



# atmosphere

RESORTS & SPA • PHILIPPINES



wellness  
scuba diving  
luxury rooms  
exploration  
fine dining





*Always included  
at Atmosphere*

- Complimentary breakfast
- Baby cots
- WiFi & unlimited filtered water
- In-room coffee and tea
- 24 hour warrior gym & pool use
- Snorkeling on the house reef, including equipment
- Stainless steel water bottles
- 10 minute Indian head massage
- Excursion to the Atmosphere soup kitchen
- Cocktail party on Thursdays

## Accommodation

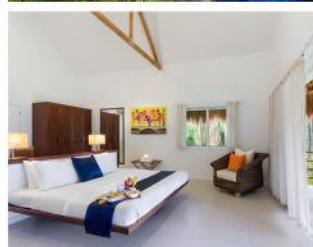


*Choose your  
perfect room*

14 Deluxe Suite Rooms  
6 Premium Suite Rooms  
8 Pool Suite Rooms  
8 Garden Studios  
4 Family Suite Rooms  
4 Penthouses



*Gorgeous indoor-outdoor  
bathrooms*



## *A multitude of choices*

At Atmosphere, we are proud that our name is synonymous with a quality dining experience in South East Asia.

Whether guests wish for a romantic private dinner on the beach, a seafood barbeque, a delicious pizza from our brick oven, a fine tenderloin steak in our elegant signature fine dining restaurant or simply relaxing with finger food at the bar, the choice is theirs.

A sumptuous breakfast is included in the room rate, and there are full board and half board meal packages available for pre-booking.



## Dining



### *For every palate*

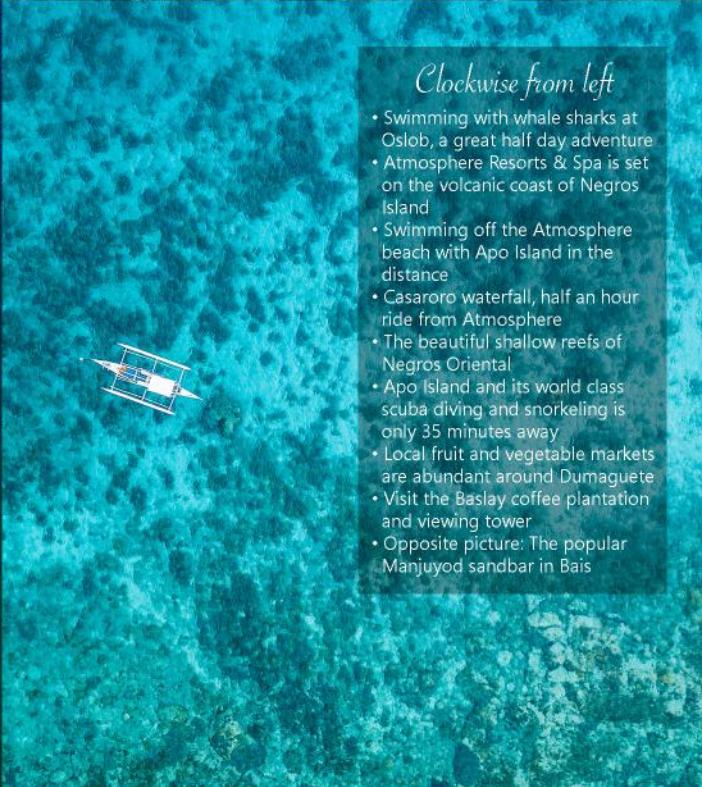
Fine dining  
All day casual dining  
Vegan & vegetarian options  
Wood fired pizza  
Wow Philippines dishes  
Private dining  
Beach barbecues



### *Drink and be merry*

A wine cellar with over 80 wines, a wine tasting room, cold local craft beer, delicious cocktails, juicy shakes and smooth Italian coffees.





### *Clockwise from left*

- Swimming with whale sharks at Oslob, a great half day adventure
- Atmosphere Resorts & Spa is set on the volcanic coast of Negros Island
- Swimming off the Atmosphere beach with Apo Island in the distance
- Casaroro waterfall, half an hour ride from Atmosphere
- The beautiful shallow reefs of Negros Oriental
- Apo Island and its world class scuba diving and snorkeling is only 35 minutes away
- Local fruit and vegetable markets are abundant around Dumaguete
- Visit the Baslay coffee plantation and viewing tower
- Opposite picture: The popular Manjuyod sandbar in Bais

