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A photograph of a rooftop terrace at dusk. The terrace features a brick wall on the left, a wicker chair and table set in the foreground, and a fire pit with a decorative screen in the background. The sky is a mix of blue and purple, and the terrace is lit with warm lights.

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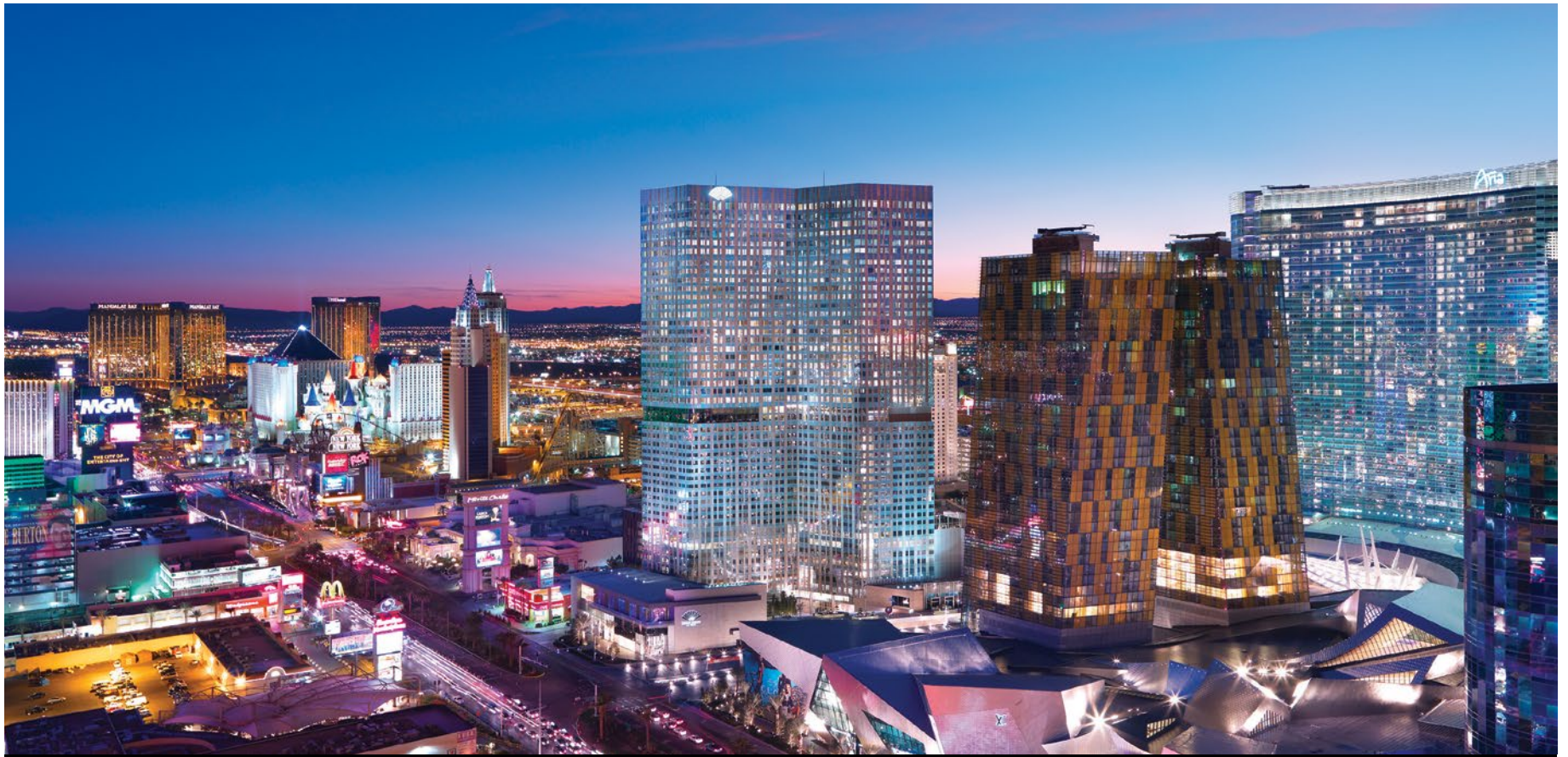
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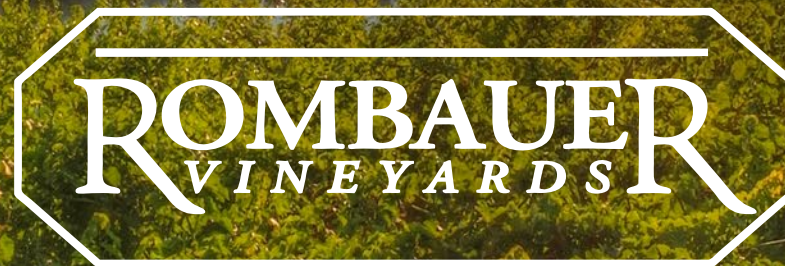
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57°

Title: When we strive to become better than we are, everything around us becomes better, too.

Mixed Media Painting on Canvas

Artist Jocelyn Cruz (Kadach)

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PUBLISHER'S NOTE

by Rich Medel



Every story we write in our magazine has a special place in our hearts. That said, every once in a while, a story garners more feedback or makes an especially prominent impact on the people who read it. We are sharing a few stories from the past in a special section called “People Who Inspired Us.” By revisiting these stories, we feel like we learned a little something different and even gained a different perspective that we didn’t get the first time around.

In 57°, you’ll read about former 49ers attorney Carmen Policy, master sommelier Rajat Parr, doyenne of Chinese cuisine Cecilia Chiang, and the Starlight Room’s Harry Denton. In 65°, we revisit the moving love story of Ken Jones as well as the tale of running enthusiast and real estate agent Marta Kapriel. Plus, we indulge our creative side by reading about musician Alan Silvestri, and learn the true meaning of perseverance from young Will Rudolph.

Although you could say every issue we print is a community issue, when we feature Women of the Peninsula it feels especially so. The amazing women in these pages are known not only for skills in their trades of choice, they are known for giving more of themselves to the community through charitable acts. We supplement this with our coverage of Make-A-Wish, an organization that we’ve supported in the past and continue to admire for their hard work and or the beautiful wishes they make come true.

Finally, I tip my hat to the numerous proprietors in Carmel-by-the-Sea who have worked diligently to improve their business properties. Beautification projects often require much time, planning, money, and teamwork to bring a dilapidated property back to its original luster. We appreciate the business owners who continue this trend. Our quaint town is more beautiful than ever.



57°

THIS IS THE CITY

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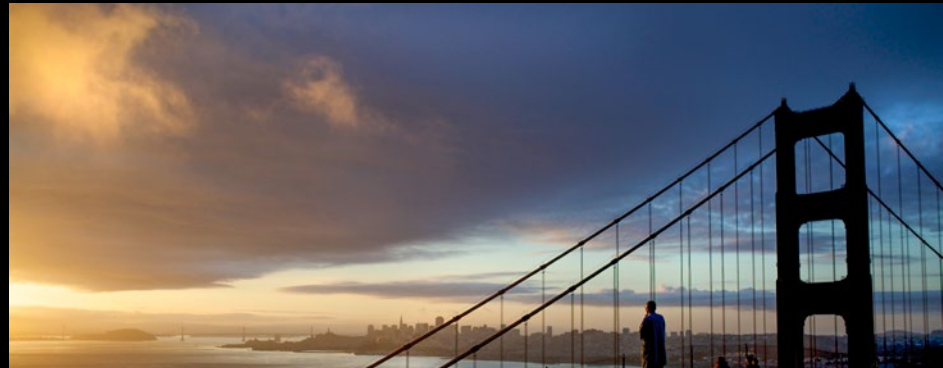
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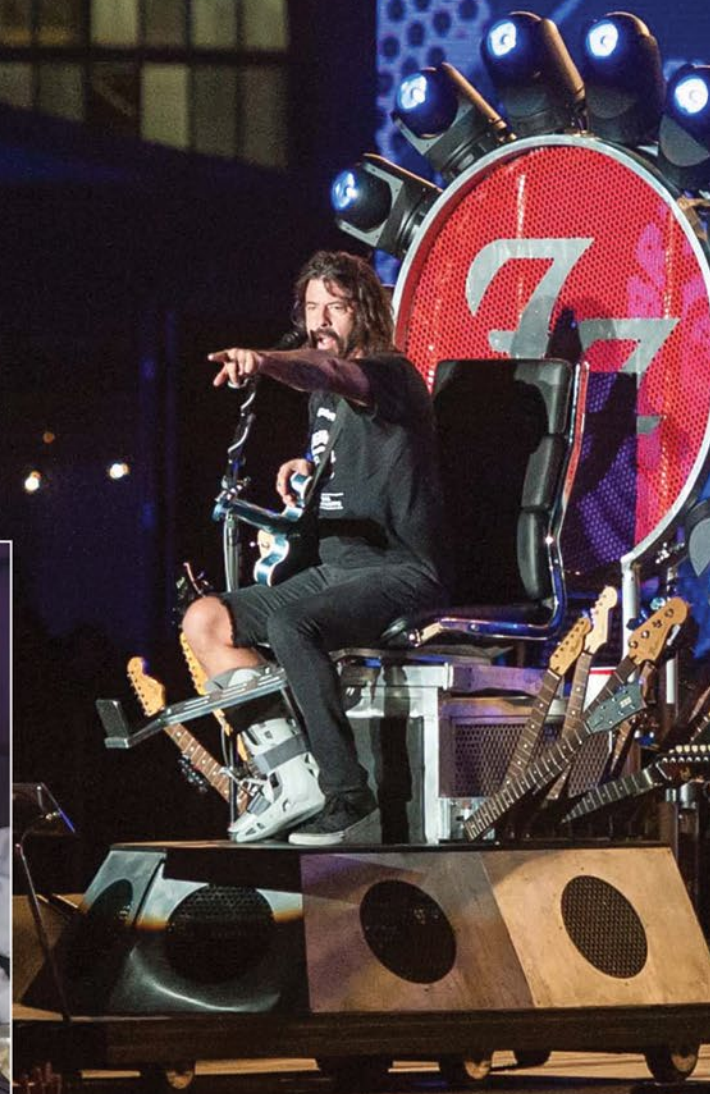


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PEOPLE WHO INSPIRED US





The Public Policy

by Jeanne Johnston / photography by Bill Janes

When given the opportunity to sit down in the relaxed comfort of Carmen and Gail Policy's sprawling Napa Valley residence, which on this particular morning is enhanced with the muffled exuberance of his three-and-a-half-year-old grandson in the background, it is difficult to comprehend that he is the hard-charging NFL executive and tough-guy defending counsel we have all been privy to in the print media. After a five-hour visit and a much closer look into the life of Carmen Policy, his openness and humility prevails and clarity is indisputable.

It seems rudimentary to understand why Carmen Policy is revered as a "class of a guy" by those residing in Mahoning Valley, a suburb of Youngstown, where Carmen was raised. The Youngstown neighborhood was once anchored by Italian immigrants and their descendants in the post-war years.



Aside from his humble beginnings when his parents operated a drugstore and soda fountain, Carmen is identified as a bona fide celebrity, not only referencing his NFL affiliations, but in his ongoing day-to-day life as well. He continues to champion the efforts in the best interests of not only the 49ers but for all sports enthusiasts of the San Francisco Bay Area. His respect and allegiance to the DeBartolo family, in addition to his rolodex of other high profile clients, is refreshingly unusual.

He and Gail, his wife of 20 years, share a transparent demeanor and a casual elegance that has allowed their transition into their Napa Valley lifestyle to appear effortless. They credit the hospitality of their fellow vintners and have been overwhelmed by their generosity and honesty.

Policy's curriculum vitae could be referenced by most as "overqualified for life." For that reason alone, this article attempts to dissect his life into four chapters of experiences and accomplishments. What first seemed like an arduous task evolved into an afternoon of grand memories and wonderful storytelling. For those who may not enjoy the opportunity of knowing him personally, this will offer a candid glimpse into not only the public Policy, but the private Policy as well.

Getting down to business, we first delved into his formative years, where his development and core values have been the foundation for his freeway to life. Losing his parents at the age of nine and being raised by his maternal grandmother, Carmen learned the consequences of loss and respect for both honor and integrity. He was rewarded for his commitment to hard work and fervent dedication to family and lifelong friendships. Saddled with grand responsibility at such a young

age, Policy's reputation was referred to as ambitious, stylish, and charming, and he was popular with his contemporaries. Once, at the age of 23, when he was about to take the Ohio State Bar, he and three others from his study group piled up in a hotel room, cramming for their exam. On a much-deserved break, they all determined an adult beverage from room service was in order. With respect to Policy's monetary guidelines, each friend placed an order for a beer of some flavor with one requesting Seagram's and soda. In true Policy style, he was the last to place his order and blindsided the group with his request for a double Courvoisier in a snifter. Policy's festive nature enjoys that element of surprise, which is just one of the many threads sewn into the fabric of his persona.

Policy enjoyed a fruitful legal career working as a young trial lawyer in his own firm, defending what some would consider Italian nobilities and others would refer to as wise guys and dilettantes. His early association with Eddie DeBartolo, Sr., whom he refers to as "Old World Nobility," placed him in the queue for making history. He established himself as an accomplished criminal defense lawyer, arguing a case in the U.S. Supreme Court at 30 years of age. He prides himself as an attorney that "did a good job for his clients," which prepared him for the thrill and excitement of working with the NFL as lead counsel to Eddie DeBartolo, Jr. and the San Francisco 49ers. His very first responsibility was the 1978 negotiations of Bill Walsh's contract on behalf of the DeBartolo family. Policy humbly refers to this chapter of his life and career as the most gratifying and exciting. "The NFL was like being in show business without being good looking," he says. He felt his NFL experiences enhanced his life in many aspects. As Policy reflected on each quarter of his life, he revealed that his dreams and goals could never have been accomplished without the experiences and lessons he learned from each preceding chapter. One's ability to "build a team" is essential in accomplishing and securing life goals. Policy was a scholar of that practice and a natural at amalgamating his core family values, his steadfast professional intuition with a dusting of his Hollywood charm and style.

