

Refresh Your Fridge Checklist -

Empty & Sort



- Remove all items from your fridge.
- Discard expired or spoiled items.
- Compost when possible to reduce waste.

Deep Clean



- Wash shelves and drawers with warm water and dish soap.
- Wipe down surfaces with the **Norwex EnviroCloth**.
- Use **Norwex Cleaning Paste** for stubborn spots.

Organize Thoughtfully



- Group similar items together (e.g., condiments, dairy, produce).
- Use clear bins to contain smaller items.

Freshness Boost



- Clean produce, and prepare prior to storing in the fridge.
- Store fruits and veggies in **Norwex Produce bags**.

Weekly Maintenance



- Check for expiring items. (I do this the night before trash pickup)
- Wipe up spills.
- Rearrange for visibility and accessibility.

You've got this! Share your progress in our VIP group!

