.J3EI	8/25	\$8/ea.

## Goodnight Walk - Frogs

**(3-Adult)** Look for frogs in the pond and meet different species of frogs. Make a craft and enjoy a night hike with a naturalist.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	F	6:30pm	6SQ.ØV2X	6/7	\$8/ea.

## Scavenger Hunt Adventure at the Lake

**(4-Adult)** Join a naturalist to learn about various nature topics that relate to the lake depending on the season. Then go on a scavenger hunt adventure to find different related objects around the lake and collect a small themed prize.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	10am	GZ6.3WØA	6/8	\$8/ea.
LkAccontkPk	Su	11am	GZ6.KHQ3	8/4	\$8/ea.



The Fairfax County Park Authority has a variety of beautiful outdoor facilities available for your next event! For information about our reservable areas, fees, amenities, availability and booking, visit [www.fairfaxcounty.gov/parks/picnics](http://www.fairfaxcounty.gov/parks/picnics)

For help planning your event, email [FCPApicnics@fairfaxcounty.gov](mailto:FCPApicnics@fairfaxcounty.gov) or call 703-324-8732.





### Hike with a Naturalist

**(8-Adult)** Join our park naturalist on a hike and explore wild plants and animals throughout the trails. Learn how to use the iNaturalist app to take pictures of things you find along the way. Smart phones, cameras and binoculars welcome. Each hike will feature a different theme and may include: salamanders, birds and other wildlife, wildflowers, trees, nature photography, cultural history, or a scenic destination.

#### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	11:30am	XTG.CJUA	6/8	\$8/ea.
LkAccontPk	Sa	11:30am	XTG.K0J1	7/13	\$8/ea.
LkAccontPk	Sa	5:30pm	XTG.Q3U6	8/24	\$8/ea.
LkFairfaxPk	Sa	3pm	XTG.J3F6	7/13	\$8/ea.

### Butterflies, Bees & Beetles

**(4-Adult)** Learn about common pollinators and their importance with native gardens and woodlands. Pollinators are more than just a pretty face.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10am	EKV.8HX3	6/9	\$8/ea.

### Animal Feeding

**(3-Adult)** It's dinner time at the nature center and worms and insects are on the menu. Help our naturalist care for and feed the nature center's animals.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenPond	W	5pm	46D.XVHU	6/12	\$8/ea.
HiddenPond	W	5pm	46D.UC5H	7/17	\$8/ea.
HiddenPond	W	5pm	46D.4U04	8/7	\$8/ea.
HiddenPond	W	5pm	46D.WMYO	8/28	\$8/ea.

### Born in the Wild Walk

**(4-Adult)** Walk with a naturalist to learn about how animal parents help keep their babies safe during the summer. Discover the various adaptations these babies have to keep them hidden from predators and other dangers in the wild.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	10am	X94.57KA	6/15	\$8/ea.

### Bubble Science

**(5-Adult)** You may have enjoyed making bubbles before, but you've probably never been inside one. Learn about the science of bubbles in this interactive class.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	S58.5TJN	6/15	\$10/ea.

### Creek Adventure Wagon Ride

**(2-Adult)** Explore Rocky Run Stream Valley by wagon and by wading in to learn about the creatures that live in the stream.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Sa	6pm	4D2.MJLD	6/15	\$10/ea.
ECLawrencePk	Sa	7:30pm	4D2.UG1A	6/15	\$10/ea.
ECLawrencePk	F	6pm	4D2.DPCE	7/12	\$10/ea.
ECLawrencePk	F	7:30pm	4D2.03XQ	7/12	\$10/ea.
ECLawrencePk	Su	6pm	4D2.6VG6	8/11	\$10/ea.
ECLawrencePk	Su	7:30pm	4D2.DAHW	8/11	\$10/ea.



### Twilight Boardwalk Stroll

**(6-Adult)** Join a park naturalist for a guided walk along the forested paths to the wetland and experience the park as it transitions from day into night. Watch and listen for nocturnal residents such as beavers and owls.

#### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	7:45pm	343.QXM8	6/15	\$10/ea.

### Bats - Friendly Flyers

**(4-Adult)** Join a naturalist for a night of learning about the beauty of our local bats. It's time to clear these flying mammals' good name and understand how helpful they are to humans. The program will involve not only talking about bats, but also looking and listening for nearby bats.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	8:30pm	N1F.QWAF	6/15	\$8/ea.
BurkeLakePk	F	8pm	N1F.BFFE	7/12	\$8/ea.
LkAccontPk	Sa	7:30pm	N1F.2X5X	8/3	\$8/ea.

### Pond Life

**(4-Adult)** Join us as we search for tadpoles, dragonfly nymphs and water scorpions to catch and release. Learn about how they reflect the health of the pond. Meets at Walney Pond.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	9:30am	87B.316G	6/16	\$8/ea.

### The Buzz on Bees

**(6-Adult)** Buzz through the ins and outs of a bee colony. Learn about the park's history of bees, how colonies thrive and grow and watch as we open the bee boxes. End the evening with a taste of honey.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Th	6:30pm	6AF.VE09	6/20	\$5/ea.

### Ladybugs - Fierce or Friendly

**(3-Adult)** Most cultures view ladybugs as symbols of good fortune. To some creatures, ladybugs are ferocious predators. Learn of the lore as you meet, greet and release ladybugs.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	V6L.910F	6/22	\$8/ea.

### Fireflies in the Meadow

**(4-Adult)** Join us to enjoy an evening of fireflies. Bring a plastic jar with a lid to catch and then release.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Sa	8:30pm	327.9HJY	6/22	\$8/ea.
ECLawrencePk	Sa	8:30pm	327.N301	6/29	\$8/ea.
ECLawrencePk	F	8:30pm	327.8KCV	7/5	\$8/ea.

### Life in the Underworld

**(4-Adult)** Come and explore the "underworld" under fallen logs. Discover the bugs, fungus and salamanders that live under the forest floor. Collect, examine and identify creatures using magnifiers and microscopes. Learn about their important jobs as pollinators and decomposers through projects and scientific investigations.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	6JA.M1NB	6/23	\$8/ea.

### Totally Turtles

**(3-Adult)** Join us for this exciting new program to meet and learn about our native turtles. Learn about their behaviors, diet, and more.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenPond	Th	5pm	6F8.KHF1	6/27	\$9/ea.

### Mesozoic Dinosaur Hike

**(4-Adult)** Join a naturalist along the 1/3 mile Old Oak Trail. Learn what plants and animals would have shared their world with dinosaurs. End your adventure in Nature Playce to see how you measure up to dinosaurs.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	10am	09S.VRG5	6/29	\$8/ea.

### Foraging for Wild Edibles

**(9-Adult)** With every season there are different blooms, leaves, roots, seeds and mushrooms that you can identify and eat. Learn how to eat from the forest safely and ethically as you join a Naturalist on a walk by the lake.

#### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	8Y3.1LMB	7/6	\$10/ea.



## Stream Life

**(4-Adult)** Freshwater ecosystems are full of fascinating creatures. Search for stoneflies, hellgrammites, water pennies and crayfish. Explore the park's streams with a naturalist, use dip nets and kick nets to catch and release these creatures. Class meets at the ECL Woodlands Stewardship Education Center

### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	10am	CC5.2VER	7/7	\$8/ea.

## Pachycephalosaurus Picnic

**(3-Adult)** Stomp your way to a most unusual picnic in the woods. Bring your picnic blanket and lunch or snack for an outdoor lesson about dinosaurs.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	12pm	H13.B17Q	7/13	\$8/ea.

## Skulls and Skeletons

**(8-Adult)** Learn about the skulls and skeletons of local animals using materials found in Fairfax County parks. Discover how to identify skulls and how similar four-legged mammals really are on the inside.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	2pm	KT1.FLIE	7/13	\$8/ea.

## Leave it to Beavers

**(4-Adult)** Look for signs of beavers at the park with a guided tour around their aquatic habitat. Get hands-on with beaver related activities. Investigate the elements of the beaver world and hope to get a glimpse of these elusive aquatic mammals.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrnPk	Sa	8:30pm	3DX.BM80	7/13	\$8/ea.
ECLawrnPk	F	8pm	3DX.JEXG	8/16	\$8/ea.

## Snake and Turtle Feeding

**(4-Adult)** Enjoy a brief presentation and demonstration by our animal caretaker staff. At least one snake, two turtles and a toad will be fed.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	4pm	EFC.0EXF	7/21	\$8/ea.

## Radical Raptors

**(5-Adult)** Join a naturalist to search for signs of raptors and explore what makes them different from other birds.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	9am	B0B.U1H8	7/14	\$8/ea.

## Bird Bingo

**(3-Adult)** Explore the trails with a naturalist to learn about the different characteristics that can be used to identify birds. Keep an eye on your surroundings as you fill out a bingo sheet to better connect to our friends in the sky.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	1J1.HRRW	7/20	\$8/ea.
LkFairfaxPk	Su	10am	1J1.7E78	8/4	\$8/ea.

## Dye It Up

**(4-Adult)** Learn to make and use natural dyes to transform your white shirts into colorful masterpieces. Fairfax County prohibits foraging in county parks, so this class will focus on identifying plants that can be made into dye and teaching the steps of the dying process. Please bring your own white t-shirt or other white fabric to the class.

### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	11am	ZFY.HY74	8/3	\$12/ea.
LkAccontPk	Su	9am	ZFY.1TUK	8/11	\$12/ea.
BurkeLakePk	Su	1pm	ZFY.8MQX	8/25	\$12/ea.

## Goodnight Walk - Owls

**(3-Adult)** Learn to recognize the calls and features of local owls. Make a craft and enjoy a night hike with a naturalist. Children must be accompanied by an adult registered in the program.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	7pm	N40.IVXE	8/11	\$8/ea.
LkFairfaxPk	Sa	8pm	N40.N52C	8/24	\$8/ea.

## Bat Night

**(6-Adult)** Join a naturalist to discover the facts, fiction and folklore about nature's only true flying mammal- bats! We will set the record straight about these incredible but often-misunderstood group of animals. The program will start with a presentation followed by a night walk where we will use a special acoustic device to listen for and identify bat calls not heard with the human ear.

### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	7:15pm	5B9.VFU9	8/17	\$9/ea.
HuntMdws	Sa	7pm	5B9.DV5B	8/31	\$9/ea.



## Searching for Forest Friends

**(4-Adult)** Join a naturalist as you adventure through the park forests looking for signs of wildlife. Learn how to identify key plant species that are important to our native animals and insects, while also honing your observation skills to see what signs wildlife might have left behind.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	VF5.LHM3	8/18	\$8/ea.

## Monarchs - The Mighty Migrants

**(3-Adult)** Monarch butterflies are essential pollinators in our ecosystem, and they need our help to survive to adulthood. Learn how to identify monarch butterflies throughout their life stages, the plants they need to survive, and the dangers that threaten their survival.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	WOW.1CRN	8/24	\$8/ea.

## Herbal Tea in the Garden

**(8-Adult)** Come to the garden to learn about and pick fresh herbs that will make your herbal tea the best its ever been. Sample herbal teas with homegrown ingredients and get inspired to grow your own tea herbs at home to delight and inspire you.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	11am	C6P.DIE3	8/25	\$8/ea.

## Teen/Adult Programs

### Hike with a Gal Friend

**(16-Adult)** Celebrate the sisterhood of women by grabbing your best gal friend and going on a guided hike with a naturalist. Learn about the flora and fauna found around the lake, and most importantly, spend time with a close friend.

### 1--2 hour program

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	9am	QR0.S2UJ	6/23	\$9/ea.
LkAccontPk	Sa	9am	QR0.VWHV	8/10	\$9/ea.

## Quiet Moments in Nature

**(12-Adult)** Going on nature walks are not only beneficial for your physical health, but also for your mental health. Clear your mind as you walk with a naturalist through the woods, as you learn what techniques you can use to help repair your mind from the stress of your day-to-day life.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8am	IXU.HGOL	8/17	\$8/ea.

## Are You Going to Eat That?

**(10-Adult)** Enjoy a naturalist-led hike and identify plants that are safe to eat and which ones to avoid. Learn the usefulness of plants for such rope making and folk remedies with connections to Eastern Woodland Indians. Meet at the pond.

### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	6pm	7A8.IZYJ	8/18	\$8/ea.
ECLawrnPk	Sa	3pm	7A8.VN3N	8/24	\$8/ea.



## Campfire Programs

**Children must be accompanied by a registered adult.**

### Campfire Fridays

**(5-Adult)** Join us for an evening campfire the whole family can enjoy. Explore the wonders of our natural world through nature walks, interactive activities and animal presentations. Includes s'mores. Topics vary by date.

#### 1--1 hour campfire

Location	Day	Time	Code	Date	\$
LkAccontPk	F	8:30pm	546.I9R9	6/7	\$8/ea.
LkAccontPk	F	8:30pm	546.VJLP	6/28	\$8/ea.
LkAccontPk	F	7:30pm	546.MYQ0	8/23	\$8/ea.

### Campfire Saturdays - Stargazing

**(3-Adult)** Enjoy a stroll along the lake shores and learn about the constellations, their stories and other night-sky features. Our astronomical naturalist will identify the stars and will have some telescopes to use. The program concludes with a campfire. S'mores ingredients provided.

#### 1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8:30pm	395.1MRD	6/8	\$10/ea.
BurkeLakePk	Sa	8:30pm	395.0K20	7/6	\$10/ea.
BurkeLakePk	Sa	8:30pm	395.QNQ1	8/3	\$10/ea.
BurkeLakePk	Sa	8pm	395.FDTF	8/31	\$10/ea.

### Campfire Saturdays

**(4-Adult)** Join us for an evening campfire the whole family can enjoy. During the program we will explore the wonders of our natural world. Our programs may include nature walks, interactive activities, animal presentations, or other opportunities to learn about nature and our place in it. Includes s'mores. Topics vary by date.

#### 1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8pm	UJU.734X	6/15	\$10/ea.
BurkeLakePk	Sa	8pm	UJU.0TXU	7/20	\$10/ea.
BurkeLakePk	Sa	8pm	UJU.9QSE	8/10	\$10/ea.

### Summer Solstice Campfire

**(6-Adult)** Come celebrate the longest day of the year, when the earth wears a green cloak. Learn to separate fact and fiction regarding midsummer and its celestial events. Head out on a hike as we wait for the sun to set and enjoy roasting marshmallows around a campfire.

#### 1--1 hour campfire

Location	Day	Time	Code	Date	\$
HiddenOaks	F	8pm	1AC.GHVV	6/21	\$8/ea.

### Frog Karaoke Campfire

**(4-Adult)** Bring your best frog voice as you learn about our native frogs while enjoying refreshments at a campfire. Hop along with a naturalist to our pond to sing with the chorus.

#### 1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
ECLawncePk	Sa	7:30pm	82E.3DIE	7/27	\$10/ea.

### Night Hike and S'mores Campfire

**(4-Adult)** Enjoy a naturalist-led walk through the forest to listen for nocturnal animals and to look for evidence of wildlife. End your hike at our campfire and make s'mores.

#### 1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	8:30pm	F6C.32AG	7/27	\$10/ea.
LkFairfaxPk	Su	8pm	F6C.HD5L	8/18	\$10/ea.

### Campfire Night Hike - Predators at Night

**(4-Adult)** Enjoy a night hike to learn about nocturnal hunters. Listen to taped calls of owls and coyotes and possibly catch a glimpse of them in the forest. End the evening with s'mores round the campfire.

