



### FROM TIDR FACULTY

Treatment Innovation and Dissemination Research Group(TIDR) is a collective of faculty, post-doctoral fellows, graduate students and community partners within the University of Michigan. Our research group focuses on community based intervention research that utilizes technology to deliver evidence based interventions within various populations. TIDR Investigators submit grants and receive funding to develop and test mental health interventions within different communities of need. Investigators also focus on functional outcomes, such as employment. Collectively, TIDR works as a group to share resources, provide mentorship and promote intervention research. TIDR Investigators obtain funding through federally funded grants, private grants and internal grants. During this reporting period, over 35 grants were submitted and 15 projects were funded. Throughout the report we have outlined TIDR accomplishments. Project highlights throughout the report demonstrate the continuous dedication to the innovation of health treatment to become more accessible and sustainable within communities of needs.

# TIPDR FACULTY



Joseph Himle, PhD TIDR Founder and Co-Director



Addie Weaver, PhD TIDR Co-Director



Matthew Smith, PhD TIDR Co-Director



Lindsay Bornheimer, PhD Assistant Professor, University of Michigan School of Social Work



Katrina Ellis, PhD Assistant Professor, University of Michigan School of Social Work



James Ellis, PhD
Assistant Professor,
University of Michigan
School of Social Work



Daniel Fischer, LMSW
Assistant Dean of Field
Education and Clinical
Assistant Professor of
Social Work, University of
Michigan, School of Social
Work



Andrew Grogan-Kaylor, PhD Professor, University of Michigan School of Social Work



Jaclynn Hawkins, PhD Assistant Professor, University of Michigan School of Social Work





Jamie Mitchell, PhD Associate Professor University of Michigan School of Social Work



Lisa Wexler, PhD
Professor, University of
Michigan School of Social
Work



Xiaoling Xiang, PhD Assistant Professor University of Michigan School of Social Work



Anao Zhang, PhD Assistant Professor University of Michigan School of Social Work

# AFFILIATED FACULTY



Peter Felsman, PhD Assistant Professor Northern Michigan University



Jennie Jester, PhD Associate Research Scientist, University of Michigan Department of Psychiatry



Dominique Kinnett-Hopkins, PhD Assistant Professor, School of Kinesiology University of Michigan



Amy Kilbourne, PhD
Professor
University of Michigan
Department of Psychiatry



Adrienne Lapidos, PhD
Assistant Professor,
University of Michigan
Department of
Psychiatry



Haylie Miller, PhD
Assistant Professor,
Applied Exercise Science &
Movement Science
Director, Motor & Visual
Development Laboratory



Lisa O'Donnell, PhD Assistant Professor Wayne State University School of Social Work



Jonathan Segal, M.D.
Clinical Full Professor of
Nephrology and Internal Medicine,
University of Michigan Medical
School





Meghan Harrington Community Resource Coordinator



Caroline Landry Project Coordinator



Brittany Ross Project Manager



Sagun Sharma Community Resource Coordinator



Katie Tucker Lab Manager

### TIDR FACULTY HONORS, AWARDS & ACCOMPLISHMENTS

Dr. Jamie Mitchell was promoted to Associate Professor with Tenure.

Dr. Jamie Mitchell is a coinvestigator on the NIH-funded
Michigan Center for Urban African
American Aging Research
(MCUAAAR). Dr. Mitchell codirects the Community Liaison and
Recruitment Core for MCUAAAR
and co-directs the Healthier Black
Elders Center in Detroit, MI. Her
research currently focuses on
strategies to ensure more
equitable research representation
for communities of color both in
community-engaged research and
within clinical trials.

Mr. Daniel Fischer was promoted to Clinical Associate Professor.

Daniel Fischer has focused on clinical work, specifically with anxiety disorders. Mr. Fischer has taken on administrative roles within the Department of Psychiatry and School of Social Work. Most recently, Daniel Fischer is the Assistant Dean and Director of Field Instruction. In addition to his administrative roles, Daniel Fischer has been a Clinical Associate Professor at both the Department of Psychiatry and School of Social Work.





### HONORS, AWARDS & ACCOMPLISHMENTS CONTINUED

Dr. Daphne Brydon, successfully defended her dissertation and completed her PhD through the University of Denver Graduate School of Social Work.

Her current research agenda seeks to facilitate the development of trauma-informed behavioral health interventions and practice for individuals involved with the criminal legal system, especially those who become involved as minors. She is also a licensed social worker with 18 years of experience in direct practice with adults and children within hospital, community organizations, and academic settings.

Dr. Ed-Dee Williams successfully defended his dissertation and completed his PhD through the Joint Social Work and Sociology PhD Program at the University of Michigan.

Dr. Williams joined the Level Up Lab in 2020 as a doctoral student and recently transitioned to a postdoctoral fellow. His research focuses on Black boys with autism and social skill intervention development. He successfully defended a dissertation that focused on Black/African American boys' perceptions of depression, mental health helpseeking behaviors and use of school mental health services.





### HONORS, AWARDS & ACCOMPLISHMENTS CONTINUED

Dr. Peter Felsman, University of Michigan Joint PhD Program alumnus and TIDR member, accepted a position as Assistant Professor of Social Work at Northern Michigan University. He recently finished his work as a Postdoctoral Associate at Stony Brook University in New York, and began his new appointment at Northern Michigan University in August of 2021.

