



# BSTA

Brentwood School Tennis Academy

## Developing Future Tennis Stars – The Brentwood Way

Individual player development is at the heart of the Brentwood School Tennis Academy programme.

“

Spectacular performances are preceded by spectacular preparation”

Our coaching team led by Mr Simpson-Crick aims to develop all-round players who will be great ambassadors for Brentwood School, improving every day to achieve a world-class game style both on and off the tennis court.

Players at Brentwood School will develop a good ‘Head’ through staying focused, developing their decision-making, reflecting and using knowledgeable thinking to handle any situation to achieve the desired outcome. Players will develop a growth mindset and show great courage when faced with pressure to achieve their goals.

They will have a big ‘Heart’ with great passion and resilience when competing and training. Players will enjoy their time on the court and embed a culture of hard work and love for the game. They will show their emotions and a will-to-win attitude when competing, alongside humility and respect for their partners and opponents at all times.

Each player will be an ‘Athlete’ with high levels of movement and athleticism entwined within their game to reflect the demands of tennis. They will be fast, agile, powerful and robust warriors on the court with strength and conditioning moulded within their coaching programme.

Players will possess ‘Weapons and Skills’ which will create their game style and identity on the court. They will be tactically aware and effective in executing their shots with efficient and effective technique. Every player is special and will possess a unique set of weapons and skills in which they will nurture and learn to master.



*Holiday Camps*



*Our Socials*



The Brentwood School Tennis Academy provides a clear development pathway for pupils of all ability levels in Reception through to Sixth Form. Our journey allows players to excel both on and off the court, helping everyone to realise and achieve their full potential.

|                        |                       |                          |                          |                          |                           |
|------------------------|-----------------------|--------------------------|--------------------------|--------------------------|---------------------------|
| <b>Blue</b><br>Age 4–6 | <b>Red</b><br>Age 6–9 | <b>Orange</b><br>Age 7–9 | <b>Green</b><br>Age 9–10 | <b>Yellow</b><br>Age 10+ | <b>Academy</b><br>Age 11+ |
|------------------------|-----------------------|--------------------------|--------------------------|--------------------------|---------------------------|

We also invite aspiring tennis players to join our BSTA Elite Pathway, where they will receive comprehensive support and development in order to fulfil their true potential as tennis stars of the future.

Each programme is tailored to the individual's needs and can include individual training sessions on-site at Brentwood, support at tournaments and access to strength and conditioning to improve the physical side of their game.

Pupils will have the opportunity to represent the School in many tennis fixtures during the Trinity Term and our Senior School will compete in the National Schools Championships, Schools Team Tennis and Independent Schools Tennis Championships each year.

If you would like to find out more information about the Brentwood School Tennis Academy and the tennis programme, please contact our Head of Brentwood School Tennis Academy, Mr Simpson-Crick on [simpson-crickm@brentwood.essex.sch.uk](mailto:simpson-crickm@brentwood.essex.sch.uk).



### **Private Tennis Lessons**

We offer private tennis lessons all year round. Pupils in EYFS and KS1 can have private tennis lessons before school, during lunchtime or at the weekend. KS2 and Senior School pupils can have a daytime tennis lesson in replace of a different academic lesson each week. They also have the opportunity to have evening or weekend lesson too.

*More information*



**VLM**

*Virtue Learning Manners*