

201 VETERANS DRIVE, EAST PEORIA, IL, 61611 · 309-699-3923 · WWW.FONDULACPARK.COM

January, February, March 2025



Jackie Gorrell
Adult Program Coordinator

Office Hours: Monday – Friday 10:00am – 2:00pm Phone: (309) 699-3923 Email: jackie@fondulacpark.com

#### **Just a Reminder**

- If you aren't feeling well please stay home.
- Please make sure to register ahead of time for all programs and pay attention to deadlines.
- Please arrive 15 minutes early for all trips.
- Cancellation Policy:
   We cannot refund
   programs the day of or
   after refund deadlines.

#### **Happy New Year's Everyone!**

My goodness it's hard to believe it is 2025 where does the time go? I hope this newsletter finds you all Happy and Healthy. Now all the hustle and bustle is over, it's time to sit back and relax right? Well, if you don't want to sit back and relax make your way to the Fon du Lac Park District and spend some time with us. We always like to see new faces. And as always those of you that are already here.

My New Year's wish for you:

May your New Year arrive with hope and a bag full of blessings. May every day bring you sweet smiles, kind words and warm hugs. May you realize how important you are in the lives of all who know you and care about you. May you take time each day to see the beauty and joy that's all around you. Have a prosperous and healthy New Year.

Just a reminder as we approach our winter months, if Fon du Lac Park District closes due to inclement weather, all senior programs will be cancelled as well. If the announcement is made and we are scheduled for a program or an outing, a credit will be placed on your account for that day. You can see the closing announcement by watching the scrolling marquee on the local TV channels, WHOI19, WMBD31 & WEEK25, and by visiting our Fon du Lac Park District Facebook page.

Wishing you and yours peace and joy in the New Year. Stay safe and well, Jackie

TAKE NOTE: The Fon du Lac Park District Administration Center will be closed Wednesday, January 1, 2025 in observance of New Year's Day, Monday, January 20 in observance of Martin Luther King Jr. Day and Monday, February 17 in observance of President's Day.



#### **New Years Social**

You don't have to stay up until midnight to count down the New Year with us! We will count down to noon here at the Fon du Lac Park District. We will enjoy snacks, drinks, and celebrate the New Year!

Date: Thursday, January 2 Time: 11:30am – 12:30pm

Cost: \$2.00 Held in Room F

Please sign up by December 30



## Lifting Spirits Valentine Card Making

The Lifting Spirits Letter Drive is a 25 News Now in Peoria, Illinois program that collects cards and letters to send to residents of long-term care facilities and nursing homes in Central Illinois. We will be making cards to drop off at News 25 for their Lifting Spirits Drive.

Date: Wednesday, February 5

Time: 10:00am – 12:00pm

Cost: Free - Please sign up

Held in Room F

Please sign up by January 29



## Valentine's Day

You're invited to a Valentine's Party!

Wear your red or pink and join me for some fun as we enjoy each other's company and play some games.

Date: Friday, February 14

Time: 10:30 - 11:30am

Cost: \$2.00 Held in Room F

Please sign up by February 10



#### St. Patrick's Day

Wear your green so you don't get pinched and join me for some fun, games and giggles on St. Patrick's Day!





Date: Monday, March 17 Time: 10:30 – 11:30am

Cost: \$2.00 Held in Room F

Please sign up by March 12





#### **Paint the Northern Lights**

Central Illinois has been able to see the amazing Aurora Borealis in recent months. You can paint this incredible phenomenon, as Joe has created a painting and will lead you through the process to create. Joe brings everything you need for an enjoyable morning of painting. Wear something you can get paint on. Please sign up and pay by January 16.

Date: Tuesday, January 21 Time: 10:00am – 12:00pm

Cost: \$23.00 (Supplies Included)

Held in Room F

#### Head to the Beach with Joe

Joe has created a new beach scene just in time to get you ready for the warm summer months ahead. Sun sand, and palm trees await you as we paint together. Please sign up and pay by March 6.

