

5 INTERVAL SPELLS

EVERY COMPOSER NEEDS

Compose Faster. Sound More Original.
Unlock Interval Magic.



MUSIC INTERVAL THEORY ACADEMY
CIRCLE OF INTERVAL MAGICIANS

To help you get started with **Interval Magic** ✨
and see how it works, I've put together a short
introduction video 🎥.

If you're already familiar with Interval Magic, you
can simply skip the video and jump straight to the
5 spells on the next page.

Not seeing the video? [Click here.](#)

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"I've put these spells together to help you write music that's more original and exciting, give you a creative edge, and support your journey toward becoming a more successful composer.

Most of all, I hope this helps build your trust in Interval Magic and the Circle community along the way." ✨

Frank, Interval Magician ✨🎵

The Circle of Interval Magicians - We are a creative guild of composers and musicians who use the intervals to write original, magical music!



Spell 1: Scaling of Triads

"Turn plain triads into Disney enchantment." ✨

The Problem:

Plain triads often feel flat and predictable!



The Spell:

Scale triads upward or downward in sequence. Harmony instantly sparkles with motion and magic.



The numbers show the chromatic distances between notes. For example, from C up to E is 4, and from E up to G is 3. If we double these numbers using the Scaling technique, 4 becomes 8 and 3 becomes 6, so our 4+3 structure becomes 8+6.

Major and minor triads are a great starting point for writing music. They're easy to use, fun to work with, and with the proper spell, they can grow into rich and sophisticated sounds.



Benefits of this spell:

Instant Disney-style Magic

Create lush, romantic, and magical harmonies.

Extend Simple Progressions Effortlessly

Add depth and sparkle to ordinary major/minor triad progressions.

Balance Simplicity and Richness

Move fluidly between simple triads and more complex structures.

Transform Vertical into Horizontal

Translate scaled structures into melodic sidelines and counterpoint.

Unlock Compositional Flexibility

Scaling adapts to both, background and featured passages.

Not seeing the video? [Click here.](#)



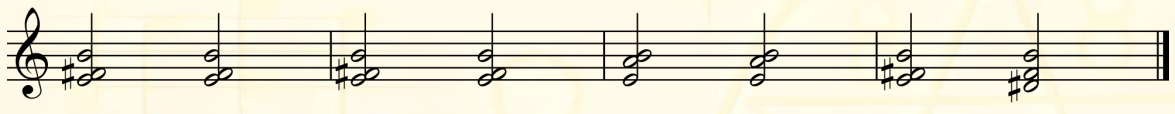


Spell 2: Complementary Intervals

"Two halves make infinite color." 

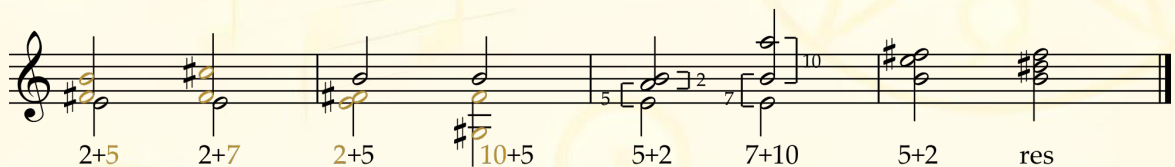
The Problem:

Using the same structures repeatedly makes music dull.



The Spell:

Pair intervals with their complements (numbers that add up to 12, the octave). They balance each other and open up surprising harmonic flavors.



Complementary intervals (like 2 and 10, or 3 and 9) share the same character and feel as if they belong to the same musical world. Because of that, you can take any one of them in a vertical structure and swap it out for its complementary interval.



Benefits of this spell:



Shared Character, Different Flavor

Complementary intervals have the same “musical DNA.”



Open New Musical Doors

Unlock fresh harmonic pathways while keeping the core mood intact.



Add Color to Boring Progressions

Transform flat or predictable harmonies into rich, surprising textures.



Expand Vertical Structures

Use complementary swaps to breathe new life into static chords.



Brother–Sister Relationship

Complementary intervals add variety while preserving continuity.

Not seeing the video? [Click here.](#)





Spell 3: Negative Harmony on Mediants

"Flip your music into a mirror world."

