

Vol 8-May-June 2023

SkinChakra magazine



Intimate care

PAGE 2

Peppermint shaving gel

PAGE 7

Peppermint aftershave

PAGE 10

Letter from the Founder



The days are getting longer and warmer (in the Northern hemisphere) and with that comes the gardening, sun, sand, beach and beer garden.

Those of us in with cold winter try to cherish every single moment outdoors and formulating will have to wait for a few weeks.

This is the time when you can create light hydrating formulation and after suns or specialty shaving ingredients because people tend to shave more often in summer than in winter.

In this volume we have prepared some shaving related formulations to inspire you.

May you enjoy every single moment of these months and nourish your body and mind. get inspired by the mother nature and create amazing products that help your consumers feel happier in their skin.

*Happy reading
Elham*

Contents

pg. 2

INTIMATE CARE

pg. 10

PEPPERMINT AFTERSHAVE
CREAM GEL

pg. 7

PEPPERMINT SHAVING GEL

pg. 14

BOOK RECOMMENDATION

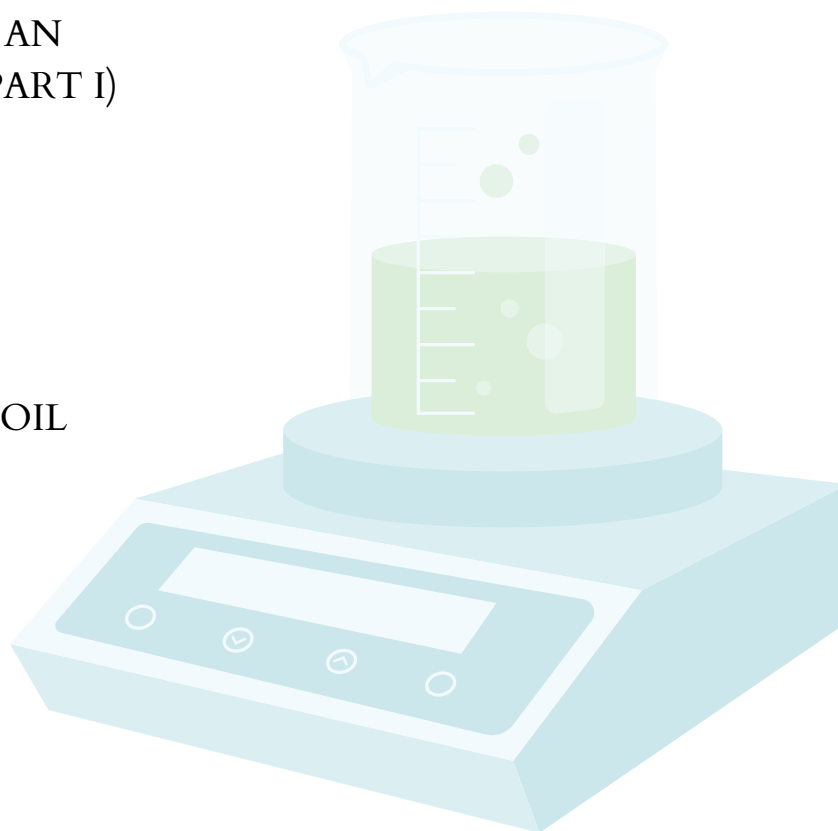


pg.15

INSTRUMENTS IN AN
ARTISANAL LAB (PART I)

pg.24

PORTRAIT OF AN OIL





“

Coming together is a
beginning;
keeping together
is progress;
working together is success.

”

Edward Everett Hale



Intimate care

Intimate cleansing is one of the most essential branches in skincare yet is easily neglected by so many "natural" formulators.

From the very early days all through the puberty, adulthood and specifically **during and after menopause** the female sex needs special cleansing products for the intimate parts of the body. The market is saturated with gels from the big brands with most of them being nothing more than a differently labelled and packed shower gel with the same unwanted ingredients such as PEG-derivatives, alcohol, phenoxyethanol, parabens and even fragrance oils.

At SkinChakra we have been honoured to provide hundreds of artisanal manufacturers in over 100 countries around the world with tutorials, raw material and inspirations for new products but none of them (to my latest knowledge) have ever tried producing products for the intimate care.

This means that this essential market segment is dominated by the big boys with their crappy formulations which certainly do not do any good to the consumer.



A clear glass jar filled with a thick, translucent, greenish-brown shaving gel. The gel has a slightly textured appearance with some air bubbles. The jar is set against a background of colorful, abstract patterns, including a floral border at the top and a light blue background with green and yellow splatters. The text "Peppermint shaving gel" is written in a white, cursive font over the top of the jar.

*Peppermint
shaving gel*




Skin Chakra
Cosmetic Lab

*Peppermint
aftershave
cream gel*

Peppermint aftershave cream gel



Conventional aftershaves are rather alcohol containing toners to disinfect and cool down the skin.

