



# thestar



NAIDOC Week brings celebration of culture to SCCQ See story page 6.

**Inside:**

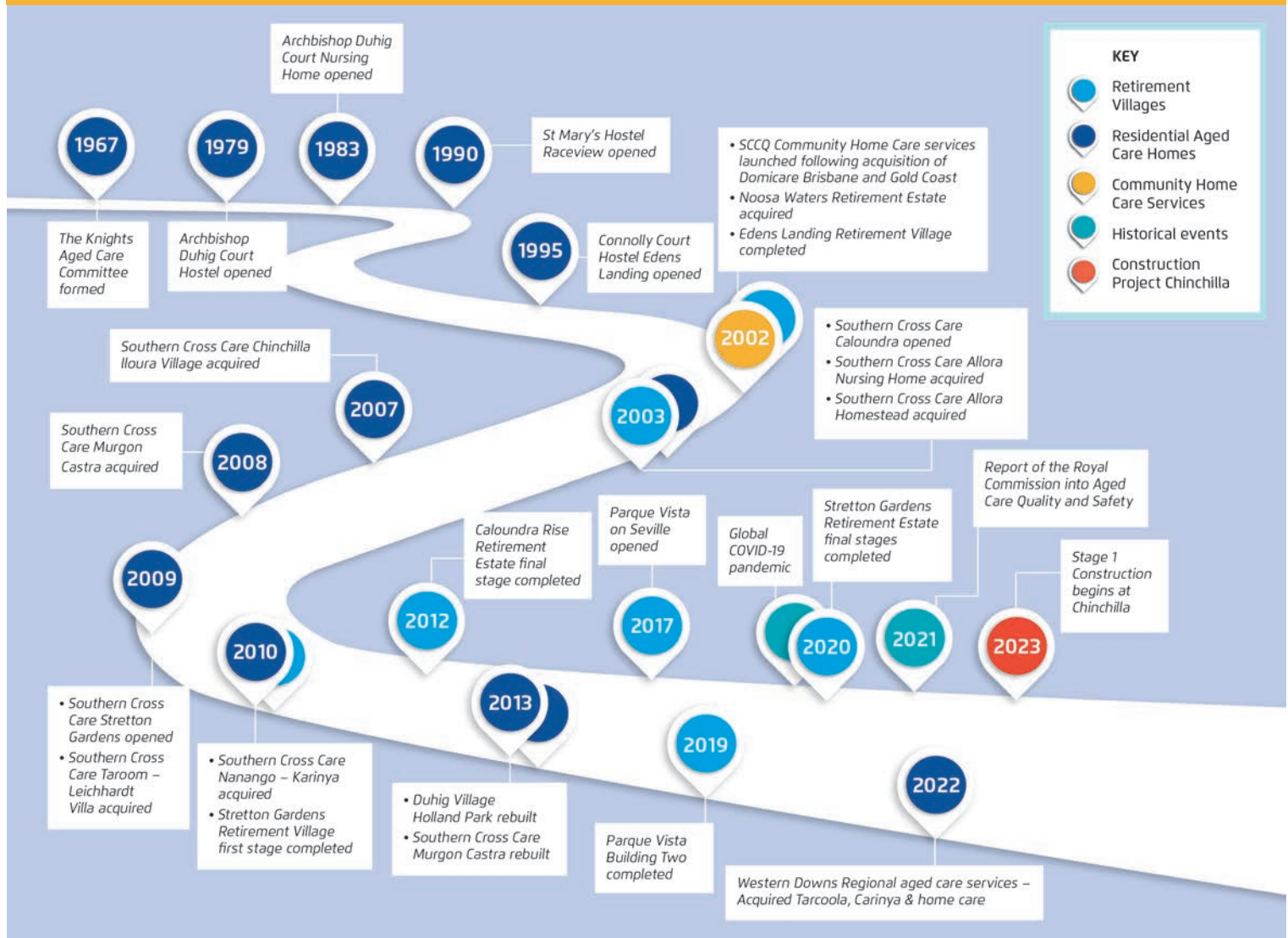
SCCQ leaders sleep out again to help those in need  
Gaby and Eric are bridging generations  
Visitors flock to Open Days at our Sunshine Coast Retirement Estates

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Front cover photo: Bundambah Yah performing a smoking ceremony at SCCQ's NAIDOC Week event

## Our journey serving the community so far...



# Welcome message

## From Chief Executive Officer Jason Eldering



**As I reflect on the last few months, I am filled with immense gratitude for the incredible work being done within our Southern Cross Care Queensland communities, and for the partnerships and connections within the wider communities in which we operate. I am proud to share some significant updates and achievements with you.**

In June, I was privileged to take part in the St Vincent De Paul CEO Sleepout, alongside six other senior leaders from our organisation. Together, we raised over \$27,000 to support those experiencing homelessness. This experience was a powerful reminder of the importance of empathy and action in addressing social issues. I am deeply appreciative of the support from our community and proud of our collective efforts in contributing to this valuable cause.

Another beautiful community event that we hosted recently was a NAIDOC week celebration. We were blessed to have members of the First Nations community come to our Support Centre and share their culture, stories, music, food and art with us. This special moment was a reflection of our ongoing commitment to reconciliation and honouring the culture and contributions of Aboriginal and Torres Strait Islander peoples. I am grateful for the opportunity to participate in these celebrations and for the ongoing efforts of our team to foster a more inclusive and respectful community.

I am excited to report significant progress in the redevelopment of Illoura Village in Chinchilla. Over the last 12 months, we have moved from initial sod turning to now seeing our new aged care home out of the ground, with roofing on and interior fit outs commencing. We were also recently able to join with our partners Southern Queensland Rural Health to officially open their new centre as a part of this redevelopment. It is through working with like-minded partners that we can deliver innovative and sustainable healthcare

solutions to regional areas. The new home, together with the SQRH Training and Education Centre and Age Well Community Centre, will provide a place of connection with the wider community in Chinchilla and a place where people can truly age in place.

