

# Om Gayatrie

Online Edition

June  
2022

The  
Science  
of  
*Peace*



Published by the Isa Viswa Prajnana Trust





## **“Om Gayatree” magazine**

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"War is not outside, but inside. When the inner war comes to an end, the outer war will also come to an end.

"The world needs a global reform in education to make this important shift: an education that enables us to connect knowledge of the world outside with knowledge of the world inside. Realizing the interconnectedness of all things and one's responsibility to keep the inner and outer energy in balance, the learner will become a beacon of peace, love, and happiness.

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true happiness."

- **HIS HOLINESS JAGADGURU  
SWAMI ISA**

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# Letter From the Editor

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With the outbreak of war in various forms all around us, the word ‘peace’ is on the lips of everyone. But obtaining peace is much more difficult than merely wishing or praying for it, and the reason for this difficulty has not yet been fully understood.

The present issue of *Om Gayatree* explores what real peace is, how it comes about, what makes it possible and what makes it impossible, and most importantly, the actual science behind it.

In His article “War and Peace, Inside and Outside” His Holiness Jagadguru Swami Isa explains why world peace is impossible to create by a person whose thoughts are fundamentally not peaceful. In “Freedom From Fear,” Ajith Venniyoor discusses the most famous proponent of non-violence, Mahatma Gandhi, and some of his philosophical linkages with Swami Isa. Marc Gandonniere takes us into his personal quest to understand the real intention behind the Global Energy Parliament, amidst his aversion to the concept of globalization. We get to know more about the relationship between the I-Theory and Peace through the articles by Lady Carla Davis and GEP Research Director Dr. Christophe Dumas. Dr. Dirk Seeling brings a fresh perspective to decision-making through his exploration of where decisions come from and which will result in greater peace. Stephanie Pfeiffer

explores the deeper meaning of Swami Isa’s sutras on “Knowledge: The Cause of War, the Path to Peace.” And lastly, Susanne Seeling-Zauskewitz shares her personal experience with coming back “home” from Swami Isa’s ashram.

It bears mentioning that His Holiness Jagadguru Swami Isa had talked about an impending World War III back in February 2020. Yet the world is still shy in coming to the realization that we are, in fact, in the middle of a world war today. The reason is because the form of war is unprecedented; it is mostly not kinesthetic war, but rather fought on the “intellectual” plane, to use Swamiji’s words.

Swamiji is not trying to add to our distress. He makes it clear to us that ignorance about the cause of a problem merely confounds it, and if we truly want to fix it – to create lasting peace – then we must understand it.

We hope that this issue of *Om Gayatree* will bring you greater understanding and more tools to find peace inside as you create it outside.

**Dr. M.R. Thampan**  
Chief Editor

*16 June 2022*



# War and Peace Inside and Out

**His Holiness Jagadguru Swami**

Life is a journey from restlessness to restfulness. Born into an unfamiliar world, a new-born baby of any species reacts in different ways like crying, moving and gesturing. Disquiet and conflict are a part of the human being since their first breath. Caught in the glitter of the material world, the child's whole family finds itself in a battlefield where the weapon is knowledge. Each person finds themselves needing to learn to nourish themselves with food and water, face the climate of different seasons, ward off disease, and innumerable other challenges. A hidden battle also goes on within them.

The gradual physical growth of a human being is accompanied by their journey through bits and pieces of knowledge up to the final attainment of the state of "conquering the universe". Their ambition has no bounds, and each journey is a con-

flict between thoughts and emotions. The conflict takes place in the home, society, state and nation. It assumes the form of a war aiming to conquer everything, even other planets.

Nature has given humanity fertile soil and beautiful flowers and fruits, and yet our quest for material benefits butchers the land and its products. The human turns into a selfish, brutal entity devoid of love and sympathy. All the deadly sins seem to be attacking us simultaneously. The human has within their reach all knowledge and blessings to live in peace on this beautiful Earth. So why does war exist with the aim of peace? It is imperative that one understands the meaning of the terms restlessness and disquiet and makes a relentless effort to get rid of them.

In the womb of the mother, the foetus is influenced by the thoughts of the

e,  
side

Isa

mother. And most often, her thought will be fixed upon the material glory that the baby should attain. This thought is further reinforced after birth by both of the parents, the educational system, society, etc. The seed is sown and nourished solely with the thought of material prosperity. The precise thought which is transferred to the baby is that it must be the master of material life. Then born, nourished and grown up in a materialistic culture, the person learns to worship only sensual objects. They are never satisfied with the fulfilment of dreams of the past, but go in search of new ones. Thus they declare war against their own body, mind, intellect and ego which are made of the past. Technological advances have





made a person capable of disturbing or destroying life by the simple use of a remote control button.

An individual is basically good, and longs to have peace and happiness. The knowledge gained by them is the deciding factor behind all their endeavours. The thought and feeling of happiness related to power and wealth lead to a multitude of conflicts.

A person may want to protect their foot even from the prick of a thorn, but they have

no qualms about destroying anything from a single cell form to beings on another planet. The reason behind this tendency is the impact of negative energy received through education. The person who wants peace seems to spread disquiet everywhere. When you think that no sorrow should come to you from outside, you have not realised that each sorrow outside is a reflection of what is inside. Water is made of molecules containing one atom of oxygen and two atoms of hydrogen; this is what can be shared. Both water inside and water outside are the same. When impurities get mixed into water, that too gets inside of a person. Similarly, the water passing out of the body contains impurities. The baby that is born with an innocent smile gets transformed into an embodiment of cruelty who causes chaos and destruction. Lust is sown instead of love, and what is reaped is sorrow. The objects around are taken for

real; the desire to attain these objects is lust. Nowadays, love has become just a word.

The only real Love is a feeling that enables a person to love everything outside as they love themselves. Though many festivals are conducted in the name of love, True Love is not seen anywhere. When care is taken not to give pain to another person by thought, word or deed, that becomes the manifestation

of Love. Everything done for others in the name of Love is service.

A person

who yearns for Love should realise how far away they are from Love. We receive only what we give. If we give genuine Love to others, we get genuine Love in return. We can give only what we have, and we receive in return only what we are capable of receiving. Everyone wants to be loved by others, but if the world must love us, we must have a mind capable of loving the world.

A wholesome mind means good thoughts and good emotions. Good thought is a light that can dispel darkness. When we talk to another person who is smiling, we feel good because behind the smile are illuminated thought and feeling. A smile can transfer light and joy to the world around. It is the darkness and light in one's thought that makes them loving or lustful. If lust is on the increase, it will result in war, and if Love is on the increase, peace and joy will prevail. The root cause of the lack of Love every-

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**“War is not outside, but  
inside. It is the war inside  
that turns into war outside.”**

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where is the lack of genuineness in loving. What we see around us is only pretensions to love, meant to fulfil lust. A loving individual may be the head of the family, village, town, or nation and their actions are governed by their thoughts. The farmer working in the field, the scientist in the research centre, the doctor who cares for the sick, and the thief too has their own entities that decide their actions.

True Love is enough to enable a person to live as a genuine human being from birth until death. But this Love is not realised due to the lack of Total Education, an education that enables the teacher and the student to learn and teach by connecting the world outside and the world inside in all disciplines like Science, Mathematics, Social Sciences and Humanities.

War is not outside, but inside. It is the war inside that turns into war outside. When the war inside comes to an end, war outside will also come to an end. Everyone who is waging a war should realise this truth. We need to strive for a Today that is devoid of war and filled with peace. There is no tomorrow, for it is that day's Today. Past also is made of the same Today.

If Today is peaceful, every day will be peaceful. Let us live in joy Today to enjoy eternal peace. Let "Love Today" be our slogan. The Light of Every Day...

Let the Light of Love be the path and the goal...

Love...

Love...

Love....

*"Peace Is Not Outside, but Inside."*

*H.H. Jagadguru Swami Isa*

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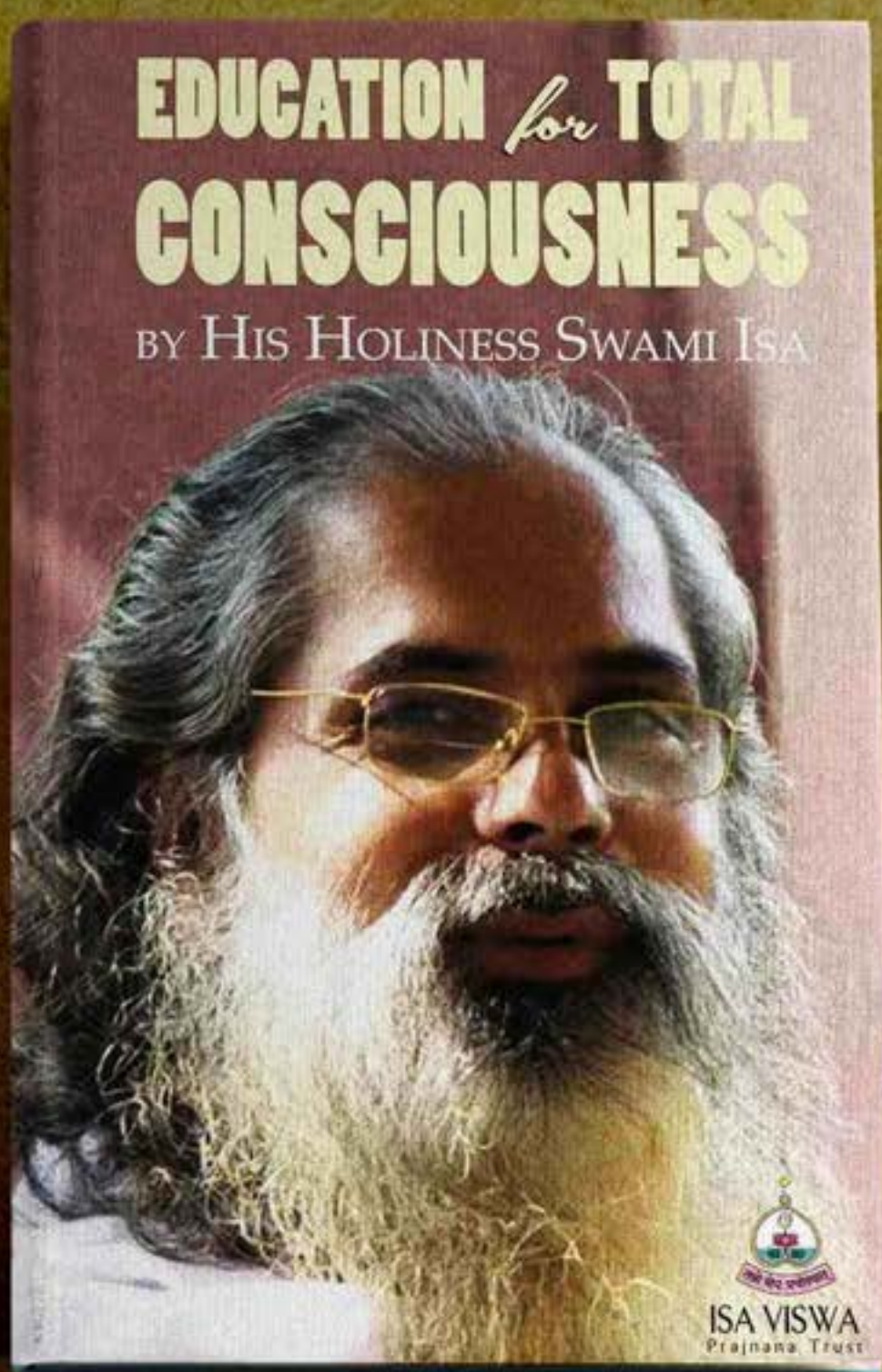


