



International Patients' Guidebook



**Bringing Affordable
World-Class Care
to the World**

Table of Contents

01 Medanta – The Medicity

A Global Medical Destination
Excellence and Global Reputation
Clinical Milestones and Breakthroughs
Infrastructure at Scale
A Day at Medanta
The Medanta Care Model
International Patient Safety Standards
Global Impact

02 International Patient Services

Platinum Desk and Lounge
Language Support
Concierge and Logistics
What to Expect: Your Journey at Medanta
Stay Arrangements Beyond Hospitalisation
Air Ambulance Services

03 Centres of Excellence

Heart Institute
Cancer Institute
Institute of Liver Transplantation and Regenerative Medicine
Institute of Neurosciences
Institute of Musculoskeletal Disorders and Orthopaedics
Kidney and Urology Institute
Institute of Digestive and Hepatobiliary Sciences
Institute of Chest Surgery and Lung Transplantation
Institute of Critical Care and Anaesthesiology
Division of Obstetrics and Gynaecology
Division of Paediatrics
Department of Ophthalmology
Department of Interventional Radiology
Specialised Departments

04 In-Patient Care (IPD) and Rooms

Room Categories



05 Wellness and Preventive Health

Comprehensive Screenings
Medanta Mediclinic (Golf Course Road)

06 Other Facilities at Medanta

Food Court and Dining Options
Library and Reading Areas
Pharmacy and Retail Amenities
Banking and ATM Services
Prayer, Meditation and Wellness Spaces
Patient and Attendant Lounges
Travel, Connectivity and Local Transport
Local Sights and Experiences
Global Trust and Tie-Ups
International Insurance Support

07 Success Stories from Around the World

Restoring Heart Health to Enable a Life-Saving Liver Transplant
Saving Two Unborn Lives with Advanced Foetal Procedure
When Others Couldn't Treat the Face and Jaw Tumour, Surgery
Became the Hope
Becoming Seizure-Free After 25 Years of Living with Epilepsy
Treating Early-Stage Oesophageal Cancer with Minimally
Invasive Surgery
Personalised Multimodality Care for High-Risk Breast Cancer
The Voice of Our Patients



medanta





01

Medanta The Medicity

A globally trusted healthcare destination where complex medical challenges are managed with advanced expertise and a strong focus on patient outcomes. Rooted in innovation and collaboration, Medanta delivers affordable, internationally benchmarked care.



A Global Medical Destination

Medanta is not just a hospital; it is an institution of intellect, infrastructure, and innovation. Founded by Dr. Naresh Trehan, we pioneered the "large-format" hospital model in India — creating a doctor-led, patient-first ecosystem where the world's best medical minds collaborate under one roof. We combine traditional values of compassion with the highest standards of modern technology to deliver holistic, affordable, and world-class healthcare.





Our Excellence and Reputation



India's Best Private Hospital

Ranked as the No. 1 Private Hospital in India by Newsweek since 2020.



Global Accreditations

JCI (Joint Commission International) and NABH accredited, ensuring rigorous adherence to international safety and quality protocols.

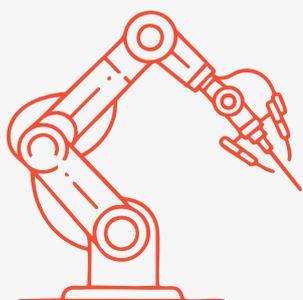


A Legacy of Firsts

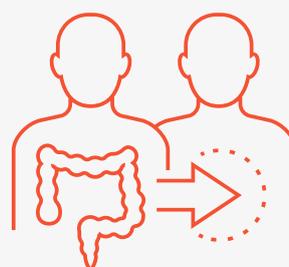
Since inception, Medanta has focused on closing gaps in healthcare delivery. This has led to introducing procedures and technologies previously unavailable, expanding treatment options, and improving outcomes across specialties.



Clinical Milestones and Breakthroughs



Performed **India's first** robotic kidney transplant



Achieved **India's first** successful intestinal transplant





Next-Gen Cardiac Therapies

Stem cell-enabled interventions for advanced heart failure.



Paediatric ABO-Incompatible Renal Transplant

First centre in India to achieve this complex paediatric milestone.



Advanced Vascular Interventions

First in India to use Supera™ stents and ONYX embolisation.



Complex Liver Transplants

India's highest volume of swap, ABO-mismatched and dual-lobe transplants.



Aortic Emergency Rescue

India's first acute rescue service for aortic dissections and aneurysms.



3D Surgical Planning

India's first Myrian 3D CT system for precision pre-surgical planning.



VAD-Assisted Heart Transplants

Early pioneers in Ventricular Assist Device-supported transplants.



Varian Edge® Platform

India's first high-precision radiotherapy platform with RapidArc Dynamic, Identify and HyperArc.



Frameless SBRT

Elekta-based SBRT treating lung and liver tumours in under 20 minutes.



3D-Printed Spine Implant

First in India to implant a 3D-printed titanium spine.



Infrastructure at Scale

Our integrated healthcare network is designed to handle the most complex medical cases with precision and scale.



6

Hospitals



3,000+

Installed Beds



1,700+

Doctors



85+

Operation Theatres





10

Pharmacies



300+

Sample Collection Centres



5,400+

Nurses and Paramedics



10

Reference Labs



8

Mediclinics



A Day at Medanta

Every day, we dedicate our expertise to saving lives and advancing healthcare.



