



FALL SESSION #1 2025

**JON
WILLIAMS
TUMBLING
CLASS
GUIDE**

**PUBLIC REGISTRATION
OPENS AUGUST 4**

**FALL SESSION#1
2025**

• **FONDULACPARK.COM** •

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(309) 699-3923

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JON WILLIAMS TUMBLING FALL #1 GUIDE

CLASS DESCRIPTIONS

TUMBLING TOTS (45 MIN)

Parents will be on the mats with their child. Designed for children up to 4 years old.

MR. JON'S WIGGLERS (60 MIN)

For ages 3 and 4. This class is for kids who don't look for mom or dad and work on being independent tumblers while being taught by the instructor.

BEGINNERS (60 / 90 MIN)

For children ages 5 and up. Conditioning begins this class then instruction on tumbling, trampoline and double mini trampoline.

HOME SCHOOLED (90 MIN)

For children ages 5 and up. Conditioning begins this class then instruction on tumbling, trampoline and double mini trampoline.

BACK HANDSPRING (90 MIN)

Students must be able to complete a backend, backbend kick over and front limber, all performed on the floor. This class teaches students to become proficient in the back handspring – a must for intermediate / advance classes.

INT/ADVANCED (90 MIN)

Students must be able to complete a round-off and 3 back handsprings before attending this class. This class works toward the competition end of tumbling.

ADULT TUMBLE (90 MIN)

From the beginner to the advanced, this class is geared toward adults that want to work on conditioning, strengthening and flexibility in preparation for tumbling and trampoline. No prior tumbling experience necessary.

BUILDING LOCATIONS

SPRINGFIELD ROAD (AGES 5 - ADULT)

309 Springfield Rd, East Peoria, IL

ACADEMY (AGES 0-8)

350 Cimmeron Dr, East Peoria, IL

PRIORITY REGISTRATION OPENS JULY 14TH

**SCAN THE QR
CODE HERE:**



**FONDULACPARK.COM
(309) 699-3923**

FALL SESSION#1 2025

MONDAY 08/25/2025 - 10/13/2025 (OFF 9/1)

SPRINGFIELD ROAD

BHS	4:00 - 5:30 PM	R\$136.50/NR\$171.50
INT/ADV	4:00 - 5:30 PM	R\$136.50/NR\$171.50
BEGINNERS	5:00 - 6:00 PM	R\$92.75/NR\$117.25
BEGINNERS	5:45 - 6:45 PM	R\$92.75/NR\$117.25

****NEW
START TIME
STARTING 8/25**

ACADEMY

TOTS	10:00 - 10:45 AM	R\$75.25/NR\$91
WIGGLERS	10:45 - 11:45 AM	R\$92.75/NR\$117.25
**TOTS	**4:15 - 5:00 PM	R\$75.25/NR\$91
WIGGLERS	5:00 - 6:00 PM	R\$92.75/NR\$117.25
BEGINNERS	6:00 - 7:00 PM	R\$92.75/NR\$117.25
BEGINNERS	7:00 - 8:00 PM	R\$92.75/NR\$117.25

08/26/2025 - 10/14/2025

TUESDAY

SPRINGFIELD ROAD

INT/ADV	4:00 - 5:30 PM	R\$156/NR\$196
BEGINNERS	4:30 - 5:30 PM	R\$106/NR\$134
BEGINNERS	5:45 - 6:45 PM	R\$106/NR\$134
BHS	6:30 - 8:00 PM	R\$156/NR\$196

****NEW
START TIME
STARTING
8/26**

ACADEMY

NO MORNING CLASSES

**TOTS	**4:15 - 5:00 PM	R\$86/NR\$104
WIGGLERS	5:00 - 6:00 PM	R\$106/NR\$134
WIGGLERS	6:00 - 7:00 PM	R\$106/NR\$134
BEGINNERS	7:00 - 8:00 PM	R\$106/NR\$134

WEDNESDAY

08/27/2025 - 10/15/2025

SPRINGFIELD ROAD

**NO
CLASSES**

ACADEMY

BEGINNERS	4:00 - 5:00 PM	R\$106/NR\$134
TOTS	5:00 - 5:45 PM	R\$86/NR\$104
BEGINNERS	5:45 - 7:15 PM	R\$156/NR\$196

↻ 90-MIN // BOYS ONLY

08/28/2025 - 10/16/2025

THURSDAY

SPRINGFIELD ROAD

BHS	4:00 - 5:30 PM	R\$156/NR\$196
BEGINNERS	5:30 - 6:30 PM	R\$106/NR\$134
↻ BOYS ONLY		
BEGINNERS	5:30 - 6:30 PM	R\$106/NR\$134
↻ GIRLS ONLY		
BEGINNERS	5:30 - 6:30 PM	R\$106/NR\$134
↻ GIRLS ONLY		
BHS	6:30 - 8:00 PM	R\$156/NR\$196
ADULT	7:00 - 8:30 PM	R\$156/NR\$196

