



Sophistica**TED**

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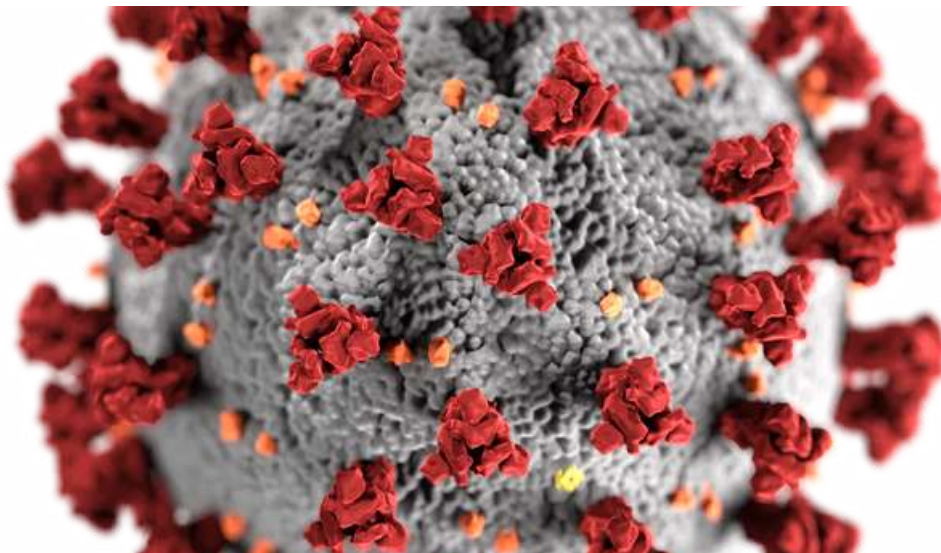
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Q&A on the COVID-Outbreak

MUHAMMET EREN TAKAK - PREP/A



How did the COVID-19 begin?

New Corona Virus Disease (COVID-19), first appeared when doctors found out a virus hit on the respiratory tract symptoms of a number of people in Wuhan Province, China in late December. The outbreak was initially detected in those in the seafood and animal market for this product. It has spread to other cities in Hubei province and other provinces of the People's Republic of China and other countries of the world.

What is a CORONA VIRUS?

Coronaviruses are a large family of viruses that cause disease in animals or humans. As it causes respiratory infections, up to more severe illnesses such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). SAR-CoV-2 virus is caused by the new Coronavirus Disease.

What are the Symptoms?

Although it has been reported that there may be cases without symptoms, their rate is unknown. The most common symptoms are fever, cough and shortness of breath. In severe cases, pneumonia, severe respiratory failure, kidney failure and death may develop.

How Is It Transmitted?

It is transmitted by inhaling droplets that are scattered by sick coughing and sneezing. After touching the surfaces contaminated with the respiratory particles of the patients, the virus can be removed by taking the hands to the face, eyes, nose or mouth without washing. It is risky to touch the eyes, nose or mouth with dirty hands.

So how are doctors treating patients now?

If you are infected by coronavirus, then for most people it would be mild and can be treated at home with bed-rest, paracetamol and plenty of fluids. But some people need more intensive hospital treatment, which involves oxygen support such as ventilation.

Can survivors' blood treat coronavirus?

People who survive an infection should have antibodies in their blood that can attack the virus. The idea is you take the blood plasma (the part which contains the antibodies) and give that to a sick patient as a therapy. The US has already treated 500 patients with what's known as "convalescent plasma", and other countries are getting involved too.

When will the outbreak end and life get back to normal?

It can take a long time for the tide to go out - possibly years. It is clear the current strategy of shutting down large parts of society is not sustainable in the long-term. The social and economic damage would be catastrophic. Many countries now have an exit strategy including Turkey, but the everyday results will show how possible a quick normalization period is.



What work is being done to find treatments?

- More than 150 different drugs are being researched around the world. Most are existing drugs that are being trialled against the virus.
- The World Health Organization (WHO) has launched the Solidarity trial aimed at assessing the most promising treatments
- The UK says its Recovery trial is the the world's biggest, with more than 5,000 patients already taking part
- And multiple research centres around the world are attempting to use survivors' blood as a treatment.
-

What types of drugs might work?

- There are three broad approaches being investigated:
- Antiviral drugs that directly affect the coronavirus's ability to thrive inside the body
- Drugs that can calm the immune system - patients become seriously ill when their immune system overreacts and starts causing collateral damage to the body
- Antibodies, either from survivors' blood or made in a lab, that can attack the virus.

What must I do?

Stay at home, keep your social distance, wash your hands regularly and do not use public transport unless very urgent and necessary. If you have to go out, always wear a mask and dispose it afterwards. If the mask is washable, just boil some pure water and let the mask sit in boiling water for five minutes. Do NOT wash them in washing machines or put them in microwaves. Always wear disposable gloves outside or if you're online-shopping, do not handle mails without gloves.

Some suggestions

Times of high stress can bring out both the best and the worst in people — it's wonderful when it brings out the best, but it's completely natural and understandable when it brings out the worst. It's OK if you cry or feel intimidated, it's OK if you break the heart of a loved one, it's OK if you overeat. Try to be mindful of how you're feeling and acting on a given day, and forgive yourself for the times when you might not be at your best. Recognize that this is also the case for those around you, and work to forgive them too. Try to stay calm, do not spend all your time on social media and try to find what will make you happy and spend more time on those things. Focus on the things that you can control. I think this is the best advice I've hear recently. Stay safe.