8,000+
OPD Footfalls



25,000+
Lab Tests



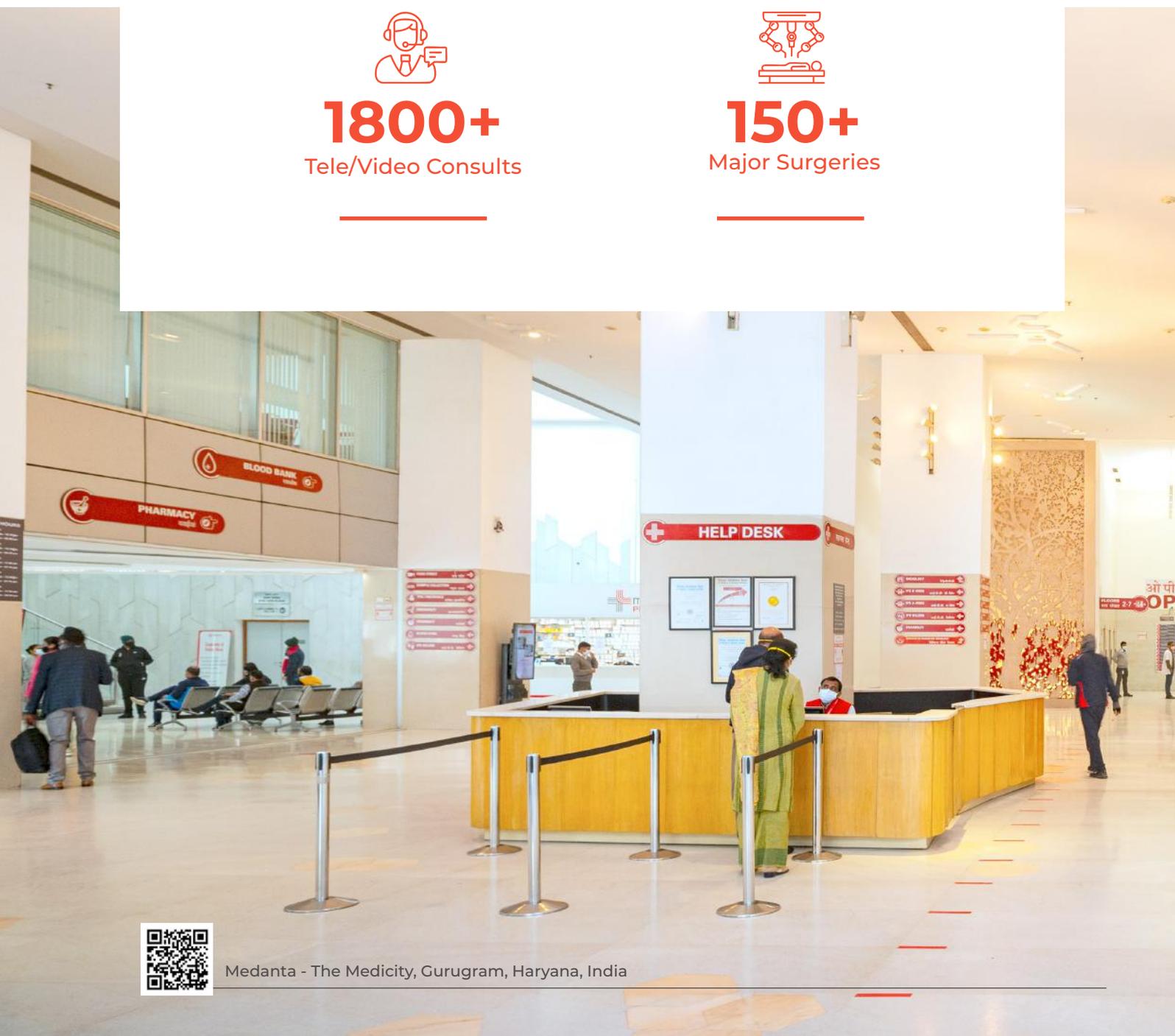
470+
Admissions



1800+
Tele/Video Consults

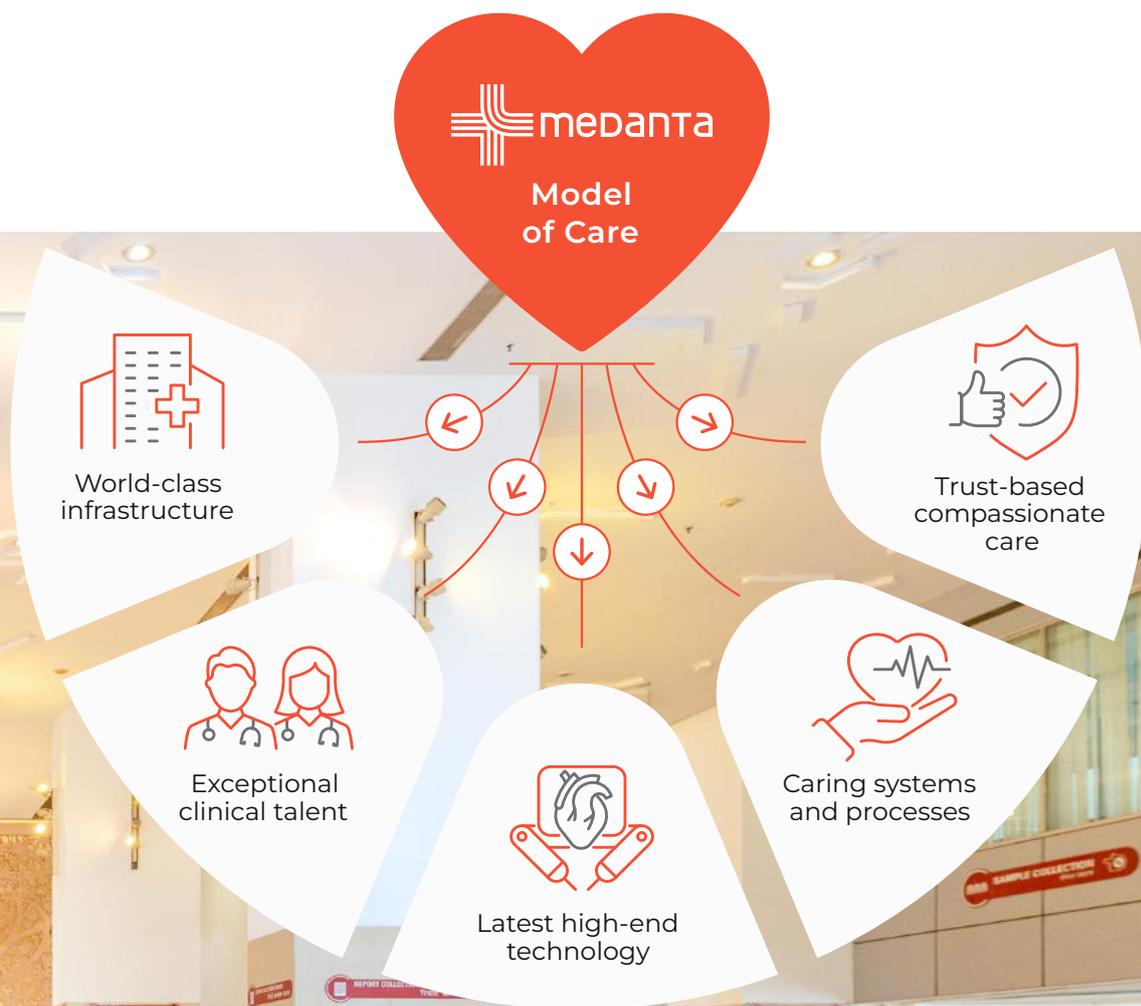


150+
Major Surgeries



The Medanta Care Model

At Medanta, we don't just treat diseases — we care for the person behind the diagnosis. Our approach brings together clinical depth, collective expertise, and accountability at every stage of care, ensuring decisions are made thoughtfully, collaboratively, and in the patient's best interest.



International Patient Safety Standards

At Medanta, every protocol, system and safeguard is designed to meet global benchmarks. Accredited by the Joint Commission International (JCI), we ensure the highest standards of patient safety, clinical quality and data protection, leaving nothing to chance.

Highest Safety Protocols

Full compliance with international patient safety norms.



Infection Control

Specialised air handling units (AHUs) and hospital-wide disinfection protocols to maintain sterile environments.



Emergency Readiness

In-house fire station and advanced disaster management systems ensuring 24/7 safety.



Data Privacy

Adherence to international data protection standards, including HIPAA guidelines for patient data privacy



Global Impact

130+

Countries
Served

Trusted by patients across the globe for complex treatments.

16+

Outreach
Clinics

Dedicated outreach clinics in neighbouring countries to provide accessible consultation.

7+

Languages
Supported

In-house interpretation for Arabic, Russian, French, Burmese, Uzbek, Dari, and Pashto.





02

International Patient Services

We understand that seeking medical care abroad is a significant decision. Our dedicated International Patient Services team ensures your journey is seamless, comfortable, and stress-free.

Platinum Desk and Lounge



Express Check-in

Bypass queues with our dedicated priority admission process.



Private Lounge

A dedicated international patient lounge with recliner seating, business centre facilities, and international cuisine options.

INTERNATIONAL
PATIENT SERVICES



Language Support



Bridging Communication Gaps

Professional interpreters available for multiple languages to ensure clarity in medical consultations.

Arabic | Russian | French | Burmese | Uzbek | Dari | Pashto



Concierge and Logistics

Complimentary Transport

Airport pick-up and drop-off services (ambulance support available if required).



Travel Assistance

Full support for visa invitation letters, extension services, and hotel reservations.



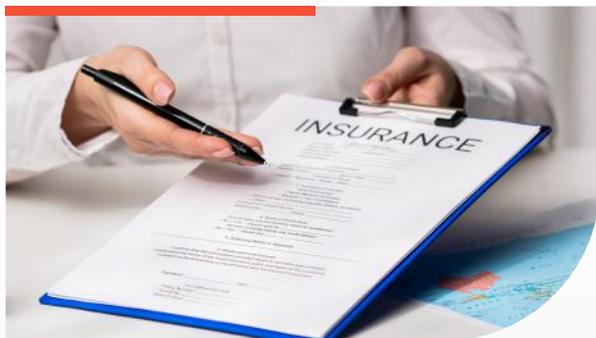
Currency Exchange

Fast and secure currency exchange services with transparent rates for all major currencies.



Insurance Coordination

Seamless coordination with international insurance providers and Third-Party Administrators (TPAs) for cashless treatments.



Global Palate

Customised meal plans catering to diverse international dietary preferences.



Entertainment Services

Tailored TV channel packages available to make your hospital stay more comfortable.

