





highrise.airconditioning



Highrise Air-conditioning & Mechanical Services



highrisemechanical.com.au

NOTICE BOARD



JOB PROGRESS

Hoddle Street

We have completed works for Level 6 and are now starting on works for Level 4.

FDC Suites Level 2

Seddon Square

Smile Avenue Clinic

Westgate Drive, Altona



		19.7%

93.8%

69.7%

94.5%

LIVE BUILDERS

E.J.B. HOLDINGS





LORDEN





ACCOUNT PARTNERS



State of the last



















NOTICE BOARD



ANNUAL LEAVE



Planning some time off? Here's a reminder of the company's annual leave policy:

6 weeks notice

Please give us at least 6 weeks' notice of any annual leave you would like to request.

UNIFORMS

Our new staff uniforms have just arrived! We have a range of regular and high-vis options including polo shirts, hoodies, 1/2 zip pullovers and jackets.

Wearing the brand with pride.

Whether we're working on construction sites, at the office or out meeting clients, we can proudly represent the Highrise brand no matter where we are.



JAKE VETOULADITIS

Managing Director

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Project Manager

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NOTICE BOARD

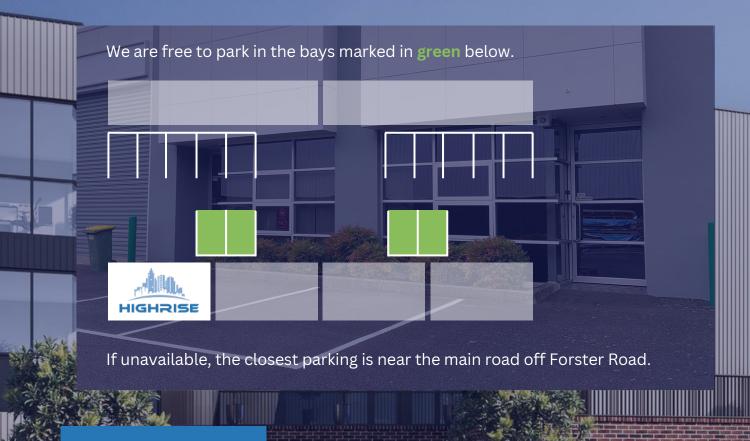


OFFICE PARKING

The building across our office was recently moved into and the car park bays in front of their building have been allocated to them.



Please try your best to avoid parking in those spots.



THANK-YOU



Shout-out to the Highrise team for keeping the ball rolling while Jake enjoyed some time away in Greece this month.

Keep up the great work!

STAFF UPDATE



NEW EMPLOYEE

Name
Position
Time with Highrise
Interests/Hobbies
Current TV Series
Siblings

Tienna Ha

Finance Controller

6 weeks

Aerial hoop, hiking and pilates Only Murders In The Building

1 younger brother

What's the best thing about working at Highrise?

Opportunities to work on a wide variety of projects. With Highrise being a small but growing company, my role expands beyond accounting and not every day is the same.

Favourite place travelled and why?

South Korea. It's a year-long destination and each season has its own distinct charm. Been lucky enough to experience them all except autumn! I also have great memories doing summer school there during uni.



UPCOMING

SEPTEMBER

2 RDO

Friday before
AFL Grand Final

NOVEMBER

4 RDO

Melbourne Cup

6 RDO

OCTOBER

7 RDO

SAFETY FOCUS



MINOR SPRAINS AND STRAINS

Use the R.I.C.E.R method within the first 24-48 hours after the minor sprain or strain injury to help reduce swelling and speed up recovery.

R

REST

Take a break and minimise movement to give yourself time to heal



ICE

Apply an ice pack wrapped in light cloth to the injury for 20 mins every 2-3 hours



C

COMPRESS

Bandage the injury firmly to to help prevent further swelling and provide support



Ε

ELEVATE

Elevate the injury above heart height (if practical) to reduce blood flow and swelling



R

REFER

Refer to an appropriate medical professional for guidance and management



FOOTY TIPPING



WINNERS Leaderboard Peter MURPHY 133 **Peter MURPHY** 133 Jesse Shep **Jesse Shep** 133 Paul Tiprat69 132 **Paul** JAKE 129 Kelvin 128 Charlie79 128 Steve Gleeson 127 Congrats to our winners! ESPNFAN0168456412 127 The \$1,000 cash prize will be split between the Adrian 125 3 of you.

HOW TO JOIN



ESPN Footy Tipping

Download the app or use online

Comp Highrise Footy Tipping Comp 2024

Password Footy123!