Having the feminine consumer in mind we wanted to prepare something to pamper and hydrate the skin after shaving not just an alcohol containing toner.

This is a **cream gel** made with **ecogel**. Ecogel needs heat and time for hydration but after that you can cold process the cream gel and we chose this opportunity to use the anti-inflammatory **hemp seed oil**. The **gotu kola extract** adds to the soothing and anti-inflammatory properties and the hyaluron hydrates the skin.

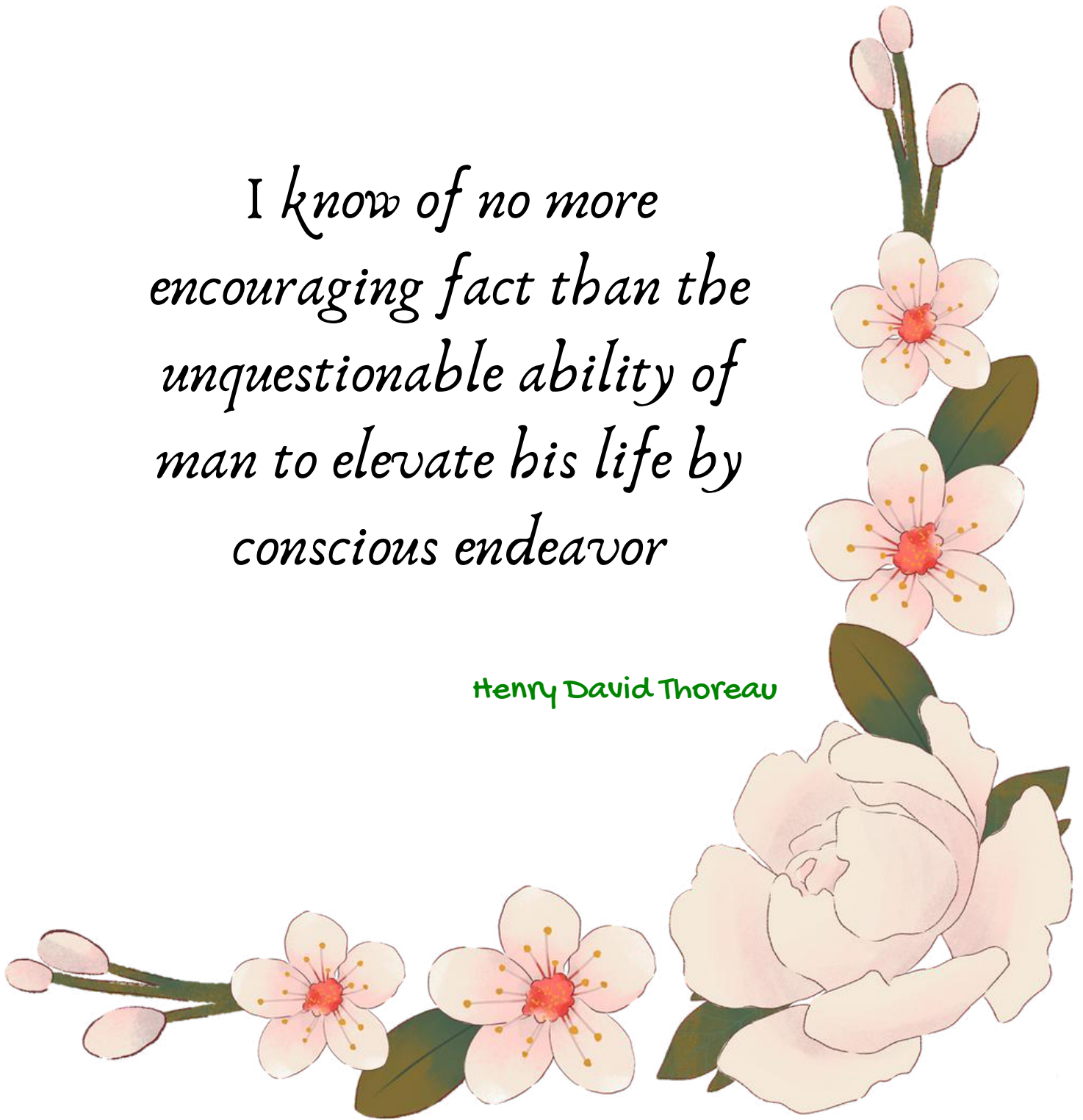


Instruments in an artisanal lab



*I know of no more
encouraging fact than the
unquestionable ability of
man to elevate his life by
conscious endeavor*

Henry David Thoreau





Paprika of an oil

PAPRIKA OIL

Paprika oil is not only a culinary goodness, it is an amazing cosmetic ingredient.

Pressed from the seeds of the Hungarian paprika it has a mild scent of paprika and a vibrant red color that adds magic to balms, lotions, oil blends, lotion bars, cleansing bars and almost every cosmetic product with a lipophilic component.



NEXT ISSUE
AVAILABLE
END OF JULY



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