



# The Current

## February 2026

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[www.oshkoshwi.gov/seniorservices/](http://www.oshkoshwi.gov/seniorservices/)

# Welcome to the Oshkosh Seniors Center

## *A Note From the Senior Services Manager*

February is all about the heart, and we have just what you're looking for at the Center this month. Are you interested in maintaining and improving your health? Check out our fitness offerings, like our new Functional Flexibility class, TRX, or give pickleball a try. When you invest in yourself, you win in the end!

Are you interested in sharing some love with friends? Check out the 'Heart Center' at each building. Or join in for some fellowship with your friends in cards, enrichment, or music! Don't forget the revamped Eat & Greet at the end of the month, too. No matter what you decide to try, there's something for everyone.

The Friends of the Oshkosh Seniors Center can use some love, too. There's never a bad time to donate to them, helping secure the Center's future. Gifts that include time and talent are also welcome. If you're interested or have always wondered how you can get involved, please reach out, and I'll be happy to get you connected.

*See you by the River!*

*-Dan Braun*

## **OSC Weather Closure Policy**

Our policy for full-day closures follows the lead of the Oshkosh Area School District. If the school district closes for a full day, the Center will also be closed. We do not, however, close early or delay opening due to weather. If the Oshkosh Area School District delays opening, we will still open for the day at regular hours. If they close early, we will remain open for our regular hours. We follow their lead for full-day closures only.

If we are closed due to weather, we will post it on our Facebook page and notify WBAY.

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



# Welcome to the Oshkosh Seniors Center

## February is Heart Health Month!

Check out this Cardiovascular Word Search to get yourself thinking about your heart.



|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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CIRCULATION

NUTRIENTS

OXYGEN

VALVES

VEINS

CAPILLARIES

ARTERIES

BLOOD

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BEAT

VENTRICLES

ATRIUM

HEART

PULMONARY

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm

# **GOLDEN TONES OPEN HOUSE**

Information for the  
Spring Chorus Session

**Monday, February 16<sup>th</sup>  
1:30p-3:00p**

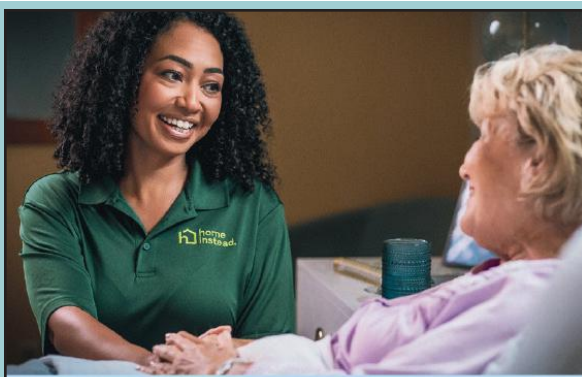
Register by Thursday,  
February 12<sup>th</sup>



Rehearsal starts Monday, March 2<sup>nd</sup>  
1:30p to 3:00p

Season Finale Concert in June





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A 4C 01-0984



## Stained Glass: Straight Cuts (S)

**Mondays, February 2 & 9**

**10:00a to 1:00p**

Instructor: Marla Tonn

**Cost: \$15.00 R/\$20.00 NR**

Min/Max: 3/6

**Register by Thursday, January 29**

Learn to operate a straight cutter using simple, easy-to-cut patterns. Prior glass experience is required; this is not suitable for beginners.



## Hand Building With Clay (S)

**Tuesdays, February 3-24**

**12:00p to 3:00p**

Instructor: Kathi Dittmer

**Cost: \$45.00 R/\$50.00 NR**

Min/Max: 2/9

**Register by Friday, January 30**

This class provides a fun community atmosphere to explore the creative world of clay. The fee covers 6 pounds of clay, glazes, and two firings. Beginners are welcome! Please note that class supplies are for use during scheduled class times only.



## Quilting 505: Gallery of More Complex Eight Pointed Stars (S)

**Wednesday, February 4-25**

**9:00a to 11:30a**

Instructor: Liz Lahm

**Cost: \$10.00 R/\$12.50 NR**

Min/Max: 2/6

**Register by Monday, February 2**

In this class, we will gain experience creating more complex eight-pointed stars that you can later use as references or incorporate into a quilt or smaller project, such as the one on page 80 of Book 4. We will learn to draft the blocks on page 60 and to understand the role geometry plays in drafting these eight-pointed stars.

**Recommended Book:**

**Quilter's Academy  
Volume 4 – Senior Year**

**Authors Harriet Hargrave  
and Carrie Hargrave.**

**Available through Amazon**



## Stained Glass Guided Hours (S)

**Wednesdays, February 4-25**

**10:00a to 12:00p**

Instructor: Marla Tonn

**Cost: \$5.00 R/\$7.50 NR per visit**

**No registration needed**

Do you have stained-glass projects you'd like to finish? An instructor will be available to provide guidance and answer questions. Come in and complete your projects!



**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



## Enrichment

## Building: North (N) South (S)

### Quilting: Woodland Winter Quilt (S)

Wednesday, February 4-25

12:30p to 3:00p

Instructor: Liz Lahm

Cost: \$10.00 R/\$12.50 NR

Min/Max: 2/6

**Register by Monday, February 2**

In this class, we will create a small quilt approximately 36 inches square. The design features a fence post block that surrounds a small center square. This center square can be a plain block, a bright color, multiple bright colors, or a print, as shown in this example. The print might include fun characters,

flowers, or other patterns. The fabric choices you make will make this quilt uniquely yours. Join me for this enjoyable project. Participants must bring their own sewing machine that is in good

working order. If you have questions, Liz can be reached at the South Building Desk on Friday mornings at the South Building Desk on Friday mornings.



### Knitting & Crochet (S)

Thursdays, February 5-26

8:30a to 11:30a

Instructor: Self-led

Cost: \$1.00 R/\$1.50 NR per visit

**No registration needed**

Work on your own knitting and crochet projects while surrounded by others who love the art as much as you do!

### Art Expression (S)

Thursdays & Fridays, February 5-27

8:30a to 11:30a

Cost: \$1.50 R/\$2.25 NR

**No registration needed**

Join the Art Expressions Lab to connect and work on art and craft projects! Bring your own supplies, as Center supplies won't be available, and note that kiln firing is not offered during this time.

### Wisconsin Warmers (S)

Thursdays, February 5-26

9:00a to 3:00p

Instructor: Self-led

Cost: Free

Min/Max: None

**No registration needed**

Join us as we make quilts and other items to donate to schools, hospice programs, group homes, hospitals, and other non-profit organizations. No experience necessary.



### Jewelry & Button Art (S)

Monday, February 9

9:30a to 12:00p

Instructor: Kerry Wolfe

Cost: \$10.00 R/\$12.50 NR

Min/Max: 3/8

**Register by Friday February 6**

Bring your creative mind and create something made of old jewelry and buttons. All supplies and materials are provided for you.

