

# Contributors:

4	Tim Kasher
5	Alyssa Shaver
6-11	Andy Shauf
12-13	Avery Kissick
14-15	Angela Lewis
16-17	Colin Nealis
18	Dallas Bryson
19	Darryl Kissick
20	Miles Johnson
21	Morgan Nagler
22	Emily Hamilton
23	Helado Negro
24-25	Sean Solomon
26-31	Nic Olson
32	Nathaniel Russell
33	Rob Shauf
34-35	Winston Hacking

# Cover by Carson McHone

Thank you to everyone who contributed, to everyone who is reading, and to everyone who is listening. - Foxwarren

## SECOND STRINGER BY TIM KASHER

YOU HAD A LOVE YOU'D NEVER LEAVE
AND THEN THEY MADE YOU SECOND STRING
YOU TRIED AND FAILED TO MAKE A CASE
THAT YOU WERE WORTHY OF FIRST PLACE

SPENT AND SPURNED, YOU HUNG YOUR HEAD AND SWORE YOU'D NEVER LOVE AGAIN
AND SWORE YOU'D NEVER TREAT PEOPLE
LIKE SECOND CLASS, SECOND FIDDLE

BUT FATE CONSPIRED TO TWIST YOUR ARM
YOU FELL FOR MY INFLATED CHARM
BUT FATE CAN BE FATEFULLY WRONG;
YOU'RE SECOND STRINGING ME ALONG
QUIT SECOND STRINGING ME ALONG

I DON'T WANT TO BE YOUR SECOND STRING ALWAYS GONNA BE THE SECOND BILLING

THE WINTER HIT, WE CUDDLED UP
WE DID WHAT NATURE ASKS OF US
THE SUMMER DUMPED A BUNDLED JOY
AND NOW THE HOUSE IS FILLED WITH TOYS

HE SLEEPS BETWEEN US EVERY NIGHT
AND WHAT AN ENDLESS APPETITE

TREATED LIKE THE NEWBORN KING

LIKE HE'S THE GREAT SECOND COMING

YOU NEVER GAVE A SECOND THOUGHT
TO SQUEEZE ME IN THE FAMILY PLOT
I'VE DUG MY GRAVE WHERE I DON'T BELONGSTILL SECOND STRINGING ME ALONG

WHEN YOU MARRIED ME, DID YOU KNOW FOR SURE?
DID YOU SECOND GUESS UP TO THE ALTAR?
SO MANY SECOND CHANCES LEFT UNEXPLORED...
THEY COULD STILL BE YOUR FUTURE

I LOST THE HOUSE, I SEE MY SON
THE SECOND WEEK OF EVERY MONTH
GOT MY ROOM BACK AT MY MOM'SNO SECOND STRINGING ME ALONG

NO SECOND STRINGING ME ALONG











# two boys

yesterday an electric scooter carrying two boys zoomed past me as i hobbled down the sidewalk 'free child for sale! the larger boy proclaimed the smaller boy wasn't happy nor was he for sale 'take me back or i'm telling dad' he stated as he began to walk back leaving the larger boy and scooter and pursuing his freedom 'shouldn't you kids be watching tv?' i wondered



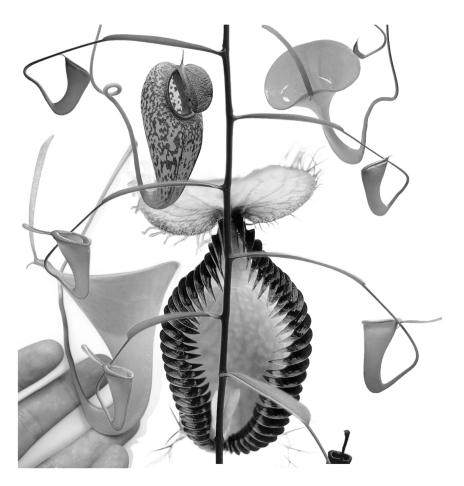






# two months

a girl tell
a story about
her roommate
throwing a piece
of spaghetti
against the wall
and leaving it
for two months
makes me grateful
for the passing
of time



Nepenthes are a group of carnivorous pitcher plants from Southeast Asia. They use their pitchers to lure and trap insects, and digest them in order to obtain the nutrients needed for survival.

