EFFLORES CENCE

Where Potential Glossoms into Vibrant Stories

AY 2023 - 2024



NAVY CHILDREN SCHOOL, NAUSENA BAUGH, VISAKHAPATNAM

* ज्ञानेन शोभते *

EFFLORES CENCE

WARNING!



EXPOSURE MAY CAUSE CONTAGIOUS INSPIRATION

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FROM THE PRINCIPAL'S DESK

"True education is not merely the accumulation of facts but the development of character and the nurturing of a well-rounded individual capable of contributing positively to society."



At Navy Children School, we believe that the true essence of education transcends the conventional barriers of rote learning and academic pursuits. It is about sculpting the very souls of our young learners, enriching their intellectual, emotional, and moral fibres, and preparing them to tread a path of righteousness and societal contribution.

The academic year 2023-24 has been an embodiment of this ethos. As I reflect on the year gone by, I take pride in the tangible advancements our school has achieved—not just in stature but in the quality of nurturing it imparts. Navy Children School's acclamation as the best school at the State level and its prestigious 3rd Rank at the National level by Education World India School Rankings is a testament to our relentless pursuit of excellence and the indomitable spirit of our school community.

Our school's vibrancy further amplifies through events like "Cornucopia," a carnival that became a canvas for our students' artistic expressions, and "Khelkalotsav," the annual sports fiesta that saw our young athletes in action, pushing the bounds of their physical prowess. These events, among many others, have been pivotal in fostering a holistic development environment, where talents are not just recognized but celebrated.

The achievements of our students in various intellectual arenas have been nothing short of stellar. Be it the top honours in the Daily Qoty Contest or the multitude of prizes in quizzes and poster-making competitions, our students have consistently flown the flag of Navy Children School high. Their victories in sports—gold medals in disciplines like football, rifle shooting, and taekwondo—echo their dedication and the school's commitment to nurturing their athletic talents.

Additionally, this was also a year of transformation. More importantly, the focus has intensely been on implementing the change. Our classrooms have undergone a significant shift towards concept-based learning. We've cultivated a culture of inquiry through experiential learning, encouraging students to explore and understand the world around them.

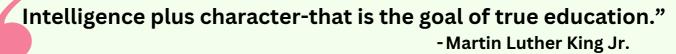
Additionally, parents' increased involvement in school activities like the Millet Mania cookery competition and Run the Race competition organised during our Annual Sports Meet has not only reinforced our bond but has also been enriching. We look forward to continuing our collaborative efforts in nurturing a dynamic learning environment where students thrive and excel.

I congratulate the Editorial Team for their exceptional work on the school magazine. The essence of our school's spirit and achievements has been well encapsulated.

As we stand on the cusp of another academic year, filled with hope and a renewed zest for learning, I wish every member of the Navy Children School family an enriching and rewarding journey ahead. Together, let us rededicate ourselves to the cause of excellence and innovation, empowering our students to soar new heights in every endeavour they undertake.

Dr. Parul Kumar Principal Ma'am

FROM THE VICE PRINCIPAL'S DESK



It is with profound pleasure that I extend my warmest salutations to all the esteemed members of the Navy Children School community. As the Vice Principal, I consider it both an honour and a privilege to be an integral part of an institution devoted to moulding young minds and nurturing future leaders.

At Navy Children School, our steadfast commitment to academic excellence, holistic development, and character enrichment remains unwavering. We firmly believe in fostering a positive learning milieu where every student is encouraged to explore their potential, unearth their passion, and excel in their chosen pursuits.

As we embark on this academic voyage together, I earnestly implore parents and guardians to actively engage in their child's educational journey. Your active involvement plays a pivotal role in instilling a sense of responsibility and accountability in the students, imbuing in them the virtues of discipline and diligence.

T.Satyaprasad Vice-Principal

To our esteemed faculty members, I extend my heartfelt appreciation for your unwavering dedication and tireless efforts in shaping the intellects of our students. Your roles as mentors and guides transcend the confines of the classroom, influencing and inspiring young hearts to dream big and achieve their aspirations.

Congratulations to the Editorial team for their significant contribution to the success of the school magazine. Your dedication and commitment to quality are truly appreciated.

To our beloved students, always remember that you are the architects of your destiny.

Embrace each learning opportunity with zeal, curiosity, and steadfastness. Believe in yourselves, and rest assured that with unwavering determination and resilience, you can surmount any obstacle and scale new summits of success.

As we navigate the academic odyssey ahead, let us uphold the tenets of integrity, respect, and compassion that epitomize our school community. Together, let us endeavour to foster and nurturing inclusive atmosphere where every individual feels esteemed, supported, and empowered to thrive.



In conclusion, I extend my heartfelt best wishes to each member of the Navy Children School family. May we continue to collaborate hand in hand, fostering a culture of excellence and innovation that equips our students to embrace the opportunities and confront the challenges of tomorrow.

99

HASTA LA VISTA

As the final bell rings and I pack my bag, the realisation strikes- it's time to flip the page and start the next chapter. But before I do.....

I wish to express my sincere gratitude Navy Children School. the Visakhapatnam for giving me the opportunity to discover and learn, the freedom to explore my ideas and the support to make my vision a reality.

Initially having done my 5th and 6th standard in this school, I transferred for my 7th to 10th at NCS Delhi. I returned to finish my 11th and 12th here.

During these last two years, I am Day. thankful to the school for giving me a multitude of opportunities: from being I am thankful to the Principal and the editor of our School Magazine my teachers for their unwavering 'Lights Camera Action' to the Founder commitment and sheer dedication to and President of the School Book Club create a positive learning environment and being MC for various special and make school and studying fun . I occasions.

is the privilege of being selected for a two years truly memorable. leadership role and shipping the stripes of the Headgirl!

Adwaita Kartik Murthy Head Girl



The School reposed faith, gave the reins and encouraged me to push my limits. I believe it was this trust, time and space that enabled the students Book Club members collectively work together and gather about 500 books as donation to Charity on the occasion of Children'

thank my classmates who shared the The most special of them all of course ride with me for making these past

> "I AM PROUD TO CALL THIS SCHOOL MY ALMA MATER, AND I HOPE TO MAKE NCS VIZAG PROUD OF ME - ONE DAY!"

CHERISHING THE PAST, EMBRACING THE FUTURE

"Good byes are never the end, It's a New Beginning"



As I look back at my time spent as Head Boy, I am overwhelmed with a myriad of emotions. It has been a journey filled with challenges, growth, perseverance and unforgettable experiences.

One of the most rewarding aspects of being Head Boy has been the opportunity to connect with my fellow students. Whether it was organizing school events, leading assemblies, or simply lending a listening ear, I found joy in building relationships and fostering a sense of belonging among my peers. Through collaboration and teamwork, we were able to overcome obstacles and achieve great heights together. I enjoyed every bit of it.

However, with leadership comes its fair share of challenges. Balancing academics, extracurricular activities, and responsibilities of Head Boy required meticulous planning and time management and was no easy feat.

But through dedication and determination, I was able to navigate through adversity and emerge stronger.

I would also like to extend my heartfelt thanks and gratitude to our Principal, to all my teachers, staff and to each and every student of the school for their unwavering support and encouragement throughout this incredible journey. As I prepare to transition out of this role, I am filled with gratitude for the invaluable lessons learned and friendships forged along the way. While my time as Head Boy may be coming to an end, the impact of this experience will continue to shape my future endeavours.

Wishing the School and the students the very best in years to come.
Jai Hind

...with leadership comes its fair share of challenges. Balancing academics, extracurricular activities, and responsibilities of Head Boy...

But through dedication and determination, I was able to navigate through adversity and emerge stronger.



Nikhil Rajeev John, Head Boy

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Seated Left To Right

Mrs. Vankai Lakshmi (TGT CS), Mrs. G.Sumati (TGT ENG), Mrs. Vommy Gauri (Editor in chief, TGT ENG), Dr. Parul Kumar Kumar (Principal), Mr. Tankala Satya Prasad (Vice Principal), Mrs. Rajbala (TGT Sanskrit), Mrs. Nirmala Devi Chittila (TGT Hindi)

THROUGH THE EDITOR'S LENS

YOU CAN'T USE UP CREATIVITY, THE MORE YOU USE, THE MORE YOU HAVE.

Welcome to "Efflorescence," our school e-zine 2024. Rich with metaphorical significance, the e-zine symbolizes the flowering of intellect, creativity, and personal growth. Here, within these pages, we capture the moments where our students unfold into their most vibrant and expressive selves. As the Editor-in Chief, it is my privilege to oversee this compilation of our collective blossoming, to curate a space where every bud can bloom, and every unique voice can be heard.

As the pages of "Efflorescence" unfurl, I am struck by a profound sense of amazement. The quality of work contained within—articles that delve into complex issues with maturity, poems that resonate with depth and emotion, and experiences narrated— this collection stands as a testament to the innovative spirit and intellectual prowess of our students.

In this edition, we celebrate not only the artistic triumphs but also the remarkable achievements that have marked our school year. Our athletes have outdone themselves, bringing home trophies that glitter with their sweat and determination. Our scholars have soared, their academic excellence echoing through the halls of prestigious competitions and examinations. Each victory is a story, each accomplishment a chapter in the ever-growing narrative of our school's legacy.



Each victory is a story, each accomplishment a chapter in the evergrowing narrative of our school's legacy.

The Photographs that capture the fleeting moments—the triumphs, the laughter, the quiet instances of reflection—adorn our magazine, lending a visual narrative to our words. These images are keepsakes of our time here, a reminder of the bonds we've forged and the memories we've created.

As we put together this issue, I would like to acknowledge the hard work and dedication of our Editorial team comprising of the student editors, faculty advisors, and contributors. I accord a sincere heartfelt gratitude to the team for their tireless efforts in making this publication a mirror of our school's spirit. My special appreciation to the Student Editorial team for having showcased incredible creativity, talent, team work and right spirit when working on the magazine.

Ommy Jauri
EDITOR-IN-CHIEF

"As Gen Z pushes boundaries and challenges norms, our magazine celebrates their pioneering spirit. We aim to dispel myths and affirm that creativity thrives in every part of our community."

Student Editor's Note

Always appreciate the gift of life. Be happy and have fun. 99
-Michael Jackson

Navy children School. It's what ties together every single person that reads this magazine every year. And one aspect I feel people don't utilize enough at our school is its great potential for holistic growth. At NCS, it's not just about hitting the books. It's a place where I get to explore all sorts of stuff I love, like Computer Science, English, Music, Dance, and Sports. That's why I picked staying here over going to some cram school.

School isn't just about studying for exams; it's about having fun too. I loved taking part in all the events, whether it's playing music, banging on the drums during sports day, or when my buddy and I teamed up for an AI contest.

And those English competitions at the start of the year were such fun, enjoying lively debates and speeches, And especially getting involved in making this magazine.

Learning goes beyond what you find in textbooks. It's about understanding things, like how the magnets in my guitar work or how computer programming concepts apply to life all the time. Seeing the bigger picture makes learning more interesting and meaningful.

So, I encourage all of you to dive into whatever opportunities come your way. It's not just about winning awards; it's about enjoying the journey of learning and growing. When you look at things from different angles, life becomes a whole lot more colorful and exciting.

LEARNING GOES BEYOND WHAT YOU FIND IN TEXTBOOKS. IT'S ABOUT UNDERSTANDING THINGS, LIKE HOW THE MAGNETS IN MY GUITAR WORK OR HOW COMPUTER PROGRAMMING CONCEPTS APPLY TO LIFE ALL THE TIME. SEEING THE BIGGER PICTURE MAKES LEARNING MORE INTERESTING AND MEANINGFUL.

I want to end by thanking our wonderful teacher-editor, along with my fellow editors and all the support staff who pitched in to make this magazine happen. It means a lot to me to have this chance to chat about something I'm really into. And to you, our readers, a huge thanks for letting me share my thoughts with you.

-Kedar Sivaramakrishnan

Student Editorial Board

Aparajita Bhadauria





Anjali Singh

Student Editorial Board

Ishika Sharma





V L Nivriti

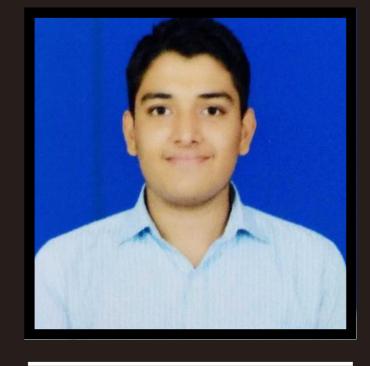
Student Editorial Board



Sujay Seeram

Kulbhushan





Kedar S



Empowering Learners, Igniting Curiosity

SUCCESS STORIES UNFOLDED



NCS(VZG) has been awarded the 'Best in Academics Trophy' for class VIII among all NCSs PAN India



NCS(VZG) has been adjudged the Best in Academics' for classes X and XII among all 14 schools under Eastern Naval Command for AY





Level under 'Government Day Schools' category by Education World for Navy Children School Nausena Baugh was ranked Third at All India AY 2023-24.

