

## THE GREAT PUMPKIN RISES...

...over Oxford County beckoning to all who have pumpkins and/or squash beyond their needs. There are 12 sites around the county accepting pumpkins as fodder for pigs, goats, chickens & other farm animals. This is your chance to haul them in from your porch for personal uses or divert them from waste to livestock. Check out The Great Pumpkin Rescue on Facebook for some great cookery and a list of locations.

## FROM SOUTHWESTERN PUBLIC HEALTH

**Belonging starts here:** How public health & schools are helping youth feel seen, heard & supported. Grade 12 student Ava Meadows is seated beside her school's social worker. The room is silent, aside from Ava's voice & a rolling video camera as she recounts her experiences being a student leader at St. Mary's Catholic High-school in Woodstock. "I know so many of my friends here have bad days. But they're always telling me what's going on & that they're there for me. It's OK, I'm going through tough times too, it's OK." Ava's words capture something essential: belonging isn't just about being present in a classroom, it's about feeling safe, valued, & supported. Her experiences are central to the latest installment of Vital Perspectives, a miniseries by Southwestern Public Health that highlights important issues impacting the community like the opioid crisis & climate change. This 3rd installment shines a light on the powerful connection between belonging & youth, and how schools & public health professionals are working together to create environments where young people can thrive.

**Why belonging matters** For youth, particularly during adolescence, the need for connection is more than social; it's developmental. Belonging helps shape identity, builds coping skills, and protects against mental health challenges like anxiety, depression, and loneliness. Students who feel they belong are better equipped to manage stress and adversity, leading to stronger academic and emotional outcomes. "Our local school boards are already working on building belonging and inclusivity within schools," adds McLean. "Public health supports this work through collaborative efforts that put students' voices and well-being at the centre."

**A call to action** Parents, teachers, coaches & community members all play a role in creating spaces where youth feel like they matter. It starts with kindness, curiosity & connection, and it continues through partnerships that place student mental health at the heart of school culture. To hear directly from students, educators, and public health professionals, watch the latest Vital Perspectives video at [swpublichealth.ca/vitalperspectives](http://swpublichealth.ca/vitalperspectives)

## A CHRISTMAS FAIR

Join us at St. John's Anglican Church, Thamesford as we present A Christmas Fair. Baking, crafts, etc. Sat, Dec 6, 9-Noon. Wheel chair accessible.

## HOLLY DAZE BAZAAR

The CWL of Sacred Heart Church, Ingersoll will be holding their annual Holly Daze Bazaar Sat, Nov 8, 9-2pm at Henderson Hall, 133 John St, Ingersoll. Check out the Bake Table with fruit pies, meat pies, tarts & squares! Our Penny Table is always a hit. We will have Christmas décor for indoors & outdoors. The Country Store, Quilt Draws and 50/50 Raffle will all be back, too. Enjoy a coffee break with a friend or a hearty chili lunch in our café and get an early start on the Christmas season at the same time!

## THAMESFORD TROJANS HOME GAMES

Fri, Oct 10, Port Stanley      Fri, Oct 17, North Middlesex  
Fri, Oct 24, Exeter  
All games at 7:30pm at Thamesford Area Recreation Centre.

## AL-ANON

Friends, families & adult children suffering from the effects of a loved one's drinking find understanding, support & hope at Al-Anon meetings. There are no dues or fees. Call 24 hours 519-434-2613. [al-anon.alateen.on.ca](http://al-anon.alateen.on.ca), [al-anon.org](http://al-anon.org)

**Tues 7pm** St. Pauls Church, 56 Thames St. S, Ingersoll.

## CHRISTMAS HAMPER PROGRAM

The inter-Church has begun meeting to plan for the 2025 Christmas Hamper Program. The inter-Church provides emergency funding for housing, utilities & health needs in our community; along with supporting the "Lunch Bunch" school meal program & the Christmas Hampers. Last year we delivered hampers & gifts to over 380 families in our local community. The estimated costs our hampers will be \$100 for a family of 2, both perishable & non-perishable food. This will feed the family for 2 days including the holiday meal. Many of our local families are struggling this year due to higher costs in rent, utilities & groceries. The inter-church has been supported by our local community & we hope this generosity will continue this year. The inter-Church is 100% volunteer & much of the work we do is supported by our local service clubs in Thamesford & Ingersoll. All financial support stays in the local community. To donate by cheque, mail to: Ingersoll & District inter-Church, 56 Thames St S, Ingersoll N5C 2S9 or e-transfer to [interchurch2005@gmail.com](mailto:interchurch2005@gmail.com). Please include your address for a tax donation receipt. If you need to speak to someone in person, please call 519-857-7458. The process for receiving a hamper will be the same as last year, this information will follow in the November Village Voice. Hampers will be delivered Thur, Dec 18, registration will begin Nov 15. Thanks for all you do, your support last year was incredible. inter-Church committee.



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## COME CELEBRATE WITH US

Please join us Sun, Nov 2, 2pm at St James' Anglican Church in Ingersoll. The Bishop of the Diocese of Huron, The Right Reverend Todd Townshend, will officially open & consecrate our new location at 130 Thames St. South in Ingersoll. There will be a time of fellowship following the service. All are welcome to come & celebrate with us our journey to our new home.

## VOLUNTEERS - WESTMINSTRAL PLAYERS

We need people to help behind the scenes with our upcoming production. Please contact the office 519-285-3212 or [info@makingconnexions.com](mailto:info@makingconnexions.com). This is a great & fun way for adults to be part of something together or for high school students to get their community service hours.



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## WEDNESDAY AFTERNOON LADIES LEAGUE

2025 - 2026 season has begun! Weekly games over 200: Week 1 Kim Overton 249; Week 2 Bonnie Johnstone 213, Kim Overton 208; Week 3 Michelle Kirwin 225 & 208, Toni Scaiff 200. We are off to another fun filled season. Good Luck Ladies.

**EMBRO LEGION BRANCH #318** 128 Huron St, Embro  
Brunch reopens Oct 5 and is the 1st Sunday each month, Oct - May  
Karaoke with Karaoke Steve Nov 15, 7-11pm, everyone welcome!  
Brunch Only Dec 7  
Trivia Night Jan 17

## "SONGS MY FATHER SANG TO ME"

Old St Paul's Anglican Church, 723 Dundas Woodstock, welcomes the renowned Reverend Mark Curtis with his musical sermon, "Songs My Father Sang To Me" on Sat, Oct 18, 2pm. Come visit our historic church to worship with this talented priest & singer-songwriter. Good will offerings only. All are welcome. Refreshments will follow.

## EVERYDAY ORGANIZED

A home renovation is exciting! Fresh paint, new layouts, and the chance to make a space feel more like "you." But anyone who has lived through one knows: the dust, the boxes & the shifting piles of stuff can quickly turn excitement into overwhelm. After recently going through my own home project, I came away with a few lessons worth sharing.

- 1. Have a plan.** Renovations are unpredictable. There are delays, extra steps, and those "while we're at it" moments. Having a plan for your belongings helps you feel more in control when everything else feels uncertain.
- 2. Organize what you pack.** It's tempting to toss things into boxes, but take the extra 2 minutes to label. You will need something unexpectedly - a charger, a sweater, the dog's leash. A clear label saves you from tearing through 3 boxes to find it.
- 3. Declutter twice.** Packing is a perfect chance to let go of what you no longer need. Be honest: if it hasn't been used in years, do you want to pack, store & unpack it? And when you unpack, weed again - you'll notice items you didn't miss or that don't fit your refreshed space.
- 4. Start with less.** Your renovated space will feel bigger & calmer if you begin with only the essentials. Bring things in slowly & intentionally to prevent old clutter from sneaking back in.
- 5. Create one storage hub.** No matter how carefully you plan, things will shift around. Having a designated "parking spot" for items you're not actively using means less moving of boxes.
- 6. Live in it first.** Once everything is back, give yourself a few weeks

before making anything permanent - like installing drawer inserts or adding shelving. A new space may work differently than you expect. By living in it first, you'll learn how it truly functions. Renovations are messy, but they're also an opportunity to reset. With some planning, weeding & a temporary storage system, you'll enjoy not just the new look of your home but the fresh sense of order that comes with it. If you're planning a renovation or just feeling like your home could use a reset, I'd be glad to help. [everydayorganized.ca](http://everydayorganized.ca).





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**THORNDALE DINNER THEATRE**

Think you would like to be an actor? The Thorndale Agricultural Society is holding auditions for the 2026 dinner theatre Oct 16 & 21 at the Thorndale library at 7pm. The play, 'A Murder of Scarecrows' by Pat Cook runs Feb 21, 22, 25, 27 & 28. Tickets will go on sale Dec 6 at the library. For more info, call Jackie 519 461-0218.

**TOURISM OXFORD**

Wander through a corn maze, farm market, or village fueled by fall flavours in Oxford County. Find the perfect pumpkin, go apple picking, or surround yourself with fall colours & golden fields at an Oxford Fresh farm ([OxfordFresh.ca](http://OxfordFresh.ca)). Find a new favourite cheese as you travel the cheese trail or hit the road with a Your Next Stop ready-to-explore itinerary. Use our new 'My Trip' tool online to build your very own itinerary and Embrace our Rural Routes: [www.TourismOxford.ca](http://www.TourismOxford.ca).

**CHRISTMAS BAZAAR**

Old St Paul's Anglican Church, 723 Dundas Woodstock, will be having its Treats 'n' Treasures Bazaar Nov 8, 11- 2pm. We will feature a silent auction, baking, frozen meat pies & soups, candy, books and a Café. All are welcome. No entry charge.

**AN AFTERNOON OF MUSIC**

Trinity United Church Ingersoll presents "An Afternoon of Music" Oct 26, 2pm in the sanctuary at 118 Church St, Ingersoll. This concert will feature local musicians Ken Archer & Jim Gonder, and singer Ian Masson. There will be a free will offering at this event. Come & enjoy an entertaining afternoon - all are welcome!

**ALPACA FARM DAY**

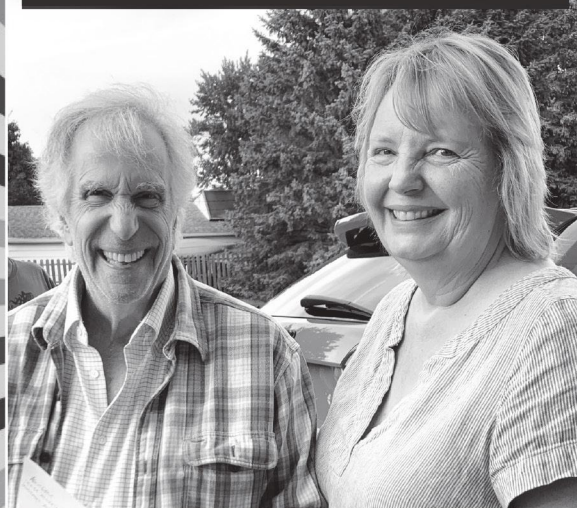
Sat, Oct 18, 10-4pm. Alpacas love to be in pictures! Meet Rory & Hershey born this year. Alpaca items (socks, scarves, ponchos, throws, mitts, hats) for sale. Activities for children. Face painting. Relax & enjoy alpacas' calming pace of life. Fee: donation to Big Brothers, Big Sisters Oxford in lieu of admission charge. This is an outdoor event, rain or shine. Location: Carol & Jim Harrison, 335358 - 33rd Line, Embro. Our farm is in the heart of Oxford County's rural community.