In the wild, Nepenthes are under constant threat of habitat loss, and many populations have been decimated due to poaching. Thankfully, there are plant nurseries that specialize in cloning rare and sought after species, reducing pressure on the wild populations.

Nepenthes are dioecious meaning each plant is male or female. Part of my enjoyment of the hobby comes from trying to source a pair of plants, and then flowering them to produce seed. It can take many years, and even decades to flower them, and I've collaborated on producing seeds of some critically endangered species. Nepenthes can also be hybridized, crossing different species to come up with new and unique plants.

While they're not the easiest plants to cultivate, when it's -40C outside in the dead of winter and the Saskatchewan wind is howling, I especially enjoy the small, tropical oasis waiting for me in the basement.







## 12 hour bread 1 loaf

1 tsp active dry yeast 1 tsp honey or maple syrup 4 cups of white flour approx. 3 cups of warm water pinch of salt

#### Instructions:

In a bowl add yeast, honey and one cup of warm water. Let sit for 10 minutes. The yeast should bloom creating a thin layer of foam.

Add flour, salt and gradually add water making sweeps around the bowl with a rubber spatula-pulling the dough and folding into the middle. Add water until it can be rounded in the center of the bowl but settles flat within seconds. It is a wet dough.

Line the sides of the bowl with a bit of oil. Cover the bowl and place in the fridge overnight (up to 24 hours).

Prepare a 9 inch bread pan or a dutch oven with parchment. If you don't have parchment, you can coat with butter or oil and dust flour over it.

Fold the dough into the pan and set to proof for an hour. If your oven can't proof, find a warm place.

by a heat or in the sink with some warm water around the pan.

Preheat oven to 400 F. Once the dough has risen, bake for 45 mins to an hour. If you use a dutch oven, place the lid on for 30 mins. Uncover for the remainder of the bake.

The top should be a deep golden brown.

Let fully cool before slicing.



# Chicken Soup 6-8 large servings

whole chicken (fresh or frozen)

- 2 carrots
- 1 small rutabaga (or 3 potatos)
- 2 onions
- 2 cups frozen peas
- ⅓ cup butter or olive oil
- 1 Tbsp garlic
- 1 Tbsp thyme
- 2 tsp dill
- 1 tsp turmeric (for colour)
- 1 Tbsp honey or maple syrup eh
- 1 lemon

salt



#### Instructions:

Cook chicken in a slow cooker with approx. 8-12 cups of water for 8-12 hours.

If you don't have a slow cooker, you can use an element or induction stove on low or set your oven to 200F. Cook for at least 4 hours.

Remove chicken from stock and put aside to cool. Bring stock to a simmer on the stove or in your cooker. Add a generous amount of salt.

Dice onions and fry in a separate pan with butter, garlic and more salt. Once browned, transfer to stock pot

Peel and chop carrots and rutabaga. Add to pot.

Add thyme, dill, turmeric, honey.

Squeeze lemon and add. optional: finely grate 1/2 the lemon peel

Debone chicken, chop and add to pot. Once carrots and rutabaga are soft, turn off heat, add frozen peas and serve.