#### 1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncePk	Sa	8:30pm	02D.0B87	8/3	\$8/ea.

### Bat Fest and Find Campfire

**(4-Adult)** Join a naturalist for a night hike to search for bats with a sonar detector and learn about bat adaptations. End the night with a campfire, s'mores and the legend of how bats came to be.

#### 1--1 hour campfire

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	8pm	21F.8SMT	8/17	\$8/ea.

## Sketch Hike Programs

### Signs of the Beaver Sketch Hike

**(12-Adult)** Join artist and naturalist Margaret Wohler to learn about Huntley's nocturnal engineers by

studying and drawing the tracks and traces they leave behind. We will learn about the lives of beavers, have a little basic drawing instruction, and then go hiking to find signs of beaver activity. All art materials provided.

#### 1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	10am	W7C.JPPT	6/8	\$18/ea.

### Vines Sketch Hike

**(12-Adult)** Have you seen those twisty-turny wild grape vines in the Huntley forest that would make Tarzan proud? How about our abundant poison ivy? Have you heard of Hog Peanut? Join artist and naturalist Margaret Wohler to learn about Huntley's many vine species while learning to draw and identify them. All art materials provided.

#### 1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	10am	QZ8.0590	6/9	\$18/ea.

### Ferns of Hidden Oaks - Hike and Draw

**(16-Adults)** Take a 30 minute stroll on shaded paths to learn how to identify some lovely local ferns. Then spend some time drawing ferns in our shelter (using cuttings from staff gardens) or borrow a portable chair and find a nearby fern to sketch. Tips for simplifying fern drawings and sketching key features will be discussed. Your choice of art of watercolors or colored pencils.

#### 1--2 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9:30am	22B.FVXN	6/15	\$20/ea.

### Sketching along the Lakeside

**(13-Adult)** Walk with a naturalist by the lakeside and learn techniques and tips for drawing the natural world. Gain a better understanding of how to utilize different sketching and observational skills. Bring the medium of your choice to the class.

#### 1--2 hour program

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	8am	NYJ.32WK	6/23	\$18/ea.
BurkeLakePk	Su	8am	NYJ.GJIC	8/4	\$18/ea.
LkAccontPk	Sa	5pm	NYJ.U6M5	8/17	\$18/ea.

### Meadow Sketch Hike

**(12-Adult)** Join artist and naturalist Margaret Wohler to identify the insects, plants and animals who call the meadow home. Come learn about this unique, dynamic and transitional habitat. All art materials provided.

#### 1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	10am	1JH.QMEL	7/28	\$18/ea.

### Water Sketch Hike

**(12-Adult)** Drawing water can be made a little less tricky by learning a few techniques. Rippled, still or running, we will learn all about how water behaves. Join artist and naturalist Margaret Wohler to learn how to draw this surface that is both transparent and reflective. All art materials provided.

#### 1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	10am	XMJ.059D	8/18	\$18/ea.





Outdoor Recreation



**Burke Lake Park**  
7315 Ox Road  
Fairfax Station, Va. 22039  
703-323-6600

[www.fairfaxcounty.gov/parks/burkelake](http://www.fairfaxcounty.gov/parks/burkelake)  
Burke Lake's expansive park offers a wide range of activities for all ages.

- Boating
- Fishing (Va. fishing license required)
- Camping
- Trails
- Mini golf
- Volleyball
- Miniature train
- Carousel
- Ice cream parlor
- Picnic areas with grills
- Playgrounds
- Disc golf course

Sailboats, gasoline motors, kayaks (unless used for fishing) and swimming are prohibited. Park grounds and restrooms are open daily, closed only on Dec. 25. Rowboat rentals available. For hours and fees, visit the website or call the park.



**Lake Accotink Park**  
7500 Accotink Park Road  
Springfield, Va. 22150  
703-569-0285

[www.fairfaxcounty.gov/parks/accotink](http://www.fairfaxcounty.gov/parks/accotink)  
Nestled in Springfield, Lake Accotink is a hidden gem bursting with fun for the whole family!

- Boating
- Fishing (Va. fishing license required)
- Trails
- Picnic areas with grills
- Bike rentals
- Kayak and pedal boat rentals
- Playground
- Mini Golf
- Carousel

Pavilion shelters and picnic areas with grills may be reserved by calling 703-324-8732. Sailboats, gasoline motors, swimming, paddleboarding and windsurfing are prohibited. Park grounds are open year-round. For facility hours and fees, visit the website or call the park.

Scan the QR code to go directly to the Parktakes Online Outdoor Rec page.



**Lake Fairfax Park**  
1400 Lake Fairfax Drive  
Reston, Va. 20190  
703-471-5415

[www.fairfaxcounty.gov/parks/lakefairfax](http://www.fairfaxcounty.gov/parks/lakefairfax)  
Home of the Water Mine Family Swimmin' Hole, Lake Fairfax is for outdoor lovers of all ages!

- Boating
- Fishing (Va. fishing license required)
- Camping
- Trails
- Picnic areas with grills
- Athletic fields
- Skate park
- Pump track
- Boat rentals
- Water Mine Family Swimmin' Hole (Opens May 25th)

Pavilion shelters and picnic areas with grills may be reserved by calling 703-324-8732. Sailboats, gasoline motors, electric-powered boats and swimming in the lake are prohibited. For hours and fees, visit the website or call the park.



**Riverbend Park**  
8700 Potomac Hills Street  
Great Falls, Va. 22066  
703-759-9018

[www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend)  
A park steeped in Native American history, Riverbend Park is a tranquil setting on the Potomac River that offers outdoor recreation and wildlife.

- Boating
- Fishing (Va. or Md. fishing license required)
- Trails
- Forest
- Meadows
- Kayak and canoe rentals
- Boat launch
- Riverside picnic areas with grills
- River view observation deck
- Visitor center

Fishing bait and tackle, rod rentals and snacks are available at the visitor center. Grounds open from 7 a.m. to dusk. A boat launch is provided for kayaks, canoes and jon boats (\$5 per boat or \$40 for annual launch pass).

Birding Programs

Birding for Beginners

(12-Adult) Learn about the park's birds and some basic identification skills. This program for beginners starts with a bird identification discussion. Children age 12 to 16 must be accompanied by a registered adult.

1--1 hour 30 minute program--\$12  
1--3 hour program--\$19

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	8am	A4F.C7HI	6/8	\$12
HuntMdws	Su	8am	A4F.TSGW	6/16	\$19
HuntMdws	Su	8am	A4F.DIDØ	7/21	\$19
HuntMdws	Su	8am	A4F.F5TJ	8/11	\$19
BurkeLakePk	Su	8am	A4F.XJWW	8/11	\$12

Birding by Kayak-Single

(13-Adult) Enjoy a naturalist-led birding trip by kayak. Park Authority lakes are home to more than 100 species of birds and holds many unique habitats. See how these small vessels can provide a closer look into the world of birds. Travel in a one-person kayak.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkAccotnkPk	Su	7:30am	218.RN43	7/14	\$43
LkAccotnkPk	Su	7:30am	218.PXUJ	8/18	\$43
BurkeLakePk	Sa	8am	218.TT71	8/24	\$43

Camping Programs

Campfire Cooking

(5-Adult) Learn about the different methods that can be used to cook over a campfire, as well as what types of food are best prepared using each cooking style. Then practice building your own cooking fire. Stay for a demonstration and a snack around the campfire.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	11am	95P.JM99	6/16	\$10
LkFairfaxPk	Sa	8:30pm	95P.LUNM	6/22	\$10

Campfire Skills

(5-Adult) Learn all about building a campfire. Practice starting a fire without matches, and stay for a demonstration.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	9am	U4B.SIA2	6/16	\$10
LkFairfaxPk	Sa	8:30pm	U4B.UJTW	6/29	\$10
BurkeLakePk	Su	10am	U4B.3400	7/21	\$10
LkFairfaxPk	Su	8pm	U4B.2QIC	8/11	\$10

Family Campout

(5-Adult) Burke Lake Park is the perfect setting for a family campout and we're making it even better. Join us for planned events such as a campground orientation, guided nature programs and hike. Campfire, s'more and fishing supplies included. All activities, one campsite and one bundle of wood is included with each registration. Program starts at 2 p.m. on Saturday and ends at 11 a.m. on Sunday. One registration per family.

1--family reservation

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa/Su	2pm	9C3.D506	6/22	\$102



## Kayaking Programs

All kayaks, paddles and necessary safety equipment is included.

### Intro to Kayaking

**(12-Adult)** This introductory-level class is perfect for beginners or for those who want to learn how to paddle more efficiently. Learn about different kayaks, paddles, personal flotation devices and safety gear. On the water learn to move the boat in every direction using forward and reverse strokes, a turning stroke, a slice stroke and stopping maneuvers.

#### 1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	9am	16A.Z9QG	6/15	\$43
LkFairfaxPk	Sa	9am	16A.RAAU	6/22	\$43
LkFairfaxPk	Sa	9am	16A.AV4K	7/13	\$43
LkFairfaxPk	Su	9am	16A.Y0GS	7/21	\$43
BurkeLakePk	Sa	10am	16A.KW8T	8/3	\$43

### Kayaking Basics

**(12-Adults)** Learn the fundamentals of kayaking in a relaxed and comfortable setting. Discover proper strokes and paddling techniques. Understand the basics of water safety and how to plan a pleasant paddling experience.

#### 2--1 hour 30 minute lessons

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	9am	MVW.THOR	6/1	\$64
LkAccontPk	Sa	9am	MVW.5MDL	7/13	\$64
LkAccontPk	Sa	9am	MVW.3A04	8/17	\$64

### Kayaking Skills

**(12-Adult)** This course is designed to complement the Kayaking Basics Class and for students that have some experience and wish to practice skills in open water conditions.

#### 2--1 hour 30 minute lessons

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	11am	X7T.QE63	8/17	\$64

### Nature Kayaking

**(12-Adult)** Paddle with a naturalist to learn about the flora and fauna that call the lake its home. Find out what's growing along the lake's edge, who likes to wade in the water and what might be swimming underneath you.

#### 1--2 hour lesson

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10am	YCJ.9F60	6/2	\$43
LkAccontPk	Th	6:30pm	YCJ.3ZCT	6/13	\$43
LkFairfaxPk	Su	9am	YCJ.10BB	7/7	\$43
LkAccontPk	Th	6:30pm	YCJ.E89P	7/11	\$43
LkAccontPk	Th	6:30pm	YCJ.8IWA	8/8	\$43

### Twilight by Kayak

**(12-Adult)** Watch the sunset on the lake as the wildlife settles in for the night, then return to the dock by the light of the moon.

#### 1--2 hour lesson

Location	Day	Time	Code	Date	\$
BurkeLakePk	F	7:30pm	CA1.253B	6/21	\$43
BurkeLakePk	F	7:30pm	CA1.29G8	7/26	\$43
BurkeLakePk	F	8pm	CA1.PH3V	8/9	\$43
LkFairfaxPk	Sa	7:30pm	CA1.9KRK	8/17	\$43



## Fishing Programs

### Family Fishing

**(5-Adult)** Come out and enjoy some guided fishing with a park naturalist. Program meeting location will be emailed to registered participants a day before the program date. Equipment and bait provided. Participants 16 and older must have a valid Virginia fishing license.

#### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	3pm	UMS.JUUF	6/9	\$12
BurkeLakePk	Sa	7pm	UMS.K9UV	6/29	\$12
BurkeLakePk	Su	9am	UMS.9BVV	7/7	\$12
BurkeLakePk	Sa	5:30pm	UMS.AJH6	7/27	\$12
BurkeLakePk	Sa	10am	UMS.TUC7	8/17	\$12
BurkeLakePk	Sa	10am	UMS.204X	8/31	\$12

### Fishing for Parent and Child

**(5-Adult)** In this introductory course parents and children will learn how to fish together. The class begins with the basics including how to rig and use a fishing rod, safety, environmental awareness and fishing. Rod and bait will be provided. Each person must register. Participants 16 and older must have valid Virginia fishing license.

#### 1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
LkAccontPk	Sa	9am	BC9.6QG4	6/1	\$12
LkAccontPk	Sa	11am	BC9.FXU7	6/1	\$12
LkAccontPk	Su	9am	BC9.ZCTC	6/16	\$12
LkFairfaxPk	Su	10am	BC9.W4GG	6/23	\$12
LkFairfaxPk	Sa	10am	BC9.37U0	7/6	\$12
LkAccontPk	Su	9am	BC9.AUSI	7/7	\$12
LkFairfaxPk	Su	10am	BC9.U4AD	7/14	\$12
LkAccontPk	Su	9am	BC9.8L5G	8/4	\$12
LkFairfaxPk	Su	12pm	BC9.DE9M	8/4	\$12

## Adapted Programs

# for ALL ABILITIES

Explore these upcoming adapted programs:

### Adapted Park Explorers

Saturday, April 13 • 10-11 a.m.  
Riverbend Park

Saturday, May 11 • 10-11 a.m.  
Woodlands Stewardship Education Center  
at Ellanor C. Lawrence Park

Saturday, June 8 • 10-11 a.m.  
Hidden Oaks Nature Center

Saturday, July 20 • 6-7 p.m.  
Woodlands Stewardship Education Center  
at Ellanor C. Lawrence Park

### Anglers with Autism

Sunday, April 28 • 1-4 p.m.  
Lake Fairfax

### Adapted Summer ACE Camp

June 24-28 and July 29-August 2  
1-4 p.m.

Ravensworth Elementary School

### Adapted Summer JR ACE Camp

June 24-28 and July 29-August 2  
9 a.m.-Noon

Ravensworth Elementary School

[www.fairfaxcounty.gov/parks/accessible](http://www.fairfaxcounty.gov/parks/accessible)



Stay tuned for details about Sensory Friendly days and times at The Water Mine and Our Special Harbor this summer. Visit the Fairfax County Park Authority (FCPA) Sensory Tent Experience at events like Earth Day Fairfax 2024 on April 20 at Sully Historic Site.



## Performing Arts

Scan the QR code to go directly to the Parktakes Online Performing Arts page.



### Please note:

- All instructors have different teaching styles.
- Wear comfortable clothing. Any clothing requirements will be discussed at the first class.
- All music classes are group instruction.
- Music books or any other instructional aids are available for purchase at the first class.
- Students must have their own guitar, banjo or harmonica for use in class.
- Piano students need to have access to a piano for practice out of class.
- Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

### Guitar I

Learn to play, tune and care for your guitar. Students must furnish their own instrument. Any supply fees are payable to instructor at first class.

**3PPA 8--55 minute lessons--\$102**  
**CPPA 6--55 minute lessons--\$75**

Location	Day	Time	Code	Begin	\$
<b>(6-10 yrs.)</b>					
CubRunREC	Su	11am	DFD.XOUF	6/23	3PPA
Wkfld/Moore	M	6pm	DFD.PC3H	7/01	3PPA
<b>(10-Adult)</b>					
CubRunREC	Su	11am	128.U02N	6/23	3PPA
OakmontREC	T	6pm	128.94SE	6/25	3PPA
ProvREC	Th	7pm	128.1KUA	7/11	CPPA
<b>(16-Adult)</b>					
ProvREC	Th	8pm	1BF.13A9	7/11	CPPA
Wkfld/Moore	M	8pm	1BF.4WZL	7/01	3PPA

### Guitar II

Prerequisite: Guitar I or equivalent.