### Artfully Yours: Love You to Pieces (S)

Thursday, February 12

1:00p to 3:00p

Instructor: Kelly Arens

Cost: \$15.00 R/\$20.00 NR

Min/Max: 3/15

**Register by Thursday, February 5**

Join us as we piece together our heart for the LOVE of crafts! We will be painting puzzle pieces and creating a SWEET door or wall decoration for your space.



### Alcohol Ink Coasters (S)

Monday, February 23

9:30a to 11:30a

Instructor: Kerry Wolfe

Cost: \$10.00 R/ \$12.50 NR

Min/Max: 4/10

**Register by Thursday, February 19**

Using Sharpies and alcohol inks with rubbing alcohol, you can create two beautiful decorative tiles. No experience needed.

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



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Oshkosh Senior Center, Oshkosh, WI

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## Enrichment

Building: North (N) South (S)

### Power & Hand Tool Carving (N)

**Mondays, February 2-23**

**9:00a to 12:00p**

Instructor: Gene Bengel, Richard Krummick

**Cost: \$20.00 R/\$25.00 NR** (4-week session)

Min/Max: 4/12

**Register by Friday, January 30**

Power tool carvers are required to bring a bench fan and a dust collector, and they must have completed safety training to use OSC power equipment. Hand carvers should bring their own hand or rotary tools. Instructors will be available to teach, guide, and help with problem-solving. Please note that this class is exclusively for carving projects.

### Guided Wood Burning (S)

**Tuesdays, February 3-24**

**8:30a to 11:30a**

Instructors: Linda Gomach, Richard Krummick

**Cost: \$20.00 R/\$25.00 NR** (4-week session)

Min/Max: 3/10

**Register by Friday, January 30**

Here's a chance to work on those woodburning projects! Award-winning instructors will be on hand to offer expert guidance in completing your pieces. Bring your vision to life as you enjoy dedicated time for wood burning alongside fellow enthusiasts.

### Woodshop Guided Hours (N)

**Wednesdays, February 4-25**

**9:00a to 12:00p**

**Cost: \$5.00 R/\$7.50 NR**

**No registration needed**

Join us during Guided Woodshop Hours to work on your projects with support from our expert volunteers. Basic Machine Safety Training is required to use our tools; if you're not trained, you can use a bench pass, and monitors will assist. **Please arrive no later than 30 minutes before the scheduled end time to ensure projects are completed.**

**Share  
the  
Love!**

**February 1<sup>st</sup> - 28<sup>th</sup>**

We will have  
hearts set out for  
our participants to  
write a heartfelt  
message about  
their LOVE of the  
Oshkosh Seniors  
Center!

**Stop by the 'Heart  
Center' in each building  
to fill yours out!**

Look for the wall display  
to see all the LOVE!  
These can be done  
anonymously!

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm

# OSC GROUP EXERCISE SCHEDULE

EXERCISE CLASSES ARE HELD AT OUR NORTH BUILDING  
234 N CAMPBELL RD. OSHKOSH, WI 54902

| TIME  | MON              | TUE                    | WED              | THU                    | FRI              |
|-------|------------------|------------------------|------------------|------------------------|------------------|
| 8:00  |                  |                        |                  |                        |                  |
|       | Rapid Movement   | Full Body Strength     | Rapid Movement   | Full Body Strength     |                  |
|       | 8:30-9am         | 8:30-9am               | 8:30-9am         | 8:30-9am               |                  |
| 9:00  |                  |                        |                  |                        |                  |
|       | Morning Mobility | Functional Flexibility | Morning Mobility | Functional Flexibility | Circuit Training |
|       | 9:15-9:45am      | 9:15-9:45am            | 9:15-9:45am      | 9:15-9:45am            | 9:15-9:45        |
| 10:00 |                  |                        |                  |                        |                  |
|       | Chair Cardio     | TRX                    |                  |                        |                  |
|       | & Core           | 10-10:45am             |                  |                        |                  |
|       | 10-10:45am       |                        |                  |                        |                  |
| 11:00 |                  |                        |                  |                        |                  |
|       | Silver Sneakers  | Movement               | Silver Sneakers  | Movement               | Movement         |
|       | Classic          | Exercise               | Classic          | Exercise               | Exercise         |
|       | 11-11:45am       | 11-11:45am             | 11-11:45am       | 11-11:45am             | 11-11:45am       |
| 12:00 |                  |                        |                  |                        |                  |
|       | Advanced         | Advacned               |                  |                        |                  |
|       | Line Dancing     | Line Dancing           |                  |                        |                  |
|       | 12:15-1:45pm     | 12:15-1:45pm           |                  |                        |                  |
| 1:00  |                  |                        |                  |                        |                  |
|       |                  |                        |                  | Chair                  |                  |
|       |                  |                        |                  | Yoga                   |                  |
|       |                  |                        |                  | 1-1:45pm               |                  |
| 2:00  |                  |                        |                  |                        |                  |
|       |                  | Chair                  |                  |                        |                  |
|       |                  | Yoga                   |                  |                        |                  |
|       |                  | 2:15-3pm               |                  |                        |                  |
| 3:00  |                  |                        |                  |                        |                  |



## Beginner Classes

### **Morning Mobility (N)**

Mobility Sessions are a fantastic way to release tension, expand your range of motion, and minimize soreness, ultimately enhancing your recovery process. Participants are encouraged to bring their own exercise mat.

### **Functional Flexibility (N)**

Relax, restore, and renew your body in this gentle class focused on improving flexibility and range of motion. With guided stretches, mindful breathing, and slow and controlled movements, we'll help release tension, increase mobility, and support better balance and posture. Participants should bring their own exercise mats.

### **Chair Yoga (N)**

A gentle practice in which postures are performed either seated or with the assistance of a chair. This class helps boost strength, flexibility, and mental well-being. No prior experience is required to join.

### **Silver Sneakers® Classic (N)**

A beginner-friendly class designed to increase strength, flexibility, range of motion, and cardiovascular health through a variety of exercises. Participants will use a chair for support and will incorporate dumbbells, resistance tubing, and/or a ball to build muscle.

### **Movement Exercise (N)**

Join us for a fun, low-impact aerobics class designed to improve cardiovascular health, stability and build strength. We'll use various resistance tools to enhance muscle tone, balance, and overall fitness. Movements can be done seated or standing, making it adaptable for all ability levels.

### **Chair Cardio & Core (N)**

Improve your cardiovascular health and strengthen your core with the assistance of a chair. This low-impact class improves endurance, balance, and overall strength. We may include light dumbbells and resistance tubing to keep things different and challenging.

## Intermediate Classes

### **Rapid Movement (N)**

Improve your cardio by doing fast bursts of exercise, followed by active recovery. This interval training style helps improve agility, power, coordination, and balance, all key components in helping you stay strong and confident in your everyday activities.