The Problem:

Mediant shifts (the regular ones) can feel cliché and overused.

Em C Am Eb Cm Ab

regular mediants to C major regular mediants to C minor

The Spell:

Apply negative harmony around a central axis → mediants become mirrored reflections, creating fresh cinematic moods.

Eb C Ab Em Cm Am

negative mediants to C major negative mediants to C minor

Negative Harmony on mediants is a great way to add new energy and fresh colors to ordinary chord progressions. You can freely swap one mediant for another, even after the progression is already written, and it instantly gives you a fresh perspective on familiar chords.



Benefits of this spell:



Escape the Cliché

Negative mediants feel like unexpected, cinematic twists.



Shift to New Scales & Tonal Centers

Move seamlessly into new harmonic landscapes.



Freshness Inside Conventional Harmony

Add surprise and originality without abandoning traditional harmony.



A Storytelling Power Tool

Negative mediants carry emotional weight.



Combine with Other Spells

Since they're still triads at heart, you can even scale them.

Not seeing the video? [Click here.](#)



Spell 4: The Portal

"Gliding smoothly through different keys and tonal centers." ✨

The Problem:

Generic progressions based on the circle of fifths sound boring and predictable.



The Spell:

Use the portal (4+4) to glide quickly between tonal centers via a chromatic step in just one voice. This creates surprising yet smooth transitions.



Once you start writing with simple major or minor triads, you can open the portal that lets you move smoothly into six different keys, three major and three minor.



Benefits of this spell:

Effortless Modulation

Step smoothly into six different tonal centers with just one portal.

Connect To Other Spells

Combine the portal with any other spell based on triads.

Chromatic Flexibility

Chromatic connections make tonal shifts feel natural and seamless.

Transformable Structures

Portals can morph into augmented triads or extended chords (like 11ths).

Enhance Any Progression

Elevate any generic progression with surprise and sophistication.

Not seeing the video? [Click here.](#)





Spell 5: Magical Interval Matrices

"Infinite invention from one grid." ∞

The Problem:

Running out of new material can quickly lead to writer's block.



The Spell:


Start with an Interval Matrix. Each cell becomes a seed for melodies, harmonies, and development. One grid = unlimited ideas.





Interval matrices add a powerful, almost magical touch to any chord progression, or even replace chords altogether. Each vertical stack of intervals creates its own unique color and sound.





Benefits of this spell:

 **Cover Every Chord Possibility**
Matrices include all diatonic chord structures.

 **Rich, Interval-Based Progressions**
Build harmonies that *sound* like chords but are interval-based.

 **Vertical ↔ Horizontal Flexibility**
Any vertical structure can be translated into horizontal lines.

 **Natural Chromatic Connections**
Chromatic transitions link matrices seamlessly.

 **Bridge Between Worlds**
The perfect link between diatonic harmony and intervallic structures.

Not seeing the video? [Click here.](#)



 *Congratulations!* 

You now hold 5 powerful Interval Spells. 

You're no longer "*just a composer*" —
you're stepping into the **Circle of Interval Magicians**.

That's where we share spells, trade secrets, and grow
stronger together.

 **Join the Circle**



SCAN ME

Frank Herrlinger



See Frank's [credits on IMDB](#).

🎵 Interval Composer & teacher (films, animated shows, video games, commercials)

🧙 Co-founder of MITA (Music Interval Theory Academy)

⌚ Helps (busy) composers turn small ideas into finished pieces with timeless techniques and step-by-step frameworks (based on the intervals)

🌟 Interval Magic tickles out originality and avoids sounding like everybody else

✨ You're closer to your own magic than you think

Thomas Chase Jones (TC)



See TC's [credits on IMDB](#).

🎵 Interval Composer, arranger, mentor (40+ years)

🎬 Credits: Disney, Warner Bros., Universal, Mattel, and many more. The Batman, Dexter's Lab, Scooby-Doo, DuckTales, and many more

⚡ Scored up to 5 animated shows/week, and Interval Magic made this possible

🔮 From workhorse to wizard: discovered shapes & colors beyond textbooks

🤝 Co-founded MITA with Frank in 2015

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