



Elevate your career by joining our exclusive monthly live classes, where you'll connect with like-minded individuals, expanding your professional network and creating invaluable opportunities for collaboration and mentorship. In our live guided online sessions, you will gain exclusive insights and strategies to supercharge your female leadership capabilities. Whether you're a seasoned executive or on the path to leadership, our tailored techniques for female leaders will empower you to project unparalleled confidence, credibility, and influence in any professional setting.

We approach every topic from a female perspective, delving into challenges and strengths unique to women in leadership roles. This program is more than a series of sessions; it's an investment in your ongoing professional development. Don't miss out on this opportunity to invest in yourself and take a significant step toward achieving your professional goals. Join us on this transformative journey and unlock the door to a future filled with success and fulfillment!

Accessible to all current and former students, these classes aim to further empower and inspire individuals on their leadership path.



Be inspired by the outstanding lineup of speakers for our 2024 Female Leadership Program. Each speaker brings a wealth of expertise, passion, and unique insights to the forefront. From trailblazing industry leaders to motivational influencers, our diverse lineup is committed to empowering and guiding you on your Female Leadership journey. Get ready to be enlightened, motivated, and equipped with the tools for success. Explore the profiles of our respected speakers and prepare for an enriching experience that transcends boundaries below.

The monthly live classes have been designed to enhance your Female Leadership Program journey, offering an enriching experience for both current participants and alumni. These sessions provide valuable insights, foster networking opportunities, and contribute to the ongoing growth and development of our wonderful community. Accessible to all current and former students, these classes aim to further empower and inspire individuals on their leadership path.



Let's Meet: Petra

Meet Petra Stormen, a dynamic entrepreneur and the visionary founder of MySkillsLab. With a passion for individuals empowering through growth development, Petra has carved a niche for herself in the business and coaching world. As the host and speaker for our webinars, Petra brings a wealth of experience that allows her to seamlessly navigate and enlighten on a myriad of business and coaching topics. Petra's unique approach is marked by her ability to engage and captivate the audience, making each experience truly unforgettable. Her interactive sessions go beyond traditional lectures, creating an environment where participants actively participate and leave with practical insights they can apply immediately. Join us as Petra shares her expertise, guiding you through the complexities of business and coaching with a commitment to making learning an immersive and enriching journey.







21.03.2024

Authentic Female Leadership

21 March 2024 @ 19.00 CET

Discover how embracing your unique strengths, values, and voice can foster a genuine connection with your team and drive meaningful change. Gain insights into building trust, navigating challenges, and inspiring others authentically. Elevate your leadership presence and join the movement towards fostering authenticity in every aspect of your professional journey.

COURSE INSTRUCTOR

W W W . M Y S K I L L S L A B . E U

Let's Meet: Gite

Meet Gite Penders, a beacon of resilience and a seasoned expert in crisis management. Gite's journey is nothing short of inspiring, having formerly served as the Director of Marketing International for Bayer. Her life took an unexpected turn during a climbing expedition in India, where a life-altering incident occurred. Despite the challenges, Gite has not only made an incredible recovery but has embraced life with unwavering determination, even after being injured for life. Today, Gite's mission extends beyond personal triumph. She is actively involved in educating medical professionals about patient experience and serves as a board member in institutions such as the Maastricht University Hospital Patient Board. In her role as a speaker, Gite is preparing to share her remarkable journey and insights into crisis management and resilience. Leading by example, she is currently guiding an entire team in their participation in the Austrian Handbike Battle, showcasing the strength that can be found within adversity. Join us for a session that transcends conventional wisdom on crisis management, as Gite imparts her unique perspective, emphasizing the resilience that resides within us all.







18.04.2024

Crisis Management & Resilience

18 April 2024 @ 19.00 CET

Participate in an empowering dialogue between Petra Stormen and tonight's guest Gite Penders. The webinar is designed to equip you with a story that will support you to lead confidently in turbulent situations, ensuring resilience and success amidst unexpected challenges.

Gite's personal narrative on approaching and handling crises will prompt us to reconsider our own stance on resilience.

Effective Decision Making

16 May 2024 @ 19.00 CET





16.05.2024

Join us for an engaging webinar, where we explore practical strategies tailored for female leaders. You will gain insights into addressing complex decisions, managing risks, and leveraging your intuition, so you can learn to make informed choices. Choices that align with your own vision and organizational goals. You will elevate your decision-making skills and embrace the confidence to lead with purpose and impact.

COURSE INSTRUCTOR

Let's Meet: Anna

Anna Carretta is a seasoned Pedagogist, facilitator, and ambassador and trailblazer for human connection through a Dialogical Approach in Italy. Since 2018, she has been instrumental in shaping and delivering training programs across Italy, advocating for the dialogical approach in socio-educational work and service restructuring.

With a specialization in Neuropsychiatry for adolescents, Anna is committed to holistic wellbeing, incorporating meditation and mindfulness practices into her routine. This enhances her relational skills in listening, dialogue, and stress reduction. Anna's wealth of experience and dedication make her a valuable speaker for the Female Leadership Webinar Program.







A Mindful Dialogue for Leaders

20 June 2024 @ 19.00 CET

Anna artfully weaves her Sardinian heritage into the tapestry of modern mindfulness practices. With a distinctive and scientifically grounded approach, she leads participants on a transformative journey toward enhancing interpersonal dialogues. Through her guidance, attendees enter a heightened state of being, unlocking a profound willingness to listen and truly understand one another. Join us for this enriching webinar experience with Anna, where tradition meets contemporary mindfulness, and the art of dialogue is elevated to new heights.

let's Meet: Eleonora

Embark on a journey of self-discovery with Eleonora Puzetti, coach and speaker with a profound expertise in emotional intelligence (EO) and the intricate workings of the human brain. Hailing from an Italian background, Eleonora seamlessly blends her cultural richness with a global perspective, having worked internationally. As a passionate speaker and resident coach at MySkillsLab, Eleonora brings a wealth of knowledge and a contagious enthusiasm for unlocking the potential within individuals. Her expertise in EQ is not just theoretical but rooted in practical applications, making her sessions insightful and transformative. Join us for an enlightening experience as Eleonora delves into the known and unknowns of EO. sharing practical insights that resonate across cultures. Discover the power of emotional intelligence under the guidance of an esteemed coach whose international experience enriches the learning journey.





Living a Focused & Balanced Life

18 July 2024 @ 19.00 CET

Embark on a journey of self-discovery with Eleonora Pizzutti, coach and speaker with extensive expertise in emotional intelligence (EQ) and the intricate workings of the human brain. In this webinar, we'll explore our own brain and techniques from EQ to optimize your time, maximize productivity, and strike a harmonious balance between professional and personal responsibilities.

Let's Meet: Reena

Meet Reena Fernandes, a seasoned professional and former VP of Accenture Operations, currently serving as a Senior Operations Manager at Amazon in India. Reena's journey in the corporate world is a testament to her resilience, strategic acumen, and commitment to driving positive change. In our upcoming session, Reena will generously share her story, experiences, and invaluable insights. As a passionate advocate for female executive presence, Reena has dedicated herself to breaking barriers and paving the way for aspiring leaders. Reena served two industry giants in leadership positions, enabling her to showcase her adaptability and leadership prowess.

Our encounter with Reena promises to be one for the books, as she imparts not only the challenges she has overcome but also the wisdom gained along the way. Join us for an inspiring session where Reena's remarkable stories will resonate, leaving you empowered and motivated to navigate your own path to success.







19.09.2024

Executive Presence

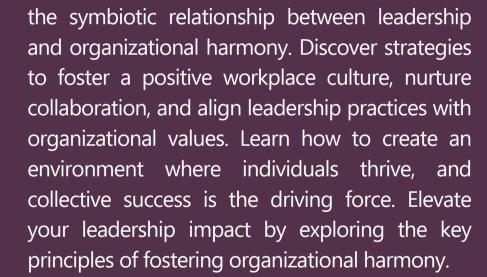
19 September 2024 @ 19.00 CET

Tonight we discuss personalized strategies designed to captivate attention, exude confidence, and navigate professional spaces with finesse. Elevate your leadership presence with empowering insights that leave a lasting impact in any professional setting. Reena, a fervent advocate for female executive presence, will share her journey and expertise. Having transitioned seamlessly from Accenture to Amazon, she exemplifies adaptability and leadership prowess. Don't miss this opportunity to refine your executive presence and communication skills in the corporate landscape.

The Importance of Organizational Harmony

17 October 2024 @ 19.00 CET





Join us for an enlightening webinar focused on



17.10.2024



<u>let's Meet: Michaela</u>

Prepare to be inspired by Michaela Melzer, a female leader at Philips IGTD, whose passion lies in fostering talent development and facilitating the growth of teams and organizations. With a no-nonsense mentality and a touch of Deutsche Gründlichkeit, Michaela seamlessly blends discipline with heart-based leadership, making the intricate dance between the two appear effortless.

As a trailblazer in her field, Michaela is not only a leader at Philips but a dedicated advocate for propelling female leaders to the forefront of their abilities. Her journey exemplifies the powerful synergy between unwavering discipline and compassionate leadership.

Join us for an engaging session with Michaela as she shares her insights into talent development, offering a fresh perspective on team growth and organizational success driven by and for females. Discover how her unique approach transforms challenges into opportunities, proving that with the right mindset, leadership becomes a harmonious blend of structure and empathy.







21.11.2024

Strategies for Talent Development

21 November 2024 @ 19.00 CET

Join us for an enlightening webinar focused on the symbiotic relationship between leadership and organizational harmony. Discover strategies to foster a positive workplace culture, nurture collaboration, and align leadership practices with organizational values. Learn how to create an environment where individuals thrive, and collective success is the driving force. Elevate your leadership impact by exploring the key principles of fostering organizational harmony.





The best training ever!
Simply 5 stars, I can only recommend it!

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