# Longboat Rev Rews

October 24, 2025

Serving Longboat Key, St. Armands, Downtown Sarasota & Anna Maria Island



Thought changes everything sleep ...page 4



Longboat H2O tops sales ...page 11



Seafood seved with sizzle ...page 7



"Yes, I do work for Xfinity" ...page 10

# InsideLook Historic Bird Key Yacht Club Demolished for \$27.5M Resilient Future

The current rebuild came after an earlier, less comprehensive renovation proposal was rejected.



# STEVE REID Editor & Publisher sreid@lbknews.com

The 65-year-old Bird Key Yacht Club is officially a memory, having been completely demolished over the past week to make way for a \$27.5 million replacement clubhouse. This ambitious project, shaped by the imperative of climate resilience, aims to secure the club's future for decades to come.

The decision to rebuild was in

part a strategic response to the increasing threat of hurricanes and flooding, a necessity highlighted by the "tropical weather events of recent years," according to Club Commodore Tony Britt.

## A 'Blessing in Disguise'

The current rebuild came after an earlier, less comprehensive renovation proposal was narrowly rejected by members. Britt calls that initial rejection a "blessing in disguise,"

as it provided the critical opportunity to reassess the club's long-term viability.

"It started as a renovation, and then after more consideration and thought we realized that to make it FEMA-compliant, which is critical for the long term — given the club has been on the island for 65 years and we certainly intend to have it last another 65 years—that a renovation really didn't make any sense,"

# See BKYC, page 4

# **Community Spirit Shines strongest** at Longboat Key Chamber Awards

The event served as a testament to how local leaders and residents supported one another through the arduous recovery.

Resilience, community spirit, and a commitment to recovery were the central themes of this year's Longboat Key Chamber of Commerce annual awards banquet.

Held on October 23 at the Lido Beach Resort, the event served as a powerful testament to how local leaders and residents supported one another through the arduous recovery following devastating hurricanes that swept through the island just over a year ago.

Business leaders gathered to recognize the extraordinary efforts of innovators who not only helped Longboat Key survive the storms' aftermath, but thrive. Attendees commended the individuals and businesses that reopened or launched new shops, supported the wider community rebuilding efforts, and brought renewed life and energy back to the island.

#### **President's Award Honors Dedication Amid Loss**

The evening's most touching tribute was the presentation of the annual President's Award to Sandra Smith of Secur-All Insurance (pictured right).

Chamber President and CEO Kim See Awards, page 4



# Longboat "Gulf of Mexico Drive" Name Saved by Vote Amid **Controversy**

"If I was told I had to go to the DMV to change my license, open carry would be more dangerous than it is. I say leave the name alone."

#### **STEVE REID Editor & Publisher** sreid@lbknews.com

Key's Longboat Town Commission delivered a decisive victory for tradition and local consensus, voting unanimously on Monday, October 20th, to officially maintain the name Gulf of Mexico Drive for its main road, State Road

The decision resolves a local crisis that began in August when the Florida Department of Transportation (FDOT) removed state-installed road signs named Gulf of Mexico Drive. The move was a ripple effect of a federal executive order renaming the body of water to the "Gulf of America," and the resulting state mandate (Florida HB 549) requiring agencies to update geographic references.

Town Mayor Ken Schneier stated the sign removal "forced the town to address the issue," which sparked a robust, often emotional, public debate.

#### A Name Rooted in History and Local Identity

The history of the 10-mile stretch of road, which runs the length of the Key and connects over 5,140 mostly condominium and apartment addresses, became a key part of the discussion.

The road was officially named Gulf of Mexico Drive on September 16, 1957, replacing its former designation, John Ringling Boulevard.

Longboat Key officials emphasized that the overwhelming force behind their decision was the community's response, with Commissioner Steve Branham noting that constituents' emails and letters ran 85% against the name change.

See Road name, page 2

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#### Road Name, from page 1

#### The Cost of Change vs. The Call for Patriotism

The workshop became a platform for intense viewpoints, balancing practical costs against passionate appeals for patriotism.

#### **Arguments for Keeping the Name:**

- Financial and Administrative Burden: The sheer volume of affected addresses was the primary practical concern. Rick Konsavage, manager of the Longboat Key Club, spoke against the change, emphasizing that the costs of administrative changes with vendors and the decades of marketing built on the location would make a name change a "disaster."
- Welfare of Vulnerable Residents: Longboat resident Arlene Skverskey strongly opposed the change, arguing that the town's older, often sick residents would be "overwhelmed" by the necessary documentation updates.
- Political Prudence: Resident James Armstrong and Commissioner Penny Gold both pointed to the volatile political environment, with Armstrong suggesting a future administration might reverse the federal name change anyway. Commissioner Gold noted that the timing was "horrible," given the ongoing federal government shutdown (now in its fourth week as of the vote).
- "Toxic Behavior": Commissioner B.J. Bishop, after hearing the public testimony, said she was determined to save Longboat Key from "negative, toxic behavior," adding, "If I was told I had to go to the department of motor vehicles to change my license, open carry would be more dangerous than it is. I say leave the name alone."

#### **Arguments for Changing the Name:**

- Patriotism and Logic: Resident Fred Laguno was a vocal supporter of the change, saying, "There is no name Gulf of Mexico anymore so the name Gulf of Mexico Drive is now non-sensical. Many people simply hate America. Many hate our president. We should not [bow] to this." Another resident called the change a "matter of patriotism" that would not "cost anyone an ounce of blood."
- Veteran Recognition: One speaker suggested changing the name to Vietnam Drive to honor veterans, stating it would help ameliorate the moment he and others were "spit on" upon returning from the war.
- Principle over Cost: Planning and Zoning Board Chairman David Lapovsky, speaking for himself, called the name change debate "an absolute waste of taxpayer dollars," but added a

defiant posture for the town: "What's the risk and doing nothing? If the state gets vindictive; bring it on."

#### Consensus Reached and The Road Ahead

In the end, practicality and the "democratic process" won the day.

Mayor Schneier summarized the consensus, stating, "I believe the case has not been made to change the name, and no law requires us to do so." He cited the cost of changing 5,000 addresses and the "unprecedented volume of opinions" as the case to keep the name. Mayor Schneier also reassured the public that FDOT officials had indicated they would "remain neutral and not punish the town" for the decision.

Following the Mayor's call for consensus, the Commission delivered a unanimous agreement to retain "Gulf of Mexico Drive."

# The Legacy of John Ringling Boulevard

The debate over the roadway's name touches directly on the island's history, tracing back to the roaring 1920s and the influence of circus magnate John Ringling. The road that is now Gulf of Mexico Drive was previously known as John Ringling Boulevard.

Ringling's vision dramatically shaped the south end of Longboat Key, where he purchased hundreds of acres. Along the boulevard that bore his name, he planted Australian pine trees (now considered invasive). He also attempted a major development: the construction of a luxury Ritz-Carlton Hotel at New Pass, a project that began in 1926 but was never completed due to the collapse of the Florida land boom and the subsequent Great Depression. Ringling's name remains a fixture in the area, most notably associated with the Ringling Museum of Art and St. Armands Circle.

The name John Ringling Boulevard remained the official designation for the main artery until September 16, 1957, when the local government chose to replace it with Gulf of Mexico Drive. This history reinforced the sentiment of long-time residents who felt strongly that the current name, now nearly seven decades old, should be left alone.



