

# *The* SOUND



# News You Can Use

## GENERAL INFORMATION

- We've updated our Card Room Rules. To view our updated policy, please click [here](#).

## AQUATICS UPDATE

- Grotto Pool closure through Monday, June 24.
- The Juniors' Waterslide will be closed for maintenance through Tuesday, July 2.

## DINING UPDATE

- CIRQ will be closed for brunch and dinner on Sunday, June 16 due to Father's Day Brunch and Dinner in Illuminations Ballroom.
- Zest Dinner will not be available on Saturday, June 22 due to a private event.

## GOLF UPDATE

- Golf play at The Old Course will be closed due to maintenance through Monday, June 17.
- Golf play at the Club Course will be closed due to maintenance on Thursday, June 20 and Monday, June 24 through Friday, June 28.
- Due to The Old Course refresh construction, the location of the OC Lunch Grill has moved from the Umbrella Patio area to the Starter/Drink station area. This will continue until further notice. The hours of operation remain 11:00 am to 3:00 pm when The Old Course is open for golf.

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## Did You Know?

You can quickly get to any event page by clicking on the page number in the table of contents or by clicking on the event listing in the calendar. You can also click on the colored section headers to go directly to the start of each section.

# On the Move



**Josh Bialowans, PGA**  
*Club Course Head Golf Professional*

Please join us in welcoming our new Head Golf Professional, Josh Bialowans. He comes to Broken Sound as a seasoned golf professional with over two decades of experience specializing in servicing high-end private golf clubs throughout the country. Originally from East Lyme, Connecticut, and a UConn graduate, he has most recently held Head Professional positions at Champions Retreat Golf Club in Augusta, Georgia where he collaborated with Augusta National with the Augusta National Women's Amateur. Now as the new Head Professional at the Club Course at Broken Sound, he brings his operational expertise and passion for the game of golf to us.

Beyond golf, Josh enjoys spending time with his wife Monica either at the beach, kayaking or hiking. We are happy to have Josh on the team! You will see him on the course and is looking forward to meeting you!



**Andrew Madsen, PGA**  
*Club Course Lead Assistant Professional*

Andrew Madsen joins the team as our Lead Assistant Professional. Originally from Rochester, New York he attended Methodist University in Fayetteville, North Carolina, and completed his Business Administration Degree with a Concentration in Professional Golf Management. After earning his degree, he was an Assistant Golf Professional at Congressional Country Club in Bethesda, Maryland, and then the Bald Head Island Club in Southport, North Carolina. In 2011, he accepted the position at Hidden Creek Golf Club in Egg Harbor Township and was promoted to Head Golf Professional in 2012 where he held that position until 2022. He then went on to Austin Texas to the Westlake Country Club where he was part of a major renovation project that was completed in early 2024.

Outside of work, Andrew was a Volunteer Firefighter for 16 years and was on the Zoning Board of Adjustment for Egg Harbor Twp for 6 years. Andrew is extremely excited to be part of the Broken Sound team and looks forward to sharing many memorable golf moments with our members!



# Happy Father's Day!

FROM OUR FATHERS  
TO YOU!



Eric & Lorena Mac Donald  
The Old Course



Jon & Roman Ricco  
Marketing



Ronnie & Asher Bensimon  
Culinary



Rick, Lydia & Cami Sutton  
Club Course



Jeff, Zac & Austin Weiner  
Fitness



Kyle & Brooks Asbury  
The Old Course



Pierre, Gregory, Laticia &  
Yanique Leon - Events / Catering

# June 15 - July 13

# Dining at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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THE OLD COURSE BISTRO MOONSTONE MAIN CLUBHOUSE

Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.

