HOTEL NATIONAL DES

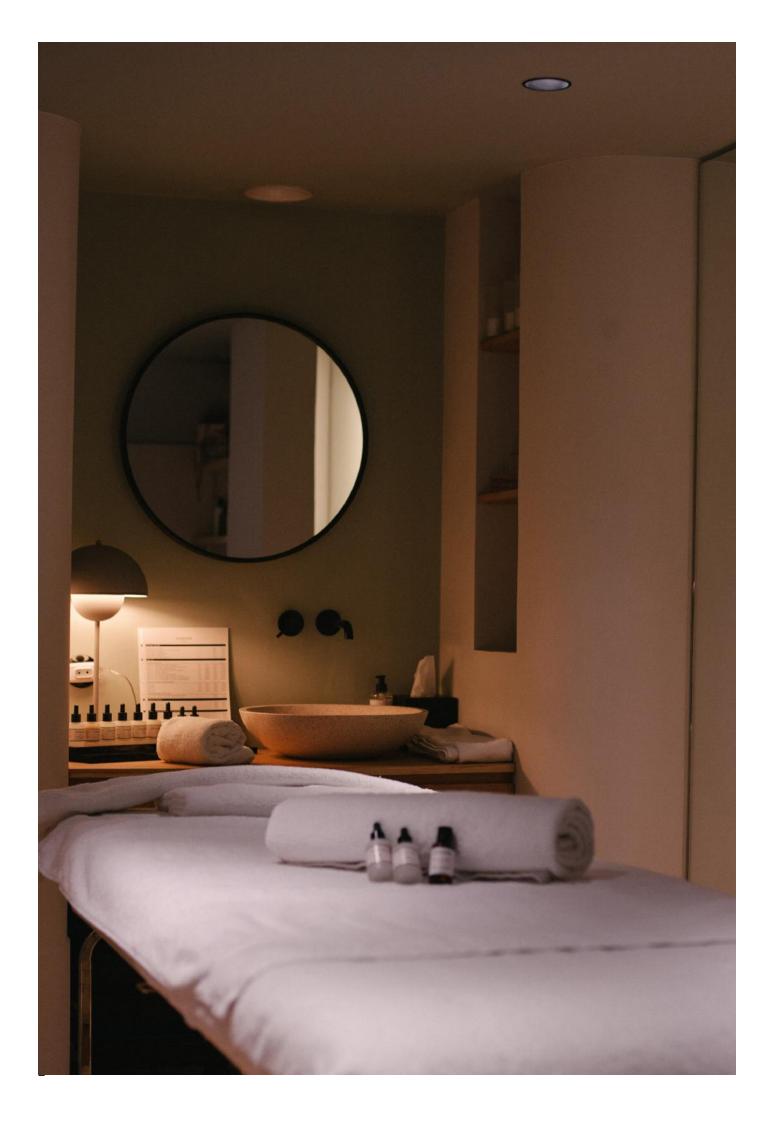
ARTS ET METIERS

N. 243 RUE SAINT MARTIN $75003 \; \text{PARIS} \; \cdot \; \text{FR}$

TREATMENT

MENU





HOTEL NATIONAL DES

ARTS ET METIERS

N. 243 RUE SAINT MARTIN $75003 \ \mathsf{PARIS} - \mathrm{FR}$

Hotel National des Arts & Métiers is delighted to present its new treatment room in partnership with Codage Paris a French House of cosmetology.

Our Front Desk is at your disposal for your wellness experience booking: Facial and body treatments, world massages, beauty & hair...