**CHRISTMAS CONCERT**

The inter-Church is excited to announce the 3rd annual Christmas Concert with Ted Cominsky & local musicians, Victoria Thompson, Peter Cox, Bob Breen, and Jim Gonder. This event will be held at Sacred Heart Church, Sat, Dec 6, 7pm. Tickets will be available at Lesser Brothers Jewelers, Patina's or call 519-857-7458.

**Ayyyyy!**

Linda & Lois  
met the Fonz



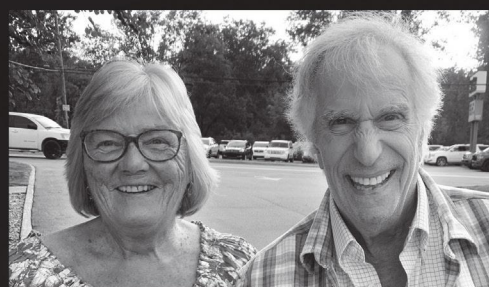
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## THORNDALE UNITED CHURCH BEEF SUPPER

You are invited to our annual beef supper at Thorn-dale Community Centre Tues, Oct 21, 4:30-7pm. Adults \$25, children 6-14 \$10, under 6 are free. Dine in or take out available. Call Bob or Darlene 519-461-0463 for tickets by Oct 12.



## THANKS & GIVING

It will soon be Thanksgiving. I've often referred to Thanksgiving as a low-maintenance holiday – getting together with family & friends, eating good food, crisp fall air, beautiful autumn colours, and (except for the cook, I know) not a lot of pressure – no gifts to give, not as many traditions to match, and not all the busyness of some of our other holidays (you know the ones I'm talking about!) And besides, who doesn't love turkey?! Thanksgiving is about giving thanks for all the many blessings we enjoy. It is good to give thanks – gratitude is a key indicator of success, happiness & good mental health. When one is grateful for what one has, there's less need to look for more. Someone with little, but content with what they have, is far happier than someone with a lot, but who always wants more. The former feels a sense of calm & peace, while the latter feels a sense of animosity & anxiety. Being grateful is a mindset. There are so many things in the world that test our gratitude. Of course we aren't grateful for war, hunger, violence, limits to free speech, or all the things that exclude whole portions of society. A gratitude mindset, though, looks for the peacemakers, feeds the hungry, offers peaceful solutions, allows opinions to be shared, and invites everyone to the table. It's actually a 'giving' way of living & it can make all the difference. It's always been there, but since beginning the EcoMarket & Café with Cycles of Life, we have witnessed the giving nature of this community in very tangible ways – willing & enthusiastic volunteers, donations of money, food, and personal care items, more & more food drives and community fundraisers, people concerned about the environment, and just a warm & inviting community spirit every Thursday afternoon. It's heartwarming – and we give thanks for it. Giving is a way of showing thanks. Sometimes, we see those who have the least, giving of what they have – a paying forward of their blessings to bless another. This is the response our faith teaches us – not to give out of obligation, but to give with grateful hearts as an act of gratitude for the many blessings we have. This is how many of our programs got started – Cooking Connexion where folks make a meal together, eat that meal together, and have enough left over for another meal at home; Stitch Connexion knits prayer shawls that wrap the recipients in the love & prayers of our congregation; the Grief Course & Death Café help people through profound loss and questions around end of life; our partnership with Be Sharp Academy of the Arts to bring you Camp Quest to help families & young children; we give the use of our building to things that make the community a little better. Even our plays (look for information about our upcoming production of "Four Reddings at a Funeral,") while fundraisers, give back to our community in both financial & connective ways. And we have some fun along the way – come join our Car Rally Oct 26, 2pm with a barbecue to follow – no cost, just some fun on what will hopefully be a beautiful fall day. Holding tight to what we have will foster an attitude of scarcity. Giving from what we have fosters an attitude of abundance. It's the same amount that we have to begin with, but the mindset makes all the difference. Abundance-thinking shares, gives, blesses, and ends up creating a sense of contentment, warmth, and satisfaction. So let this Thanksgiving be a time of Giving Thanks – it will do our hearts & minds good.

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## SCRAPBOOKING

We are holding our scrapbooking event to raise funds for MS on Sat, Nov 15, 8-9pm at the Unifor Hall in Ingersoll. It will be \$60 including lunch, supper & snacks all day. Silent Auction, door prizes & lots more. Please register: Kathy kwinlaw13@hotmail.com.

## BROWNS EUCHRE

Join us for euchre 2nd & 4th Thurs of each month. Cost \$5. Our euchres start with a light snack at 1pm with euchre to follow. Contact: Carol 519-702-2871.



## CHRISTMAS MAKERS MARKET

This year Crossroads Bible Church will be hosting their 3rd annual Christmas Makers Market at their new location, 184 Oxford St, Ingersoll. The building will be bustling with festive activity as dozens of vendors sell their handmade wares & as good food and live music are enjoyed by all! Come join us for this fun family event Sat, Nov 15, 11-4pm. Don't forget to bring some cash so that you can get a head start on your Christmas shopping! All are welcome and we look forward to seeing you there!



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### CANADIAN HARVARD AIRCRAFT ASSOC.

Experience the exhilaration of flying in a Second World War warbird while looking down upon the beauty of fall colours surrounding Tillsonburg. While the public can fly with us any Saturday, we welcome you to join us at our last Open House & Fly Day of the season Sat, Oct 4 (Rain date: Oct 5) during our special 40th anniversary season. Come out to the Tillsonburg Regional Airport and bask in the surrounding fall colours. These FREE family-friendly outdoor events offer the opportunity to see our collection of Second World War Harvard aircraft up close, tour our hangars, explore our restoration projects, purchase souvenirs, and best of all, go for a flight! (additional cost for flights). Come explore North America's largest fleet of Harvard aircraft & what the volunteers are doing to keep the history & legacy of these warbirds alive. In case of inclement weather, check our Facebook page for updates. While pre-booking flights is not necessary, it is recommended. Contact [crewflights@harvards.com](mailto:crewflights@harvards.com) to ensure your seat. In addition to our October Open House & Fly Day, we have Harvard back-seat flight experiences available for 2 of our commemorative Remembrance Day flights - Oct 19 over Ohsweken, and Nov 9 over Sheddun. Flights are \$550 per seat. One seat per aircraft. Contact [crewflights@harvards.com](mailto:crewflights@harvards.com) to see if seats are still available.

### FREE YOUTH PROGRAM

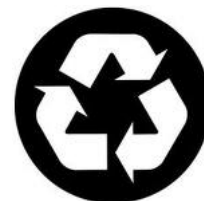
Free youth program for ages 12-18. 201 Royal Canadian Air Cadet Squadron: \* Participate in survival training exercises \* Fly simulators \* Learn leadership skills & make lifelong friendships \* Join the squadron pipe & drum band. \* Earn community service hours \* All training & uniforms are free of charge. The squadron meets weekly on Wednesday at the Dorchester Optimist Club, 6:30-9pm. For more info: email: [captain.higgins@outlook.com](mailto:captain.higgins@outlook.com). <http://www.aircadets.ca/201/>

### SWEABURG BEEF SUPPER

Sweaburg Church is hosting a drive through Beef Supper Wed, Oct 22, 5-6pm. Beef, vegetables & pie. \$25. Advance tickets only at [rdgarfat@outlook.com](mailto:rdgarfat@outlook.com) or 519-456-8810.

### THANKS FOR THAT OLD STUFF!

Actually, it was vintage! If it got to either of the Reuseapaloozas this fall, chances are good it is being used & up-cycled. Bryan Smith and the Oxford Coalition for Social Justice thank Zorra again, and add thanks to SWOX Township, the board of the Mt Elgin Community Centre, and the Engage & Inform Committee for their commitment to zero waste. See you again in the spring.



### INGERSOLL UKES (I UKES)

Join us if you're interested in singing & strumming your ukulele with others. All instruments welcome. Weekly on Thursdays 7-8:30pm at the Ingersoll Legion, 211 Thames St. N. 5\$ per week, music supplied. For more info, email [ingersollukeles@gmail.com](mailto:ingersollukeles@gmail.com).



### ITOPA

7-10 Split by Michael G. Wilmot - Season opener now in rehearsals Oct 10-12, 16-19. Since his aspirations to be a pro bowler went off the rails, Earl has tried one get rich quick scheme after another. This time, things are different when a rich Count from the internet has offered him money to help save his fortune. What could possibly go wrong? For full details, visit ITOPA.ca.



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### CHRISTMAS CRAFT SALE

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### THANKFUL THAMESFORD MARKET

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### SALFORD LEISURE CLUB

At this season, we do hope everyone has had a chance to get out and enjoy this warm & beautiful fall weather. Even better, take the car out for a ride to sightsee all the beautiful colours of our native maple trees. Soon enough the leaves will be giving us a workout, raking them up and then sending them off to the compost. Some of our members are still on summer hours & unfortunately Roz Force & Martha Wrona are under the weather. Sending out well wishes to them both. So our numbers are down for shuffleboard & we could use some euchre players to add another table or two. Everyone is welcome to come out & enjoy the fun and fellowship of our Leisure Club. Call for info 519-485-3652.

### OPERATION CHRISTMAS CHILD

Shoeboxes can be obtained from Connect Hearing & Enjoy Travel (Wagonlit) in Ingersoll & Woodstock, as well of the Fire Hall in Ingersoll. Please return your filled boxes to those locations by Nov 19 if you have 10 or less. Larger numbers can be taken to Movement Church, 65 Lansdowne, Woodstock during the specified hours <https://www.samaritanspurse.ca/drop-off-locations>.

### INGERSOLL SKATING CLUB


REGISTRATION is now open on our website. We are offering Canskate, Power Skating, Parent & Tots, and Starskate programs. Canskate is a learn to skate program that teaches stopping & forward and backwards skating skills. We are excited to be offering some new pricing options. Our programs are offered Wed evenings & Sat and Sun at the Ingersoll arena. All ages & skill levels are welcomed. For further information please visit our website at [www.ingersollskatingclub.com](http://www.ingersollskatingclub.com) or email us at [ingersollskatingclub@outlook.com](mailto:ingersollskatingclub@outlook.com).



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### 66 St. Catharine's St, St. Thomas

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**\$250,000** 2 bdrm, 2 bath 1.5 storey home on a corner lot. Eat-in kitchen has patio door to the backyard. Main floor laundry & 2 pc bath plus a gas fireplace. Upstairs has 2 bedrooms (previously was 3) & a 4 pc bath. Great potential with some TLC

### 201 - 76 BaselineRd W, London



**\$319,500** 2 bdm, 2 bthrm, corner unit condo in London South! Beautifully maintained 2nd floor condo. Bright & inviting, carpet-free, plenty of upgrades. Both bathrooms updated in 23'. New laminate flooring 20'. Generous private balcony. Fantastic location.

### 171 Lakeshore Rd, Clear Creek

**SOLD**



Perfect country home on 0.963 acre corner lot. 3 BR, 1 bath bungalow has a 2 sided screened in porch. Main floor is open concept with kitchen with peninsula breakfast bar, & living room access to the porch. Bath has been updated with new surround & roll in shower. 23.5x13.10 ft work shop.

### 180 King Hiram St, Ingersoll



**\$359,900** 5 BR, 3 bath home on a 66x132 lot. 1.5 garage + workshop offers plenty of space to tinker with projects. Covered front porch. Home requires extensive work- a great renovation project awaits! Zoned R2- potential for a duplex.





# EHEYE AOR SENTIENCE DAY

— — — ?