<p><b>16</b> Bistro All Day Father's Day Brunch Father's Day Dinner Buffet</p>	<p><b>17</b> CIRQ Lunch Buffet CIRQ Burgers &amp; Brews</p>	<p><b>18</b> CIRQ Lunch Buffet Zest Dinner CIRQ Wine &amp; Dine</p>	<p><b>19</b> Bistro Lunch CIRQ Lunch Buffet Zest Dinner CIRQ Tuscan Dinner Buffet</p>	<p><b>20</b> Bistro Lunch Bistro Poolside à la Carte Dinner Zest Dinner</p>	<p><b>21</b> Bistro Lunch CIRQ Lunch Buffet Zest Dinner CIRQ Chef's Specials Bistro Happy Hour</p>	<p><b>22</b> Bistro All Day CIRQ Lunch Buffet CIRQ Steak Night</p>
<p><b>23</b> Bistro All Day CIRQ Lunch Buffet CIRQ Asian Dinner Buffet</p>	<p><b>24</b> CIRQ Lunch Buffet CIRQ Burgers &amp; Brews</p>	<p><b>25</b> CIRQ Lunch Buffet Zest Dinner CIRQ Wine &amp; Dine</p>	<p><b>26</b> Bistro Lunch CIRQ Lunch Buffet Zest Dinner CIRQ Tuscan Dinner Buffet</p>	<p><b>27</b> Bistro Lunch Bistro Poolside à la Carte Dinner Zest Dinner</p>	<p><b>28</b> Bistro Lunch CIRQ Lunch Buffet Zest Dinner CIRQ Chef's Specials Bistro Happy Hour</p>	<p><b>29</b> Bistro All Day CIRQ Lunch Buffet Lobster Bash</p>
<p><b>30</b> Bistro All Day CIRQ Lunch Buffet CIRQ Mediterranean Buffet</p>	<p><b>1</b> CIRQ Lunch Buffet CIRQ Burgers &amp; Brews</p>	<p><b>2</b> CIRQ Lunch Buffet Zest Dinner CIRQ Wine &amp; Dine</p>	<p><b>3</b> Bistro Lunch CIRQ Lunch Buffet Zest Dinner CIRQ Tuscan Dinner Buffet</p>	<p><b>4</b> Bistro BBQ Lunch Buffet July 4th Dinner Buffet</p>	<p><b>5</b> Bistro Lunch CIRQ Lunch Buffet Zest Dinner CIRQ Chef's Specials Lakeside Happy Hour</p>	<p><b>6</b> Bistro All Day CIRQ Lunch Buffet Piano &amp; Prime Dinner Zest Dinner</p>
<p><b>7</b> Bistro All Day CIRQ Lunch Buffet CIRQ Southern Table Buffet</p>	<p><b>8</b> CIRQ Lunch Buffet CIRQ Burgers &amp; Brews</p>	<p><b>9</b> CIRQ Lunch Buffet CIRQ Wine &amp; Dine</p>	<p><b>10</b> Bistro Lunch CIRQ Lunch Buffet CIRQ Tuscan Dinner Buffet</p>	<p><b>11</b> Bistro Lunch Bistro Poolside à la Carte Dinner</p>	<p><b>12</b> Bistro Lunch CIRQ Lunch Buffet CIRQ Chef's Specials Lakeside Happy Hour</p>	<p><b>13</b> Bistro All Day CIRQ Lunch Buffet CIRQ Steak Night</p>

**15**  
Bistro All Day  
CIRQ Lunch Buffet  
CIRQ Steak Night  
Zest Dinner

# Weekly Dining Events



## Dining Schedule

View full schedule for all locations plus other important information.

