# Reflections... MAY 2025





10TH ANNUAL

# LOT OF FUN!



## FRIDAY, MAY 16

\$5 a person

#### What to expect:

9:00 Check-in/ 9:15 Shotgun start Magic Dragon Mini Golf, 210 Recreation Dr.

Teams of 4 Register as a team of 4 or individually!

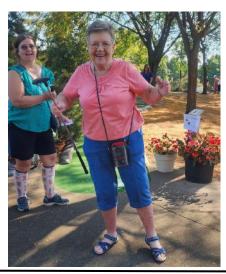
**Local Agencies** Fun interactions at each hole with local agencies!

A "HOLE" lot of fun! There will be give aways, prizes and you'll get a root beer float when you finish!

**REGISTER AT MILLER CENTER** 309-346-5210







# MILLER CENTER ENGAGES ACTIVE LIFE THROUGH ACTIVE LIVING!

Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.

At the Miller Center you will ENJOY YOUR AGE!

## MILLER CENTER MAJOR SPONSORS

- 50 + News & View
- Busey Bank
- Carle Health Volunteer Services
- Charter Senior Living
- CEFCU
- Don Sarff Insurance
- Golden Tours

- Health Alliance
- ICPR
- John 3:16
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- NuEra
- OSF HealthCare

- Preston-Hanley Funeral Home
- Springfield Clinic
- Spoon River Home Health Services
- United Way of Pekin
- Villas of Holly Brook Pekin

## MILLER CENTER SENIOR TRANSPORTATION SERVICE

Monday - Friday \* 8:00 - 4:00 \* 309.346.5210

| IN TOWN (PEKIN)                       | OUT OF TOWN                           |
|---------------------------------------|---------------------------------------|
| \$4 per trip                          | \$11 per trip                         |
| Wheelchair transport<br>\$15 per trip | Wheelchair transport<br>\$25 per trip |

- Doctor Appointments
- Grocery Stores
- Hair Appointments
- Miller Center
- Banks
- and more!

These are suggested donations. No one is turned away for inability to pay. Miller Center Transportation is partially funded by The United Way of Pekin.





#### **NEW DAY SENIOR SERVICES**

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you. Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!** 



Call Megan at 309-323-6568 to schedule an appointment. She will be at Miller Center on the **2nd Monday of the month at noon**.

#### SPECIAL EVENTS

Power of Age Expo 2025 monthly lunch and learn series.





# The Power of Age Expo 2025

CHANGING THE CONVERSATION ON AGING

HOT TOPICS • LOCAL VENDORS • FREE LUNCH

#### MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.



309.346.5210

\*\*\*Registration limited



27TH

Don't Let the Bad Actors Win

**Presented by:** 

Charla Buchanan and Lance Jones, CEFCU

Lunch is sponsored by:



Not a bank. Better.



Dementia and the Dangers of an untreated Hearing Loss

Presented by:

Alex Chiou, Beltone

Lunch is sponsored by:





Between Us Silence is Comfortable: How Friends Matter Across Life

Presented by:

Margie Getz, Methodist College of Nursing

Lunch is sponsored by:





## HERE'S WHAT'S HAPPENING



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips! These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

## **Mules, Mansion & Mimosas Tour**

Wednesday, May 21, 2025 \* 7:00am - 7:00pm

You won't want to miss the amazing day experiencing a relaxing and educational ride on the I&M Canal pulled by a mule. Then we'll kick back with mimosas while enjoying the Boat Captain's lunch in the I&M Canal Visitor Center Vintage Room. You'll also get to shop in their beautiful gift shop. Next, we'll venture to the Reddick Mansion and explore the 22-room Italianate mansion along with the estate's specialty gardens. Then we'll end the day stopping at the August Hill Winery for wine tasting and shopping in Utica, IL.