I also wanted to provide an update on a partnership that we have recently undertaken with Southern Cross Care Broken Hill (SCCBH). Our brothers and sisters in Broken Hill have been offering aged care services to their community for 50 years, but have faced ongoing challenges delivering care in a regional environment and with maintaining their regulatory requirements in an evolving landscape.

In February, we committed to providing on-the-ground support to SCCBH to help them through their compliance requirements and assist them with reviewing their business systems and processes. While SCCBH has made significant progress, we recognise there is still so much more we can do to continue supporting them. Our goal is to help them meet their regulatory requirements, but beyond that, to ensure they maintain long-term sustainability so that they can continue to deliver the best care experience possible for the people in their communities.

To assist SCCBH with this next step, we have extended our collaboration through a formal Management Service Agreement, which commenced 1 July 2024. This partnership represents a pivotal moment for SCCBH communities, offering optimism for the future and allowing the beautiful people of Broken Hill to age in place and remain connected to their community.

As we look ahead, I am inspired by the incredible work being done and the unwavering commitment of our team. Together, we are making a difference in the lives of those we serve and continuing to deliver our vision of growing communities where best lives are lived.

Yours in service,  
**Jason Eldering, CEO**

## SCCQ leaders sleep out again to help homeless

**Having a safe place to sleep at night is a basic human right, but sadly, thousands of Queenslanders, including children, are sleeping rough for the first time ever.**

On Thursday 20 June 2024, our CEO Jason Eldering took part again in the annual Vinnies CEO Sleepout. Jason was joined by a team of SCCQ Senior Leaders including Carmel Davis, Scott Norton, Kaye Coates, Mohammed Sardar, Martin Moriarty, and Matthew Martin.

The team joined other business, government and community leaders across Australia, all sleeping outside at Brisbane's Riverstage in the Botanical Gardens. It was an eye-opening experience to raise awareness and bring home the realities of homelessness, and most importantly raise funds for those in need.

More than 122,000 people in Australia don't have a safe and secure place to live, including an increasing number of young people and older women. Although the Vinnies CEO Sleepout is only a tiny glimpse into what it's like for those who experience homelessness, it's an important issue which Jason is dedicated to supporting.

"We've been supporting the Vinnies CEO Sleepout for a few years now and it's something that we're really passionate about at Southern Cross Care. Having a safe place to sleep at night is a basic human right. The cost-of-living pressures that have risen so dramatically recently have pushed so many fellow Australians into homelessness. They need our help now more than ever," said Jason.

Jason and the SCCQ team have managed to raise over \$27,500 as part of this year's fundraising campaign. All money raised goes directly to Vinnies to ensure their vital services can stay up and running so they can provide food, accommodation, education, counselling, employment and health programs to those experiencing homelessness and those who are at risk of experiencing homelessness.

As well as Jason and SCCQ's Senior Leaders tapping into their networks to raise funds, the wider SCCQ community has also contributed and given generously through initiatives like Pyjama Day and morning tea events across their various homes and Support Centre.

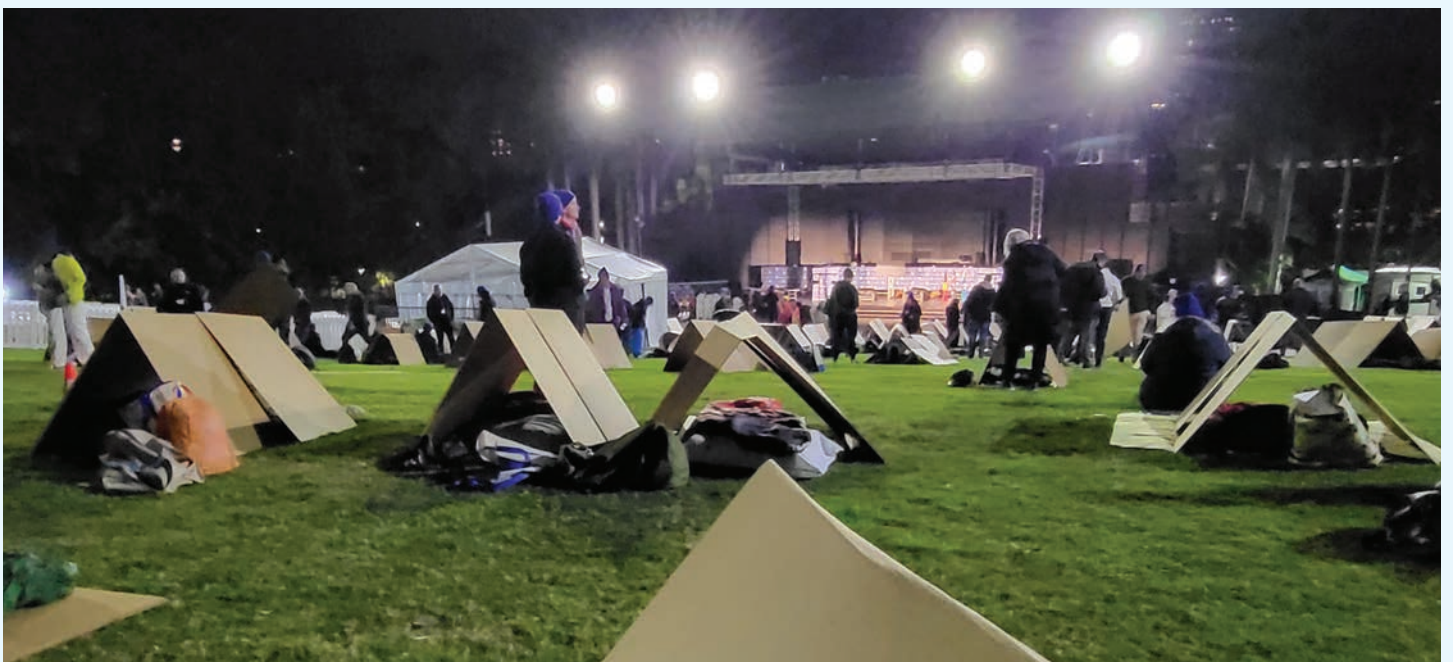
"The generosity of our wider SCCQ community in helping others is always inspiring to me," said Jason. Thank you to all those who donated to SCCQ's fundraising campaign to help Vinnies end the cycle of homelessness and poverty in Australia.



