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Roatan Today

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e are focused on topics of interest such as:
Tourist Sites, Entrepreneurship, Social
Note, Events, Investment and Technological Advances, among others.
This is a project that we are handling with a lot of enthusiasm and optimism. It is time to appreciate the

efforts of our people, with the vision of achieving a progressive development and continue to grow continuously to exploit the greatest potential of the natural beauty that our country has and especially the island of Roatan, to achieve the investment that is needed and create an excellent business climate. We have versions in English and Spanish, the publication is monthly.



- Administrative point of sales
- ▶IT consulting and management
- Systems development Technical service
- ▶ Graphic design Web sites



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The Rotary Club of Roatán now has a new board of directors

BOARD 2023-2024





President: Christtel Caceres



Past President: Ana Flores



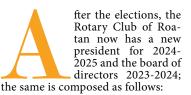
Secretary: Bertha Summerell



Treasurer: Russ Summerell

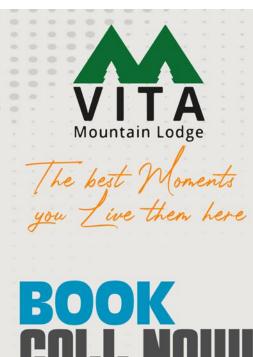


Sergeant-at-Arms: Lisa Blythe



President: Christtel Caceres Past President: Ana Flores President Elect: Freddie Solomon Secretary: Bertha Summerell Treasurer: Russ Summerell **Sergeant-at-Arms:** Lisa Blythe In that sense, we congratulate the new president and the new board of directors, who will be in charge of such a prestigious club, and we wish them much success.





















EDITORIAL

History and reflection of Valentine's Day

Love goes beyond a celebration or even beyond a gift. In view of this, it is important to call society to reflection.

very February 14, Valentine's Day or the Day of Love and Friendship is celebrated, in which love is the protagonist, since, in different parts of the world, lovers exchange gifts, ask for marriage and make their loved one feel special.

Despite the enthusiasm and joy with which it is currently celebrated, its origin is religious and contains an unfortunate fact, because in the lll century in Rome, the emperor Claudius II banned marriages of young people, since he considered that bachelors without families were the best soldiers because they

had no sentimental ties.

A priest named Valentinus thought this was a mistake, so he disobeyed and secretly married all the young lovers who wanted to marry. When the emperor found out about this act of rebellion, he sentenced Valentinus to death on February 14, 270. That is why St. Valentine is currently the patron saint of lovers and in commemoration of his death, the festival is held every February 14.

According to records, the first Valentine's Day was celebrated on February 14, 494, as an official feast of the Catholic Church, this until 1969, since during the Vatican II Council the

liturgical calendar was eliminated. Over the years, the celebration of St. Valentines Day has become more popular, being of greater benefit to the markets, who dress in red and sell all kinds of products and arrangements around the theme.

In view of this, it is important to call society to reflection. Love goes beyond a celebration or even beyond a gift. Love is respect, empathy, loyalty and harmony, therefore,

every day we have the opportunity to make the person we consider the love of our life feel special, valued and

Over the years, the celebration of St. Valentine's Day has become more popular, being of greater benefit to the markets, who dress in red and sell all kinds







LOVIN ROATAN

the best option for you in Wedding Planning in Central America.





Laura Fernandez is an event coordinator and consultant for customized weddings and events.

Rico Raspaldo has more than 25 years of experience in the events area.

ould you like to get married in Roatán and have the wedding of your dreams? Lovin Roatán is the only wedding and event planning company in Central America that provides personalized services.

Lovin Roatán offers entertainment services, hair and makeup services for the bride and her wedding party, decoration and floral arrangements, wedding cakes and everything you need for that special moment.

We will tell you a little about our founder Rico Raspaldo, ceo of the company, Meet its Founder and CEO of Lovin Roatán Rico Raspaldo has organized more than 1000 events nationwide, from private weddings to large corporate and charity events. With over 25 years of experience in resort and boutique management, Rico has a keen appetite for detail, time, budget and execution.

Rico believes that an event should leave an impression on the guests or the company should be a direct reflection of the vision and expectations of the clients, to make the event a great success. Do you have any questions about the venues organization, additional services or special requests? You should probably contact him!

Within our company we have a female wedding planning expert Laura Fernandez a Wedding Planner, coordinator and comprehensive consultant you can count on for your next event.

She is characterized by her meticulousness in the smallest details, neatness and charisma are some of the attributes that reflect her work in each of the events she organizes. Her purpose is to propose event design according to the client's wishes, optimize budgets by effectively managing the preparations and the fundamental and emotional details. Do you have any questions about the decoration, the timing or the look of your wedding? You should contact her! LET'S PLAN!

The services offered by Lovin Roatán

Make your wedding an unforgettable day for your guests, they will never forget it with these unique wedding ideas. With so many options available, it can be difficult to choose the perfect vendor for that long-awaited entertainment. When planning your big day, guests may have high expectations for the wedding entertainment and want some-

thing that people will remember for a long time.

