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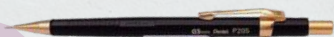
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Foreword

In the midst of tumult and transmutation, one may find it difficult to be absolutely certain of where to go or who to follow. Doubt prevails in precarious situations, but **it is vital to develop trust to feel a sense of closure despite everything.** What the future beholds is nothing short of a mystery; thus, having interdependence and solidarity with those around us are pivotal to having a more prudent outlook on life. Simply put, **have faith.**

This issue highlights the moments and events where we place our full faith in something that we know ensures our good prospects — our own certainty. Facing great distress, pressure, or doubt, we — as movers of society — can only become such if we realize the true value of assurance. **Read as you find the courage to trust in others, in good tidings, in life, and in yourself.**

*Trust and
Certainty*



Matthew Cabiles
EDITOR-IN-CHIEF
11-Efficiency

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TIPS AND WARNINGS

DO AN ORIENTATION FLIGHT

FLYING REQUIRES A HUGE AMOUNT OF INVESTMENT. Make sure that you are suited for it. Stopping at the middle of training will be a huge waste.

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News



News

Junior-Senior Promenade: Aurum

By: Nathan Dichupa & Alen Austria



After two years of restricted outdoor events, the Junior-Senior Promenade (JS Prom) was finally held at the New World Makati Hotel on March 10, 2023. Grades 11 and 12 Monarchs celebrated the night after completing their final examinations and concluding the second term successfully.

Monarchs attended with their utmost glamor and style following the event theme, "Aurum: a Glowing Dawn," which was inspired by The Great Gatsby. Highlights of the event include fine dining, live performances, and ceremonies signifying the purpose of the grand occasion.

Preparations and planning

Weeks before the event, faculty members and students thoroughly planned the organization of the event. Each segment of the prom was given a proper time, ensuring that no time would be wasted for anyone. Volunteer students either chose to be emcees, performers, or cotillion dancers. All of the participating students were given time and guidance throughout the preparations. Despite hectic schedules, unexpected changes, and limited time, the committees were able to deliver their best during the big day.





On the same note, attendees of the promenade also prepared and acquired outfits to assure that they would attend looking their best in style. Monarchs were chosen to practice performing the cotillion, which consisted of many monarchs from Grades 11–12. Philippe Castellvi, the prom prince of the night, stated, "I prepared for the prom's cotillion since I was part of it. The cotillion practices were for three weeks; so we had good preparation time for that."



'You only live once'

The high school promenade was hosted by Kim Geon, Yi Lynn Hwang, Minami Oikawa, and Matthew Cabiles, from IB 1, 11-Excellence, and 11-Efficiency, respectively. A grand entrance to the ballroom was held, featuring each section in its full, made-up Great Gatsby look. After the first batch of emcees opened the event, the fine dining came afterward.

Attendees were given a three-course meal, and as they enjoyed the meals, videos created by our very own Monarchs were presented. The videos created by the seniors showcased what to expect from the upcoming seniors for next year. On the other hand, videos created by the juniors showcased a tribute and a thank you message for the graduating batch.

After the fine dining, Ms. Jocelyn Tizon, the president of SISC was given the spot-

light for her welcoming remarks. "You only live once, and you need to live a life that's successful...Chase your dreams and work extra hard to achieve your goals," said Ms. Tizon

Eventually, the spotlight was passed onto the cotillion dancers; which was one of the most anticipated highlights of the event. The cotillion dancers stood out as they showcased a combination of traditional and modern dances. Following the segment was the talent showcase, where different student performers shone on center stage.

Tiffany Sawaki, one of the singers, emphasized that it was an amazing experience. "I really enjoyed performing on stage, and it felt good to perform again. It enables me to gain some confidence."

Kurt Perido, who also sang, recalled, "Expressing my talent in prom really made me nervous since there were so many people, but I still want to perform for fun. Prom was really fun, and I got to enjoy it with the people I know."

The Cup and Key Ceremony is an important tradition of SISC proms, where representatives of each Grade 12 strand pass on the key of responsibility to juniors. Myung Jun Yoo (STEM), Keithly Nicole Rubillos (HUMSS), Jiliane Rae Gaerlan (GAS), Francis Bartolome (ABM), and Chelcy S. Maneses (IB).





On the contrary, Grade 11 representatives awarded the seniors with the cup of success. Matthew Cabiles (HUMSS), Nathan Dichupa (STEM), Una Villano (GAS), Juliana Tan (ABM), and Cho Woo Sung (IB) signified the achievements of the batch of 2023.

The event also presented awards for those who stood out in their formal attire. Marcus Gabriel Javier, the most stylish man of the night, stated that he "felt very surprised to win an award during prom as there were many attendees who I thought really stood out in their outfits. I made sure that all my clothes fit me well and that I was prepared before the night."

After every segment of the prom was accomplished, it was finally time for the students to party and enjoy the rest of the night.

Monarchs cherished the moments

Overall, the event concluded with cherished memories and a successful flow of events. Jacques San Andres Raven of Grade 12 stated that "since it's going to be my last prom before graduating, it was really nice to attend prom. I wanted to at least celebrate and have fun with the people that I've been around for years and care for the most. It was great to have six years filled with fun and memories at this school."



Lovable Princess Tomaquin of Grade 12 also stated that "it was very significant, and I was ecstatic when they announced prom was pushed through. The prom committee did not disappoint for the big day."

For its participants, the 2023 JS Prom signified a celebration of the success of our very own senior monarchs and their overall legacy in school. As they were about to embark on their new journeys, they regarded the event as a commemoration and celebration of their hard work and achievements throughout the year.



NATHAN DICHUPA

Nathan is a grade 11 STEM student who continues to develop and improve his interest in writing. He has a great interest in cooking, volleyball, and guitar. He wants to create published pieces that can catch the reader's eye. Nathan hopes for another fruitful and cheerful year as a writer.



ALEN AUSTRIA

Alen is a high school student and a male. He is a 5'8", 64 kg student. His glasses grade is 200/200. He tries socializing with people and loves seeing them smile.



SISC students excel in SGEN Music and Monologues

By: Yoeiza Garcia

After two years of being online, the annual SGEN Performing Arts Competition was held onsite last March 23 at the Stonyhurst Southville International School - Malarayat Campus in Lipa City, Batangas. The interschool competition occurred with the theme and performances of "Music and Monologues."



SISC's rising popstar Aisleen Villamiel from 11-Efficiency bagged the first-ever podium award for the school with her runner-up award for the musical category for signing with the song "Roxie" from the musical Chicago.

Ryza Louise Boco from 10-Commitment, who accompanied Aisleen through her monologue, also made it to the podium as she won the second runner-up award.

Other representatives of SISC included Lovable Princess Tomaquin from 12-Diplomacy who performed her rendition of the song "Fight Song" by Rachel Platten for the pop category, bagging a participation award.

Her partner, Paula Garcia from 12-Service, earned the same award after providing an introductory oration prior to the song.

Music teacher Sir Matthew Yango and English teacher Ms. Mayi Seva trained SISC's delegation in the art of soliloquy and vocal performance respectively.

The competition consisted of two performances: interpreting monologues and solo singing. The goal of this event was to promote these 2 disciplines together to create meaning and tell a story. Thus, a monologue introducing a character or theme preluded a song that directly delved into it.

Two minutes were allotted for the monologue and must be connected to their song of choice. There are three winners for each contest per category.

The SGEN Performing Arts Competition is an annual singing, dance, and acting contest participated by SISC, Stonyhurst Southville International School Malarayat and Batangas Campuses, South Mansfield College, and Asian SEED Academy of Technology.



YOEIZA GARCIA

Yoeiza is an 11th grade student in HUMSS. She loves listening to music and collecting crystals. She enjoys sleeping a lot.

OWL returns to physical flight

By: Matthew Cabiles and Yoeiza Garcia

Following two years of online hosting, the SISC Student Council held its first Outdoor Workshop on Leadership (OWL) since the COVID-19 pandemic last March 27, 2023, for Luxembourg Campus student leaders to learn and apply essential skills in team handling.



With the theme “#LezGo2gether: Moving Forward as a School of Belongingness,” the afternoon seminar provided Class Council and Interest Club officers lessons on improving leadership character, project management skills, and task delegation while finding inclusion within the hybrid learning community.

Student Council officials and Ambassadors organized face-to-face lectures, speaker talks, and team-building activities inside the Luxembourg Hall that dealt with the aforementioned topics for the Grades 6-12 audience. VOLT participants tuned in to a live broadcast of the event via Zoom in attendance at the workshop.

“I was more than excited to hear the return of the outdoor workshop . . . [because it] allowed me to really meet with other leaders from other sections and batches and learn from each other,” said

Peer Mentoring Club President and 10-Commitment Vice President Seorin Park, who attended the seminar to improve leading skills.

Previously organized as the Online Workshop on Leadership during the full-VOLT academic years, these webinars focused on skills applicable to the online set and had themes on adaptability to change and growth. In comparison, the current OWL aimed to review Monarch leaders about people, task, and self-management to develop camaraderie between Class Councils and for them to apply to their respective student-led organizations.

In comparison, the current OWL aimed to review Monarch leaders about people, task, and self-management to develop camaraderie between Class Councils and for them to apply to their respective student-led organizations.

OWL is a leadership workshop intended to train, review, and prepare student officers for their roles in Class Councils and Interest Clubs. According to



the Student Council, the annual event — which has been ongoing for 21 years — is specialized for young leaders to develop essential skills and character to excel in guiding school and real-life communities.

'Be the position'

In her opening remarks, Grades 6-9 Deputy Principal Ms. Nessie Lumbres stressed the need for leaders to connect together within the school community. Relating to her past experiences in leadership, she iterated the cyclic mantra to Learn, Embrace, Act, and Deliver as an officer which formed the acronym LEAD.

“If your actions make other people learn more, [and make you] embrace reality, act selflessly, and deliver with integrity, that means . . . you have the qualities to lead,” the deputy principal underscored. She also highlighted the key virtues that involved open-mindedness in dealing with various team members.

Proceeding with these remarks was a Kahoot! icebreaker activity on leaders, from the political to the pop culture stage. Instead of logging in via devices, onsite participants answered by approaching four chairs labeled with the choices found in the game, and many rushed to either one at the moment of each question.

SISC alumna and former Student Council

president Sylvia “Zia” Huh took the podium and spoke to the student leaders as the seminar’s guest speaker. Her speech reflected the theme of the workshop as she spoke about feeling belonged in a community, and she spoke the “Three BEs” that every leader must have: be together, be responsible, and be yourself.



“Everyone, be yourself, but always be responsible with your jobs and tasks [that are] given to you, and through that, you guys can always be together,” the former president said. Despite remarking that her advice sounds cliché, Zia reminded Monarchs that they are purposefully so.

She emphasized to the young audience, “You guys don’t have to belong to the position . . . you have to be the position and not let the position define you.”

“[Zia] inspired me in a way as she told us her past experiences with being a leader and I realized that even if you grow up, you’ll take ‘bigger responsibilities’ that’ll help you learn more values,” English Club SHS Level Repr-





esentative and Peer Mentoring Club Vice President Ryza Boco remarked regarding the former president's keynote speech.

A team-building activity ensued, titled as a Garter Relay with a Twist. The student leaders were divided into four teams, with the first representative of each fitting a garter through their body reading a set prompt of actions to perform on stage, and the others imitating their actions based only on what they saw. As the teams saw little success, the Student Council Officers took this opportunity to teach about the importance of attentiveness and presence of mind when performing time-pressured tasks with a team.

The Student Council officers gave lectures on how to effectively perform proper project management, offering key terms in the science, essential principles managers need to know, and the life cycle of working on a project. Following this lesson was another session that intensively focused on the specifics of task delegation, particularly delegation strategies, the appropriate times for delegation, and the best steps to delegate.

Ryza felt both onsite and online participants learned plenty from the seminar's teachings and enjoyed them. She explained that "everything [the Student Council] discussed helped me strengthen [my] existing leadership skills."

The workshop proceeded to a competitive culminating activity: Straw Tower Building. Though not a contest of speed or height, the two groups oversaw and actively participated in creating the most stable tower together using all the skills they learned prior. Quick thinking and hilarity ensued as both teams strived to competitively outdo the other, and members of each positively encouraged their teammates to perform their best for victory.

"I really had to communicate with the other leaders and achieve this one goal together," Seorin said about the activity which involved similarly-minded student leaders joined as one team.

VOLT participants individually created a Gantt chart that aligned their learnings and mastered their skills in planning and delegating digitally. Their culminating activity was collated and evaluated by the Student Council officers.

Student Council President Myung Jun Yoo wrapped up the seminar with a summary of all the topics and values discussed. The Student Council awarded certificates of participation and recognition to all participants, and a photo opportunity sealed off the afternoon seminar.



MATTHEW CABILES

Matthew Cabiles is a resident Southville student whose passion to provide topical insight for the ever-curious reader continues to drive his writing journey. The seventh-time Mover staffer with a penchant for history loves to document it in the making.