Date: Tuesday, March 11 Time: 10:00am – 12:00pm

Cost: \$23.00 (Supplies Included)

Held in Room F

#### Paint a Live Floral Still Life Scene

Joe will set up a beautiful floral setting right in the class. We will create a painting together from this live scene. Joe will take you through the process step by step using acrylic paints and using some palette knife techniques in addition to brush work. Please sign up and pay by February 13.

Date: Tuesday, February 18 Time: 10:00am – 12:00pm

Cost: \$23.00 (Supplies Included)

Held in Room F

#### **Drawing Workshop**

In this lively morning of drawing, Joe will have 3 quick projects ready that will give you the chance to experience pencil, marker and pastels. Joe brings everything you need and you will come away with 3 different drawings. Please sign up and pay by March 20.

Date: Tuesday, March 25

Time: 10:00 - 11:30am (90 Min. Class)

Cost: \$21.00 (Supplies Included)

Held in Room L



# Movie DatesTitleRatingTimeMonday, Jan 13Out to SeaPG-131h 46mMonday, Feb 24A Beautiful Day in the NeighborhoodPG1h 49mMonday, Mar 2480 for BradyPG-131h 38m

Time: 10:30am – 1:30pm (Approx.)

Cost: \$5.00 per date

Enjoy popcorn and drinks during the movie. Lunch after the movie is

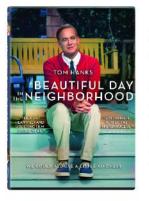
sponsored by St. Francis Woods.

PLEASE NOTE: You must be registered by the Wednesday before the Movie Day. Walk ins will not be accepted.



#### Monday, January 13 · Out to Sea (1997) · Comedy, Romance

Retired friends Charlie (Walter Matthau) and Herb (Jack Lemmon) pose as dance instructors on a cruise ship in this comedy. The underhanded Charlie coaxes his recently widowed brother-in-law to join him on board without disclosing the two will need to dance. Instead Charlie promises there will be plenty of available and lonely women at sea. Once on the ship, Charlie's promise proves accurate, and he starts romancing the wealthy Liz (Dyan Cannon), while Herb falls for Vivian (Gloria DeHaven).



#### Monday, February 24 · Beautiful Day in the Neighborhood (2019) · Drama, History

Tom Hanks portrays Fred Rogers in a timely story of kindness triumphing over cynicism, based on the true story of a real-life friendship between him and journalist Lloyd Vogel. After a jaded magazine writer (Matthew Rhys) is assigned a profile of Fred Rogers, he overcomes his skepticism, learning about empathy, kindness, and decency from America's most beloved neighbor.



#### Monday, March 24 · 80 for Brady (2023) · Comedy, Sports

The movie is inspired by the true story of 4 best friends and New England Patriots fans who take a life-changing trip to Super Bowl LI to see their hero Tom Brady play, and the chaos that ensues as they navigate the wilds of the biggest sporting event in the country.



#### **PICTIONARY**

This was a fun one, so I decided to do it again. We will test our drawing skills as we sketch our way through the secret word for our friends to guess.

Date: Wednesday, January 8

Time: 10:30 - 11:30am

Cost: \$2.00 – Snacks & Drink Provided Held in Room M – Please Sign up by Jan 6



Time to get your brain thinking as we play the Price is Right and other fun memory games.

Date: Wednesday, March 12

Time: 10:30 - 11:30am

Cost: \$2.00 - Snacks & Drink Provided

Held in Room M – Please Sign up by Mar 5



#### **VALENTINES TRIVIA**

Think – Think – Think

It's Trivia time and you know what that means. Time to get your thinking caps on for a game of Valentines Trivia.

Date: Wednesday, February 12

Time: 10:30 - 11:30am

Cost: \$2.00 – Snacks & Drink Provided

Held in Room M – Please Sign up by Feb 5





#### If it's Tuesday and we are open, it's BINGO!

#### January 7

Sponsored by TBD

#### January 14

Sponsored by Synergy Home Health

#### January 21

Sponsored by Saxony Court

#### February 4

Sponsored by St. Francis Woods

#### February 11

Sponsored by Liberty Village of Peoria

#### February 18

Sponsored by Liberty Village of Pekin

#### March 4

Sponsored by TBD

#### March 11

Sponsored by Synergy Home Health

#### March 18

Sponsored by Saxony Court

Date: Tuesdays

Time: 1:00 - 2:30pm

Cost: \$2.00 per date - Held in Room M



Date: Tuesdays, Jan 28, Feb 25, Mar 25

Time: 9:30 - 11:30am

Cost: \$4.00 per date – Held in Room M

#### PLEASE MAKE SURE TO SIGN UP A WEEK IN ADVANCE

Sponsored by Brandon Wood

Retirement Ctr. & Interim HealthCare



All Card Games Held in Room A
Beginners are always welcome!!