Making sure your loved ones experience the excitement and joy of your union along with you is a natural desire, although it can.

Wedding hair and makeup

Your big day is a big event, and we're here to make you and your entourage feel beautiful. When it comes to your wedding day, we never want you to feel like a stranger with a makeup brush. We will be your best friend, your problem solver and your confidant. We love to know what makes you special. It is then, and only then, can we create the look that makes your heart beat a mile a minute. Our team of hair and makeup specialists customize each bridal hair and makeup package, covering everything you can imagine. You won't have to worry about anything but saying "I do" and "I do".

Decoration and Flowers

A spectacular arrangement for any happy occasion. If it is a wedding ceremony, floral decoration is an essential part of starting the new journey surrounded by the beauty and fragrance of nature. As experienced florists we offer attractive floral arrangements for any occasion, from traditional to modern styles.

Wedding Cakes

Choosing a wedding cake is a very exciting part of the wedding planning process. The wedding cake can become the centerpiece of the reception, adding to the theme of your wedding. We have many wedding cake ideas for you to get inspired by.

Planning

Are you wishing for a wedding but need some inspiration and guidance? Do you know what you would like your wedding to look like, but don't know where to start? Feeling overwhelmed with too many ideas and finding it difficult to put them all together? Lovin Roatan creates weddings specializing in artistic designs. We spend time discovering exactly how you would like your special day, create a wedding design that is your style and personality. Everything you need to create a beautiful wedding celebration. I offer advice and support on every element of the styling process. On the day of the wedding, my team and I make sure that reality.

Congratulations the proposal is a success!

So now you are engaged.... Congratulations, this is one of the most exciting and important moments of your lives and LOVINROATAN has everything you need to make your wedding as beautiful and perfect as you can imagine.

You will have a personal wedding planner to guide you through every wonderful possibility and our amazing staff dedicated to the details.

We can't wait to share this special moment with you.



July 2023 brings us a new marathon for the lovers of track and field





he Organizing Committee of Bay Islands International Half Marathon, is preparing for the development of the second consecutive edition of the international athletics event on the island of Roatan, on Saturday July 29, 2023, with the presence of hundreds of national and international runners in the distances of 21, 10 and 5 km.

One of our main objectives is to promote sport, culture and tourism of our beautiful Honduras.









onsidered one of the 30 wonders of Honduras, the monument to the Christ of El Picacho is a 2,500-ton, 30-meter-high sculpture "El Picacho", is a 2,500 tons and 30

meters high sculpture that is located in the Parque Naciones Unidas located in the United Nations Park, El Picacho Hill in Tegucigalpa.

The religious figure was designed by the Honduran sculptor, Mario Zamora Alcantara, who passed away in 2017 in Mexico City. Its design and construction was carried out by the construction company Consulcreto, led by engineer José Francisco Paredes (QDDG) and the park's architectural design was Luciano Durón, and the architectural design of the park was designed by architect Luciano Durón, the gardening area was created by Mrs. Telma Henríquez (QDDG).

It was designed in 1997 and inaugurated on January 16, 1998.

its value was around 8 million lempiras and its construction lasted seven months of work, with a team of work, with a team of approximately 40 people.

The El Picacho Christ is located at approximately 1,327 meters above sea level and faces the city of El Pi-

sea level and faces the city. To visit and appreciate this beautiful monument you should take your time because due to the large

El Picacho, a religious icon for Hondurans

number of visitors, there is usually traffic congestion from the center of the capital, once you are in the heights, you can see the twin cities that make up the Central District, Tegucigalpa and Comayagüela.

Also, at least 60% of the capital can see the imposing Christ, especially at night, as it is illuminated with lights of different colors.

A curious fact is that the Christ of El Picacho shows his hands semi symbolizing a blessing to

the Hondurans.

In the place you will also find trails, shaded walking areas and terrace, gardens with over 80 plants gardens with more than 80 exotic plants, there are also a variety of squares for you to There are also a variety of plazas for

you to hold events such as weddings, birthdays and and so on.

Its hours are Monday to Sunday, daytime from 8:00 a.m. to 10:00



to 10:00 p.m.

A curious fact is that the Christ of El Picacho shows his hands semi symbolizing a blessing to the Hondurans.



The only multi-specialist law firm in the Bay Islands a lawyer and Supreme Court notary.

Director: Alex Villela F.











INTERVIEW

Robby Molina a chef with a passion for Honduran gastronomy

Robby Molina, expert in international dishes, did not go to the great gastronomic schools... His passion for cooking turned him into a reat chef...

ho is Chef Robby Molina? R/// Robby Molina was born December 18, 1982 in Olancho, he was the third son of a country family, he played soccer in the school team, moving to study in Tegucigalpa, he arrived to the island of Roatan in 2006 and was passionate about the beauty of Roatan, where I call it my home, representing outside and inside the country one of the most beautiful islands in the world.