### **Full Body Strength (N)**

Build strength from head to toe in this dynamic class designed to challenge every major muscle group. Using a variety of resistance tools, such as dumbbells, resistance bands, weighted bars, and more, you'll improve muscle tone, stability, and overall functional fitness to keep you enjoying your daily activities.

### **Circuit Training (N)**

Strengthen your heart, boost energy, and improve flexibility with our easy-to-follow station routines using strength and cardio equipment. This full-body workout helps you stay strong and confident in everyday movement.

### **TRX (N)**

Build strength, improve flexibility, and challenge your core with TRX suspension training. Using your body weight and adjustable straps, you'll perform a full-body workout that's safe, effective, and adaptable for your fitness level.

**Registration is required due to limited equipment.**

## Advanced Classes

### **Advanced Line Dancing (N)**

Kick up your heels and enjoy fun, fast-paced dance routines that challenge your coordination, rhythm, and memory while keeping the atmosphere light and social. Prior line dancing experience is required. Steps are not taught.



**STAY  
ACTIVE**

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



# **Functional Flexibility**

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Tuesday & Thursday  
9:15-9:45am**



**OSC North Building**



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## Carol's Country Tours

**2026**

|                         |                    |               |
|-------------------------|--------------------|---------------|
| <b>New Orleans</b>      | <b>02/07-15</b>    | <b>\$1325</b> |
| <b>Washington, D.C.</b> | <b>04/15-04/22</b> | <b>\$1096</b> |
| <b>NYC 26</b>           | <b>06/11-17</b>    | <b>\$1175</b> |
| <b>Cape Cod</b>         | <b>09/26-10/4</b>  | <b>\$1390</b> |
| <b>Memphis</b>          | <b>10/19-24</b>    | <b>\$970</b>  |

**Carol J. Kaufmann**

[Ckaufmann@new.rr.com](mailto:Ckaufmann@new.rr.com)

**(920) 216-4668**

[www.carolscountrytours.com](http://www.carolscountrytours.com)  
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## Want to help your community? Become a Wellness Plus Program Leader!

We're looking for volunteers to lead a variety of wellness  
classes including Tai Chi, Stepping On, and more!

As a volunteer program leader, you'll:

- Receive free training.
- Facilitate wellness classes for older adults.
- Provide strategies for healthier living.

*It's a great opportunity to share your skills and  
give back to your community!*

**For more information:**



Scan the QR code or visit [wchd.pub/wellnessplus](http://wchd.pub/wellnessplus)

Call Winnebago County Public Health at 920-232-3000

Email [ajbeattie-lokken@winnebagocountywi.gov](mailto:ajbeattie-lokken@winnebagocountywi.gov)



**Public Health**  
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**THRIVE  
LOCALLY**



# Leave a Legacy

Consider the Community Foundation in your estate  
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you care about, long after you are gone.



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For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Oshkosh Senior Center, Oshkosh, WI

C 4C 01-0984



### Blood Pressure Checks (S)

Wednesdays, February 4-25

1:00p to 2:00p

Instructors: Retired Registered Nurses

**Cost: Free**

**No registration required**

Stop by to have your blood pressure checked and get helpful guidance on understanding your readings. If you're unsure about the accuracy of your home blood pressure cuff, bring it in, and we'll troubleshoot together.

### Small Group Reiki (S)

Wednesday, February 4

Register by Monday, February 2

Wednesday, February 18

Register by Monday, February 16

9:00a to 10:15a

Instructor: Kim from Open Heart Reiki

**Cost: Free**

Min/Max: 2/12

Discover the healing power of Reiki in a peaceful setting, where you'll experience hands-on energy-balancing techniques to melt away stress and tension. Perfect for anyone looking to unwind, recharge, and restore tranquility in their life.

### Compressive Shock and Stop the Bleed (S)

Thursday, February 5

1:00p to 2:30p

Presenter: Kerry Ahrens

**Cost: Free**

Min/Max: 5/30

Register by Tuesday, February 3

Sudden cardiac arrest can happen to anyone, anywhere, at any time—affecting 350,000 people outside hospitals each year. The survival rate for sudden cardiac arrest is less than 10% annually. Join us to learn how to perform CPR and use an AED. In addition, this class will teach you how to stop bleeding, so you're prepared for any traumatic situation and can help save a life!



## TIPS FOR PREVENTING FALLS

### Eliminate Hazards

De-clutter, remove power cords and throw rugs, and be sure your space is well lit.

### Learn Your Risk

Get a Biodex Balance Assessment (see page 16 for details).

### Check Your Vision & Hearing

Hearing loss and low vision put you at a higher risk for falling. Get yours checked and treated!

### Know Your Medications

Certain medications can increase your risk of a fall. Talk to your doctor or pharmacist!

### Stand Up

Too much sitting is bad for you. Spend more time standing to improve your balance and strength.

### Steady Yourself

Install handrails and grab bars, wear sensible footwear, be careful of pets, and use assistive devices when needed.

### Think Prevention

Don't underestimate the role you play in your own health. Be prevention-minded when it comes to your fall risk!



# PERSONAL TRAINING

**CIERRA BOUTELLE | 920-232-5303**

Hello, I'm Cierra, the Healthy Lifestyles Coordinator at the OSC. I hold a Bachelor's Degree in Exercise Science with an emphasis in Strength and Conditioning and Psychology, along with a Master's Degree in Athletic Training. My experience includes working with people from many different backgrounds, creating personalized programs that focus on safe movement, injury prevention, and maintaining independence. My goal is to help you feel confident, strong, and capable in your daily activities, so you can continue doing the things you enjoy. Together, we'll focus on keeping your body moving safely and building strength for everyday life.

**HAILEY HOLM | 920-232-5320**

Hi, I'm Hailey, and I'm excited to be part of the OSC as a personal trainer! I graduated with a degree in Kinesiology with an emphasis in Exercise Science and recently went back to school to earn my certification as an Occupational Therapy Assistant (OTA). My passion is helping people move better, feel stronger, and live more independently. I have experience in designing personalized training programs that are tailored to your unique goals, fitness level, and health needs. Whether you're working on balance, strength, flexibility, or just staying active, I'm here to guide you every step of the way. You'll find that I work hard to make your time in the gym safe, effective, and empowering. Together, we'll support your health, strength, and independence."

**KAYLEE BOWE | 920-232-5320**

Hello! I'm Kaylee, and I am so excited to be a personal trainer at the OSC! I graduated with my Bachelor's degree in Kinesiology with an emphasis in Rehabilitation Science, and I hold a certification in Practitioner-Assisted Stretching. My passion is helping my clients move better and feel great while they do it! Whether your goals are to have a pain-free golf game, go up and down stairs with ease, or gain strength, mobility, or independence, we'll build a plan that has you feeling confident in your body's ability to get through each day.