## CIRQ Grille and Bar

**Lunch Buffet**  
Mondays - Wednesdays,  
Fridays & Saturdays

**Brunch Buffet**  
Sundays

**Burgers & Brews**  
Mondays

**Wine & Dine**  
Tuesdays

**Tuscan Dinner Buffet**  
Wednesdays

**À la Carte Dinner**  
Fridays

**Steak Night**  
Saturdays

**Themed Dinner Buffet**  
(Asian)  
**SUNDAY, JUNE 23**

## Bistro

**Lunch**  
Wednesdays - Fridays

**Bistro All Day**  
Saturdays & Sundays

**Bistro Poolside  
Dinner à la Carte**  
Thursdays

## Zest Restaurant

**Dinner**  
Tuesdays - Saturdays  
**NO DINNER: SATURDAY, JUNE 22**





# Sunday Nights at CIRQ

**Sundays | Seatings begin at 5:30 pm**  
**\$34 Adults | \$17 Children**  
 DINNER CASUAL ATTIRE

**June 23** | *Asian Dinner Buffet*

**June 30** | *Mediterranean Dinner Buffet*

**July 7** | *Southern Table Dinner Buffet*

**To reserve, please call**  
**561-241-6800.**



If a cancellation is needed, please call the Reservations team at least 6 hours prior to reservation.  
 Members who fail to cancel in due time will result in a \$15 charge for each member of the party.

# Lobster Bash

**Saturday, June 29**  
**5:30 pm**  
**\$85 Adult | \$30 Child**  
**Illuminations Ballroom**  
 DINNER CASUAL ATTIRE

*Reservations are required.*

**To reserve, please call**  
**561-241-6800.**



# July 4th

## DINNER BUFFET

**Thursday, July 4 | Seatings begin at 5:30 pm**  
**Illuminations Ballroom | \$49 Adults | \$18 Children**  
 DINNER CASUAL ATTIRE

*Reservations are required.*

**To reserve, please call 561-241-6800.**

# Piano & PRIME

**Saturday, July 6 & 20**  
**Seatings begin at 5:30 pm**  
**Illuminations Ballroom**  
 DINNER CASUAL ATTIRE

Experience the magic of live music! Sit back, relax and enjoy the tunes while savoring our delicious cuisine.

*Reservations are required and open two weeks in advance.*

**To reserve, please call 561-241-6800.**



*If a cancellation is needed, please call the Reservations team at least 6 hours prior to reservation. Members who fail to cancel in due time will result in a \$15 charge for each member of the party.*

# Brunch

## AT WIMBLEDON

**Sunday, July 14 | 11:30 am**  
**Illuminations Ballroom**  
**\$42 Adults | \$18 Children**  
 DAYTIME CASUAL ATTIRE

Join us for a delicious brunch while watching the exciting tennis finals shown on the big screen.

*Reservations are required and are now open.*

To reserve, please call 561-241-6800.



*If a cancellation is needed, please call Reception at least 48 hours prior to reservation. Members who fail to cancel in due time will be charged in full.*

# June 15 - July 13

# Events at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE</b> <b>CLUB COURSE</b> <b>MOONSTONE</b> <b>MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>15</b> The Old Course Closed Donuts With Dad</p>
<p><b>16</b> The Old Course Closed</p>	<p><b>17</b> The Old Course Closed</p>	<p><b>18</b> Magic Hands Knitting Club Scrabble Club Paint &amp; Pinot</p>	<p><b>19</b> 105 Tennis Under the Lights Book Club</p>	<p><b>20</b> Club Course Closed BSC Singers</p>	<p><b>21</b></p>	<p><b>22</b> Pap Corps presents: A Night at Coney Island</p>
<p><b>23</b></p>	<p><b>24</b> Club Course Closed</p>	<p><b>25</b> Club Course Closed Magic Hands Knitting Club Scrabble Club Grief Support Group</p>	<p><b>26</b> Club Course Closed 105 Tennis Under the Lights</p>	<p><b>27</b> Club Course Closed</p>	<p><b>28</b> Club Course Closed</p>	<p><b>29</b> Youth Game Night</p>
<p><b>30</b></p>	<p><b>1</b> The Old Course Closed Pap Corps Presents: Witches, Bitches &amp; Glitches - The Movie</p>	<p><b>2</b> Magic Hands Knitting Club Scrabble Club</p>	<p><b>3</b> 105 Tennis Under the Lights</p>	<p><b>4</b> July 4th Tennis Round Robin July 4th Pickleball Round Robin Fourth of July Pool Party</p>	<p><b>5</b></p>	<p><b>6</b></p>
<p><b>7</b></p>	<p><b>8</b> The Old Course Closed</p>	<p><b>9</b> Magic Hands Knitting Club Scrabble Club Photography Club</p>	<p><b>10</b> 105 Tennis Under the Lights Jukebox Bingo</p>	<p><b>11</b> Club Course Closed</p>	<p><b>12</b> Back to School Supply Drop-Off</p>	<p><b>13</b></p>