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Highlights

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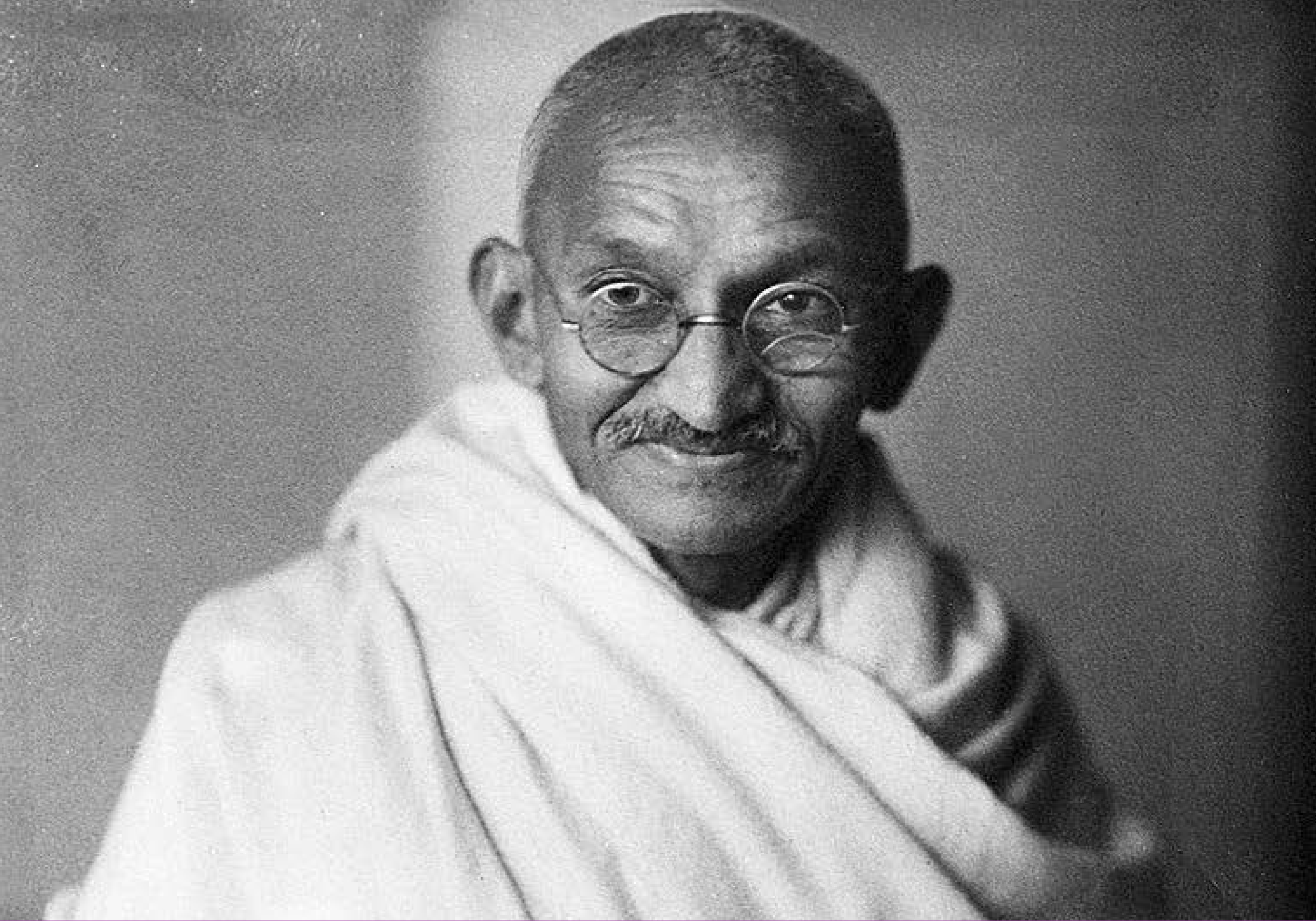


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# Freedom From Fear

Ajith Venniyoor

With all its diversities, India's message to the world has been Sarva Dharma Samaanathva<sup>1</sup>, "Equal respect for all religions." India's is a nationality founded on the basis of universal peace and harmony. We have a long-cherished tradition of tolerance, which has shown the history of the sub-continent to flourish by its composite culture. The Vedas, Jainism, Buddhism, and Christianity all have ahimsa (nonviolence) as a

1 Or Sarva Dharma Samabhaav



central tenet. The great masters Buddha and Jesus in ancient times, and modern leaders like Mahatma Gandhi and those who were inspired by him like Thich Nath Hanh and Martin Luther King, all demonstrated that nonviolence could be an extremely effective instrument for social change.

Our scriptures and traditions, our sages and seers have not merely accepted but celebrated and promoted the immense variety of India. They do not only advocate coming to terms with diversity; they treat it as the cornerstone of our unity. In this land of eternal resurgence there have been several ugly interregnums, but the Indian mind has overcome them in the past and will tide over the present crisis too. The mind of India has for centuries been able to receive and absorb the new without violation of its roots or its destination.

### **A holistic vision**

Mahatma Gandhi is remembered for his passionate adherence to the practice of truth, nonviolence, and love—and for his supreme humanism. The concept of Sarva Dharma Samaanathva has given us the key to the understanding of Gandhi's religion. His ultimate aim was to make religion dynamically operative in human life. He thought that if religions competed with one other to annex votaries it would lead to the disruption of the religious spirit. He never swore by rituals and dogmas. He, therefore, was quite certain that the biggest challenge to religions was their need to undergo self-purification. Religion would be most potent when it would have the courage and sincerity

for self-purification. There was much dross in every religion surrounding the core of truth in each one of them. Self-purification of religion meant fighting the impurities, to save the light inside. He believed that the moment religions underwent self-purification they would find that there was nothing to quarrel about, but everything to come together in the deepest harmony.

And so it is left to the great souls who have undergone intense self-purification themselves, understood the core truth of all religions, and who have experienced the unity of knowledge directly, and personally—to illuminate the path towards lasting harmony and peace. Today, the great saint Jagadguru Swami Isa has picked up this role, and He continues the tradition of Sarva Dharma Samaanathva with the freshness of modern scientific genius and the innocence and simplicity of a child. His I-Theory provides a lucid, scientific understanding of what had been previously relegated to the concerns of philosophy, and thus He is able to speak to the global masses through their foundational belief system—not in God, but in Science. He teaches that everything is fundamentally made of energy: everything is vibrating, and vibration has qualities (positive, negative and neutral); these make up all of our experiences, both inside and outside of us. We have the power to increase positive energy, says Swami Isa, but for that we need a clear understanding of what kind of internal equipment we have, what power we possess, what obstacles we may face, what our present stage is, and what our ultimate aim is as a human being on Earth.



## Science and spirituality

Gandhi also showed us how science and religion could be integrated in the life of man. In Gandhi, science and religion did not contradict each other. Gandhi believed in the validity of reason in all aspects of life, including the religious. Religion, according to Gandhi, should become a revolutionary force taking up the challenges of life through an awakened awareness which will release spiritual energy to fight the battles of life.

Swami Isa acknowledges that there is some confusion in the present century surrounding the words ‘religion,’ ‘spiritual,’ ‘material,’ ‘divine,’ ‘spirit,’ ‘soul,’ ‘religion,’ and even ‘God.’ Everyone may be familiar with these terms, but has only a vague understanding of them, and in addition, has a different understanding than people of other communities or cultures. For example, to some, ‘spiritual’ means religious; to some it means only Christian; to others it means anything vaguely involving mysticism or the big questions of life, excluding religion. For this reason, Swami Isa prefers to speak in the language and concepts which are prevalent in modern education. He uses the word ‘subjective’ for ‘spiritual’—meaning anything involving the Subject—the self. He uses the word ‘objective’ to mean anything external to the Subject—the universe. His educational system, Education for Total Consciousness, trains us to understand that everything in the objective world is present in the subjective world too, thus establishing a holistic vision in us, which is the first essential step to knowing how to create harmony and peace in the world. This is the essence of all spirituality.

Gandhi wanted to build a new culture based on the traditions of the past and enriched by the knowledge and experience of the modern world. To quote him speaking about the foundation of his new university:

*“[It] does not propose merely to feed on, or repeat, the ancient cultures. It rather hopes to build a new culture based on the traditions of the past and enriched by the experience of the later times. It stands for the synthesis of the different cultures that have come to stay in India, that have themselves been influenced by the spirit of the soil. This synthesis will naturally be of the Swadesi type where each culture is assured of its legitimate place and not of the American pattern, where one dominant culture absorbs the rest, and where the aim is, not towards harmony, but towards an artificial and forced unity.”*

Swami Isa’s I-Theory explains to us how such ‘forced unity’ is impossible; energy is constantly changing because that is its fundamental nature; furthermore, everything, fundamentally, is energy. Its basic unit, the I-particle, vibrates due to the force acting between its positive pole and its negative pole. Harmony is retaining this natural balance where there is no excess of one or the other. Swami Isa says that complete eradication of one or the other is impossible. We always have positive and negative, He teaches, but what we lack is awareness about how to manage them.

