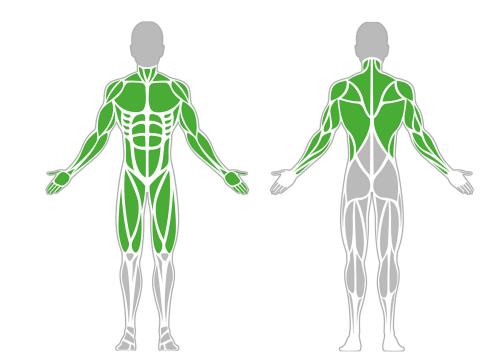


# **Muscle Groups Focus**





### **Three Element Parallel Bar 1900**

bestrongworld

The parallel bar is a classic piece of exercise equipment that can be used to develop a wide range of muscles, as it can be used for a variety of bodyweight exercises. The parallel bars are excellent for developing strength, endurance, coordination and balance.

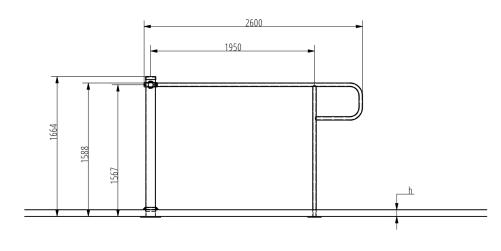
### Attributes

Product code	1-1-021
Certificate	EN 16630
Age group	14 + years
Capacity	2 people
Max. weight load	99 kg
Туре	Calisthenics
Difficulty level	Medium

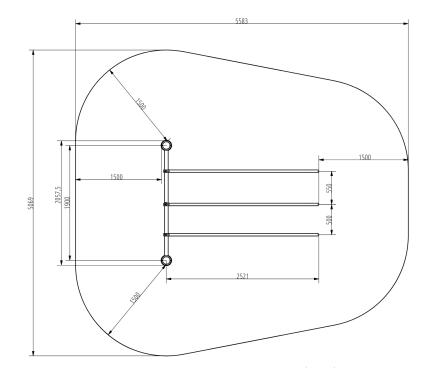
### **QR** Code



# Side View



# **Plan View**



### Installation information

Number of installers (concrete)	1	At least 2 people
Total installation time (concrete	e)	60-120 min.
Number of installers (equipme	nt)	At least 3 people
Total installation time (equipm	ent)	30-45 min.
Excavation volume		0.75 m <sup>3</sup>
Concrete volume		0.75 m <sup>3</sup>
Size of the base structure	2pc 0,5 x 0,5	5 x 0,8 m + 0,5 x 2 x 0,35 m
Anchoring options In-ground or surface In combined structures, the volume of concrete required varies.		

# **Technical specification**

Safety surfice area	Around 1,	5 m ra
Net weight		
Material		
Critic fall height		1500
Color options		
For more color options, discuss with your sales representa	ative.	

## Warranty

m radius	Structure	10 years
111 kg	Steel	5-10 years
S235	Paint	2 years
1500 mm	Plastic	5-10 years
	Rubber	1-3 years
	Moving parts Detailed information in the warranty document	2 years

# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!

The clamp system al-

lows for easy assemb-

ly and extreme stability.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.

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