



The theme for Black History in Power and Pride," a powerful tribute to the resilience, strength, and unwavering commitment to progress that defines the Black community across the globe.

Multi Cultural Evening

Thurs Oct 23rd at the George Shearing Centre

We will be celebrating our diverse cultures and backgrounds by enjoying music and sharing food from all corners of the globe. We will also be Remembering our dear colleague Doris who sadly passed in the spring.

Top Line Productions will be screening a film about culture and disability made using the Black History 365 Grant awarded by the London Borough of Wandsworth and the London Borough of Culture Champions group.

MEET THE TEAM:

Andrea joined us in July. Let's find out a bit

more about her.....



What's the weirdest thing you've ever eaten? raw egg, I do not recommend!

What would be your dream job? My dream is to become an actress so either work at a theatre or in TV/film!

If you could be any animal, what would you be? A lion since they can run superfast.

What celebrity would you most like to switch lives with?

I would like to switch lives with Sabrina Carpenter!

What was the most embarrassing moment of your life? I do embarrassing stuff everyday, but I remember once when I was a child, my mum took me swimming in a pool. And then I started to climb on a woman, that I thought was my

What does the perfect day look like?

8 hours of sleep, going for a morning run, then making a delicious breakfast and meet up with friends and family What's your dream holiday destination?

I would looove to travel around in Asia

What is your funniest childhood memory?

Going to Legoland in Denmark with my family, driving radio cars and carousels!

What would you do if you won a million pounds?

Go on a looong holiday with my friends and family What music would you like to be played at vour funeral?

«Bye Bye Baby» by Bay City Rollers





Our Tuesday Navigators have spread their wings to the Kyoto Gardens, the Horniman museum. the Tate modern. 02 cable cars as well as clebartimg Bella's birthday in Nandos! Let us know if you would like to join them!

Client council meeting

Representatives can bring evervone's ideas. suggestions and concerns to Top Line Support

> **Thursday** Nov 13th 6 - 8pm at the hub





Remembering Doris VyVyVyVyVyVy

We were so sad to lose our lovely Doris who sadly passed away very suddenly in April. Doris was a valued member of our team who supported our clients with so much joy and kindness. She is very much missed by all.

> Doris with Barry. Sammy & Hazel at the Windrush celebration.

Doris always made me laugh. She sat in the corner and pretended to hide when I came out of my room. I miss her.



Doris supporting Sunshine in her cookery class.

I miss Doris. She always called me when she wasn't at work. She said she would always be there for me.



We are excited to announce that **Top Line Productions have** secured some funding to make a short documentary! Stay tuned for more information.....



Our Tuesday Navigators have been out and about visiting Box Park Croydon, Camden Market, Putney Towpath, Richmond Park, the Science Museum, Battersea Power Station and the Wimbledon Tennis Museum. Let us know if you would like to join them!

Have your say!!

Come and bring your ideas, questions, suggestions and concerns to Top Line Support managers.



Every June, the United Kingdom comes alive with vibrant colours and a shared sense of unity as the nation celebrates Pride Month and honours the LGBTQ+ community. At Top line Support we value the individual differences of employees and believe that inclusivity is the culture that allows us all to thrive.





Calling all house representatives!
Do come along bringing the suggestions, ideas and concerns of your housemates.

Top Line's Sport Club We recently launched Top Line's Sports Club

on Monday evenings with water polo which was a great success! Next it's aqua aerobics and then we'll be introducing other sports. For anyone interested please contact our Health & Wellbeing coordinator, Mark Berry.



MEET THE TEAM:

MARK;

Mark is the new HC for Campen and Top Line's Health and Wellbeing coordinator. Let's find out a bit more about him....

What's your secret talent? I'm an exercise to music instructor and personal trainer.

If you had to eat one meal for the rest of your life, what would it be? Tomahawk steak with Mediterranean vegetables.

If you could be any animal, what would you be? A little otter. What's your favourite cheesy love song? Islands in the Stream, Dolly Parton and Kenny Rogers 1983.

When you're not at work, what are your passions? Sleep! and food, as well as using the gym, but you can see from my belly it's not happening!