## VALUE

With our certified trainers, you take your first steps towards controlling your overall health and wellness. Each session lasts 30 minutes and specifically meets your individual fitness goals. You will have direct access to a trainer who guides you in exercising safely and effectively in a one-on-one setting, ensuring personalized attention and customized workout plans.

**Our pricing:**

**6 sessions for \$78**  
**12 sessions for \$156**  
**18 sessions for \$234**

Invest in your health and wellness today and start your journey towards a healthier, happier you!



# Biodex Balance Assessments

---

## Curious about your fall risk?

With our quick and easy Biodex Balance Screen, you can gain a clear understanding of your stability and balance. Through a series of short, guided tests, the system measures your ability to maintain control and assesses your risk of falling, categorizing it as low, medium, or high. It's a simple and effective way to take charge of your health and stay confident on your feet!

**Cost: \$5.00**

**Make your appointment today!**

Cierra: [cboutelle@oshkosh.gov](mailto:cboutelle@oshkosh.gov) / 920-232-5303



*Caring for the community since 1908.*

# Valley VNA Senior Care

- **In-Home Care** to keep you independent and safe.
- **Independent Senior Apartments** to simplify your life.
- **Assisted Living and Memory Care** for when your needs change.

valleyvna.org | 920.727.5555 | Neenah, WI

**Hair** by Jaimie  
Cosmetologist  
920-419-5593  
1861 Oregon St, Oshkosh, WI

## NO NEW MEDICARE CARD Don't fall for the Scam!



Have you been told  
you need a new  
Medicare card?

**STOP! It's a scam**



### Here's the truth?

- Medicare is NOT issuing plastic cards
- You do NOT need to "update" your Medicare Card
- Medicare will NEVER call or text you asking for your Medicare number

### Protect Yourself:

- Never give out your Medicare number to unexpected callers
- Hang up on anyone asking for personal information
- Report suspicious calls to Senior Medicare Patrol

Wisconsin Senior Medicare Patrol  
1-888-818-2611  
www.smpwi.org

## Personalized Care



When you need extra support at home, personalized care matters. First in home care, Interim HealthCare® understands the importance of caring for the whole individual. Our HomeLife Enrichment® standard of care engages the mind, body, spirit and family to ensure you receive the personalized care you deserve.

- Med Reminders • Meals • Companionship
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## LET'S GROW YOUR BUSINESS

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**Alex Nicholas**

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## Building Bridges of Care.



## Become an Aurora Healthcare Volunteer.

**Are you a retiree, a stay-at-home parent, student, or someone with availability during weekdays?**

**We invite you to join our vibrant volunteer community and become a valued part of our team.**



### Why Volunteer With Us?

#### Invaluable Impact:

Volunteers like you have a tremendous daily impact on the lives of our patients & visitors.

#### Wellness Benefits:

Studies show that volunteering improves cardiovascular health, offers socialization opportunities, creates a sense of purpose, and reduces stress. Our greatest need is for Front entrance Volunteers who bring warmth and assistance to patients. Plus, there are various other opportunities available.

While we love commitment, we are flexible and happy to work around your commitments. Your time is truly appreciated!

Apply by: Logging into [www.aurorahealthcare.org/volunteer](http://www.aurorahealthcare.org/volunteer)  
or scanning the QR Code



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Oshkosh Senior Center, Oshkosh, WI

D 4C 01-0984



## Support Services

Building: North (N) South (S)

### Nail Care (S)

**Tuesdays & Wednesdays, 9:00a to 3:30p**  
**Thursday, February 5 & 19, 9:00a to 3:00p**

Facilitator: Foot Care Nurse

**Cost: \$40.00 per visit**

**Appointment required**

Nail care services are provided by a nurse. To ensure you get the appointment date you want, please call 5-6 weeks in advance. Appointments fill quickly. **Call 920.232.5301 to schedule.**

### Mindfulness Meditation (S)

**Thursdays, February 5-26**

**11:00a to 12:00p**

Instructor: Donna Janus

**Cost: \$1.25 R/\$1.75 NR**

Min/Max: None

**No registration needed**

This secular and supportive group is for beginners and experienced meditators. Classes include: guided instruction, time for discussion, and Q&A. Beginners learn how to meditate while experienced meditators learn how to deepen their practice. All levels learn why and how mindfulness and meditation work to increase well-being.



### Mindworks (S)

**Thursdays, February 5-26**

**11:00a to 2:00p**

Facilitator: Fox Valley Memory Project

**To register call 920.225.1711 or email [info@foxvalleymemoryproject.org](mailto:info@foxvalleymemoryproject.org)**

Mindworks is a facilitated program designed for people with early symptoms of dementia or memory loss. Each class provides care partners three hours of free time while their loved one attends class. **Lunch is included for participants!**

### Grief Support (S)

**Thursdays, February 5 & 19**

**1:00p to 2:30p**

Facilitator: Meredith Schluter, Compassus Hospice

**Cost: FREE**

Max: 12 per session

**Registration open through day of program**

For any adults grieving the death of a loved one, this is an opportunity to come together and work with a specialist. Meredith will facilitate group conversations around how we grieve.

### Elder Benefit Specialists (S)

**Wednesday, February 11**

**10:00a to 11:30a**

**Cost: Free**

**No registration needed**

Winnebago County Elder Benefit Specialists (EBS) will provide confidential assistance for an array of topics and issues to anyone 60+. EBS Services are completely free. EBS can help with understanding Medicare and the insurance options that go with it, public benefit programs, and providing assistance with denials and appeals. Oshkosh EBS can be reached toll free at 877-886-2372.

### Memory Screening (S)

**Wednesday, January 21**

**10:30a to 12:00p**

Facilitator Alisa Richetti from the ADRC

**Cost: Free**

**Call 920.232.5301 to make an appointment**

Have a free, confidential memory screen completed and learn about normal brain changes as you age. Alisa will answer your questions related to memory loss, dementia and prevention of cognitive decline. Appointments take approximately 20 minutes.



**We are here to support you!**

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



# ALMEDA FISK GALLUP TRUST FUND

The Oshkosh Seniors Center is honored to receive funding from the Almeda Fisk Gallup Foundation. This funding plays a vital role in helping us support the senior residents of the City of Oshkosh by providing assistance with vision, hearing, and dental needs.

If you or someone you know needs assistance with vision, hearing, or dental care, please contact Bobbie Jo Nagler at the Oshkosh Seniors Center. She will be happy to guide you through the application process for available funding.

*Please note that specific eligibility criteria must be met.*

**PLEASE CALL 920.232.5301 TO APPLY**





### **One-On-One Tech Sessions (S)**

**Available M-F by appointment only**

Instructors: Christie Powers

**Cost: \$2.00 R/\$2.75 NR per class**

**Registration required**

This program is designed to improve your digital literacy. All levels of expertise are welcome. Meet with an instructor one-on-one to tackle any technology problem you may be experiencing. Keep in mind it's not always a "one and done" appointment but we will work with you until you are a pro!

