CREATIVE CARPET & FLOORING'S

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VVe promise that you'll love your new floors, or we'll replace them for <u>FREE</u>!*

*Residential only. Within first 30 days after installation. Does not include cost of installation or other labor. Style must be of equal or lesser value.

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"Mark" My Words... a message from Dawn Giganti

Truth be told... being a mom, wife, friend, daughter and employee can be exhausting. There's always someone who needs us, along with so many demands tugging us in every direction. So, to make it work, we put our own needs on the back burner to take care of everyone else. We put ourselves in "plow thru" mode, attempting to keep up without losing our minds in the process.

Sounds familiar, huh? But when you're continually focusing on what needs to be done to make it through the day, you are bound to burn out without stopping to fill up your own tank, making things worse.

However, we feel guilty when we take time for ourselves when our lives are busy and loaded with so many demands and responsibilities. There is never ample time in a day to get all the things done, let alone take some time for self-care. So, focusing on self-care feels selfish or self-indulgent, and we feel condemned for desiring it.

I'm going to lay it out... taking time for self-care is the most unselfish thing you can do! Self-care is NOT about self-indulgence. It is about refreshing and renewing our mind, body, soul and spirit. You need to feed your body and soul, fill up your own tank and make your own needs a priority. When you take the time to take care of yourself, you can give more to the people around you. So, give yourself permission to put yourself first, at least every once in a while.

The Bible doesn't say to practice self-care but taking care of yourself is a given. God cares about our well-being. He is compassionate about our physical, mental, emotional and spiritual needs. The Bible says to "love your neighbor as you love yourself" (Mark 12:31 NIV). We need to take care of ourselves and treat ourselves with love and consideration.

If you're on the road to burnout or even just need a reminder that it is ok to make yourself a priority, get some time for yourself on your schedule this month! This may entail having tough conversations with those around you, so they understand your needs and why you need to prioritize this time. Then, take a moment to reflect on what type of activities will fill your tank and not add more stress. Block out time this month for whatever self-care means for you!

And then, LET GO OF THE GUILT! Don't forget, when we take time for ourselves, we aren't taking time away from anyone else. Instead, we are refreshing ourselves so we CAN continue to pour into them.

I'd love to hear what you plan to do for yourself this month, so shoot me an email with what you come up with! dawn,g@creativecarpetinc.com

Have a blessed July and be safe,

Nawx Y. Qiyanti

Dawn Giganti, Marketing & Administrative Assistant Creative Carpet & Flooring

SUN	MON	02 TUE	WED	THU	FRI	SAT
				1	2	3 CLOSED
4	5 OPEN!	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Month at a Glance:

3rd <u>CLOSED 4th of July Weekend</u> - to celebrate our country's birthday with family & friends.

4th <u>Independence Day</u> - The founding fathers sealed the declaration on July 4, 1776, making the country 245 years old as of today.

27th <u>Korean War Veterans Armistice Day</u> -Pause to remember the courage & sacrifice of those who fought to defend freedom & protect the values we hold dear.

30th <u>International Day of Friendship</u> - Extend an olive branch to someone you've had a falling out with. If we all try just a little, the world will be a friendlier, more peaceful place.

Employee birthdays this month: 9th <u>Dawn Giganti</u> - Marketing 14th <u>Michelle Cress</u> - Flooring Consultant



Child Evangelism Fellowship (www.cef3rivers.org) in Shorewood, IL, is starting their annual Back2School event to offer school supplies for children within the community. In 2020, they were able to assist more than ISS children with school supplies. To bless families for 2021, they are asking for help with donations of school supplies ranging from backpacks to essential items that children need to assist with their educational goals. CEF starts collecting around this time frame to build packages, so they will know how many families they will be able to assist for their big event in August. Creative Carpet & Flooring has offered to be a donation drop-off site. We will have a collection bin from now until mid-August at our Mokena, Illinois showroom. If our Indiana residents would like to participate, please feel free to drop off items at our Highland, Indiana showroom as well. If you have questions, please phone Valarie Hunt at Child Evangelism Fellowship at (815) 741-0366 or email valarie@cef-will.org. These events would not be successful without the help of supporters, contributions and donations. Thank you in advance, and God Bless!

Receive a \$25 Creative Carpet & Flooring Gift Card -JUST FOR STOPPING IN & DONATING



Nazareth Secret Honey & Candles from Nazareth, Israel

Greg Dole has been selling honey from Nazareth, Israel "the land of milk and honey" since 1/28/21 to raise funds to support services at Morningstar Mission in Joliet.

- \$12 One 8.8oz jar of Nazareth Starthistle Honey
- 20 2x4'' handmade pillar candle may be purchased with the honey
- \$25 Set of Nazareth Star Thistle Hone, Handmade Tapers & Pillar Candle

A portion of all proceeds is being donated by Greg Dole to Morningstar

Mission in Joliet. Detailed product information is available at www.nazarethsecret.com. To order, contact Greg Dole at (815) 519-0959 or email gregdeb0919@gmail.com*.