CONSOLE GAMES

Karahan Sarizybek - Prep/A



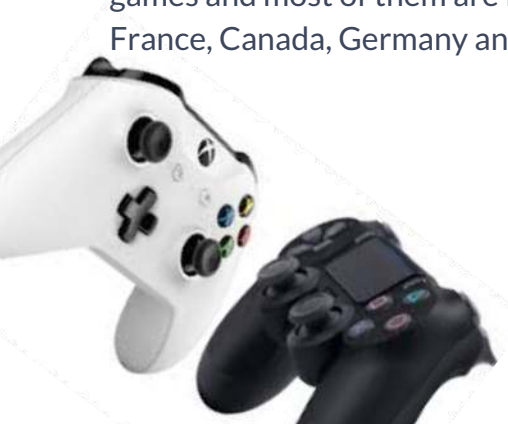
The gaming world has never been so exciting with the newest console games popping out every year. As the world is now forced to stay at home, console games are now more popular and handy. Following the the COVID-19 outbreak, most companies made some of their games playable **FREE** during the worldwide lockdown process. This is a great opportunity if you

are a lifelong games fan like me because you can simply dive into the releases you normally can't play without paying the charges. Here are some free console games that you can get: There are two excellent games for PlayStation 4 owners stuck at home during the coronavirus pandemic offered by the Sony Company. Both "Journey" and "Uncharted: The Nathan Drake Collection" are being offered for free to download.

Console Games: Multiple Advantages

The reason why I love the virtual world and its orders is not only because it's fun and adventurous. It also helps improve your English. I learn many new words and practice my speaking not only from the written content of the games but also from the people I play with. I have more than 100 friends in the games and most of them are from other countries like Brazil, Netherlands, Jordan, the USA, the UK, France, Canada, Germany and also Russia.

After you download them from the PlayStation Store, they are yours forever, you don't have to pay for them. Another good news is that Microsoft is also offering 'Free Play Days' programme to Xbox One players every weekend. Xbox One players have a minimum of two games to try out throughout the weekend. Recently, 'Free Play Days' enabled Fallout 76 to play free of charge. In these hard times, playing games is really relaxing for youngsters like us. It's usually relaxing and helps our minds focus on something fun. Since we were quarantined, I never got bored playing my favourite games like Fortnite, Pubg, Grand Theft Auto V, Battlefield V, and Call of Duty WWII.





Console Games: Concerns on Health Issues

Finally, before I finish, here is some food for thought for you: As you may know, the health organisations are now focused more on the COVID-19 and the possible solutions or treatments to it but there is still people in the field of science who are concerned about the kids' health at home gaming all day. It's already known that gaming is interfering with sleep, attention and psychology of the young people negatively if the prolonged playing times is

not lessened to a normal duration. I used to play 9 hours a day, believe it or not, but having experienced the harmful effects I reduced it to 3. Yes, without school sport and social gatherings, we were forced into a new normal. And spending more time on screens could have a lasting impact. Let's all be careful or the lockdown may take its toll soon.



WHAT TO WATCH ON: NETFLIX

Looking for new series or movies? Then our what to watch section will give you the lowdown on all the best titles you can be streaming on Netflix

by Prep-A students



Based on the comic book, this drama follows three siblings who return to their family home, only to realize that they have magical powers. After Rendell Locke is murdered at the hands of former student Sam Lesser, his wife Nina decides to move with her three children Tyler, Kinsey, and Bode from Seattle to Matheson, Massachusetts and take residence in Rendell's family home, Keyhouse. The children soon discover a number of mysterious keys throughout the house that can be used to unlock various doors in magical ways. However, they become aware of a demonic entity that is also searching for the keys for its own malevolent purposes.



The Umbrella Academy

Netflix showed it didn't need to collaborate with Marvel to make a great superhero show, as this quirky adaptation of the Gerard Way and Gabriel Bá-created series of comics proves. In Umbrella Academy, superpowered siblings reunite after their adopted father is murdered, and together face a possible apocalypse. With an excellent ensemble cast that includes the likes of Ellen Page and Robert Sheehan, this breezy and fun show almost makes up for the lack of new Marvel content coming to Netflix.

Russian Doll

Orange Is The New Black's Natasha Lyonne stars in this dark comedy as Nadia, who keeps dying and reliving her 36th birthday party in a surreal time loop – much like Groundhog Day. With its cynical and witty examination of living and dying, Russian Doll switches rapidly between laugh-out-loud hilarity and devastating sadness - it's a must-watch. In June 2019, Netflix announced it had renewed Russian Doll for a second season, which is well-deserved.





Explained

Created by Netflix and Vox Media, this handy and smart series takes a look at some of the most popular ideas and tech around today and explains them in a way that's poignant in its presentation without feeling overwhelming to take in. From the racial wealth gap, cryptocurrency and why diets rarely work through to K-Pop and the stock market, it's an insightful look at the problems, ideas and trends around today and the stuff that could shape tomorrow. You'll also find several separate spin-off miniseries on Netflix, including *The Mind Explained*, *Sex Explained* and *Coronavirus Explained*.