### **One-On-One with Sandy Toland (S)**

**Mondays, 9:15a, 10:30a, 11:45a, & 1:00p**

Instructor: Sandy Toland

**Cost: \$2.00 R/\$2.75 NR per class**

**Registration required**

Sandy is from the Oshkosh Public Library and can not only answer questions about the library online services, but any other technology challenges you are experiencing as well.

### **Wi-Fi Access (S)**

**Cost: Free**

Bring your own device to access the Oshkosh Seniors Center's Wi-Fi. Find a cozy spot in the Great Room, M-F, 8 am to 4 pm, and enjoy the high-speed internet service. No password is required.

## TECHNOLOGY EXPERTS ARE AVAILABLE TO ASSIST WITH:

- Setting up new phones
- Transferring data between devices
- Connecting phones to cars via Bluetooth
- Social media assistance
- Laptop and iPad support
- Voicemail setup
- Email assistance
- Text messaging
- Camera functions
- And more!

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



Oshkosh Seniors Center Presents:

# IRISH FUN

Tuesday, March 10th  
5:00p to 7:00p

Doors open at 4:45p

Traditional Irish Dinner  
Entertainment by:  
Sheamus Fitzpatrick & the  
McNally Boys

**Tickets: \$25.00**

**On sale from February 2nd to March 3rd**







# *EAT & GREET*

*February 25<sup>th</sup>  
Serving at 11:30a  
Tickets: \$10.00*

February is the month of love, plus who doesn't  
love a good lasagna!

Join us for a classic Italian dish of lasagna, tossed  
salad, a breadstick, and cheesecake with  
strawberry topping.

*TICKETS AVAILABLE:  
JANUARY 28TH TO FEBRUARY 18TH*





## Social & Educational

Building: North (N) South (S)

### Beginner Ukulele Lessons (S)

**Fridays, February 6-27**

**10:00a to 10:50a**

Instructor: Joe Wiedenmeier

**Cost: \$40.00 R/\$45.00 NR**

Min/Max: 5/12

**Register by Wednesday, February 4**

Want to keep your brain healthy and strong? Research shows that learning something new is the best way to boost brain health. Learning the Ukulele is easy and fun! You do not need to know how to read music to learn to play the uke.

### Beginner 2 Ukulele Lessons (S)

**Fridays, February 6-27**

**10:00a to 10:50a**

Instructor: Aaron Baer

**Cost: \$40.00 R/\$45.00 NR**

Min/Max: 5/12

**Register by Wednesday, December 31**

Aaron will lead this class for those who have completed the Beginner Ukulele class. Learn more chords, strumming, techniques and songs.

### Intermediate Ukulele Lessons (S)

**Fridays, February 6-27**

**11:00a to 11:50a**

Instructor: Aaron Baer

**Cost: \$40.00 R/\$45.00 NR**

Min/Max: 5/12

**Register by Wednesday, February 4**

This class is for those with a knowledge of 8-10 chords and various strum patterns. You should be able to confidently change between chords and learn simple tunes fairly quickly before joining this class.

### Advanced Ukulele Lessons (S)

**Fridays, February 6-27**

**12:00p to 12:50p**

Instructor: Aaron Baer

**Cost: \$40.00 R/\$45.00 NR**

Min/Max: 5/20

**Register by Wednesday, February 4**

A dive into song structure and more advanced chords and chord formations. Class will also include fingerpicking and intricate strum patterns.

### Ukulele Play Along (S)

**Wednesdays, February 4-25**

**10:30a to 12p**

Instructor: Dave Hable

**Cost: \$ \$2.00 R/\$2.50 NR**

Min/Max: 3/20

**Registration open through day of**

Looking to play your ukulele with others? If you know 3-4 chords, you can join in our weekly sessions! We play a variety of music selected under the guidance of a volunteer. We use our own iPads, smart phones, and/or tablets to view the songs via wi-fi. We can get you connected!



Do you want to participate in lessons but don't have a ukulele? We have a ukuleles available for rent! Stop at a front desk for more information.



**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



## Social & Educational

## Building: North (N) South (S)

### Karaoke (S)

Tuesday, February 3

**Register by Monday, February 2**

Tuesday, February 17

**Register by Monday, January 16**

**1:00p to 2:15p**

Instructor: Lori Schroeder and Kelly Arens

**Cost: Free**

Min/Max: 5/25

Join us to sing your favorite classic songs, or relax and enjoy listening to others sing. All music lovers are welcome!

### Mediterranean Cooking 1 (S)

**Mondays, February 9, 16, 23**

**10:00a to 12:00p**

Instructor: Lynn Stuart

**Cost: \$30.00 R/\$36.00 NR**

Min/Max: 2/9

**Register by Monday, February 2**

It seems like everyone is telling us to eat the "Mediterranean diet." Learn what Mediterranean food is and how to prepare a few recipes that use its core ingredients: vegetables, whole grains, and legumes. Demonstrations, participation, and samples are part of every class.

### Chat N Chop (S)

Tuesday, February 10

**9:45a to 11:45a**

Instructor: Kerry Wolfe

**Cost: \$10.00 R/\$12.50 NR**

Min/Max: 2/8

**Register by Tuesday, February 3**

In this episode of Chat n Chop, we will be making tater tot casserole, sticky buns, and cheesy sausage dip. Sound good? Grab your apron and join us!



### Essential Oils: All Natural Glo

#### Face Serum (S)

Tuesday, February 10

**10:00a to 11:00a**

Instructors: Jeanne Gehrke

**Cost: \$8.00 R/\$10.00 NR**

Min/Max: 2/10

**Register by Friday, February 6**

Create your own radiance boosting face serum using pure, all natural ingredients. In this quick, hands-on class, you'll blend nourishing botanical oils and essential oils to craft a custom glo serum that hydrates, brightens, and leaves skin feeling silky and refreshed. Recipe included. This is perfect for all skin types and makes a great self-care treat or gift. Take home your handcrafted bottle—ready to glow!

### Popcorn and a Movie

Tuesday, February 17

**10:00a to 12:00p**

Instructor: Kerry Wolfe

**Cost: Free**

Min/Max: 2/20

**Register up to day of event**

Enjoy a movie and popcorn with friends! MPLC regulations prohibit us from disclosing the titles of movies in this publication, so please ask at the front desk for more details on the movie.



### ORD: What's New in Gardening for 2026 (S)

Wednesday, February 18

**10:00a to 12:00p**

Instructor: Rob Zimmer

**Cost: Free**

Min/Max: 10/80

**Register by Monday, February 16**

New plants, plant of the year, and the latest garden trends for 2026 will all be covered during this program. If you love gardening and enjoy discovering spectacular new varieties, you won't want to miss it.