#### **Hand & Foot**

Mondays, 1:00 – 3:00pm No Hand & Foot on Jan. 20 or Feb. 17

#### Samba

Tuesdays & Thursdays, 10:00am - 3:00pm



#### Mahjong (Tile Game)

Wednesdays, 9:00am – 12:00pm Held in Room A **No Mahjong on Jan. 1** 



#### **Yahtzee**

Dates: Thursdays, Jan 2, 9, 16, 23, 30,

Feb 6, 13, 20, 27, Mar 6, 13, 20, 27

Time: 12:00 - 2:00pm

Cost: No Cost - Held in Room M

## Oh, the fun places we can eat!

## Please make sure to arrive 15 minutes early for all trips

#### Ming's of Pekin

Date: Monday, January 6

Time: 11:00am - 2:00pm (Approx.)

Cost: \$3.00 – Plus your meal Please sign up by January 2

Ming's is a Chinese, Japanese & American Buffet

#### Burger Barge, East Peoria

Date: Friday, February 7

Time: 11:00am - 1:00pm (Approx.)

Cost: \$2.00 - Plus your meal

Please sign up by February 3 Scan QR code to view menu



#### Avanti's, East Peoria

Date: Thursday, March 13

Time: 11:30am - 1:30pm (Approx.)

Cost: \$2.00 - Plus your meal

Please sign up by March 10 Scan OR code to view menu



#### Schooners, Peoria

Date: Thursday, January 23

Time: 4:00 - 6:30pm (Approx.)

Cost: \$3.00 - Plus your meal

Please sign up by January 17

Scan QR code to view menu



#### Knuckles Pizza & Sports Bar, Dunlap

Date: Thursday, February 20 Time: 4:00 – 7:00pm (Approx.)

Cost: \$6.00 – Plus your meal Please sign up by February 14

Scan QR code to view menu



#### **Mystery Dinner**

Date: Friday, March 21

Time: 4:00 – 7:00pm (Approx.)

Cost: \$6.00 – Plus your meal

Please sign up by March 13 Scan QR code to view menu



#### Join us!!

All you need to do is call 309-699-3923 to register for a program or outing. Most programs meet at Administration Building unless otherwise noted. The transportation for outings and trips is our own 14-passenger or 25-passenger mini coach. Longer trips may use a larger charter bus, which will always be signified in trip description. We welcome new attendees to any of our programs. Come join us!

## Oh, the fun places we will go!



#### Peoria Riverfront Museum

#### COME FOR THE MORNING, STAY FOR THE DAY!

Please join us as we attend this year's first Senior Day at the Peoria Riverfront Museum which is held on the third Wednesday of each month. Members and seniors 60+ can enjoy all exhibitions and daytime planetarium shows for free. At 10:00am Coffee and Pastries are offered, at 10:30am we will move into the Giant Screen Theater for a special showing of "The Unseen Majority" an Alfred Conteh documentary. Alfred Conteh is an American Sculptor and painter. Afterwards we will be able to enjoy walking through the museum. Please sign up and pay by January 8.

Date: Wednesday, January 15

Time: 9:30am – 1:30pm (Approx.)

Cost: \$2.00 - for transportation. (14 person max)

#### Ronald Regan Museum, Eureka

In the fall of 1928 a young man from Dixon, Illinois, enrolled as a freshman at Eureka College. He became an active participant in many phases of campus life, culminating in his role as President of the student body as a senior. He was destined to become a prominent motion picture star, the Governor of California, and the 40th President of the United States of America.

