

Muscle Groups Focus

Straight Pull-Up Bar 1500

The straight pull-up provides a great way to perform the basic pull-up exercise of bodyweight training. Performed on a low-volume exercise machine, pull-ups provide an intense workout for the arm, shoulder, abdominal and back muscles.

Attributes

Product code

Certificate

Age group

Capacity

Max. weight load

Туре

Difficulty level

1-1-015 EN 16630, ASTM F3101

14 + years

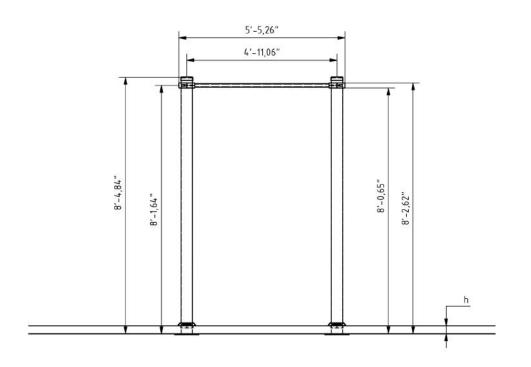
1 person 218.26 lbs

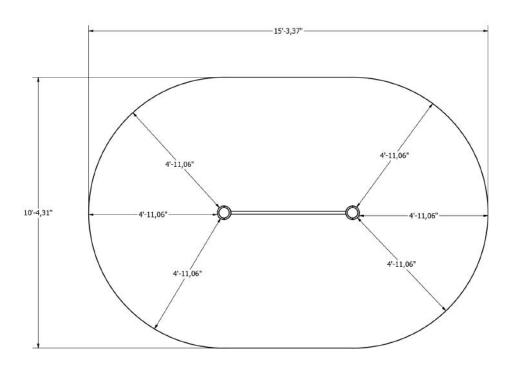
Calisthenics

Hard

Side View

Plan View





Installation information

Number of installers (concrete)
Total installation time (concrete)
Number of installers (equipment)
Total installation time (equipment)
Excavation volume
Concrete volume
Size of the base structure
Anchoring options
In-g
In combined structures, the volume of concrete required varies.

At least 2 people 45-90 min. At least 2 people 20-30 min. 14,13 ft³ 14,13 ft³ 2pc 19.69 x 19.69 x 31.5 " In-ground or surface

Technical specification

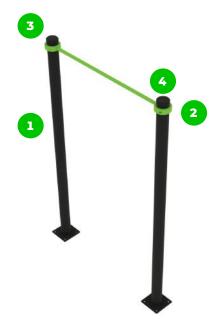
Safety surfice area Around 4.92 ft radius Net weight 46.3 lbs Material S235 Critic fall height 55.12" Color options

Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

25 years 15 years 2 years 5-10 years 1-3 years 2 years

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



connecting The ments are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.