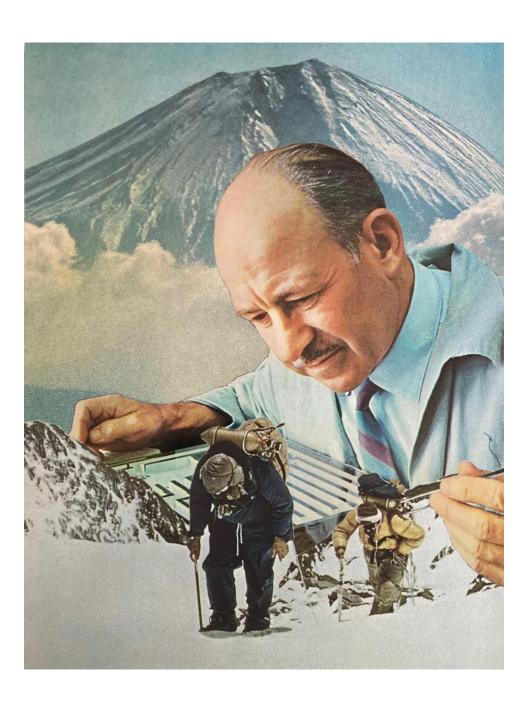
#### Variations:

Instead of thyme and dill, add a handful of cilantro and 1 Tblsp of chili crisp or 1 tsp of chili flakes. Add lime instead of lemon.

## And/or

Slow cook a thumb of fresh ginger with the whole chicken.







# THE TOTAL BY MORGAN NAGLER

2 TIMES

SHOULD HAVE BEEN ENOUGH

BUT HOPE

IS A BITCH

SHE INSISTS

SHE PERSISTS

HANDCUFFS AROUND YOUR WRISTS

SHE WISHES SO HARD

THAT TRUTH WOULD TAKE THE PLACE

OF YOUR WISH

2 TIMES

IS ENOUGH

YOU HAVE THE TOTAL

IT'S 2

TWICE YOU GAVE THE BENEFIT OF DOUBT

WHEN TWICE YOU KNEW

2 TIMES - LE SIGH

IS THE PUDDING OF PROOF

THE POWER OF 2!