**3PPA 8--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
<b>(6-12 yrs.)</b>					
CubRunREC	Su	12pm	641.W8ZL	6/23	3PPA
Wkfld/Moore	M	7pm	641.9SSD	7/01	3PPA
<b>(10-Adult)</b>					
CubRunREC	Su	12pm	030.AXW4	6/23	3PPA

### Rock Guitar

**(10-Adult)** An introduction to rock-and-roll guitar playing. Students learn rock guitar and improvisation basics. Beginners encouraged. Students should supply their own instruments. Those with electric guitars should bring a portable amplifier.

**3PPA 8--55 minute lessons--\$102**

Location	Day	Time	Code	Begin	\$
SoRunREC	M	5:30pm	189.A0JJ	7/01	3PPA

### STAY IN THE KNOW!

Subscribe to E-News:  
[www.fairfaxcounty.gov/parks/e-news](http://www.fairfaxcounty.gov/parks/e-news)



### Piano-Beginning I

Group instruction. Learn fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. Supply fee \$10-\$15 payable to instructor at first class.

**CPPA 6--55 minute lessons--\$75**

Location	Day	Time	Code	Begin	\$
<b>(6-9 yrs.)</b>					
Flint HL ES	T	9:30am	F66.0VZ7	6/25	CPPA
Olde Crk ES	Sa	9am	F66.1QSZ	6/22	CPPA
<b>(6-12 yrs.)</b>					
Flint HL ES	T	10:30am	69C.E6DU	6/25	CPPA
Olde Crk ES	Sa	10am	69C.LZ41	6/22	CPPA
Centrvle ES	F	5:30pm	69C.XE02	6/21	CPPA
Saratoga ES	M	5:30pm	69C.OA41	6/24	CPPA
Orange Hnt ES	Sa	11am	69C.0Q0H	6/22	CPPA
Orange Hnt ES	Sa	12pm	69C.7I20	6/22	CPPA
<b>(10-15 yrs.)</b>					
Olde Crk ES	Th	10am	AZ1.7FU5	6/20	CPPA
<b>(10-Adult)</b>					
Orange Hnt ES	Sa	9am	A86.A02M	6/22	CPPA

### Piano-Beginning II

Group instruction for students who have some piano experience. Improve fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. Supply fee \$10-\$15 payable to instructor at first class.

**CPPA 6--55 minute lessons--\$75**

Location	Day	Time	Code	Begin	\$
<b>(6-12 yrs.)</b>					
Flint HL ES	T	11:30am	A0C.LQHD	6/25	CPPA
Olde Crk ES	Sa	11am	A0C.MTS4	6/22	CPPA
Olde Crk ES	Sa	12pm	A0C.FFJ6	6/22	CPPA
Olde Crk ES	Th	12pm	A0C.3JBY	6/20	CPPA

Saratoga ES	M	6:30pm	A0C.M0DC	6/24	CPPA
Orange Hnt ES	Sa	1pm	A0C.BPFL	6/22	CPPA
<b>(10-15 yrs.)</b>					
Olde Crk ES	Sa	1pm	023.KWOT	6/22	CPPA
Olde Crk ES	Th	11am	023.ZA70	6/20	CPPA
<b>(10-Adult)</b>					
Orange Hnt ES	Sa	10am	LSN.4DAS	6/22	CPPA

### Poppin Piano

**(6-12 yrs.)** Students will be introduced to the piano and participate in an ensemble music group in this Learn Now Music class. \$20 supply fee for rental instrument and music is payable before class starts online @ <https://learnnowmusic.com/updatepayment/>

**BPVK 6--55 minute lessons--\$141**  
**CPVK 8--55 minute lessons--\$194**

Location	Day	Time	Code	Begin	\$
SoRunREC	F	6pm	KCZ.C1ZR	7/12	BPVK
SpHillREC	M	6pm	KCZ.JWGS	7/01	CPVK
Wkfld/Moore	T	6pm	KCZ.JD4Z	7/02	CPVK

### Virtual Piano I

Group instruction. Learn fundamentals including reading music and keyboard skills in this online class. Students must have access to piano or keyboard for practice. We will email the Microsoft Teams link for the class as well as the information to purchase the required piano book which will cost about \$10.

**CPPA 6--55 minute lessons--\$75**

Location	Day	Time	Code	Begin	\$
<b>(6-12 yrs.)</b>					
Virtual FCPA	Th	5pm	JTQ.OQNN	6/20	CPPA
Virtual FCPA	T	5:30pm	JTQ.IZVH	6/18	CPPA
<b>(10-Adult)</b>					
Virtual FCPA	Th	7pm	WZX.B8ZA	6/20	CPPA



## Virtual Piano II

Group instruction for students who have some piano experience. Improve fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. We will email the Microsoft Teams link for the class as well as the information to purchase the required piano book which will cost about \$10.

CPPA 6--55 minute lessons--\$75					
Location	Day	Time	Code	Begin	\$
<b>(6-12 yrs.)</b>					
Virtual FCPA	Th	6pm	BHQ.25AC	6/20	CPPA
Virtual FCPA	T	6:30pm	BHQ.10IE	6/18	CPPA
<b>(10-Adult)</b>					
Virtual FCPA	Th	8pm	COU.UNZ6	6/20	CPPA

## Ukulele

**(10-Adult)** Learn music Aloha style. Class covers instrument playing basics including chord progressions, single-note playing and right-hand strumming techniques. Numerous styles are taught. Students must bring their own instrument.

3PPA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Su	12pm	A61.D22V	6/30	3PPA

## Ukulele II

**(10-Adult)** Prerequisite; Ukulele I or equivalent.

3PPA 8--55 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$
SpHillREC	Su	1pm	3F1.5432	6/30	3PPA

## Viva Violin

**(6-12 yrs.)** Students will be introduced to the violin and participate in an ensemble music group in this Learn Now Music class. \$20 supply fee for rental instrument and music is payable before class starts online @ <https://learnnowmusic.com/updatepayment/>.

BPVK 6--55 minute lessons--\$141					
CPVK 8--55 minute lessons--\$194					
Location	Day	Time	Code	Begin	\$
SoRunREC	F	7pm	Q1M.06SY	7/12	BPVK
SpHillREC	M	7pm	Q1M.ZJYZ	7/01	CPVK
Wkfld/Moore	T	7pm	Q1M.NIUM	7/02	CPVK



### FAIRFAX COUNTY PARK AUTHORITY'S

# ADAPTED PROGRAMS FOR ALL ABILITIES

*Making parks and recreation accessible to customers with disabilities!*

**Programs | Camps | Classes | Events**

- Enjoy dance, music, nature, fitness, sports, sensory-friendly events and more
- Accommodations for different skill levels and interests
- Serving customers with a range of intellectual, developmental and physical abilities

**Everyone Can Have Fun in Parks!**

[www.fairfaxcounty.gov/parks/accessible](http://www.fairfaxcounty.gov/parks/accessible)




FAIRFAX COUNTY  
PARK AUTHORITY  
**ACCESS & INCLUSION**

WORKHOUSE ARTS CENTER  
PRESENTS

# The Drowsy Chaperone

May 18th - June 23rd, 2024

[workhousearts.org](http://workhousearts.org)



## Pet Place

Scan the QR code to go directly to the Parktakes Online Pet Place page.



Our dog obedience classes help build a strong relationship between pet and handler by developing understanding and communication. Flexible training methods are employed for home management, problem solving and correction. Please note:

- Dogs that display fear or aggression are not permitted in Park Authority classes.
- Bring a shot record with proof of DHLA rabies and parvovirus shots to the first class.
- All dogs must be legally licensed, vaccinated, wear a visible dog license and be leashed when entering or leaving the class area.
- Check with instructor at first class for proper leashes, collars and other equipment.
- An adult must stay with student if younger than 16 or does not have own transportation.
- All classes are held outdoors.
- **Register the handler, not the dog; one handler/one dog per registration.**
- Some classes may have supply fees, so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

### Off-Leash Dogs Welcome in Special Dog Parks

Owners of well-mannered canines can take their pets to fenced, off-leash dog parks for free play, a good run or a friendly romp with other dogs. FCPA has eleven established dog parks:

- **Baron Cameron**, 11300 Baron Cameron Ave., Reston
- **Blake Lane**, 10033 Blake Lane, Oakton
- **Chandon**, 900 Palmer Drive, Herndon
- **Dulles Station Community Park**, 13707 Sayward Blvd, Herndon
- **Grist Mill**, 4710 Mt. Vernon Memorial Hwy, Alexandria
- **Lenclair**, 6725 Lenclair St., Alexandria
- **Mason District**, 6621 Columbia Pike, Annandale
- **Monticello Park**, 5315 Guinea Road, Burke
- **Rock Hill District Park**, 15150 Old Lee Road, Centreville
- **South Run**, 7550 Reservation Drive, Springfield
- **Westgrove**, 6801 Fort Hunt Road, Alexandria

Most of the Park Authority dog parks are public/private partnerships, developed in cooperation with sponsoring organizations of pet owners. Volunteers assist with monitoring and cleaning up the facilities, making users aware of dog park rules and regulations and reporting maintenance needs to the Park Authority.

Dog parks are open year-round from 7 a.m. to 30 minutes after sunset on weekdays and from 8 a.m. to 30 minutes after sunset on weekends and Federal holidays. Neither Fairfax County nor the Fairfax County Park Authority is liable for any injury or damage caused by any dog in the off-leash area. For off-leash dog park rules and regulations, visit [www.fairfaxcounty.gov/parks/parkrules/dogpark.htm](http://www.fairfaxcounty.gov/parks/parkrules/dogpark.htm), or call 703-324-8594



### AKC Classes

#### AKC Star Puppy Class

**(14-Adult)** Class focuses on how to care and raise a puppy, as well as basic puppy obedience, and follows the AKC Star curriculum. Puppies must be less than a year old and up to date on age-appropriate vaccinations. Rabies vaccination is required at 16 weeks. Dogs must attend 6 of the 8 lessons to qualify to take the AKC Star Puppy test. This is not a puppy play group. One handler per dog.

4DA	8--55 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$
SoRunREC	M/W	6:30pm	UJN.INZD	6/17	4DA

#### AKC Fit Dog I

**(14-Adult)** Prerequisite: dogs must be at least one year old and have completed Dog Obedience Level 1. AKC Fit Dog is a reward-based program developed to help build your dog's fitness with fun, short and safe exercises. This class introduces you and your dog to exercises to improve their flexibility, strength and confidence. These skills increase your dog's performance, decrease their risk of injury, and lower their stress levels while they work toward a healthier body and mind. If you are participating in dog sports, plan to run or compete with your dog or just have a very active dog that needs a challenge, this course is for you. All breeds and ages are welcome, but dogs must be a healthy weight, (not obese) and free from injury and/or pain.

4DA	8--55 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$
SoRunREC	M/W	11:30am	IGE.SF62	6/17	4DA

**Enrich your parks!**



Learn more at [www.fairfaxparkfoundation.org](http://www.fairfaxparkfoundation.org)

#### AKC Fit Dog II

**(14-Adult)** Prerequisite: dogs must be 18 months or older and have completed AKC Fit Dog I. In this level II class dogs build on the foundational skills learned in Level I. This is not a class for dogs who are recovering from injuries, morbidly obese, or suffering from chronic pain.

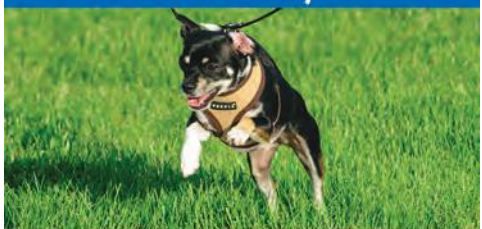
4DA	8--55 minute lessons--\$130				
Location	Day	Time	Cde	Begin	\$
SoRunREC	M/W	10:30am	E6U.X8LJ	6/17	4DA

#### AKC Fit III

**(14-Adult)** Prerequisite: dogs must be 18 months or older, have completed AKC Fit Dog II and have trainer's recommendation for this class. In this level III class dogs build on the foundational skills learned in Level II. This is not a class for dogs who are recovering from injuries, morbidly obese, or suffering from chronic pain.

4DA	8--55 minute lessons--\$130				
Location	Day	Time	Code	Begin	\$
SoRunREC	M/W	10:30am	05X.DBA8	6/17	4DA

**Enjoy a 'Doggone' Good Time in Fairfax County Parks!**



**Who better to share these dog days of summer with than your favorite, four-legged, furry friend?**

Try activities for you and your best friend including:

- Visiting a Dog Park
- Exploring Fairfax County on foot ... or paws on more than 334 miles of trails.
- Register for a Dog Event like the Dog Daze of Summer, Saturday, September 7
- Trying an agility, obedience, fitness or other "paw-some" classes
- Experiencing Indoor Dog Fun at Frying Pan Farm Park

To learn more about dog programs, events and activities, visit [www.fairfaxcounty.gov/parks/dogs](http://www.fairfaxcounty.gov/parks/dogs)





## Dog Obedience Classes

### Puppy Kindergarten

**(14-Adult)** Puppies 10 to 23 weeks old learn socialization and discipline fundamentals. Puppy owners learn how to address problems such as housebreaking, chewing and jumping. Puppies should wear a buckle collar and be up-to-date with shots.

4DA	8--55 minute lessons--\$130				
4DD	6--55 minute lessons--\$98				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	W	6:30pm	6CD.6EPQ	6/5	4DA
OakmontREC	T	6pm	6CD.LFT6	7/2	4DD

### Dog Obedience I

**(14-Adult)** Includes home management, discipline and problem solving. Methods employed are affection and restraint. Dogs must be at least 6 months old.

4DA	8--55 minute lessons--\$130				
4DD	6--55 minute lessons--\$98				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	W	7:30pm	635.9S6Y	6/5	4DA
Frying Pan Pk	Th	6:30pm	635.6PX2	6/6	4DA
OakmontREC	T	7pm	635.SRRK	7/2	4DD
SoRunREC	M/W	5:30pm	635.542Y	6/17	4DA
SoRunREC	Sa	9am	635.QAFE	6/29	4DA

### Dog Obedience I Family

**(9-Adult)** Class is designed for family units of two or three. Handlers learn together how to train their dog to sit, lie down, come, stay and walk on a leash. Class also includes home management and problem solving. No more than three family members and one dog per registration. One adult per family must be present at each class, and all family members must be age 9 or older. Dogs must be at least 6 months old.

4DB	8--55 minute lessons--\$165				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Th	7:30pm	26E.LQRL	6/6	4DB

### Dog Obedience II

**(14-Adult)** Prerequisite: Dog and owner must have completed a Fairfax County level I class or have permission of instructor. Dogs must be at least 8 months old and show no signs of aggression. Course will prepare the dog to successfully complete the AKC Canine Good Citizen test given on course completion.

4DA	8--55 minute lessons--\$130				
4DD	6--55 minute lessons--\$98				
Location	Day	Time	Code	Begin	\$
OakmontREC	T	8pm	C14.PV92	7/2	4DD
SoRunREC	M/W	12:30pm	C14.UU8P	6/17	4DA
SoRunREC	F	8am	C14.SDSM	6/28	4DD
SoRunREC	Sa	8am	C14.TSU8	6/29	4DA

## Competitive Dog Agility

### Competitive Dog Agility I

**(14-Adult)** Prerequisite: Dog Obedience I or equivalent. Dogs must have one primary handler for the entire session. This class focuses on basic skills needed to succeed in agility and to make agility a game your dog will love. A minimum of 75% class attendance and contact/target behavior is required for progression. Attendance at first class is mandatory. Dog and handler are assessed at first class.