Whydidyouwanttobecomeachef? R// I started as a dishwasher in a restaurant chain, one fine day in my life the chef in charge of the kitchen gave me the opportunity to venture into this wonderful world of gastronomy and you realize that gastronomy conquered palates, this is a turning point.

When did you start in the world of

gastronomy? R/// I discovered this passion at the age of 19 years taking into account the family meals, since then you have passed through several kitchens and since then your evolutionary capacity has kept you fresh.

Where did you learn gastronomy, did you go to a school? R/// At the beginning, without having set foot in a cooking school in the first years, I was learning from the best international chefs with whom I had an excellent apprenticeship and training which always left them surprised by my speed of absorbing all the knowledge, it took me many years until I decided to study professionally and get my professional chef certificate to be up to date with techniques, products and trends.

How has the experience in the world of gastronomy been?

R/// In the right hands, food is much more than a combination of ingredients served on a plate, it is an adventure without rules, demonstration of cultures, creating lasting memories, it is difficult to describe all the experiences both inside and outside the country.

Approximatelyhowmanydisheshave you prepared in your professional career?

A// Actually I have not had a certain number of dishes that have passed through my hands in Honduras as in other countries, but they have not

been few, but I am left with the satisfaction of having a good memory.

What is your favorite bo

R/// THE SCIENCE OF SPICES

What song accompanies you when you cook? R// I am a Rock lover and one of my favorite bands in Spanish is mago de oz LA DANZA DEL FUEĞO.

Is there a particular book that

R// FOUR HOUSES chef Jor-

How would you describe the island of Roatan?

R// Roatan is a paradise, it should be on everyone's list to visit because it is a beautiful place to vacation, the nature, the adventure, the culinary offer, definitely, it is a paradise.



Age: 40 years old

Marital Status: free union

Profession: Chef







Bean Crazy honors Honduran

honors Honduran women on their day nder the slogan "Successful women of Roatan", Bean Crazy in support with Mr. Tucan Hotel, Tucan Gift Shop and Mujeres y Negocios, held on January 25 the celebration of the Honduran Women's Day at Bean Crazy, Dolphin Plaza. The objective of this event was not only to celebrate women, but also to highlight

the work that women do every day, in the exercise of entrepreneurship and that undoubtedly impacts and motivates them to continue fighting to fulfill their dreams and those of their own. In that sense, in the event a group of businesswomen and entrepreneurs of Roatan, who with their persistent struggle have managed to get ahead, were presented.







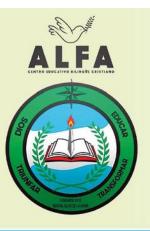


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Henry Morgan Hotel makes important donation to the Public Hospital of Roatan

Hotel Entrepreneur Piero Dibattista makes important donation to Roatan hospital





n January 17th, the Henry Morgan Hotel made an important donation of surgical material to the Public Hospital of Roatan, which was received by Dr. Jorge Figueroa and Dr. Indira Sanchez, who were grateful for such an act of kindness.

Being a socially responsible company, Henry Morgan, through its non-profit

activities, donated the surgical supplies including gowns, shoe covers, masks, caps and gloves, among others.

Also, the president of the hotel, Piero Dibattista, the lawyer Lurbin Garcia, human resources manager, the engineer Rudy Hernandez and the purchasing manager Marco Mann, held a meeting with the aforementioned doctors, in which it was agreed to continue carrying out short and long term projects

to support the health sector, specifically the Public Hospital of Roatan.

It is important to mention that the donation was also possible thanks to the collaboration of Laura M.

Osorno and Paula Ortiz in coordination with Mrs. Leslie Dibattista who, together with Henry Morgan, made the arrangements for the donation.







Donations for the Roatan hospital coming in.





OFFERING INSURANCE COVERAGE SINCE 1991

- HOME
- AUTO MARINE HULL
- MEDICAL LIFE









All these styles are available by following Angie Medrano's social

networks.



Angie Medrano a creative and

innovative entrepreneur

A promising young innovator in the fashion of hand crocheted swimsuits. A totally handmade product

ngie Jissel Medrano Rivera, is a young 22 year old islander who has decided to venture into the world of entrepreneurship with her online store of crochet swimwear bikinis. The young entrepreneur divides her time as a university intern in the faculty of international business, modeling and making crochet swimsuits.

The business idea came from the desire to undertake something different, but that not only she liked, but also to other women and that was something that was in demand in the island area and also carried a quality work and passion with the development of handmade garments.

To make them known to the

To make them known to the public, Medrano chose to create her online bikini store, where you will find all styles, sizes and colors. According to her, the acceptance by people has been excellent, making shipments nationally and internationally, which motivates her to

If you would like to know more about this venture, you can communicate via WhatsApp at +504-3331-2523, on Instagram you can find her as @lissbikinis.