## COOKING CONNEXIONS

Cooking Connexions is designed for single people living alone in Thamesford & surrounding area. Together we prepare a nutritious home style meal & everyone participates in the preparation, cooking & clean-up. Each participant pays \$10 and that gives you a lovely sit-down meal to enjoy together & enough food left for another meal to take home. This will be a 3 course meal consisting of soup/salad/appetizer, a main course, followed by a yummy dessert served with coffee & tea. We meet at Westminster United Church at 10:30am and are usually all wrapped up by 2pm. If you would like to participate, please contact Mariette Bardoel 519-533-7515 or mbardoel65@hotmail.com, your first meal is on us, so come out & see what we are all about. Our next dates are Oct 23, Nov 20, Dec 18.



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## COLOURING THROUGH GRIEF

Third Wed monthly. One time fee of \$15. Registration is required. Call 519-536-3370. Visit [www.caringheartssupportnetwork.com](http://www.caringheartssupportnetwork.com).

## CUCKOO'S NEST 2025-26 CONCERT SEASON

**PAUL McKENNA** Sun, Oct 5, 7:30pm, Chaucer's Pub, 122 Carling St, London. Direct from Scotland Paul has long been ranked among our finest singers & songwriters, armed with a powerful yet intensely emotive voice and passionate social conscience.

**IAN TAMBLYN** Sun, Oct 19, 7:30pm, Chaucer's Pub. Ian was born in Thunder Bay in 1947. His first "professional" and self titled album was recorded in 1976.

**SIMON KEMPSTON** Sun, Nov 9, 7:30pm, Chaucer's Pub. Simon is 'one of Scotland's very best songwriters' (The Sunday Herald).

**WINDBORNE** Sun, Nov 23, 7:30pm, Chaucer's Pub. BBC Traveling Folk describes Windborne as "subverting expectations and redefining the genre [of vocal music] ... just absolutely phenomenal!"

**THE BARREL BOYS** "Carols from the Barrel" Sun, Dec 14, 7:30pm, Chaucer's Pub. A bluegrass powerhouse featuring rich vocal harmonies, killer picking, and a fun-loving, down-to-earth stage presence. Informed by the deep traditions of bluegrass, country, old-time, and Americana, The Boys have crafted their unmistakable sound into a joyful and deeply soulful musical experience.

**PUB CAROLING** with Paul Grambo & Steve Holowitz. Fri, Dec 19, 7:30pm, Chaucer's Pub. Promises to be a night of fun & joyous singing to get us in the mood for the Christmas season. All singers and non-singers are welcome. Net proceeds after expenses go to the London Food Bank. For Information call 519-319-5847 or email [folk@iandavies.com](mailto:folk@iandavies.com).

## SWEABURG LIONS EUCBRE

The Sweaburg & District Lions Club Euchre is Sat, Oct 25, at the Sweaburg United Church. Doors open at 6:30pm. Admission is \$10 & light refreshments are available. Everyone is welcome. Come have a friendly evening of euchre.

## BEACHVILLE MUSEUM SPEAKER SERIES

Tues, Oct 14, 7pm at the Beachville District Museum the Beachville District Historical Society Speaker Series guest speaker will be Scott Gillies with "Superstitions". Join us for a spooky evening with lunch to follow. All are welcome.

## STOPPING TO SMELL THE FLOWERS:

A Healing and Resource Centre ~ Echoing a remembrance of your magnificence through short story awakenings ~

**Guided Meditation** Take time out for you, feel grounded, calm & centered. Tues 7-8pm, 4 sessions \$125. Oct 28, Nov 4, 11, 18.

**The Light Circle** Interact with the Stopping to Smell the Flowers short stories while connecting with a like-minded group who wish to explore energy around us, emotions & taking inspired action; ends with a guided meditation. Thur 7-8:30pm, 4 sessions \$175. Oct 30, Nov 6, 13, 20.

**11 Sessions** Over a cup of tea, you talk it out & receive a Therapeutic Touch energy healing followed by a guided meditation. Move stored emotion out of the body, making room for more goodness to flow in. Book daytime or evenings 1.5 hours \$85.

To register, text/call: 519-719-5453 or [stephaniemalo@hotmail.com](mailto:stephaniemalo@hotmail.com). Sign up now to hold your spot! Visit the Stopping to Smell the Flowers Meditation Hut gift shop by appointment for Stopping to Smell the Flowers books & merch!

Facebook Page: Stopping to Smell the Flowers: Extraordinary Observations of Everyday Life Instagram: [@therealstephaniemalo](https://www.instagram.com/therealstephaniemalo) [www.stoppingtosmelltheflowers.com](http://www.stoppingtosmelltheflowers.com).

## FEBRUARY DEPARTURES WITH ISE:

ISE-Ontario, aka International Student Exchange, is happy to announce that their European partners have lots of wonderful teens to share interests, time, and perspectives with teens in Oxford. ISE offers 9 week exchanges, including their Go First option starting soon in the new year, and a 3 week summer exchange. For more information check out [www.iseontario.on.ca](http://www.iseontario.on.ca) or contact [bryasmit@oxford.net](mailto:bryasmit@oxford.net).

## THORNDALE SENIORS ACTIVE LIVING

[www.thamescentre.on.ca/seniorcentre](http://www.thamescentre.on.ca/seniorcentre), call 519-268-7334 ext 730 or email [kschruder@thamescentre.on.ca](mailto:kschruder@thamescentre.on.ca) for information.

**MON** Chair Yoga 9am, Gentle Yoga 10am, Strength & Tone 9am, Pickleball 1pm.

**TUES** Pole Walking 9am, Shuffleboard & Kurling 12pm, Euchre 1pm.

**WED** Strength & Tone 9am, Men's Coffee Hour 10am, Women's Coffee Hour 10am, Pickleball 1pm.

**THUR** Stitch & Chatter

**FRI** Chair Yoga 9am, Gentle Yoga 10am, Line Dancing 9am, Tai Chi 10:30am, Old Guys Poker 1pm, Pickleball 1pm. All programs except Pickleball are offered for members & non-members.

**Movie Afternoon** Oct 8, 2pm. "Mother of the Bride". Movie overview: Brooke Shields stars as a mother coming to terms with her daughter Emma's wedding plans in Thailand. The groom turns out to be the son of a former flame, now a rival, leading to unexpected emotional challenges, cultural differences & humorous situations. Contact me at [kschruder@thamescentre.on.ca](mailto:kschruder@thamescentre.on.ca) to register today.

**Wreath Making Workshop** Oct 10, 1pm.

**Thorndale Book Club** first meeting Oct 7 where we will be discussing the book "The Bucket List". The book is available for pickup now.

**Thames Centre Community Choir** welcomes singers from teens to seniors to sing Tues 7pm at Thorndale Lions Community Centre. No auditions, just a love of singing. Contact Cathy 519-461-1679.

**Royal Winter Fair** – Exhibition Place, Toronto, Wed, Nov 12. Celebrate the best in agriculture, local food & equestrian competitions from across the country. Your trip includes general admission and free horse shows (call us to get the full schedule).

**Food Bank** Did you know Thames Centre has a Food bank? Call Jean Davis 519-268-7872 for more details.

**We are looking for a Zumba instructor** If you know someone who may be interested, please let us know!

If you have any questions about any of the programs listed above, contact Karleigh at [kschruder@thamescentre.on.ca](mailto:kschruder@thamescentre.on.ca), Lucinda at [lheuvig@thamescentre.on.ca](mailto:lheuvig@thamescentre.on.ca) or call 519-268-7334 ext 730.

## 28<sup>TH</sup> ANNUAL ROTARY CHRISTMAS PARADE

On Sat, Nov 15, 11am, the 28th Annual Ingersoll Rotary Christmas Parade will once again bring festive cheer to our streets, this year sparkling under the theme "Santa's Workshop." The Rotary Club of Ingersoll is inviting bands, schools, businesses & community groups to get involved & showcase their creativity. Entries are free, and the club is hoping to see as many floats, costumes, and festive displays as possible to help make this year's parade the best yet. If your group would like to be part of this wonderful community tradition, visit [ingersollrotary.com](http://ingersollrotary.com) to register today.

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at  
**The Governor's House  
Court House Square  
82 Light Street, Woodstock**

or  
**Drop in any Tuesday, Wednesday or Thursday  
10 am – 4 pm**

**Volunteers are available to help  
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### INGERSOLL MEDITATION

\$10 donation, Tues 7-8pm. No experience necessary. Just come, get comfortable & listen as the meditation guides you into relaxation & ease. Join "Ingersoll Meditation Group" on Facebook to get all the info & address or call 519-485-0629.



### A SCOTTISH CEILIDH (PARTY)

We are holding our 3rd annual ceilidh Sat, Oct 25, 7-11pm at the Ingersoll Pipe Band Hall, 108 Wonham Street S, Ingersoll. Entertainment begins at 7:30pm with fabulous music provided by featured performers "The Paddy Stones", Sim School of Highland Dance, and the Ingersoll Pipe Band. Patrons will also have the opportunity to try out Scottish Country dancing expertly led by local volunteers. A light lunch will be served during the evening & there will be a cash bar, and a silent auction with plenty of wonderful items to bid on. Tickets for the ceilidh are \$35 each. Call or text 519-878-4494 to reserve yours, or send the IPB a message through Facebook Messenger to have your orders filled.

### HEARTS FOR ETHIOPIA

Register today for Hearts for Ethiopia's A Walk in Their Shoes! This meaningful community event is happening Sat, Oct 18 in Woodstock, individuals & teams are encouraged to sign up today at [www.heartsforethiopia.com](http://www.heartsforethiopia.com). A Walk in Their Shoes invites participants to step into the daily experiences of women & children in Ethiopia, while raising vital funds to support those living in extreme poverty. The event features a family-friendly walk, interactive education, a silent auction, an Ethiopian Merkato, refreshments, and opportunities to learn how the money raised will change the lives of women & children in Ethiopia. Be a part of something special, a fundraiser that makes life-changing projects possible in Ethiopia. Don't wait — register as an individual or gather your friends, form a team, and register today at [www.heartsforethiopia.com](http://www.heartsforethiopia.com). Every dollar raised makes a difference!



See Our Website for Monthly Specials!

194253 19th Line  
Ingersoll, ON  
N5C 3J6

Tel: 519-425-0428  
Fax: 519-425-1714  
Cell: 519-630-6649  
Email: [shane@greatfloors.ca](mailto:shane@greatfloors.ca)



www.thamesfordlions.com

## Roadside clean up

The Thamesford Lions Club is once again taking the initiative to improve the appearance of our community by supporting the Litter Program In Oxford County. In October the Lion Volunteers will be out cleaning up litter on the sides of our roads. The Litter Program is an ongoing effort to help keep our community clean and beautiful. By participating in the program, the Thamesford Lions Club hopes to inspire others to take pride in their community and take action to keep it clean.

### Member Highlight

This month, the Thamesford Lions Club is proud to celebrate and recognize several of our members for their outstanding years of service and dedication to our community, District A-15, and Lions International.

- Lion Jack Broadfoot - 50 years
- Lion Bill Kerr - 50 years
- Lion Dave Woods - 50 years
- Lion Jeff Wallace - 35 years
- Lion Dave Salhani - 20 years
- Lion Bob Young - 20 years
- Lion Andrew McClure - 10 years
- Lion Chief Glenn Ross - 5 years
- Lion Rebecca Haggerty - 5 years



Congratulations to each of these Lions!  
Your commitment and countless volunteer hours have strengthened our club and made a lasting impact in Thamesford and beyond. We thank you for your dedication to our motto: "We Serve."

Join us for our Annual Christmas Carol Sing on Saturday, November 30th! Mark your calendars for a fun and free musical event, filled with holiday cheer. We are seeking talented performers to help spread the joy of the season. If you're a solo artist, part of a group, singer, or musician, we'd love for you to participate!