Housed in the Donald B. Cerf Center at Eureka College, the Ronald Regan Museum collection has over 10,000 items from the President's Eureka College student days, his movie and TV career, his governorship of California and two terms as president of the United States. The Reagan Peace Garden located on the historic campus includes a bust of the 40th president and a section of the Berlin Wall. After we tour the museum, we will have lunch at the Cornerstone Family Restaurant. Please sign up and pay by January 27.

Date: Thursday, January 30

Time: 9:15am - 2:00pm (Approx.)

Cost: \$10.00 - for transportation & Admission. Meal on your own. (23 person max)

## Oh, the fun places we will go!



The Magic of Rob Lake at the Bloomington Center for the Performing Arts

One of the world's most celebrated illusionists, Rob Lake's mind-blowing illusions dazzle and entertain millions across network television, in Times Square, on the Las Vegas strip, Hollywood, Atlantic City, The Dubai Opera House, Atlantis Bahamas, and before sold-out audiences in casinos, arenas, and theatres worldwide in more than 45 countries. His astonishing original illusions are uniquely presented as awe-inspiring storytelling on the grandest scale. Named "The World's Greatest Illusionist" by NBC, Rob is internationally renowned for his mesmerizing and award-winning illusion spectacular.

In 2008, Rob became the youngest magician in history to receive the holy grail of the magic world — The Merlin Award – as 'International Stage Magician of the Year.' This award is magic's highest honor and the industry equivalent of an Oscar. In addition to creating and designing his own illusions, Rob is the most sought-after Architect of Illusion: serving as magic & illusion consultant, illusion designer, and creative consultant for multiple Broadway productions.

Rob dedicates time, support, and his voice to causes he holds near and dear to his heart – supporting members of the military and Animal Rescue. In fact, his own furry companion Roger, a Yorkie mutt, was once a rescue dog, and has become a popular part of his shows, as well. After the show we will stop for lunch. Please sign up and pay by February 7. No refunds after February 10.

Date: Wednesday, February 19

Time: 8:45am - 3:30pm (Approx.)

Cost: \$18.00 - for transportation and ticket. Meal on your own.







## Oh, the fun places we will go!



#### Bally's Casino & Lunch, Quad Cities

High Ho High Ho it's off gambling we go. We will head to the Quad Cities for a day of gambling and lunch. Please sign up and pay by February 28.

Date: Thursday, March 6

Time: 7:45am - 3:30pm (Approx.)

Cost: \$25.00 - for transportation. Meal on your own. (14 person max)

#### Peoria Historical Society - Pettengill - Morron House Museum

Pettengill-Morron House was built in 1868 for Moses Pettengill (1802-1883) in the Second Empire architectural style. A Colonial Revival porch and porte cochere were added in about 1900 giving the house a grand Victorian appearance. After the death of its last occupant Jean McLean Morron (1879-1966) the trustees of her estate gave the house and her family collection of mid-18th to mid-20th century furnishings, artwork, artifacts and textiles to the Peoria Historical Society. Operated today as a historic house museum, the collection also includes objects of former occupants including the Pettengill family. The house was listed on the U. S. National Register of Historic Places in 1976. **Please sign up and pay by March 13.** 

Date: Thursday, March 20

Time: 9:30 - 11:30am (Approx.)

Cost: \$15.00 - for transportation and admission. (14 person max)







# \* TREASURE HUNT

#### **ANTIQUING & THRIFTING IN WASHINGTON & EUREKA**

Let's load the bus and head to Washington and Eureka for a day of antiquing and thrifting. We will stop along the way for lunch. Please sign up and pay by January 14.

Date: Friday, January 17

Time: 10:00am - 4:00pm (Approx.)

Cost: \$10.00 - for transportation. Meal on your own. (10 person max)

#### THRIFTING IN BLOOMINGTON

May the thrift shop odds be in your favor today as we head to Bloomington. We will also stop along the way for lunch. Please sign up and pay by February 4.

Date: Monday, February 10

Time: 9:30am - 4:30pm (Approx.)

Cost: \$18.00 - for transportation. Meal on your own. (10 person max)

#### **ANTIQUING IN GALESBURG**

Antiquing is more than just shopping .... It's an everyday adventure. As always, we will stop along the way for lunch. Please sign up and pay by February 28.