4DE 6--55 minute lessons--\$146					
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Su	10:15am	A22.HDY2	6/2	4DE

### Competitive Dog Agility II

**(14-Adult)** Prerequisite: Competitive Dog Agility I. Dogs and handlers build on the skills introduced in Level I such as clicker training, building focus, attention and teamwork, targeting, basic handling and obstacle skills. Dogs are exposed to all agility equipment. Dogs must have one primary handler for the entire session. Attendance at first class is mandatory, and overall attendance is required for progression. Bring dogs to first class.

4DE 6--55 minute lessons--\$146					
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Su	9am	7ED.YF5P	6/2	4DE

### Dog Agility for Fun of It III

**(13-Adult)** Prerequisite: Dog Agility for the Fun of It II/Competitive Dog Agility II. Class is designed for dogs with an excellent command of all equipment and handlers ready to learn skills such as front and rear crosses, serpentine and pinwheels. Full courses are run using all of the equipment. Dogs must be able to handle each apparatus off leash. Bring dogs to first class.

4DE	6--55 minute lessons--\$146				
4DG	8--55 minute lessons--\$194				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Sa	9am	1B0.KZQR	6/1	4DE
SoRunREC	M	9am	1B0.PMDD	7/1	4DG
SoRunREC	W	8am	1B0.1405	7/3	4DE

## Non-Competitive Dog Agility

### Dog Agility for the Fun of It

**(13-Adult)** Prerequisite: Dog Obedience I. Class offers an introduction to dog agility. This class is not competition oriented. Dogs must be at least 1 year old. Dogs and handlers learn teamwork, targeting and handling skills basics. Class utilizes agility equipment.

Attendance at first class is required. Bring dogs to first class.

4DE	6--55 minute lessons--\$146				
4DG	8--55 minute lessons--\$194				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Sa	12pm	859.HPR5	6/1	4DE
SoRunREC	M	11am	859.8CON	7/1	4DG
SoRunREC	W	11am	859.QFYF	7/3	4DE

### Dog Agility for the Fun of It II

**(13-Adult)** Prerequisite: Agility for the Fun of It I or Dog Agility I. More fun with agility sequences and obstacle performance. Dogs must know obedience behaviors sit, lie down, stay and come and be reliable off leash. Confidence in performing contact obstacles (A-frame and dog walk) is required. Bring dogs to first class.

4DE	6--55 minute lessons--\$146				
4DG	8--55 minute lessons--\$194				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Sa	10am	585.FZ5Q	6/1	4DE
Frying Pan Pk	Sa	11am	585.L426	6/1	4DE
SoRunREC	M	10am	585.6RF2	7/1	4DG
SoRunREC	W	9am	585.JZM6	7/3	4DE
SoRunREC	W	10am	585.G5LK	7/3	4DE

### Dog Agility for Fun of It IV

**(13-Adult)** Prerequisite: Dog Agility for the Fun of It III/Competitive Dog Agility III. Class is designed for dogs with an excellent command of all equipment and handlers who want to learn advanced skills. Full courses are run using all of the equipment. Dogs must be able to handle each apparatus off leash. Bring dogs to first class.

4DG 8--55 minute lessons--\$194					
Location	Day	Time	Code	Begin	\$
SoRunREC	M	8am	645.AGPQ	7/1	4DG

# Dog Daze

at The Water Mine

**Saturday, Sept. 7, 2024**

**9 a.m. – 1 p.m.**

The Water Mine goes to the dogs with a season-ending event to benefit your parks through the Fairfax County Park Foundation.

- Dogs-only Swimming
- Canine Resource Fair
- Family Fun
- \$15 per dog

Visit [www.fairfaxcounty.gov/parks/dogs](http://www.fairfaxcounty.gov/parks/dogs)

The Water Mine at Lake Fairfax Park  
1400 Lake Fairfax Drive, Reston



## Science/Technology

Scan the QR code to go directly to the Parktakes Online Science/Technology page.



Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

### Astronomy Programs

Courses are held rain or clear skies in the Roll-Top Observatory at Turner Farm Park. Advance registration required, no walk-in registration available. Instruction for programs are provided by volunteers of the Analemma Society.

#### Exploring Exoplanets - Unveiling New Worlds

(8-Adult) Explore planets orbiting distant stars and learn how scientists find them using cool techniques like watching stars flicker or wobble. Dive into what these planets are made of, whether they could host life and catch up on the latest discoveries. Perfect for anyone curious about space this course promises an eye-opening adventure into the exploration of planets beyond our own.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	T	8pm	IRS.XVP6	7/2	FEE B

#### Fairfax Poet Laureate - Poetry Beneath the Stars

(8-Adult) Write a poem while gazing at the night sky to see if you can find a shooting stars. During this program you will be asked to dig deep and contemplate the cosmos through poetic form. Examples of star-gazing poetry and writing prompts will be provided. This event will include telescope viewing in the Roll Top Observatory, weather permitting. Hosted by ArtsFairfax and the Fairfax Poet Laureate as part of the "Poetry in the Parks" series.

##### 1--Free Program

Location	Day	Time	Code	Date	\$
TurnerFarm	Sa	7:30pm	0AH.M0UJ	8/17	free

#### Intro to Telescopes

(8-Adult) For those who are new to using a telescope or contemplating purchasing one, this course goes into introductory basics of astronomy, observing the sky, and what you need to know to setup and use your telescope. Class will provide hands-on use of telescopes and observing objects in the sky in the Roll-Top Observatory if the weather allows. Attendees can bring their own telescope for assistance and advice.

##### FEE AK 1--1 hour 30 minute program--\$12

Location	Day	Time	Code	Date	\$
TurnerFarm	W	8pm	58B.EVBG	7/17	Fee AK

#### Introduction to Astronomy

(8-Adult) This course provides a general introduction to some fundamentals of astronomy and the universe we see in the sky around us. We will discuss the basic types of astronomical objects from the small to the large, the motions of the planets and stars, and inter-



esting phenomena in the night sky. The classroom discussion is followed by an observatory session with telescopes, weather permitting.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	W	8pm	C83.QRVC	6/26	FEE B
TurnerFarm	W	8pm	C83.LW1F	8/21	FEE B

#### Looking at the Moon

(8-Adult) This program covers basic information about the Earth's natural satellite, the Moon. Learn how to view and recognize features on the Moon's surface even with a small telescope. The class includes observing the Moon and other objects in the night sky with telescopes, weather permitting.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	M	8pm	TH8.9PMK	7/15	FEE B

#### Meteorites-Exploring Visitors from Space

(8-Adult) This class is an introduction to meteorites as we explore what they are and where they came from. Participants will be able to examine actual meteorites including specimens from the Moon and Mars. The discussion is followed by an observatory session with telescopes, weather permitting.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	W	8pm	C90.4FMV	6/5	FEE B

#### Night Sky Tour at the Roll-Top Observatory

(8-Adult) This program is a fun tour of planets, constellations, stars, nebulae, and galaxies in the night sky that can be seen with the eye and in telescopes at the Roll-Top observatory at Turner Farm Park. In case of inclement weather, we will discuss and show images of objects that could be observed in clear skies. No knowledge of astronomy is needed, just an interest in learning about the universe around our planet.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	W	8pm	S84.KI58	7/24	FEE B
TurnerFarm	T	8pm	S84.ZS88	8/6	FEE B
TurnerFarm	W	8pm	S84.YKFV	8/28	FEE B

#### Rainbows, Haloes & Glories

(6-Adult) Learn about common and some uncommon phenomena you can see in the day or night skies such as rainbows, haloes and glories. We will also explore sunrise and sunset phenomena like the green flash, the purple light, and simple questions like why the sky is blue and sunsets are orange.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	M	8pm	855.JKBL	6/17	FEE B

#### Taking a Look at our Sun - Safe Solar Viewing

(8-Adult) Explore our neighborhood star. Delve into the wonders of our closest star, learning about its layers, activities like sunspots and flares and their impact on Earth. Discover the secrets of safe solar observation using specialized equipment such as solar filters and viewing glasses, along with easy do-it-yourself methods. Following the course we will be doing a solar viewing. The course is held rain or clear skies in the Roll-Top Observatory at Turner Farm Park.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	Sa	11am	YKK.ARC4	7/13	FEE B

#### Telescope Observing for Beginners

(8-Adult) This course covers the basics of observing the night sky and objects with a telescope and astronomy resources. Class will provide hands-on observing with telescopes if the weather allows. Attendees can bring their own telescopes to use and for assistance. Supplements the "Introduction to Telescopes" class but can be taken independently.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	W	8pm	12U.U2YB	8/14	FEE B

#### The Strange Shape of Sundials

(8-Adult) Sundials are the world's oldest clocks, seen in alignments of Stonehenge and Newgrange. Ben Franklin had exploding sundials and Thomas Jefferson built a new type sundial. Learn about the many kinds of sundials and make your own paper sundial. The course will be held in the Roll-Top observatory classroom followed by telescope observing of the sun.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	Sa	11am	16F.ZCBS	7/20	FEE B

#### The Sun - Our Neighborhood Star

(5-Adult) This presentation will cover what causes the Sun to shine, the Sun's life cycle, and how the Sun compares to other stars. We will also discuss features on the Sun and how to view the Sun safely. The classroom discussion is accompanied by an observing session of the Sun with solar telescopes, weather permitting.

##### FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
TurnerFarm	Sa	11am	XMI.XAHB	8/24	FEE B



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fairfaxparks



## Technology Classes

### 3D Printing Basics

**(13-Adult)** Expert instructors will guide you through understanding the basics of 3D printing to creating and printing your own designs. Unleash your creativity and be amazed at the endless possibilities of this innovative and transformative technology. No prior experience required. A laptop or tablet with mouse and an email address are required. A Fairfax County library card number is recommended. There will be a \$15 materials fee.

4XF	5--1 hour 25 minute lessons--\$88				
Location	Day	Time	Code	Begin	\$
ProvREC	Sa	3pm	IIS.R7RE	7/13	4XF
ProvREC	Su	3pm	IIS.NQFP	7/14	4XF

### 3D Printing Basics with Parent

**(6-12 yrs.)** Designed especially for young curious minds, this course introduces children and their parent to 3D printing. Through fun and age-appropriate activities, students the basics of 3D design and witness their creations come to life as tangible objects. From custom toys to personalized backpack tags, this class is an exciting adventure of creativity and technology. No prior experience needed. A laptop or tablet, Fairfax County library card and an email address are required. There will be a \$15 materials fee.

4ND	5--55 minute lessons--\$64				
Location	Day	Time	Code	Begin	\$
ProvREC	Sa	2pm	Z2W.QFY2	7/13	4ND
ProvREC	Su	2pm	Z2W.GDPU	7/14	4ND

### Animation using Minecraft

In this Cybertek Academy class, learn basic 2D and 3D animation techniques using Minecraft characters and stages. Expand your perception, observation and timing skills. Study motion in reality and then apply these skills to animation. Learn how animators work by completing a variety of short animation exercises and projects.

DXVG	6--55 minute lessons--\$173				
Location	Day	Time	Code	Begin	\$
<b>(6-10 yrs.)</b>					
Olde Crk ES	T	5pm	2XP.CTHK	6/25	DXVG
SpHillREC	W	5pm	2XP.7LH3	7/10	DXVG
W Spgfld ES	Sa	9am	2XP.80HA	6/22	DXVG
<b>(10-14 yrs.)</b>					
Olde Crk ES	T	6:15pm	8KL.TW14	6/25	DXVG
SpHillREC	W	6:15pm	8KL.Q4GY	7/10	DXVG
W Spgfld ES	Sa	10:15am	8KL.ZG4D	6/22	DXVG

### Battle Robots

**(7-12 yrs.)** Learn engineering strategies for building sturdy structures using unique RoboThink bricks, and then apply that knowledge to build multiple robots for a variety of friendly competitions. You'll have a blast as you play robot soccer, compete in robot relay races, and complete dozens of other fun challenges in this RoboThink program.

DXVG	6--55 minute lessons--\$173				
Location	Day	Time	Code	Begin	\$
Camelot ES	M	5:30pm	R8R.AR56	6/24	DXVG
Olde Crk ES	M	5:30pm	R8R.72PW	6/24	DXVG
Lemon Rd ES	T	5:30pm	R8R.IFDI	6/25	DXVG
FreedomHI ES	T	5:30pm	R8R.AFTE	6/25	DXVG
Wapls MI ES	W	5:30pm	R8R.7JVL	6/26	DXVG
ColvinRun ES	W	5:30pm	R8R.OYU1	6/26	DXVG

### Coding & Game Design with Scratch

Learn programming concepts using a drag-and-drop platform in the MIT-developed Scratch program. Use pre-made art or create their own, then program them to walk, talk and interact with objects. Learn logic and visual programming to create a simple 2D video game in this Cybertek Academy class.

DXVG	6--55 minute lessons--\$173				
Location	Day	Time	Code	Begin	\$
<b>(6-10 yrs.)</b>					
Oakton ES	Sa	9:30am	7F9.VLQJ	6/22	DXVG
SpHillREC	Sa	9:30am	7F9.LHUL	7/13	DXVG
Woodburn ES	W	5pm	7F9.H0ZU	6/26	DXVG
<b>(10-14 yrs.)</b>					
SpHillREC	Sa	10:45am	C3A.YQMY	7/13	DXVG

### eSports Class

**(11-17 yrs.)** In this interactive gaming class, learn and gain tips on strategic game play in a classroom setting. This session features the Nintendo Switch platform with various games.

DXVS	8--1 hour 25 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	6pm	3AK.EDRY	6/28	DXVS

### Junior Lego Robotics & Engineering

**(5-8 yrs.)** This SciGenius class combines the exciting world of LEGO with programming. Work in teams through a series of challenges to program and manipulate their own robots. Skills are enhanced across science, engineering, technology and coding through project-based activities. The unique combination of the LEGO brick, classroom-friendly software and inspiring, standards-based science projects results in a resource that builds students' confidence.

DXVR	8--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$
SpHillREC	T	6pm	8CV.BAC2	7/2	DXVR

### LEGO Aquatic Bots

**(5-8 yrs.)** Make LEGO® WeDo 2.0 AquaBots in this Baroody Camps robotics class. Each day students build and code a different water-themed robot using LEGO® gears, pulleys, axles, motors and sensors. Make boats, seaplanes, ocean explorers and robotic denizens of the deep.

DXVE	8--55 minute lessons--\$141				
Location	Day	Time	Code	Begin	\$
CubRunREC	W	6:30pm	XZ7.IGYW	6/26	DXVE
Wkfld/Moore	Th	6:30pm	XZ7.DQNX	6/27	DXVE

### Lego Robotics & Engineering

**(8-12 yrs.)** This SciGenius class combines the exciting world of LEGO with programming. Work in teams through a series of challenges to program and manipulate their own robots. Skills are enhanced across science, engineering, technology and coding through project-based activities. The unique combination of the LEGO brick, classroom-friendly software and inspiring, standards-based science projects results in a resource that builds students' confidence.