Interested?

Email us at [thamesfordlions@gmail.com](mailto:thamesfordlions@gmail.com) to be part of the celebration.  
We can't wait to enjoy your wonderful performances!

Catch the Ace – Game 12 offers \$5 tickets with draws every Tuesday at 8:00 PM at Brunny's Sports Bar & Grill or on Facebook. To play, buy a ticket, pick an envelope number, and wait for the draw. If your ticket is drawn and the envelope contains the Ace of Spades, you win the jackpot; otherwise, you still receive a weekly prize, and the jackpot carries over, increasing each week.

- |                                      |                                    |
|--------------------------------------|------------------------------------|
| • JC Graphics                        | • Village Catering and Deli        |
| • Brunny's Bar and Restaurant        | • Dewy's Auto and Custom Repairs   |
| • McFarlan Rowlands Insurance Broker | • Highland Restaurant (Embroidery) |
| • Shell Gas Station                  | • Embroidery Family Pharmacy       |

The Thamesford Lions canteen is now open for the 2025-2026 hockey season! You can also catch us at the Lions Bar in the Arena during the Trojans' home games on Fridays! Wishing the best of luck to all the teams! We look forward to seeing you around the ice! If your highschool student is looking for volunteer hours in the canteen please message [Mike.anderson141210@gmail.com](mailto:Mike.anderson141210@gmail.com)

**\*\*We offer a variety of hot and cold items!\*\* \*\*Hours may vary.\*\***



## ALZHEIMER SOCIETY SOUTHWEST PARTNERS

Are you concerned about changes in memory? We're here to help. The Alzheimer Society Southwest Partners is the local community agency dedicated to supporting individuals living with dementia and their care partners. We provide a circle of care through our programs and services which include dementia education, counselling and support and therapeutic recreation. With offices in London, St. Thomas and Woodstock, we are truly your partner in dementia care. For more information visit [alzswp.ca](http://alzswp.ca) or call 1-888-495-5855.

## INGERSOLL CHORAL CONCERT

Join the Ingersoll Choral Society as they present their first concert of the season, "Connecting with Nature". Enjoy a variety of nature themed pieces – Song for the Mira, Wind and the Flower, What a Wonderful World to name just a few. Oct 25, 2pm & 7pm performances, at Ingersoll Christian Reformed Church, 429 King St W, Ingersoll. Tickets \$25, available at Patina's, Ingersoll or any ICS member.



**BEACHVILLE LEGION** 434852 Zorra Line, Beachville  
**Gentle Chair Yoga** Oct 1, 8, 15, 22, 7-8pm. \$10.

**Fundraiser & Dance for Woodstock Kitten Nursery & Rescue** Sat, Oct 4, 7:30-12:30am. 19+ event.

**Bluegrass & Old Time Country Jam** Sat, Oct 4, Sat, Oct 18, Sun, Oct 26, 1-4pm. Play with us in Open Mic Jam (acoustic) or come listen.

**Ham & Scalloped Potato Dinner** Fri, Oct 10, 5:30pm.

**Pasta Dinner Fundraiser for Kitten Nursery** Sat, Oct 18, 5-9pm.

**Karaoke** Oct 18, 7-11pm.

**BBQ Beef on a Bun Dinner** Fri, Oct 24, 5:30pm.

**Annual Parks & Rec/Legion Halloween Dance** Sat, Oct 25, 8-1am.

**General Meeting** Wed, Nov 5, 7pm.

**Men's Dart League** Mon 7pm commencing Oct 20. Sign up by Oct 6. \$50. Call Dave Lapierre 226-888-7246.

**Line Dancing** Thur 7-8pm, \$10.

**Into to Ballroom Dancing** Thur 8:15-9:15pm \$10. No partner required.

**Euchre** Thur 7pm • **Darts** Fri 8pm • Free Pool

Hall rental for meetings, parties, receptions. Follow us on Facebook or visit our website for additional events & updates.

**We Will Remember Them** We at Beachville Legion along with family members of local Veterans are proud to display many Veterans Banners throughout the village. It is a way for us to remember & honour those who served.

November will bring our Annual Remembrance time. On Sat, Nov 1 the Beachville Legion will be canvassing in Beachville, Foldens, Sweaburg & Dorland Subdivision for our Annual Poppy campaign. We will hold a Remembrance Day Service at our Cenotaph on November 11th at the 11th hour. All are welcome for this day of Remembrance with a lunch inside the Legion after the service.



## HARRINGTON HALL FOR RENT

Planning a function or celebration? Why not hold it at Harrington Hall? Bright, accessible, cheery space. Holds up to 100. Reasonable rates. Contact Nancy 519-536-0955, or [nancyskillings10@hotmail.com](mailto:nancyskillings10@hotmail.com).

# Bits 'n Clips

## ELLIOTT

October 18, 1975-2025 ~ 50 Years!

Len & Catherine Elliott invite family & friends to an Open House at Trinity United Church, Ingersoll on Saturday, October 18, 2025, 2-4pm.

Best wishes only. (PS, it's also Catherine's birthday!)

## GORDON

In loving memory of Bruce Gordon who passed October 2021.

You did so many things for us, your heart was kind & true.

And when we needed someone, we could always count on you.

The special years will not return when we were all together.

But with the love within our hearts you will walk with us forever.

Forever loved & never forgotten,

Carole, Steve & Laura, Bill & Shelley, Sharon & Tim, Bob, grandchildren & great grandchildren.



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## THISTLE THEATRE - EMBRO

**Perils of Persephone** The Box Office for Thistle Theatre's production of "The Perils of Persephone" by Dan Needles is now open. We're bringing back our very first production at Thistle Theatre from November 1995 to celebrate our 30th Anniversary. Show dates: Nov 14, 15, 20, 21 and 22, 7:30pm; or Nov 16 & 23, 2pm. Tickets \$25 at [www.thistle-theatre.com](http://www.thistle-theatre.com) or by calling 226-785-3353. Interested in dinner & a show? Once again, Knox United Church is hosting a special meal before the show at 5:30pm on Sat, Nov 15 & 22. You can add these on to your ticket purchase for an additional \$25. Nov 15 is homestyle meatloaf or Nov 22 is turkey dinner. This play by Dan Needles, who is most well-known for his series of "Wingfield" plays, first premiered at the Blyth Festival in 1989. The play is set in the same fictional farming community of Persephone Township as the "Wingfield" plays. The play tells the story of a truck with radioactive material that crashes into a swamp near a family farm in rural Ontario. The farm community is pitted against government people from the city who want to downplay the situation, with hilarious results. Are you interested in being a volunteer or being part of the crew for this production? Please reach out to John [john.a.turvey@gmail.com](mailto:john.a.turvey@gmail.com). We still have a few spots to fill.

## OXFORD PIONEERS

Discover the fascinating stories of some of Oxford's earliest settlers & their descendants. Oxford County Library & Oxford County Archives present the final Local History Speaker Series event for 2025: Oxford Pioneers, Sat, Oct 4, 2-3pm at Oxford County Library, Ingersoll branch. Join local historian Scott Gillies for a riveting discussion about the pioneers who helped shape Oxford County as we know it today. The presentation will examine an array of Oxford County's earliest settlers and their descendants, particularly those who helped put Oxford "on the world map." This is a drop-in event; no registration is required. However, registration (with an email address) is necessary for the online format. To register for the live Zoom format, call the Tillsonburg branch 519-842-5571 or Ingersoll branch 519-485-2505 libraries for assistance, or register online via the Programs and Events calendar at [www.ocl.net](http://www.ocl.net).



## INGERSOLL FALL PROGRAM GUIDE

The 2025 Community Services Fall Program Guide is now available & open for registration! Inside you'll find swimming, skating, & fitness schedules, along with Fusion programs, camps, and much more for all ages to enjoy. To register online, visit [app.univerusrec.com/ingersollcspub/](http://app.univerusrec.com/ingersollcspub/). For those without internet access, printed schedules are available at Victoria Park Community Centre - just stop by and staff will be happy to assist.

## BUY LOCAL FOOD

- When American sources, EWG for instance, warn you off eating multiple foods, the Dirty Dozen, because of the excessive use of pesticides on American farms, it's a good time to shop for local Canadian crops.
- When farmers' markets & roadside stands are loaded with fresh, local food that has not travelled days 'cooking' in a truck, it's a good time to buy for use immediately; canning, bottling, or freezing for winter.
- When innovation is at markets & restaurants in Oxford, it's a great time to buy your food and/or your meals locally. Bryan Smith applauds your purchases of locally grown food.

## EMBRO FALL FAIR'S AMBASSADORS

By Laura Green

The competition for the Embro Fall Fair Ambassador programs was held Sept 13th at the Embro Community Centre and hosted by the Embro & Zorra Agricultural Society (EZAS). Junior Ambassador Alyssa Hewitt is a Grade 8 student at Zorra Highland Park School. She is member of the Zorra Skating Club and volunteers as junior coach helping the beginning skaters. Senior Ambassador Hailey Lupton is a Grade 12 student at Huron Park Secondary School, Woodstock. Her sponsor was Quehl's Restaurant & Catering, Tavistock. Hailey is just starting her 3rd year working at Quehl's, so drop in for a coffee & congratulate her in this accomplishment as Ambassador for EZAS.

## HURON PARK BAPTIST CHURCH

Seniors Lunch Oct 23, 12pm. Please call 519-421-4722 for more information and to register.

## ST MARYS FRIENDSHIP CENTRE

**Education-Memory & Aging** 4 week session, Oct 1-22, 1-3pm. An education session about memory change as we age, provided by Alzheimer Society Huron Perth. Training manual included, \$25.

**Education-A Time for Me** Thur, Oct 2-Nov 20. A personal growth group for adults 50 plus. This group will explore: getting to know oneself better, becoming more aware of your own personal strengths & skills, improving communication skills and much more! Offered by Family Services Perth Huron, \$25.

**Create a Junk Journal** with Corrine. Tues, Oct 7-Nov 11, 1-3pm. Bring your junk papers & create an amazing journal! Paper will be supplied, \$15 for members, \$20 non-members.

**Education-Staying Safe In Your Home** Wed, Oct 8, 10am. Join Constables Wanda & Rachelle to learn steps to help deter intruders from entering your home. FREE!

**Apple Tasting Workshop** Fri, Oct 17, 1pm. Join us for a feast of the senses, sample lesser-known and uncommon apples and learn about their history. Cost: \$5 for members, \$7 for non-members.

**Learn the Ukulele!** 4 week session, Nov 6-27, 1:30-3pm. FREE! Bring your own instrument or ask Eliza if you need to borrow one. Contact information: 317 James St S, St. Marys, email: [friends@town.stmarys.on.ca](mailto:friends@town.stmarys.on.ca), [www.townofstmarys.com](http://www.townofstmarys.com), 519-284-3272.

## BROWNSVILLE TREE LIGHTING

Brownsville Community Center Nov 21, 5-7pm. Light supper for a small charge.

**Vendor Show** Brownsville Hall Board, Nov 22, 10-3pm. \$2 admission at Brownsville Community Center.



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## 106 Milton St Thamesford



**\$495,000**

Quiet hillside setting east of the river! Charming porch, 3+1 bdrms, 1.5 bath gem. 2100+ sq ft of potential with a garage.

## 285 Oxford St, Ingersoll



**\$999,800**

Majestic home! Incredible architecture & landscaping, circa 1890. 3600+ sf, 4+ bdrms, 2.5 baths, Heated pool, hot tub & carriage house with loft.

