

天然食品採購指南 Natural Foods 2018 Buyer's Guide 2018

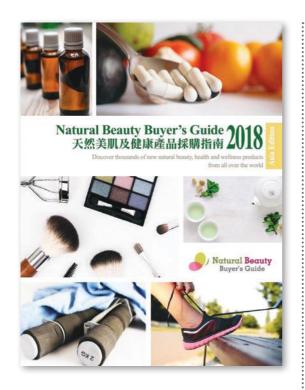












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本地水產養殖業正面對兩大挑戰:其一是 需要與入口水產品競爭,其二是消費者 對魚類及海鮮缺乏信心。由於本地水產養 殖的生產成本高,不可能以價格與入口



水競提地品素立保統產爭高漁的和品證,品,本產質設質系是

The local aquaculture industry is facing two major challenges: competition with imported aquatic food products and the lack of consumer confidence in fish and seafood.

Due to the high production costs locally, competition with imported aquatic food products by price is impossible. Improving the quality of locally produced aquaculture products, together with a product quality assurance system, is a promising way for local farms to compete with imported goods instead.



海鮮,都有品牌,它是來自本土的「優質」品牌。

漁農自然護理署自2005制訂了「優質養魚場計劃」,對登記魚場有一系列要求和規管,包括為新魚苗登記及檢疫,養殖期間,監察養魚場衛生、管理、用藥、飼料添加劑、魚類健康、水質等,出售前還要通過品質測試。

現時登記魚場所養殖海魚包括黃鱲鯧、石 蚌、紅魚、石斑魚等,而塘魚則有大魚、 鯿魚、鯇魚、鯪魚、烏頭及寶石魚等。

現時本港共有120個養魚場成功登記為「優質養魚場」,去年有14個養魚場新加



With heightened public awareness of food safety, quality assured aquaculture products can hopefully regain consumer confidence. In this regard, we have formulated an "Accredited Fish Farm Scheme" in a bid to promote the sustainable development of the local aquaculture industry.

Seafood sold under their brand names primarily come from homegrown premium brands.

Since its inception in 2005, the "Accredited Fish Farm Scheme" formulated by the Agriculture, Fisheries and Conservation Department (AFCD) has a set of rules and requirements imposed on registered farms, including the practice of fry registrations and quarantines. Regular monitoring from environmental hygiene, farm management, applications of drugs and feed additives, fish health to water quality will be conducted throughout the culture period. Pre-marketing quality assurance tests have to be performed too.

Currently, fishes cultivated under registered fish farms include Pompano, Star Snappers, Red Drums, Groupers while pond fishes feature Grass Carps, Mud Carp, Grey Mullet, Jade Perch and so on.

Till now, a total of 120 fish farms are successfully registered as the accredited fish farms. Last year, an addition of 14 fish farms joined the scheme that ramped up the total production under the scheme, indicating that its efficacy has been recognized by local fish farmers.



入計劃,增加整體計劃產量, 可見計劃成效獲本地漁戶認可。05年至今,共售出超過35萬公斤獲計劃認證的優質漁產品,其中去年更佔10萬公斤,可見消費者對本地養殖生產的優質漁產品的需求熱切,及對「優質養魚場」品牌漁產品的信心。

今年初漁農美食嘉年華,有3代經營的本地 有機魚塘參與展銷,負責人表示,首日銷 情理想,開幕兩個多小時,80條彩虹鯛已 售罄。 Since 2005, a total of 350,000 kilograms of premium fishery products accredited under the scheme were sold. Out of which, 100,000 kilograms were sold last year. It showed that consumers have a strong demand for locally cultivated fishes of premium quality and have confidence in the brands from Accredited Fish Farms.

Early this year, a local organic fish farm which has been run by three generations had participated in the Farmfest 2018. The person-in-charge of the booth said that sales were desirable on the inaugural day of the event. In the first couple of hours since its opening, 80 Red Tilapias were sold out.

建找本地優質魚

優質養魚場計劃主要目的是在本地養魚場推行良好水產養殖方法,以提升本地漁產品的質素。 把養魚程序標準化以增加生產過程的透明度,提高消費者對本地漁產品的信心。再者,計劃 推行產品銷售前測試制度,建立及推廣本地優質魚品牌,突顯本地優質養魚場產品的安全生產。

優質魚的生產過程



本地養魚場按良好水產養殖方法操作

符合優質養魚場的管理標準, 並接受巡查與監察





零藥殘



零孔雀石綠



本地養殖生產

安心指數

好味指數

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5★代表最好

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4

養殖場水質及漁產品必須經過各種品質測試

只有通過所有水質、重金屬、 藥殘及孔雀石綠測試的漁產品, 才可使用「優質養魚場計劃」標籤





綠色食品 …由無污染環境中開始

隨著人們生活水平的不斷提高,崇尚自然、注意安全、追求健康的消費觀念越來越普及,使得綠 色食品的出現變成了一種時代的要求。

而關注健康一直是蘋果悦的宗旨!為了令一向注重健康、喜歡有機飲食、生活上盡量遠離食物添加劑和激素的香港人,我們只售賣純天然,無添加有機水果及香港製造的果汁及水果健康食品。

健康的蘋果……

近年蘋果悦與近生創辦人平叔携手合作,共同開拓及管理"五生~蘋果悦"果園。果園已經連續四年通過香港食物安全檢測中心測驗,今年更獲得313項測驗合格通過,証明我們的蘋果絕對不含重金屬、有害農藥或防腐劑等有害物質。

果園亦已連續三年獲得有機轉換証證書,証明我們的種植過程及蘋果均符合有機產品認証實施規則的要求。而我們更有望於2018年可獲得有機認証證書。



蘋果悦工坊

蘋果悦的蘋果製品,全部採用自家果國的蘋果,全天然,無添加。

我們的蘋果片的做法分兩階段: 先用已去核及切片的蘋果以六十至六十二 度焗約四小時,見到表皮緊繃收縮就可調至四十八至五十度,再烤十二小時,出來的果片仍能保持酸甜和嚼勁,不會如乾硬無味的餅乾。



樽裝冷搾果汁

我們的11款轉裝冷搾果汁,全部經 冷搾生產,全天然,無加糖及無加 防腐劑。



健康蘋果小吃

蘋果片絕對不含添加劑及人造色 素,是小朋友或成年人健康零食 的選擇。





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Taste the Ginger

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Ginger Ale

















美國加州是世界上五個擁有地中海氣候的地區之一,氣候理想土壤豐沃,種植方式創新,做就加州成為全地最大的杏仁產地,而幾乎所有在北美市場出售的杏仁都生長在加州這個被稱為美國穀倉的「中央山谷地帶」。讓我們去參觀加州Califia Farms的農場,了解當地農民採摘杏仁及製造杏仁奶的可持續做法。



Virtually all of the almonds consumed in North America are grown in California's Central Valley. California is actually only one of five regions in the world with a Mediterranean climate. For almond trees, California is the place to be. It's the most productive almond farming region on the planet thanks to the ideal climate, rich soil, and innovative growing practices.

Ever wondered how to make almond milk? Let's take a peek inside the Califia Farms to find out the sustainable practices almond farmers employ on the almond's journey to becoming almond milk.

Califia Farms農場位於加州聖華金河谷,每年的11月到2月,杏樹在寒冷的天氣裡休眠,把養分儲存並埋藏在土壤,以培育明年作物。

杏樹2月下旬開始開花,一片花海,充滿杏花香。杏樹芽開始變成 白色和淺粉色的花朵,吸引無數蜜蜂和其他傳粉者。

From November through February in the San Joaquin Valley, where Califia Farms is located, almond trees are dormant through the cold weather. Beneath the soil, they're storing nutrients for next year's crop.

Beginning in late February, almond tree buds begin to burst into white and light pink blooms to attract honey bees and other pollinators.



那麼這些花朵如何結果成杏仁?蜜蜂到花朵採蜜,當蜜蜂將花粉從一朵花帶到另一朵花時,授粉就會發生 — 這亦是杏子孕育的神奇時刻。

So how do those blooms bring about almonds? Bees are attracted to the flowers for their sweet nectar. As they buzz around, bees get covered in pollen. When the bees carry pollen from one flower to another flower, pollination occurs — this is the magical moment when the almond is conceived.



3月到6月,授粉的花朵成熟並結果成杏果,其核心就是我們經常 食用的杏仁了。

經過六至七個月的生長期,果肉會漸漸收乾,其後自然裂開,露 出果核。在收割前,杏果將會全部爆開。

Then from March to June, the pollinated flowers mature into fruit — at the heart of which is our beloved delicious and nutritious almond.

In late summer, the almond hulls, the outermost layer of the fruit, begin to open, revealing the almond shell on the inside. Just before harvest, the hulls open completely.



杏仁在秋天全部成熟後,農夫會利用搖樹器來幫忙。搖樹器會緊 緊夾住樹幹,猛烈搖動,果核就像下雨一樣全被搖下來落在地 上。在收集之前,果核會在果園中自然風乾10天。

Once the almonds are fully grown in the fall, shakers roll through each orchard row, touching every tree, to shake the almonds to the ground. The almonds then dry naturally for up to 10 days in the orchard before they are collected.



之後, 農民會利用機器把果核脱殼、並去除樹枝、雜草和碎殼 等, 杏仁就此被分離出來。

杏仁的表皮可替代穀物,用作有營養的牲畜飼料。而硬殼則可用 作可再生能源的生質燃料。

After harvest, almonds go to a huller, which passes the nuts through rollers to remove the hull and shell, revealing the so-called kernel — a.k.a., the almond.

The outer hull is then sold as livestock feed, a nutritious replacement for alfalfa and grains. The hard shell is sent off to biomass regeneration plants for reusable energy production.



杏仁然後會被送到工場再作處理,經過篩選、燙漂和研磨,而變 成杏仁粉。

The almond kernels are then sent to Treehouse California Almonds where they are processed. Treehouse blanches the premium raw almonds before they're ground down to a fine meal. That almond meal will go into our Almondmilk.



加入水和其他成分便成為杏仁奶。杏仁奶於入樽前會經過巴氏滅 菌工序,保証產品安全可靠。

After mixing up their special blend of almond meal, water and other ingredients, batches are pasteurized for your safety before being filled into our iconic bottle.



Photo credit: Califia Farms

甚麼是杏仁奶 What is Almond Milk?

喝牛奶肚痛,吃芝士又肚痛?無論你是否乳糖不耐症患者、素食者,還是純粹只想轉轉口味,堅果奶都是牛奶的絕佳替代品,而杏仁奶是其中最受歡迎的堅果奶之一。

杏仁奶是植物奶,熱量低,含豐富的維他命和礦物質,包括維他命D、E和A、鈣、鎂、鉀、鋅、鐵和磷。杏仁奶中的脂肪是單元不飽和脂肪和多元不飽和脂肪 (同屬好的脂肪),研究証明它可以減低患冠心病的風險。



Whether you're dairy intolerant, vegan, or just fancy a change, nut milks make a great alternative to cow's milk, with almond milk being a firm favourite.

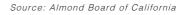
It's low in calories and chock full of vitamins and minerals, such as vitamins D, E and A, calcium, magnesium, potassium, zinc, iron and phosphorous. The fat in almond milk is heart-healthy because it contains monounsaturated and polyunsaturated fats, which research suggests can protect against coronary heart disease.

營養大比拼 - 樹堅果 Nutrient Comparison Chart - For tree nuts

堅果是營養最豐富的健康食物之一。堅果各有不同健康價值,適合不同人士需要。

Nuts are one of the healthiest morsels we can eat. All nuts have different nutrition credentials and will offer various health benefits.

Based on a one- ounce portion ¹	Almond	Brazil Nut	Cashew	Hazelnut	Macada- mia Nut	Pecan	Pistachio	Walnut
Calories	160	190	160	180	200	200	160	190
Protein (g)	6	4	4	4	2	3	6	4
Total Fat (g)	14	19	13	17	22	20	13	19
Saturated fat (g)	1	4.5	3	1.5	3.5	2	1.5	1.5
Polyunsaturated fat (g)	3.5	7	2	2	0.5	6	4	13
Mon-saturated fat (g)	9	7	8	13	17	12	7	2.5
Carbohydrates (g)	6	3	9	5	4	4	8	4
Dietary fiber (g)	4	2	1.5	2.5	2.5	2.5	3	2
Potassium (mg)	208	187	160	193	103	116	285	125
Magnesium (mg)	77	107	74	46	33	34	31	45
Zinc (mg)	0.9	1.2	1.6	0.7	0.4	1.3	0.7	0.9
Vitamin B6 (mg)	0	0	0.1	0.2	0.1	0.1	0.3	0.2
Folate (mcg)	12	6	20	32	3	6	14	28
Riboflavin (mg)	0.3	0	0.1	0	0	0	0.1	0
Niacin (mg)	1	0.1	0.4	0.5	0.7	0.3	0.4	0.3
Vitamin E (mg)	7.3	1.6	0.3	4.3	0.2	0.4	0.7	0.2
Calcium (mg)	76	45	13	32	20	20	30	28
Iron (mg)	1.1	0.7	1.7	1.3	0.8	0.7	1.1	0.8







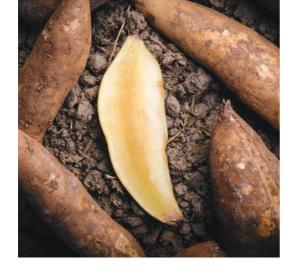
每年都有不同的超級食品成為市場大熱, 今次我們發掘到的是雪蓮果。

甚麼是雪蓮果?

雪蓮果,又稱為阿貢、菊薯、和雪蓮薯。 這種甜美的根莖類蔬菜發源自南美洲的蘋 第斯山脈,當地人稱之為「秘魯地上的蘋 果」,可當是水果吃,而用以入藥以治療 各種疾病已有過千年的歷史。雪蓮果現在 普遍種植於新西蘭、意大利、捷克、菲律 賓和越南等地。 We often find new superfoods and delve deeper into various claims surrounding them and in this issue we've found Yacon.

What is Yacon?

Yacon, also known as Peruvian ground apple, is native to South America where locals eat it raw like a fruit, and has been used as a food source and for medicinal purposes for over a thousand years.



雪蓮果的健康效用

雪蓮果是低聚果糖(FOS)的豐富來源。 *根據幾項臨床前和臨床試驗,FOS有利於 促進健康細菌的生長,同時減少致病細菌 的數量。此外,腸道微生物群FOS發酵的 最終產物「短鏈脂肪酸」(SCFA)有效調 節免疫能力,維持血糖穩態。因此,寫 果可以降低血糖水平、體重和患結腸癌 險。雪蓮果亦常用於營養補充劑作預防慢 性疾病。

天然甜味劑

雪蓮果糖漿來自雪蓮果根部。先將根部的汁液提取出來,然後經過過濾和蒸發過程之成,製造方法跟楓糖漿相似。

雪蓮果糖漿升糖指數低,而熱量低於蜂蜜,楓糖漿和椰子糖。是新一代的天然甜味劑。



來自新西蘭的多年生塊莖雪蓮果,看似馬鈴薯,味 道卻像梨子。

A perennial tuber from New Zealand which looks like a potato and tastes a bit like a pear.