DXVR	8--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$
SpHillREC	W	6pm	FX5.ZN69	7/3	DXVR

### LEGO Zooland

**(5-8 yrs.)** In this Baroody Camps class bring your favorite zoo animals to life. Each week build and code a different animal robot using axles, timing belts, gears, laptops and coding blocks. Creations will be animated using special programming software.

DXVE	8--55 minute lessons--\$141				
Location	Day	Time	Code	Begin	\$
CubRunREC	W	7:30pm	P1X.LV78	6/26	DXVE

### Minecraft Modding by Cybertek

**(6-9 yrs)** In this Cybertek Academy class, students learn to create their own custom gameplay items and elements using MCreator and Minecraft. Students also learn to create artwork for various items, and implement them into the game with custom behaviors. Design your own custom blocks, weapons, food, biomes and more.

DXVG	6--55 minute lessons--\$173				
Location	Day	Time	Code	Begin	\$
<b>(6-9 yrs.)</b>					
Hayfield ES	Th	5pm	0KC.PCZV	6/20	DXVG
Flint HI ES	Su	9:30am	0KC.7JTX	6/23	DXVG
<b>(10-14 yrs.)</b>					
Hayfield ES	Th	6:15pm	ZDB.ZXP6	6/20	DXVG
Flint HI ES	Sa	10:45am	ZDB.SVA5	6/23	DXVG

### Stemtree Coding

**(6-12 yrs.)** Create computer programs (games, stories, etc.) instead of playing them in this Stemtree program. Learn computer programming concepts in a fun and interactive way by combining media elements to create and share stories, animations, games, music and more and using basic reasoning and problem solving skills. They also create their own computer programs to implement computer games and combine multiple topics (Science, Engineering, Teamwork).

DXVF	6--55 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	11:40am	525.FP42	7/13	DXVF

### Stemtree Robo-Fun

**(6-12 yrs.)** This Stemtree program uses robots to inspire students to learn engineering, apply their basic science, model construction, computer programming and problem-solving skills and knowledge to explore STEM concepts.

DXVF	6--55 minute lessons--\$145				
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	10:30am	LD7.QRQG	7/13	DXVF

### WeDo Robotics

**(5-8 yrs.)** In this Baroody Camps class, students use a curriculum powered by LEGO Educational group which includes fun robotics projects using LEGO bricks to build robots. Projects improve math, physics and engineering skills.

DXVE	8--55 minute lessons--\$141				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	5:30pm	GW9.U048	6/27	DXVE



## Scouts

Scan the QR code to go directly to the Parktakes Online Scouts page.



Complete most or all requirements to earn your scout badges with Fairfax County Parks. Programs are offered at Rec Centers, nature centers and historic sites. Some sites offer flexible scheduling for programs by request. To inquire please contact the site directly or complete a program request form on our scouting main page. Early registration discount and out-of-county fees do not apply.



BSA Scouts are required by Scouting BSA to bring a blue card signed by their Scoutmaster to any merit badge program. Scouts are encouraged to have completed all prework before the start of class.

Pre-work and program details available at [www.fairfaxcounty.gov/parks/scouts](http://www.fairfaxcounty.gov/parks/scouts). Scouts unable to complete all requirements may receive partial credit from their merit badge counselor.

## Girl Scout Programs

### Daisy Girl Scouts (5-7 yrs.)

#### Buddy Camper

1--1 hour lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Su	9am	83J.N4W3	7/21	\$7

#### Outdoor Art Maker

1--1 hour lesson including supplies

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	9am	437.2VGE	6/29	\$8

#### Using Resources Wisely

1--1 hour lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	9am	057.R4F2	8/17	\$7

#### Outdoor Art Creator

1--1 hour lesson including supplies

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	11am	E0F.L97S	6/29	\$8

### Brownie Girl Scouts (7-9 yrs.)

#### Brownie Badge Day

Come to the mill for a morning of badge work and earn the Brownie My Family Story and Senses badges.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	10am	90X.3J55	7/21	\$14

#### Hiker

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Su	11am	D64.QWMW	7/21	\$11

#### Letterboxer

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	11am	A4C.E21G	8/17	\$11

### Junior Girl Scouts (9-11 yrs.)

#### Camper

1--2 hour lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Su	1pm	B97.KGX2	7/21	\$14

#### Detective

1--1 hour 30 minute lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	1pm	DB7.5JPK	8/17	\$11
CubRunREC	Sa	1pm	DB7.8T1M	8/17	\$11

#### Outdoor Art Explorer

1--2 hour lesson includes supplies

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	1pm	1EE.XWGD	6/29	\$15

### Cadette Girl Scouts (11-14 yrs.)

#### Outdoor Art Apprentice

1--2 hour lesson includes supplies

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	3pm	909.IXDI	6/29	\$15

#### Trailblazing

1--2 hour lesson

Location	Day	Time	Code	Date	\$
CubRunREC	Sa	3pm	E85.NCU4	8/17	\$14

## BSA Scout Programs

### Merit Badges (11-17 yrs.)

#### Animal Science

1--2 hour Merit Badge

Location	Day	Time	Code	Date	\$
Frying Pan Pk	W	4pm	479.X4GP	6/5	\$24

#### Camping

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	10am	642.6Q70	8/17	\$60

#### Chemistry

1--4 hour Merit Badge include supplies

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	12:30pm	A71.L0WH	8/25	\$50

#### Citizenship in the World

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	T	12:30pm	DDB.EDPN	7/2	\$60

#### Citizenship in the Community

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	M	8:30am	FE0.MMRC	7/1	\$48

#### Citizenship in the Nation

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	M	1pm	38A.7MHW	7/1	\$48





**Communication****1--4 hour Merit Badge**

Location	Day	Time	Code	Date	\$
HiddenOaks	W	1pm	5BE.9PAY	7/3	\$48

**Environmental Science****1--5 hour Merit Badge**

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	12pm	FFA.FHUF	6/9	\$60
HuntMdws	W	10am	FFA.6EU3	7/3	\$60
ECLawrnPk	Sa	12pm	FFA.GTZC	7/6	\$60
HiddenOaks	Sa	12pm	FFA.200X	7/6	\$60

**Farm Mechanics****1--3 hour Merit Badge**

Location	Day	Time	Code	Date	\$
Frying Pan Pk	W	4pm	767.DD9G	8/21	\$36

**First Aid****1--5 hour Merit Badge**

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	10am	869.E1BU	6/30	\$60

**Fish & Wildlife****1--4 hour Merit Badge**

Location	Day	Time	Code	Date	\$
CubRunREC	F	12pm	B67.FWWV	7/5	\$48

**Insect Study****1--4 hour Merit Badge**

Location	Day	Time	Code	Date	\$
HuntMdws	T	10am	Ø2F.B9ER	7/2	\$48

**Mammal Study****1--4 hour Merit Badge--\$48****1--2 hour Merit Badge--\$24**

Location	Day	Time	Code	Date	\$
CubRunREC	M	12pm	16Ø.M7K4	6/17	\$48
ECLawrnPk	Su	9am	16Ø.CU4U	8/4	\$24

**Nature Study****1--4 hour Merit Badge**

Location	Day	Time	Code	Date	\$
CubRunREC	Th	12pm	C84.NTZ8	6/20	\$48
ECLawrnPk	Su	9am	C84.FQXZ	6/23	\$48
HiddenOaks	W	8:30am	C84.SBQT	7/3	\$48

**Reptile & Amphibian****1--3 hour Merit Badge**

Location	Day	Time	Code	Date	\$
HiddenOaks	T	9am	EAC.X7NØ	7/2	\$36
ECLawrnPk	Su	9am	EAC.35D2	7/28	\$36
ECLawrnPk	Sa	9am	EAC.5HDW	8/24	\$36

**Soil & Water Conservation****1--4 hour Merit Badge**

Location	Day	Time	Code	Date	\$
HuntMdws	M	10am	ØA1.A5HT	7/1	\$48

**Sustainability****1--4 hour Merit Badge**

Location	Day	Time	Code	Date	\$
HiddenOaks	F	12:30pm	435.69BC	7/5	\$48
HuntMdws	Sa	10am	435.EXOM	8/17	\$48

# The Wonder Wagon is Rolling!

Join the mobile nature center in a free exploration of nature at a park near you!

- Fun, guided activities like catching bugs, observing birds and exploring plants and animals
- Find the beauty of nature in all environments

The Wonder Wagon is made possible by The Community Foundation for Northern Virginia support, the National Park Service and donations from organizations and individuals to the Fairfax County Park Foundation.

To see where we are rolling to next with our calendar of events at [www.fairfaxcounty.gov/parks/wonder-wagon](http://www.fairfaxcounty.gov/parks/wonder-wagon)

For additional information,  
FCPAWonderWagon@fairfaxcounty.gov



# Fireflies

## Light up the Summer Night Sky

### in Fairfax County Parks

Watch the night sky come alive with the magic dance of fireflies, luminating Fairfax County Parks. Observe the natural symphony of light and wonder for all to enjoy.

### Fireflies in the Meadows

*Ellanor C. Lawrence Park*

Saturdays, June 22, 29  
and July 5

8:30-9:30 p.m. • \$8

### Firefly Walks

*Lake Fairfax Park*

Saturday, June 1  
8:30-9:30 p.m. • \$8

*Burke Lake Park*

Friday, June 28  
8:30-9:30 p.m. • \$8

*Huntley Meadows Park*

Friday, June 28  
Saturday, June 29  
Friday, July 5  
Saturday, July 6  
8-10 p.m. • \$10



For more  
information, visit  
[www.fairfaxcounty.gov/parks/event-highlights](http://www.fairfaxcounty.gov/parks/event-highlights)



## Sports and Leagues

Scan the QR code to go directly to the Parktakes Online Sports page.



Golf facilities, classes and tournaments are listed in the Golf section.

### Beginning Athletes

**(6-8 yrs.)** Kids love this high-energy class that introduces them to a variety of sports and activities each week including soccer, basketball and flag football. Have fun with teamwork as you learn new sports.

CSVA	6--55 minute lessons--\$114
4SM	8--55 minute lessons--\$133
DSV1	8--55 minute lessons--\$152
DSVF	8--55 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
Olde Crk ES	Sa	12pm	JEE.J2SG	6/22	CSVA
SoRunREC	W	6:30pm	FOZ.I2NV	7/3	DSVF
SoRunREC	M	7pm	FOZ.FQXV	7/1	DSVF
Sully CommCtr	F	7pm	FOZ.YD82	6/21	DSV1
Wkfld/Moore	Su	10am	FOZ.UYXQ	6/25	4SM

### Mixed Sport & P. E. Games

**(6-12 yrs.)** Play some of the best sports and PE games ever invented including extreme kickball, handball, capture the flag, ultimate frisbee, floor hockey, and soccer in this Baroody Camps program. Program goals are motivating each player to compete with high effort and a positive attitude towards self and others and improving teamwork skills. For extra fun, students can propose new games for the group to try!

DSVF	8--55 minute lessons--\$148
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	11am	IP0.YE98	6/29	DSVF

### Baseball I

**(6-12 yrs.)** This class teaches basic skills and game rules. Scrimmages give you experience preparing for league teams. Participants need to bring their own glove.

DSV1	8--55 minute lessons--\$152
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	2pm	DDF.L90I	6/29	DSV1

### Basketball I

Children learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Class includes scrimmages to reinforce teamwork.

4SM	8--55 minute lessons--\$133
CSVA	6--55 minute lessons--\$114
CSV1	6--55 minute lessons--\$133
DSV1	8--55 minute lessons--\$152
DSVC	6--55 minute lessons--\$87

Location	Day	Time	Code	Begin	\$
<b>(6-8 yrs.)</b>					
Belle Vw ES	Sa	9:30am	OF7.MZTN	6/22	CSV1
Olde Crk ES	Sa	10am	OF7.VBA8	6/22	CSVA
Flint HL ES	Su	10:10am	OF7.TZ0X	6/16	DSVC
Oakton ES	Sa	11:10am	OF7.FPWX	6/22	DSVC
Orng Hnt ES	Sa	10am	OF7.PTKC	7/13	CSVA
SpHillREC	Th	6pm	OF7.NUAC	6/27	4SM
SpHillREC	Sa	11am	OF7.KZD6	6/29	4SM



SpHillREC	T	6pm	OF7.MV5V	7/2	4SM
Sully CommCtr	Sa	10am	OF7.R539	6/22	4SM
Wkfld/Moore	Th	5:30pm	OF7.Z63U	6/27	DSV1
Wkfld/Moore	Sa	11am	OF7.9M26	6/29	4SM
Wkfld/Moore	M	6:30pm	OF7.U6LQ	7/1	DSV1
<b>(8-10 yrs.)</b>					
Belle Vw ES	Sa	10:30am	134.ED5E	6/22	CSV1
Olde Crk ES	Sa	11am	134.9U50	6/22	CSVA
Flint HL ES	Su	12pm	134.8FP2	6/16	DSVC
Oakton ES	Sa	10:10am	134.MLOH	6/22	DSVC
Orng Hnt ES	Sa	11am	134.219B	7/13	CSVA
SpHillREC	Th	7pm	134.XW79	6/27	4SM
SpHillREC	Sa	12pm	134.6FAR	6/29	4SM
SpHillREC	T	7pm	134.UZ31	7/2	4SM
Sully CommCtr	Sa	11am	134.2NUO	6/22	4SM
Wkfld/Moore	Th	6:30pm	134.W9PU	6/27	DSV1
Wkfld/Moore	M	7:30pm	134.ZX8H	7/1	DSV1
<b>(11-13 yrs.)</b>					
SpHillREC	Sa	1pm	188.8COB	6/29	4SM
Wkfld/Moore	Th	7:30pm	188.PLHF	6/27	DSV1
Wkfld/Moore	Sa	1pm	188.ZUTG	6/29	4SM

### Basketball II

Learn a variety of offensive and defensive strategies in this intermediate class.

4SM	8--55 minute lessons--\$133
DSVC	6--55 minute lessons--\$87

Location	Day	Time	Code	Begin	\$
<b>(6-8 yrs.)</b>					
SpHillREC	Su	10am	Z8E.2X3J	6/30	4SM
<b>(8-12 yrs.)</b>					
Oakton ES	Sa	12:10pm	58D.FEGO	6/22	DSVC
<b>(10-12 yrs.)</b>					
SpHillREC	Su	12pm	680.8ITR	6/30	4SM
Wkfld/Moore	Sa	2pm	680.KLDB	6/29	4SM

### Basketball III

**(12-14 yrs.)** Learn to move without the basketball on offense. Practice different defensive and offensive sets in this advanced class.

4SM	8--55 minute lessons--\$133
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	3pm	94C.V4EJ	6/29	4SM
Wkfld/Moore	Sa	12pm	94C.NO2N	6/29	4SM

### Basketball Training/Girls

**(8-12 yrs.)** Students learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Class includes scrimmages to reinforce teamwork.

4SM	8--55 minute lessons--\$133
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Location	Day	Time	Code	Begin	\$
SpHillREC	Su	11am	924.I4FM	6/30	4SM

### Co-ed Basketball League

These U6 and U7 leagues introduce students to basketball and teach them the rules and basic game fundamentals. Fee includes uniform shirt.