**Tuesday  
June  
18  
4:00 pm  
Starling**

## Paint & Pinot

**\$38 per person  
Members Only**

Register online or please call Reception at 561-241-6800.



**Wednesday  
June  
19  
4:00 pm  
Starling**

## BOOK CLUB

*Remarkably Bright Creatures*  
by Shelby Van Pelt

**Complimentary  
Members Only**

Register online or please call Reception at 561-241-6800.



**Thursday  
June  
20  
4:00 pm  
Starling**

## The Broken Sound Singers

**Complimentary  
Members Only**

For more information, please contact Jeff Berger at [jeffberger@comcast.net](mailto:jeffberger@comcast.net).



# BOCA FRIENDS PRESENTS A NIGHT AT CONEY ISLAND

## SATURDAY JUNE 22 2024

7:00 P.M. ILLUMINATIONS BALLROOM • \$100/PP

**FOOD STATIONS**

**SO-SO RAFFLE**

**BOARDWALK GAMES**

**DJ SAMBA**



# Boca Friends Proudly Presents

# Witches, bitches

# & glitches

# THE MOVIE

## JOIN US FOR ONE NIGHT ONLY!

Monday, July 1 | 7:15 pm

Illuminations Ballroom | \$25 per Person

Parties of 10 can reserve a table. For questions call Jill Knopf 516-524-6255

Please mail check to Jeff Berger  
2491 NW 59th St. #1001 Boca Raton, FL 33496  
Make checks payable to The Pap Corps



YOUR CONTRIBUTION IS TAX DEDUCTIBLE TO THE FULLEST EXTENT ALLOWABLE UNDER LAW. THE PAPANICOLAOU CORPUS FOR CANCER RESEARCH, DBA THE PAPER CORPUS, CHAMPIONS FOR CANCER RESEARCH, IS A REGISTERED 501(C)(3) ORGANIZATION. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE FLORIDA STATE CONSUMER SERVICES BY CALLING (800) 435-7352, TOLL FREE WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE. REGISTRATION #RCH2450.



Boca Friends Chapter



# JUKEBOX BINGO



**Wednesday, July 10 | 7:30 pm**  
**Illuminations Ballroom**  
**Complimentary | Members Only**

Jukebox Bingo brings together the best of both worlds for a high-energy game that is fun for everyone. Simply listen to your favorite music then match the songs to the titles on your music bingo cards. Go ahead and sing along with Jukebox Bingo!

**Register online or please call Reception at 561-241-6800.**

*Members must call Reception at 561-241-6800 to cancel at least 48 hours in advance, or a \$10 per person no-show fee will be charged.*



**Saturday, June 29 | 5:30 pm - 9:00 pm**  
**Starling**  
**Complimentary | Members Only\***

Drop-off starting at 5:30 pm, pick-up at 9:00 pm.  
 Light snacks provided.

*\*Ages 4 and up. Limited availability.*

**Register online or please call Youth at 561-241-6828.**

*If a cancellation is needed, please call Youth at 561-241-6828 at least 48 hours prior to the event. Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*

★ ★ ★ ★ ★ ★ ★

# Fourth of July POOL PARTY

★ ★ ★ ★ ★ ★ ★

Thursday, July 4 | 11:00 am - 3:00 pm  
Pool Deck & Bistro Parking Lot  
Complimentary | Members & Guests

Come enjoy pool games, floats,  
water slides and music with DJ Danny!