*Please note that the email above has been corrected from our June 2021 Newsletter: Correction - gregdeb0919@gmail.com

MEET OUR NEW & RETURNING FRIENDS & CLIENTS... KAREN ERYZEK LYNETTE EGGERS

AFRICA WASHINGTON ALAN SEABORG ANN RICHARDS ANNE OBOYE AUTUMN SIBO BARB & KEITH ONCHUCK BARBARA FRIELING BECKY LOWRIE BOB & MARY RICKEN
 BOB & MARY RICKEN
 DAN SAENZ

 BOB DECHENE
 DAVID GOLDEN

 BOB SLAGER
 DAWN DITTRICH

 BRETT MARCOWKA
 DEBBIE & STEVE WHITE

 BRIDGET & HENRY COYLE
 DENNIS & RENEE BROKS

 BRIDGET & HENRY COYLE
 DERNIS IVANICH

 CARLA MCVEA
 DEREK WENTWORTH

 CARLA VAN TIL
 DIANE & GEORGE JEROME
CARLA VAN TIL CAROL CALBERG CAROL DELLADIO CARYN BELCIK CATHERINE & BRIAN MORRISON CATHY BLACKBURN CHARLES MINDERHOUT

CHRIS CARMODY CHRIS GLEIM CHRIS JENSEN CHRISTINE CARNES CINDY CAPOSEY CINDY LAMBRAKIS COURTNEY DOYLE DAN SAENZ DIANE BOND JENKINS DOUG JOHNSON ED & SUE PUNJAK GLENN ISRAEL GLORIA BUDICIN GRAHAM & JAYE ROBERTSON

CHARLIE & PATTY MARTIN GREG PUPCHIK HEIDI PANICI HOLLI RIEVE JAMES ANGIO JAMIE BUTKIEWICZ JANICE LARSON JARED DAMICO JEANIE & BILL MOCNY JEFF ANDERSON JEFFREY & JAMIE MEAD JENNIE FLATLEY JENNIFER KRAFT JENNIFER LEE JENNIFER STREMPLEWSKI SEPER JENNY WENCEL JIM WIERMAN JODI & BEN FORGEY JOE & KATHY GENTILE JOHANNA MORAWSKI LINDA GURAK JON & BECCA HENDRICKS LORI & BOB JACOBS JON ROCHA LORY STUCKY JUNE HEAVNER

KAREN ORTEGA KATHY BEIRIGER KATHY POE KEELEY HOLLOWAY KELLY MOORE KELLY PADJEN KELLY RIZZIE KEVIN LEARY KIM ALVAREZ KIM LACIEN KIMBERLY MEISTER LARRY & DEBBIE LARRY & JANET BOOTH LAUREL BRUNELL LINDA & JOE LOPEZ LINDA COPP LORY STUCKY LUCAS LASCHE LUCIA JOHNSON

MARGARET LAPORTE MARILYN NOWAK MARJORIE DUNNING MARY & JOHN ZAPLATOSCH MARY DEBLASIO MARY LEE MARY WELLS MATT GONZALES MEGAN SWARTZ MELVIN & JUDY OLDENDORF MERIYEN PEREZ MICHAEL NELSON MICHELE BECKERS MICHELLE HAYWOOD MICHELLE ISIT MIKE & DEB BORGEN MIKE DAVIS MIKE KOWAL MIKE KOWALCZYK

BEDDIGS RON STARK

MILISSA WEBER NANCY YERANSIAN NATALIE STANICHUK NATE SWANSON NIKO & KRISTEN FOLTYS NORA BUGOS NORALYN ALVARADO PAIGE BROUWER PAT CURRAN PATRICK & KAREN MURPHY SUZANNE ALSAGER PATRICK DALY SUZANNE STEWART PAUL & SUSAN SKELLENGER TANYA RAY PEGGY SWEET TED & WENDY KUC, PHIL & DEBBIE CAFFEE RANDY MINAS RICH KALINSKI RICHARD & BONNIE ROBERT & CAROL SEEMAN SEAN MARTIAL SELVES & SHEILA OLSON SHANNON MUEHLNICKEL

SHARON LINDSTROM SHARON SMITH SHEILA JOHNSON SHELLEY ANTONELLI SHIRLEY RODRIGUEZ SHUNDRAWN THOMAS SOFIE OGRIZOVICH SUE CIESLIK SUSAN TRAGOS TED & WENDY KUCABA TERRY & ASHLEY LAPAGE TERRY BADGER THERESA TOWLE THOMAS & MARLENE HILL TINA SIMCIK TOM & CHERYL JONES TOM TEARE YVETTTRA MARSHALL



KAY

MORRIS

It's almost that time again ... UGLY FLOOR CONTEST Stay tuned for details!



Shoot a upload your ugly floor for your chance to win. More details next month!