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# EditorLetters



Longboat Key News and Sarasota City News encourages Letters to the Editor on timely issues. Please email to: letters@lbknews.com or mail to PO Box 8001, Longboat Key, FL 34228. We also print letters sent to Town Hall that address Longboat Key issues. We reserve the right to edit.

## Glare from illegal sign

To: Debra Williams

This picture shows how bad this can be...quite blinding.

Anything the Town can do will be appreciated by us and our neighbors.

John Bradbury

Longboat Key

## Glare from illegal sign

To: John Bradbury

Here is a photo of the glare from the St Regis sign on the groin. It is illegal, on town property, and the glare is also damaging to eyesight and potentially to fish and birds. A similar chromium fixture in Las Vegas singed hair and melted plastic when the sun hit and the glare ricocheted onto a pool area.

The St Regis put up a sign that was never approved and was grossly out of scale on property that is not theirs. Other businesses on LBK go through hoops to get legal signs properly approved. This is a large and heavy construction that may possibly weaken some aspect of the groin and which may or may not have elements flying in a hurricane. It's illegal and the Town should demand its removal.

Frances Fergusson

Longboat Key

# **Remembering Maggie**

To: Suzy Brenner

On what would have been her 89th birthday, please join my brother Eric, sister Lisa and me in remembering our mother, Madeleine (Maggie to her friends) Brenner.

We will host a very informal gathering at Longboat Key's Bayfront Park (behind Ace Hardware) in the outdoor pavilion -weather permitting- on Sarasota Bay.

Share stories, view photos, enjoy appetizers and beverages to toast a life well lived. We hope to see you there.

Suzy Brenner

Longboat Key

## Question

To: Longboat Key Commissioner BJ Bishop

I noticed an email in the boss's inbox from you about the Manatee Delegation meeting. I still have not received the League's form for our meeting. I did get Longboat's though. Need me to resend?

Andrew Parker

Legislative Aide to Representative Fiona McFarland

Tallahassee

## Text received

To: Longboat Key Commissioner BJ Bishop

I just read about the Commission voting unanimous to retain the name Gulf Of Mexico Drive. I'm thrilled you all did so! Thank you very much.

Jann Logsdon

Longboat Key

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## **Sarasota County meeting**

To: Amanda Romant

Who Is coordinating the meeting with our elected officials in Sarasota County? We have a new executive director at the League and she was excluded from the Manatee County meeting to provide the Manasota League of Cities priorities to the Manatee County meeting Monday.

Also, can I get some time with Fiona before session begins to update her on the League's priorities as well as the Florida League of Cities priorities? I will be gone from November 20-November 30 for Thanksgiving with family.

BJ Bishop

Commissioner

Town of Longboat Key

# Sarasota County meeting

To: Longboat Key Commissioner BJ Bishop

Thank you for the invitation. I will share this with Senator Boyd as soon as possible.

Senior Legislative Assistant to Senator Jim Boyd, District 20

Bradenton

## Veteran's Day & Celebration of Town Founding

To: Office of Senator Boyd

Longboat Key will be hosting a celebration of our Veteran's and the 70th Anniversary of the founding of the Town of Longboat Key (actual date of founding is 11/14) on Saturday November 8 at 4 p.m. at Town Center Green (our new stage and lawn) on Bay Isles Road. We are excited to be hosting this special event with Retired Coast Guard Admiral Steve Branham

I hope you can all join us. Call me if you have any questions.

BJ Bishop

Commissioner

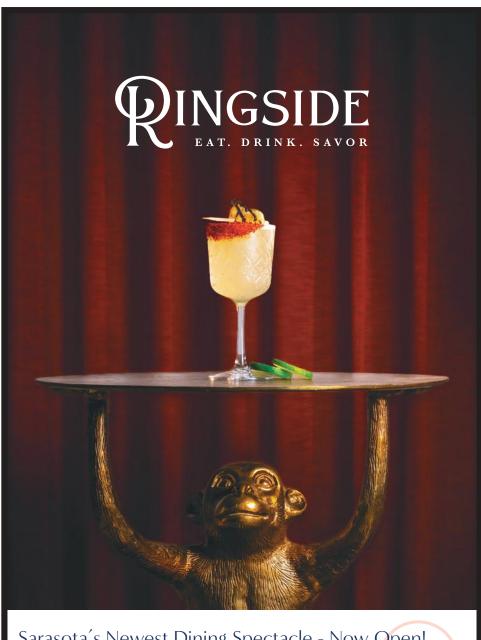
Town of Longboat Key

# **Commission Meeting Audio Issues Update**

To: Longboat Key Commission

I wanted to provide an update regarding the audio issues during yesterday's Commission Meeting. As you may have noticed, there was some crackling on the live streaming feed. We performed some troubleshooting during the meeting but decided not to interrupt the broadcast since the audio remained somewhat audible, though with some background noise. I felt it was in the best interest to keep the video feed going and splice the audio after.

See Letters, page 6



# Sarasota's Newest Dining Spectacle - Now Open!

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#### BKYC, from page 1



Britt stated

Britt added that the old plan was "literally putting a Band-Aid on an issue that was never going to go away."

#### **Resilience and Elevated Design**

The new facility, set to open in late 2026 with the goal of hosting "the biggest New Years party Bird Key has ever had," will be a 21,500-square-foot structure plus an additional 3,500 square feet of covered outside decks. It will replace the existing 22,300-square-foot clubhouse, which sat on the 4.99-acre site positioned in the middle of the Bird Key residences.

Designed by local DSDG Architects, the single-story clubhouse will be located in the exact footprint of the original, but will be elevated to meet FEMA standards. Architect Anna Keitel noted the plan also includes underground vaults to mitigate stormwater runoff. The structure itself will feature concrete block and steel, hurricane-rated components, and a standing seam metal roof. The construction company, Tandem, is currently sorting debris for recycling.

#### **Enhancing the Member Experience**

While safety and compliance drove the rebuild, the design also prioritizes an enhanced member experience and operational efficiency. The plan includes:

- Replacing the pool.
- Relocating two bocce ball courts.



- Adding a fourth tennis court with modern lighting, despite neighborhood concerns. To be a good neighbor, the club has agreed to a hard shut-off of the tennis lights by 9 p.m.
- A newly laid-out interior with better functionality. "The old club was not laid out efficiently for food serving. A big advantage to having a new club is operating efficacy," said Britt. Collapsible walls will allow the entire length of the club to host larger, more integrated events.

#### A Community-Funded Vision

The \$27.5 million project is being funded entirely by its members, a fact Britt highlighted as a reflection of the club's "friendly, warm, boutique" nature.

"It is a blessing in disguise that the first vote did not go through to simply renovate," he said. "We had such a high approval rate and we had large voter turnout. Also, it is being built with 100% member financing. As an investment over time they will be paid back."

The club, which currently has about 275-280 members out of a capped capacity of 425, raised \$20 million through a voluntary member loan program, with individual loans ranging from \$50,000 to several million, all secured by the land. The remaining \$7.5 million will be gathered through operations. New member fees to join the club have gone up to \$55,000.

Despite the new construction, the club is ensuring its history remains, having photographed and rated all mementos from the old facility. "Many mementos and pieces of the club will be in the facility to add history and identity," Britt said, adding, "We are keeping traditional elements and blending with new."

#### Awards, from page 1

Verreault, who co-hosted the ceremony with Maria Vitale, credited Smith for her unwavering commitment, even after her own office was destroyed by the hurricanes. Smith, who has served the island's residents for two decades, faced her own loss but "continued their mission to serve nearly 2,000 residents whose homes and lives had been impacted," Verreault noted.