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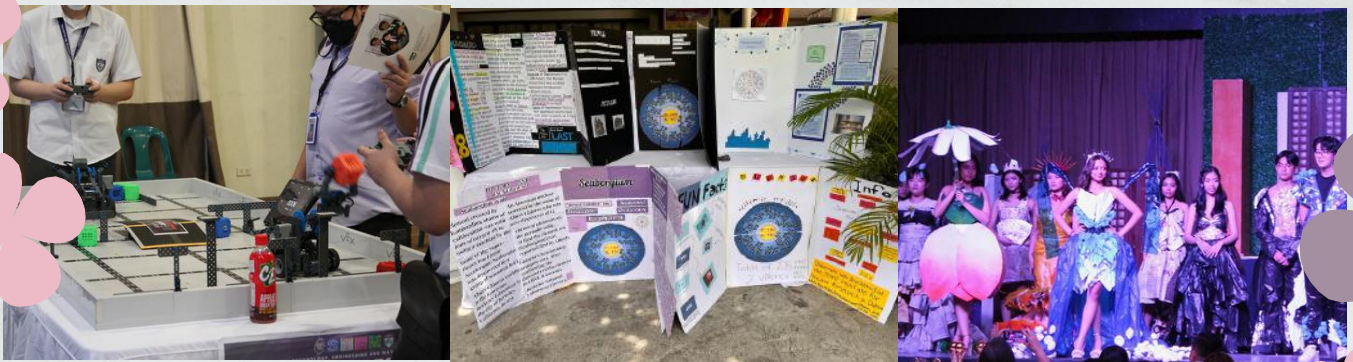
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SISC holds week-long STEM celebration

By: Micahaela Torio and Minseo Kim

From March 27 to March 31, 2023, Monarchs celebrated the Science, Technology, Engineering, and Mathematics (STEM) Week with various activities and competitions aligned with the theme “Scientific Skills, AI Competencies, and Mathematics Proficiency Toward an Enduring and Rigorous Mindset.”



Throughout the week, each grade level prepared various themed booths scattered around the Luxembourg Campus for the STEM Week Fair. Grade 7 created an Infoboard of Elements, Grade 8 had an Anatomy Board, Grade 9 presented Food Chematics, Grade 10 held a Hologram and Math Exploration, Grade 11 organized a Math Carnival, and Grade 12 had a Math Exploration.

All students were encouraged to roam around these interactive learning booths during their break time to participate in the activities and gimmicks prepared. Additionally, the Anime Club, Youth Enthusiast for Science Club, Red Cross Youth - SISC, Mathematics Society, and Coders Club also participated in creating their own booths and activities for students to participate in.

Aside from themed booths, there were also various organized competitions overseen by the Science, Mathematics, and AI-ICT and Robotics Departments that were open for both on-site and VOLT students. On March 28, a poster-making competition was held virtually and in one of SISC's science laboratories. Participants of the competition must choose between a digital or an on-the-spot poster that reflects the theme “Celebration of Life through Science and Technology.”

The elimination round to the Monarchs Mobile Matchup - Mobile Legends Competition was held in the Luxembourg Hall from March 28-29. There were several teams composed of up to 6 members from different grade levels. Those who successfully conquered the elimination round advanced to the finals held the day after.

Students also took on the field of robotics with the VEX IQ Sumobot and Racebot competitions managed by the AI-ICT and Robotics Department, which were held concurrently as the aforementioned, the skills of visual storytelling with the Photography Contest, and the excellen-



ce of declamation with the Spoken Word Poetry Competition.

Awards and accolades

On March 31, at Luxembourg Hall, students gathered for the Culminating Activity that was organized and hosted by the teachers of the Science, Math, and AI-ICT Departments.

The first set of award winners was announced with the Photography Contest, with Moira Mikhail Pabello from Grade 11-Synergy winning the championship.

For the Digital Poster Making Contest, Gabriel Obedoza Jr. from Grade 12-Grit was declared champion.

Bagging the championship for the On-The-Spot Poster Making Contest was Cho Yun Chae from 12-Rigor.

For the VEX IQ Sumobot Robotics Competition, the tandem of Taehyong Kim and Yeri Kim won the championship.

Next, the winners of the Mobile Legends Tournament were announced: the team of Dong Hee Lee, Marcus Gabriel Javier, Jude Anthony Pustrado, Julio Elizander Ziutos, and Jorenz Buendia won the championship.

The awarding of winners for the Grade 10 Hologram Project Making then commenced. Aia Maureen Malaki from 10-Conviction was proclaimed the VOLT champion, while Oishin Bernido from 10-Prudence won for HyVOLT.

The event proceeded to the Couture Gala Showcase with female and male representatives per section wearing costumes primarily made out of recyclable material — such as trash bags, and newspapers — to promote sustainability.

For the Grade 10 Math Exploration that focused on creating holograms, the championship was bagged by the group of Carlyn Pajarillo, Alexi Mariela Esteban, Onyu Kim, Yehyun Lee, Carl Alexander To, Carlos Miguel De Guzman, Brielle Victoria Rodriguez, Jose Antonio Masilungan, Pretty Xand-



ie Jhil Miña, and Keezia Heart Rojo from 10-Commitment.

There were different award categories for the Grade 11 level which created a Math Carnival. 11-Efficiency won the People's Choice Award, while 11-Competence won the Gameplay Award. 11-Excellence was recognized as the champion.

The event proceeded to award the team of Bianca Isabella Raymundo, Isabella Nadine Yuzon, Micahaela Juliana Torio, Perrie Sealtiel Zorrilla, Sofia Mikaela Francisco, A-



manda Celina Mercado, Gabrielle Heaven Balicao, Adrienne Joyce Jalilul, and Kareena Zain from 12-Tenacity. for the Grade 12 Math Exploration

Next, Gabriel Obedoza Jr. from 12-Grit was awarded champion for the Spoken Word Competition and later performed his winning piece.

The awarding of winners continued with awarding the participants of the Tug-O-Wits for both HyVOLT and VOLT representatives. Ariana Sanchez of 10-Leadership, Hyeon Jeong Oh of 11-Excellence, and Matthew II Mellejor of 11-Synergy from VOLT, while Aryan Vyas of 10-Responsibility, Inseo Kim of 11-Excellence, and Khen Monica Arciaga of 12-Diplomacy from HyVOLT all won gold medals.

The awarding of winners continued with awarding the participants of the Tug-O-Wits for both HyVOLT and VOLT representatives. Ariana Sanchez of 10-Leadership, Hyeon Jeong Oh of 11-Excellence, and Matthew II Mellejor of 11-Synergy from VOLT, while Aryan Vyas of 10-Responsibility, Inseo Kim of 11-Excellence, and Khen Monica Arciaga of 12-Diplomacy from HyVOLT all won gold medals.

Finally, the program reached the awarding of the Couture Gaea. Starting with Grade 11, Alen Austria from 11-Competence and Hannah Rose Angelique Bermido from 11-Excellence won the People's Choice Award. Philippe Raferty S. Castellvi from 11-Synergy and Yoeiza Garcia from 11-Efficiency won the Most Photogenic Award, and Alen Austria from 11-Competence and Hannah Rose Angelique Bermido from 11-Excellence won the Pasarela Walk Award.

Continuing with Grade 12, Jacques Raven San Andres from 12-Tenacity and Bianca ...

Marie Dela Cruz from 12-Grit were awarded the People's Choice Award. Sun Woo Lim from 12-Grit and Angelique Joy Delgado from 12-Initiative won the Most Photogenic Award. Jacques Raven San Andres from 12-Tenacity and Angelique Joy Delgado from 12-Initiative won the Pasarela Walk Award.

Winning the overall championsh, Alen Austria from 11-Competence and Hannah Rose Angelique Bermido from 11-Excellence were crowned Mr. and Ms. Eco-Ture 2023 of Grade 11, while Jacques Raven San Andres from 12-Tenacity and Bianca Marie Dela Cruz from 12-Grit were crowned Mr. and Ms. Eco-Ture 2023 of Grade 12.

To officially close the Culminating Activity and STEM Week 2023, the honorable sponsors of the STEM Week were recognized and appreciated before formally closing with the singing of the Southville Hymn.



MICHAELA TORIO

Micah is on her last year of high school so, she had made it her mission to make it her best year yet! While juggling academic responsibilities, she ensures a work-life balance. She loves changing up her looks with new hair colors and walking as an excuse to be in awe of the heavens. Because of this, she's a lover of the sky, an advocate for a walkable environmentn and loves Hello Kitty.



MINSEO KIM

Minseo is a senior trying to withstand the adversities of her last high school year. Regardless, she is (sort of) excited to make the most of her high school life. Even when she has a lot on her plate, she is committed to the responsibilities she has been given. She loves Minnie Mouse and mingling with her friends.



Student Council unveils highly-anticipated letterman jacket

By: Yeeun Lee and Lexine Laraño



On April 24, 2023, the SISC Student Council delighted students as they launched their reservation booth outside the Luxembourg Hall for the upcoming release of the much-anticipated student-designed letterman jacket.

From April 24 to April 26, excited students visited the booth located in front of Lux Hall to secure their reservations ahead of the official release through the SISC Student Council's booth. In order to secure a reservation, students were required to make a down payment of Php 875, allowing them to guarantee their purchase.

In order to secure a reservation, students were required to make a down payment of Php 875, allowing them to guarantee their purchase.

With purple as its primary color, the Letterman Jacket has a "varsity" feel to it, as described by the Student Council. The sleeves are white with Southville written on the left sleeve and the Southville logo on the right. A large "Monarch" is also imprinted on the back along with the foundation year and the school's complete name in smaller text.

"I would say it's a pretty hefty process but in the end, the product seems to be satisfactory," said Student Council Secretary Sihyun Park.

As the reservation booth closed its doors on April 26, the SISC Student Council expressed their gratitude to the students for their remarkable response, further fueling the Council's motivation to continue providing engaging initiatives and activities.

With the reservations locked in, the jackets were distributed throughout the second week of June, promising a wave of school pride and camaraderie among the students of SISC for the succeeding academic years, and a memento of remembrance for graduating students.



YEEUN LEE

Annie is a high school student who works to voice out her opinions through writing. She has dreams to make a change for the better through her writings in the future.



LEXINE LARAÑO

Lex is an ordinary high school student who is always often in her own world. She loves to create stories that when her love for writing story. She aspires to be a future journalist.

Catalysts for Transformational Change: The Asian Federation of Student Leaders 2023 Convention

By: Marielle Arevalo and Sofia Ramos

The Southville campus was bustling with hundreds of young student leaders as it played host to the Asian Federation of Student Leaders Convention. Abbreviated as AFSL, the almost 12-hour-long convention was held in Luxembourg Hall last May 4th.



The 2023 AFSL Convention focused on the theme, “Global Student Leaders: A Catalyst for Transformational Change” and featured leadership sessions and Q&As from notable leaders as well as workshops with competitions for student delegates.

SISC welcomed on-site and virtual students hailing from nine other participating schools, namely De La Salle Lipa (DLSL), National University (NU), Kidapawan Doctors College, University of Perpetual Help System DALTA - Molino, Universidad de Zamboanga, Saint Pedro Poveda College, St. Paul University - Quezon, Lyceum of the Philippines University (LPU), Technological University of the Philippines, Asian SEED Academy of Technology (ASAT), Southville International School Affiliated with Foreign Universities (S-

ISFU), South Mansfield College (SMC), and Stonyhurst Southville International School - Batangas & Malarayat (SSIS-B & SSIS-M).



The convention started with an opening ceremony and welcome message from its President, Mr. Anthony Paul Calado. He stated that the Asian Federation of Students is a venue for students to improve their leadership potential, interpersonal and teamwork skills, social responsibility, and level of awareness. The convention aims to



help each student use their unique perspectives and skills to drive transformational change in our communities and beyond.

Hon. Michael Alexander Ang, Honorary Consulate of the Hashemite Kingdom of Jordan, took the podium as the first keynote speaker of the morning. Hon. Ang's speech covers a wide range of themes concerning his consular country. His main point being that despite it being a tiny country with limited resources, Jordan remains one of the largest posts for refugees in the world. Hon. Ang relates this to our ideals as student leaders by illustrating that, no matter how small we appear compared to the rest of the world, we have "the ability to affect transformational change."



Plenary speaker Anne Drea Camus, Logistics Officer of Streets to School and current student leader at De Montfort University, followed suit. As a teenager, Anne Dre'a initiated small-scale projects focusing on the United Nations Sustainable Development Goals, garnering her multiple youth leadership honors. This quickly led to her volunteering at Ladders to Literacy, a non-profit organization that teaches public school pupils how to read and write and has since developed into a student-led non-governmental organization. Ms. Camus concluded her speech by reminding her audience

that "the only limit is the one you set for yourself."



Ms. Alaiza Joice Guinihin, SSIS-B's English Subject Area Head, concluded the event's talking segment. Ms. Alaiza described how we could "turn our simple ideas into great ones" once we were divided into our workshops later in the afternoon. She discussed the art of public speaking, how to create micro-vlogs, and how to create posters, as well as the critical components that go into making each of these tools an effective advocacy tool.



Following the renowned leaders' speeches, student delegates took part in workshop-contests that covered impromptu speaking, micro-vlogging, and poster-making. These activities continued until late in the afternoon.



At the conclusion of the conference, select representatives from the participating schools, recognized for their potential as student leaders, took their oaths to become the next AFSL Officers for AY 2023-2024.



AFSL 2023 provided student leaders with many benefits and opportunities through leadership sessions led by accomplished leaders and workshop activities that foster leadership, collaboration, public speaking, critical thinking, problem-solving, and creative thinking abilities. The convention served as a catalyst for positive change, equipping students to take on transformative leadership roles and make a change in their communities and beyond.