**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



## Social & Educational

## Building: North (N) South (S)

### Bingo (S)

**Wednesday, February 18**

**2:00p to 3:30p**

Instructor: Kelly Arens

**Cost: Free**

Min/Max: 10/80

**Registration opens Wednesday, February 4**

**Register by Tuesday, February 17**

Join us for a fun afternoon of Bingo! Doors open at 1:30p. Donations should be dropped off before Bingo begins. If you have items to contribute to the prize tables, please consult a staff member first. Thank you to our sponsor, Oasis Senior Advisors!



### A Healthier You (S)

**Monday, February 23**

**1:00p to 2:00p**

Instructors: Dena Mayer from Aurora Health

**Cost: Free**

Min/Max: 10/50

**Register by Thursday, February 19**

Ready to feel your best? Join Dena Mayer from Aurora Health for an engaging and informative session on nutrition and healthy lifestyle habits. Learn simple, practical tips to boost your well-being and maintain a healthy lifestyle. The class includes helpful handouts, the latest health information and time for Q&A.

### LIR: Astronaut Frank Borman and His Legacy (S)

**Tuesday, February 24**

**10:00a to 11:30a**

Instructors: Chris Henry, EAA Museum Manager

**Cost: Free**

Min/Max: 5/35

**Register by Friday, February 20**

Chris Henry will share the life and legacy of Frank Borman, one of America's most daring astronauts. Known for commanding Apollo 8, the first mission to orbit the Moon, Borman also influenced the future of aviation and space exploration. Discover how his leadership, bravery, and curiosity made a lasting impact on history.

### Eat and Greet (S)

**Wednesday, February 25**

**11:30a to 12:30p**

Instructor: Becca Bays

**Cost: \$10.00**

Min/Max: 10/50

**Register by Wednesday February 18**

February is the month of love, and who doesn't love a good lasagna? Join us for a classic Italian dish of lasagna, tossed salad, a breadstick, and cheesecake with strawberry topping. Tickets are on sale from January 28 to February 18.



### Book Talk (S)

**Thursday, February 26**

**9:30a to 11:00a**

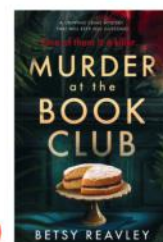
Instructor: Kerry Wolfe

**Cost: \$1.25 R/\$1.75 NR**

Min/Max: 2/20

**Register by Thursday, January 29**

This month's book is "Murder at the Book Club" by Betsy Reavley. The body of a woman is found on a Cambridge common, and the police are called to investigate. The motive behind the crime isn't clear, but it all points back to a book club. Sound interesting? Want to find out how it ends? Join Book Talk.



### Avoiding Probate: How to Do It, and Why You (Maybe) Shouldn't (S)

**Friday, February 27**

**10:00a to 11:00a**

Presenter: Joe McCleer

**Cost: Free**

Min/Max: 5/35

**Register by Wednesday, February 25**

Probate can last up to a year or longer in Wisconsin. Attorney Joe McCleer of McCleer Law Office will explain various methods to ensure your estate passes to your family without going through probate. He will also discuss common issues families face when trying to avoid probate and why having an estate plan that accounts for probate is often better than one that tries to bypass it.

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



## Social & Educational

Building: North (N) South (S)

### Representative Palmeri

#### Office Hours (S)

Friday, February 27

10:00a to 11:30a

Presenter: Rep. Lori Palmeri

**Cost: Free**

**No registration required**

State Representative Lori Palmeri has been serving the 54th Assembly District since January 2023. Come meet Lori, bring your issues, and share what's on your mind.

### Cards & Games (S)

**Various Days and Times**

**Cost: R \$1/NR \$1.50**

Need a spot to play with friends? Check in at the front desk as daily fees apply.

#### Cribbage

Mondays & Fridays

8:30a to 11:30a

Beginners welcome!

#### Mahjongg

1<sup>st</sup> and 3<sup>rd</sup> Mondays

9:30a to 11:30a

#### Mexican Train

Tuesdays

12:30p to 3:30p

#### Bid Euchre, Rummikub

Wednesdays

12:30p to 3:30p

#### Sheepshead

Thursdays

12:30p to 3:30p

#### Open Bridge

Fridays

12:30p to 3:30p

All cards and games are for use at the South Building ONLY.

## Easy Ways to Stay Social

Join a club

Take a class  
at OSC

Ask an old  
friend to  
coffee

Schedule  
regular  
phone calls  
with family  
or friends

Volunteer  
for a cause  
you care  
about

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



# LOVE YOURSELF MORE PAMPER DAY

**Wednesday, February 11<sup>th</sup>**

**Register by Wednesday, February 4<sup>th</sup>**

- 9:30am: Gentle Stretching Class
- 10:00am: Benefits of Chocolate Talk & Hot Chocolate Social
- 10:30am: The Heart of Crafting Make & Take
- 11:00am: Satin Hands Pampering

**Schedule is tentative & subject to change.**



**P.S. Stop in to leave your love note for the Seniors Center at each of the front desks from February 1-28. Look for them displayed on the walls throughout the month!**



# Winnebago Senior Tours

Building: North (N) South (S)

## Tours Sign-up Options

The registration desk is available at  
OSC South Building, **200 N. Campbell Rd.**  
**MONDAY—THURSDAY 9:00am—1:00pm**  
**Call: 920.232.5312**

Winnebago Senior Tours (WST) accepts  
**CHECKS AND EXACT CASH ONLY**

Place your payment in the drop box located next  
to the WST Desk **OR** Mail your check to:

**Winnebago Senior Tours**

**P. O. Box 1851**

**Oshkosh WI 54903-1851**

**Write the trip name on the check memo  
line.**

Any age is welcome to travel with us

**\*\* (under 18 require adult supervision). \*\***

**See flyers for more detailed trip  
information at the WST Display Racks**

**Sign up now — don't delay!**

## Hamilton

**The Performing Arts Center—Appleton**

**Date: Thursday, February 5**

**Cost: \$210 (\$25 non-refundable deposit)**

**Depart: 6pm—Return: after show**

HAMILTON is the epic saga that follows the rise  
of Founding Father Alexander Hamilton as he  
fights for honor, love, and a legacy that would  
shape the course of a nation. Based on Ron  
Chernow's acclaimed biography and set to  
a score that blends hip-hop,

jazz, R&B, and Broadway,  
HAMILTON has had a profound  
impact on culture, politics, and  
education. HAMILTON features  
book, music, and lyrics by

Lin-Manuel Miranda. Price includes: ticket, yellow  
express bus, and driver gratuity. Tour Mgr: Cindy  
Paffenroth



## 2026 Upcoming Trips:

Other Side of the Lake – 5/13/26

Brewer Game – June TBD

Mystery Trip – June TBD

State Fair – August TBD

Door County – August TBD

Disney's Frozen – 8/26/26

A Christmas Story – 12/17/26

Northern Lights of Finland – 1/14 to 1/21/27

**Sign up now, trips fill up quickly!**

Check the rotating rack!