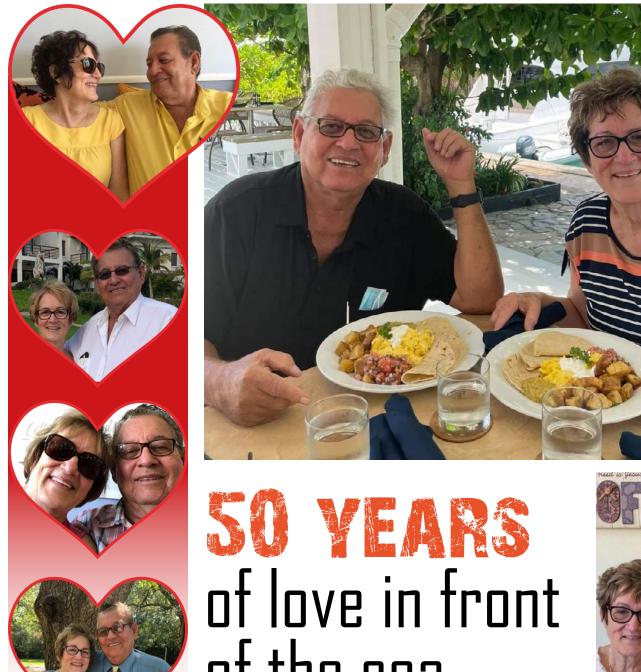
continue in this area.



INFORMATION

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of the sea

love began in childhood, destiny brought them together again, the Dixon couple remain together

ove is everywhere, even in those people we have known since childhood and never imagined we could have a future with them. Thus began the love story of husband and wife Irwin Dixon and Valjean de Dixon, who knew each other from a very young age when they attended school and never imagined that their love story and their

future lay in each other.

Time passed and they became adults, so they each worked. She worked specifically in a bank, the first in the area, and he frequented the place, reason why they always exchanged greetings and shared long talks; in the house of his sister, who was married to an uncle of Mr. Irwin, was where they spent more time together and it was there where they met and where they began with that uncertain love story, but that

currently endures.

With more than 50 years of marriage, the Dixons enjoy day to day life with each other in Plan Grande, Roatan, and still maintain the love and unity with which they began. The sea and the people closest to them are witnesses of the passion that unites them and that will surely keep them that way until the promise of "until death do us part" is fulfilled.



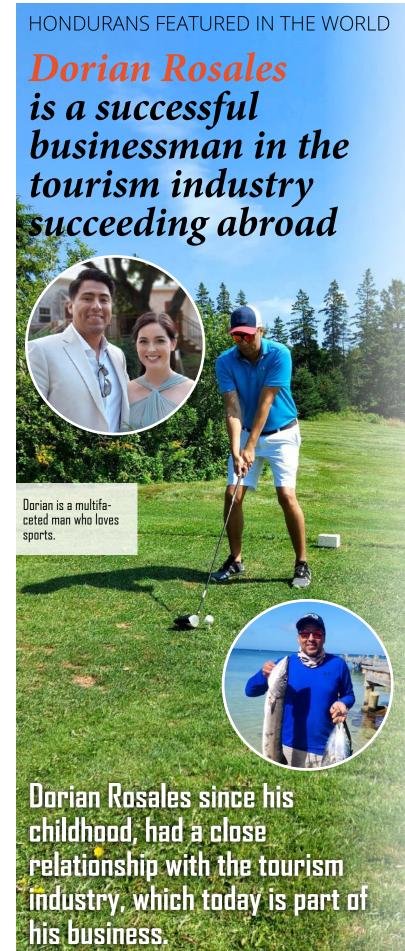
The Bible says what God has joined together let no man put asunder. The Dixons have been together for 50 vears.



EXAMPLE

The Dixon couple have been together for 50 years.





Who is Dorian Rosales? I am an ambitious entrepreneur with a passion for innovation and success. I have built a reputation as a forward-thinking business leader, but my accomplishments go beyond the business world. I am also an active philanthropist, committed to making a difference and giving back to the community from my accomplishments. At the core of my being, I am a family-oriented person who values time with loved ones and prioritizes a balan-

2. Where are you originally from? La Ceiba, Honduras

3. How did you come to Roatan?

The first time I came to Roatan was when I was 10 or 11 years old. I remember I went snorkeling at a place called Spooky Channel and at that moment I fell in love with the reef and Roatan.

4. How do you remember your childhood?

I had a very fortunate childhood. I was raised by many people. My mom, my aunts, my older cousins, but especially my grandmother. I was spoiled by her and when I talk about my younger years, she is the first thing that comes to mind.

5. What anecdotes from your teenage years would you like to share?

Growing up, I was raised in a house full of strong, hardworking women. My mother, grandmother and aunts were all entrepreneurs who worked tirelessly to provide for their families. From watching them, I learned the value of hard work and determination, as well as the importance of family and tradition. These women taught me the importance of never giving up and always striving for success, no matter the obstacles.

Their entrepreneurial spirit inspired me to follow in their footsteps and start my own business. The travel industry was a natural fit, as I had always been passionate about travel and adventure. With the lessons I learned from the women in my life, I was able to build a successful business that offers unique experiences to visitors to the island of Roatan.