This sweet, root-like vegetable originates and predominates throughout the pre-Andes ranges from Ecuador to Chile to Argentina. It is also grown in New Zealand, Italy, Czech Republic, Philippines, and Vietnam as well.

The Health Benefits of Yacon

Yacon is an abundant source of fructooligosaccharides (FOS). *According to several preclinical and clinical trials, FOS intake favors the growth of health-promoting bacteria while reducing pathogenic bacteria populations. Moreover, the end products of FOS fermentation by the intestinal microbiota, short chain fatty acids (SCFA), act as substrates or signaling molecules in the regulation of the immune response, glucose homeostasis and lipid metabolism. As a result, glycemic levels, body weight and colon cancer risk can be reduced. Yacon root is effectively used as a dietary supplement to prevent and treat chronic diseases.

A Natural Sweetener

Yacon syrup is extracted from the roots of the Yacon plant. The juices from the roots are extracted, then filtered and evaporated in a chemical-free manufacturing process that resembles the way Maple syrup is made.

Yacon syrup scores best in the Glycemic Index for sweeteners that are sugar based and has lower caloric value than honey, maple syrup, and coconut sugar.

*Source: US National Library of Medicine. National Institutes of Health

Photo credit: NEKTA Healthcare Limited

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每杯只有2卡路里的風味即溶咖啡

一般風味咖啡會添加糖漿和薄膜以增加甜度和保存氣味,來自英國的咖啡品牌Beanies Flavor Coffee《奇趣風味咖啡》卻一反傳統,將獨特調配的風味直接注入咖啡豆上,創造出不同的嶄新味道,同時保留咖啡豆的自然甘醇味道、順滑口感及濃郁香氣。

每杯《奇趣風味咖啡》的熱量少於兩個卡 路里,沒有添加任何糖或糖精,而且在風 味注入過程中不使用任何化學物。《奇趣風



味咖啡》不含麩質、 小麥、堅果果仁。 製品和酒精,適合 食人士。目前品牌 有20種即溶咖啡豆 34種風味咖啡豆可供 選購。

Instant Coffee with just only 2 Calories per Serving

While traditionally, syrups and coatings are used, the UK coffee brand, Beanies Flavour Coffee, rejects such methods and directly infuses the flavors into the coffee itself, creating a more natural taste that preserves the full flavor of the coffee beans.

The coffee has less than two calories per serving. No sugar or sweetener is added and no chemicals are used by the company in the infusion process. They are free from gluten, wheat, nut, dairy products, alcohol that are suitable for vegetarian and vegans. 20 instant coffees and 34 whole bean flavors are already available.



嘆咖啡都可以吸收維他命D?

只需一杯Beanies+咖啡即可提供每日所需的維他命D。維他命D被稱為「陽光維他命」,因陽光中的紫外線B輻射可刺激皮膚中的維他命D產生,增強免疫能力,強健肌肉和骨骼。

真正的國際咖啡品牌

《奇趣風味咖啡》在英國的大型連鎖超市Sainsbury's、Holland & Barrett 和Tesco 發售之外,現在也出口到20多個國家,包括德國、波蘭、丹麥、南非、印度、油拜、韓國、馬來西亞、中國及香港。

Sunshine in a Cup

Just one cup of Beanies+ delivers the daily-required dose of Vitamin D. Known as the 'sunshine vitamin'- as sunlight (ultraviolet B radiation) stimulates the production of vitamin D in the skin - it supports immune function and enhances bone development.



A True International Coffee Brand

Beanies Flavour Coffee is stocked in Sainsbury's, Tesco and Holland & Barrett in the UK and is now exporting to nearly 20 countries, including Germany, Poland, Denmark, South Africa, India, Dubai, South Korea, Malaysia, China and Hong Kong.



代理商 Distributor: Swiss International (Hong Kong) Ltd





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Arataki Honey 是南半球首屈一指的養蜂場,在新西蘭養殖了20,000蜂箱。

品牌於1944年成立,有兩大部門付責不同工作。Arataki Honey

在羅托魯瓦(Rotorua)的分公司專責挑選優質蜜蜂產品,如不同花種蜂蜜、蜂巢蜜、蜂膠和蜂蠟等產品,以及管理蜜蜂包裝和出口,並在Bay of Plenty培養蜜后和管理果園授粉等工作。霍克灣(Hawke's Bay)部門則為當地和出口市場生產和包裝蜂蜜,提供當地授粉服務,那裡也開設了一所Arataki Honey遊客中心。

從蜂箱到每樽蜂蜜,質量都可追溯,保證 Arataki是新西蘭最好的蜂蜜。Arataki Honey一 向以人與蜜蜂和諧為本的精神,致力養殖健康蜜 蜂和營運良好工作環境。



Cammells Honey 在新西蘭奧克蘭地區約有350個蜂箱。早春時候,他們的蜜蜂傳播奇異果、夏威夷果、南瓜等農作物的花粉。到夏天便將蜂箱移置到蜜蜂出沒的地點,讓蜜蜂們生產出美味的新西蘭聖誕花(Pohutukawa),麥盧卡(Manuka)和草原野花 (Pasture) 蜂蜜。這些蜂蜜就地提取出來,然後運回位於Clevedon的工場進行過濾和包裝。

代理商Distributor: Swiss International (Hong Kong) Ltd.



Arataki Honey is the number one beekeeping business in the Southern Hemisphere, with 20,000 hives across New Zealand.

The business, established in 1944, is run in two parts. The Rotorua Division of Arataki Honey are specialists in packed honey, bulk honey, comb honey, propolis products and beeswax, packaged bees for export, queen bees and orchard pollination in the Bay of Plenty. The Hawke's Bay Division produces and packs honey for the local and export market, provides local pollination services and is the site of the Arataki Honey Visitors Centre.

From hive to honey pot, every step of the way, quality and traceability are keys to making New Zealand's finest honeys. People and bees are at the heart of Arataki Honey. We are committed to good bee health and work place enjoyment.



Cammells Honey runs approximately 350 hives in the greater Auckland region.

In the early spring, their bees pollinate the crops of kiwi-fruit, macadamia nut and even pumpkin growers. Hives are then moved into their summer spots, where they produce delicious Pohutukawa, Manuka and Pasture honey. This honey is extracted in the field and then brought back to our premises in Clevedon to be filtered and packed.





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由人敏解製對們找迎飲不味產的於之,麩品健不安合食影道品致我一所質和康斷全不需響。都與們有我花他影力素顧,們們含。的食們生致響積材客而產大種創物亦、敏。極,特同品部主辦過了乳原我尋以殊時的分要

We try to use only the simplest flavors, colors and ingredients, and steer clear from artificial ingredients. Always have, always will. And since one of our founding dads suffers from a food allergy himself, we have a firsthand understanding of just how sensitive people can be to gluten, peanuts, dairy and other allergens. That's why we work to change our ingredients to accommodate as many special dietary needs as we can, without compromising YumEarth's world-famous taste. Almost all of our products are free from the top-8 allergens, check individual products for more information.



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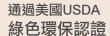
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超市貨架上有不同類型的食用油,從亞麻籽 到椰子油,都有其優點。最近大受歡迎的一 定是山茶籽油。

山茶籽油亦稱為山茶油、茶籽油或綠茶油, 源自生長在東南亞山區的成熟山茶花(油 茶)的種籽。它是一種高品質的天然冷壓食 油,其高冒煙點(252°C,485°F)極適 宜煮食,自古以來都被視為是一種富有高營 養價值的補充食材。

與橄欖油和葡萄籽油類似,山茶籽油具有良 好的儲存特性及低含量的飽和脂肪類。而當 中的單不飽和油酸含量更可高達其脂肪酸的 88%; 具豐富維他命E和其他抗氧化物,並不 含任何天然反式脂肪。

*流行病學研究證明,山茶籽油的天然抗氧化 物有益健康,其生物活性成份,有抗氧化和 抗炎等功效。

Supermarket shelves are now groaning with different types of oil, from flaxseed to coconut oil- and all have their merits. The most recent contender is the much loved camelia oil.

From coconut oil to flaxseed oil to walnut oil, it's no wonder finding the best and healthiest cooking oil is overwhelming. Camellia seed oil will surely take over our kitchens soon.

Camellia seed oil is also known as tea seed oil or green tea oil, and comes from the seeds of wellmatured Camellia Oleifera plants, which grow on the mountains of South East Asia.

With its high smoke point (252 °C, 485 °F), it is a high quality natural cold pressed cooking oil. For thousands of years, it is considered as a high nutritional dietary supplement.

Camellia seed oil resembles olive oil and grape seed oil in its excellent storage quality and low content of saturated fat. Monounsaturated oleic acid may comprise up to 88% of the fatty acids. It is high in vitamin E and other antioxidants and contains no natural trans fats.

*Epidemiological studies have shown that increased dietary intake of natural antioxidants is beneficial for health because of their bioactivities. including antioxidant and anti-inflammation actions.

^{*}Source: US National Library of Medicine - National Institute of Health



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- ·產品品牌建立 Product Branding







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Hong Kong's Most Valuable Companies 2014 Green Solutions & Advisory Services





龍舌蘭糖漿 **Agave Syrup**

規格:

330g, 660g, 25.5kg



龍舌蘭糖霜 **Sweet Agave** Powder

規格・

300g, 12kg





龍舌蘭菊寡糖 **Agave Inulin**

規格:

454g, 25kg



[SOCIAL RESPONSABILITY]



[ORGANICS]

















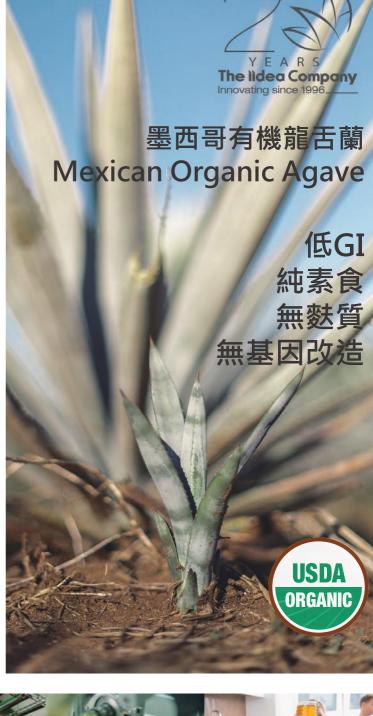




















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新西蘭的麥蘆卡蜂蜜一向是品質保證。因 而越來越多其他國家的生產商會設法讓買 家相信他們的產品是來自新西蘭的蜂蜜, 或者至少跟新西蘭蜂蜜也是同樣優質。

由於全球對蜂蜜的需求殷切,養蜂人和蜂箱的數量也不斷增加,但蜂蜜出口的增長速度卻比之快八倍。這問題就來了-那何來有足夠的蜂蜜應付市場需求? 究竟蜂蜜從哪裡來?

詐騙於環球食品行業是一個重大的問題。由於被揭發的可能性小而利潤高,就算被抓獲,刑罰又欠阻嚇力,所以吸引不少犯罪集團參與其中,而產品故意被其他產品替換、摻入雜質、貼錯或偽造標籤的情況相當嚴重。目前,全球食品欺詐估計佔50萬美元的市場。*

Source: *Netflix documentary series "Rotten"

Mānuka honey from New Zealand has always extracted a premium and more and more overseas producers are finding ways to make customers believe that their products are NZ honey, or at least as good.

The number of hives worldwide is increasing, but honey exports are rising about eight times faster. This raises the question - where does all this surplus honey come from?

Significant levels of fraudulent activity are occurring, and many organized crime syndicates are attracted due to the low likelihood of being detected, high profit, and negligible consequences if caught. Currently, global food fraud is estimated to be a \$50USD billion market. *



Mānuka Originz™ 如何追查蜂蜜的來源?

在新西蘭,所有標有Mānuka出口的蜂蜜都必須經「新西蘭初級農業部」認可的實驗室進行測試,以確保其符合新的Mānuka蜂蜜定義。

而所有來自新西蘭「加維麥蘆卡集團」的產品都經過第三方認證機構Oritain認證,以先進科技鑑定蜂蜜的來源。由Oritain頒發的商標Certified Mānuka Originz™ 保證認證的麥盧卡蜂蜜是來自新西蘭,而每批產品都可追溯到其最原始的來源。

為了提供蜂蜜產品的完整追溯性,並確保 蜂箱得到最佳管理,每個蜂箱都配有獨特 的電子識別標籤。工作人員在現場掃描標 籤,以記錄蜂箱在全球定位系統位置,然 後養蜂人將蜂箱的活動和細節直接輸入到

智能手機上,並每 天將這些信息傳送 回我們的數據庫。



How the Mānuka Originz™ Works?

In New Zealand, all honey labelled as Mānuka for export must be tested by an MPI-recognised laboratory to make sure it meets the new Mānuka honey definition.

All the products from New Zealand Mānuka Group are certified by Oritain, who independently and scientifically verifies the origin of food products to a forensic standard.

The trademark Mānuka Originz™ issued by Oritain guarantees genuine Mānuka Honey sourced only from New Zealand with each batch fully traceable back to its original source.

To provide customers with full traceability of our honey products, plus ensure the best management of our hives, every hive is fitted with a unique electronic identification tag. The tag is scanned on site that records the GPS location of the hive, while the beekeeper then enters actions and details of the hive directly onto their iPhone. This information is transferred back to our database on a daily basis.

As the honey is extracted and processed, our database is updated accordingly. From the collated data we then have a wealth of information right back to the exact location of each hive, all the way through to the final product.

