



After a hospital stay, patients often need special supplies.

It's best to have these on hand even before your loved one leaves the hospital.


Many will apply to your loved one's care, but many won't. It's okay to ask a nurse or hospital case manager to help you decide what to get.

They are very familiar with all of these items and may have ideas about certain products that are best for your loved one. They'll be glad to know you're thinking ahead!


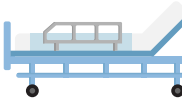
HOW TO HELP

GET SUPPLIES FOR RECOVERY:

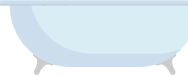
START WITH:

- Thermometer. 
- Call bell.
- Night light.
- Flashlight with new batteries.
- Extra batteries for TV remote.
- Weight scale.
- Non-skid socks, good-fitting slippers.
- Compression socks or stockings.

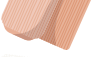



BEDROOM & RESTING:

- Bed rails. 
- Foot stool.
- Head or neck supports.
- Foam cushions (to prevent bed sores).
- Heel cushions.
- "Doughnut" pillow.
- Disposable sheet protectors.
- Hospital bed. 
- Sitz bath.
- Bed pan or portable urinal.
- Standing security pole.
- Other: _____



BATHROOM:

- Grab rails. 
- Shower seat.
- Non-skid bath mats or strips.
- Raised toilet seat.
- Disposable underwear.
- Night light.
- Other: _____





WOUND CARE:

- Bandages. 
- Gauze. 
- Tapes. 
- Ostomy pouches, supplies.
- Barrier cream. 
- Other ointments.
- Cleanser.
- Antibacterial soap, foam, or gel.

FOR MOVING AROUND:

- Cane. 
- Crutches.
- Walker. 
- Wheelchair.
- Scooter.
- Lift.
- Other: _____

MEDICAL DEVICES:

- Blood pressure cuff. 
- Thermometer.
- Diabetes test supplies.
- Glucose monitor. 
- Insulin pump.
- CPAP machine. 
- Peak flow meter.
- Apnea monitor. 
- Room monitor.
- Medical alert phone service.

NUTRITION/GROCERIES:

- Protein shakes, bars.
- Other: _____