The Witcher

Set on a fictional, medieval-inspired landmass known as "the Continent", *The Witcher* explores the legend of Geralt of Rivia and princess Ciri, who are linked by destiny to each other. It stars Henry Cavill, Freya Allan and Anya Chalotra. The show initially follows the three main protagonists at different points of time, exploring formative events that shaped their characters, before eventually merging into a single timeline. The first season, consisting of eight episodes, was released on Netflix in its entirety on December 20, 2019. It is based on *The Last Wish* and *Sword of Destiny*, which are collections of short stories that precede the main *Witcher* saga. Before the first season had been released, Netflix announced a second eight-episode season, to be released in 2021; production was scheduled to commence in London in early 2020.



Fractured

Fractured is a 2019 American psychological thriller film directed by Brad Anderson from a screenplay by Alan B. McElroy. It stars Sam Worthington, Lily Rabe,

Stephen Tobolowsky, Adjoa Andoh, and Lucy Capri. Ray is driving home with his wife Joanne and daughter Peri after a Thanksgiving visit to Joanne's parents. Ray and Joanne argue about the state of their relationship. Peri needs to use the restroom so they take a break at a gas station. After returning to the car, Peri cannot find her compact mirror. Joanne goes to check the restroom, and Ray searches the back seat. While Ray is distracted, Peri is menaced by a stray dog and starts backing towards an exposed pit. Ray throws a rock to scare the dog, which causes Peri to fall into the hole.

Ray dives in after her and hits his head. He comes around in a daze, and a distressed Joanne has climbed down and is checking Peri for injuries. After his head clears, he picks Peri up and decides to bring her to a nearby hospital they passed a few miles back to see to her arm. When they arrive at the hospital, things start to get very strange.



Spider-Man: Into the Spider-Verse

The film follows Miles Morales (Shameik Moore) — who fans of the Ultimate Marvel universe will recognize — a teen who gets a bite from a radioactive spider and develops spider-esque superpowers. When Wilson Fisk (Liev Schreiber) uses an experimental machine to try and move between dimensions, Miles ends up meeting a weary, older version of Peter Parker (Jake Johnson) who agrees to help Miles deal with the universe-collision crisis. They also get some help from an assortment of alternate-universe Spider-Folks, including Gwen Stacy (Hailee Steinfeld), anime-inspired Peni Parker (Kimiko Glenn), and hardboiled gumshoe Spider-Man Noir (Nicolas Cage). Into the Spider-Verse is an adventurous, funny superhero movie, one that has no qualms about throwing weird stuff at the audience.

E-SPORTS WILL BE THE NEAR FUTURE OF ALL SPORTS

Başak Erdoğan - Prep/A

E-Sports is a computer and video game competition among professional teams and players in arenas or on online streaming platforms (like Twitch, YouTube) watched by thousands of spectators and millions of online viewers. The most common types of games in electronic sports are strategy games, fighting games, first-person shooter games and sports games. By the way all computer games aren't accepted as e-sports. Because there is a difference between e-sports and computer games. E-sports should provide a fair play and competition for players. Players shouldn't have any advantages by spending more money during the game (in-game purchases) or buy some tricks created by hackers. Meanwhile, there are more than 100 games accepted as e-sports among all computer games. Each game has its own league and tournaments and professional teams.



The most common games in e-sports are:

- Counter Strike: Global Offensive
- DOTA 2
- League of Legends
- Overwatch
- PUBG
- Fortnite
- Overwatch
- Call of Duty

"In 2019, 44 million people watched The League of Legends World Championship in France. This is a very big number for online viewership and the number of e-sports fans is still growing. When we consider abovementioned figures, e-sports may even replace traditional sports one day."



CSGO and LOL are the most common ones in Turkey. By way of e-sports, people from different parts of the world can meet, compete and socialize with each other. E-sports is a new sector and business. Even though it is growing very fast each year and it is a famous sport for the young population, some countries still don't recognize it as a real sport. E-sport is also very popular in Turkey. It's common among the youth. In Istanbul, we have 2 e-sports arenas with a capacity over one thousand people. These are the biggest arenas in Europe. Besides, there are many e-sports professional teams in Turkey. E-sports activities are under the responsibility of the Electronic Sports Federation. As I explained above, e-sports is improving very fast globally and nationally. It is a billion-dollar business. Furthermore, just to give an idea about how electronic sport is big, the number of people watching e-sports online outnumbers the basketball and football fans. As a sector, e-sport is bigger than the music and movie sectors.

**"KNOW YOUR
PASSION.**

**FOLLOW
IT.
DREAM
IT.
LIVE
IT."**




MERT YUDULMAZ



Hello. Today I'd like to tell you about how I started my racing career. I was 11 years old when I first visited a racetrack with my father to watch a go-kart tournament. After the tournament, we chatted with the racers and they realized that I was very enthusiastic about the races. They told us to come back for some real practice. I was so excited when the time came. I learned driving at a very young age by observing my father. Though I knew the functions of different pedals and how to shift gears, I had never tried it before. It was my real first driving experience. I sat onto the driver's seat and ignited the engine. That was the first time I had ever ignited the engine of a car.

My hands began to tremble and sweat droplets started to accumulate over my forehead. But since I do not have a give-up attitude, I released the handbrake, pressed the clutch pedal, shifted the lever to 1st gear, clenched the steering wheel tightly with both of my hands and began releasing the clutch pedal slowly and within a fraction of second the car started to move. I was very anxious but that was the best feeling ever. As the car moved, I increased the speed and kept on changing the gears and I was very happy that I could do it all for the first time correctly without anyone's assistance.

A few months later, I started to take part in racing competitions. I was only 11 years old and the other competitors were 2-3 years older than I was. There was a race 1 week later. There were 7 people in my category and the ranking rounds started, I got the first place which gave me a great advantage. I won that race. After that, I moved to a higher category, and it was the last one or two races of the season in the junior category. I finished the 2017 season successfully and I won third place in Turkey. That was an unforgettable moment for me. In 2018 season, I joined the senior category. The age group of that was 15 to 39 who were again older people than me. I can say, it was not a very good season for me because I was not used to racing in such a challenging category.



The 2019 season seemed like a new opportunity to me and I had a chance to do a lot of practice. However, due to the COVID-19 outbreak, the 4th season ended very early but still, I had lots of gains from that, too. I look forward to starting the 2020 season.

Recently, I bought a racing simulation system to do some training at home. I keep practicing no matter what because I have a dream. I really want to be a world champion one day. Just like the famous quote says; "Know Your Passion. Follow it. Dream it. Live it." And that's my only passion now.

Mert Yudulmaz - Prep/A



A STORY BY MEHMET BERKE ERDOĞAN

10/C

THE LIGHT



The weather was cold and rainy. A man was walking on the street. There was just yellowish lights on the street. Man saw something on the road. A girl with an umbrella. He wanted to pass her and kept going. Once he passed her, the girl started to walk towards him and he didn't care about it. The lights of the houses were off and it was about 3 a.m. in the morning. The man entered to the shop to get an umbrella because he had 3 km to walk for his house and the mysterious girl entered, too. The man asked the cashier, "Is there any umbrellas?"

The cashier answered, "No!" The girl said "You can pick mine. My house is on this street." The man answered, "No, thanks" but the girl kept insisting on giving the umbrella even though the man rejected couple of times. Finally, the man accepted to take it despairingly because he recently ended up with his work and he had many documents held importance. He thought inwardly. It was obvious that he didn't want to see his documents wet. He murmured, "Thanks". They kept moving to the opposite sides. When he arrived his home, the electricity was gone and unfortunately, he had many works to do. He put his umbrella upside down to let it dry. He opened his laptop on the table and he realized that even the umbrella didn't protect it from the rain, it was wet but thanks god it was still working, he pushed the water out of the laptop with his shirt. Then, he pushed the power button of the laptop and he started to wait. For a while, he looked at the umbrella and he saw a light turning on and off in harmony but it was very tiny light- miracle to see it. He thought that if the electricity hadn't gone, he couldn't have discovered this very tiny light on the umbrella. He straightened to check what was inside of the umbrella and he had opened it and he saw a computer chip. He kept looking to the umbrella. Meanwhile, the rain was getting much more, it was raining cats and dogs. A lightning made him stop looking at the umbrella. He knew he was in trouble. He suddenly took his jacket and his gun and he started to sneak through the backyard. He saw a red truck parked close to his garage. He started to run as quickly as possible he wanted to be sure that he took the cure. He looked it up but when he touched it, the all writing spread all over the paper. He put on his jacket and continued to run. Abruptly, he stopped at dead end street and he took a deep breath. A huge truck closed the only way to get out of the dead end street and six man with gun exited from the back of the truck and killed him. Yeah, everything happened so fast... They took the body, put in the truck and drove away. All night, it kept raining cats and dogs like nothing happened.

BOG

ONLINE GAMES

THAT MADE A NAME IN THE WORLD

"Everybody has played at least one game in their life. Card games, video games, sports, board games, and many others."



Games have constantly existed in our lives, whether we actively play them or not. Some people played them during childhood, while some continued to enjoy the entertainment games, in their adulthood. Some are just casual players, while some do it for a living. Some are casual fans while some have a passion for it like me. In this article, I'd like to talk about some online game that made a name in the world and why they are so popular:

Playerunknown's Battlegrounds

In general, the game is truly a perfectly designed game for its users. PUBG, which can be played as a team or solo, is in the FPS game category. Players gathered in an airplane in the game perform their duties with the opportunities on the island by parachuting to the determined points. Approximately 100 people are included in a game. In any case, players try to be the last player or team to die to win the game.

Counter-Strike: Global Offensive (CS-GO)

It is the best-selling product of the Counter Strike series, which is full-angle Counter Strike Global Offensive. The Game's Developers are Valve and Hidden Path Entertainment. The game was released in August 2012. Like previous games in the series, Global Offensive is a mission-based multiplayer first-person shooter game. Players first select one of the terrorists or counter-terrorism team teams to complete missions or destroy the enemy team. For example, terrorists try to set up bombs on demolition maps (dust2).



