## Solymar Concierge



### A BIG WELCOME

It's a great pleasure to welcome you to our luxurious 5-star hotel & beach. To enhance your stay, we've rounded up everything you need to know from exciting activities to exclusive offers for you and your loved ones.



### Celebrate Ramadan at Solymar Hotel

Iftar: Sunset – A rich buffet of Ramadan favorites & global cuisine.

A feast of traditional flavors, warm hospitality, and a magical evening ambiance. Join us for a unique cultural dining experience!

Experience the spirit of Ramadan with our Iftar & Ghabga.

Ghabga: 9:30pm - A lavish buffet with Arabic flavors & sweets.



#### Solymar Spa & Wellness

- Stay with us for 3 or more nights & avail 20% off this March on any spa treatment
- Enjoy a 30 minute back
  & shoulders massage for BD 20



We are proud to have been awarded "Bahrain's Favourite Beach" at the 2024 FACT Dining Awards.



Meet Your Trainers

Melody & Vishnu 3rd Floor Gym

# Upcoming Events





### Meet Our Executive Chef Carlo A Culinary Maestro

We are thrilled to introduce our Executive Chef Carlo, a true culinary innovator whose passion for food and dedication to excellence shine through in every dish.

With a remarkable talent for blending flavors and creating unforgettable dining experiences, Chef Carlo has quickly become a beloved figure in the Solymar Group and beyond.

We love his creativity and commitment to quality, and we're sure you will too!

Join us in celebrating his culinary journey and the delicious surprises he has in store for you.

# Discover the Solymar Muses

In the heart of Solymar Hotel's lobby stands a painting of two bohemian ladies—the Solymar Muses. Representing a painter and a poet, they inspire creativity and individuality, inviting guests to embark on their own artistic journeys. **A Mythical Connection:** Inspired by ancient muses who guided poets and artists, the Solymar Muses embody timeless creativity, reminding us that beauty lies in art, nature, and connection. **Their Story:** In a sunlit coastal town, two friends—a painter and a poet—found inspiration in shared adventures. From sandy shores to vibrant markets, they expressed life's beauty through art and words, becoming symbols of freedom and self-expression. Your Creative Invitation: More than a painting, the Solymar Muses encourage guests to explore their inner muse—through art, music, or conversation. Take a moment in our lobby to reflect on your inspirations and share your story.

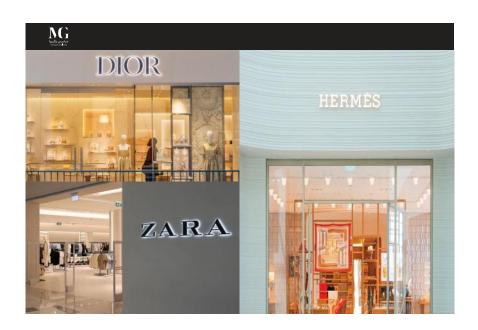




At Solymar, we embrace eco-friendly practices like towel conservation, water-efficient fixtures, and biodegradable amenities, offering a luxurious and sustainable experience.

## There's Something Extraordinary Around Every Corner

⊕ 7' Marassi Galleria Mall



Discover a diverse collection of global and local brands, inviting you to explore a world of luxury at your pace. Beyond shopping, the mall offers an immersive experience that caters to your senses and desires. Indulge in delectable culinary creations with an array of restaurants, each a journey of flavors.

### Marassi Aquarium & Underwater Zoo



The largest aquarium in Bahrain invites you to get up close to an incredible array of underwater life from all corners of the world. Experience a dazzling array of marine species, all set against a backdrop of state-of-the-art exhibits and immersive displays.

#### YOUR SOLYMAR STAY ESSENTIALS

Check-In 3 PM Check-Out 12 PM

In-Room Dining 24h Dial Ext. 5830

Beach 9 AM - Sunset Pool 7 AM - Sunset

Gym 11 AM - 11 PM SPA 1 PM - 10 PM Dial Ext. 5810

A2 Beauty Lounge 10 AM - 10 PM

Flower Shop Wednesday to Monday 10 AM - 7 PM

All Day Dining Buffet

- Breakfast: 7 AM 10:30 AM
- Iftar: From Sunset
- Ghabga: 9:30 PM 1 AM





Director Of Rooms Mr. Bassem Hamdy

## Solymar Beach



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Located just 750 meters from Solymar Hotel, Solymar Beach is a mere 3-minute drive or a scenic 7-minute walk. This proximity makes it effortless to transition from your luxurious hotel suite to Bahrain's premier beachfront destination.