**Includes:** Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities on the Coach, Entertainment & a Premium Lunch!

This all inclusive trip is \$199 per person



## Explore Lake Geneva

Wednesday, July 23, 2025 \* 7:00am - 7:30pm

Do you want the Ultimate Lake Geneva experience? Then come with us with the Miller Center to Lake Geneva, Wisconsin! We will enjoy a beautiful summer day as we explore the Lake aboard a climate controlled boat which includes a delicious plated lunch. During the cruise, the captain will give a live, historical narration of the entire lake. You'll see magnificent views of architectural gems and the awe-inspiring sandy beaches and nature conservatories. Before and after our cruise we'll explore the downtown which has a lovely collection of chic boutiques and unique shops. You can also enjoy some ice cream sitting by the fountain. Remember a portion of all Miller Center DayTrips proceeds' are given to support the Miller Center.

Includes: Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities on the Coach, Entertainment & a Premium Lunch!

This all inclusive trip is \$190 per person





Sponsored by:



oin us at 8:30 AM as Spoon River Home Health sponsors a light breakfast to begin our day!

Seats are limited! \$25 activity fee \*payment due at registration\*

| Tuesday, May 13th                         | Wednesday, August 13th    |
|---|---------------------------|
| ~Bloomington~                             | ~Galesburg~               |
| Tuesday, June 17th                        | Wednesday, September 17th |
| ~Havana / Canton~                         | ~Clinton / Lincoln~       |
| Tuesday, July 15th<br>~Eureka / Metamora~ | Tuesday, October 21st     |



DISCOUNT

### SHOWTIME: 1:0 ADMISSION: \$3

Includes movie & popcorn!



May 2<sup>nd</sup>



WICKED \*\* SHOWTIME 12:30 \*\*

Set in the Land of Oz before Dorothy Gale arrives from Kansas, its plot follows Elphaba, the future Wicked Witch of the West, and her friendship with her classmate Galinda, who becomes Glinda the Good.

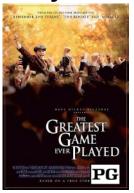
May 9<sup>th</sup>



**50 FIRST DATES** 

Playboy vet Henry sets his heart on romancing Lucy, but she has short-term memory loss; she can't remember anything that happened the day before.

May 16<sup>th</sup>



## THE GREATEST GAME EVER **PLAYED**

A 2005 American biographical sports film based on the early life of amateur golf champion Francis Ouimet and his surprise winning of the 1913 U.S. Open.

May 30<sup>th</sup>



#### THE LIFE LIST

A woman revisits her childhood aspirations, endeavoring to achieve her old goals, only to discover that pursuing these lifelong dreams takes her on an unforeseen and surprising journey.