## Beehive

**The Fireside Theatre—Fort Atkinson**

**Date: Thursday, February 19, 2026**

**Cost: \$145 (\$25 non-refundable deposit)**

**Depart: 8:30am —Return: Approx. 6:30pm**

Everybody loves the '60s –

the fashions, the movies,  
the moon landing, and, of course,  
the music! It was the greatest  
decade for popular music.

BEEHIVE celebrates the  
powerful female voices of  
the 1960s, featuring songs  
by everyone from Lesley Gore to  
Janis Joplin, The Shirelles to

The Supremes, Aretha Franklin to Tina Turner,  
and so many more! The show is a nostalgic  
journey through the decade, told from the  
perspective of six young women coming of age  
and accompanied by a live band. Price includes:  
ticket, coach bus, driver gratuity and lunch. See  
flyer for featured menu. Tour Mgr: Cathy Koch



## Fort Lauderdale, Miami and Key West

**Dates: February 20—March 2, 2026**

**Cost: \$1699 Per person, double occupancy  
(\$75.00 Non-refundable deposit)**

Are you looking to escape Wisconsin for 11 days  
in February? Join us on a winter get-away to  
Florida with Diamond Tours. Highlights include: a  
guided tour of Miami, the exciting South Beach  
area is sure to give you the feel of what this  
famous city is all about. Visit the Coral Castle  
(built in 1923) where you will be amazed to see  
just what man can do. Walk the beautiful  
Hollywood Beach Boardwalk. Cruise on the  
"Venice of America" in Fort Lauderdale Fort  
Lauderdale's New River, sailing through  
Millionaire's Row with homes of the Rich and  
Famous, spectacular Mega Yachts, and sights  
beyond belief. Enjoy the Southernmost City in  
the continental, U.S. Key West, is just a short  
and picturesque drive from Miami. Key West  
offers a tropical blend of azure waters, tropical  
foliage, along with a history of notorious and  
notable figures. This 11 day, 10 night trip  
includes 10 breakfasts and 7 dinners. See flyer  
for additional highlights and descriptions. Price  
Includes: motorcoach  
transportation, driver  
gratuity, lodging,  
& attractions. Tour Mgr:  
Cathy Koch





## Winnebago Senior Tours

Building: North (N) South (S)

### Addams Family

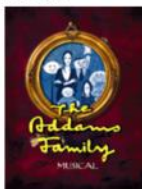
The Fireside Theatre—Fort Atkinson

Date: Thursday, April 2, 2026

Cost: \$145 (\$25 non-refundable deposit)

Depart: 8:30am —Return: Approx. 6:30pm

A comical feast that embraces the wackiness in every family, THE ADDAMS FAMILY Musical features an original story and a dilemma that's every father's nightmare: Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family – a man her parents have never met. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents. Price includes: ticket, coach bus, driver gratuity and lunch. See flyer for featured menu. Tour Mgr: Alice Himmler



### The Great Gatsby

The Performing Arts Center—Appleton

Date: Wednesday, April 15

Cost: \$150 (\$25 non-refundable deposit)

Depart: 6pm—Return: after show

The Great Gatsby is a "Broadway extravaganza that explodes with life and energy" (Entertainment Weekly). Based on the classic American novel by F. Scott Fitzgerald, the Tony Award®-winning new musical is an unforgettable journey of love, wealth and tragedy that brings the Roaring Twenties to life on stage. Price includes: ticket, yellow express bus, driver gratuity. Tour Mgr: Cathy Koch



### Chicago

Dates: May 5—May 7, 2026

Cost: \$525 Per person, double occupancy (\$75.00 Non-refundable deposit)

Enjoy 3 days and 2 nights in exciting Chicago! Highlights include visiting the World Famous 360 Chicago (formerly the John Hancock Observatory) with breathtaking views of the city's skyline and lakefront, enjoying a relaxing Skyline Cruise on Lake Michigan, exploring attractions and shops at Navy Pier, wandering through an underwater adventure at Shedd Aquarium, and immersing yourself in amazing experiences and exhibits at the Museum of Science and Industry - named one of the "Top 15 Museums of the World". Tour Mgr: Cathy Koch

### Hairspray

The Fireside Theatre—Fort Atkinson

Date: Thursday, May 14, 2026

Cost: \$145 (\$25 non-refundable deposit)

Depart: 8:30am —Return: Approx. 6:30pm

It's 1962 and in the city of Baltimore young Tracy Turnblad, a lovable girl with big hair and an even bigger heart, has only one passion – to dance. When she wins a spot on a popular TV dance show she is transformed from outsider to teen celebrity. She must use her newfound power to defeat the evil plans of teen princess Amber Van Tussle, win the affections of heartthrob Link Larkin, and integrate a TV network. HAIRSPRAY is a story about acceptance and inclusion. It's a story of equality told with humor and heart, '60's rock and roll, and spectacular high-energy dancing. Price includes: ticket, coach bus, driver gratuity and lunch. See flyer for featured menu. Tour Mgr: Cindy Paffenroth



### Pacific Northwest & California

Dates: May 24-June 1, 2026

Cost: \$4,284 per person Double; \$5,269 per person Single; \$4,224 Triple (\$698 per person deposit)

Sold Out— Waitlist Available

### & Juliet

The Performing Arts Center—Appleton

Date: Wednesday, June 3

Cost: \$125 (\$25 non-refundable deposit)

Depart: 6pm—Return: after show

This hilarious new musical flips the script on the greatest love story ever told. & Juliet asks: what would happen next if Juliet didn't end it all over Romeo? Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way. Juliet's new story bursts to life through a playlist of pop anthems as iconic as her name, including "Since U Been Gone," "Roar," "Baby One More Time," "Larger Than Life," "That's The Way It Is," and "Can't Stop the Feeling!" Break free of the balcony scene and get into this romantic comedy that proves there's life after Romeo. The only thing tragic would be missing it. Price includes: ticket, yellow express bus, driver gratuity.