I am grateful for the strong female role models who molded me into the person I am today. Their unwavering determination and hard work continue to inspire me and I strive to honor their legacy by building a business that embodies the values and traditions I learned from them.

6. How did you get started in the tourism industry?

I started in tourism in my early teenage years. I used to work as an interpreter for different medical brigades that came to Honduras. After the brigades' work was done, we would take them to tourist attractions like Copán, Pulhapanzak or Lake Yojoa and I worked as a tour guide sharing my knowledge about these places with them.

7. What projects are you currently managing?

We have a couple of tourism oriented companies, Explore Roatan and Mahogany Tours, and we are starting in the construction industry with Bay Islands Industrial.

8. What cities are you currently working in?

We are working in Roatan. But I am also expanding soon to Cozumel and the Cayman Islands with the Explore brand.

9. What are your short, long and medium term goals?

My short term goals are to increase brand awareness of Roatan Island as a tourist destination, medium term goals are to increase the number of repeat visitors to Roatan Island and attract a wider audience by diversifying the types of visitors and long term goals are to make Roatan Island a leading destination in sustainable tourism and to continually improve the tourist experience through the development of infrastructure and services.

10. What has the entrepreneurial experience been like?

As an entrepreneur in the tourism business, I have had the opportunity to turn my passion for travel and adventure into a successful venture. For the past five years, I have worked tirelessly to build a brand that offers unique and authentic experiences to visitors to Roatan Island. I have faced many challenges along the way, but with determination and perseverance, I have overcome them and learned valuable lessons in the process.

I have had the privilege of working with a talented team of professionals who share my passion for creating unforgettable memories for our clients. I have also formed valuable partnerships with local businesses and organizations that have helped us promote the beauty and culture of Roatan Island. Looking back on my journey as an entrepreneur, I am proud of the impact I have had on the island and the lives of its residents. I am also grateful for the opportunities I have had to grow as a leader, business owner and individual. I am excited for what the future holds as I continue to strive for excellence in the tourism industry and make a lasting impact on the



Hotel owners promote Bay Island tourism at the Travel & Adventure Show







Island entrepreneurs participated in one of the most important events in the tourism industry to promote the visit to the island of Roatan

ecently the hotel industry of the Bay Islands, along with the Chamber of Tourism, joined efforts to publicize the island of Roatan as a tourist destination to visit during the vacations, during the Travel & Adventure Show event that took place on January 28 and 29 in New York City, United States.

The purpose of this great event was to present tourist destinations to people who wish to travel so that they can choose the best options to travel in 2023. In it, the participants received updated information with new offers of the best places to vacation, which included the island of





Pollo MamaVila was rated the best chuco chicken in San Pedro Sula

an Pedro Sula. Last Saturday January 28th and Sunday January 29th, for the second consecutive year, the Chuco Chicken Festival was held in the parking lot of Comisariato Los Andes. Nine of the most renowned polleras of the industrial capital participated in the event; however, the prize for the best chicken in the city went to Pollo Mama-Vila.

It is estimated that more than 50 thousand people attended during the two days, who were able to enjoy this characteristic and delicious dish, as well as the musical atmosphere, surprises and activities that were scheduled for the event, which was sponsored by several well-known brands, such as Pollo Norteño, the Maggi company and others.









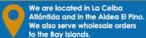
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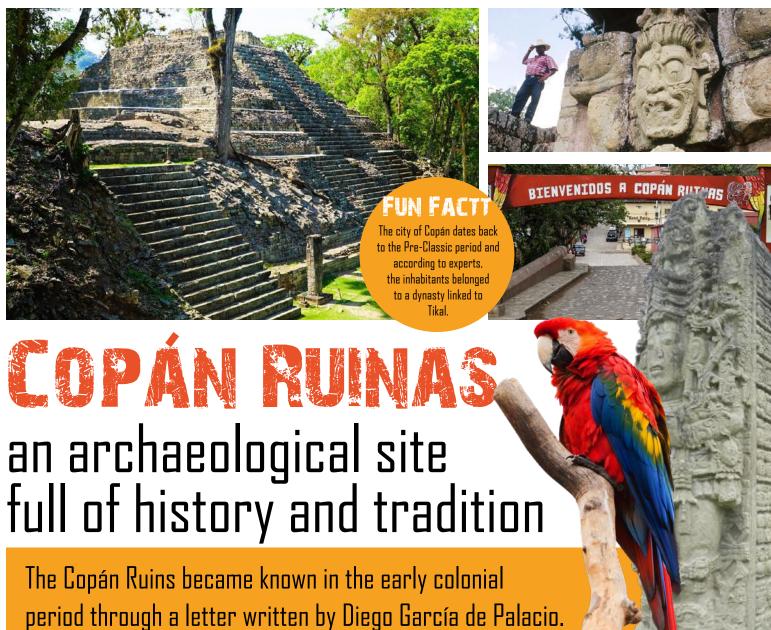
 Stone materials of excellent quality such as: Cascajo, Sand, Gravel and Filling for the development of your projects











OPAN. This is one of the 18 departments of Honduras and is located in the far west, bordering located in the extreme west, bordering to the north and west with Guatemala,

to the south with the department of Ocotepeque and to the east with Santa Barbara and Lempira.