1 STANDS ALONE

BE LIKE THE SUN

IN THE ALASKAN WINTER
BEHIND THE CLOUDS

BUT THERE, THEY SAY

KEEP SHINING

EXTEND A RAY TO THE COLD

KEEP BUYING

INTO THE PROMISES YOU WERE SOLD

I WANT 2

I SAY

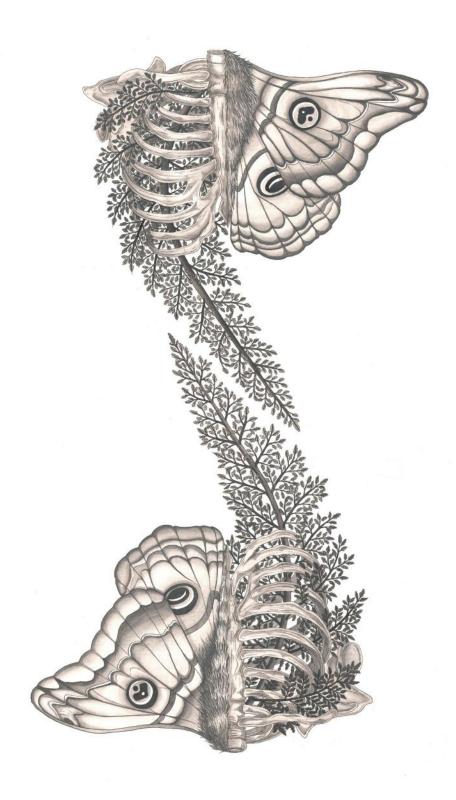
AND I AM, BUT I KNOW

I DON'T HAVE 2

I'M ONLY 1 WHEN IT'S SAID AND DONE

1 IN SEARCH OF THE GLORY OF 2

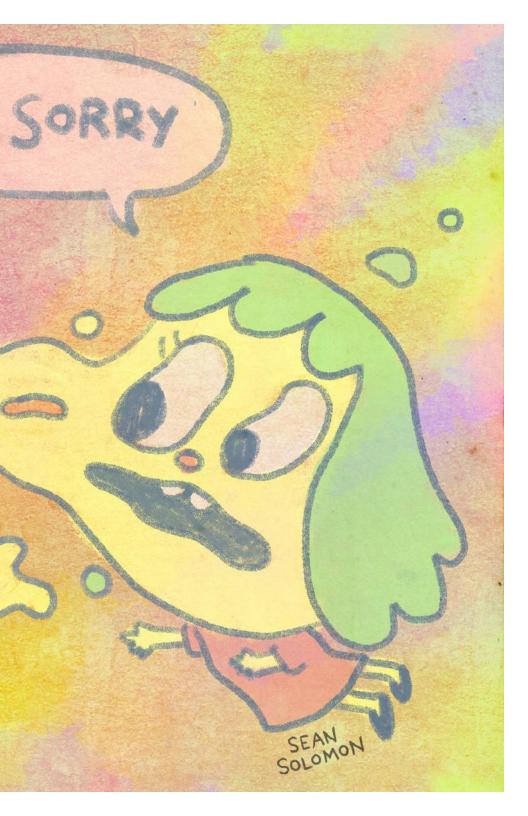
FOR 2 IS A NUMBER TO BEHOLD





Two Lucky by Helado Negro





## We brought the bat to hit dingers or: Second night in the van

I paid the stay at this hotel for three nights. On my second night the shower curtain fell down the rod broke and woke me up and scared the hell out of me. First night when I arrived I had to have housekeeping show up and change the sheets because they clearly had not been changed from the visitors before me there was a long hair I am there and there were crumbs and food in the bed it was disgusting so obviously my first impression wasn't good the floors although there is linoleum they haven't been mopped or clean for at least months when I got there the first thing I did I had to mop the floor then when they found out -Gloria, Pebble Beach, USA

check the online interactive real estate crime data map on a scale of Electric Blue to a possible Midnight Blue it's only shaded Sea Lavender

The next thing I see is an arm reaching in through the window and reaching to unlock the door. The window was open when we checked in and we left it open with the idea that we would close it when we got ready to go out. I thought Jose had forgotten his key so I gave the arm a light Karate chop. With that the arm pushed the blind open and there was a stranger. He said he was looking for his beach towel. I either pushed his arm out the window or did real Karate chop. He said I am sorry and took off.

-Maria E. J., San Diego CA

we might be the ones accidentally stumbling into other peoples' rooms this second option is 20 minutes from downtown \$200 cheaper.

This place is disgusting... Also the staff were clueless and the environment was dangerous. Outside lights don't come on until well after dark and the people who haunt the place seem like druggies. The rooms are ok but they bathroom was nasty. Save yourself a trip to the ER due to a knife wound and stay elsewhere. Avishek C, Irvine CA

wasn't sure your hotel roommate was breathing, but then he was gotta give the band naloxone training we'll be the ones smoking drugs soft as they are outside the motel entrance you thought only fifth-graders said druggies gulp a second king-can toss it on pile of empties Wow officially the worst hotel I have ever stayed in, and i have stayed in a large number and only staying because nothing available for 20 miles. Not sure if I would be safer and more comfortable in my truck. O stars, who ever graded this place a 2 star hotel was either smoking and been long addicted to crack, or was paid a lot of money to lie.

-rich A., Sacramento CA

take rich A.'s single star Yelp review seriously and instead book the \$200/night hotel in Vallejo CA seven stoned white dudes in a van and trailer we're not in a band, I promise start your own Expedia review in the morning for a 20% discount coupon:

Slept in the van with a baseball bat, streetlamp in my eyes, baseball glove as a pillow. Got there night-of and the cops were dropping someone off and getting them a room. All sorts of shady people smoking out front. Front desk lady seemed to be high on a stimulant. A few used towels under the sink.

sip coconut water take an advil what is a hangover but society's reminder that you are loved or at least less hated delete try a second time:

Complementary, well-lit parking. Extra pillows provided. Additional government-supplied security presence. Convenient smoking area with seating. Interesting and talkative overnight staff. Extra towels provided.

delete
opt out of the coupon
instead give Thumbs Down to Jason S's recently
posted review
get in the van drive to the next one

This place has nice remodeled rooms but customer service is rude people smoking at all hours no working vending machines and if you try to ask for a late check out because of daylight savings they said no - Jason S., Santee USA