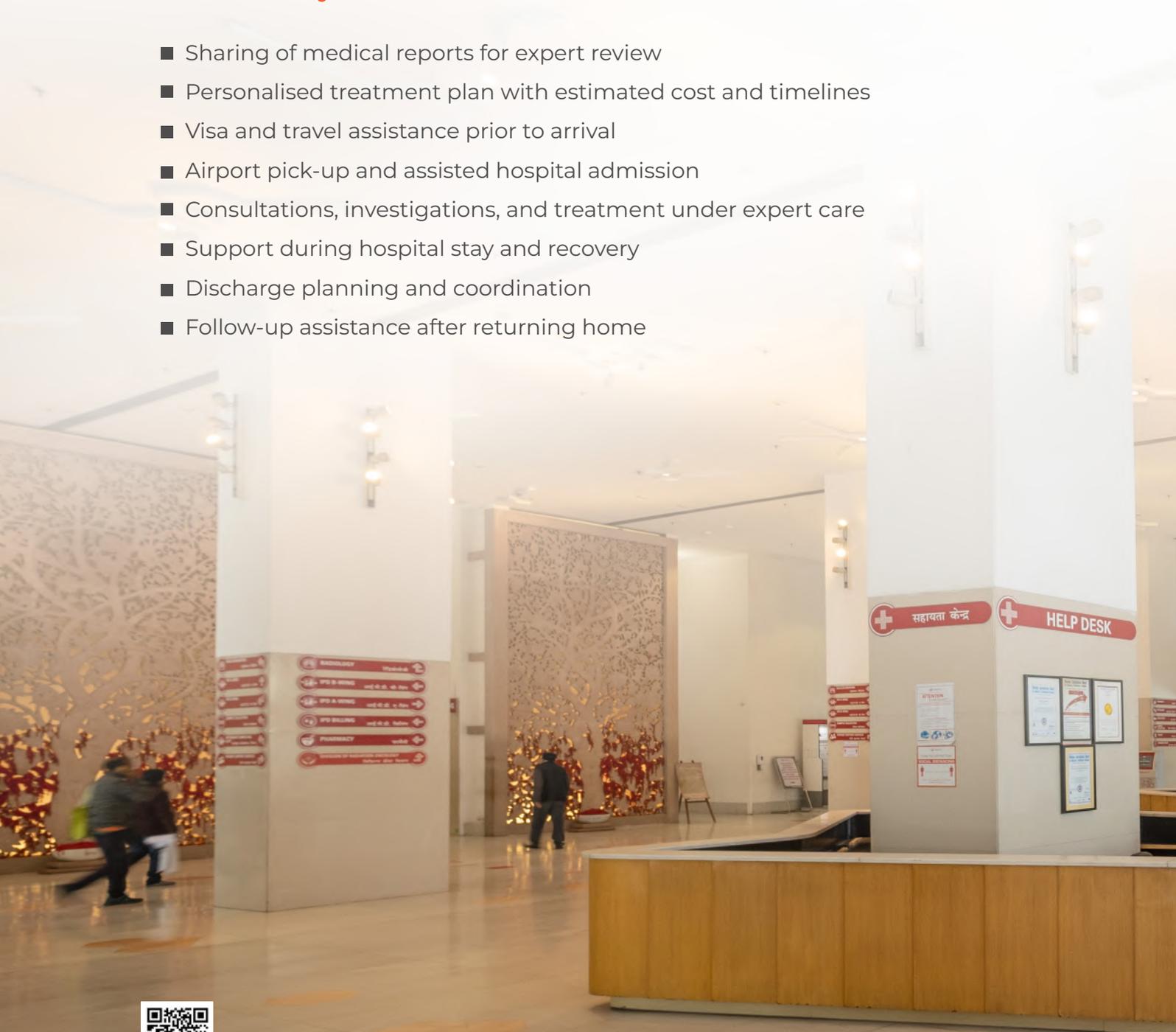


What to Expect: Your Journey at Medanta

At Medanta, we understand that seeking treatment away from home can feel overwhelming. We ensure a seamless, well-supported experience, guiding you at every step—from planning your visit to recovery and follow-up care. A dedicated team coordinates all medical and non-medical needs, so you can focus entirely on your health.

Your Journey Includes:

- Sharing of medical reports for expert review
- Personalised treatment plan with estimated cost and timelines
- Visa and travel assistance prior to arrival
- Airport pick-up and assisted hospital admission
- Consultations, investigations, and treatment under expert care
- Support during hospital stay and recovery
- Discharge planning and coordination
- Follow-up assistance after returning home



Stay Arrangements Beyond Hospitalisation

Along with in-patient care (IPD), Medanta assists international patients and their families in identifying nearby hotel and serviced accommodation for pre-treatment or post-discharge stays.



Guest houses and branded hotels within 2–3 km of the hospital, typically ranging from USD 30–200 per night.



Options suitable for short visits as well as extended stays.



Our international team can guide and coordinate options based on individual preferences.





Air Ambulance Services

Medanta provides 24×7 air ambulance support for international patients requiring urgent medical transfer. Our service ensures safe, seamless and continuous medical care throughout the journey.



Fully equipped flying ICU with advanced life-support systems.



Aircraft-door to aircraft-door medical transfer with continuous care.





Exclusive provider of medical services at Delhi Airport, ensuring smooth coordination on arrival and departure.



Experienced medical team including doctors, nurses and paramedics.





03

Centres of Excellence

Our Institutes are led by global pioneers and equipped with frontier technology to deliver superior clinical outcomes. For the international patients, this means access to the world's best medical minds and the latest treatments under one roof.

dedicated
to

Our Institutes



Heart Institute

Cardiology Division:

- + Clinical and Preventive Cardiology
- + Heart Command Centre
- + Interventional Cardiology
- + Paediatric Cardiology
- + Electrophysiology and Pacing

Cardio Thoracic and Vascular Surgery (CTVS):

- + Adult Cardiac Surgery
- + Minimally Invasive and Robotic Cardiac Surgery
- + Congenital and Paediatric Cardiac Surgery
- + Vascular Surgery
- + Thoracic Surgery



Institute of Neurosciences

- + Neurosurgery
- + Spinal Surgery
- + Neurology
- + Paediatric Neurology
- + Brain Suite (Intra-operative MRI)
- + Stroke Unit
- + Epilepsy Unit
- + Interventional Neuroradiology



Institute of Musculoskeletal Disorders and Orthopaedics

- + Joint Replacement Centre
- + General Orthopaedics and Trauma
- + Paediatric Orthopaedics
- + Spine Unit
- + Foot and Ankle Surgeries
- + Hand and Upper Extremities
- + Sports Medicine Unit



Institute of Critical Care and Anaesthesiology

- + Critical Care Medicine
- + General Anaesthesia
- + Cardiovascular Anaesthesia
- + Neuro Anaesthesia
- + Pain Clinic



Institute of Chest Surgery, Chest Onco-Surgery and Lung Transplantation

- + Lung Transplantation
- + Chest Trauma
- + VATS (Keyhole Surgery)
- + Robotic Chest Surgery
- + Lung Cancer Surgery





Our Departments and Services

- + Obstetrics and Gynaecology
- + Internal Medicine
- + GI Surgery, GI Oncology, Minimal Access and Bariatric Surgery
- + Peripheral Vascular and Endovascular Sciences
- + ENT and Head Neck Surgery
- + Endocrinology and Diabetes
- + Gynaecology and Gynae-oncology
- + Clinical Immunology and Rheumatology
- + Ophthalmology
- + Plastic, Aesthetic and Reconstructive Surgery
- + Paediatrics
- + Respiratory and Sleep Medicine
- + Breast Services
- + Paediatric Gastroenterology, Hepatology, and Liver Transplantation
- + Dermatology
- + Dental Sciences
- + Interventional Radiology
- + Radiology and Nuclear Medicine
- + Transfusion Medicine and Blood Centre
- + Laboratory and Pathology
- + Physiotherapy and Rehabilitation
- + Emergency and Trauma Care
- + Preventive Health Check Services



Institute of Digestive and Hepatobiliary Sciences

- + Gastroenterology
- + Paediatric Gastroenterology
- + Hepatology
- + GI Surgery and Oncology
- + Laparoscopic Surgery
- + Bariatric Surgery



Institute of Liver Transplantation and Regenerative Medicine

- + Adult and Paediatric Liver Transplantation
- + Biliary Surgery
- + Interventional Radiology Procedures
- + Robotic Liver Surgery
- + Liver Cancer Surgery



Kidney and Urology Institute

- + Nephrology
- + Paediatric Nephrology
- + Dialysis Centre
- + Urology and Andrology
- + Robotic Urology
- + Prostate Unit
- + ED Clinic
- + Uro-oncology
- + Uro-gynaecology
- + Reconstructive Urology
- + Kidney Transplant Centre
- + Critical Care Nephrology



Cancer Institute

- + Medical Oncology
- + Surgical Oncology
- + Radiation Oncology
- + Haemato-oncology





Heart Institute

Leadership

Headed by Dr. Naresh Trehan, a world-renowned cardiovascular surgeon.

Complex Cardiac Surgery

Renowned for high-risk and complex cardiac surgeries, including redo procedures, multi-valve surgery, and advanced aortic and coronary interventions.



Dr. Naresh Trehan

Chairman & Managing Director
Medanta





Electrophysiology

Advanced 3D mapping (Carto) for treating complex arrhythmias and MICRA leadless pacemaker implants.