It has an area of 3,242 square kilometers and is home to a population of 392,225 inhabitants.

population of 392,225 inhabitants. Its departmental capital is Santa Rosa de Copán de Copán, which was created on May 28, 1869.

It consists of 23 municipalities, being Copán Ruinas one of the most important, because it has the Mayan city the Mayan city, which in 1980 was declared a UNESCO World Archaeological Heritage Site.

UNESCO Archaeological Heritage of Humanity and is currently a field of study and attracts thousands of visitors. and attracts thousands of tourists throughout the year.

Located only 14 kilometers from Guatemala, Copán Ruinas is considered the Paris of the Mayan World in Central America.

as the Paris of the Mayan World in Central America and was discovered in 1570 by Diego Garcia de Palacio. by Diego Garcia de Palacio.

Copán is one of the most important remnants of the Mayan Civilization; the vestiges of the city and the imposing public plazas reveal the three main periods of its development, before periods of its development, before the city was abandoned at the beginning of the 10th century AD.

at the beginning of the 10th century A.D. The Plaza of the Hieroglyphic Stairway has a monumental staircase. monumental stairway; in the 10 meters wide there are more than 1,250 individual glyphs, which constitute

the individual glyphs, which constitute the longest Maya inscription.

After being abandoned, it was swallowed by the jungle, which helped to preserve it.

preserved. The natural phenomenon caused by the Copan River, which flows through part of the main site, has the main site, has caused an erosion, leaving an archaeological cut in a natural way, which is archaeological cut in a natural way, which is considered the largest in the American continent.

American continent, which was and is the object of study to obtain information about the information of the different phases of the construction of the acropolis. A few a few kilometers away, there are also the sites "Las Sepulturas" and "Rastrojón", both of them "Rastrojón", both of which have an unparalleled historical importance.

With the most important cultural des-

tination in Honduras, Copán Ruinas is not only full of history and culture, but is also is not only full of history and culture, but also many natural attractions, such as the bird and hot springs such as the bird park and hot springs, with a rainy climate, but contrasting with the contrasting with the hot temperatures on the low coasts and riverbanks and somewhat milder and somewhat milder in the higher elevations.

In addition, the gastronomy of Copán makes it a unique place. The baked pork baked pork, grilled fish, chicken nacatamales, sopa de capirotada, pacayas choras enhuevadas, pupusas de quesillo, marinated cow tongue, stuffed spleen, tamales spleen stuffed, tamalitos de cambray, sopa de olla, pacayas cocido, rice, fried beans, salted fish cakes, chanfaina, montucas, pupusas de frijoles, flor de izote en huevada and carne asada will make you fall in love with the place.















Los Bohemios perform unforgettable concert

Nono and Yambe made their return to the stage and prepare a new video this time from the island of Roatan.

n February 4, the Los Bohemios concert took place at San Simon, Islas de la Bahía. From early in the morning, people came to San Simon's facilities to enjoy a beautiful evening accompanied by good music. The night arrived and the place was packed, since the atmosphere was unique; people did not stop dancing and of course the support for the artists was notorious, so they were in charge of making the night unforgettable





Mho is Darson Bennett?
An original Afro Reggae
Dance hall artist from the
beautiful bay island of Roatan, Honduras When it comes to creating dance hall
reggae and afro pop hits that rock the
island, Central America and stand
the test of time, no one does it better

than 30 year old entrepreneur "Drizzle" aka Darson Bennett from Sandy Bay. A charming and charismatic singer-songwriter and producer of his own music who doesn't run scared of anything.

His name RoadRanna is a reference to his favorite cartoon, Roadrunner. In each episode, Wile E. Coyote repeatedly tries to catch and subsequently eat the Roadrunner, a fast-running land bird, but never does. but never succeeds. This reminds him that his life has been very similar to that of this swift bird, because many times he has been confronted by others who tried to hinder his career. his career, but just like the fox, he has who tried to catch the Roadrunner, they never succeeded.

This artist has a combination of two different names: Drizzle and RoadRanna. The name Drizzle is the quiet and gentle side of RoadRanna.