FACIAL TREATMENTS

TAILOR-MADE

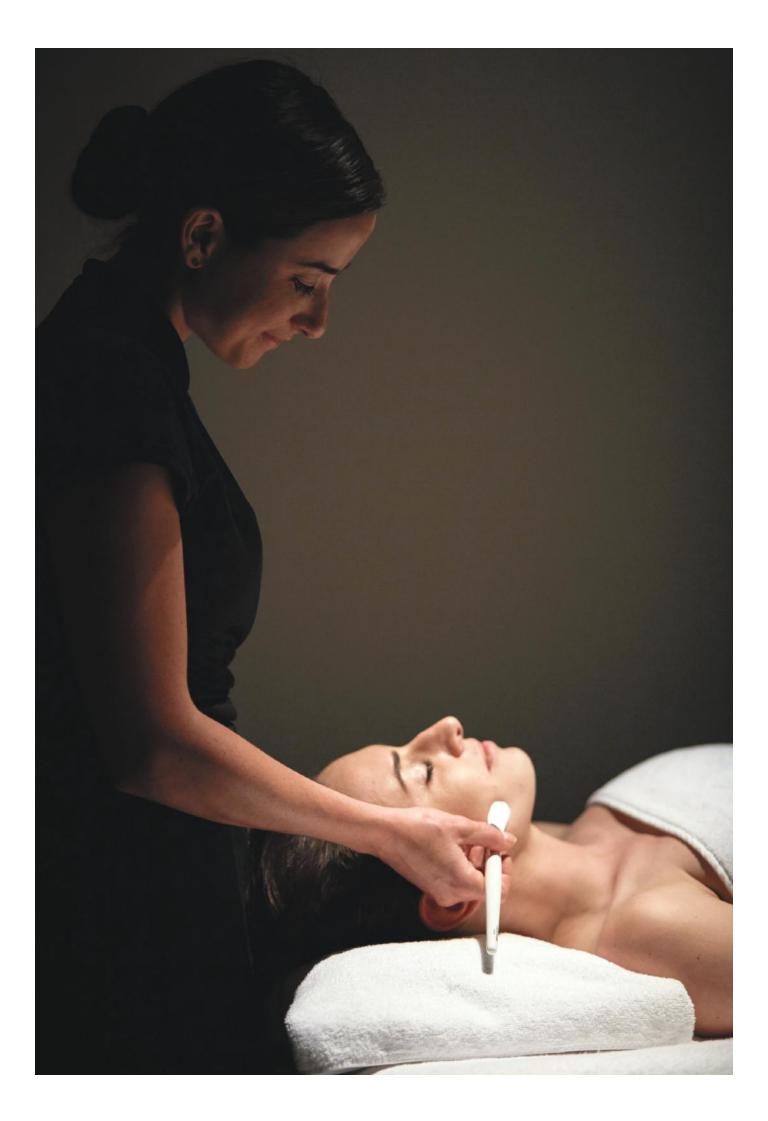
CODAGE celebrates the uniqueness of each and all and is built around the idea of customization to treat each unique skin's need. From products to treatments, customization is the DNA of CODAGE. This expertise in custom-made formulas allowed CODAGE to develop specific treatment gestures according to each expected result. Every custom treatment consists in a comprehensive skin diagnosis, followed by a facial and/or body treatment that satisfies all of your wishes and needs.

EARLY BIRD OFFER	60 min - 130€
Offer valid on every 1 hour facials and massages, from mon- 9am to 2pm.	day to Friday from
THE FACE & BODY COUTURE EXPERIENCE	120 min - 290€ 180 min <i>-</i> 400€
Couture face & boday treatment personalized according to y being needs.	our skin and well-
THE WELCOMING EXPERIENCE	90 min - 220€
Couture facial treatment combined with a regenerating back a	and leg massage.