## 383559 Salford Road, Salford



**\$687,500**

3/4 Acre in a fantastic country setting! Charming 2 1/2 storey gem has 2,500+ sf on 3 levels. 4 bedrooms, 2 baths, original character with major updates done. On paved road only 2 minutes to Ingersoll & 401. GREAT Value!

**NEW LISTING**

## 18126 Wyton Rd, Thamesford



**\$728,800**

Affordable, move-in 3 bdrm country home on 1+/- acre. Gorgeous setting! Updated kitchen & bath, main level primary bdrm + garage.

## 12 Newton Street, Zorra

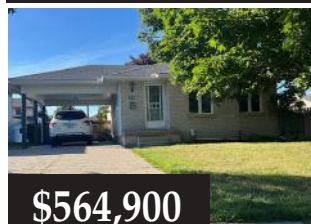


**\$1,097,500**

Half Acre Haven! Amazing 793 sf heated shop + picture perfect 4 bedroom, 2.5 bath home with double garage, full generator & tons of parking. Country feel, town convenience. Spotless!

**NEW LISTING**

## 29 Laurel Cresc, Ingersoll



**\$564,900**

Perfect starter! 3 bdrm, 2 bath bungalow on large lot near golf course. Bright, open main floor & fully finished lower.

## 1 Brickwood Boulevard, Ingersoll



**\$699,700**

The One! 4 beds, 2 baths, 2100± SF finished on a 0.27-acre cul-de-sac lot near Ingersoll golf course & 401. Modern kitchen at the heart, finished basement for fun & a backyard built for living large.

**NEW LISTING**

## SOLD SOLD SOLD

### 2-145 Delatre Street W., Thamesford



### 36 Rossiter Road, Ingersoll



**Lori Goldhawk**

**Lisa Ross**

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We look forward to continuing to provide you with the reliable, quality service you expect for years to come.

## INGERSOLL CREATIVE ARTS CENTRE

**Visit the Gallery & Artisan Market:** Open Mon-Fri 9-4pm & Sat 1-4pm. We are located at 125 Centennial Lane, Ingersoll, in the heart of Victoria Park. We offer membership, artists' studio times for various mediums, adult and youth classes, as well as handcrafted gifts in our Artisan Market. Check out our Facebook page to see what events are happening now!

**Current Exhibition: Oxford Quilters' Guild** Until Nov 1, the ICAC gallery will feature quilts from the Oxford Quilters' Guild's Vice-President's Day throughout the years. For over 40 years, the Oxford Quilters' Guild has had a day of sewing--come to be known as "Vice-President's Day"--wherein guild members work on their own interpretation of the year's chosen pattern. Come & celebrate the quilts from this four-decade long tradition!

**Upcoming Classes: Paint Your Own Pottery.** Thur, Oct 9, 6-8pm.

**Window Ink Art** with Grace & Lily's Attic. Sat, Oct 11, 1-4pm.

**Oil Pastels** with Mercedes Victoria. Tues, Oct 21, 7-9pm.

**Quilted Twister Wreaths** with Susan Butler. Sat, Oct 25, 10-3:30pm.

**2025 Deck the Halls Artisan Market** Nov 21 & Nov 22 our annual holiday Artisan Market sale featuring the cookie walk as well as pottery, paintings, fibre art, and a wide variety of other handmade items! Find the perfect gifts for this holiday season at the ICAC's Deck the Halls Artisan Market.



## INGERSOLL LIBRARY

**Local History Speaker Series: "Oxford's Pioneers"** Oct 4, 2pm. The 4th & final presentation in this year's Local History Speaker Series, Scott Gillies's presentation "Oxford's Pioneers" will examine an array of Oxford County's earliest settlers & their descendants, particularly those that helped put Oxford "on the world map". This presentation will also be available to watch virtually on Zoom -- registration is required to participate in this event virtually.

**Murder Mystery Night:** Oct 17, 6pm. Everyone is a suspect. Can you figure out who did it? Guests are invited to Mistletoe Manor to toast the 5th anniversary of the Detective Club. Participants will join the game in character to help solve the mystery & will receive character information & a small script before the event. Costumes are encouraged, but not required. Adults 18+. Registration required.

**Film Club Screening of "Arrival":** Oct 22, 5pm. Please note that this program is for adults 18+.

**True Crime Trivia:** Thur, Oct 23 or 30, 6pm. Adults 18+ only. Register your team of up to 6 adults for an evening of true crime trivia.

**Film Club Discussion:** Oct 29, 5pm. Each month 4 themed films will be available for the club to borrow, watch & discuss. One of those films will be screened at the Ingersoll Library. This year the theme is "Cinema through the decades", and October films will cover the 2010s!

For information email lheinbuck@ocl.net. Registration required. \*Please note that this program is for adults 18+.

**Huggable Monstrosities:** Oct 16, 5:30-6:30pm. Create your own one-of-a-kind lovable monster in time for spooky season! We'll use all kinds of materials that will make Frankenstein jealous. This event is for tweens & teens grades 7-12. Regist. required.

**Five Nights at Freddy's Escape Room:** Oct 27, 6pm. Join others while you investigate Freddy Fazbear's Pizza after a gruesome murder. Learn the secrets of the restaurant & survive to tell the tale. This event is for tweens & teens grades 7-12. Regist. required.

**Shake, Rattle, & Read:** Wednesdays, Oct 1-29, 9:30am-10am. Best suited for ages 2-6 with their caregiver. No registration required. Together we will boost our early literacy skills by singing songs, reading stories, and having fun!

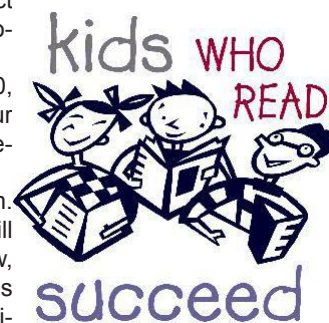
**Messy Monday:** Mon, Oct 6, 10-11am. Ages 5 & under with their caregiver. Explore learning through play, building & creativity.

**PA Day Mini Pumpkin Painting:** Fri, Oct 10, 10-12pm. Ages 12 & under. Drop by to paint your own mini pumpkin. While supplies last.

**Halloween Crafternoon:** Thur, Oct 23, 2:30-4:30pm. Ages 12 & under. Drop by to make a beaded spider on a web.

**Tween Time: Masks:** Tues, Oct 28, 4-5:30pm. Ages 9-13. Drop by the Ingersoll library to make a masquerade mask.

**Truck or Treat:** Sat, Oct 25, 10-12pm. All ages welcome. Rain or shine event. Drop in. Wear your costume & bring your own bag to trick or treat to community helpers & their vehicles!



## FOOD ADDICTS ANONYMOUS

The only requirement to membership in FA is a desire to stop eating addictively. No dues, no fees, no weigh-ins. No in person meetings, visit <http://www.foodaddicts.org> for zoom. For information, call Gayle 226-927-4025.

## SACRED HEART PARISH EUCHRE

We invite everyone to join us for a euchre afternoon. It will be held in Henderson Hall 133 John St, Ingersoll. Tues, Oct 14 & 28, 1pm. Refreshments provided. Contact: Martha 519-320-0785.

## PROGRAMS AT INGERSOLL 50+ CENTRE

250 Ingersoll St. S. ~ 519-485-3869 ~ info@ingersollseniors.com

**WORLD ISSUES** Fri 1pm. Weekly discussions on world topics.

**SKETCHY SENIORS** Tues 1-3:30pm. Drop-in session for creative minds. Bring your project & learn from other like-minded individuals. Painting, storytelling, there are no limits in this program.

**BOARD GAMES** Wed 9:30-11:30am. Bring your own game or join in on one from our selection.

**CARD & TABLE GAMES** See our newsletter for a more detailed schedule. Bridge (Wed, Fri), Bid Euchre (Mon), Pepper (Tues, Thur), Bingo (Wed), Mah Jongg (American on Mon, Chinese on Thur), Mexican Dominoes (Fri), Carpet Bowling (Tues), Billiards (all week), and Darts (Thur).

**WOOD CARVING** Mon 1pm. Enjoy carving pictures into wood, creating beautiful figurines and more.

**WOODSHOP** We have a well-equipped shop for you to create your projects from start to finish.

**ACROSS THE AGES** Biweekly sessions encouraging older adults & local youth to learn from one another, volunteer together, and socialize. Sessions are held at either the Ingersoll 50+ Activity Centre or Fusion Youth Centre. There is no cost to attend and the session includes a light meal & refreshments. Call for specific dates.

## INGERSOLL SERVICES FOR SENIORS

250 Ingersoll St. S. ~ 519-485-3869 ~ info@ingersollseniors.com

**October is Community Support Services Month**

**GROCERY BUDDY** Our friendly volunteers will pick up groceries for you! Volunteers are needed as this program grows.

**FROSTY MEALS** \$7.50/entrée \$2.50/soup or dessert. Free delivery.

**MEALS ON WHEELS** \$7/day, served at lunchtime Mon-Fri

**CURBSIDE MEALS** Full meal & dessert on Tues, \$10. Pick up 11:45-12:15pm. Free delivery to Ingersoll and Thamesford available.

**Dine In** Full meal & dessert on Friday in our Dining Room, \$10. Free delivery to Ingersoll and Thamesford available. For Tues & Fri meals, call to book by 12pm the day before!

**HOME HELP & MAINTENANCE PROGRAM** We are looking for people to clean homes & do landscaping. Do you have a truck to help with large deliveries?

**TRANSPORTATION** for older adults & those with disabilities in Ingersoll & surrounding areas. Rides to & from appointments, errands, etc. We have very reasonable rates & reliable drivers. 3-day notice preferred. We are looking for people to drive, please call us to fill out an application today. Drivers are reimbursed for their mileage.

**ASSISTIVE DEVICE LOAN PROGRAM** This free program has a wide range of equipment from crutches to wheelchairs. We also take donations! DROP OFF & PICK UP Mon-Fri 9-12pm. We currently have electric wheelchairs & scooters available to lend. We also have 2 monitors that will magnify text, images & objects.

**HELP WITH FORMS** Free, by appointment. CPP, OAS, GIS & passport forms, etc. We are assisting those with simple taxes.

**TELEPHONE REASSURANCE** Security checks can make all the difference to an individual alone at home. If you or a loved one would like to talk with a friendly volunteer once a day or once a week.

**FOOT CARE CLINIC** \$31. Call for appointment.

**VOLUNTEERS** We are looking for volunteers to assist with Meals on Wheels delivery on Mon, Wed & Fri 11:30-1pm in Ingersoll. Please call Victoria 519-485- 2269 if you're interested.

## THAMES CENTRE COMMUNITY CHOIR

The TCC Choir is in full swing, welcoming new members & singing a wide variety of music. You will find the choir at Banner United Church on Sun, Oct 5, 3pm music service. Rehearsals are on Tues 7pm at the Thorndale Lions Community Centre, 265 Queen St, Thorndale. New singers are always welcome. Please email c\_baskerville@hotmail.com for more information.

## ATTENTION SINGERS!

Save the Date – Sat, Nov 8, 9:30-12:30pm. You won't want to miss this half day Workshop, "Choral Singing from the Voice Teacher's Perspective", led by guest conductor/professional voice instructor, Brandon Leis, from Wilfrid Laurier University. Topics include: vocal health, improving your voice, improving pitch, tips for singing in a chorus, the aging voice & much more. At the Ingersoll CRC, 429 King St W, Ingersoll. Cost is only \$15. For more information or to register, contact Holly Langohr holly.langohr@gmail.com or 226-984-1957.