He received his doctorate in social work and psychology from the University of Michigan, where his dissertation focused on improvisational theater as an indirect, non-stigmatizing mental health intervention.



Kari Sherwood, doctoral student at the Level Up Lab at UM School of Social Work, received the Henry J. Meyer scholarship award. The award was established by alumni and friends to honor the original and long-time director of the Doctoral Program, Henry J. Meyer.

The major purposes of this award are (a) to help support and honor students in the Doctoral Program in Social Work and Social Science whose written work exemplifies the goals of the Program in relation to the integration of social work and social science, and (b) to encourage students to prepare such work for possible publication or conference presentation.



### HONORS, AWARDS & ACCOMPLISHMENTS CONTINUED

Fonda Smith has contributed to the Treatment Innovation and Dissemination Research Group for over five years. Her dedication to intervention research allowed her to work on multiple projects. Specifically, Fonda has worked completing clinical interviews for many TIDR projects. Soon after becoming an expert in administering clinical interviews, Fonda became an integral part of the supervising team for clinical interviewees. In addition to Fonda's continuous work in completing and overseeing clinical interviews, Fonda assisted with project implementation and management. Fonda's work is appreciated by all TIDR Principal Investigators. At this time Fonda is working on completing her PhD and working as a project coordinator at the UM Medical School.



### Masters of Social Work Graduates 2020-2021



Alec Butterfield



Trevor Buys



Blessing Egbuogu



Josh Holzworth

### RESEARCH HIGHLIGHTS

Project Title: Cognitive Behavioral Prevention of Suicide for Psychosis Principal Investigator: Lindsay

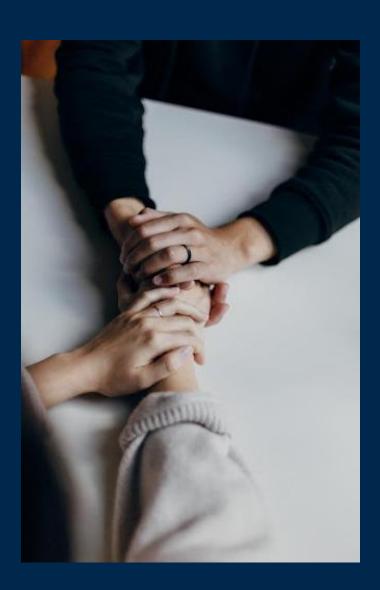
Bornheimer, PhD

Funder: National Institute of Mental Health, R34MH123609

Suicide is among the leading causes of death for adults with schizophrenia, with risk for suicide death estimated to be eight times greater than that of the general population. Currently, there is a lack of suicide prevention-focused interventions tailored for adults with schizophrenia spectrum disorders. In addition, there has been limited use of community based participatory research (CBPR) methods in psychosocial treatment adaptation, specifically in relation to symptoms of psychosis.

Dr. Bornheimer's pilot effectiveness clinical trial (R34) focuses on modifying and evaluating the acceptability and preliminary effectiveness of

Cognitive Behavioral Suicide Prevention for psychosis (CBSPp), a promising intervention requiring protocol and implementation modifications to increase its utility in community mental health (CMH).



Project Title: Similarities and differences in health behaviors and quality of life among African American caregivers and non-caregivers

Principal Investigator: Katrina Ellis, PhD

Funder: National Heart, Lung, and Blood Institute to the University of Mississippi Medical Center; Rogel Cancer Center

Similarities and Differences in Health Behaviors and Quality of Life among African American Caregivers and Non-caregivers. This research conducted with the OHD PRIDE Program is supported by a grant from the National Heart, Lung, and Blood Institute to the University of Mississippi Medical Center (MPIs Beech and Norris). The current study examines relationships between obesity, a critical public health concern, and the mental, physical, and behavioral health outcomes of African American adults, with a particular focus on the role of caregiver status and sex in observed associations.

**Understanding and Supporting** Health-Promoting Behaviors of African American Cancer **Survivors**. This study is supported by a grant from the Rogel Cancer Center: CCPS: Outreach & Health Disparities. This study will identify individual, social and contextual barriers and facilitators to physical activity, healthy eating, and mutual support for healthy behavior engagement and strategies for a dyadic intervention for African American early-stage cancer survivors and family/friend peer supporters.



Project Title: RISE: Reaching Independence Through Successful

**Employment** 

Principal Investigator: Joseph

Himle, PhD

Funder: National Institute of Mental Health, R01MH102263

Dr. Joseph Himle is lead investigator on Reaching Independence through Successful Employment - RISE, a National Institute of Mental Health funded R01 Project. The RISE Project is a multi-site randomized control trial of Work Related Cognitive Behavioral Therapy (WCBT), a group intervention designed for unemployed individuals with social anxiety disorder. U of Michigan and UCLA have partnered to adapt and test this intervention at local Jewish Vocational Service Centers in Detroit and Los Angeles.

WCBT is designed in a context and style that overcomes accessibility and stigma-related obstacles with special focus on mental health-related barriers to employment.