MEET OUR CARPET CLEANING **CUSTOMERS...**

JOSEPH KOVACS KATHLEEN SINGLES

KRISTEN PAYNE LESLIE MORDUS

LESLIE MONSOU LINDA COLTER LORENE WILSON LORINE BUCHINO

MANNY BUCK

JAN MOORE JAN STOLLER

BARBARA MALM BARBARA SCHERER CAL & ALICE DRENTH JOE BERNARD DARLENE UNRUH DAWN JERSKY EUGENE ZABILKA a

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	RICK BF	REEN	
	RITA LE	EEN	
	RITA RO		
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	TOM & S	SARAH	
	MITTLEF	2	
	WAYNE 8	A PAT	
	SUMMERS	3	
	WILLIAM	1 SHAW	JF

CALL FOR MORE INFO ON OUR CARPET CLEANING SERVICES! 888.910.6585

MEGATrivia Contest

Who wants to <u>WIN</u> a \$50 Gift Card towards dinner at



Take our Trivia Challenge!

This month's Mega Trivia question: What is the most popular

cheese in America?

- (A) Cheddar
- (B) Mozzarella
- (C) Parmesan
- (D) Velveeta
- To enter, visit our website at <u>creativecarpetinc.com</u>, click on "MEGA Trivia" under Specials and take your best guess. Your chances of winning are better than you think! Winner will be announced in the following month's newsletter. Entry deadline is the 20th each month. Good luck!!!

Last month's question:

What famous gangster played the banjo in a prison band?

Answer: (C) Al Capone

Notorious gangster Al Capone was a man of hidden musical talent. During his imprisonment at Alcatraz, he took up the banjo and played as a member of the prison band, the Rock Islanders. Capone and his bandmates played concerts every Sunday for their fellow prisoners. "First I learned a Tenor Guitar and then a Tenor Banjo, and now the Mandola, but for Solo work only," Capone wrote in a 1938 letter to his collegeaged son. He boasted that he'd learned some 500 songs, and promised that he'd play them all when he was released. "Junior, there isn't a Song written that I can't play," he boasted. (Smithsonian Magazine - June 12, 2020)

Congratulations to last month's winner:





Liberty Bell's original name was 'The State House Bell'



Though it's iconic today, the Liberty Bell was a lot less famous in the 1700s, when it was just a big, fancy bell in the Pennsylvania State House in Philadelphia. Later, the State House became Independence Hall, and the bell's home turf became famous as the place where both the Declaration of Independence was drafted and the United States Constitution was debated and adopted. But the bell itself still wasn't famous, and it remained relatively obscure until abolitionist groups in the 1800s began using it as a symbol of the movement to end slavery. They gave the bell its current name, the Liberty Bell, in the 1830s. In the nearly two centuries since then, the bell has been used for various other movements as well, including women's suffrage and civil rights.

MADE IN

MERICA

Independence National Historic Park - June 2020

> This July, declare your independence from old, worn out, dated floors with

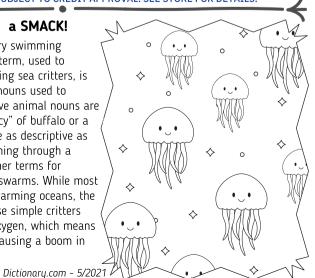
18 MONTHS SPECIAL FINANCING*

on all American-made flooring purchases!

July 1 through July 31, 2021 *SUBJECT TO CREDIT APPROVAL. SEE STORE FOR DETAILS.

A group of jellyfish = a SMACK!

Think a smack in the face is bad? Try swimming through a "smack" of jellyfish. This term, used to describe a congregation of the stinging sea critters, is one of the most common collective nouns used to describe a group of jellyfish. Collective animal nouns are often surprising – think an "obstinacy" of buffalo or a "conspiracy" of lemurs – but few are as descriptive as "smack," which is likely what swimming through a group of jellyfish would feel like. Other terms for jellyfish groups include blooms and swarms. While most marine species struggle in today's warming oceans, the same can't be said for jellyfish. These simple critters thrive in warmer waters with less oxygen, which means jellyfish populations are thriving – causing a boom in smacks around the world.







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MON 10am _ 6pm TUE 10am _ 8pm WED 10am _ 6pm THR 10am _ 8pm FRI 10am _ 6pm SAT 10am _ 4pm SUN closed www.creativecarpetinc.com 888.910.6585



The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice. 2315 45th Street Highland IN 46322 219.595.5561



How about a night out at one of your favorite restaurants through Creative Carpet's <u>Referral Rewards Program</u>

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. Every time you refer someone who becomes a client and purchases, we will send you a \$25 gift card to one of these restaurants





BILL & KELLY NOVAK DAVID & SUE VONBORSTEL DIANE PETERLIN KATHY GUINEA KELLY PADJEN KERRIE DYE LORENE EVENHOUSE

MARY VATH SHARON & KEN TOOSEVICH SKIP & ANN PASTORE SUSAN & PETER GORZELANNY SUSAN POLZ

THANK YOU FOR THE KIND WORDS!

"I had the pleasure of doing business with Mark from Creative Carpet & Flooring on January 28th. My delivery date was scheduled for mid-April; to my surprise and delight, it came in early. My flooring was installed on March 22nd. The installation went very well. The installers arrived within the estimated time frame. Their work was superb, and they cleaned up after themselves. I regret that I did not know about Creative Carpet & Flooring before my other floors were done. Many thanks

to' Autumn for helping me select the right color from so many selections to choose from. Forever a customer,"



~ Denise Smith of Lansing, IL