## THAMESFORD LIBRARY

**Community Employment Services** Tues 1:30-4pm. Your job is out there. A consultant from CES is available to help you find it by preparing a resume, training opportunities & information you need to achieve your goals. CES wants to connect people looking for work with employers who are currently hiring.

**Tales for Tots** Wed 10:30-11am. Half hour of fun featuring songs, rhymes, stories & more followed by freeplay & social time. For ages 0+ with a caregiver. No Story time Oct 22.

**Mahjong** Wed 1-3pm.

**Knits 'N' Knots** Fri 10-11:30am, a relaxing time of knitting, crocheting (or other crafty hobby) & casual conversation. This is an adult social drop-in program. Please bring your own supplies.

**Oxford Reads Gala Event** Fri, Nov 7, 7pm. For more details and to reserve your free ticket visit [www.oxfordreads.ca](http://www.oxfordreads.ca).

**Writing Group** Are you a creative writer looking to meet other writers? Come out to meet a friendly bunch who enjoy sharing stories, poems & other writings, both oral & written. Tues, Oct 21, 2-4pm.

**Thamesford Library Book Club** Wed, Oct 29, 3pm, stop by the library to pick up this month's read.

**Afterschool Hangout** Join us at the Thamesford Branch Tues 3:45-4:45pm for an after-school activity. Ages 7-12, all are welcome but younger children may need assistance. Please register.

**STEM Club** Thur, Oct 2, 16 & 30. Play with tech toys, make STEM crafts & learn about the science of everyday objects! For ages 8+.

**Worm Petting Zoo** Sat, Oct 11, 10:30-11:30am. Stop in to meet Amanda, the Worm Wrangler, and her amazing compost worms. Together we will learn about worms, soil & vermicompost. This program is open to all ages but the focus will be for children & families.

## COUNTRY MUSIC JAMBOREE

Let's fall into country music! Join the Ingersoll Country Music Jam-boree at the Masonic Hall, 190 Thames St, Ingersoll 1-4pm every other Fri. Walk-ins welcome! Qualifications: love of 1950-70's country music. Perform, listen, dance, enjoy! Oct 3, 17 & 31, Nov 14 & 28, Dec 5.

## THORNDALE HORTICULTURE

Fall has arrived & that means it is clean up time, but also enjoying all the beautiful colours that are still in our gardens & trees. We participated in the Thorndale Fair with a float & members taking part in the flower show. We have a new crew organizing the float & we won first prize! Thanks to all the people who made contributions. It was a very good weekend & it is always a busy time for us. Our next meeting will be Oct 8 in the Thorndale Community Centre, 7:30pm, room 3. Our speaker will be Heather Jerrard and her topic will be: Imagining Eden, Designing Landscapes with Climate & Technology Advancement in mind. Come & join us, everybody is welcome. This is the time for renewing your membership when we start our new fiscal year. Memberships are still the same as last year, \$15 and \$10 for the 2nd person in the same household. To get in touch with us go to [Thorndalehort@gmail.com](mailto:Thorndalehort@gmail.com) or follow us on Facebook.



## THAMESFORD FRIENDSHIP CLUB

Wed, Oct 22 the Thamesford Friendship Club can look forward to our annual 'Autumn Outing'... always a time of glorious colours. This year we will head north of London & stop in Arva to check out the mouth watering aromas of the Red River Bakery. We'll then have a tour through the Arva Flour Mill by the scenic dam & waterfall. We'll continue north to check out Crunican Orchards. It is a 4th generation family apple orchard & farm market with a wide selection of local food products & apples. By then you will be ready to enjoy lunch at the North Star restaurant on Highway 7 at Elginfield Rd. Details: be at the Thamesford Library parking lot by 9:45am so that we can be on the road by 10am with prearranged carpooling. You will need to let us know that you are coming by Wed, Oct 15, so that we can make arrangements with restaurant & drivers. Please call Bunny 519-902-2054 or Helen 519-285-2024 to reserve your spot. You will need to bring money for your lunch & any other purchases you wish to make at the shops. The TFC is a 55+ group of folk living in or around Thamesford. We meet 10 months of the year, most times at the Beaty Room to enjoy a catered meal followed by dessert & entertainment in the form of music or speaker. To find out more, give us a call.

## PROSTATE CANCER SUPPORT GROUP

We meet in person & via Zoom 7-8:30pm on the 1st Wed of the month except July & Aug at 140 Pine Valley Blvd, London. Everyone is welcome! Contact: Carl 519-852-4277, carlkelly39@gmail.com; John 519-365-1599, johnolive1@gmail.com. Visit our Facebook page at: London Prostate Support Group and [www.pcsupportgroup.ca](http://www.pcsupportgroup.ca).

## SPECIAL EVENTS AT INGERSOLL 50+ CENTRE

**PA DAY** Fri, Oct 10. A fun morning at Key Putt mini golf, playing lawn games & decorating our own golf balls. Morning snacks and a hot dog & hamburger lunch.

**SPEAK MENOPAUSE: INVESTING IN YOUR 2nd HALF** Tues, Oct 21, 1pm. Shirley Weir is coming to help us understand the unique health needs after age 50: from hormone therapy to bone health to vulva, vaginal & urinary health! Understand your options.

**SPEAKER SERIES** Join us Tuesdays for an informative presentation at 1pm (optional lunch at noon). Oct 7: This presentation is all about YOU – Youth Opportunities Limited. We'll learn about the various projects & opportunities available to youth, how you can support & various volunteer roles. Oct 14: Wheelchair Rugby – Hear all about this exciting, adrenaline filled sport from Ian Crowe. You'll learn the rules & how you can volunteer with the team. Oct 28: The FOOD Project. Learn what this is all about & how you can be involved.

**MURDER MYSTERY** Fri, Oct 24. Call for more info. Limited tickets available. Must purchase tickets prior to the event.

**FALL SIGN MAKING WORKSHOP** Mon, Oct 27, 6-8pm. Stop in to see the workshop choices and complete your registration.

## BETHLEHEM WALK 2025

Thur, Nov 20, Fri, Nov 21 & Sat, Nov 22. Bethlehem Walk is a live outdoor drama of the Christmas Story. Hi-Way Pentecostal Church, 584118 Beachville Rd, Ingersoll. Church office: 519-485-0961. To reserve your free tickets, available on Thanksgiving weekend, visit our website: [www.hiwaypentecostal.ca](http://www.hiwaypentecostal.ca).



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## Civic Corner

Civic Corner appears monthly in the Village Voice and will keep Township residents informed about upcoming meetings, notices, announcements & other important information. Please feel free to contact us with any comments or suggestions. The

Township thanks JC Graphics for providing this valuable community service.

### UPCOMING COUNCIL MEETINGS:

Wednesday October 1 at 9:30 a.m. – Township Office

Wednesday October 15 at 6:00 p.m. – Township Office

Wednesday November 5 at 9:30 a.m. – Township Office

Check the Township website for agendas at [www.zorra.ca](http://www.zorra.ca)

*All Council meetings are streamed live on our YouTube channel @zorratownship3193. If you would like to speak to an item on a Council agenda, please contact the Clerk at 519-425-2305 or [clerk@zorra.ca](mailto:clerk@zorra.ca)*

### Zorra Now

The Fall issue of Zorra Now is out! Visit our website to view an online copy. Hard copies are available at our libraries and community centres. Want future issues sent to you by email? Send your request to [admin@zorra.ca](mailto:admin@zorra.ca) and we will add you to our list.

### By-law Enforcement

The Township permits the temporary storage of recreational vehicles in residential zones from May 1 – October 31 in the front yard, provided that the recreational vehicle does not exceed 29.5ft in length and does not impede on sight lines. The temporary RV storage period will end on October 31 and all RV's should be moved out of residential driveways by that deadline.

### Recreation Department

Fall programs are listed on the community calendar; join us for pickleball, shinny, skating, and yoga! Payment for our recreation programs are debit or credit and our NEW Shinny 10-punch pass for our shinny participants! Looking to rent the ice? Book online today!

### Tax Department

The final tax instalment for 2025 is due on October 31, 2025. If you recently received a supplementary tax bill, please refer to the bill for additional due dates. Please allow 3-5 business days for on-line payments to be received. Penalty and interest charges of 1.25% will be added to instalments not paid and received by the municipality by the due date. Interest charges are applied on the first day of each month until the balance is paid. For tax inquiries please contact Melissa De Luca at 519-425-2304 or by email at [mdeluca@zorra.ca](mailto:mdeluca@zorra.ca)

### Township of Zorra

163 Brock Street, PO Box 189,  
Thamesford, ON N0M 2M0  
519-485-2490 or Toll Free 1-888-699-3868  
Office Hours are 8:00 a.m. to 5:00 p.m.  
(excluding statutory holidays)

## INGERSOLL DISTRICT NATURE CLUB

**Annual General Meeting** Sat, Oct 18, 2pm at the Lawson Nature Reserve where we will also support & participate in SW Oxford's 1st Annual Hike for Hunger & Health, which will run at the Reserve 1-3pm. We will meet at the Reserve at the front gate. Please join club members at 2pm to walk the property, sit on our newly installed benches & enjoy some time in our woodlands. We will hold a quick meeting in the pavilion to acclaim our executive members, talk about the upcoming year & planned projects for the Reserve. Refreshments will be provided & bring your binoculars!

**1st Annual Hike for Hunger & Health** at the Reserve 363695 McBeth Rd. Salford Oct 18, 1-3pm is sponsored by South-West Oxford's Engage & Inform Committee. Food & monetary donations will be accepted for the Oxford Food Project. Please join in & donate if you can. There will be a scavenger hunt for children & refreshments will be provided by the committee. For more information on the Ingersoll District Nature Club please contact Sheila 519-485-2645 and [www.ingersollnatureclub.com](http://www.ingersollnatureclub.com).

## INGERSOLL MUSEUM

**Mystic Market** Are you ready for a night of mystique? Join us for the Mystic Market at the Ingersoll Cheese Museum Fri, Oct 10, 6-10pm. Explore a world of eerie delights with vendors offering all things spooky & macabre. Get a glimpse beyond the veil with tarot readers & mediums, learn the secrets of ghost hunting from the local paranormal investigators, and see some intriguing artifacts from Dustin Wade of Wade Manor in Woodstock. Francisco is back to share his paranormal magic with you. New this year: Jim Munch the Zombie! Walking Among Us, Paranormal Investigators. Come for a hauntingly good time—if you dare!

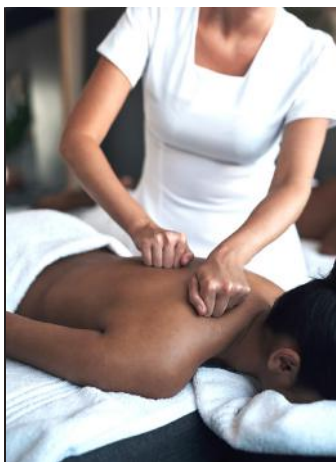


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## FITNESS AT INGERSOLL 50+ CENTRE

250 Ingersoll St. S. ~ 519-485-3869 ~ info@ingersollseniors.com  
**FITNESS ROOM** is open to all members & is equipped with: treadmill, elliptical, recumbent bike, spin bike, weights & more. If you want to work out independently, this is the place to do it! A fitness orientation is needed before the first use. \$1/use.

**Registered Programs: FUNCTIONAL MOVEMENT** Tues 11am. This class addresses the serious issues of aging independently and well. This class is low to no impact.

**PILATES** Thur 11am. Low-impact exercise, focusing on the core. Stretching & strengthening. All levels welcome.

**STROKE RECOVERY, COPD, PARKINSON'S DISEASE FITNESS** Tues/Thur 10:30am. Light to moderate intensity exercise with a focus on functional movement.