DIGNITARIE OUTOUR OUTOUR OUTOUR OUTOUR







CBSEttions









NATIONAL (Idolescent (Idolescent SUMMIT









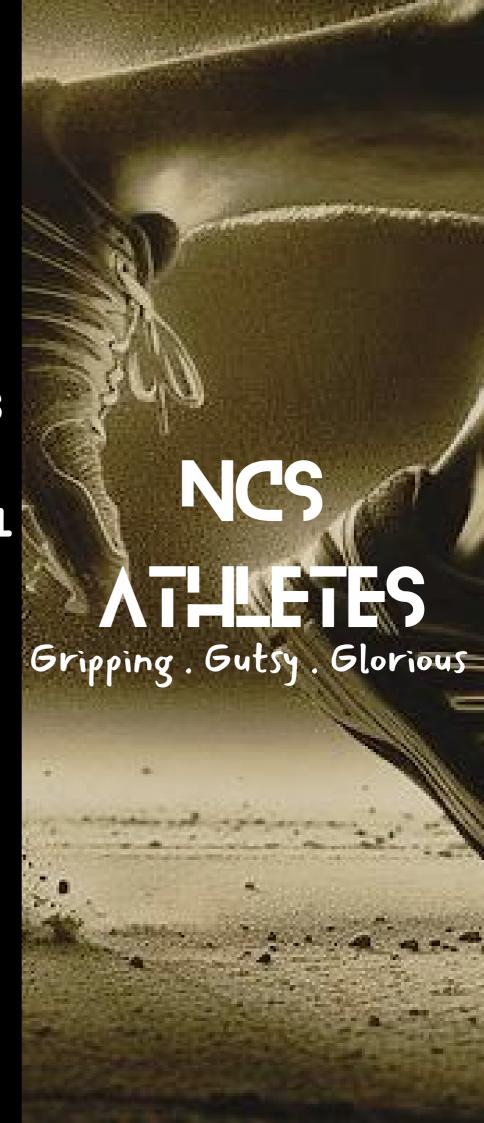
ACHIEVEMENTS

CBSE CLUSTERS

NATIONAL LEVEL

STATE LEVEL

DISTRICT LEVEL



#G©AL(ED) FOR



The Navy Children School Football Team dominated the Clusters VII Football Competition at Adani World School, Nellore, claiming the top spot! They qualified for the Nationals held at Crescent Public School, Kerala.







BASKETBALL CLUSTERS





The Navy Children School Basketball Team participated in the CBSE Cluster VII Basketball Tournament earning themselves a well-deserved spot in the quarter finals.



National Cevel



NUS Swimming Team

Swimming

Navy Children School swim team secured the Gold Medal and the most coveted Overall Best Trophy for their outstanding performance at the recent RR Aqua Sports competition!



NUS Athletic Team

Athletics

Navy Children School Athletic Team participated in the Samsidh Sports Carnival, Vizag District CBSE interschool athletic competitions organized by Samsidh International School, BHEL, Vizag and won multiple medals in 100mts, 200mts, long jump and shot put.



State Tevel



Heer I Kashyap

Pricket

Master Veer Kashyap of class
VIII secured second place in the U14 interschool cricket tournament
hosted by SDR World EM School.



District Cevel

Sahil Koushik

Swimming

Sahil, a student of class XII, achieved a remarkable feat by winning several medals at the recent SGF swimming competition.



District Cevel



Ahana Kathi

Rifle Shooting

Ahaana Rathi of Navy Children School won a Gold Medal at the CBSE South Zone Under 14 Rifle Shooting Competition conducted at Next Gen International School and qualified for the Nationals.



A Sathvik

Taekwondo

A.Satvik of class VII clinched a Gold Medal at the District Championship (U-14 Boys) and secured a spot at the State Level Championship (U-14 Boys) in 2023. He also achieved the prestigious International Taekwondo Black Belt (Don 1) in December 2023.



District Cevel



Bhavesh

Best Goalkeeper

Bhavesh of Navy Children School, Visakhapatnam has won the best Goalkeeper Award at the football cluster competition.



Shriya Roy

Chess Tournament

Shriya Roy of class IX participated in AVCA District women's Team Chess Selections 2023 and secured third position

ANNUAL SPO KHEL

RAS

RANG

TARANG

























RTSMEET KALOTSAV





















CORNUCOPIA CREATIVE COLLABORATIVE CARNIVAL



NES TOPPERS

PTA BEST ENDEAUOUR

BEST BOY
BEST GIRL

GENERAL PROFICIENCY

BEST SPEAKER

BEST HOUSE IN CCA

MOST ENTERPRISING STUDENT



MERIT CERTIFICATE (NES)

NAME OF THE STUDENT	CLASS/SECTION	PERCENTAGE	
ARPITA VERMA	VI	99.2%	
JAYANT LATHAR	VII	97.8%	
ATREYEE BANDYOPADHYAY	VIII	99.3%	
RIDHIMA NAUTIYAL	IX	97.7%	
PALAK YADAV	X	98.8%	
SHRESH PARTI	XI [SCIENCE]	93.8%	
SCIENCE STREAM			
KEERTI SINGH	XII	95.4%	
COMMERCE STREAM			
PARANJAY THORAT	XII	94.6%	
HUMANITIES STREAM			
MANTHA SUBRAHMANYA SUSHEN	XII	94.4%	

PTA BEST ENDEAVOUR

NAME OF THE STUDENT

CLASS/SEC

GUNTA MALAVIKA

VII F

AMAN KUMAR RAI

VIII D

HARSHVARDHAN

X C

PRINCE KUMAR

XII B



NAME OF THE STUDENT

CLASS/SEC

SHAURYA KUSHWAHA

XII B



NAME OF THE STUDENT

CLASS/SEC

SHALINI KUMARI

XII B

GENERAL PROFICIENCY

NAME OF THE STUDENT CLASS/SEC

SHRESH PARTI

KHUSHI SINGH XII D

SHALINI KUMARI XII E

BEST SPEAKER

ENGLISH

NITYA MAHESH

XI C

XII A

HINDI



SHRUTEE YADAV

X C

BEST HOUSE IN CCA

NILGIRI HOUSE (BLUE)

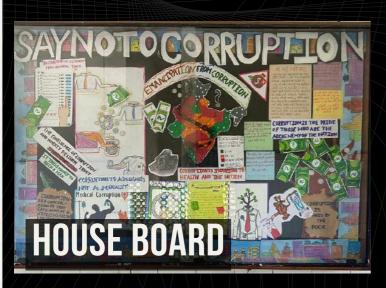
X C

MOST ENTERPRISING STUDENT

VI		
NAME OF THE STUD	DENT CLASS/SEC	
ISHAAN GUPT	'A VI D	
ISHITA GUPT.	A VI D	
VII		
NAME OF THE STUDE	ENT CLASS/SEC	
VAISHNAVI MISI	HRA VII B	
ABHINAV SHEKA	WAT VII E	
VIII		
NAME OF THE STUD	DENT CLASS/SEC	
ABHINAV P	VIII B	
HRIDAY BANS	AL VIII D	
ANVITA SHA	H VIII F	



CULTIVATING TALENTS





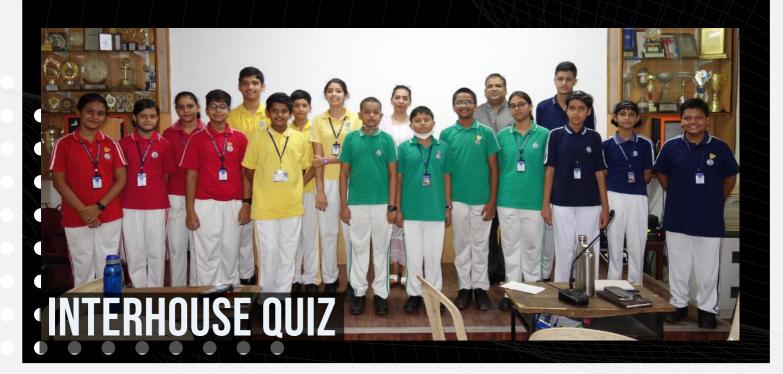


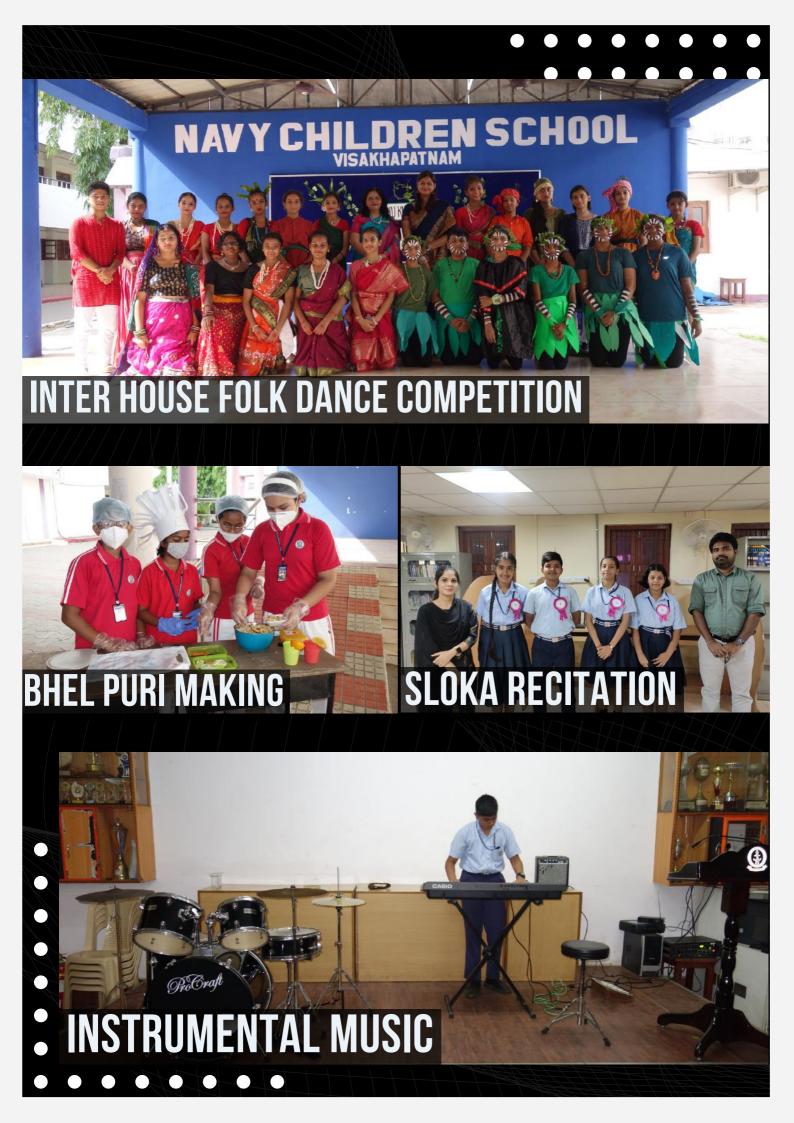












OLYMPIAD

SPELL BEE

HANDWRITING

INTER HOUSE COMPETITIONS

CCA COMPETITIONS



Olympiad Results

Name	Class	Olympiad	Inter National Rank	Zonal Rank	Achievement/Prize
Kedar Sivarama krishnan	10	NCO	96	03	3000 Cheque +Gold Medal
Palak Yadav	10	NSO	252	01	5000 Cheque +Gold Medal
Varun Pandey	11	NSO	349	02	2500 Cheque +Silver Medal
Preeti Kushwaha	12	NSO	300	02	2500 Cheque +Silver Medal
Nitya Mahesh	10	NSO	661	05	Gift Voucher + Certificate
Shaurya Kushwaha	11	IMO	415	01	5000 Cheque + Gold Medal

Name	Class	Olympiad	Inter National Rank	Zonal Rank	Achievement/Prize
Varun Pandey	11	IMO	636	07	Gift Voucher +Certificate
Radha Krishnan S.	12	IMO	554	07	Gift Voucher
Mehr Kaur	11	IEO	105	01	5000 Cheque + Gold Medal
Alicia Sara George	7A	IEO	127	03	1000 Cheque + Silver Medal
Kedar Sivarama krishnan	10	IEO	207	04	Gift Voucher
Rishabh Peri	9F	ISSO	156	15	Certificate of Zonal Excellence
Arpita	06	ISSO	247	24	Certificate of Zonal Excellence
Kumar R. Sudhanshu	09	ISSO	253	25	Certificate of Zonal Excellence

Spell Bee State Level Results

S. No.	Name of the student	Class / Section	Rank
1	Kulbhushan	ХВ	4
2	Akanksha Jha	IX F	12
3	Abigail George	ХВ	12
4	Divyaans Bhaskaran	IX F	14
5	Shivanshu Mishra	ХВ	16
6	Aarushi	X D	17
7	Shrejal Panigrahi	IX D	18
8	Priya Gaud	IX D	21
9	Shourya Pandey	VIII A	3
10	Atreyee Bandyopadhyay	VIII F	5
10	Afreyee bandyopadnyay	VIII F	O O

Spell Bee State Level Results

S. No.	Name of the student	Class / Section	Rank
11	Anwesha Pillai	VIII A	8
12	Kolagadi Sashika	VIII C	10
13	Kona Jeevan Kumar	VIII E	10
14	Suruchi Kumari	VIII D	12
15	Harrish Jayanth	VIII C	13
16	K Sriyansh	VII D	6
17	Yash Raj	VII E	7
18	Alicia Sara George	VII B	11
19	Shreyansh Rai	VII A	12
20	Yashica Nalavade	VII F	12

Spell Bee State Level Results

21	G Udaya Tarini	VII B	15
22	Shruti Kumari	VII F	16
23	B Ishita	VII B	18
24	Adrit Girish	VI A	3
25	Stuti Baranwal	VI D	6
26	Sakshi Kumari Sinha	VI C	9
27	Divtripat Kaur Bajwa	VI F	10
28	Riddhima Shivani	VI A	10
29	Samiksha Rawat	VI F	13
30	Yashawini Singh	VI B	13
31	Gatta Thomas	VI A	18
32	Kshitij	VI E	22
33	Anirudh D Singh	VI E	25