Which was taken from the peaceful sound and stillness of the rain. "It Wasn't Me," the best-selling collaboration in British chart history, by Shaggy, paved the way for the likes of Drake, Rihanna and Major Lazer to launch their respective careers. "I was here before Drake," says former cook Drizzle with a smile. Last April, Drizzle released a dance hall reggae song called "Tun up," in collaboration with Rambo Style and Elly Yung. Slang expressions are used to describe something that is wonderful, exciting, spectacular or very funny. The literal translation of "tun up" is "upped up". In patois (patwa): Di party tonite ago tun up. In English: Tonight's party is going off the chain. His lyrics use the various influences and blends of "Patwa" and Creole English from the islands. Nine-year-old Drizzle fell in love with singing, an inheritance from his mother and grandmother. His mother, Miss Mazy Raymond, sang in church. At age nine she sent him to Belize to live with his aunt and to school. There he studied architecture and developed his ability to write songs. At 18 he returned to Roatan, to his hometown of Sandy Bay, as Belize City had become too corrupt and dangerous to live there. Love is the theme of all his lyrics. Drizzle encourages people to stay together in their relationships and hopes they learn something positive from his lyrics. "One Love" is an expression of unity. One love" refers to universal love and respect for all people, regardless of social status, race or any other defining characteristic. Bob Marley is his hero, as he is for many islanders, and his source of inspiration. Grip me is his favorite single, released four years ago.

Grip me is a metaphor between twerking and a jump. Twerking is a dance move that consists of a "gal" moving her "gal's" legs to the floor, and a "gal" moving her "gal's" legs to the floor. hips and ass in a back-and-forth

back-and-forth motion that makes him shake, wobble and jerk. "The butt grabs me," Drizzle explains. Drizzle is building his own studio in Sandy Bay, which takes a lot of time, effort and money. In the meantime, he records his songs at Coxen Hole, where he works with another producer. The studio is very small, but it's all they need. The ceiling is covered with empty egg cartons to muffle outside sound. The group writes their own lyrics, but doesn't use instruments. Their rapping technique uses computer beats. Still, it sounds great, especially in the YouTube videos "The RoadRanna".

2. When did you decide to dedicate yourself to music?

When I did my first live performance in front of more than 1000 students it made me realize that I was chosen to make music and pursue my dream, which was also my mother's dream. My dream which was also my mother's dream.

3.Tell us your story. How was your childhood in Roatan?

Growing up in Roatan wasn't easy, living in a house with 10 siblings, my mother, my father, 3 brothers and 4 sisters under one roof. But despite the hard times, the dark days we call ups and downs we all made the best of what we had. Mom and Dad were very poor in material things, but rich in love and faith in God.

4. What is the inspiration for your songs?

To be able to connect and relate to what people go through in their lives. Like struggles, breakups and the loving and thriving side of relationships. I'm also inspired to write about what's going on in the world today. Like people who take advantage of their political power and other non-political Organizations that were only created to improve the welfare of the rich.

5. What message do you send to your followers?

Thank you for following me, tuning in, please keep sharing and supporting me as an independent artist.



() Optica Sampedrana

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Ocxen Hole, Roatan. Honduras









was sponsored by HM King Charles I of Spain and V of Germany.

1. Who is Álvaro De Marichalar Sáenz De Tejada?

A lone Spanish navigator. An explorer of himself, of others and of God's nature.

Someone for whom it is important to value the best in human beings in order to know how to respect ourselves better and be able to embrace ourselves more.

2. How was the idea of going around the world born?

It was born when we remembered the First World Tour on its V Centenary. 500 years ago we circumnavigated the planet for the first time, getting to know that we do not live on a flat surface with large waterfalls at the end of the ocean, where "everything ended" as they thought until the sixteenth century ... but we are in a round place all humanity together and united.

That discovery was made in 1522 by Juan Sebastian Elcano when he arrived in Seville, Spain, on September 8, 1522 along with 17 other survivors of the 260 that had sailed three years earlier from the same place under the command of Ferdinand Magellan (who lost his life in the Philippines in 1521).

There, the spherical shape of the earth was empirically demonstrated.

These people of enormous commitment and courage are the ancestors of all the members of our great Ibero-American family.

3. What are the objectives of this trip? Two:

To remember and honor those discoverers, sailing solo aboard the smallest vessel in the history of sailing to show the world and raise awareness about the very serious problem caused by plastic in the seas and oceans.

4. How many countries in the world have you visited?

Quite a few, but I have not counted them and I prefer not to do so in order not to limit what is unfathomable, since, even if you visit all the countries, you will never get to know everything...

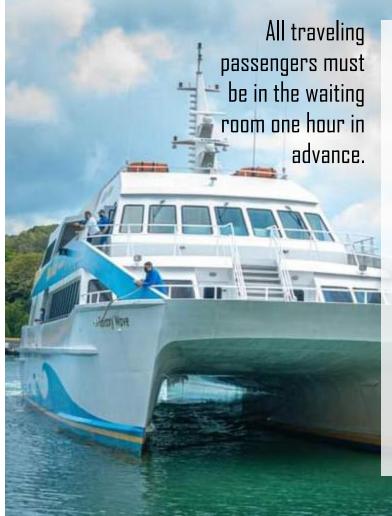
5. What legacy do you want to leave in the world?

It is better to leave a legacy in life and to do it every day. I promote love, respect, hope, courage, nobility in behavior, truth: FREEDOM.





