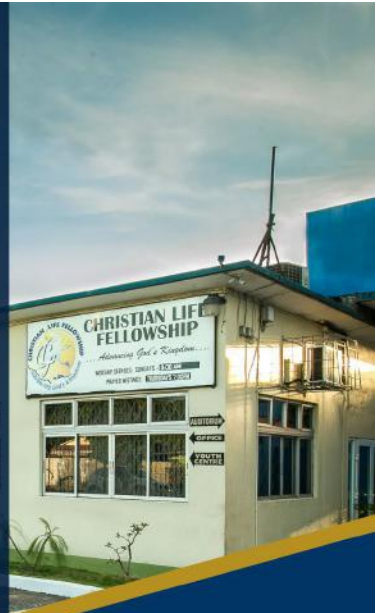


3 May 2026

CHRISTIAN LIFE  
FELLOWSHIP

# UPCOMING EVENTS



WITH  
ONGOING  
EVENTS

# 2026

[www.clfja.org](http://www.clfja.org)   
+876-477-9279 

# SUNDAYS @11:40 am

## RIGHT AFTER CHURCH

# Discipleship Training Academy

Believers Foundations 

Bedrock Truths 



## BELIEVERS FOUNDATION TRAINING



Have you recently given or rededicated your life to Christ?

Since committing your life to Christ, have you done foundation training?

Then, this spiritual growth training experience is for you!!

Don't miss it!!!



**SUNDAYS**

11:45 a.m. - 12:30 p.m.



CLF - Shalem

FACILITATOR :  
ANTHONY SIMMS

DISCIPLESHIP  
TRAINING  
ACADEMY





Christian Life Fellowship

## TEMPORARY OFFICE CLOSURE

**Our office will be closed on  
Monday, Tuesday & Wednesday 4-6 May 2026**

We will be doing unplanned emergency electrical works which require that the electricity supply be disconnected

**Normal operations will resume on  
Thursday, 7 May 2026.**

Our staff will be working remotely and can therefore be reached through our regular mobile phone lines of (876) 477-9279 or (876) 447-5313 or emails: [clf@clfja.org](mailto:clf@clfja.org), [officeadmin@clfja.org](mailto:officeadmin@clfja.org) or [clf\\_jm@yahoo.com](mailto:clf_jm@yahoo.com)



*Kairos Prayer Meeting*

**2nd Saturday of each month  
@ 7-8am via zoom**

*Meeting ID: 839 7843 2783  
Passcode: 305924*

*Saturday, 9<sup>th</sup> May 2026*

UNDERSTANDING THE TIMES

# FINANCIAL STEWARDSHIP IN ECONOMIC TURMOIL

PRESENTED BY:  
THE DISCIPLESHIP TRAINING ACADEMY  
GUEST SPEAKER: HUGH MILLER



SATURDAY, MAY 9, 2026  
FROM 6:30 PM TO 8:00 PM



**JOIN US!**  
THIS SERIES IS FOR  
THE WHOLE CHURCH.

# ADVANCED DISCIPLESHIP PROGRAM — UPCOMING SESSIONS

Our Advanced Discipleship Program begins May 2026 with two powerful equipping sessions designed to strengthen CLF's leadership team who desires to grow, lead, and serve with excellence.

Let's grow together as we pursue maturity and effectiveness in the Kingdom of God.

 **May 10, 2026**

## Topic: Confirming Your Call




Presenter: Pastor Walcott

Venue: Blue Room

Time: 11:45-12:30pm

A deep, personal, and clarifying teaching to help us understand, embrace, and walk confidently in the call God has placed on our lives.

 **May 30, 2026**

## Topic: Challenges of Leadership in the Church — and How to Solve Them



Presenter: Pastor Bruce Polson

-via Zoom

Time: 6:30pm - 8:00pm

A practical and insightful session addressing real issues every leader in the church face, along with biblical strategies for overcoming them.

All members, the Servant Leadership community, and emerging leaders are encouraged to attend.

CLF'S PRAYER MINISTRY  
INVITES YOU TO

ALL NIGHT  
PRAYER MEETING



# BAWL OUT

ONE NAME. ONE VOICE. ONE PURPOSE.



FRIDAY  
MAY 29, 2026



10:00 PM



CHRISTIAN LIFE FELLOWSHIP'S  
AUDITORIUM  
21A GORDON TOWN ROAD



IN  
PERSON

LET US ARISE *and* BAWL OUT to God.  
For He Hears the Cries Of His People.