Staff across SCCQ's sites joined in with their own Pyjama Day fundraising events to support the cause



Jason and the SCCQ team have managed to raise over \$27,500 as part of this year's fundraising campaign, all money raised goes directly to Vinnies.



# NAIDOC Week brings a celebration of culture to SCCQ

**Each year NAIDOC Week celebrates and recognises the history, culture, traditions and achievements of Aboriginal and Torres Strait Islander peoples.**

This year's theme for NAIDOC is "Keep the Fire Burning! Blak, Loud and Proud", which honours the enduring strength and vitality of First Nations culture – with fire a symbol of connection to Country, to each other, and to the rich tapestry of traditions that define Aboriginal and Torres Strait Islander peoples.

At Southern Cross Care Queensland (SCCQ), our commitment to a journey of reconciliation, together with our guiding principle to always "value and respect human life" impels us to listen and learn from our Aboriginal and Torres Strait Islander peoples and NAIDOC Week presents a great opportunity to celebrate, learn and connect with our First Nations history and culture.

A special event was held at SCCQ's Support Centre which welcomed staff and guests to celebrate NAIDOC Week with a smoking ceremony, didgeridoo playing, special guest speakers and an Indigenous inspired morning tea.

Guests were welcomed with a smoking ceremony which is a spiritual cleansing ceremony to ward off particular spirits and welcome good spirits. The ceremony was performed by special guest Bundambah Yah, who later treated guests to the captivating sounds of his didgeridoo along with interesting insights into where the sacred and traditional instrument originated from.

We were also delighted to be joined by Uncle Bob Anderson OAM, a respected Ngugi Elder from Mulgumpin, Moreton Island in Quandamooka, SEQ. Uncle Bob has a long and distinguished history of community service for the Aboriginal and Torres Strait Islander peoples, and we were privileged to hear stories of his work in the community and the change he has affected over his lifetime.

We thank Bundambah Yah and Uncle Bob for sharing their culture, stories and knowledge with us.

The event concluded with guests enjoying an indigenous inspired spread of morning tea delights by local supplier Figjam & Co, who are 100% Indigenous owned and operated and source local ingredients from seasonal bush tucker crops that are cultivated by First Nations owned and operated properties and social enterprises in Southeast Queensland.



*Special guest, Uncle Bob Anderson OAM, a respected Ngugi Elder*



“Keep the Fire Burning! Blak, Loud and Proud”.



Bundambah Yah performing a smoking ceremony and playing the didgeridoo

## Staff Spotlight

# Welcome to our new Head of Home Care

We are thrilled to welcome Helena Holdaway as the new Head of Home Care at SCCQ. Helena joins us as an accomplished and experienced Community and Home Care Services leader.

Helena also brings a deep understanding of legislation, policy, and procedures across home care and residential aged care, ensuring that we continue to meet and exceed industry standards.

Helena's leadership and experience in operational management and strategic improvement initiatives will be instrumental as we enhance our home care services. Her strong commitment to care, as well as her vision and expertise will ensure that we continue to provide exceptional care and support to our clients.



## *Live your best life with our Home Care services*

We offer a range of Home Care services to help you maintain your home, your health & wellbeing, social connections and keep your lifestyle goals on-track, so you can live your best life.

Whether you need a little support, or a lot, we're here to help.

Call us on **1300 306 442**

[sccqld.com.au](http://sccqld.com.au)



An initiative of the Knights of the Southern Cross



# Gaby and Eric are bridging generations

**An unlikely friendship has blossomed, despite an almost 80-year age difference between SCCQ Support Worker Gaby, and SCCQ Home Care client, Eric.**

Gaby, 21, is a recent addition to our Home Care team in the Western Downs and has quickly become an invaluable member. Although new to working with the elderly, her compassion and dedication have made her a treasured friend of Eric's, one of our valued clients in the region.

Eric, who will celebrate his remarkable 100th birthday next January, looks forward to Gaby's regular visits where she assists him with housework and meal preparation, and they even venture out together to check on Eric's cattle.

Living in the town of Miles, Gaby balances being a loving wife and mother to 14-month-old Ryleigh while working with SCCQ as a valued Support Worker.

Gaby has also recently begun her studies for a Certificate 3 supported by SCCQ, and we can't wait to see her grow and achieve her goals.

The bond between Gaby and Eric highlights the profound impact our home care workers have on the lives of our clients.

It exemplifies the meaningful differences they make, fostering communities where the best lives are lived.

We deeply appreciate all our home care heroes who go above and beyond in their roles, enriching the lives of those they care for.

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SCCQ Support Worker, Gaby with Home Care client, Eric

## A volunteer's dedication brightens days at St Mary's

**For over a decade, Donna has been a pillar of joy and compassion at St Mary's Aged Care in Raceview, though her journey began unexpectedly.**

After a career as a carer was interrupted by injury, Donna discovered a new passion in diversional therapy. "I just fell in love with that side of it," she recalls. Donna's dedication led her to obtain certificates in the field, spending years enriching lives through meaningful interactions.

Even in retirement, Donna couldn't stay away. When her mother-in-law became a permanent resident, Donna found herself drawn back, initially assisting with crafts and visiting residents. Encouraged by staff, Donna eventually embraced volunteering, a role that has now filled her cup these past few years.