The intervention is led by vocational service professionals and delivered in a classroom-style setting. The RISE project has enrolled 250 individuals and has completed 27 WCBT groups. The project team is in the process of analyzing data and has produced multiple academic presentations and publications.





Project Title: Diabetes Self-Management Intervention for African American Men Principal Investigator: Jaclynn

Hawkins, PhD

Funder: National Institute of Diabetes and Digestive and Kidney Diseases, P21

Kidney Diseases, R21

The goal of this project is to develop and preliminarily validate the effectiveness of an adapted Peer Leader Diabetes Self Management Support intervention(PLDSMS). The PLDSMS intervention was designed to improve diabetes related to self-management behaviors for Black

men with Type 2 Diabetes. The project aims to tailor an existing peer-led DSMS intervention. Praise, by using male peer leaders as interventionists and modifying the intervention content to focus on messaging appropriate to Black men. The project includes three phases. The first phase will involve intervention development. The second phase will include feasibility testing of the adapted intervention. During phase two, a pilot randomized control trial will be conducted with n=60 Black male adult residents of Detroit, with Type 2 Diabetes.



Project Title: Developing a Home Exercise Program for Children with Autism
Principal Investigator: Haylie Miller, PhD

Our pilot study of a parent-led home exercise program is designed to assess the effect of this intervention on balance and coordination among autistic children aged 3-7. To date, 10 autistic children have completed the 8-week intervention, and all caregivers reported that it was feasible and acceptable. All children have shown improvement in their balance, which we

assessed with a standardized motor development test and with a postural control task on a force plate that yields a precise measure of stability. We are now recruiting a group of 10 autistic children who will complete the same pre- and post-testing without an intervention to control for potential effects of development, In 2022, we will begin a randomized controlled trial of this intervention to test its efficacy in a larger group of participants, and in parallel, we will conduct a mixed-methods assessment of feasibility and acceptability with caregivers.



Project Title: Recruiting and Retaining Older African Americans into Research (ROAR) Principal Investigator: Jamie Mitchell. PhD

Funder: National Institute on Aging, 1R24AG065151-01

Recruiting and Retaining Older African Americans into Research (ROAR) is funded by the National Institute on Aging (NIH) to pilot a sustainable model for increasing the representation of older Black adults in health research.

The hallmark of ROAR is a community-based approach whereby a community advisory board provides monthly guidance on establishing a participant research pool or registry for Black older adults in the Flint Community. Once the research pool has sufficient enrollees, academic investigators at surrounding institutions will be invited to apply to utilize a sample of research pool members for their studies. The Community Advisory Board includes research-trained Black elders and civic leaders in aging services who leverage their social capital

to bolster recruitment to the participant research pool and to build trust for research participation within their social networks. Community Advisory Board members will also serve as research gatekeepers over the research pool and provide an additional layer of community-based ethical review in addition to institutional IRBs.

For more information, please contact HBEFlint@gmail.com or 810-309-8693 or visit https://engageus.org/.



Project Title: Virtual Reality Job Interview Training in Mental Health Services and Prisons Principal Investigator: Matthew Smith, PhD

Funder: National Institute of Mental Health (NIMH) R01MH110524; Michigan Institutes for Clinical and Health Research (MICHR)

Unemployment leads to poverty and poor mental health outcomes among adults with serious mental illness and elevated recidivism among returning citizens. The job interview is a critical barrier to employment for both of these marginalized groups. Dr. Smith recently led two randomized controlled trials to evaluate whether Virtual Reality Job Interview Training (VR-JIT) improved employment for these groups.

The University of Michigan partnered with Northwestern Univ., Boston University, University of Utah, Michigan State University, Wayne State University, Michigan Department of Corrections (MDOC), and Thresholds (Chicago, IL) to evaluate whether VR-JIT enhanced evidence-based vocational rehabilitation services delivered in a community mental health agency (Thresholds) via NIMH funding;

and in the Michigan Department of Corrections Vocational Villages via MICHR funding.

Published results suggest that 43% (compared to 28%) of adults with serious mental illness and 82% of returning citizens (compared to 68%) were employed when practicing with VR-JIT compared to participants in services-as-usual. Both studies suggest VR-JIT could be a useful tool to enhance employment with standard services.

Visit leveluplab.org for more information.





Project Titles: Raising Our Spirits Together (ROST) and Moms and Babies Feeling Better Together (MBFBT)

PI: Addie Weaver, PhD Funders: NIMH K01MH110605-01 (ROST) and UM Depression Center and MI DHHS (MBFBT)

Dr. Addie Weaver's research focuses on collaborating with communities to increase access to evidence-supported depression treatment for rural residents. In support of this goal, Dr. Weaver and her TIDR colleague, Dr. Joseph Himle, cocreated Entertain Me Well (EMW), a highly engaging, tailorable, technology-assisted cognitive behavioral therapy (CBT) for depression.

Dr. Weaver, in partnership with rural Michigan communities and clergy, developed Raising Our Spirits Together (ROST), a group-based CBT for depression housed on the EMW platform, that was tailored for rural adults and delivery by clergy. Pilot findings suggest that rural adults participating in the ROST program experienced a statically and clinically significant decrease in depressive symptoms and anxiety symptoms over time. Dr. Weaver and her team are now in the process of completing a randomized controlled trial (RCT) to test the effect of ROST on depressive symptoms,

depressive symptoms, compared to an Enhanced Control Condition.

With support from UM Depression Center and MI Dept. of Health & Human Services, Dr. Weaver collaborated with the Lenawee Co. WIC program to tailor the EMWbased, technology-assisted CBT for depression for their pregnant and postpartum clients. This resulted in Moms and Babies Feeling Better Together (MBFBT), a depression treatment program now offered to all pregnant and postpartum clients who screen positive for depression. Preliminary findings suggest clients participating in MBFBT experience significant decreases in depressive symptoms and significant increases in parenting self-efficacy over time. The team is continuing their pilot study and exploring opportunities to offer MBFBT in more WIC clinics.



Project Title: Family Safety Net Principal Investigator: Lisa

Wexler, PhD

Funder: CDC/University of Michigan Injury Center Funding,

R49-CE-003085

Family Safety Net (FSN) reflects the idea that health and social programs should build on community strengths to more effectively address complex community problems. Building on the strong value of family in Alaska Native communities, the FSN aims to reduce the risk of youth suicide, a tragic health inequity, by offering a brief intervention in primary care that supports safe home firearm storage, thus reducing access to a common very lethal means of suicide. Ensuring that home firearms are unloaded. locked with ammunition elsewhere is an evidence-based approach to preventing suicide.

In a remote arctic region, where homes have multiple guns for subsistence hunting, and over half of the suicide deaths are by firearm, such an intervention could save lives. The community based participatory research project includes mixed-methods data collection to identify key

factors that contribute to household storage and access among firearm owning families with youth.

Once these storage practices and communication dynamics are understood, researchers and community partners will develop brief motivational interviewing FSN intervention to be implemented by community health workers. The intervention will be focus-tested with about twenty participants, and improved based on the trial run. Signs of feasibility and efficacy will be documented through a pilot randomized control trial with seventy participants in order to assess the promise of this familyfocused universal prevention model.



**Project Title: Partnership for** Accelerating Telemental Health

For MiSeniors

Principal Investigator: Xiaoling

Xiang, PhD

Funder: Michigan Health

**Endowment Fund** 

Project summary: Partnership for Accelerating Telemental Health (PATH) for MI Seniors is a planning project with two aims:

(1) to develop and deepen partnerships with the Michigan Department of Health and Human Services(MDHHS), notably the MI Choice Waiver Program, and the community organizations that administer the MI Choice Waiver Program; (2) to develop an internet-based cognitive behavioral therapy program for depression and social isolation tailored for older adults with chronic health conditions and mobility difficulty.



Project Title: Validating and evaluating an Artificial Intelligence enabled depression and anxiety screening tool for adolescents and young adults Project High

Principal Investigator: Anao

Zhang, PhD Funder:

Ellipsis Health Research Fund

Dr. Anao Zhang (study Co-PI) recently received a research grant from a commercial partner

(\$200,000) to evaluate an Artificial Intelligence (AI-) enabled depression and anxiety screening mobile app in monitoring the psychological wellness among adolescents and young adults. Findings from this project will have the potential to significantly reduce the mental health screening gap in various service settings for adolescents and young adults, e.g., school or hospitals, to facilitate timely mental health interventions.



### COMMUNITY PARTNERS



49. Ypsilanti Seventh Day Adventist Church, Ypsilanti, MI

40. All Faith Health Alliance, Flint, MI

43. Faith Deliverance Center, Flint, MI

45. Flint Development Center, Flint, MI

46. Genesee County Community Action Resource Department, Flint, MI 47. Detroit Community Health Connection, Inc., Detroit, MI

48. St. Patrick Senior Center, Detroit, MI

50. Sunfield Center/Sprouted Sage, Ann Arbor, MI

41. Valley Area Agency on Aging (VAAA), Flint, MI 42. Michigan Public Health Association, Flint, MI

44. McFarlan Charitable Incorporation, Flint, MI

51. Autism Alliance of Michigan, Bingham Farms, MI

52. Full Spectrum, Ann Arbor, MI

### COMMUNITY PARTNERS

- 1. Simmersion LLC, Columbia, MD
- 2. Maniilag Association, Kotzebue, AK
- 3. Chicago Public Schools, Chicago, IL
- 4. Civic Memorial High School Bethalto, IL
- 5. Bradley-Bourbonnais Community High School District, Bradley, IL
- 6. Community High School District 99, Downers Grove, IL
- 7. Eastern Illinois Area Special Education District,
  Bloomington, IL
- 8. Granite City High School, Granite City, IL
- 9. Northern Suburban Special Education District, Highland Park, IL
- 10. Plano High School, Plano, IL
- 11. Bridgeway, Inc., Galesburg, IL
- 12. Thresholds, Chicago, IL
- 13. Cunningham Children's Home, Urbana, IL
- 14. Niles School District 219, Niles, IL
- 15. Maine Township High School District 207, Park Ridge, IL
- 16. Huntley High School Huntley, IL
- 17. Valley View School District, Bolingbrook, IL
- 18. West Aurora School District, Aurora, IL

- 19. Rural Champaign County Special Education Cooperative, Champaign, IL
- 20. LaGrange Area Department of Special Education, LaGrange, IL
- 21. Community Unit School District Oswego, IL
- 22. Autism Model School, Toledo, OH
- 23. Flagler County Schools Project SEARCH, Flagler County, FL
- 24. Volusia County Project SEARCH, Volusia County, FL
- 25. Halifax Hospital Project SEARCH, Daytona Beach, FL
- 26. Stetson University Project SEARCH, DeLand, FL
- 27. Johns Hopkins Project SEARCH, St. Petersburg, FL
- 28. Martin County School District, Martin County, FL
- 29. HR Medical Project SEARCH, Brevard County, FL
- 30. Pinellas County Schools, Pinellas County, FL
- 31. Nassau County School District, Nassau County, FL
- 32. Cape Canaveral Hospital Project SEARCH, Cape Canaveral, FL
- 33. Georgia Academy for the Blind, Macon, GA
- 34. Intellectual and Developmental Disabilities Council
- of Tarrant County, Fort Worth, TX
- 35. jewish Vocational Service, Los Angeles, CA



# COMMUNITY PARTNER QUOTES

"The intervention is easy to access, easy to understand, and fits seamlessly with existing vocational service programs."

-Nicole Hamameh, Jewish Vocational Services, Reaching Independence through Successful Employment (RISE)



"There is absolutely a need for this treatment. Most of the evidence-based studies out there for suicide prevention in general are somewhat hard to adapt for people with psychosis."

-Community Mental Health Provider, Washtenaw County Community Mental Health, R34

# COMMUNITY PARTNER QUOTES

"Coming into a church...is a way to make (mental health treatment) approachable and accessible... and by gathering as a group, you find out you're not alone."

-Pastor Jessica Hanh, Trinity Lutheran Church, Raising Our Spirits Together

"(Raising Our Spirits Together is) helping the community fill some gaps...(people) need more than the resources that our community can provide."

-Pastor Lynne McQuown, Jonesville Presbyterian Church, Raising Our Spirits Together

# COMMUNITY PARTNER QUOTES

"Our ancestors left nothing to chance." Considered meaningful because intervention is focused on increasing safe storage for firearms within people's home to prevent tragedy.

-Community Steering Committee, Manillaq Association, Family Safety Net



ANCHRR (Alaska Native Collaborative Hub for Research on Resilience), Family Safety Net

# COMMUNITY PARTNER QUOTES

"Utilizing [Virtual Reality Job Interview Training] software decreased feelings of anxiety when interviewing in many of our members, it raised their confidence and allowed them to practice a real interview without the consequences of not getting the job."

-Nayab Boghani, IPS Team Leader, Thresholds (Chicago, IL), Virtual Job Interview Training in Mental Health Services, R01



"We have seen guys more comfortable and confident doing computer interviews with employers after they've completed [Virtual Reality Job Interview Training]. Their responses to tough interview questions were well thought out because of the extra practice the [Virtual Reality Job Interview Training] offered."

-Brian Friedman, Principal,Vocational Village, Virtual JobInterview Training in Prisons, NIJ

## TIDR STUDENTS, TRAINEES & POSTDOCS

#### POSTDOCTORAL FELLOWS



#### Shannon Blajeski PhD '19

Dr. Shannon Blajeski was a Post-Doctoral Fellow for the Level Up Lab from 2018-2020. At the Level Up Lab, Dr. Blajeski worked closely with Dr. Matthew Smith, assisting with projects focusing on virtual reality job interview training tools for people with severe mental illness and for the criminal justice population. Dr. Blajeski received her bachelor's degree from the University of Wisconsin. She then went on to receive her master's of social work and PhD of Social Welfare from the University of Washington, Seattle. Dr. Blajeski focuses on research in "first episode psychosis and prevention of negative social outcomes." She specializes in "qualitative methods and community based participatory research in intervention development."



#### Ed-Dee Williams PhD '21

Dr. EdDee Williams is a Post Doctoral Fellow for the Level Up Lab. At the Level Up Lab, Dr. Williams work closely with Dr. Matthew Smith, assisting with projects focusing on virtual reality job interview training tool for students and young adults with Autism Spectrum Disorder. Dr. EdDee Williams received his Bachelors in Sociology at the University of Michigan. Dr. Williams received his Master's of Social Work from University of Michigan, where his concentration was Interpersonal Practice and Social Policy Evaluation. Most recently, Dr. Williams graduated from the University of Michigan School of Social Work Joint Doctoral Program in July 2021. In Summer of 2023, Dr. Williams will begin as a tenure track assistant professor at Boston College School of Social Work.

#### PHD STUDENTS



#### Kari Sherwood

Kari Sherwood is a doctoral student at the Level Up Lab at UM School of Social Work. She is a joint PhD students in Social Work and Developmental Psychology. Kari completed received her undergraduate degree in Human Development and Family Science at Oklahoma State University. She then completed her masters of social work with a concentration in social policy and evaluation at the University of Michigan. Kari was awarded the 2019 MI-LEND fellowship and 2020-2021 W.K.Kellogg Fellow in Children and Families. Kari has assisted with the adaption and evaluation of the Virtual Job Interview Tool for Transition Age Youth with Autism. She continues to assist with various projects through the Level Up Lab.



#### Sakura Takahashi

Sakura Takahashi is a doctoral student at the University of Michigan School of Social Work and is a part of our TIDR Team. She is a joint PhD student in Social Work and Psychology. Under Dr. Himle's mentorship, Sakura focuses on culture and mental health. Sakura completed her undergraduate degree at Duke University and her masters of social work at the University of Michigan. In 2019-2020, Sakura received the ISR-Rackham Summer Training Award. In Winter 2020, Sakura received the Rackham Travel Grant.



#### Michelangelo Trujillo

Michelangelo Trujillo is a doctoral student at the University of Michigan School of Social Work and is a part of our TIDR Team. He is a joint PhD student in Social Work and Sociology. Under Dr. Himle's mentorship, Michelangelo focuses on "historical development of the state; community responses to violence; individual and community narratives." Michelangelo completed his undergraduate degree at the University of California. Berkley and completed his masters of social work at the University of Michigan. In 2016-2017, Michelangelo completed the Clinical Social Work Post Graduate Fellowship. In Fall 2021, he was awarded the Rackham One-Term Dissertation Fellowship.

#### **GRADUATE STUDENTS**



#### Alec Butterfield MSW '21

Alec Butterfield is a Research Assistant for TIDR. He assists with clinical interviewing for Entertain Me Well Projects. Alec will be graduating from the Masters of Social Work program at University of Michigan in December 2021. During his master's program, Alec completed a concentration in integrated practice in health. mental health and substance abuse. Alec was awarded the following scholarships within the 2020-2021 academic year: School's of National Service Scholarship (May 2021), Dean's Mission Scholarship (July 2020), Michigan Scholar Program (April 2020). Upon graduation in December 2021, Alec will be completing a postgraduate fellowship through the Michigan Medicine Department of Psychiatry.



Trevor Buys MSW '21

Trevor Buys was a field student for TIDR for the academic year of 2019 to 2020. Trevor graduated in August 2020 with a masters of social work from the University of Michigan. At the school of social work, Trevor completed a concentration in interpersonal practice with a focus on mental health. Now, Trevor is the Chief Financial Officer for BLND Health, LLC.

### **GRADUATE STUDENTS**



#### Blessing Egbuogu MSW '21

Blessing Egbuogu was a field student for TIDR for the academic year of 2020 to 2021. Blessing graduated from Western Michigan University with a bachelor in health sciences. Blessing graduated in December 2021 with a masters of social work from the University of Michigan. At the school of social work, Blessing completed a concentration in program evaluation and applied research. Blessing is planning to start working at the VA in Bedford, Massachusetts. Her goal is to work in research related to health equity and maternal and child health.



#### Isabella Ginsberg MSW'22

Isabella Ginsberg is currently a field student for TIDR for the academic year of 2021 to 2022. Isabella graduated in 2020 from Portland State University with a major in social work and a Spanish minor. Isabella is receiving her master's of social work at University of Michigan with a concentration in program evaluation and applied research. Isabella has received multiple scholarships including: U-M SSW MI Scholar Program 2021-2022, U-M SSW Opportunity Grant 2021-2022, U-M SSW Dean's Mission Scholarship 2021-2022, and U-M SSW Kay Reebel Scholarship 2021-2022. Isabella plans to apply for a PhD program to focus on child welfare research.

### **GRADUATE STUDENTS**



#### Josh Holzworth MSW '21

Josh Holzworth was a field student within the Treatment Innovation and Dissemination Research Group from September 2020 to August 2021. He completed his undergraduate degree at Barry University and majored in social work. While completing his undergraduate degree, Josh completed a Violence Prevention Fellowship at the Center for Human Rights and Social Justice. In 2020. he was awarded the NASW Student of the Year. Miami-Dade Chapter. He then went on to pursue his masters of social work at University of Michigan. Josh had a concentration in program evaluation and applied research while at UM. Josh would like to pursue a Masters of Public Policy to assist in future work to "formulate and analyze public policies aimed at increasing access to behavioral healthcare services."



#### Ajsa Jasarevic MSW '22

Aisa Jasarevic is currently a field student for TIDR for the academic year of 2021 to 2022. Ajsa graduated in 2020 from Wayne State University with a bachelors of social work and a minor in psychology. During her undergraduate program, she worked closely with a community organization team, which led to further interest in community organization and research. Ajsa is completing the advanced standing master's program at University of Michigan School of Social Work. Her concentration is in program evaluation and applied research. Her plan is to explore program evaluation and focus on mental health research and data visualization.

## RESEARCH BY THE NUMBERS

#### FY2020 - FY2021 RESEARCH FUNDING

\$8,860,224

### **OVERALL TOTAL PROJECT FUNDS**

\$21,465,124

### **TOTAL ACTIVE PROJECTS**

40

### **2020-2021 TIDR GRANTS**

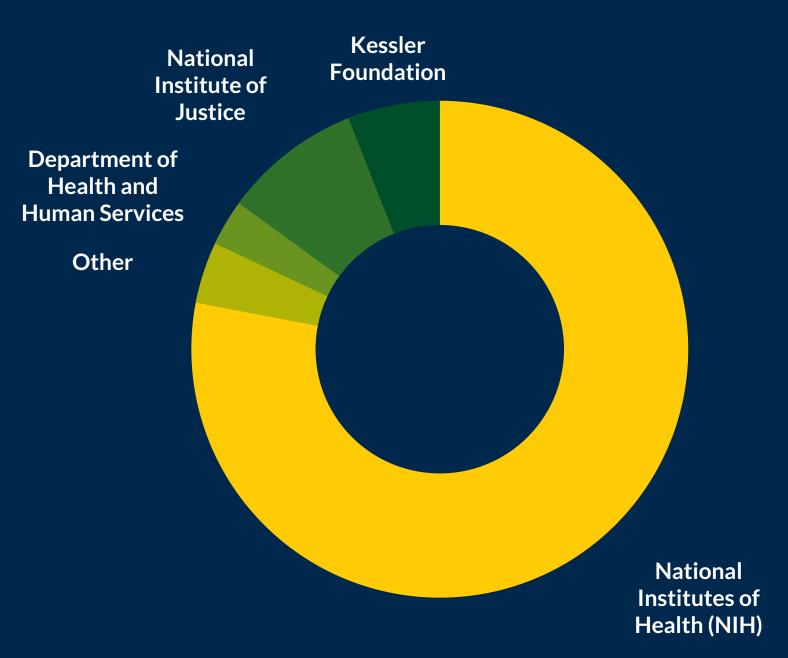


#### **TOTAL PARTICIPANTS**

2,001

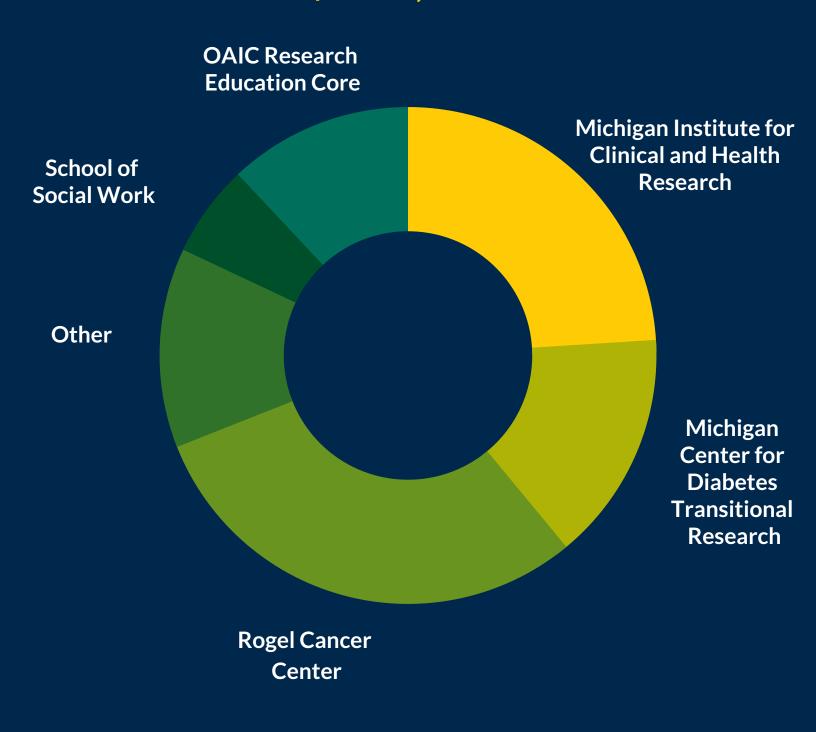
# RESEARCH BY THE NUMBERS

### SPONSORED FUNDING: \$8,528,132



# RESEARCH BY THE NUMBERS

### INTERNAL FUNDING: \$332,092



#### **ACTIVE GRANTS 2021**

Feasibility, acceptability, and preliminary effectiveness of a cognitive-behavioral suicide prevention-focused intervention tailored to adults diagnosed with schizophrenia spectrum disorders

Faculty: Bornheimer (PI)

Funder: NIMH

Grant Number: R34MH123609 Other faculty: Himle (CO-I)

Simulated Clinician Assessment for Cognitive Behavioral Therapy Skills

Faculty: Bornheimer (Site PI)

Funder: NIMH

Grant Number: R01 MH112625

Other faculty: Smith

Young Adult Nominated Support Teams for Young Adults at High Risk for Suicide

Faculty: Bornheimer (CO-I) Funder: Michigan Health

**Endowment Fund** 

Diabetes Self-Management in African American Men with Type 2 Diabetes

Faculty: Hawkins (PI)

Funder: National Institute of

Diabetes and Digestive and Kidney

Diseases

Grant Number:

1-R21-DK11733901-A

Development of an Online Diabetes Self-management and Support (ODEP) Intervention

Faculty: Hawkins (PI)

Funder: Michigan Center for Diabetes Translational Research

Development of a Peer Led Diabetes Social Support

Intervention for Older Black Men with Type 2 Diabetes: A Pilot and

Feasibility Study

Faculty: Hawkins (PI)

Funder: Claude D. Pepper Older Americans Independence Center

Pilot/Feasibility Grant

Implementation of an Online
Diabetes Self-Management
Education and Support (ODEP)
Platform for African Americans
with Type 2 Diabetes Enrolled in
Medicaid

Faculty: Hawkins (PI)

Funder: Michigan Department of

Health and Human Services Medicaid Matching Grant

National Institute on Aging (NIA)sponsored University of Michigan Older Americans Independence Center (UM OAIC) Research Education Core (REC) Salary Support Competition

Faculty: Hawkins (PI)

Funder: National Institute of Aging

## **ACTIVE GRANTS 2021**

Peer Leader Diabetes Self-Management Support Intervention for Black Men with Type-2 Diabetes: The Michigan Men's Diabetes Program (MenD) Study

Faculty: Hawkins (PI)

Funder: Blue Cross Blue Shield of Michigan Foundation, Community

Program Matching Grant

#### Pilot and Feasibility Research Grants Program

Faculty: Hawkins (CO-I)
Funder: Michigan Center for
Diabetes Translational Research.
National Institute of Diabetes and
Digestive and Kidney Diseases

Grant Number: P30

# A Multi-Site Systems Intervention for Unemployed Persons with Social Anxiety

Faculty: Himle (PI)
Funder: NIMH

Grant Number: R01MH102263
Other faculty: Addie Weaver (CO-I)

Work Related Transdiagnostic Cognitive Behavioral Therapy for Unemployed Homeless Persons with Anxiety and Depression

Faculty: Himle (PI)

Funder: Poverty Solutions

Connecting through Phone-based Meditation

Faculty: Li (PI)

Funder: U of M SSW

Applied Social Cognitive Skills in the Workplace for Transition-Age Youth with Autism

Youth with Autism

Faculty: Smith (Site PI)

Funder: NIMH

Grant Number: R34 MH123359-01

Improving Employment and Reducing Recidivism Among Prison Offenders via Virtual Reality Job Interview Training

Faculty: Smith (PI)

Funder: National Institute of

Justice

Grant Number: 2019-MU-MU-0004

Improving Employment and Reducing Recidivism Among Prison Offenders via Virtual Reality Job Interview Training

Faculty: Smith (PI)

Funder: Michigan Institute for

Clinical & Health Research Pathway

Award

Using Virtual Reality to Improve Job Reentry in Adults with TBI: An RCT

Faculty: Smith (Site PI)

Funder: National Institute on

Disability, Independent Living, and Rehabilitation Research (NIDILRR)

Grant Number: 90IFRE0031

## **ACTIVE GRANTS 2021**

Virtual Reality Job Interview
Training for Transition Age Youth
with ASD

Faculty: Smith (PI) Funder: NIMH

Grant Number: R34 MH111531

Virtual Reality Job Interview
Training for High School Students
with Disabilities

Faculty: Smith (PI)

Funder: Kessler Foundation Grant Number: 1003-1958-SEG-

FY2016

Virtual Reality Job Interview Training: An Enhancement to Supported Employment in SMI

Faculty: Smith (PI)

Funder: National Institutes of

Health - NIMH

Grant Number: R01 MH110524

A systems-level intervention for rural adults with depression

Faculty: Weaver (PI)

Funder: NIMH

Grant Number: K01 MH110605 Other faculty: Himle (Primary

Mentor)

Increasing Depression Treatment Access for Rural Postpartum Women

Faculty: Weaver (PI), Himle (CO-I) Funder: UM Depression Center Oscar Stern Depression Research Scholar Award; MI Department of

Health & Human Services

Alaska Native Collaborative Research Hub for Research on Resilience (ANCHRR)

Faculty: Wexler (PI)

Funder: National Institute of

Mental Health, Collaborative Hubs to Reduce the Burden of Suicide Among American Indian and Alaska

Native

Grant Number: U19MH113138

Family Safety Net: Developing an upstream suicide prevention approach to encourage safe firearm storage in rural and remote Alaskan homes

Faculty: Wexler (PI)

Funder: NIMH

Grant Number: R61MH125757

Family Safety Net: Universal

Firearm Safety to Keep Youth Safe At Home. Injury Prevention Center

2020 Exploratory Project

Faculty: Wexler (PI)

Funder: CDC/ University of

Michigan Injury Prevention Center

**Funding** 

Grant Number: R49-CE-003085

Promoting Community
Conversations About Research to
End Suicide in Rural Alaska

Faculty: Wexler (PI)

Funder: NIH Interventions for Health Promotion and Disease Prevention in Native American

**Populations** 

Grant Number: R01MH112458

## **ACTIVE GRANTS 2021**

PATH: Partnership for Accelerating Tele-mental Health for MI Seniors

Faculty: Xiang (PI)

Funder: Michigan Health

**Endowment Fund** 

Other faculty: Himle (Primary

Mentor), Weaver (Co-Investigator)

Developing a psycho-oncology fellowship to support pre-doctoral health disparity research on adolescent and young adult sex and gender needs during cancer

Faculty: Zhang (PI)

Funder: Curtis Center Signature

Program Initiative

Developing a specific service clinic for Adolescent and Young Adult (AYA) cancer survivors

Faculty: Zhang (Site PI)

Funder: Teen Cancer America

Charitable Grant

Acquati, C., Hibbard, J.H., Sonet, E., Zhang, A., & Ionescu, E. (in press). Patient activation and treatment decision-making in the context of cancer: Examining the role of informal caregiver's involvement. Journal of Cancer Survivorship.

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