MARIELLE AREVALO

Marielle lives to make things aesthetically pleasing, hoping to inspire through visual and written works. Pinterest, Canva, Lightroom, and Nichi are her best friends. She loves traveling, reading, taking photos, and playing badminton and volleyball.



SOFIA RAMOS

Sofia is an eleventh-grade STEM student who spends most of her free time with a book in her lap and music in her ears. Driven by her passion for travel and culture, she hopes to explore the entirety of what the world has to offer.

NEWS HIGHLIGHTS



Grade 12 ABM successfully commences 2023 CEO Forum

By: Micahaela Torio and Minseo Kim



On May 4, 2023, the 2023 Chief Executive Officer (CEO) Forum was held on Tropical Campus led by the Grade 12 ABM students with the theme "Investing in the New Normal: Strategies for a Post-Pandemic Economy."

Loise Reyes and Francis Bartolome, the masters of ceremony, greeted grades 11 and 12 students from the ABM, GAS, and HUMSS strands before officially commencing the program with the Southville Invocation and the Philippine National Anthem. Afterward, the emcees first welcomed Mr. Joratio "Tats" Nuyda, the ABM Strand Coordinator, as he gave the opening remarks before presenting the official AVP of this year's CEO Forum. Shortly afterward, Sir Tats was invited back to the stage to introduce the speaker of the program, Mrs. Claire Romey, General Manager at NovoCrew Inc.

The premise of Mrs. Claire Romey's talk was to educate the audience about financial recuperation in a post-pandemic economy. Amidst the global economic recessions, countries witnessed a significant reduction in the overall circulation of money, posing a grave threat to personal finances worldwide. Because of this, the talk was structured into three distinctive parts to ensure that

the entirety of the situation was covered. It commenced with a comprehensive overview of the economies grappling with the far-reaching consequences of the pandemic. This was followed by a compelling discussion on the significance of prioritizing finances, particularly in light of unforeseen economic events.

The presentation culminated in a practical guide, providing invaluable insights on initiating financial planning from an early stage, even during one's student years. Mrs. Romey emphasized the aftermath of the pandemic, wherein the economy had a hard time getting back to how it used to be. There was less money being spent, fewer jobs available, and not as much investment happening around the world. It's really important for everyone, no matter their age or job, to set financial goals and make sure their actions match those goals.





Through the talk, Mrs. Romey suggested practical tips that the audience could start making a habit of. Firstly, one should learn to save and start to invest as early as they can to create a foundation for their finances and good money management. She highlighted the idea that early investments have the advantage of time, enabling money to grow steadily over the years. This provides the opportunity for a higher return on investment in the future. One must take note that one should fully commit to their financial goals to ensure success in their financial decisions.

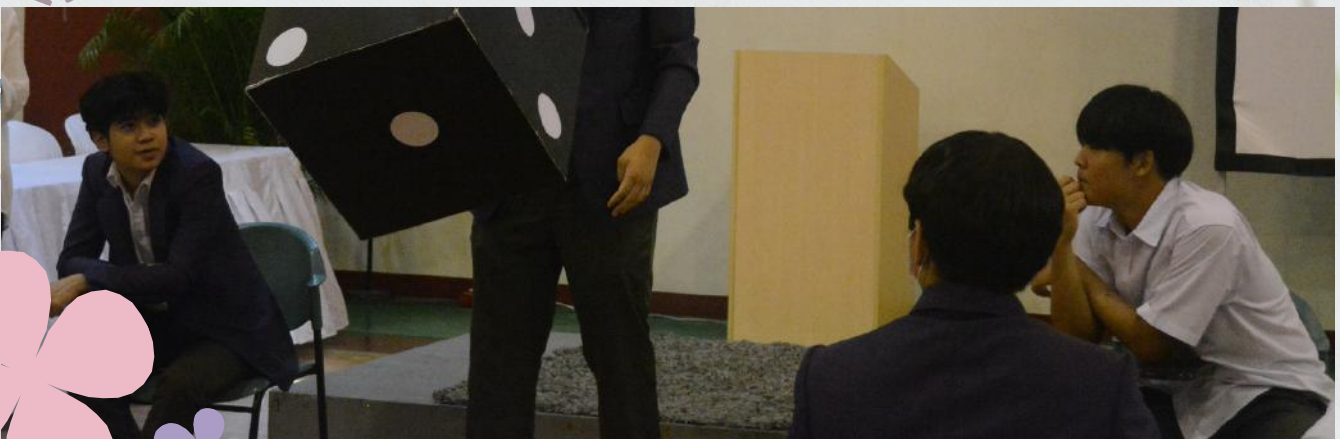


Secondly, one should be proactive in becoming financially literate, as this will be their weapon against unforeseen future economic downturns. It is also important to create financial goals on the basis of the SMART standard, wherein they are SPECIFIC, MEASURABLE, ACHIEVABLE, RELEVANT, and TIME-BOUND. She also stressed the importance of budgeting and getting into the habit of tracking one's expenses to illustrate money activity.

After the insightful talk of Mrs. Romey, the question and answer portion was for students to ask specific points to the guest speaker. Students' questions were entertained by Mrs. Romey for both the onsite and online participants.

Ms. January Gutierrez, the SHS Deputy Principal, awarded the certificate of appreciation to the guest speaker, followed by a 10-minute break to rejuvenate the students for the upcoming workshop.

There were separate workshops prepared for the HYVOLT and VOLT students. HyVOLT attendees participated in the Human Monopoly Game by selecting one representative from each section to play as the avatar in the game. All questions were anchored toward finances and investments.



The online students first had a check-in activity to recognize how they were feeling before introducing the activity, Gartic Phone. Before revealing the original prompt of “Student putting money away in their piggy bank”, the ABM seniors showcased the creative ways the participants envisioned the prompt. Though the pictures were unique, the piggy bank and some coins were key illustrations in all three drawings.

To officially conclude the program, Ms. January Gutierrez delivered the closing remarks, followed by a photo opportunity to capture the success of the 2023 CEO Forum. Lastly, a QR code was flashed on the screen for participants to voice their feedback and suggestions, followed by the singing of the Southville Hymn.

Students showcase musical talents in interschool Battle of the Bands

By: Lexine Laraño

On May 6, 2023, student bands from different schools gathered for the Southville Ultimate Summer Fest 2023 to showcase their musical talents through the interschool Battle of the Bands that was held in the Luxembourg Hall.



The bands came from not only Southville but also from many different schools. They were given 3 songs to perform for their performance. This event was hosted by Coach Rory Mansbridge and Sir Peter Agada with judges featuring Ms. Kei Gabutero, Mr. Julius Jonson, Atty. Ella Gonzales, Ms. Jam Gay and Mr. Paul Rivera.

Each band was judged based on performance, originality and crowd hype. After a few opening remarks from the host, the battle of the bands had officially begun.

The first band to perform was The Royals who

performed Life is a Highway, Huling Sayaw, and Ain't It Fun; followed by Daydream who performed Pare Ko, Hanggang Kailan, and Magbalik.

The third band, DHLIA, hyped up the crowd with their performance of the songs It's Not Living (If It's Not With You), Sinta and Fallen.

The fourth band, Indubitably, also performed to loud ovations with the songs Magbalik, Creep and Mundo, followed by Lazy7 performing Oo, My Heart and That's What You Get.

Afterward, the next band, MITIS, took to the s-



tage with the songs Livin On A Prayer, Dream On, and Don't Stop Believin'.

Following them, Mendicola gave an outstanding performance with their original song Dulong Wakas, followed by Tadhana, and Hallelujah.

The sixth band, Pacific Coast, enticed the audience with their performance of the hits Until I Found You, Dandelions, and Not The Only One.

Keeping up the crowd's hype, the next band Celestial also gave a crowd-cheering performance with OPM tracks Ligaya, Same Ground, and Sa Ngalan ng Pagibig.

31st Society proceeded them and they gave their renditions of Still In-

3to You, Pasilyo, and Say It Ain't So.

Lastly, 25 Abbey brought an end to the Battle Of The Bands with the songs Suntok sa Buwan, Decode, and It's My Life.

Shortly after, the winners of the musical competition were announced: 25 Abbey had placed third, Medicola placed second, and Celestial bagged the championship of the interschool Battle of The Bands.

Jannah Mendoza, the lead singer of DHLIA, remarked after performing. "The adrenaline hasn't left my body at all . . . I am just really happy now that we were able to perform here."

"I am feeling amazing...amazing"! exclaimed Jilliana Valeroso, a guitarist of Indubitably, as she expressed her feelings about her band's output.

This event showed the many musical talents of different schools and the performers, and the audience enjoyed the event to their heart's content. Overall, Monarchs found this event an event to remember as it left an impact on all performers and spectators alike.



STEM Legacy Project offers skills-based learning opportunities

By: Min Young Kim

When faced with adversity, irony often presents itself as a solution. Paradoxically, even the most daunting courses can illuminate a path to enlightenment.

One such universal experience is found within the realm of Science, Technology, Engineering, and Mathematics (STEM). In order to introduce this rigorous yet undeniably crucial field of study to the future leaders of our society, the senior



high school body organized the esteemed Legacy Project, demonstrating their unwavering dedication and enthusiasm.

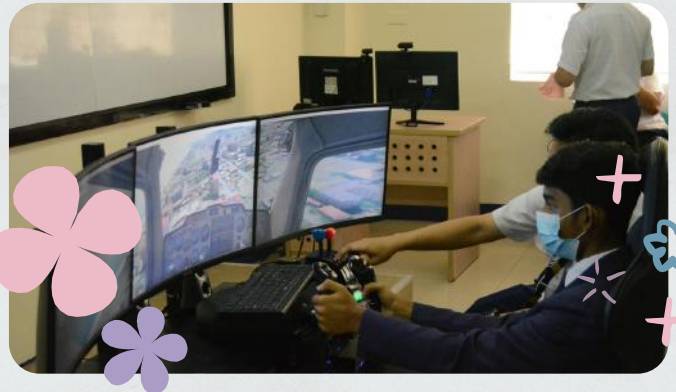
On May 24, 2023, Grade 12 students from the STEM strand orchestrated a large-scale Legacy Project involving seminars, game booths, and skilled workshops tailored specifically for training incoming senior high students in the sciences.

Ms. Glidel Sulabo, the main coordinator of the Legacy Project, emphasized the substantial benefits that these initiatives offer to future seniors. She stated, "The STEM Legacy Project aims to provide Grade 12 students with opportunities to apply their acquired knowledge in real-life scenarios through engaging STEM talks, workshops, and exhibits.

"These experiences enable Grade 10 students to gain a comprehensive understanding of the intricacies of STEM, manage their expectations, and cultivate the essential skills required for advanced studies," the STEM Teacher added.

Furthermore, Ms. Glidel expressed her aspirations for the Legacy Project. She hopes that it will allow students to explore potential future careers in STEM, facilitate experiential learning as a precursor to the active learning environment prevalent in STEM fields, and showcase exemplary works and practices that hold value both inside and outside the classroom.

Above all, she believes it is paramount to ens-



ure that students grasp STEM concepts in the most engaging and enjoyable manner possible, as this will serve as the bedrock for their college courses.

The grade 12 students dedicated themselves to planning the Legacy Project as early as October 2022. 12-Initiative class president Miguel Santos reflected, "For a span of seven months, we meticulously devised every aspect of the project from scratch, ensuring seamless execution and effectively conveying the intended message to the lower grade levels."

He underscored the primary objective, which was to showcase the marvels of STEM and introduce students to the myriad of enjoyable pursuits available within the discipline.

12-Grit class president Minseo Kim stated, "Our goals revolved around applying our acquired knowledge in real-world contexts through the creation of relevant programs and successfully collaborating as a team to achieve significant milestones."

Amongst all of the stimulating STEM booths, President Santos believed that the Arduino b-



ooth made the most significant impact on the students. He remarked, "In my opinion, the Arduino booth left a profound impression on the students, not only by teaching them how to utilize Arduino in their daily lives but also by instilling in them the importance of creativity when working with limited resources."

"Additionally, it serves as an exceptional platform for students interested in honing their programming skills and understanding the significance of prototyping," President Santos added.

President Kim expressed her unwavering satisfaction with every STEM booth, highlighting the remarkable success of the dentistry workshop in particular. She explained, "The setup for the dentistry workshop meticulously replicated an authentic dental clinic, complete with the latest model of orthodontic dental chairs.

She remarked that the dentistry booth caught the interest of many students due to the authenticity of the people of the exhibit managers, who were actual dentists. President Kim added, "I firmly believe that this experience brought curious young minds one step closer to developing an interest in and knowledge of dentistry and medicine."

As one matures and assumes the responsibility of decision-making, an important lesson emerges. Upon entering senior high school, many students may find themselves overwhelmed. Ms. Glidel emphasized the importance of active learning as a means to navigate this phase successfully.

She imparted, "You will learn from the best people in the strand so you have to take all the opportunities given to improve your skills. Having fun while learning will make your academics easier."

MIN YOUNG KIM

Charis is a grade 10 student who loves to meet new people and learn more about them. She aims to raise the voices of people in need of help by writing and drawing. She also loves to write and draw about the events that happened in school and outside of school. These are just a few of her hobbies and interests, so she would like to explore and extend more of her creativity here in The Mover.