"I go in on Mondays for morning tea," Donna explains, lighting up as she describes the gatherings she hosts for residents. With old-fashioned cakes and cherished conversations, these moments have become a highlight

for all involved. "They just love it," she beams, reflecting on the simple joy of sharing treats and stories.

Yet, it's not just about tea and cakes. Donna's impact goes beyond. From organising activities to painting nails and supporting memorial services, Donna embodies the spirit of selfless giving. "It's as much for me as it is for them," she insists, highlighting the reciprocal nature of her volunteer work.

For Donna, every hug, every smile, and every shared moment reaffirms her belief in the power of kindness. "I treat them how I would want my dad or my mother to be treated," she says with heartfelt sincerity.

St Mary's Aged Care echoes with gratitude for Donna and volunteers like her, whose dedication and compassion create a brighter atmosphere for all. As Donna puts it, "It's the best place ever."

If you would like to make a difference to the lives of older people, why not become a volunteer with SCCQ. Register your interest via our website at [sccqld.com.au/about-us/volunteers/](http://sccqld.com.au/about-us/volunteers/)



Volunteer Donna (centre) with St Mary's residents

# Volunteer with us



## Enrich your life and theirs through the gift of time

When you volunteer with Southern Cross Care Queensland, you'll be part of a team making a difference to the lives of older people every day.

You don't need any prior experience to volunteer with us, we welcome volunteers with all skills and from all backgrounds. If you have a willingness to support and a desire to serve others, we could be just the right fit for you.

You'll meet new people, learn new skills and be rewarded by enriching the lives of others.

To become a volunteer with SCCQ,  
register your interest on our website.

[www.sccqld.com.au/  
about-us/volunteers](http://www.sccqld.com.au/about-us/volunteers)



SCCQ 641

*Every person matters*

[sccqld.com.au](http://sccqld.com.au)  
1800 899 300



An initiative of the Knights of the Southern Cross

## Visitors flock to Open Days at our Sunshine Coast Retirement Estates

**Our Noosa Waters and Caloundra Rise Retirement Estates recently opened their doors to their local communities for a vibrant Open Day, welcoming visitors to explore and discover the lush tropical oasis set in peaceful Noosaville and the coastal calm of Caloundra.**

Both events drew diverse crowds eager to learn about the lifestyle and amenities offered at the villages.

Prospective residents and their families were greeted with warm hospitality as they toured the beautifully landscaped grounds and modern facilities. From spacious and modern villas to vibrant communal spaces, guests experienced firsthand the comfort and tranquillity that define retirement at our Sunshine Coast Retirement Estates. With Noosa Waters and Caloundra Rise both only minutes away from iconic shopping precincts and stunning beaches, it is easy to see the appeal.

“Our Open Day was a great success,” said Deb Leask, Retirement Living Manager at Noosa Waters. “It was wonderful to see so many members of our community exploring our village and envisioning their future here.”

Visitors engaged in lively conversations with current residents and staff, gaining valuable insights into daily life and the array of activities and services available.

“The feedback from visitors has been overwhelmingly positive,” said Deb. “Many were impressed by the sense of community and the range of amenities we offer. It was rewarding to see so much interest and enthusiasm.”

The Open Days not only highlighted the facilities but also emphasised the strong and vibrant communities at Noosa Waters and Caloundra Rise Retirement Estates. Local businesses joined in to support the events, reinforcing the integration and involvement each village has within their broader Noosa and Caloundra communities.

As the events concluded, guests departed with brochures in hand, having forged new connections and perhaps even considering Noosa Waters or Caloundra Rise as their future home. The success of the Open Days highlighted the appeal Sunshine Coast Retirement Living has as a desirable retirement destination while combining resort style living with vibrant community life.

“We’re excited to welcome new residents into our community,” expressed Deb, reflecting on the event’s achievements. “Our Open Day showcased what makes our Retirement community a special place to call home.”

For those who missed the Open Days, tours and consultations continue to be available, where you too can discover the joys of retirement living at SCCQ’s Noosa Waters or Caloundra Rise Retirement Estates.

Call Noosa Waters Retirement Estate on 07 5474 4480, or call Caloundra Rise Retirement Estate on 07 5438 0655.



## 'Table of Eight' initiative fosters new friendships at Caloundra Rise

**At our Caloundra Rise Retirement Estate, the Caloundra Residents Association have introduced an exciting new initiative called 'Table of Eight' to foster new friendships between residents by sharing a meal together.**

This program supported by Caloundra Rise Bistro, takes place every Friday and brings together eight residents for a special lunch, aiming to strengthen community spirit and enable all residents to experience a meal at the on-site Bistro.

The Caloundra Residents Committee had been looking at ways to utilise residents' funds to the benefit of as many residents as possible, and the idea was borne to provide each resident a Bistro voucher, encouraging all to enjoy a free two-course meal with those they would not usually spend time with. Each week, the 'Table of Eight' lunch includes a diverse mix of residents, including both newcomers and long-time residents.

The initiative encourages meaningful interactions and helps everyone get to know one another. By mixing new and existing residents, the initiative promotes a sense of belonging and camaraderie within the village.

"Some residents who have been here more than 10 years are meeting other residents who have been 10 years plus", said Jules Quirke, Head Chef at Caloundra Rise Bistro. "New residents are also getting great advice from the older residents and friendships are being made. It has been very rewarding", said Jules.

Feedback from the first few 'Table of Eight' lunches has been overwhelmingly positive, with the bistro now booked weeks in advance as a result.

Residents have expressed their appreciation for the chance to meet new people and reconnect with familiar faces.

The initiative has not only enhanced social interactions but also enriched the overall culture of the village.



## A pillar of community and family at Duhig Village

**At our Duhig Village aged care home in Holland Park Brisbane, 99 year old Irene Brock stands as a beacon of warmth and community spirit, holding many cherished memories since she and her late husband Jim first moved in, back in 2017.**

Originally from Warwick and later finding her way to Brisbane after World War II, Irene's journey to Duhig Village reflects a deep appreciation for community. Her late husband Jim, renowned for his humour and friendly demeanor, quickly became a beloved figure within the Duhig Village community, as did Irene.