Gandhi’s idea about religion, God, and religious practices are extremely relevant to



the present generation. There is an inner vacuum in the affairs of men today, and only faith in God and spiritual reorientation to all our activities can save us from the all-round catastrophe that we are facing today. If democracy is to succeed it should be based on moral and spiritual values of life capable of standing the scrutiny of science. Gandhi gave us guidance to have a rational faith in God and to build up the process

of identifying ourselves with the whole of humanity. He showed us the new dimensions of the spirit in man in the context of rapid change. Indeed, these ideas have taken a new life in the mission of Swami Isa. ■

The author is a Member of GEP and the former Secretary of the Kerala Gandhi Smarak Nidhi, who has published several books on Gandhi.



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# Become That

## His Holiness Jagadguru Swami Isa

Omnipresent Om smiling everywhere  
Basic rhythm of Pranava  
Sharing trinity light, time and space  
Expanding body

Toroid chaining hand  
Quantum making question  
Outer and inner questions  
Basic intellect weaving biners  
Causal, subtle clothes are forming  
Cutting and stitching suits  
Mixed quanta become  
Lepton, fermion and boson  
Dancing with different choreo  
Telling a family story  
Sub-family of Atom  
Standard Model stretching its wings  
Flying into new horizon

All hearts are beating  
Because of the son of Atom  
Molecule travelling everywhere  
Creating and maintaining  
Finally dismantling everything

Changing changes  
Is the basic nature of the Universe

Present change  
Becomes past and future  
Fruitful future  
Expecting happiness

For happiness  
Thought suspecting everything  
Oscillating thoughts and emotion  
Meditating for stillness  
Starving thoughts  
Still now beating  
Budding thoughts  
Cause of sorrow  
Budless thought  
Smiling everywhere

Total Bliss  
Never vibrating  
Vibrant personality  
Starving for happiness  
Don't become a hunter  
Realizing Self  
Never hurting anything

Heart beating  
Because of Consciousness  
All beat always saying  
"I am not limited ego."  
Trinity shell ego  
Attaining purity

Pure nectar  
Without flowing  
Become that.  
That is I am  
I am That.





# By the Four Horizons that Crucify the World

*Advocating for a World Empire in the Akasha*

Marc Gandonnière

It is but natural that I found myself drawn to Swami Isa because the relationship with a wise person is based on a certain number of questions of which we are the bearers. One of mine was about globalization.

I had asked Swami Isa during a stay at the Isalayam Ashram what He meant by initiating the Global Energy Parliament. Understanding and reading in me in depth, no doubt, my perplexity and my doubts, He immediately replied: “Globalization is not an ideology.”

This was exactly what I expected because ideologies are, in my opinion, by-products of thought, fabrications tinged with distorted and partial philosophy distant or even contrary to the Philosophia Perennis, of which Sanathana Dharma is an expression, even in

the most complete of human civilizations. Of course, I am just one of billions of human beings who are all confronted with the problem of globalization, regardless of their level of awareness of it, their reactions to this collective trial. I have taken as the title of this article a verse from the poem of Francis James, “Prayer”: “By the four horizons that crucify the world,” which is a prayer thanking Mother Mary for the good and bad things we receive in life.

The reason I’m confused about globalization is because I have a feeling that bad globalization trumps the good overall. Globalization seems to me a crucifixion of the world, and I see it globalizing war instead of peace. Globalization proceeds in an incoherent and paradoxical way; it is defined



as supranational in seeking to crush the sovereignty of nations.

Globalization is not young. It has tempted Empires since the beginning of known history. But even in the building of these Empires, the elements are in struggle—for example those thalassocratic and telluric Empires which we see in geopolitics. They compete, and are currently struggling.

I am trying to visualize how the I-Theory could help humanity to free itself from the struggle of the elements by understanding that all are an expression of the ether of quintessence.

Globalization as seen by Swami Isa advocates respecting every step of the construction of human unity. Personal, local, regional, national and international.

The body needs organs, organs need cells, cells need molecules, etc. The body cannot deny or annihilate any organ if it wants to be in good health. Similarly, international prosperity and peace needs the prosperity and peace of each nation.

There is an analogy between the human body and the great body of humanity in the core teaching of Swami Isa, as in the Hebrew tradition by Adam Kadmon. If one limb and one organ of the body is missing or having problems, the human is sick. How can the body of humanity be healthy if every person or nation does not have a place? If only one is suffering, is abandoned despoiled, mistreated all humanity suffers and blocks

the path of collective happiness? There is no separate entity as there cannot be a body part outside the body.

In the pedagogy applied at the Isa Viswa Vidyalayam school, international preparation is taken into account since four languages are taught: the students' mother tongue, the national language, the international language, and the ancient language. But special care is taken to help students by using their local language when the need arises to better assimilate a topic. The mythological, theological, linguistic, and cultural bases are never left out.

Respecting every step of the construction of human unity is already a fundamental point which, if respected, would humanize globalization.

Globalization, in fact, must not be the manufacture of human beings left to nomadism, but must paradoxically encourage rooting.

This rootedness is indispensable to flourish and advance towards our spiritual goal.

The spiritual Masters I have known have been the example because they are universal as much as they are truly rooted.

Nationalist or anti-globalist reactions of peoples are the consequence of a negative globalization, rightly seen as an unequal and oppressive totalitarian system. The political world today is no longer divided into right and left but between sovereignists, or nationalists, and globalists.

As religions wanted to expand and

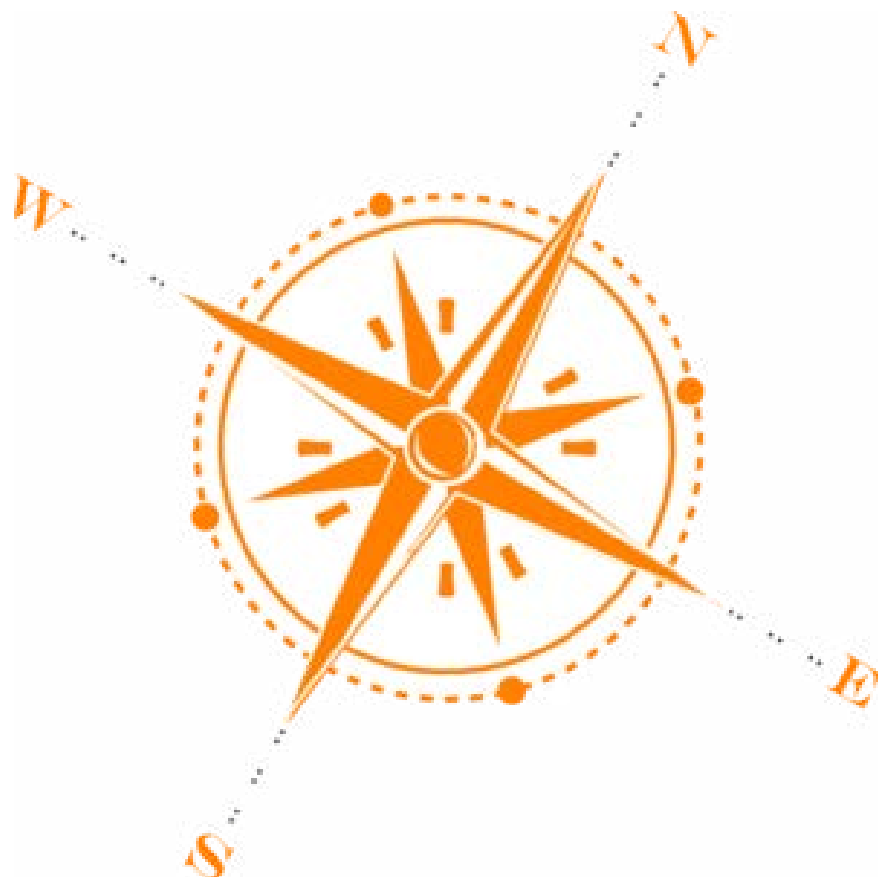


impose themselves by force and seduction, we live in a state of economic war; the seduction is made by the media. We have ideological globalization, by mental violence. The result is the use of the most terrible biological and nuclear weapons carried by increasingly rapid missiles.

In the teaching of Swami Isa, the search for Truth is pushed to a point of demand of the greatest rigor as it invites us to confront ourselves with the tools of the so-called

right proportion, so by decreasing the high frequency of Black Matter and thus by the culture of inner peace.

Energy is defined as, or composed by, the basic vibrating particle making up the universe, the ultimate quantum. This I-particle is the tipping point between the outside world and the inside world. That Energy, when it ceases to vibrate, is Consciousness. Consciousness is the substratum, the all prevading reality behind



modern sciences. The I-theory stresses that the human must link the universal macrocosm and one's bodily microcosm by understanding that they obey common laws of extreme precision which one must understand both as an individual and as a collectivity. It is the only way for humanity to free itself from the erroneous behaviours by which it suffers and which cause nature and the living beings of our planet to suffer. Peace can only be obtained directly by the balance of Black and White Matter in the

all vibration. This Total Consciousness is nothing but the Truth that Indian thought has always understood and expressed more as a state than as a dogmatic formulation. Truth is both that Total Consciousness of Reality and the way toward it. We join Truth by searching true knowledge, true love, etc.

This must find a different practical application; for example, the opposition between globalists and nationalists ceases to be one, if we seek the right balanced relationship between the part and the whole,



and especially if our globalism, as our nationalisms, are peaceful.

One has to be a universalist and love one's country; it is not an obligatory opposition except to live always in a dual awareness. One has to love the entire universe

as one loves one's self, says Swami Isa. That alone is true love.

The energy that links humanity in economic ties, money, must not be considered only in quantitative but qualitative terms, because the money that comes from negative activities inevitably brings with it energies that are disqualified in the society that uses them. The topic of Sustainable Economics (and what is true wealth for the global good) has also been studied by the GEP.

One might think that the annual thematic transfers of the GEP for more than 10 years are an educational game intended to edify those who participate in it, I also believed so.

But I am beginning to understand that these meetings are intended to show national and international institutions how they must work for the common good.

The GEP situates itself in decision-making and the governance process so that it can raise awareness and inspire those who

perform their roles around the world. Those who experience the consequences of this governance, whether positive or negative, can return their satisfaction / dissatisfaction. It wants to solve the problems that have plagued the UN, governments and other

international organizations. This process involves the collective participation of every living human soul.

Under these conditions we

can build an Empire in the Akasha.