Tour Mgr: Cheryl Freiberg





## Winnebago Senior Tours

Building: North (N) South (S)

### Lake Geneva Sundae Social Boat Cruise

**Date:** Thursday, June 18, 2026

**Cost:** \$135 (\$25 non-refundable deposit)

**Depart:** 8am—**Return:** 5:00-5:30

Our day will begin with the opportunity to visit Lake Geneva's downtown shops. Such as "The Market of Lake Geneva," and "Delaney Street Mercantile." We will then enjoy a delicious lunch at Popeye's on Lake Geneva (not the restaurant chain). The day will end with combined sweet treats, fun stories, and a little relaxation for an unforgettable outing on the Grand Benne Ice Cream Social Cruise. The friendly staff serves up classic ice cream sundaes with your choice of toppings while you learn about Lake Geneva's opulent estates and fascinating history. Price includes: coach transportation, driver gratuity, lunch and cruise. Tour Mgr: Cindy Paffenroth

### Million \$\$\$ Quartet

**The Fireside Theatre—Fort Atkinson**

**Date:** Thursday, July 9, 2026

**Cost:** \$150 (\$25 non-refundable deposit)

**Depart:** 8:30am —**Return:** Approx. 6:30pm

On December 4, 1956, an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley together at Sun Records in Memphis for what would be one of the greatest jam sessions of all time. MILLION DOLLAR QUARTET brings that legendary December night to life with an irresistible tale of broken promises, secrets, betrayal, and celebrations that is both poignant and funny. Relive the era with the smash-hit sensation featuring an incredible score of rock 'n' roll, gospel, R&B, and country hits all performed live. Price includes: ticket, coach bus, driver gratuity and lunch. See flyer for featured menu. Tour Mgr: Cheryl Freiberg

### Brewers vs Pirates Baseball Game American Family Stadium—Milwaukee

**Date:** Tuesday, Aug. 4th **Game Time:** 6:40

**Cost:** \$150 (\$25 non-refundable deposit)

**Depart:** 3:30pm -**Return:** After the game

Experience Brewers Baseball like a VIP! Located in the Casamigo's Patio Left Field on third base side. Full buffet features Johnsonville brats, hotdogs, grilled burgers, chicken tenders, salads, mac and cheese, chips and cookies with unlimited soft drinks. Price includes: game ticket, full buffet, two complimentary beers or Casamigo's drink, coach bus and driver gratuity. Tour Mgrs: Cheryl Freiberg and Cathy Koch

### Shipshewana, Indiana Countryside Amish Adventure

**Dates:** September 14 - September 17, 2026

**Cost:** \$705 per person/double Occupancy, \$934/Single (\$75.00 Non-refundable deposit)

Take a drive into Amish family culture: delicious food, picturesque beauty, live entertainment and more! Highlights include: visiting an Amish homestead, touring the scenic and beautiful countryside, riding on a wagon through a bison ranch, enjoying an authentic Amish dinner, strolling downtown Shipshewana, learning about the Amish and Mennonite history, visiting nationally recognized shops (one of the top flea markets in the US, Eash Sales, E & S Foods, and Shipshewana Trading Place). This trip will be full of charm, tradition and hospitality. 4 days, 3 nights - includes 3 breakfasts and 3 dinners. Price includes: coach transportation, driver gratuity, lodging, and attractions. Tour Mgr: Cathy Koch

### Canadian Rockies

**Dates:** September 16-23, 2026

**Cost:** \$8,099 per person Double; \$9,699 per person Single (\$698 per person deposit)

Sold Out— Waitlist Available

### Sunny Portugal with Porto

**Dates:** November 9-21, 2026

**Cost:** \$4,799 per person Double; \$5,599 per person Single (\$698 per person deposit)

Enjoy this 12 day trip from the northern city of Porto, through the Portuguese capital, Lisbon, to the sunny cliffs of the Algarve and Portuguese Riviera, along Portugal's stunning shoreline. Encounter picturesque towns, winding cobblestone streets, oceanfront promenades, and quaint villages. Experience ancient castles and Roman ruins, groves of orange and almond trees, quiet whitewashed villages and welcoming locals. Highlights include Porto, Stock Exchange Palace, Porto Wine Cellars, Fatima, Portuguese Riviera, Cascais, Obidos, Sintra, Cork Factory, Evora, Alentejo, Lagos, Algarve, Picnic Lunch in Monchique, Lisbon, Belem and UNESCO World Heritage Sites. See flyer for additional highlights and descriptions. Overall activity level is level 3. A passport is required. Tour Mgr: Cheryl Freiberg







**\$1,000,000+**

SUNDAY MORNING, JANUARY 16, 1994

PUBLISHED IN OSHKOSH, WIS.

## Center dedicated



OSHKOSH SENIORS CENTER volunteer Walter Evanson presents Mayor Richard Wollangk with Gov. Tommy Thompson's special award to the city for recognizing its senior citizens. The presentation was made at Saturday's center dedication ceremony.

The Friends of the Oshkosh Seniors Center is celebrating a significant milestone. 2026 marks **40 years** of unwavering support for the Oshkosh Seniors Center. It all began with our initial goal of raising funds to construct the current, beautiful facility. Over the past four decades, we have contributed over **\$1 million** to enhance programs, activities, and services to seniors in our community, and we couldn't have done so without the generous support of **people like you.**

This celebration is not just about our past; it's also about the ongoing journey we share in supporting an environment where seniors can thrive. Donations from members of our community are essential to ensuring that the Oshkosh Seniors Center remains a hub of activity for seniors for years to come.

As we embark on the next decade, **please consider donating in honor of our 40 years of commitment to the Oshkosh Seniors Center.** Your donation could support a variety of items, including remodeling projects, equipment purchases, meal program support, program supplies, and much more.

Let's continue to build on that \$1 million together.

**Thank you for being part of our story.**

Sincerely,

*Friends of The Oshkosh Seniors Center Board of Directors*

*We are volunteer community members dedicated to supporting the Oshkosh Seniors Center and those who use its programs and services.*

**Friends of the Oshkosh Seniors Center | PO Box 3423 | Oshkosh, WI 54903**  
[friendsofoshkoshseniorscenter@gmail.com](mailto:friendsofoshkoshseniorscenter@gmail.com)





Friends of the Oshkosh Seniors Center  
200 N Campbell Rd  
PO Box 3423  
Oshkosh, WI 54903-3423

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## The Oshkosh Seniors Center is working to enrich the quality of life for adults 50 and over.

The Oshkosh Seniors Center does not necessarily endorse the companies or services appearing in The Current paid advertisements.

### **Oshkosh Seniors Center**

200 North Campbell Rd  
Oshkosh, WI 54902  
920.232.5300

#### **South Building Hours:**

Mon - Fri 8am to 4pm

#### **North Building Hours:**

Mon - Fri 7am to 4pm

### **OSC Staff**

Dan Braun, Senior Services Mgr.  
Rebecca Bays, Program Supervisor  
Bobbie Jo Nagler, Office Assistant  
Sadie Ingenthron, Mktg/Fund Dev.

#### **Activity Coordinators:**

Cierra Boutelle, Healthy Lifestyles  
Kelly Arens, Educational & Social  
Kerry Wolfe, Asst. Activities Coordinator

### **Friends Board**

Jeff Schettl, Vice President  
Judy Hebert, Treasurer  
Jean Wollerman, Secretary  
Robin Liepert  
Tayler King

## **REGISTERING FOR PROGRAMS**

To register for paid programs, stop by the front desk at either building or give us a call at 920.232.5300 (unless otherwise noted). You can pay with cash, check, or your prepay account.

Some free programs allow online registration, but if an appointment is needed, you must call or visit one of our front desks.

Programs that require advance registration also require payment upon registration.