Spell Bee National Level Results

S. No.	Name of the student	Class/Section	Rank
1	Ishita Gupta	VI D	13
2	Nancy Roy	VI C	21
3	Aarav Rathee	VI B	32
4	Adrit Girish	VII E	19
5	Stuti Baranwal	VII F	24
6	Sakshi Kumari Sinha	VII C	30
7	Divtripat Kaur Bajwa	VII F	26
8	Riddhima Shivani	VII A	31
9	K Shriyansh	VIII A	23
10	Yash Raj	VIII D	35
11	Shourya Pandey	IX A	24
12	Atreyee Bandyopadhyay	IX A	32
13	Kulbhushan	XI B	25

Handwriting State Level Winners

S. No.	Name of the student	Class/Section	Rank
1	T Udhay Pani	VI A	14
2	J Karthik	VI B	24
3	Ritu Raj	VI B	30
4	Ananya Prakash	VI C	16
5	Pallavi Yadav	VI D	10
6	Devanshi Mahajan	VII A	18
7	G Udaya Tarini	VII B	10
8	Emmanuel Galvin Mendez	VII B	20
9	Alicia Sara George	VII B	20
10	Rakhchit Kumar	VII D	28

Handwriting State Level Winners

S.No.	Name Of The Student	Class/Sec	Rank
11	Anwesha Pillai	VIII A	30
12	Sneha Kumari	VIII A	20
13	Mhabeni Tsanglao	VIII D	26
14	Pratiksha Chaudhary	VIII D	23
15	Suruchi Kumari	VIII D	8
16	Kritika Singh	VIII E	26
17	Tanisha Gupta	VIII F	15
18	Sneha Singh	IX B	2

Handwriting State Level Winners

S. No.	Name of the student	Class / Section	Rank
19	Gatta Sindhu	IX C	9
20	Nishi Chaurasia	IX D	19
21	Aditi Sahoo	IX F	17
22	Ayush Kumar	ХC	5

Handwriting National Level Result

S. No.	Name of the student	Class / Section	Rank
1	Sneha Singh	IX B	8

HINDI DECLAMATION

S. No.	Winners	Result	Class/Sec
1	Ridhi Chauhan	First	X D
2	Shreya Roy	First	IX A
3	Navansh Bisht	First	X C
4	Sai Tanvi Mohanty	Second	IX C
5	Tejaswini Ranjan	Third	IX D
6	Snigdha Singh	Third	X D

HOUSE BOARD I

S. No.	Winners	Result
1	Green	First
2	Yellow	Second
3	Red	Third

BHEL PURI MAKING

S. No.	Winners	Result
1	Blue	First
2	Green	Second
3	Yellow	Third

HINDI RECITATION

S. No.	Winners	Result	Class/Section
1	Dhruvi Garg	First	VI E
2	Ishaan Gupta	Second	VI D
3	Ishita Gupta	Third	VI D
4	Aarav Yadav	Consolation	VI B

STAND UP COMEDY

S. No.	Winners	Result	Class/Section
1	Rishab Peri	First	X A
2	Zayan Azad	Second	X F
3	Aabir Sinha	Second	X A
4	Naitik Srivastava	Third	IX C
5	Shreshth P Nawadkar	Third	X A

INTERHOUSE QUIZ

S. No.	Winners	Result
1	Green	First
2	Yellow	Second
3	Blue	Third

CCA RESULT ENGLISH DECLAMATION

S. No.	Winners	Result	Class/Section
1	Vidhi Tiwari	First	XII C
2	Nitya Mahesh	First	XI C
3	Chakshu Garg	Second	XI B
4	Sai Shruti Patnaik	Second	XII C
5	S Sree Manasa	Third	XII D

INTER HOUSE DANCE

S. No.	Winners	Result
1	Yellow	First
2	Red	Second
3	Blue	Third

CCA RESULT INTERHOUSE SONG

S. No.	Winners Result		
1	Red	First	
2	Yellow	Second	
3	Blue	Third	
<u>II</u>	NTERHOUSE Q	UIZ	
S. No.	Winners	Result	
1	Green	First	
2	Blue	Second	
3	Yellow	Third	
<u>TABLEAU</u>			
S. No.	Winners	Result	
1	Blue	First	
2	Red	Second	
3	Yellow	Second	

Green

4

Third

JINGLES

S. No.	Winners	Result
1	Blue	First
2	Red	Second
3	Green	Third

INTERHOUSE SOLO SINGING

S. No.	Winners	Result	Class/Section
1	Manya Mehul	First	VII E
2	Adrit Girish	Second	VII E
3	J Hari Sahiti	Third	VII E
4	Tejas Nirwan	Consolation	VII A

INTERHOUSE SKIT

S. No.	Winners	Result
1	Blue	First
2	Yellow	Second
3	Green	Third

ENGLISH ELOCUTION

S. No.	Winners	Result	Class/Section
1	Ishaan Gupta	First	VI D
2	Dhruvi Garg	Second	VI E
3	D Yashraya	Third	VI E
4	P Reyaansh	Third	VI C
5	Riha Rajesh	Consolation	VI F
6	Nemika Kumari	Consolation	VI G

HINDI DEBATE

S. No.	Winners	Result	Class/Section
1	Shreya Roy	First	VIII
2	Rudrakshi	First	VIII
3	VVRB Atulit	Second	VIII
4	Meherveen	Second	VIII
5	Shaurya	Third	VIII
6	Abhinav P	Third	VIII
7	Ruth Chauhan	Third	VIII

HOUSE BOARD II

S. No.	Winners	Result
1	Red	First
2	Blue	First
3	Green	Second
4	Yellow	Third

INSTRUMENTAL MUSIC

S. No.	Winners	Result	Class/Section
1	Varun	First	VIII F
2	Hriday Bansal	Second	VIII D
3	Ayush Das	Third	VIII D
4	Arko	Consolation	VIII F

ORIGAMI

S. No.	Winners	Result
1	Blue	First
2	Green	Second
3	Red	Third

AKHANDATA GROUP DANCE

S. No.	Winners	Result
1	Green	First
2	Yellow	Second
3	Red	Third

SLOKA RECITATION

S. No.	Winners	Result	Class/Section
1	Divtripat Kaur	First	VII F
2	Aarav Pandey	Second	VII F
3	Samiksha Rawat	Third	VII D
4	Vaishnavi	Consolation	VII B

RADIANT

NILGIRI HOUSE



UDAYGIRI HOUSE



COTERIES

HIMGIRI HOUSE



DUNAGIRI HOUSE



PRIZE DISTRIBUTION

BEST HOUSE (CCA)



STAR SPORTS SILVER AWARDS



PRIZE DISTRIBUTION

BEST HOUSE (QUIZ)



STAR SPORTS GOLD AWARDS



prom Mainstream to Paragon

PINNING ON RESPONSIBILITIES









Workshops And Seminars

Workshops for Students:

 April 15 2023: An educational session on Liberal Education was conducted for the students of class XII (NSB & 104 Wing). The session was led by Mr. Sri Charan, Project Manager, Outreach, at Ashoka University



SESSION ON LIBERAL EDUCATION

- 17 & 18th April 2023: Sessions on Effective Study Habits were organised for the students of Classes VI- VIII. The Resource Person was Dr. G K Beatress, Counsellor, Navy Children School, Vizag. Additionally, a Google form on study habits was shared to identify the areas of focus.
- <u>6 June 2023:</u> As a part of World Environment Day celebrations, an initiative was undertaken to educate every girl child aged 13 and above about alternative menstrual hygiene products.

 <u>28 June 2023:</u> An online interactive session by Capt. Pawan Negi (an Alumnus) was organized for the students of Class XII. He briefed the students about the scope of joining the Army and the selection procedure



SESSION ON SCOPE FOR JOINING THE ARMY

• 10 & 11 July 2023: Awareness sessions were organised for the girl students of Classes VII - XII. Dr Beatress, the school Counsellor was the Resource Person. The sessions focused on personal safety and abuse – with specific emphasis on child abuse, the significance of the POCSO Act 2012, and myths & facts associated with sexual abuse.



POCSO ACT,2012 AWARENESS SESSION

• 19th July 2023: Students of Class XII attended a session on 'Social Media & Security' at Samudrika, where Mr. Chandrashekar Bhattacharya from Delhi Defence Review emphasized on the importance of being cautious about the content posted on any social media platform.

- <u>26 July 2023:</u> An interactive session was organized for the students of Class XI & XII. The resource person, an alumnus Aurindum Banerjee shared his experience of achieving rank in IIT &JEE. He also guided the students on planning & organizing their time.
- 1st May 2023: A career session was organized for students of Classes XI and XII (Commerce stream). The session was conducted by Mr. PVR Sivaramakrishna, a representative from the Institute of Company Secretaries of India (ICSI), and Mr. Inayat Ullah Baig, a Company Secretary from HSL. During the session, students were briefed about various entrance exams and courses available for those interested in pursuing a career as a Company Secretary.



BRIEF ON VARIOUS ENTRANCE EXAMS AND COURSES

- 2nd August 2023: An interactive session was organized for the students of Class XII on 'Interpersonal Skills' by the school counsellor, Dr. G.K. Beatress. The session focused on the importance of life skills and discussed strategies for developing these essential skills.
- 10th August 2023: An online session was organized for the students of Class X. Ms. Afsha Sethi, Head of United World College, India, was the resource person. Ms. Sethi shared valuable information on college selection criteria, available scholarships, and subjects offered. Additionally, the significance of the International Baccalaureate (IB) program was emphasized.
- 16th August 2023: An awareness session was organized exclusively for male students from Classes VI to XII by the school counsellor, Dr. G.K. Beatress. The objective of the session was to address personal safety concerns, with a particular emphasis on child sexual abuse. Dr. Beatress discussed the significance of the POCSO Act and debunked myths surrounding sexual abuse.

• <u>3rd October 2023:</u> An awareness session was organized for girl students of Class VI on 'Handling Puberty' by the school counsellor, Dr. G.K. Beatress. The session covered topics such as growing up, managing the menstrual cycle, and addressing myths and facts related to puberty.



SESSION ON HANDLING PUBERTY

- <u>7th October 2023:</u> A career awareness session was organized for parents and students of Classes XI and XII by Mr. Durga Sankar, National Chief Mentor of IMS (Institute of Management Studies).
- <u>12th October 2023:</u> A session was organized for students of Class VII on 'Common Mistakes Made in Exams and Tips to Overcome Them.' The session was conducted by school counsellor, Dr. G.K. Beatress.



 2nd November 2023: An Overseas Education Fair was organized by Edwise, overseas education consultants, for students and parents of Classes XI and XII from NSB and 104 area. The fair provided an opportunity to meet and interact with representatives from international institutes such as Dallas Baptist University, BITS Pilani (Dubai Campus), etc.





OVERSEAS EDUCATION FAIR

 29th November 2023: An ACP (Affective, Cognitive, and Psychomotor) session was conducted by Mr. B Veerababu for all the students of Class VII. Mrs. Shima from Ramakrishna Mission attended as an observer and interacted with students.



ACP SESSION

• <u>11th January 2024:</u> A session on Road Safety Awareness was organized for the students of Class VI. The session was conducted by Mr. Appa Rao, Sub-Inspector from Malkapuram, Vizag. He emphasized the importance of following traffic rules.



ROAD SAFETY AWARENESS

• 24th January 2024: A session was conducted by Brahma Kumari. It was led by Mr. Sailesh Rao, on the topic 'Nasha Mukt Bharat Abhiyan.' The session emphasized the role of youth in controlling substance abuse in India and advocated developing a positive outlook on life to achieve the best accomplishments.



NASHA MUKT BHARAT ABHIYAN

Workshops for Teachers

- 30th March 2023: An online workshop on 'Challenges with Neurodivergent Population in Regular Classrooms and Its Management' was conducted by Dr. Payal Ubale, an Occupational Therapist. The workshop was interactive and emphasized on the challenges experienced in the classroom, the disorders that cause these challenges, and the school's role in managing them.
 - <u>16th April 2023:</u> An awareness session on Self-Care and Well-being was organized by Ms. Aruna Ji, founder and chairperson of Nishkama Foundation.



SESSION ON SELF CARE AND WELL BEING

- <u>6th June 2023:</u> On the occasion of World Environment Day, a session on E-Waste Management was conducted for the teachers by Mrs. Vamanee, TGT WE.
- <u>21st June 2023:</u> Session on the Importance of Yoga was conducted by Dr. Satyavani, TGT Yoga. Teachers from all wings attended this session.



SESSION ON IMPORTANCE OF YOGA

- 12th August 2023: A session was conducted by Dr. Parul Kumar, Principal, Navy Children School, on 'Different Learning Styles.' The session emphasized on the importance of identifying students' learning styles and incorporating them into lesson planning. Additionally, the session included insights about students' processing styles provided by the school counsellor, Dr. G.K. Beatress.
- 8th September 2023: Science teachers Mrs. Rita Malviya and Mrs. P. Deepthi Mahendra, who participated in a Faculty Development Programme in Kochi from August 10th to August 12th, 2023, shared their learnings with their co-teachers. They covered topics such as STEM and Redefining Vocational Training in the Education System.
- <u>16th September 2023:</u> A session by Dr. G.K. Beatress, School Counsellor, was conducted on the topic of Self-Management Skills.