Hybrid Operating Suite

One of the few in the region, combining a cath lab and an OT for complex hybrid aortic aneurysm interventions and TAVR (Transcatheter Aortic Valve Replacement).

Advanced Heart Failure Care

Comprehensive management of advanced heart failure, including device therapy, mechanical circulatory support, and advanced surgical and interventional options delivered by a multidisciplinary heart team.



Robotic and Minimally Invasive Surgery

Leaders in Robotic Heart Surgery and Minimally Invasive Coronary Artery Bypass (CABG), ensuring faster recovery and minimal scarring.



Paediatric Cardiac Care

Specialised management of congenital heart diseases, including neonatal and complex paediatric cardiac surgeries, supported by dedicated paediatric cardiac teams and specialised ICUs.



Cancer Institute



Precision Oncology

Every case is reviewed by an **Multidisciplinary Tumour Board** (medical, surgical, and radiation oncologists) to define the most effective treatment path.



India's First CyberKnife VSI

Next-Gen Therapies

Capabilities in Immunotherapy, Targeted Therapy, **CAR-T Cell Therapy**, and **Bone Marrow Transplantation (BMT)** for blood cancers.

Paediatric Haemato-oncology

Dedicated services for childhood blood disorders and cancers, delivered by specialised multidisciplinary teams.





India's First Varian Edge with RapidArc
Dynamic, Identify and HyperArc

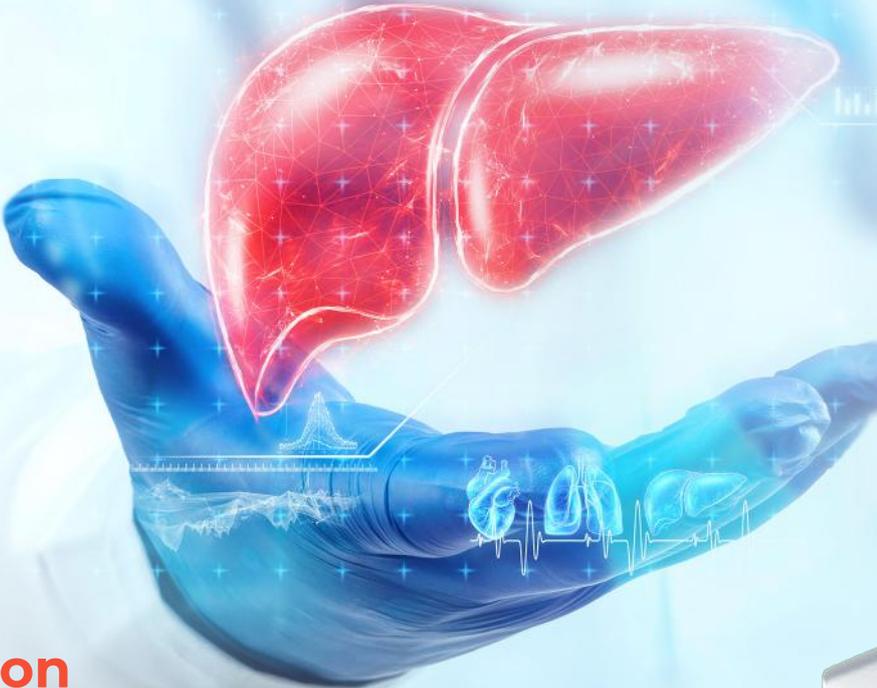
Advanced Radiation Tech

Equipped with **Varian Edge** with RapidArc Dynamic, Identify and HyperArc, **CyberKnife VSI** (robotic radiosurgery for sub-millimetre precision), and **TomoTherapy**, minimising damage to healthy tissue.

Organ-Specific Surgical Oncology

Specialised departments for breast, head & neck, gynaecologic and other organ-based cancers, delivered by experienced multidisciplinary surgical teams.





Institute of Liver Transplantation and Regenerative Medicine

Global Benchmark

One of the world's most successful adult and paediatric Living Donor Liver Transplant (LDLT) programmes, with over 1,300+ transplants performed.

1,300+

Transplants

High Success Rates

Consistently achieving high success rates, aligned with international standards of care.





da Vinci Xi
Surgical System

Asia's First Dedicated Institute

A first-of-its-kind centre in Asia offering comprehensive liver transplantation and advanced care for all liver and biliary diseases, including cancer, in both adults and children.

Clinical Leadership and Innovation

Pioneered and performed the highest number of Swap Liver Transplants, ABO-mismatched Liver Transplants, Dual Lobe Liver Transplants, and Combined Liver-Kidney Transplants in India, along with advancements in robotic liver surgery.





Institute of Neurosciences

Brain Suite

Features intraoperative MRI along with an advanced neurosurgical operating microscope, allowing real-time imaging and enhanced visual precision during brain surgery.



Functional Neurosurgery

Deep Brain Stimulation (DBS) for Parkinson's disease and epilepsy surgeries.



Stroke Ready

A dedicated Stroke Unit with **Biplane Neuro-intervention labs** for rapid mechanical thrombectomy.

Advanced Neurorehabilitation

Neuro rehab facilities with AI-enabled diagnostics and virtual neurorehab.





ZEISS OPMI PENTERO
Surgical Microscope

Subspecialty-Based Joint Care

Dedicated specialists for spine, hip and knee, shoulder, elbow, wrist and hand, ankle and foot, as well as upper and lower extremities, enabling focused expertise for every joint.

Institute of Musculoskeletal Disorders and Orthopaedics



Robotic Joint Replacement

Precision robotic systems for Knee and Hip replacements, ensuring accurate alignment and longevity of implants.



Sports Medicine

Dedicated unit for arthroscopy and management of sports injuries.



Spine Care

Specialists in Minimally Invasive Spine Surgery (MISS) and 3D-printed vertebral implants for complex spinal reconstruction.





Kidney and Urology Institute

Robotic Urology and Uro-Oncology

Da Vinci Xi-assisted precision surgery for prostate, kidney and bladder cancers.



da Vinci Xi
Surgical System

Advanced Prostate Diagnostics

MRI/TRUS fusion-based
3D-guided prostate biopsy for
accurate cancer detection.

