

# YOU MADE A DIFFERENCE

On behalf of the Niagara Health Foundation, we are honoured to present our Donor Impact Report to you.

Throughout the past year, the Foundation has continued to watch the Niagara community rally around our mission of improving local healthcare for every resident and visitor to our region. Your support has come in many ways. From our Founding Donors of the *It's Our Future* campaign to thousands of donations made towards The Big Move Cancer Ride - you have found ways to show your compassion for those who rely on the care from Niagara Health.

We are grateful for all of you - our donors, volunteers, partners, and board members who supported us during the ups and downs of the pandemic and helped us achieve incredible results. While we have all lived through many challenges and changes, thanks to your generosity, it has been a year of innovation and advancement in fundraising for urgently needed patient-care equipment. We are humbled to share that through your support, our team has been able to raise over \$11 million for equipment, research and education, and capital development at Niagara Health this past year.

As we look forward, we are driven by the excitement from the community around the new South Niagara Site of Niagara Health. The *It's Our Future* campaign for the new hospital has been met with overwhelming support. We are extremely grateful for our Founding Donors, who have pledged over \$22 million to date; our many volunteers, who inspire us every day; and for you, our donors who have supported the Foundation and all its efforts.

As you read the Donor Impact Report, you will see the incredible stories of excellent care for patients, the life-saving equipment you have helped



Andrea Scott President & CEO, Niagara Health Foundation



Albert lannantuono Board Chair Niagara Health Foundation

purchase, and how your support truly impacts each of the 480,000 residents in Niagara.

Once again, thank you for your continued commitment and unwavering support. We remain optimistic about the future, and are grateful that you are with us on our journey of providing the best possible healthcare in Niagara.















# **BY THE NUMBERS**

Niagara Health serves the over 480,000 residents in Niagara. Below are some of the incredible examples of how many patients are cared for across Niagara Health.

### DID YOU KNOW...

Each and every dollar donated to the Niagara Health Foundation stays in Niagara.

Your support allows Niagara Health to treat and care for hundreds of thousands of patients each year right here in Niagara.

### INPATIENT











**OUTPATIENT** 

### **CARE BY NUMBERS**







**BABIES BORN** (WOMEN'S & BABIES')



STROKE CARE



**CARDIAC CARE** 



**ULTRASOUND** 



**VISITS** 

24,142 MENTAL HEALTH &

**ADDICTIONS** 



KIDNEY/DIALYSIS CARE



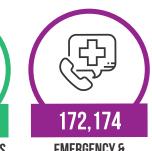
**HEART INVESTIGATION UNIT PROCEDURES** 















# YOU SUPPORTED URGENT PATIENT CARE NEEDS ACROSS



The birthing bed ensures safe childbirth while at the same time, allows the Obstetrician/ Gynecologists (OB/GYNs) to work quickly to support mothers with their unique needs during labour.

When a patient is ready to deliver, they must quickly move to the bed's edge. We strive for each mother to be in a safe and comfortable position so the birth of their baby is smooth, with minimal disruption to her body.



\$127,500 was raised for four birthing beds.



### **BLADDER SCANNERS**

Ultrasound bladder scanners are commonly used in acute care, rehabilitation, long-term care environments, urology and gynecology. It is a non-invasive alternative to bladder palpation and intermittent catheterization used to assess (initial) bladder volume, urinary retention and post-void residual volume (PVR).

Bladder scanning is effective for patients with diabetes, postoperative decreased urinary output, an enlarged prostate, a urethral stricture, spinal cord injuries, urinary incontinence, and many other conditions.



\$28,000 was raised for two bladder scanners.



### **ECG MACHINE**

An electrocardiogram (ECG) is one of the simplest and fastest tests to evaluate the heart. Electrodes (small, plastic patches that stick to the skin) are placed on the chest, arms, and legs. The electrodes are connected to an ECG machine by lead wires.

