

Welcome to Harneet International



WE “HARNEET INTERNATIONAL”, STARTED IN THE YEAR 1987 AS A RENOWNED FIRM AT AMRITSAR (PUNJAB, INDIA), HAVE MANUFACTURING HIGH QUALITY RANGE OF BESAN POWDER, GREEN TEA, NATURAL JAGGERY, MUSTARD OIL, ETC.



www.harneetinternational.com



About Us

We “Harneet International”, started in the year 1987 as a renowned firm at Amritsar (Punjab, India), have manufacturing high quality range of Besan Powder, Green Tea, Natural Jaggery, Mustard Oil, etc. We also trade in Soybean Oil. The provided products are widely acknowledged for their features like purity, moisture proof packaging and long shelf life. Under the guidance of our mentor “Mr. Sattinder Singh”, we have been able to provide maximum satisfaction to our clients.





Mustard Oil



Bhangra Mustard Oil

Bhangra Mustard Oil is a premium cooking oil renowned for its robust flavor and nutritional benefits. Made from high-quality mustard seeds, this oil is a staple in many Indian households, cherished for its distinct taste and health advantages.

Double Horse Oil

Double Horse Oil is a high-quality cooking oil renowned for its distinct flavor and numerous health benefits. Extracted from premium mustard seeds, this oil is a staple in many kitchens, especially in South Asian cuisines.





Refined Oil



Soyabean refined oil

Soybean refined oil is high in polyunsaturated fats, including omega-3 and omega-6 fatty acids, with a balanced fat profile. It has a neutral flavor, making it versatile for cooking and frying.

Sunflower refined oil

Sunflower refined oil is high in polyunsaturated fats, particularly omega-6 fatty acids. It has a neutral flavor and high smoke point, making it ideal for cooking and frying. Rich in vitamin E.





Refined Oil



Groundnut oil

Groundnut oil, derived from peanuts, is rich in monounsaturated and polyunsaturated fats. It contains essential fatty acids, vitamin E, and antioxidants, making it a healthy choice for cooking and frying.

Cold pressed groundnut oil

Cold pressed groundnut oil is extracted by crushing peanuts without heat, preserving its natural flavor, nutrients, and healthy fats. Rich in monounsaturated fats, it supports heart health and provides essential vitamins.





Jaggery



Jaggery

Jaggery, a traditional sweetener derived from sugarcane or date palm sap, is popular in many parts of Asia and Africa. It's made by boiling the sap until it solidifies, resulting in a product that ranges in color from golden brown to dark brown.

Jaggery

Its rich, caramel-like flavor adds depth to both sweet and savory dishes. Jaggery is often used in desserts, beverages, and as a natural sweetener in various recipes, valued not only for its taste but also for its purported health benefits.





Jaggery Powder



Jaggery Powder

Jaggery powder is a natural sweetener made from the concentrated juice of sugarcane or date palms. It's minimally processed, preserving more nutrients compared to refined sugars.

Jaggery Powder

Its natural composition provides a distinct taste and color, enhancing the nutritional profile of various recipes. Jaggery powder is also valued for its potential digestive and detoxifying benefits.





Revadi



Revadi

Revadi is a traditional Indian sweet, cherished for its rich flavor and unique texture. Made from sesame seeds (til) and jaggery (gur), it is a popular treat during festivals and special occasions.

Revadi

Revadi offers a delightful crunch and a sweet, nutty taste, with the jaggery providing a caramel-like richness. It's not only a delicious treat but also valued for its health benefits, including high levels of calcium and iron from the sesame seeds.





Kasturi Methi



Kasturi Methi

Kasturi Methi, also known as ****methi**** or ****fenugreek**** in its dried form, is a spice derived from the seeds of the ****fenu-greek plant****. It has a distinctive, slightly bitter taste and is used extensively in Indian cuisine to add flavor to dishes like curries, stews, and pickles.