SEC donation drive delivers literature to PoUCh

By: Matthew Cabiles

From April 24 to May 19, the SISC English Club (SEC) organized its campus-wide Book Donation Drive aimed at expanding the school library and reading literacy of Poor Urban Children (PoUCh) program beneficiaries. SEC turned over its donations on June 16.

Under the theme of "Drop, Watch, Donate: Bringing the English language Closer to the Youth through book-giving and storytelling," the charity





drive encouraged Monarchs to donate any pre-loved, new, or unused books to increase the library inventory of Captain Albert Aguilar National High School (CAANHS) - Annex.

Students also contributed monetary donations in fee-required film screenings and mufti days to be used in the purchasing of books for the said high school. Originally planned as a set of special activities for the week of English Language Day, SEC expanded its reach into a month-long fundraiser to maximize collections from the student body.



“SEC believes that the book donations [promote] a boost in one’s love for reading and acquisition of knowledge that enable them to become contributing individuals of a society,” remarked Club President Jezzine Ocampo. The club intended to further its key value of reading by having donated literature of various genres to foster more educated and creative students.

SEC set up six donation drop boxes located throughout the Luxembourg Campus where Monarchs can voluntarily and freely give away their books to the public high school students based on their own ability to donate.

The club also held Special Movie Nights weeks that Monarchs either paid to watch by donating a book or through a fee of ₱50. SEC screened animated comedy-fantasy “Tangled,” sci-fi horror “A Quiet Place,” superhero action “Doctor Strange in the Multi-verse of Madness,” and zombie thriller “Train to Busan” as entertaining after-class respites.



Students were encouraged to wear the costumes or colors of their favorite book characters, Hogwarts House colors, and summer colors. Each mufti day had a minimum fee of ₱50 which is also used for the purchasing of books.

“We all reached a general consensus that hosting movie nights and mufti days would garner the most participation and support from the student body based on earlier observations,” explained President Ocampo regarding the inclusion of the aforementioned activities.

A total of eight full boxes of donated books and ₱29,661 for book purchases were accumulated throughout the collection period.

‘Unique to our organization’

A longstanding institution within the SISC community, PoUCh has helped the welfare of select marginalized beneficiaries, and maximized the academic potential of public school students through campus-led charity drives. The SEC officers, most of whom were graduating seniors, saw the potential to help the school in assisting the community by expanding the scope of their educational club into outreach.

The SEC Book Donation Drive was conceived as a legacy project by the club seniors, with the





intention of bringing the organization into the world of volunteer work — beyond the education of English language facts — while staying aligned with one of its key values: reading. President Ocampo relayed, “SEC thought of a way in which we could hold onto these same principles and objectives [of PoUCh] with an added twist unique to our organization’s vision and mission.”

Organizing a charitable initiative to empower school-age youths has been a long time coming for the club since its reintroduction in 2021, only awaiting the return of onsite classes. More than teaching the English language, SEC hoped to use it as a means of bringing light to social issues and empowering learning individuals. The club president continued, “Ever since establishing [SEC], the officers and I have always envisioned our club going outside the school to reach out to neighboring communities that are in need of our help.”



According to President Ocampo, books were the main subject of the donation drive due to the advent of mass technological usage during the COVID-19 pandemic. She mentioned that despite physical books being scientifically more effective for brain training and knowledge absorption, the easy access to information via technology and the everyday presence of social media has greatly distanced youths from printed literature, a potent source of knowledge.

Announced via morning assemblies and the club's official social media platforms, SEC members worked throughout the month to tal-

ly the donations and host the drive's activities. Donated books throughout the donation period ranged from educational textbooks to narrative novels. This mix of genres was maximized to ensure student-beneficiaries can enhance their knowledge, analysis, and contextualization skills throughout their class discussions.

‘Fall in love with learning’

SEC held the Book Donation Drive Turnover Ceremony on June 16 at CAANHS - Annex, and it was hosted by club volunteers for the eighth-grade beneficiaries of the initiative. The event hosted activities for bonding to happen between the representatives of SISC and beneficiaries CAANHS - Annex, including Jeopardy and Guess the Actor/Actress, before the actual turnover of donations.

Lively and friendly interactions between both schools ensued, and many SEC volunteers bonded with their beneficiary counterparts. President Ocampo remembered, “We’re so glad this took place because we not only contributed to the enriching these students’ education, but also gave them an opportunity to fall in love with learning even more.”

Following the remarks of International Basic Ed and IB Principal Dr. Marie Vic Suarez and President Ocampo, the newly-acquired books were given to the public school under the supervision of CAANHS - Annex Principal Dr. Alejandro G. Esperanza.

Beyond CAANHS - Annex, the SEC heads look to further expand the charity drive to other public high schools. While they pass on their positions and responsibilities to their juniors, the club seniors hope that SEC will continue doing outreach with discussions on more volunteer initiatives and fundraising opportunities in the future.



Features



Features

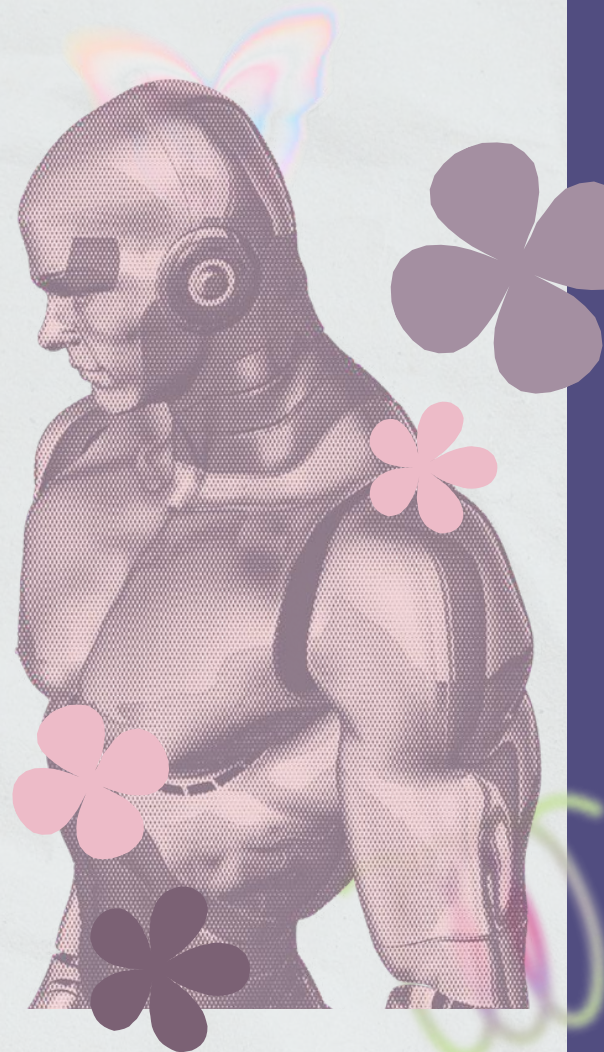
Should students be worried about AI and its effects on jobs?

By: Juliana Tan

The rapid emergence of Artificial Intelligence (AI) presents us with a double-edged sword. While it may be revolutionizing various industries and transforming the way we live and work, concerns about its impact on employment have become more prominent as well. This not only concerns workers, but also students who are preparing for their future careers. Should students be worried about AI and its effects on jobs? This article aims to show its potential challenges and opportunities.

One of the primary concerns surrounding AI is the potential for automation to replace human labor in various industries. Automation has the capability to perform routine and repetitive tasks with greater efficiency and accuracy, access and present information within a matter of seconds, and analyze situations to see potential issues or solutions there may be, which leads to concerns about job displacement. There are many jobs that will be affected, but AI also creates new opportunities and roles that require human skills and creativity.

Artificial intelligence can perform certain tasks more efficiently than humans, but it cannot entirely replace them. AI is incapable of replicating essential human qualities such as empathy, creativity, critical thinking, and complex problem-solving. Students should focus on developing these uniquely human skills that are highly valued in the workforce. By cultivating emotional intelligence, adaptability, and a willingness to learn, students can enhance their employability in an AI-driven world.





As AI continues to advance, it also creates entirely new job opportunities and industries that did not exist before. There are new opportunities that are arising and presenting us with a new demand for a skill set that is entirely different from what we are used to. These fields require those who have the experience and knowledge with AI such as researchers, analysts and data scientists. Students who acquire AI-related skills and knowledge, alongside their emotional intelligence and willingness to learn, will be able to easily adapt and adjust to these new job markets.



AI has the potential to enhance human productivity rather than replace it entirely. Students must adopt a growth mindset and embrace continuous learning and education to stay relevant and adaptable. A few ways to do so would be to engage in courses, workshops, and other online platforms that offer AI-related training that can help individuals stay updated with technological advancements and acquire new skills to remain competitive in the job market.

While AI's impact on the job market is a topic of concern, students should approach the future with a balanced perspective. Certain job roles may be affected by automation, but new opportunities and industries will emerge as well. Instead of worrying, students should focus on preparing themselves to adapt and leverage the transformative potential of AI to shape their careers positively. It is essential to work in harmony with AI and properly harness its capabilities rather than fearing and fighting against it.



JULIANA TAN

Juliana is a student entrepreneur with a passion for entertaining and sharing her knowledge. She is a hardworking and outgoing young woman dedicated to making the most out of life. She strives to leave a legacy, not one where everyone will remember her name, but one where she's impacted and helped the lives and futures of many. Juliana loves trying new things. She loves volleyball, singing, shooting, robotics, and many more.

The Power of First Impressions

By: Alen Austria

There is truth to the saying "You never get a second chance to make a first impression." Whether we are aware of it or not, the impressions we make on people during our first interactions are not easily forgotten. It has the power to determine perceptions, decisions, connections, and possibilities, from professional settings to social events. In this article, I will examine the importance of first impressions along with how they affect both interpersonal and professional encounters. Let's begin!



The Science Behind First Impressions

After meeting someone new, first impressions are created in a matter of seconds. According to research, it only takes our brains 100 milliseconds to make a first assessment of another person based on their facial expressions, body language, and general demeanor. These fast assessments have their roots in evolutionary psychology because it was necessary for our ancestors to make snap decisions about prospective allies and hazards in strange situations.



The Effects of First Impressions Over Time

First impressions often stick around and influence subsequent interactions. A cognitive tendency known as confirmation bias causes us to frequently look for evidence that supports our initial opinions of other people. If we allow our initial impressions to color our view, this bias may lead to the loss of chances for deeper interactions.



First Impressions in a Workplace Setting...

In a professional setting, first impressions are an important piece of the puzzle. Opportunities to make an impact include networking events, business meetings, and job interviews. First impressions are a pivotal factor in rapid judgments by employers that result in employment offers or rejections. A person's employment chances can be considerably impacted by the professionalism, competence, and excellent interpersonal skills demonstrated.

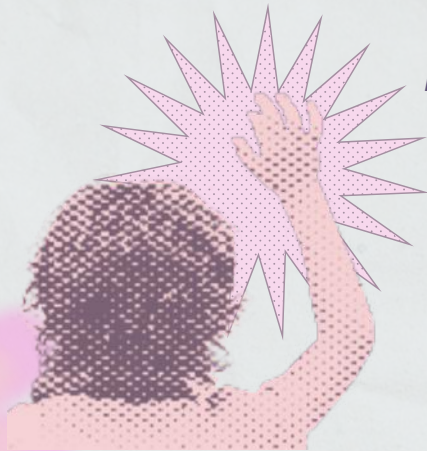
And in a Social Setting

In social circumstances, first impressions set the stage in creating an approachable image and potential rapport. Making a good impression at social events, parties, or casual encounters builds a strong foundation that opens the door to long-lasting friendships and connections. People are drawn to people who radiate warmth, genuineness, and genuine concern for others.





Tips on How to Leave a Good Impression:



Be Present!

- Make the other person feel appreciated and heard by demonstrating real interest and attentiveness in the conversation.

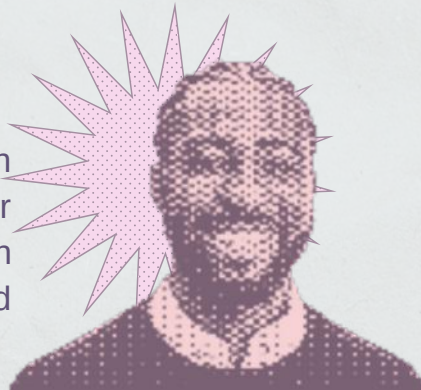


Be Authentic!

- Establishing trust with others requires being truly authentic. Be authentic and let your individuality shine through!

Smile!

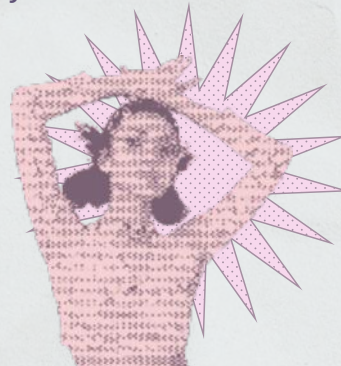
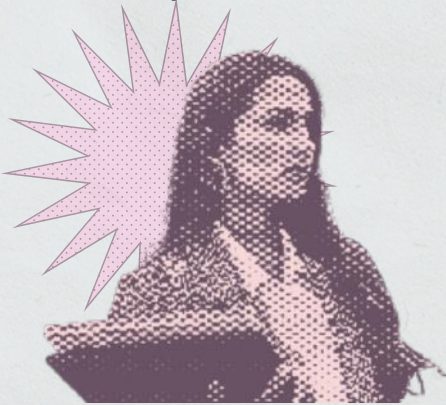
- A pleasant grin can instantly make your image or an interaction feel welcoming and friendly.