ACADEMY

TOTS	10:15 - 11:00 AM	R\$86/NR\$104
WIGGLERS	11:00 - 12:00 PM	R\$106/NR\$134
WIGGLERS	3:00 - 4:00 PM	R\$106/NR\$134
TOTS	4:00 - 4:45 PM	R\$86/NR\$104
WIGGLERS	4:45 - 5:45 PM	R\$106/NR\$134
↻ BOYS ONLY		
WIGGLERS	4:45 - 5:45 PM	R\$106/NR\$134
↻ GIRLS ONLY		
BEGINNERS	5:45 - 6:45 PM	R\$106/NR\$134
INVITE ONLY	6:45 - 8:15 PM	R\$156/NR\$196

FRIDAY

08/29/2025 - 10/17/2025

SPRINGFIELD ROAD

HOME SCHOOL	9:00 - 10:30 AM	R\$156/NR\$196
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ACADEMY

TOTS	10:45 - 11:30 AM	R\$86/NR\$104
WIGGLERS	11:30 - 12:30 PM	R\$106/NR\$134
BEGINNERS	12:30 - 1:30 PM	R\$106/NR\$134

08/30/2025 - 10/18/2025 (OFF 8/30) SATURDAY

SPRINGFIELD ROAD (OFF 8/30, 9/6, 9/27)

BHS	8:00 - 9:30 AM	R\$97.50/NR\$122.50
BEGINNERS	9:30 - 10:30 AM	R\$66.25/NR\$83.75
INT/ADV	10:30 - 12:00 PM	R\$97.50/NR\$122.50
BHS	12:00 - 1:30 PM	R\$97.50/NR\$122.50

ACADEMY (OFF 8/30)

BEGINNERS	8:45 - 9:45 AM	R\$92.75/NR\$117.25
TOTS	9:45 - 10:30 AM	R\$75.25/NR\$91
WIGGLERS	10:30 - 11:30 AM	R\$92.75/NR\$117.25
TOTS	11:30 - 12:15 PM	R\$75.25/NR\$91

Jon Williams Tumbling Program Fon du Lac Park District's Policies and Procedures

Class Fees, Payment, Pro Rating:

All class fees are based on 8-class sessions. All payments are due prior to the first class of each session. Class attendance will be taken by Jon or another instructor. If there are spots available and you sign up for a class after the session has started, we will pro rate the number of classes left in the session. We will not pro rate a session for missed classes. Most sessions are 8 weeks but if your class falls on a scheduled gym closure the amount of the session is automatically prorated when you sign up for that class. Class sizes are limited so advance registration is highly recommended to keep the day and time you require.

Multi-Class Discounts: (10% off)

This discount is applicable when a student is enrolled in multiple classes for the same session. The first class must be paid at full rate each session before additional classes are discounted.

Multi-Student Discounts: (10% off)

This discount is applicable when additional members of the household are enrolled for the same session (does not have to be the same class or day of the week). The first student must be paid at full rate each session before discount can be applied.

Missed Classes:

Every class will allow 2 spots for make-up. You must go online or call the office (309) 699-3923 and be registered for the makeup spot for that class prior to attending the make-up class. Jon Williams Tumbling/ Fon du Lac Park District cannot guarantee make up spot availability. **You will be allowed 2 make-ups per session.**

Refunds:

A refund for withdrawing from a class will only be given in the first two weeks of a session (less the classes attended). After the second week no refunds will be given. If you withdraw your student before the session starts a full refund will be given.

Appropriate Apparel:

Females – leotards, shorts and tight shirts. Males – tank tops or tight shirts and shorts. Everyone needs to bring clean socks or trampoline shoes.

Waiver:

A tumbling waiver must be signed for all new students and renewed on a yearly basis. The waiver must be signed in your DASH by Daysmart Account.

Contacts:

Academy - Jon Williams: jonwilliams226@gmail.com

Springfield Rd - Marquis Williams: tmbicch88@gmail.com

Fon du Lac Park District: 309-699-3923 | info@fondulacpark.com | www.fondulacpark.com



Q: WHEN SHOULD MY CHILD MOVE UP TO THE NEXT LEVEL?

A: If you ever have questions regarding your child's progress or class level, please talk to a coach for more information.

A: Coaches will evaluate athletes during class times during the session to see if athletes are able to move to the next level class.

A: When athletes are ready to move up a level or join a different class, a coach will inform the parent.

**To receive class
registration
reminders,
updates and
cancellations texts**

**TEXT @TUMBLE
to 22300 to opt-in**