

VOLUME 3 • ISSUE 5 MAY 2025

# ALWAYS TASTEFUL



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# WHAT'S IN HERE?



1992 Pay Phone

## LET'S EAT

LETTUCE WRAPS



## LET'S EAT

TOMATO SOUP



## LET'S EAT

BASIL ICE CREAM



## GO! DO!

DOORS OPEN MINNEAPOLIS



## GO DO

GUTHRIE THEATER



## SUNSETS

MAY SUNSETS



## GO DO

KICKOFF TO SUMMER AT THE FAIR



## TULIP HOUSE

A LOWRY HILL TRADITION



# WHAT ELSE?



St. Louis Arch 2016

## MOTHER'S DAY

SISTERS



## CHRONICLE: LIVING IN A LOVE STORY

DROP EVERYTHING



## HELPFUL HINT:

HYDRANGEA PREP



## HELPFUL HINT:

DECK DILEMA



## GARDEN PROJECT

THE GRAPEVINE



## MULCH PREP

BAGS AND BAGS



## CLEAN AND CLEAR

SPRING CLEANING



## KIND GIFTS

GUITAR PICK



## FINAL THOUGHT:MAY DAY

# PAUL FOLGER

## EDITOR-IN-CHIEF

May flowers are here. Getting through April is a real chore, but we did it. This month's edition is heavy on the yard preps. Here in the Great White North, it's hard to get the yard clean up underway til May. We will celebrate mothers, and I've got a couple recipes that are easy as we wait for summer.

Make May all it's meant to be this year.





# LET'S EAT

## Chicken Lettuce Wraps

### INGREDIENTS:

1 pound ground Chicken  
½ Red Onion Chopped  
3-inch stalk Lemongrass sliced thin  
1 Serrano Pepper sliced thin  
½ cup Mint Leaves chopped  
1 Head of Lettuce pull off leaves  
Olive Oil

Dressing  
2 Tbs Honey  
2 Tbs Fish Sauce (sub Soy Sauce)  
Juice of 1 Large Lemon  
Juice of 4 Limes

### DIRECTIONS:

In a small bowl, add Honey, Fish Sauce, Lemon and Lime juice and stir.

In a skillet over medium heat add a couple turns of olive oil and chopped onion. When they cook down a bit, add chicken and brown. Then add Lemongrass and Serrano Pepper. Next, add dressing and stir. Add chopped Mint Leaves and serve.

Use the lettuce leaves like a taco shell and stuff them with chicken mixture. Enjoy.



# LET'S EAT

## Tomato Soup

"Easy Soup."

### INGREDIENTS:

- 1 Can of Whole Tomatoes 28 oz or Frozen from last summer
- 1 Quart Chicken Stock
- 1 tsp dried basil
- 1 tsp salt
- 1 tsp pepper
- 1 medium onion chopped
- 2 Tbs. butter
- 1 Tbs. olive oil
- 1 parmesan rind (optional)
- 1 small can tomato paste

### DIRECTIONS:

In a medium saucepan, add butter, olive oil and onion and saute over medium heat. Once translucent, add tomatoes, tomato paste, basil, salt, pepper and chicken stock. Combine and stir well. Then add parmesan rind and simmer for 15 to 20 minutes. Serve with grilled cheese. I throw in a basil leaf and a little sour cream when I serve it.



Frozen Tomatoes from summer

### INGREDIENTS:

1 handful fresh Basil  
3 to 4 Tbs Whipping Cream  
1 pint of Vanilla Ice Cream

### DIRECTIONS:

Take the pint of ice cream and let it thaw 45 minutes or until it's like a soup consistency.

In a blender add basil and whipping cream and blend until it's a smooth green liquid.

Add in the melted ice cream. Blend together. Pour into a container and freeze until time to eat it.





## Doors Open Minneapolis

This is the year! May 17 and 18. Go to "Doors Open Minneapolis." This is a weekend when the doors open on landmarks around the city.

This year, the Federal Reserve is on that list. If you've ever wondered what's in there, go check it out.

I also really want to see the Milwaukee Avenue Historic District.

There are more than 50 venues this year.

Here's the website:

[www.doorsopenminneapolis.org](http://www.doorsopenminneapolis.org)



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# GO! DO!

"The Mousetrap"

## Guthrie Theater

If you haven't been to the theater lately, go. The Guthrie in Minneapolis is quite a treasure. Currently, The Mousetrap is playing. It's a fun show and beautifully produced. It's an Agatha Christie "Who Dunnit." Recently, I went and had a great time. This runs until May 18<sup>th</sup> so there is still time to go see it. Be warned! You will be asked to keep a lifelong secret at the end, so be ready.