He and his family are currently reaping the benefits of his life's harvest along with those of their relatively young Napa Valley vineyard, Casa Piena, which he purchased and developed with "his team" in 2003. He has settled into the fourth quadrant, but certainly not the last chapter of his life, comfortably sipping a glass of his Casa Piena Cabernet. Casa Piena means "full house" in Italian (Policy has three sons and two daughters) and was one of only thirteen wines served at the eG8 Conference in France in May of this year. It was the first time that American wines were served at the Louvre.

One might compare Carmen Policy to his Casa Piena Cabernet: complex but subtle; fabulous when opened up and definitely better with age.
Original Publication Fall 2011



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A Taste of the Good Life

by Lisa Gunther / photography by Michael Cuneo

Born in Calcutta, India, celebrated wine director and award-winning sommelier Rajat Parr would often help his mother out in the kitchen as a young boy. From the age of 10 onward, he developed a special love of cooking and delighted in preparing breakfast; a specialty being his grandmother's famous potato recipe. Indeed, food was at the heart of family life. His cousins owned restaurants in New Delhi, and every vacation he would visit them, becoming subsequently more enthusiastic about the preparation of meals.







Though it would be a decade before he would first taste wine, Parr believes that this early love of cooking helped develop his refined taste. “I always loved food,” says the soft-spoken Parr, “and wine is a part of food. So that’s where it came together. The one advantage I always had were good senses. I’d been around spices, and I could relate to aromas.”

Parr read about wine while enrolled in hotel school in India, but it wasn’t until he was 20 years old that he tasted his first glass of Bordeaux during a visit with his uncle in London. Parr stayed in England for two months, also travelling through the Czech Republic, where wine was an everyday staple. While delighting in the rustic, fruity flavor of a good red and savoring the effervescent bite of a glass of champagne, his fascination with the fermented beverage grew and would play a major role in his future career. “It just got me interested,” Parr smiles. “It got me thinking, how is [wine] made from grapes? I love grapes, but how do grapes become wine?”

Shortly after that particular visit to England, Parr enrolled in the Culinary Institute of America in Hyde Park, New York, with the intent of becoming a chef. That winter, he saw snow for the first time in his life. Indeed, many aspects of this new landscape were novel and exciting for the young Parr. “When I first came to New York, I had never seen half of the spices and herbs and vegetables [that I encountered there], and I had rarely eaten meat. They were all new to me. My senses were alive. When I started tasting wine, I could relate senses with the past. It was a different perspective.”

Parr was eager to soak up everything he could about the wine industry. He took classes and learned more about the wine-making process and even participated in an externship at the Raffles Hotel in Singapore, where he worked closely with chefs Alain Ducasse and Jean-Louis Palladin. After graduating, an instructor suggested he take a job in San Francisco under the famous sommelier Larry Stone. Borrowing money for the trip, he set out to California and was offered a job as a food runner at Rubicon Restaurant, where he stayed for three years. During that time, he quickly rose to become Stone’s assistant, and afterwards he became a sommelier for the Fifth Floor Restaurant.

In 2003, Parr became the director of the Michael Mina Group, overseeing the development of wine programs in restaurants throughout the United States. He also owns a vineyard in Santa Barbara County, where he produces his wine label Sandhi, and is the wine director at the trendy RN74 wine bar in downtown San Francisco.

Parr describes the restaurant’s wine list as somewhat eclectic, but also traditional. He strives to provide guests with exciting, new and rich selections, and although RN74 is a burgundy restaurant, adventurous palates will not be disappointed. “There’s German, Austrian, Italian,” says Parr, “and of course, Californian. It’s definitely ever-changing. We do our wine list by season, and we have a lot of fun with it.”

When he is not busy crafting distinguished wine lists for his restaurants, the San Francisco sommelier loves photography and playing squash, and visits his family in India once a year. In 2010, he co-wrote *Secrets of the Sommeliers* with Jordan Mackay, in which he and Mackay uncover the world’s top wine professionals and provide insights into the world of winemaking.



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Living Between the Stars & Cable Cars

by Andrea Stuart / photography by Kevin Thomas

Few people plan their funerals in intricate detail while life is bathing them in good fortune. Leave it to one San Francisco luminary who has already orchestrated his celebration of life ceremony right down to the dress code that directs all women to bare generous cleavage and don red attire. This is the life, and death, according to Harry Denton.



Most notable as the owner of the eponymous Harry Denton's Starlight Room, Harry Denton is arguably a walking oxymoron. Fifteen years sober, he still considers himself "a raging alcoholic who sells liquor for a living." However, he can be more accurately described as a socially inebriated man with a penchant for fashion. Shoes and clothing literally fill his former master bedroom, now a converted walk-in closet. "I was born with all the addictions, but I have no guilt with shoes!" The gravel in Harry's voice is waxed with excitement.

Growing up, Harry was a fashion phenom whose fingers danced upon the ivories like miniature ballerinas, a skill he is refreshing so that he may play Franz Liszt's Hungarian Rhapsody Number 8 on his 69th birthday. Voted best dressed, best personality, and best dancer in high school (thanks in part to ballroom dance lessons), Denton also played the role of the obligatory middle child between two brothers. His home served as a hot spot to myriad parties hosted by his father, so Denton had seen nearly every one of his teachers sauced. "And they knew I saw them," says Denton, "so, I think I got away with a little more than most kids." Denton and his brothers learned how to manipulate their father's alcohol collection by taking Dad's vodka and replacing what they used with water. "He drank so much I don't think he knew the difference," Denton laughs.

Denton arrived in San Francisco from a small town in Idaho at the under-ripened age of 21. After dropping out of the University of Idaho's music program and having sold a cashmere sweater at a rummage sale, a frightened Denton packed his suitcase and showed up at the airport with \$184 in-pocket. "I didn't know whether I'd go to New York or San Francisco," he says. San Francisco's closer proximity and acceptance of people with various sexual orientations was appealing. In celebration of this big moment, he ventured to Golden Gate Park where, from eight blocks away, the scent of marijuana danced in the air. "It was the Summer of Love, baby!" he says. But his biggest moment came on August 26, 1986 with the opening of his first bar, Harry's on Fillmore. Having previously worked in fashion retail, he made a career change into the bar industry after retail didn't jive with his party-hearty lifestyle. The owner of Henry Africa's (a former San Francisco social sanctuary) took Harry under his wing and helped him "grow some balls." With \$11 in his account, Denton opened his first bar. Seventy-three people waited in line that night. Denton's body shifts with ease in his chair: "Herb Caen gave me a great review the next day." Denton has since owned five businesses, and now has one, the Starlight Room at the Sir Francis Drake Hotel. Denton's friend and owner of the Sir Francis, Bill Kimpton, offered Harry the 360-degree panoramic Starlight Room above the hotel and gave Denton \$1 million to theatrically redecorate the premises.

A man of intrinsic worth, Denton credits his success to the inlaid virtues passed on by his parents. "My mother is the most inspiring person I know. She's a profound woman," he says, definitively. Having gone back to school at the age of 50 to work in hospital administration, his mother, now 96, has always been an active, deliberate woman. According to Denton, it's her tenacity that finally quelled his curiosity about his parents' perplexing relationship. "Two years ago, I asked her to tell me about her marriage," Denton recalls. "She said, 'Well Harry, I never really liked your dad but I loved him.' At that point, I asked her if that meant Dad was good in bed." Denton's hands hit the table with thunderous force as he chuckles. "She told me to shut up. You just don't ask your mother a question like that, especially if she's the choir director of the Methodist church."

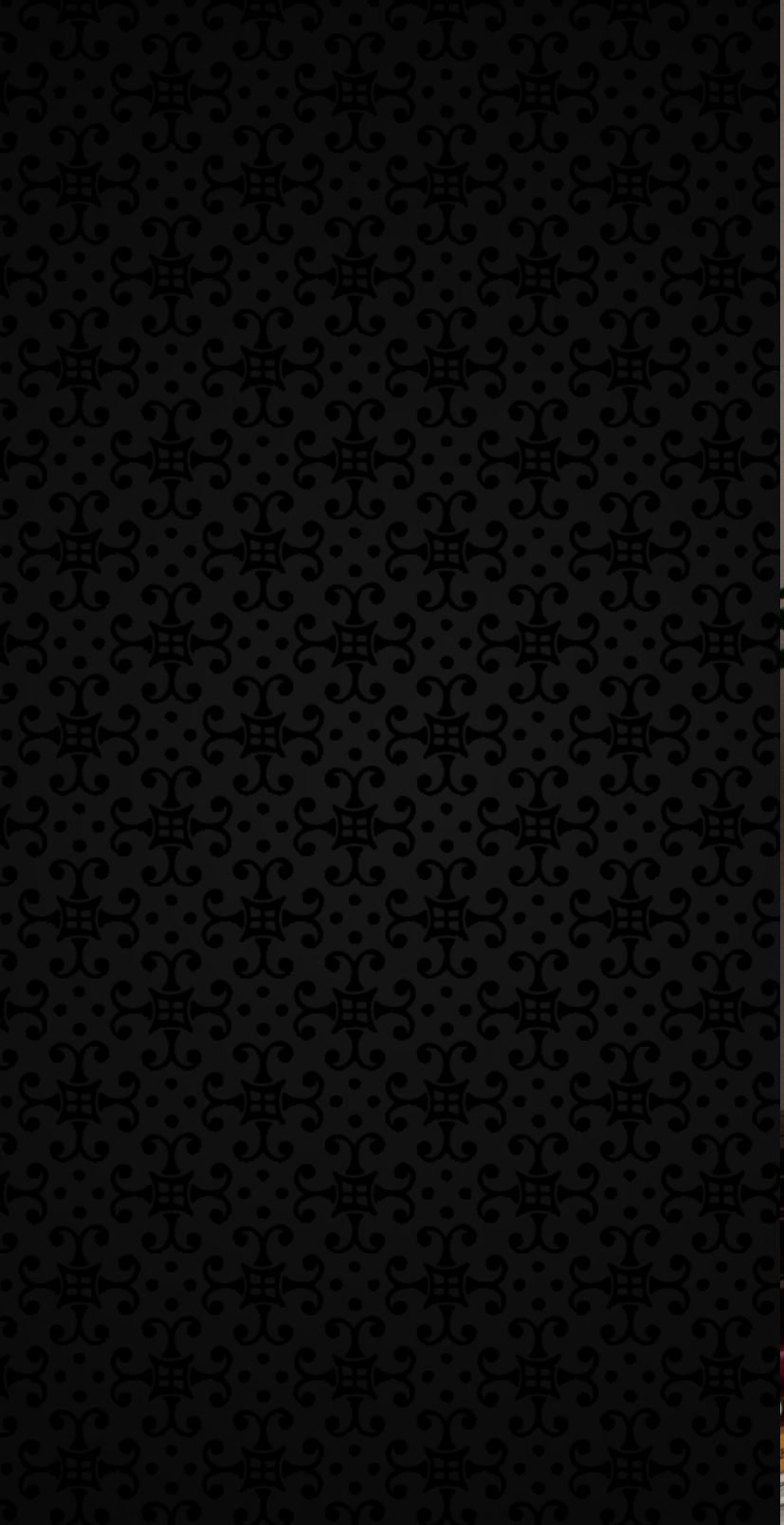
These days, Denton is content living his days between the cable cars and the stars, serving up night life on the 21st floor of the Sir Francis Drake Hotel, and commuting the short distance to his apartment, where his cat Scarlet awaits his return each day. A man who knew John F. Kennedy, Jr., could live on thick-sliced smoked pepper bacon, and supports several charities including the Hamilton Family Center in the Haight district, Denton is quite simply a man who treasures all things good in life. "If you learn one thing: be kind and have fun. You have one life. Be thankful."



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PERSONA | CECILIA CHIANG



It's a Beautiful Life

by Andrea Stuart / photos by Kevin Thomas

Cecilia Chiang is a prism of optimism, an icon of prosperity in the face of adversity. Her life, a patchwork of inspirational stories, justifies how this doyenne of Chinese cuisine became the first Asian woman to earn the (2013) James Beard Lifetime Achievement Award at 93 years young.

Cecilia's San Francisco penthouse is a collage of Chinese artifacts and furnishings, highlighted by flora. A white orchid centerpiece garnishes an oversized coffee table accompanied by neat stacks of culinary magazines. Rays of sun bounce off of the interior, adding brightness to the seemingly permanent smile that wears Cecilia.

One of 12 children, Cecilia is the seventh-born daughter and refers to her siblings in numerical fashion. "I'm from a family with 12 children; nine are girls. We had the same parents, no concubine!" A chuckle escapes from her. The family employed two chefs: one who cooked Shanghainese and one who cooked northern Chinese. Her mother, having bound feet and limited ability to stand, was "staff director," and raised her children with a keen awareness for food.