**DROP-IN FITNESS CLASSES: TAI CHI** Mon 12:30pm. A gentle exercise incorporating graceful, slow movements to help restore balance.

**VON SMART Exercise Class** Mon & Thur 1:30pm. Safe & effective exercise & fall prevention program.

**TOTAL TONING TIME** Mon 5:30pm. Full-body workout to leave you feeling powerful & energized. Options for every fitness level, you'll tone & tighten from head to toe.

**CIRCUIT TRAINING** Mon 4:30pm. Target different muscle groups with little rest in between.

**LINE DANCING** Beginner Mon 6pm - Improver Mon 7:15pm - Absolute Beginner Wed 10:30am.

**TOTAL BODY WORKOUT** Mon & Tues 9am. Energetic, fully standing class set to fun music, focusing on cardio, balance, resistance.

**CHAIR YOGA** Tues 10am, Thur 10:30am. A mostly seated class, gentle yoga poses are used to strengthen and stretch the body.

**WALKING CLUB** Wed 9am. Enjoy a morning walk at various trails/locations. Call to get exact walking locations (members only).

**PICKLEBALL** Mon/Wed/Fri 9am. Outdoor courts. Come out and try your hand at this popular sport. Drop-in rate \$2/week.

**CHAIR FITNESS** Wed 9am. A seated class for those that may have mobility or balance issues. A gentle yet vigorous workout.

**CARDIO GROOVE** Wed 5:30pm. Upbeat dance cardio class! Feels more like a party than a workout. No dance experience needed.

**YOGA FOR A HEALTHY BACK** Wed 6:45pm. Strengthen core muscles, increase spinal flexibility & help to improve posture.

**GENTLE YOGA** Thur 9am. Poses both standing & on the floor.

**STRENGTH & STRETCH** Fri 9am. Increasing strength helps with activities of daily living. Pumping weights, flexibility & relaxation.

**OSTEOFIT** Fri 10:30am. Gentle total body workout for those concerned with osteoporosis. Also suitable for those with osteoarthritis. The class can be done standing or seated.

**ZUMBA GOLD®** Fri 11am.



## COUNCIL NEWS FROM MAYOR RYAN

It's no secret that I think changes are needed to our school governance system. But a loss of local democracy by a transfer of decision making to Toronto is not the answer. The good news is we can both change the governance system AND keep a local democratic voice. We already have local democratically elected councils who administer budgets & deliver public safety through fire and ambulance and safe drinking water. Why not trust councils to also administer local schools & transportation? Leave teacher contracts & curriculum with the Ministry of Education, where it already is. This would give us both a more effective school system AND a local democratic voice. Closing underutilizes schools as the Province has suggested is an oversimplified response (there are none in Zorra). There are many, many portables in the TVDSB. Could some of the students in portables be moved to permanent classrooms in schools? The most fiscally responsible thing to do is use the buildings we've already paid for, not close them. It seems there's always money to break the contract with the Beer Store, or build a 401 tunnel, or a parking lot for a spa in Toronto, but there isn't money for our communities' children? At the Association of Municipalities of Ontario Conference I spoke to several Ministers about issues important to Zorra & Oxford. Homelessness funding to transition people out of homelessness, community para-medicine to help people living at home waiting for long term care, child-care spaces & rural schools. These conversations rarely result in a solution in the meeting, but are part of ongoing discussions that can lead to positive changes. For example, in the past we have got legislation that requires school boards to collaborate with municipalities on new builds, and \$720,000 for affordable housing and encampment response.

In September Zorra Council received a report on expected long term growth & resulting land needs. While the report still predicts a higher rate of growth for Zorra & Oxford than the provincial average, it also is clear that we should not need to expand any Zorra village boundaries to accommodate that growth. In other words, the work council has done to get the type of growth we want, in the places we want, has worked, and is working. The world changes around us, and our only choice is how we respond to those changes. We are responding well, and we need to continue that work.

#doingourpart #growingstrongertogether

As always, feel free to contact me on any issue: Marcus Ryan, Mayor, Zorra Township (and Warden, Oxford County), email: mryan@zorrap.ca, phone: 519-425-2338.

**EMBRO LEGION BRANCH #318** 128 Huron St, Embro  
**Brunch** reopens Oct 5 and is the 1st Sunday each month, Oct - May  
**Karaoke with Karaoke Steve** Nov 15, 7-11pm, everyone welcome!  
**Brunch Only** Dec 7  
**Trivia Night** Jan 17

## GRIEF & THE HOLIDAYS

The Caring Hearts Support Network is hosting: Grief & the Holidays. Join us Nov 26 & Dec 3 at St David's United Church for support as the holiday season approaches. These sessions will focus on navigating the festive period in a way that feels right for you. It's completely understandable if you're not feeling joyful; we'll share practical tips & strategies to help you through this challenging time. In our 2nd week together, we'll craft memorial ornaments to honour our loved ones. Call, text or email to register 519-536-3370, info@caringheartssupportnetwork.com.

## SAVE THE DATE

Announcing The Woodstock Choralaires' Christmas Concert, "Merry Christmas, Merry Christmas!" Sat, Dec 6, 3pm, at Knox Presbyterian Church, Woodstock.



## BANNER ROAD VETERINARY SERVICES

Dr. Matt Evans, BSc. (Agr), D.V.M.

Dr. Tammy Dray, PhD, D.V.M.

Dr. Evelyn Purcell, BSc., D.V.M.

Dr. Tiffany Scherrer, DVM

154865 15th Line, Thamesford

519-285 2116

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[clinic@bannerroadvet.ca](mailto:clinic@bannerroadvet.ca)

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- Healthcare monitoring
- Social calendar

### VISIBLE RALLIES

You will want to see & be seen protecting public health by attending the Visible Rallies organized by the Oxford Coalition for Social Justice. Each occurs on a Friday, afternoon, 3-3:30pm at a prominent intersection. Oct 3rd, we're in Embro near the Highlander. Oct 10th at the Tavistock 5-corner intersection. Oct 17th at Huron & Dundas in Woodstock; Oct 24th at King & Thames in Ingersoll. Hallowe'en afternoon at Main & 59 in Norwich. Publicly funded hospitals ensure our physical, mental & economic health. Join us – we will lend you a sign. Do a friendly wave as you drive by. Bring others with you. Meet Bryan Smith in these locations.

### TILLSONBURG'S NIGHTINGALES

Mon, Oct 20, 7pm - Oxford Branch of Ontario Ancestors presents: Tillsonburg's Nightingales Nursing Sisters in WWI with Laurel Beechey. The Canadian nurses who served in World War I were called Bluebirds because of their blue uniforms & white veils. Laurel will guide us through the journey of 5 young nurses from the Tillsonburg area, leaving home & through their service with the Canadian Army Medical Corps. They are our unsung heroines. Caution - some pictures are graphic. This is a virtual meeting of Oxford Branch of Ontario ancestors. Everyone is welcome. To register for the meeting, please visit our website at <https://oxford.ogs.on.ca> to find the link to join the meeting.

### DIABETES 101:

Are you at risk of developing Diabetes, have recently been told you have Prediabetes or Type 2 Diabetes or simply need a refresher? Join our dietitians for a 2 hour session on how simple changes can set you up for a healthier future! To register for this class call, 519-485-1700, ext 8611.

**Ingersoll** Tues, Oct 14, or Tues, Nov 4, 10-12pm.

**Tillsonburg** Tues, Oct 28, or Tues, Nov 18, 2-4pm.

### INGERSOLL HORTICULTURAL SOCIETY

Meets Oct 28, 7:30pm at the Ingersoll Masonic Centre, 190 Thames St. S. "Your Garden Harvest Presented & Sampled". This is an opportunity for members or guests to bring in some dish, delicacy or preserves they have made to show & tell us about. Multiple copies of recipes could also be brought to share. A great time of delighting in our gardens' bounty is the goal of the evening!

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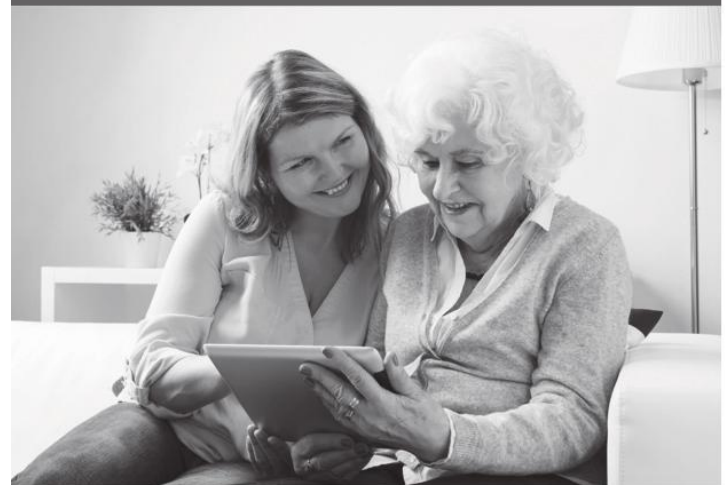
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## WHERE THE BUFFALO ROAM... By Laura Green

Our tour of Buffalo Ben Bisons using his self-constructed high Prairie wagon pulled by tractor horse power, brought back the memories of signing this campfire song "Home on the Range" which is the state song of Kansas since 1947. It was composed by violinist Daniel Kelley in 1873 and the text was written by otolaryngologist Dr. Brewster Higley as a poem titled "My Western Home" and published in 1876 in a Kansas newspaper. Of course, Braemar W.I. members didn't sing on the wagon because we didn't want to scare the bison with our voices. Buffalo Ben Bisons farm is located at 255395 25th Line, Thamesford and he has on-farm market of pastured-raised bison meat which is government- inspected and vacuum-packed and offers wagon tours of the paddock by calling/texting 519-608-3020. Buffalo Ben Van Hasstert, a retired dairy farmer of 38 years has always had a passion for bison animal since he was a young child. He has studied the role of the bison in Canadian & American History. He also studies the animal husbandry of the bison. Moving from the dairy farm, he purchased his retirement property that feature lowland pasture. It has been 10 years since he started with 11 animals purchased from established producer near Hagersville and now has a herd of 33 including one breeding bull. September is mating season, so extra caution was taken for our Sept 3rd morning tour. A mature cow weighs 1,200-1,400 pounds and an older bull can weigh 2,000-3,000 pounds and reach & maintain a speed of 55 kilometers an hour. Ben's bison species is the Plains Bison and there is large herd of Wood Bison in Elk Island National Park, Alberta. The Van Hasstert herd are pasture fed & receive dry hay in late fall to early spring. Ben also outlined his herd health practices used. Buffalo Ben gives Santa a ride in his special designed high Prairie wagon trail wagon used for tours at the Embro & Thamesford parades. Braemar branch members enjoyed their brown bag lunches on the front lawn under the mature trees away from the bison herd & held their business meeting with President Anya Donaldson presiding. The next meeting will be held at the Ingersoll Creative Arts Centre, 125 Centennial Line, Ingersoll Oct 1 with the tour beginning at 1:30pm. Everyone is welcomed to join us and questions can be directed to [lauracgreen77@gmail.com](mailto:lauracgreen77@gmail.com).