There is no denying the importance of first impressions. Our interpersonal connections, both personally and professionally, are greatly influenced by first impressions. We can leave a positive impact on the people we encounter by being aware of our appearance, attitude and nonverbal communication, as well as the science behind first impressions. However, it is important to keep in mind that character judgments should not be based just on initial impressions. More and/or different impressions can be made by maintaining an open mind and allowing others the opportunity to fully express themselves.

Project Confidence!

- Display confidence by standing tall, making eye contact, and speaking clearly and firmly.



Dress Properly!

- Wear clothes that are appropriate for the situation to show respect and awareness of others' expectations.



ALEN AUSTRIA

Alen is a high school student and a male. He is a 5'8", 64 kg student. His glasses grade is 200/200. He tries socializing with people and loves seeing them smile.



On Food as a Love Language

By: Daphne Soriano

"The world begins at a kitchen table."

- Perhaps the World Ends Here, Joy Harjo



Think of hot meals made by your mother. Think of cut up fruit from your father. Think of your grandmother cooking your favorites when you visit, then giving you second helpings of everything.

Think of eating dinner together with your family, chatter and laughter filling the air. Think of someone asking, "*Kumain ka na ba?*" (Have you eaten?). Think of cooking done with love, always with love. Think of handed down family recipes. Think of someone standing in the kitchen, in front of a hot stove, cooking so you can eat. Think of peeling oranges and sharing with others. Think of family gatherings, with more food than you can eat, with relatives telling you "*kumain ka pa*" (eat some more), or "*kuha ka lang*" (feel free to get). Think of hands that brave the heat and oil. Think about the holy act of cooking for and eating with the ones you love. Think of packed lunch. Think of hearing your parents say, "*Makita lang kita kumain, busog na 'ko*" (Looking at you eat, I'm already full).

One of my fondest memories with my group of friends is our tradition every lunch at school. We'd sit huddled together, lay out our lunch boxes, and share. One's food became food for all. We'd talk and laugh and eat, until our stomachs and hearts were full. Sometimes I'd braid my friends' hair or we'd open a window. One time I brought a mango and we shared. It was bright yellow, perfectly ripe, and so, so sweet. We had no knife to cut it up, so we peeled it and took turns taking bites. In between passes, we'd laugh at the absurdity of our situation, and we became happy, sticky messes. They were little things, but they filled me up with so much love.



“We must eat to live,” Joy Harjo wrote. But with other people, eating becomes not just an act of sustaining the body, but an act of nourishing it with love. It becomes more, love adding value to the action. Eating is one of the basic functions we need to survive. It has always been so, for as long as humans have existed. The story of human survival, then, is rooted in love.



Eating has everything to do with love. It’s a way for us to communicate our love for each other. Babies being fed by their parents (physical touch). Sweet messages on sticky notes for your packed lunch (words of affirmation). “Let’s eat together” (quality time). “I cooked your favorite” (acts of service). “I bought this drink because you said it’s your favorite” (receiving gifts).

Food provides our body with necessary nutrients and vitamins, but it also allows us to express our love. Actions speak louder than words, people say. With food, you can show love without saying anything at all.

Suggested readings from the author:

[Perhaps the World Ends Here by Joy Harjo - Poems](#)

[| Academy of American Poets](#)

[“Our Beautiful Life When It’s Filled with Shrieks” by](#)

[Christopher Citro | Rattle](#)

[The Orange - The Gladdest Thing](#)

Dear reader, I hope you are able to nourish your body with food and love. I hope you have people to sit around a table with. I hope you are happy and full.



DAPHNE SORIANO

Daphne is a proud HUMSS student with a deep love for poetry, literature, and anything to do with creating. Her primary goal in writing is to connect with and reach people.

“I love you. I want us both to eat well.”

- Our Beautiful Life When It’s Filled with Shrieks, Christopher Citro

Planning Life after High School

By: Nathan Dichupa

We come to a point in life when planning for college and our future careers become a serious matter. Especially as we step into senior highschool, we realize how close we are to college. College is a significant pathway towards higher education and greater opportunities, it is a major stage in our lives as we get closer to our aspired careers. However, it can be difficult to decide which path to pursue as there are so many factors to consider. Planning for college requires a lot of time, not only to review for entrance exams but also to reflect on our decisions. As a student who is currently deciding which path to take, here are three things to remember when planning for college:



Identifying One's Interests and Skills

Make your decisions based on your knowledge and skill set. Think and reflect on your strengths, weaknesses, and skills. Then ask yourself, "What do I like to do every day? What interests am I the most passionate about? What interests do I find most fulfilling? How can these interests and skills benefit me in the work world? What career field am I really interested in?" Your knowledge, skills, and interests serve as indicators of the career path that is suitable for you. It is important that you align your interests and strengths with your chosen career path so that you can stay motivated and quickly adapt to it with your competencies, both of which will improve your work performance.

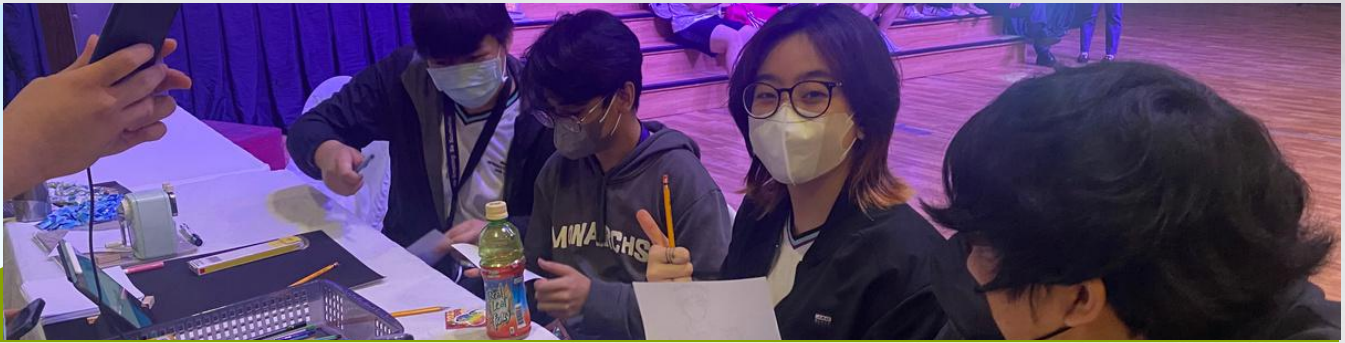


Guidance from the Experts

It's okay to have a hard time deciding which field you want to pursue the most. The best solution to these problems is to talk with professionals and the people who will support you in college, such as your teachers, guidance counselors, and parents. They are the best people to assist you in preparing for college. Their advice and experiences will help you understand what factors to consider and experience before deciding on your course. In addition to that, they are your circle of support and guidance, especially in the rough process of college applications. When applying, gather as much information as you can. Do some background research on the university and take into account the courses offered, bar exam passing rates, campus location, and accessibility. With these, you can learn the full concept of choosing the best course and college options



Your Passion, Your Choice



Deciding on your course and career is not a simple decision. These decisions have a significant impact on your future, and they're not easy to reverse. Choose a path that you are passionate about and determined about. It has to be your choice. Don't accept decisions that are made for you since, in the end, you will be the one who must live with them. Go after what you love in such a way that you are willing to pursue it for the rest of your life. Even with the risks and challenges that can hinder you, your passion for that course will keep you standing and motivated. Follow your heart rather than live with regret later on.

College planning may be overwhelming and challenging, however, it is an essential decision for a secured future. As early as now, you should start thinking about your life after high school. We have dreams to fulfill and planning can make it into a reality. Identifying yourself and your purpose is important because it defines your future. Don't feel pressured; you have plenty of time to reflect on your preferred direction!



NATHAN DICHUPA

Nathan is a grade 11 STEM student who continues to develop and improve his interest in writing. He has a great interest in cooking, volleyball, and guitar. He wants to create published pieces that can catch the reader's eye. Nathan hopes for another fruitful and cheerful year as a writer.

*Cultivating openness through dance:
Relevé, SISC's newest dance club*

By: Min Young Kim

! The tiny spark inside of you that shines through the boundaries of movements — the thrill enough to make you feel alive — that is “dance.”



These energetic establishments, pulsating with rhythmic beats and electrifying energy, provide a sanctuary for dance enthusiasts to explore and expound their creativity and foster a sense of community. Finally, after a long while, Southville International School and Colleges has its own, Relevé.



Relevé derives its name from the realm of ballet, said club president Una Villano. Una expressed her deep-rooted connection to ballet, stating, "Ballet is my foremost passion, and it has left an indelible mark on my being. When contemplating a name for our club, I immediately turned to ballet terminology."

"The name Relevé, a ballet term signifying the action of rising and lifting oneself onto the tips of the toes, perfectly embodies our aspirations for the club," she remarked.

The establishment of a club was a compulsory requirement for senior high students. Upon realizing that a Dance club was absent from the school's extracurricular offerings, Una took it upon herself to create one. Una emphasized that Relevé's ultimate objective is to share their profound love and ardor for dance with the school community, with the aim of unveiling the beauty and grace of this art form. By doing so, they hope to inspire and motivate fellow students to flourish.

One of their most successful performances to date was their rendition of "OMG" by NewJeans, which they prepared for the Non-Teaching Employees (NTE) Day. Reflecting on this accomplishment, Una recounted, "As a newly established club, we encountered challenges in securing a suitable rehearsal space."





"However, the unwavering commitment and determination exhibited by our members during the intense week of practice undoubtedly contributed to the resounding success of the performance," she added.

The club strives to exert a positive influence on both the school community and its students. Furthermore, it aims to showcase the diverse skill sets possessed by its members. In order to foster a sense of teamwork and camaraderie among its members, the club firmly believes that effective communication, decisive actions, and mutual respect serve as the foundational pillars of successful collaboration.

Throughout the journey of founding Relevé, Una not only enhanced her own dance skills but also gained valuable insights into her personal flaws and shortcomings. Above all, she developed her leadership abilities, as she elucidated, "This experience has taught me the importance of cultivating openness and building meaningful relationships with individuals from different backgrounds, both within and beyond the club."

"I firmly believe that these qualities are indispensable in all facets of life," she concluded.



MIN YOUNG KIM

Charis is a grade 10 student who loves to meet new people and learn more about them. She aims to raise the voices of people in need of help by writing and drawing. She also loves to write and draw about the events that happened in and out of the school.



Pros and Cons between VOLT and F2F Classes

By: Min Jun Lee

In the wake of the pandemic, schools and students have embraced a new way of learning - a dynamic blend of virtual and in-person classes that has become the "new normal." Southville had actually been using Virtual Online Learning and Teaching (VOLT) even before the pandemic began; however, this has been more heightened during and after the pandemic, where students are given opportunities to explore which is more suitable for their needs. For this, I would like to share my experience having attended the VOLT and face-to-face (F2F) classes.

To begin with, I would like to discuss VOLT instruction. It has become a very familiar class for us already. There are many advantages to VOLT classes; firstly, you are a little bit free because you will stay at home while you have a class: you can take a shower, lie on the bed, and play games during recess and lunch time.



Then, you can manage your time easily. You can wake up late in the morning and go directly to bed after your class is done. This is a personal matter of mine, but traveling to and from school is time-consuming. You don't have to take a shower every morning and put on your school uniform neatly. All you have to prepare is the mindset to concentrate on class and be at your best in class every day.

Lastly, you can take class comfortably. Classes at school require meeting and interacting with teachers in person, with classmates as well, but if you don't feel comfortable talking to them, you can start step by step at home. Then, after assignments are done, most of the teachers usually give us break time. You will have a more relaxing time.

VOLT has very few disadvantages. The disadvantage that I encountered is that students can be easily distracted with online applications such as YouTube, Instagram, and games. Actually, teachers are not right next to me, so I sometimes get tempted; however, with proper study and a growth mindset, these temptations can be avoided.



This time, I would like to discuss my thoughts about F2F learning. Initially, during F2F classes, you can easily communicate and ask questions to your teachers and classmates whenever something is confusing. You can talk very directly with the teacher and ask questions about things you don't know in great detail.



Further, you can learn manners and communication skills automatically. If you go to school, you should study and interact with them before the end of class during that period. Even if you do not talk directly with them, you can see how other classmates are talking with each other, and you may know the manners of that community.

Thirdly, SISC consists of many great features on campus. The teachers are very kind, approachable, and hands-on; there are many facilities in the school; most notably a fountain and a small park; and you can buy and eat a lot of food there. The disadvantage I think is that it takes me approximately 20 minutes from my house to school depending on the traffic, so it's hard to get up early every morning; however, when I think of the unique daily activities I will have on that day in terms of academic learning and communicating with others, I become more motivated to attend my F2F classes.

The disadvantage is that it takes me approximately 20 minutes from my house to school depending on the traffic, so it's hard to get up early every morning; however, when I think of the unique daily activities I will have on that day in terms of academic learning and communicating with others, I become more motivated to attend my F2F classes.