Verreault highlighted the critical help from fellow chamber member WrightWay Emergency Services, who offered temporary office space. "Even as they faced their own loss and uncertainty, they stayed focused on helping others," Verrault said. "It's a true reflection of their strength and heart."

# Key Winners

Several other leaders and organizations were recognized, with winners voted upon by fellow Chamber members:

- Tourism and Hospitality Excellence Award: The St. Regis Longboat Key
- Hall of Fame Award: Michael and Catherine Garey

- Best Workplace Award: The Resort at Longboat Key Club
- Excellence in Municipality Leadership Award: Fire Chief Paul Dezzi
- Non-Profit Organization of the Year Award: Longboat Key Garden Club
- Chamber Spirit Award: Jamie Kahns, Bank of America
- Lifetime Achievement Award: Andrew Vac, Remax Realty
- Business Resilience Award: Longboat Island Chapel
- Legacy Family Business Award: Harry's Continental Kitchens
- Emerging Business of the Year Award: Le Gardenia Bleu
  Volunteer of the Year Award: Anne Kerry, Longboat Key Chamber of Commerce
- Pinnacle of Excellence Award: Laura Ritter, Observer Media Group
- President's Award: Sandra Smith, Secur-All Insurance



MONDAY - FRIDAY: 11:30 AM - 9:00 PM

Early Dining & Happy Hour Menu 11:30 AM - 5:00 PM All-Day Dinner Menu

11:30 AM - 9:00 PM

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# KeyHealth

# Thinking about sleep changes your sleep

People with insomnia are unhappy, irritable, more prone to accidents and errors of judgment, and less productive.

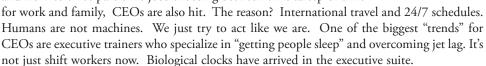
MATHEW EDLUND Contributing Columnist news@lbknews.com

Like depression, insomnia used to be treated as a symptom of "something else." Not anymore. At this year's national sleep meetings in Denver, it became clearer how big a national and international problem insomnia is – as well as how to fix it.

As insomnia researcher Charles Morin pointed out, the distinction between "primary" and "secondary" insomnia is gone. Insomnia afflicts people – and many of the people around them – through effects that affect much of modern life.

If you don't feel you get enough sleep, there can be hell to pay. Here are a few examples:

Economic – people with insomnia are unhappy, irritable, more prone to accidents and errors of judgment, and less productive. They are also less helpful to their colleagues. Though the problem is worst at the bottom of the economic scale, with people trying to commute and work to three part-time jobs choosing between time asleep or time



Medical – People who get sick – whether it's colds or cancers – sleep less effectively, and take longer to regenerate themselves. A big trend in insomnia research is the realization of how much insomnia affects cardiovascular disease, through more hypertension and heart attacks. As is often the case with insomnia, there is an endlessly increasing dialectic – more medical problems make for more insomnia, and more insomnia makes for more medical problems.

Psychiatric – Ever since Boris Angst in Zurich showed how a third of insomniacs eventually become depressed, people have been paying attention. According to Morin, insomnia doubles the rate of depression, a finding consistent throughout the world. Tom Wehr in the US showed two decades ago he could manipulate mania or depression by changing people's sleep times. If you want to see schizophrenia burst out in its full, naked form, observe people who consistently can't sleep.

Military – sleep in armies and navies gets too little attention. Soldiers in combat zones often sleep poorly. Ongoing research by the US military demonstrates how this sets up soldiers to make potentially catastrophic errors, both military and moral. Plagued by traumatic brain injury and post-traumatic stress disorder, the American military now recognizes it has huge sleep problems. Insomnia is the thread that runs through most of them.

Sleep deprive an animal long enough and it dies. Those experiments have not been done in people – very thankfully. But mess up rest and all kinds of bad things happen, to ourselves and our communities. Fortunately, the right treatments work.

## **Treatment**

Worldwide, the most common treatment for insomnia is pills. The most effective treatment is cognitive-behavioral techniques for insomnia, or CBTi. This mismatch leads to much mayhem.

Looking at the data of Dan Kripke, an emeritus professor at the University of California, San Diego, regular sleeping pill use is associated with a mortality odds ratio of five – five times



the death among people using sleeping pills as compared with controls. Other studies have found somewhat lesser fatality numbers, but they remain scary. People regularly using sleeping pills have higher death rates in cardiovascular disease; accidents; even cancer.

The CBTi approach generally starts with behavioral techniques. That means teaching people about biological clocks and how to sleep, something many in the internet age have forgotten. Machines can go full blast all day. We can't. We need rest like we need food. Teaching people the basic principles of sleep is now gaining more attention, one of the reasons I started sleepuniversity.org.

Following behavioral techniques, people learn cognitive ones – how their thinking about sleep changes their sleep. Combining behavioral with cognitive techniques, people learn how to approach sleep in terms of solutions, not just problems. They recognize that staying in bed when you can't sleep doesn't help. They learn that not every night of sleep is not perfect. They begin to see how body clocks influence so much of their lives. They figure out ways to think differently, not just about sleep, but about health in general.

CBTi is now used all over the world in hundreds of different configurations. Many companies are putting it out on the web. Manuals short and long exist by the truckload. It's not just effective, it's cheap.

The profit margin on sleeping pills is much, much greater.

# The Future

Insomnia researchers, like depression researchers before them, are trying to subtype different kinds of insomnia. They're trying to figure out how it occurs, including the realization that in insomnia not all of the brain is "asleep" when people think they're sleeping.

Yet the basic teaching is simple. We need sleep to live. To sleep well we have to treat our bodies as bodies, not machines. And for the 10% of the population that already has bad insomnia, the most safe and effective treatments don't involve drugs.



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# Editor Letters



#### Letters, from page 3

We worked with our audio provider this afternoon and, after methodically testing each device, we identified a faulty wireless receiver as the source of the static. The power supply has been replaced, and multiple tests have confirmed that the issue has been resolved.

Immediately after the meeting, I was able to take the audio Trish captured and overlay it onto the video feed. The updated version has been uploaded to Facebook last night around 6 p.m., replacing the original stream with the corrected audio.

We also identified issues with Amazon Web Services that may have affected the live feed on our website. Once that service is fully restored, we'll update the video there as well.

If you receive any inquiries from residents, please direct them to our Facebook page or the Town website where I have the direct link.

The current link with the corrected audio is https://www.facebook.com/share/v/1Bk2riMgsz/. Once everything is completely restored, we will revert back to the previous revision.

We apologize again for the inconvenience and appreciate your understanding. Please don't hesitate to reach out to me directly with any questions.

Jason Keen

Chief Information Officer

Town of Longboat Key

# Your speech today

To: Longboat Key Commissioner Steve Branham

I strongly agree with Mr. Ullmann's remarks regarding your stance at yesterday's workshop. You are a great reminder of how Democracy should work. Thank you for your military service and thank you for your competent service to our community.

Ann Roth

Longboat Key

## Thank you

To: Don Ullmann

Don, I appreciate your thoughts. It's an honor to serve our Town. Thanks for being there today. Engaged residents such as you assist and ensure good governance.

Our veterans deserve lasting recognition. For now, veterans will be honored during a great combined event on Nov 8. As a Town, we will celebrate the Town's 75th birthday and Veterans Day that afternoon at the Town Center Green. I believe you would enjoy it.