DSV2	8--55 minute lessons--\$197
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Location	Day	Time	Code	Begin	\$
<b>(5-6 yrs.)</b>					
SpHillREC	Sa	9am	086.GILZ	6/29	DSV2
Wkfld/Moore	Su	10am	086.86VX	6/30	DSV2
<b>(6-7 yrs.)</b>					
SpHillREC	Sa	10am	403.107S	6/29	DSV2
Wkfld/Moore	Su	11am	403.VHVB	6/30	DSV2

**Gold Rush Season Passes go on sale April 1**

**Buy your passes online at**  
[www.fairfaxcounty.gov/parks/watermine](http://www.fairfaxcounty.gov/parks/watermine)  
**or call 703-246-5929.**

**The Water Mine**  
at Lake Fairfax Park  
1400 Lake Fairfax Dr.  
Reston, VA 20190





### Shooting Clinic

**(10-16 yrs.)** Shooting is the most essential skill in basketball. With modern offenses geared towards five perimeter players, shooting has become paramount on all teams at all levels. Focus will on reworking shooting mechanics for maximum accuracy, developing a lightning-quick release and discovering the mindset and training required to become a better shooter.

DSVU 4--1 hour 25 minute lessons--\$111						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Su	12pm	3LV.C5VF	6/30	DSVU	

### Windball Cricket

Windball Cricket is a ball-and-bat game played between two teams. Learn the basic skills and techniques of this fun game in this Sanowar Fitness class. Equipment will be provided and tennis balls will be used. Students do not need cleats.

CSVA 6--55 minute lessons--\$114						
Location	Day	Time	Code	Begin	\$	
(6-8 yrs.)						
W Spgfld ES	Sa	9am	OPY.5FRB	6/22	CSVA	
Olde Crk ES	Su	11am	OPY.I4FV	6/23	CSVA	
(9-12 yrs.)						
W Spgfld ES	Sa	10am	R47.U65U	6/22	CSVA	
Olde Crk ES	Su	12pm	R47.UF1Z	6/23	CSVA	

### Intro to Olympic Sport Fencing

Introduction to Olympic Sport Fencing through drills, games and exercises done in pairs. Learn basic foot movements such as advances, retreats and lunges, as well as basic hand movements including thrusts and blocks. An equipment fee of \$29 is payable at first class.

DSVP 8--55 minute lessons--\$127						
Location	Day	Time	Code	Begin	\$	
(7-13 yrs.)						
NOVA Fencers	M/W	6pm	30E.BU80	6/24	DSVP	
NOVA Fencers	M/W	7pm	30E.Y4R3	6/24	DSVP	
(13-Adult)						
NOVA Fencers	T/Th	6pm	9C1.KLZ2	6/24	DSVP	

### Intro to Sport Fencing

This class introduces students to the sport of Olympic. Students learn how to fence and referee all three disciplines of sport fencing: foil, sabre and epee. No previous experience needed. Equipment can be rented from the instructor for \$49 or purchased for \$199 with payment due after first class.

DSVZ 8--55 minute lessons--\$117					
Location	Day	Time	Code	Begin	\$
(8-14 yrs.)					
Wkfld/Moore	T	6pm	TSB.EAL9	7/2	DSVZ
Wkfld/Moore	Sa	12pm	TSB.44K5	6/29	DSVZ
(14-Adult)					
Wkfld/Moore	Sa	11am	IAB.3VSH	6/29	DSVZ

### Intermediate Fencing

**(9-Adult)** This class offers a continuation program for students who have completed the VAF Beginning Fencing class or have previous fencing experience. Students will learn and utilize advanced techniques and strategies, and be introduced to competitive bouts using electronic equipment. An equipment fee of \$49 is payable at first class.

DSVZ 8--55 minute lessons--\$117						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	T	7pm	PZQ.	7/2	DSVZ	

### Flag Football

In this program students learn the fundamentals of football in an upbeat and engaging environment. Focus in on throwing, catching, and route running, as well as offensive and defensive positional techniques. Learn to compete in a positive sports environment while developing teamwork and sportsmanship.

4SM 8--55 minute lessons--\$133						
Location	Day	Time	Code	Begin	\$	
(8-11 yrs.)						
Belle Vw ES	Sa	11:30am	N49.NYME	6/22	CSV1	
Wkfld/Moore	Su	11am	N49.FBJO	6/30	4SM	
(12-14 yrs.)						
Belle Vw ES	Sa	12:30pm	LED.BAZL	6/22	CSV1	

### Team Handball

Team handball is similar to soccer except you only use your hands. Learn the skills and techniques of this fun game in this Sanowar Fitness class. No equipment required, wear athletic shoes.

CSVA 6--55 minute lessons--\$114					
Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
Flinthl ES	Su	1pm	Y2F.X145	6/16	CSVA
W Spgfld ES	Sa	11am	Y2F.GJEK	6/22	CSVA
(9-12 yrs.)					
Flinthl ES	Su	2pm	8YU.UOG5	6/16	CSVA
W Spgfld ES	Sa	12pm	8YU.PAR7	6/22	CSVA

### Floor Hockey

**(5-7 yrs.)** Floor hockey is an action packed game where players move constantly. Students learn hockey basics and how to compete as a team with high effort and sportsmanship in this Baroody Camps class. Each class begins with lead-up games and skill building and ends with a game.

DSVF 8--55 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	10am	ME2.CHLT	6/29	DSVF	

### Ultimate Frisbee

**(7-12 yrs.)** In this super active class offered by Baroody Camps players will learn the basics of Ultimate Frisbee. Students share strategies, learn how to make calls fairly while refereeing and work with teammates to make the most out of every play.

DSVF 8--55 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	12pm	TLO.79CE	6/29	DSVF	



*Warm up for your next game, practice your swing or have fun with friends swinging for the fences.*

**NEW**

**Pitching Machines  
Netting • Balls • Bats**

**Baseball:** mid-40s through mid-70s  
**Softball:** Iob through mid-50s

Cages are available on a first-come-first-serve basis. Purchase tokens for cages and arrange cage rentals with attendant on site.



[www.fairfaxcounty.gov/parks/braddock-park-batting-cages](http://www.fairfaxcounty.gov/parks/braddock-park-batting-cages)

**Braddock Park**  
13241 Braddock Road, Clifton



# Sports and Leagues

## Gymnastics I

**(6-12 yrs.)** Introduction to gymnastics through floor exercise, balance beam, uneven bars, vaulting and springboard jumping. Low student-to- teacher ratio enhances the learning process.

<b>4SD</b>	<b>5--55 minute lessons--\$82</b>				
<b>4SM</b>	<b>8--55 minute lessons--\$133</b>				
Location	Day	Time	Code	Begin	\$
CubRunREC	M	6:20pm	OD9.ABOE	6/17	4SD
CubRunREC	Th	5:30pm	OD9.EB69	6/20	4SM

## Outdoor Pickleball I

**(6-12 yrs.)** Pickleball is a fun, easy-to-learn, mini tennis-like game that combines elements of tennis, badminton, table tennis and racquetball. In this class by Baroody Camps students learn basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

<b>DVP2</b>	<b>8--55 minute lessons--\$153</b>				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	10am	UT4.IGQZ	6/29	DVP2

## Pickleball I

**(Adults)** Pickleball is a fun, easy-to-learn, mini tennis-like game that combines elements of tennis, badminton, table tennis and racquetball. In this indoor class by Baroody Camps students learn basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

<b>DSP1</b>	<b>8--55 minute lessons--\$139</b>				
<b>DSVF</b>	<b>8--55 minute lessons--\$148</b>				
<b>DVP2</b>	<b>8--55 minute lessons--\$153</b>				
Location	Day	Time	Code	Begin	\$

Indoor Classes					
SpHillREC	Th	5pm	B60.AI69	6/27	DSVF
SpHillREC	Sa	1pm	B60.1U3T	6/29	DSVF
SpHillREC	Sa	10am	B60.PXDF	6/29	DSVF
Sully CommCtr	W	5pm	B60.G75V	6/26	DVP2
Sully CommCtr	Sa	3pm	B60.KP29	6/22	DVP2
Sully CommCtr	Su	7pm	B60.CO8K	6/23	DVP2
Outdoor Classes					
RndtreePk	F	5pm	J11.KI7C	6/28	DSP1
RndtreePk	Sa	10am	J11.TO8J	6/29	DSP1
RndtreePk	M	8am	J11.LNNV	7/1	DSP1
SoRunREC	Sa	7am	J11.U4RK	6/29	DSP1
Wkfld/Moore	F	8am	J11.UUJ	6/28	DSP1
Cunn Pk ES	T	10am	DZV.XJ90	6/18	DVP2
Cunn Pk ES	F	10am	DZV.AYXT	6/21	DVP2
Cunn Pk ES	Sa	11:30am	DZV.Q653	6/22	DVP2
LewinsvillePk	M	10am	DZV.VISQ	7/1	DVP2
LewinsvillePk	M	12pm	DZV.JZJJ	7/1	DVP2
LewinsvillePk	T	10am	DZV.XB2P	7/2	DVP2
Wkfld/Moore	Th	6pm	DZV.KLVG	6/27	DSP1
Wkfld/Moore	Th	8am	DZV.GX9H	6/27	DVP2
Wkfld/Moore	F	6pm	DZV.F015	6/28	DSP1
Wkfld/Moore	M	6:30pm	DZV.UXAQ	7/1	DVP2
Wkfld/Moore	M	8am	DZV.4QX1	7/1	DVP2
Wkfld/Moore	T	6pm	DZV.A64S	7/2	DSP1
Wkfld/Moore	T	8am	DZV.4UI7	7/2	DVP2
Wkfld/Moore	W	6pm	DZV.ODAM	7/3	DSP1

## TEAM WORK makes the DREAM WORK!

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## Pickleball II

**(Adults)** Prerequisite: Pickleball I. This indoor class by Baroody Camps focuses on improving essential skills including dinks, volleys, forehands, backhands, serves and doubles strategy. Paddles balls provided.

<b>DSP1</b>	<b>8--55 minute lessons--\$139</b>				
<b>DSVF</b>	<b>8--55 minute lessons--\$148</b>				
<b>DVP2</b>	<b>8--55 minute lessons--\$153</b>				

Location	Day	Time	Code	Begin	\$
Indoor Classes					
SpHillREC	Th	6pm	QJ3.53S3	6/27	DSVF
SpHillREC	Sa	11am	QJ3.R0R0	6/29	DSVF
SpHillREC	Su	9am	QJ3.3149	6/30	DSVF
SpHillREC	T	5pm	QJ3.6R66	7/2	DSVF
Sully CommCtr	W	6pm	QJ3.SWMT	6/26	DVP2
Sully CommCtr	Sa	4pm	QJ3.IRK7	6/22	DVP2
Sully CommCtr	Su	5pm	QJ3.JCIR	6/23	DVP2
Sully CommCtr	Su	6pm	QJ3.8WIO	6/23	DVP2
Sully CommCtr	M	5:30pm	QJ3.KH00	6/24	DVP2
Sully CommCtr	M	6:30pm	QJ3.FA7W	6/24	DVP2
Sully CommCtr	T	6:30pm	QJ3.3NSZ	6/25	DVP2
Outdoor Classes					
RndtreePk	F	6pm	YB0.M81X	6/28	DSP1
RndtreePk	Sa	9am	YB0.DHPR	6/29	DSP1
RndtreePk	M	9am	YB0.BTWO	7/1	DSP1
SoRunREC	Sa	8am	YB0.F910	6/29	DSP1
SoRunREC	Sa	9am	YB0.NYN4	6/29	DSP1
Wkfld/Moore	F	9am	YB0.5XIN	6/28	DSP1
Wkfld/Moore	Su	7:30am	YB0.EVQA	6/30	DSP1
Wkfld/Moore	W	8am	YB0.GWFA	7/3	DSP1
Wkfld/Moore	W	9am	YB0.Y8NU	7/3	DSP1
Cunn Pk ES	T	11am	8RX.R1U4	6/18	DVP2
Cunn Pk ES	F	11am	8RX.UQOI	6/21	DVP2

Cunn Pk ES	Sa	10:30am	8RX.8YL6	6/22	DVP2
LewinsvillePk	M	11am	8RX.7121	7/1	DVP2
LewinsvillePk	T	11am	8RX.XROT	7/2	DVP2
LewinsvillePk	T	12pm	8RX.S377	7/2	DVP2
Wkfld/Moore	Th	7pm	8RX.72NL	6/27	DSP1
Wkfld/Moore	Th	9am	8RX.F9KQ	6/27	DVP2
Wkfld/Moore	F	7pm	8RX.EVGI	6/28	DSP1
Wkfld/Moore	M	7:30pm	8RX.9GTG	7/1	DVP2
Wkfld/Moore	M	9am	8RX.KFQG	7/1	DVP2
Wkfld/Moore	T	7pm	8RX.R77E	7/2	DSP1
Wkfld/Moore	T	9am	8RX.UET6	7/2	DVP2
Wkfld/Moore	W	7pm	8RX.7JWS	7/3	DSP1

## Pickleball III

**(Adults)** Prerequisite: Pickleball II. Class focuses on Doubles strategy and execution.

<b>DSP1</b>	<b>8--55 minute lessons--\$139</b>				
<b>DSVF</b>	<b>8--55 minute lessons--\$148</b>				
<b>DVP2</b>	<b>8--55 minute lessons--\$153</b>				

Location	Day	Time	Code	Begin	\$
Indoor Classes					
SpHillREC	Sa	12pm	UQP.W86B	6/29	DSVF
SpHillREC	Su	10am	UQP.OSOB	6/30	DSVF
SpHillREC	T	6pm	UQP.MJJA	7/2	DSVF
Sully CommCtr	Sa	5pm	UQP.UM1S	6/22	DVP2
Sully CommCtr	M	7:30pm	UQP.WUA4	6/24	DVP2
Sully CommCtr	T	5:30pm	UQP.MJ2G	6/25	DVP2
Outdoor Classes					
RndtreePk	Sa	8am	BON.USAY	6/29	DSP1
RndtreePk	M	10am	BON.HZY8	7/1	DSP1
Wkfld/Moore	F	10am	BON.QILL	6/28	DSP1
Wkfld/Moore	Su	8:30am	BON.UTPG	6/30	DSP1
Wkfld/Moore	W	10am	BON.09AN	7/3	DSP1

# Now Hiring and Training LIFEGUARDS



- No prior training or experience required.
- Training provided after employment offer.
- Positions available at all Rec Centers and the Water Mine.

[www.fairfaxcounty.gov/parks/reccenter/jobs](http://www.fairfaxcounty.gov/parks/reccenter/jobs)







### Small Group Pickleball I

**(15-Adult)** Join First Serve Pickleball for a small-group in-depth introduction to America's fastest growing sport. Students learn the basic strokes including dinks, volleys, forehands, backhands, the serve and how to keep score in a small group setting. Pickleball paddles and balls are provided. Please wear tennis shoes. Ratio 4:1.

#### CVS9 7--55 minute lessons--\$288

Location	Day	Time	Code	Begin	\$
RollVallyW Pk	M	8:30am	GA9.YCVP	6/24	CSV9
RollVallyW Pk	M	9:30am	GA9.5C26	6/24	CSV9
RollVallyW Pk	M	5:30pm	GA9.6BQY	6/24	CSV9
RollVallyW Pk	M	7:30pm	GA9.0WL7	6/24	CSV9
RollVallyW Pk	T	8:30am	GA9.6JPY	6/25	CSV9
RollVallyW Pk	T	9:30am	GA9.S7Y9	6/25	CSV9

### Small Group Pickleball II

**(15-Adult)** Join First Serve Pickleball for a level 2 class designed to take your game to the next level. The small group setting of 4:1 will facilitate in-depth learning. Prior playing experience required. Bring your own paddle. Pickleballs are provided.