Sunsets are late in May. Go to the Sculpture Garden in Minneapolis and walk up the stairs of the bridge in the evening. Halfway up, turn around, and this is what you'll see. Catch the latest sunset this month on Friday, May 30<sup>th</sup> at 8:52pm.

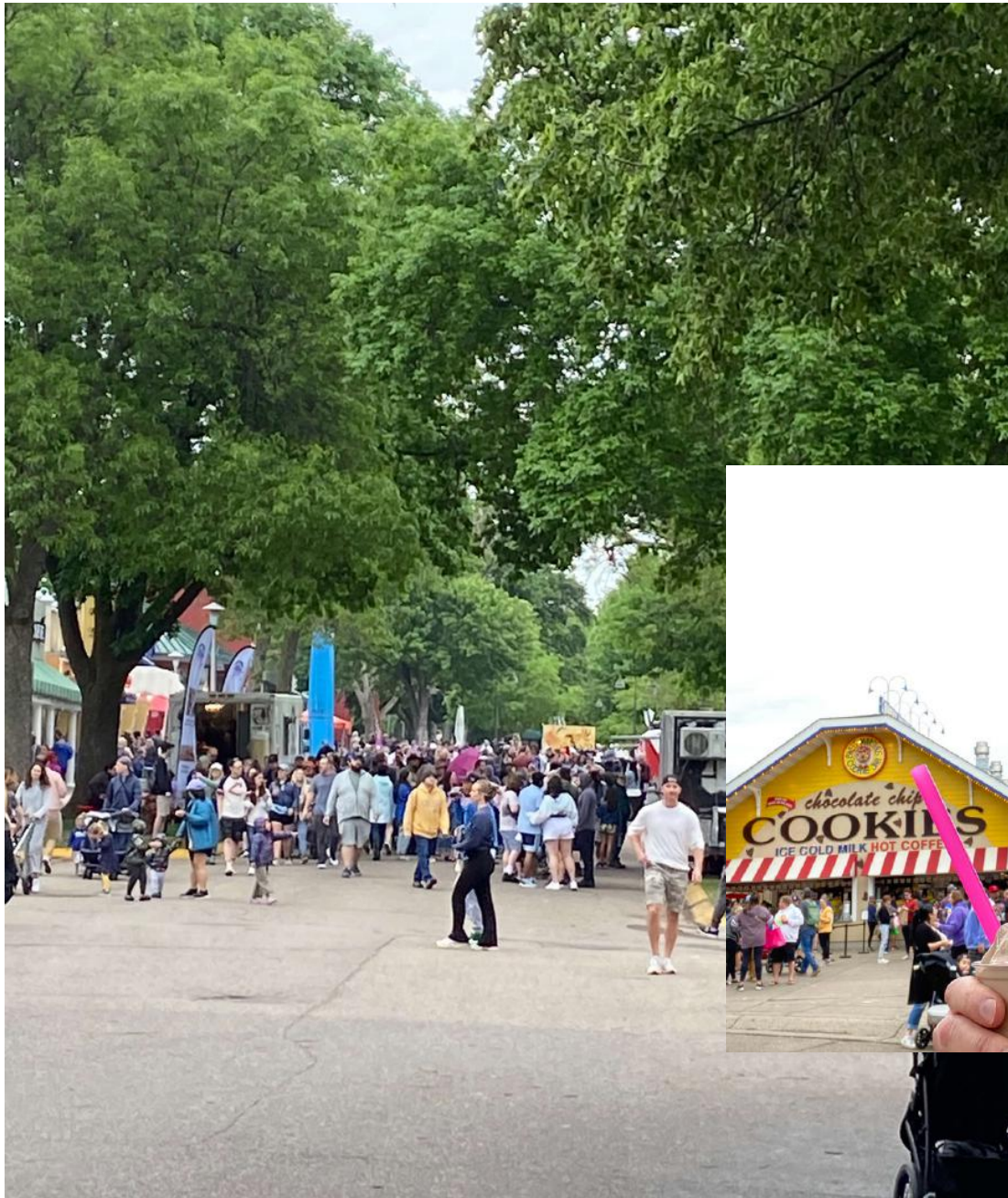




# FUN AT THE FAIR

"It's Fun!"

May 22-25



If you need a taste of the Minnesota State Fair early, then go check out “Kickoff to Summer at the Fair.” It’s May 22-25. This event is live entertainment and lots of food. I went last year, and I will admit I dressed like it was summer and I was very cold. So just know, while it seems like a summer event, it may not feel like summer! Get tickets at the Minnesota State Fair Website or click here [Minnesota State Fair](#)



# FLOWER POWER

"Take Photos!"