Steve Branham

Commissioner

Town of Longboat Key

#### Thank you

To: Longboat Key Commissioner Steve Branham

I just wanted to thank you—both for your impressive military service, and for your continued service to your community. Your thoughtful and level-headed response to all of the comments and submissions regarding the GMD naming issue were exemplary, in my opinion, and would serve very well as an example and a reminder to many of those in higher office that they were elected to serve their constituents, not the other way around.

I can certainly respect your feelings that "Gulf of America" or something like "Veterans' Drive" might be a more fitting name and a way to pay a deserving tribute to our vets. But I respect even more the fact that, despite holding this point of view, you opted to support the different opinion of the majority. I do hope that our community may honor our veterans in other ways.

Don Ullmann Longboat Key

## **Gulf of Mexico Renaming**

To: Longboat Key Commission

We are sure that you are being inundated with tons of email and for that we are sorry. We know that there is a concerted effort to rename the road and we know that the squeaky wheel is the one that gets the grease.

My wife and I have owned a condo on Longboat Key since 2017. While we have not always occupied it full time, we currently use it to get away to on the weekends (we also own a home in East Sarasota) and for family and friends. Regardless, we are property owners.

We have discussed the renaming issue and both believe that it should be renamed Gulf of America Drive. We know that it will be a source of controversy and that is sad. We are of the opinion that no matter who had the name of the Gulf changed it would cause controversy.

We also believe that the USA has the largest impact, for better, or worse on the Gulf. If you compare the populations of the Mexican vs US states that border the Gulf, the US has more than three times the population bordering the Gulf. If Mexico still owned Texas we believe it would be a different story. However, since 1845 Texas has been part of the USA. Perhaps this change should have happened sooner.

Don Warth Longboat Key

See Letters, page 11



# WineTimes



# West Florida Fried Seafood & Complementary Beverages

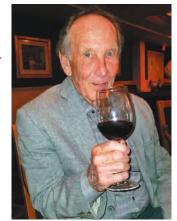
Lately our field research has taken us to popular seafood restaurants in Sarasota Florida.

S.W. and Rich Hermansen Guest Writers wine@lbknews.com

We set aside mandates of healthy food choices when we select certain seafood favorites. Fried

seafood has a devoted following for good reason. A quick browning of battered seafood delicacies adds a crunchy feel and buttery flavor to shrimp, scallops, oysters, fish filets, and crab fingers. Frying of seafood has to be done properly to conserve delicate flavors. The batter has to match the type of seafood. Careful timing of the frying process proves essential.

For some seafood dishes, the usual frying method does not work well. The small bay scallops cost less than the larger ocean (divers) scallops, but, when sauteed in butter and an inexpensive off-dry sherry, the bay scallops rival their larger cousins. A filet of fresh flounder, grouper, or sea trout tastes better when dipped in a light egg and milk batter, dusted with flour, and quickly pan fried than when deep fried. Frying crab cakes ruins them; gentle poaching in butter until lightly browned works best.



Lately our field research has taken us to popular seafood restaurants in Sarasota Florida. The new location of Tommy Bahamas on St. Armand's Circle serves the restaurant chains famous fried coconut shrimp with a crustier coating than we recall having at the prior location flooded by Hurricane Helene a year ago. The heavier coconut batter overshadows the mild, briny taste of the gulf shrimp. Red wine and brandy in a Bahia Sangria from the bar enhance the brioche and coconut crust. The horseshoe shape of the new bar adds to the ambiance of a place favored by locals as well as tourists.

On a college football game day, we visited the Daiquiri Deck on the Circle for their oversized Bloody Mary's. Well-seasoned and loaded with garnishes, this drink will carry you through three quarters of your favorite team's game. We tried the fried coconut shrimp off the appetizer menu. The light golden batter left the crunch in the large gulf shrimp. A cocktail and fried seafood brunch makes a home team win sweeter or a loss at least tolerable. The Deck offers a better game day experience than many of the local sports bars.

The Old Salty Dog restaurant on City Island across from Longboat Key serves a basket of five large shrimp fried with French fried potatoes. The coating of the shrimp has a mixture of sifted tempura and coarser flour in an egg wash. This batter puffs up slightly to give the fried shrimp an airy feel. An icy Calusa Zote beer on tap and a view of small and larger craft entering and leaving New Pass set the stage for a perfect West Florida evening.

Another day during the early days of the stone crab season, we stop for brunch at Walt's

Seafood Market, Restaurant, and Bar. At 11AM the crowds are beginning to gather at this Old Florida tiki hut on South Tamiami Trail in Sarasota. The specials menu has a starter of two fried softshell crabs and sweet potato waffle fries. It has two large softshells coated in an

egg wash and fried no more than a few minutes. The tender backfin lumps under the male crab hood and the large claws deliver a pure blue crab flavor and texture. The bar has Calusa Zote on tap as well as tropical cocktails that one would expect to find at tiki bar. Unlike most tiki bars that I know, Walt's also offers to those ordering dishes such as tuna, salmon, or the ribeye steak, a bottle of Belle Glos Dairyman Pinot Noir



from California at less than double its usual retail price, a true bargain.

Our field research continues during, and perhaps more so because of, the shutdown of the federal government. We would prefer to see the many dedicated scientists in federal agencies back at work. The gaps in support for their work threaten the health and welfare of our nation and the world.

S. W. Hermansen has used his expertise in econometrics, data science and epidemiology to help develop research databases for the Pentagon, the National Institutes of Health, the Department of Agriculture, and Health Resources and Services. He has visited premier vineyards and taste wines from major appellations in California, Oregon, New York State, and internationally from Tuscany and the Piedmont in Italy, the Ribera del Duero in Spain, the Barossa Valley and McLaren Vale in Australia, and the Otego Valley in New Zealand. Currently he splits time between residences in Chevy Chase, Maryland and St. Armand's Circle in Florida.

Rich Hermansen selected has first wine list for a restaurant shortly after graduating from college with a degree in Mathematics. He has extensive service and management experience in the food and wine industry. Family and friends rate him as their favorite chef, bartender, and wine steward. He lives in Severna Park, Maryland.



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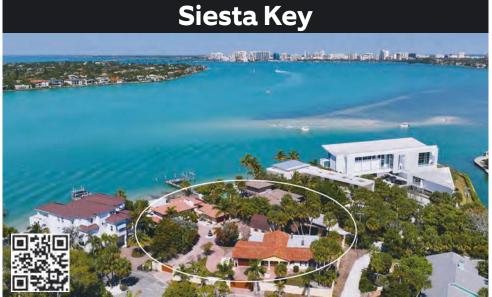
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# **Tangerine Bay Club**



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# **Golden Gate Point**



660 Golden Gate Point #32 \$899,000 <u>MarinaView32.com</u>

# KeyRealEstate

# Bird Key, Lido Key, Longboat Key latest sales

| Address                          | Sq. Ft. | <b>List Price</b> | Bed/B | ath/l | Half Bath | Days On Market | Sale Price  |
|----------------------------------|---------|-------------------|-------|-------|-----------|----------------|-------------|
| 3531 BAYOU POINTE                | 4,200   | \$3,500,000       | 5     | 4     | 1         | 0              | \$3,500,000 |
| 3040 GRAND BAY BLVD Unit#216     | 2,925   | \$1,850,000       | 3     | 3     | 1         | 17             | \$1,750,000 |
| 575 SANCTUARY DR Unit#A302       | 1,823   | \$1,650,000       | 3     | 2     | 1         | 18             | \$1,550,000 |
| 3467 BYRON LN                    | 2,227   | \$1,149,000       | 3     | 2     | 1         | 200            | \$1,075,000 |
| 4545 GULF OF MEXICO DR Unit#511  | 1,398   | \$1,050,000       | 2     | 2     | 0         | 5              | \$1,025,000 |
| 3806 GULF OF MEXICO DR Unit#C204 | 1,046   | \$310,000         | 2     | 2     | 0         | 93             | \$290,000   |





3531 BAYOU POINTE



# JEFF RHINELANDER

941-685-3590

Jeff@jeffrhinelander.com





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Page 10 Friday, October 24, 2025 The News

# **OnPatrol**



The following are actual police reports as written by Longboat Key Police Officers. They are edited for length, punctuation and to protect privacy.