We can end with a reference to the poet Rabindranath Tagore who feared the western nationalist imitation by India. He believed that the salvation of the world would come from India:

*“Where the mind is fearless and the head is high;/ Where knowledge is free;/ Where the world has not been divided between narrow dividing walls;/ Where words emanate from the depths of sincerity;/ Where untiring effort reaches out for perfection;/ Where the clear path of reason has not been fatally lost in the arid and dreary desert of custom;/ Where the spirit guided by you moves forward in the continuous enlargement of thought and action - In this paradise of freedom, Father, let my homeland awaken.” ■*

The author is a philosopher and writer living in France.



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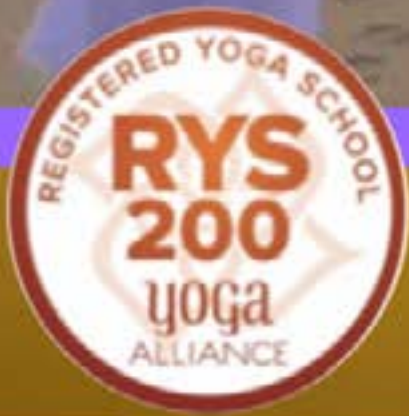
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# Saga of a Sage

Part  
2

## The Life and Mission of His Holiness Jagadguru Swami Isa



Continued from the previous issue of *Om Gayatree* (Nov. 2021) in which we followed the young Swami through his childhood experiences and early days of tapas, up to the incredible meeting with Agasthya Muni...

When he became conscious he was in the same place where he had got down from the bus. The man was walking ahead towards the bus to Thiruvananthapuram. Swamiji got in and the man stood smiling till the bus vanished from sight. Since then Swamiji knew that he was always being accompanied.

The memory of that otherworldly

experience became the source of inspiration and he began his journey the next day, first to Kanyakumari and then to Thiruchendur. When he reached there Padmanabha Swami, a Malayali, was waiting for him. When the topic of the Kamandalam was mentioned, Padmanabha Swamy went inside and brought the one that was seven or eight generations old. (Now that Kamandalam can be seen beside Swamiji.)

Next morning, Swamiji reached Palani via Madurai. After darsan at the temple he approached the Samadhi peedom of Bhoga Maharshi and felt like sitting there. With the consent of the priest he sat there and meditated. Hardly five minutes passed when





he lost awareness of the outer world. He beheld the same short man who took him to Neyyar Dam, standing on his left and on the right, was the resplendent figure of the Veldhari (Lord Muruka). Only then he realized that the short man was the Great Saint Agasthya Muni. By some intuition Swamiji opened his mouth and stretched out his tongue. The Veldhari wrote with his Vel, 'OM' and Ishtadevata Mantra on the tongue.

Then the divine figure wrote 'Pranavam' in the centre of the head and Ishtadevata mantra around it. With that, awareness was completely gone. This state lasted for two hours. Tears of bliss flowed from his eyes all the while. When he opened his eyes, he

saw a crowd of people around, standing with folded hands, immersed in prayer. It was the first experience of 'Nirvikalpa Samadhi' and it recurred quite often thereafter.

Swami's next destination was Chidambaram, the place where the concept of Siva assumes innumerable forms of Nataraja, the moorthy of Cosmic Dance. The minarets of the famous Siva temple embossed with thousand bhavas of Siva in cosmic dance rise up to the sky. The concept of Siva here is both Akash (ether) and mind, as if the cosmic dance sublimates either into the mind or into the ether.

A unique experience was awaiting Swamiji at Chidambaram: the cosmic sound



reverberating and energizing all creations revealed itself to him as various aspects of Lord Siva. Even Thandava and Lasya bhavas were revealed through divine music. Ever new rhythmic dance of eternity in cadence with the soul melting melody of the music of the spheres came to his vision. The divine sounds of veena, mrudangam, flute and thimila remain reverberating deep within the mind with all the melodious perfection. Like the music of cosmic creation this sound with the classical perfection of raga, thala and laya, flowed out from everywhere like the smooth flowing Siva Ganga. The harmony of all these sounds created a divine symphony that symbolised the cosmic dance. When that symphony sublimed into the ether, Swamiji was experiencing a thousand manifestations of Lord Siva.

Thiruvannamalai is made sacred by Ramana Maharishi's Ashram and it was

dusk when Swamiji reached the temple at Arunachala. Usually no one is allowed near the Sreekovil. The priest was a 90-year-old brahmin, and he took Swamiji inside the Sreekovil, made him stand near the idol and performed pooja. This time also Swamiji attained the state of Samadhi and had visions of Gods and Goddesses. This experience was repeated before the idol of the Divine Mother nearby.

The priest took him before the picture of Dakshinamurthy and there Swamiji lost consciousness as he sat in front of the picture. Each stanza in Dakshinamurthy Stothram echoed in his inner ears. "Viswam darpana drushya mana nigari thulyam..." Dakshinamurthy appeared before him and explained the meaning word by word. All his doubts were cleared at once.

Swamiji experienced the bliss of solitude at the Vrukshashramam where Ramana



Chidambaram

Photo from Flickr



Maharishi did his tapas at Thiruvannamalai. It was here the bliss of silence was experienced in all its perfection. In that superconscious state, Swamiji reached Mookambika. There he worshipped the Divine Mother after a bath in the holy stream Sowparnika. The priest opened the doors of the famous Sankara Peetom for him. Only a very few have the good fortune to sit



Kudajadri Hills. Photo by Sujith Nambiar

and meditate on the Sankara Peetom. He experienced the Divine Mother as Mahakali, Mahalakshmi and Mahasaraswathi. Staying at Mookambika, Swamiji attained 'mantra sidhi' by chanting mantras lakhs of times.

It was in the twilight of a late evening that Swamiji reached Chitramoola in Kudajadri. There he went into deep meditation. All of a sudden there was a bright flash of light, the brightness so intense that his eyes couldn't stand it. Light was followed by the melodious sound of the anklets, and then he was blessed with the vision of the Divine Mother. In the sacred theertha at Chitramoola, Devi dressed in brilliant white appears every night at 12 o'clock. That spot is known as Ambavanam. The rare and precious tree 'Thejokarani' is there. At night

the trunk of this tree glows like fire. Only the spiritually pure can even touch the tree.

The famous Sarvajna Peetom of Sree Sankara is in Kudajadri. Sitting on this and

meditating, Swamiji passed through the higher states of Samadhi that stretched from hours to days.

The journey from Kudajadri was to Karnataka via Kozhikod,

Wayanad and

Kasargod. After staying at Dharmasthala for some days Swamiji went to Kudanchikkal hills. Mrugandu Maharshi, father of Markandeya, entered Mahasamadhi here. Both at dawn and dusk the place is bathed in an ethereal beauty so that one can identify oneself with nature here. Such a moving experience is possible only in very rare places. It was here that Swamiji learnt to control even wild animals with love. Once when he opened his eyes after meditation, he saw nearby a leopard that was about to spring on him. He closed his eyes again. Then the unbelievable happened. Man conquered the cruelty and violence in the animal through the gentle and magnetising power of love. When Swamiji got up and walked from there, the leopard followed him like a close friend.



A whole treasurehouse of experiences...! Chempaka Devi temple, cave of Dakshinamurthy; Palaruvi and Kalyana theertham where he identified himself with nature and meditated; the Chandana rain that falls after midnight (this rain is believed to be the worship that the Gods offer to Lord Siva and Parvathy when

they gave vision to Agasthya after their wedding); the vision of Agasthya Muni; hospitality of Krisnaveni Amma, an old woman saint, the Vanatheertham where the water flows from sky-high spots; the vadayar dam that marks the beginnings of a dense forest; the huge hollow space in the Athri tree where Athri Maharishi and Anasooya

meditated; the mandapam of Ouvayar, the avadhootan who offered him the single plantain he had and went to seek his food in the heap of leftovers in the street in the company of stray dogs... unknown and unnamed great souls blessed his path. A myriad of divine experiences awaited him wherever he went.

Among the multitude of people Swamiji met during his spiritual odyssey, only one influenced him greatly. That was the Parappoor Yogini Amma of Trichur.



Yogini Amma

Her name was Janaki. Swamiji met her while studying for degree course. In order to see her, Swamiji applied for the post of Forest Ranger and chose Palghat as an examination centre. On the way back he got down at Trichur and went to the Ashram. But Amma was not seeing anyone, as she was observing 'mauna

vratha' (vow of silence). In spite of the disappointment he felt, Swamiji waited outside. Concentrating his mind, he plunged into meditation. He heard her laughing, and Amma was there when he opened his eyes. She went inside, but Swamiji wanted to see her again and so he concentrated his mind in meditation. Amma appeared before him again.

She was the one person

who influenced Swamiji most on the spiritual plane. When he knew that she was going to enter Mahasamadhi, he went to Trichur along with Dr. K. Gopalakrishnan who had arrived like a divine messenger. Swamiji was also one of the pallbearers who carried her mortal remains to the Samadhasthan at Vilangan Hills.

Swamiji received a warm and hearty welcome wherever he went in his days as Parivrajaka. Many people offered to help him





Swamiji on the Interfaith Panel at the Christian Conference of Asia, Indonesia (2015)

establish ashram in Karnataka and Tamil Nadu. But Swamiji did not feel like agreeing to that. He wanted to come back. After performing the ceremonies at Rameswaram, Swamiji returned home without being noticed by anyone. He wanted to live in silence and prayer and stayed in a hut in Oruvathilkottah, without any contact to the outside world. But the spiritual light of the divine presence permeated outside and now the world comes seeking the all-intuitive wisdom and the all-inclusive love that he pours into people. He is the ocean of light that can brighten all the dark corners of the mind and awaken us.

Isalayam, the abode of His Holiness Jagadguru Swami Isa, began to usher in universal love and brotherhood. Swamiji

gave shape to several new concepts and programmes, all within the frame of formal education or informal education, and established the Isa Viswa Prajnana Trust to carry out the activities.