Despite running from the Communist party several times, Cecilia speaks of her upbringing with an airy disposition. The family appreciated many

indulgences, attending the Chinese opera, watching movies, and visiting parks abundant in colorful vegetation, peppered with tea houses and fine dining restaurants. Springtime invited the rowing of boats. In winter, when the ground was dusted in snow, they skated on frozen lakes. "We went to a lot of movies, too, because we owned two theaters. I remember a lot of old movies like Charlie Chaplin," her eyes sparkle as she jests. "In those days, most movies were silent, so you just watch it and not know what is going on!"

As season box owners at the opera, the Chiangs rotated bringing the children to shows. "It was fun to get dressed up in Chinese qipao," says Cecilia. "Because everyone was eating something, you know what they did?" Cecilia leans forward, pulls her arm back, and throws an imaginary object. "They rolled a hot towel really tight, then, threw it at the box where the servant caught it and handed it to you to wash." She laughs as she leans back. "They don't do that anymore."

Just after college, Cecilia and Sister Number 5 fled on foot from Beijing to near Shanghai. "The Japanese were bombing everything in the daytime. We tried to walk at night so that we wouldn't be a target," she shares. Later, she married and started a family in Shanghai. Sadly, she left everything while fleeing to Japan to avoid communist invasion.

In her thirties, Cecilia became immersed in a cultural paradox while living among American-born Chinese when she moved to San Francisco to be with recently widowed Sister Number 6. Then, a business deal gone awry made Cecilia the restaurateur of The Mandarin. "I had never worked in my whole life, never been in a kitchen." But a keen sense of flavor and a memory like a steel trap helped her create a world-class menu that put the local Cantonese food to shame. "There was sweet and sour everywhere!" Cecilia's arms fly open to make a point. Thus, began Cecilia's mission to change the American perception of Chinese food.

Cecilia's grin becomes infectious as she retells one of her favorite stories about meeting James Beard. "Two men came in my restaurant. One was so big and so tall. Another was very short and fat," her laugh echoes. "A very odd couple." At their request, Cecilia served them a variety of food. A week later, they returned. It wasn't until later, while serving another table, that she was informed who those men were—James Beard and Chuck Williams—and why they were important. If the way to a man's heart is through his stomach, Cecilia's chicken gizzard with pork stomach—one of Beard's favorites—fertilized their friendship. This pattern of events repeated itself as she befriended icon after icon, from Julia Child to Jefferson Airplane.

A virtual catalogue of cultural luminaries pictorially lines Cecilia's bedroom. A photo of Cecilia with Freddie Mercury sits bedside. Black and white family photos line dressers. In the kitchen, a small table is blanketed in Chinese periodicals and magazines. She points out several articles, including one about her son, Philip, co-founder of P.F. Chang's, and another that features Cecilia on a 160-year timeline about Chinese food.

Retired from the restaurant business, Cecilia spends much time traveling the world, many times with her good friend, Alice Waters, owner of Chez Panisse. Her sister, Sophie (Sister Number 6), is 100 and lives in San Jose. Cecilia's voices breaks into a girlish giggle. "I talk to her just about every day. She still cooks!" And while Cecilia eats out a lot, she cooks at home when she wants Chinese. At the end of the day, she is a composite of admiration—chef, author, mother, and freedom seeker—who is living a beautiful life.

Original Publication Spring 2013



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Change the Way You Fly

New Faces in Ghirardelli Square

Katherine Matuszak

In 2000, Ghirardelli Square was the kind of kitschy tourist destination first-timers to San Francisco considered a must-see. Exclusive retailers rubbed elbows with t-shirt shops, and the square suffered from something of an identity crisis.

A nighttime photograph of Ghirardelli Square in San Francisco. The word "Ghirardelli" is prominently displayed in large, glowing orange letters across the middle of the image. Below the sign, a large red brick building with a "MUSTARD" sign is visible. To the left, a clock tower is illuminated with warm lights. In the foreground, a waterfront area with a grassy slope and a white railing leads down to the water. Several sailboats are anchored in the water, and a green boat is visible on the left. The sky is a deep blue, and the city lights create a warm, inviting atmosphere.

Ghirardelli





Fast forward 15 years, and the square transforms. A local real estate developer bought the square in 2003 and immediately began work upgrading Ghirardelli Square into a high-end destination both locals and visitors could enjoy. Today, the square maintains a refined sense of taste while simultaneously keeping in touch with its deep historic roots.

This year, the square will welcome in some exciting new names. Jonathan Waxman, world-renowned chef and owner of New York's Barbuto, is set to open a new Italian restaurant in the Mustard building, which is shared with the Fairmont Heritage Place Private Residence Club. Waxman is a pioneer of cuisine and a Bay Area native. His presence in Ghirardelli Square is hotly anticipated.

Bluxome Street Winery recently announced the opening of a second tasting room location in the Pioneer Woolen Mills building this fall. Their current tasting room serves wine by the glass, flight or bottle. Bluxome's wine grapes come from low-yield vineyards in the Sonoma region, and they make their wines at their winery in SOMA.

Le Marais Bakery has selected the two-story Apartment house for their second location this spring in Ghirardelli Square. Their savory pastries made with farm-fresh, organic ingredients are already a hit on Chestnut street, so it's safe to assume the lines will be long on opening day.

The focal point of the square is the original Ghirardelli Chocolate Factory, which now houses Fairmont Heritage Place, Ghirardelli Square, an award-winning Private Residence Club with striking views of Alcatraz and the Bay Bridge. Private Club Ownership offers second home opportunities for those who have seen the lights of San Francisco and fallen in love.

Living in San Francisco is at an all-time high, and with Ghirardelli Square's recent revitalization, those who own a piece of Fairmont Heritage Place have the luxury to walk outside right into the middle of the fun, enjoy their included car service within two miles of the property, or hop onto on-site BMW bicycles and explore the city in whatever way feels right.

They also have access to a personal butler, grocery delivery and twice-a-day housekeeping services. Residence Club Owners receive a deed and own a piece of real estate they can pass on to their grandchildren. They have 35 days of use per year. Although residents could easily enjoy all of their adventures at the Fairmont Heritage Place, Ghirardelli Square, they also have the option of spending any of their usage days at over 200 Fairmont, Raffles and Swissotel properties around the world, from London to Shanghai.

This upcoming year is a big one for Ghirardelli Square, and locals and visitors alike can look forward to the new food and wine inhabiting this San Francisco landmark in 2016. The beauty of San Francisco is unparalleled. There's no better place to see the sights and experience the city's history than from a new home away from home in San Francisco.

For a personal preview of Fairmont Heritage Place, Ghirardelli Square and to receive more inside information about the Square revitalization, please contact our Preview Gallery at 415.292.1000 or www.fairmontatghirardelli.com



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Celebrating a Century of Golf in the Wine Country

Napa Valley Country Club



Long before “wine country” was synonymous with Napa Valley, there was Napa Valley Country Club (NVCC), a tucked-away gem in the bucolic foothills of the Vaca Range, located in the middle of the Coombsville American Viticultural Area (AVA). Coombsville is a sub-appellation of Napa Valley AVA; and the newest, having been granted its status in 2007. Napa Valley Country Club originated one hundred years ago, in 1915, as the Napa Golf & Country Club, leasing 100 acres from local notable, Frank Coombs, for the construction of a 9-hole course. In 1923, Napa Valley Country Club was incorporated and purchased the leased land from Mr. Coombs for \$7,500 (the original 100 acres, plus 30 acres more).





From these modest but committed beginnings as one of the oldest golf and country clubs in California, NVCC has grown into a magnificent 18-hole layout, with a sparkling craftsman-style clubhouse (built in 2004), full tennis facilities, and a beautiful 25-meter pool, all in a pristine setting of 181-owned acres. Located just a few miles from downtown Napa—the beautifully redeveloped entry-way to world-famous Napa Valley—Napa Valley Country Club exists in the splendid isolation of gently-sloping hills, tree-clad fairways, and challenging, inscrutable greens! Although relatively short at 6,314 yards, the course defends itself with typical country-club finesse—somewhat narrow, with elevation changes and tricky slopes to navigate and, at the end of each hole, always a compact green that takes time and experience to read. ‘Membership has its privileges,’ they say, and NVCC Members accumulate inside knowledge from their many testing rounds.



Although NVCC has the distinction of being the only private and proprietary Country Club in Napa County, it is sometimes known as “a Club in the country,” and welcomes both resident and non-resident families into the Club. Social Members enjoy all of the Club privileges and facilities (tennis, swimming, Clubhouse dining, and social activities). Full Golf Members are proprietary Members with responsibilities and voting privileges as owners of the property.

The importance of good stewardship of the native flora and fauna has always been forefront in Napa Valley Country Club’s history. The Club recognizes its role in the environment at large, and also within its immediate surroundings. Access to, and prudent use of, precious water, is a paramount concern. Luckily the foresight of past-president Scott Zion almost a decade ago, having recognized the risk of potential water shortages, prompted him to commence working with the City of Napa and other government bodies to obtain access to reclaimed water from the City’s treatment plant. This vision is now becoming a reality. A pipeline to the Coombsville area is under construction, which will serve the golf course as well as residents and vineyards in the area.



From nine holes on leased land in 1915, Napa Valley Country Club has become the Club to belong to in the Napa Valley, featuring 181 rolling acres of private golf course, tennis facilities and a picture-perfect swimming pool, all centered on a magnificent Clubhouse, set on a promontory with spectacular views.

Napa Valley Country Club looks forward to its second century.



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GINA TARO

By Armen Bacon



*Gina Taro is based in Carmel, CA.
She is currently working on a project about the San Joaquin Valley of California. She can be reached at Gina@GinaTaro.com.*





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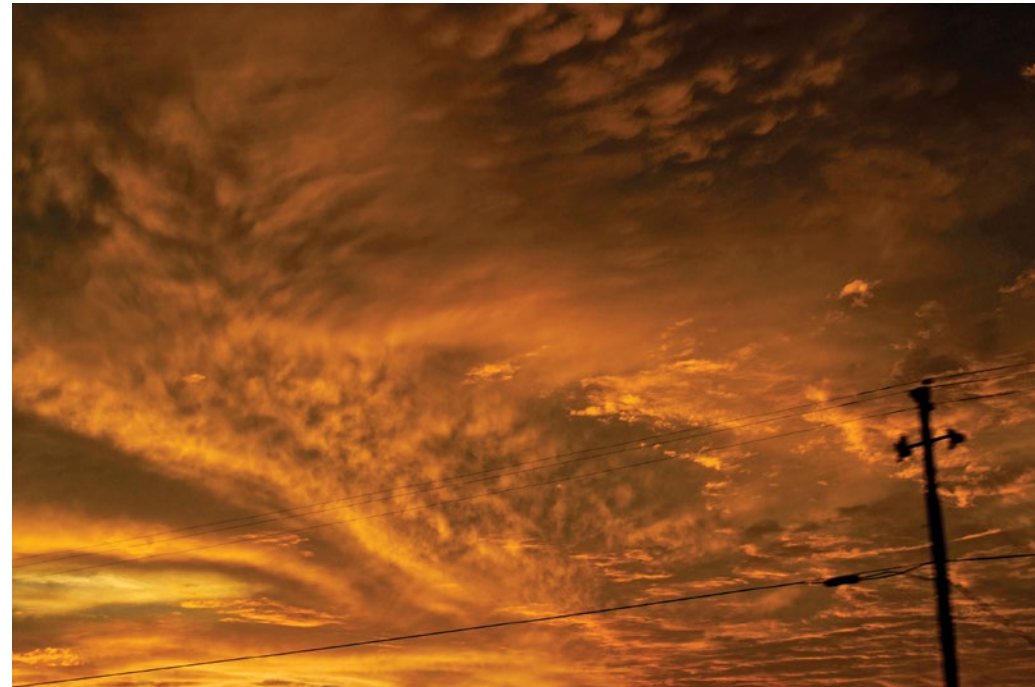
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Wash Me

Lava Mae Brings Showers to the Street

by Katherine Matuszak



Light flows down through frosted skylights, illuminating the puffs of steam wafting from the shower faucet. For the next few minutes, there's nothing but hot water warming you down to your bones, the smell of soap and shampoo, and the feeling of being finally clean.

When was the last time you went without a shower? It may have been a weekend during a camping trip, or a few days spent sick in bed. Even after a day or two, most people feel an uncomfortable sensation of being dirty, to the point where it can distract from their daily lives. For the homeless population in San Francisco, finding places to bathe is a serious problem.

Enter Lava Mae—think lavame, or bathe me in Spanish, combined with a Southern affinity for compound names—an organization dedicated to solving this very specific problem with a creative solution. Lava Mae, led and created by Doniece Sandoval, converts retired city buses into mobile shower-stations for the homeless.

The bus contains two stations, each with large skylights, a shower, toilet, sink, small changing areas, and a wheelchair accessible station in front. To deliver its service, Lava Mae partners with other nonprofits serving the homeless. The goal is multifold: avoid congestion on the street by providing a place for people to wait for their shower appointments, and in so doing, become a point of entry for other services as those waiting for their appointments may become curious about the services these organizations offer. They currently average 42 showers a day.





The word homeless often evokes images of aggressive panhandlers making you so uncomfortable you empty your wallet of change, or mentally ill individuals screaming nonsense as you walk by. While some people may fall under these categories, Sandoval maintains this is far from the “true face of homelessness.” There are many young families, elderly men and women, and some people who have jobs and can’t afford rent. “They’re living in cars, on the street, in shelters, trying to make it work,” she says. In addition to offering hygiene, Lava Mae leverages storytelling to present the real story behind the statistics and stereotypes in order to reveal our shared humanity and “galvanize enough support to permanently change this issue.”