# Oct. 17 Disturbance

1:50 a.m.

Officer Pescuma was dispatched to Sands Point Road in reference to a suspicious person. The caller is an employee of the resort and stated that there is a man in the lobby making strange comments and making her feel uncomfortable. Records show that the police department responded to a similar call involving the same subject on Oct. 16. Upon arrival, Officer Pescuma met with the security guard at the front gate who advised the subject, got into an Uber and departed the area. The man left the area without incident. Case clear



suspicious person. Upon arrival, Officer Miklos made contact with the caller's husband who stated a man in black was building a tent int he dunes and looked to be setting up a camp for the night. Officer Martinson and Officer Miklos made contact with a white man in a black shirt, pants and backwards hat near the dunes. The man had set up a plastic temporary tent. Officer Miklos asked the man what his plans for the night were in which he replied he did not know. Officer Miklos provided information on overnight caping on Longboat Key. The man advised he didn't know you couldn't sleep on Longboat Key and said he would pack his belongings up. The man didn't provide his ID and left without incident. At the time of the incident, no criminal violation or town ordinance violation was observed. Case clear.

#### **Incident**

12:45 p.m.

Sgt. Smith was dispatched to a suspicious incident originating from a 911 open line. The initial call received from a Verizon number, which was pinged to the area of Sands Point Road. Dispath reported an open line with background noise and an automated female voice repeating different phrases including, "I was afraid." Additional phone taps and unintelligible voices were also noted. Upon arrival, Officers checked the area and subsequently made direct contact with the individual who placed the call. The subject who was a pool maintenance worker, advised there was no problem and confirmed the call was an accidental pocket dial. No criminal activity or suspicious circumstances were observed. The call was determined to be unfounded and closed with no further action required.

## Oct. 18 Noise

7:45 a.m.

Sgt. Smith was dispatched to Broadway in reference to a possible noise ordinance violation. Upon arrival, Sgt. Smith made contact with the worker who was operating a leaf blower. The man indicated he had just started the equipment to test it. Per Town ordinance construction and related noise is prohibited before 8 a.m. Sgt. Smith advised the man of the violation. A verbal warning was issued and the incident was documented and entered into TRACS. Case clear.

## Vehicle

11:48 a.m.

Officer Maple while on patrol in the 4000 block of Gulf of Mexico Drive noticed a white Toyota Highlander positioned on the side of the road. The vehicle appeared to be experiencing mechanical problems. Officer Pescuma pulled over to assist and make contact with the driver. The driver identified herself who stated she was the owner of the Highlander and she was having problems with her vehicle. Officer Pescuma worked with driver to assess the situation with her vehicle. Through combined efforts, Officer Pescuma was able to successfully help remedy the situation that was affecting her car. After helping to resolve the mechanical issue, the woman was able to safely get her vehicle back on the road. The assistance was completed without incident and no further police action was required. Case clear.

# Citizen assist

7:58 p.m.

Officer Martinson was dispatched to the Longboat Pass Bridge on a call of a Citizen Assist. Upon arrival, Officer Martinson assisted the bridgetender in moving approximately 20 people who were fishing in the restricted area on the bridge. All the parties complied and moved to other areas where fishing was allowed. Case clear.

## Oct. 19 Person

6:38 p.m.

Officer Miklos and Officer Martinson were dispatched to Gulfside Road in reference to a



# Oct. 20 Parking

8:59 a.m.

Officer Mathis was dispatched to Binnacle Point Drive in reference to the caller they couldn't pull a boat with trailer off their property due to a dump trailer in the roadway. Upon his arrival tot he location, Officer Mathis did observe the two lane roadway open for the most part. The dump trailer was half on the shoulder and half on the roadway open for the most part. The dump trailer was completing hurricane damage repairs to a home on Spanish Drive. Officer Mathis spoke with the woman who resides at the home and she explained that they are completing work on a nearby residence and that she didn't want the trailer there for whenever they wanted to pull their boat into and out of the driveway. Neither portion of the circular driveway waws blocked, the roadway was passable and access to either side of the driveway is open. The woman further explained that she was selling her residence and that the new homeowners have a 36-foot vessel and would not be able to use the driveway with the trailer parked at its current location. Officer Mathis spoke with the trailer company via telephone and they explained that the trailer was dropped off to assist with debris removal from a hurricane damaged home and the crew was actively using the trailer to remove site debris. Officer Mathis asked him if he could work with the neighbors and possibly relocate the trailer. The man apologized for any inconvenience the trailer had caused and assured that he would move the trailer if and when needed. During the incident, Officer Mathis observed numerous workers loading debris into the trailer as it was actively being used. Unbeknownst to Officer Mathis, the homeowner had already contacted the company via cell phone prior to the officer's arrival. Trying to resolve the issue at hand, Officer Mathis asked the homeowner when they would need the road clear to move the vessel, she mentioned earlier and she said it wouldn't be for another couple of weeks. The worker advised he would have his crew move the trailer once they were done loading it within the hour.

# Oct. 21 Trespassing

11:25 a.m.

Officer Martinson while on patrol in Greer Island when he observed a middle aged husband and wife walking along the privately owned seawall. Officer Martinson stopped the couple and advised them they were walking through someone's yard and that it is private property. Officer Martinson pointed out the posted no trespassing sign and advised them the owners will call the police to have them trespassed if they continue to cut through the property while walking along the beach. The couple apologized and stated they would walk back out tot he Gulf of Mexico Drive to get around the property on their way back to the beach. It did not appear that the owners were home at the time nor was there a reported complaint. Case clear.

## Oct. 22 Civil

9:29 p.n

Officer Martinson responded to Bayport Way regarding a civil dispute between a condominium owner and a former construction worker. The complainant stated that several months ago they had hired someone through Home Deport to do a bathroom remodel. The owner stated the man did a horrible job and both parties agreed to a half payment for the work that had been done. The owner stated that today out of the blue, the man sent several text messages stating he didn't receive the rest of the payment he would dump the debris back on their property. The homeowner stated they were currently out of town for the next several months and wanted Officer Martinson to check on their property and patrol the area throughout the night. Officer Martinson drove over to the property to check if any debris had been left on the homeowners property or any other damage had occurred. Everything appeared to be normal. Officer Martinson then spoke with the worker via cell phone about today's events and the worker stated he did tell them he did contact the homeowner about his past due payment and when they refused to pay him he did say he would return the property and debris that he removed from their residence and place it on the property. The worker stated he was never intending to damage anything but only return what he had removed. Officer Martinson advised him to not dump the debris back on the property and to stop texting them about his payment. Officer Martinson told him that he needs to go through civil claims court if he wants to get paid the money he feels he deserves for the work he did. The worker agreed. Case clear.