What would you do if you won a million pounds? Take everyone at Top Line (not the staff!) to a place they always wanted to go.... and then spend the rest!

If you were a pie, what kind of pie would you be? Blackberry pie.

What's the worst chat up line you've ever used?
Were you arrested earlier? It must be illegal to look that good!

What is your funniest childhood memory? Wetting myself after scoring the winning goal in a cup match!

How many beers do you think you'd be able to consume? 10 on a good day but these days I prefer gin and tonic.

Are you scared of horror movies ? I used to be when I was little. But not anymore!



Pathway to Employment

This initiative will be starting soon on Thursdays.

Anyone interested in looking for voluntary or paid work in the future, this is your starting point! Please register your interest with James.



ADELPHI THEATRE



Happy Christmas

From everyone at **Top Line Support**



WED 18TH Christmas

Karaoke!

5.30pm 7.30pm



MON 23RD

Tina Turner

Aldwych Theatre





celebrated Halloween with a very

disco





Are you scared of horror movies? Yes! I'm scared of comedies!



HEAD LINE

SEPT 2024









FRUIT SMOOTHIE

Healthy meal planners to inspire our clients with delicious ideas.



Our 'multi sports club' is in the planning stage. It will be taking place one evening a week. Anyone interested should let us know!



Some of our clients will be starting work at Tooting Market this month as part of our new 'pathway to employment' initiative. Keep in touch with what's going on by following us on Instagram @toplinesupport @totterdownstreetmartket @tootingmarket









PHOTOGRAPHY COMPETITION

The winner of our photography competition was Miguel with this wonderfully creative shot entitled 'we all are +'

Our runners up were Ross and John.
Well done to everybody who entered!



DIVERSITY!

Thursday September 26th 6pm - 8pm at the Top Line Hub Have your say!!

Multi Cultural Evening

We will be celebrating our diverse cultures and backgrounds by enjoying music and sharing food from all corners of the globe.

Have your say!!

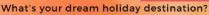
Our next Client Council Meeting will be on October 10th. 6pm at the hub

Representatives can bring everyone's ideas, questions, suggestions and concerns to Top Line Support managers.

MEET THE TEAM:

Client council

meeting Thursday October 10th



What's your favourite thing about your job? The variety and of course

If you had a super power, what would it be? That's easy! I would love to

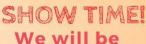
If you were a pie, what kind of pie would you be? Guinness, steak and

What's your favourite cereal? Weetabix. I can eat 6 at a time with honey and gold top milk

What's your favourite cheesy love song? Journey - Don't stop believing. When you're not at work, what are your passions? The gym, boxing and weight training. Walking Lulu my little maltichon dog, she keeps me on my toes. I love my food and cooking.

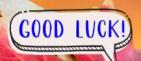
What do you like best about yourself? My hair! Ha ha ha





going to see the Tina Turner musical in October, Details to follow....





We would like to wish Nickie all the best with Motherhood as she goes on maternity leave....







Have your say!!

ur next Client Council Meeting will be on July 11th. 6pm at the hub es to bring everyo ons, suggestions and co o Top Line Support managers so we c

Representatives can bring everyone's ideas, questions, suggestions and concerns to Top Line Support managers.

MEET THE TEAM:



Fondly known as 'Big James'
Let's find out a bit more



SHOW TIME!

Our next Show time! event will be a karaoke & barbeque on July 25th.

Details to follow.....

What's the worst fashion decision you've ever made? I once bought a denim jacket which had red and white stripes across it - like a deckchair!

If you could be somebody else for the day, who would it be? Dr Who.

If you could time travel, where would be the first place you would go? My parent's wedding.

What's your secret talent? Singing, I have the voice of an angel, like Charlotte Church If you had to eat one meal for the rest of your life, what would it be? Steak & Chips.

If you were a wrestler what would your entrance be? Eye of the Tiger.

What ice cream flavour sums up your personality? Rocky Road.

What's your favourite thing about your job? That every day is different.

Tell us something interesting about your family history We used to be potters

and produced Wheildon ware!

When you're not at work, what are your passions? My dogs.









Our big summer picnic will / be held on 10th August. Details to follow.....