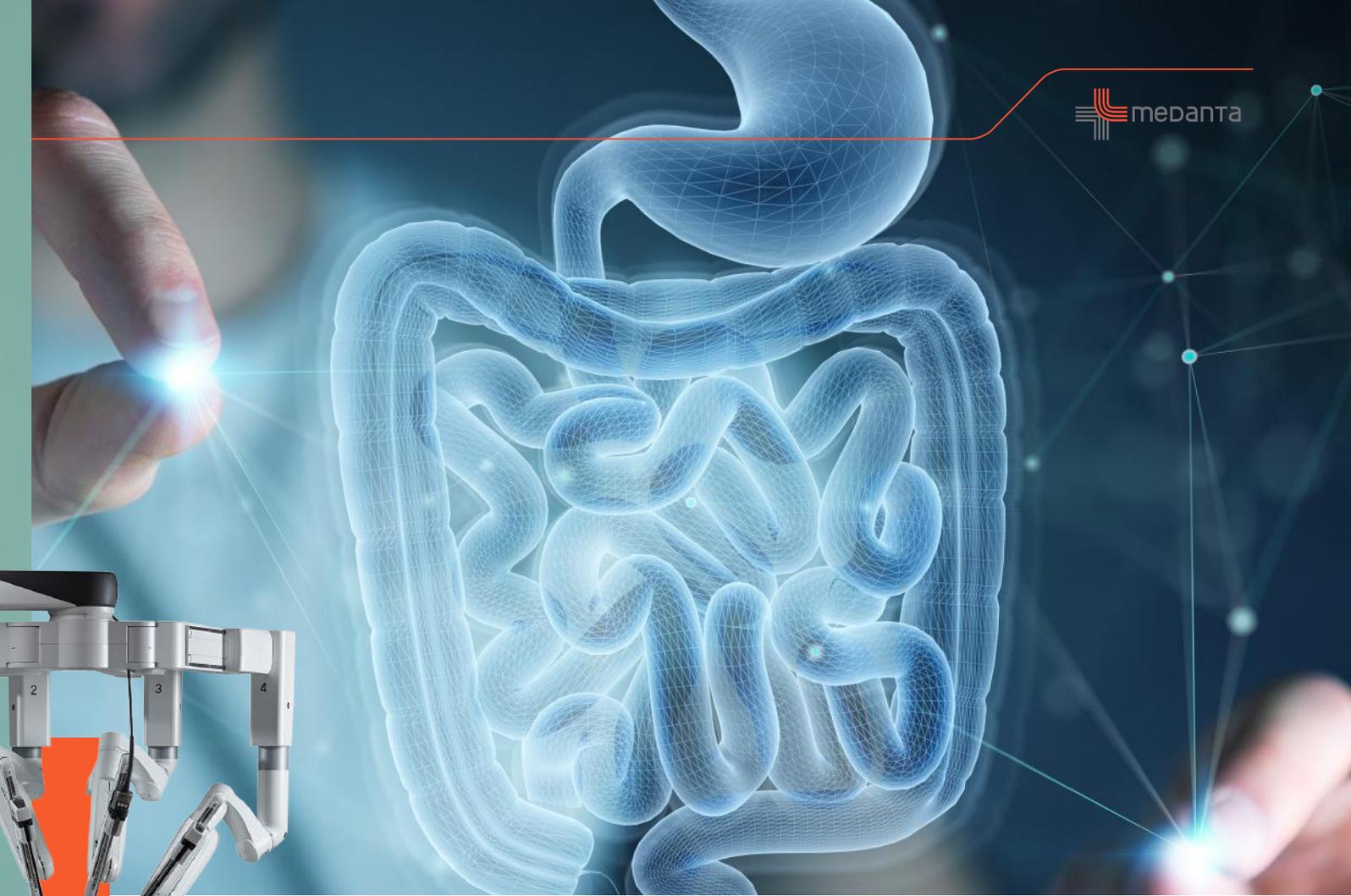
Transplant Leadership

High-volume centre for kidney
transplants, including ABO-incompatible
and paired kidney exchange.

Minimally Invasive and Reconstructive Urology

Advanced minimally invasive procedures and complex reconstructive surgeries.





Institute of Digestive and Hepatobiliary Sciences

Advanced Endoscopy

Comprehensive diagnostic and therapeutic endoscopy including ERCP, EUS, POEM, capsule endoscopy, and interventional GI procedures.

Minimally Invasive and Robotic Surgery

Expertise in robotic GI surgery, laparoscopic colectomy and video-assisted thoracoscopic oesophagectomy.

High-Volume Centre with Dedicated Critical Care

One of India's largest Whipple's surgery centres, supported by a dedicated GI and liver ICU with advanced endoscopy infrastructure.

GI Cancer and Complex Surgery

Surgical management of colorectal, oesophageal, gastric and pancreatic cancers, including Whipple's procedure, and advanced laparoscopic GI surgery.

Bariatric and Benign GI Surgery

Laparoscopic bariatric procedures along with surgery for ulcerative colitis, hernia, and chronic pancreatitis.





Institute of Chest Surgery and Lung Transplantation

India's Largest Thoracic Surgery Team

5 dedicated thoracic surgeons supported by 4 thoracic surgery fellows, specialty nurses, and physiotherapists under one roof.

5+ Thoracic surgeons

Comprehensive Chest Surgery Program

Only centre in India offering Open, VATS, and Robotic options for all chest surgical diseases—benign and malignant, with over 2,000 robotic thoracic surgeries performed.

2000+
Robotic Procedures





Pioneering Robotic and Minimally Invasive Surgery

Expertise in robotic and minimally invasive procedures for lung tumours, thymic disorders, thoracic oncology, lobectomy, and oesophageal surgery.

End-to-End Lung Care

Complete management of end-stage lung diseases, from advanced evaluation and optimisation to surgery and long-term follow-up.

Tracheal and Thymic Surgery Excellence

Largest experience in India for tracheal stenosis, tumours, tracheo-oesophageal fistula, Myasthenia Gravis, and thymoma, including **India's highest number of Robotic Thymectomies** with exceptional outcomes.

Lung Transplantation

One of the few centres in India offering a comprehensive lung transplant programme supported by ECMO, delivering full-spectrum transplant care.





Institute of Critical Care and Anaesthesiology

Comprehensive Critical Care Expertise

Advanced intensive care services supporting complex medical, surgical, cardiac, neurological, and transplant patients across all age groups.

Advanced ICU Ecosystem

One of the largest ICU setups in the region with 316 ICU beds, a **1:1 patient-nurse ratio** for critical cases, and dedicated specialty ICUs, ensuring focused and protocol-driven critical care.

316+
ICU Beds





Advanced Life Support Systems

Expertise in high-end life-support technologies including **ECMO (Extracorporeal Membrane Oxygenation)**, **LVAD (Left Ventricular Assist Device)**, and **Nitric Oxide therapy** for complex cardiac and respiratory failure.

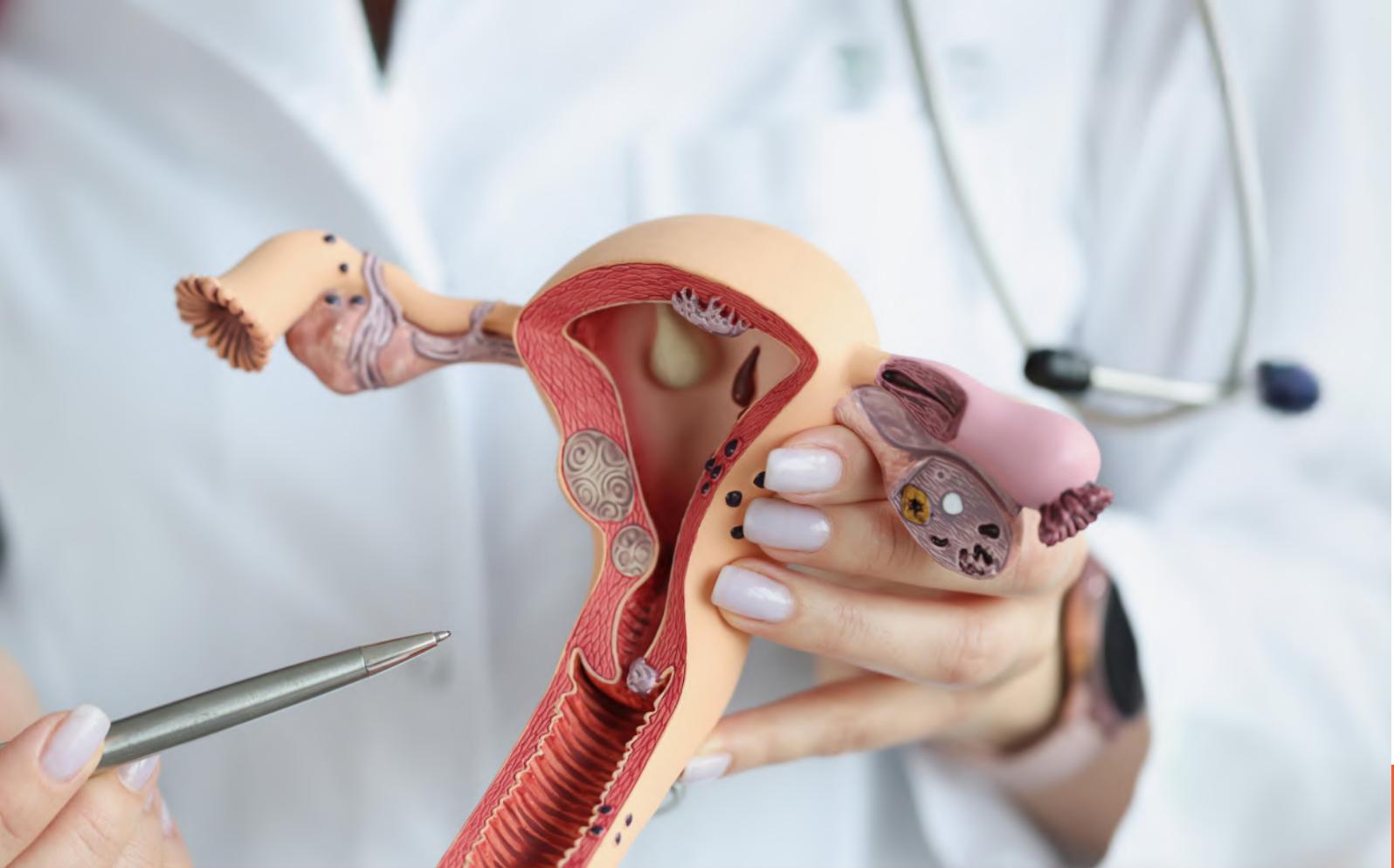
Integrated Anaesthesiology Services

Highly experienced anaesthesia teams providing perioperative care for high-risk surgeries, transplants, and minimally invasive procedures.

Multidisciplinary Critical Care Teams

Intensivists working closely with super-specialists to deliver coordinated, outcome-driven care for the most complex and critically ill patients.