SELF MANAGEMENT SKILLS

- <u>20th September 2023:</u> A session on School Quality Assessment and Assurance Framework (SQAAF) was conducted for the teachers by Ms. A. Swathi, PGT Psychology.
- 29th to 31st January 2024: A three-day seminar on "Early Intervention Centers in the Indian Navy and the Way Ahead" was organized by NWWA. The seminar was attended by Special Educators, Counsellors, and Occupational Therapists from all wings. Panel discussions on complex topics such as Cerebral Palsy and Autism cases were conducted.

Sessions for Parents

• 4th October 2023: A Mental Health Awareness Session was organized for the parents of students from Classes VI to XII. During the session, the school counsellor, Dr. G.K. Beatress, emphasized on the importance of parents' role in understanding their child's mental health.



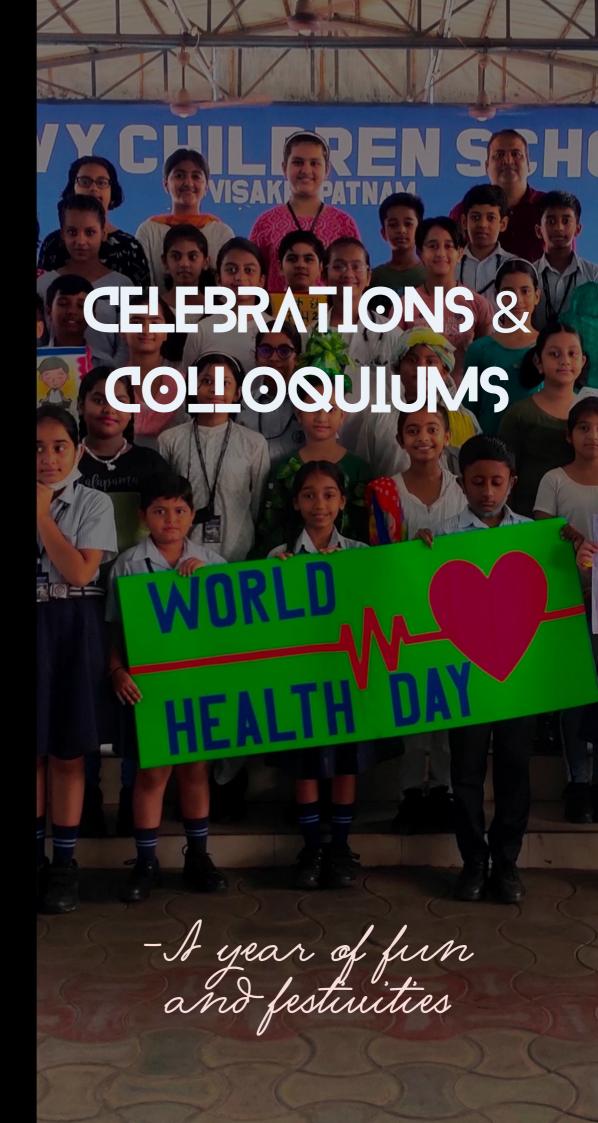
MENTAL HEALTH AWARENESS SESSION

• <u>28th January 2024:</u> An interactive session titled 'Let's Talk' was organized for the parents of children with special needs (CWSN). Parents shared their feedback regarding the support extended by the school and also provided a few suggestions.



LET'S TALK

Assemblies pecial



A Tribute To Bapuji



Hindi, Our Pride



Kargil Diwas



World Earth Day



International Girl Child Day



NAVY CHILDREN SCHOOL



International Yoga Day



World Health Day



International Youth Day



MILLET MANIA WAS CONDUCTED IN 2023 TO SPREAD AWARENESS ON THE IMPORTANCE OF EATING HEALTHY





MELETMANIA

A WEEK LONG CELEBRATION



FROM ANCIENT THALIS TO MODERN PLATES

WONDER MILLETS

-Rebooting the ancient food



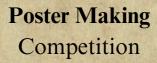
A Rendezvous with **Panicum**

A Weeklong Celebration





Paper Presentation and Panel Discussion







Slogan Writing

Scrumptious **Delicacies**



NCC

Scouts

Guides

Discipline Committee

Band



NOJINONI



CORPS NATIONAL CADET

LOV OL XOVE



SCOUTS

RNING



GUIDES

ERY CHALLENGE AN OPPORTUNITY



E CO M M



SCHOOL



PAPERWORK AND PRECISION





STAF CUSTODIAI



Vice Admiral Rajesh Pendharkar FOC-in-C East

	F1	
DATE	NAME & ADDRESS	REMARKS
30 ALG 23	Conde G Rambabu	Highly impressed with the infrastructure
	(mde (NS)	Principal and team describes appreciation for
		Maintaining highest standards amongst NCS Keep it up. Bost wishes from NES.
		Bush 20/a

Cmde G Rambabu

DATE	NAME & ADDRESS	REMARKS
16 hug 23	Cd RK Parida.	
	(dr. (NE) - School	Happy to see well-established tefrastructure across various locations and the academic process. Education of thisdren with special need to note worsey. Along with
		I an own the school well achieve greater height withing the school and school mangement a very
		Only Color 8x Pavido.

Cdr R K Parida Cdr (NE) - Schools

FOOTPRINTS

-FROM QUIZZING NOVICE TO **ADVENTURE SEEKER**

-WELCOMING OPPORTUNITIES WITH OPEN ARMS

-NAVIGATE YOUR **FUTURE, SELF DRIVEN**

-DELHI SUMMIT UNVEILED



WELCOMING OPPORTUNITIES WITH OPEN ARMS -MY EXPERIENCE BEING A PART OF MILAN 2024

'Opportunities don't come often. When they do, all it takes to grab it is a little courage, willingness and excitement to show your true self.'

MILAN 2024 played a pivotal role in my life. With more than 200 students participating from NCS, Visakhapatnam, I was like a pin in a haystack. However, my role was different. I was not called to wear mesmerising dresses or to dance to the beautiful tunes. I was called to be the voice of my school. I was called to give a voice over for the performance by my juniors.

MILAN 2024 "- one of the

international events largest dignitaries from different countries visiting to witness, this voice over was extremely special for me. Previously participant from NCS, being a Visakhapatnam for MILAN 2022, my knew the significance heart performing at such an important platform. And today having my voice play across thousands of speakers was the perfect way to be a part of the event emotionally.

During the recording, the headphones, the silent room and the recording mic I held in my hands made me feel important. Like I was part of something big. The effort we took to craft the script and work on the recordings was worth it.



As I sat on beach road accompanied by parents, I was a proud to hear my voice echo across every wall, building and tree across the length of the road and all this while watching the beautiful performance put up by the students.

I was all elated. Congratulations kept pouring out from my friends and family from across the country and that night, I felt like I was the luckiest person on planet Earth and I silently thanked my school for the prestigious opportunity given.

Rarely do people get an opportunity to be a part of an event of such large magnitude and the very fact that I was living the moment, made me grateful to my school for having chosen me for being the voice of our school. Such opportunities rarely come along our way. But when they do, especially one which could shape your life, you must accept it and give your best.



As years pass by and one looks down the lane, your heart should tell you: 'You did it. You were a part of it and you showed the world how good you are in whatever you do!'

-NITYA MAHESH 11C



Imagine driving into a shopping mall, leaving your car at the entrance, and watching it effortlessly park itself.

This vision is no longer confined to imagination; it's becoming a reality.

Artificial Intelligence. What is it? Well, no one truly knows. Many things come under the spectrum of "AI", and most of it isn't what you would expect. Conflicting from the real-world view of AI, it is any piece of code or machinery that can think and make decisions for itself based on changing external scenarios. When phrased like this, we see instantly why a car responding to its environment would be considered AI.

Equipped with an array of sensors, our vehicles possess advanced spatial awareness, ensuring safe navigation and obstacle avoidance. We opted for cost-effective sensor solutions, making them not only standard features in new vehicles but also readily adaptable for existing ones, providing a luxurious parking experience without requiring a new car purchase.





Furthermore, our cars receive over-the-air updates, expanding their capabilities beyond parking assistance. For instance, our initial update introduces an advanced driver assistance system (ADAS), enhancing safety and driving efficiency.

The genesis of our project stemmed from a common urban problem: parking congestion. Recognizing the frustration caused by navigating tight spaces and congested parking lots, we set out to innovate solutions that alleviate these challenges.

Our project focuses on leveraging artificial intelligence (AI) to enable cars to navigate and park autonomously. Through innovative technology, our vehicles can communicate with parking space owners' computers, accessing vital information necessary for parking maneuvers. By analyzing data on the shortest route from the entrance to an available parking spot, our AI-equipped cars streamline the parking process, eliminating the hassle of finding a space manually.

Projects always teach a lot of things. We learn how to tweak things to make them work, we feel happy when something finally starts working.

Undoubtedly, the journey from concept to realization was riddled with obstacles. From integrating sensors with microprocessors to ensuring seamless communication between components, each hurdle presented an opportunity for growth and problem-solving. Like in the film "The Martian", problems arise and sometimes we feel like we will not make it. At that time, we build hope and start working. Once a problem is fixed, we move to the next.

We had problems with everything. We needed to get the sensors to work with the microprocessor, to get the motors to work, and we had two microprocessors talk to each other, so we needed to get that to happen while everything else was going on! We needed to get that connected to the Wi-Fi for it to talk to a computer, which, obviously, all failed the first time. What we need to remember is to not give up. Do whatever it takes to motivate yourself. What I did was, I placed the thing that barely works in front of me, and whenever I saw an LED blink at the right time, it made me feel "Since we came this far, let's go all the way!"

~Sujay XI B





From Quizzing Novice to Adventure Seeker: A Journey of Triumphs and Memories

In class 5, I took the "Ek Muzafar quiz," which marked the beginning of my "maiden voyage" in quizzing. I discovered that I truly enjoyed the process of getting ready for the finals, and we ended up winning. It felt as though I was having the best time of my life. In class six, I participated in a Zee quiz and was once again chosen for the finals. Although I was the youngest participant, this quiz allowed me to showcase my talent to the group. Sanjeev Sir took note of me and offered me the opportunity to take further quizzes. One day, I received a call from Sanjeev sir informing me that my twin sister, myself, and another kid in class 10 had been chosen to compete in India's largest quiz, the "Indian Army Quiz," with the finals taking place at Indian Military Academy (IMA). With 36,000 schools taking part, I was very happy to be the youngest person chosen for such a prestigious quiz.

The following day, we were anxious but happy that we had ultimately been chosen for the Chennai-hosted fourth round. After a week was the fourth iteration. We were prepared for the challenge. We flew to Chennai this time. We gave our best but were not chosen for the finals, so I was unhappy and disappointed. The news that we would be receiving tablet and 20,000 for each one of us and 50,000 for the school—made me a little happier. It had been an incredible experience. The school felicitated us and Principal mam was quite pleased with us. I'm now waiting for my chance to become India's top quizzer. As the saying goes, "It always seems impossible until it's done,"-Nelson Mandela. I encourage each and every one of you to try new things and follow your passion.



-Ishaan Gupta, VI D

Delhi Diaries

: An Expedition of Learning and Friendship

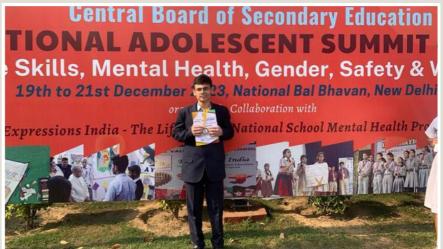
Embarking on a transformative journey to Delhi for the National Adolescent Summit 2023 was an unforgettable experience. The Andhra Express train carried me from Visakhapatnam to the heart of India's capital, a 34-hour odyssey filled with excitement and camaraderie. After reaching Delhi on the 18th of December, I had the opportunity to explore the iconic Taj Mahal, although a minor delay led us to the enchanting Yamuna viewpoint. The majestic sight of the Taj Mahal against the riverbanks was awe-inspiring.

The summit, held at the National Bal Bhavan in New Delhi, provided a vibrant atmosphere teeming with energy. Engaging in the quiz and youth parliament, I found myself representing the Ministry of Social Justice and Empowerment. Despite missing the first half of the parliament due to the concurrent quiz, the experience was enriching, fostering discussions on critical social issues.

Celebrating the success of my school's advancement to the quiz's second round, I was honored with a meritorious award in the stage round. The adventure continued with visits to India Gate and the bustling Sarojini Market, where I acquired unique souvenirs. The journey concluded with a return to Visakhapatnam on the 23rd of December, leaving behind lasting memories of learning, camaraderie, and the vibrant spirit of the National

Adolescent Summit 2023.

-REHAN 10 A





A SHOULDER TO CRY ON

Friendship is like a roller coaster ride, With twists and turns along its side. We climb the highs of joy and cheer, And face the lows that bring a tear.

Like a rollercoaster, friendships start, With anticipation in our heart. We buckle up, ready for the fun, Unaware of the journey to be spun.

We soar together, reaching the sky, Laughing, sharing moments, oh so high. But suddenly, we plunge with a twist, Conflicts and disagreements persist.

> The ride gets bumpy, emotions sway, Challenges arise, testing our way. We hold on tight, determined and strong, Knowing that friendships can't go wrong.

We navigate curves, unpredictable and fast, Resolving conflicts from the past. We learn forgiveness, patience, and grace, Rebuilding trust at our own pace.

> Friendship is a rollercoaster's thrill, An adventure that can sometimes chill. But through it all, we find our way, Stronger together, day by day.

APARAJITA MANI 9D For friendship, like a rollercoaster's ride, Can bring us closer, side by side. Through ups and downs, we learn and grow, Forever bonded, heart to soul.

