



**Hormonal imbalances can make you feel like a stranger in your body.**

Hormones significantly influence your body and impact your mood, metabolism, and sexual and reproductive health.

## What Are the Signs of Hormonal Imbalance?

- **Hot flashes**
- **Night sweats**
- **PMS**
- **Weight gain**
- **Post-partum depression**
- **Irregular menstrual cycle**
- **Infertility**
- **Fibrocystic breasts**
- **Decreased libido**
- **Painful intercourse**
- **Vaginal dryness**

Millions of women are affected by these conditions, resulting in more hormone treatments like pills, patches, and creams. However, these often adopt a "one size fits all" approach, ignoring individual needs.

## Your Health in the Balance



### The Compounding Advantage

Pharmacy compounding creates personalized medications, with compounded hormone replacement therapy (HRT) tailored to an individual's unique hormone levels. Bio-identical hormones mimic natural hormones, functioning effectively in the body.

### Why Choose Volunteer Pharmacy

A compounding pharmacist can collaborate with the patient and her healthcare provider to help initiate and maintain hormone-replacement therapy that mimics natural hormonal balance. The pharmacist can create hormones in various strengths and forms with a prescription.

**Start getting your balance back.**

*Personalized hormone therapy starts here.*



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