運作過程 Mānuka Originz Traceability

- 1. 蜂場的位置 Hives at location
- 2. 每個蜂箱於全球定位系統位置 Each hive site GPS location
- 3. 每個蜂箱都有獨特的電子識別標籤 Each hive has a unique electronic ID
- 4. 掃描蜂箱的電子識別標籤 EID Tag scanning
- 5. 通過iPhone傳輸數據
 Data transferred on an iPhone
- 6. 在iPhone上紀錄蜂箱內蜜蜂的活動和 細節
 - Hive actions and details recorded on iPhone
- 7. 每天傳輸資料到集團數據庫 Hive activity data transferred daily to NZM data base
- 8. 完全可追溯蜂箱位置 Full traceability back to location
- 9. 紀錄收集蜂蜜時每隻蜜蜂的重量 Each bee super individually weighted and recorded at extraction
- 10. 提收蜂蜜 Honey extracted
- 11. 紀錄有關資料作風險管理 Honey drummed, all details recorded through RMP process
- 12. 所有分佈於新西蘭的蜂箱位置都被紀錄下來 All Beehive site details recorded
- 13. 顧客可登入Oritain官方網頁,輸入批次號碼來追查蜂蜜來源 Each batch code into website

追查蜂蜜的來源 Verifying Your Batch Code

可以登入 Originz 官方網頁: https://oritain.com/partners/manuka-originz

使用 New Zealand Mānuka Group 旗下的Kiwi Mānuka 產品罐上的批次號碼來追查蜂蜜來源。

Certified Mānuka Originz™ 是向顧客作出嚴格品質標準的保證 從麥蘆卡的花朵,到你手上的麥蘆卡蜂蜜產品,都可全面追蹤。



By clicking the link above, you'll be taken to the Oritain's website. Here you will be able to enter the batch number of your selected honey product, which will present you with a certificate of origin. This means that a honey sample has gone through the scientific process to establish an origin fingerprint, which can be tested against anywhere from the supply chain through to the product in market.



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Kiwi Manuka® Pioneers of Mānuka Science Mānuka Honey UMF™

Kiwi Manuka® UMF™ Mānuka Honey is renowned worldwide for its "Unique Mānuka Factor" (UMF™). The UMF™ grading system appraises natural markers found in Mānuka Honey and assures purity and quality.

Kiwi Manuka® is a participating member of the UMF™ Honey Association and works to ensure all our products are ethically sourced, true to label and are of the highest quality.

















Oil Harvesting The future of the Mānuka industry

The aerial leaf & twig of Manuka plants are sustainably harvested by cutting the brush with mechanical hand trimmers and larger machine harvesters. The brush is then processed through high quality equipment using gentle steam distillation to extract the high-grade pure oil.





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飲品 - 咖啡及茶 BEVERAGES - COFFEE & TEA



BEANIES FLAVOUR INSTANT COFFEE 維他命D 蘋果肉桂即溶咖啡 Beanies+ Vitamin D Apple Cinnamon Instance Coffee

原產地 Country of Origin: 英國 UK

供應商 Supplier: Swiss International (Hong Kong) Ltd

有維他命D的咖啡,不用曬太陽也可吸收額外的維他命D。全新咖啡 意念加上非一般味道配撘。不含添加糖、甜味劑或其他化學成份, 每份咖啡的熱量少於兩卡路里。無麩質、不含小麥、堅果和乳製 品,適合素食人士。

Introducing Beanies+, coffee with additional 'wellbean'! Our innovative new range of premium flavour coffees plus Vitamin D. Beanies + is instant coffee with Beanies' core benefits - that's no sugar and just two calories a cup - and fortified with a daily dose of the sunshine vitamin.



BEANIES FLAVOUR INSTANT COFFEE 特濃朱古力即溶咖啡 Double Chocolate Coffee

原產地 Country of Origin: 英國 UK

供應商 Supplier: Swiss International (Hong Kong) Ltd

味道香濃,卻不會太甜膩。不含添加糖、甜味劑或其他化學成份, 每份咖啡的熱量少於兩卡路里。無麩質、不含小麥、堅果和乳製品,適合素食人士。

Listen up chocolate lovers this one's for you. So rich, so chocolatey, basically it's delicious. At just 2 calories per serving it's the naughty indulgence without the guilt. Bake with it, stick it in a milkshake or even serve over ice. Oh it's good!



BEANIES FLAVOUR INSTANT COFFEE 焦糖爆谷即溶咖啡 Carmel Popcorn Instance Coffee

原產地 Country of Origin: 英國 UK

供應商 Supplier: Swiss International (Hong Kong) Ltd

這不是甜品,而是充滿甜焦糖爆谷味道的香濃咖啡!不含添加糖、 甜味劑或其他化學成份,每份咖啡的熱量少於兩卡路里。無麩質、 不含小麥、堅果和乳製品,適合素食人士。

Let our new Caramel Popcorn flavour takes you to the movies! The delicious popcorn taste blends beautifully with hints of caramel to make the perfect accompaniment to your 'big night in' or your movie afternoon.... where does your Beanies flavour takes you?



GLEE 菠蘿蘋果水果茶 Fruit Tea Blend (Pineapple & Apple)

原產地 Country of Origin: 香港Hong Kong 供應商 Supplier: farmfresh330

雪白的矢車菊和鮮黃的萬壽菊令你眼前一亮,鮮甜的菠蘿和氣泡酒 的味道是此茶的靈魂。所有花果植物的原料均在德國提煉製成。產 品由新生精神康復會的服務使用者參與包裝,包裝上載有他們的心 聲,顧客惠顧時也能支持康復者工作及訓練。

The potpourri of white cornflower blossoms and yellow marigold blossoms richly decorates this blend. All ingredients were refined in Germany with excellent quality. Packaged by service users of New Life Psychiatric Rehabilitation Association, with their stories shown on the packaging. Customers buying products can support the work training of people in recovery of mental illness.



GLEE 金桂花花茶 Natural Herbal Tea – Osmanthus

原產地 Country of Origin: 香港Hong Kong

供應商 Supplier: farmfresh330

在「glee」花茶系列中,我們選用了高品質和天然的金桂花。其獨特香氣讓你於品茶時享受放鬆時光。

In our "glee" natural herbal tea series, we select high quality & natural Osmanthus. The refreshing fragrant of Osmanthus tea helps you enjoy the relaxing moment.

飲品 - 果汁 BEVERAGES - JUICE



CITY FARM 有機蕃茄汁 Organic Tomato Juice

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Everything Organic

早餐時喝一杯蕃茄汁,可減輕水腫及排出有毒物質。如感到腫脹和疲勞,亦可喝一杯,因為它有抗氧化和淨化的功用。 Don't hesitate to include a glass of Tomato Juice as a part of your breakfast routine as it is anti-oxidant and purifier – it is great at getting rid of excess liquids, as well as toxins that make you feel swollen, tired and heavy.



COMMON GOOD JUICE 冷壓果汁 (羽衣甘藍) Cold-Pressed Juice - Kale

原產地 Country of Origin: 中國 China 供應商 Supplier: Green Common

Green Common 推出了自家品牌冷壓果汁「Common Good Juice」。與大多數的冷壓果汁不同,Common Good Juice 利用全新的高壓技術,將果汁飲用期限由一般2天延長至90天。必需的營養元素得以保留,更方便貯存,讓你能隨時享受自然的美好。

Green Common releases its very own brand of cold-pressed juices named Common Good Juice. Unlike most cold-pressed juices, Common Good Juice utilizes the brand new high-pressure HPP technique, extending the expiry period from 2 days to 90 days. Essential nutrients are retained while city dwellers can stock up the juices and enjoy the natural goodness whenever they desire.



JUICE APP 冷榨果汁系列 Cold Pressed Fruit Juice

原產地 Country of Origin: 香港 Hong Kong

供應商 Supplier: Apple Sweet

香港新鮮等製造冷榨果汁,利用專業冷榨果汁機以適當壓力將蔬果 慢壓成汁,過程中避免高溫以保留蔬果裡的營養,也避免高速造成 的快速氧化。現有十一款果汁包括:蘋果+檸檬、雪梨+檸檬、蘋 果+紅菜頭+胡蘿蔔+檸檬+薑汁、蘋果+羽衣甘藍+薑汁等。

We use fresh raw fruits and vegetables, cold pressed to produce our fruit juices that reserve full flavour and nutrients of the fruits and vegetables. 11 different types of juice on offer. Made in Hong Kong.



PIP ORGANIC 有機蘋果汁 Organic Cloudy Apple Juice

原產地 Country of Origin: 英國 UK 供應商 Supplier: Channel Time Limited

PIP一直與有機農民一起工作多年,以確保他們在適當的時間選擇合 適的水果品種,以便他們的果汁完美融合。100%鮮搾有機蘋果汁, 全天然無添加,不含防腐劑、色素、濃縮物及人造香料,亦不添加糖 及水。

PIP Organic has been working with organic farmers for many years to ensure they choose the right fruit varieties at the right time, so that all of their juices are blended to perfection. 100% pressed organic apple juice, free from preservatives, colourings or artificial flavours. No added sugar or water and not from concentrate.



日光牌 SUNSWEET 100%加州西梅汁 100% Plum Juice

原產地 Country of Origin: 美國 USA 供應商 Supplier: Assure Company Ltd

SUNSWEET乃全球著名的美國乾果品牌,逾100年歷史,擁有獨家專利去核技術,使西梅乾份外圓渾可口,品質優勝。SUNSWEET 加州100%西梅汁,乃100%原汁,非由濃縮果汁還原;含豐富鐵質及鉀質;無添加糖份、防腐劑、及其他人造成份,有助促進腸道健康,乃健康果汁最佳之選。

Sunsweet Prune Juice originated from US California is 100% juice, not from concentrate. Not only tastes good, also provides natural source of fiber and essential vitamins and minerals, to help balance and maintain good digestive health. Moreover, no added sugar, preservatives, and other artificial ingredients. Undoubtedly a good choice of health drink.

其他飲品 BEVERAGES - OTHERS



BRUCE COST 薑味汽水 Ginger Ales

原產地 Country of Origin: 美國 USA

供應商 Supplier: Green Studio Company Limited

於紐約Brooklyn製造。用真薑加上蔗糖製造出與眾不同的薑味飲料。全天然,無防腐劑,無人造色素。每12oz 瓶装含40g薑碎,全素非酒精飲品。除原味之外,還有熱情果味、洛神花味和茉莉茶味。味道清純,配合有型瓶身設計,男女老少健康型格之選。

With 4 natural ingredients, the basic and simple delicious and spicy beverage started it all. It tastes extraordinary. The original flavor of our Ginger ales are the fundamentally of all the variety flavors. Made with fresh ginger and pure cane sugar and unfiltered. Rich with ginger particles, it provides iron, a little vitamin C and 100% deliciousness.



CALIFIA FARMS 專業沖調用杏仁奶 Barista Blend Almondmilk

原產地 Country of Origin: 美國 USA 供應商 Supplier: Green Common

Califia Farms 是美國最暢銷的杏仁奶品牌。低脂低卡,非基因改造,不含蛋奶、麩質、鹿角菜膠的杏仁奶與冷泡咖啡。皇牌產品Barista Blend獲全美超過600家著名咖啡店指定選用。質感比一般杏仁奶豐厚細滑,能輕易拉花,每份只有70卡路里,更不含添加物鹿角菜膠。

Califia Farms is the leading brand of almond milk sold in America. Handpicked by more than 600 leading specialty coffee houses across the U.S. including Blue Bottle, Intelligentsia, Fourbarrel, Philz Coffee and Peet's Coffee, its Barista Blend can easily create full-bodied foam and better latte art. It is also free from Carrageenan and contains only 70 calories per serving.



GUSTO 有機能量檸檬水 (有氣) Organic Energy Lemonade

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

由亞馬遜瓜拉那和西伯利亞人參製成。每瓶3種植物提取物:瓜拉那,西伯利亞人參,黃芪。用整個有機碎西西里檸檬,獨特的檸檬味,包含異國情調的椰子和奇亞籽和罌粟籽。

Whole crushed organic lemons are the secret to our uniquely lemony lemonade. We blend the crushed peel and juice of organic lemons with Amazon guarana, powerful adaptogen Siberian ginseng and a sweetening blend of organic grape, agave nectar and apple.



HFACTOR

氫氫水

Hydrogen Infused Water

原產地 Country of Origin: 美國 USA 供應商 Supplier: Green Common

氫氣水中的氫氣分子 (H2) 能溶解於水中,產生活性氫原子,並迅速被身體吸收。過百項研究證明,氫氣分子能有助改善運動表現及身體恢復能力、提高能量水平、改善過敏反應、促進血液循環等多項好處。

In hydrogen rich water, molecular hydrogen gas (H2) is dissolved into water creating free, active hydrogen atoms that are accessible to our bodies. It has been documented through hundreds of studies that molecular hydrogen may have the potential to improve athletic performance and recovery, energy levels, allergies, circulation, among many other researched benefits.



IMMUNRISE

中老年裝羊奶粉

Formulated Middle Age Goat Milk Powder

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Amrita Nutrition Limited

配方加入豐富水溶性纖維Fibersol®2及非動物活性鈣源LIPOCAL®, 前者臨床實證有助促進消化,後者可為中年人補充額外所需鈣質, 強健骨骼。

With the Fibersol®-2 and LIPOCAL® added in the goat milk powder, Immunrise's powerful formula is capable of improving your digestive health and providing good source of calcium to strengthen your bones.



KIWI MĀNUKA 麥盧卡蜂蜜酒

Mānuka Honey Wine

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Kiwi Mānuka Group

此麥盧卡蜂蜜僅生產於紐西蘭的麥盧卡茶樹 (Leptospermum Scoparium),它的味道濃郁醇厚、質滑芳甘,更具有其它蜂蜜沒有的活性抗菌成分-UMF™獨麥素,有特殊治療能力,因而被稱為「蜜中極品」。麥盧卡蜂蜜酒以麥盧卡蜂蜜為原材料,經自然發酵、陳釀後製成的低濃度酒精飲品。

Used as a fermenting agent instead of sugar, the honey imparts a distinctive character and texture, with the initial impressions dominated by concentrated honey flavours. The wine broadens out on the palate and becomes a rich and fulfilling experience, the finish refreshingly clean, with natural acidity balancing the smooth honey after taste.



LOVE KOMBUCHA 有機薑青檸紅茶菌飲品 Organic Ginger & Lime Kombucha

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

是一種發酵飲品,具有輕微的柑橘味,讓人想起現代薑汁啤酒。這 款清爽爽口的飲品只含有綠茶紅茶菌和生薑,帶有一點額外的柑橘 味。有機成分和簡單的配方,是一個出色的汽水替代品。

Slight 'citrusy' taste reminiscent of a modern day ginger beer concoction. Refreshing and palate cleansing, it only contains Green Tea kombucha and Ginger. Made by adding a live culture to sweetened green tea, The culture consumes the tea and sugar and creates Kombucha! A great alternative to unhealthy sweet carbonated soft drinks.



MATA 麥蘆卡蜂蜜金啤 Mānuka Golden Ale

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Kiwi Mānuka Group

新西蘭手工有機啤酒,帶有當地特產的麥蘆卡蜂蜜風味,口感順滑,味道清純。麥蘆卡蜂蜜為啤酒添加一種非常獨特的草本香氣和輕輕的甘甜餘韻,為你的味蕾帶來非一般的快感!

