MT. BLUE FOOTBALL



2024 GO COUGARS

MT.BLUE COUGARS



2024 SEASON

Home

Away

SATURDAY **AUG 24** Hampden Aca scrimmage

Friday AUG 30 Friday

Brewer

SEP 6 Friday

Gardiner

Friday **SEP 20**

SEP 13

Brunswick

Friday SEP 27

Skowhegan

Friday OCT 4

Falmouth

Friday OCT 11

Lawrence

Friday **OCT 18** **Messalonskee**

Friday **OCT 25** Cony

Mt. Blue Community Access TV

Airing in Farmington, Jay, Livermore Falls, and Wilton

TV Guide

Watch Live



Head to mtbluetv.org to catch all the action!

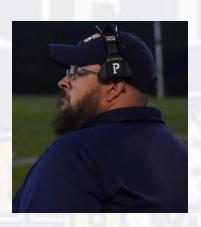
MEET THE COACHES



VARSITY HEAD COACH

MATT FRIEDMAN

ASSISTANT COACHES
Joshua Newhall
Sean Moore
Brody Cousineau
Hunter Meeks





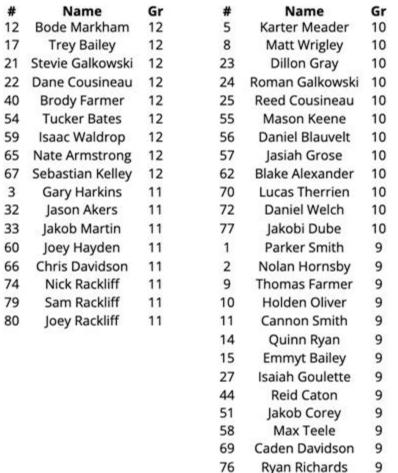






Mt. Blue Cougars Football & Cheering Roster

2024



83



Cheerleaders Natalia Bernatowska Anglee Brewer Farida Elsabea Emma Richter Paula Sprenge Emma Turcotte Alexis Visuano Naomi Lane Avery Oliver Alexis Wood Abigail Walker Samantha Cook Aydya Hajek Rylie Helger Jewel Marsden Sophia McGraw Grace Mooar Emma Turner Elizabeth Welch

Mascot: Cougars

School Colors: Blue & Gold Head Coach: Matt Friedman

James Davis

9

Assistant Coaches:

Joshua Newhall Sean Moore Brody Cousineau Hunter Meeks

Captains:

Dane Cousineau Stevie Galkowski Sebastian Kelley Joey Hayden Cheer Coach: Holly Harrington

Athletic Director: Cyndi Pratt

Superintendant: Christian Elkington

Athletic Trainer: Heather Mitchell



Stephen Galkowski #21

Favorite NFL player all time: Rob Gronkowski
Favorite Pregame Food: Footlong Steak and
Cheese with Banana Peppers
Favorite Gatorade: ZERO Sugar Glacier Freeze
Plan After Graduation: Pursuing Education in
Engineering
#1 Song on your pregame playlist: "Break Stuff"
by Limp Bizkit

Bode Markham #12

Favorite NFL player all time: Brock Purdy

Favorite Pregame Food: Pop-Tarts

Favorite Gatorade: Light Blue Plan After Graduation: College

#1 Song on your pregame playlist: "Runnin"

by The Pharcyde





Trey Bailey #17

Favorite NFL player all time: Julian Edelman

Favorite Pregame Food: Subway

Favorite Gatorade: Purple

Plan After Graduation: College

#1 Song on your pregame playlist: "Till I

Collapse" by Enimem

Brody Farmer #40

Favorite NFL player all time: Adam

Thielen

Favorite Pregame Food: Mentos

Favorite Gatorade: White

Plan After Graduation: College

#1 Song on your pregame playlist:

"Dancing Queen"





Sebastian Kelley #67

Favorite NFL player all time: Aaron

Donald

Favorite Pregame Food: KFC Chicken

Sandwich Combo

Favorite Gatorade: Purple

Plan After Graduation: College for

Nursing

#1 Song on your pregame playlist:

"Toothpick" by Danny Towers

Thomas Waldrop #59

Favorite NFL player all time: Brian

Dawkins

Favorite Pregame Food: Chicken

Favorite Gatorade: Yellow

Plan After Graduation: Trade School #1 Song on your pregame playlist: "Dreams and Nightmares" by meek

Mill





Nate Armstrong #64

Favorite NFL player all time: Vince

Wilfork

Favorite Pregame Food: Quarter

Pounder with 4 patties Favorite Gatorade: Blue

Plan After Graduation: College for

Business

#1 Song on your pregame playlist: "Unwritten" by Natasha Bedingfield

Dane Cousineau #22

Favorite NFL player all time: CMC

Favorite Pregame Food: Steak and Cheese

from Subway

Favorite Gatorade: Blue

Plan After Graduation: College for

Business

#1 Song on your pregame playlist: "Got it

on Me" by Pop Smoke





Tucker Bates #54

Favorite NFL player all time:

Montravius Adams

Favorite Pregame Food: Chicken Bacon

Ranch from Subway

Favorite Gatorade: Green

Plan After Graduation: Marine Corp #1 Song on your pregame playlist:

"Hells Bells" by ACDC



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WEEK 1 SUMMARY



33-6 Sen 6 at 7:00PM



Top Players	Home	1	2	3	4	F	Away	Top Players
#3 Harkins	167 Pass Yds	7	12	7	7	33	Rest of team	71 Pass Yds
#22 Cousineau	101 Rush Yds	0	0	0	6	6	Rest of team	44 Rush Yds
#22 Cousineau	74 Rec Yds						Rest of team	71 Rec Yds

Scoring Summary

_	•		
First Quarter		MBHS	BHS
🧼 π	Stephen Galkowski 35 Yd Pass From Gary Harkins (Cannon Smith Kick)		0
Second Quart	er	MBHS	BHS
-π	Dane Cousineau 37 Yd Pass From Gary Harkins (Kick No Good)	13	0
-π	Reed Cousineau 7 Yd Run (Failed Two- Point Conversion)	19	0
Third Quarter		MBHS	BHS
В то	Dane Cousineau 15 Yd Run (Cannon Smith Kick)	26	0
Fourth Quarte	er	MBHS	BHS
🧼 π	Gary Harkins 1 Yd Run (Cannon Smith Kick)	33	0
TD	31 Yd Pass (Kick No Good)	33	6

Team Totals

Total Plays	62 42
Total Yards	346 115
Passing Yards	167 71
Rushing Yards	179 44
First Downs	17 3
Third Down Efficiency	5-11 2-10 (45%) (20%)
Fourth Down Efficiency	4-5 0-3 (80%) (0%)
Turnovers	1 -
Fumbles Lost	1 -
Interceptions Thrown	
Penalties	10 7
Yards	115 38

WEEK 2 SUMMARY



7-14Sep 13 at 7:00PM



Top Players	Away	1	2	3	4	F	Home	Tigers Top Players
#3 Harkins	134 Pass Yds	7	0	0	0	7	Rest of team	124 Pass Yds
#22 Cousineau	95 Rush Yds	7	0	0	7	14	Rest of team	120 Rush Yds
#21 Galkowski	79 Rec Yds						Rest of team	124 Rec Yds

Scoring Summary

First Quarter	N	MBHS	GHS
TD Chase	Burgess 46 Yd Pass From Asher Nagy (Kutman B Kick)	0	7
В то	53 Yd Run (Kick)	7	7
Second Quarter	N	MBHS	GHS
Third Quarter	Ν	MBHS	GHS
Fourth Quarter	N	MBHS	GHS
dyny			

Kyle Doody 4 Yd Run (Kutman B Kick)

Team Totals

Total Plays	53 59
Total Yards	194 244
Passing Yards	137 124
Rushing Yards	57 120
First Downs	14 12
Third Down Efficiency	5-12 5-12 (42%) (42%)
Fourth Down Efficiency	2-3 0-2 (67%) (0%)
Turnovers	2 1
Fumbles Lost	1 1
Interceptions Thrown	1 -
Penalties	7 6
Yards	53 33

GOOD LUCK TO The 2024 MT. BLUE FOOTBALL TEAMS!



MT. BLUE ATHLETICS WEBSITE



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