FACIAL TREATMENTS

TAILOR-MADE

THE HAUTE COUTURE FACE EXPERIENCE	90 min - 220€	
Complete and personalized facial treatment, made with your tai manual massage techniques and gua-shas.	iler-made serum,	
THE COUTURE FACE EXPERIENCE	60 min - 150€	
Complete and personalized facial treatment, made with your minand manual massage techniques.	xology of serums	
FACIAL TREATMENTS READY TO WEAR		
ADVANCED PEELING TREATMENT	60 min - 150€	
Professional peeling treatment to renew your skin, even out your complexion and smooth skin irregularities.		
EXPERT PRO-AGE TREATMENT	60 min - 150€	
Ultra regenerating facial treatment to stimulate cell renewal a of aging.	nd treat all signs	





BODY EXPERIENCES

TAILOR-MADE

THE HAUTE COUTURE BODY EXPERIENCE	90 min - 220€
Signature massage fully personalised to your needs and influse nal oils and exert serums.	d with exceptio-
THE COUTURE BODY EXPERIENCE	60 min - 150€
Massage fully personalised to your needs and inflused with exceedexert serums.	eptional oils and
BODY EXPERIENCES READY TO WEAR	
RELAXING MASSAGE	60 min - 150€
An enveloping and comforting massage to promote serenity and	I relaxation.
DEEP MUSCLE RELIEF MASSAGE	60 min - 150€
A deep, invigorating massage to soothe muscle tension and rest	ore energy.
DRAINING & SLIMMING MASAGE	60 min - 150€
An invigorating massage with draining techniques to treat cellul feeling of lightness.	lite and regain a



FLASH

EXPERIENCES

F00T REFLEXOLOGY 45 min - 130	I€
Using plantar pressure points, reflexology facilitates recovery, while stimulating the elimination of toxins generated by muscular work. This ancient technique locates and soothes aches and pains by regulating the body's energy flow and improving blood and lymph circulation.	ıe
HEAD MASSAGE 45 min - 130	I€
This head, neck, scalp and full back massage based on Ayurvedic technique helps to melt away tension and stress to lull your body into a deep state of dream like relaxation	
BACK)€
A tailor-made massage for an overall relaxation, alleviating tensions or soothing tired muscles. Our trained massage therapist designs the ideal massage to treat both body and mind.	•
LEGS	I€
A tailor-made massage for an overall relaxation, alleviating tensions or soothing tired muscles. Our trained massage therapist designs the ideal massage to trea	•

both body and mind.

WORLD

MASSAGES

SWEDISH MASSAGE	60 min - 150€
	90 min - 220€

A classic massage technique that uses long and smooth strokes that soothe the muscles, enhance physical and emotional well-being through promoting circulation, easing muscle soreness and relieving tensions.

BALINESE	. 60 min -	150€
	90 min -	220€

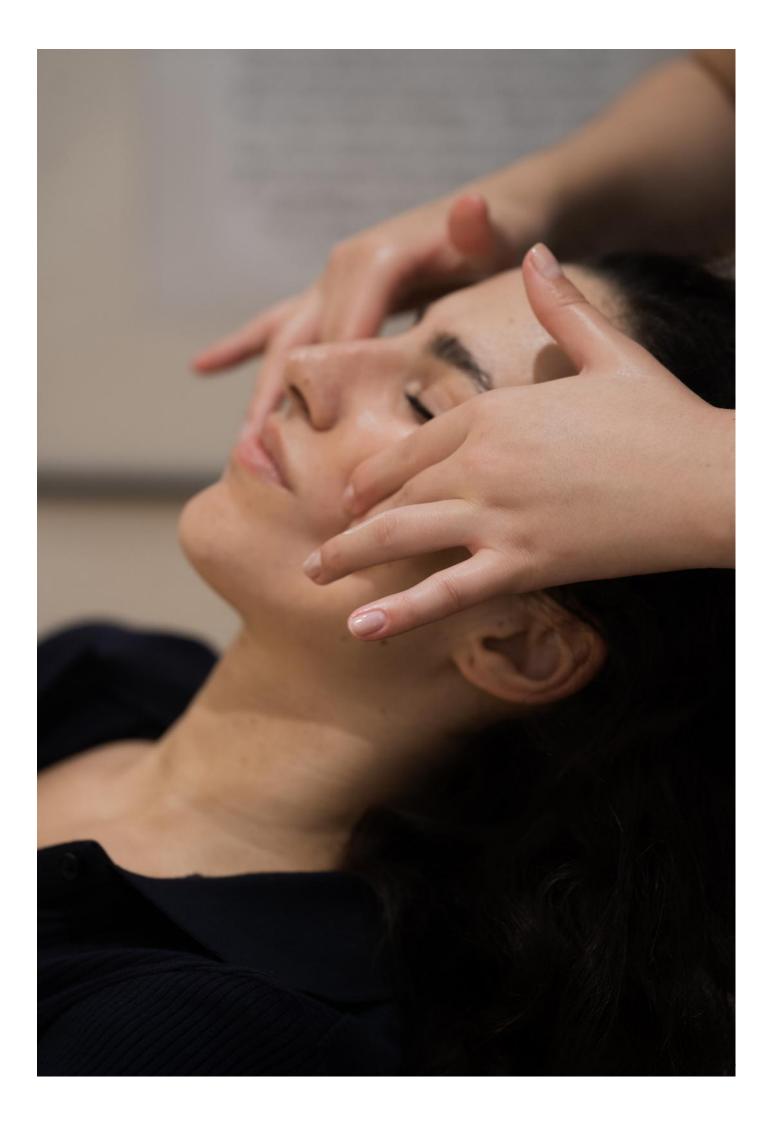
This massage is a full-body holistic treatment using traditional Indonesian techniques combining gentle stretches, acupressure and reflexology to stimulate the circulation, oxygen and "Qi" energy, endowing a sense of well-being, tranquility and deep relaxation.