# letters@lbknews.com

# Editor Letters

#### Letters, from page 6

# Request for Transparent, Inclusive Public Engagement on Major Decisions

To: Longboat Key Town Commission

Thank you for serving the town of Longboat Key, and for providing a forum for discussion today. I am writing to express concern about the recent process surrounding the proposed name change of Gulf of Mexico Drive.

While the decision to retain the name was ultimately made, it was based on an informal sample of approximately just 450 letters — 100 in favor and 350 opposed — in a town with approximately 5,000 full-time and 30,000 part-time residents. That is not a representative reflection of the broader community.

More importantly, the timing and lack of public awareness about the issue significantly limited engagement. This primary conversation regarding this issue took place during the summer months — a time when many seasonal residents are away and unable to participate. The road signs were taken down in August of 2025, when the lowest number of residents are present. Furthermore, there was no formal survey, no direct outreach to all residents, and limited public visibility around the issue. There was no national coverage on this issue, and out of sight means out of mind.

When I raised concerns about timing, one council member stated she was busy and felt offended by the suggestion to wait and hold such serious matters during season. While I respect her dedication and year-round service, I want to be clear: this isn't about any individual. It's about ensuring the process is fair and that decisions reflect the voices of as many residents as possible. As public servants, the responsibility lies in serving the community's collective interest — not in personalizing constructive feedback.

A more transparent and inclusive process — one that includes formal surveys, wide outreach, and seasonal timing that allows more participation — is essential for decisions of this scale. A small, unpublicized sample during the off-season simply does not fulfill that standard.

I appreciate your attention to this matter and encourage you to consider procedural improvements that better serve the entire Longboat Key community.

Laura Pastuszek Longboat Key

## **Email contact from Town of Longboat Key**

To: Longboat Key Commission

If I remember correctly, Sarah, you expressed an interest some time ago in attending a meeting of the Town's Plng & Zoning Board. We are now back to meeting, and have one scheduled for tomorrow at 9:15, Town Hall, with an interesting agenda....perhaps more interesting than a name change which I watched on the web but could not hear. I would fully understand if you are meetinged out for now!

Jay Plager Longboat Key

#### **Gulf of Mexico Drive**

To: Janet Sanzo

Thank you for taking the time to write to the Town Commission concerning the possible renaming of Gulf of Mexico Dr. At the meeting today, the Commission reached consensus not to take any action on the proposal at this time. I look forward to seeing you back on Longboat Key this fall.

Penny Gold

Commissioner

Town of Longboat Key

#### **Gulf of Mexico Dr.**

To: Longboat Key Mayor Ken Schneier

It was my intention to join the meeting today, but I have a doctors appointment that I cannot reschedule. I want to weigh in and say that I oppose changing the name of Gulf of Mexico Dr.

Rusty Chinnis

Chairman

Suncoast Waterkeeper

## LBK story

To: WWSB Reporter Savannah Younger

You did not accurately cover the GMD story today. The only speakers you ran were both in support of changing the name of the street and were in the distinct minority. Many other speakers did not talk about "hating America" and asked the Commission not to burden them with costs associated with a name change. I did not see you in the meeting.

BI Bishop

Commissioner, Town of Longboat Key

## St. Regis Groin Sign Code Amendment

To: Longboat Key Vice Mayor Debra Williams

You're welcome. Please let me know if you have any questions. Of course, there will be a hearing in which we'll give you all the details.

Brenda L. Patten, Esquire

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See Letters, page 13

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Page 12 Friday, October 24, 2025 The News

# KeyNature

# Late afternoon birding can be mellow

"Across the evening sky, all the birds are leaving But how can they know it's time for them to go?"

— Sandy Denny, "Who Knows Where the Time Goes?"



Check out the bills on these black skimmers — can you see their eyes? CREDIT: Michael Givant

# Michael Givant MICHAEL GIVANT

Guest Writerr

Givant@lbknews.com

Lowering sun, hard shadows falling on white sand and gathering birds make late afternoon not only a very good time to bird on Whitney Beach but also a spiritual time.

One afternoon the setting sun is laying a golden carpet on the water's edge. Three dozen sanderlings race after small, gently rolling waves, put their small bills into the sand with startling speed and then run to avoid an incoming wave. At a distance they resemble scurrying insects. Up close the sanderlings have two elegant identifying features: a thin dark brown line that runs across the top of their wings at the joint and dark brown showing at the tail.

Full-bodied royal terns — beach regulars — are recognizable by their large orange-yellow bills. Mixed in with them are the smaller, more slender cousins, the sandwich terns that have long, thin, black bills whose yellow tips give them a banana-like look. Through binoculars I look at a ring-billed gull, whose yellow bill has a black band near the tip, floating in shallow water surrounded by the fiery yellow of the setting sun.

Most of the remaining birds fly out to the sun. How do they know when it's time to go? The sanderlings now fly into the path of the sun's red ball then turn north, flying low over the water. Turning again, they fly the other way. Walking down the beach there are two-dozen other birds clumped up on the wet sand at the water's edge. They apparently have a different curfew. In my mind's ear I hear the words from the old Sandy Denny song sung by Judy Collins. I don't take them literally. Instead I feel the music, and mellowness runs through me with a tinge of wonder at the birds' timing.

Another afternoon later in winter, passing in front of the assembled multitude of gulls, terns and skimmers, I hear a high-pitched two-note plaintive call. None of the royal terns has its bill open. The sound comes again, and this time I see a laughing gull morphing into summer plumage with a black head and white splotches on its face. Some red is starting to show on its bill, which is open and offers a tantalizing view of its mouth, a dark red toward the front and a bright, rich red at the rear. It flies.

Two other laughers morphing into summer plumage are facing each other with wing joints held away from their bodies. This is a strong indication of mating interest. Later the pair is looking in the same direction. Oddly they both seem content. Perhaps this is love.

Two willets, non-descript, large sandpipers, are walking down the beach looking lean, lithe and oddly like little merry-go-round racehorses. Their bills look a little too long for their bodies, and the birds always seem to be carrying them like a medieval knight did his lance on horseback. The birds plunge those bills, slightly open like chop sticks, into the wet sand searching for aquatic invertebrates. I almost have never seen anything in them when they are withdrawn from the wet sand and wonder if they got anything. These birds fly suddenly, their dull brown becoming exciting as their wings show a bold white pattern in flight. They land further down the beach where they continue feeding.

Between 100 and 200 black skimmers are here. Built low to the ground like dachshunds, their black bodies, red legs and feet give them a striking look. It is, however, their red and black bills with an upper mandible that is shorter than the lower one that makes them unique. Those bills, which resemble Halloween candy corn, allow the bird to skim the water with their lower mandible and when they touch prey, snap it shut. One is laying face and bill down in the sand "playing dead" and resembles a still life painting. The bird, actually resting, staggers to its feet at my approach.

I sit on a mound looking around at the passage of daylight to twilight as sunlight dances on water, hard shadows fall on the sand and "fingers" of waves make inroads onto the sand. This landscape helps bring me here in the late afternoon. Should most of the birds fly off simultaneously, I hope I'll hear the old music and feel mellowness tinged with wonder. That'll be icing on the cake.

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These two laughing gulls are coming into summer plumage. The wings, held slightly away from their bodies, indicate a mutual interest. CREDIT: Michael Givant



Three royal terns well into their summer plumage on Whitney Beach last winter.