His system of Education, “Education for Total Consciousness,” his yoga system, “Life for Total Consciousness,” and his scientific theory of everything, “I-Theory,” are the precious gems offered to mankind in this age. Their purest rays will spread all over the world. ■

*Originally authored by P. Suresh Babu, founding editor of “Om Gayatree” magazine. Translated into English by Lalitha Santhakumar. First published in the first edition of “Om Gayatree,” February 1995.*



# Isa Viswa Pr Activities

June to De

## June 2022

**21**

International Day of Yoga (online & in-person events)

**30**

International Day of Parliamentarism (online & in-person events)

## July 2022

Guru Poornima (Isalayam Ashram)

**13**

## August 2022

**31**

Ganesh Chathurthi (Isalayam Ashram)  
22nd Anniversary of IVPT (in-person)



# Rajnana Trust Calendar

September 2022

## September 2022

21

International Day of Peace (online & in-person events)

26

Sept. 26 to Oct. 05: Navarathri Festival (Isalayam Ashram)

## November 2022

Isa Jayanthi (Isalayam Ashram)

03

## December 2022

XX

December (to be fixed): 12th session of the Global Energy Parliament (online)

25

Christmas (Isalayam Ashram)







# Peace From a Different Perspective

**Lady Carla Davis, MPH**

Since the beginning of time and for many falsified reasons, wars have been fought and peace has been sought. Why has everlasting peace been so hard to attain?

Why are some people so obsessed with conquering and controlling others?

Why do some people have an insatiable appetite for power, money, and greed?

Until recently, many of these questions remained a mystery. Perhaps, because educators and peacemakers did not fully understand the energies, mentality, and motives involved.

From the wisdom and teachings of [H.H. Jagadguru Swami Isa](#), we have a better understanding of the energies and mentality involved from a different perspective.



# ective

Through [Education for Total Consciousness](#) (ETC), we now have a system to provide the necessary changes within one generation.

The [I-particle](#) is the fundamental building block of everything. More than a particle, it is a vibration. Energy is vibration. The Universe and all branches of knowledge came from vibrations of energy.

Energy comes in both positive and

negative vibrations. A high, rapidly vibrating frequency produces negative energy. When this occurs, there is no ability to think clearly or perceive the clear light of Consciousness.

**Solution:** Change the frequencies you are producing or surrounded with. Meditate, practice yoga, Tai Chi, Qi Gong, listen to peaceful music, grow a garden, go for a swim or walk, and connect with Nature. Nourish your body with healthy, wholesome food. Apply ETC with your children and others. Remember, the inner and outer environments are inseparable.

When negative energy is out of control, it displays aggression, anger, hatred, greed, lust for power, and brutality. The emotion of fear increases negative energies. One of the most powerful tools used to incite fear is the media. This comes from news reports, printed press, radio, TV, movies, videos, video games, certain types of music, the internet, and social media.

Early on, word of mouth was the method used. Then, the printed press and radio took over. Once cinema opened up, Hollywood movies and their musical scores, during the 1930s and 40s, were used to glorify war and create romance (to breed more babies for the next war). People were influenced en-masse, in an attempt to unite everyone in hating the created enemy and justify military spending. Then, TV became the tool of influence. Theatrical propaganda was everywhere.

As far back as 1883, speaking to journalists at a *New York Sun* Toast, [John Swinton](#) said, “There is no such thing as an independent press unless it is out in country towns. You are all slaves. You know it, and



I know it.” Previously, Swinton had been a chief editorial writer for *The New York Times* for 10 years.

**Solution:** Listen to all sides of a story and think for yourself! Identify the source of information. Seek, support, and provide alternative media to expose the truth.

In Western nations, during the 1970s and 80s, the high frequencies of heavy metal music, junk food, and the drug culture were pervasive and synonymous with violence and death. TV sitcoms, movies, and music videos socially engineered and programmed the children. Today the internet, social media, and pop culture have spread from the USA to the EU, to Australasia.

**Solution:** TV and screen time need to be carefully selected to prevent exposure to harmful frequencies. This includes subscriptions, movies, music, videos, TV shows, games, and devices you buy/watch and expose your children to.

Quite some time ago, one of my friends said, “If you want to know what will happen in 15-20 years, look at the games our children are now playing with.” Before the Iraq/Afghanistan wars, English-speaking kids were playing war games. These children were well-programmed by the time those wars started and quickly joined the military to go ‘get the enemy’.

**Solution:** Stop buying and allowing children to access or engage in violent video games and role-playing. Teach your children about the all-pervading energy that they are part of. And that everything they do has consequences for themselves and the world around them. If you teach them to respect

and cherish Life and Nature from a young age and that true wealth is more than money, their priorities will change. They will know that whatever quality of energy they put out into the world will eventually come back to them. If they seek to exploit others, sooner or later, they will find themselves a target. If they learn to be productive, express gratitude, s h o w respect, and share, they will reap the benefits. These are the Laws of Nature.

E a c h year politicians who are elected to represent the people, appropriate m a s s i v e

amounts of public tax dollars for weapons of mass destruction (WMDs), covert operations, military spending, and space exploration (weaponizing space). This produces a great deal of negative energy.

How many more WMDs and covert operations does it take to blow up or destroy a perceived enemy or country? A large part of the problem is that the [racket of war](#) is big business. Imagine the difference if all that money went to benefit humanity, clean up and beautify our environment, and promote culture!

**Solution:** Governments need to provide





transparency and oversight about military budgets and pass laws to prevent profiteering from war, WMDs, and weaponizing space under the guise of defense and exploration! With so many wars, suffering, and inhumaneness, we need to recognize and address the conditions that have allowed this to happen and change the status quo.



G o v -  
e r n m e n t  
leaders are  
elected to  
serve and  
govern for  
the people,  
by the peo-  
ple, and be  
accountable  
to the peo-  
ple in a true  
Democracy.

**Solu-  
tion:** Since  
we can no

longer depend on leaders with conflicts of interest, we must turn to mothers, fathers, and our education system to make the necessary changes. We cannot get rid of negative energy or any energy. But, we can learn how to balance it with positive energy.

**The natural state of the human being and Nature is a state of tranquility and equilibrium.**

According to Swami Isa's I-Theory, low-frequency energy is positive and more conducive to learning and peace. Low-frequency energy raises awareness of your surroundings, the interconnection between

yourself and the world, and the consequence of your actions.

Between the 14th and 16th centuries, the flourishing cultural period in Europe known as the Renaissance was an example of using low-frequency energy to produce great masterpieces of art, science, music, and architecture. India's ancient culture had great examples of positive energy in medicine, architecture, music, science, governance, and every field of knowledge and aspect of life. The light of Consciousness shines through this kind of energy.

Consciousness exists with and without frequency (vibration). When Consciousness vibrates, we call it energy. When it is not vibrating, it is simply Consciousness. Both exist simultaneously and permanently. Non-vibrating Consciousness is absolute stillness; Bliss. Mystics of various traditions have expressed it in different ways, such as the Self, God, Allah, Nirvana, the Absolute, Atma, Brahma, or Sat-Chit-Ananda (Truth-Knowledge-Bliss).

Although we are many different cultures that deserve respect, we all share the same Earth, the same bodies of Water, Fire (heat and light), Air, and Space.

Education is the light that leads us to Total Consciousness. Education for Total Consciousness brings in the light of positive energy and provides PEACE from a different perspective. ■

The author is the GEP Minister for Environment, a university executive, author and nutrition educator.





Illustration by Marcus Guderle



# In Sense, Thought and Mind

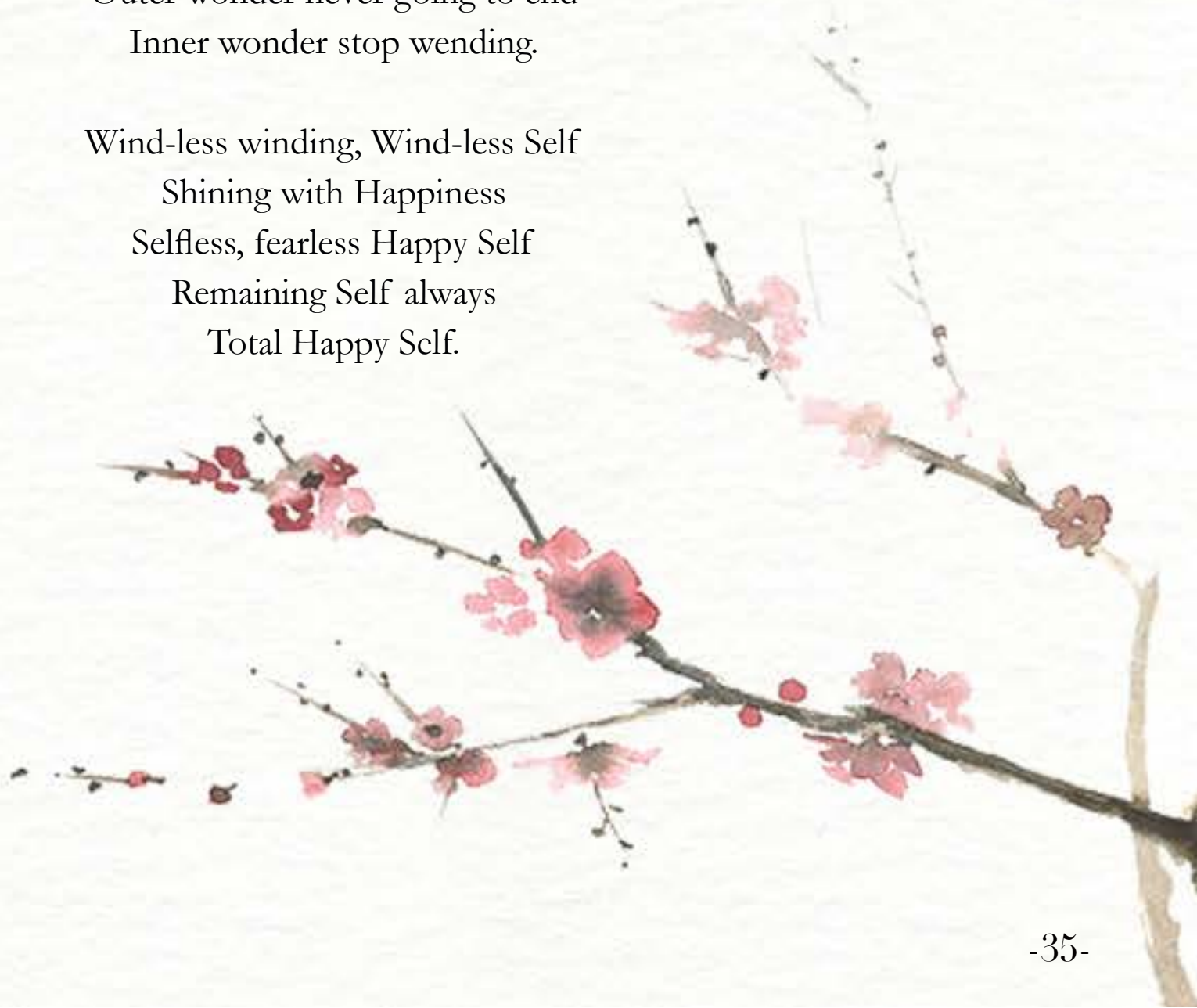
His Holiness Jagadguru Swami Isa

In sense, thought and mind  
Thinking emotion, carrying shadow and light  
Arithmetic qualities creating causal, subtle, gross.  
Trinity triggers creative-maintaining-change  
Subject and object  
Quality faces.