The is a very smooth, clean tasting golden colored ale edged with a hint of NZ's native Mānuka honey. The Mānuka honey offers the beer some very unique herbal notes and a slight residual sweetness which is ready to pleasure your tongue!



O'BEAN

「正豆」有機黑豆漿 O'BEAN Organic Black Soy Milk

原產地 Country of Origin: 香港Hong Kong

供應商 Supplier: farmfresh330

「正豆」有機豆腐,選用獲認證的有機黃豆製作,並於已取得 ISO22000及HACCP認證的社會企業食品工廠中生產。產品由新生精 神康復會的服務使用者參與製作,包裝上載有他們的心聲,其實顧客 惠顧時也能對他們加深了解,並支持康復者工作及訓練。

Made from organic soy beans and produced in local food factory cum social enterprise accredited with ISO22000 and HACCP. The production process was participated by service users of New Life Psychiatric Rehabilitation Association. With their stories shown on the packaging, customers buying the products can support the work training of people in recovery.



ROCKS

有機薑和芥末飲品 (有氣) Organic Sparkling Ginger & Wasabi

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

混合了芥末和生薑的精髓,結果是一個甜蜜和火熱的風味。生薑可以 治療多種噁心症狀,特別是晨吐。薑可能會大大降低血糖,改善心臟 病的危險因素。

We crush and crumble whole root ginger and blend with wasabi. The Result Is A Sweet And Fiery Burst Of Flavour That Truly Rocks. Ginger Can Treat Many Forms of Nausea, Especially Morning Sickness. Ginger May Drastically Lower Blood Sugars and Improve Heart Disease Risk Factors.

乾果 DRIED FRUITS



APPLE SWEET 「蘋果悅」蘋果片 APPLE SWEET Apple Chips

原產地 Country of Origin: 香港 Hong Kong 供應商 Supplier: Apple Sweet

不含添加劑及人造色素的健康零食。產品包括:有皮蘋果片(30g)、 蘋果脆片(18a)及蘋果角(35a)。香港製造。

Free of additives and articial coloring. Product ranges: 30g pack Apple Chips (with skin), 18g pack Crispy Apple Chips and 35g pack Apple Wedges. Made in Hong Kong.



BE ORGANIC 有機黑葡萄乾 Black Raisin

原產地 Country of Origin: 印尼 Indonesia 供應商 Supplier: Everything Organic

不要少看一粒黑葡萄乾,它充滿了豐富的纖維、維他命和礦物質。 事實上黑葡萄乾可以幫助加強消化系統,並保持骨骼強壯。

Despite their small size, Black Raisins are packed with energy and rich in fiber, vitamins and minerals. They are naturally sweet and high in sugar and calories, but they're beneficial to our health when eaten in moderation. In fact, black raisins can aid digestion, boost iron levels and keep your bones strong.



BIOGREEN 全顆粒蔓越莓果乾 Etblisse Whole Dried Cranberries

原產地 Country of Origin: 馬來西亞 Malaysia 供應商 Supplier: Natural Garden Ltd

含蔓越莓、蔗糖及葵花籽油(1%),特有A型原花青素具超強抗氧化性,減低患泌尿道感染的風險,有助抑制胃潰瘍。於低溫60度下風乾,不經榨取果汁以保留果實的完整性及營養。

These tangy fruits supply a unique source of A-type proanthocyanidins (PAC), a type of antioxidants that help to reduce the risk of urinary tract infections by preventing the infection-causing bacteria from attaching to the cells that line the urinary tract. These same compounds also help prevent the development of gastric ulcers.



新仕美SNACKMATE 原粒紅莓乾 (獨立包裝) Whole Dried Cranberries (individual packaging)

原產地 Country of Origin: 美國 USA 供應商 Supplier: Assure Company Limited

不是切片而是原粒紅莓乾。粒粒圓渾飽滿,顏色鮮紅且味道酸甜。 獨立包裝方便攜帶,任何時候都可以吃到健康有益的小吃。不含人 造色素及調味料。

Whole dried cranberries, not sliced. With a vibrant red color, they are plump, sweet and tangy in flavor. The individually packed snacks are a great way to stay healthy foods while on the go. No artificial colorings and flavorings.



TROO 韓國天然冷凍乾果 Korean Natural Freeze-dried Fruit

原產地 Country of Origin: 韓國 Korea 供應商 Supplier: Life is for Excellence

認證/獎項: HACCP / DAkkS 2015 韓國首爾食品工業展金獎產品。利用速凍技術保留最新鮮的水果原生營養。無防腐劑、無添加劑、無色素、無糖、非基因改造、不含麩質。以低於零下40°C的溫度,快速冷凍後乾燥,保存原產品營養。經低溫冷凍技術使食品可長期保存。How is our freeze-dried fruit made? It's simple. We freeze our fruit at temperatures below -40°C. This helps our snacks retain their maximum nutritional value without losing their incredible taste. It's Mother Nature's gift from us to you. No Preservatives, No Additives, No Artificial Colours, No Added Sugars, GMO-free and Gluten-free



日光牌 SUNSWEET D'Noir去核西梅乾 Sunsweet D'Noir™ Prunes

原產地 Country of Origin: 美國 USA 供應商 Supplier: Assure Company Ltd

SUNSWEET乃全球著名的美國乾果品牌, 逾100年歷史, 擁有獨家專利去核技術, 使西梅乾份外圓渾可口,品質優勝。SUNSWEET特別推出D'Noir西梅乾,完全不添加防腐劑,適合喜好全天然果乾的人士。西梅含大量纖維、維他命A、鉀質及抗氧化物, 營養豐富, 何時何地都非常適合享用。

Sunsweet prunes famous for its plumpy and fruity quality. D'Noir prunes is a speciality without added preservatives, deliver full of natural flavour. Suitable for those looking for raw fruits. Prunes have rich content of fiber, Vitamin A, potassium and anti-oxidants, which are very suitable to enjoy everywhere.



妹嘜SUN-MAID 有機無核葡萄乾 Organic Seedless Raisins

原產地 Country of Origin: 美國 USA 供應商 Supplier: Assure Company Limited

Sun-Maid於1912年在美國加州成立,全球知名的葡萄乾品牌,市場所佔份額為全球領先。產自美國加州青葡萄,天然生曬而成。獲USDA有機認證,只選用由Sun-Maid California認證的有機種植者種植的葡萄,含豐富鉀質及膳食纖維,健康有益。獨立小盒設計,方便隨時享用。

Sun-Maid was launched in 1915 with over 90-year long until now. Made from premium Californian grapes under sunshine drying process and rich in potassium and fiber. USDA certfied organic and only grown by Sun-Maid's California certified organic growers. No added preservatives. Individual mini-box design for convenient consumption.



FARMER'S SNACK 杏脯乾 Apricots Sulphured

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Impex Quality Products Ltd

來自陽光普照的土耳其南部生長的金色杏子 。水果脱水後雖能保持一定濕度,為了讓我們的果實重拾「生命的氣息」,我們以獨特配方,根據每種品種的特定程序分別進行單獨和的水分補充,保留更多果汁。

Our sweet, golden apricots grow in sun-kissed southern Turkey. After the dehydrating process, every fruit retains a certain amount of humidity. In order to "breathe the life" back into our fruit, they are carefully rehydrated individually and separately in a procedure that is specific to each variety, using an in-house recipe. In this way the fruits attain the perfect level of juiciness.

魚類統營處 FISHMARKETING ORGANIZATION 優質養魚場計劃 - 本地優質魚 Hong Kong Accredited Fish Farm Scheme - Local Accredited Fish







烏頭 Grey Mullet

長於鹹淡水域河口交界,魚體呈圓筒長形,身形肥美而且所含脂肪較 多。香港元朗出產的烏頭油質豐富是道地特產,四季當造。

Grey mullet grows at estuaries. It is plump, cylindrical in body shape and rich in fat. Yueng long grey mullets are famous for their high fat content all year round.

沙巴龍臺 Hybrid Grouper

沙巴龍躉(沙巴躉)是近年成功繁殖的養殖魚品種。沙巴躉是兩個熱門石斑魚品種一龍躉及老虎斑混交所繁殖而成,結合了龍躉及老虎斑肉質爽滑及魚味濃的特點,再加上養殖存活率較高,魚病較少,故日漸受養殖戶歡迎。這種魚生長速度很快,肉質柔嫩鮮美有彈性,適用於清蒸、煮湯、紅燒或炒球,是一種日漸受市場歡迎的飲宴魚品種。優質沙巴龍躉己在長沙灣、蘆狄灣、西貢及大埔養殖。

Developed by University Malaysia Sabah, it is mixed with Tiger Grouper and Giant Groupers with their characteristics of fast growing, strong with good meat texture. Therefore, it is getting popular for household and catering industry for banquet. Accredited Sabah Giant Grouper is farmed in Cheung Sha Wan, Lo Tik Wan, Sai Kung and Tai Po.



寶石魚 Jade Perch

源自澳洲昆士蘭省,因魚身上有如寶石般的黑色斑塊而命名。 由於 寶石魚的生長速度快,而且成長時疾病較少,因此是一種理想的養殖 品種。寶石魚含有較高的不飽和脂肪酸,肉多骨少,肥美甘香,清 蒸或用油煎都適宜,所以可算是一種營養價值高,食用用途廣泛的魚 種。

Native to Queensland, Australia, it's a good candidate for pond fish culture. With its high nutritional value and high percentage of poly-unsaturated fatty acids, Jade Perch enjoys strong consumer acceptance throughout Asia. And Jade Perch is easy to eat with less bone, oily and rich flavour. To have a tasty dish, either steaming or pan-frying is suitable for Jade Perch.



黃立鯧 Pampano

又名布氏鯧鰺,屬於鰺魚科,主要分佈於紅海及東非海域,北至日本 南部,南至澳洲等地方。身型圓扁,與白鯧魚相似。其肉質鮮香軟 滑,宜以豉汁蒸煮。 現時黃立鯧一年四季皆有供應。

Mainly living in the Red Sea and sea of East Africa, from the southern sea of Japan to the northern sea of Australia. Its body type are round flat and the meat is delicious and creamy. It is suggested to cook by steaming with soy sauce. Nowadays, we could buy Pampano throughout the year in Hong Kong.



星鱸 Red Drum

星鱸又名紅鼓魚。原產於美國東部海域,因養殖技術成熟,引入亞洲作養殖,後由於意外或放生等自然繁殖,故此於中國海域亦可發現野生星鱸。星鱸體狀長側略扁,尾部有明顯黑斑。為養殖產量甚高的魚種之一。其肉質粗實,骨少味甜,各種烹煮方式皆宜。本地優質星鱸魚集中在長沙灣養殖。

Red Drum is orinated from USA and introduced to Asia. Its Body large, elongate, slightly compressed with one or more prominent black eye spots at the rear of the body between the end of the dorsal and the caudal fin. It texture is hard, less bones and good fish flavor suitable for fried and BBQ.

Accredited Red Drum are grown in Cheung Sha Wan.



石蚌 Star Snapper

頭與背呈紅色或紅棕色,腹部為黃色或黃白色,魚鰭皆為鮮黃色。憑據體側有一明顯的白點,石蚌可算是其中一種容易辨認的魚類。石蚌食用方式廣泛,深受本港家庭、酒樓、茶餐廳等喜愛。野生的石蚌主要分佈於印度洋與太平洋:現時石蚌一年四季皆有供應,產自本地優質養魚場的石蚌,在食物安全上有著更高的保障,令消費者食得更放心。

Both of its head and back are red or red-brown in color. And it has yellowish-white belly, bright yellow fins and there is a distinct white spots on the body. Wild snapper mainly live in the Indian Ocean and the Pacific. Nowadays, because of the technique of aquaculture, snapper could be provided throughout the year in Hong Kong.

穀物 GRAINS & CEREALS



BIOGREEN 紫薯燕麥植物奶 Etblisse Emil A2 Milk

原產地 Country of Origin: 馬來西亞 Malaysia 供應商 Supplier: Natural Garden Ltd

含紫番薯(非基因改造)、紅番薯(非基因改造)、紫山药、燕麥、糙 米、菊糖、大豆蛋白(非基因改造)、大豆卵磷脂(非基因改造)寡糖、 葡萄糖含花青素及B-胡蘿素、具雙重抗氧化功效,延緩肌膚衰老。添 加菊糖及寡糖,促進腸道益菌數量,達至腸道健康。

Etblisse Earth-Friendly Milk (EMIL) a2 contains Red Sweet Potato, Violet Sweet Potato, Soya Protein. Chinese purple yam: Hydrates skin and regulates hormonal levels. Inulin and oligosaccharide: Maintains a healthy intestinal environment."



BIOGREEN 紫薯酥脆麥谷 Etblisse Purple Star Crunch

原產地 Country of Origin: 馬來西亞 Malaysia 供應商 Supplier: Natural Garden Ltd

燕麥、紫蕃、葡萄乾、全麥、椰子粉、黑麥、蔓越莓乾、風梨乾、 木瓜乾、杏仁、抗氧化劑(維他命E生育醇)結合了源自澳洲的全穀麥 及新鮮乾果,搭配台灣頂級紫薯,非油炸、高蛋白質、纖維質及鈣 質。無反式脂肪,是理想的早餐穀麥健康零食。

Crispy and sweet with clusters of Australian whole grains and a punch of fresh dried fruits, Etblisse Purple Star Granola Crunch will satisfy your hunger with wholesome goodness at any time of the day. Enhanced with premium Taiwanese purple sweet potatoes, this hearty combo will give your body sustained energy and anthocyanin antioxidants boost to strive through your daily adventure!



CERES ORGANICS 有機燕麥麩皮 Organic Oat Bran

原產地 Country of Origin: 紐西蘭 New Zealand 供應商 Supplier: Wise Group (Hong Kong) Ltd

燕麥以營養益處而聞名。燕麥籽粒的外殼,燕麥麩皮含有大部分膳 食纖維,以及蛋白質。堅果美味,如鬆餅和麵包,並增添了獨特的 質感。亦可加入冰沙,穀物或粥。

Oats are well known for their nutritional benefits. The outer husk of the oat grain, oat bran contains the bulk of the dietary fibre, as well protein. Its nutry deliciousness is awesome in baked goods like muffins and breads, and adds a distinctive texture. It's also great added to smoothies, cereals or porridge.



CITY FARM 有機傳統土耳其湯粉 Organic Tarhana

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Everything Organic

傳統土耳其湯粉由穀物粉、乳酪和不同蔬菜製成的土耳其發酵食品。含有豐富的維生素B、礦物質、有機酸和游離胺基酸,兒童、老年人和病人多吃有益。

Tarhana is a Turkish fermented food made from cereal flours, yogurt and different vegetables. It is a good source of B Vitamins, mineral, organic acids and free amino acids; it is healthy for children, the elderly and the patients.