Date: Wednesday, March 5

Time: 9:00am - 4:00pm (Approx.)

Cost: \$20.00 - for transportation. Meal on your own. (10 person max)











#### **Come Join Our Weight Loss Group**

Join us for our program that we've designed to provide accountability and support no matter where you are on your journey. Programs, speakers, contests, and incentives, along with great camaraderie will only bolster your efforts. Yearly dues are \$20.00. Weekly dues are \$2.00.

"WIN!" meets in room M every Thursday with weigh in between 10:00 – 10:30am and the meeting following until 11:00am. If you have any questions on how you can become a happier, healthier you please come to a meeting. We would be happy to have you!



# Home Extension of East Peoria Home & Community Education



We have a gem of a group meeting right here and you are all invited to join in! Meet new people, learn, and help others at Home and Community Education.

This group, with an astounding 90+ year history, is inviting and welcoming new members to experience all this program has to offer. Under the guidance of Tazewell County Home and Education, an extension of the University of Illinois, this is one group to get involved with. A "4–H for grownups" as Home Extension describes it; the purpose of this program is education on topics regarding family, community, and home, along with community service to area worthwhile organizations like the Veterans' food pantry for Tazewell County.

You do not have to live in Tazewell County to participate and anyone is welcome to as a guest. Dues are \$20.00 for the year. Meetings are held at the Admin Building the first Thursday of each month in Room L. Meetings start at 11:00am and are over by approx. 2:00pm. Next meeting is on March 6, 2025. Please make sure to bring your own lunch. No meetings held in January or February 2025.

January 2025	_

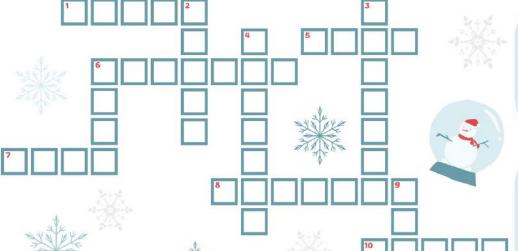
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CLOSED  2025  NAPPY NEW YEAR	2 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M NewYears Social 11:30am-12:30pm Rm F	3
6 Hand & Foot 1:00-3:00pm Rm A Ming's 11:00am-2:00pm Bus	7 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	8 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	9 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	10
13 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	14 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	15 Mahjong 9:00am-12:00pm Rm A Riverfront Museum 9:30am-1:30pm Bus		17 Thrifting 10:00am-4:00pm Bus
20 CLOSED  MARTINI LETHICA RING JR.	21 Samba 10:00am-12:30pm Rm A Paintingw/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	22 Mahjong 9:00am-12:00pm Rm A	23 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Schooners 4:00-6:30pm Bus	24
27 Hand & Foot 1:00-3:00pm Rm A	28 Samba 10:00am-12:30pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	29 Mahjong 9:00am-12:00pm Rm A	30 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Regan Museum 9:15am-2:00pm Bus	31

#### WINTER CROSSWORD PUZZLE

Read the clues below and fill in the grid.







#### DOWN

- 2. Cloth worn around the neck.
- 3. A figure made by stacking snowballs.
- 4. A black-and-white bird that can't fly.
- 6. A small vehicle for sliding on snow.
- 9. Frozen water that falls from the sky.

#### **ACROSS**

- 1. Shoes for snowy or rainy days.
- 5. A type of tree that stays green.
- 6. Warm clothing for the upper body.
- 7. The opposite of warm.
- 8. Warm gloves for hands.
- 10. Related to very cold regions.