In the year since their first launch, Lava Mae has received lots of support on social media. Sandoval says regarding the positive response, “I think it just strikes a chord. We’re not tackling every aspect of homelessness. It’s very specific, very simple.” It seems that even those who don’t agree with providing support for the homeless understand the importance of what Lava Mae does—hygiene is a fundamental human right, according to the UN.

Lava Mae uses fire hydrants to pump in their water, and thanks to an eco-friendly disinfectant, they are able to drain used shower water back into sidewalk catch basins.

Sandoval says they have regular “rock star” volunteers that book their slots way in advance, but they’re always looking for volunteers with flexible schedules who can work in a three-hour shift.

Lava Mae plans to bring three new buses on this summer, to complete their four-bus fleet. The goal is 50,000 showers a year to those who really need it.



65

Monterey Peninsula
Fall 2015
Issue
California, USA

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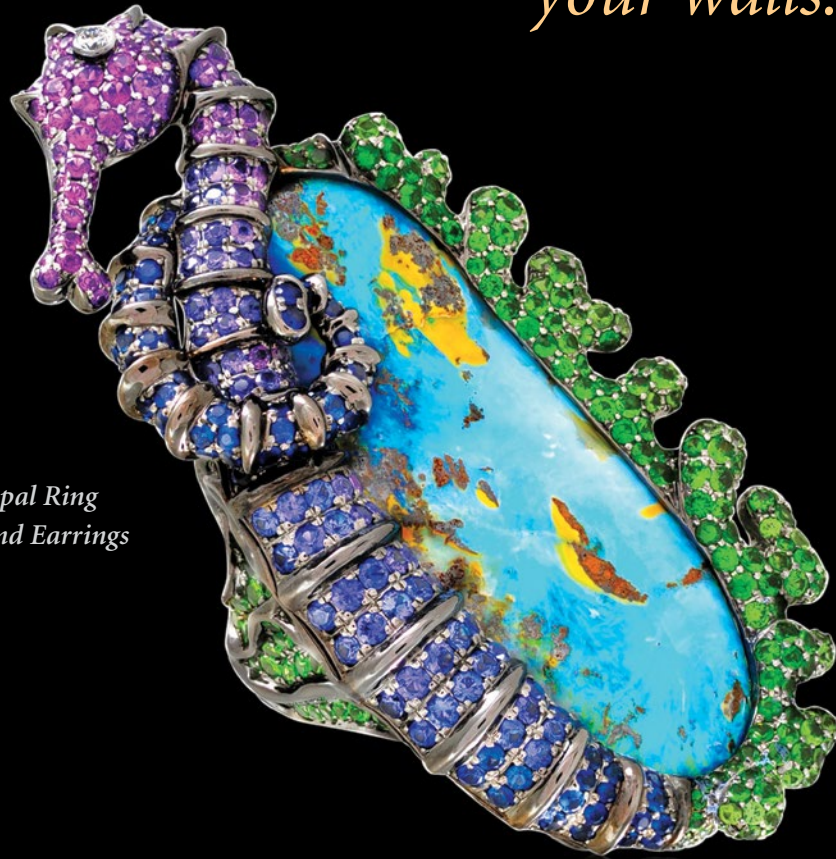
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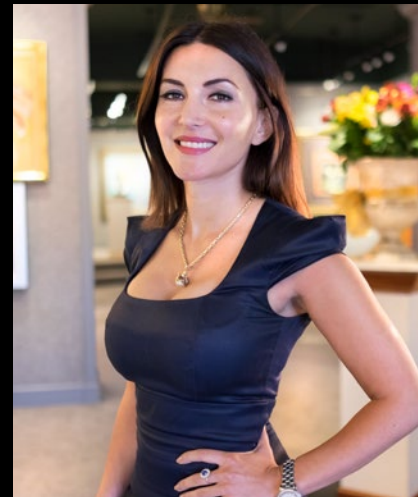
LIBATION OF CELEBRATION
By Katherine Matuszak

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Libation of Celebration

by Katherine Matuszak

On many days the Monterey Peninsula feels like its own little world. It is hard to explain just what makes this place paradise to so many, and it's more than just the sense of calm and the beautiful weather, or the sweeping landscapes that inspire artists from all over . . . although nearly everyone will at least mention the food and libations.

Over sixty golf courses stretch through the hills, and between the high-spirited golf tournaments and high-profile events—Pebble Beach Lodge Festival, Gourmet Fest, Concours d'Elegance, the list goes on—there's always a reason to celebrate life in this beautiful place.

Downtown Carmel is the perfect hot-spot, where many incredible dinners are paired with Champagne, including Affina, Grasing's, and Dementia Café. Where to begin?

Moët Hennessy leads the way as the producer and owner of luxury Champagnes here in the US. While their brands should sound familiar to even the least-informed oenophiles, their histories may be lesser-known.

Dom Pérignon is named after the spiritual grandfather of Champagne, Dom Pierre Pérignon, who dedicated over 47 years of his life to developing and elaborating the Champagne-making process known as Méthode

Champenoise. Dom Pérignon is known for its 'vintage only' philosophy, the seamless blending of chardonnay and pinot noir, and a signature minerality on the palate.

The House of Ruinart is unlike any other. It was the first established Champagne house in 1729 and inspired by the intuition of a monk well ahead of his time. Brightness, intensity and elegance: in the combination of these unique traits resides the miracle that is called the "Ruinart Taste," which is an exclusive personality, truly in a class of its own.

Moët & Chandon, the Champagne of success and glamour since 1743, is renowned for its legendary style, achievements and pioneering spirit. Moët & Chandon is the Maison that introduced Champagne to the world. Synonymous with the most venerable traditions and the most modern pleasures, Moët & Chandon has celebrated life's



memorable and triumphant moments for more than 270 years. For Moët & Chandon, success is a matter of style.

Veuve Clicquot was named after the young widow, Madame Clicquot Ponsardin, who took over her husband's fledgling Champagne house and turned it into a success. With persistence, she built the business by offering her customers 'only one quality, the finest' and was dubbed La Grande Dame de Champagne by her peers. Ultimately, she ran the 500-employee company for nearly 50 years, over one hundred years before women in France could vote. She is credited with the invention of a technique that clarifies Champagne, called remouage (or riddling), to rid Champagne of yeast sediments (which causes blurriness). Madame Clicquot's pioneering spirit lives on, from the signature "Yellow" color of the Veuve Clicquot labels on her bottles, to the 'joie de vivre' style that Veuve Clicquot evokes when shared amongst friends.

Krug's namesake, Joseph Krug, began making Champagne in 1843, and is heralded for creating the ultra-premium, or prestige cuvée, category in Champagne. His obsession began with determining how to make the highest quality Champagne possible, by separating grapes from vineyards by plot, or as he called them, by 'les jardins'. Having married later in life, he left his legacy to his six-year-old son in a diary where he shared his passion and knowledge. For six generations the Krug family has followed his lead and has created some of the most expensive and highly rated Champagnes in the world. As Olivier Krug likes to say, "You never forget your first Krug experience."

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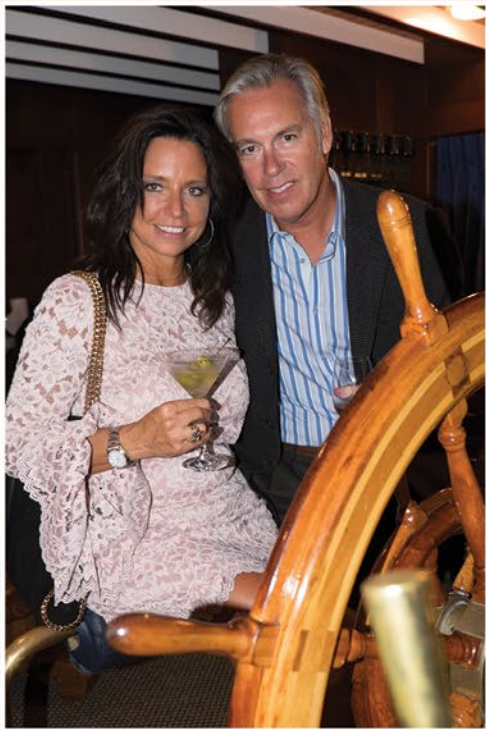
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W O M E N O F T H E P E N I N S U L A



Judith Profeta

Judie Profeta owns and operates a boutique real estate office with approximately 60 agents and she is affiliated with Alain Pinel Realtors in Silicon Valley, which is rated number five in the United States. Founded in 1993, Judie's firm, along with her knowledge of the area and her attentiveness in finding clients their ideal homes, has allowed her to forge lasting relationships with them. Real Estate is more than just a business for Judie. Her full life is wrapped around her clients, her family, and the community.

"I have lived here for over 23 years, and every day I wake up feeling thankful that I found my way here—it truly is a slice of heaven," she says.

Judie is deeply embedded in her community. She has served, and still serves, on numerous boards, including the Kinship Center, Monterey Youth Museum, and Carmel International Film Festival. She has chaired numerous events and fundraisers, including the upcoming Bubbles and Bags event at Spanish Bay on November 8 to raise money for underserved young women in this community. She has also been an active member in the Carmel Rotary for about 12 years. Judie feels fortunate that her family resides close by, allowing her to integrate an active business with an active family in an active community. She has three children and nine grandchildren, with whom she loves to share the Monterey Peninsula.



Tonya Antle

The influence of the Antles in Monterey County's agricultural industry has been crucial in keeping the salad bowl of the U.S. full. Dissatisfied with simply creating jobs to fill their public activism quota, the multigenerational, family-run Tanimura & Antle has its hands deep in the philanthropic betterment of its home community. Alongside her husband Rick Antle, CEO of Tanimura & Antle, Tonya is a paragon of civic spirit. She has over 30 years of experience in the fresh produce industry and is most notably recognized as a trailblazer for propelling the organic produce segment into the mainstream.

Since her retirement as VP of Organic Sales at Earthbound Farm in 2010, Tonya has shifted her focus to helping women and girls as Chair of the Women's Fund at the Community Foundation for Monterey County, which successfully completed a \$1.5 million endowment campaign. This fund includes two initiatives: Girls' Health in Girls' Hands (GHGH), which has invested in over 600 young girls to help them to gain confidence and fulfill their dreams, and Women's Economic Security, designed to provide childcare and education opportunities and break the cycle for poverty-stricken women and their children. "There is a ripple effect associated with investing in women and girls. When a woman thrives, her family thrives. When a family thrives, a community thrives," says Tonya.

To raise money and awareness for GHGH, Tonya is assisting with "Bubbles and Bags" fundraiser in Pebble Beach on November 8. Tonya also continues to give back to the produce industry as a guest lecturer in Agriculture Marketing for Cal Poly, San Luis Obispo, Hartnell College and CSUMB, mentoring the next generation of produce leaders.



PHOTO BY MANNY ESPINOZA

Kristine Gyulbudagyan

Mixing diplomacy and humanitarian work with art doesn't sound like an easy feat, but it comes naturally for Kristine Gyulbudagyan. Having grown up in an artistic family, this polyglot always knew her life would be surrounded by art. After studying at MIIS, Kristine spent the next sixteen years working in Washington D.C. and abroad in Argentina, Colombia and Mexico.

"I always knew there was a way to draw together the world of art and diplomacy and start a powerful conversation," she says. Last year, she moved back to Carmel and currently works as a contractor for the State Department while simultaneously managing an art gallery called Collector's Gallery of Fine Art. This gallery stands apart from others in Carmel by carrying "thought-provoking, global art", including a selection of Latin American art that is close to Kristine's heart, as it carries a connection to her work in the region. "Art and diplomacy have much in common—both commanding presence, challenging conventional thinking and urging dialogue."



PHOTO BY MANNY ESPINOZA



Valentia Piccinini

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Heidi Silva

Heidi Silva, owner of Heidi's Studio Carmel, has created a relaxing, warm environment, ensuring comfort and care along with a world-class salon experience provided by a team of accomplished stylists. A seemingly meant-to-be, star aligned opportunity presented itself in 2002, when the affable hairstylist procured the salon from an area hair professional also named Heidi! The Monterey Peninsula native is an integral part of the community, often seen attending charitable events and participating in golf fundraisers that benefit local schools, and city services such as the fire department and regularly supporting arts and music programs. The well-traveled stylist, enjoys providing an atmosphere of intimacy in her contemporary and cool, full service salon in The Crossroads Carmel, where locals and visitors alike can come and feel good about their self-care, while de-stressing with some of the finest hair care products on the planet, along with an aroma of freshly brewed coffees and a Chillout soundtrack that promotes relaxation and rejuvenation.

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PHOTO BY MANNY ESPINOZA



PHOTO BY PATRICE WARD

Jane Sieberts

Jane has always had an eye for what makes things beautiful. Although she worked briefly as a schoolteacher, she obtained her degree from the Interior Design program at UCLA. Jane came to Monterey in 1998, and in 2001 took over her husband's company, Summit Furniture, a luxury brand of teak furnishings you can find in the finest hotels, restaurants, villas and superyachts around the world. The Monterey headquarters employs local staff, and currently the entire staff excluding the warehouse manager are women. Jane's husband passed in 2011, and she says she is proud to have the privilege of running Summit and continuing his legacy.

Through Summit, she brings beauty around the world, including Europe and Asia. That discerning eye is what gives her a leg up in the industry, and also one of the reasons she so loves this community. When speaking of the Peninsula, she states: "I like things that are beautiful."



Cheryl Powell

In 2011, Cheryl Powell became the third owner in 30 years of Boatworks, a nautical-themed apparel and gift store. Cheryl also finds time to give back, and currently serves as a committee member for Make-A-Wish.

Cheryl is currently in her second season as part of Make-A-Wish, and she's happy with the greater level of commitment she has been able to offer the organization this time around.

