



Muskie Community Center

DINING MENU

July 2024

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Swedish Meatballs Egg Noodles Peas & Carrots or Salad Bar Dinner Roll</p>	<p>2</p> <p>Chicken Pot Pie Biscuit Carrots or Salad Bar</p>	<p>3</p> <p>BBQ Chicken Burgers Baked Beans Coleslaw or salad Bar</p>	<p>4</p> <p>Closed in Observance of Independence Day</p>	<p>5</p> <p>Salmon Pie Potato Wedges Vegetable Medley or Salad Bar Dinner Roll</p>
<p>8</p> <p>Sweet & Sour Meatballs Rice Pilaf Mixed Vegetable or Salad Bar Dinner Roll</p>	<p>9</p> <p>Cheese Omelet Ham, Bacon or Sausage, Peppers & Onions, Scalloped Potato, Spinach or Salad Bar, Croissant</p>	<p>10</p> <p>Meat Lasagna Zucchini or Salad Bar Dinner Roll</p>	<p>11</p> <p>BBQ Chicken Baked Beans Green Beans Dinner Roll</p>	<p>12</p> <p>Breakfast Buffet Baked Stuffed Haddock Baked Potato Carrots or Salad Bar Dinner Roll</p>
<p>15</p> <p>Spaghetti & Meatballs Vegetable Medley or Salad Bar Dinner Roll</p>	<p>16</p> <p>Chicken Stew Roasted Vegetables or Salad Bar Bread Boule</p>	<p>17</p> <p>Beef Tips Mashed Potato Zucchini or Salad Bar Dinner Roll</p>	<p>18</p> <p>Roast Pork Scalloped Potato Mixed Vegetable or Salad Bar Dinner Roll</p>	<p>19</p> <p>Breakfast Buffet Fish Fillet with Cheese Rice Pilaf Peas or Salad Bar Dinner Roll</p>
<p>22</p> <p>Burgers & Fries Corn or Salad Bar Burger Roll</p>	<p>23</p> <p>Sausage Sub with Peppers & Onions Penne Broccoli or Salad Bar Sub Roll</p>	<p>24</p> <p>Hot Dogs Beef & Bean Chili Rice Summer Squash or Salad Bar Dinner or Hot Dog Roll</p>	<p>25</p> <p>Sliced Turkey and Stuffing Mashed Potato Peas & Carrots or Salad Bar Dinner Roll</p>	<p>26</p> <p>Breakfast Buffet Lemon Butter Haddock Rice Zucchini or Salad Bar</p>
<p>29</p> <p>Baked Ziti with Meat Sauce Spinach or Salad Bar Dinner Roll</p>	<p>30</p> <p>Baked Chicken Rice Pilaf Cauliflower or Salad Bar Dinner Roll</p>	<p>31</p> <p>Baked Ham Sweet Potato Broccoli or Salad Bar Dinner Roll</p>	<p>All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.</p>	<p>Breakfast Buffet Served every Friday from 8 - 9:30 a.m. Cost: \$7 per person</p>

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

July 2024

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment 8 a.m. – 3 p.m. 9 – 10 a.m. July 8, 10 – 11:30 a.m.	★ Notary Services ★ Pool Table ~ Sign up at Reception - Veterans Play Free Richard Simmons Workout ★ Book Club: <i>Where the Dandelions Sing</i> by James Hill	Donations Accepted \$5 per hour \$2 per person \$20 per person*
	* Cost covers the book and meetings. The book will be yours to keep!		
Tuesdays	8 a.m. – 3 p.m. 9 - 11 a.m. 10 – Noon Noon – 2:30 p.m. July 16, 10 – 11 a.m.	Pool Table ~ Sign up at Reception - Veterans Play Free Quilts & Crafts ★ Wii Fit & Games ~ Tennis, Golf, Baseball also available! Hand & Foot ~ Canasta ~ Rummy Type Card Game ★ Medicare 101 Clinic <i>(Somerset Community Center, 30 Leavitt St. Skowhegan)</i>	\$5 per hour \$2 per person \$2 per person \$2 per person Donations Accepted
	July 16, Noon-2:00 p.m.	Waterville Historical Society Presentation	Donations Accepted
	By Appointment 9 – 10 a.m. 9:30 – 10:30 a.m. Noon – 2:30 p.m. 2 – 3:30 p.m. 10 - 1 p.m.	★ Notary Services Richard Simmons Workout French Social Hour ~ Converse with others in French ! Cribbage Waterville Chess Club ~ Beginners are welcome! ★ Computer/Phone Classes with Lois Harrington	Donations Accepted \$2 per person \$2 per person \$2 per person \$2 per person \$7 per class
Thursdays	By Appointment July 8 – 2 p.m. Noon – 1 p.m. 1 – 3 p.m. July 18, 9 a.m. – 1 p.m. July 25, 10 – 11 a.m.	★ Notary Services ★ Veterans Assistance -Veterans' Service Officers ★ Line Dancing Class Please Note: 3rd Thursday 1-2PM ★ Scrabble ~ Players Needed if interested sign up at Reception Power Hour with CMP Representatives ★ Roundtable Discussion with John Nale	Donations Accepted Free \$2 per person \$2 per person Free Free
	8:30 a.m. – 3 p.m. 9 – 10 a.m. 1 – 3 p.m. 11 a.m. - Noon July 26, 1 - 2:30 p.m.	★ Pool Table ~ Sign up at Reception Veterans Play Free Richard Simmons Workout ★ "63" Card Game ~ Beginners are welcome! ★ Creative Writing Class ~ All are welcome ★ Medicare 101 Clinic at Muskie	\$5 per hour \$2 per person \$2 per person \$2 per person Donations Accepted

Rummage Sale set for September 19 from 9 a.m. - 3 p.m.

Save the date for the second annual Rummage Sale at the Muskie Community Center on **Thursday, September 19, from 9 a.m. - 3 p.m.** We are currently accepting donations for any lightly used items that we can add to the sale such as: household items, games, books, puzzles, decorations, jewelry, tools, art, etc...

For more information or to donate, please visit the front desk receptionist or call the Muskie Community Center at (207) 873-4745.