Galaxy Wave will stop selling tickets as of 6:50 a.m.



he maritime transportation company, Galaxy Wave, which offers services to the Bay Islands, informed that starting tomorrow, Saturday, January 21, 2023, the company will stop selling tickets at 6:50 a.m.

The determination is due to the fact that the ferry does not depart at the established schedule, since buying tickets at the last minute delays the departure process.

In this sense, Galaxy Wave expects the understanding of the population, likewise, it reminds them that the tickets can also be acquired through www.roatanferry.com, so that with the bar code that they receive in their confirmation, the tourists can go to the terminals of the company to wait for the departure time, so that the service is expedited and you can leave at the established time.

In addition, the company asks visitors to arrive at the terminals one hour before to avoid delays.

For more information you can call the following numbers (504) 3193-0000 and (504) 2408-4540 or you can email promociones@roatanferry.com. On Facebook you can find them as Roatan Ferry and on Instagram as @roatanferry.

Henry Morgan Hotel will host the Señora Honduras

The Henry Morgan Hotel complex will host the coronation of Mrs. Honduras, on June 10, said Amalia Ramirez of the organizing committee. This year it is expected that women from all over Honduras will be represented. If you wish to participate you can register at the following contact numbers 9497-7213 and 97832357.



Amalia Ramírez from the organizing committee Señora Honduras

Indira Fox, the woman behind the success of Diario Roatán



<u>Honduran digital media rankings</u>

1 LA PRENSA	laprensa.hn	Hondura	español	863	59.25
2 EL HERALDO	elheraldo.hn	Honduras	español .	1088	57.00
<u>3 TIEMPO DIGITAL</u>	tiempo.hn	Honduras	español .	1411	53.75
<u>4 la tribuna</u>	latriḃuna.hn	Honduras	español .	2035	47.00
5 PROCESO	proceso.hn	Honduras	español .	2611	40.75
<u>6 Hondudiario</u>	hondudiario.com	Honduras	español .	2878	37.50
<u>7 EL PAÍS</u>	elpais.hn	Honduras	español .	3019	35.75
ZÀM B	diariomas.hn	Honduras	español .	3107	34.50
9 CRITERIO	criterio.hn	Honduras	español	3205	33.25
<u>10 HN CONFIDENCIAL</u>	confidencialhn.com	Honduras	español .	3543	28.50
11 EL LIBERTADOR	ellibertador.hn	Honduras	español	3589	27.75
<u>12 diario roatán</u>	diarioroatan.com	Honduras	español	3793	23.75
<u>13 EN ALTA VOZ</u>	enaltavoz.com	Honduras	español	4038	18.75
<u>14 LIBERTAD DIGITAL</u>	libertaddigital.notic	ias Hondur	as español 4	4093	17.75
15 EL MUNDO	elmundo.hn	Honduras	español .	4114	17.25



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publications are
the order of the
day for users,
acquiring a new
perspective in the
sales market.



hen you enter the site tevendoloquesea.net it will take you to the home page where you will see an icon where you will have to register, as well as a series of options, depending on what you are looking for. Among them, cars, houses, electronics, pets, jobs and others. In that section you choose what you want and then you get the selection of requirements that you must fill out to continue with the process. For example, you must choose the option of how the process will be handled; such as buying, selling, exchange, renting, work, etc. In addition, you will see the category, i.e., car, house, and so on. You must choose the address where you

are, in this case the apartment.

Finally, you must accept the conditions, brand and price range. Then you will see the photos of the options you have available, with a description of their condition, brand, year and location, depending on what you are looking for. You will also have the option to post an ad, for which you must be previously registered. Then, you will see the requirements that you must fill out for your article to be successfully published. In addition, you will have the option to chat online with te vendo lo que sea, where they can advise You can search you so that you can buy, sell or rent or publish your whatever it is. article in an endless number of

categories.



Lita and Josue's

The Velázquez-Woods say yes to each other in a private reception in Roatán

he island of Roatan witnessed the love that the young couple, Velazquez-Woods, swore to each other before God, the witnesses and of course the guests, who with their presence made the nuptials unforge-

The event took place at Ocean View Hotel and Restaurant and was decorated in blue and white, in harmony with the color of the sea and all its charm.

For her part, the bride wore a beautiful long white dress, with glitter that made her look beautiful and elegant, so she stole the glances of everyone

On the other hand, the groom wore a sky blue tuxedo, which matched the decoration.

On the other hand, the cake was very appetizing and refined, with three tiers high, decorated with beautiful white roses; on the table where it rested there were navy blue petals, which gave it that touch of subtlety and on the right side was the respective Mr. & Mrs. Mr. & Mrs., the bride and

After saying "I do" and enjoying the dishes, the couple, along with the guests, enjoyed the stilt walker show they had prepared, then they danced for several hours.

All in all, the Velazquez-Woods showed off their beautiful wedding.



The Velazquez-Woods during the civil



Moment when the couple tied the knot at the Ocean View Hotel and Restaurant reception.



The cake certainly looked beautiful.



The couple also posed with their special quests.



The young couple looked very beautiful and happy.