## Youth Summer Camp June, 2024





# GOLF COURSE CLOSURES

**THE OLD COURSE**  
JUNE 15 - 17  
JULY 1, 8, 15 - 22

**CLUB COURSE**  
JUNE 20, 24 - 28  
JULY 11

# INDEPENDENCE DAY RACQUETS ROUND ROBINS

## TENNIS

**Thursday, July 4 | 9:00 am**  
**Complimentary**  
**Racquets Center**

Meet on Tennis Patio at 8:45 am.  
Men's and Ladies' Doubles.  
Single sign-up. Lite bites to follow.

**Register online or please call the**  
**Racquets Pro Shop at 561-241-6880.**

## PICKLEBALL

**Thursday, July 4 | 9:00 am**  
**Complimentary**  
**Pickleball Courts**

Mix & Match Round Robin.  
Single sign-ups.  
Meet by pickleball courts at 9:00 am.  
Lite bites to follow on the Tennis Patio.

**Register online or please call the**  
**Racquets Pro Shop at 561-241-6880.**



RACQUETS PRO SHOP

# 4TH *of* JULY SALE

THURSDAY, JULY 4  
TO SUNDAY, JULY 7

LAST SALE  
OF THE  
SUMMER!

**40% OFF**

*All Apparel & Shoes*

**30% OFF**

*Wilson Pro Perf Easy Wraps*

**25% OFF**

*All Accessories: Bags, Hats & Gloves*

**WILSON PICKLEBALL PADDLES**

*Buy one at full member price,  
get the second at 50% OFF!*

Sale excludes already discounted items, special orders, electronics, lululemon products, sunglasses, tennis racquets, pickleball paddles (unless specified in the Pro Shop), tennis/pickleball balls and tennis accessories. All discounted sale items are final sale, no returns. Sale applies only at the Racquets Pro Shop.

## Sizzling Summer Spa Specials

VALID THROUGH SEPTEMBER 30, 2024

**Instant Rejuvenate Treatment with Microdermabrasion**

**\$175 (\$200 Value) | 60 Minutes**

Microdermabrasion followed with an infusion of vitamins and antioxidants in a hyaluronic based serum using pressurized oxygen.

**Express Hydrafacial with LED Light Therapy**

**\$145 (\$175 Value) | 45 Minutes**

A Hydrafacial treatment followed by light therapy to stimulate collagen production, reduce the appearance of fine lines and increase cellular turnover.

**Derma-Glow Facial | \$145 (\$175 Value) | 60 Minutes**

Combines dermaplaning to resurface and prepare the skin followed by a customized peel to achieve the maximum result. Safe and effective for all skin types, from sensitive to resilient.

**Perfecting Body Treatment | \$55 (\$75 Value) | 30 Minutes**

Unisex body treatment utilizes a concentration of extraordinary seaweed varieties and innovative active ingredients to refine the silhouette, combat loss of elasticity, relieve fluid retention and rejuvenate the skin. (Can be added to any Massage or Facial treatment).

**90-Minute Massage Special**

Schedule any 90-minute Massage and receive a complimentary Aromatherapy or Hot Stone Upgrade.

**Salon Special: \$25 OFF all Smoothing Hair Treatments**

To schedule, please call the Moonstone Spa at 561-241-6868.