"Jim was a character," Irene reminisces. "He would tease people with his walker, that was his sense of humour. He also enjoyed being part of the activities here, like bingo and also the men's group activities."

Irene's grandson, Sam, continues to honour their family's legacy by contributing to the annual ANZAC services at Duhig Village, a tradition that holds special meaning for Irene and husband Jim, who was a World War II veteran.

Recently at Duhig Village Chapel, Irene's extended family also celebrated the baptism of baby Alfie, Irene's great grandson. Surrounded by several generations of her family members, Irene beamed with joy as the chapel was filled with prayers, love and spirituality. For Irene, it was no doubt a deep sense of fulfillment and continuity in her family's faith and legacy, and a precious moment bridging the past, present, and future in a celebration of love and devotion.

From Irene's children, to her grandchildren and great grandchildren, the regular visits she receives from family members are a clear testament to the great impact she has had on her family, and the deep love and connection they share with her.

Irene's presence is not just a reminder of longevity but a living example of the richness that comes from embracing family and community. Irene truly is someone whose spirit embodies the essence of home at Duhig Village —a place where memories are made, friendships flourish, and generations come together to celebrate life's journey.



## Staff spotlight

# Wishing Trish a happy retirement

After a remarkable 27 years of dedicated service at SCCQ, we bid farewell to Trish Milliner, to a true gem within our Residential Aged Care team recently, as she heads off to retirement.

Trish has been an integral part of the Duhig Village family at our Holland Park aged care home, touching the lives of residents and colleagues alike with her warmth, professionalism, and dedication.

Her contributions have left an indelible mark on our community, and she will be deeply missed by all who had the privilege of knowing her.

We threw a party in her honour where all the residents got together for a magical morning of celebration.

Thank you, Trish, for your years of service and friendship and we wish you a wonderful retirement!

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Thank you, Trish, for your years of service and friendship.

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## Illoura Village, Chinchilla redevelopment and expansion

During a recent visit to Chinchilla, some members of the SCCQ leadership team had the opportunity to undertake a 'hard hat tour' of the construction site of the new residential aged care home. Observing the progress was truly exciting.

Significant advancements include the internal fit-outs in the eastern wing, where several rooms are beginning to take shape. Bathrooms are now being installed, and internal cabinetry, tiling, and painting are all progressing, making the vision of the home seem closer to reality.

The design of the aged care home centres around two central courtyards, which will offer residents access to beautiful outdoor spaces directly from their rooms. This layout not only enhances the visual appeal but also promotes a healthy, natural lifestyle and a strong connection with the outdoors.

Centralised common areas, including the kitchen, dining rooms, activity rooms, and the chapel, are also coming together. These spaces are designed to be functional and inviting, creating an engaging and supportive community atmosphere for residents.

As the project progresses, external facades are being completed, and internal works such as wall sheeting, joinery, and tiling are underway. Air conditioning duct work, along with electrical and plumbing rough-ins, will be finalised and commissioned in the coming months.

With each phase completed, the anticipation of welcoming the first residents grows. The team remains dedicated to advancing towards this exciting moment, ensuring that the new building will provide an exceptional living experience for those who will call it home.







## Launch of the SQRH Building at Illoura Village

In July, Southern Cross Care Queensland (SCCQ) was excited to stand with our partners at Southern Queensland Rural Health (SQRH) to officially open their new dedicated training and education centre at Illoura Village, Chinchilla.

The SQRH building, equipped with advanced technology, will support a range of educational programs tailored to support the unique needs of rural communities. Strategically located to ensure accessibility for students and professionals from various rural regions, the facility will host workshops, seminars, and practical training sessions.

CEO, Jason Eldering was proud to stand in partnership with Geoff Argus, Director of SQRH and the Hon Emma McBride MP, Assistant Minister for Rural and Regional



Health and Mental Health and Suicide Prevention, along with Professor Debbie Terry AC, UQ Vice-Chancellor and Professor Geraldine Mackenzie, UniSQ Vice Chancellor to officially open the Centre.

Jason Eldering shared, "These achievements are a testament to the power of collaboration. As an organisation that's deeply passionate about regional communities, I am grateful for like-minded partners who allow us to deliver innovative and sustainable healthcare solutions to these areas. Thank you to everyone involved in making this vision a reality."

## Upcoming Projects

SCCQ has successfully secured grant funding through the *Aged Care Capital Assistance Program*, *Thin Markets*, for projects in Murgon and Miles.

The Murgon project received \$768,461 and will allow us to deliver a new palliative care room, a covered outdoor area, and ongoing property upgrades. The dedicated palliative care room will allow residents to return home from hospitals sooner, or reduce hospital admissions, offering a tranquil and private space tailored to meet their needs during end-of-life care.

The Miles project, granted \$648,926, will see the installation of a multipurpose building, a driveway upgrade, and continuous property upgrades. The new multipurpose building will provide a much-needed space for our residents to participate in lifestyle activities, which are crucial for supporting their physical, mental, and emotional health.

These initiatives, funded by the Department of Health and Aged Care, will greatly enhance the quality of care and living conditions for our residents, addressing the increasing demand for aged care services in these regions. We look forward to sharing more updates as these projects progress.

# Staff spotlight

## Vinu joins our Nurse Practitioner team

We are delighted to welcome Vinu Vincent, our new Nurse Practitioner, who has recently joined the SCCQ team. Vinu, together with our Nurse Practitioner Khera Kim, will support residents across all of our residential aged care sites, for their advanced clinical needs.