A BEAUTIFUL SPIRIT....UNTOLD

When society stood against you,
You stood tall against them all,
Fighting valiantly for rights,
You braved them all, short and tall.
Mothers, daughters, wives, and sisters, Hear me now,
You are the reason we stand here,
May your hearts forever glow.

You are the backbone of our world, In sweat and toil, you toil, Without you, what would we be? You nourish the motherland's soil.

Silently enduring every insult,
Yet emerging stronger each time,
We wish strength and happiness for all,
And longevity in every rhyme.

All you gave to the world,
Without seeking return,
Your spirit unyielding,
Your heart undeterred,
Leaving indelible imprints to burn."

You have granted us what no one else could, freedom and peace of mind, sacrificing all of yours you ever had, for others to happiness find.

You pushed past barriers for years together, you showed them who you are, your glories are being praised today

I hear them ring near and far..
You don't need a special day,
to celebrate the spirit of you,
everyday is yours to grab,
you are the gifted amongst few..

Let everyday shine strong on you, for you are a woman my friend, you make this world the better and the best, to your dreams may you always tend..

Today I bow to you, filled with gratitude, you are the hope for the today, for tomorrow the prelude...

A CHILD SHOULD BE TAUGHT TO LEARN, NOT FORCED TO EARN



The term 'child labour' is commonly understood as work that deprives children of their childhood, potential, and dignity.

Numerous factors, such as poverty, social norms condoning child labour, lack of decent work opportunities for adults and adolescents, migration, and emergencies, contribute to the prevalence of child labour and exploitation.

Child labour involves children under the age of 14 in economic activities, whether part-time or full-time. This practice significantly hampers the physical and mental development of children

Child Labour poses a grave social problem, leading to various other issues within a society. Children engaged in labour are susceptible to diseases from a young age and often endure lifelong suffering.

Child labour not only harms children but also restricts their opportunities. The Child Labour (Prohibition and Regulation) Act (CLPR Act) prohibits the employment of children in any form of labour, including domestic help, except when assisting their own family in non-hazardous occupations. Article 24 of the Indian Constitution explicitly states that 'No child below the age of fourteen years shall be employed to work in any factory or mine or engaged in any hazardous employment.' Children deserve to be in school, free from financial responsibilities, and protected from the adverse effects that working life can have on their development and opportunities."

66 DO US ALL A FAVOUR, AVOID CHILD LABOUR.

Ayaana Singh 8F

A SMALL PART

The galaxy is vast and bright,
A swirl of stars and dust and light.
It holds the secrets of the night,
And mysteries beyond our sight.

We gaze upon its splendid form,
And wonder what it has in store.
We dream of worlds that we could explore,
And all the things there could be more.

The galaxy is our home and guide,
A source of hope and pride.
It fills our hearts with joy inside,
And makes us feel alive and terrified.

FEAR

When I was a child

My mom tucked me into bed
I could see the concern in her eyes as she said,
"Honey don't worry, there are no monsters here"
But I just couldn't hide my fear
She turned off the lights and it came for me
I couldn't help but flee
She looked at the fear in my eyes and threw her arms around me
That was the first fear that I had seen

Now, as a man I was drowned in debt
The world had trapped me into its net
I forgot I had people around whom I call friends
Who were ready to help me until this matter ends
I was relieved, they pulled me out of this mess
That was the second fear that I had sensed

I grew older and my bones grew weak
There was no one's help that I could seek
I waited for my death day after day
But it just wouldn't come as I say
I took my breath and realized it was my last.
I could see my whole life flashing past.
I thanked God and felt relieved,
For every fear he gave me
That was the last fear that I could see.

NATURE an unpredictable fellow!

Nature is unpredictable, isn't he? Well, maybe.

But he isn't a folly, is he?
With air so serene,
Forests so lush, and a blue sea,
Nature for sure isn't a folly.

Yes! But he whips up storms
Causes earthquakes,
Sends men to the realm of death!
It is obvious he is no good fellow

At times gentle, At times devastating, Nature sure is unpredictable.



Once, a great soul said that there is beauty in everything, and I found that beauty in writing. It's astounding how these 26 symbols, which we call alphabets, can be rearranged to transform this tiny speck of dust, on which all of us stand, into a better place, a more 'habitable world'. Conversely, these same symbols can be rearranged to bring about destruction. The sheer vastness of combinations matches the expansiveness of space itself. What captivates me the most is the gradient of thoughts woven into every word of every sentence. It's remarkable to think that humans across the globe have collectively agreed, psychologically, on the 'official' status of these symbols and how they profoundly affect our lives. In a way, language constructs a person; we have constructed language, and in doing so, we have constructed ourselves.

The way we use our tone, or the frequency of speaking is one of the factors influencing how words impact us. Let's consider a scenario where one of our friends has done something foolish. A typical reaction might fall into two categories. Firstly, you could respond with superiority, adopting a serious tone, raising your voice, almost shouting, and saying, "You are stupid!" — potentially leading to the end of your friendship. However, choosing a different tone, perhaps a firm one, increases the chances of preserving the friendship.



Apparently, most of the language consists of nouns, verbs, and adjectives, with verbs being a significant minority. However, verbs alone cannot fully encapsulate our feelings. While people can undoubtedly experience sadness, happiness, or excitement, the depth of these emotions remains subjective. Some individuals consistently experience deeper levels of sadness than others. Is the experience of sadness more nuanced for a sensitive person compared to a non-sensitive one? Indeed, we have created a giant language, in fact. Through it, we craft poems and novels that transcend the limitations of the human mind.

Using language may help you win a few minds but using the same language improperly, will make you lose everything.

OUR GUIDING LIGHTS

The beautiful night sky,
A canvas of colorful dye,
Stars and moon, our boon,
Embrace the moon's grace,
In its orbit find solace,

When you lose all hope,
And are unable to cope,
Look at the dazzling light,
And rise up with all your might

Learn to love the moon,
And what's around it,
Including the beautiful stars.
That surround us from afar.

SHREYA SWAMINATHAN 6E

MCTHER

Her smile, like blooming flowers, exudes a mystical fragrance,

Enchanting every breath and touching the soul.

Her eyes, shimmering like flowing water, fervently capture love in every drop of life.

Her hands grasp threads of love and affection, wrapping up relationships with bonds timeless.

Her heart filled with the colorful effervescence of a garden where motherhood never wilts in any season.

Her feelings calm and settle like stones in the sea, while a subtle breeze cuddles with every pearl in an oyster

Her lap's lullabies arouse dreams of love and tranquility,

Creating an abode for children no less than heaven

HARRISH JAYANTH 9C



"It was a proud moment for me to join the alma mater of my father and be nurtured under most of the teachers who also taught my Dad. They remember him with pride and fulfillment. In my own journey toward success at NCS Vizag, achieving a Medhavi encompassed more than just academic excellence—it was about embracing a holistic approach to personal growth and fulfillment. As I navigated the intricate web opportunities and challenges that crossed learned strike path, mv to harmonious balance between my academic pursuits and my extracurricular passions, such as for my Art and Craft preparing competitions, taking piano classes from the Delhi School of Music, and receiving badminton coaching in INS Circars.

"Remember that success not about merely reaching our destination, but also about the growth and transformation undergo the way. With along dedication. determination, be commitment to а source inspiration to everyone around, we can achieve greatness in all areas of our lives."

"Believe in yourself. Despite obstacles, with dedication and determination, your goals are within reach." - Anonymous



MISSION GAGANYAAN AND THE CHOSEN FOUR



On 27 Feb 2024, Prime Minister
Narendra Modi announced the names
of the four astronaut candidates for
the first human spaceflight mission,
i.e., Gaganyaan, of the Indian Space
Research Organization (ISRO). But
aren't you curious to know about
these chosen ones? I was very curious,
and I could find out something about
them. Let us read about them:

(a) Group Captain Balakrishnan Nair - He was born on 26 Aug 1978 in Kerala. He received his education from NSS Engineering College, Palakkad, and then enrolled in the National Defence Academy (NDA). He was commissioned in 1998 as a fighter pilot and became a flying instructor and subsequently a test pilot. He excelled in academics and received the 'Sword of Honour' at the Air Force Academy. He has flown more than 3000 hours and commanded a squadron of Sukhoi-30.



- (b) Group Captain Ajit Krishnan He was born on 19 Apr 1982 and hails from Chennai. He graduated from NDA with the 'Sword of Honour'. He is also a test pilot with 2900 hours of flying experience. He is proficient in flying Sukhoi, MiG, Jaguar, Hawk, Dornier, and the Antonov 32 aircraft.
- (c) Group Captain Angad Pratap He was born on 17 July 1982 in Prayagraj, Uttar Pradesh. He graduated from NDA in 2003 and was commissioned by the Air Force in 2004. He also became a test pilot, accruing around 2000 hours of flight. He can fly multiple types of aircraft.
- (d) Wing Commander Shubanshu Shukla He was born on 10 Oct 1985 in Lucknow. He completed his training at NDA in 2005 and joined the Air Force as a fighter pilot in 2006. He also became a test pilot and accumulated almost 2000 hours of flying experience on different types of aircraft.



Wing Commander Rakesh Sharma who became the first Indian citizen in space after launching onboard the Soviet Union's Soyuz T-11 on 3 Apr 1984 was a test pilot as well.

I chose to write about these four chosen ones because it is a proud moment for the Indian Armed Forces when all four are among us. We look for role models around the world, but the real heroes are right here. I wish them all the best for their forthcoming space mission, Mission Gaganyaan.

Jai Hind. **Misheetha Gour**

STEPS TO

Move Towards Your Goals

1 Set clear and specific goals:

Define aspirations with clarity. Break goals into smaller, manageable tasks.



3 Find sources of motivation:

Visualize success.

Seek support from peers.

Remember the reasons behind the goals.

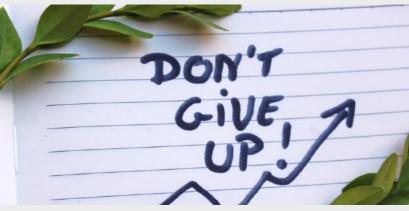




Stay organized:

Utilize planners, calendars, or goal-tracking apps.

Keep track of progress and deadlines.



- 4 Take consistent action:
- Make a habit of working tow aspirations daily.
- Build momentum and make steady progress over time.

Sarah Ranhan 7A



"Failure is often regarded as a negative effect, but it is a critical component of success. Note that life is set up to include failure, setbacks, and success. Failure is an essential part of human life. If you allow failure to define you, it will surely destroy you. Embrace your failure and look at it as an opportunity to learn from it. You will grow and prosper from it. Failure is a teacher; do not be afraid to fail, as it is the predecessor to success. Avoiding failure makes you avoid the very thing that will help you grow and achieve your dreams. Giving up is the only way to fail. If you want to achieve success, you must sacrifice and leave your comfort zone."

Tummala Monisha 10B

"The only way to learn is to act. Make mistakes and from them. You learn learn endlessly by doing and by failing repeatedly. If you do not fail, you will never learn any lessons. No one becomes successful without experiencing failure. Life is meant to be lived: successful even people have encountered failure many times before succeeding. ultimately Success is not an journey, but if you truly desire it, you will find a way to secure it."

FLIGHT

I sat down to write about how I fell and flew But to think, what's the difference? Every flight ends with a fall Every fall ends with a flight

Which alternative is better?
for no flight goes without worrying about shredding my wings
for no fall goes without worrying, about scraping my knees.

RIDDHI CHAUHAN

The Garden Of Dreams

In the garden of dreams, where shadows dance, Whispers of secrets in twilight's trance. Stars, like diamonds, adorn the velvet sky, Where dreams and ambition softly lie.

Sometimes I wonder, if the angels there, take care of the ideas that logic ensnared, Those child-like fantasies, Bewildering and unforeseen,

Sometimes I wonder, when the garden blooms, The sights the people could see, How distinct is it from today's doom?

The invincible superhero,
Who is emotional yet, and duly empowering,
The every purpose vending machine,
Always filled and yet restocking.
The place where love is as easy as loving,
Hate is dead, and the violent are unbecoming.

Spreading villages, not growing towers,
Wealth well distributed, not the rich being robbers,
Where decency is the baseline, kindness galore,
Where we stand united, and the world can stand tall
Where life is in balance, chaos no longer at the door

Sometimes I wonder, why must this be so childish? Why can't I hope for none to famish? Why can't you be nice to your neighbors? Why can't we just get rid of the haters?

In the garden of dreams, where shadows poison, The whispers fade out, the echoes ring out, Stars, like studs, block the velvet sky, Where dreams and ambition softly die.

KEDAR S

RISE AND SHINE

Once we sit thinking about the remarks
Sad it is but leave those thoughts
Do not give them a single chance
Time is precious, let us dance

Weak, they do want you to be.
Surpass those boundaries; light you will see.
Fear what they might say.
Unreal criticism should be walked past away

Beneath the lovely stars, we lie,
Day after day of demanding work is the way
Seek what you may and never dither away,
Forever, it shall be your play.

TARINI 8B

IMPERFECTLY PERFECT

In this ever changing world,
Filled with wonder,
But equally cruel and brutal,
Don't worry about being better.

Ignore the insecurities that lurk in your mind,
Where the what ifs and what does not trouble you.
Ignore the doubts that unwind,
And listen carefully to what your heart says,
for it is indeed true:

Dear friend,
Embrace your scars and fears,
For then only your strength will ascend
And your anxiety will melt into
forgotten memories over the years.