moonstone SPA & SALON

# Group Fitness Class Schedule | June 2024

FITNESS CENTER / ROTUNDA | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Stretch</b> Studio 1 9:30 - 10:25 Lisa B.	<b>Aerobics &amp; More</b> Studio 1 8:30 - 9:25 Nora	<b>Stretch</b> Studio 2 7:30 - 8:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Terri	<b>Mat Pilates</b> Studio 2 8:00 - 8:30 Ginger	<b>Strictly Strength</b> Studio 2 7:30 - 8:25 Ginger	<b>Men's Stretch</b> Studio 1 8:00 - 8:55 Roberta
<b>Cycle</b> Cycle Studio 9:30 - 10:15 Robert	<b>Total Body Conditioning</b> Studio 2 9:30 - 10:25 Roberta	<b>On the Ball</b> Studio 1 8:00 - 8:30 Ginger	<b>Aerobics &amp; More</b> Studio 2 8:30 - 9:25 Nora	<b>Strictly Strength</b> Studio 2 8:30 - 9:25 Ginger	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Amy	<b>Cycle</b> Cycle Studio 8:15 - 9:00 Ginger
<b>Total Body Conditioning</b> Studio 2 10:30 - 11:25 Robert	<b>Chair Strength</b> Studio 1 10:00 - 10:55 Rita	<b>Strictly Strength</b> Studio 1 8:30 - 9:25 Ginger	<b>Strictly Strength</b> Studio 1 9:15 - 10:10 Muge	<b>Barre Fusion</b> Studio 1 8:30 - 9:25 Roberta	<b>Barre / Pilates Fusion</b> Studio 1 9:15 - 10:10 Terri	<b>Aerobics &amp; More</b> Studio 1 9:00 - 9:55 Roberta
<b>Slow Yoga Flow</b> Studio 1 11:30 - 12:30 Shelby	<b>Stretch</b> Studio 2 10:45 - 11:40 Roberta	<b>Mat Pilates</b> Studio 2 9:15 - 10:10 Terri	<b>Total Body Conditioning</b> Studio 2 9:45 - 10:40 Ginger	<b>Cycle</b> Cycle Studio 9:30 - 10:15 Ginger	<b>Total Body Conditioning</b> Studio 2 9:30 - 10:25 Robert	<b>Total Body Conditioning</b> Studio 2 9:15 - 10:10 Ginger
	<b>PIYo</b> Studio 1 11:15 - 12:10 Terri	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Youth Self Defense</b> Studio 2 5:00 - 6:00 (Registration required)	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita
	<b>Slow Yoga Flow</b> Studio 1 5:00 - 6:00 Lia	<b>Cycle</b> Cycle Studio 10:00 - 10:45 Robert	<b>Youth Self Defense</b> Studio 2 5:00 - 6:00 (Registration required)	<b>Zumba</b> Studio 2 9:45 - 10:40 Claudia		<b>Power Yoga</b> Studio 2 10:45 - 11:40 Lia
	<b>Circuit Training/Boxing</b> Studio 2 5:30 - 6:25 Leo	<b>Zumba</b> Studio 2 10:30 - 11:25 Tressy	<b>Yin Yoga</b> Studio 1 5:00 - 6:15 Kristin	<b>Yoga Sculpt</b> Studio 1 10:45 - 11:40 Terri		
		<b>Slow Yoga Flow</b> Studio 1 11:00 - 12:15 Kristin		<b>PIYo</b> Studio 2 5:00 - 5:55 Robert		
		<b>Total Body Conditioning</b> Studio 2 6:00 - 6:55 Stacey				

Cardio
Strength & Cardio
Strength & Balance
Mind, Body & More
Yoga
Youth

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure.  
For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

# Water Aerobics Class Schedule 2024

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>8:00 - 9:00</b> Pam	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Andrea	<b>8:00 - 9:00</b> Pam	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Muge
	<b>11:00 - 12:00</b> Ginger	<b>10:00 - 11:00</b> Muge	<b>11:00 - 12:00</b> Ginger		<b>11:00 - 12:00</b> Ginger	<b>10:00 - 11:00</b> Brenda
	<b>3:00 - 4:00</b> Muge	<b>3:00 - 4:00</b> Ginger		<b>3:00 - 4:00</b> Ginger		

## Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching.

Classes are held in the Grotto Pool and the water temperature is 85 degrees.

If the outside temperature is under 60 degrees, classes will be canceled.

All participants are welcome to join, no reservation needed.

Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be canceled.

## Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour.

The lap pool water temperature is 82 degrees.

Reservations are recommended. For reservation times or questions, please call the Towel Hut at 561-241-6819.



BROKEN SOUND  
CLUB

2401 WILLOW SPRINGS DRIVE  
BOCA RATON, FLORIDA 33496

