



# SETTING SAIL



PARENTING WITH A PURPOSE



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### SUMMARY

Setting Sail: Parenting with a Purpose is a 4 session On-Demand class that will help parents at Meck better understand the importance of treating their role as a parent as a mission from God. The goal is not only to see the value and big picture of the mission of parenting, but to also work toward practical steps to see the mission through. Instructors will cover a variety of topics related to parenting with the goal for participants to leave class with their own family mission / vision statement. This statement can be used as a roadmap for guiding them to be intentional parents who make the most of their time on mission as parents.

### CLASS OVERVIEW

**Session 1:** The Importance of a God-Centered Vision

**Session 2:** A Jesus Litmus Test

**Session 3:** Creating Your Vision

**Session 4:** Checking in with Your Vision





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# SESSION ONE

## The Importance of a God-Centered Vision

### INTRODUCTION

#### What do we focus our vision on?

##### God's call to parents:

"Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates."

|| **Deuteronomy 6:5-9 (NIV)**

##### Jesus' most important laws:

Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself. "

|| **Matthew 22:37-39 (NIV)**

##### A vision centered on God's call helps us:

- Make decisions in light of God's call
- Discern what is moving us towards our goals as a family
- Prioritize values that don't come naturally to us

What examples come to mind (decisions, important things that get de-prioritized, ways your family gets derailed) where a vision might be helpful?



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# SESSION TWO

## A Jesus Litmus Test

### A Jesus Litmus Test

While he was saying this, a synagogue leader came and knelt before him and said, "My daughter has just died. But come and put your hand on her, and she will live." Jesus got up and went with him, and so did his disciples.

Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. She said to herself, "If I only touch his cloak, I will be healed." Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed at that moment.

When Jesus entered the synagogue leader's house and saw the noisy crowd and people playing pipes, he said, "Go away. The girl is not dead but asleep." But they laughed at him. After the crowd had been put outside, he went in and took the girl by the hand, and she got up. News of this spread through all that region.

**|| Matthew 9:18-26 (NIV)**

**What can we glean from Jesus in these verses:**

Jesus is...	A value we have to reflect is...



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# SESSION THREE

## Creating Your Vision

### Examples

The De Kam Family Covenant

**We will trust God** in all seasons, seeking Him first.

**We will love one another** with patience, kindness, and selflessness.

**We will forgive quickly** and extend grace freely, with no bitterness.

**We will do all things with integrity**, being truthful, faithful, and honorable in all we do.

**We will welcome others into our home** with warmth, kindness, and openness.

**We will rejoice in the Lord**, finding joy in His presence, regardless of our circumstances.

The Drye Family Covenant

**Godliness** - 1 Timothy 4:8

**Respect** - 1 Peter 2:7

**Courage** - Joshua 1:9

**Service** - Philippians 2:4

**Thankfulness** - 1 Thessalonians 5:18

**Integrity** - Proverbs 4:25-27

**Love** - 1 Corinthians 13:4-8

### Things to Consider:

- 10 year test
- Consult the Bible
- Pray for guidance and discernment





# SESSION FOUR

## Checking in with Your Vision

### When to Check In

- Beginning of the school year
- January
- Big decisions
- Family growth
- Life stage change (elementary to middle school, senior year, empty nesting)

### Next Steps

- Complete your vision
- Take “A Well-Ordered Life” On-Demand
- Check out the resource list at the end of this booklet



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# Recommended Resources

## Meck Institute Classes

“The Faith-Centered Family”

“Rooted: Foundations of a Strong Marriage”

“Foundations 101”

## Books

Parenting by the Book by John Rosemond

Foundations by Ruth and Troy Simons

Parenting: 14 Gospel Principles that Can Radically Change Your Family  
by Paul Tripp

Raising Worry-Free Girls by Sissy Goff

Shepherding Your Child’s Heart by Tedd Tripp

Raising Emotionally Strong Boys by David Thomas

Sacred Marriage by Gary Thomas

## Sermon Series

The Underprotective Parent

Parent-Child Turning Points

Parent Traps

Marriage Mentoring

How to Bible

Back to New

## Serving Opportunities

Nursing Home Serve Days

Crisis Assistance Ministry

Family Serve Days

## Other

Meck App

\*There are so many parenting resources  
available under the MeckKidz tab



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# Additional Notes



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