She calls herself a newbie compared to some of the women on the committee who have been involved for years - Cheryl notes these women are "just flipping awesome," but she also knows that all small roles add up to the bigger picture, and it's all about the kids. As a local business owner she has plenty to bring to the table, and she comes to meetings ready to jump into any task: "Give me a job and I'll do it, I'll slap my tool belt on and go."



Monika Campbell

I am blessed to live and sell homes on the Monterey Peninsula. One of my other passions is to give back to my community, which I care deeply for. My heart has really been opened through serving on the board of Community Partnership for Youth (CPY). CPY looks at the "whole child," following students through school, continuing to offer support as they find good jobs and start families. From running a holiday family adoption event and an afterschool mentorship program, to organizing summer activities, CPY ensures children have a safe, fun place to learn and grow.

CPY will celebrate its 25th anniversary in 2016. Throughout the year, we will be honoring the amazing young people who have been part of the CPY family by inviting our community to help us invest in more of our students. I couldn't do this work without the support of friends, clients and the Alain Pinel family, each of whom gives generously throughout the community and supports my endeavors.

To donate supplies for art, education or sports, or to learn more, call Monika Campbell at 831-917-8208, visit monikacampbell.com, or make a donation directly to CPY.org

I hope you will join me in making a difference in a child's life!

Stefani Chaney

Stefani Chaney has been in the hospitality industry most of her life. Her first job on the Monterey Peninsula was at the famous Casanova restaurant in downtown Carmel, where she learned the art of European hospitality. She has been working the past seven years as Hospitality Director for Scheid Vineyards, coordinating the company's events and acting as the liaison for community-based fundraisers.

As busy as Stefani is with work and her teenage daughter, she still finds time to volunteer at the Monterey Bay Aquarium, the American Cancer Society, and most actively as the Volunteer President for the River Road Wine Trail Association. The Association focuses on promoting awareness and bringing visitors to their Central Coast wine corridor.

This May, Stefani received the Santa Lucia Highlands Wine Artisans' first-ever "Volunteer of the Year" award because of the time and dedication she has offered the association. The Board President called Stefani one of Santa Lucia Highlands' "most important ambassadors."





PHOTO BY MANNY ESPINOZA

Laura & Tia

“Friends and Family Gather Here,” is the lobby’s greeting to dancers entering into The Dance Center, a local learning environment and creative space like no other. The Dance Center’s co-owners and artistic directors, Tia Brown and Laura Jeselnick, are a tour de force of leadership, tenacity, and talent in Peninsula business ownership. In just a few months, Tia and Laura have built a superpower business with an outpouring of community support where clients are unquestionably family. Their unparalleled teaching roster instructs pre-professional and recreational students in an exquisite green performing arts facility.

Tia and Laura have achieved their lifelong dream of fairytale success by serving as hands-on owners who are immersed in every aspect of

their business. Their roles as active teachers and mentors is paramount. Backed with a wealth of prestigious dance training, Tia and Laura are the two most prominent instructors on The Dance Center’s all-star teaching roster. They simultaneously co-direct the Stevenson Pebble Beach Campus Dance Program and Santa Catalina’s after-school enrichment program. This partnership is the perfect pas de deux as Tia’s business savvy is backed with years of start-up experience that complements Laura’s specialization in curriculum development and chairing private school departments. Their dancers, specifically those on jazz, contemporary, hip-hop, ballet/pointe, and tap teams, as well as their Broadway Bound Teen and Tween Musical Theater Companies, have a full line-up of upcoming community and Bay Area competitions and performances. For Tia and Laura, gifting the joy of dance into local families and sharing it with the community counts as their greatest success.



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Del Monte Fine Art



S.C. Yuan

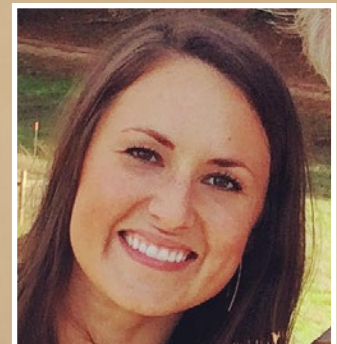
Evening Bay

30" x 60"

Gallery owner, Jessica Nault, moved from Indiana to the Monterey Peninsula in 2007 after obtaining her Bachelor of Fine Art degree. Eight years later, Jessica is now the owner of one of California's most prestigious galleries representing the Early California Impressionists, Del Monte Fine Art. The gallery features original museum quality paintings created between 1880-1940 by artists such as Edgar Payne, Armin Hansen, and E. Charlton Fortune, and represents nationally recognized American landscape painters Jesse Powell,

Matt Smith, and Kate Starling. The gallery represents the estates of S.C. Yuan and George Demont Otis.

Jessica and her husband Desmond, a Monterey native and local business owner, enjoy an active lifestyle backpacking and traveling to the non-developed areas of the Sierras and the Southwest. Their favorite destinations include the very places often depicted in the paintings by yesteryear's masters.





THE PEOPLE THAT INSPIRED US







The Journey of Life

by Fiona VanderWall / photography by Michael Troutman

At some point in life, we all ponder the idea of our own mortality. University students are often tasked with writing their own eulogy, and world-class chefs asked what they would prepare for a “last supper.” For the great majority, these thoughts are purely speculative and give rise to only a brief reflection of one’s life at that particular moment.

For Carmel Valley’s Ken Jones, such speculation has a harsher reality. Approximately one year ago, he was diagnosed with Amyotrophic Lateral Sclerosis (ALS), more commonly known as Lou Gehrig’s Disease. ALS is a progressive degenerative disease that affects nerve cells in the brain and spinal cord, leading to the inability of the brain to initiate and control muscle movement, and eventual paralysis in later stages of the disease.

Ken, who grew up in Ramsey, New Jersey, first visited California during his junior year of college and stayed with relatives living in Silicon Valley. Lured by the warm weather, spectacular beauty, and world-renowned golf courses, Ken eventually

made the move permanent. He began a career in medical software, and ultimately landed on the Central Coast.

Ken met his wife, Karin, in January 2007. Their eyes shine with genuine warmth and devotion as they recall their first meeting at Carmel’s Rio Grill, where Karin was working at the time. After her shift, they struck up a three-hour conversation and have been inseparable ever since. They married in an intimate ceremony in September 2009 at Tarp’s Gazebo.

Several months later, Ken began noticing changes in the mobility of his hands and wrists. Anticipating carpal tunnel syndrome, he sought medical advice. He was sent to a specialist who started him on the treatment path for Multifocal Motor Neuropathy (MMN), a disease that resembles ALS, but is less severe. When Ken’s symptoms did not improve with the MMN medication, the more serious diagnosis of ALS was given and they were faced with the reality of a terminal illness.

Ken and Karin agree that those were their darkest days. Karin recalls how she felt her world falling apart, with all their hopes and dreams for the future crumbling before them. They struggled to figure out how to live. With time and with the help of friends, family, and local support groups, they came to accept the path ahead of them, their outlook, positive. Karin says she knows she is going to be okay, and Ken appreciated his early retirement, enjoying his permanent vacation.

In December of 2010, Ken’s doctor gave him six months to live. Ken, who was wheelchair-bound at the time, didn’t spend focus on the practical inconveniences of being ill. Instead, he and Karin slowed down to enjoy life moment by moment, focusing on what was most important to them: time outdoors in the beautiful valley, visits with close friends and family, and getting to know Tigerlily, the new feline member of their household.

Prior to the publication of this story, Ken passed away peacefully. Knowing their time together would be short, Ken and Karin still described themselves as being incredibly lucky. They took solace in their strong faith and in their love for each other, which they described as being “absolute.” They said that most don’t get to experience a relationship such as theirs in their whole lifetime, and they are blessed to have found each other. It is clear that the quality of the time they shared was much more valuable than worrying about the limited time ahead. In a world obsessed with tomorrow, and the speed at which we can get there, this is a stark reminder that life is the journey, not the destination.

Originally Publication Fall 2011

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Trumpeter, bronze







Leader of the Pack

By Elizabeth Hermens | photography by Michael Troutman

Growing up, Will Rudolph seemed just like any other kid, except he lacked the ability to run in a counter-clockwise direction. After being informed by a concerned preschool teacher about this, Will's parents, Michelle and Dave Rudolph, brought Will to the doctor. Years later, he would finally be diagnosed with cerebellar ataxia, the culmination of a medical odyssey that has lasted most of his life.

At first, Will was thought to have a slight case of cerebral palsy. As he developed, and as more symptoms appeared, doctors concluded that Will was afflicted with a rare condition wherein his cerebellum was not developing as quickly as the rest of his brain. The cerebellum, which contains fifty percent of the neurons in the brain but has only ten percent of the volume, controls nerves and coordinates muscles.

In Will's case, this leads to problems with muscular coordination, especially on his left side, and sometimes with memory. (Though, ever the basketball fan, Will can usually list the top twenty-five NCAA teams in order.) When he was younger, Will's muscles would sometimes short-circuit, so-to-speak, and he had to learn to take literal falls with grace and good humor.

"Will has little fear of failure or anything, really. This, with his inner grace, poises him for great success. But do stay clear of his telling candor," said Will's dad.

Through various physical, speech, and occupational therapies, including a stint at horse riding, Will has adapted to and learned to live with his condition. Swimming was especially effective, as it requires coordination of one's entire body. Will swam for some years with the Carmel Valley Swim Team and competed in races. He managed to improve his time every race—a sure sign of his dedication. Love of water also led him to kayak part of the American River, in which he righted himself coolly after an inevitable inversion. Physical maturing has also helped, as one of his doctors predicted, and he's made dramatic improvements in just the last few years.

Today, at 17, and a male model waiting to happen according to his father, Will is the student manager of Carmel High's varsity basketball team. The heady atmosphere of team camaraderie gives him a lift in his step, and he's grateful for the opportunity. There, Coach Ryan Sanchez says, "Will is one of the most dedicated kids on the team, always showing up to practice on time and with a great attitude."

Will's passion for the game doesn't end at the school, however, as he keeps a close eye following the Golden State Warriors. His knowledge of the leagues in general has helped his fantasy teams experience a good season themselves.

Said the tight-lipped Will of his devotion for basketball, "It's good to do in your spare time and it's fun."

Recently, Will started working as a referee for the local YMCA's soccer leagues. He doesn't have plans for the money yet, but, no doubt, his parents would like him to put a little aside for college. Will would like to attend Monterey Peninsula College and works hard at school, maintaining a 3.7 GPA. His favorite (and best) subject is math, and he says that's due in part to the great teachers he's had over the years, and to his grandfather, "Boppa," who tutors him after school each day. He's always been aware of the impact other people have had on his life, and he wants to have that same effect someday, hopefully as a math teacher.

There's no doubt that he will fulfill his goals as Will inspires people with his perseverance and easy smile. The strength to try and try again, while maintaining a positive demeanor, has always marked him as a special person. That, more than any proficiency in school, may be Will's greatest strength and asset.

Original Publication Winter 2008

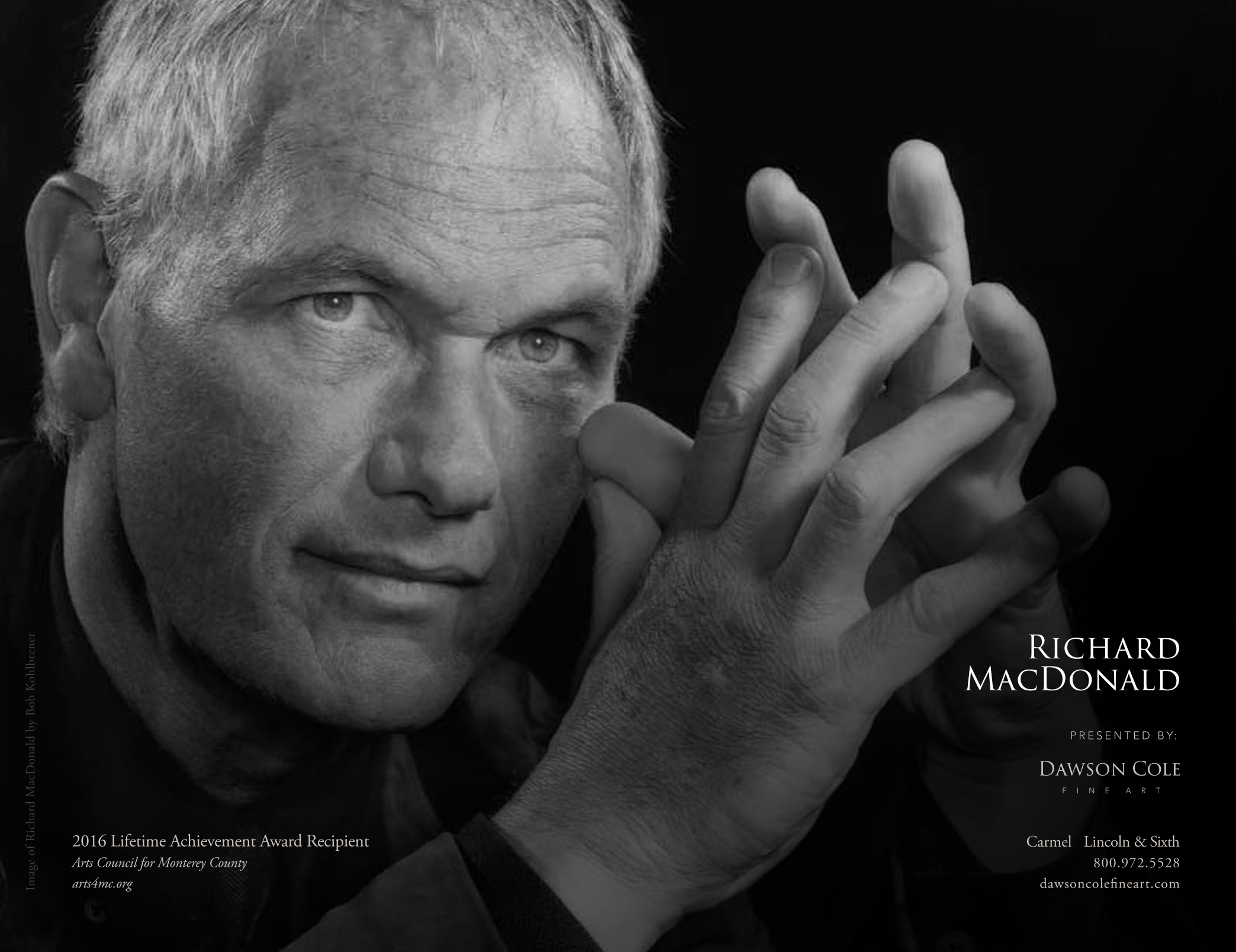


Image of Richard MacDonald by Bob Kohlbrener

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The Sonic World of Silvestri

by Andrea Stuart | photography by Robert Jesse

When three-year-old Alan Silvestri first wrapped his hands around a pair of chopsticks no one could have guessed it would lead to notebook “drumming sessions” that would escort him through a decades-long career in the movie industry as a music composer.

Raised in an Italian family in Teaneck, New Jersey with a sister who served as the family’s obligatory accordion player, Silvestri took a more cerebral interest in music. “I’ve always been interested in the theoretical side,” says Silvestri. With little formal training, he has spent numerous hours with his nose between the pages of books learning about music, from writing it to the science of it. “That is a component of how I interface with music to this day.”





Silvestri grew up a Jersey boy, having enjoyed much of his early teens playing baseball. Summers were often spent at the Jersey shore or at Cape Cod where the Silvestris would sun-ripen two weeks at a time. “My dad’s dream was for me to be a ball player. But he’s made peace with that,” jokes Silvestri, pointing to his arsenal of music equipment.

There’s practically no instrument that Silvestri has left unplayed, from saxophone, clarinet, and guitar, to the bassoon.

At 14, Silvestri journeyed from the suburban sway of Jersey to the seam-splitting chaos of 125th Street in New York City for guitar classes, lugging his guitar from the subway to his lesson. “This teacher was really good. You just watched him and hoped something fell off on you,” Silvestri recalls, his glasses dangling between his index finger and thumb.

Music has always found a way to wind itself around Silvestri. In high school, he once obtained a job as a busboy in order to save up money to visit a girl in Louisiana. By summer’s end, Silvestri opted to buy a new amp in lieu of visiting the girl. “I guess I liked music more than her,” he laughs.

The following years were peppered with a two-year stint at Berklee College of

Music—which he left to play with Wayne Cochran and the C.C. Riders—a self-taught career as a silk screener, a series of lounge acts, a run-in with an unsavory fella who promised Silvestri a music contract, and eventually his first scoring session, which he prepared for by visiting Pickwick Book Shop on Hollywood Boulevard and reading *Scoring for Films* by Earl Hagen. Things like fear, deadlines, and similar unknowns bring coherence to a rag tag psyche, according to Silvestri, which is arguably his secret to success.

What eventualized was a four-year stretch with the TV series *Chips*, and later an on-spec job that would catapult his career in the movie industry. “Next thing I knew, the music editor put me on the phone with the director [Bob Zemeckis].”

Call it fate or coincidence, but Zemeckis and Silvestri were wearing identical Calvin Klein sweaters the day they met. “The next thing you know I wound up doing *Romancing the Stone*,” says Silvestri with a shrug in his voice.

Silvestri has since been nominated for eight Grammy Awards, winning three for *The Bodyguard*, *Cast Away*, and *The Polar Express*, and nominated for two Academy and Golden Globe Awards for *Forrest Gump* and *The Polar Express*. “The recognition is fun, but I’m just happy to be working. I’ve got kids in college, elderly parents, extended family that needs me, and ‘we need the eggs,’” a smirk glides across his face.

Today, Silvestri and his wife Sandra own Silvestri Vineyards, a subconscious rebirth of his grandmother’s “home vintages” in New Jersey. And he’s currently working on a Broadway musical, new territory for the music mastermind.

The Silvestris spend much time working with the Juvenile Diabetes Research Foundation (JDRF). Sandra, who served on the International Board, started the Children’s Congress, a bi-annual event where over one hundred children with type 1 diabetes gather in Washington, DC to meet face-to-face with top U.S. decision-makers. Sandra, Alan, and their son Joey, who has type 1 diabetes, recently attended the Children’s Congress’ 10-year anniversary event. Alan and Sandra, through Silvestri Vineyards, are this year’s Corporate Walk Chairs for the Monterey Bay Branch of the JDRF’s Walk to Cure Diabetes event.

Silvestri continues to feed audiences aural constellations through technological artistry, while feeding his own mind with elemental practice. “I’ve recently picked up the guitar again,” he points to an acoustic gem nearby. “I play scales. It’s like meditation for me.” Considering his cool-cat demeanor, the practice is paying off.

Original Publication Spring 2010



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Breaking out of Tradition

by Monica Guzman / photo by Bill Janes

In today's society, physical activities such as running are encouraged to promote good health. For Marta Karpziel, who grew up in a strong Catholic-influenced town in Poland, this was not the case. Karpziel had to hide her hobby, as time devoted to personal enjoyment was looked down upon. According to Karpziel, everyone was either at work, school or church. Even with such structure, Marta has fond memories playing with her younger sister and two brothers.

For much of her youth, Poland was still a Communist country, which added other restrictions. Coupons were used to purchase basic necessities including clothes,

and often stores would run out of supplies. Because of this, Karpziel remembers there were only black shoes available for her first communion, and she had her mother adjust the skirt on her dress to cover her feet. Since candy was rare, one year, Karpziel saved to buy her family a Snickers bar for Christmas. Karpziel's eyes watered as she described carefully cutting the Snickers bar into six even pieces and neatly arranging them on a dish for her and her family who were all sitting on a bench. "Everyone enjoyed it because it was such a luxury," Karpziel says.

Transportation was limited to buses and walking, so Karpziel began running to get to places quickly. When it turned into a hobby, her mother feared their neighbors would think badly of her and asked Karpziel to run after dark. Karpziel understood her mother's concern and agreed. On many of her runs, Karpziel was attacked by wandering dogs and one incident still remains prominent in her memories. Karpziel decided to run the night before her friend's 18th birthday party. On her run, two dogs chased her and bit her leg, causing her to fall in a rocky area. She was left very injured and showed up to the party in bandages. "I did not have many pictures growing up and it was sad because everyone was taking pictures that day and I couldn't because I looked like a mummy," she admits.

The village was too traditional for Karpziel, and she knew a college education would be her only ticket out. She explains that women had to know how to milk a cow, kill a chicken, pluck it to stuff pillows, and turn the carcass into chicken soup in order to make a proper wife. Karpziel used to say she would never marry if that's what she had to do.

Karpziel worked to support herself through her studies. She attended a university 14 hours away by train on weekends to have the weekdays available for work. Later, Karpziel used her school breaks to work as an au pair in Italy and the United States where she saved enough money not only for herself but for her siblings to pursue higher educations as well. The United States left Karpziel amazed at how much freedom people had. "No one was discriminated for running," she says while laughing.

Original Publication Fall 2011



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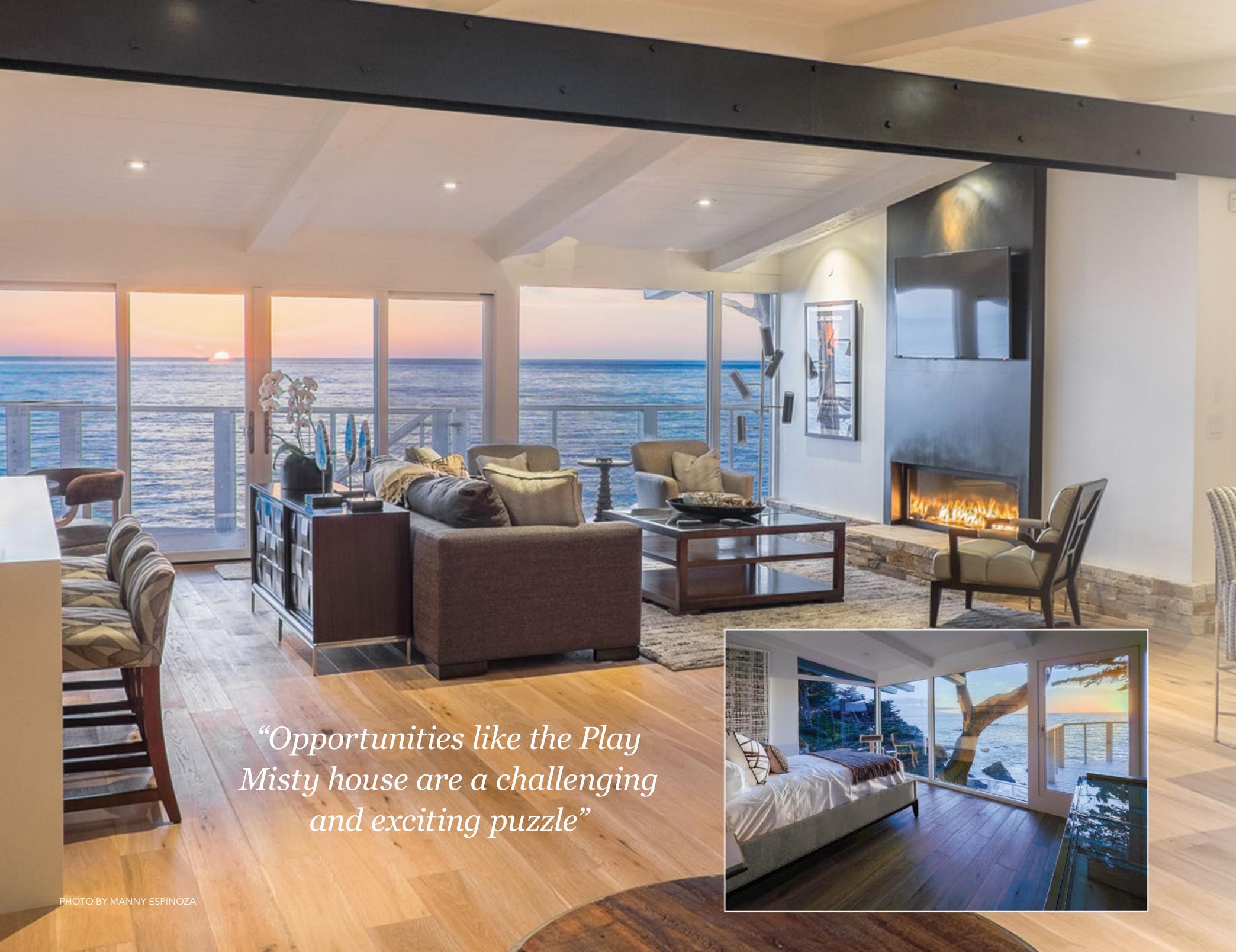




“Misty”

REMASTERED

architecture by Sterling|Huddleson Architecture
construction by Russo Construction & Development



“Opportunities like the Play Misty house are a challenging and exciting puzzle”

PHOTO BY MANNY ESPINOZA



The scene opens with an aerial view of the Carmel coastline. The camera pans to Clint Eastwood standing on the deck of a California Highlands ranch-style home. The view in this shot is the reason Mr. Eastwood chose this iconic house for his directorial debut, *Play Misty For Me*: it sits precariously cantilevered over a cliff's edge, where Jessica Walters' character ultimately meets her fate on the rocks below.

Fast forward forty years, and the home remained all but frozen in time, still poised proudly on the bluff but in need of many improvements. The proud new owners called on Carmel-based Braden Sterling of Sterling-Huddleson Architecture with a request to maintain the charm and scale of the 1900-square-foot cottage while updating the finishes and incorporating design features in the spirit and understated subtlety of the Big Sur region.

"Opportunities like the Play Misty house are a challenging and exciting puzzle," he says, and Braden tackles these challenges regularly. Due to complicated planning regulations, a home like this simply could not be built today, and coupled with the client's program requiring careful consideration of budget and timeline; Braden's approach was rehabilitating and modernizing the home rather than replacing it. Joe Russo of Russo Construction and Development took on the task of construction, and his hands-on approach and team-based construction methods led to a flawless execution of the design.



When it comes to design, Braden's approach is always an uncomplicated, pared-down palette of natural materials and color tone. For the Play Misty house, steel, stone, and wood were selected to give the house presence and a visual anchor to the site. The original redwood siding was salvaged, stone cladding and new stone walls were added, and the roof was replaced with standing seam steel accenting the long, gentle slope of the broad ranch house form. For the interior, the framing was exposed to create volume and the open concept plan is finished with accents of stone and steel while maintaining a warm neutral color palette as to not to compete with the beautiful setting. Braden's favorite room is the southwest corner bedroom, where the original corner glass was expanded to allow for additional sunlight while accentuating the feeling of floating above the cliff and the canopy of a lone cypress just outside the window creates a treehouse effect.

As Principle of Sterling-Huddleson Architecture, Braden's focus is solely on the design of custom homes with a number of Peninsula projects ranging from contemporary coastal homes to Mediterranean estates. His particular niche requires intuition, dedication, and design diversity and it's because of these skills he is a favorite on the Peninsula while also catering to clients in the media and entertainment industries. It's with this approach Braden and his business partner, Hugh Huddleson, enjoy incomparable opportunities to design amazing homes and related projects, and this is what makes the office of Sterling-Huddleson Architecture unique.





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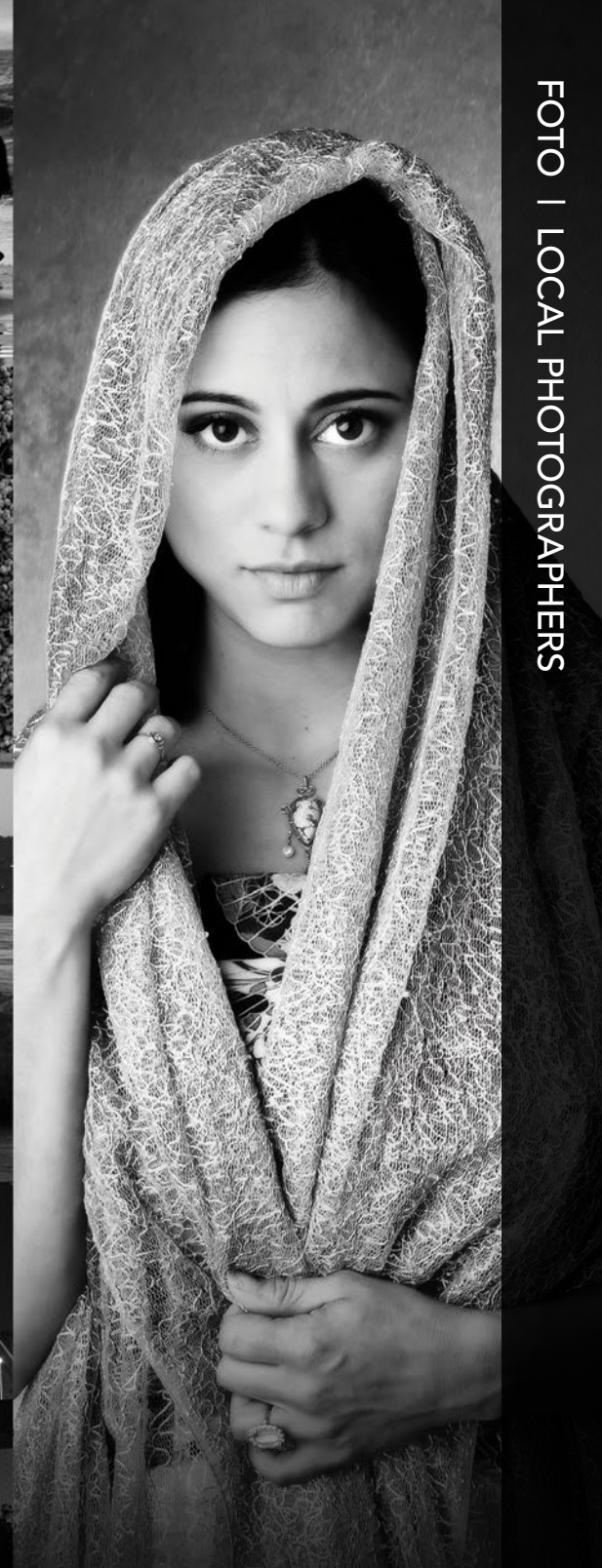


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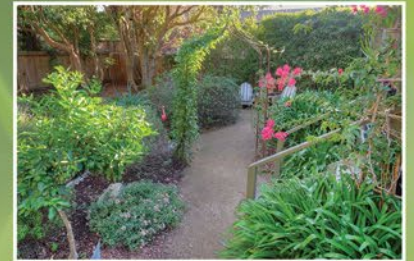
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"Bubbles & Bags," a silent auction of new, gently loved and vintage handbags, is gearing up for a spectacular afternoon on Sunday, November 8, 2015 at The Inn at Spanish Bay in Pebble Beach. Bubbles & Bags harnesses "the power of the purse" to benefit the Girls' Health in Girls' Hands (GHGH) initiative of the Women's Fund of the Community Foundation for Monterey County.

GHGH is a girl-led movement for health empowerment and leadership for girls between 11 and 18 years old. The program is an initiative of the Women's Fund, which invests in the potential of girls and increasing economic security for women. Research shows that when a woman thrives, her family thrives, and when families thrive, the community thrives. The vision of GHGH is that all girls in Monterey County will grow up healthy and empowered to be leaders in their communities.

More than 350 handbags will be featured at Bubbles & Bags, including purses by Chanel, Louis Vuitton, Coach, Valentino, Burberry, Cole Hahn, Max Mara, Yves Saint Laurent, Mary Frances, and more than a dozen one-of-a-kind purses designed by featured artist, designer Christine Benson. The event begins with a First Peek Preview from 1 to 2 p.m. for "Buy it Now" purchases only, where

guests can pay the top asking price to secure their favorites. The Silent Auction continues from 2 until 5 p.m. Sparkling wine will be served while attendees browse the selection.

"Shopping for a great cause is what Bubbles and Bags is all about. Bringing community-minded patrons together for a fun afternoon of sipping champagne and buying a great handbag, just prior to the holiday season, all in support of GHGH is perfection!" says Women's Fund Endowment Chair and CFMC board member, Tonya Antle.

Bubbles & Bags is hosted by Pebble Beach Company. Premier sponsors are Comerica Bank and IMPOWER. Platinum sponsorship provided by Kathy and Dan Yost and Illusions of Grandeur. The auction is coordinated by a volunteer committee co-chaired by Judie Profeta and Stephanie Harkness. Profeta and Harkness were inspired by the impact of Women's Fund grants to empower local girls when they attended a Community Foundation luncheon in 2013 featuring GHGH participants.

For more information, tickets and bidding pre-registration, visit www.cfmco.org/bubblesandbags, or call 831.375.9712 extension 120. Those who aren't able to attend can learn more or contribute online at www.cfmco.org/womensfund. The Women's Fund of the Community Foundation for Monterey County.

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Tickle Pink Inn Update

By Katherine Matuszak

Previously named one of the Top 500 Hotels in the World, Tickle Pink Inn already boasts numerous reasons to visit. Not one to rest on their laurels, however, the owners of Tickle Pink already set into motion several updates that will be completed by the end of the year, and have more on the way for 2016.

By the end of this year, they plan to have completed their work on the interior, which entails new bedding, carpets, and window treatments. On the exterior, they have been focusing on “polishing” the property, including replacing the windows—all the better for their spectacular views of the Carmel coastline—and updating the lighting. They have also released a new website, which includes a webcam that updates by the minute.

For next year, the list is even longer. The rooms can look forward to new furnishings, including lounge chairs in the suites. The lower building near the Jacuzzi suites will receive an upgrade, and balconies will be renovated with new tile and railings in order to match the already upgraded balconies in the upper building.

Tickle Pink Inn has welcomed travelers from all over for more than 60 years, but the property continues receiving new renovations to keep it at the peak of luxury.





Thank You Fundraiser

Basil

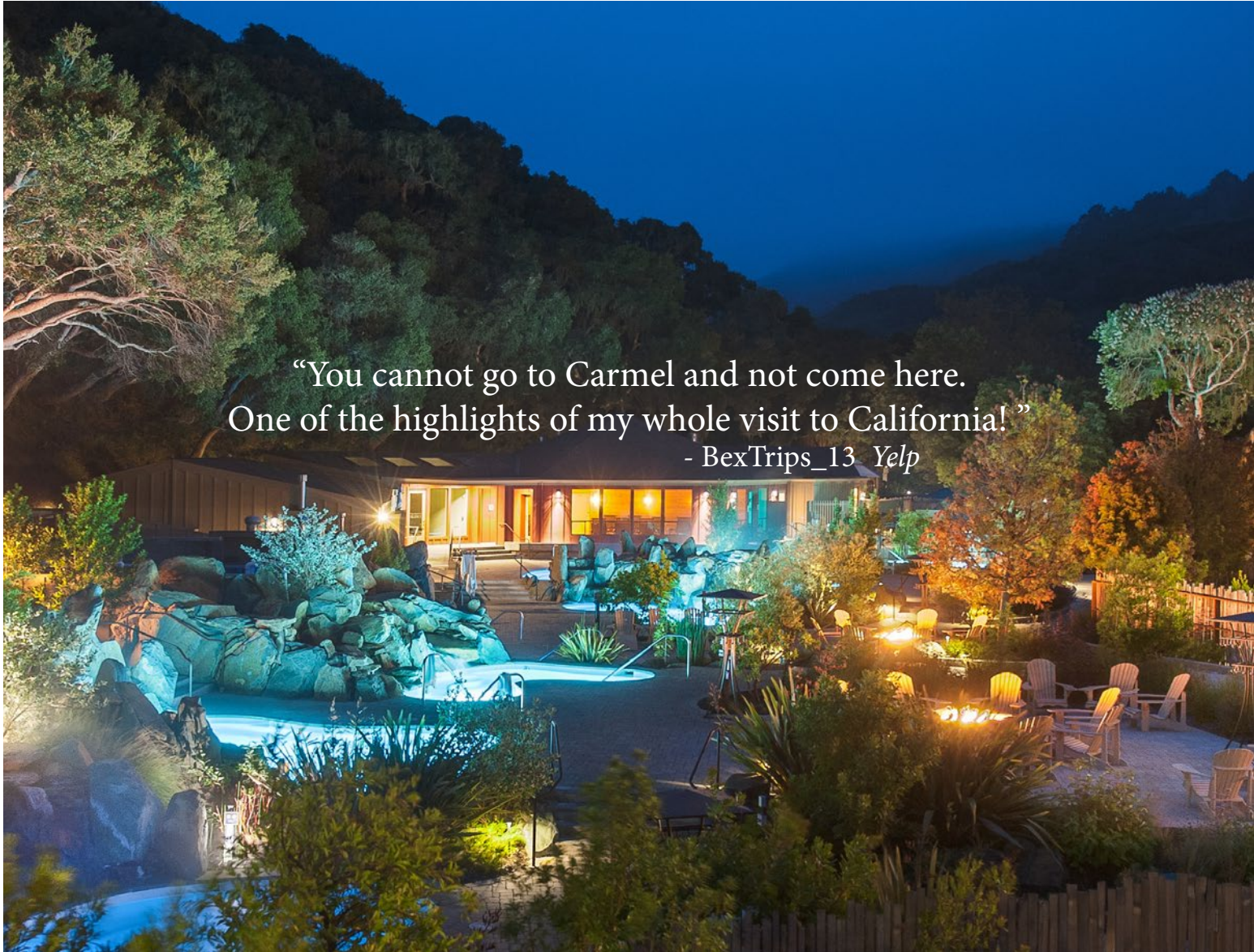
Seasonal Dining



Thank You Fundraiser

In small businesses, the term “trial by fire” is frequently applicable, but rarely literal--unfortunately for Basil and its head chef Soerke Peters, it recently was. The well-loved sustainable restaurant suffered through a fire on the first day of Concours d’Elegance, a time of great tourist migration and potential revenue. In order to save the restaurant, the Carmel Fire Department had to hack through the dining room wall to put out the burning insulation. As could be expected, this had potentially fatal consequences for the business: fire marshal inspections alone can take months to happen in larger communities. Carmel being the close community that it is, though, Mr. Peters says that he has had more support than he could have possibly hoped for. Forms flew off desks, flooring grew like weeds, and every bar he found himself in had a half-dozen sympathetic wallets. In short, the restaurant took an unheard of two weeks to recover from its major setback, and an already community-oriented business is that much more indebted to its patrons.



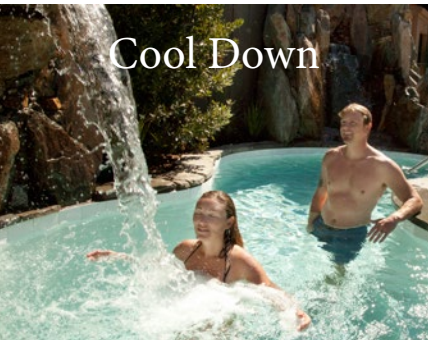


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COMMUNITY | KEEP YOUR GOLDENEYE ON THIS EVENT

Keep Your GoldenEye on this Event

By Jennifer Wilson

As with many wonderful things in life, the annual Make-A-Wish Monterey Bay Gala was born as a happy accident. It began as a private fundraiser for the organization and was so successful that first year that the local Make-A-Wish chapter selected the event as one of its primary annual fundraisers. Held annually at Tehama Golf Club, the gala has attracted high profile performers who donate their services pro bono to support Make-A-Wish locally. Past performers have included Robin Williams, Tony Bennett, Brad Paisley and Josh Groban. The event is always a sellout.

Supported through the tireless efforts of dedicated volunteers, many of whom have been part of the organizing committee for more than a decade, the gala is made up of 26 members who hail from Carmel, Monterey, Pebble

Beach, and beyond. The Gala Committee meets six to seven times prior to the event, orchestrating everything from corporate sponsorships and auction lots, to entertainment, décor, and the much anticipated annual theme. The committee loves to pull out all the stops with their themes—one year featured a live camel and elephant, and this year's James Bond 007 theme promises to be one of the best ever.

The Monterey Bay Gala is Saturday, the 007 of November, at Tehama from 5 p.m. until midnight. Proceeds benefit Make-A-Wish Greater Bay Area, which grants over 370 wishes each year for children living with life-threatening medical conditions in the Monterey area and 16 other northern California counties. Get your James Bond fill that weekend, as the series' newest installment, Spectre, also premieres that weekend. After all, You Only Live Twice.