Claudia had an amazing 50th
Birthday celebration at the Top Line Hub - surrounded by family and friends.



MOVIE NIGHT

April 25th

The Assembly sees a cast of thirty-five neurodivergent interviewers question an A-list celebrity for one extraordinary TV interview.

MEET THE TEAM:

CHER:

Cher has been a fantastic support worker with Top Line for many years and we're so happy she's become a House Coordinator. Let's find out a bit more about her....

What's the wierdest thing you've ever eaten? A meat kebab in the dessert at 3am which gave me food poisoning!

What would be your dream job? Either a song writer or a film maker.

if you could be any animal, what would you be? A well loved and well fed dog.

What would be the hardest thing for you to give up?

My daughter.

What's your favourite cereal? Golden Grahams or Lucky Charms.

What celebrity would you most like to switch lives with? I wouldn't, I'm happy with my life.

What was the most embarrassing moment of your life? I was dancing in a club, got my heel caught on my trousers and fell flat on my face.

What would be your superpower? To bring peace.

What does the perfect day look like? Spending it with my family (including my dog) in any way, with good food and good vibes all round

What's your dream holiday destination?

The Maldives.



We will be screening 'Little Shop of Horrors' on 16th May







What a privilege to be invited to perform at the Ripon Rugby club in June. We joined up with our friends at The Baked Bean Charity to deliver 'Baked Beans Live! which proved to be a great hit with the folks in Leeds. 'This Is Me' Festival is a fully accessible, disability friendly event and it was great to be a part of it. We're looking forward to next year already



75 years since the Windrush came to the UK. Details to follow....



10th August

Come and join us at 11am for fitness and fun on **Tooting Bec Common.**





Being around dogs boosts positive serotonin levels in the brain, reduces blood pressure and helps relieve depression and stress.

Here at Top Line Support, we're really proud of our dog care project 'Walkies' that's been going strong for over a year now.

We now have 4 lovely dogs who we're lucky enough to care for.

We will be enjoying this stage adaptation of E. Nesbit's much-loved classic at The South London Theatre for our August 'Show Time! evening.

MEET THE TEAM:

What's the worst hairstyle you've ever had? Believe it or not I've had a bald head.

What's the worst date you've ever had?

The one when she was sick!

What's something you've never been able to do well?

Tell the time! That said, I am always on time!

If you had a super power, what would it be?

To be able to fly!

If you were a pie, what kind of pie would you be?

An apple pie.

What's the worst chat up line you've ever heard?

Where have you been all my life?! What's your favourite cheesy love song?

Busted - 'Bet I crashed the wedding'.

What do you like best about yourself?

My personality - I'm always joyful.

Michael has just ioined the team. Let's find out a bit more about him.....



We would like to give a very warm welcome to our new staff: Dheshan, Lily, Doris, Grace, Mira & Abdul.

We're so pleased to have opened a new home in June in Wimbledon Park. Two of our service users who are good friends wanted to live together and we were able to make it happen.





Huge Congratulations to Chloe for winning the gold medal in the giant slalom race and 5th place in the obstacle course at the South East Special Olympics.

Top Line Sporting heroes!

MEET THE TEAM:

Nickie is one of our fantastic house coordinators. Lets find out a bit more about her.....



MIGHT

In March we recognised World Down Syndrome day with a screening of 'An Irish Goodbye' starring James Martin at the Top Line Hub

What's your favourite type of cheese? Mozarella sticks What part of a kids movie scared you the most? Stitch from 'Lilo &

What mythical creature would improve the world most if it existed Unicorns!

What was your most embarrassing moment from wearing braces? I got a magnet stuck to my face!

What's your favourite cereal? Crunchy Nut Clusters

What would you do if you won the lottery tomorrow? I'd buy a massive house somewhere hot!

Who was the worst teacher you ever had? Mrs Killgaver, the name says

What's the most random fact you know? It's illegal to own a single guinea pig in Switzerland.

Can you fold a single fitted sheet by yourself? No one can! If money didn't matter what job wou<mark>ld you have? This one!</mark>



Don't forget to water your sunflowers!