In conclusion, life is filled with a mix of pros and cons, and so are the different learning methods we're presented with. But the exciting part is: I believe that you will be able to demonstrate your skills at 100% next year if you choose what you feel you need. What we need to do is have the dedication and growth mindset to overcome whatever obstacles or challenges may come our way.



MIN JUN LEE

Peter is a Grade 10 student in Southville International School and Colleges. He is interested in sports such as basketball and soccer. He enjoys meeting with friends and writing about different topics. He likes to learn a lot even if it is sometimes challenging. He is patient, friendly and willing to learn.



Public Speaking 101

By: Ruth Sanchez



Have you ever been required to speak in public? Maybe it's for a project, maybe it's for an election campaign, or maybe it's simply for class recitation and give your insights about a question your teacher asked. Public speaking is a way to express your own thoughts and opinions to others in a more professional and organized manner, meaning public speaking is a necessary skill that you need to acquire especially in your adult life. Whatever it may be, speaking publicly can sure rack someone's nerves, especially if they're not used to doing so. Would you like to go from shy and hesitant to confident and eloquent. Here are a few public speaking tips from someone who does public speaking in her spare time.



1. Know who you're talking to

Knowing your audience is the number one way to know how to approach your crowd. By knowing your crowd you know what stance to take, what tone or volume to modulate your voice in, or simply what clothes you should wear on the day of your speech. Speaking at a comedy club and speaking in front of judges are two different audiences that require two different tones, mannerism, and way of speaking. In front of a comedy club or bar you can take a more relaxed stance, in that way you are telling the audience that they can sit back and relax when listening to you. Speaking in an informal manner is also appropriate as most listeners in a comedy club are looking for a hearty laugh. But speaking in front of judges is different, you are speaking with a purpose, meaning your tone must be assertive and your stance must be rigid but not too rigid that they will think that you are nervous, rigid enough that as you walk across the stage, every step you take is coordinated with what you are speaking about. Knowing your audience is essential, while talking pay attention to their mood and be attentive to their reactions.



2. Practice not once, not twice, but many many times

The saying “practice makes perfect” is an exaggeration as no one is perfect, but, practicing is a way to learn what timing is appropriate when you talk, when practicing you are familiarizing yourself with what you have wrote, meaning that you have to read out loud your piece once you finish it, along the way you might find yourself correcting your written speech. I advise you to practice your speech on a printed copy so you can quickly mark down changes you want to make or certain tones you want to make to emphasize your point. When you feel comfortable with your revised speech it’s time to stand up and practice delivering your speech standing up and walking around slowly incorporating gestures while doing so as well. In my opinion it’s better to practice while recording yourself with a phone or any device you have on you to monitor the time length of your speech and in that way you will be able to replay the video and pinpoint on which parts you have to fix on another practice session.



3. What if you can’t practice?

You may be thinking “what do you mean I can’t practice it I have to write down a speech first right?”. Wrong. There are some speeches that require you to just pull up to the venue and they will give you a prompt that you had no prior knowledge of or simply your teacher assigns the class impromptu speaking. When that happens no matter what you do do not panic. These events usually give you at least 10 seconds to collect your thoughts and organize them. In that critical 10 seconds try imagining a tower with three levels going top to bottom. From the top think of your intro and quickly move to the second level thinking of at least two main ideas that support your intro and main point. Finally in the third level simply summarize both intro and body. You can simply think of key words for each level and expand on them as you speak. Try to be specific and do not speak too quickly when expressing your viewpoint, try to not fidget and instead gesture instead, and finally do not let yourself get lost in the moment meaning don’t let your words be astray and ramble. Instead remember to be straight to the point and expand on it but go back to it afterwards.



4. Imagination is key

My last and final tip is to gaslight yourself. Now I know this sounds really bad but I really want you all to gaslight yourself that you are the best at what you are about to do and give yourself an indirect confidence boost. Tell yourself that you are better than everyone out there and that you will absolutely ace your speech, or you can also think that giving this speech is so easy that you'll breeze through it, in doing so you will get a confidence boost guaranteed and that will carry through your speech. It would also be effective to think that you're another person, a different persona who is confident and gives out speeches like a boss. In that way it will translate to the stage, audience, and judges if there are any when you give your speech that first you know what you're doing, you came here to make a point, and that will make your audience be enticed and listen to you.

In conclusion each type of speech, audience, setting, and situation require different approaches to each. Meaning that you have to be adaptable if you want to succeed in giving speeches, I admit giving speeches is not as easy as many people think but honestly with the right mindset (self-gaslighting) you are sure to make your speech a big success.



RUTH SANCHEZ

Ruth is a grade 11 senior student and a cat enthusiast! A sucker for adventures and literary works. Her passion is to express herself through writing and hopes to ignite the creative spark in others. When she's not writing she's either reading books, hanging out with friends or family, playing with her cats, or sleeping.

Getting Ready to Enjoy a Book

By: Jiwon Jin

Reading may not be the favorite hobby to do for everyone. There are some requirements you have to meet such as preparing the environment, allotting time for concentration, and searching for the book itself.



To give some background, I am a student focused only on mathematics and science, and I admit that my literary knowledge is way behind the others, as well as writing. Reading time has never been my free time, but rather another study time where I had to summarize the main idea and make a report which was to be checked by adults. You can notice that two things that I am inept at happened at the same time. However, I now can say that I enjoy reading — even if it's still only in certain genres — and here are some tips you can use to get ready and enjoy your book.

Looking for a genre that matches your interest is probably one of the most important things to start off. From romance to fantasy, fiction to nonfiction, and even horror to detective fiction, there is a lot of content you can see in different books. Before knowing my work style, I had a hard time focusing on the storyline and understanding what the author meant to depict through the characters. I realized my interest in fantasy was the point of change when I started buying books solely for my free time.

Finding a friend that has the same interest is important as well. You get to share what books to read and even information about the newest chapters! Friends can totally help you enjoy a book as they can introduce you to the different charms of the genre. I love to share and talk about the story with my friends because it lets me dive deeper into the book.

However, out of all of these is that you have to have the dedication to read a book. Some books can become a cla-

-ssic as you read through the climax of the story. Novels with tight buildups from the start can be boring at first but can hit you differently once you read it again after completing the novel.



Books are a great source of entertainment as you get to know more about it. So grab any book from your shelf now and dive into the story.

Feeling connected to the characters, or even just **imagining them**, can help you empathize with the story itself. This is a way to experience the emotions of the characters. Reading books is like a magic trick that can bring you to different places and storylines, from historical to futuristic backgrounds.



JIWON JIN

Jiwon is a high school student who has the passion to learn about the world. She loves to see the sky and the stars. Jiwon is a talkative friend, enjoying discussions about games, food, and stories. Being a curious student, she never gives up to learn various things and then shares those as her experience.



NewJeans: What's The Hype?

By: Martha Pinca, Juan Lobien, and Chiara Hernandez

*I just want you
Call my phone right now
I just wanna hear you're mine
'Cause I know what you like boy
You're my chemical hype boy*



Who is NewJeans?

Formed by ADOR, NewJeans is a South Korean pop group that consists of 5 members. Having debuted in July 2022, it had only been a year that they have been active, yet a number of achievements in their careers have already been made. They each have secured positions as luxury brand ambassadors, their top 1 song on Spotify 'OMG' has garnered more than 349.6 million views, and they have won awards such as the Seoul Music Awards for Best New Artist, the Golden Disc Award Song Division, and the Golden Disc Award Rookie Artist Award.

NewJeans is the new genes of K-Pop

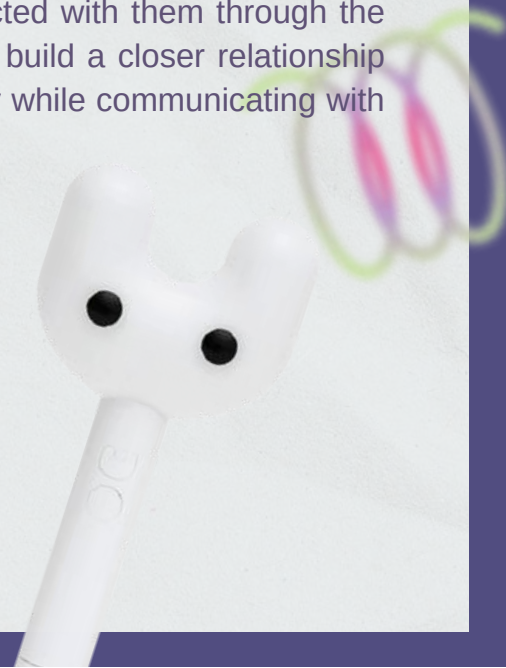
NewJeans is truly unique in its approach as it strives to revitalize the K-Pop aesthetic while preserving essential components—catchy melodies, choreographed dance routines, multilingual lyrics to appeal to a global audience. Interestingly, the brand name is derived from "new genes" and the jeans themselves serve as a nod to this timeless garment that has remained a fashion staple throughout history, emphasizing that NewJeans will continue to remain relevant.

Official Fandom

NewJeans refers to their fan base as "Bunnies" and stays connected with them through the mobile app "Phoning." Danielle elaborated that the app helps her build a closer relationship with the fans and provides her with a sense of strength and energy while communicating with them.

NewJeans Official Lightstick

The NewJeans lightstick is similar to the shape of a bunny. Most of their promotional art has a bunny, and their fandom name is called the "Bunnies." The lightstick will be released around the first quarter of 2023 on the Weverse shop.





Meet The Members of NewJeans



Hanni

Main Vocalist

Birthday: October 6, 2004

Nationality: Vietnamese-Australian



Haerin

Lead Vocalist

Birthday: May 15, 2006

Nationality: Korean



Danielle

Lead Vocalist

Birthday: April 11, 2005

Nationality: Korean-Australian



Minji

Main Dancer

Birthday: May 7, 2004

Nationality: Korean



Hyein

Sub-Vocals

Birthday: April 21, 2008

Nationality: Korean



MARTHA PINCA

A 9th grader who's always been into creative hobbies ever since she can remember. She really loves writing screenplays, short stories, and sometimes poems. Besides this, she enjoys watching and overanalyzing films.



JUAN LOBIEN

He's in his second year in The Mover. Lately, he spends a great deal of time with friends and family. He loves to read and write during bed weather, but sometimes, he falls asleep.



CHIARA HERNANDEZ

Chiara is a student of 9-Compassion who doesn't know what to put for her bio.



Unmasking the Paradox: Why K-Pop Idols Are Loved and Criticized at the Same Time

By: Jina Lee

If you're a K-Pop fan, you've likely noticed the wave of idol cancellations that have occurred in 2022 alone. It all began with multiple bullying scandals involving K-Pop idols, but even photos of idols smoking were enough to spark outrage among fans. Compared to earlier idols and celebrities in Korea, modern-day idols are expected to adhere to much stricter values and behavior as public figures. But how did the industry evolve to create idols that are now seen as "moral statues" by Koreans?



It all starts with the entertainment industry and their promotion of idols through albums, photocards, and fanmeets to build a fandom where idols and fans have a parasocial relationship. This media-centric approach promotes a parasocial connection that results in false and artificial idol standards. The mediascape and entertainment industry have created a toxic structure between idols and their fans that objectifies idols while simultaneously turning fans into loyal customers for these products.

Fans spend significant amounts of time, money, and effort to view and maintain relationships with their idols. Because of this invaluable support, it's easier to understand why fans set up unattainable standards for their idols. The idols they like are like treasures to them. Once they get into a scandal, the value of their idols goes down. Some people may think that fans who leave after a single scandal are not real, but in fact, this is the reality of the stan culture in Korea, and these are the fans that companies target.





The question is, would you still support a K-Pop group whose music style is completely opposite of your own? The answer would likely be "yes" if you are a K-Pop stan following the stan culture. This is the fundamental difference between foreign musicians and K-Pop idols. This is also one of the reasons why artists (singers, composers, dancers, and rappers) look down on K-Pop idols. While this is not a blanket statement, in some cases, people believe that it is not their skills that have made them famous but rather other external factors.

K-Pop idols have been trained for years to have the image they are known for, from their appearance to their personalities. They behave the way they were trained to in the given positions. Don't these roles sound familiar to you? "Athletic, quiet, and cold maknae," "funny, chill, and mom-like leader," "cold and serious rapper," "funny, optimistic, and cheerful member"—the entertainment industry knows what the public wants and is therefore involved in this stanning culture.



It's considered a betrayal if you don't fit the image you originally marketed yourself as, and this applies not only to K-op idols but to most public figures. Celebrities are under pressure to strictly adhere to the moral standards of the public because of the fear that fans like their fabricated personalities on screen, the fear that fans don't know who they actually are, and the fear that one mistake could ruin their whole career. Could this unhealthy and unjust stanning culture ever change? It's an ongoing question that remains to be answered.



JINA LEE

Jina is a senior treasuring her last moments in high school. She has probably watched all the existing kdramas and is deeply engrossed in the entertainment media. With her great ambitions to change the world and contribute to it for the better, she holds a pen to write for change, for sentiment, and for society.



Summer vacation: My to-do list for Korea

By: Jiwon Jin

As we've now reached the end of Academic Year 2022-2023, I believe that many of us are thinking about a trip outside of the country. Of course, as a South Korean, I ventured to my home country for my vacation.