# Monday Tuesday 2025)

6

Wednesday

May all your
WEEDS
turn out to be
Wildflowers

9:00 Exercise w/ Ann

10:15 Exercise w/ Ann

12:00 New Day Senior Services

12:30 Game Day

12:30 Dartball

12:30 Mah Jongg

12:30 Double Pinochle

6:00 Garden Club

8:30 Wood Carvers

9:30 Matter of Balance

10:00 Walking Club

12:30 Pinochle

1:00 Paint Day



9:30 Crafts & Conversation

10:15 Exercise w/ Ann

12:30 Dartball

1:30 Miller Melodies

**12** 

9:00 Exercise w/ Ann

10:15 Exercise w/ Ann

12:30 Game Day

12:30 Dartball

12:30 Mah Jongg

12:30 Double Pinochle

13

8:30 AM
Thrift Shopping Trip



8:30 Wood Carvers

9:00 Breakfast BINGO

9:30 Matter of Balance

10:00 Walking Club

12:30 Pinochle

14

9:00 Exercise w/ Ann

9:30 Crafts & Conversation

10:15 Exercise w/ Ann

10:30 Digital Literacy

12:30 Dartball

1:30 Digital Literacy

1:30 Miller Melodies

2:00 Alzheimer Support Group

**19** 

9:00 Exercise w/ Ann

10:15 Exercise w/ Ann

12:30 Game Day

12:30 Dartball

12:30 Mah Jongg

12:30 Double Pinochle

**20**)

8:30 Wood Carvers

10:00 Walking Club

12:30 Pinochle



<sup>21</sup> Golden Tours Trip

9:00 Exercise w/ Ann

9:30 Crafts & Conversation

10:15 Exercise w/ Ann

12:30 Dartball

1:30 Miller Melodies

1:30 Book Club

7:00 Bottle Collectors

26 Miller Center Closed



27
Power of Age Expo

8:30 Wood Carvers

10:00 Walking Club

12:30 Pinochle

<u> 28</u>

9:00 Exercise w/ Ann

9:30 Crafts & Conversation

10:15 Exercise w/ Ann

10:30 Digital Literacy

12:30 Dartball

1:30 Miller Melodies

## Thursday

## Friday

## Sat/Sun

LINE DANCE & EUCHRE

8:30 Wood Carvers

9:30 BINGO

10:00 Walking Club

12:30 Hand & Foot

1:00 Beginner Line Dance Lessons 2:00 High Beginner Line Dance Lessons

Lapidary 6:00

9:00 Exercise w/ Ann 9:00 Quilting Group

10:15 Exercise w/ Ann

12:30 Euchre



# 7:00 PM

2:00

**Square Dance Lessons** 

8:30 Wood Carvers

9:30 BINGO

10:00 Walking Club

12:30 Hand & Foot

1:00 Beginner Line Dance Lessons

2:00 High Beginner Line Dance Lessons

6:00 Lapidary

7:00 **Square Dance**  9:00 Exercise w/ Ann 9:00 Quilting Group

POPCORN FRIDAY

10:15 Exercise w/ Ann

12:30 Euchre

1:00 Movie



2:00

Square Dance Lessons **11** 

8:30 Wood Carvers

9:30 BINGO

#### 10:00 Keeping Connected w/ Jackie

10:00 Walking Club

12:30 Hand & Foot

1:00 Beginner Line Dance Lessons 2:00 High Beginner Line Dance Lessons

6:00 Lapidary

POPCORN FRIDAY

9:00 Quilting Group 10:15 Exercise w/ Ann

12:30 Euchre

1:00 Movie

POPCORN FRIDAY



2:00

**Square Dance Lessons18** 

#### 2 Dine Out!

8:30 Wood Carvers

9:30 BINGO

#### 10:00 Writing Workshop

10:00 Walking Club

12:30 Hand & Foot

1:00 Beginner Line Dance Lessons

2:00 High Beginner Line Dance Lessons

6:00 Lapidary

7:00

**Square Dance** 

8:30 Wood Carvers

9:00 Breakfast BINGO

10:00 Writing Workshop

10:00 Walking Club

12:30 Hand & Foot

1:00 Beginner Line Dance Lessons 2:00 High Beginner Line Dance Lessons

6:00 Lapidary

9:00 Exercise w/ Ann

9:00 **Quilting Group** 

10:15 Exercise w/ Ann

12:30 Euchre



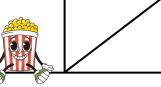
#### POPCORN FRIDAY

9:00 Exercise w/ Ann 9:00 Quilting Group

10:00 Rockin' with Ruby

12:30 Euchre 1:00 Movie

POPCORN FRIDAY



31





## GAMES & FUN

Tuesday, May 13th Thursday, May 29th

9:00 Breakfast 9:30 BINGO \$5 includes breakfast and 5 cards



Please register in advance at Miller Center





Every Thursday 9:30 AM





3 cards for \$3

5 cards for \$4



SOLVERA

Bring your friends for some BINGO FUN!





Plant BING

June 2nd Doors Open 5:30 PM Miller Center \$5 / card

fundraiser to support the Pekin Garden Club







## **GAME DAY**

Join us in an EASY card game of 1500!

Mondays @ 12:30 Activity Fee: \$3



## UP



Monthly Euchre Party

May 3rd June 7th

Admission is \$3 per person 7:00 PM - 10:00 PM Popcorn, coffee & tea provided **DOUBLE PINOCHLE** Mondays @ 12:30

Weekly Activity Fee:

HAND & FOOT Thursdays @ 12:30

**PINOCHLE** 

Fridays @ 12:30

Tuesdays @ 12:30

## Line Dance

**LESSONS** 

**THURSDAYS** 

Activity Fee: \$4

1:00 Beginner Lessons 2:00 High Beginners Lessons

#### <u>MONTHLY PARTIES</u>

May 3rd June 7th \*Admission is \$7 per person \*7:00 PM - 10:00 PM \*Popcorn, coffee & tea provided

Come practice the dances you learned in class, or put in a request on the first Saturdays of the month!