More information at montereybaygala.com. Tickets start at \$500.

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Kathy Eckerson (Ivie) loves children. She knew that from the moment her two children were born, and years later when her daughter had two children of her own. She considers herself very fortunate to be actively involved in her children's and grandchildren's lives.

Her enthusiasm for life inspired her to obtain two master's degrees and to build a life that helps others reconstruct theirs. Fortified with a sensitivity toward others' tribulations, a love for families and children, and a proclivity for numbers, Kathy became a wealth management advisor focusing on helping women in transition. Having emerged from divorce and loss herself, Kathy sees opportunity even in turbulence.

"I've helped many women transition through loss and major life changes. However, it is humbling to draw upon personal experiences to help your own children and grandchildren as they find themselves in the emotionally difficult stages of becoming 'suddenly single.' I like to think of myself as a highly experienced financial copilot, helping women and their families navigate into a smooth landing."



In many ways, Kathy's clients mirror pieces of her own life, allowing her to identify with their struggles while listening to their concerns and yet-unrealized dreams before educating them about their options and making recommendations.

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Kathy's daughter Stephanie (left) and Kathy (center) discuss the challenges of going through a divorce, while grandchildren, Alexandra and Daniel, play (right).



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Jocelyn Cruz (Kadach) is an Encaustic and Mixed Media Artist. The original paintings on the covers of this issue of 65/57 Degrees are available for sale at her gallery/studio. Located on San Carlos Street between 7th & Ocean Avenue, Carmel-by-the-Sea. www.lighthouseartdesign.com.

Photo by Manny Espinoza

Journey to the Lighthouse:

A Defiant Artist's Quest to Persevere and Fulfill Her Dream

In 2011, after Jocelyn's oldest brother, Jocelle, was in a fatal motorcycle accident, Jocelyn suffered from delayed onset of PTSD symptoms related to the abuse she and her brother endured in their childhood. As a result, there were times she contemplated ending her life. On one dark night, she took art supplies that she received from her son, Matthew, and painted her first artwork, "Journey to the Lighthouse." It tells a story of a woman's dark night and her journey at sea in search of a lighthouse. It represents humanity's trials, hopes, and capabilities to overcome life's rough times.

Creative expression through her art set Jocelyn on the road to healing. When she turned 47 in February 2015, Jocelyn felt the undeniable desire to become a full-time artist after a long career in the high-tech industry. She feels a strong presence of vitality when she creates. Jocelyn expressed this desire with her husband. To which he (her soon-to-be-ex) replied, "What if you fail?" That reply, even though it was heart-breaking, put fire in her heart. So she declared: "I'm going to be a fearless, financially and soul-fulfilled artist. Along the way, I am going to inspire other artists to not give up on their dreams. I will give five percent of my profits to back other artists!" Jocelyn channeled her anger as fuel for her art as she created the painting, "Don't Let the Sun Set on Your Dreams." Since then, she has felt so alive and true to who she truly is as a creative being.

Jocelyn is a storyteller. When she approaches a project, she does research and contemplates the story and sentiments that she wants to convey. Her Encaustic wax mixed media

paintings, such as "Pigeon Point Lighthouse" and "Golden Gate Bridge," are ethereal and captivating.

She loves adding nostalgia by incorporating airmail envelope borders and postal marks that are relevant to the history of her subject matter.

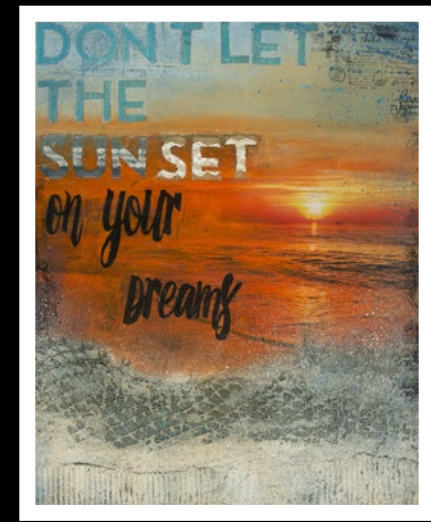
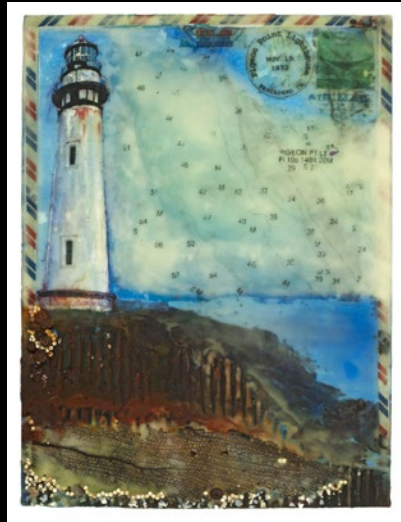
One commissioned painting, "When You Love What You Do It's No Longer Work" is an example of how she steers viewers toward the truth about her subject's redemptive identity and family members' strong bonds with each other.

Jocelyn's deep expression shares an inspirational story of perseverance as she journeys to fulfill her heart's passion and thrive as an artist in Carmel. Her courage inspires her social media followers and gallery visitors to not be afraid to dream.

Her art studio/gallery in Carmel features a considerable number of artworks and she personally makes sure that each visitor walks away with one important message: Do what you love because it matters.

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Perched on the corner of Ocean Ave and Monte Verde and located in a building with a rich artistic history, Heart Beat Boutique Carmel is truly unlike any other shop in town.

Featuring a unique collection of hand-crafted clothing, accessories, and jewelry, the gift gallery was founded in 2013 by Teresa Bradford. A dancer, a jeweler, and an artist, Bradford opened her first shop, Heart Beat Gallery Big Sur, 27 years ago.

To keep her shop full of new merchandise, Bradford has developed a strong bond between herself and a talented team of designers and artisans. Whether it's a vintage silk scarf from India or hand-tooled leather bag from Paraguay, she knows where each piece came from and how it arrived in Carmel.

"There's a thread that goes through my shop," Bradford said. "I have to know the creators of what I'm selling. If it's a tribal piece from faraway lands, I have to know about the person who journeyed there and brought it back."

The shop's merchandise reflects Bradford's earthy Big Sur roots and embraces Carmel's contemporary style. She described her inventory as "a little bit of straight mixed with a little bit of pizzaz."

While Bradford is the face and voice of the gift gallery, she credits her mother, Patsy Yuma, with playing an essential role in the success of the business.

"Everything my mother touches is magic," Bradford suggested. "She is one amazing and creative woman who I look up to".

After three decades down the coast, Bradford recently closed her Big Sur shop and now is thrilled to be guiding Heart Beat Boutique Carmel into the future.

"I love this town and I love this location," she declared. "There's so much history on this corner. This was once the hub of Carmel — and you can feel it. I'm so happy to be here."

Pop on in and let your shopping adventure begin ...

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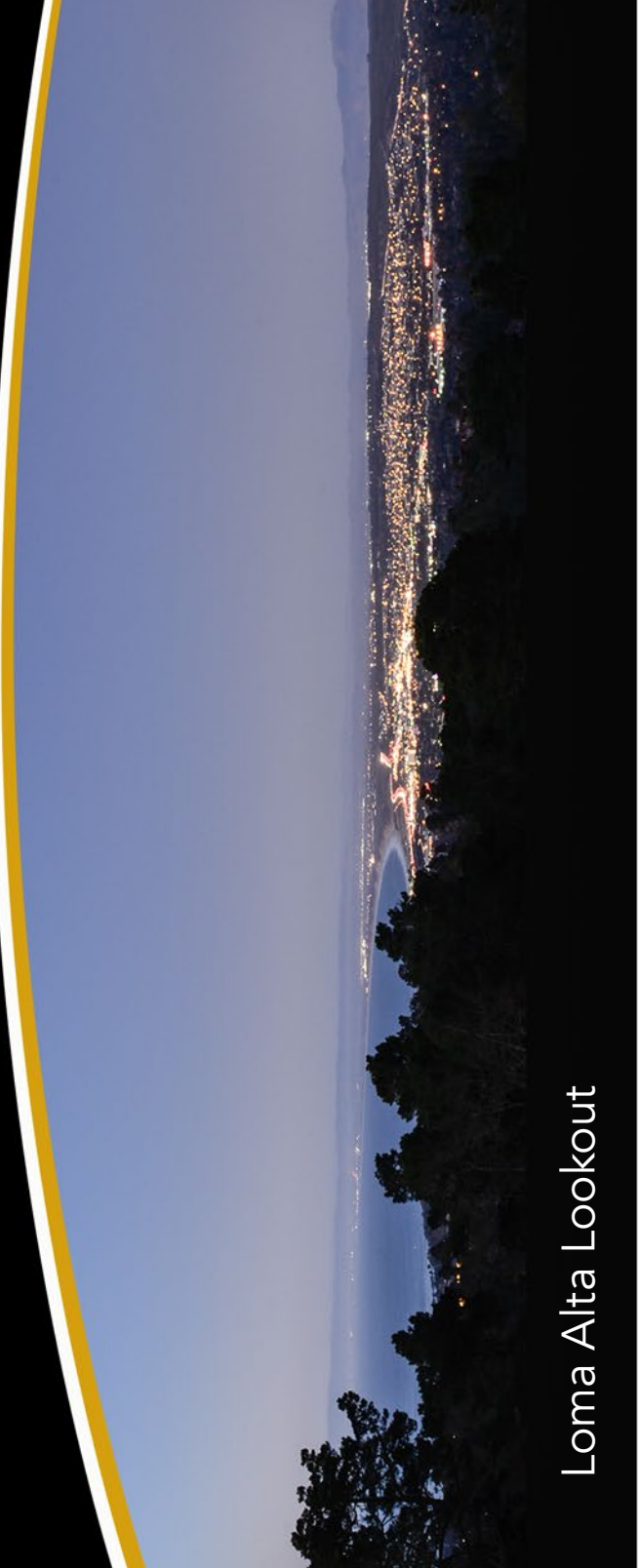
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The Moods of the Monterey Bay

From 520 Loma Alta - Carmel



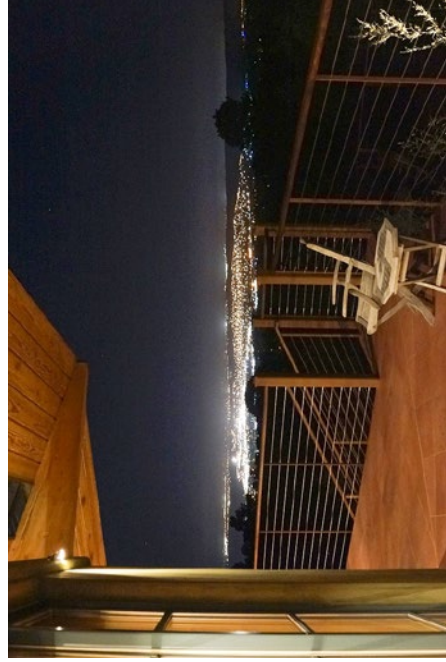
Loma Alta Lookout

The panoramic bay views surrounding 520 Loma Alta Road set the scene for elegant entertainment on a weekend or a peaceful, secluded retreat away from the hustle and bustle of the daily grind. Five minutes from downtown Carmel-by-the-Sea and Monterey Airport lies a fully fenced 5.5-acre California property showcasing green energy, rustic ambiance with modern amenities, a private well, three bedroom suites, neighborhood horseback/hiking trail, and superior craftsmanship.

The continuous flow of interior and exterior space lends a sense of progressive unity to the property as a whole. Follow the driveway of reclaimed brick, just beyond the well-manicured landscaping and wraparound stone patio, and

explore the lower level of this 4,800-square-foot home. The lower level offers two bedroom suites, a spacious built-in office, a laundry room, two closets, and two full bathrooms with Sonoma Forge bath fixtures, granite showers, and walnut and Afrosmosia vanities.

Ascend the spiral staircase, crafted in steel and walnut, to reach the upper level, where the main living, kitchen, bath, and dining areas converge beneath a vaulted octagonal ceiling, Album Italian lighting with RadioRa control, and a skylight. A 13.5-foot California walnut slab bar separates the kitchen from the living space, a stunning conversation piece for any evening soiree and framed by the extraordinarily beautiful *Blue Lousie* granite kitchen countertop.





The 2014 home also features Eagle double pane windows and doors, Idaho Quartzite flagstone, Italian tile flooring, whole house ventilation and water treatment systems, a Nest thermostatic control system, solar hot water, grid tied electric, steel frame construction, and lime plaster inside and out. Other noteworthy details of the property include three total bedroom suites with woven wood window coverings, five full baths, a gourmet kitchen with medical grade copper sink and Miele and Aga appliances, Rocky Mountain door hardware, AAC Block infill walls, two high efficiency washer/dryer sets, four gas fireplaces, and an exterior bridge leading from the main upper level to the master bedroom, which features a full attached bath, heated Ofuro soaking tub, and wraparound master deck.

Below the master bedroom is the finished garage which includes a full bath. The 1,728 square-foot detached barn has the potential to be converted into a 10+ car garage, if desired. With plenty of indoor and outdoor space to simply relax or entertain against a backdrop of bay views as far as the eye can see and distinctive design details, 520 Loma Alta Road is a unique property anyone would be proud to call home. Enjoy the peace and serenity of Big Sur with the convenience of Carmel and Pebble Beach.

For more information about this quintessential Carmel property, visit www.lomaaltalookout.com or contact Judie Profeta at (831) 601-3207 or jprofeta@apr.com.