A sandwich tern on Whitney Beach.



This willet's left leg is injured. I saw the bird a few days later, and was a little better.



Check out the black skimmer's bill with a longer lower mandible.

## Letters, from page 11 St. Regis Groin Sign Code Amendment

To: Brenda Patten

Thank you for your email regarding the St. Regis signage in question.

Debra Williams

Vice Mayor

Town of Longboat Key

# St. Regis Groin Sign Code Amendment

To: Longboat Key Commission

Attached is a letter to you requesting that you authorize staff to prepare a Sign Code amendment that will allow the sign on the St. Regis groin to remain as already approved & constructed in accordance with a permit from the Florida Department of Environmental Protection. We need to amend the sign code to add this sign to our Town permit. Please feel free to call me or schedule a site visit with Allen Parsons to view the sign. I look forward to discussing this sign code amendment with you in a future public hearing.

Brenda L. Patten, Esquire Berlin | Patten |Ebling, PLLC Sarasota

# Hurricane Milton after one year and the future of Midnight Pass

To: Longboat Key Town Commission

Last year, Hurricane Milton made landfall on Siesta Key as a Category 3 hurricane, with maximum winds of 115 mph. Milton killed 42 people across Florida and caused over \$34 billion in property damage in the state. Milton dropped as much as 7 inches of rain on our region and had a storm surge that maxed out at about 8 feet. This was a similar maximum storm surge as Helene, but the surge from Milton was located mostly to the south of Big Pass, whereas the storm surge from Helene was widespread, as Helene was far offshore. If you recall Ian and Irma (2022 and 2017, respectively), if you're on the north side of the eye of a landfalling hurricane, the counterclockwise winds push water away from the coast, which is why Anna Maria and Longboat Key had widespread flooding from Helene, but not Milton.

Both storms had much more wind than Tropical Storm Debby (also in 2024), but Debby produced much more rainfall – and flooding – than either Helene or Milton. Debby's rainfall peaked at over 17 inches in our region and caused massive flooding in both Sarasota and Manatee Counties. In terms of impacts to the bay, the massive rainfall from Debby caused more problems than either Helene or Milton, similar to how the intense rainfall from Ian adversely impacted the bay, even though we had no storm surge, and not much wind damage.

Of particular interest to folks in the lower part of our watershed, both Hurricane Helene and Hurricane Milton reestablished the previously closed (by humans) tidal connection between Little Sarasota Bay and the Gulf of Mexico. But while the connection only lasted a few days after Helene, the "new" Midnight Pass created by Milton has been open for over a year now.

Sarasota County has informed FDEP that it intends to keep the pass open, which should benefit water clarity in Little Sarasota Bay, and which should also reduce the impacts that occur due to salinity stratification and bottom water hypoxia, a phenomenon strongly manifested in Little Sarasota Bay after high rain events when this pass was closed. The County and its consultants have been working to develop a series of threshold values that would trigger some sort of management action, whether spot dredging or some stabilization techniques. The specific action to be implemented has not yet been decided upon.

The threshold values proposed by the County's consultants include: 1) the cross-sectional area along an established transect should not fall below 500 square feet, and 2) the location of the pass should not vary by more than 100 feet. Other potentially relevant thresholds that have been suggested by other entities include those related to the maximum velocity in the pass. SBEP has been working with the County and its partners to analyze the data from weekly monitoring for a year now, and it is our intent to continue to provide this service to the County into the future.

So, what does the data look like, a year after the reestablishment of the historical tidal connection between Little Sarasota Bay and the Gulf of Mexico? The data results suggest that the pass is not in any imminent danger of closing.

Lots of people had lots of opinions on whether or not this pass could stay open by itself. Some said it couldn't last; some said it couldn't last unless the County deepened an existing shallow channel to the north, connecting the pass to the area of the Turtle Beach boat ramp. Well, it looks like this pass might have a lot in common with "Irma Pass" up in Pinellas County, which was created between Bunces Pass and Pass a Grille after Hurricane Irma in 2017, and which has stayed open – without dredging – for eight years now.

One of the other characteristics tracked by the County is the location, along a north-south axis, of the pass. The graph below shows the location of the deepest depth of the channel along the established transect, which may or may not be the metric that the County wishes to use –

The location of the deepest depth along the transect looks like a sine wave, which is really neat. It also illustrates that it is folly to build a house next to a wild pass, as they move over time. The County's threshold is that of a 100-foot change, but the way that 100-foot change is measured has not yet been fully developed.

Overall, these results suggest that the newly reestablished pass has been dynamic, but persistent, for a year now. Will it last eight years without the need for intervention, like Irma Pass to our north? Nobody knows. It is worth pointing out that the minimum channel depth and smallest cross sections occurred in January of this year, which could mean that the combination of lower rainfall (thus less freshwater leaving the bay) and strong winds from the Northwest associated with the passage of cold fronts could be a problem over the next few months. Or maybe not. But the County's proactive approach to pass management is the right path to take.

Under our new Director, Dr. Ryan Gandy, the SBEP will be there to help analyze and interpret the data from these monitoring events, as well as working to document the impacts of the reestablished pass on water quality, seagrass distributions, and changes in fisheries.

Several dozen Floridians died from the impacts of Hurricane Milton; we should never forget that. And the storm caused tens of billions of dollars of damage to our state. But if there is a silver lining to the storm, it took off the table the sometimes-rancorous debate about what to do about Midnight Pass and Little Sarasota Bay. Hopefully, we can take advantage of this opportunity, proactively manage the pass using the County's approach, and put this 40-year-old controversy behind us.

David Tomasko

Executive Director Sarasota Bay Estuary Program

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Friday, October 24, 2025 The News Page 14

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# **BreakPoints**



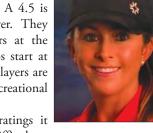
# How can I raise my overall game level?

What, and in which strokes, are the main differences between a 3.5 and 4.5 level club player? What should a 3.5 player focus on to improve?

#### **JACKIE BOHANNON Guest Columunist** tennis@lbknews.com

For those unfamiliar with ratings the NTRP classifies players by their tennis playing abilities. A 1.5-2.0 is a beginner, and a 7.0 is a touring pro. Therefore a 3.5 is your average

tennis player, a strong intermediate, who can for the most part play and fit in with anyone at the club. A 4.5 is an advanced recreational player. They are usually your best players at the club. Typically teaching pros start at 5.0 and higher, so your 4.5 players are usually your top echelon of recreational



As you improve up the ratings it increasingly becomes more difficult to and and and get to the next level. That is because

the details of the game start to become more minute. To answer your question, the difference between a 3.5 and a 4.5 is everything. The 4.5 is more well-rounded. The 3.5 may have one or two aspects of their game that are perhaps stronger than the 4.5 but the 4.5 has fewer weaknesses, more diversity, more match tough experience, etc.

If a player rated 3.5 has a goal of reaching 4.5 there are many areas to focus on to improve, so I will focus on the following: footwork, stances, anticipation, reaction, consistency, control, placement, and power.

Footwork- Generally, the better the player the better the footwork. Many 3.5's will split step for their volleys, but not at the baseline. Better players are always on their toes. Try split stepping anytime your opponent hits the ball.

Stance-Work on diversifying your stances. Many 3.5 players still hit with a mainly closed, or semi-closed stance. I highly recommend hitting open stance. Generally, more advanced players (like a 4.5 or higher) hit more balls with an open stance. You need a variety of footwork and stances, but the open stance disguises your shots more, gives you more topspin, and makes your recovery more efficient.