## GRIEF SUPPORT FOR MAID RELATED LOSS

A monthly in-person adult grief support group for loss related to Medical Assistance in Dying (MAiD) is being offered starting this fall, offering a compassionate, safe space to explore this unique loss with other individuals who have had a similar experience. The group will meet the 4th Wed of the month 1-2:30pm at the Thamesford Library, 165 Dundas St, Thamesford. The group is free of charge & pre-registration is requested. The next meeting is Wed, Oct 22. To register or inquire about an evening group, contact Faye 519-866-3016 or [sfaye@compassionategriefsupport.ca](mailto:sfaye@compassionategriefsupport.ca).



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# Worship With Us

**Reynolds Creek United Church** 519-425-1174  
7180 Hamilton Rd, Putnam  
SUN 10am service avonputnampc.uc@execulink.com

**Sacred Heart Roman Catholic Church**  
519-485-1802 131 Thames St. N, Ingersoll N5C 3C9  
Website - nocfop.dol.ca or email shingersoll@dol.ca  
Weekday Masses – Tues & Thur 11:30am  
Sunday Masses – 10:15am and 6pm

**Southwest Oxford United Churches**  
Emergency Contact: Rev. David Van Patter 519-402-0179  
vanpatter007@gmail.com  
West Oxford 354395 Church Line 9:30am  
Sweaburg 474425 Dodge Line 9:30am  
Foldens 374097 Folden's Line 11am.

**Huron Park Baptist Church** 199 Berwick St, Wdstck  
519-421-4722, office@huronparkchurch.org  
10:30am Sunday Service Mid-week programs Tues & Thur

**Free Reformed Church of Oxford County**  
284793 Pleasant Valley Rd, Pastor D. Kranendonk, oxfordfrc.com

**St. John's Anglican Church**  
519-285-3218 220 Dundas St

**Westminster United Church** 519-285-3212  
115 George St, Rev. Mark Marshall makingconnexions.com  
Pastoral Care, Gerard Hamoen 519-532-1805

**Truth Community Church** 519-285-2112  
154978 15th Line, Thamesford, truthcommunitychurch.ca  
Pastor Steve Twinem, tccthamesford@gmail.com

**Chalmers United Church** Kintore, kintorechurch.com  
Rev. Pirie Mitchell 519-639-0978, pirieminister@gmail.com  
Sunday Services 11am. We are accessible!  
Mon Kintore Knitting & More 9:30-11am. Everyone welcome.  
Oct 5 Blast Kids for children 4-12, 10-12pm.  
Contact Barb Graham at grahamba3@gmail.com.  
Oct 12 Thanksgiving and our Choir return for the season.  
Oct 18 Olde Fashion Bazaar 10-1pm  
Oct 21 Over 50's, 12:30pm. Pot luck lunch followed  
with a Mystery Speaker.  
Nov 2 Blast Kids

**East Nissouri Union Church** 519-709-0282  
Corner of Rd 96 & Line 15, Uniondale Pastor Gail Kavelman

**First Baptist Church** Rev Trevor Whittingham  
235 Thames St S, Ingersoll, fbcingersoll.com, 519-485-3046  
SUN 10:30am Worship Service  
Oct 4 Men's Breakfast 8am  
Oct 15 Primetimers Lunch 11:30am  
Oct 18 The Well 7pm  
Oct 31 Harvest Friends Outreach 6:30pm

**Crossroads Bible Church** 519-900-6281  
184 Oxford St Ingersoll, crossroadsingersoll.ca  
FB: crossroadsingersoll & IG: ingersollcrossroadchurch  
Services at 8:45am & 11:15am

**Banner United Church** www.bannerunitedchurch.com  
602800 Road 60 at Line 15, Zorra Twp.  
www.bannerunitedchurch.com  
Harvest Celebration - Oct 5, 3pm.  
Everyone welcome

**Hi-Way Pentecostal Church** 519-485-0961  
584118 Beachville Rd, Ingersoll hiwaypentecostal.ca  
SUN 10am Livestream www.facebook.com/hiwayingersoll

**The Ark New Beginnings Assembly**  
Salford Commty Center, 383908 Salford Rd, TheArknba.com  
SUN 10:30am



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# OCTOBER

SUN	MON	TUES	WED	THUR	FRI	SAT
			<b>1</b> <ul style="list-style-type: none"> <li>• Shake, Rattle, Read, Ingersoll Library</li> <li>• Pickleball, Ing. 50+</li> <li>• Air Cadets, Dorchester</li> <li>• Chair Yoga, Beachville Legion</li> <li>• Tales for Tots, Thamesford Library</li> <li>• Prostate Cancer Group</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>• Ingersoll Ukes</li> <li>• Pilates, Ingersoll 50+</li> <li>• Coffee &amp; Connect, Brownsville Library</li> <li>• Line Dancing, Beachville Legion</li> <li>• Stitch &amp; Chatter, Thorndale Seniors</li> </ul>	<b>3</b> <ul style="list-style-type: none"> <li>• Jamboree, Ingersoll</li> <li>• Falling for Fashion</li> <li>• Strength &amp; Stretch, Ingersoll 50+</li> <li>• Darts, Beachville Legion</li> <li>• Knits &amp; Knots, Thamesford Library</li> <li>• World Issues, Ing 50+</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>• Oxford Pioneers</li> <li>• Cdn Harvards Fly Day</li> <li>• Fundraiser Dance, Beachville Legion</li> <li>• Thankful Market, Thmfd</li> </ul>
<b>5</b> <ul style="list-style-type: none"> <li>• Thames Centre Choir, Banner Church</li> <li>• Cuckoos Nest Concert</li> <li>• Embro Legion Brunch</li> <li>• Thankful Market, Thamesford Arena</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>• Messy Mon, Ing library</li> <li>• Tai Chi, Ingersoll 50+</li> <li>• Total Body Workout, Ingersoll 50+</li> <li>• Chair Yoga, Thorndale</li> <li>• Wood Carving, Ing 50+</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>• Functional Movement, Ingersoll 50+</li> <li>• Chair Yoga, Ing. 50+</li> <li>• Meditation, Ingersoll</li> <li>• Employment Services, Thamesford Library</li> <li>• Junk Journal, St Marys</li> <li>• Sketchy Srs, Ing 50+</li> </ul>	<b>8</b> <ul style="list-style-type: none"> <li>• Shake, Rattle, Read, Ingersoll Library</li> <li>• Walking Club, Ing. 50+</li> <li>• Thorndale Horticulture</li> <li>• Mah Jong, Thamesford Library</li> <li>• Movie Afternoon, Thorndale Seniors</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>• Paint Your Own Pottery, ICAC</li> <li>• Browns Euchre</li> <li>• Ingersoll Ukes</li> <li>• Gentle Yoga, Ing. 50+</li> <li>• Tales for Tots, Brownsville Library</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>• Thamesford Trojans Game Night</li> <li>• PA Day, Ing library</li> <li>• Mystic Mkt, Ing Museum</li> <li>• Ham Dinner, Beachville Legion</li> <li>• 7-10 Split, ITOPA</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>• Window Ink Art, ICAC</li> <li>• 7-10 Split, ITOPA</li> <li>• Worm Petting Zoo, Thamesford Library</li> </ul>
<b>12</b> <ul style="list-style-type: none"> <li>• 7-10 Split, ITOPA</li> </ul>	<b>13</b> 	<b>14</b> <ul style="list-style-type: none"> <li>• Sacred Heart Euchre</li> <li>• Superstitions, Beachville Museum Speaker Series</li> <li>• Cooking with Jed Lau, Brownsville Library</li> <li>• Kurling, Thorndale Seniors</li> <li>• Diabetes 101, Ingersoll</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>• Shake, Rattle, Read, Ingersoll Library</li> <li>• Chair Fitness, Ing. 50+</li> <li>• Air Cadets, Dorchester</li> <li>• Colouring thru Grief</li> <li>• Men's Coffee Hour, Thorndale Seniors</li> <li>• Board Games, Ing 50+</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>• Ingersoll Ukes</li> <li>• VON Smart Exercise, Ingersoll 50+</li> <li>• Thorndale Theatre Auditions</li> <li>• Intro Ballroom Dancing, Beachville Legion</li> <li>• STEM Club, Thamesford Library</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>• Jamboree, Ingersoll</li> <li>• Thamesford Trojans Game Night</li> <li>• Murder Mystery Night</li> <li>• 7-10 Split, ITOPA</li> <li>• Apple Tasting, St Marys</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>• Hearts for Ethiopia</li> <li>• Elliott Celebration</li> <li>• Songs My Father...</li> <li>• Nature Club AGM</li> <li>• Hike for Hunger, Lawson Reserve</li> <li>• Karaoke, Beachville Legion</li> <li>• Alpaca Day, Embro</li> </ul>
<b>19</b> <ul style="list-style-type: none"> <li>• Cuckoos Nest Concert</li> <li>• 7-10 Split, ITOPA</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• Total Toning, Ing. 50+</li> <li>• Pickleball, Ing. 50+</li> <li>• Men's Dart League, Beachville Legion</li> <li>• Tillsnbg Nightengales</li> </ul> <div>VILLAGE VOICE DEADLINE</div>	<b>21</b> <ul style="list-style-type: none"> <li>• Oil Pastels, ICAC</li> <li>• Total Body Workout, Ingersoll 50+</li> <li>• Al-Anon, Ingersoll</li> <li>• Thorndale Theatre Auditions</li> <li>• Writing Group, Thamesford Library</li> <li>• Menopause, Ing 50+</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>• Cardio Groove, Ing 50+</li> <li>• Sweaburg Beef Supper</li> <li>• Thamesford Friendship</li> <li>• Women's Coffee Hour, Thorndale Seniors</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>• Browns Euchre</li> <li>• Cooking Connexions</li> <li>• Ingersoll Ukes</li> <li>• True Crime Trivia, Ingersoll library</li> <li>• Euchre, Beachville Legion</li> <li>• Srs Lunch, Huron Park</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>• Thamesford Trojans Game Night</li> <li>• Osteofit, Ing. 50+</li> <li>• Beef on a Bun dinner, Beachville Legion</li> <li>• Murder Mystery, Ing 50+</li> <li>• Public Health Rally</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>• Quilted Wreaths, ICAC</li> <li>• Trick or Treat, Ing library</li> <li>• Sweaburg Euchre</li> <li>• Pumpkinfest, Ingersoll Museum</li> <li>• Ingersoll Choral Concert</li> <li>• Halloween Dance, Beachville Legion</li> <li>• Scottish Ceildh Party</li> </ul>
<b>26</b> <ul style="list-style-type: none"> <li>• An Afternoon of Music</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>• Escape Room, Ingersoll library</li> <li>• Circuit Training, Ing 50+</li> <li>• Pickleball, Thorndale</li> <li>• Fall Sign Making, Ingersoll 50+</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>• Sacred Heart Euchre</li> <li>• Stopping to... Meditation</li> <li>• Tween Masks, Ingersoll library</li> <li>• Pole Walking, Thorndale Seniors</li> <li>• Diabetes 101, Tillsbrg.</li> <li>• Ingersoll Horticulture</li> <li>• Food Project, Ing 50+</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>• Film Club, Ingersoll library</li> <li>• Shake, Rattle, Read, Ingersoll Library</li> <li>• Healthy Back Yoga, Ingersoll 50+</li> <li>• Book Club, Thamesford Library</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>• Ingersoll Ukes</li> <li>• Stopping to Smell... Light Circle</li> <li>• True Crime Trivia, Ingersoll library</li> <li>• Chair Yoga, Ing. 50+</li> <li>• STEM Club, Thamesford Library</li> </ul>	<b>31</b> <ul style="list-style-type: none"> <li>• Pickleball, Ing. 50+</li> <li>• Zumba Gold, Ing. 50+</li> <li>• Line Dancing, Thorndale Seniors</li> </ul> 	<b>1</b>

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