February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Hand & Foot 1:00-3:00pm Rm A	4 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	5 Mahjong 9:00am-12:00pm Rm A Lifting Spirits 10:00am-12:00pm Rm F	**************************************	7 Burger Barge 11:00am-1:00pm Bus
10 Hand & Foot 1:00-3:00pm Rm A Thrifting 9:30am-4:30pm Bus	11 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	12 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M		14 Valentine's Day 10:30-11:30am Rm F
CLOSED  HAPPY: LAPPY AND PAY	18 Samba 10:00am-12:30pm Rm A Painting w/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	19 Mahjong 9:00am-12:00pm Rm A Magic of Rob Lake 8:45am-3:30pm Bus	20 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Knuckles Pizza 4:00-7:00pm Bus	21
24 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	25 Samba 10:00am-12:30pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	26 Mahjong 9:00am-12:00pm Rm A	27 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	28

#### WORD SCRAMBLE

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PDUCI \_\_\_\_\_

EROSWFL \_\_\_\_\_

OESSR \_\_\_\_\_

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#### Word search

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LOVE **HEART** KIND

**HUGS** 

**CUPID** 

**SWEET** 







# March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Hand & Foot 1:00-3:00pm Rm A	4 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	5 Mahjong 9:00am-12:00pm Rm A Antiquing 9:00am-4:00pm Bus	6 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Bally's Casino 7:45am-3:30pm Bus	7
10 Hand & Foot 1:00-3:00pm Rm A	11 Samba 10:00am-12:30pm Rm A Painting w/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	12 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	13 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Avanti's 11:30am-1:30pm Bus	14
17 Hand & Foot 1:00-3:00pm Rm A St. Patrick's Day 10:30-11:30am Rm F  *HAPPY ST. PATRICKS  DAY **	18 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	19 Mahjong 9:00am-12:00pm Rm A	20 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Peoria Museum 9:30-11:30am Bus	21 Mystery Dinner 4:00-7:00pm Bus
24 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	25 Samba 10:00am-12:30pm Rm A Bingo & Breakfast 9:30-11:30am Rm M Painting w/Joe 10:00-11:30am Rm L	26 Mahjong 9:00am-12:00pm Rm A	27 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	28



#### St. Patrick's Day Maze Puzzle



Help Lucky the leprechaun to find the way through to the shamrock.





# Spring WORD SCRAMBLE



BTURETYLF	
FOEWLSR	
BOLSSOM	
RINA	
LDYAUGB	
RWOIANB	
PCINCI	
BOOLM	
TOPDSAEL	
BERZEE	
SNSHUIEN	-
GORW	

## **Registration Form**

Please present this form in person to the front desk when registering for multiple programs. Please do not mail this form in, we cannot guarantee availability.

NAME:	PHONE#:

#### January 2025

DATE	PROGRAM	COST	DATE	PROGRAM	(

#### February 2025

DATE	PROGRAM	COST

DATE	PROGRAM	COST
FORM	CONTINUED ON DAC	CIDE

FORM CONTINUED ON BACK SIDE

### February 2025

		Pi .	
DATE	PROGRAM	COST	D
		ě.	

DATE	PROGRAM	COST

#### March 2025

DATE	PROGRAM	COST

DATE	PROGRAM	COST

# We need your recipes!

In our future newsletters, guides and other media we want to start showcasing your recipes! Feel free to write them down below or bring in a recipe for us to make a copy of!

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	s recipe card					
	NAME OF	DISH				
CATEGORY		PREP TIME	COOK TIME	OOOOO		
INC	GREDIENTS		DIRECTIONS			
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# FON DU LAC PARK DISTRICT SENIOR NEWSLETTER

201 VETERANS DRIVE, EAST PEORIA, IL, 61611 . 309-699-3923 . WWW.FONDULACPARK.COM

To receive a newsletter of your very own, please drop off your name and address to the Front Desk of the Fon du Lac Park District Administration Center, by mail at 201 Veterans Drive, East Peoria, or by phone at 309-699-3923.

We welcome new attendees to any of our programs. Please join us! You will be glad you did.

Juckie

PLEASE SIGN ME UP FOR A SENIOR NEWSLETTER
Name:
Address:
City:
Phone Number:
Email Address:

PRSRT STD US Postage PAID Peoria, IL Permit #793

201 VETERANS DRIVE • East Peoria, IL 61611 (309) 699-3923 • (309) 699-3419 FAX

Return Service Requested

Brandon Wood Retirement Ctr

Saxony Court Senior Living • St. Francis Woods

Synergy Home Care of Peoria • Interim Healthcare

Oak Street Health • CEFCU

Liberty Village Pekin • Liberty Village Peoria

