

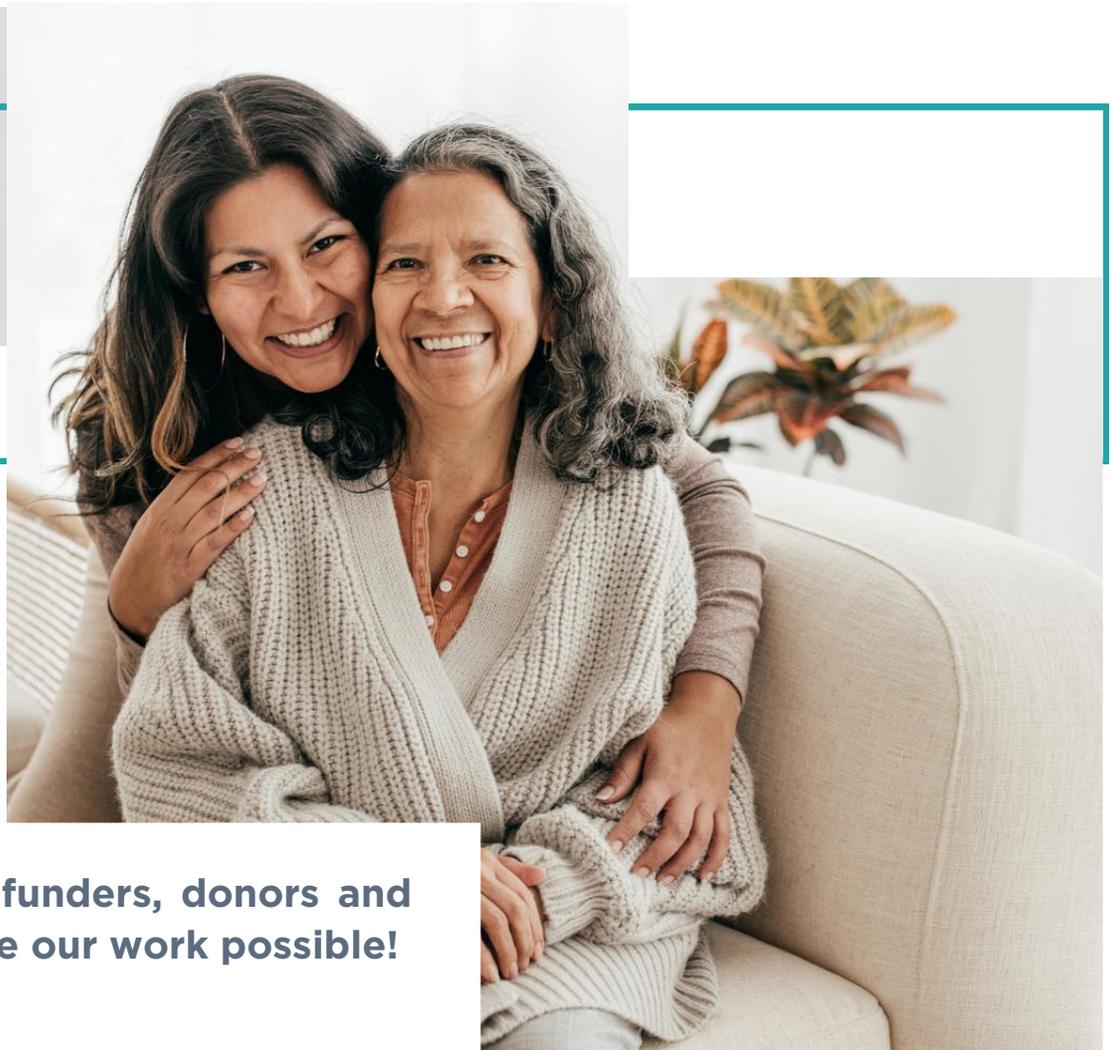


AgeWell
MIDDLE TENNESSEE
Embracing Aging. Enhancing Community.

2025 IMPACT REPORT

Honoring our Past, Growing Our Impact

Celebrating 40 years serving as a trusted resource and advancing solutions to meet the critical needs of older adults and caregivers.



Thank you to our funders, donors and sponsors who make our work possible!



As we reflect on our 40th anniversary, we look back upon 2025 with gratitude and a renewed commitment to our mission serving as a trusted resource and catalyst for solutions to unmet needs.

Thanks to your support, a record number of older adults and caregivers across our region were connected with vital community resources through our helpline and Eldercare Coach program. Working closely with our RESET partners, thousands of older adults improved their financial security through personal financial counseling and benefit enrollment assistance. We also expanded advocacy for older adults and caregivers by serving on state and local advisory committees and leading collective advocacy through the TN Coalition for Better Aging.

As we build for the next 40 years, we want to thank you for partnering with us to make our work possible. Your donations help older adults across Middle Tennessee stay connected, caregivers feel supported and families make informed decisions about care.

As Helen Keller once said, “Alone we can do so little. Together, we can do so much.”

Let’s continue to make a growing impact together!

- Grace Sutherland Smith, LMSW
Executive Director

Here’s the difference YOU made in 2025!

You helped us help Mary, a 57 year-old Nashville resident who was struggling financially and faced with an impossible choice – buying groceries or keeping her electricity on. She called AgeWell looking for help, and thanks to our RESET program, within 30 minutes, she learned that she qualified for both emergency utility assistance and monthly financial aid through the Medicare Savings Program. **Her lights stayed on. The refrigerator stayed full, and Mary didn’t have to choose. Your support made that possible!**



2025 Impact by the Numbers:



1,057 Older Adults & Caregivers

received info & referral assistance through our helpline.

160% increase over 2024



8,800 Online Directory

page views each month for needed resources.

20k+ print copies distributed.



4,153 Older Nashvillians Helped

through RESET benefits enrollment.

166% increase over 2024



187 Caregivers Supported

with personalized Eldercare Coach consultations.

123% increase over 2024

Advancing Solutions for Critical Needs



RESET is a collaborative solution - a financial empowerment network AgeWell launched in partnership with United Way and several trusted community partners to help older adults in Davidson County improve their financial stability and security.



Services include benefit eligibility screening & application assistance, one-on-one financial counseling, emergency rent & utility assistance and referral to supplemental income opportunities.

In 2025, RESET partners **assisted 4,153 Nashvillians** age 50+ with **4,445 benefit applications**, including emergency rent & utility assistance, valued at **\$2,800,190**.

238 RESET clients received financial counseling at the Financial Empowerment Center resulting in **\$114,641 in total cumulative increased savings & \$1,208,103 in reduced debt**.

In partnership with:



Rhonda was facing unexpected financial strain after the loss of her fiancé & declaring bankruptcy.

"I've never had to ask for assistance for anything, before now," she reflected.

Through RESET, she received \$410 in utility assistance & additional Medicare savings.

It was a whole resource I didn't know existed. It couldn't have come at a better time.

Hear Rhonda's full story here.



With 11,000 baby boomers turning 65 every day, growing numbers of family caregivers are reaching out for help. AgeWell's Eldercare Coach program provides trusted information, support and expert guidance through caregiver phone consultations, educational programs and print and online resources.

In 2025, **187 caregivers received personal Eldercare Coach consultations with 100% reporting that their concerns were addressed** and they intend to follow up on the recommendations provided.

Whether you're caring for an aging loved one, an employer wanting to support caregiving employees or a congregation with caregiving members, AgeWell's Eldercare Coach program can help.

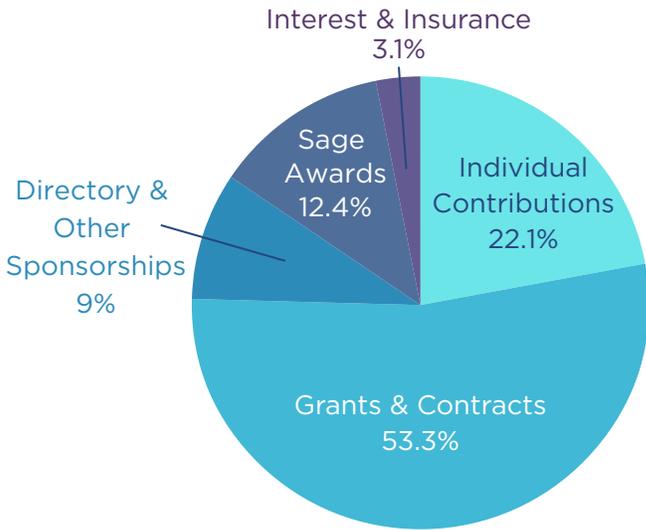


"Having a coach in your corner...is really important, someone with expertise & who has experience. Don't hesitate...there's nothing like getting that help from Eldercare Coach."

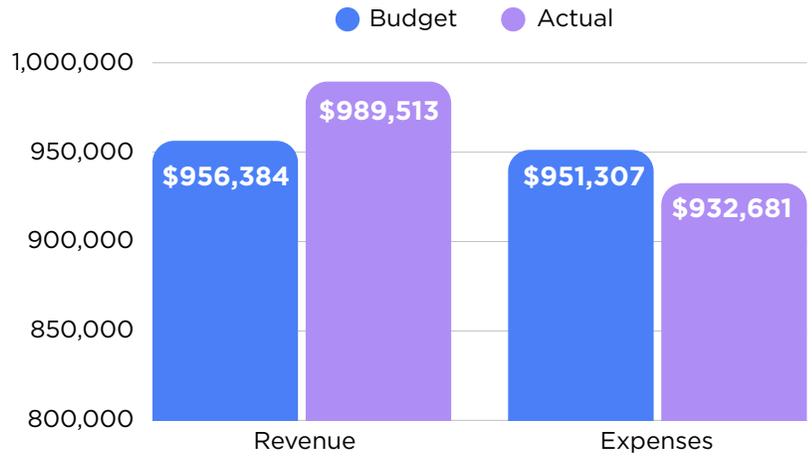
Tricia, Eldercare Coach Client (scan the QR code to hear the full story)

2025 Revenue & Expenses

2025 Revenue



2025 Expenses



2025 Funders

- EngAGING Communities
- The Episcopal Dioceses of Tennessee
- Greater Nashville Regional Council
- HCA
- Jackson
- Memorial Foundation
- Ascension Saint Thomas
- Next50
- The Temple - Congregation Ohabai Sholom
- United Way of Greater Nashville
- Vanderbilt School of Nursing - Geriatric Workforce Enhancement Program
- West End Home Foundation
- The Women's Fund at Community Foundation of Middle Tennessee



2026 Sage Awards



Mark your calendar!

Thurs, Oct. 1 @ 11 a.m.

Franklin Marriott Cool Springs