Sure, life is rough
And sure you want to be like those celebrities on the paper,
But what you don't realize is that you are enough,
That you are amazing just the way you are.

So, let insecurities do its part,
And let it knock you down,
But know that you certainly are a piece of art
And that you are more than capable to pick yourself
up from the ground.

VANSHIKA CHAUHAN 9E



INDIA'S FRUGAL TRIUMPHS: David Among Goliaths



India's space program is a true underdog story. Compared to the astronomical budgets of the US and China, India's space agency, ISRO, operates with remarkable thrift. Remember the awe-inspiring Mangalyaan mission to Mars, launched at a cost less than a Hollywood blockbuster? It successfully reached Martian orbit, making India the first Asian nation and the fourth in the world to achieve this feat. This exemplifies ISRO's "do more with less" philosophy, a testament to their ingenuity and resourcefulness.

ISRO's Stellar Achievements: Soaring Above

ISRO boasts a constellation of impressive accomplishments. They've emerged as a leading launch service provider globally, offering cost-effective rocket launches for other countries' satellites. Their lunar ventures include the recent Chandrayaan-3 mission, which successfully landed a rover on the moon's surface in August 2023. Additionally, in a remarkable feat of operational efficiency, ISRO launched a record-breaking 104 satellites in a single mission in 2017! They've also developed critical navigation and Earth observation satellites, playing a vital role in weather forecasting, disaster management, resource mapping.



Blast Off! The New Space Race: India's Stellar Rise

Remember the cosmic clashes of the Cold War? The US and USSR dueling for lunar dominance? Well, fasten your seatbelts, space enthusiasts, because the space race is back, and this time it's a global free-for-all! The US, Russia, China, and even India are all vying for supremacy in the final frontier. But let's set our sights on the rising star of the East – India. How is this young contender faring in this celestial competition?

From Cold War Glory to Practical Pursuits

The original space race was a clash of ideologies, with the US and USSR wrestling for technological and societal bragging rights. We witnessed history unfold with Yuri Gagarin's pioneering flight and Neil Armstrong's giant leap on the moon. Today, however, the race transcends mere national pride. While the allure of being the first to Mars remains, the shifted towards practicality. has Countries are eyeing robust space economies, aiming to utilize resources like lunar water ice for future exploration. Additionally, national security has become a key driver, with advanced satellites playing a crucial role in military operations and communication, making space a strategic battleground.



Navigating the Future:

Collaboration or Competition?

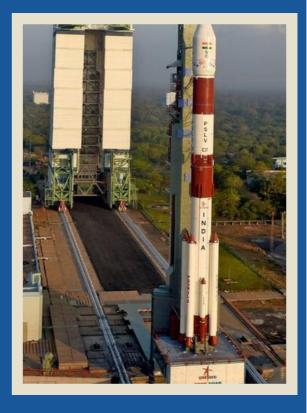
The new space race isn't a winner-takes-all competition. There are glimmers of international cooperation, with India and the US



planning a joint lunar mission. However, concerns linger about an arms race in space, with some countries developing antisatellite weapons.

The Final Frontier Beckons!

One thing's undeniable: the new space race is an exciting chapter in human exploration. India, with its unique blend of ambition, resourcefulness, and groundbreaking missions like Chandrayaan-3 and the 104-satellite launch, is a key player in this celestial game. As we continue to explore the cosmos, the possibilities are boundless. Who knows, maybe the next giant leap for mankind will involve an Indian astronaut planting



their flag on a distant world! So, keep your eyes on the skies, space enthusiasts, for India's stellar journey is just beginning!

KULBHUSHAN



SELF LOVE IS NOT NARCISSTIC

In this world where there are endless people out there to judge you, there should be someone to understand you and embrace the uniqueness within you. It can be none other than yourself.

This is an era where everyone is just trying to fit into the unrealistic 'Beauty Standards,' with country having a different parameter. Let us come together and support each other. Instead of judging each other, let's compliment each other, even if it's a flaw. Let us embrace it and show the world that you stand strong. Let nobody define your worth. Only you shall write your true definition. This especially to all the teenagers out there. We understand you are going through changes. Your world is opening up, and you're learning something new every day, but don't let anyone define your worth other than you.

"Now let's forgive ourselves
Our lives are long
Trust yourself in a maze
When winter fades
Spring always comes."

And just know that you're not alone. Share your thoughts, talk to your friends, go out, wear your favorite outfits. Be your own beautiful, and don't let anyone stop you from doing anything. Without a second thought, do everything that makes you happy.

And always know that if anyone makes you feel disappointed, worthless, or sad, speak up! Speak up as soon as possible. Seek help, stand strong, and fight against it. After all, at the end of the day, you only have yourself, so admire everyone's beauty without questioning yours. Tomorrow you might be a tiny bit wiser, but that's you too.

HANSHIKA RANI

ARTFICIAL INTELLIGENCE

In today's fast growing world, artificial intelligence has brought a lot of attention towards itself. With the development of various other technologies in the field of science, AI is something quite popular.

But what exactly does AI mean?

AI or Artificial Intelligence is a field of computer science that focuses on creating systems capable of performing tasks that typically require human intelligence. These tasks include learning problem solving and decision making.

It is indeed a fact that AI has proved to be a great way to make our lives easier and even better and at the same time AI has been disastrous to many. AI has been replacing humans in various work related places leading to increase in unemployment. Addressing these concerns requires proactive measures and policies to ensure a smooth transition to an AI driven economy while minimising negative impacts on employment.

Various other issues caused as a result of misuse of AI technology include cases of voice phishing, privacy violations, threat to environment, social manipulation.

AI is a great tool for criminals to commit crimes on the web. So just like how AI has flourished in the field of science and technology and has provided great results to researchers, it has also been a threat to many.

As the saying goes "excess of anything can have a bad outcome" AI should have its minimal usage otherwise it will lead us to poor implementation and missed opportunities for the services and other programs and plans.

APARAJITA BHADAURIA



आधुनिक शिक्षानीतिः संस्कृत निबंध

समाजः परिवर्तनशीलः अस्ति। यथा खानपानेषु, वस्त्रपरिधानेषु, भूषणेषु परिवर्तनं जातं, तथा वर्तमाने शिक्षानीत्यामपि परिवर्तनं जातम्। प्राचीनसमये 'गुरुकुलव्यवस्था' आसीत्। बालकाः स्वगृहं परित्यज्य गुरुकुलेषु आश्रमेषु वसन्ति स्म। गुरुकुलान् शिक्षा प्राप्य, गुरवे गुरुदक्षिणां दत्त्वा, तदनन्तरं स्वगृहं प्रत्यागच्छन्ति स्म। पुरा गीतादिग्रन्थानां पठनम् आवश्यकम् आसीत्। समाजः परिवर्तनशीलः अस्ति। यथा खानपानेषु, वस्त्रपरिधानेषु, भूषणेषु परिवर्तनं जातं, तथा वर्तमाने शिक्षानीत्यामपि परिवर्तनं जातम्।

प्राचीनसमये 'गुरुकुलव्यवस्था' आसीत्। बालकाः स्वगृहं परित्यज्य गुरुकुलेषु आश्रमेषु वसन्ति स्म। वर्तमानसमये शिक्षानीत्यां महत् परिवर्तनमभवत्। अधुना कोऽपि बालकः गुरुकुलं न गच्छन्ति। गुरु-शिष्यपरंपरा विलुप्ता इव। अधु अभिभावकाः बालकं आयुषः तृतीय वर्षे एव पाठशालां प्रेषयन्ति। पठनस्य माध्यममपि द्विविधम् अस्ति। केचन छात्राः आंग्लभाषाय पठन्ति, केचन च हिंदी भाषायाम्। आंग्लभाषायाः अध्ययनं प्राथमिकशालासु अपि अनिवार्यमभवत्। राजकीयशालासु, शासकीयशालासु पठनमूल्यं। नाममात्रमस्ति, किन्तु सार्वजनिकास् निजशिक्षणसंस्थासु पठनशुल्कम् अधिकम् अस्ति। धनिकानां बालकाः एव तत्र पठितुं शक्नुवन्ति।

भारतीयनौसेना

नौसेनायाः प्राथमिकं उद्देश्यं राष्ट्रस्य समुद्रीयसीमानां रक्षणं भवति , संघस्य अन्यैः सशस्त्रसेनैः सह मिलित्वा भारतस्य प्रदेशस्य , जनानां , समुद्रीयहितस्य वा विरुद्धं युद्धे शान्तिस्य च विषये किमिप धमकी वा आक्रमणं वा निवारियतुं वा, पराजियतुं वा कार्यं करोति। संयुक्ताभ्यासैः , सद्भावनाभ्रमणैः आपदाराहतसहितं मानवीयिमशनैः च भारतीयनौसेना देशयोः मध्ये द्विपक्षीयसम्बन्धं प्रवर्धयति ।

२०१९ तमस्य वर्षस्य जूनमासपर्यन्तं भारतीयनौसेनायाः ६७,२५२ सक्रिय ७५,००० आरक्षितकर्मचारिणः च सेवायां सन्ति । भारतीयनौसेना तेषां कर्तव्यसम्मानं साहसं च आदरयति। वयं सर्वे भारतीयनौसेनायाः गर्विताः स्मः शं नो वरुणः! जय हिन्द!!

हृदय बंसल ८-ड

विद्याधनं सर्वधनप्रधानम्

अस्माकं साहित्ये विद्याया महान् महिमा श्रूयते । विद्या एव मनुष्यस्य पाश्र्वे ईदृशं तत्त्वं येन तस्मिन् वैशिष्ट्यं सम्पद्यते, स च पशुभिभिन्नः पृथगेव दृश्यते । यदा शिशुः जायते, तदा सः पशुतुल्य एव भवति, किन्तु पश्चात् विद्यया तस्य द्वितीयं जन्म इव भवति । तदा सः अधिकतरं शोभते । येषां विद्या न भवति ते वस्त्राभूषणालङ्कृता अपि सभामध्ये मूर्खताकारणात् न शोभन्ते, ये पुनः विद्यावन्तो भवन्ति, ते सर्वत्र शोभन्ते, पूज्यन्ते, सम्मान्यन्ते च । अत एवोच्यते स्वदेशे पूज्यते राजा विद्वान् । सर्वत्र पूज्यते । राज्ञः मानः धनैश्वर्यकारणात् केवलं स्वराज्ये भवति परन्तु विद्वत्तायाः सर्वत्र सम्मानः भवति । यदि कश्चिद् राजा विद्वांसं स्वदेशात् निष्कासयति, तथापि सः देशान्तरं गत्वा स्वविद्वत्तया ख्याति लभते ।

अस्मिन् संसारे मनुष्यः विद्ययैव सभ्यं वाग्व्यवहारं जानाति । वाक्चातुर्येण सः सर्वेषां मनांसि जेतुं समर्थोऽस्ति । विद्यैव तादृशं धनं यत् केनापि चोरियतुं न शक्यते । अस्य धनस्य तु प्रवृत्तिः विपरीता एव। अन्यधनस्य तु दानेन क्षयो भवति परन्तु विद्या रूपस्य धनस्य दानेन वृद्धिः भवति । सर्वेषामेव जागतिकवस्तूनां स्वसूक्ष्मदृष्ट्यालोचने, तेषां स्वानुकूलत्वम् प्रतिकूलत्वञ्च निश्चीय व्यवहरणे पुनर्यथाकालं सर्वान् प्रत्यौदासीन्यमुरिस निधाय जीवन्मुक्तिमार्ग प्रत्यनुगमने मनुष्ये विद्यमानं यत् तत्वं कारणत्वमेति तन्नो विद्यातिरिक्तमन्यत् किमिप, अपि तु विद्यैव।

विद्या नाम नरस्य रूपमधिकं प्रच्छन्नगुप्तं धनम्

विद्या भोगकरी यशः सुखकरी विद्या गुरूणां गुरुः ।

विद्या बन्धुजनो विदेशगमने विद्या परा देवता

विद्या राजसु पूज्यते न हि धनं विद्या-विहीनः पशुः॥

अतः यदि मनुष्यः समाजोत्कर्षम् आत्मोत्कर्षं च वाञ्छति, तदा तेन विद्योपार्जनमवश्यमेव कर्तव्यम् । विद्ययैव शान्तिपूर्वक सम्मानपूर्वकं च जीवितुं शक्नोति जनः ।

हमारी धरती

सौरमंडल अपना, आठ ग्रह हमारे पास एक मात्र ग्रह अपना जिसमे मनुष्य लेता साँस धरती उसका नाम, दिया सहारा सदा हमारा

देती रही हमें हर सुख सुविधा जो आई हमारे काम । मनुष्य ने कर दी बड़ी गलती, धरती को कम समझा धरती ने दिखाया जलवा प्रकृति में आया बदलाव ।

गरमी बढी, सर्दी घटी, आए तूफान सैलाब मनुष्य को समझ में आया खैर नहीं उसकी अब खुली उसकी आँख अब, समझ में आया धरती को बचाना है अब पेड़ लगाया पेडों को कटवाना बंद कराया। प्रकृति में फिर से संतुलन बनाया।

प्रकृति हो गई खुश इसने अपने जुलमों को बंद करवाया। मनुष्य ने बहुत कुछ सीखा और सबको सिखाया 'प्रकृति से करो प्रेम, छेड़-छाड़ अब न करो कभी इसी से खुश रह सकते हैं हम सभी।।'