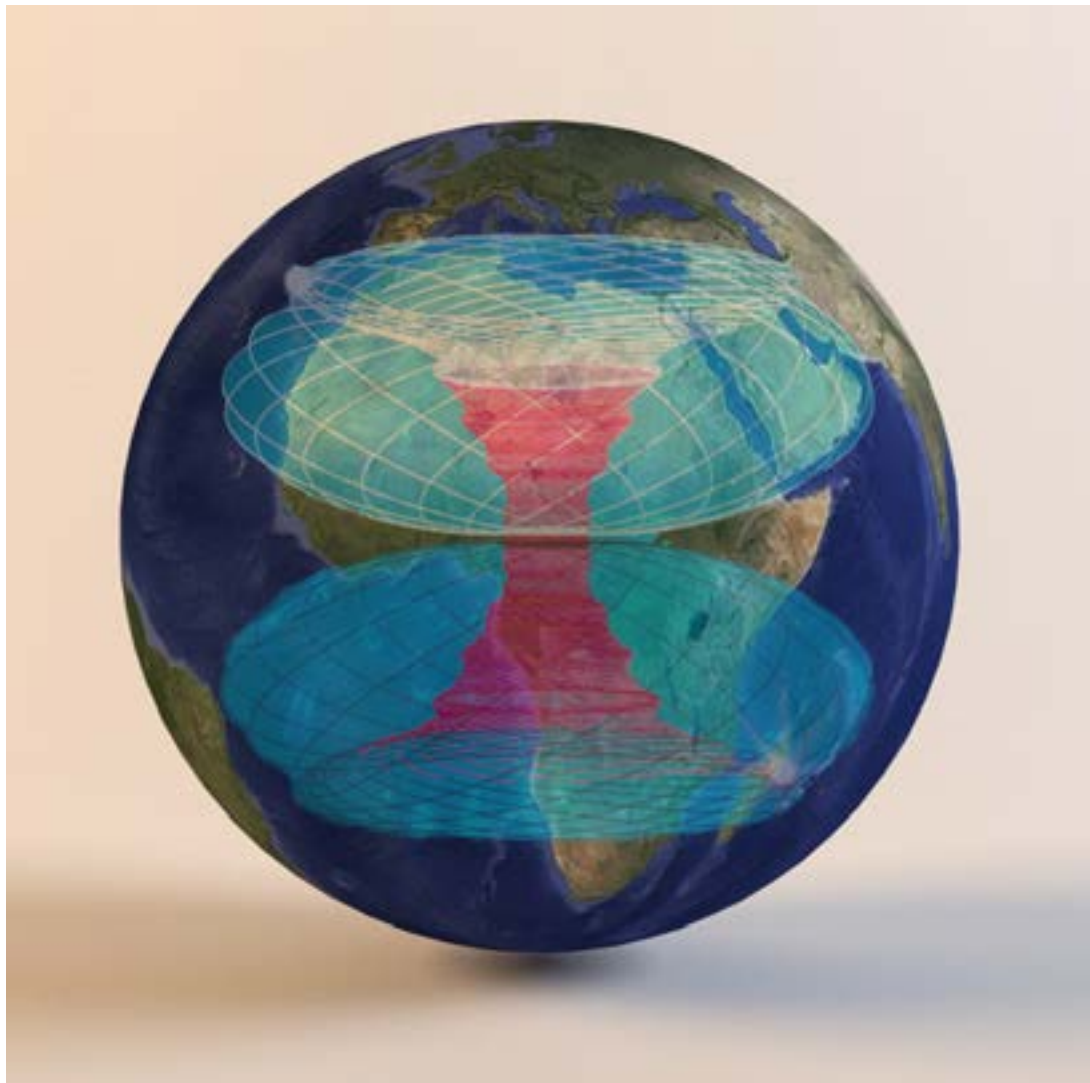
Face is not changing  
Changing direction  
Wonder-world opening his eyes  
All become wonder  
Because all are having wonder I.

Wending for wonder happiness  
Greedy, cruel faces fighting  
Fearful I.  
Far and far, more and more  
Outer wonder never going to end  
Inner wonder stop wending.

Wind-less winding, Wind-less Self  
Shining with Happiness  
Selfless, fearless Happy Self  
Remaining Self always  
Total Happy Self.







# P e a c e Through the I - T h e o r y

Dr. Christophe Dumas

My first experience of the Global Energy Parliament was in 2014. I had been on the organizing team for it that year, but I had never attended one, and I had a lot of curiosity about how it would turn out. Swamiji had chosen the theme of “The Science of Peace in Humans, Humans in Peace” and we turned out to be having it in Geneva, the

global city of peace talks. The event was to be held at the World Council of Churches in a beautiful, spacious, modern building, very near to the UN. People from all over the world arrived for our parliament.

During a break, Swamiji asked me if I’d read His book, *I is One, One is I*, and if I had liked it. In fact I had been helping to print it



and was too engaged with the technical task to take much time to fully understand it.

I was surprised by His question. I replied, “Yes, I liked it.” He asked me if I remembered the peace formula that it contained:

$$I + 1 = C$$

At that time, I was not aware of the depth of the formula, and unfortunately, I had taken it quite casually. It seemed so simple that I disregarded it, as I had been concentrating on very complex mathematics about the I-particle (which I was expected to present at the Global Energy Parliament).

So Swamiji explained it to me.

In this formula, “I” is the subjective world, and “1” is the objective world. Taken together, they are Total Consciousness.

Consciousness is beyond space, time, matter and energy. It is the Divine. Consciousness is everything. This means that there is no separation between the Subject and the Object.

This explanation astounded me. I had been thinking of the I-particle only in abstract, objective, mathematical terms. I hadn’t considered that it was a living entity—in fact the very essence of life and the Divine. As a scientist, I hadn’t considered that God and science had anything to do with one another, but here it was, so simple and so profound.

Through this formula, it is easy to understand that if I harm someone, I harm myself. This basic principle is the foundation of True Peace. It is explained in many ways in the different religions and spiritualities, but it was the first time that peace was explained in a scientific way by applying the I-Theory.

The other important implication of this formula is that there is no world peace without internal peace. To ensure this, is our responsibility. “Outer peace starts with the inner peace,” says Swamiji. Every human being should be aware of this knowledge. Mahatma Gandhi said, “Be the change you want to see in the world.” The world cannot be in peace if I’m not in peace—and all Mahatmas are incarnations of this true inner

peace.

Therefore, each human being who wants to live in a peaceful world should

ask themselves, “How can I reach internal peace?”

Of course, all spiritualities and religions give rules and codes of conduct. However, nowadays, we are living in a materialistic world and science is the new religion. Even if science has its own limitations, it is supposed to provide solutions to live a happier life. And yet we can easily see that is not the case. Science has to continue to evolve, and Swami Isa has given a big push in the right direction with the advent of the I-Theory. Swamiji

**“We are living in a  
materialistic world, and  
science is the new religion.”**





## The 6th Global Energy Parliament on “Peace in Humans, Humans in Peace” held at the World Council of Churches, Geneva in 2014

Dr. Christophe Dumas, Director of the GEP Research Centre, spoke at the event.



### Inaugural function

The Ambassador of India to Switzerland, M.K. Lokesh (second from right), inaugurated the event. Fr. Daniel Buda (left) gave a Special Address.



### GEP Award to Amb. Sergey Batsanov

The former Ambassador of Russia, Sergey Batsanov, a lifetime advocate for peace and disarmament and the Director of the Nobel-Prize winning Pugwash Conferences, was presented with the 2014 GEP Award by Amb. Lokesh.



gives a new outlook of peace from a scientific perspective. He wrote, “War is of two kinds: one is to support life and the other is to destroy life. The white blood corpuscles in the body fight to maintain the health of the body. The same white corpuscles, when they increase beyond limits, cause the destruction of the body.”

This statement that Swamiji gave at Geneva was reflected in [an article](#) that we co-authored and published a few years later in 2020 in the *Journal of High Energy Physics Gravitation and Cosmology*. (By that time these concepts had deeply penetrated my thought process and my conceptions of science, the Divine, my self, the universe, and all the particles in it.) We wrote that in the universe, there are only two kinds of forces: attraction and repulsion. These forces are related to Black Matter (negative energy) and White Matter (positive energy). Therefore, peace can be achieved only by balancing Black and White Matter and thereby by balancing the five elements (Space, Air, Fire, Liquid and Solid).

The central element is Fire. It is Red Matter. When the frequency of Fire decreases, Fire or Red Matter becomes White Matter. The repulsion force is dominating. Since the distance between the particles is greater, the friction between the particles is less. The entropy is at the maximum. When the frequency of Fire increases, Red Matter becomes Black Matter. At this time, the attraction force dominates, and the distance between the particles is at the minimum. The

friction and the temperature both increase.

In order to maintain peace, we should carefully consider the central element of Fire. Again, in the book *I is One, One is I*, Swamiji wrote, “The natural heat of the human body is 37°C. A little less or more will cause each cell of the body to put in extra effort in order to maintain the life within.”

Earth is also a living being. It is important to think about the impact of global warming upon it, due to human activities. In this phenomenon, the attraction force is dominating. We can also think about the extra heat due to bombs and war, and the extra friction (creating heat) in our cells resulting from the SARS-CoV-2 virus.

The heat is due to the friction of the I-particles. We should reduce this friction by reducing our internal frequency. Then we will be able to share our White Matter.

The human being needs energy for living. Everybody can decide which energy they allow to enter inside of them. Is it White Matter energy or Black Matter energy? What are we eating, seeing, hearing, smelling and touching? We can choose what we want. Controlling our five senses is not an easy task, but Yoga is the timeless technique and most powerful tool for controlling our energy and reducing our own frequency.