If you would like to make a referral to one of our Nurse Practitioners or request a booking with them, please email [np@scqld.com.au](mailto:np@scqld.com.au)



### Get to know Vinu Vincent

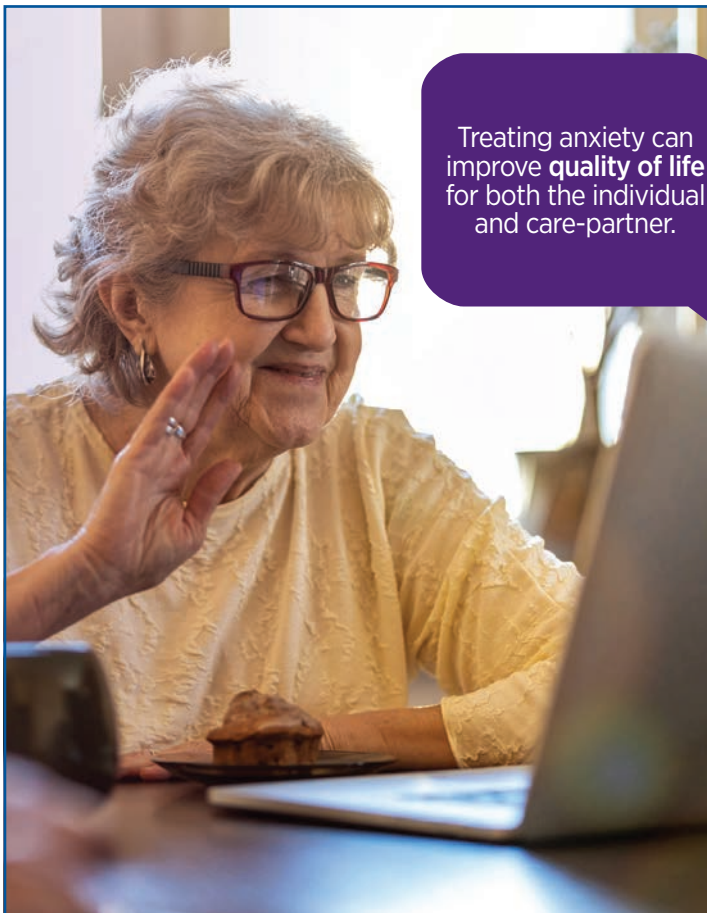
Vinu is an endorsed Nurse Practitioner and credentialed Diabetes Educator with clinical expertise in chronic disease, complex care and comprehensive diabetes management.

Vinu has a robust background in diverse healthcare environments, including remote/rural and metropolitan settings. His career spans across tertiary hospitals, community general practices, and private diabetes clinics, where he has honed his expertise in managing complex patient needs. In addition to his role at Southern Cross Care Qld, Vinu also serves as a Diabetes Nurse Navigator at Princess Alexandra Hospital.

### Availability

Vinu is available two days per week - Fridays and Sundays

Khera is available two days per week - Mondays and Tuesdays



Treating anxiety can improve **quality of life** for both the individual and care-partner.

## Know someone whose been anxious or worried lately?

Our Australia-wide online research study is tailored specifically to **help those living with dementia or mild cognitive impairment** who experience anxious or worrisome thoughts.

We are seeking volunteers to participate from the comfort of their own homes.

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**M:** 0419 638 776

**T:** (07) 3346 5577



CEMCS 00025B - TEGSA PRIV/2080

# What's cooking?



**What is your role at SCCQ, and which site do you work at?**

I'm Paul Clarke and I am the chef at Stretton Gardens Retirement Village preparing menus and cooking for the residents in the Oasis restaurant.

**What do you like most about your role?**

The part I like most about my role is working alongside the staff as we work well as a team, and I enjoy interacting and getting to know the residents on a personal basis.

**What do you do to relax?**

To relax, I enjoy exploring Qld on my motorbike and visiting places I haven't been to.

**If you could invite two people for dinner from any time or place, who would they be?**

Freddy Mercury as he was a talented singer and Queen is my favourite band, and Gordon Ramsey.

**What is your favourite restaurant?**

My favourite restaurant is Cafe 63 as it has a huge variety of food choices and is a good place to take the family.

**Tell us about the recipe you are submitting to readers?**

My favourite recipe is my Chicken and Coconut Curry as everyone enjoys it when I make this dish and often ask about how it is made.



PAUL CLARKE SHARES HIS FAVOURITE RECIPE

## Chicken and coconut curry with toasted Turkish bread

**Ingredients:**

|   |                                 |
|---|---------------------------------|
| 100 grams chicken thigh diced           | 50 grams of sliced zucchini     |
| 50 grams diced onions                   | 50 grams of cooked jasmine rice |
| 30 grams sliced carrot                  | 2 slices of Turkish bread       |
| 50 grams of coconut powder              | Toasted coconut for garnish     |
| Half a teaspoon of red Thai curry paste | 1 teaspoon oil                  |
| 1 chicken stock cube                    | Salt and pepper                 |

**Method:**

1. In a wok heat up oil and add onions and carrot and cook till soft.
2. Add curry paste and cook on a low heat to release the flavors.
3. Add diced chicken and stir till cooked.
4. Mixed coconut powder with a small amount of water the add to pan.
5. Add chicken stock cube and sliced zucchini to wok slowly bring to the boil.
6. Add desired seasoning and serve over jasmine rice garnish with toasted coconut and serve with Turkish bread (can be toasted Nann bread if desired).

# Living our best lives across our Communities

## CELEBRATING TEEYAN FESTIVAL AT CALOUNDRA

Our Caloundra aged care residents and staff had a fantastic time celebrating this beautiful Indian festival which honours women and is marked by vibrant clothes and dancing. Everyone dressed in bright, colourful clothes and danced the afternoon away, accompanied by loads of fun and laughter.



## FUN DAY OUT FOR THE GENTLEMEN!

The men from our Allora Homestead had an adrenaline-filled day at Morgan Park Raceway, watching racing cars zoom by and enjoying the exhilarating high-speed action. Meanwhile, the men from our Castra Home in Murgon had a magical ride in a pumpkin carriage during their regular visit to the community shed.