There are a massive amount of things to try when I fly to Korea as my last year's trip to Korea was for academics. Even though I am still going to Korea for academic purposes, compared to last year, I have more free time I can use for myself. Therefore, it is important for me to make plans so that I can utilize my time wisely. Maybe you can get some ideas from a pure Korean on what to do for your vacation. Without further ado, here are the things that I would like to do when I go to Korea!

There are diverse dishes you can enjoy in Korea. It would be a go to try out traditional Korean dishes, but Korea also has high quality foreign foods. What I will do first when I arrive in Korea is to run towards a rotating sushi restaurant. There are a lot of affordable and big-sized sushi you can get in a rotating sushi restaurant. The menu I love most in those restaurants is the flounder sushi with kimchi. It may sound weird, but the chewy texture of flounder sashimi is perfectly covered with the fresh crunchy kimchi. The food is not too greasy and not too spicy, which makes it a perfect match with each other.

Walking in the streets with music is something that I would like to do as well. Since Korea does not re-





quire much of driving for you to go to places you want, what I will do is to walk around the streets and capture the moments in Korea. The streets of Korea differ day and night so it would be a great experience to see how the atmosphere changes as you walk through the streets. As cities in Korea have nearly everything nearby, it will be possible to go to cafes for a short break, then to comic book stores for entertainment, and restaurants for a meal!

Convenient stores are also something people get shocked when they come to Korea. Foods sold can be heated and eaten at an affordable price. Things I recommend to try are the “hot bar” and “samgak kimbab.” Hot bars are a stick sausage type of snack which you can enjoy with banana milks. Samgak kimbabs are simple meals you can eat.



Going to Korea always excites me since I only get to stay there for at most 2 months. Those months are precious to me as I get to go back to my hometown and enjoy the things that I wasn't able to do here. The things I will do in Korea may not be the typical must-do things in Korea as many would recommend going to historical sites or trying out traditional food. However, what I wrote here can be a special way to enjoy the country the way how I, a Korean, do!



Literature



Literature

The Anthem of Youth

By: Leigh Sindac

The dulcet tones of youth have gone astray
Youth's life— a tragedy in sweet disguise
Behold; for it shall take your breath away

Oh, we've gone away from the youthful day
Now, tell us; do you hear our woeful cries?
The dulcet tones of youth have gone astray

We beg you; listen and we'll pave the way
For we are the keys for us to arise
Behold; for it shall take your breath away

Our incandescence will kindle the day
And conquer battles we used to despise;
The dulcet tones of youth have gone astray

So as to ne'er be worthy of foray,
Bequeath the future; youth shall have it rise
Behold; for it shall take your breath away

Soon, your rebirth shall be on full display
Oh, cosmos! Is it time to bid goodbyes?
The dulcet tones of youth have gone astray
Behold; for it shall take your breath away



LEIGH SINDAC

There she goes, freely flowing with easy-breezy grace and spirit, trying to fight the world's adversities for it's compassion that she wants to elicit; Leigh is the name she goes by and the humanitarian inside her aims to bring light to topics that remain untouched – for to her, it brings such delight!



Dreams

By: Yeeun Lee

In the realm of slumber, where visions take flight,
Lies a magical world. Here, dreams shine bright.
Where imagination dances and hope takes hold,
A tapestry woven with stories untold.

Dreams are whispers of our heart's desire,
Igniting within us a passionate fire.
They paint the skies with hues of delight,
Guiding us through the darkest of night.

In dreams, we soar upon ethereal wings,
Exploring the depths of fantastical things.
We journey to places beyond mortal reach,
In a boundless realm where imagination's speech.

Dreams are bridges to our innermost yearning,
Where the soul finds solace—forever longing.
They grant us the courage to aim for the stars,
And to pursue our ambitions, no matter how far.

With dreams as our compass, we chart unknown lands,
Turning castles of sand into golden strands.
They inspire us to seek what others may deem absurd,
For within the realm of dreams, desire is never blurred.

Dreams transform mundane into extraordinary.
They paint life's canvas with hues quite contrary.
They whisper of possibilities yet to be unfurled,
And beckon us onward into a new world.

So cherish your dreams—let them flourish and grow!
Nurture them gently and let your passion flow.
For within those dreams lies your truest self,
Waiting to be opened like a book on a shelf.

Embrace the enchantment. Let your spirit take flight,
For dreams are the embers that light up the night.
In their ethereal embrace, we find our way
Guided by the magic only they can convey.



YEEUN LEE

Annie is a high school student who works to voice out her opinions through writing. She has dreams to make a change for the better through her writings in the future.



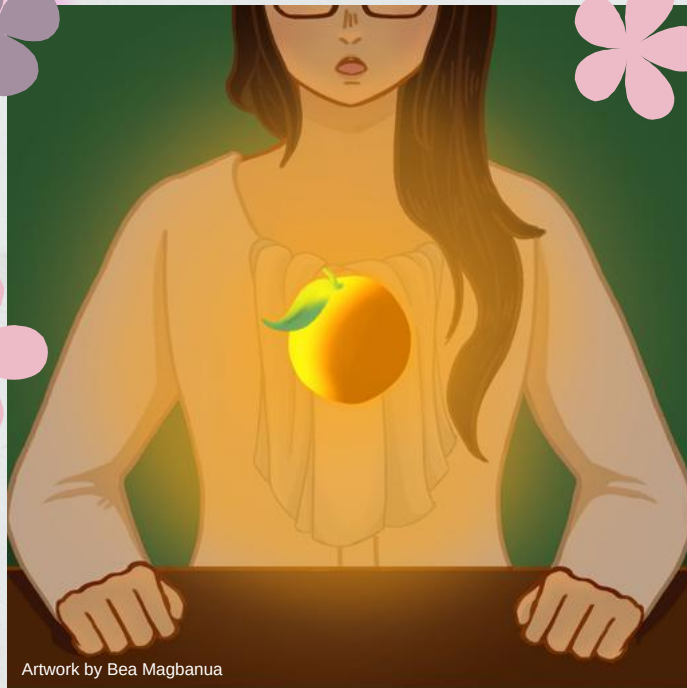


Instructions on Eating an Orange

By: Daphne Soriano

1. Eating an orange is a social activity – you are encouraged to share with others. Make sure to have someone beside you to share with. If you do not have anyone to share it with, you may opt to do it alone; don't be discouraged as it only means there will be more for you!

2. Choose any type of orange – I prefer mandarins and clementines. Make sure it is ripe and ready for eating. Grasp it within your hands like you're holding water and you don't want it to slip through your fingers. Cup your hands around it like you're in prayer.



Artwork by Bea Magbanua

3. Dig your thumbs into the soft rind on top. Put pressure and peel apart softly. Pause. Let its aroma spread and fill you. You do not need to rush the process. You are encouraged to take your time.

4. Softly and slowly, tear the remaining skin on the fruit. Savor the smell – close your eyes if you must. Eventually, its sweet aroma will fill the space you're in, letting anyone who comes close to you know.

5. With the orange in hand, break apart a small section from the whole. Give one to the other/s with you.

6. Place a piece in your mouth. Break its skin with your teeth, and await the rush of sweet juices on your tongue. Let the taste coat your mouth. Continue eating until satisfied.

7. Do not be afraid of the mess. Expect the rind to plant itself underneath your nails. The smell will follow you around all day. Your hands will be sticky. There will be bits of oranges between your teeth. This will serve as a reminder of what you have eaten.

8. Eating an orange is holy. Let it be so.



DAPHNE SORIANO

Daphne is a proud HUMSS student with a deep love for poetry, literature, and anything to do with creating. Her primary goal in writing is to connect with and reach people.



BEA MAGBANUA

Bea is a senior high school student who enjoys drawing & listening to music. Aiming to enhance her skills in drawing different mediums of art, she tries her best to get out of her comfort zone and experience new things.



14 Candles

By: Martha Pinca and Juan Lobien

Thank you for the effort you put in to reach me in everything that you do.
In return, I want to express my wishes despite being miles away from you.

I wish that your day be filled with joy and love, never complex.
Start being happier and confident from this day forward to the next.

I wish you could even grasp one second of my presence there,
From the words I'd say, to the scent of my hair.

I wish I could be there in every critical moment and give you some cheers,
Even when I'm gone, just know I'll be there to take away your fears.

I wish you could stand tall and walk each step with no worry,
You don't always have to be in such a hurry.

I wish you won't stop to sing and dance the night away,
Work so hard, that you'd be the role model for performing on display.

I wish you knew how talented, graceful, and beautiful you are,
I just know one day that you're going to be a big star.

I wish that our daily conversations were longer,
So that we could genuinely catch up and make each other feel stronger.

I wish we could call each other like we used to on the daily,
And never make that change even after eighty.

I wish I could come up with a billion ways to speak to you, even when I couldn't,
The date gaps between our texts, doesn't mean that I wouldn't.

I wish that when you're older, you wouldn't be timid about the idea of romance,
And that one day, maybe you'd give one lucky person a chance.

I wish you are being treated as the royalty you should be.
People will give you the respect you deserve as easily as one, two, three.
I wish you could tell me everything that's going on in that beautiful mind,
The last thing I need you to feel is that I don't listen and that I leave you behind.





I wish time went counterclockwise so I could be there everyday,
So that you could laugh all the time, and I'd help you in every way.



MARTHA PINCA

A 9th grader who's always been into creative hobbies ever since she can remember. She really loves writing screenplays, short stories, and sometimes poems. Besides this, she enjoys watching and overanalyzing films.



JUAN LOBIEN

He's in his second year in The Mover. Lately, he spends a great deal of time with friends and family. He loves to read and write during bed weather, but sometimes, he falls asleep.

A Journey To Success

By: Ashley Atilon

There are times when life pulls you down,
But don't you ever dare try to frown
For someone who strives to be great
Does not ever end up late

All the problems you have gone through
Don't you dare think that you are screwed
Knowing them only makes you stronger
Remember that this journey will be longer

Life is full of rollercoasters
But that only means you are getting closer
To the things you want to achieve
At last you will no longer grieve

Be mindful that this is only the beginning
For there are more things life is yet to
bring



ASHLEY ATILON

Ashley is a high school student who is interested to learn about anything she sees or hears about. She loves to hear stories from other people. Ashley is a talkative person and loves dogs.

Artist of Fantasies and Realities

By: Ehra Dizon

To catch was to desire,
But to desire was to fail.
I reached for what looked bright
The light I once craved & craved

So suddenly, did not call my name.
I took what was far
As it begged to be chased.
I picked up a magical pen

And darkness turned into light,
Shadows turned into rainbows.
This is mine.
In dullness, all at once,

I plead to be set blissfully free,
For what my heart beats for
Found its way back to me.
The sun rose

Between dreams & fantasy,
A hazy magical reality.
Let me be lost in it,
The blooming hope of truth.



Artwork by Tiffany Sawaki



The Gift That Can't Stop Giving

By: Ruth Sanchez

There was a small child; he kept on asking, “Mommy did I do well?” to which his mom responded with: “Yes you did! I love you so much!” The eyes of the small and innocent child lit up from excitement and he thought:

“If mommy’s happy, I’m also happy – and that’s all that matters.”

“I should keep doing good for the rest of my life!” and so the child did.

When the boy goes to school, students form a line at his desk. They start asking questions that the boy hears daily.

“Hey, did you do my assignment?” the student who asked him this is one of the top students.

“Did you write my essay?” he reasoned with the boy that he’s a busy athlete.

“Were you able to fill in for my part time job?” It was only a one time thing.

“Did you attend that meeting I told you to attend for me?” It was an important meeting and the boy had to pay full attention.

These questions filled the classroom, and the boy answered with a happy smile and repli-



ed, "Of course I did!" His classmates thanked him, praised him, and adored him.

"Boy can you be the one to represent our class?" his teacher asked. "I would love to, but –," he tried to muster a reply. He was already so busy with all of the help he gives to other students but he doesn't want to disappoint his teacher.

"You can't do it?" his teacher cuts him off. "No teacher, of course I can!" he said with a smile. The boy studied all night for the competition. He was so focused that he forgot to do his classmates' assignments, attend his classmate's meeting, and fill in for his classmate's part time job.

The competition culminated with him gaining victory over the winning title. He was so happy for everyone praised him when out of nowhere, a classmate suddenly interjected. "I'm so happy you won, but you did do my assignment right?" The boy starts to feel his heart race.

"That reminds me, you didn't go to my part time job!" his classmate shouts; another one bellows "And my meeting – you weren't there for god's sake!" The boy flinched with each voice that raised at him.

The boy covered his ears as everyone started shouting, screaming, and crying to him about how he didn't do their tasks. He felt horrible, tears welling up in his eyes. He was confused he won the competition for the class and yet they're still angry with him?

"I'm sorry, I was busy with –," He tried to reason with his classmates but he was quickly cut off.

"Busy? You promised me you'd do it!", his classmates responded. The boy ran far away, as far as he could until he reached home.

The boy rushes to his desk and begins on his classmates assignments, projects, and tasks. He attended the meeting and filled in the part time job. When he came to school the next day, the line wasn't there. The boy asks, "Why are you not getting your assignments?" The boy expected praise and gratitude but was met with a snobbish reply.

"Forget it, I can do it myself," they respond nonchalantly, completely disregarding the boy. The boy felt sad – guilty, even. He broke his promise. From then on, his classmates left him, ignored him, and tossed him aside.