## Tulip House

If you want to see a beautiful display of tulips, I've got the spot. It's in the uptown neighborhood of Lowry Hill in Minneapolis.

Go to the corner of S. Humbolt Ave and W 25th Street. The flowers start in late April and are blooming now. So go before they are finished.





# MOTHER'S DAY

These Sisters

"Sunday, May 11th"

I come from good stock. I'm proud to say that about my people. The ladies below are all sisters. My mom is the oldest. They are a tight group. They are family and support one another always. They are great moms and have provided me with wonderful cousins and a lifetime of fun memories. Happy Mother's Day to them and all Mothers on this Mother's Day.



# CHRONICLE: LIVING IN A LOVE STORY

"Let's Just Drop It"

## The Drop Ceiling

When I finally came to the reality that a drop ceiling is the best choice for my basement laundry room, I decided to find the best looking one I could. I found it at Menards. A smooth ceiling tile. It doesn't have that office look. They also have these panel lights. When they are off they look like tile. This job requires patience and thinking through the best way to set up the grids. I think it turned out nicely without spending a fortune on it. After all, this is a space I see, not quests.





# HELPFUL HINT

"Trim Up!"

## Hydrangea Preps

There are a number of thoughts on how to care for Hydrangea. Mine is pretty simple. I leave them uncut all winter. I like the look of them popping out of the snow. But come spring, it's time to clean them up. I just trim the old stems til I see the first little bud, and I usually have beautiful plants.





# HELPFUL HINT

My Love/Hate Relationship with the Deck



I am not a huge fan of decks, but I have one. (I like a patio) So when I set up my deck for the summer, I like to do a couple of things. You'll notice the flowers aren't quite planted. I like to lay them out and look at them for a few days before I plant them for the season. I may add orange to these purple flowers this year. What do you think?



# GARDEN PROJECT

The Grapevine!

"Heard It Thru The Grapevine"



Finally warm enough to plant the grapevine. I found a place in the yard with the most sun and that's where I planted it. I won't have grapes this year, but one day!



# GARDEN PROJECT

"47 Bags Will Do!"

## Mulch Prep

I buy my mulch early each season, before the rush. I stack it in the garage and it's there when I'm ready to start working on my yard. If you'll recall, last year, I told you an easy way to remember how much you need is to post it on the door seal of your car. I take my label maker and post things I need rarely and only seem to remember when I'm at the home improvement store. If you look closely, you can see, I need 47 bags of mulch yearly. Now I don't have to guess.





## My Formula For Window Washing



If you don't do windows, you can skip this page, but this is part of my spring ritual. Clean windows make my old house sparkle. Here's what I do.

1 bucket.

¼ cup Dawn Dish Detergent and warm water.

1 spray bottle with 1 part vinegar and 1 part water.

Several Clean Rags

Strips of newspaper or paper towels.

Fill half the bucket with warm water and Dawn. With your rag, wash the window seals and glass. I usually use a rag to wash heavy dirt, then another to clean the glass. Then I spray vinegar or Windex and wipe it down. Squeegees are great, but I find that with my small window panes, towels, paper towels and newspaper strips are best to wipe it down.