:-प्रकृती के साथ खिलवाड़ न करो जिस ने दी तुम्हें जिंदगी, उसे कभी बरबाद न करो।

-दिव्यांश यादव 8E

खुला आसमान

उड़ना चाहुँ मैं उन तितिलयों की तरह देखना चाहुँ हर देश हर शहर और ये सारा जहां बस इतना कह दे कि जा जी भर उड़ ले, खुला है ये आसमान।

येआसमान में उड़ते परिंदे ये हवा से लहराते पात तारीफ करूँ क्या मैं इनकी इनकी तो निराली है हर एक बात।

येआसमान में बादल सफ़ेद से जिन्हे बस बिन मौसम बरसाने की तैयारी है सुन्दर तो है ये ऐसे जैसी ये कि नन्ही परियों की सवारी है

बनना चाहुँ मैं उन परिन्दों की तरह जो उड़-उड़कर मिटाए अपनी सारी थकान अगर लग जाए पंख कभी तो इतना उडूँ कि कम पड़ जाए ये सारा आसमान

उड़ना चाहुँ मैं ये नीले आसमान में देखना चाहुँ हर नदी, हर गली, हर मकान बस एक साथ उड़ने वाला साथी हो और हो ये खुला आसमान

-भागवत पांडे नौवीं-स



एक दिव्य नर्तक का उत्थान



यह कहानी 1525 ईस्वी में तिमलनाडु के, सिरकाली नामक स्थान पर रहने वाले एक संगीतकार परिवार 'इसई वेल्लालर' की है। ये लोग मंदिरों में वाद्य यंत्र बजाते थे। इनकी आराध्या देव, चिदंबरम में स्थित भगवान नटराज थे।

नटराज की मूर्ति के हर अंग में दार्शनिक अर्थ छिपा होता था, जिसे सभी लोग जानते थे, चाहे वे अनपढ़ हो या पढ़े लिखे।

इस परिवार में एक लड़का पैदा हुआ। उसका नाम थांडवन रखा गया। लेकिन, वह कमज़ोर और बीमार था। इससे पूरा परिवार दुखी हो गया।एक दिन, उन्होंने सूरदास की तरह थांडवन को घर से निकाल दिया।

अकेला पड़ा थांडवन, सिरकाली के शिव मंदिर चला गया और वहीं भिक्षा मांगकर अपना जीवन गुजारने लगा। एक दोपहर, वह मंदिर के गोदाम में बेहोश हो गया। रात के समय पुजारी मंदिर को ताला लगा देते थे जिस वजह से थांडवन मंदिर में ही रह गया।

कुछ देर बाद, उसे होश आया तो उसने देखा कि एक छोटी लड़की उसके सामने खड़ी थी। ध्यान से देखने पर उसे पता चला कि वह तो मंदिर के पुजारी की पुत्री थी। उसके हाथ में भोजन और पानी था। उसने दयालु स्वभाव से थांडवन की देखभाल की।

इस दयालु लड़की ने थांडवन को चिदंबरम जाने की सलाह दी और वहां हर दिन भगवान शिव के लिए एक नया गीत रचने को कहा। उसने बताया कि वह गीत की शुरुआत उन्हीं शब्दों से करे, जो उसे सबसे पहले मंदिर में सुनाई दें। अगले दिन, उठने पर थांडवन के शरीर के सारे घाव भर चुके थे। उसकी त्वचा इतनी अधिक चमक रही थी कि उसे "मुत्तु थांडवन" कहा जाने लगा। "मुत्तु" का मतलब "मोती" होता है।

लेकिन, जल्द ही पता चला कि पुजारी की बेटी तो पिछली रात घर पर ही थी। किसी को नहीं पता था कि थाल पर खाना-पानी देने वाली छोटी लड़की कौन थी। थांडवन को लगा कि शायद, खुद पार्वती माता (लोकनायकी) ने उस पर दया की है।

पुजारियों ने उसे मंदिर के विश्राम गृह में रहने का निमंत्रण दिया। थांडवन ने उन्हें धन्यवाद दिया और अपनी गीत रचना करने की क्षमता का परीक्षण करने, चिदंबरम चला गया। वहां उसका पहला गीत "भू लोक कैलास गिरि चिदंबरम" शब्दों से शुरू हुआ, जिसका अर्थ है "चिदंबरम, पृथ्वी पर कैलाश है। जैसे ही गीत समात्प हुआ तब सभी ने देखा कि भगवान के चरणों के पास सोने के पांच सिक्के प्रकट हुए, जो पुराने जमाने की थी, भक्तों मे कोलाहल मच गया। सभी माना कि यह थांडवन के गीत का चमत्कार ही है।

इसके बाद थांडवन ने कई गीत रचे। एक सुबह, थांडवन को अहसास ुआ कि वह अपने दिल की आवाज सुन रहा है। उसने गौर किया कि मंदिर का पूरा वातावरण सन्नाटे में है। वह मात्र अपने दिल की आवाज को सुन रहा था। तब उसने कहा, "पेसाडे नेन्जमे!" (मत बोलो, मेरे दिल!) इन्हीं शब्दों को आधार बनाकर उसने एक गीत रचा।

इस प्रकार अपने मन में स्वतंत्रता का अनुभव किया। अपनी कविता में खुश रहने लगा। वह इस भोतिक लोक से अलग रहने लगा। थांडवन के मन में उन लोगों के लिए कोई गुस्सा या शोक नहीं रह गया, जिन्होंने उसके साथ इतना कठोर व्यवहार किया था। उसकी मधुर वाणी से मोहित होकर, शहर के लोग उसकी ओर खिंचे चले आते थे। उसने अनेक गीतों की रचना की।उनमें से करीबन साठ गीत आज भी प्रसिद्ध हैं और उन्हें संगीत समारोहों में नृत्य करते हुए गाया जाता है।

किंवदंती है कि 1600 ईस्वी में एक दिन, चिदंबरम में शिव के गर्भगृह में एक महान प्रकाश हुआ और मुत्तु थांडवन उसमें लीन हो गया।

-कुलभूषण ग्यारहवीं 'ब'

पर्वों का बदलता स्वरुप

पर्व का अर्थ है किसी विशेष अवसर पर होने वाला सामाजिक आयोजन। किसी भी जाति के पर्व उस जाति के संस्कृति , सभ्यता तथा पहचान को प्रकट करते हैं। धरती पर स्थित अन्य राज्यों देशों में केवल भारत ही एक धर्मप्रिय देश है जहाँ हर त्योहार धूम-धाम से मनाये जाते हैं। पहले समय में कुछ महीने पहले से ही दुकानें सजने लग जाती थीं। बाजारों में खरीदारी के लिए भीड लग जाती थी। दोस्तों, रिश्तदारों और घरवालों आदि सभी के लिए क्या खरीदना है, पहले से ही सोच कर रखते हैं। छोटे बच्चे सभी अपने बड़ों से आशीर्वाद लेते थे, लेकिन अभी किसी के पास समय ही नहीं है। आजकल बधाईयाँ या आशीर्वाद सिर्फ़ मोबाइल और इन्टरनेट तक ही सीमित रह गए हैं। आज कल के लोग त्योहारों में कोई उत्सुकता नहीं दिखाते। सभी अपने आप में, पढाई में और मोबाइल में ही व्यस्त हैं। समय के साथ-साथ परिवर्तन आ गया है। हम सब पाश्चात्य रंग-ढंग में ढलने लगे हैं। स्कूलों में धार्मिक त्योहार मनाए जाते नहीं, परन्तु मदर्स डे, फादर्स डे, न्यू ईयर, वेलनटाईन्स डे आदि मनाए जाते हैं। कार्ड भिजवाना, मोबाइल में संदेश देना, होटलों मे भोजन एवं दावत आदि त्योंहारों एवं आयोजनों में आम बात हो चुकी है। परंतु जब अनेक संस्कृतियाँ आपस में मिलती है, तभी तो त्योहार मनाने का असली उद्देश्य पूरा होता है। सभी से निवेदन है कि हम अपनी संस्कृति एवं सभ्याता का पालन करते हुए त्योहारो का आनंद उठाएं तथा अपनी सभ्यता तथा संस्कृति की रक्षा करें।

-पर्णा घोष ग्यारहवीं 'स'

स्कूल की वर्दी

स्कूल की वर्दी हमें पहनना है इससे हमें नहीं शर्माना है ये वर्दी हमारी पहचान है ये वर्दी हमारी शान है

स्कूल की वर्दी हमें एक सा बनाती है इसमें हमें कोई फर्क हमें दिखाती है ये वर्दी हमें अनुशासन सिखाती है ये वर्दी हमें सम्मान दिलाती है

स्कूल की वर्दी गर्व से पहननों कोई झिझक मन में मत लाओ ये वर्दी हमारे सपनों का रंग है ये वर्दी हमारे भविष्य का संग है।

दिमागी कसरत

- गोल है पर गेंद नहीं, पूँछ है पर पशु नहीं। पूंछ पकड़कर खेलें बच्चे, फिर भी मेरे आँसू न निकले गुब्बारा।।
 - जो करता है वायु शुद्ध, फल देकर जो पेट भरे। मानव बना है दुश्मन उसका, फिर भी वह उपकार करें

-मनीष कुमार पांडेय ग्यारहवीं 'स'

बेटी युग

सतयुग, त्रेता, द्वापर युग बीता कलयुग कब का, बेटी युग के नए दौर में, हर्षाया हर तबका। बेटी युग में खुशी - खुशी है पर मेहनत के संग बसी है। 'शुद्ध कर्म - निष्ठा का संगम, सबके मन में दिव्य हंसी है। नई सोच है, नई चेतना बदला जीवन सबका, बेटी युग के नए दौर में, हर्षाया हर तबका। इस युग में ना परदा-बुरका, ना तलाक, ना गर्भ-परीक्षण। बेटी बेटी सब जन्मेंगे, सबका होगा पूरा रक्षण। बेटी की किलकारी सुनने, ललचाया मन सबका। बेटी युग के नए दौर में, हर्षाया हर तबका। बेटी भार नहीं इस युग में होती। बेटी है सबका मन हर्षाती बेटी कुल का दीपक तो, बेटी दो कुल की पाती। बेटी तो है शक्तिस्वरूपा, दिव्यरूप है सबका। बेटी युग के नए दौर में, हर्षाया हर तबका। चौके- चूल्हे वाली बेटी, इस युग में कहीं न होगी। चाँद-सितारों से आगे जाकर, मंगल पर मंगलमय होगी। गति पथ पर दौड़ रहा है, प्राणी हर मज़हब का बेटी युग के नए दौर में, हर्षाया हर तबका। हर तबका।

जीवन एक दौड़ है

जीवन तो एक दौड़ है जिसके हैं हम प्रतिभागी। अपनी हार जीत के हम अकेले ही हैं भागी

शुरु हुई यह दौड़ जब जन्म हुआ तुम्हारा । अंत होगी यह तब जाकर, जब अंत होगा तुम्हारा ।

इस दौड़ में तो सबकी होती ही है एक मंजिल, पाए बिना रुकना नहीं चाहे कितनी हो मुश्किल।

घने राहों के पार ही होती है वर्षा सुख की, आसान राहों के पार तुम भेंट करोगे दुख की। काटों पर भी चलना । इस दौड़ में थमना नहीं, न मानना तुम हार । जीत तुम्हारी तभी होगी जब गिरकर उठोगे सौ बार।

इस जीवन की दौड़ में तुम न देखना मुड़कर किसी से न बैर रखना, रहना सबसे जुड़कर।

जग जगत में नाम तुम्हारा तभी रौशन होगा, जब मेहनत और परिश्रम करके तुम्हारा लक्ष्य पूरा होगा।

सर्वश्रेष्ठ बनना यदि है, तो स्वयं से तुम श्रेष्ठ बनो। जीवन की इस दौड़ को हर सीख याद रख पूरा करो।

- श्रीया राय नौवीं 'अ'

नारी का महत्व

एक नारी है जिसका अमृत सा रूप, वो बांसुरी की मिठास, सुरों का सागर है। माँ की ममता, बहन की छाँव, पत्नी का साथ, बेटी का प्यार है।

जीवन की रूपरेखा में वो अहम पात्र, जिसके बिना अधूरा, जीवन अधूरा है। समाज के स्तंभ, परिवार की धारा, नारी है शक्ति, समृद्धि का श्रोत है।

उड़ान भरती है जब महिला , सपनों की उड़ान, विचारों की परवाह है। शृंगार से लेकर शिक्षा की ओर, वो अनमोल हैं, इस सृष्टि का आधार है।

नारी का मान, नारी का सम्मान, है जरूरी, इस समाज के विकास के लिए। उन्हें समझो, समर्थन, ताकि हर नारी को मिले अपने अधिकार।

जीवन में संतुलन का महत्व

जीवन में संतुलन का महत्व अत्यंत महत्वपूर्ण है। संतुलन के बिना, हमारा जीवन असंतुलित और अस्थिर हो जाता है। जीवन में संतुलन का मतलब है सभी क्षेत्रों में सही मात्रा में समय और ध्यान देना।

विद्यार्थी जीवन में संतुलन का महत्व अधिक है। विद्यार्थी को पढ़ाई के साथ-साथ खेलने, कला, साहित्य, और अन्य क्षेत्रों में भी अपना समय निकालना चाहिए। सिर्फ पढ़ाई करने से विद्यार्थी का मनोबल नहीं बढ़ता है, बल्कि उसके साथ-साथ उसका मन भी सुखी और संतुलित रहता है।

