



**WORKFORCE  
SOLUTIONS**

Melanie Tapp, Director  
MCC Workforce Solutions  
[melanie.tapp@kctcs.edu](mailto:melanie.tapp@kctcs.edu)



# BUILDING BETTER TEAMS

*A Guide To  
TEAM EXPERIENCES AT MCC*

# TEAM EXPERIENCE OFFERING MENU

*Because sometimes, connection is the training*

## RECHARGE EVENT | 2–3 hrs.

**Focus:** Morale • Stress Relief • Social Connection

**Ideal For:** Any depart., post-project recovery or seasonal celebrations

**Optional Add-ons:** Refreshments, de-stress kits, etc.



## COLLABORATIVE EXPERIENCE | 4+ hrs.

**Focus:** Communication • Problem-Solving • Innovation

**Ideal For:** Project teams, operations groups, cross-functional collaboration, new team onboarding

**Optional Add-ons:** Boxed or catered meal, team building debriefs, trophies or swag, custom invitations



## LEADERSHIP & SPIRIT LABS | 2–3 hrs.

**Focus:** Leadership • Vision • Change Readiness

**Ideal For:** Executive teams, department leaders, key influencers, strategic planners

**Optional Add-ons:** Catering, custom invitations, pre-session assessments (DISC, etc.), printed reports and action plans, follow-up coaching or post-lab accountability session



## TEAM RETREATS | 8+ hrs. – multi-day

**Focus:** Trust • Collaboration • Strategic Breakthroughs • Alignment

**Ideal For:** Executive retreats, department-wide resets, culture-building initiatives, new leader onboarding

**Optional Add-ons:** Keynote speaker, personality assessments with team reports, concierge planning assistance







team experiences series:

# TEAM RECHARGE

**Give your team a mental break with light-hearted, low-pressure activities that spark laughter and strengthen workplace bonds. Perfect for boosting morale and relieving stress without overthinking it.**

Each experience is customized for 6–24 participants and includes optional refreshments, facilitator-led activities, and strategy add-ons.

## Event Details



**Length:** 2-3 hours



**Location:** Hold event off-location at MCC



**Focus:** Morale • Stress Relief • Social Connection



**Ideal For:** Any depart., post-project recovery or seasonal celebrations



**Optional Add-Ons:** Refreshments, de-stress kits, etc.



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+270-824-8658



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## Sample Themes



### Truckin' & Chucklin'

CDL simulator mini-games + CB radio trivia (e.g., "Talk like a Trucker" challenge)



### Mystery Box Challenge

Teams open boxes with surprise materials and collaborate to create something fun, wild, or useful—Shark Tank meets Improv



### Bluegrass & Breakthroughs

Take your team on a lighthearted journey through the Commonwealth with this Kentucky-flavored team experience. From front-porch trivia to bourbon-inspired (non-alcoholic) challenges, this session is packed with storytelling, strategy, and just enough friendly competition to spark laughter and team connection.



team experiences series:

# COLLABORATIVE EXPERIENCE DAY

**High-energy, hands-on sessions designed to push your team beyond the cubicle and into creative collaboration. These immersive experiences are interactive, energizing, and built for breakthroughs.**

Each experience is customized for 6–24 participants and includes optional refreshments, facilitator-led activities, and strategy add-ons.

## Event Details



**Length:** 4+ hours



**Location:** Madisonville Community College



**Focus:** Communication • Problem-Solving • Innovation



**Ideal For:** Project teams, operations groups, cross-functional collaboration, new team onboarding



**Optional Add-Ons:** Boxed or catered meal, custom theme, teambuilding debriefs, trophies or swag



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## Sample Themes



### Full Tank, Full Team

Compete in real-world-inspired driving missions using our high-tech simulators. Teams rotate roles, troubleshoot, and communicate to complete challenges.



### Rooted in Kentucky

Experience the best of Kentucky culture—through problem-solving, communication challenges, and shared laughs. Each activity draws inspiration from the values that keep our state grounded: hard work, hospitality, and helping each other grow.



### Insight to Action

The Personality Puzzle – Kick off with a mini personality test & put that knowledge into action with tailored group challenges. Teams will better understand how each member communicates, handles stress, and solves problems—and how to use that knowledge to work better together.



team experiences series:

# LEADERSHIP & SPIRIT LABS

**Guided strategy sessions are tailored to help your leadership team reflect, realign, and refocus. Whether you're planning for growth, navigating change, or building a stronger internal culture, this lab provides space to think big and lead with clarity.**

Each experience is customized for participants and includes optional refreshments, facilitator-led activities, and strategy add-ons.

## Event Details



**Length:** 2-4 hours



**Location:** Madisonville Community College



**Focus:** Vision • Change Readiness • Alignment



**Ideal For:** Executive teams, department leaders, key influencers, strategic planners, non-profits



**Optional Add-Ons:** Catering, pre-session assessments, printed reports and action plans, follow-up coaching or post-lab accountability session



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## Use Event As:



### Strategic Planning Workshop

Facilitated sessions to help your team define short- and long-term priorities, set actionable goals, and align around shared KPIs or mission updates.



### Company (or) Board Reset

Revisit core values, address blind spots, and redefine "how we work together." This is ideal after major transitions (mergers, leadership shifts, turnover) or in preparation for new goals.



### Vision Mapping Lab

Teams collaborate to visualize the organization's desired future state and reverse-engineer the culture, habits, and leadership mindset required to get there.



### Change Leadership Intensive

Designed for organizations navigating internal or external change—focuses on how to communicate, manage resistance, and foster resilience through uncertainty.





team experiences series:

# TEAM RETREAT

**Big goals need big space.**  
Our retreats are immersive, off-site experiences designed to help your team reconnect, refocus, and reenergize. Whether you're launching a bold new initiative, aligning leadership, or just ready to hit reset, we'll guide your team through a carefully structured day (or two) of purposeful sessions, hands-on activities, and facilitated discussions.

## Event Details



**Length:** 8+ hours - multi-day



**Location:** Madisonville Community College



**Focus:** Trust • Collaboration • Strategic Breakthroughs



**Ideal For:** Executive/board retreats, department-wide resets, spirit-building initiatives, new leader onboarding



**Optional Add-Ons:** Keynote speaker, personality assessments with team reports, concierge planning



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## Sample Themes:



### Recharge & Refocus

A mix of team-building, light personal development, & structured downtime to help teams reconnect. Perfect for teams post-crisis, post-project, or feeling burned out.



### Brewer for the Day

Held in MCC's fermentation lab, pairs teamwork & process improvement with a fun, immersive look at brewing science. Fun-focused group retreat looking for something hands-on.

## What a Retreat Can Include:

- Pre-retreat planning consultation to identify goals and outcomes
- Custom itinerary with scheduled sessions, breaks, and meals
- Icebreakers, games, and team challenges
- Strategic planning or vision-casting sessions
- Leadership development or keynote speakers
- Opt'l experiential learning components
- Wrap-up and reflection time to cement takeaways and create next steps