CITY FARM 有機玉米粒 Organic Corn

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Everything Organic

有機玉米粒含有豐富維他命B、C、鎂和鉀。它提供了大量抗氧化劑,多吃令眼睛明亮,皮膚健康。

CF Organic corn is a vitamin C and Magesium-rich food and contains certain B Vitamin and Potassium. It also supplies a good dose of two antioxidants liked to eye and skin health called Zeaxanthin and Lutien. It is also a good energy source.



SALBA CHIA 超營奇亞籽 Probiotic Salba Chia

原產地 Country of Origin: 阿根廷 Argentina 供應商 Supplier: Life is for Excellence

超營奇亞籽夥拍加拿大益生菌專家GanedenBC30,每日10克超營 奇亞籽+10億益生菌,抗氧化奥米加-3最高(DHA+EPA),瘦身排 毒,逆轉肌齡。奥米加3 耐熱程度更高達攝氏 220度配合豐富植物 蛋白質及膳食纖維,是健康瘦身的超營之選。

Our Omega-3 rich Salba Chia crossover scientifically-proven probiotic Ganeden BC30. Just 10g of Salba Chia provide you with your daily antioxidant needs, reversing signs of skin aging. It is used by clinical researchers in the University of Toronto to promote weight loss in diabetics.



ZVOF 有機紫莓香糙米 Organic Riceberry Rice Cereal

原產地 Country of Origin: 泰國 Thailand 供應商 Supplier: Life is for Excellence

含豐富蛋白質、膳食纖維、抗氧化物、鐵質及維他命A,活血美顏, 有原味或可可味。獲美國農業部USDA有機認證,選用升糖指數(GI) 較低的有機原蔗糖,不含常見的致敏源如乳糖,麩質及大豆等。每盒 7包(35克/包)獨立包裝,美味方便,適合作早餐及零食,素食亦宜。

Certified USDA organic cereal with original and cocoa flavours. The Unmilled organic brown jasmine rice is used keeping the bran and germ which contain nutrients such as protein, minerals, antioxidants and dietary fiber. 7 individual packs (35g/pack) per box keeps freshness for you in breakfast and snack time. It is also a lactose-free, gluten-free, soy-free and vegetarian friendly snack.



SEITENBACHER

牛奶雜錦早餐#23 100%有機朱古力和士多啤梨麥片 Seitenbacher Musli #23 100% Organic Chocolate & Strawberry

原產地 Country of Origin: 德國 Germany 供應商 Supplier: Impex Quality Products Ltd

早餐最佳選擇。含全營養穀物包括有機全粒斯佩耳特卷、燕麥卷、葡萄乾、紅糖、可可脂、葵花仁、蘋果及士多啤梨,含豐富蛋白質和纖維。獲 USDA有機認証。 Seitenbacher是一家位於德國西南部的天然食品製造商。

Muesli is a super delicious food for breakfast, muesli organic chocolate and strawberry is made of organic whole grain spelt rolled, oats rolled, raisins, brown sugar, cacao butter, sunflower kernels, apples, strawberries. USDA organic. Wheat free. Good source of protein & fiber. Seitenbacher is a natural food manufacturer located in south west Germany.

其他健康食品 OTHER HEALTH PRODUCTS



CERES ORGANIC 有機車前子粉 Organic Psyllium Husk

原產地 Country of Origin: 新西蘭New Zealand 供應商 Supplier: Wise Group (Hong Kong) Ltd

車前子含有豐富的膳食纖維,與主要提供非溶性「粗飼料」類型的穀物相比,提供了大量80% 非水溶性纖維,成為你內臟的清道夫!可於冰沙、果汁、穀物或烘焙食品加入一茶匙有機車前子粉,可增加纖維的攝入量。

Psyllium is revered for its impressive dietary fibre content – providing a massive 80% soluble to insoluble fibre, compared to grains which provide mainly the insoluble roughage' kind. It absorbs liquid, expanding to a gel-like consistency in our bodies, essentially becoming a broom for your insides!



INUFIB 龍舌蘭 菊寡糖 Agave Inulin

原產地 Country of Origin: 墨西哥 Mexico 供應商 Supplier: lidea Hong Kong Ltd

Extracted from the Blue Agave plant, the low-Glycemic-Index Inulin is a dietary fiber (also as natural fructan) that its prebiotics activates the formation of beneficial bacteria, strengthens the intestinal barrier and reduces pathogens entering intestines. Good for detox. For children, it helps nutrition absorption, enhances immunity and anti-infection. Suitable for young people, elderly, pregnant women.







KAV ENCORE 營養代餐 Nutrition Shake

原產地 Country of Origin: 美國 USA 供應商 Supplier: Civil Smart Ltd

纖體營養代餐採用非基因改造,無麩質及全天然成分製成,能有助控制體重,降低脂肪比例,提升體能及提供超過23種人體每日所需的維他命與礦物質及所需營養,並含有助促進腸道健康的益生元和益生菌。有五種不同口味:香茶、朱古力、咖啡、抹茶及雲呢拿。份量選擇:50克獨立包裝可供1次代餐份量、500克密封袋包裝可供10次代餐的份量、1公斤桶裝可供20次代餐的份量。

I50gm Single Sachet. It's an effective and a powerful formula designed to enhance nutrition, invigorate health and boost strength with a low calories profile for weight management. KAV enCore made with Non-GMO, gluten free and natural ingredients and contains 23+ Essential vitamins and minerals, Probiotics and Prebiotics. Available flavors - Chai, Chocolate, Coffee, Matcha and Vanilla.

Available Sizes: 50gm Single Sachet; 500gm Ziplog Bag and 1kg Tub

蜂蜜 HONEY



APPLE SWEET 蘋果蜜 Apple Honey

原產地 Country of Origin: 香港Hong Kong

供應商 Supplier: Apple Sweet

蘋果屬薔薇科多年生樹木。一般的花一次能出幾十斤花蜜,但蘋果花只能出三四斤,所以產量十分稀有。有潤腸作用,其中的單糖容易被人體吸收更適合老人和消化不良者。鎮靜功能可助緩解神經緊張,幫助促進睡眠。營養皮膚,幫助減少皺紋、清熱解毒之妙效。??????



ARATAKI 純天然蜂巢 Kamahi Comb Honey

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Swiss International (Hong Kong) Ltd

封存純天然新鮮蜂蜜,不經人手過濾,保存著全部營養成份,蜜味 更香更純,比一般蜂蜜更具食療價值,含豐富生物酶、多種微量元 素、花粉、蜂蠟及蜂膠等成份,是頂級蜂蜜保健食品。把一小塊蜂 巢蜜,咀嚼一會後吐出蜂蠟、有助紓緩喉部不適;亦可加於飲品、 雪糕、餅食使用。

Arataki Comb Honey is pure and unprocessed. Truly honey as the bees have made it. The delicate flower of New Zealand native Kamahi tree produces this delicious, distinctly aromatic honey with a buttery aftertaste. Comb Honey has a delightful aroma and subtle flavours which have been sealed in the wax cells just as the bees made it. Honey in its most natural form!



ARATAKI 蜂花粉顆粒 Bee Pollen Granules

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Swiss International (Hong Kong) Ltd

蜂花粉被廣泛認為是必需維他命、礦物質、氨基酸和酶的來源,有 助養顏抗衰老、改善腸胃功能、紓緩失眠及更年期不適,亦可用作 减肥代餐之營養補充品。本草綱目中亦記載蜂花粉有益氣祛風和潤 心肝等功効。成分:來自混合花卉源的新西蘭蜂花粉顆粒。

Bee Pollen is often referred to as a superfood because it is rich in vitamins, minerals, proteins, enzymes and amino acids. Bee Pollen has been shown to support the immune system, enhance resistance to allergies and provide a general boost in energy and vitality.



KIWI MĀNUKA UMF®20+級麥蘆卡蜂蜜 Mānuka Honey UMF® 20+

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Kiwi Manukā Group

100% 天然、紐西蘭麥蘆卡蜂蜜,經認證標定為 UMF®20+。麥蘆 卡蜂蜜以豐富的口感著稱,它的蜜源取自歷史悠久、被用作傳統藥 材的當地特有植物。方形PET塑料樽設計,配有防竊螺旋樽蓋。

100% Natural, New Zealand Mānuka Honey with certified UMF®20+ Rating. Mānuka Honey is rich flavour and comes from a native plant with a long heritage of traditional healthcare use. Square PET jar with tamper-evident screw cap.



KIWI MĀNUKA UMF®10+ 級麥蘆卡蜂蜜 隨身蜜 Mānuka Honey UMF® 10+ Mānuka Snaps

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Kiwi Manukā Group

100%天然、活性紐西蘭麥蘆卡蜂蜜,經認證標定為UMF®10+。麥 蘆卡蜂蜜以其獨特的醫療功能和豐富的口感著稱,它的蜜源取自歷 史悠久、被用作傳統藥材的當地特有植物。一盒12片,攜帶方便, 隨時隨地可以享用。

100% Natural, New Zealand Mānuka Honey with certified UMF®10+ Rating. Mānuka Honey is renowned for its unique properties, rich flavour and comes from a native plant with a long heritage of traditional use. 12 packs per box, easy to carry.



HEXAPI HONEY 有機洋槐花蜂蜜 Organic Acacia Honey

原產地 Country of Origin: 德國 Germany 供應商 Supplier: Hexapi (Hong Kong) Company Ltd

這流動中的黄金, 芬芳馥郁, 由淡白檸檬黄或黃綠色的洋槐花採收, 口感醇厚, 溫甜, 帶有花果芳香的味道及輕柔的雲尼拿草香。是其中一種有極佳保健功效的珍貴蜂蜜, 可改善失眠, 減壓, 清肝毒, 調節腸胃功能, 更有助呼吸系統消炎。

A sweet golden liquid, rich, or lemony white honey has a very mild, sweet, fruity-floral flavour with hints of vanilla. Acacia honey is one of the most precious honey having incredible health benefits, such as, alleviating insomnia, reducing stress, helping on cleansing the liver and functioning of stomach and intestine, and anti-inflammatory for the respiratory system.



PURABEE AUSTRALIA 麥蘆卡蜂蜜NPA10+級 Mānuka Honey Honey NPA 10+

原產地 Country of Origin: 澳洲 Australia 供應商 Supplier: Purabee Australia

PuraBee公司積極參與醫學研究,以確定澳洲蜂蜜的天然和代謝特性。特別是PuraBee 正計劃進行第一次人體臨床試驗,研究進食澳洲蜂蜜對糖尿病二型和心血管疾病患者的代謝影響。其位於阿德萊德的自動化生產工場,可全年為各地供應商提供產品。

PuraBee Australia is involved in medical research to identify the natural and metabolic properties of Australian Honey. In particular PuraBee is planning to conduct the 1st human clinical trials in the use of Australian Honey and examine the metabolic effects of honey in people suffering from type 2 diabetes and cardiovascular disease.



HEXAPI HONEY 有機椴樹蜂蜜 Organic Lime Honey

原產地 Country of Origin: 德國 Germany 供應商 Supplier: Hexapi (Hong Kong) Company Ltd

這溫柔如絲般幼滑的蜂蜜是採自德國椴樹的黃白色小花, 帶有輕微薄荷,清香,少酸帶甜。這蜂蜜被廣泛應用於喉嚨痛, 正常化身陳代謝,幫助消化及平衡荷爾蒙。也可直接塗上皮膚痛處, 幫助潰爛傷口的癒合。

This mild creamy honey is made of the yellow-white flowers of lime trees in Germany, has hints of mint and low acidity with medium sweetness. It is widely used in the treatment of sore throats, to normalize metabolism and help digestion and hormonal activity. Moreover, it can help heal festering sores while applying it on the skin.

冷藏肉類、家禽及魚 FROZEN MEAT, POULTRY AND FISH



BORROWDALES 澳洲走地豬肉 Australian Free-Range Pork

原產地 Country of Origin: 澳洲 Australia 供應商 Supplier: Nature's Parlour

澳洲對肉食產品是有嚴格的規定,而Borrowdale是其中一家擁有政府走地豬認證的一家豬肉供應商。農場在嚴格的標準下用心飼養豬隻,澳洲達令港空氣清新,陽光燦爛,豬隻一生可自由散步覓食,肉質細緻,脂肪含量平均而肉汁豐富,定能滿足你的需要。

Borrowdale is a leading producer of certified organic free-range pork in the Darling Downs of Australia. The standards also ensure water and foods is always accessible and that environmental welfare is also maintained. The taste and texture of the pork is superior, the meat is lean and succulent.



CAMPOS 西班牙有機認證走地雞 Spanish Certified Organic Chicken

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier: Nature's Parlour

聞名西班牙有機走地雞品牌,雞肉味香濃,脂肪低但肉汁豐富。選 用有機穀物飼養,絕不使用生長促進劑、不添加賀爾蒙及抗生素。 有機雞肉品質高,合乎歐盟標準。

A famous organic free-range chicken farm in Spain. The meat is lean, great flavour with superior texture. No added hormones, antibiotic and growth promotants. The hens are also feed on organic grains. All organic meat products are certified by EU.



HERGOSAN 西班牙伊比利亞黑毛豬肉 Spanish Iberico Pork

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier: Nature's Parlour

在西班牙美食享譽的伊比利亞黑毛豬,有著「會走動的橄欖油」的 封號。美食關鍵在於其罕有品種、自由放養及其生長環境。黑毛豬 肉油花飽滿、色澤紅潤、肉嫩和軟滑多汁,含豐富單一不飽和脂肪 酸。Hergosan 黑毛豬肉不添加賀爾蒙、抗生素及生長促進劑。

Iberico pigs has gained the nick name of the "Olive oil on four legs", the reasons are due to their rare breed, the free range rearing methods and their living environment. The meats are beautifully marbled, dark colour, so moist and tender with high content of mono unsaturated fatty acid. No added hormones, growth promotants & antibiotic to foster growth with Hergosan.



HIGHLAND SALMON 急凍蘇格蘭有機三文魚 Frozen Scottish Organic Smoked Salmon

原產地 Country of Origin: 蘇格蘭 Scotland 供應商 Supplier: Nature's Parlour

蘇格蘭Highland煙三文魚以選材優質三文魚馳名,品質有保障,口感肥美,用來做西餐或派對小食,都非常適合。產品亦符合蘇格蘭 BRC食物及衞生的國際標準。

Scotland Smoked Salmon is famous for their selection of the finest salmon. With their high quality and wonderful rich flavor, Hightland Smoked Salmon is very suitable for western cuisine and party finger food. Products all adhere with to BRC Global Standards of Food Safety.



