



UNIVERSITÉ  
**Concordia**

UNIVERSITY

## **HOSPITALITY CONCORDIA**

Food Services

A



**MONTH IN REVIEW**

April 2022

## Local and sustainable



It was so nice we ran the Climate Awareness Campaign twice

The week of April 4, we teamed up with the Concordia Sustainability Office for a second time this academic year to run the Climate Awareness campaign in a bid to educate the Concordia

community about how a plant-based diet—made up primarily of vegetables, fruits, whole grains, legumes, nuts, seeds, and other vegetarian sources of proteins, and meat only occasionally—can significantly lower greenhouse gas emissions. During the campaign, our dining halls and retail locations featured new dishes and promotional materials, such as menu signage that include a Reduced Carbon Emission logo—created by students in Concordia Professor Jordan Lebel's winter 2021 Marketing of Food course—to identify dishes that have lower levels of greenhouse gas emissions, thereby prompting community members to choose an environmentally friendly option. We also hosted interactive activities that included:

- Collaborating with the Humane Society International/Canada to host a trivia game and food sampling event
- Chef's cooking demos that offered up a scratch-made plant-based burger for dinner at the grill station in the dining halls
- A snack pop-up station for dinner in the dining halls



### Mouth-watering maple-sugar-inspired meals

While April is known for bringing spring showers, in Quebec, it's also the last month of sugar shack season, which kicks off in February. In fact, Canada's maple syrup industry accounts for about 75% of the world's production of this so-called liquid gold, with 92% originating from Quebec, according to recent stats from Agriculture and Agri-Food Canada. From April 13-15, we brought some of that traditional Sugar Shack culinary experience to students by serving them these sweet and savoury dishes:

- Soufflé omelet with maple-glazed ham
  - Baked beans with pork or vegan baked beans from local supplier L'Heritage
  - Pouding Chômeur (Poor man's pudding) for dessert
-

## Staff spotlight



### Wall of shout-outs for food services team members on Employee Appreciation Day

While the food services team works diligently every day to create and serve nourishing meals and deliver service excellence to the Concordia community, we formally celebrated them and their efforts on annual Employee Appreciation Day April 5. Staff members wrote laudatory notes for their colleagues on post-its and placed them on a poster that was prominently displayed. Employees were also treated to a candy bar.

## Special events



## Creating kooky cookies

This Sunday was anything but a lazy one. For the last activity of the year in our dining halls, students took a break from studying for final exams on April 17 and put their artistry on full display by decorating their own sugar cookies, which they also gobbled up, of course.

---



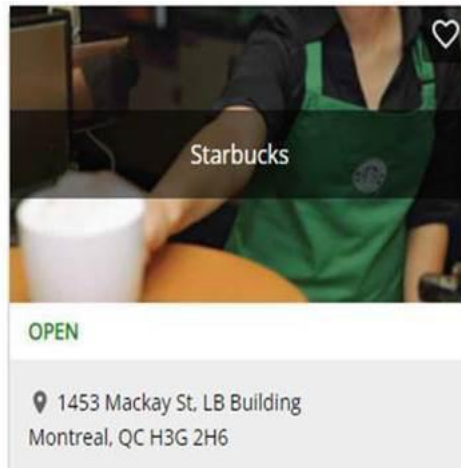
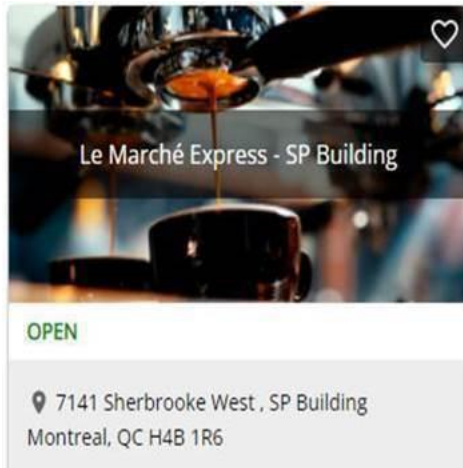
## Wearing pink made us stop and think...eat and drink

On the annual International Day of Pink April 13, when everyone is urged to don the colour pink to raise awareness of and take a stand against bullying—especially LGBTQ+ bullying—and homophobia, our team showed their support by wearing pink and whipping up pink smoothies, strawberry overnight oats, hummus with pita chips and watermelon lemonade.

Retail

What's open this summer?





While students packed up their belongings and began moving out of residences at the end of April and our dining halls subsequently closed on May 2, we will continue to offer food services this summer at Starbucks in the LB building on the Sir George Williams Campus and Le Marché Express in the SP building on the Loyola Campus. You can look forward to seasonal menu items and limited-time offers at both locations. [View summer hours of operation hours.](#)

**Sharing fond memories from the past year**



This video reel recaps highlights from the past year across residence and retail dining. We wish you all a safe, restful, and enjoyable summer! View the [video](#).

---



*Copyright © 2022*

**Concordia University** | [Food Services](#) [concordiafood@aramark.ca](mailto:concordiafood@aramark.ca)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).