Division of Obstetrics and Gynaecology

High-Risk Obstetrics

Specialised care for high-risk pregnancies, including maternal medical disorders, supported by advanced foetal medicine and expertise in painless deliveries.

Comprehensive Women's Surgical Care

Safe and precise management of complex and benign gynaecological conditions using modern surgical techniques.

Advanced Foetal Medicine

Comprehensive prenatal screening, detailed foetal assessment, and early intervention for complex foetal conditions.

Minimally Invasive Gynaecology

Advanced laparoscopic and hysteroscopic procedures for fibroids, endometriosis, ovarian cysts, and abnormal uterine bleeding, enabling faster recovery.





Division of Paediatrics

Paediatric and Neonatal Critical Care

Level III NICU and PICU equipped with advanced life-support systems, including High-Frequency Oscillatory Ventilation (HFOV), led by experienced neonatologists and paediatric intensivists.

24x7 Paediatric Emergency Services

Round-the-clock emergency care supported by advanced diagnostics and multidisciplinary teams.

Paediatric Sub-specialty Care

Comprehensive expertise across paediatric cardiology, neurology, gastroenterology, nephrology, urology, endocrinology, and paediatric surgery.

End-to-End Child Care

Integrated care for acute, chronic, and complex conditions from infancy through adolescence.





Department of Ophthalmology

Cataract Suite

State-of-the-art suite with 4D + Femto laser-assisted cataract surgery and UNITY 4D Phaco for precise, safe, and rapid visual recovery.



UNITY® VCS

Retina and Vitreoretinal Care

Advanced surgical management for retinal disorders including diabetic retinopathy and retinal detachments.

Paediatric Ophthalmology

Squint correction, amblyopia management, and paediatric cataract surgery.

Ocular Oncology

Specialised treatment of eye tumours, including brachytherapy.

Refractive and Corneal Care

Blade-free LASIK and Contoura Vision procedures





Department of Interventional Radiology

Image-Guided Minimally Invasive Therapies

Expert interventional radiologists use advanced imaging (ultrasound, CT, fluoroscopy) to perform minimally invasive procedures with precision and reduced recovery time.

Catheter-Based Vascular Interventions

Select image-guided procedures including angioplasty, embolisation and other catheter-based treatments for vascular conditions.

Biopsy and Drainage

Ultrasound- and CT-guided biopsies and fluid drainages for accurate diagnosis and therapeutic relief.

Tumour-Directed Procedures

Targeted interventions such as tumour ablation, embolisation and image-guided biopsies for liver, kidney and other solid organ lesions.

Pain and Nerve Interventions

Image-guided nerve blocks and ablations for chronic pain management





Specialised Departments



Internal Medicine and Respiratory & Sleep Medicine

Comprehensive management of lifestyle diseases, sleep disorders, and pulmonary conditions.



Endocrinology and Diabetes

Holistic care for diabetes, thyroid, and metabolic disorders.



ENT and Head Neck Surgery

Laser surgeries for voice disorders, cochlear implants, and sinus surgeries.



Peripheral Vascular and Endovascular Sciences

Advanced care for artery and vein disorders, including minimally invasive endovascular procedures and limb-saving interventions.





Plastic, Aesthetic and Reconstructive Surgery

Microvascular reconstruction, cosmetic enhancements, and reconstruction for trauma and complex facial defects.



Dental Sciences

Maxillofacial surgery, dental implants, and cosmetic dentistry.



Laboratory and Pathology

Comprehensive diagnostic services with accurate testing in biochemistry, microbiology, haematology, molecular diagnostics, and histopathology.



Radiology and Nuclear Medicine

PET-CT, Gamma Camera, and 3.0 Tesla MRI for precise diagnostics.



Emergency and Trauma Care

24/7 dedicated trauma teams supported by Air Ambulance services for rapid evacuation.





04

IPD and Rooms

Designed for comfort and recovery, our in-patient facilities mirror the warmth of a home with the safety of a hospital.

Room Categories



Suite



Clinical Excellence, 24x7

Round-the-clock monitoring through dedicated nursing stations, trained critical care teams, and rapid access to specialist doctors.



Family and Attendant Support

On-campus and nearby guest house facilities and serviced apartments for attendants during long hospital stays, ensuring continuity of care and convenience.



Thoughtfully Designed Rooms and Suites

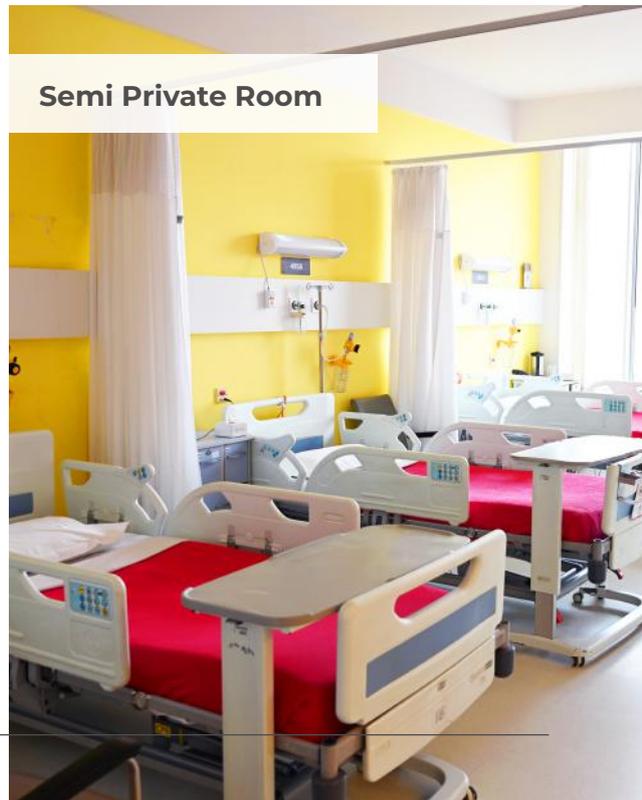
Spacious private rooms and suites with ergonomic layouts, modern amenities, and comfortable attendant seating to support recovery.



Patient-First Comfort and Privacy

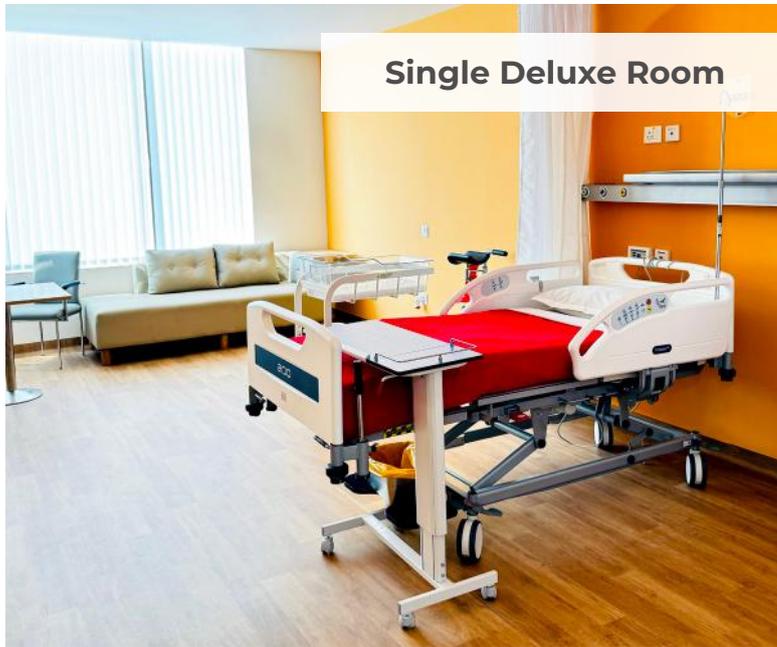
Quiet zones, controlled visitor access, and infection-safe environments to ensure rest, dignity, and safety.