FORTNITE

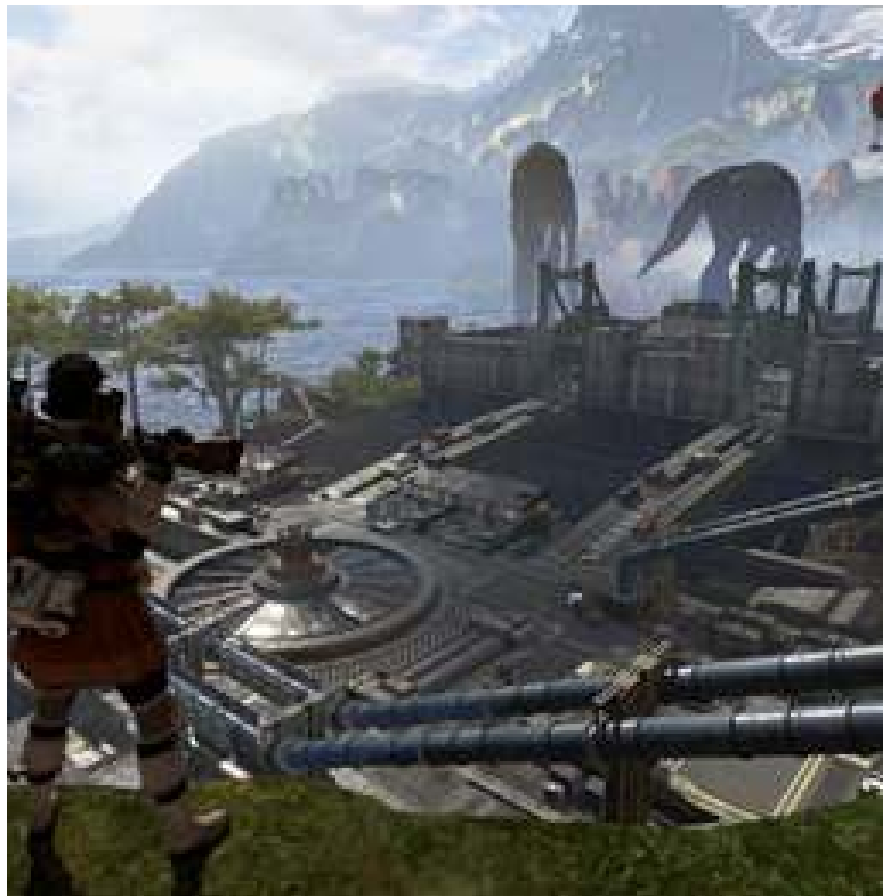
Fortnite is a fun multiplayer game designed by Epic Games. 'Battle Bus' throws you on an 8x8 km map at the beginning of Fortnite, which has been widely downloaded since its first release. As soon as you find the right place to start the game, you can now jump down and get involved in the game. When you land, you need to eliminate your enemies from the game by finding loots from buildings.

ONLINE GAMES THAT MADE A NAME IN THE WORLD

APEX LEGENDS

Vince Zampella and Jason West, the bosses of Infinity Ward, creators of the Call of Duty series, left the company in 2010 and founded Respawn Entertainment. Even though Titanfall 2, which was released in 2014 and Titanfall 2 in 2016, were solid productions, they had disappeared from the market when they could not reach the desired audience. Despite this, the company, which did not give up Titanfall, presented the players to the liking of the battle royale (BR) game Apex Legends set in the same universe. First of all, let's list the basic features of the game and the features that distinguish Apex Legends from other BR games. In the game, a total of 60 players face off in teams of three.

Apex Legends has eight characters called "Legend". While six of them (Bangalore, Bloodhound, Gibraltar, Lifeline, Pathfinder, Wraith) are open at the beginning of the game, the other two (Caustic, Mirage) can be opened with Legend Token or Apex Coin purchased by playing the game. Each character has a passive, tactical and "ultimate" ability.





A BIG DILEMMA: ARE ONLINE GAMES A WASTE OF TIME OR A POSSIBLY GOOD THING FOR THE YOUNG?

Most of the time our teachers or parents probably look at games as a waste of time. They think that the time that we spend playing online games could be used for other things, like reading or spending time in the outdoors. However, there are important things that you can get out of your time playing video games. First of all, whether you are playing games on a gaming console, on your computer, or you are simply playing one of your favourite games on your smartphone or tablet, you are developing your critical thinking skills. You have to decide which door to open, what steps to go up or down, and which trucks, villains or zombies you have the time to stop and destroy. These critical thinking skills can help you in the real world. In today's world, it's very important to think before you act, and why sometimes you have to act because there is no time to think.

Another good thing about online games is that they are a form of creativity and inspiration. I definitely agree that some games are not good sources for making us better people as there is lots of killing and hurting but the fact that they also motivate us to be creative sketch artists, anime-makers, story writers or even song writers cannot be ignored. The final reason why playing video games can be good for you is that they are simply fun. They are entertaining, and they keep your mind working in a way that simply watching TV might not. Yes, it may not be a good alternative for reading a good book or enjoying the great outdoors, but it also should not be considered as a contagious illness or a serious mentally-damaging activity.

Başar BAL, Prep/A

How To Make Better Coffee with a Mocha Pot?

Deniz Dağdelen

How To Make Better Coffee with a Mocha Pot?

In this article, I will tell you how you can make a good coffee with Mocha Pot. But before I get started, let me tell you a little about Mocha Pot.

What is Mocha Pot?

The Mocha Pot is a stove-top coffee maker that brews coffee by passing boiling water pressurized by steam through ground coffee. It was invented by an Italian engineer named Alfonso Bialetti in 1933. The machine took its name from Mocha, the port city of Yemen.

Mocha Pot consists of 3 parts: boiler, the metal filter, and the upper part.