The boy felt so sad that he cried on his way home. When he came home, his mother and father were on the dining table. "Child can you sit down?" his mother asked. He sat down. The mother started praising the boy, saying how he has been such a kind and dutiful son.

The boy smiled and felt happy hearing this when suddenly, his mother asked a question.

"Child, can you give Father your kidney? He needs it, and you're the only one who can do



it.” The boy’s smile fell, and he paused to think about it. He weighed that if he gave his kidney to his already sickly father, he in turn would be weak and cautious with the way he lives. But if he didn’t give his father his kidney his father would die and his mother would be disappointed. What if his mother leaves him too?

“You won’t do it? Without your kidney, your father could die!” his mother roars. “I’ll do it mother! I will.” His mother leapt with glee as she hugged not her son but her husband.



RUTH SANCHEZ

Ruth is a grade 11 senior student and a cat enthusiast! A sucker for adventures and literary works. Her passion is to express herself through writing and hopes to ignite the creative spark in others. When she’s not writing she’s either reading books, hanging out with friends or family, playing with her cats, or sleeping.

Continue reading on **THE MOVER’s** official website!

SCAN THIS QR CODE TO READ FULL STORY OF "THE GIFT THAT CAN'T STOP GIVING":



to the me of yesterday

By: Regina Zalameda

I sat across the stony ground
Where a square of pebbles lay
It is caked in dust and but a mound —
Freshly dug, yet somber and gray

And I know
That no flowers shall spring from this grave.
There will be no roses, only the grief I tow,
When its shadow stretches in the light of day

But I see the rocks and the ants kowtow
Amidst the gaps in the rustling leaves,
I dream that the dust is her touch, the wind
is her howl
To try and ignore the gnaw of despair, the
abyss.

I sniffle. I cry. I wish:
To cradle her by the arms
And swing her into dance.
To bring her to the lands
Where the grass grows sylvan;

To beyond the sprawling weeds
Across a bed of violets, lavender-sweet;
To carry a fragrance of memory
that is not regret or despondency.

Yet
There is nothing left
But the sweet stillness of the morn.
The me of yesterday that I had once
known,
Has simply become no more.

So I let my old arms creak forward
Towards the apex of the barrow

And began to dance alone
To remember; Oh, to remember



REGINA ZALAMEDA

Regina is a dreamer. From the annals of natural science to the throes of fiction and history, nothing is untouchable to her (as long as it is not the graphical circle formula!). She longs to study the English language in full and eventually spread that love as she pursues literature as a profession, and aims to obtain a doctorate in the subject.



A Devotee's Anthem

By: Leigh Sindac

Hey, my name is Leigh, and for the rebirth of literature, I'll find a way
Today, I woke up on the wrong side of the bed
And then, I realized it's just all in my head
Today, I thought about how I'd make literature stay

How does it stand today? Probably rotten and forgotten
Mouths are tapered; words are forbidden!
But I shall tell you, it does not deserve this ruthless disdain
For I believe that enlightenment is what we should attain

Far across the world, precious words have been spread by Shakespeare
But who would have thought that to an end, literature would come near?
We study this throughout the year
But why don't we reserve a lending ear?

There's all about the politics and paper-thin policies
Oh, come on now, can't we talk about poetry?
Its message – filled with splendor yet murky as soiled water
But those who understand, for language, reveals true ardor

It ignites the flames of our already burning spirits
But behold; for its true eminence can't be set by digits
Stunning minds combined –flamboyant and wise

The faint flush of wit truly unspoken; I'm filled with "why's"
Stop fooling around and looking at the ground
Gather your ears and voices cause without a doubt, we can make a sound

All we have to do is think or write with a pen and ink, and maybe that's the hidden link
So that together, we become in sync
It's time to make all ends meet; no need to repeat
For if we start moving, we can make the ending oh, so sweet.

It's time to send the message to the sleeping masses
Take off their glasses; stare at the cosmos and take the chances
In this era, we can't just let things disappear into ashes
We can't mend our faults with patches for as humans, we ought to take some advances



Tell me; what do we do with this world of ours?
To find a solution, I spent hours and hours
But I came to know that change springs from one's own power
And within us, knowledge shall blossom like a flower

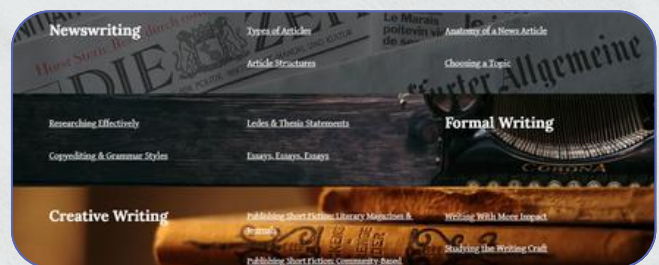
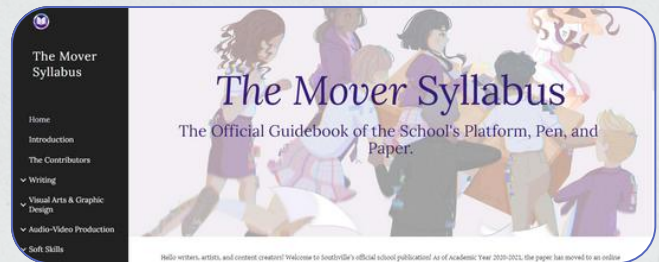
Today, I see a society full of ghosts who fail to do the most
But I believe that we are close to embracing the fate that's worth a toast
And so ladies and gentlemen, to literature, this poem – I devote.



WANT TO LEARN NEW SKILLS IN CONTENT CREATION?

A curated curriculum by Movers for the student body, **The Mover Syllabus** is a student-made guidebook rich with resources on writing, reporting, drawing, graphic design, podcasting, and more. Start learning from our syllabus completely for free here:

<https://tinyurl.com/moversyllabus>



We take pride in the creativity, heart, and mind of the students in our school. The Mover is a student platform and that means we open our hearts and lend our microphones to our Monarchs to let their voices be heard.

We're open to community submissions, from writeups and artworks to academic and personal projects. Everyone has a story to tell, and we're here to help share it.



Artworks



Artworks



Smile, Smile, Smile!

By: Ehra Gail Dizon

This acrylic painting depicts a person who hides their true selves behind a fake smile. The dark and deep hues add a somber element that highlights the hollowness and lack of genuine happiness hidden behind the mask. It serves as a reminder that people frequently mask their true emotions behind a cheerful face and that we should be aware of the difficulties that others may be facing even when they seem to be happy.



EHRA GAIL DIZON

Ehra Gail, a 16-year-old student in grade 11, enjoys expressing herself through writing and painting. Since then, she has always set her heart on leadership, especially for other people. She believes that art has the power to inspire and enlighten others.

Blue Skies

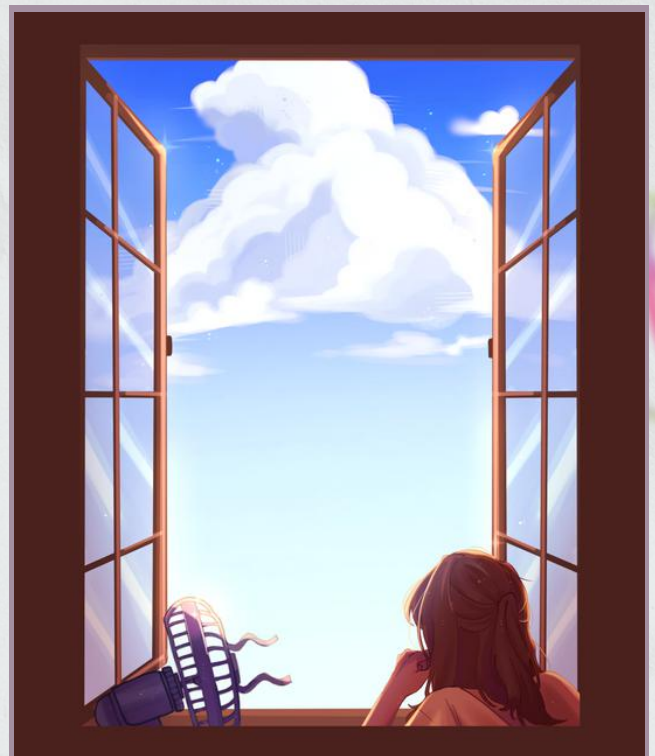
By: Mizuki Hosokawa

As time passes by, the skies get clearer and bluer. We get to enjoy the good weather but at the expense of being under the sun's scorching heat. The heat has been merciless recently, so make sure to hydrate and stay safe!



MIZUKI HOSOKAWA

is a senior high student who is passionate about art and creative media. As an artist who has been drawing for a few years, she has learned to value self expression, self improvement, and the desire to try new things.





In The Mood for Summer

By: Tiffany Sawaki

Summer is right around the corner. You can hear waves washing up against the shore and the mountains calling your name... but hold up! There are just a couple more hurdles before we can start packing. We find ourselves immersed in our studies nowadays, just trying to survive the last toughest weeks of the school year. We're all rushing to complete requirements and review for finals to ensure our departure from the school year with clean trackers and report cards. It all sounds so daunting and tasky... but fear not, fellow student! As long as you take things one step at a time and give it your all, it'll be sure to pay off. You've got this! We're all going to get through this together!



TIFFANY SAWAKI

is a spontaneous person, always somehow ready for anything and everything. She loves coming up with ideas and showing them to the world. She has a strong passion for learning and helping others be the best version of themselves.

Lovestruck

By: Lauren Masilungan

Do you feel the butterflies in your stomach, the kicking of your feet as you imagine your crush, or the giggles that slip past your mouth thinking of them? It can be a little annoying to deal with that nagging feeling of affection, but it's completely normal. However, it's your choice whether or not you'll act on those feelings. Are you going to put your foot down and make the first move, or will they simply be "the one who got away?"



LAUREN MASILUNGAN

is a senior high school student and a digital artist. She often likes to play video games in her free time, and has a passion for consuming from and uplifting queer creators.





Taste of Summer

By: Nayoung Kim

When it comes to quintessential summer foods, few can rival the refreshment of sinking your teeth into a chilled, juicy slice of watermelon on a blazing, sunlit day. Not only does watermelon offer a burst of delectable sweetness, but it also aids in regulating body temperature, keeping you cool amidst the sweltering summer months.

So, embrace the abundance of summer and indulge in these cooling delights, relishing the invigorating benefits that nature generously provides during this remarkable season.



NAYOUNG KIM

Nayoung is a student in Southville, currently in 11-Efficiency. She has future plans on applying to art related majors for college.

Trust and Certainty

By: Kelsey Colasito

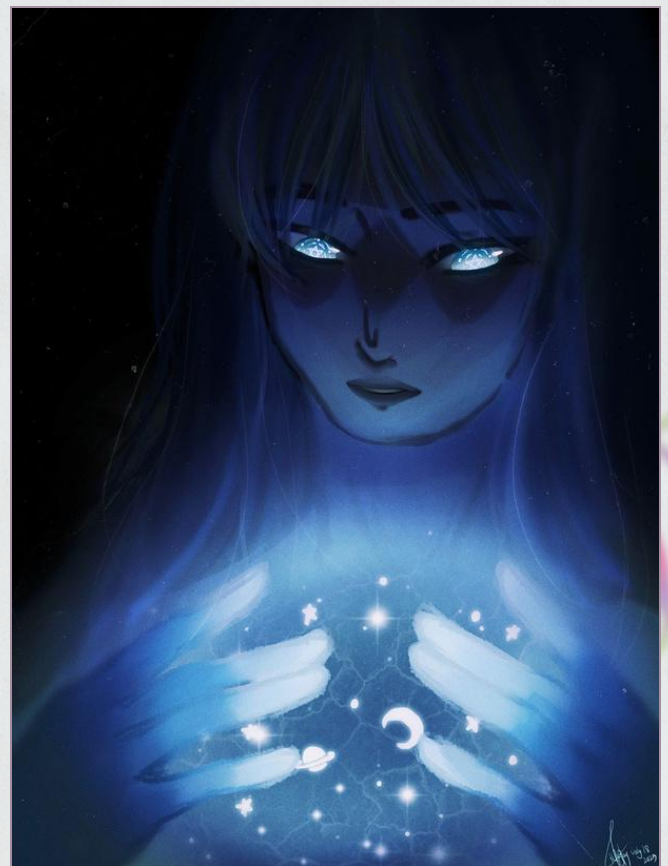
The official cover illustration to The Mover Newsletter Volume 3 Issue 2.

The future is uncertain. What lies ahead — what fate has in store for us — will forever remain a mystery. But having trust and certainty during these daunting moments depends on you. It is you that holds your own destiny, and it is you who writes down your own story. In the darkness you will find scattered lights — a constellation to look up to, your own path. Have faith in what you can do, and one day, the stars will align for you.



KELSEY COLASITO

Poems and stories she can write, but the way she creates art feels more right. If one day the stars align, hoping the messages in Kai's art shine.





congratulations

Seniors!



Leigh Sindac
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News Editor



Jina Lee
Feature Editor



Cho Yun Chae
Artist



Lucas Tabuena
Writer



Eliz Kyne Bermudez
Artist



Micahaela Torio
Writer and Graphic
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Minseo Kim
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