HOBBS 澳洲有機認證走地雞 Australian Certified Organic Chicken

原產地 Country of Origin: 澳洲 Australia 供應商 Supplier: Nature's Parlour

澳洲Hobbs農場是當地著名的有機農場,在嚴格的有機認證下飼養 雞隻。雞肉肉質細嫩,脂肪低但肉汁豐富。只選用有機穀物飼養, 絕不使用生長促進劑、化學肥料、化學農藥或基因改造飼料。

The leading producer of organic free-range chicken is dedicated to rearing premium quality chicken using strict certified organic farming methods. The taste and texture is superior, the meat is lean and translucent. Feed on organic growth grain, no growth promotants, no chemical fertilizers and pesticides, no GMO grain.



PADAQUE 西班牙有機雞蛋 Spanish Organic Eggs

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier: Nature's Parlour

Padeque有機雞蛋農場悉心打造健康環境,雞隻可以按自己的天性 自由走動,農場內百分百環保,而且亦以有機飼料餵飼雞隻。雞蛋 品質高,合乎歐盟標準。

The owner of the Padeque has turned his profession in growing happy hens to get the best organic eggs. The hens are roamed freely. Every aspect of the farm is 100% eco-friendly and hens are feed on organic cereals. All Padeque eggs are of the highest quality and strictly follow the EU Standards.



ROIA 西班牙有機牛肉 Spanish Organic Beef

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier: Nature's Parlour

ROIA 專營100%有機產品,從不添加賀爾蒙、抗生素及生長促進劑, 無機因改造,確保合乎動物權益。所有產品均符合歐盟標準。

ROIA works exclusively with 100% organic product. No added hormones, growth promotants & antibiotic to foster growth. Non GMO. Animal welfare guarantee at ROIA. All organic products are certifed by EU.



URGASA 西班牙走地黃油春雞 Spanish Free Range Poussin

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier: Nature's Parlour

西班牙走地黃油春雞,純植物飼料餵養,而春雞以大概是33天的天然速度生長,無添加賀爾蒙和絕不使用抗生素。使用高成本冷凍技術,避免春雞縮水又能保持原有風味。

Truly free range Spanish poussins, fed on a purely vegetable diet. Naturally slow-growing of about 33 days, with no hormones added and no antibiotic. Air Chill is used to keep the original flavor and size

油 OILS



CITY FARM 有機初榨橄欖油 Organic Olive Oil

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Everything Organic

有機初榨橄欖油含有維生素A,D和K,可加速兒童的骨骼發育。作 為健康食用的首選。

Organic Olive Oil contains vitamins A, D and K, it's accelerates children's bone development.



L.I.F.E AMAZON 印加果油 Sacha Inchi oil

原產地 Country of Origin: 秘魯 Peru 供應商 Supplier: Life is for Excellence

印加果油奥米加-3(DHA+EPA)含量最高,獲巴黎世博會金獎, 消炎及抗衰老能力地上最強。 冷壓下來的粉末,亦營養豐富,蛋白質含量高達50%。亞洲首發(日本除外)。

It is cold-pressed and has almost 50% of Omega-3 (EPA+DHA) / alpha-linolenic acids (ALA), which is exceptionally anti-inflammatory, antioxidant and anti-aging. Upon oil press, even the residual powder is nutrient-rich to have 50% protein.



CASTILLO DE CANENA

西班牙特級二十一世紀 生物有機系列 初榨橄欖油 (皮套爾)

Spanish Extra Virgin Olive Oil Biodynamic of XXIS
Century (Picual)

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier: Nature's Parlour

Castillo de Canena 第一支推出有 Demeter 生物有機認証的初榨 橄欖油,認證確保生產過程遵從生物有機的種植步驟,是環保與環 境的和諧配合。此油入口芳香、青橄欖味道濃郁。

Castillo de Canena's first extra virgin olive oil certified as BIODYNAMIC by Demeter! The certification that guarantees correct compliance with all of the biodynamic agricultural processes that seeks complete integration and harmony with the surrounding ecosystem. High intensity of green olive and fruity sensation.



L.L.E.E.

有機冷壓初榨椰子油

Organic Cold-pressed Extra Virgin Coconut Oil

原產地 Country of Origin: 斯里蘭卡 Sri Lanka 供應商 Supplier: Life is for Excellence

不含任何膽固醇。其飽和脂肪屬於中鏈脂肪酸(MCFA)特性是不容易被人體吸收,根據醫學研究,更可以被肝臟消化幫助釋出體內能量,所以不會致肥,更是瘦身寶貝,每天食用不超過30ml有機冷壓初榨椰子油或按營養師指示服用,作體重管理,效果更佳。

It is cholesterol free and it is good at body trimming. Coconut fats is called medium chain fatty acids (MCFA). It has been shown that breaking down these types of healthy fats in the liver leads to efficient burning of energy and there are not going to be absorbed by our body.



三本SUNPLAN 山茶油 Camellia Oil

原產地 Country of Origin: 中國 China 供應商 Supplier: AA1218 Company Limited

三本山茶油的原料采自高海拔,無污染的生態示範縣 - 柘榮有機油茶基地。全過程採用物理低溫壓榨和精煉方法,屬納天然、有機、綠色。安全的木本食用植物油,長期食用可保護心血管 , 加強免疫力。

Sunplan Camellia Oil is made from 100% natural, organic ecological self-grown Camellia tea seeds. The complete processing adopts a strict physical method to extract 100% cold pressed Camellia oil. It contains rich Protein and Vitamins A,B, D & E etc. to improve our digestive system, reduces joint inflammation, boosts immune system etc.

調味料 SEASONINGS



CERES ORGANICS 有機紅菜頭粉 Organic Beetroot Powder

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Wise Group (Hong Kong) Ltd

使用新西蘭種植的有機紅菜頭,不使用化學農藥、除草劑或人造肥料。它們在低溫(低於47°C)下風乾,以保持整個新 鮮紅菜頭的營養。以濃縮方法保持營養,其中一份相當於約50g的新鮮紅菜頭。可用於冰沙、果汁和各式甜點。

They're gently dried at low temperatures (below 47°C), to preserve the wonderful benefits of the whole fresh beetroot. What makes this beetroot powder super valuable is that its nutritional properties are offered up in concentrated form, with one serve equivalent to approximately 50g of fresh beetroot. Add a teaspoon of this organic plant superfood to just about anything – smoothies, juices, desserts.



PRISTINE LIVING 簡約養生 養生鮮菇粉

Premium Mushroom Seasoning Powder

原產地 Country of Origin: 台灣 Taiwan 供應商 Supplier: Pristine Living

簡約養生「養生鮮菇粉」採用9種珍貴菇類研製,天然純素,含有高份子多醣體、蛋白質和食物纖維,無鹽、脂肪及防腐劑。烹調時使用,可取代味精,有助提升食物的鮮味,食用後不會口乾舌燥。產品由ISO22000及HACCP認證食品廠製造,通過安全測試,是日常調味養生的天然珍品。

Made of a selection of mushrooms and fungi, Pristine Living "Premium Mushroom Seasoning Powder" promotes the flavor of food in a natural and healthy manner. This vegan product is rich in proteins and polysaccharides, and is free of salt, fats, gluten and preservatives. It complies with ISO22000 and HACCP standards, and has passed stringent safety tests.



KAI'S GOURMET 野生牛肝菌粉

Porcini Mushroom Powder

原產地 Country of Origin: 德國 Germany 供應商 Supplier: Kairun Food HK Ltd

榮獲2017年樂活最天然調味品獎的野生牛肝菌粉帶有一陣果木的 清香,有「天然味精」之稱,產品成份100%簡單天然,絕無味精/ 雞粉/化學成份等添加物,絕對是追求真天然和注重健康人士的首 撰。

The Power of Powder -Dried porcini mushrooms into a powder is a great way to preserve their flavor and make them easy to use in the kitchen. 100% natural, GMO and Gluten Free. Use Porcini Mushroom Powder as a rub for meats, in a Rissoto rice, or casserole dishes. Other great applications include soups, sauces /pasta sauces. Ready to use as is, no preparation is necessary.

糖漿及甜味劑 SYRUPS & SWEETENERS



BIG TREE FARMS 有機椰子花糖 Organic Golden Coconut Sugar

原產地 Country of Origin: 印尼 Indonesia 供應商 Supplier: Green Studio Company Limited

在印尼巴里直接與當地14,000名農夫合作,造出有機不含基因改造,不含麩質,全天然、全素、低升醣指數的椰子花糖。低升醣指數可以穩定血糖,關注健康及血糖人仕適用。購買我們的產品不單止是健康選擇,更可直接支持當地農夫們的社區及環境。

Rooted in Goodness . One taste is worth 14,000 local farms who are the farming partners that Big Tree Farms work with. Our Organic Golden Coconut Sugars are even finer, taste better. They are low GI, Non GMO, Gluten Free, Unrefined products. It is not only a much healthier choice, but also partnering with us to sustain the farmers, the lands and the environment.



CITY FARM 有機紅石榴糖漿 Organic Pomegranate Syrup

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Everything Organic

紅石榴糖漿含有豐富維他命C,可抗氧化及增強免疫系統,並有助 於保護細胞免受自由基的有害影響。還可加於沙律中使其更美味。

Pomegranate Syrup contains antioxidants, mainly vitamin C, that are beneficial to your immune system and helps protects cells against the harmful effects of free radicals. A good replacement for vinegar dressing for salad.



CITY FARM 有機角豆黑蔗糖漿 Organic Carob Bean Molasses

原產地 Country of Origin: 土耳其 Turkey 供應商 Supplier: Everything Organic

有機角豆黑蔗糖漿蘊含大量的鈣、鉀、磷及鐵。其中糖份是天然 的,可用來製做甜點,美味而健康。

Carob Molasses is rich in Calcium, Potassium and phosphorous, and a significant source of iron. There is no added sugar, but it possesses a rich sweetness that, when substituted for sugar, makes dream desserts as healthy as they are tasty.



NUTRIHKCASA 有機龍舌蘭糖霜 Organic Sweet Agave Powder

原產地 Country of Origin: 墨西哥 Mexico 供應商 Supplier: lidea Hong Kong Ltd

由墨西哥藍龍舌蘭提煉而成的有機糖霜,含豐富的菊糖,低升糖指數(GI),是極佳的糖或代糖的健康替代品。其水溶性,可方便加入穀物、烘焙產品和飲料中。

Came from the blue agave plant in Mexico, this inulin-rich organic sweetener is low on GI and great as a healthy alternative to sugar and sugar substitutes. Soluble in cold water, allowing it to be incorporated into cereals, bakery products, and beverages.



NATUREL 有機龍舌蘭糖漿 Organic Agave Syrup

原產地 Country of Origin: 墨西哥 Mexico 供應商 Supplier: lidea Hong Kong Ltd

來自墨西哥的藍龍舌蘭,其生長在墨西哥海拔2500米火山平原半沙漠地帶,要經過整整6年時間才能製造出30公斤的龍舌蘭糖漿!有機、不含麩質、無基因改造、純素食。低升糖指數糖尿人士可安心食用。

Extracted from the blue agave plan which grows in a 2500m altitude Mexican volcanic semi-desert plateau, And time – a persevering 6 years that it must pass through so as to yield a 30kg agave - known as the Pina. Certified organic, gluten-free, GMO free and vegan. Low GI that is suitable to diabete patients.



YACONZ

雪蓮果漿 配 瑞瓦瑞瓦蜂蜜 Yacon Syrup with Rewarewa Honey

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Nekta Healthcare Limited

雪蓮果漿配瑞瓦瑞瓦蜂蜜 同樣屬於低血糖指數食品,由於加入了蜂蜜 元素,不但味道可口而且保留了雪蓮果的天然益處,其含糖量比純正 蜂蜜更低,對血糖反應影響微小,含豐富益生元低聚果糖,有助改善 腸胃功能,適合減肥人士及糖尿病前期患者食用。

Yacon Syrup with Rewarewa Honey has the delicious taste of New Zealand honey, but still offers the benefits of Yacon, a low Glycaemic Index (GI) score and lower sugar content than pure honey. This makes it very suitable for pre-diabetics or people interested in weight control. Yacon Syrup with Rewarewa Honey is prebiotic, and so contributes to inner digestive well-being.



YACONZ 雪蓮果漿 YACON SYRUP

原產地 Country of Origin: 新西蘭 New Zealand 供應商 Supplier: Nekta Healthcare Limited

YACONZ由新西蘭以北種植的雪蓮果提煉及加工而成,屬於低血糖指數食品,有效抑制餐後血糖和胰島素反應,適合高血糖或糖尿病患者食用。雪蓮果的甜味源自益生元低聚果糖,屬於可溶性膳食纖維的一種,由於不被人體消化,只被腸道益菌吸收,能有助改善腸胃功能。

Yacon is grown and manufactured in New Zealand. It has the consistency of golden syrup, and a sweet resinous taste. Yacon is low Glycaemic Index (GI), it sweetens food without impacting seriously on blood sugar levels. This makes it very suitable for diabetics or all people with blood sugar concerns. Yacon is prebiotic dietary fibre, and so contributes to inner digestive well-being.



CERES ORGANICS

有機楓糖漿 Maple Syrup

原產地 Country of Origin: 加拿大和美國 Canada & USA 供應商 Supplier: Wise Group (Hong Kong) Ltd

A級特級楓糖漿,來自多個小型獨立家庭式農場,以有機種植方法種 植的楓樹製成。色澤深沉,質感淳厚,味道鮮美,100%純正。

Premium A grade maple syrup . It's made from the sap of organically grown maple trees, sourced from a collective of small independent family farms. It's dark, thick, and has a deliciously robust flavour. 100% pure, straight up goodness.

零食 SNACKS



AMISA 有機無麩質栗子薄脆餅乾 Organic Gluten Free Chestnut Crisp Bread

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

口感鬆脆的有機無麩質栗子薄脆餅乾味道微甜,豐富有堅果味道,可以在早餐或午餐時享用,也可以和您喜愛的甜味或鹹味的配料一起享用。自然甜而不加糖。

These deliciously light and crunchy gluten free crisp breads have a slightly sweet, rich & nutty flavour. They can be enjoyed for breakfast, lunch or as a tasty snack with your favourite sweet or savoury toppings.



BEAR NIBBLES Y0Y0黑加倫子味 YOYO Blackcurrant Flavour

原產地 Country of Origin: 英國 UK 供應商 Supplier: Channel Time Ltd

2017年我們在全球展開YOYO活動,我們已售出41000公里的 YOYO,這足以包圍世界各地。在英國十分人氣美味的純水果卷, 非常適合午餐盒和一份隨心所欲的健康小吃。

Around the world we YOYO in 2017, we sold 41000 km of YOYO, that's enough to wrap all the way around the world. It's popular in England. Delicious pure fruit rolls, perfect for lunchboxes and a great on-the-go healthy snack.