ABHYANGA	60 min -	150€
	90 min -	220€

Based on Ayurveda techniques, this traditional massage comes from India. It helps stimulate blood circulation and increase mobility and flexibility of the body. It is particularly good for reducing the effects of stress and tensions.

PRENATAL MASSAGE	60 min - 180€
	90 min - 260€

Massage specially designed for moms-to-be. [Moms-to-be in their second or third trimester].



BEAUTY & HAIR

EXPETISE

DELUXE SPA MANUCURE	60 min - 70€
DELUXE SPA PÉDICURE	60 min - 80€
ADDITIONAL NAIL POLISH APPLICATION	15 min - 60€
HAND TREATMENT*	30 min - 90€
This complete hand treatment (scrub, peeling & massage) inte skin, lightens pigmentation spots, and treat the signs of aging.	ensely nourishes
BLOW DRY	150€
SOPHISTICATED HAIR BUN	180€
MEN'S HAIR CUT	110€
DAY MAKE-UP	150€
EVENING MAKE-UP	180€

^{*}Only combined with a facial or body treatment.





CODAGE

CONTEMPORARY APOTHECARY

CODAGE Paris is a **French House of cosmetology** whose expertise, inherited from the traditional French pharmacy, is based on solving individual beauty issues, having a perfect knowledge of its active ingredients' properties, and being precise with its dosage. CODAGE cultivates the art of the right gesture to respond to your needs. Our skincare is a guided, personalized experience that combines effectiveness and know-how.



GENERAL

INFORMATIONS

BOOK YOUR TREATMENT

Treatments have to be booked 2 hours in advance. After that, the treatment cannot be guaranteed. Our receptionists are at your disposal for any booking through the button « reception » on your room's phone. Please be informed that an extra charge of 30 € will be added per treatment, for any services provided between 7–9 am and 8–11 pm. Before 7 am and after 11 pm, the surcharge will be 100%. We recommend you to be prepared before the arrival of the therapist to fully enjoy your treatment. All our massages are well-being treatments and are non-therapeutic.

HEALTH CONDITIONS

Please inform us about any medical conditions, allergies or any wounds and if you are pregnant in order to recommend you the most suitable treatment.

DELAY OR CANCELLATION

In case of late arrival, your treatment will be unfortunately shortened. For any cancellation, please inform us at least two hours before the appointment. Otherwise, your treatment will be fully charged.