It is not a mistake that one of the world's greatest living Yogis is the one who has given us the scientific key to the universe. ■

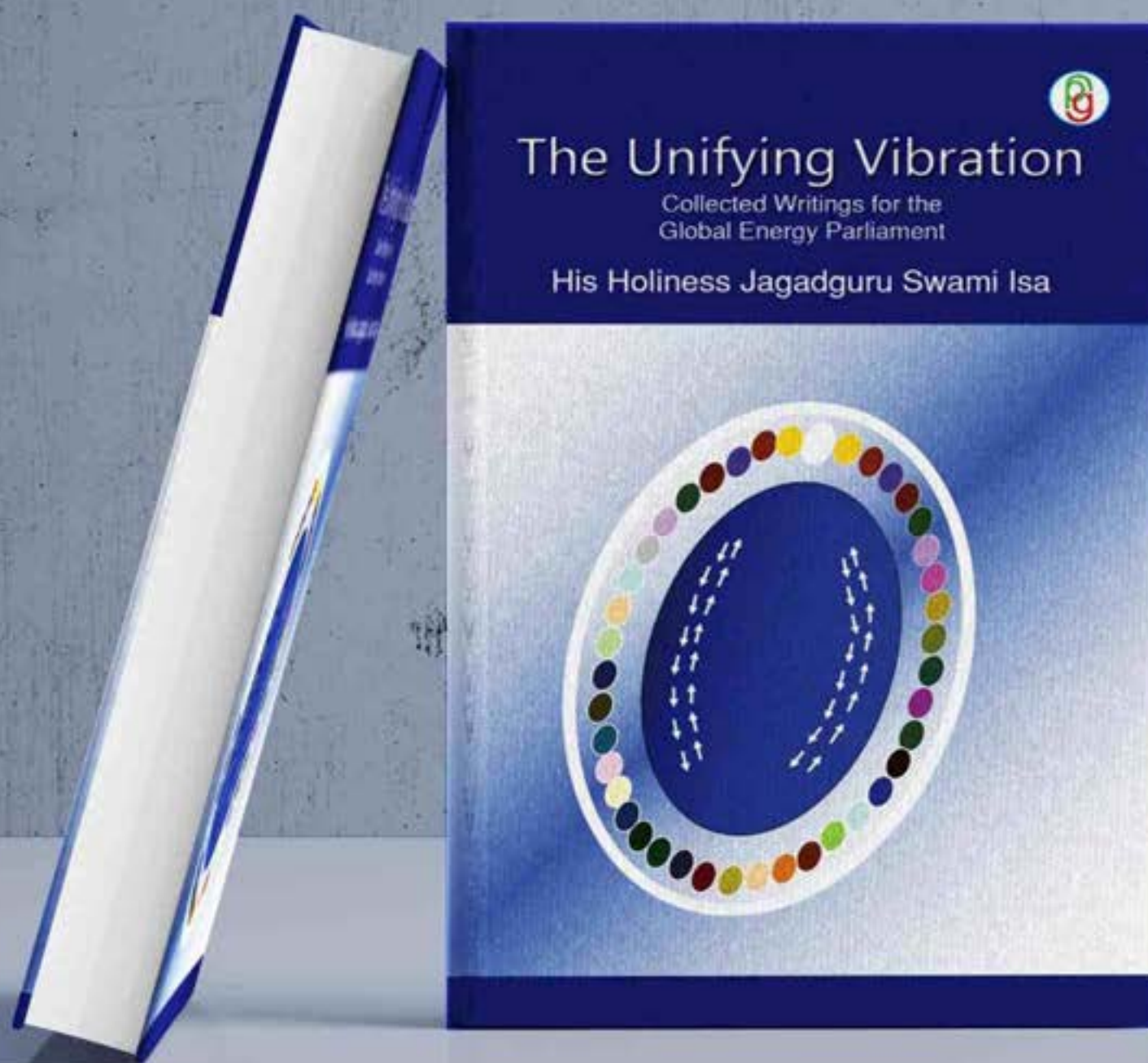
[The author is the Director of the GEP Research Centre and works in France.](#)



# THE UNIFYING VIBRATION

by His Holiness Jagadguru Swami Isa

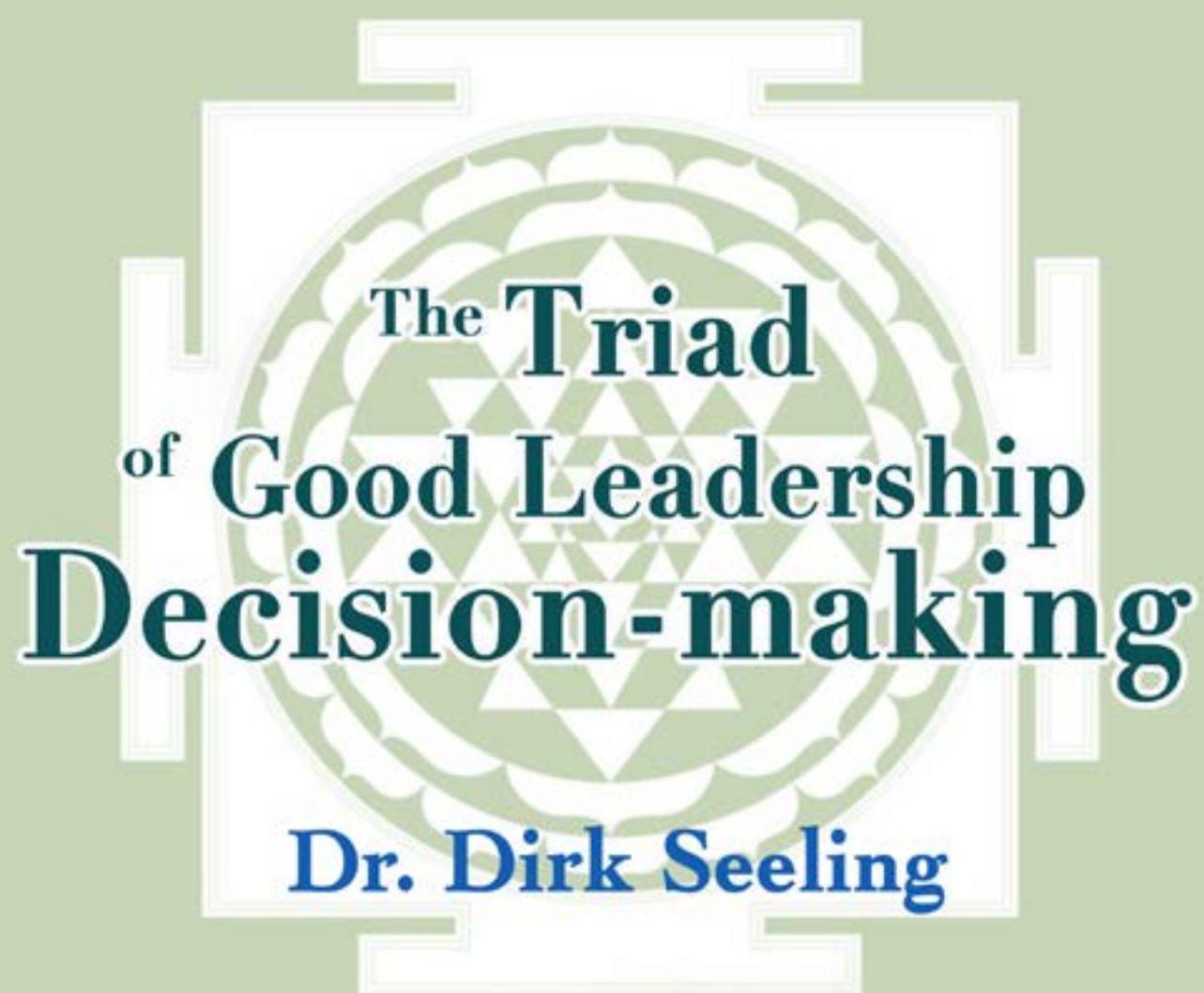
Collected writings for the Global Energy Parliament and all the published articles on the I-Theory that appeared in international science journals. Each year, starting in 2010, Swami Isa published small books for the Global Energy Parliament sessions to share his illuminated scientific wisdom and solutions to global problems on themes such as Living in Harmony with Nature; Sound—Wonder of Wonders; the Art & Science of Governance. This book is a great collection of the quintessential writings of Swami Isa that also shows the evolution of the GEP.



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Leaders take responsibility for the happiness of many people. For many, bearing this responsibility is such a heavy burden that they themselves become distressed about it. If, on the other hand, leadership is not experienced as a problem but as an inner calling, then it can be viewed as a fulfilment of one's purpose in life. Every decision and challenge, be it personal or not, serves as an opportunity for inner reflection and focus on the right balance of energies inside and outside. What in us

humans decides how we evaluate a situation and how we act? Classical cognitive psychology analyses these processes in a very differentiated but incomplete way<sup>1</sup>. The I-Theory and “Education for Total Consciousness (ETC)”<sup>2</sup> system enable a holistic explanation of decision-making and offer a clear idea of “good education”.

Everyone knows the situations in which there is no time for an analysis of all factors. Quick decisions must be made based on incomplete knowledge about

<sup>1</sup> Dirk Seeling (2021): Psychological Diagnostics. Textbook “Master's Programme in Psychology”. Science of human awareness, the individual concept of soul, human information processing and artificial intelligence (chapter 1.6).

<sup>2</sup> Swami Isa (2021): *Education for Total Consciousness*.



something that can have far-reaching consequences. A good, analytic **intellect**, a good, emotional **gut-feeling** and in the best cases, **intuition** is required. **Three channels of information, the triad of good leadership decision-making**, can be very useful for making the right decisions.

### Use your intellect

We ask our intellect the following questions to get a good decision: *What is the problem and its impact? What is the cause of the problem? What is the goal of the solution? What are the options for a solution and their corresponding advantages and disadvantages?* The predominantly cognitive decision-making process can be solved, for example, with a matrix consisting of evaluation criteria and solution alternatives.

A leader's ability to analyse problems includes several competencies like perceptual processes (physical conditions of the human body), the aspects of attention, concentration, retentiveness, thought patterns, emotional state, processing capacity, capacity for innovative and networked thinking, and the decision-making ability (as a personality trait).