It's been an eventful few months of activities and celebrations across our Southern Cross Care Qld communities. Here's what some of our residents, clients and staff got up to.

**LOVE IS STILL IN THE AIR AFTER 75 YEARS!**

We were honoured to help celebrate a truly extraordinary milestone at our Stretton Gardens home in Drewvale – Des and Mona's 75th wedding anniversary! Their love story is a testament to enduring love and commitment. Here's a glimpse of them on their wedding day, on 28 May, 1949.



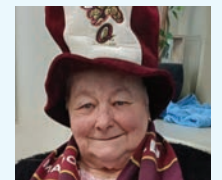
**STATE OF ORIGIN FEVER AT OUR AGED CARE HOMES**

Residents and staff at our aged care homes geared up in their team colours and got right into the sports spirit for the State of Origin games! The excitement was contagious as everyone joined in the fun.



**BIGGEST MORNING TEA IN THE WESTERN DOWNS**

Our home care clients in the Western Downs region enjoyed a tea-riffic time raising funds for the Cancer Foundation by participating in this year's Biggest Morning Tea! The event had all the frills from a delicious morning tea, lucky raffles and even a charming little nick-nack stall.





## LARGE PRINT WORD SEARCH PUZZLE

Find in the grid and cross out all the words from the word list. Ignore spaces, dashes and diacritics, if any. Words go horizontally, vertically, not diagonally, may intersect, do not bend, overlap or go backward. There are no unused letters in the grid.

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BASKET  
CABINET  
CACTUS  
DIFFERENCE  
EUROPE  
EVENING  
JANUARY

JEANS  
JUNGLE  
LETTUCE  
NARROW  
OBSERVE  
PARALLEL  
PIANO

POSITIVE  
REMOTE  
RULER  
SCIENTIFIC  
SHEEP  
SILVER  
SINGER

SLEDGE  
SPORT  
TABLE  
UNKNOWN  
ZODIAC

## Our services across Queensland

Residential Aged Care, Retirement Living and Home Care Services

### Residential Aged Care

**SOUTHERN CROSS CARE  
ALLORA HOMESTEAD**

62-64 Forde Street Allora Q 4362  
Phone 4666 3588 Fax 4666 3788

**SOUTHERN CROSS CARE  
ALLORA NURSING HOME**

29 Darling Street Allora Q 4362  
Phone 4666 3171 Fax 4666 3769

**SOUTHERN CROSS CARE CALOUNDRA**

57 Village Way Little Mountain Q 4551  
Phone 5492 6866 Fax 5492 6851

**SOUTHERN CROSS CARE CHINCHILLA  
(ILLOURA VILLAGE)**

24-30 Zeller Street Chinchilla Q 4413  
Phone 4662 7182 Fax 4662 7698

**SOUTHERN CROSS CARE EDENS LANDING  
(CONNOLLY COURT)**

20-24 Loane Drive Edens Landing Q 4207  
Phone 3805 1844 Fax 3805 1633

**SOUTHERN CROSS CARE HOLLAND PARK  
(DUHIG VILLAGE)**

85 Seville Road Holland Park Q 4121  
Phone 3422 3888 Fax 3422 3890

**SOUTHERN CROSS CARE MURGON  
(CASTRA)**

2 Cooper Street Murgon Q 4605  
Phone 4169 8700 Fax 4169 8799

**SOUTHERN CROSS CARE (KARINYA)**

25 Church Street Nanango Q 4615  
Phone 4163 2430 Fax 4163 1972

**SOUTHERN CROSS CARE RACEVIEW  
(ST MARY'S)**

129 Wildey Street Raceview Q 4305  
Phone 3288 9955 Fax 3288 9924

**SOUTHERN CROSS CARE DREWVALE  
(STRETTON GARDENS)**

209 Illaweena Street Drewvale Q 4116  
Phone 3373 9000 Fax 3373 9095

**SOUTHERN CROSS CARE TAROOM  
(LEICHHARDT VILLA)**

1 McCorley Court Taroom Q 4420  
Phone 4628 6166 Fax 4628 6122

**SOUTHERN CROSS CARE TARA  
(TARCOOLA)**

Sara Street Tara Q 4421  
Phone 4678 7892

**SOUTHERN CROSS CARE MILES  
(CARINYA)**

6 Wallen Street Miles Q 4415  
Phone 4628 5395

### Retirement Living

**CALOUNDRA RISE RETIREMENT**

57 Village Way Little Mountain Q 4551  
Phone 5438 0655 Fax 5437 0822

**EDENS LANDING RETIREMENT VILLAGE**

20 Loane Drive Edens Landing Q 4207  
Phone 0408 929 016 Fax 3805 5302

**NOOSA WATERS RETIREMENT ESTATE**

39 Lake Weyba Drive Noosaville Q 4566  
Phone 5474 4480 Fax 5474 0953

**STRETTON GARDENS RETIREMENT ESTATE**

209 Illaweena Street Drewvale Q 4116  
Phone 3272 6011 Fax 3272 6211

**PARQUE VISTA ON SEVILLE**

85 Seville Road Holland Park Q 4121  
Phone 3422 3866

### Home Care Services

CALL OUR CENTRAL LINE – 1300 306 442

**SUNSHINE COAST**

57 Village Way Little Mountain Q 4551  
Phone 5438 0655

**GOLD COAST**

Shop 13A Ashmore Plaza  
146 Cotlew Street Ashmore Q 4214  
Phone 5580 8755

**BRISBANE SOUTH**

20-24 Loane Drive Edens Landing Q 4207  
Phone 3200 5033

**WEST MORETON**

129 Wildey Street Raceview Q 4305  
Phone 3281 8355

**WESTERN DOWNS**

Serving Chinchilla, Jandowae, Meandarra,  
Miles and Tara  
Phone 1300 306 442

### Support Centre

**BRISBANE**

2078 Logan Road Upper Mt Gravatt Q 4122  
Phone 1800 899 300

### We love to hear from you!

Please direct all feedback, comments and complaints to the appropriate manager. All feedback is recorded and investigated.