# HOW THOUGHTFUL

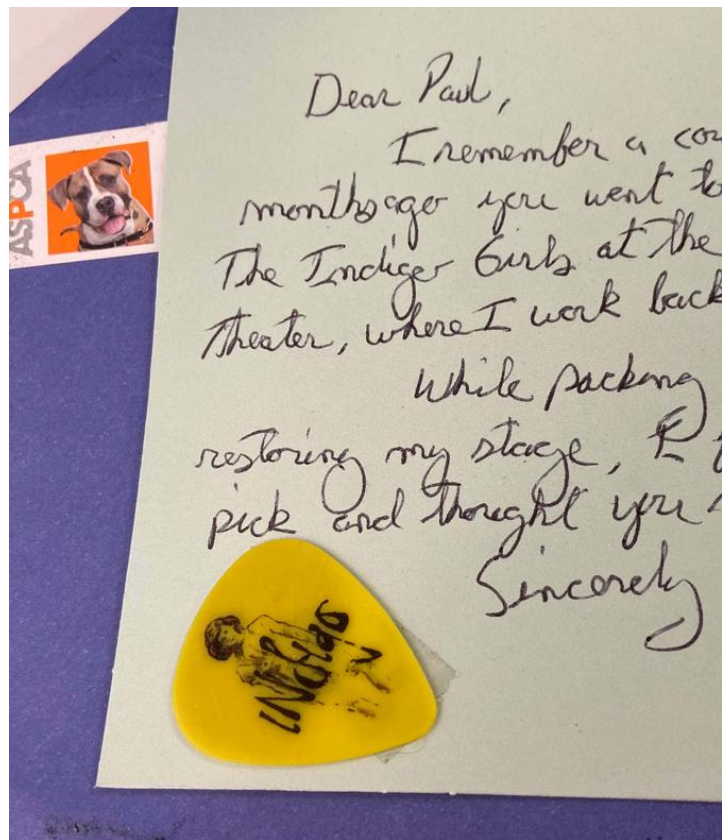
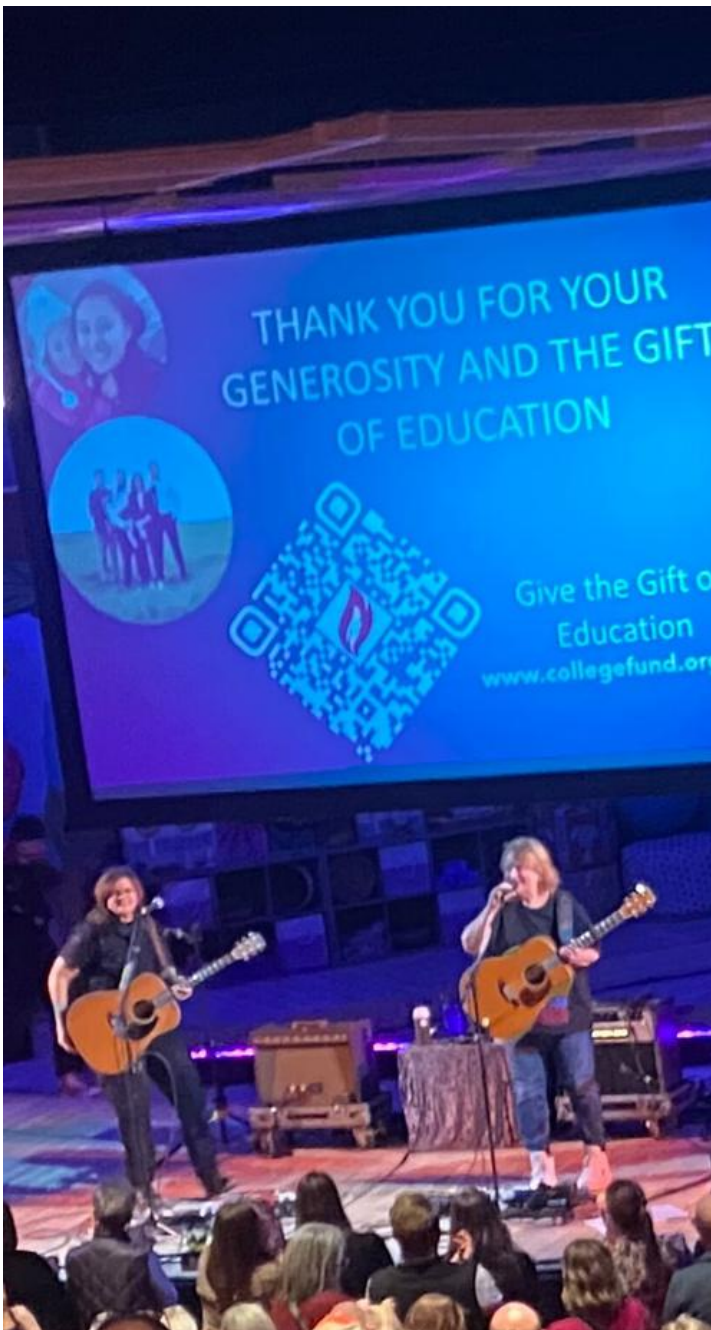
"Forever Fun"

## Viewers Are So Kind

Sometimes, something happens that really makes your day. Since college, I have liked a group named the Indigo Girls. They are a folksy, guitar-playing, lyric-making, harmony-singing duo.

Last time they played at the Guthrie Theater, I went. Live music, from musicians you like, is a fun way to spend your time.

Several weeks later, I received a note in the mail from a viewer named Craig. Craig is a volunteer at the Guthrie. He was helping tidy up the place after the concert, and he found this used guitar pick left on the stage. He had heard me mention on TV that I liked the group. So he thought I'd like to have the pick from the concert. I can't think of a more thoughtful treat. I now have this fun memory from that concert. Thanks Craig!





# Final Thought:

## May Day

By the time I get to May, I'm beat with the cold weather. You still can have cool mornings in May, but it's manageable. Really warm temperatures arrive here in June. I'm excited for the warm months ahead. Here's to the start of summer!.



# Til Next Time

*Paul*