How to Brew in a Mocha

Now I will tell you how to make espresso in Mocha Pot. Before you start, I recommend you to prepare your ingredients. Here are the ingredients to make a perfect coffee with Mocha Pot;

- Mocha Pot
- Ground coffee
- Coffee grinder (if you are using coffee beans)
- Hot water

First of all, we need to heat some water. This step is not mandatory, but we do this to keep the temperature of the mocha pot from getting too hot and cooking the coffee, imparting a metallic taste. After that, if we have beans, we need to grind our beans. We need to fill the metal filter, this means we need to about 20 grams of coffee. Then, we need to add the heated water to the boiler. Later, we need to insert the filter into the boiler. Then, we will fill the filter with coffee. I recommend flattening the coffee with your finger. After that, we will screw the top and bottom together. Be careful, the bottom part can be hot! Now, we will put the mocha pot on the stove. About 5 minutes later, the coffee will begin to come out and you will hear a puffing sound. When you hear this, you can get your mocha pot from the stove. Now, your espresso is ready.



IT TAKES TWO TO TANGO BUT MANY MORE TO BECOME A CHEF IN THE FUTURE!



Normally, general knowledge is the most important thing you need to have if you want to become a chef. I would like to state that; you are not counted as a chef by going to cooking classes. Of course, owing to these course people can improve their cooking and presentation skills. But, to become a chef officially, you have to graduate from Gastronomy and Culinary Arts. To become a 'good' chef, though, you need to have some important features: speed, method, presentation, hygiene, outstanding baking skills and most importantly, discipline.



Becoming A Chef

BY VERDA ÖZEL PREP/A

Since I was a child, I have always been interested in trying out new and different recipes. Cooking is now a new form of art and making it healthy is the most important and challenging part of it. But if you want to do it as a job in the future, this is what you need to know about: Futuristic Cooking. Together with the improving technology, the kitchens have become most likely the best places where you can see those improvements in your home. New gadgets are becoming available and some of them look like something you might imagine you can find in a kitchen of the future. It's hard to believe some even are available right now making our kitchens look futuristic and up to date.

WE ARE BECOMING NEW “HOME” CHEFS

Learning to cook takes time and effort ... unless you're a robot. However, with the help of the next-generation ingredients, robotic appliances, novel cooking methods, and other technology have the potential to fundamentally change what we eat and how we cook it.



FEELING WEIRD TALKING TO YOURSELF IN THE QUARANTINE? HOW ABOUT TALKING TO YOUR MICROWAVE?

I have researched some of the latest technology smart kitchen appliances and believe it or not, the future is never going to be the same:



GE Smart Countertop Microwave Oven

This GE microwave connects to Amazon Alexa, so you can control it with your voice. It also has scan-to-cook technology that helps cook your food perfectly every time.

Smart 12-Cup Coffee Maker

Because mornings are so much better when you can say "Alexa, brew me some coffee," before you even roll out of bed. No need to download any special apps to control this smart coffee maker, either. Just use the Alexa app or talk to your Echo device (or, you know, use it like an old school coffee maker.)



Smart WiFi Air Fryer

This air fryer has 11 cooking modes, pairs with an app that helps you cook more than 100 different recipes and controls its settings, and pairs with Alexa, so you can use it without even touching a button.



GeniCan Scanner

Raise your hand if you've ever thrown out an empty bottle of ketchup (or any other kitchen product) and forgotten to order more, only to realize it when you're in desperate need of it. The GeniCan attaches to your trash can, so you can scan items (or use the voice control feature) as you throw them out to add them to your shopping list.

Cue Smart Induction Burner & Fry Pan

Embedded sensors in both the cooktop and the pan allow them to connect to the Cue's accompanying app, guiding you through recipes and ensuring that you never over or undercook a meal again.



All of those products and innovations have been designed to help the humankind to save time and energy, entertain, stay in control and organise. This also makes me assume that we will be short of time

and energy in the future. Even now, the future is quite mysterious and uncertain. Well, don't get stressed because I know a good secret treatment to overcome the anxiety and distress that is bothering you these days. Forget about the supersonic, beyond century appliances, you don't need any of them for

this treatment. All you need is to try my no-bake cheesecake recipe for lifelong cheesecake lovers J Well, just like Hedy Lamarr says, "Because you don't live near a bakery doesn't mean you have to go without cheesecake." Wishing you all cheesecake sweet days ahead!

Stay home, stay safe!

Verda Özel, Prep-A

NO-BAKE CHEESECAKE RECIPE

Ingredients:

GRAHAM CRACKER CRUST

- 3 cups graham cracker crumbs about 18 sheets
- 1/3 cup sugar
- 11 tablespoons unsalted or salted butter melted
- 1/4 teaspoon salt only if using unsalted butter

FILLING

- 2 8-ounce blocks cream cheese room temperature (do not use low-fat)
- 14 ounces 1 can sweetened condensed milk (regular, not low fat)
- 1 teaspoon vanilla extract
- 1/4 cup lemon juice
- Berries or pie filling for topping

Procedure:

1. Place graham cracker crumbs, sugar, and melted butter in a large bowl and stir using a fork. The mixture will resemble wet sand. Press into the bottom and up the sides of a 9-10" springform pan. Chill at least 10 minutes before filling.
2. Beat cream cheese until smooth using a hand or a stand mixer. Add sweetened condensed milk, vanilla, and lemon juice and mix until smooth and no lumps remain. Pour into prepared crust. Chill at least 4 hours before serving so the mixture can set.
3. Top with berries or your favorite pie filling. Store in refrigerator for up to 3 days. Cheesecake can be made 1 day in advance, but don't top it until ready to serve. It can also be frozen.