## Exercise w/ Ann

Mon · Wed · Fri 9:00 & 10:15 Activity Fee: \$3

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving-sometimes she has games or a guest.

Not only will you exercise, you'll make friends and have fun too!



## PEKIN GARDEN CLUB

Monday. May 5th

6:00 PM Miller Center

## Unusual Flowers

Speaker: Nettie Million

Treats · Door Prize · Special Take Home Gift





## Digital Literacy









At the Miller Center
To register call 309.346.5210

You can find the full list of classes at Miller Center.

#### Staying Safe Online

Wednesday, May 14

10:30 - 11:30

Learn how to protect yourself online while applying for jobs online, doing research and more. This hands-on workshop reviews important tips for keeping your personal information safe while enjoying the benefits of the internet. Learn how to recognize suspicious emails, tips for safe browsing and best practices for shopping online.

#### Introduction to Translation Tools

Wednesday, May 14

*1:30 - 2:30* 

Whether for a work meeting or to read a menu in a new place, translation apps can help you reach the world!

With the internet, the whole world is at your fingertips, but what do you do when you need to access sites or information in an unfamiliar language? There are apps for that! This lecture will introduce digital translation tools and apps, such as Google Translate. You'll learn about tools that can automatically translate the websites you visit, apps that can translate live conversations, and more. We'll also discuss the pros and cons of these tools and the situations in which they may be the most helpful.

#### Getting to Know Your Smartphone

Wednesday, May 28

10:30 - 11:45

During this hands-on workshop, we'll explore some of the common features of smartphones. You'll learn ways to interact with the touch screen, how to access important controls, and how to search for specific settings. We'll also cover some tips and best practices for securing and maintaining your device. Prerequisite: Participants should bring their smartphone to class. Please note that this workshop focuses on some specific smartphone features and will not cover every smartphone question

#### **Exploring and Downloading Apps**

Wednesday, June 11

10:30 - 11:45

During this hands-on workshop, you'll learn how to search for and download apps to your smartphone. Whether you have an iPhone or an Android phone, we'll explore both app stores and cover some helpful considerations for choosing apps. You'll also learn how to uninstall apps and how to adjust some important app settings.

Prerequisite: Participants should bring their smartphone to class. Please note that this workshop focuses on downloading apps on your smartphone and will not cover every smartphone question





## GET CREATIVE AT THE MILLER CENTER

We have a variety of opportunities to be creative! Drop in and check them out!

## Wood Carving - \$3

The wood carvers meet at 8:30 on Tuesdays & Thursdays. There is a lot of equipment and some very talented carvers, come in and check it out!

## Lapidary - \$4

The lapidary group meets at 6:00pm on Thursdays in the woodshop. This talented group polishes and cuts stones for creative projects.

## Crafts & Conversation - \$3

You can craft for the day or just for a few hours. Our craft room is stocked with just about everything you might need to create some fun! Janet is here on Wednesdays from 9:30 - 2:30. She is very crafty and can help you get started on a craft of your choice!

## Quilting -

The quilting group meets on Friday mornings at 9:00. Come finish your quilt, make a Linus blanket or just check out the group. This group meets in the back of Room A. You'll need to bring your equipment for quilting.

# Sew A Blanket For Project Linus Providing Security Through Blankets

## LINUS BLANKET FABRIC DONATIONS NEEDED

1. 100% Cotton Fabric (preferably kids patterns and bright colors)
2. Flannel

# Paint Day

Tuesday, May 6th 1PM \$25





Keeping Connected With lackie



May 15th

10:00 AM

Reservations Required



FFNFR

Please bring empty water or milk jugs if you have them.

## **RENT The Miller Center**



We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible.

Call or go online for the contract. www.pekinparkdistrict.org/rentals

**BIRTHDAY PARTIES** LUNCHEONS **FAMILY GATHERINGS** WFDDINGS **BRIDAL SHOWERS MEETINGS** 





WORKSHOP

RSVP to Miller Center 309-346-5210

**THURSDAYS MAY 22 - JUNE 22** 10 AM - 11:30 AM

Reflections, the Miller Center Newsletter is proudly sponsored by:









