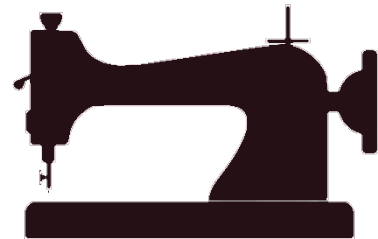


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INSIDE OUT SEWING AND CRAFT WORKSHOPS



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Booking Is So Easy Now!

Zelle - insideoutworkshops1@gmail.com

Cash App - insideoutworkshops

Gift Cert. - Zelle or Cash App to purchase

Call - 954-756-3001 for major credit cards

Please include the workshop you want and a desired date in the comment line when using Zelle or Cash App

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Most projects are between 2 to 2½ hours.

A minimum of 2 participants - must work on the same thing, for all projects \$30.00 or less.

IF YOU REFER A FRIEND WHO BOOKS A WORKSHOP YOU WILL GET 10% OFF YOUR NEXT ONE!!

Classes Are: Wed., Thur., Fri., and Sat., from 10 to 1 or 3 to 6.

Call 954-756-3001 for questions.

A LITTLE ABOUT THE WORKSHOPS

Hello,

My company is called Inside Out Workshops, also known as IOW. My name is Harriet or you can call me Mrs. H and I am the Owner and CEO of the company. My daughter Yeamah often works with me.

My company runs Do It Yourself ("DIY") workshops which involve craft and sewing projects from scratch. In my sewing workshops participants measure themselves and create their own clothing patterns from those measurements, then sew their own garment.

In my craft workshops participants create crafts from scratch which they can then color or paint. Young participants come away from my workshops with a sense of accomplishment.

I like to say I am the "Build A Bear" of sewing and crafts.

My targeted market is children and adults from age six and older interested in creating dresses, leggings, skirts, pajamas, pocketbooks, other apparel and accessories and many kinds of crafts.

IOW will provide all supplies needed for the workshop. However, IOW does not provide any food or decorations for any party or gathering at any time. You may pick the color on some select items. Otherwise, IOW will arbitrarily select a color for you. A permission slip must be signed, and full payment is due before starting a project.

I gained my experience while being a Girl Scout Leader for 10 years in Troop 10832 and assisting as a Class Mom during my daughter's elementary years in school. I consult with a well-known fashion designer in New York named Nicole Benefield with regards to which fabrics work well with each project. I do not require every circle or square to be perfect. I am not a professional sewer, but I will teach you whatever I have learnt over the years. Some things come out good, some don't. I like to call this method "Garage Style Sewing and Crafts". This makes the experience fun and "STRESS FREE" for all - including me (LOL).

DIY has become a growing industry with millions of "YouTube Videos" and hundreds of thousands of Websites.

We will bring the DIY to you with all the supplies you need to create an interactive setting that is fun and creative. I believe these workshops are good for almost anyone.

This creative experience will give children and adults a sense of achievement while building their self-esteem.

DIY'ers follow picture directions, limiting the need for instructor supervision and adult participation making for a truly unique creative experience.

So, don't miss out, book your creative experience today!!

Thank you and I look forward to doing business with you.

WE ALSO DO PARTIES CALL FOR MORE INFO 954-756-3001



MANNEQUIN EXTRAVAGANZA PARTY **Ages 11 to 16**



POCKETBOOK PILLOW **Ages 6 to 10**



PENCIL HOLDERS **All Ages**



T-SHIRT CAPES – HEADBANDS - GLASS PAINTING AND TISSUE PAPER FRAMES ARE FUN THINGS TO DO AT A PARTY FOR ALL AGES



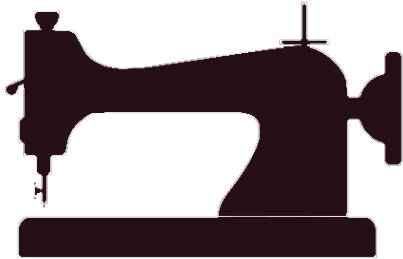
Put party picture here!

IT'S SOMETHING DIFFERENT TO DO!!

SEWING PROJECTS (Approx. 2½ hrs. plus)

Sewing Basics - All Ages

Learn About Sewing Machines
\$50.00 Per Person



SEWING PROJECTS (Aprox. 2½ hrs.)

One Size Fits All Garments – Ages 8 & Up

Apron or Neckties - Only \$30 each
(Minimum 2 participants on same project)

Kimono or Scarf – Only \$60 each



Pajama Bottoms or Leggings

Measure yourself; make your pattern
then cut & sew your creation.
Ages 6 to 7 \$50.00
Ages 8 – Adults \$60.00



Circle Skirts

Round & round & round you go a circle skirt has a
wonderful flow.
Ages 6 to 7 \$50.00
Ages 8 – Adults \$60.00



Hand Sewn Guitar Pillow \$40.00 Ages 10 & Up

No Sew tutu \$30.00 Ages 6 & Up
(Younger children may need parents help)
(Minimum 2 participants on same project)



T-Shirt Pocketbook or T-Shirt Backpack

This is such a fun project to do why not try it - I'm sure
you'll agree.
Ages 6 & Up Only \$30.00 each
(Minimum 2 participants on same project)



Stuffed Sea Creatures - Oh my!!

Why not do all three
Ages 8 & Up - Only \$30.00 each
(Minimum 2 participants on same project)

OCTOPUS

TURTLES

DOLPHINS

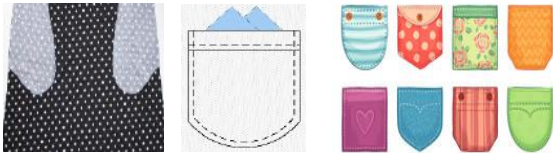


TECHNIQUES

**Sewing Basic and
At least 1 Workshop of Equal Value are
Prerequisites to Techniques**

Ages 8 & Up (each project takes approx. 2 to 2½ hrs.)
\$50.00 Per Project

Pockets



Sleeves and Cuffs



Pleats, ruffles, and Basing



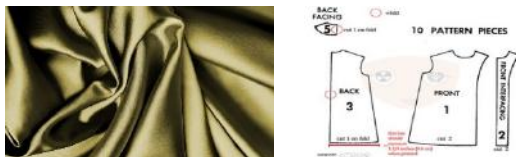
Darts, curves, squares, and straight lines



Zippers and buttonholes



Little Tips with Fabric and Patterns



CRAFTS

Ages 6 & up

Except - Sailboat & Shadow in a Bottle (8+)
(Minimum 2 participants on same project)

Sailboat - \$30.00 ea. (Ages 8 & up)

Shadow In a Bottle ea. - \$30.00 (Ages 8 & up)

Pocketbook Pillow - \$30.00 ea.

Gnomes - \$30.00 ea.

Owl - \$30.00 ea.

T-Shirt Cape - \$25.00 ea.

Pencil Holders - \$25.00 ea.

Glass Painting - \$25.00 ea.