BEOND 有機覆盆子巴西莓棒 Organic Raspberry & Acai Bar

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

以營養超級豐富的巴西苺製成的能量棒。巴西莓在南美洲的雨林中種植,以其高營養價值而聞名,加強身體免疫系統提高能量。一條35克的有機覆盆子和巴西莓棒,每日進食5條,能讓您一整天充滿活力!獲有機認證,全素不含麩質、乳製品、大豆、精製糖等。

Packed with super-powered açai berries, Beond Organic Raspberry & Acai Bar is a delicious option. It helps strengthen the immune system and boost energy levels. Free from gluten, dairy, soya, refined sugars and non GM.



BIOGREEN 生機酵母餅 O'soy Cracker

原產地 Country of Origin: 馬來西亞 Malaysia 供應商 Supplier: Natural Garden Ltd

小麥粉、有機豆奶,營養酵母、小麥麩皮、大豆卵磷脂(非基因改造)白芝麻、玉米糖漿(非基因改造) 寡糖、植物油(棕 油及向日葵油)製造。含植物性蛋白質鈣質、纖維及礦物質,營養豐富,口感香脆可口,古額外加添寡糖,有助于腸道友善細菌生長。

Adopt an organic and healthy diet concept by blending organic soya milk with various healthy ingredients. Comes in small packaging that convenient and easy to consume. Organic soya milk: Plant protein for muscle cells. Nutritional yeast: Vitamin B complex & amino acid. Wheat Bran: Vitamin B1, B2 & fibre.



CITY FARM 有機蕎麥米餅 Buckwheat Cake

原產地 Country of Origin: 土耳其Turkey 供應商 Supplier: Everything Organic

這米餅是小食的最好選擇!它只簡單地使用了上好品質的有機蕎麥和有機海鹽製作而成。嘗試一下吧!可直接食用或添加我們的果醬。男女老少都會喜愛的美味小食。

A great alternative to Rice cake. Yummy snack made for all ages. Made simply using our best quality buckwheat and sea salt. Try it plain, or can add our toppings onto it.



EAT REAL 有機蔬菜條 Organic Veggie Straws

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

健康富營養的香脆小吃!獲有機認證,無麩質素食者適用。不含致敏原和任何人造色素、防腐劑和添加劑,讓您食得健康又放心。

Try Eat Real Organic Veggie Straws for an alternative snack that is healthy and nutritious. Certified Gluten Free, suitable for Vegans, free from all of the 14 declarable allergen and any artificial colours, preservatives and additives.



CRUNCHAMAME 毛豆脆脆(燒烤味) Puffs - Barbecue flavor

原產地 Country of Origin: 美國USA

供應商 Supplier: New Ascent Corporation Ltd

Crunchamame是一系列由毛豆製成的酥脆素食零食。毛豆是大自然的完美食物之一,提供全面的植物性蛋白質、碳水化合物、纖維、單元不飽和脂肪及多種抗氧化物,是作為健康零食的不二之選。新推出的毛豆脆脆每份有2克纖維、6-7克蛋白質,卻只含薯片一半的脂肪!

Crunchamame is a crunchy vegan snack made from young soybeans (edamame). Edamame is one of nature's perfect foods, containing an optimal balance of complete plant-based protein, carbohydrates, fiber, mono-unsaturated fats, and powerful antioxidants. The new organic crunchy edamame puffs have 2g fiber, 6-7g protein per serving and half the fat of a traditional potato chip!



I HEART KEENWAH 朱古力藜麥泡芙 Chocolate Puffs

原產地 Country of Origin: 美國USA

供應商 Supplier: New Ascent Corporation Ltd

所有 I Heart Keenwah 的藜麥小吃均是無麩質、非基因改造及純素其輕烤藜麥嚴選美國農業部 USDA 有機和公平貿易認證的玻利維亞皇家藜麥,而其朱古力藜麥泡芙彷如低卡健康版本的「麥提莎」,外層包覆著薄薄的黑朱古力,朱古力內的秘密是混合有機藜麥及豌豆蛋白製成的鬆脆夾心。

All quinoa snacks by I Heart Keenwah are gluten-free, non-GMO project verified and vegan-friendly. It uses only USDA Organic and Fair Trade Certified Bolivian Royal Quinoa for toasted quinoa, and its chocolate quinoa puffs are just like healthy & low-calorie version of "Maltesers", made up of quinoa and pea protein and enrobed in indulgent dark chocolate.



KALLO

有機芝麻海鹽米餅 Foods Organic Rice Cakes With Sesame Sea Salt

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

由100%天然成分製成,全麥糙米提供最好的口感。非常適合直接 吃或者配上喜歡的配料,做成健康美味的小吃或便餐。每半包裝也 只有27卡路里。無人工色素,香精,防腐劑等。適合素食者享用, 無麩質。

Made from 100% natural ingredients and only organic wholegrain brown rice is used. Suitable for Vegetarians and vegans. Only 27 calories per slice, naturally gluten free, no artificial additives.



LUKE'S

白松露無麩質有機薯片 Gluten-Free Organic Chips - White Truffle

原產地 Country of Origin: 美國USA

供應商 Supplier: New Ascent Corporation Ltd

Luke 家族中不少成員都被診斷患有乳糜瀉或麩質過敏症,他們都厭倦了其他無麩質但無味的零食,因此創立了 Luke's Organic 有機零食品牌,致力生產零過敏原的有機零食,無論大人或孩子們都一樣喜愛!

Quite a few members from the Luke's family have been diagnosed with Celiac disease or gluten sensitivities. Rather than snacking on tasteless cardboard, they came up with the brand Luke's Organic. What's satisfying about that? Their snacks are organic, allergen-free and decidedly delicious for kids, grown-ups and those weird ones in between.



OLLY 有機薑糖

Organic Crystallized Ginger

原產地 Country of Origin: 香港Hong Kong

供應商 Supplier: farmfresh330

Olly品牌推出多款有機零食,有機蓋糖是其王牌產品。其甜味和辛辣的味道令口感更豐富。產品由新生精神康復會的服務使用者參與包裝,包裝上載有他們的心聲,顧客惠顧時也能對他們加深了解,並支持康復者工作及訓練。

It's the best seller among "Olly" organic snack series. The sweet and spicy flavor and chewy texture of crystallized ginger make it a delicious snack. The packing process was participated by service users of New Life Psychiatric Rehabilitation Association, with their stories shown on the packaging. Customers buying Olly products can support the work training of people in recovery and know more about them.



ORCHARD GROWTH

焗黑糖核桃

Muscovado Sugar Walnuts

原產地 Country of Origin: 香港Hong Kong

供應商 Supplier: Green Studio Company Limited

從世界各地農場嚴選最優質果仁,再經過烘焙調味做成美味健康果仁。不含防腐劑、添加劑及人造色素,是全素食品。以天然方法帶出果仁最原始的美味。品牌優質果仁系列包括美國核桃、美國杏仁及印度珍寶腰果。特別介紹黑糖核桃,以特級黑糖,低温烘培,絲絲香甜獨特香味。

Sourced premium nuts from around the world and bake them in a way to bring out their best aroma and taste. No preservatives, additives, colorings. They are vegan. The collection includes walnuts and almonds from USA, jumbo cashews from India. Introducing the Muscovado Sugar Walnuts, dry roasted and enhancing the tasty walnut with a touch of sweetness, so unique that you must try.



RHYTHM

有機雙重朱古力榛子曲奇 Organic Ooh-La-La Biscuit Double Chocolate Hazelnut Sharing Bag

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

以原片燕麥、朱古力粒和香脆榛子的香脆曲奇。無麩質,無乳製品 和精製糖,可作晚餐後配咖啡的美味零食,或任何時候滿足饞嘴的 欲望!蘊含豐富纖維,無添加任何糖分或糖漿,味道香濃可口。

Made from Peruvian cacao with extra sugar-free dark chocolate chips and Sicilian hazelnuts for extra flavour, they're also suitable for sharing with all your friends and family – even if anyone is having to restrict their diet in some way.



ROOBIOTIC

有機抹茶味朱古力球 Organic Choco Chip Matcha

原產地 Country of Origin: 英國 UK 供應商 Supplier: Organic Taste

有機抹茶味朱古力球加入脆脆的黑巧克力片和清涼的薄荷,令您健康滿足和振奮!抹茶因其亞洲茶道的特殊成分,對身體的活化作用而長期受到讚賞。

With a special ingredient of the Far East tea ceremonies - Matcha, it has been long praised for its revitalizing effects on the body. Healthy meets delightful by adding crunchy dark chocolate chips and cool mint to the party. The result is rejuvenating!



花花曲奇 S Flower Cookies 朱古力熊仔心心曲奇 Chocolate Teddy Bear Heart Cookies

原產地 Country of Origin: 香港 Hong Kong 供應商 Supplier: S Flower Cookies

花花曲奇提供一系列無麩質,無乳製品,無蛋,無糖,無大豆和素食的美味曲奇。獲澳大利亞Coeliac Australia簽署認可,這些可愛的無 麩質朱古力熊仔心心曲奇是由天然成分製成,不含精製糖,人造色素 和防腐劑。絕對是朱古力愛好者的完美選擇,更是小朋友的至愛。

S Flower Cookies supplies a range of tasty cookies that are free from gluten, dairy, egg, sugar, soy and vegan friendly. Endorsed by Coeliac Australia, these cute teddy heart shaped gluten free chocolate cookies are made of natural ingredients with no refined sugar, artificial colorings and preservatives. They are perfect for chocolate lover and are a crowd pleaser with kids.



VEGAN ROB'S 椰菜花泡芙 Cauliflower Puffs

原產地 Country of Origin: 美國 USA

供應商 Supplier: New Ascent Corporation Ltd

所有 Vegan Rob's 的營養小吃都不含麩質和基因改造成份,零反式脂肪及膽固醇,獨吃也不會有內疚感!椰菜花泡芙以有機和天然成分製成,並加入真正椰菜花粉,每份只有1克糖份,更含純素益生菌,有助於消化和腸道健康。

All Vegan Rob's delicious and nutritious non-GMO snacks contain zero trans fats or cholesterol and are certified gluten-free and kosher. The cauliflower puffs are made with simple organic and non-GMO ingredients, and combine real cauliflower powder. Each serving contains only 1g of sugars and a dose of vegan probiotics to help aid in digestion and proper gut health.



YUMEARTH 有機熱帶雜果素食軟糖 Organic Tropical Fruit Snacks

原產地 Country of Origin: 美國USA

供應商 Supplier: Wise Group (Hong Kong) Ltd

不含麩質、玉米成份、人工染料、香料、堅果及乳品, 非基因改 造。有不同水果味,包括菠蘿、漿果和芒果等風味。

You'll enjoy a taste of the tropics, no beach required. Available in Playful Pineapple, Razzmatazz Berry and Mango Tango flavors you'll be transported to paradise in no time. Free from the top allergens, USDA Organic, Non-GMO Project Verified and Gluten Free, you can pack them for yourself or your kids. Enjoy a few and it's like a vacation for your taste buds.



YUMEARTH 有機維他命C糖 Organic Vitamin C Antioxidant Fruit Drops

原產地 Country of Origin: 美國USA

供應商 Supplier: Wise Group (Hong Kong) Ltd

不含麩質、玉米成份、人工染料、香料、堅果及乳品, 非基因改造。有不同水果味,包括石榴、士多啤梨、藍莓、櫻桃等。

Pop one in for that extra boost that you can feel good about. They are free from most of the top allergens, are USDA Organic, Kosher, Non-GMO Project Verified, Gluten Free, Vegan, Nut Free and Dairy Free. Available in fruity flavors like Pomegranate Pucker, Strawberry Smash, Tooberry Blueberry, Very Very Cherry all flavored and colored with real fruit juice.

全素 VEGAN



HAPPY COW 椰子味雪糕 Coconut Ice Cream

原產地 Country of Origin: 香港 Hong Kong 供應商 Supplier: Happy Cow Limited

Happy Cow 椰子味雪糕以印尼椰漿製成,加入有機椰糖和椰絲, 濃濃椰子味香椰絲口感豐富有層次,老少咸宜。味道與小時候的椰 子糖相似,喜歡食椰子糖或想尋找童年回憶的朋友一定不能錯過!

Coconut ice-cream is our top selling flavor which is made with coconut cream mixed with organic coconut sugar and coconut flakes - all sourced from Indonesia. The coconut flakes provide a unique chewy texture and ice-cream flavor is an intense coconut experience. It is so similar to coconut candy and that is a chance to recall some of our favourite childhood memories!



BEYOND MEAT 未來漢堡 Beyond Burger

原產地 Country of Origin: 美國 USA 供應商 Supplier: New Ascent Corporation Ltd

Beyond Burger 由食物科技公司 Beyond Meat 研發,以100%植物製造,主要成份為大豆和豌豆所提取的植物蛋白質,並特別加入

Made by Beyond Meat, the Beyond Burger is world's first plant-based burger with a big mission: to revolutionize the future of food. It is made mainly from pea protein, beet juice and coconut oil. Not only does Beyond Burger look, cook and taste like fresh ground beef, this protein-packed vegan burger is cholesterol-free, antibiotic-free, hormone-free and GMO-free.

紅菜頭汁及椰子油,營造真肉質感。不但零動物成分、零膽固醇、 無激素、抗生素、基因改造,色香味及營養價值更猶勝傳統漢堡。



GARDEIN 植物魚柳 Fishless Filet

原產地 Country of Origin: 加拿大 Canada 供應商 Supplier: New Ascent Corporation Ltd

Gardein純素植物魚柳提供豐富的奧米加3,更不含膽固醇。每份只有 180卡路里,每兩件含9克蛋白質,主要成份為非基因改造大豆及小 麥。入口香脆鬆軟,只需烹調10分鐘即可食用,健康美味、方便快捷。

Rich in flavor and texture, Gardein fishless filet provides omega-3s with no cholesterol. At only 180 calories, each two-piece serving contains 9g of protein and is mainly made with non-GMO soy and wheat. Ready in as little as 10 minutes, these vegan filets can be pan fried, deep fried, or oven baked to bring them to crispy golden perfection.



DAIYA 純素車打芝士 Cheddar Cutting Board Shreds

原產地 Country of Origin: 加拿大 Canada 供應商 Supplier: New Ascent Corporation Ltd

Daiya 純素芝士被認為是無乳產品市場的真正突破,能刨絲、拉絲及溶化,且味道極佳。以木薯為原材料製成,Daiya 芝士絕擁有極佳的味道和健康的成分,比傳統芝士少33%的脂肪,更沒有牛奶中殘留的膽固醇、激素或抗生素。

Daiya vegan tapioca-based cheese is seen to be a true breakthrough in the dairy-free market as its cheese shreds, stretches, melts and tastes delicious! Boasting great taste and healthy ingredients with 33% less fat than traditional dairy cheese, Daiya is free of the cruelty, cholesterol, hormones, and antibiotics found in cow's milk.