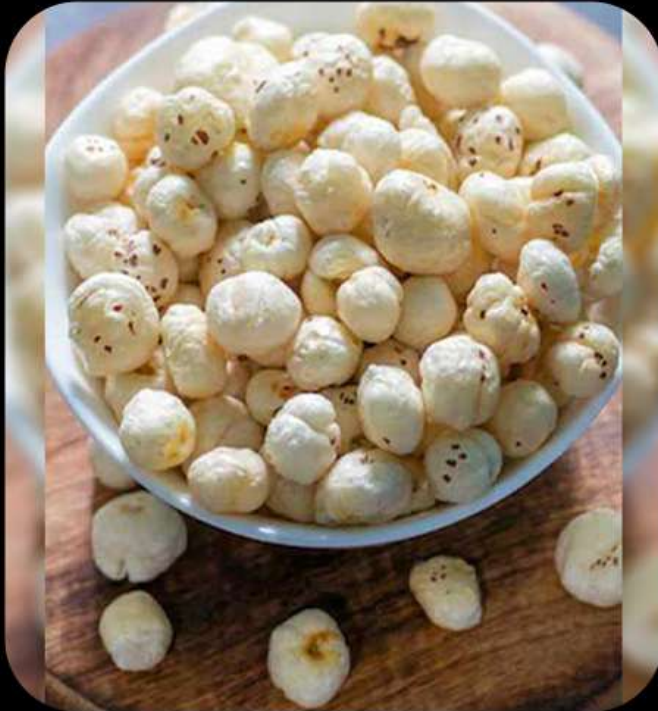
Kasturi Methi

It's also known for its potential to regulate blood sugar levels and support heart health. Often used in its powdered form or as a dry herb, it adds both nutritional and aromatic value to meals.





Makhana / Mathi



Makhana

Makhana, also known as fox nuts or lotus seeds, is a nutritious snack widely consumed in India. Rich in protein, fiber, and essential minerals like magnesium, calcium, and potassium, makhana is low in calories and gluten-free, making it an ideal choice for health-conscious individuals.

Mathi

Mathi is a popular Indian snack known for its crispy texture and savory flavor. Made from a blend of flour, spices, and sometimes herbs, Mathi is often enjoyed with tea or as a crunchy accompaniment to meals.





Maize



A Grade Maize

A Grade maize is premium quality corn characterized by its high purity, uniformity, and absence of defects. It features bright, golden-yellow kernels that are free from discoloration, mold, and foreign matter.

B Grade Maize

B Grade maize refers to maize (corn) that does not meet the highest quality standards but is still usable. It typically has minor defects such as discolored kernels, slight damage, or foreign matter.





Basmati Rice



1509 Sella Basmati Rice

1509 Sella Basmati Rice is a premium variety known for its distinct aroma, long grains, and fluffy texture. Originating from the Himalayan region, this rice is aged for extra flavor and superior quality.

1121 Sella Basmati Rice

1121 Sella Basmati Rice is a premium quality variety of Basmati rice known for its long grains and exquisite aroma. Originating from the Himalayan region, this rice undergoes a special parboiling process that enhances its nutritional value and ensures the non-sticky after cooking.





Besan / Soybean Oil



Besan

Besan, also known as gram flour or chickpea flour, is a staple ingredient in Indian cuisine. Made from ground chickpeas, it is known for its nutty flavor and fine texture. Besan is versatile and used in various dishes such as pakoras (fried snacks), chilla (savory pancakes), and as a thickening agent in curries and soups.

Soybean oil

Soybean oil, extracted from soybeans, is a widely used vegetable oil known for its neutral flavor and versatility. It contains approximately 55% polyunsaturated fats, primarily omega-6 fatty acids, which are essential for heart health.





Contact Us



+91-9872002146



Harneetinternational@gmail.com



**M/s Narinjan Singh Prem Singh.
Oil Mills, Darshani Gate Jandiala Guru.**

www.harneetinternational.com