If you are not comfortable, or are unable to resolve your concern with the manager, you can contact our Support Centre on 1800 899 300.

If you feel you have not had a satisfactory resolution to your complaint and wish to take the complaint to an external body, the details are:

**Aged Care Quality and Safety Commission**

1800 951 822 | [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Older Persons Advocacy Network (OPAN)**

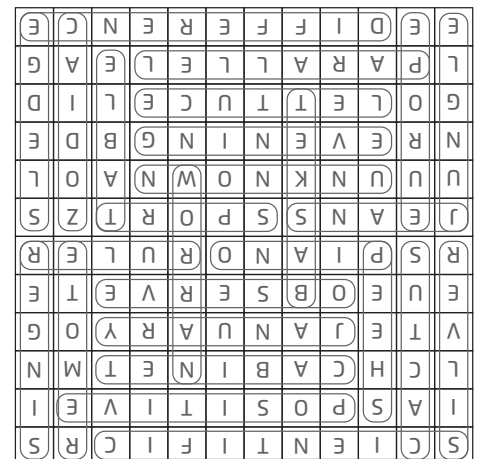
1800 700 600

**Aged and Disability Advocacy (ADA)**

1800 818 338 | [www.adaaustralia.com.au](http://www.adaaustralia.com.au)

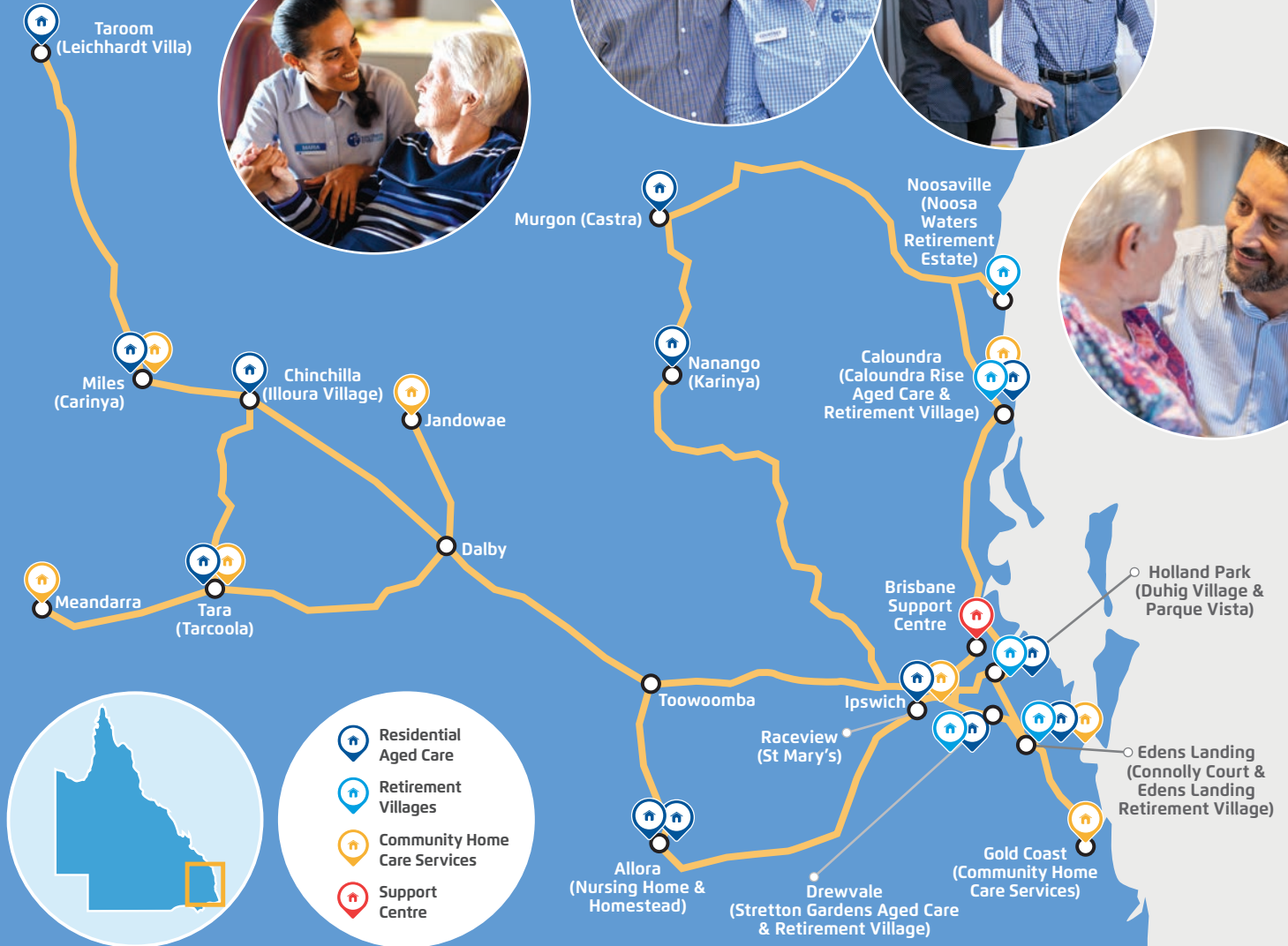
We acknowledge the traditional peoples of the land on which our facilities stand. We recognise that they have occupied and cared for this country over countless generations and we celebrate their continuing contribution to this life in the regions in which we provide services.

## Solution



# Every person matters

We offer the compassionate support you need to live the life you want whether you are looking for retirement living, in-home care or aged care homes.



Find out more at [sccqld.com.au](http://sccqld.com.au)  
1800 899 300