#### CSV9 7--55 minute lessons--\$288

Location	Day	Time	Code	Begin	\$
RollVallyW Pk	M	10:30am	FQF.VBQS	6/24	CSV9
RollVallyW Pk	M	6:30pm	FQF.81Q8	6/24	CSV9
RollVallyW Pk	M	8:30pm	FQF.9T2Z	6/24	CSV9
RollVallyW Pk	T	10:30am	FQF.6S7R	6/25	CSV9

### Soccer I

Basic instruction geared for beginning players. Emphasis is on soccer skill development including kicking, dribbling and goal-keeping. Bring shin guards

and a soccer ball. Classes held at schools are indoors using soft soccer balls.

<b>4SM</b>	<b>8--55 minute lessons--\$133</b>
<b>DSV1</b>	<b>8--55 minute lessons--\$152</b>
<b>DSVF</b>	<b>8--55 minute lessons--\$148</b>

Location	Day	Time	Code	Begin	\$
<b>(6-8 yrs.)</b>					
SoRunREC	Sa	10am	29D.53GF	6/29	DSV1
SoRunREC	Su	11am	29D.PY4W	6/30	DSV1
SoRunREC	T	6:30pm	29D.E069	7/2	DSVF
SpHillREC	Sa	11am	29D.1JBI	6/29	4SM
SpHillREC	Su	11am	29D.PVIK	6/30	4SM
Sully CommCtr	F	7pm	29D.8L7L	6/21	DSV1
Sully CommCtr	Th	7pm	29D.WUWT	6/20	DSV1
Wkfld/Moore	Sa	10am	29D.S645R	6/29	4SM
Wkfld/Moore	Su	10am	29D.JZ29	6/30	4SM
<b>(8-12 yrs.)</b>					
SoRunREC	Sa	11am	F64.MWRN	6/29	DSVF
SpHillREC	Sa	12pm	F64.7PB0	6/29	4SM
SpHillREC	Su	12pm	F64.D1QM	6/30	4SM
Wkfld/Moore	Sa	11am	F64.7OL1	6/29	4SM
Wkfld/Moore	Su	11am	F64.JWEZ	6/30	4SM

### Soccer II

Prerequisite: Soccer I. Bring shin guards and a soccer ball. Classes held at schools are indoors using soft soccer balls.

#### 4SM 8--55 minute lessons--\$133

Location	Day	Time	Code	Begin	\$
<b>(6-8 yrs.)</b>					
SpHillREC	Sa	1pm	580.93MW	6/29	4SM
SpHillREC	Su	1pm	580.EQ3D	6/30	4SM
<b>(8-12 yrs.)</b>					
SpHillREC	Sa	2pm	DA0.BOBD	6/29	4SM
SpHillREC	Su	2pm	DA0.PTSO	6/30	4SM

### Outdoor Classes

Cunn Pk ES	T	12pm	NUB.1299	6/18	DVP2
Cunn Pk ES	F	12pm	NUB.XQE8	6/21	DVP2
Cunn Pk ES	Sa	9:30am	NUB.XB25	6/22	DVP2
Wkfld/Moore	Th	8pm	NUB.M3R8	6/27	DSP1
Wkfld/Moore	Th	10am	NUB.7NRP	6/27	DVP2
Wkfld/Moore	F	8pm	NUB.MZ72	6/28	DSP1
Wkfld/Moore	M	8:30pm	NUB.2GFE	7/1	DVP2
Wkfld/Moore	M	10am	NUB.CVIU	7/1	DVP2
Wkfld/Moore	T	8pm	NUB.Z23H	7/2	DSP1
Wkfld/Moore	T	10am	NUB.S0GW	7/2	DVP2
Wkfld/Moore	W	8pm	NUB.6HT2	7/3	DSP1

### Outdoor Senior Pickleball I

**(65 yrs.+)** This outdoor, slower paced class focuses on basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

#### DVP2 8--55 minute lessons--\$153

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	8am	W14.L7Q7	6/29	DVP2

### Outdoor Senior Pickleball II

**(65 yrs.+)** Prerequisite: previous pickleball class or experience. This outdoor, slower paced class focuses on improving essential skills including dinks, volleys, forehands, backhands and the serve. Doubles strategy is introduced. Paddles and balls provided.

#### DVP2 8--55 minute lessons--\$153

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	9am	NGG.WQKQ	6/29	DVP2



## 2024 SUMMER GOLF TOURNAMENTS

*Looking for a fun summer challenge? Join one of Golf Fairfax's golf tournaments and swing into summer with some friendly competition!*

### Burke Lake Golf Center

#### Father's Day Golf Tournament (7-Adult) Parent and Child Family Challenge!

Saturday, June 15 • 11 a.m. • Cost: \$90 per team

#### Red, White and Blue Tournament (7-Adult)

Saturday, July 6 • 8 a.m. • Cost: \$90 per team

### Oakmont Golf Center

#### Two-Person Summer Scramble (12-Adult)

Saturday, June 8 • 8 a.m. • Cost: \$90 per team

#### Junior Club Championship (7-17 yrs.)

Saturday, July 13 • 10 a.m. • Cost: \$30 per team

### Jefferson Golf Course

#### Summer Scramble (Adults)

Saturday, June 15 • 10 a.m. • Cost: \$80 per team

#### Modified Stableford (Adults)

Saturday, July 13 • 10 a.m. • Cost: \$40 per player

#### Club Championships (Adults)

Saturday, August 17 • 8 a.m. • Cost: \$55 per player

### Pinecrest Golf Course

#### Red, White and Blue Tournament (7-Adult)

Saturday, July 7 • 8 a.m. • Cost: \$110 per team

For more information visit [www.fairfaxcounty.gov/parks/golf/tournaments](http://www.fairfaxcounty.gov/parks/golf/tournaments)





# Sports and Leagues

## Small Goal Soccer

In this class Sanowar Fitness introduces students to Small Goal Soccer which is played five-on-five using smaller goals. Students build skills and self-confidence in a fun environment.

DSV1	8--55 minute lessons--\$152				
Location	Day	Time	Code	Begin	\$
<b>(6-8 yrs.)</b>					
Wkfld/Moore	Sa	12pm	816.2U0Q	6/29	DSV1
Wkfld/Moore	Su	12pm	816.JJ4X	6/30	DSV1
<b>(9-12 yrs.)</b>					
Wkfld/Moore	Sa	1pm	3C5.F3ZF	6/29	DSV1
Wkfld/Moore	Su	1pm	3C5.BL3J	6/30	DSV1

## T-Ball

**(5-7 yrs.)** Get a head start on the spring T-ball season. Skill development includes base running, hitting off tee, throwing and catching. Bring a baseball glove.

DSV1	8--55 minute lessons--\$152				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	1pm	3E1.VV57	6/29	DSV1

## Tennis Beginning I

An introduction to the basics: forehand and backhand drive, serve, footwork, rules, scoring and court etiquette. Emphasis is on correct form. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$133				
CSVA	6--55 minute lessons--\$114				
CSVR	7--55 minute lessons--\$129				
DSV1	8--55 minute lessons--\$152				
Location	Day	Time	Code	Begin	\$
<b>(5-8 yrs.)</b>					
McLeanCntrlPk	Sa	3pm	MKL.WG9S	6/29	4SM
McLeanCntrlPk	Sa	5pm	MKL.4LPX	6/29	4SM

McLeanCntrlPk	Su	2pm	MKL.EXVD	6/30	4SM
NottowayPk	Sa	10am	MKL.ZE3J	7/13	CSVA
SoRunREC	Su	9am	MKL.QNYG	6/30	CSVR
SoRunREC	M	5pm	MKL.70KP	7/1	DSV1
<b>(9-12 yrs.)</b>					
McLeanCntrlPk	Sa	4pm	N0B.V4Q6	6/29	4SM
McLeanCntrlPk	Su	3pm	N0B.BPC6	6/30	4SM
NottowayPk	Sa	11am	N0B.WEX3	7/13	CSVA
SoRunREC	Su	10am	N0B.XWG1	6/30	CSVR
SoRunREC	M	6pm	N0B.Q5FE	7/1	DSV1
Wkfld/Moore	M	5:30pm	N0B.KY1Q	7/1	DSV1
<b>(10-17 yrs.)</b>					
McLeanCntrlPk	Sa	2pm	A49.E4MU	6/29	4SM
NottowayPk	Sa	12pm	A49.AXXM	7/13	CSVA
SoRunREC	Su	12pm	A49.F6TD	6/30	CSVR
SoRunREC	M	7pm	A49.5NU2	7/1	DSV1
Wkfld/Moore	Sa	2pm	A49.T3DS	6/29	DSV1
Wkfld/Moore	M	6:30pm	A49.ZSY8	7/1	DSV1
<b>(Adults)</b>					
Wkfld/Moore	T	8am	2AB.T7B8	7/2	4SM
SoRunREC	Su	11am	PL0.JLWU	6/30	CSVR
Wkfld/Moore	M	7:30pm	PL0.Y4QS	7/1	DSV1
Wkfld/Moore	W	6:30pm	PL0.COYX	7/3	DSV1

## Tennis Beginning II

Students should be able to rally with the forehand and know the basic strokes. Stroke production, including ball trajectory over the net and basic game strategy, is refined. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$133				
CSVA	6--55 minute lessons--\$114				
DSV1	8--55 minute lessons--\$152				
Location	Day	Time	Code	Begin	\$
<b>(5-8 yrs.)</b>					
SoRunREC	T	5pm	Q98.BZUK	7/2	DSV1
SoRunREC	F	5pm	Q98.VH4H	7/12	CSVA

## (9-12 yrs.)

SoRunREC	T	6pm	IWH.63UI	7/2	DSV1
SoRunREC	F	6pm	IWH.074G	7/12	CSVA
<b>(10-17 yrs.)</b>					
SoRunREC	T	7pm	TZD.VX1E	7/2	DSV1
SoRunREC	F	7pm	TZD.A7CC	7/12	CSVA
<b>(13-17 yrs.)</b>					
Wkfld/Moore	F	6:30pm	2PX.0L2G	6/28	DSV1
Wkfld/Moore	W	5:30pm	2PX.FN9H	7/3	DSV1
<b>(Adults)</b>					
Wkfld/Moore	Th	8am	457.WZ73	6/27	4SM
Wkfld/Moore	Sa	3pm	2P8.HPWQ	6/29	DSV1
Wkfld/Moore	W	7:30pm	2P8.66D6	7/3	DSV1

## Tennis Intermediate I

Students should know basic strokes, scoring, rules and court etiquette. Emphasis is on stroke production, shot placement and consistency. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$133				
DSV1	8--55 minute lessons--\$152				
Location	Day	Time	Code	Begin	\$
<b>(13-17 yrs.)</b>					
Wkfld/Moore	F	5:30pm	6CX.2N6E	6/28	DSV1
<b>(Adults)</b>					
Wkfld/Moore	Th	9am	572.XR04	6/27	4SM
Wkfld/Moore	T	9am	572.LEAV	7/2	4SM
Wkfld/Moore	F	7:30pm	HNK.6PSE	6/28	DSV1

## Tennis Intermediate II

**(Adults)** Stroke consistency and control are key factors at this level. Emphasis is on shot variety and pace under pressure. Percentage is stressed and mastery of intermediate skills is required. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$133				
DSV1	8--55 minute lessons--\$152				
DSVM	8--1 hour 25 minute lessons--\$172				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	10am	013.2VPE	7/2	4SM
Wkfld/Moore	W	8am	013.QJJS	7/3	4SM
Wkfld/Moore	W	9am	013.EV2I	7/3	DSVM
Wkfld/Moore	Sa	4pm	QHM.A9WD	6/29	DSV1

## Tennis Advanced

**(Adults)** Students should be able to execute all basic strokes and have at least informal competitive playing experience. Stroke reliability and aggressive shots with pace and depth are expected. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$133				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	10am	B86.S0WY	6/27	4SM

## Volleyball

Learn basic volleyball skills through drills and games. Class covers scoring, serving, bumping, spiking and team play.

DSVF	8--55 minute lessons--\$148				
Location	Day	Time	Code	Begin	\$
<b>(8-12 yrs.)</b>					
SpHillIREC	M	5:40pm	8D1.XSTE	7/1	DSVF
SpHillIREC	W	5:40pm	8D1.16JX	7/3	DSVF
Wkfld/Moore	M	6pm	8D1.RN1X	7/1	DSVF
<b>(12-17 yrs.)</b>					
Wkfld/Moore	M	7pm	BA8.021X	7/1	DSVF
<b>(16-Adult)</b>					
Wkfld/Moore	M	8pm	CR8.QKPK	7/1	DSVF



**FAIRFAX COUNTY PARK AUTHORITY**  
**REC CENTERS**  
**OPEN HOUSE**  
**WEDNESDAY, MAY 22**

- FREE ADMISSION ALL DAY!
- GET MEMBERSHIP INFO
- SIGN UP FOR THE DISCOUNTED REC CENTER MEMBERSHIP

**ENJOY:**

- SAMPLE CLASSES AND DEMONSTRATIONS
- GIVEAWAYS AND GAMES
- FAMILY FRIENDLY ACTIVITIES
- FOOD AND FUN!

Find out all the things Rec Centers have to offer!  
[www.fairfaxcounty.gov/parks/reccenter](http://www.fairfaxcounty.gov/parks/reccenter)



## Xtras

Scan the QR code to go directly to the Parktakes Online Xtras page.

**Bridge I**

**(13-Adult)** Designed for beginning players and for students who would like to improve. Stresses bidding and basic defense. This course provides an excellent brush-up for players returning to the game.

**4XL 8--1 hour 55 minute lessons--\$205**

Location	Day	Time	Code	Begin	\$
SoRunREC	M	7pm	DF7.GJXH	7/1	4XL
ProvREC	M	7pm	DF7.2K5J	7/1	4XL

**Bridge II**

**(13-Adult)** Further develop your defensive bridge skills. Designed for students with bridge knowledge. Learn to be offensive on defense. Sessions include a review of basic Standard American Bidding System.

**4XL 8--1 hour 55 minute lessons--\$205**

Location	Day	Time	Code	Begin	\$
SoRunREC	Su	1pm	70C.D3WW	6/30	4XL

**Brush-Up Bridge**

**(13-Adult)** Not for beginners. Must be playing bridge and want to update your skills. Modern Standard American opening bids and responses are emphasized. After demonstration hands, class shuffles and deals.

**4XL 8--1 hour 55 minute lessons--\$205**

Location	Day	Time	Code	Begin	\$
SoRunREC	Su	3pm	615.0KN6	6/30	4XL

**Chess by Magnus Chess Academy**

**(6-12 yrs.)** Learn chess with Magnus Chess Academy (formerly Silver Knights)! They've taught 100,000 children to play, including state & national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies provided. All skill levels are welcome.