GALACTANET

The Creative Works of Andy Weir

How was your life before this one? Who were you? When were you? You probably can't remember it but it is totally fine. One day, you will be everyone in the whole world, and you will be complete. Actually, everyone is you, except they can't remember anything from their past lives. You are everyone, yet everyone is you. There is a brilliant story about this topic. It's called "The Egg" from Andy Weir which you can read online for free from his website www.galactanet.com selecting the creative writing tab. Also, he is the author of the book "the Martian" which was adapted to a movie as well. So if you are everyone, do you even know who you are? Are you your memories? Are you the choices you make? Or are you your past? How could you be any one thing, you are always changing. If you can lose track of your past, and your memories can be altered or implanted, in the end, who are you really? Maybe, you are the stories you are telling to yourself.

Başar İlhan 11/B

Resources: "The

Egg"-Andy Weir, Mind Field Season 1, Episode 8

www.galactanet.com



We Are

***HUGEST
JAPANESE
CULTURE:
ANIME!***



The word **anime** is mostly used to describe Japanese animation or cartoon. It's pronounced "ah-knee-may". Anime is usually, but not always, the animated version of manga (Japanese comics). So, here is the question, why anime is so popular in the whole world? There is an endless number of reasons. Let's have a look at an already prepared list:

1) Storytelling

Kino's Journey (or Kino's Travels) is the perfect example of this.

Each episode is refreshing, and focuses purely on telling interesting stories. Usually from the perspective of the people Kino meets from country to country.

There are other animes that do this well. Like:

- 1) Psycho Pass
 - 2) Hyouka
 - 3) The Disastrous Life of Saiki K
- And many more...

2) Beautiful animation and art-style!

Where can you find animation, art style anywhere on the planet like anime? It doesn't exist...

Each studio has tones of art-styles, many people hate CGI but some studios are making really awesome works using CGI. For example:

- 1) Dorohedoro
 - 2) Land of the Lustrous/Houseki no Kuni
- There is many more but I don't prefer CGI.

3) Great fight/action scenes

The obvious shows that come to mind are:

- 1) Dragon Ball series
- 2) Akame Ga Kill
- 3) Taboo Tattoo
- 4) Bleach
- 5) Full Metal Panic
- 6) Code Geass

And many more shows..

4) Relatable characters

Anime develops your empathy with unique characters. Even people fell in love with anime characters. Eww, weeb... Just kidding, I'm also a weeb.

5) Anime is hilarious!

Japan is obviously different to the world in many ways (culture, society, etc.). These differences make for a very unique comedy experience.

Personally, comedy within anime is even better than comedy in the west.

Because it's anime, it's animated, so there's more freedom with facial expressions, silly visuals alongside funny references, etc.

There is some words to describe anime fans or such people like that:

1) Otaku: Otaku (Japanese: おたく or オタク) is a Japanese term for people with consuming interests, particularly in anime and manga. Otaku is a bad thing. It's like nerd but watches anime and reads manga instead of playing games or study. I'm saying again, being otaku is awful.

2) Weeb: A weeb is someone who likes everything Japanese but has a misconception of what it's like in real life in Japan. I am also a weeb. Weeb is not a bad thing at all.

3) Weeaboo: A weeaboo is someone who is so obsessed with Japanese culture and everything about Japan that it seems weird, annoying and cringe. Weeaboo is the worst thing about this fandom. If you see a weeaboo, destroy him/her. Just kidding, do not destroy anyone.



These 3 are the main ones:

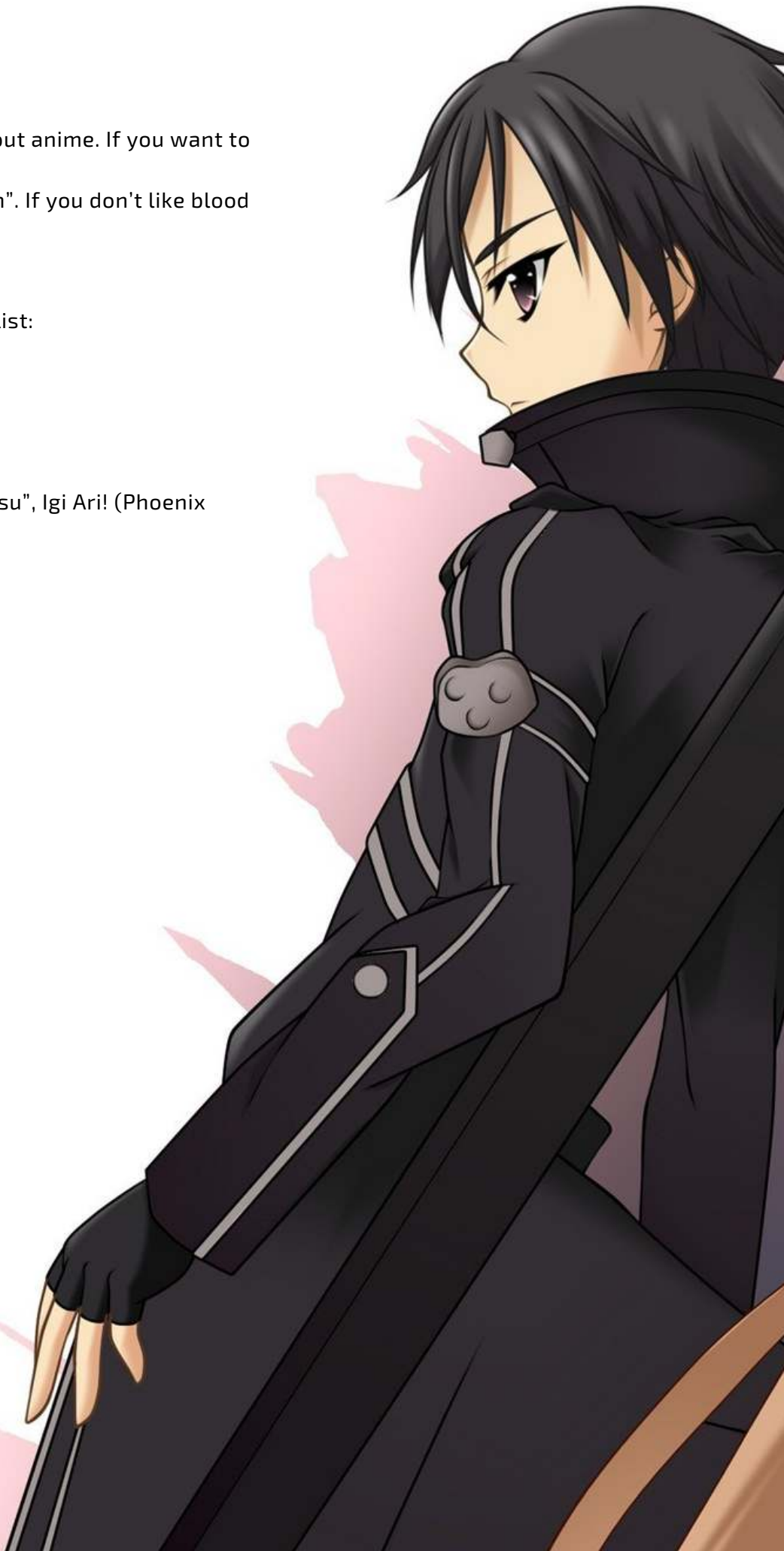
This is anime, and some stuff about anime. If you want to start to watch anime, start with "Attack on Titan". If you don't like blood and stuff like that, start with "Dr. Stone".

