

A photograph of a city skyline at sunset. The sky is a mix of orange, yellow, and blue. Several tall buildings are visible, with the central one being the tallest and most prominent. The buildings are lit up, and their lights are visible against the sky. The foreground shows some greenery and a bridge.

2026

IAEAPE

ANNUAL CONFERENCE

Next-Gen EAP: Shaping the Future of Workforce Wellbeing
October 6–8, 2026
Hilton Norfolk The Main
Norfolk, Virginia

A photograph of lush green trees at night. The trees are illuminated by warm, yellow lights, creating a glowing effect. The background is dark, and the lights from the trees are reflected in the water in the foreground.

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DAY 1

Tuesday, October 6

BREAKFAST/REGISTRATION

07:00AM - 08:15AM

WELCOME/BRIEF ACTIVITY

08:15AM - 08:30AM

KEYNOTE ADDRESS

**Human-Centered Workplaces: Why Connection, Belonging, and Love
Are the Future of Wellbeing**

08:30AM - 10:00AM

SHERNITA ROCHELLE, JD- UNIVERSITY OF VIRGINIA

BREAK

10:00AM - 10:15AM

SESSION #1

**Two Clients, One Mission: Why the Future of EAP Requires More
Than Counseling**

10:15AM - 12:15PM

PAMELA MEREDITH HAMILTON, CEAP- UNIVERSITY OF VIRGINIA

LUNCH

12:15PM - 01:30PM

SESSION #2

**Beyond Referral: A Self-Care Integration Model for Enhancing EAP
Impact and Employee Resilience through Interactive Workshops**

01:30PM - 03:30PM

MICKEY MONTEMAYOR, MSW, LCSW-S, CEAP- UT MD ANDERSON
ROSELYN GUILLORY, DPC, MA, LPC, CEAP- UT MD ANDERSON

CLOSING REMARKS

03:30PM - 03:35PM

WELCOME RECEPTION

05:30PM - 07:00PM

FRAN DEATS DINNER/NEW MEMBERS

06:30PM - 08:30PM

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DAY 2

Wednesday, October 7

BREAKFAST

06:50AM - 08:00AM

SESSION #3

Finding Safety Within: Applying Polyvagal Theory in Employee Assistance Settings

JANIE HOWSARE, MSW, LICSW, MPA, CEAP - WEST VIRGINIA UNIVERSITY
ALLISON HAYES, MSW, LICSW, CEAP - WEST VIRGINIA UNIVERSITY
HAYLEY CORRELL, MSW, LICSW, CEAP, SAP- WEST VIRGINIA UNIVERSITY

08:00AM - 10:00AM

BREAK

10:00AM - 10:15AM

SESSION #4

From Crisis Response to Culture Change: Building a Mutual Support Community of Practice in Employee Assistance

JANINE ROWE, PHD, LMHC, CEAP, SAP, UNIVERSITY OF ROCHESTER

10:15AM - 12:15PM

LUNCH

12:15PM - 01:30PM

**IAEAP BUSINESS MEETING
BILL MERMIS AWARD
EAP EXCELLENCE AWARD**

01:30PM - 02:30PM

BREAK

02:30PM - 02:45PM

SESSION #5

AI and Ethics

JAMES W. KENDALL, LCSW, ACSW, QCSW, DIPLOMAT, CEAP

02:45PM - 04:15PM

CLOSING REMARKS

04:15PM - 04:20PM

BANQUET

06:00PM - 09:00PM

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DAY 3

Thursday, October 8

BREAKFAST

06:50AM - 08:00AM

SESSION #6

Where Are We Going, Where Have We Been? Origin Stories and What's Next?

08:00AM - 10:00AM

LAURIE KOVENS, MA, MSW, LCSW, CEAP- DUKE UNIVERSITY / DUKE HEALTH
AIMEE MEPHAM, MFA- WAKE FOREST UNIVERSITY

BREAK

10:00AM - 10:15AM

SESSION #7

Next-Gen EAP: Redesigning Crisis Care for a Changing Workforce- PANEL DISCUSSION

10:15AM - 11:15PM

ANN CORNELL, PSYD, CEAP- UNIVERSITY OF ROCHESTER MEDICAL CENTER
BETH DANEHY, MA, MS, LMFT, CCTP, CEAP- UNIVERSITY OF VIRGINIA
TAMI MAYES LONG, PHD, LPC, CEAP, BC-TMH, BCC- THE UNIVERSITY OF ALABAMA AT BIRMINGHAM
JANINE ROWE, PHD, MSRD, LMHC, CASAC, SAP, CEAP- UNIVERSITY OF ROCHESTER MEDICAL CENTER

SESSION #8

Milestones: A Discussion of IAEAPE Legacy Programs

11:15PM - 12:15PM

DANIEL HUGHES, PHD, CEAP - MOUNT SINAI HEALTH SYSTEM

**CLOSING REMARKS
BOX LUNCHES FOR DEPARTURE**

12:15PM - 12:30PM



STAY TUNED!

THE FULL CONFERENCE PROGRAM IS COMING SOON