We'll be showing BIG MAC by the **Baked Bean Theatre** Company in May

Assisting people with hidden disabilities





February sees the launch of our new Theatre social group "Show Time!" Taking place one Thursday evening each month.

Coming up: Feb 9th: She - Tara Arts Centre March 16th: Stray Dogs - Theatre 503 April 6th: The Venetian Twins -SLT

Do let us know if you would like to join us!

We would like to give a very warm welcome to

will be starting to support very soon.



MIGUEL HAS BEEN
BRILLIANTLY
SUPPORTING OUR
SERVICE USERS FOR
4 YEARS SO WE
DECIDED IT WAS
TIME TO FIND OUT
A LITTLE MORE
ABOUT HIM...



MEET THE TEAM: MIGUEL

If money didn't matter, what job would you have? PERFORMANCE ARTIST, INSPIRED BY THE GREAT MARINA ABRAMOVIC.

What would be your role on a reality TV show? I AM A SCORPIO, THAT ANSWERS THE OUESTION!

If you were a fruit, what would you be? ME & FRUIT DON'T GET ALONG, SO NONE.

What's your favourite family recipe BACALHUA DE NATAS, A TRADITIOINAL PORTUGESE RECIPE. HAVE A PEEK ON GOOGLE. If you could attend any celebrity wedding, which would it be? ONLY JUDGE JUDY, UNFORTUNEATLY SHE MARRIED in 1991. Did you ever get in trouble at school and if so, what for? NOTHING! I WAS THE SHY, POLITE AND RESPRECETFUL TYPE OF KID. AT TIMES TOO BORING!

What's the weirdest or scariest dream you've ever had? THE ONLY THING I CAN SAY IS 'HEADS WOULD ROLL'.

What's The best gift you've ever received? LIFE ITSELF AND FOR THAT I WILL BE FORVER IN DEBT TO MY PARENTS.

What's the best type of cheese? AZOREAN, FROM MY BEAUTIFUL HOMELAND - JUST VISIT AND TRY!

How many languages can you say 'hello' in? AS MANY AS GOOGLE TRANSLATOR CAN TEACH ME!



Musical Firework Display. Thanks to Jason, Danny and Luke for entertaining us with their wonderful singing!



Our fantastic dog care project 'Walkies' gives our clients the perfect opportunity to get out and about. Being around dogs helps relieve stress and generally makes you feel good! Here's Mark & Jocko on Tooting Common proving this point!

KEEP UP TO DATE WITH OUR NEWS! FOLLOW US ON INSTAGRAM: @TOPLINESUPPORT





NEW NAME, NEW LOGO 😾

As you know by now, we have a new name: Top Line Support, and what better way to keep us busy this summer than to produce a handmade version of our fantastic new logo. So many service users got stuck in but here's Kay, Chloe, David & Claudia in action. We'd like to say a special Thank You to Fransina who showed great enthusiasm for this project.

TOP LINE TACKLES THE ENERGY CRISIS

Here at Top Line Support, we're always striving to do better, and we want to ensure that we're protecting our planet as well as being conscious of our rising energy bills. We are busy thinking of ways we can help you with this and will be talking to you all soon about our ideas.





MEET THE TEAM: DELROY

DELROY IS THE HOUSE CO ORDINATOR FOR ESWYN RO.
WE WANTED TO FIND OUT A LITTLE BIT MORE ABOUT
HIM. SO WE ASKED HIM WHY HE LOVES HIS JOB...

I've worked in the care sector for 21 years, in domiciliary care and supporting clients with autism and special needs. I'm also a youth worker. I enjoy all types of care work. I like working with adults with learning disabilities helping them to develop their skills both at home and in the community. I like supporting our clients to participate in activities like college and sport and in particular going on fun days out. I find working at Top Line Support really rewarding.

DONT FORGET! THERE WILL BE PRIZES FOR THE MOST SPOOKILY DECORATED PROPERTY AT HALLOWEEN!





Loretta's Birthday Party was a huge success. Music, dancing and pizza were in abundance amongst this wonderful group of friends. Thank you Nickie and Nescherei for making this such a special night!

Love the life you live.



We'll all be going along to the firework display at Wimbledon Park on Nov 4th. Your house Co-ordinator has your ticket!