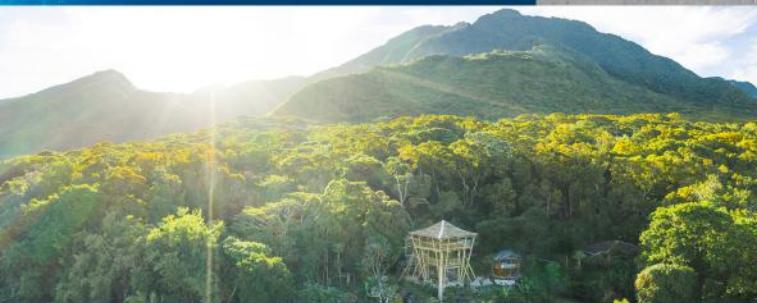
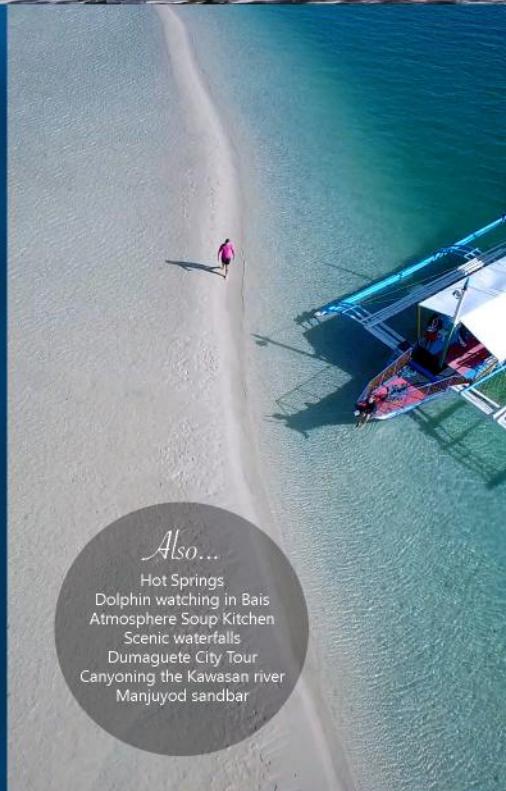
## *This is Atmosphere Resorts & Spa*

Fine Dining & Casual eating  
The Sanctuary Spa  
Scuba Diving & PADI courses

Wine tasting room & cellar  
Swimming with whale sharks  
Kids Club & Babysitting

Luxury accommodation and amenities  
PADI 5 star CDC Centre  
Sustainable & Gives Forward

Local excursions  
Yoga and meditation  
Warrior gym & Mountain biking



## *The Sanctuary Spa* Award-winning wellness

Signature massages  
Reflexology & foot spa  
Natural facials and hair masks  
Body wraps & scrubs  
Manicures & pedicures  
Watsu – water shiatsu  
Threading & waxing  
Healing baths  
After-sun treatments  
Children's spa services  
Detox services & programs

## Wellness



### *Yoga & fitness*

Daily yoga classes are held on our beachside tree top yoga platform, ranging in style and level and taught by our certified in-house yoga teachers. Private classes and retreats are also available, as are relaxation and meditation. Our warrior gym offers daily fitness classes, TRX and circuit training.

*The Sanctuary Spa at Atmosphere Resort in the Philippines is synonymous with wellness. Our core belief is that establishing a balance between a healthy mind, body and spirit is the key to successful healthy living.*



### *Mountain biking*

**With such beautiful scenery on our doorstep, mountain biking is a wonderful way to experience the landscape surrounding Atmosphere. We run daily mountain biking tours, taking you on one of the many local mountain trails. Each excursion combines exercise with scenic views of nearby islands.**





## Exceptional service

- Excellent house reef for shore diving & snorkeling
- 30+ dive sites along the Dauin coast and in Apo Island
- Tech diving centre with CCR support
- Small groups, max 4 divers per guide
- An in-house marine biologist
- Night dives, mandarin fish dives & fluoro dives
- Up to five scuba dives per day
- Dedicated snorkeling guides
- Complimentary Nitrox
- Marine life presentations
- PADI IDC's 7 times per year
- A dedicated camera room
- 15 PADI instructors & dive masters speaking 10 languages
- Dive trips to Apo, Sumilon and Siquijor islands

## Scuba Diving & Snorkeling



### Dive & snorkeling facilities

We understand the need for space, personalized service and technology. Guests enjoy private dive gear storage, WiFi, complimentary nitrox, a camera room, a large training pool, full equipment rental and a spacious briefing lobby. Our large bangka boat and two speed boats will take you to all our dive sites fast and comfortably.