JUST 植物蛋 Just Scramble

原產地 Country of Origin: 美國 USA

供應商 Supplier: New Ascent Corporation Ltd

李嘉誠有份投資的JUST以製造「人造蛋」而享譽盛名。Just Scramble植物蛋由綠豆轉化的液狀物所製成,味道和形態都像雞蛋,但更環保、碳足印更低,適合素食者,並且不含抗生素和膽固醇,贏得一眾名廚師和美食愛好者的好評。

Just Scramble not only tastes like egg, it is free of antibiotics and cholesterol, and its ingredients require less water and emit fewer carbon emissions than conventional eggs. The product, which has already won acclaim from notable chefs and food enthusiasts, is made from a 4,400-year-old legume called a mung bean that scrambles like an egg.



SHEESE 車打軟芝士 Creamy Cheddar Style Spread

原產地 Country of Origin: 英國 UK 供應商 Supplier: One Vegan Shop

還有誰再用人造牛油呢?SHEESE車打軟芝士沒有加入牛奶製造,以大豆取代,但口感仍然非常濃滑香滑!以椰子油、濃縮大豆、醋等素材製造,不含乳糖及蛋類。獲Kosher 認證。在蘇格蘭製造。Sometimes all you'd need to enjoy this Vegan and Kosher Cheddar non-dairy alternative made with Coconut oil, is a teaspoon. It spreads so easily and tastes so cheddary. Made from coconut oil,

soya protein concentrate, spirit vinegar, etc. Made in Scotland.

蔬果 FRUITS & VEGETABLES



APPLE SWEET 互生富士高山蘋果 APPLE SWEET Wu San Fuji Apple

原產地 Country of Origin: 中國 China 供應商 Supplier: Apple Sweet

生長於陝西省北部延安,海拔1300米的黃土高原上。體積碩大,果皮通紅,形狀圓潤大如棒球一般。果肉緊密,甜美和清脆。品質通過香港權威檢機構CASTCO的194種檢測,並獲得國家認可機構「杭州萬泰認証有限公司」發出有機轉換認証証書。

Grown in 1,300 meter-height loess plateau in Yan'an at the northern part of the Shaxxin province, the apple is fairly large in size and sport a red exterior with a dense, juicy, creamy white interior. Passed 194 tests from CASTCO and awarded organic product conversion certification.



GREEN AT HEART 以色列有機鮮椰棗 Israel Fresh Medjool Dates

原產地 Country of Origin: 以色列 Israel 供應商 Supplier: Green at Heart

全球的棗數以百種。在英國椰棗 (Medjool) 更被譽為「棗中之王」。 它柔軟帶粘性,具濃郁的蜜糖和焦糖味。低熱量、無脂肪、零膽固醇,並含豐富鱔食纖維、鉀、菸酸和維他命B-6。

There are in fact hundreds of varieties of dates in the world. In Britain it is the 'king of dates', the Medjool – soft and sticky with a rich, honeyed, almost caramel flavour. Low calories, fat free, cholesterol free; an excellent source of fiber and a good source of potassium, niacin, and vitamin B-6.



IBERECO 西班牙有機黑蒜 Spanish Organic Black Garlic

原產地 Country of Origin: 西班牙 Spain 供應商 Supplier:Nature's Parlour

用新鮮有機大蒜,經過發酵等過程加工而成的一種大蒜製品。黑蒜,比生大蒜的抗氧化、抗酸化功效高了數十倍,還把大蒜所含的蛋白質大量轉化為人體每天必需的氨基酸,其功效遠高於生大蒜。Ibereco是西班牙出名蔬菜和水果供應商,而其有機產品亦得到歐盟認證。

Ibereco black garlic is fresh organic garlic underwent fermentation. It is prized as a food rich in antioxidants and amino acids, and claimed to increase the human longevity. Ibereco is a famous vegetable and fruit farm in Spain. Their organic products are certified by European Union.



SARINAH莎蓮娜 有機菜心苗 Organic Baby Choi Sum

原產地 Country of Origin: 中國 China

供應商 Supplier: SARINAH

新鮮,美味,有益,安全的有機菜心苗,每天收割,包裝,天天直送到香港。從我們美麗的ECOCERT(歐盟規格)認證農場,為你帶來了最好的有機蔬菜。

The fresh, tasty, wholesome and safe Organic Baby Choi Sum that harvested, packed and delivered to Hong Kong every day. From our beautiful ECOCERT certified (EC) organic farms, we bring you the best organic vegetables.



SARINAH莎蓮娜 有機蕃薯苗 Organic Baby Yam Leaves

原產地 Country of Origin: 中國 China 供應商 Supplier: SARINAH

新鮮,美味,有益,安全的有機蕃薯苗,每天收割,包裝,天天直送到香港。從我們美麗的ECOCERT(歐盟規格)認證農場,為你帶來了最好的有機蔬菜。

The fresh, tasty, wholesome and safe Organic Baby Yam Leaves that harvested, packed and delivered to Hong Kong every day. From our beautiful ECOCERT certified(EC) organic farms, we bring you the best organic vegetables.



SARINAH莎蓮娜 有機芥蘭苗 Organic Baby Kale

原產地 Country of Origin: 中國 China 供應商 Supplier: SARINAH

新鮮,美味,有益,安全的有機芥蘭苗,每天收割,包裝,天天直送到香港。從我們美麗的ECOCERT(歐盟規格)認證農場,為你帶來了最好的有機蔬菜。

The fresh, tasty, wholesome and safe Organic Baby Kale that harvested packed and delivered to Hong Kong every day. From our beautiful ECOCERT certified(EC) organic farms, we bring you the best organic vegetables.



VEGETABLE MARKETING ORGANIZATION (VMO) 蔬菜統營處水耕冰菜 Hydroponic Ice Plant

原產地 Country of Origin: 香港 Hong Kong 供應商 Supplier: VMO

菜味青爽中帶點鹹,味道似鹹蓮霧。纖維細小含維生素、礦物質、肌醇、松醇及 β -胡蘿蔔素,具促進脂肪燃、降低血糖值及膽固醇效用。可作為沙律菜和新潮料理的食材。

Fresh, crispy and taste a bit salty. It contains vitamins, minerals, Inositol, pinitol and beta-carotene, which helps to promote fat burning, lower blood sugar and cholesterol. Ice plant is an ideal source for salad and trendy cuisine.



VEGETABLE MARKETING ORGANIZATION (VMO) 蔬菜統營處水耕西洋菜苗 Hydroponic Watercress Seedling

原產地 Country of Origin: 香港 Hong Kong 供應商 Supplier: VMO

有獨特辛辣味,富含維生素及礦物質,可作為新潮料理的食材。 With distinctive spicy taste, rich in vitamins and minerals. Ideal

and trendy ingredient for dishes.

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Apple Sweet Workshop Ltd

Business nature: manufacturer, brand owner Represented brands: Apple Sweet, Juice APP

Tel: (852) 2868-9119 Email: info@applesweet.com.hk www.AppleSweet.com.hk

Channel Time Limited

Business nature:

brand owner, distributor, wholesaler and retailer Represented brands: PIP Organic, Bear Nibbles

Phone: (852) 3188-1480 Email: zoeling@channeltime.hk

https://m.facebook.com/ChannelTimeLtd/

Civil Smart Ltd

Business nature:

brand owner, distributor, wholesaler and retailer

Represented brand: KAV enCORE Phone: (852) 2873-3810 Email: info@kavencore.com.hk www.KavEnCore.com.hk

Croton Consultant Ltd

Business nature: consultant Phone: (852) 2868-9808 Email: info@hkcroton.com www.hkcroton.com

Everything Organic Limited

Business nature: distributor

Represented brands: City Farm and Be Organic

Phone: (852) 2210-9819

Email: info@everything-organic.com www.Everything-Organic.com

Farmfresh330

Business nature: social enterprise, retailer and wholesaler

Represented brands: Glee, Olly, O'Bean, etc. Phone: (852) 2231-7507 / (852) 3565-6475

Email: customer@nlpra.org.hk http://www.eshop330.hk/en/

Fish Marketing Organization

Business nature: wholesaler

Represented brand: HKAFFS - Local Accredited Fish

Phone: (852) 2555-0508 Email: order@fmo.org.hk www.fmo.org.hk

Goodio

Business nature: brand owner, manufacturer

Represented brand: Goodio Phone: (358) 4-0060-2713 Email: sales@goodio.fi www.goodio.fi

Gourmet Asia

Business nature: trade show organizer Phone: (852) 2827-6211 Email: exhibit@gourmetasia.com https://GourmetAsia.com

Green at Heart

Business nature: distributor, online retailer

Represented brands: various Phone: (852) 2330-5719

Email: greenathearthk@yahoo.com.hk

www.GreenAtHeart.com.hk

Green Studio Company Limited

Business Nature: distributor

Represented brands: Big Tree Farms, Orchard Growth, Shan Shau Jok, Bruce Cost Ginger Ales and Arnold's farm.

Phone: (852) 5119-7068

Email: greenstudiohongkong@gmail.com https://greenstudiohongkong.com

廣告商索引 ADVERTISERS INDEX

Happy Cow Limited

Business nature: manufacturer, wholesaler, retailer

Represented brands: Happy Cow Phone: (852) 2252-7773 Email: sales@happycowhk.com

http://www.happycowhk.com/

Hexapi (Hong Kong) Company Ltd.

Business Nature:

manufacturer, brand owner, wholesaler and retailer

Represented brand: Hexapi Honey

Email: info@hexapi.com Phone: (852) 9887-6426 www.hexapi.com

Hong Kong Food Expo

Business nature: Trade show organizer

Phone: (852) 1830-668 Email: exhibitions@hktdc.org hkfoodexpo.hktdc.com/ex/16

lidea (Hong Kong) Ltd

Business nature: Manufacturer

Represented brands: Naturel, Sweet, and Inufib

Phone: (852) 2754-3950 Email: sales@iidea.com.hk www.iidea.com.hk

Impex Quality Products Ltd

Business nature: distributor Represented brands: Phone: (852) 3521-2010 Email: iqp.eshop@gmail.com http://healthyqualityfoods.com

Kairun Food HK Ltd.

Business nature:

manufacturer, distributor, Importer, wholesaler

Represented brand: Kai's Gourmet

Phone: (852) 3483-0098 Email: kairun@aol.com

www: wildmushroomonlineshop.com

Life is For Excellence

Business nature: brand owner, distributor

Represented brands: L.I.F.E, Salba Chia, KROO, ZVOF, etc

Phone: (852) 2111-8288 Email: cs@l-i-f-e.com.hk www.lifeisforexcellence.com

Natural Garden Ltd

Business nature: distributor, retailer, online retailer

Represented brand: Biogreen Phone: (852) 2752-8222 Email: info@naturalgardenltd.com www.NaturalGardenLtd.com

Nature's Parlour

Business nature: distributor

Represented brands: Borrowdales, Campos,

Castillo De Canena, Hergosan, Highland Salmon, Hobbs,

Ibereco, Padaque, Roia, Urgasa, etc

Phone: (852) 2494-2214 Email: info@naturesparlour.com www.NaturesParlour.com

New Ascent Corporation Ltd

Business nature: distributor

Represented brands: Beyond Meat, Right{Treat},

Gardein ,Maika, Califia Farms, Daiya, Just, Cruncha ma-me, Simplee Aloe, Common Good, H Factor, I Heart Keenwah,

Vegan Rob's, Luke's Organic, etc. Phone: (852) 2263-3115 Email: dw@greenmonday.org

www.GreenCommon.com

Nekta Healthcare Limited

Business nature: Manufacturer Represented brand: Yaconz Phone: (64) 9-250-2781 Email: sales@nekta.com

One Vegan Shop

Business nature: distributor and retailer

Represented brands: Sheeze Phone: (852) 2796-6826 Email: askme@ovshk.com https://zh-hk.oneveganshop.com

Organic Taste Company Limited

Business nature: wholesaler

Represented brands: various brands

Phone: (852) 2117-0312

Email: sales@organictaste.com.hk www.organictaste.com.hk

sil: cs@Li.f-a com hk

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Pristine Living

Business nature: distributor Represented brand: Pristine Living

Phone: (852) 2388-1983 Email: info@pristine.hk www.pristine.hk

Purabee

Business nature: manufacture, brand owner, and distributor

Represented brand: PuraBee Australia

Phone: (61)-421-487-599 Email: honey@purabee.com.au

www.Purabee.com.au

Restaurant & Bar

Business nature: trade show organizer

Phone: (852) 3958-0502

Email: info@restaurantandbarhk.com www.restaurantandbarhk.com

S'il Vous Plait Limited

Business nature: manufacturer and brand owner

Represented brand: S Flower Cookies

Phone: (852) 2345-0535 Email: info@sflowercookies.com www.sflowercookies.com

Sarinah Enterprises Co Ltd

Business nature: distributor

Represented brand: Sarinah Organic Phone: (852) 2116-0028 or 5802-5960 Email: info@sarinahenterprises.com http://www.sarinahenterprises.com/

Sustainable Foods Summit

Business nature: trade show organizer

Phone: (44) 208-567-0788

Email info@sustainablefoodssummit.com http://SustainableFoodsSummit.com/europe/

Swiss International (Hong Kong) Limited

Business nature: distributor

Represented brand: Beanies Flavour Coffee,

Arataki NZ Honey, Cammells NZ honey and Nature's Nectar

NZ honey, Jeju citron tea, etc Phone: (852) 2515-0660

Email: info@swissinternational.com.hk www.SwissInternational.com.hk

Vegetable Marketing Organization

Business nature: wholesaler

Represented brand:

Premium Vegetables, Accredited Vegetables

Phone: (852) 2387-4164 Email: pvs@vmo.org www.vmo.org

W International Investment Ltd / New Zealand Manuka Group

Business nature:

manufacture, brand owner, distributor, retailer

Represented brands: Kiwi Manuka, Melcare and

ManukaBiotic

Phone: (852) 2547-6219 Email: info@kiwimanuka.com www.KiwiManuka.com.hk

Wise Group (Hong Kong) Ltd / Organic Plus

Business nature: distributor, retailer

Represented brands: YumEarth, Orange House, (you can

fill out more brands here) Phone: (852) 3526-0046 Email: info@organicplus.com.hk www.OrganicPlus.com.hk









EVERYTHING ORGANIC LIMITED

INFO@EVERYTHING-ORGANIC.COM TEL: 22109819 WHATSAPP: +852 5149 8466

WWW.EVERYTHING-ORGANIC.COM



A delicious selection of handmade bean-to-bar chocolates, infused with exotic Nordic flavours, such as mint and wild blueberries.