Here is my Top 10 anime/manga list:

- 1) JoJo's Bizarre Adventure
- 2) Death Note
- 3) Dorohedoro
- 4) Platinum End (Only manga)
- 5) Gyakuten Saiban, Sono "Shinjitsu", Igi Ari! (Phoenix Wright: Ace Attorney)
- 6) Fate/Zero
- 7) Neon Genesis Evangelion
- 8) Your Lie in April
- 9) Full Metal Alchemist
- 10) Bakemonogatari

Thank you for reading.

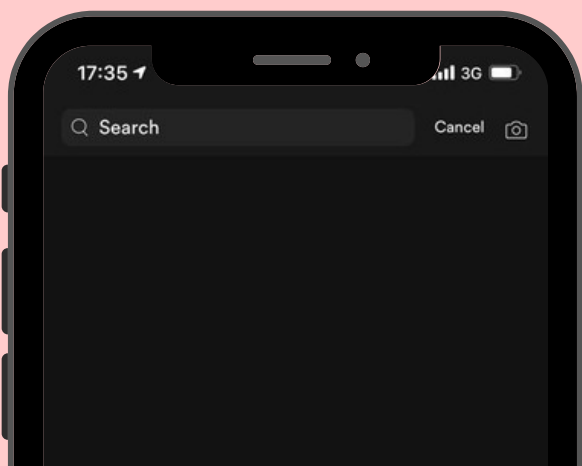
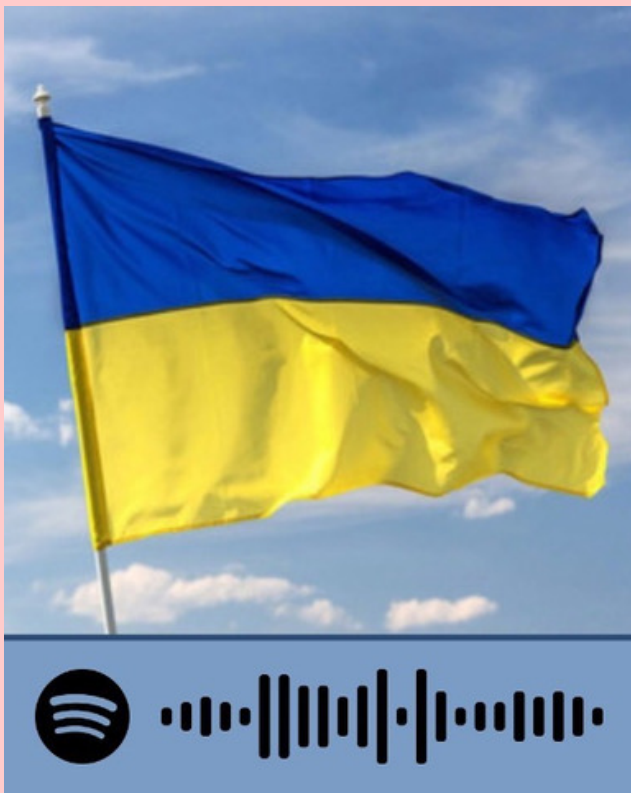
Kayra
PAMPAR 9/B



MUSIC

“Got bored with your old playlists and need some refreshment? Here are two great song lists from two music enthusiasts”

By Robert Douglas and Deniz Dağdelen



All you have to do is to open your spotify and go to the search section. Click on the camera icon and take a picture of the Spotify code below the pics. The songs will automatically open on your Spotify. Enjoy!



Sophisticated

Special Edition | June 2020

Only in the darkness you can see the stars..