Semi Private Room

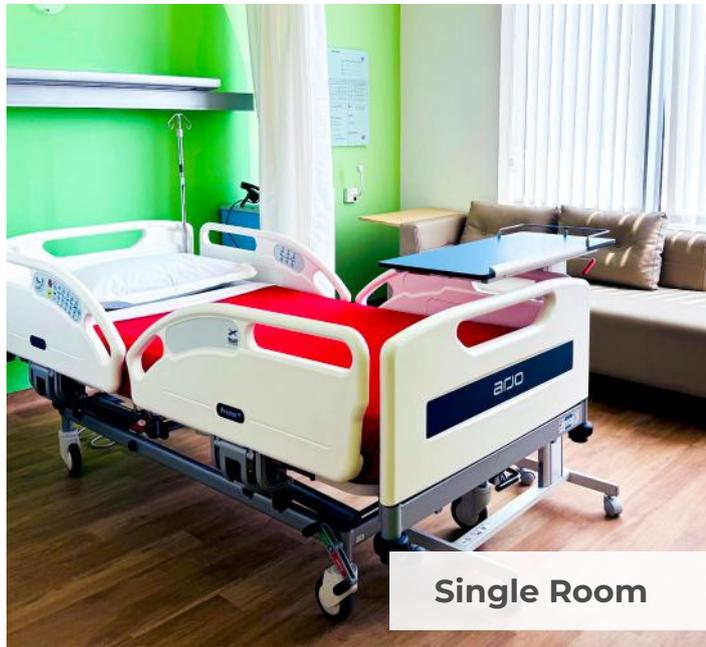




Super Deluxe Room

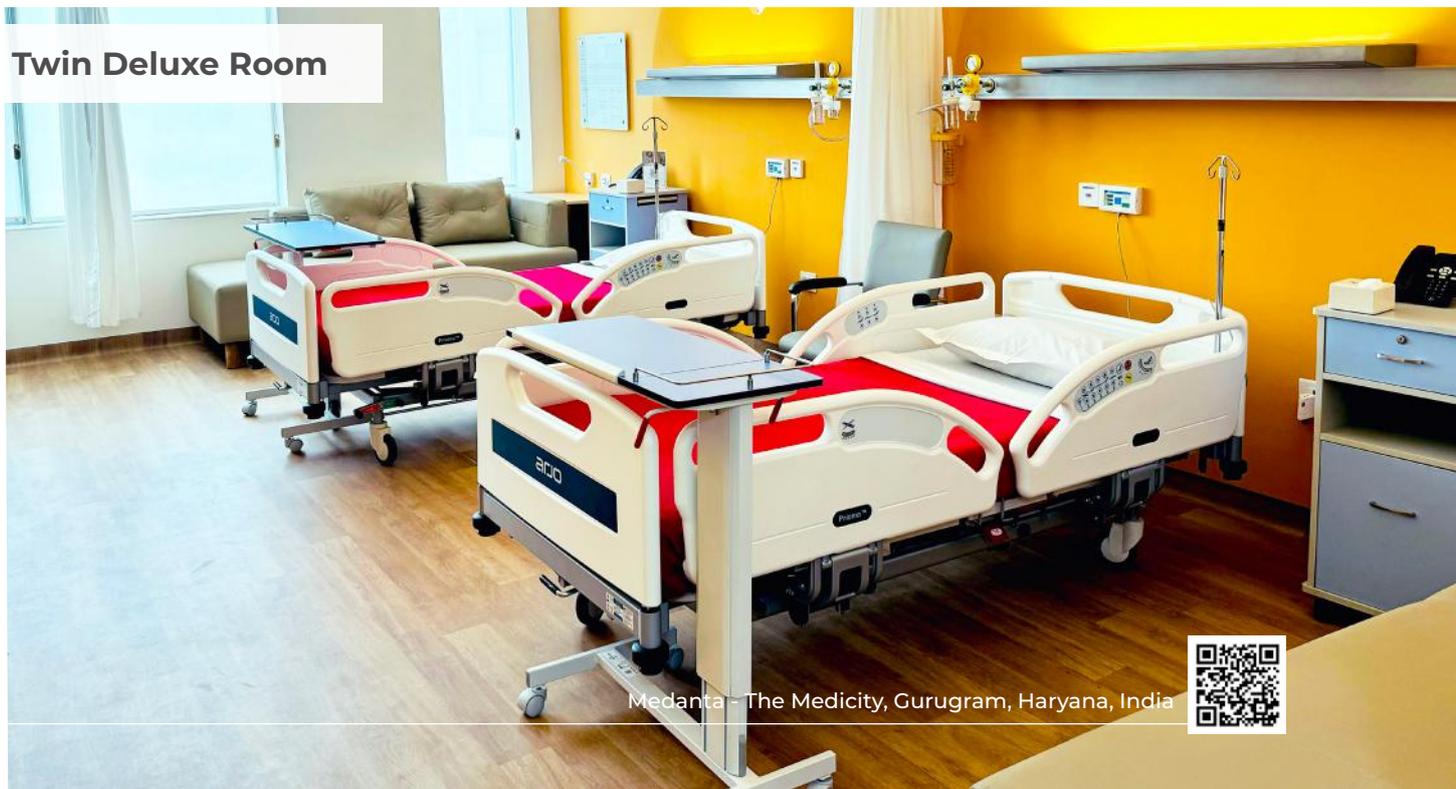


Single Deluxe Room



Single Room

Twin Deluxe Room





05

Wellness and Preventive Health

Prevention is the cornerstone of our care philosophy. We offer tailored health packages to detect and manage risks early.

Preventive Healthcare & Heart Station



Comprehensive Screenings



Tailored Packages

Age- and gender-specific programmes (Healthy Heart, Cancer Screening, Women's Wellness).



Advanced Diagnostics

Genomic screening, allergy panels, ergonomics assessments, and advanced imaging services.



Seamless Experience

Dedicated SPOC, multilingual support, cultural awareness, and end-to-end concierge support.



Preventive Health Checks at Medanta Mediclinic - Golf Course Road, Gurugram



Boutique Experience

A premium, zero-crowd environment designed for executive health checks.



Luxury Amenities

Exclusive lounges and personalised concierge service for a seamless screening experience.





A photograph of a library with tall wooden bookshelves filled with books. The shelves are labeled with categories like 'SCIENCE', 'ECONOMICS', 'BUSINESS', 'HUMOUR', 'CLASSICS', 'YOUNG ADULT FICTION', 'COMICS', 'ARTS ACTIVITY', and 'FANTASY'. A large, round, tufted chair is in the foreground. The lighting is warm and orange. The number '06' is overlaid in large white font.

06

Other Facilities at Medanta

Medanta's campus is designed to support patients and attendants with spaces that offer comfort, nourishment, and quiet moments of respite during their healthcare journey.



Patient Amenities and Support Services



Food Court and Dining Options

A spacious food court offering a wide variety of Indian and international cuisines, along with cafés and refreshment counters, catering to diverse dietary preferences and cultural needs.



Library and Reading Areas

Quiet library and reading spaces providing access to books, newspapers, and reference material, allowing patients and attendants a calm environment for relaxation and learning.





Pharmacy and wellness medical store



Patient and attendant lounges



Banking and ATM services



Retail outlets for daily essentials



Prayer and meditation areas



Spacious waiting areas and visitor amenities





Travel, Connectivity, and Local Transport

Getting to Medanta Gurugram and moving around is convenient and straightforward:



Indira Gandhi International Airport is about 25 km from the hospital.

Public road transport and private cab services include **Ola, Uber, Rapido, taxis** and **auto-rickshaws**.



Metro access: Nearest station is **Millennium City Centre** (HUDA City Centre) on the Yellow Line, located around 3 km (10 minutes) from Medanta Gurugram, connecting you to key Delhi-NCR destinations.





Local Sights and Experiences

While Medanta does not organise tours directly, our team can **help connect you with trusted partners** to plan local visits during your stay or after treatment.

Delhi and Gurugram together form a vibrant metropolitan region - a melting pot of cultures, rich heritage, and modern infrastructure. Among India's fastest-growing hubs for business, dining, and contemporary city life, the region offers easy access to malls, restaurants, and diverse urban experiences.

Popular iconic attractions in Delhi and the surrounding areas include **Red Fort, India Gate, Qutub Minar, Lotus Temple**, and more.

For longer stays, patients and caregivers may also explore the **Golden Triangle** (Delhi-Agra-Jaipur) with guidance from external tourism partners.



Global Trust and Tie-Ups

Medanta has established connections with health ministries and institutions around the world, reflecting confidence in our clinical expertise and international patient support.