अधिकतम संतुलन का अर्थ है अपने दिनचर्या में समय का सही संयोजन करना। पढ़ाई के साथ विद्यार्थी को व्यायाम, खेल, और शिक्षा से अलग समय भी देना चाहिए। यह संतुलन ही उसके जीवन में खुशियों का आधार बनता है।

अतः, हमें अपने जीवन में संतुलन को बनाए रखने का प्रयास करना चाहिए। विद्यार्थी को न केवल पढ़ाई में संघर्ष करना चाहिए, बल्कि उसे अपने मनोरंजन और आत्मसंवाद के लिए भी समय निकालना चाहिए। इससे वह सफलता की नई ऊँचाइयों को छू सकता है।

आशा है कि हम सभी अपने जीवन में संतुलन को महत्व देंगे और समय का सही उपयोग करेंगे। यह हमें स्थिरता और सफलता की ओर अग्रसर करेगा।

-शौर्या सिंह, नौवीं 'फ'

इंतजार की अजीब घड़ी

उलझा के तूने छोड़ा मुझे कुछ इस तरह, कि दिल को संभालना मुश्किल हो गया, अनजाने में तेरा मुझसे दूर जाना, मुझे तेरे और करीब ले गया।

> सूरज की नई किरण, तेरी मुस्कान की याद दिलाती, चांद की शीतल रोशनी, तुम्हारे इंतज़ार में रुलाती,

अगर होगा नसीब में वापस आना तुम्हारा , तो आ जाओगे , वरना बीते हुए कल की तरह कहीं यादों में खो जाओगे,

जो था कभी वर्तमान और भविष्य मेरा , अब सब अतीत में बदल गया, क्या खता थी उस दिल की, जो टुकड़ों में बिखर गया।।



जीवन

दुनिया रंगमंच है, दिखाएं अजब तमाशा। संधान कर जीवन में, तज कर निराशा।।

कठपुतली मत बन रह, हालात के हाथ की। तेरी भी हो इच्छा, जीवन के साध की।।

हथियार बना कलम, लिख कथा प्यार की। स्पष्ट हो लक्षित लक्ष्य, बात छोड़ तुषार की।।

सूरत आदमी की, आदमी ही बन। गर्वोन्नत हो भाल तेरा, चल तनकर बन-ठन।।

पशुत्व से उठ ऊपर, मनुजता पहचान है। तेरा भाग्य-विधाता, निज ज्ञान-विज्ञान है।।

प्रत्यक्षीकरण 'ईश्वर का, होता उसको आसान है। आध्यात्मिकता से सना, जिसका अनुसंधान है।।

उलझन

चिंताओं से बेफिक्र रह नहीं सकते आशाओं का दामन छोड़ नहीं सकते।

सपनों में सोये पड़े अनजान रह नहीं सकते सपने देखे बिना मंज़िलों को तय कर नहीं सकते।

खयालों में ही हम जिंदगी गुजार नहीं सकते बिना खट्ठे- मीठे खयालों के अनुभव पा नहीं सकते।

कर्म किए बिना जीवन का अनुभव पा नहीं सकते काम किया तो अच्छे-बुरे परिणामों से बच नहीं सकते।

मौन रह कर समाज से पलायन कर नहीं सकते कुछ बोल कर भी समाज को बदल नहीं सकते।

माया-मोह की चहुँ दीवारों में कैद हो नहीं सकते मुक्त होकर संसार से, परमात्मा को पा नहीं सकते।

जिंदगी बस यही है अपना कर्म करते रहो, उस जग कर्ता पालनहार पर विश्वास जगाते रहो,

स्वयं जागते रहो औरों को जगाते रहो, उलझन में रह कर भी समस्याओं को सुलझाते रहो,

बस कर्म करते रहो अपना अस्तित्व बचाए रखो।।

-डॉ निर्मला देवी चिट्टिल्ल, विभागाध्यक्षा

The Symphony of Progress

In the classroom's hallowed hall, where minds ignite and dreams take flight,
I stand as witness to a wondrous sight, a symphony of progress in the making bright.

With each word penned and page turned, I see the seeds of knowledge spurned, Students blooming, their minds unchained, in the realm of learning, they're un-restrained

From hesitant whispers to confident speech, from timid steps to strides on the beach, I watch them grow, like flowers in spring, their progress a melody, a song to sing.

I glimpse the journey they undertake, the hurdles crossed, the barriers break. From stumbling over words unknown, to crafting tales uniquely their own,

They paint with language, bold and free, expressing thoughts, their inner sea. With each essay, each debate they face, they find their voice, their special place,

In the tapestry of ideas, they weave their thread, their brilliance shining, not left unsaid. As an English teacher, my heart swells wide, to see them soar, to see them stride,

Their progress, like a river's flow, steady, strong, with room to grow.

For in this dance of teaching and learning, in this journey, constantly churning,

I find my purpose, my guiding light, to nurture minds, to inspire flight. So let the symphony of progress play, let students bloom in their own way,

For in their growth, I find my song, as an English teacher, where I belong

-.R.Sreelakshmi Naidu English HoD

A WORD TO THE BUDDING CONCRETE PILLARS OF THE FUTURE

Dear students,

You are the future pillars of our nation. Always prioritize engaging in education, as it is the most invaluable tool at your disposal. Education not only empowers you to succeed in your chosen fields but also guides and molds you into individuals capable of achieving even your most ambitious dreams. It sharpens your critical thinking skills, enabling you to make sound decisions even in the most challenging situations.

Furthermore, education instills dignity and respect within society, ensuring that you become esteemed citizens of our country. Along your journey to success, you may encounter obstacles, but it's crucial to focus less on these hindrances and more on your unwavering determination to succeed. Learn from your mistakes, forgive those who have disappointed you, and channel your efforts into constructive actions.

Avoid being swayed by distracting thoughts or misleading ideas; instead, listen to wise counsel, devise effective plans, and execute tasks with diligence. Remember, the outcome of your endeavors will reflect the quality of your efforts. Education not only prepares you for personal success but also equips you to be exemplary leaders.

Always bear in mind:

"Everyone makes mistakes, but true greatness lies in recognizing and rectifying them."

-Mrs Vanka Lakshmi,

TGT Computer Science

THE WRITINGS ON THE WALL

#THEFUTUREISCHITE: EMBRACING THE JOURNEY TO MEDICAL EXCELLENCE

Biology students of Navy Children School, Visakhapatnam came through with flying colours in NEET 2023. The achievers list is as below:



Amisha Singh

GOT ADMISSION IN MBBS, GOVT MEDICAL COLLEGE, KANPUR U.P.

644/720



Herasmita

GOT ADMISSION IN MBBS ,VMC KURNOOL, A.P

570/720



Kumari Manisha

GOT ADMISSION IN MBBS ,GAYATHRI MEDICAL COLLEGE, VISAKHAPATNAM, A.P.

562/720

Alumni Spotlight: SIDDHARTH SINGH, Batch of 2019

Reflecting on my journey from Navy Children School, Vizag, to my current role as a System Developer at Amazon fills me with immense pride. NCS, Vizag, has been instrumental in shaping the person I am today, and I am honored to share my story with you.

Unlike many, I didn't follow the traditional path of cracking exams like JEE. Instead, I delved straight into coding after school. Opting for a Tier 3 college, I immersed myself in the world of programming from day one.

My first breakthrough came with an internship at Pocket FM, India's premier online audio story platform. This experience opened doors to further opportunities, leading me to work with esteemed organizations such as Samsung, SalaryBox, and Fyle.

The pinnacle of my journey arrived when I secured a position at Amazon through off-campus placements. Today, as a System Developer, I owe much of my success to the foundation laid by NCS, Vizag.

Siddharth Singh

Alumni Spotlight: CHESHTA TATER, Batch of 2015

Hello everyone,

I am Cheshta Tater, proud to have been part of the Navy Children School, Vizag family from 2012 to 2015. It's an honor to share a glimpse of my journey with you all.

After bidding farewell to NCS, Vizag, I pursued my passion for law. Through dedication and hard work, I earned my master's degree, delving deeper into the world of legal studies. Currently, I serve as an in-house counsel at ICICI Prudential.

I owe a debt of gratitude to NCS, Vizag, for laying the foundation of values and knowledge that have guided me through my endeavors. The lessons learned and friendships forged during my time at NCS remain invaluable to me.

To my fellow alumni and current students, I urge you to embrace your passions and pursue them wholeheartedly. With perseverance and dedication, you can achieve your dreams and make a meaningful impact in your chosen field.

Cheshta Tater

Alumni Spotlight: DOLLY SINGH, Batch of 2017

I'm Dolly Singh, and I graduated from NIFT, New Delhi in Fashion Design back in 2017. It feels surreal to reflect on how far I've come from the days of doodling in class to landing a role as a Team Lead and Technical Designer at GAP Inc., one of Fortune's Top 100 companies, here in the USA.

My message to anyone chasing their dreams is simple - believe in yourself, stay true to your passion, and never give up. Because who knows, your doodles in class might just be the blueprint for your future success.

So here's to dreaming big, taking risks, and making every sketch count. The journey may be long, but the destination is oh so worth it.

Dolly Singh

Alumni Spotlight: S<u>HIVAM CHAUDHARY,</u> <u>Batch of 2016</u>

I'm Shivam Chaudhary, a 2017 graduate with a background in PCM with CS. Currently, I'm a research and development engineer at UC Berkeley, specializing in brain-computer interfaces with non-human primates.

My journey from academia to cutting-edge research has been thrilling. With a passion for neuroscience, I landed at Berkeley, where I work on decoding neural signals and designing hardware for brain-machine interaction.

Collaborating with non-human primates adds complexity and responsibility to my work. Despite challenges, I'm excited for what lies ahead in unlocking the secrets of the brain.

Shivam Chaudhary

Alumni Spotlight: <u>RAJA TRIPATHI</u>, <u>Batch of</u> 2016

Hi, I'm Raja Tripathi, currently a PhD scholar at the Central Drug Research Institute in Lucknow. My research focuses on viruses and their proteins, utilizing biophysical tools like X-ray crystallography.

I attended NCS Nausenabaugh from class 4 to 10, and I fondly remember our interactions. NCS was the best school I've ever attended, and I miss it dearly.

I'd love to visit and relive those memories. To the students there, cherish your time at NCS NSB—it's truly the best school. I'm grateful to everyone there for sparking my interest in science, especially biophysics.

Raja Tripathi

Alumni Spotlight: Dr. <u>PRIYANKA VEMANAMANDHI</u>, <u>Batch of 2004</u>

I am Priyanka Vemanamandhi, a proud alumna of NCS Vizag, having graduated from the 2003-04 batch after completing my studies from 4th to 12th standard.

Since my time at NCS, I have embarked on a fulfilling academic and professional journey in the field of medicine. I pursued my MBBS, followed by DNB, and subsequently specialized in Gynecological Oncology, achieving the prestigious M.Ch degree.

Currently, I serve as an Assistant Professor in the Department of Gynecological Oncology at the Gujarat Cancer and Research Institute.

I take great pride in being the first M.Ch

Gynecological Oncologist from Andhra Pradesh, a testament to the solid foundation laid during my formative years at NCS. Additionally, I have honed my expertise through a fellowship in Gynecological Oncology at the Tata Memorial Hospital, Mumbai.

Priyanka Vemanamandhi

SPURRING A PATH TO PROGRESS



INS VISWAKARMA VISIT





INS DEGA VISIT







Class XI & XII Excursion





A R E W B



















MILAN - the ethereal



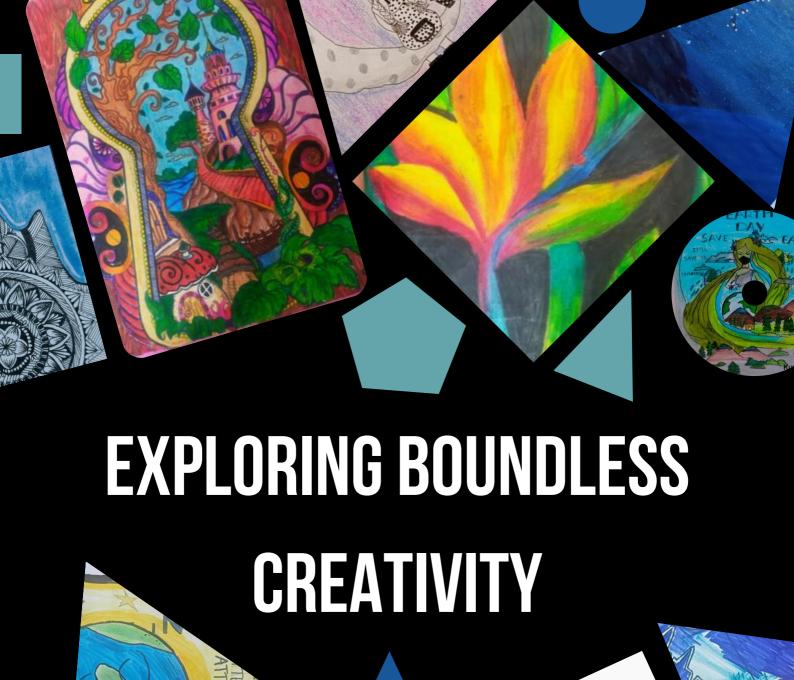


Uniting Chakras and Colours of Life





SPECTRUM OF HARMONY



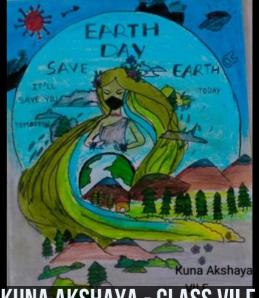












KUNA AKSHAYA - CLASS VII F