### Dauin & Apo Island

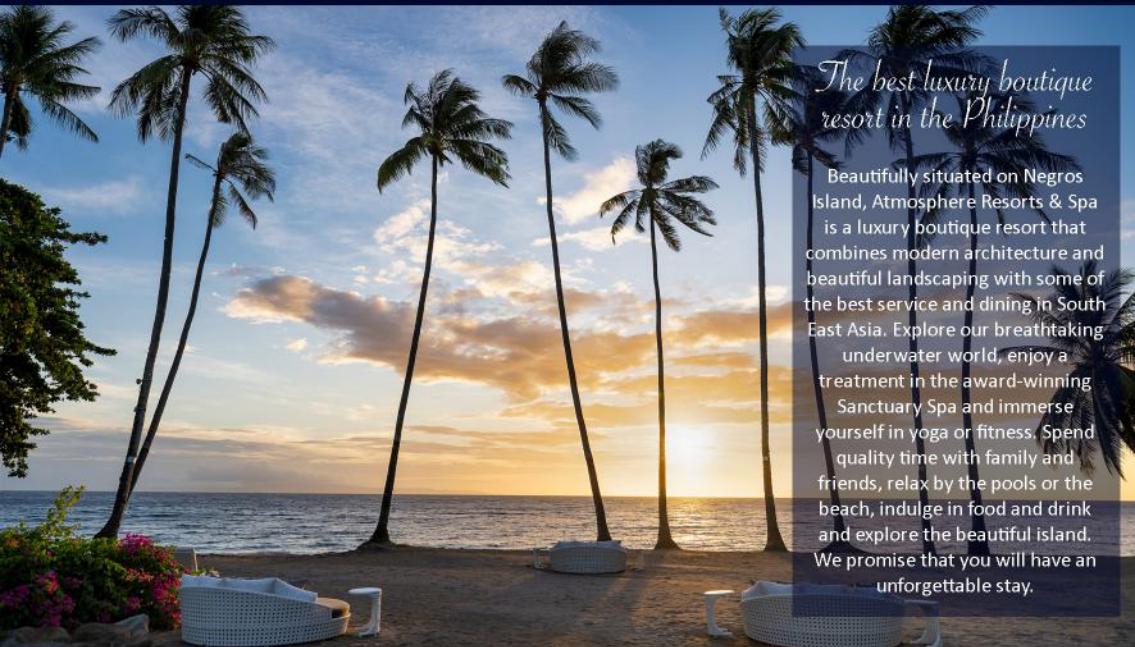
Take full advantage of some of the world's best scuba diving. The renowned Apo Island with its walls, stunning coral and schooling fish is a short boat ride away. The world's rarest critters compete for the underwater photographer's attention on the Atmosphere house reef and along the rest of the Dauin coastline.



### Critters we love

Seahorses • Wonderpus  
Hairy shrimps • Ghost pipefish  
Frogfish • Mandarin fish  
Blue ringed octopus • Nudibranchs  
Harlequin shrimps • Mantis shrimp  
Flamboyant cuttlefish • Anemonefish





*The best luxury boutique resort in the Philippines*

Beautifully situated on Negros Island, Atmosphere Resorts & Spa is a luxury boutique resort that combines modern architecture and beautiful landscaping with some of the best service and dining in South East Asia. Explore our breathtaking underwater world, enjoy a treatment in the award-winning Sanctuary Spa and immerse yourself in yoga or fitness. Spend quality time with family and friends, relax by the pools or the beach, indulge in food and drink and explore the beautiful island. We promise that you will have an unforgettable stay.

## Atmosphere Resorts & Spa



Atmosphere Resorts & Spa

Maayong Tubig, Dauin

6217 Negros Oriental

Philippines

+63 917 700 2048

+63 917 722 1042

+63 909 183 0364

[enquiries@atmosphereresorts.com](mailto:enquiries@atmosphereresorts.com)  
[www.atmosphereresorts.com](http://www.atmosphereresorts.com)



Atmosphere is situated in Dauin, 21 km south of Dumaquete city. 5-7 flights per day serve Dumaquete airport via Cebu or Manila. Atmosphere can also be reached by road and/or ferry from Cebu and Bohol.

*We give forward*

We believe in sustainability, whilst maintaining a luxury guest experience. We recycle, upcycle, re-use and refill, and we have eliminated single use plastic. Our local soup kitchen serves lunch to 80 children daily and we hold regular beach and reef clean-ups.