Government and Institutional Partnerships Include:

Ministry of Health: Zambia, Rwanda, Uganda, Gambia, Mauritius, Iraq, Ethiopia, Bhutan, Sultanate of Oman

Treatment Armed Forces Medical Services: Sultanate of Oman

Sudan Police Forces

National Bank of Rwanda

National Bank of Uganda

Health Attaché: UAE





International Insurance Support

We also support a wide range of international insurance and assistance partners to help ease the treatment process:

Insurance and Rescue Services	Regional Partners	International Collaborators
Cigna	AON Minet (Kenya)	WHO
Jubilee Insurance	SHA (Kenya)	Henner
Old Mutual	Madison Insurance	SES-UNISURE (Zambia)
Sanlam	Britam Insurance	Asia Rescue & Medical Services Ltd.
Radiant	Prestige Insurance	East West Rescue
Prime Insurance	Paramount	Meera Rescue
Kumari Bank (Nepal)	Citizen Bank (Nepal)	





A person's hand is visible on the left side, gripping the handle of a walker. The walker is positioned on a bed with a wrinkled white sheet. The entire image is overlaid with a semi-transparent red filter. The background shows the legs of a bed frame and a headboard.

07

Success Stories from Around the World

Human resilience meets clinical excellence
to create life-changing outcomes.

Restoring Heart Health to Enable a Life-Saving Liver Transplant

Patient Overview

A 57-year-old monk from Nepal, living with chronic liver disease due to hepatitis C, developed liver decompensation with abdominal fluid and internal bleeding, managed at Medanta – Gurugram. He was also diagnosed with abnormal heart rhythm and severe tricuspid valve leakage.

When his liver disease required transplantation, a severe heart valve problem made surgery too risky. The faulty valve caused blood to flow backward, worsening fluid overload and liver congestion. Without fixing the heart condition, a liver transplant wasn't possible.

The Medanta Approach

At Medanta, a multidisciplinary team planned a minimally invasive tricuspid valve clipping. Guided by real-time imaging, two clips restored valve closure and reduced leakage — **the first such procedure in Asia.**

Recovery and Outcome

The patient recovered quickly, and within a week underwent a successful liver transplant at Medanta. His recovery was smooth, with marked improvement in symptoms, strength, and quality of life.



Image for representation purposes only.

Why This Matters

Managing advanced heart valve disease alongside end-stage liver failure requires precise timing, advanced technology and close collaboration across specialties. By addressing the cardiac risk first through a minimally invasive solution, the team at Medanta made a previously unviable liver transplant possible — restoring both cardiac stability and long-term survival.



Saving Two Unborn Lives with Advanced Foetal Procedure

Patient Overview

A 30-year-old woman from Doha was diagnosed midway through pregnancy with Twin-to-Twin Transfusion Syndrome (TTTS), a rare and life-threatening condition affecting identical twins who share a single placenta. At just over 20 weeks of gestation, one twin was receiving too much blood while the other was being deprived — placing both unborn babies at high risk of loss without urgent intervention.

She travelled to Medanta – Gurugram seeking definitive treatment. Detailed ultrasound assessment confirmed Stage II TTTS, with severe imbalance in amniotic fluid and blood flow between the twins. Without timely treatment, the chances of losing one or both babies were extremely high, with a significant risk of long-term neurological injury.

The Medanta Approach

A specialised foetal medicine team at Medanta planned and performed feotoscopic laser ablation, a highly advanced minimally invasive procedure carried out inside the womb. Using real-time imaging, the team precisely identified and sealed the abnormal blood vessels connecting the twins' circulations, correcting the root cause of the condition in a single, carefully coordinated intervention.

Recovery and Outcome

Following the procedure, both fetuses showed steady improvement. The pregnancy progressed safely to 34 weeks, when the mother delivered two healthy baby boys. One twin required a short stay in the neonatal unit, and both babies went on to have a favourable outcome.



Image for representation purposes only.

Why This Matters

Complex foetal conditions like TTTS demand early diagnosis, advanced imaging, expert in-utero surgery, and close post-procedure monitoring — all delivered seamlessly. This integrated approach at Medanta transformed a high-risk pregnancy into a successful outcome for both mother and babies.



When Others Couldn't Treat the Tumour, Surgery Became the Only Hope

Patient Overview

A 2-year-old boy from Iraq developed a fast-growing tumour on his face that spread into his mouth, leaving him unable to eat. Chemotherapy did not work, and the tumour kept growing. His family brought him to Medanta – Gurugram for definitive care.

Scans revealed a large, rare tumour buried deep in the cheek and jaw, close to vital structures. Removing it completely was the only way to save his life — but it required complex surgery and immediate reconstruction in a very small child.

The Medanta Approach

A multi-specialty team at Medanta planned and performed a single, highly coordinated operation: removing the entire tumour and rebuilding the child's mouth and face in the same sitting using advanced microsurgery.

Recovery and Outcome

The child recovered steadily, regained the ability to eat, and needed no further chemotherapy or radiation.



Image for representation purposes only.

Why This Matters

Rare paediatric head and neck tumours require precise imaging, complex surgery, microsurgical reconstruction and specialised paediatric intensive care — delivered in a coordinated plan. For families seeking definitive treatment after unsuccessful therapy elsewhere, this integrated approach can make curative surgery possible.



Becoming Seizure-Free After 25 Years of Living with Epilepsy

Patient Overview

A young man from Nepal had been living with epilepsy since the age of one. For over two decades, he experienced frequent and unpredictable seizures — sometimes as many as ten in a single day — despite trying multiple medications and consulting specialists across different centres. The persistent seizures severely affected his daily life, independence and emotional wellbeing.

At Medanta – Gurugram, his case was evaluated by a specialised epilepsy team. Detailed assessment, including advanced brain imaging and prolonged video EEG monitoring, identified a clear focus in the left temporal region of the brain as the source of his seizures. He was diagnosed with drug-resistant epilepsy and found to be a suitable candidate for surgery.

The Medanta Approach

The team planned and performed a highly precise epilepsy surgery, removing the affected portion of the temporal lobe while carefully preserving critical areas responsible for speech and comprehension. Intra-operative brain monitoring was used to tailor the surgery and maximise safety and effectiveness.

Recovery and Outcome

Following the procedure, the patient made a steady recovery and, for the first time in 25 years, became completely seizure-free. Freed from daily seizures, he experienced a dramatic improvement in confidence, independence and overall quality of life.



Image for representation purposes only.

Why This Matters

By combining specialised diagnostics, advanced neurosurgery and experienced post-operative care, Medanta helped end decades of uncontrolled seizures — enabling a life once limited by epilepsy to begin anew.



Treating Early-Stage Oesophageal Cancer with Minimally Invasive Surgery

Patient Overview

A man from Mauritius presented with difficulty in swallowing and was diagnosed with oesophageal cancer. With limited access to advanced surgical care in his home country, he travelled to Medanta – Gurugram for definitive treatment.

Detailed evaluation showed that the tumour was located in the lower oesophagus and had been detected at an early stage. After multidisciplinary discussion, the team recommended upfront surgery, avoiding chemoradiation to achieve cure while preserving long-term quality of life

The Medanta Approach

Despite the complexity of prior abdominal surgery, a minimally invasive oesophagectomy was performed. The affected portion of the oesophagus was removed, and the stomach was reconstructed to restore the food passage, all through a keyhole approach.

Recovery and Outcome

The patient recovered steadily, resumed oral intake within days, and returned home cancer-free. Careful patient selection and minimally invasive expertise enabled effective treatment with faster recovery and minimal disruption to daily life.



Image for representation purposes only.

Why This Matters

For early-stage oesophageal cancer, timely diagnosis and minimally invasive surgery can offer a cure while preserving quality of life. By avoiding chemoradiation and enabling faster recovery, Medanta helps international patients return to normal life with confidence.



Personalised Multimodality Care for High-Risk Breast Cancer

Patient Overview

A 32-year-old woman from Nepal was diagnosed with breast cancer and found to carry a BRCA1 genetic mutation, placing her at high risk for future breast and ovarian cancers. She came to Medanta – Gurugram for comprehensive management.

Her care was planned by a multidisciplinary team to treat the existing cancer while addressing inherited risk and long-term wellbeing. Treatment began with chemotherapy, followed by bilateral skin- and nipple-sparing mastectomy with lymph node evaluation.

The Medanta Approach

Immediate reconstruction using her own tissue restored form, while preventive removal of the ovaries and fallopian tubes significantly reduced future cancer risk. Long-term hormonal therapy was added to support durable disease control.

Recovery and Outcome

She recovered well and remains disease-free. A personalised, forward-looking treatment strategy allowed cancer control while safeguarding quality of life and future health.



Image for representation purposes only.

Why This Matters

The patient recovered well and remains disease-free. In a remarkable full-circle moment, she later returned to Medanta — not as a patient, but as a healthcare professional. Her journey reflects how carefully coordinated, personalised cancer care can protect life, identity and future potential.



The Voice of Our Patients



Real Stories

Watch video testimonials from patients across Africa, the Middle East, and Central Asia.



Scan to watch videos







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