Recognized for its unparalleled charm, Solymar Beach has been crowned Best Beach in Bahrain twice in a row by the prestigious Fact Magazine Dining Awards.

Renowned for its pristine white sands and crystal-clear waters, Solymar Beach offers the ultimate retreat. Lounge in a chic cabana, savor refreshing cocktails from our beachfront bar, and let the beats of deep house and Afro rhythms set the tone for your perfect day. Whether you're here to unwind or celebrate, Solymar Beach promises an unforgettable coastal experience.

## Must Try at Solymar Beach





Tuna Surprise Chu-toro Tuna Tatare, avocado garnished with puffed quinoa





Garidomakaronada (Shrimp Linguini) Shrimp linguine pasta cooked in bisque & fresh tomato sauce with cherry tomato confit garnished with basil

Located on Solymar Hotel's ground floor, Solyflora offers elegant bouquets and custom floral arrangements for any occasion, crafted with care to brighten your day.



#### **Hotel TV Channel List**

1: SOLYMAR HOTEL

#### 2- Solymar TV House

Deep House & Afro House favorites, handpicked by our team.

#### 3- Solymar TV Top 100

The best tracks from our staff's personal playlist.

#### 4- Solymar TV Live

Exclusive live recordings from artists performed at Solymar Beach.

5: BLOOMBERG 6: MBC DRAMA 7: MBC BOLLYWOOD

8: MBC2 9: MBC ACTION ₩ 10: MBC MAX

11: MBC3

12: WANASAH

13: TV5 MONDE HD 14: TV5 MONDE ORIENT

15: FRANCE 24 HD

16: TRT WORLD HD 17: TRT ARABI HD

18: ARABIA

19: RAISTORIA

20: AL EMARAT TV

21: ABU DHABI TV HD

22: MAJID KIDS TV 23: AD SPORT 1 HD

24: AD NAT GEO 25: AD SPORT 2

26: BAHRAIN TV HD

27: BAHRAIN INT'L HD

28: BAHRAIN SPORT 1

29: CGTN 30: CNN

31: ASHARQ NEWS

32: CNBC ARABIYA

33: BAU PLUS 34: DUBAI TV

35: KUWAIT 1 **36: DUBAI ONE** 

37: DUBAI SPORTS 2 38: KUWAIT 2

39: DUBAI SPORTS 1 40: KUWAIT SPORTS 1

41: SAMA DUBAI

42: DUBAI RACING 1

43: KUWAIT SPORT 2

44: MBC MASR

45: NHK

46: 2M MOROCCO 47: RAISCUOLA

48: SAUDI TV HD

49: SBC

50: KSA SPORTS 2 HD 51: MTV LEBANON HD

52: AL JADEED

53: LBC 1

54: ON SPORTS

55: ON TIME SPORTS 2

56: BBC NEWS

57: CNBC

58: FRANCE 24 FR

59: HOLY OURAN 60: BAHRAIN FM

61: RADIO BAH

62: ARAB CLASSICAL

m English Movie Channels



#### Connect to Solymar Hotel follow the directions

Network Name: Solymar Go to: In-House Login Password: Room No. & First Name





# Shisha

Enjoy your favorite Shisha flavor at the G on G terrace. Ideal for a relaxing evening.

For details, call Ext. #5640

### Room Service Suggestion

Spaghetti Bolognese À classic Italian pasta dish with rich, savory meat sauce.

Butterfly Shrimp Salad with Avocado Crisp greens topped with succulent butterfly shrimp and creamy avocado slices for a refreshing twist.



### Discover Bahrain History

≅ 30′ Bahrain National Museum



Step into Bahrain's history at one of the oldest and largest museums in the Gulf. Explore fascinating exhibits showcasing archaeological treasures, ancient manuscripts, and Bahrain's rich cultural heritage. We suggest you book your Sightseeing Tours at: visitbahrain.bh



# Instagram Inspiration

Now, It's Your Turn!