#### Solid Sound

pull into Iroquois Travel Plaza at sunrise the band smokes tobacco, fill the van with regular buy Keebler's Cheese & Peanut Butter crackers, Vitamin Water

This is the BEST water you can drink, the purest water, you will never find better, try it you will love it!
-Nalla Hamel, Hartford CT

make it to festival grounds; former factory of printed textiles then electronics for the A-bomb, now art gallery cross-load onto golf carts check band into Holiday Inn

locate Artist Hospitality granola bars and red delicious apples shake hands with guy who books the bands force thousands inside, thunderstorm and falling water sip the free boozy kombucha instead of the IPA

I haul water for a living I have tasted all the waters I have hauled. Sand Springs is by far the best water I have ever tasted
-Rick Lamori, Pittsfield MA

fill water bottle from a cooler poised on an artistic wall
Since 1882
Sand Springs Natural Spring Water
Bottled at the source from the
Natural thermal springs treasured by
Native Americans centuries ago

gulp start contemplating the implications but gotta load-out into golf cart cross-load into trailer

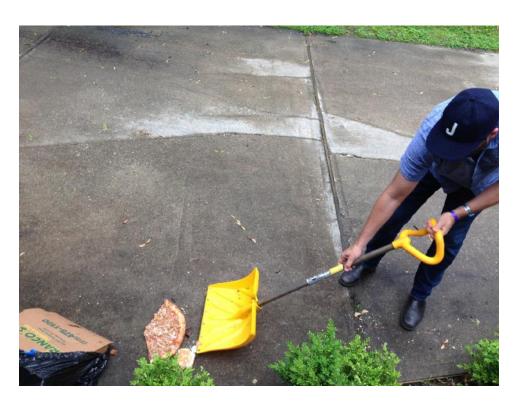
The water just tastes great all the time and I like that it's local! I am also very happy with their new bottles and, as always, the delivery guy is helpful and brings my water right into my kitchen. Now that's service!

-Stephanie Calabro, North Adams, MA

get obliterated at The Mohawk drunk-consider how naming travel plazas, bars after a People pilfering Sand Springs Natural Spring water is thanking the non-consenting parched get to sleep at 2am before fully grasping or gasping

wake up to watch Jon shovel pizza carry 22 beer, brewed from cool mountain spring that never freezes, in a ripped box down the hill to the van







## Van for Sale

2002 Chevy Express 15-Passenger 3500 Extended Wheelbase 200,000km, recent tune up, good working shape \$10,500 o.b.o.

Van cruise control in good working order. Van electronics functioning well.

Van's yellow flashing occupancy/emergency light installed atop still functional with custom-installed switch.

When at Kamloops Days Inn breakfast room, puckering down apple juice, flashing van occupancy light can really make the boys laugh. Occupancy light used when transporting female inmates to and from federal correctional centres in Saskatchewan, and to transport male bandmates south of the Highway of Tears to a gig in British Columbia.

Van engine received regular maintenance, idles smoothly.

Van previously used to escort a mission trip youth group through the border of Mexico to build schools. When crossing the border having forgotten to print visa papers for 7 people, van will idle without inviting suspicion. Van proven able to easily escort drug-smelly, former mission-tripper rural boy-band across strained borders without paperwork, leaving behind fears of detention centres or broken families. Van able to maitain iron disposition when driving past what are certainly detention rooms

Van benches fit three wide, could use a shampoo job.

When feeling fearful of theft at Vallejo CA Quality Inn, van seats are long enough to sleep comfortably overnight — firm, but forgiving enough to remain objective and non-biased when assessing the likelihood of theft by a complete stranger who appears different from the one sleeping on the bench seat.

Van A/C serviced and freon added as condition of sale.

When the city of Los Angeles alarmingly tones apocalypse, and land-destroying wild fires rage, van will continue to dispense A/C air.

Mostly highway miles. Well-loved vehicle.

What will the second van bring