In Swami Isa's teaching, if the intellect operates only by observing the facts outside and measuring them, this is dealing only with "objective, external" knowledge. This level of external knowledge acquisition is emphasized in schools and universities. It is not good to maintain a prejudice based on a single experience. Evidence-based data collection, analysis and evaluation are important abilities that should be taught.

Without inner experience, without "digestion" of knowledge, however, this "faith in science" only causes blind faith without personal experience. It needs an experience obtained by practice; otherwise, it is purely theoretical knowledge.

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**“Good leadership means training in objective science on one hand, and at the same time training in the path of inner knowledge.”**

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O u r experiences create a gut feeling and an unconscious decision<sup>3</sup>; most decisions of ours are unconscious. Our intellect is often searching

for the solution that we have already decided.

### Use your gut feeling

The emotional level encompasses more than just the allocortex of the brain. Experiences are stored throughout the body at the subtle level<sup>4</sup>. They are internalized and coupled with the ego (sum of all thoughts

3. Soon, Brass, Heinze, Haynes (2008); Hunt & Schooler (2019): The importance of implicit, unconscious beliefs or mental models are experimentally proven far enough in cognitive psychology and brain physiology.

4. Swami Isa (2020) *The Unifying Vibration*.





and emotions). Due to the connection to our “I”, experiences can be better remembered and recalled.

If the gut feeling has decided about “what is the right food to eat now,” it is because of a previous experience. A meal remembered as good will usually be eaten again, no matter how unhealthy it is. A meal remembered with disgust, on the other hand, is emotionally coupled with an automatic bad gut feeling, and will not be eaten, no matter how healthy. Sometimes we are aware about the former emotional experience, but most of the time it is only an unconscious information process that leads us to a decision.

### **Connect with your intuition (comprehensive consciousness):**

Intuition is a topic seldom explored by “objective science”. “Remote viewing,” experiences of synchronicity, and quantum entanglement are examples of phenomena that make us aware that there is a connection between our mind, our intellect, our body

and the outer world. It cannot be explained by conventional communication.

If we enter into deep contemplation and meditation, many things appear clearer to us, like on a lake whose waves become calmer: a clear “water surface” into which we “throw” a thought and observe the wave. If we then “feel inside” ourselves, the decision is often very clear as to what we should do. Intuition enables us to make the right decision from a place of inner peace.

“Good leadership” means training in “objective science” on one hand, and at the same time training in the path of inner knowledge and intuitive contact with total Consciousness. This “subjective knowledge” is currently not sufficiently experienced. The quality of decisions could be significantly increased if people learn to effectively use the triad of intellect, emotion (mind), and intuition as the channel to Total Consciousness. ■

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# Thought for Peace and Prosperity

Stephanie Pfeiffer

“When thought changes, everything changes.” These words by His Holiness Jagadguru Swami Isa given to us more than a decade ago have proven to be more relevant than ever in the light - or do we have to say in the darkness - of recent developments.

Shortly after the war started in Ukraine, His Holiness Jagadguru Swami Isa published His sutras and a video on [“Knowledge: the Cause of War, the Path to Peace”](#). These sutras, or aphorisms as they can also be referred to, offer a higher perspective as well

as a profound understanding of the causes of war. Not only the ones the world is fearfully witnessing at this very moment, but every war ever fought outside and inside.

Considering the tremendous suffering war imposes on humankind and nature, the sutras’ beginning may be a surprise to us: “All war is for peace and prosperity.” At first glance, it might seem a dichotomy that the one factor responsible for the destruction of peace and prosperity was actually meant to achieve them. Yet, if we do take a moment to reflect on this sutra, we see that all human





beings are united in their wish to live in peace and enjoy prosperity and abundance, i.e., to live in happiness. This realization can be a first step in holding out our hands to those whose behaviour we find to be unacceptable. But why is war ever considered to be appropriate for creating peace at all?

While common explanations and analyses are focusing on outside conditions and strategic considerations for waging wars, Swami Isa gives the responsibility back to the individual – that means to each one of us. We are all responsible for the world we have commonly created, but moreover we are responsible for the world we will create. If we want to establish a world of peace and prosperity, the starting point is creating these conditions inside of us first. As Swami illustrates pointedly, our thoughts are usually directed towards outer expectations. In one

way or another we are creating material desires and expectations of others that put us in a position of lack and dependency. At the same time most of us try to find permanence in this world that it simply cannot offer. Knowing as we do from Swamiji, that the material world is nothing but vibrating energy and energy is always changing, we are rightly reminded that all permanence we can ever be assured of, is permanent change. It is for this reason that Swami calls us “owners of change” in the sutras. Accepting this reality, embracing this thought, allows us to reduce dependency on outer conditions and reverse the direction of our search for peace and prosperity.

A person educated with the common focus on objective knowledge thinks that peace and happiness lie in accumulating things outside of themselves, such as wealth, fame or power. This education will be revealed by their actions. But someone who knows that peace and happiness lie inside of themselves will behave in a different way towards things in the world outside. Similarly, every decision a political leader takes in connection with war -- to support or enter into war, to opt for diplomacy, or to stay neutral -- all a result of his or her education. Swamiji says that “everything is a result of education.” That means when the consequences of our actions and decisions are harmful to others or the nature, the education that created it was not complete. Concludingly, for everything we want to achieve, the right education is necessary. In relation to peace and prosperity that everyone tries to attain through change, we need to be educated in the science of balanced rhythm for the sake of positive



change.

The sutras tell us that self-study is the primary factor for a balanced state. It helps to understand that everything is a part of nature and so are we. This understanding guides us to the realization of our all-interconnectedness, which give us an enormous responsibility. A complete, or total education is meant to establish this balanced rhythm, this self-balance. And balancing ourselves and finding balance within ourselves is our moral responsibility once we come to understand the great impact we have on our environment. Swami has blessed the world with the science of the I-Theory to logically and unfailingly reach the knowledge necessary for attaining balance; likewise, He has gifted us with Education for Total Consciousness to

cultivate this knowledge into society without any strain. Indeed, learning becomes a joyful experience free from any burden in His system that teaches the science and art of self-balance. This balance brings happiness, which is true prosperity.

“Prosperity for peace!” is what the sutras call for. Realizing our universal citizenship, we cannot but love. We cannot but care for everything and everyone knowing that we are serving our own happiness, our own inner peace. As a universal citizen, our love shall be universal too. Swamiji’s sutras take us all the way in attaining this knowledge, this thought for peace and prosperity. ■

The author is a student of Swami Isa and Co-Chair of GEP Germany.

## Watch the Sutras on Video:



Knowledge:  
The Cause of War,  
The Path to Peace

By His Holiness Jagadguru Swami Isa





# Home

Susanne Seeling-Zauskewitz

An icy wind was blowing in the parking lot and I hurried into the supermarket. I searched the small organic section for rice, beetroot, red bell pepper, sweet potato and other vegetables that would go nicely with the spices I had just brought from India. I wanted to relive the tastes and smells here at home as best I could.

I continued to fill my basket and joined the queue at the counter. Most of the people seemed lost in their myriad of thoughts except for a few who had gone shopping in pairs and talked loudly to each other. In India, people have a different presence. That alone creates a different form of closeness. Life in Germany seemed rather dense and heavy to me at that moment.

I looked around and some people gazed back. Despite the eye contact, they seemed far away. *Strange, just a few inches apart, and yet we are all so far apart*, I thought. I smiled to myself as I



remembered the hectic pace of the previous day at the airport in Thiruvananthapuram. Hands, feet, and wheels were pushing in all directions behind me because we were running late and because in India, everyone is a part of everything.

The cashier was pulling item after item from the family in front of me across the scanner. She chatted briefly with the cashier from the counter next to her. In a friendly but

reserved tone, she said, “That’s 14.87.” She gave them a distant smile and said, “Have a nice day.” She pulled down the sleeves of her winter sweater under the white coat of the HIT supermarket.

Just a few hours before, I had been sweating in my light white cotton clothes, sitting on the roof topped by coconut palms, melting into the sunset. I had never experienced such peace as I did during those six days of Shivaratri, with Swamiji’s new

sadhana. *Swamiji had given us something special this time*, I thought to myself as I moved up in the supermarket queue. Against the rhythmic electronic beeping of the cashier mechanically doing her work, I could still hear the sound of His voice, the crashing of the waves on Shivaratri morning as we stumbled

onto it after an intense night of worship and inner silence. The rhythm of those waves, Swamiji’s voice, and my own heartbeat

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“ I could still hear the sound  
of Swamiji’s voice, the  
crashing of the waves on  
Shivaratri morning.”

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merged into a peace I will never forget.

The cashier’s robust voice told the man in front of me the amount of his purchase and the obligatory “Have a nice day.” He left with his bags, I moved up, and she began to pull my items over the scanner.

Again I thought of Swamiji’s shining, childlike smile, no less luminescent than the Indian sunset. My heart hurt. A strangely pleasant kind of hurt that reminds you what real love is.



*The sweetness of longing is sometimes greater than closeness, I thought.*

The cashier looked directly into my eyes, as if she had heard me. We smiled at each other in the silence. Suddenly her cheeks glowed, her eyes sparkled. For a moment, we were unified in the depths of love and understanding.

Swamiji says, “When one realizes the interconnectedness of all things and one’s responsibility to keep the inner and outer energy in balance, one becomes a beacon of peace, love, and happiness.”

The vibration we create within ourselves is, at its core, no different from that of the universe.

Yet it is one thing when Swamiji teaches and reminds us that peace cannot be achieved in the outer world unless we first maintain peace within ourselves. It is another to perceive this in one’s own life and to understand, in depth, that global peace comes from inner peace.

We cannot eliminate negative energy, Swamiji teaches us in the I-Theory. It is a part of the vibrational process—all energy is a constant exchange between the positive and negative forces which create the vibration.

Without a negative force, there would be no vibration.

Peace means a balance between the two forces, an active state of harmony. The way to create balance is to make a daily effort to increase positive energy in our thoughts, emotions and physical body. We do that through our sadhana and by maintaining a divine vision in our lives. As Swami says, “It’s the highest service for the universe.”

The cashier accepted my money, and gave me the change. After a moment, she reached into a basket in front of her and, as if it were a matter of course, gave me a small bar of chocolate.

She smiled vibrantly again, and I said goodbye. As I walked back into the parking lot, I realized that I was filled with the experience of the true home—the divine silence and peace—by an encounter in a German supermarket. This home is within me.

In deep gratitude for all that Swamiji has given. It is my greatest wealth, my most sacred treasure. ■

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