# SPORTS LINK UP

26 JUNE 2026 | 6:30 PM

SCOTIA SPORTS CLUB | LIGUANEA

FOOD \* FELLOWSHIP \* DOMINOES \* FOOTBALL \* NETBALL \* TENNIS \* BADMINTON \* BASKETBALL AND MORE



DON'T WANT TO MISS THE  
WORLD CUP MATCH  
COME AND WATCH IT AT THE  
SPORTS CLUB

7PM



URUGUAY



SPAIN





The Marriage Ministry  
invites you to

# Better Together

## COUPLES WEEKEND

FRIDAY **OCT. 30** 2026

TO

SUNDAY **NOV. 1** 2026



IBEROSTAR - WAVES,  
ROSE HALL, MONTEGO BAY



Carol Madden  
876-351-3113



Andrea Johnson  
876-326-3325



clfcouples2026@gmail.com



CLF COUPLES MINISTRY

*We want to  
hear from  
YOU!*



SCAN  
← ME

PLEASE LET US KNOW WHAT YOU NEED...



<https://bit.ly/clf-couples-survey-2025>

<https://bit.ly/clf-couples-survey-2025>





# IMPORTANT

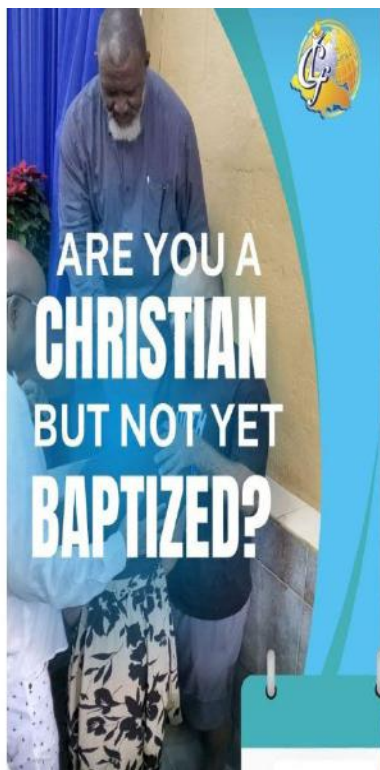
## >>> ANNOUNCEMENT <<<

**Have you started  
regularly attending  
CLF within the last 12  
months?**

We would like to ensure that we have connected with you; give us a call or send a WhatsApp message to CLF mobile at **876 477-9279** or **876-447-5313**.

---

Thank you



ARE YOU A  
**CHRISTIAN**  
BUT NOT YET  
**BAPTIZED?**

WHY? **WATER** WHEN?  
**BAPTISM**

*We want to talk with you  
some more and help you to  
take that step.  
Please speak with any of  
the pastors.*

*Baptism Certificates are ready. Please pickup at the Church Office.*

*Volunteers needed to support the Baptism ministry team*

# CLF KARE KLOSET

Do you have any of the following items (in very good condition or new) that you would like to donate to the Kare Kloset aka Love Basket

- Household Items
- Personal Items e.g. colognes, perfumes, deodarants
- Toilet articles
  - Non-perishable food items



Aprylle-Dawn in the office or Allison Bowes will gladly accept your kind donations



## VOLUNTEERS

JOIN OUR TEAM AND TAKE CLF MINISTRY SUPPORT SERVICES TO NEW LEVELS!!!



**APPLY NOW!**

### HIRING POSITIONS

- Records Officer
- Condolences/Grief Support Off.
- New Visitor Reception Coor.
- Chaplaincy/Business Community Liaison

send your resume to us : [clf\\_fm@yahoo.com](mailto:clf_fm@yahoo.com)

[Click on this link to access information on volunteer jobs](#)

CONTACT THE CHURCH OFFICE FOR MORE INFORMATION  
(876) 447-5313 OR (876) 477-9279

**HEALTH  
INSURANCE**  
Individual Coverage available  
to the brethren



CLF

## HEALING & DELIVERANCE MINISTRY

"MINISTRY THAT LEADS BELIEVERS FROM  
BROKENNESS TO **ABUNDANT LIFE**"



DO YOU FEEL WEIGHED  
DOWN ?

VS



EXPERIENCE FREEDOM &  
HEALING IN CHRIST

"HE HAS SENT ME TO HEAL THE  
BROKENHEARTED,  
TO PROCLAIM LIBERTY TO THE CAPTIVES."  
—LUKE 4:18

CONTACT US TODAY :PHONE: +1 (876) 477-9279 OR EMAIL: [HEALANDDELIVER@CLFJA.ORG](mailto:HEALANDDELIVER@CLFJA.ORG)



**Make a Payment | CHRISTIAN LIFE  
FELLOWSHIP**

Quick & secure checkout.  
[www.fygaro.com](http://www.fygaro.com)

**[Access the New Payment Portal here](#)**

**Dear CLF Family at home and abroad.**

**We have recently set up a new easy arrangement for donations to be made to our Community Ministry (including Kids for the King), Missions, or the Church in general.**

**Once you click on " Give" on the web site, it takes you to a screen that allows use just of your Mastercard or Visa number (debit or credit) whether in Jamaica or anywhere else in the world.**

**It allows for dual currency.**

**No account number is required... neither your account number or the Church's account. Both you and the Church receive email confirmation of the donation/payment.**

**Try it! The link to the screen you get when you go through " Give" on the web site is below!**

**[Link to Credit/Debit Card payment via website](#)**



# Need Pastoral Counseling/ Consultation ?

- GRIEF COUNSELING
- PASTORAL COUNSELING
- CONFLICT RESOLUTION

MAKE AN APPOINTMENT  
WITH THE OFFICE.

CONTACT:

(876) 477-9279

EMAIL:

CLF@CLFJA.ORG

**Call Today !**





## **NEED SUPPORT?**

The Christian Life Fellowship Support Group Ministry will be facilitating Depression Support Groups, for individuals who feel depressed, on the 2nd and 4th Wednesdays of each month. Males will have a male facilitator and females a female facilitator. The first set of meetings will last for three months. Meetings will be in person and online.

**Starting on January 14/2026 @6:30 pm-8:30pm**



**To join a Depression Support Group send an email to Marsha Davis ([marshadavis08@gmail.com](mailto:marshadavis08@gmail.com)).**

# Social Services - Hotline Numbers

**CHILD PROTECTION  
AND FAMILY  
SERVICES AGENCY  
(CPFSA)**

**(876) 878-2882**

**SAFE SPOT  
(for Children)**

**Whatsapp:  
876-439-5199**

**WOMAN INC  
CRISIS CENTRE**

**(876) 929-2997  
Kingston - 24  
Hours**

**(876) 952-9533  
St. James**

**VICTIM SERVICES  
DIVISION**

**(876) 946-0663  
OR  
(876) 946-9287**

**Toll Free:  
(888)-587-8423**

**CHOOSE LIFE**

**(Suicide  
Prevention)**

**(876) 920-7924**

**MINISTRY OF HEALTH & WELLNESS**

**Mental Health & Suicide Prevention**

**(888) NEW-LIFE  
(888) 639-5433**

**Toll-free, 24-hour assistance**

**RISE Life  
Management  
Services**

**(Substance Abuse)**

**(876) 967-3778  
(888) 991-4146**

**NO EXCUSE FOR ABUSE**

**Female callers:  
(876) 553-0372**

**Male callers:  
(876) 553-0387**

**1-888-PROTECT  
1-888-777-8328**

# DISASTER AFTERMATH MENTAL HEALTH CARE GUIDE

## 1 WHAT YOU CAN EXPECT?

After a disaster, it is common to notice these symptoms. However, it is important to take steps to reduce their persistence in yourself and your loved ones.



DIFFICULTY CONCENTRATING

FEELING JUMPY

FEELING FEAR OR ANGER

UPSETTING DREAMS OR MEMORIES

FEELING HOPELESS

FEELING DETACHED

PHYSICAL SYMPTOMS LIKE:

Headaches, Upset stomach, Difficulty sleeping, Tiredness, Racing heart or shakiness, Trouble eating

## 1. EMOTIONAL EXPRESSION

Talk about your feelings with trusted friends, family, clergy or therapist

## 2. PHYSICAL CARE

Keep hydrated, eat, move around, get rest when you can, avoid using drugs, alcohol & caffeine

## 5. BUILD A ROUTINE

This can help provide a sense of stability and normalcy

## 3. MENTAL CARE

Practice deep breathing, prayer, mindfulness to help with anxiety. Focus on the positive & challenge negative thoughts

## 4. SOCIAL SUPPORT

Connect with others, get involved in community work, volunteer to help others. Don't isolate.

## 2 WHAT CAN YOU DO NOW?

These are some actions you can take now to help return your body and mind to a state of rest.



## 3 WHEN TO SEEK HELP

- When symptoms are beyond what can be reasonably managed.
- If there are signs or thoughts of harming self or others.

Reach out for professional help immediately.

A message from the Psychosocial Support Unit,  
Ministry of Social and Community Development,  
Housing & Gender Affairs  
440 2269/440 7952

Please share 



# How to Join Events

## May

# 2026 PRAYER SCHEDULE



### Mondays

6:00 - 7:00 AM

**Corporate prayer**

Online on zoom

### Thursdays

6:00 - 7:00 AM  
7:00 - 8:30 PM

**Corporate prayer**

Online on zoom

**Thur. May 28, 2026**

**NO in Person nor ZOOM Prayer Meeting**

**Fri. May 29 2026**

10:00 PM IN CLF'S AUDITORIUM

**BAWL OUT-All Night In Person Prayer Meeting**

### Saturdays

7:00 - 9:00 AM

**1st and 3rd Saturday**

**MORNING GLORY**

Online on zoom

*Call the church office for more details*

## SUNDAY SERVICE LIVE STREAM @ 9 AM

In addition to numbers physically meeting at church, we will continue to broadcast ONLINE via live video feed on FACEBOOK at [facebook.com/clfja/](https://facebook.com/clfja/), or <http://clfja.org/livestream> which takes you directly to YouTube

Or audio feed on MIXLR at [mixlr.com/Christian-life-fellowship-jamaica/](https://mixlr.com/Christian-life-fellowship-jamaica/)

*Audio recordings &/or abridged notes of each Sunday's messages, testimonies, et al are available on our website: [www.clfja.org](http://www.clfja.org)*

### CLF WELCOME LOBBY

FIRST TIME SHARING WITH US? Join us at 11:00 am in our Virtual Welcome Lobby so that we can connect with you more personally. Join Zoom Meeting

<https://us02web.zoom.us/j/82919629351?pwd=TGpralJ5Z2crdENvajdVeUYyQWZ2QT09> Meeting ID: 829 1962 9351      Passcode: welcome

### CLF invites you to our after-service COUNSELLING ROOM

Join Zoom Meeting

<https://zoom.us/j/5456175764?pwd=Ky9xUEx2WTJ2cXdLcWQ5L1pzT3dmQT09>

Meeting ID: 545 617 5764 Passcode: CLF

# UPCOMING SERMON SCHEDULE

## MAY'S SCHEDULE

**BUILDING REAL COMMUNITY: JESUS IN RELATIONSHIPS**

CCCC  
MAY  
03

**YOUR TRUEST, MOST AUTHENTIC SELF - PT. 2**

Pr. Gary Messado

CCCC  
MAY  
10

**LOVE THAT HEALS OLD WOUNDS**

Dr. Ruthlyn M'Larty

CCCC  
MAY  
17

**INTEGRITY: WHEN NO ONE IS WATCHING**

Genius Edokpa

CCCC  
MAY  
24

**THE PEACE THAT SETTLES CONFLICTS**

Pr. Bruce Polson

CCCC  
MAY  
31

**A NEW VISION FOR FAMILY**



@CLFJAMAICA

# 20 PRAYER 26 ACTIVITIES



08  
JAN

## 10-DAY Prayer and Fast

January 8-17, 2026 - In Person & Zoom

## Community Prayer Walk

8:00 AM - CLF Auditorium

28  
MAR

25  
APR

## Prayer and Praise

Jamaica National Children's Home (Tegwin Unit)

## BAWL OUT

CLF All Night Prayer Meeting

29  
MAY

29  
AUG

## Prayer and Praise

Jamaica National Children's Home (Tegwin Unit)

## Community Prayer Walk

8:00 AM - CLF Auditorium

26  
SEPT

\*Every Monday, Prayer Meeting 6:00 AM-7:00 AM,  
Every Thursday Weekly Prayer and Fast  
6:00 AM-7:00AM and 7:00 PM-8:30 PM Zoom

\*4th Thursday in every month In Person Prayer  
Meeting 7:00 PM-8:30 PM ,CLF Auditorium

*Back to Face 2 Face Sunday School*



**May 15**

*Pre-School (2 - 5 Years Old)*

## **CLF- YOUNG ADULT SHARE GROUP**

Are you a young adult who is not attached to a cell group?

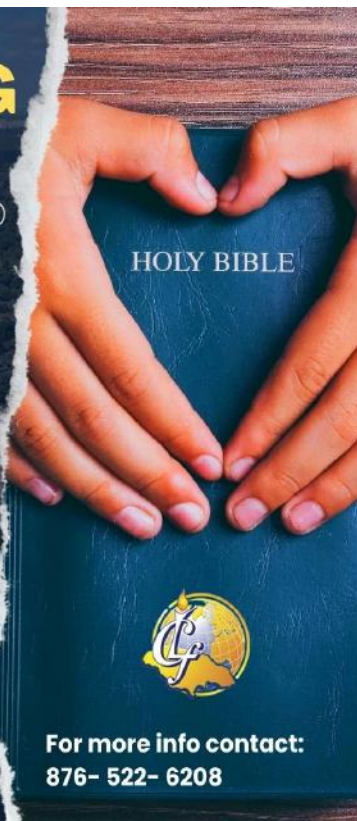
Join us for times of :

- Fellowship
- Fun activities
- Bible Study
- Worship



**Online  
TUESDAYS**

**7:00 - 9:00 PM**



**For more info contact:  
876- 522- 6208**

# JOIN A CLF SHARE GROUP TODAY



## LET'S GROW TOGETHER

### COME EXPERIENCE COMMUNITY:

- Great conversations
- Prayer
- Bible study
- Laughter
- Discipleship
- Caring
- Connections
- Outreach
- Friendship and more



For More info contact

+1876-477-9279 | [clf@clfja.org](mailto:clf@clfja.org)

**FIRST TIME SHARING WITH US?**



**VIRTUAL  
WELCOME  
LOBBY**

**JOIN US AFTER THE SERVICE  
LET'S CONNECT!**

**MEETING ID: 829 1962 9351    PASSCODE: WELCOME**

**DO YOU HAVE QUESTIONS?**



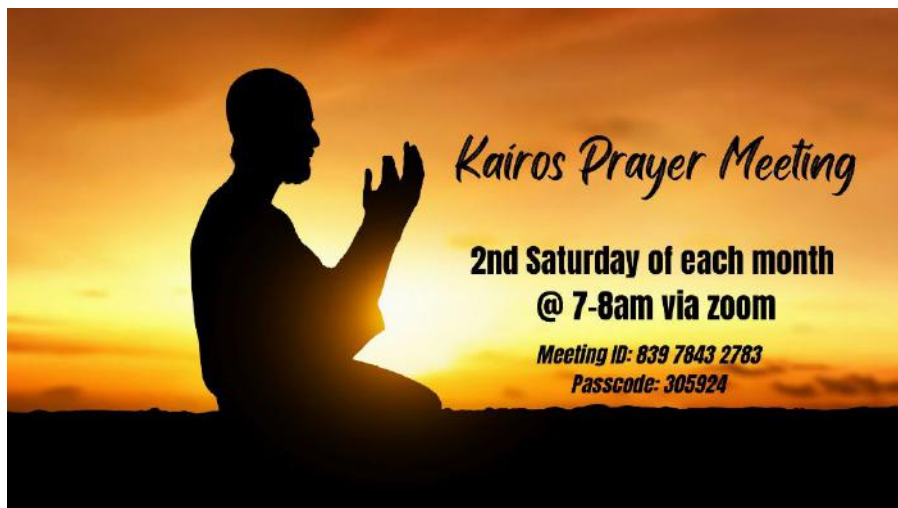
**VIRTUAL  
COUNSELLING  
ROOM**

**JOIN US AFTER THE SERVICE  
LET'S TALK ABOUT IT**

**MEETING ID: 545 617 5764    PASSCODE: CLF**

A poster for a prayer meeting. At the top center is a logo featuring a globe with a flame on top and the letters 'G' and 'P' intertwined. Below the logo, the text 'Morning Glory' is written in a large, white, cursive font, with 'Prayer Meeting' in a smaller, white, sans-serif font underneath. In the foreground, an open Bible lies on a sandy beach, with waves crashing in the background under a sunset sky. At the bottom, the text 'Every 1st and 3rd Saturday' is followed by '7:00 AM- 9:00 AM' and 'Join us on Zoom' with a Zoom logo icon.

Every 1st and 3rd Saturday  
7:00 AM- 9:00 AM  
Join us on Zoom 

A poster for a prayer meeting. On the left, a silhouette of a person is shown kneeling in prayer with hands raised, set against a background of a sunset sky. On the right, the text 'Kairos Prayer Meeting' is written in a black, cursive font. Below this, the text '2nd Saturday of each month' is followed by '@ 7-8am via zoom'. At the bottom, the text 'Meeting ID: 839 7843 2783' and 'Passcode: 305924' is displayed.

*Kairos Prayer Meeting*  
**2nd Saturday of each month  
@ 7-8am via zoom**  
*Meeting ID: 839 7843 2783  
Passcode: 305924*