**Anticipation** — Beginners tend to start moving for the ball once it is already on their side. Intermediates usually start moving when the ball has already been hit by the opponent and is close to clearing the net. However advanced players tend to watch the ball come off their opponent's racquet, so they are able to start reading where the ball might go, and anticipate where they need to move. That is why when you watch advanced players it can look more effortless. A 4.5 will look at their opponent and recognize when they are in trouble and move in to look for a short ball. A 4.5 will recognize when their opponent is going to drop shot them. A 4.5 will see their opponent is going to hit a topspin or slice backhand.

**Reaction** — A 4.5 has better hands and quicker reaction times. A 3.5 should work on volley volley drills back and forth working on consistency first and then speed. A 3.5 might be able to volley back and forth at the net with a friend 30 times in a row. A 4.5 can do it 100 times and the speed will increase. Also a 3.5 tends to watch their shots, but a 4.5 hits and recovers immediately. A 3.5 gets surprised by their great shots, but a 4.5 expects them. A 3.5 remembers their good shots after a match, a 4.5 dwells on their bad ones.

Consistency — Generally, a 4.5 is more consistent than a 3.5. One of my favorite drills is the 100 Ball Club. Try rallying with a friend or a pro and your goal is to get 100 balls consecutively baseline to baseline. Work on getting a higher first serve percentage. 3.5's still make more mistakes than winners. A 4.5 generally doesn't beat themselves. They make their opponent work for each and every point.

**Control** — A 3.5 needs to develop many speeds. Every ball can not be hit at the exact same pace. You need to have your consistent rally ball and your put away shot. Work on being able to hit at 25, 50, 75, and 100 percent power levels. You want to be able to hit angles, drop shots, lobs, as well as flat, topspin, and slice.

**Placement** — Work on hitting targets. Instead of focusing on a general area like hitting your forehand cross court, put targets out and aim for the target. Make the target smaller and smaller. At Bird Key we have a circle target where players can focus on hitting through the circle. This develops excellent placement and control. Always practice and hit with a purpose. Often I find players are thinking about just getting it in. A 4.5 really knows how to develop a point, and place the ball. They always have a plan.

Power — Not only does a 4.5 usually hit harder, but they know when to hit harder. Sometimes you'll have a 3.5 that can hit hard, but they are not consistent. A 4.5 attacks all short balls, and generally puts the ball away everytime they get a short, weak, or soft ball. If a 4.5 gets an overhead the point is done. If in doubles the 4.5 gets a shot at the net the point is done. A 4.5 knows when to pull the trigger and be more aggressive. Oftentimes a 3.5 doesn't put the ball away when they get the chance, or it takes 2 or 3 times to finish the point. Focus on finishing the point and putting the ball away the first time you get the opportunity.

In conclusion, advancing from a 3.5 to a 4.5 brings to mind one of my favorite philosophies called marginal gains. Marginal gains is the process in which small incremental improvements add up to significant improvement when they are all added together. This is a perfect mentality and work ethic for a tennis player looking to improve. Hopefully my few suggestions today will help you reach your goals.

Jackie Bohannon is the Director of Tennis at the Bird Key Yacht Club.

# Serve Jackie your best shot!



Long-time tennis pro and recently-named America's Top Coach Jackie Bohannon will answer any question on tennis. Please email question you have on strategy, technique, mental game, fitness, equipment, etc., to: tennis@lbknews.com

# KeyCrossword

# So Passe

## **ACROSS**

- "Ray, If someone asks if you are you say, 'yes!""
- Roald Dahl
- NPR's Flatow
- the throne" (Kanye lyric)
- 17. Traitor\*
- 19. Edit
- 20. Like many scenes portraying a character's death
- 21. Foofaraws
- "Holey moly!"
- in some sports\*
- 28. Less abundant
- 33. 2007 John C. Reily film subtitled The Dewey Cox Story\*

- Lars von
- 42. Dr. of "The Chronic"
- 43. Scratch
- 46. Raise to 100C\*
- Tessellation
- Trophy for a cruel hunter\*
- 56. Pince-
- Brainstorming products
- Knight's legwear

- (Ghostbusters)
- character
- Senegal locale
- 14. Blanchett who played Dylan
- "You \_\_\_\_ watching

- Hot tub sound
- End game strategy
- 32. "Is You \_\_\_\_ Is You Ain't My Baby?"
- Newsman Charles
- Six-pack contents
- Melancholia director

- Free speech org.
- arrangements
- Snug-bug connector
- 60. Explorer de Gama
- 64. Connecticut spice 66. Stiff with the green\*

- 69. Feathered
- neckwear 70. Underground dance 22. Potential party
- 71. Website host
- 72. Classic Gibson quitars
- 73. Little on The Wire

## DOWN

- 1. Book ascribed to Luke
- 2. France, once
- 3. Other in Oaxaca 4. 'Rotten' state
- Program blurb
- 6. Brothers' keeper?
- 7. Tim Tebow, once
- 8, Sports Night showrunner
- 9. Michelangelo works Jeremiah Wright's
- title: Abbr. Mandy's "The
- Princess Bride" role 12. Trig. function

- 13. "Eight Days
- 18. One way to:
- employer's concern, perhaps
- 25. He was posthumously awarded an Oscar in 2009
- 27. Partner of sm. and med.
- Crossed the English Channel, e.g.
- 29. Spring Break destination
- 30, "What's more,"
- Initial school subjects?
- 34. Not brilliant
- Get too high from
- 37. What a copy stems from: Abbr.
- Improviser Close and others

Graham Rosby

- Chow down on
- Nerdy party 45. Make something of
- yourself.
- 47. Parisian student Superman villain
- Abu Dhabi's fed.
- True Blood" makeup props
- 53. "It's \_\_\_\_ bet!"
- David Foster Wallace speech
- "This Is 55. Slaps on
- 59. Make out in
- England? Staple of Hawaiian
- street food 62. Spanish bubbly
- 63. Certain court hearing Dallas dribbler,
- briefly
- Brooklyn rappers Racist

# A CENTURY OLD STORY



# MIRA MAR

Residences

SOUTH PALM AVENUE

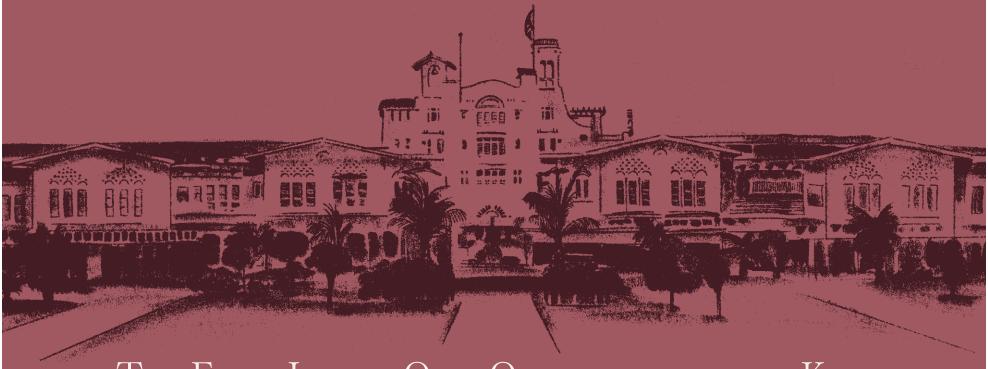
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