An ECG is often done in a healthcare provider's office, a clinic or a hospital room. In addition, ECG machines are standard equipment in operating rooms and ambulances.



\$1,123,834 was raised for five ECG machines.

# **NIAGARA HEALTH SITES**



Unlike other medical exams or procedures that may allow a parent to secure a child, X-Rays are not forgiving for movements. The Paediatric Immobilizer secures the child and allows the X-Ray Technician to be brief and efficient while the child remains immobilized.

Immobilization refers to keeping a child still with their consent and eliminates the anxiety and post-traumatic stress for future imaging procedures. A child's comfort and safety are the number one concern.



\$40,350 was raised for four Paediatric Immobilizers.



### **CT SIMULATOR**

Patients are imaged on a CT scanner specially configured to acquire three-dimensional images used for treatment planning. The CT scanner allows the radiation oncologist to localize the tumour and surrounding areas that will require radiation treatments.

The patient is placed on the treatment table, and marked with small tattoo marks to serve as reference points during treatment planning and delivery, enabling the radiotherapy team to reproduce the treatment in each treatment session.



\$586,000 was raised for a CT Simulator.



### **Surgical Tray**

Surgical trays (ST) hold surgical instruments. Each ST contains the instruments needed to perform a surgical procedure or family of procedures. The contents of a custom procedure tray are packed together and delivered in a single sterile pack.



\$14,200 was raised for an operating room tray.

### **Operating Room Lift**

Operating Room Lift equipment enables healthcare workers and clinicians to easily transfer and reposition patients without manual labour.

A wide range of lifting and positioning tasks are frequently carried out in operating rooms.



\$42,000 was raised for five Operating Room Lifts.

# YOUR DONATION HAS TOUCHED THOUSANDS OF FAMILIES



Just 31 weeks into her pregnancy with twins, Patricia woke up to discover she was going into labour. She was rushed immediately to Niagara Health's Labour and Delivery Unit in St. Catharines. Several hours later, Patricia and her care team were surprised to see she was almost seven centimetres dilated despite having no contractions.

"My entire care team mobilized to ensure I was being monitored and my unborn twins. It was scary and very stressful, but I knew we were in good hands," added Patricia.

During the six-week NICU stay, the staff's excellent care and kindness reminded Patricia of how fortunate they were to receive exceptional care. Finally, after days and weeks of growing stronger, Patricia took Miles and Hunter home.

"Thanks to Niagara Health, my two beautiful boys have been thriving since I brought them home. I can't say enough about the outstanding care we received and will always be grateful to the Niagara Health NICU team."



Beth has been a patient for some time. In 2005, she had her left knee replaced; in 2006, she was diagnosed with breast cancer. Then, in 2007, she had her second knee replacement. "Those were a rough three years. Any hospital experience is scary," said Beth.

In March 2020, Beth sensed and worried that her cancer had returned before her upcoming diagnosis appointment, and her fears were confirmed. Following an appointment with the surgeon, the Walker Family Cancer team immediately implemented a plan.

This time for Beth, her treatment journey was an eye-opener. Along with the help from her daughter, Beth also relied on the team at the Walker Family Cancer Centre, especially her nurse Emily.

Today, Beth is thankful for all the help she received and appreciates all she has and so much more.

# **IN OUR COMMUNITY**



### TRUDY HARVEY | KIDNEY/DIALYSIS CARE UNIT

Feeling unwell, Trudy Harvey went for a medical checkup. She was stunned to be told that she had advanced chronic kidney disease. From there, everything in her life changed. She did her best to stay healthy but continued to experience weakness and several chronic health concerns.

Trudy first learned she needed a kidney transplant from Dr. Khandelwal, a Nephrologist at Niagara Health Kidney Care. After that, she started homebased dialysis.

In early January last year, Trudy received news that she was matched to receive a kidney from a living donor, and her surgery was scheduled. The kidney transplant was a success. It has been over a year since Trudy had her transplant surgery. "I look and feel like I did ten years ago with more energy and joy of living!"