**DXVE 8--55 minute lessons--\$147**

Location	Day	Time	Code	Begin	\$
CubRunREC	Th	6pm	2PM.A007	6/27	DXVE
Franconia Rec	W	6pm	2PM.ZH1C	6/26	DXVE
OakmontREC	F	6pm	2PM.IQ7V	6/21	DXVE
SphillREC	M	6pm	2PM.G5UI	701	DXVE



[www.fairfaxcounty.gov/parks/volunteer](http://www.fairfaxcounty.gov/parks/volunteer)



# Weddings

at Twin Lakes and Laurel Hill Golf

- Friendly, dedicated event planners
- Beautifully decorated clubhouses
- Minutes from airports, lodging and our nation's capital
- Also available for rehearsal dinners, parties and showers



For more information, visit [www.fairfaxcounty.gov/parks/golf/parties](http://www.fairfaxcounty.gov/parks/golf/parties)



# IMPORTANT REGISTRATION INFORMATION

REGISTER BY MAY 3 AND SAVE \$8\*

REGISTRATION  
STARTS 9 A.M.  
APRIL 23

## FIVE EASY WAYS TO REGISTER

### Register Online

[www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes). Browse online listings, check class enrollment and register.

### Talk to an Operator 703-222-4664

Mon. – Fri., 9 a.m. – 4 p.m. Please have class activity codes handy when you call.

### Fax it 703-631-2004

Registration processing begins April 23 for faxed forms. Forms received prior to April 23 are held until that date. Sorry! Due to volume, we cannot confirm fax receipt. Allow 3-5 days for processing.

### Mail It

Send completed forms to FCPA/Parktakes, P.O. Box 4606, Fairfax, Va. 22038. Mailed registration processing begins April 23. Forms received prior to April 23 are held until that date. Allow 3-5 days for processing.

### Walk-In Registration

Walk-in registration begins May 6. Visit our **Walk-in Registration Office** in the Herrity Building, 12055 Government Center Parkway Suite 105. Hours: 9 a.m. – 4 p.m., Monday – Friday.

## CAN'T FIND YOUR ACCOUNT?

### How do I Create an Account?

- Go to the Parktakes Online website, and click the Create Account button on the top right of the screen.
- Fill in the New Customer form.
- After completing the form, click on Create Account.

### How do I Recover my Account?

- Go to the Parktakes Online website, and click the Login button on the top right of the screen. Follow the on-screen link to Recover Your Account. Then, simply enter your email address in the field. Check your inbox for a message with a temporary password. You can then use your email address and temporary password to log in, create a new password and update your information.
- If your email address is not on file, you will receive a message stating the email address you entered in the system is not found or is invalid. If you are unable to reset your password, you may need to add an email address to your account. For assistance, please email [PTOnline@fairfaxcounty.gov](mailto:PTOnline@fairfaxcounty.gov) for assistance.

## CONFIRMATION

Confirmations are sent by email to customers who register online. To check your registration status, click on Your Account then Your Signups at Parktakes online or call 703-222-4664. Refunds are not given for a missing/lost/not received confirmation.

## HOLIDAY CLOSINGS

Any exception to regular schedules will be announced by the instructor at the first class.

## IN THE EVENT OF BAD WEATHER

The Park Authority follows Fairfax County Government closures, rather than public school closures.

- Classes held at school locations may be canceled, even when classes at Rec Centers and other Park Authority and Government locations are running. To check for weather related cancellations, visit [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks) or call the Park Authority inclement weather information line: 703-324-8661.
- Cancellation information is also communicated via local TV and radio stations and Fairfax County government cable channels 16 and 21.
- Cancellations for classes held at vendor locations are made independently. Please call the location where the class is being held.
- For tour cancellation information, call the tours hotline, 703-324-8687.

## REFUNDS

- FCPA will automatically post a full credit to your account when a class or program is canceled in its entirety. If the FCPA cancels individual meetings due to inclement weather or other circumstances, your account will be credited at the end of the program session for any classes not made up.
- FCPA will issue a full refund when a class or program is changed by FCPA, and the change makes it impossible for the customer to continue with the class.
- Refunds or class credits are not issued for missed individual meetings for classes, camps, workshops, programs, or trips due to personal schedule conflicts or illness.

**When a customer cancels a registration, the following fees apply per registration:**

### Classes

- Request received 14 or more days prior to the start date - full refund.
- Request received 13 or fewer days prior to the start date - \$15 processing fee applied.
- Request received on class start date - refund minus cost of one class and \$15 processing fee.
- Request received after start date - prorated refund based on number of classes and \$15 processing fee.
- Requests for refunds must be submitted prior to the end of the session.

### Camps/Workshops

- Transfer and refund requests must be received 14 days prior to the camp start date. A \$25 processing fee per session will be deducted.
- Request received 13 or fewer days prior to the start date - no refund.

### Day Trips and Tours

- Request received 14 or more days prior to the trip date - full refund.
- Requests received 13 or fewer days prior to the trip date - no refund.

## CLASS TRANSFERS

Not the right class? Call for transfer options before the second class meets: 703-222-4664

**Please Note:** Classes, Camps, programs and Workshops are subject to change without notice.

## SENIOR DISCOUNTS

Fairfax County and Fairfax city residents age 65 or older get a 35% discount. This applies to CODED activities only. Not included: Day Trips and Tours, Pilates lessons, FallProof, gravity lessons, per family fees and programs priced \$45 or less.

### \*Early registration discount

Does not apply to activities without catalog ID's, events, re-advertised tours, scout programs, camp extended care, per family fees or classes priced \$45 or less.

## SCHOLARSHIPS AND PUBLIC ASSISTANCE

### \$15 PROCESSING FEE APPLIES

Scholarships for one coded class per quarter are available for dependent children of Fairfax County residents who receive public assistance. A \$15 processing fee applies for each scholarship class and is refundable only if Fairfax County cancels the program. Students must pay any supply fees.

**Note:** No scholarships are offered for camps, workshops, day trips/tours, vendor-provided programs, FallProof, TRX or Pilates Allegro lessons.

**Required documentation:** A verification letter from the assisting agency must accompany the scholarship request form and include eligibility dates and the name of the family member who will receive the scholarship. Eligible forms of public assistance are:

- Medicaid
- Free lunch verification from Fairfax County Public Schools
- SNAP (food stamps)
- TANF
- WIC
- Head Start
- FAMIS

### REGISTER FOR SCHOLARSHIPS:

1. Complete a scholarship eligibility form at [www.fairfaxcounty.gov/parks/scholarships](http://www.fairfaxcounty.gov/parks/scholarships) and submit it online, by fax or by mail.
2. Once you receive a scholarship confirmation receipt to your account, you may register for classes via phone, fax, mail, in person or online at [www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes).

## Senior Adults and Adults with Disabilities

Senior adults and adults with disabilities who meet the following income guidelines are eligible to receive a scholarship for one class per quarter:

- \$16,700/one person
- \$22,500/family of two
- \$28,300/family of three
- \$34,100/family of four
- \$39,900/family of five
- \$45,700/family of six

For each additional person, add \$5,800 to determine maximum annual income for eligibility.



SUMMER 2024 REGISTRATION FORM • Registration starts at 9 a.m. April 23 • Register by May 3 and SAVE \$8\*

**Mail: FCPA/Parktakes, PO Box 4606, Fairfax, Va. 22038-4606 • Phone: 703-222-4664 • Fax: 703-631-2004**

Subscribe to Parktakes! It's FREE! ☐ Mail Parktakes to street address below. ☐ I want to consider the environment. Send Parktakes to my e-mail address.

Fill out the form completely and legibly, including a valid household email address.



Fairfax County is committed to giving all residents equal access to recreation and leisure opportunities. Reasonable accommodations and inclusion opportunities are provided in accordance with the Americans with Disabilities Act in all Park Authority programs, classes and camps. ADA accommodations include sign interpreters, assistive listening devices, program modifications and inclusion support. Call 703-324-8565 or TTY: Va. Relay 711 at least 10 working days in advance of the date services are needed.

CN-Staff use only#

PLEASE PRINT

☐ Check if change of address

Primary Account Holder		Date of Birth		<input type="checkbox"/> Check if change of address					
Street		Apt.							
City		State		Zip					
Phone #s		Home		Work					
Email		Cell							
Participant's Name (last, first)		Date of Birth Month/Day/Year	Gender	1ST CHOICE Activity Code	Activity Name	Start Date	Start Time	Listed Fee	2ND CHOICE Activity Code
SAMPLE, JOEY		3/15/13	M	38C.D5A7	PEE WEE PADDLER 1	6/23	2 PM	\$91	38C.90E4
		/ /							
		/ /							
		/ /							
		/ /							
		/ /							

PAYMENT INSTRUCTIONS

1	Total Listed Fee(s): For all 1st choice programs		
2	Fairfax County Senior Discount (classes with activity code): Multiply line 1 by 0.35 to calculate 35% senior discount. Do NOT round off cents. Write result in line 3. Only residents of Fairfax County and Fairfax City age 65 or older are eligible. Not included: Day Trips and Tours, Plates lessons, FallProof, Gravity lessons or classes priced \$45 or less. See senior discount section on next page.	Line 1x 0.35 = Seniors Only	
3	SUBTOTAL Line 1 minus line 2	=	
4	Early Registration Discount per Class: Deduct \$8 for each activity code submitted (postmarked if mailed) by early registration date. Does not apply to programs without catalog ID, re-advertised tours, scout programs or classes priced \$45 or less.	-	
5	SUBTOTAL Line 3 minus line 4	=	
6	Deduct House Account Credit: Deduct any credits received on this line	-	
7	Out-of-County Registration Fee: Add \$15 per catalog ID for activities priced \$46 and up; add \$2 for programs priced \$45 or less.	+	
8	Class Scholarship Donation: Add any amount you wish to donate. Fairfax County Park Foundation will send written confirmation of a tax deductible donation of \$10 or more.	+	
9	TOTAL (PAY THIS AMOUNT): Total lines 5-8. Pay this amount. Make checks payable to FCPA. A \$50 fee will be charged for returned checks.	=	

SCHOLARSHIP REQUEST

Requires \$15 processing fee per class • Check one:	
<input type="checkbox"/> Income-Eligible Senior or Income-Eligible Disabled Adult	<input type="checkbox"/> Public Assistance Recipient (attach verification)
See scholarship information on next page. Signature is required.	
Signature	CN-Staff use only#
PAYMENT METHOD	
Check one:	
<input type="checkbox"/> Credit Card (Check type)	<input type="checkbox"/> VISA <input type="checkbox"/> DISCOVER
#:	
Exp. Date:	Zip:
Signature	
<input type="checkbox"/> Cash (walk-in only)	<input type="checkbox"/> Check enclosed \$ #:
<input type="checkbox"/> Use House Account Credits (if credits don't cover full cost of registration, use any payment method listed above for balance due)	
One household per registration form, please. Additional registration forms may be photocopied or downloaded from the Park Authority web page, <a href="http://www.fairfaxcounty.gov/parks">www.fairfaxcounty.gov/parks</a> and search "registration form"	



# ACE

ADULT AND  
COMMUNITY  
EDUCATION

Offering courses in:

- Apprenticeship
- Business
- Culinary
- Driver Education
- CPR and First Aid
- ESOL
- Floral Design
- Health & Medical
- Information Technology
- K-12 Enrichment
- Professional Workplace Skills
- Real Estate
- Test Preparation
- Trade and Industrial
- World Languages, K-Adult

and many more!

Contact us if you need more  
information about classes or if  
you are interested in teaching  
for ACE

ACEOnline@fcps.edu

aceclasses.fcps.edu



**Saturday, May 4, 2024**  
10 a.m.-1 p.m.

Woodrow Wilson Library  
6101 Knollwood Dr. • Falls Church, Va. 22041

**Free Admission • Children's Activities • Live Music**  
**Folklore Dancers • Live Animals • Resource Tables**  
**Public Safety • Free Giveaways • Mini Medical Clinic**

For more information call 703-324-8514 or visit [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks)

## The Water Mine Family Swimmin' Hole Opens Saturday, May 25!

**THE  
WATER  
MINE**  
FAMILY SWIMMIN' HOLE™

### FEATURING:

- Three 3-Story waterslides
- Children's water slides
- Activity pool with floatable animals and rafts
- Interactive water playground for all ages
- 725 foot long Lazy River
- Tenderfoot pond and sprypad for tots
- Bubblers and fountains
- Concession and picnic areas
- Cabana rentals

**Reservations required.**

**Advanced tickets encouraged but not required.**  
Visit [www.fairfaxcounty.gov/parks/WaterMine](http://www.fairfaxcounty.gov/parks/WaterMine)  
to reserve your tickets, or call 703-246-5929.

**The Water Mine at Lake Fairfax**  
1400 Lake Fairfax Drive • Reston  
[www.fairfaxcounty.gov/parks/WaterMine](http://www.fairfaxcounty.gov/parks/WaterMine)





*“A win win for us  
and your Fairfax  
County parks.”*



## **Donate your vehicle and help support the mission of the Fairfax County Park Foundation.**

Not only will you get rid of an unwanted vehicle without the hassle and expense of trying to sell it, you'll get a tax deduction and the pleasure of supporting your beautiful parks.

Donating is fast and easy and vehicle pick-up is free. We accept cars, trucks, boats and motor homes—even if not in operating condition.

*“Our 2002 Honda Accord Coupe was the best car we’ve ever had but it was time to say goodbye. To avoid the hassle of trying to sell it, my wife and I decided to donate it to the Park Foundation. The process was straightforward and easy and we received the tax deduction receipt a few weeks later. A win win for us and your Fairfax County parks.”*

- Don and Lisa Sweeney



**For more information and to schedule free pick-up service,  
call toll-free 855-500-7433 or visit [www.FairfaxParkFoundation.org](http://www.FairfaxParkFoundation.org)**

The Fairfax County Park Foundation is a nonprofit tax exempt organization under Section 501(c)(3) of the Internal Revenue Code. We support the Fairfax County Park Authority by raising private funds, obtaining grants and creating partnerships that supplement tax dollars to meet community needs for park land, facilities and services. Gifts to the Park Foundation are tax deductible to the fullest extent allowed by the law.



For questions about Fairfax County Park Authority classes, please call 703-222-4664





# Parktakes

Fairfax County Park Authority  
12055 Government Center Parkway, Suite 927  
Fairfax, VA 22035-5500



A Fairfax County,  
Virginia, publication



## WOLF TRAP

## SUMMER 2024

Tickets On Sale Now!



June 4-6

**John Legend**  
with the Wolf Trap Orchestra



July 13

**Star Wars: A New Hope  
in Concert**  
National Symphony Orchestra

**The Beach Boys**  
June 2

Out & About Festival  
**Brittany Howard**  
Jenny Lewis | Lawrence  
Kim Gordon | Tiny Habits  
Quinn Christopherson

June 22



July 26

**Ghostbusters in Concert**  
National Symphony Orchestra



August 10

**KIDZ BOP LIVE 2024**

**RAIN:**  
A Tribute to The Beatles  
July 11

**Harry Potter and the  
Deathly Hallows™ Part 1  
in Concert**  
National Symphony Orchestra  
July 24



August 17 + 18

**Boyz II Men**  
Bell Biv DeVoe



September 13

**Kristin Chenoweth**  
Alan Cumming

**CAKE**  
August 2

**James Taylor  
& His All-Star Band**  
September 12 + 14 + 15

...and many more!

# WOLFTRAP.ORG



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**WOLF CHILDREN'S  
TRAP** THEATRE-IN-THE-WOODS

**MUSIC, PUPPETRY,  
DANCE, AND MORE!**



FAMILY-FRIENDLY PERFORMANCES JUNE-AUGUST  
**TICKETS ON SALE NOW**  
**WOLFTRAP.ORG/WOODS**