Trudy is so forever grateful to Dr. Khandelwal, who showed patience and understanding and provided Trudy with top-notch medical care.



Cheryl had been in pain and had walked with a limp for five years. She was in severe pain and decided to seek medical help.

Cheryl's family doctor referred her to Dr. John Song. Dr. Song specializes in a less invasive Direct Anterior Hip Replacement Surgery procedure. The main difference between the conventional and anterior approaches is the cuts are smaller and made at the front of the hip instead of the side or back. Other advantages are less pain and muscle trauma, a shorter hospital stay, easier and faster recovery time, less limping, and decreased hip dislocation.

Cheryl underwent surgery and recovered well. Her mobility is so much better now, with no visible limp.

"People can get the care they need locally at one of our hospital sites. I have had a wonderful experience and highly recommend Niagara Health to anyone," said Cheryl.

# It's Our Future



# Help Support The Future of Healthcare in Niagara

The 1.3 million-square foot South Niagara Site on 50 acres at Biggar Road and Montrose Road in Niagara Falls will be a cornerstone of health and healing that fosters a community of connected care and wellness.

The 10-storey, 460+ room hospital will modernize healthcare for all of Niagara.

With your support, you can help build a brighter future for the Niagara Region.

PLEDGED SUPPORT OF OVER

\$22,000,000



# The South Niagara Site will advance and modernize healthcare in Niagara by:

- Offering specialized services in stroke, complex care and wellness and aging;
- Ensuring an older persons' focus in all aspects of care;
- Becoming the first WELL Certified healthcare facility in Canada, designed to incorporate elements that promote health and wellbeing for everyone who uses the facility and;
- Incorporating modern practices, equipment and technology into a state-of-the-art facility to attract the best and brightest healthcare professionals to Niagara.

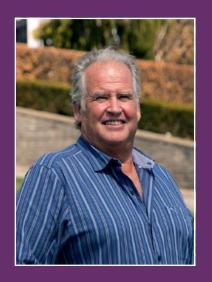
**ItsOurFuture.com** 



### IT'S OUR FUTURE CAMPAIGN CO-CHAIRS

"We could not be more excited about this medical centre of excellence coming to Niagara. What this means is leading edge medical care for the entire Niagara Region for many years to come, and now is our time to get involved. We can all have a part in making this the trusted point of care for our families for generations. We encourage everyone to get involved in this campaign and learn about ways to donate and support one of the most important causes that we will see in our community."





# THANK YOU TO OUR FOUNDING DONORS

Every one of us has a story. Something that connects us to healthcare in Niagara and inspires us to give. Philanthropy fuels leading-edge patient care, research and education, and innovation at Niagara Health. This year we are so grateful to have received more than \$22 million in pledges to the *It's Our Future* campaign for the new South Niagara Site of Niagara Health. We are delighted to highlight our Founding Donors for their significant investment in healthcare for our region. Our Founding Donors are integral in bringing a new kind of healthcare to Niagara - one that advances the boundaries of healing and transforms our experiences in healthcare.

Mark Basciano

Mountainview Building Group

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# THANK YOU TO OUR DONORS

This list is comprised of donors, private foundations and organizations contributing to and supporting Niagara Health Foundation with gifts of \$1,000 or more between June 1, 2021 to May 31, 2022.

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St. Catharines Hospital Auxiliary

**Walker Industries** 

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### **Legacy Gifts**

We are grateful to the individuals listed who designated a legacy gift to Niagara Health Foundation as part of their estate.

Through their careful planning and forward consideration we received these gifts.

We are honoured to acknowledge their generosity and its lasting impact.

Estate of Arnold Edward & Diane Mildred Bradley

Estate of Doris Winnifred Hilton

Estate of Frances Elizabeth Anne Wardlaw

Anonymous (3)

### Thank you for your generous support!

# niagarahealth ——————foundation

